



Workshop 2

Pain Management When East Meets West



Mr. Alan C.H. CHEUNG

BCM&BSc (BIOMED) (HKBU), MCM (HKBU)

Hong Kong Registered Chinese Medicine Practitioner

Lecturer, Teaching and Research Division, School of Chinese Medicine, Hong Kong Baptist University

Mr. Alan Cheung graduated from HKBU with a Bachelor and a Master degree in Chinese Medicine majoring in orthopaedics and tui-na. As a lecturer of HKBU, Mr. Cheung is active in both clinical practice and research in TCM orthopaedics including fracture and dislocation, soft tissue injury and orthopedic degenerative disease management via acupuncture and manual therapy. He is a versatile academic practitioner with active involvement in both tertiary education and public services. His appointments include being the Secretary General of the Hong Kong Registered Chinese Medical Practitioner Society, Committee member (TCM Orthopaedics) of the Hong Kong Chinese Medicine Specialty Development Taskforce committee and Committee member of the Chinese Medicines Industry Subcommittee under the Chinese Medicine Development Committee under the FHB.



Dr. Will L.H. LEUNG

MBChB (CUHK), MScSHM (CUHK), FHKCFP, FRACGP, FHKAM (Family Medicine), Dip Med (CUHK), DCH (Sydney)

Associate Consultant, Department of Family Medicine & Primary Health Care, Kowloon West Cluster, Hospital Authority

Dr. Will Leung is a Family Medicine Specialist and Associate Consultant of the Department of Family Medicine & Primary Health Care, Kowloon West Cluster, Hospital Authority. Dr. Leung accomplished his Masters studies in Health Services Management at CUHK with interest in primary care, public health and pain management. Dr. Leung served the Kowloon West Cluster's Family Medicine Specialist Clinic (Orthopaedics) and is a Trainer for the Essential Pain Management (EPM) Lite Programme (Faculty of Pain Medicine, The ANZCA) where he advocates pain education for healthcare professionals.

Pain is a commonly encountered in Primary Care practice. There are numerous methodologies to recognize, assess and treat pain. In this workshop, speakers would introduce theories and concepts of pain management from both the Chinese and Western Medicine perspectives. Live demonstrations of Chinese Medicine therapeutic manipulations such as Tui-na and acupressure would be presented. Each participant has a chance of participating in the interactive hands-on practice under the supervision of an experienced Chinese Medicine Practitioner.