

# Message from the President

Two most important events of the year are just round the corner. The 5<sup>th</sup> Hong Kong Primary Care Conference with the main theme "Stay Caring, Go Excelling in Primary Care" is from 30<sup>th</sup> to 31<sup>st</sup> May 2015. We are lucky to have three high power plenary lectures, namely "Excellence in Primary Care- Ethical Dilemmas" by Dr Donald Li, "We Need the Family Doctor more than Ever in the Era of Multi-disciplinary Primary Care" by Prof Cindy Lam and "Family Medicine in 2050- a Vision through a Crystal Ball" by Prof Rodger Charlton. Do not miss a single one! The 28<sup>th</sup> Fellowship Conferment Ceremony and the 26<sup>th</sup> Dr Sun Yat Sen Oration will happen on 31<sup>st</sup> May 2015. Do come and celebrate the success of our members and fellows!



The Consultation on Voluntary Health Insurance Scheme has just concluded. I have received lots of feedback from members and fellows and I salute their intelligence. The following is the College response to the consultation paper.

"There is grave concern from HKCFP as the Voluntary Health Insurance Scheme (VHIS) totally neglects the role of primary care practitioners as it only covers secondary hospital care. There must be a proper referral system from primary care practitioners. They act not just as gatekeeper but can also provide in-patient and after hospitalization care, thus providing genuine continuity of care. Without their involvement in any insurance scheme, there is bound to be abused and translated into more hospitalization, higher cost and eventually higher insurance premium that only the very minority can afford. This will completely defeat the purpose of cost shifting from Government to private.

The current consultation paper on VHIS is misleading. From the beginning of the document, it frames the approach to health in terms of private and public sectors. Most other health systems in the world considers the nature of health care in terms of hospital and non-hospital sectors. The mindset of the Government has been dominated by hospitalists. The public has been misled in thinking health care only in terms of hospital care. This approach is not sustainable. Overseas, decades of experience has shown correct attention in primary health care (out of hospital care) is the best known way to provide quality health care to a community or country.

The future of Hong Kong's health care system must build upon "wellness care" delivered by networks of community-based clinics and not focus on private or public hospitals. It will save billions by keeping people away from expensively dispensed hospital-based health care. Health insurance policies should prioritize and cover the challenge of staying well, rather than just the challenge of dispensing medicine when we are sick.

This scheme is supposedly targeting the middle-class population. The proposed tax incentive is hardly attractive. This subgroup will continue to utilize Hospital Authority resources since it is still relatively free.

There is uncertainty on the High Risk Pool with no solid proposal found in the consultation paper. Without the involvement of the primary care practitioners, this pool of patients is unsustainable by the insurers and will certainly end up in the Hospital Authority care at the present model.

Our conclusion is the Government is actually wasting a lot of health care money and energy for very little health benefit. It will not serve the purpose of shifting the resources from Government to private."

THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS



## Family Physicians Links

ISSUE 135  
May 2015

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## “Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15<sup>th</sup> May 2015 to 14<sup>th</sup> June 2015, Dr. Mark Chan and Dr. Billy Chiu will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee  
Co-ordinator, CMOD System



Dr. Mark Chan



Dr. Billy Chiu

## Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **March – April 2015** :

### From Associate Membership to Fellowship

Dr Fok Chun Man 霍俊文

### Associate membership (New Application)

Dr Hou Jing 侯婧  
Dr Wong, Emily Yen 王妍

### Full Membership (New Application)

Dr GOH, Winston Louis 吳偉棠

### Non-HKSAR Membership (New Application)

Dr Ho See Yunn 何書芸

## Board of Vocational Training and Standards News

Hong Kong Primary Care Conference (HKPCC) 2015 / Family Medicine Conference 2015 will take place from 30-31 May 2015 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees, enrolled in 2006 or after, are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already been mentioned in Trainee's logbook.

Please contact Carmen or Odelia, our College Secretaries, at 2528 6618 for details.

BVTS

## Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2015.

Dr. Chan Man Hung  
Dr. Ho Wang Fung  
Dr. Hung Wai Shan Sandra  
Dr. Kwong Ho Tak

Dr. Pong Pong Leopard  
Dr. Tam Yick Sin  
Dr. Tsang Ming Lam  
Dr. Wong Wai On

Dr. Yip Wing Yi  
Dr. Yiu Yee Ki

Congratulations to you all!

Dr. Wendy Tsui  
Chairlady, Specialty Board

## Internal Affairs Committee News

### The 28<sup>th</sup> Fellowship Conferment Ceremony and the 26<sup>th</sup> Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding **"The 28<sup>th</sup> Fellowship Conferment Ceremony and the 26<sup>th</sup> Dr. Sun Yat Sen Oration"** on **31<sup>st</sup> May 2015 (Sunday)** at the Hong Kong Academy of Medicine Jockey Club Building.

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Dr. Donald K. T. LI, President of the Hong Kong Academy of Medicine**, would deliver the 26<sup>th</sup> Dr. Sun Yat Sen Oration to the audience.

All Fellows\*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

- Events : (i) **The 28<sup>th</sup> Fellowship Conferment Ceremony**  
 (ii) **The 26<sup>th</sup> Dr. Sun Yat Sen Oration by Dr. Donald K. T. LI**  
**"Making a Difference : A Journey in Family Medicine"**

Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,  
 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Date : 31<sup>st</sup> May 2015 (Sunday)

Time : 4:30 p.m. – Reception with light refreshment  
 5:30 p.m. – Ceremony

Remarks : 1 CME (Category 4.3)

This activity is free of charge for our College Fellows, members and their spouses.

\*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO

Chairman, Internal Affairs Committee, HKCFP

## Classified Advertisements

### Position Vacants

HOUSING ESTATE GP PRACTICE FOR FREE TAKEOVER. Doctor(FM Fellow) retiring. Many long term patients to be managed. Convenient transport (Kowloon City) Spacious shop, yet Low rent. M : 90801390. [hayleswai@hotmail.com](mailto:hayleswai@hotmail.com)

**Full & Part time positions for GPs, Specialists and FM trainees** (basic & higher) at established & FM training accredited multidisciplinary group practice along MTR lines. Call Miss Chan 92126654.



## QA & A Committee News

### Get your Electronic QA and CME Certificate ONLINE NOW!

Dear members,

Please note that the service to make electronic copies of the QA and CME certificates are available online now. By logging in to the College website "Members' Corner" at [http://www.hkcfp.org.hk/member\\_corner/login.php](http://www.hkcfp.org.hk/member_corner/login.php), members will be able to check and download their QA and CME Certificates, starting in May 2015.

If you would like to request a hardcopy of the certificate, please contact Ms. Wing Yeung or Ms. Carmen Tong at 2528 6618 or [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) for arrangement.

Kindly note that it is free-of-charge for getting one certificate hardcopy this year and \$50 administrative fee will be charged starting from next year.

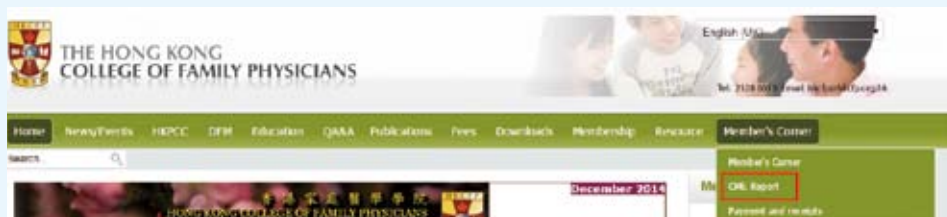
Once again, thank you for your support on the eco-friendly project.

Dr. Billy Chiu  
Chairman  
QA&A Committee

#### Demonstration:

1. College Webpage [www.hkcfp.org.hk](http://www.hkcfp.org.hk) → "Member's Corner" on the top right hand side → Click "CME Report" .

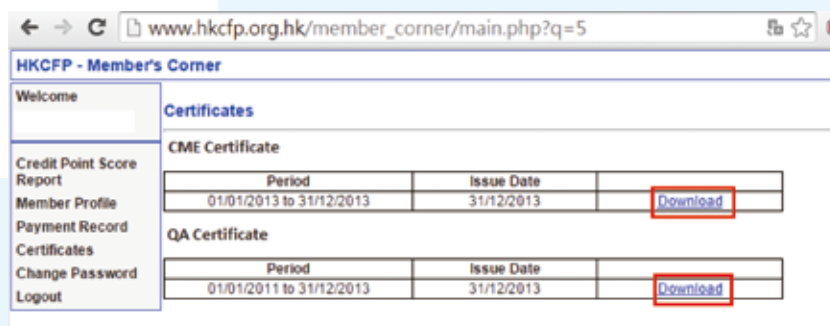
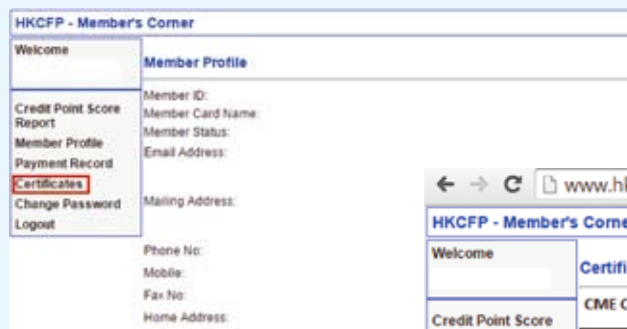
(Remark: members who failed to see the dropdown menu are advised to install Chrome or FireFox to browse the College Website instead of IE)



2. Enter your member ID and password.  
Member ID Format: XX-XXXX  
Default password: *The password is defaulted as your complete HKID/Passport No. E.g. A123456(7)*



3. After having access to individual member account, click "Certificates" on the left hand corner



4. Click "Download" and you can get your electronic Certificates now!

## Public Education Committee Special News

**“My Family Doctor” – awarded one of the 10 most favoured TV programmes in 2014**

Dr. Ngan Po Lun  
Chairman, Public Education Committee



Dr. Mark Chan (1st from left) shared with guests on the stage his experience in helping the production of the TV programme

Remember the TV programme “My Family Doctor” in 2014? The programme, produced by RTHK, showed the true faces of frontline family doctors serving our community, with the excellent performance of Mr. Wong Hei and Ms. So Yuk-wah as the doctors. The programme should be very much enjoyed by many of us and many of our patients.

So there should be no surprise for you to know that “My Family Doctor” was awarded one of the 10 most favoured TV programmes in 2014. The producer of programme, RTHK, invited the representatives from Primary Care Office of Department of Health, and our College to join them in the Prize Presentation Ceremony of 《2014電視節目欣賞指數調查—最佳電視節目頒獎禮》 on 29 April 2015 in the TV House of RTHK. During the ceremony, we knew that “My Family Doctor” was ranked seventh among all the TV programmes in 2014!

The success of “My Family Doctor” depended largely on the professional production by the RTHK team, with PCO provided the best support. Members of Public Education Committee are very honoured to have the valuable chance to cooperate with the profession production team and provide the necessary assistance in making a good TV programme.

Please take a look at the photos of the event and share the joy of the success of the programme!



Dr. Monica Wong, Head of PCO (4<sup>th</sup> from left at the back row), showed us the trophy of the award during the group photo  
All members of the programme celebrate the success of “My Family Doctor”



(from left to right) Dr. Dana Lo, Dr. Mark Chan, Dr. Monica Wong, Dr. Ngan Po Lun and Dr. Caroline Tsang of PCO joined the Prize Presentation Ceremony



## WONCA Journey Series: WONCA APR Conference 2015, Taipei

Dr. Chiang Lap Kin  
Resident, Family Medicine and General Outpatient Department  
Kwong Wah Hospital

### About WONCA

WONCA stands for World Organization of Family Doctors. WONCA is the biggest and most important international organization for family medicine professionals in the world, providing an international platform for sharing ideas, thoughts and invaluable knowledge among family doctors from around the world. WONCA now has 118 Member Organizations in 131 countries and territories, with membership of about 500,000 family doctors. This constitutes for more than 90 per cent of the world's population.



Welcome speech by Vice President WU at Opening Ceremony of WONCA APRC

WONCA Asia-Pacific Regional Conference 2015 was held from 4 to 8 March 2015 in Taipei. "Family Medicine: New Horizons and Challenges" is the theme of the conference. The conference was uniquely combined with Cross-Strait Quadripartite on Family Medicine (2015兩岸四地家庭醫學/全科醫學學術研討會). The diversity in both format and spectrum of the scientific programme makes this conference fruitful and attractive. The topics were focused on integrated care, education and training, primary health care policy, as well as family medicine research and innovations.



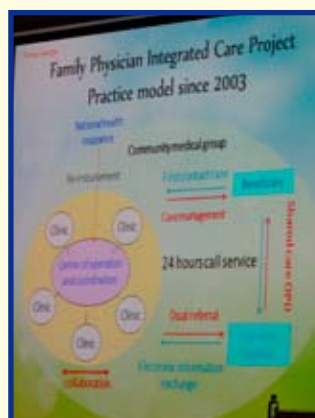
Opening Ceremony of Cross-Strait Quadripartite Conference

### Taiwan Health Care System: Accountable Family Physician System

Taiwan began to promote "National Health Insurance Family Physician Integrated Care Programme" by the government since March 2003. This community care model had established the milestone for further implementation of primary health care in Taiwan, bridging community health care groups to cooperate with hospital model. It also created a multi-dimensional health system with multi-disciplinary collaboration in primary care (horizontal integration); and hospital-wide connection (vertical integration). In January 2011, the second generation reform of Taiwan's National Health Insurance Act further incorporated the family physician system into the law.

An accountable Family Physician System is a person-centred, family-focused, and community-oriented community comprehensive care model. Its services and programmes contain preventive medicine from womb to tomb and from health to the end of life. These include: integration of personal care and improvement of the quality, health assessment, health

promotion, disease prevention, patient education and self-care support, diagnosis and management of acute injuries and diseases and referrals, diagnosis and management of chronic diseases, rehabilitation services, including the long-term care integration, supportive care, including end of life care, children, adolescents, women and the elderly population's health care and primary mental health care.



## Hong Kong Delegates

As usual, Hong Kong participants have enthusiastic participation in the WONCA Conference. According to the organizer, Hong Kong team had 41 delegates. The strong team composed of representatives from HKCFP, the Chinese University of Hong Kong, University of Hong Kong, Hong Kong Polytechnic University, the Departments of Family Medicine and Primary Health Care from the seven clusters of the Hospital Authority, and family physicians in private

practice. Hong Kong delegates participated in 4 oral and 12 poster presentations.

In addition to participating in various scientific activities, I feel honored to receive the Taiwan Family Medicine Research Award and presented the paper, "Overnight pulse oximetry for screening of obstructive sleep apnea for at risk adult patients in primary care setting: prospective case series review" at the conference.



Receiving the Award at Opening Ceremony



Photo with Prof. Michael Kidd (President, WONCA) (2<sup>nd</sup> from left) and Dr. Meng-Chih Lee (President, CTAFM) (3<sup>rd</sup> from left)

## Sociocultural Activity

Taiwan is the hot vocational site for Hong Kong people - there is no room here to introduce Taipei City. Just five minutes walk from Taipei 101 or from the conference venue, Taipei International Convention Centre, there is one historical site which might attract your sight, i.e. the Military Dependent Village (眷村). Decades ago, as the Nationalist government failed in the civil war between Kuomintang and Chinese Communist Party, a massive wave of immigration occurred across the Taiwan Strait. Approximately one million of so-called "provincial families" or "external provincial persons" came to Taiwan with the government. Most of them were soldiers and their dependents dwelling in different places with a wide dispersion. In order to help them settle down, the government built many military dependents' villages named "Bamboo Fences". With time passing, these formed a very special family having its own culture of villages and lifestyle

眷村是指自1949年起至1960年代，中國大陸各省的中華民國國軍及其眷屬，因國共內戰失利而隨中華民國政府遷徙至台灣後，政府機關為其興建或者配置的村落。信義公民會館暨眷村文化公園乃前四四南村舊址，是臺北地區第1個眷村，為大陸青島遷臺之四十四兵工廠員工及眷屬所興建，初始兵工廠員工

及眷屬懷抱著一年半載後回鄉的心，渡海來臺；而這一待，便是漫漫幾十個春夏秋冬...

四四南村住戶於民國88年全部遷出，留下的建物則面臨拆除的命運。為此，社區居民及文化界人士發起眷村文化保存運動，並成立四四南村文史工作室。後經文化局古蹟審查委員會勘查，將四四南村正式列為「歷史建築物」，並指定其中對稱的4棟建築物予以保存並加以規劃。終於92年10月25日以信義公民會館暨眷村文化公園新風貌展現。

(Reference: Xinyi District Office, Taipei City)

## WONCA APR 2017, Your Destination

Having a chance to participate in this major occasion of the Family Medicine profession is unforgettable memory in the life. No matter what kind of ideas or clinical knowledge you could share, just submit it to coming WONCA APR Conference 2017, to be held on 1-4 November, 2017 in Pattaya Thailand. It is definitely an invaluable opportunity to share experience and to enhance network with other family doctors worldwide.

## Acknowledgement

Finally, I would like to express my heartfelt gratitude to HKCFP's generous support on my journey to WONCA APR 2015 Conference.



## Centre of Research and Promotion of Women's Health (CRPWH) JC School of Public Health and Primary Care, The Chinese University of Hong Kong

Interview with Dr. Carmen Wong, Centre Director, CRPWH  
By Dr. Maria Leung, Dr. Christina Cheuk

### Background

The Centre of Research and Promotion of Women's Health (CRPWH), under the School of Public Health and Primary Care of the Chinese University of Hong Kong, was established in 2001. It is located on 4<sup>th</sup> floor of Lek Yuen Health Centre, Sha Tin, and helps serve the people in the locality. The centre aims to improve women's health across the whole lifespan by carrying out various research programmes with relevance to local needs, including evidence based health screening for midlife and older women; as well as education and training related to women's health. The centre also carries out research in key health issues faced by women.

### Health Screening

The health screening packages are individualized and patients can choose to enroll as a member of the centre to enjoy discounts to the health screening packages. On site doctor consultations can also be provided in case patients have enquiries on their health problems and want to seek advice on health screening.

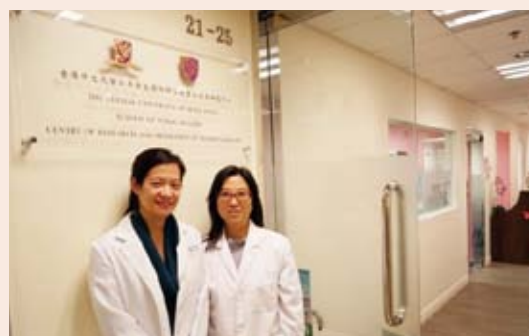
### Education and training

Various health talks have been organized in the past, for instance, those focused on urinary incontinence and high blood pressure/high cholesterol/hyperglycaemia. As most local people have a strong influence from traditional Chinese medicine, speakers from both Western medicine and Chinese medicine are usually invited to give their complementary views on the same topic.

The centre includes a resource centre that is open to members every Tuesday and Friday. Books related to women's health and videos on previous health talks could be reviewed. Patients can pay an annual subscription fee of HK\$100 to become a member and enjoy free newsletters and health talks.

### Research on women's health

Research areas include breast cancer, cervical cancer and midlife women. Current studies include calcium and vitamin D and mammographic density, mindfulness and menopausal symptoms, and the acceptability and feasibility of HPV self sampling.



Dr. Carmen Wong (left) and her colleague



Resource Centre, CRPWH



Information on health talks



Information on screening programmes



## Measures to minimise risk of jaw osteonecrosis with bisphosphate

From time to time we encounter patients' enquiry on the treatment options of osteoporosis. There is a recent announcement from the European Medicines Agency (EMA) in March 2015 regarding the risk of **osteonecrosis of the jaw** with **Zoledronic acid (Aclasta®)**.

Zoledronic acid is a bisphosphonate used to treat osteoporosis in women at post-menopausal age and in men. It is also used to treat Paget's disease in adults. Zoledronic acid works by reducing the action of the osteoclasts (cells that break down bone tissue).

Osteonecrosis of the jaw is a known risk with bisphosphonates and Denosumab. In patients treated for osteoporosis, **the risk is very small compared to patients treated with higher doses for cancer related conditions**. The risk seems also to be greater when parenteral formulations are used.

During a periodic review of Zoledronic acid, EMA recommended some measures to further minimise the risk of osteonecrosis induced by this medicine. EMA is planning similar recommendations for other parenteral formulations of bisphosphonates and Denosumab at their next periodic reviews over the course of 2015/2016.

Healthcare professionals should follow these recommendations for Zoledronic acid:

- Delay the start of treatment or a new course of treatment in patients with unhealed open soft tissue lesions in the mouth that may require dental or oral procedures.
- Ensure patients have a dental examination and an individual benefit-risk assessment before starting treatment in patients with concomitant risk factors.
- Consider the following when evaluating a patient's risk of developing osteonecrosis of the jaw:
  - Potency of the medicinal product that inhibits bone resorption (higher risk for highly potent compounds), route of administration (higher risk for parenteral administration) and cumulative dose of bone resorption therapy;
  - Cancer, co-morbid conditions (e.g. anaemia, coagulopathies, infection) and smoking;
  - Concomitant therapies: corticosteroids, chemotherapy, angiogenesis inhibitors and radiotherapy to head and neck;
  - Poor oral hygiene, periodontal disease, poorly fitting dentures and a history of dental disease, invasive dental procedures, e.g. tooth extractions.
- Encourage patients to maintain good oral hygiene, undergo routine dental check-ups, and immediately report any oral symptoms such as dental mobility, pain or swelling, non-healing sores or discharge during treatment with Zoledronic acid. While patients are on treatment, invasive dental procedures should be performed with caution and these procedures should be avoided close to their treatment.
- Managing patients who develop osteonecrosis of the jaw should involve close collaboration between the treating physician and a dentist or oral surgeon with expertise in osteonecrosis of the jaw. Consider temporary interruption of treatment until the condition resolves and the contributing risk factors are mitigated, where possible.

**Reference:** European Medicines Agency 27 March 2015 EMA/ 206916/ 2015

Compiled by Dr. Sin Ming Chuen



## Two Frogs

A group of frogs were traveling through the woods, and two of them fell into a deep pit. When the other frogs saw how deep the pit was, they told the two frogs that they were as good as dead. The two frogs ignored the comments and tried to jump up out of the pit with all their might. The other frogs kept telling them to stop, that they were as good as dead. Finally, one of the frogs took heed to what the other frogs were saying and gave up. He fell down and died.

The other frog continued to jump as hard as he could. Once again, the crowd of frogs yelled at him to stop the pain and just die. He jumped even harder and finally made it out. When he got out, the other frogs said, "Did you not hear us?" The frog explained to them that his hearing was impaired. He thought they were encouraging him the entire time.

There is power of life and death in the tongue. An encouraging word to someone who is down can lift them up and help them make it through the day. So be careful of what you say. Speak life to those who cross your path. The power of words... it is sometimes hard to understand that an encouraging word can go such a long way.

Adapted from <http://www.moralstories.org/two-frogs/>  
(本欄資料由 心靈綠洲--個人成長及危機處理中心 提供，特此鳴謝。)

\*「心靈綠洲--個人成長及危機處理中心」為醫院管理局總部臨床心理服務，提供心理支援，協助員工跨越生命的挑戰。

## Certificate Course on Bringing Better Health to Our Community 2015

Co-organized with The Queen Elizabeth Hospital

Dates	:	23 May, 13 June, 18 July, 29 August, and 26 September 2015 (Saturdays)
Time	:	1:00pm - 2:00 pm Registration & Light Refreshment 2:00pm - 4:00 pm Lecture & Discussion
Venue	:	Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
Course Fee	:	Free
Accreditation	:	HKCFP: 2 CME points for each session (Cat 4.4) MCHK: 2 CME points for each session
Capacity	:	100 doctors

### Programme Schedule

Dates	Time	Topics	Speakers
23 May 2015 (Sat)	2:00 – 3:00 p.m.	Diabetic Care – Management and Prevention of Hypoglycaemia	Dr Cheung Fu Keung Specialist in Endocrinology, Private practice
	3:00 – 4:00 p.m.	Diabetic Care – Comprehensive DM Complication Screening in Community	Dr Hui Lai Chi Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
13 June 2015 (Sat)	2:00 – 3:00 p.m.	Acute exacerbation of Chronic Disease in Community – Management of COPD Exacerbation	Dr Li Sing Tao, Thomas Specialist in Respiratory Medicine, Private practice
	3:00 – 4:00 p.m.	Acute exacerbation of Chronic Disease in Community – Management of Gout	Dr Chau Shuk Yi, Lucia Specialist in Rheumatology, Private practice
18 July 2015 (Sat)	2:00 – 3:00 p.m.	Commonly encountered Musculoskeletal problem – Acute Back Pain	Dr Chin Ping Hong, Raymond Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Commonly encountered Neurological problem – Approach to Upper Limb Numbness	Dr Chan Hiu Fai Specialist in Neurology, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
29 August 2015 (Sat)	2:00 – 3:00 p.m.	Managing breast cancer patients – a collaborative approach by clinical oncologists and primary care doctors	Dr Roger Ngan Chief of Service & Consultant, Department of Clinical Oncology, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Prostate cancer – from diagnosis to treatment – how can primary care be integrated	Dr Chan Tim Wai, Timothy Resident, Department in Clinical Oncology, Queen Elizabeth Hospital
26 September 2015 (Sat)	2:00 – 3:00 p.m.	Cancer screening in primary care – Breast cancer	Dr Kwok Kai Yan Associate Consultant, Department of Radiology and Imaging, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Cancer screening in primary care – Colorectal cancer	Dr Hui Yee Tak Specialist in Gastroenterology, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital

\*\*\* Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Rosina Chan at 2528 6618. \*\*\*

### REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong  
I am a **\*Member / Non-member** of The Hong Kong College of Family Physicians. **(\*Please delete as appropriate)**  
I would like to attend the **Certificate Course at the following dates:**

☐ 23 May 2015    ☐ 13 June 2015    ☐ 18 July 2015    ☐ 29 August 2015    ☐ 26 September 2015

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_



## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2015

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	<b>Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai</b>
Co-ordinator	:	<b>Dr. Lai Sheung Siu</b>
Objectives	:	<ol style="list-style-type: none"> <li>1. To improve clinical knowledge, problem solving and consultation skills through different workshops</li> <li>2. To improve physical examination technique and clinic procedural skills through hands-on experience</li> <li>3. To provide opportunity for inter-professional communication and social network expansion through self-help groups</li> <li>4. To improve time management through simulated examination</li> </ol>
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	6 months' course starting from April 2015
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> <li>1. Seminars</li> <li>2. Workshops</li> <li>3. Self-help Group Support</li> <li>4. Mock Exam</li> </ol> <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course)</p> <p>HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. John Lee, at 2528 6618 for details. Successful applicants will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	<b>Post-AEC training course</b> will be organized for category 2 candidates who have enrolled in AEC.

## Assessment Enhancement Course 2015 Timetable for Workshop

Date	Topics	Venue
25 April 2015 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
16 May 2015 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
13 June 2015 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
18 July 2015 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
15 August 2015 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
19 September 2015 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## 3 June 2015 Wednesday

### Update Management of IBS

**Dr. Siu Ka Fai, Danny**

*Specialist in Gastroenterology and Hepatology*

Chairman	<b>Dr. Tsui Hing Shing</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	TBC	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

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## 6 June 2015 Saturday

### Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	
Theme	<b>Application of Narrative Therapy by a Family Physician</b>	
Speakers	<b>Dr. Lo Sze Mon, Dana</b> Specialist in Family Medicine, Senior Medical Officer, University Health Service, The Hong Kong Polytechnic University	
Co-ordinator & Chairman	<b>Dr. Chan Suen Ho, Mark</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Light Refreshment
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	

Language	Lecture will be conducted in English and Discussion will be in English or bilingual
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.</b>

## 9 June 2015 Tuesday

### From Guidelines to Clinical Practice: An expert's View on Hypertension Treatment

**Prof. Brian Tomlinson**

*Specialist in Internal Medicine,  
Head, Division of Clinical Pharmacology,  
Department of Medicine and Therapeutics,  
The Chinese University of Hong Kong  
Prince of Wales Hospital, Shatin, Hong Kong*

Chairman	<b>Dr. Lai Siu Wai, Anthony</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Star Room, 42/F, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

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**14 June 2015 Tuesday**

## 27th ENT Update

### Meniere's Disease: How to diagnose and what to do?

**Prof. Michael Tong**

*Head of Academic Divisions*

*Department of Otorhinolaryngology, Head and Neck Surgery, CUHK*

### Management of Rhinosinusitis:

#### Treatment strategies, options, results and concerns

**Dr. Dennis Lee**

*Associate Consultant*

*Department of Ear, Nose and Throat, United Christian Hospital*

### Management of Pediatric OSAS

#### Is it treating a miniature adult or a different practice?

**Dr. Victor Abdullah**

*Chief, Division of Paediatric Otorhinolaryngology, Department of Otorhinolaryngology, Head and Neck Surgery, CUHK*

### Early Diagnosis of Nasopharyngeal Carcinoma:

#### Is a mass screening program the answer?

**Dr. John Woo**

*Director of Postgraduate Teaching,*

*Department of Otorhinolaryngology, Head and Neck Surgery, CUHK*

## Common Head and Neck Infections:

### The other end of the spectrum you might want to know

**Dr. Eddy Wong**

*Associate Consultant*

*Department of Ear, Nose and Throat, Prince of Wales Hospital*

Chairman	<b>Dr. Chan Chi Wai</b> The Hong Kong College of Family Physicians	
Time	12:30 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 5:00 p.m.	Lecture and Discussion
Venue	Postgraduate Education Centre, Prince of Wales Hospital, 30-32 Ngan Shing Street, Shatin, NT	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	3 CME points HKCFP (Cat. 4.4) MCHK pending Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served.</b> <b>Please reserve your seat as soon as possible.</b>	

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## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### May's session:

Date	29 May 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>1) Periodontal Disease - The Most Common Infection – Dr. Gordon K. C. Chiu</b> <b>2) Periodontal Infection - A Silent Health Risk – Prof. L. J. Jin</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

### June's session:

Date	26 June 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Dr., Am I Suffering from Sexually Transmitted Infection?" – Dr. Lee Tze Yuen</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>13 June 2015</b> 2:15 – 4:15p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Primary Care Rheumatology</b> Dr. K Y YING, CONS (Med & Geri), PMH	Ms. Clara Tsang Tel: 2327 6852



## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>3 June 15 (Wed)</b>			
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Update Management of Thyroid Disorders</b> Dr. Chan Ham	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Psychogeriatrics</b> Dr. Kwok Yee Ming & Dr. Suen Gee Kwang Victoria	Ms. Cordy Wong Tel: 3949 3087
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Travel medicine - infectious diseases prevention (by Port Health)</b> Dr. Fan Pang Yung	Ms. Elaine Cheung Tel: 2589 2337
<b>4 June 15 (Thu)</b>			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	<b>Psychogeriatrics</b> Dr. Chan Kam Sum & Dr. Chung Sze Ting	Ms. Cordy Wong Tel: 3949 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Update Management of COAD and Asthma</b> Dr. Ho Chung Yu & Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Review of common health supplements</b> Dr. Fok Chun Man	Ms. Kwong Tel: 2595 6941
<b>10 June 15 (Wed)</b>			
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Sexually transmitted diseases</b> Dr. Leung Ching Ching & Dr. Lo Alvina	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Clinical Approach to Headache in Primary Care Setting</b> Dr. Tsui Sau In	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Multi-function Room, RAMP clinic, Aberdeen GOPC	<b>Professional misconducts</b> Dr. Tsang Pui Lim	Ms. Elaine Cheung Tel: 2589 2337
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Government support for child's health</b> Dr. Han Jing Hao Jessica & Dr. Sharon Poon	Ms. Crystal Law Tel: 2632 3480
<b>11 June 15 (Thu)</b>			
2:15 – 5:15 p.m.	Conference Room 2, 8/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Sexually transmitted diseases</b> Dr. Mok Ka Yee & Dr. Yeung Ka Yu Doogie	Ms. Cordy Wong Tel: 3949 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Clinical Approach to Abnormal Vaginal Bleeding</b> Dr. So Lok Ping & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Information dissemination and practice promotion</b> Dr. Wong Hang Fai Ricky	Ms. Kwong Tel: 2595 6941
<b>17 June 15 (Wed)</b>			
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Community Resources for New Immigrants and their Families in NTW</b> Dr. Yuen Ching Yan & Dr. Pang Kit Hing	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Alternative medicine</b> Dr. Ying Gard Ching Derek & Dr. Lau Ka Man	Ms. Cordy Wong Tel: 3949 3087
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Pre-marital counselling &amp; contraception</b> Dr. Grace Wong	Ms. Elaine Cheung Tel: 2589 2337
<b>18 June 15 (Thu)</b>			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	<b>Alternative medicine</b> Dr. Mok Ka Yee & Dr. Pun Yat Hei	Ms. Cordy Wong Tel: 3949 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Knowing your NGO Partners in NTW and their Services</b> Dr. Wong Chun Fai & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Brief counseling/interventions for illness anxiety</b> Dr. Yeung Wai Man	Ms. Kwong Tel: 2595 6941
<b>24 June 15 (Wed)</b>			
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Pitfalls in accident and emergency care</b> Dr. Lee Wing Mei Dickinson & Dr. Lee Edna Tin Wai	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Structured Care Set Up in Clinics: GOPC vs SOPC</b> Dr. Wan Ka Yan & Lui Lok Kwan	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Nutrient supplement for preventive purpose - evidence-based</b> Dr. Sy Hung Pan Jimmy	Ms. Elaine Cheung Tel: 2589 2337
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Musculoskeletal approach to head and neck pain</b> Dr. Chan Ying Ho	Ms. Crystal Law Tel: 2632 3480
<b>25 June 15 (Thu)</b>			
2:15 – 5:15 p.m.	Conference Room, 8/F, Main Block, Tseung Kwan O Hospital	<b>Pitfalls in accident and emergency care</b> Dr. Wong Sze Kei & Dr. Hou Jing	Ms. Cordy Wong Tel: 3949 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Approach to Drug Overdose</b> Dr. Ho Tsz Bun & Dr. Hong Sze Nga	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Application of psychological concepts/counseling for DM/HT control</b> Dr. Wu Xiao Qing	Ms. Kwong Tel: 2595 6941

# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 <b>May</b>	11	12	13 2:15 – 7:15 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 – 5:30 p.m. AEC 2015
17 2:00 – 7:00 p.m. DFM OSCE Examination	18	19 9:00 p.m. DFM Meeting	20 2:15 – 7:15 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	22	23
24	25	26	27 2:15 – 7:15 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme 7:30 p.m. CSA Standardization Workshop 9:00 p.m. Board of Conjoint Examination Meeting	29 2:30 – 3:30 p.m. Video Session	30 HKPCC
31 HKPCC and Conferment	1 <b>Jun</b>	2	3 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:15 p.m. Structured Education Programme	4 2:15 – 7:00 p.m. Structured Education Programme	5	6 1:00 – 4:00 p.m. Mental Health Interest Group
7 2:30 – 5:30 p.m. Information Seminar on OSCE Segment	8	9 1:00 – 3:30 p.m. CME Lecture	10 2:15 – 7:15 p.m. Structured Education Programme	11 2:15 – 7:00 p.m. Structured Education Programme	12	13 2:30 – 5:30 p.m. AEC 2015
14 ENT Update	15	16	17 2:15 – 7:15 p.m. Structured Education Programme	18 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	19	20
21	22	23	24 2:15 – 7:15 p.m. Structured Education Programme	25 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	26 2:30 – 3:30 p.m. Video Session	27
28	29	30	1 <b>Jul</b>	2	3	4

## FP LINKS EDITORIAL BOARD 2015

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Front row (left to right): Dr. Natalie Siu, Dr. Catherine Ng, Dr. Wendy Tsui and Dr. Anita Fan

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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