

Message from the President

This is the last presidential message of my second two-year term of presidency.

This is a very special year for our Hong Kong Primary Care Conference as it was held together with the bi-annual 4-Party (Hong Kong, Macau, Mainland China & Taiwan) General Practice/Family Medicine Conference on June 6-9, 2014. Primary care is the work of healthcare professionals who act as the first point of consultation for all patients. Central to the concept of primary care is the patient. It involves the widest scope of health care, including care for patients of all ages and all socioeconomic groups; patients seeking to maintain optimal health, and patients with a wide spectrum of presentations of acute and chronic physical, mental and social health issues. These also include multiple chronic diseases. Family physicians provide not only services commonly recognized as primary care, but are also coordinators of the overall healthcare services for our patients. Primary care strives to achieve health equity. This year, the Organizing Committee has chosen "With the Patients, For the Patients – Achieving Health Equity in Primary Care" as the theme of the conference. This conference served as a platform to address present and future challenges, and provided an opportunity for family doctors in the region to network and learn. The conference was a great success - also it was well attended by over 500 participants. I would like to thank our organizing committee and secretariat led by the co-chairmen Dr. Lorna Ng and Dr. William Wong for their dedication and hard work; the sponsors of the Conference; and the leaders in Family Medicine of all four parties for their support to make this Conference possible.

The first World Family Doctor Day was declared and celebrated on 19 May 2010. It has been taken up with enthusiasm around the world, offering us an opportunity to celebrate what we do. This initiative provides recognition to family doctors, as well as highlights important issues and the work we perform in supporting health care for all people in our local communities, our nations and around the world. This year, our College co-organized the event 「我的家庭醫生」啟播禮 with the Primary Care Office (PCO) of the Department of Health and the Radio Television Hong Kong (RTHK). The 5-episode TV Drama series aim to promote family medicine with TV broadcasting from 24 May 2014 onwards for five consecutive Saturdays at 7:30 - 8:00 pm. The Public Education Committee also participated in the event with a patient on stage together to illustrate the importance and value of the continuous and person-centred care by a family doctor. I am deeply grateful to the Food & Health Bureau, PCO, RTHK and our Public Education Committee team members, including Dr. Allan Ngan, Dr. Mark Chan, Dr. Amy Chan, Dr. Loretta Chan, Dr. Lambert Chan, Dr. Cheung Kwok Leung, Dr. Zabo Chung, Dr. Ken Ho, Dr. Timothy Hong, Dr. Lam Wing Wo, and Dr. Dana Lo for making this possible.

The Public Education Committee led by Dr. Allan Ngan and his committee members delivers health education to the public through various channels including regular publications in various newspapers. Their hard work has greatly promoted our College's mission to the public. Besides this TV drama series, the Public Education Committee also published the fourth book 家庭醫生一百篇 this year in June following the success of the three books in 家庭醫學手冊 series. The book is a collection of selected articles published regularly in the Hong Kong Economic Journal (信報) and the "We Care Magazine" (關心). I would like to thank the editorial team of Public Education Committee and the authors to make it successful.

Following last year's success of our Diploma in Family Medicine course in Macau, with the vision of the Macau Health Bureau to strengthen family medicine training, the hard work of our Macau colleagues including the Chief Family Physician Dr. Chau Chi Hong, our DFM Board members, teachers, examiners and mentors under the leadership of Dr. Simon Au, our diploma course has been successfully launched in Macau. I would also like to thank

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



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Message from the President

Dr. Wun Yuk Tsan for his tremendous contribution to revise the course materials and his generous donation to sponsor the Macau DFM Best Candidate Award. This was a fruitful year with a record high number of DFM students. A total of 29 candidates completed the Course and were awarded the Diploma in Family Medicine.

This is the 27th year of our Conjoint Fellowship Examination with the Royal Australia College of General Practitioners. Dr. Jennie Kendrick, Censor-in-Chief and Dr. Kaye Atkinson, Censor were the visiting External Examiners from RACGP this year. I would like to thank the RACGP for her continued advice and support. I would also like to congratulate the Board of Conjoint Examination under Dr. Peter Chan and his board members for running the Examination flawlessly with their hard work, experience and wisdom. On the day of the OSCE Examination, examiners, candidates and staff worked together as a team whole-heartedly for this very important event which allows no mistake. There were 84 candidates sitting for this year's examination, with 73 and 11 candidates of Category I and Category II, respectively. It was the tenth year that the College offered the "Best Candidate Award". From Conjoint Examination 2013 onwards, this award was renamed "Dr. Peter C Y Lee Best Candidate Award" for commemorating Dr. Peter Lee's contribution to the discipline of family medicine.

Family physicians have an important role in holistic care. Many of our sister Colleges, including the Royal Australian College of General Practitioners and the Royal College of General Practitioners, have successfully reviewed their curriculum recently. We have also set up a working group to review our curriculum this year to best suit our community development and care delivery. With the evolving primary care environment, the ageing population, increased multi-morbidity, rise of e-health, the requirements of leadership and management, quality and safety concerns and an increasing role of teaching and research in family medicine within the context of multidisciplinary primary care, and all present educational and training challenges, updating the curriculum is the first step on the path to incorporating these skills into the lifelong learning of family physicians. Curriculum renewal is an ongoing process because of the changing environment of medicine. We hope that the knowledge of our profession's body of learning will provide a sound basis for high quality primary care to Hong Kong.

With the consistent evidence that family physician system results in lower mortality, increased life expectancy, better self reported health, lower rates of admission to hospital, reduced health inequalities, and more affordable costs, our College strives to promote family medicine in our country. The Board of Professional Development and Services (BPDS) was established in 2010 to provide family medicine educational activities for doctors outside Hong Kong. This year, led by Dr. Lau Ho Lim, a structured Continuous Medical Education (CME) Programme was organized with

Macau Health Bureau. The courses have received excellent feedback from attendants.

Our External Affairs Committee, led by Dr. Gene Tsoi, are invited by Rado Television Hong Kong (RTHK) to co-host the Programme Ad-wiser with a series of four parts on four consecutive Tuesdays from 1pm-2pm in January 2014. The second Oriental Family Doctor Forum was held in Shanghai on 5-6 July 2014 with the theme "A Brand New Era of Community Health: Practice and Exploration of Family Doctors' Services". The 2014 Forum was co-hosted by the Chinese Community Health Association, the Shanghai Medical Association and the Society of General Practice of Shanghai Medical Association. The Vice-President Dr. Lau Ho Lim represented the College to participate in the panel discussion chaired by Dr. Doanld Li on "Reviewing General Practice Progress in the Past Year; Blueprinting Primary Healthcare Development in Asian Pacific" with emphasis on family doctor training in China.

This year, the Specialty Board led by Dr. Wendy Tsui has passed 21 candidates in the Exit Examination 2014 and submitted 20 fellowship nominations, all approved by the Hong Kong Academy of Medicine.

The Board of Education led by Dr. Mary Kwong and her board members have organized a large number of high-quality educational activities with good varieties. Their excellent work represents the good tradition of our College.

I am most delighted to find that many of our trainees are interested in research. Primary care is now a WHO priority with tremendous potential in research and publications. Besides our unique experience in health care, we are also part of China, a nation with an important role in world's health with emerging primary care. Hong Kong is also part of Southeast Asia, a global microcosm with a huge diversity. Primary care research can provide answers to many common clinical questions. The Research Committee led by Dr. William Wong and his committee members will continue to promote primary care research.

The Editorial Board under Dr. David Chao and his board members, and the FP Links Committee under the Chairlady Dr. Wendy Tsui and Chief Editor Dr. Catherine Ng have worked hard to enable the quarterly publications of our journal "the Hong Kong Practitioner" and the monthly publications of our FP Links.

The Internal Affairs Committee led by Dr. David Chao has successfully organized our 36th HKCFP Annual Dinner on 7 December 2013, the 27th Fellowship Conferment Ceremony and the 25th Dr. Sun Yat Sen Oration on 8 June 2014. The Annual Dinner was well attended by 230 attendees and we are very honoured by the presence of Prof Michael Kidd - the President of Wonca and HKCFP Honorary Fellow (2009), Dr. Garth Manning – CEO of Wonca World Council, Prof. Chris van Weel – Past



Back row (from left to right): Ms. Erica So, Ms. Crystal Yung, Dr. Chan Wing Yan, Dr. Au Chi Lap, Dr. Ngan Po Lun, Dr. Chan Kin Ling, Dr. Lorna Ng, Dr. Wendy Tsui, Dr. Mark Chan, Dr. Alvin Chan

Front row: Dr. Quincy Yuen, Dr. Billy Chiu, Dr. Mary Kwong, Dr. Angus Chan, Dr. Stephen Foo, Dr. Ruby Lee, Dr. Lau Ho Lim, Dr. Chan Hung Chiu, Dr. David Chao

President of Wonca and HKCFP Honorary Fellow (2009), Dr. Maureen Baker – Chair of Council of Royal College of General Practitioners, Prof. Daniel Thuraiappah – President Elect of Academy of Family Physicians of Malaysia, Prof. Doris Young – HKCFP Honorary Fellow, Dr. Monica Wong – Head of Primary Care Office, Department of Health, HKSAR, Mr Andrew Lau from the Sun Tak District Min Yuen Tong of Hong Kong, College Board/Committee members and guests. It was a great opportunity for colleagues and friends to meet.

The 27th Fellowship Conferment Ceremony and the 25th Dr. Sun Yat Sen Oration were successfully held on 8 June 2014 (Sunday). This year, the Ceremony was well attended by 252 participants, including the successful candidates of Exit Assessment, Conjoint Fellowship Examination, Diploma in Family Medicine and their families and friends, as well as invited guests and dignitaries from the Food and Health Bureau, the Department of Health, the Hospital Authority, the Universities and representatives of local and overseas academic colleges. The 25th Dr. Sun Yat Sen Oration of the HKCFP “Delivering Medical Care - Attempt to Think Out of the Box” was delivered by Prof. John C. Y. LEONG. This year, 24 HKCFP and 25 RACGP fellowships were conferred. Besides, 21 received their certificates of Exit Examination and 21 received the Diploma of Family Medicine (DFM) of our College. I would like to express my warmest welcome to the new fellows and diplomates of Family Medicine of our College. The Dr Peter CY LEE Best Candidate in the Fellowship Examination 2013 was Dr. Ho Shu Wan. The DFM Distinction Candidate was Dr. Chau Ka Vai and the Macau DFM Best Candidate was Dr. Amaral Vanessa. The Best Research 2013 was awarded to Dr. Chin Weng Yee. Her research topic is “The Epidemiology and Natural History of Depressive Disorder in Primary Care”. The Research Fellowship 2014 was awarded to Dr. Sit Wing Shan.

Many council members have also contributed through representation of our College in various professional committees including –

- Dr. Angus Chan in the Education Committee of the Hong Kong Academy of Medicine, CAG of Hong Kong Reference Framework for Preventive Care for Children in Primary Care Settings;
- Dr. Gene Tsoi in three Task Forces on Conceptual Model and Preventive Protocols, Primary Care Directory, Primary Care and Delivery Models, Working Group on Primary Care, WONCA International Classification Committee;
- Dr. Peter Chan in Working Group on Alcohol and Health, Steering Committee on Prevention and Control of Non-communicable Diseases;
- Dr. Chan Wing Yan in Advisory Group on Health Effects of Use of Internet and Screen Media Devices
- Dr. Lau Ho Lim in Task Force on Hong Kong Code of Marketing of Breastmilk Substitutes, Self Learning Kit on Breastfeeding for Medical Professionals, Project Planning Committee, CAG of Hong Kong Reference Framework for Preventive Care for Older Adults in Primary Care Settings, and University of Hong Kong Health Services Committee;
- Dr. Billy Chiu in Subgroup on Professional Development for Primary Care Directory Enrolled Doctors and Dentists; Working Group on Defining High-Risk Medical Procedures / Practices Performing in Ambulatory Setting; Colorectal Cancer Screening Pilot Programme Task Force; and the Cancer Expert Working Group (CEWG) on Cancer Prevention and Screening;
- Dr. Tony Lee in Working Group for Revision of Teaching Kit for the Exercise Prescription Project;

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Message from the President

- Dr. David Chao in the Scientific Committee of Hong Kong International Cancer Congress;
- Dr. Mary Kwong in the Resuscitation Council of Hong Kong, etc
- Dr. Wong Mong Sze, Marcus. Occupational Health Advisory Committee

The hard work of our secretarial staff led by Ms Erica So, Business Manager Dr. Mary Kwong, House Management, Quality Assurance & Accreditation Committee under Dr. Billy Chiu, Finance Committee under Dr. Quincy Yuen, Council Member on Duty System under Dr. Tony Lee, Web & Computer Committee under Dr. Mark Chan, and Membership Committee under Dr. Chong Man Yuk has enabled the daily operation of our College.

Last but not least, I must thank my Chief Censor Prof Cindy LK Lam, Censors Dr. Stephen KS Foo and Prof Donald KT Li, and Immediate Past President Dr. Gene Tsoi for their valuable advice and guidance; my Executives Drs Angus Chan, Lau Ho Lim, Billy Chiu, Quincy Yuen, and all council

members who shared a lot of the duties and assignments. I have to thank all the secretariat staff under Ms Erica So for their dedication and hard work.



Dinner with Dr. Ruby Lee



**Sponsorship for attending
The 2015 WONCA Asia Pacific Regional Conference
Taipei, Taiwan, 4 - 8 March 2015**

“Family Medicine: New Horizons and Challenges”

The **2015 Asia Pacific Regional Conference of WONCA** will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organisations as well as individual doctors.

The Council has decided to grant a sponsorship with a maximum of HKD8,000 for applicant(s) with presentation, and a maximum of HKD4,000 for applicant(s) without presentation, to attend the captioned conference.

Applicants shall agree to take part in the College official functions if any during the Conference in **Taipei, Taiwan**, and submit a written report of around 800 words within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of “DOWNLOADS” and return the form to the Secretariat by **31 December 2014**. For further information please visit the official website at <http://www.wonca2015taipei.com/>.

Thanks,

Dr. Billy C F Chiu
Honorary Secretary

Classified Advertisements

Office Availables

Clinic for share

A fully furnished TCM clinic wanted to share with a doctor, situated in Sham Shui Po. Rent \$15,000/per month. Interest please call Ms. Lee 2739 9557

Invites applicants for full time/part time position in Evangel Hospital and general outpatient clinics in Kowloon.

Please send your C.V. and enquiry to cplusclinic@gmail.com
Dr. Billy Chui.

QA & A Committee News

HKCFP Additional & CME Accreditation for year 2014

Application deadline: 28 February 2015

Dear Members,

The credit point score of 2014 QA&A Programme is going to be finalized at the end of year 2014. Please kindly login to the College website <http://www.hkcfp.org.hk/> to check your latest CME/CPD report.

The application for Additional Accreditation and/or CME/CPD points missing for the year January to December 2014 is now open. Please submit the following application(s) to the Secretariat before the application deadline:

1. Additional Accreditation

This is only for the activity which **had NOT been accredited** by QA&A Committee before the activity started. You are advised to submit the "Application form for Additional Accreditation" with \$300 administration fee made payable to "HKCFP Education Ltd." Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

2. Report on CME/CPD points missing

This is only for the activity which **had been pre-accredited** by QA&A Committee before the activity started. If the credit points are missing in your credit point score report, please fill in the "Application form for CME/CPD Accreditation of Pre-accredited activity". Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

Application Forms are available at the College website <http://www.hkcfp.org.hk> → Downloads → Quality Assurance → Application for Accreditation →

(1) Application form for Additional Accreditation (in PDF format or Word format).

(2) Application form for CME Accreditation (in PDF format or Word format).

You are advised to submit the completed application(s) before the application deadline:

- by Post: The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen; OR
- by Email: cmecpd@hkcfp.org.hk ; OR
- by Fax: (852) 2866 0981

Late submission will NOT be considered.

The application results are subject to the final decision of the QA & A Committee. Should you have any question on CME/CPD, please contact Ms. Wing Yeung or Ms. Carmen Tong at 2528 6618.

Thank you very much for your support.

QA Certificate and CME Certificate go PAPERLESS

Dear Members,

May I express our utmost gratitude and thanks for your support all along on the College's eco-friendly project.

Since 2007, QA&A Committee has been successful starting the web-based CME report which helps significantly in saving the consumption on paper and postal as well as the workload of the Secretariat. We would now like to announce that the CME and QA Certificates will go paperless start from the coming issue (2014).

The CME report 2014 is expected to be finalised in February 2015. Members can login to their own account to download the certificates from March 2015. More details will be published in "FP Links" January and February 2015 issues.

For any enquiry, please feel free to contact our secretariat Ms Wing Yeung or Ms Carmen Tong at cmecpd@hkcfp.org.hk or 2528 6618.

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th December 2014 to 14th January 2015, Dr. Au Chi Lap and Dr. Chan Wing Yan will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Au Chi Lap



Dr. Chan Wing Yan

Membership Committee News

The Membership Committee approved, on recommendation of the Chairman of the Membership Committee, the following applications for membership in **November 2014**:

Associate Membership (New Application)

Dr Chien Buong Sieng	錢 本 善
Dr Chiu Ho Ching	趙 皓 晴
Dr Lau Wing See	劉 穎 思
Dr Wong Koon Yin Yvonne	黃 冠 妍

Suspension from Associate Membership

Dr CHAN Hoi Chung, Samuel	陳 海 聰
Dr CHAN Hoi Lam, Colleen	陳 凱 琳
Dr CHAN Kwin Wah	陳 筠 華
Dr CHAN Sik Chou, Michael	陳 錫 偉
Dr CHANG Wells	張 仕 偉
Dr CHEN Kim Loong	曾 金 龍
Dr CHENG Ying Wai	鄭 英 偉
Dr CHEUNG Sze Wan Peggy	張 思 蘊
Dr CHOY Yi Chun Vanessa	蔡 怡 真
Dr CHU Hiu Man	朱 曉 曼
Dr CHUNG Yun Wong	鍾 潤 煌
Dr HO Chun	何 震
Dr HO Hsiao Chien	何 曉 劍
Dr HO Sai Hea	何 世 希
Dr LAM Pang, Eric	林 澎
Dr LAU Hong Ki	劉 康 琪
Dr LEUNG Wan Chi, Ellen	梁 蘊 慈
Dr LIU Chung Wo	廖 頌 和
Dr LO Ka kit	盧 嘉 傑
Dr NG Shuk Wa, Anna	伍 淑 華
Dr NG Shuk Wa, Aries	吳 淑 華
Dr PEI Kee Cheong, Benjamin	邊 其 昌
Dr POON Yuk Hung	潘 玉 雄
Dr WAT Chi Kai	屈 志 佳
Dr WONG Chung Yan	王 頌 恩
Dr WONG Tsz Lun	黃 子 麟

Dr WONG Yiu Lung
Dr ZHU Gui Xia

黃 耀 龍
朱 貴 霞

Suspension from Affiliate Membership

Ms FUNG Shuk Lan	馮 淑 蘭
Ms HO Ka Lai, Kairy	何 嘉 麗
Ms LEE Lai Ling	李 麗 玲
Ms LEUNG Mui Ying Rita	梁 梅 英
Ms LIU Siu Yin	廖 小 燕
Ms MA Chung Yee, Arisina	馬 仲 儀
Ms SO Ah Tak	蘇 雅 德

Suspension from Full Membership

Dr CHOO Kwong Yin	朱 廣 仁
Dr LING Chui Pui Frank	凌 柱 培
Dr OH Aik Soon	胡 益 宣

Suspension from Non-HKSAR Member

Dr CHAN Lai Meng	陳 麗 明
Dr CHAN Raymond Man Chung	陳 敏 聰
Dr CHEANG Hou Kong	鄭 浩 光
Dr CHIANG Pui Man	鄭 佩 敏
Dr FERNANDEZ MONROY Natalia Juliana	娜 塔 麗
Dr HOI Chu Peng	許 主 平
Dr IEONG Lai Peng	楊 麗 萍
Dr IEONG Man Kin	楊 文 健
Dr LEI Meng Vai	李 明 慧
Dr LEONG Son Kuai	梁 順 桂
Dr LOK Io Fai	陸 耀 輝
Dr LONG Siu Ian	龍 少 茵
Dr NG Cheng	吳 正
Dr PANG Sai Meng	彭 世 明
Dr TSE Justin, Chi Sine	謝 至 善

Hong Kong Primary Care Conference Organizing Committee

List of Members

Chairman	: Dr. NG Lorna
Advisors	: Dr. CHAN Ming Wai, Angus Dr. FOO Kam So, Stephen Dr. LAU Ho Lim Dr. LEE Siu Yin, Ruby
Business Manager	: Dr. CHIU Chi Fai, Billy
Scientific Subcommittee Chair	: Dr. CHEN Xiao Rui, Catherine
Scientific Coordinators	: Dr. CHIANG Lap Kin Dr. FUNG Siu Cheung, Colman
Poster Presentation Coordinator	: Dr. KWAN Wing Yan, Wendy
Clinical Case Presentation Competition Coordinators	: Dr. FOO Bong Yin, Kevin Dr. KWAN Yu
Publication Coordinators	: Dr. CHENG Ghar Yee, Judy Dr. LO Sze Mon, Dana
Venue Coordinator	: Dr. LEUNG Cheuk Wing, Vienna
Members	: Dr. CHONG Man Yuk Dr. SIT Wing Shan, Regina
Nurse Planners	: Ms. CHONG Yuen Chun, Samantha Prof. IP Wan Yim Ms. LAM Choi Hing, Margaret



Front row (from left to right):
Ms. Crystal Yung, Dr. Wendy Kwan, Dr. Dana Lo, Dr. Catherine Chen, Dr. Lorna Ng, Dr. Vienna Leung, Ms. Margaret Lam, Prof. Ip Wan Yim, Ms. Erica So

Back row (from left to right):
Dr. Colman Fung, Dr. Chiang Lap Kin, Dr. Lau Ho Lim, Dr. Angus Chan, Dr. Kwan Yu, Ms. Wing Yeung, Ms. Carmen Tong

The Organizing Committee meets regularly to discuss and organize the annual event, 'Hong Kong Primary Care Conference' (the former name was 'Annual Scientific Meeting'). Followed by the success of the past Annual Scientific Meetings, the Annual Scientific Meeting was being expanded into a conference that is relevant to the much broader primary care community since 2011. This annual conference is now in the 5th year. It provides an opportunity for College Members and other members of the primary care team (family physicians, nurses, community and allied health professionals, etc.) to network and learn from the clinical experiences of one another. It serves as a platform to bring together experts, clinicians and healthcare professionals in addressing present and future challenges in primary care. It also showcases exciting blends of different programmes such as plenary sessions, workshops, seminars, free paper and clinical case presentations.

With the recent healthcare policy and support from the Government on primary care development in Hong Kong, the Organizing Committee hopes the annual conference would highlight the achievements of primary care and family medicine in Hong Kong with the advent of primary care reforms, as well as what we strive to excel and meet the challenges ahead. We look forward to meeting up at the forthcoming Hong Kong Primary Care Conference in 2015 soon.

Interview with Prof. Sophia Chan, Under Secretary for Food and Health Bureau, HKSAR.

Dr. Chan Man Li, Dr. Law Tung Chi & Dr. Wendy Tsui



Prof. Sophia Chan

Collaborations between Food and Health Bureau and the Hong Kong College of Family Physicians in fostering and upholding the standards of family doctors in Hong Kong

Prof. Chan mentioned that family medicine and primary care is the corner-stone of health care service in Hong Kong and the government is open-minded to provide incentive to foster the standards of family doctors in Hong Kong in both private and public sectors. Mandatory CME provided through agents such as Hospital Authority [HA], Department of Health [DH] and the Hong Kong College of Family Physicians [HKCFP] should be the future direction.

Prof. Chan supported CME certificate or "Q mark" for GP or FP granted by the college or DH to certify the quality assurance of doctors.

The Bureau is studying the regulatory framework including mandatory continuous education in various professions such as doctor, dentist, nurse, allied health professionals, etc, to uphold the professional standard in each field and this may need legislation in future.

The role of the Hong Kong College of Family Physicians in the future primary care development and training of Hong Kong

Prof. Chan wished the college to go a bit forward to support the Food and Health Bureau for policy implementation, especially in the areas of primary care such as tobacco duty or breast feeding, etc.

The college should uphold the standard of GP or FP training in the private market and could work with other parties such as Hong Kong Medical Association to engage more GPs for training.

Prof. Chan supported the college and the HA to form training board to look after the training needs, manpower training, training curriculum and the training quality, etc.

Future direction of health care system and primary care in Hong Kong

Prof. Chan mentioned the Bureau wish to develop and foster primary care in Hong Kong.

The Bureau policy on primary care is adopting a "dual track approach".

For the private sector, it aims to enhance the private capacity by various measures such as Health Protection Scheme of voluntary insurance, General Outpatient Clinic Public-Private Partnership Programme [GOPC PPP] by releasing more GOPC patients to private sector for follow-up and disease management, Elderly Health Care Voucher Scheme to let primary care service providers to do more preventive care for the elderly patients. The Bureau is studying the extension of Smoking Cessation and Counseling service to the Public-Private Partnership Programme.

For the public sector, it would develop HA to support the primary care service for those chronic disease patients and those underprivileged patients such as elderly or patients on government assistance.

The Bureau would like to have the model of Community Health Centre [CHC] at each district and continue to identify suitable sites for such development and renovate existing clinics as appropriate. The Bureau would like to enhance the collaboration between HA and various NGOs at CHCs.

Furthermore, the Bureau has led a delegation in Oct 2014 with representatives from HA & DH to study UK's primary care service and work out the model to suit HK situation.

Difference between the work as a Professor in the University vs an Under Secretary for Food and Health Bureau

Prof. Chan mentioned the work as a Professor in the University is more unique as the stakeholders are mainly students or academics and professionals, while the work at the Bureau is more complex as there is a need to work with multiple parties and stakeholders such as trade businessmen, laymen, various professionals, media, district councilors and legislative members, etc.

Everything is fresh to her, with the need to learn and explore more. It is really exciting and rewarding to participate in the formulation of policies, monitor its progress, and eventually contribute to the promoting the health and well-being of people in Hong Kong.



From left to right: Dr. Wendy Tsui, Prof. Sophia Chan, Dr. Chan Man Li and Dr. Law Tung Chi

Dengue fever – How far is it from being an epidemic disease in Hong Kong

Global Situation

Dengue fever (DF) is an important mosquito-borne viral disease worldwide. It is now endemic in more than 100 countries in Africa, the America, the Eastern Mediterranean, Southeast Asia and the Western Pacific. These include various popular tourist destinations for Hong Kong people, including the Philippines, Thailand, Indonesia, Malaysia and Singapore.

Hong Kong

Dengue has attracted considerable public attention in Hong Kong since the first local case was reported in the year 2002, and 20 local cases were subsequently recorded during that year. It stayed mainly as imported disease with one and four local cases reported in 2003 and 2010, respectively. As of November 13, there were 102 confirmed cases of DF in Hong Kong, including 99 imported cases and 3 local cases. From 2004 to 2013, a total of 505 cases of DF were recorded in Hong Kong with no death.

Health impact

Worldwide, an estimated 500 000 people with severe dengue require hospitalization each year, and a large proportion of whom are children. About 2.5% of those affected died. Early detection and access to proper medical care lowers fatality rates to below 1%. In the absence of an effective antiviral or vaccine, personal protective measures against mosquitoes and vector control are the major means of prevention. It is imperative to be aware of vector control, lest dengue could establish itself as an endemic disease, as in neighboring countries.

Personal protection

One must rely on preventing mosquito bites as a major activity to combat infection. The personal protection measures against mosquito bites include:

1. Wear long-sleeved shirts and trousers;
2. Rest in air-conditioned or well-screened rooms;
3. Use aerosol insecticide indoors and use bed nets if sleeping areas are not air-conditioned or screened;
4. Use insect repellents containing DEET on exposed skin and clothing

Tips for using insect repellents

- I. Apply DEET containing insect repellents to exposed parts of the body and clothing in accordance with label instructions and precautions.
- II. Avoid using DEET containing insect repellents in infants under 6 months of age. Use alternative measures to prevent vector bites and stings.
- III. When DEET containing insect repellents are to be used in children, use lower concentration of DEET – up to 10%.

Vector control

Awareness of the dengue situation needs to be brought to the community, so as to inspire action to: (1). prevent dengue, and (2). encourage advocacy through social media and word of mouth. Community participation in source reduction of vector breeding sites is the most effective method in controlling dengue fever and preventing it from becoming an epidemic disease in Hong Kong.

References:

World Health Organization (WHO) at <http://www.who.int/csr/disease/dengue/en/>

Travel Health Service at http://www.travelhealth.gov.hk/english/travel_related_diseases/dengue.html

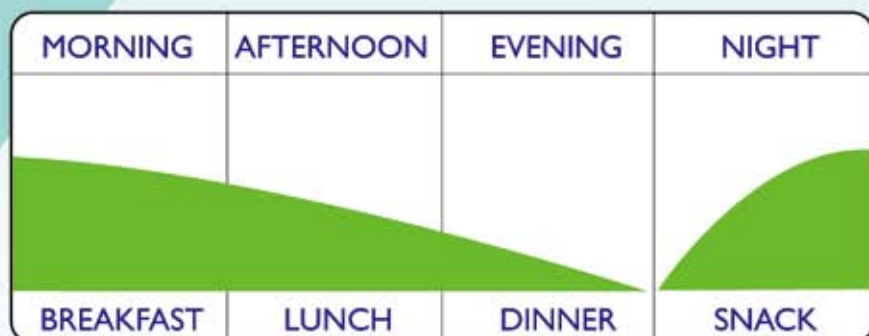
Centre for Health protection (HP) at <http://www.chp.gov.hk/>

Food and Environmental Hygiene Department (FEHD) at <http://www.fehd.gov.hk/>

Compiled by Dr. Law Tung Chi

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References

1. Hyllested-Winge J et al. A review of 25 years' experience with the NovoPen® family of insulin pens in the management of diabetes mellitus. Clin Drug Invest 2010; 30(10): 643-674. 2. Göke B et al. NovoPen® 4 offers superior performance, handling and acceptance compared with NovoPen® 3 in insulin-treated diabetes patients. Diabetes Technol Ther 2005; 7(2): 379. 3. Kristensen CM and Donsmark M. Dose accuracy and durability of the NovoPen® 4 insulin delivery device before and after simulation of 5 years of use and under various stress conditions. Clin Ther 2009; 31(12): 2819-2823. 4. Somavilla B and Pietranera G. A randomized, open-label, comparative crossover handling trial between two durable pens in patients with type 1 or 2 diabetes mellitus. J Diabetes Sci Technol. 2011; 5(5): 1212-1221.1221.

Further information is available from

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INS-D-20140301

Interest group in Dermatology – The 44th Meeting on 1 November 2014

Dr. Lam Wing Wo, Edmund (Co-ordinator),
Board of Education

Themes : **The Management of Acne and related disorders**

Speaker : Dr. Chan Shu Yu,
Specialist in Dermatology

Moderator : Dr. Lam Wing Wo, Edmund,
Co-ordinator, Board of Education

Dr. Chan gave us a very comprehensive review on Acne and related disorders, based on current research literature, clinical guidelines, and his extensive clinical experience. The following are some of those useful learning points that I would like to share with practicing doctors.

Learning points:

General

- Acne is endogenous, chronic yet self-limiting disease. Virtually every adolescent will have some form of acne. It can resolve in 8-12 years even without treatments, and about 15% adolescents have acne severe enough to seek treatment.
- Though not 'curable', acne is highly treatable. The aim is to control the disease, leading to least damage now and in the end. As it is a long term disease, treatment is usually a prolonged, intermittent process.
- Patients are informed of treatment options, and then they decide for themselves with the help of the doctor for using the appropriate kind of treatment. They may opt to have no treatment.
- The great majority of acne patients have hormone level within the physiological range. It is usually the inherent tendency of 'end-organ hyper-responsiveness' to normal levels of androgen that leads to increased sebum production. Acnes are formed when the sebum cannot be secreted to the surface.
- Pomades and cosmetics are acne-genic and their lesions are mainly non-inflamed whitehead, resulted from obstruction of the upper and middle part of pilo-sebaceous duct. It may resolve readily by cessation to use the concerned pomades and cosmetics. Treatment with Retinoic Acid can be considered, as well as oral antibiotics, in particular for inflamed lesions.
- Iatrogenic Acne is commonly resulted from the use of topical or oral corticosteroids. Lesions are usually

monomorphic, mainly whiteheads which can then become inflamed.

- Squeezing, picking, pricking pimples can cause scarring. Acne excoriee, which refers to acne resulted from scratching acne spots or surrounding skin, is more common than perceived, especially for young ladies.
- 3 Don'ts – excessive use of pomades, moisturizers and cosmetics, steroids, picking.
- Clinical evidences do not support the common beliefs that stress, diet, and bowel habit are aggravating factors for Acne.
- Poor prognostic factors include: youth (<20 years old), male, truncal distribution, marked seborrhea, severe lesions at onset.

Topical treatment

- Cleansing with gentle cleanser twice daily followed by applying topical treatment. Overly alkaline soap may disrupt skin barrier and increase the risk of irritation induced by local treatment.
- Topical agents are particularly useful for teenagers aged 16 or less. The aims of using topical agents are to limit the progression of current lesions, and hasten resolution.
- Azaleic Acid, as an antimicrobial, anti-inflammatory tyrosinase inhibitor, is also good for clearing post-inflammatory pigmentations of acne lesions.
- Local irritation such as redness, dryness, scaling, and itchiness is very common during initiation of topical agents. It will usually subside with time, and applying more sparingly and infrequently may help. Topical tacrolimus may be tried in some cases of irritation.
- Topical agents should be applied to acne lesions including the surrounding regions.

Systemic treatment

- Systemic treatment is indicated in moderate to severe acne, and mild acne with psychological disturbance, where topical treatment has failed.
- Systemic treatment aims at controlling the disease by limiting the progression of current lesions, increasing regression, and also inhibiting the new lesions from appearing.
- The duration of systemic treatment is usually about six months, and can be repeated if necessary.

1. Oral Antibiotics

- Newer forms of tetracyclines such as Doxycycline are considered as first-line treatment. They have good efficacy; are better tolerated, and are convenient to use with its once daily regime.
- Common side effects of those newer forms of tetracyclines include abdominal pain, headache, drowsiness, and fixed drug eruption. To minimize the gastrointestinal side effects, they should be taken with full stomach and more water (but not with dairy products). Never take them before sleep as they may lead to severe oesophagitis.
- Clindamycin is more prone to cause colitis than those newer forms of tetracyclines.
- Rosacea may be treated by a 4-month treatment course of tetracyclines, and significant improvement may be seen towards the second week of treatment.
- Macrolides like Azithromycin are alternatives to consider. They are generally reserved for children and pregnant women.
- Antibiotics resistance should be suspected when the patient is not responding to a 6-week treatment course of appropriate antibiotics. Overall, resistance is the highest with erythromycin, and least with minocycline. Preventive measures include limitation of long term use, avoidance of monotherapy, and combination with benzoyl peroxide whenever possible.

2. Hormone therapy

- Hormonal treatment is suitable for those ladies who are, 1) already on oral contraceptives, 2) not keen on other forms of oral treatments.
- Patients requiring such medications are best managed by Gynaecologist.

3. Oral isotretinoin

- Approved for use in severe recalcitrant nodular acne, acne not responding to other forms of systemic treatments including antibiotics and / or hormones, acne that has resulted in significant physical and psychological scarring, Gram -ve folliculitis, pyoderma faciale, acne fulminans, acne globulata, and rosacea.
- The usual dosage for severe treatment-resistant acne is 1 mg per kg per day for about 16 weeks, or a cumulative dose of 120 mg per kg. Total cumulative doses of less than 120 mg increase relapse rates, and doses of more than 150 mg increase the incidence of adverse effects without producing greater benefits. Approximately 40

percent of patients achieve long-term remission with a 120-mg cumulative dose, 40 percent require retreatment with topical therapy or oral antibiotics, and 20 percent require retreatment with isotretinoin (after two months). Improvements in skin complexion and scars are also noticeable.

- Patients with moderate acne may respond to lower dosages (0.3 mg per kg per day) and experience fewer adverse effects.
- Isotretinoin must not be used by female patients who are or may become pregnant. To prescribe, the Pregnancy Prevention Programme for isotretinoin should be followed: 1) risk of teratogenicity explained, 2) adopt contraceptive measures one month before, during, and one month after treatment, 3) sign the standard undertaking form provided by drug company, 4) if pregnancy does occur, abortion is mandatory.
- Common adverse effects include headaches, dry skin and mucous membranes (dose-dependent), thinning of hair, hair loss, paronychia, and gastrointestinal upset.
- Patients with severe acne particularly those with granulomatous lesions, may develop marked flare of the disease within the first few weeks of commencing isotretinoin. To minimize the initial flare-ups, a beginning daily dosage of 0.5 mg or less per kg should be used. Adjunct treatment including antibiotics and steroids may be required for a few weeks.
- The use of isotretinoin has been suggested to worsen depression and increase the risk of suicide, but no causal relationship has been established. The prescriber should carefully screen and monitor for depression during the course of treatment. Referral to Psychiatric service should be considered whenever necessary.
- Tetracyclines should not be used concomitantly as there will be increasing risk of benign intracranial hypertension, which may present as insidious headache, visual disturbance and tinnitus.

Next meeting :

The next meeting will be on 3 January 2015 (Saturday). The guest speaker is Dr. Lee Tsz Yuen, Specialist in Dermatology. He will speak to us on "Clinical Approach to Alopecia". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (johnlee@hkcfp.org.hk) 2 weeks before the date of presentation.

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

3 January 2015 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	Clinical Approach to Alopecia	
Speaker	Dr. Lee Tze Yuen Specialist in Dermatology and Venereology	
Co-ordinator & Chairman	Dr. Lam Wing Wo The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

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26 January 2015 Monday

Latest advance on Low back pain and Ankylosing Spondylitis

Dr. Filip Van der Bosch
Head-of-Clinic and Associate Professor,
Department of Rheumatology,
The University Hospital of Ghent University

Chairman	Dr. TBC The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

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Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	30 January 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Sports Medicine, Sports Science – Current Practice
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
10 January 2015 2:15 – 4:15p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Speech Therapy in Primary Care Ms. Fannie LAW (KWH/WTSH Speech Therapist)	Ms. Clara Tsang Tel: 2327 6852

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
7 January 15 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach to Vaginal Discharge & Presentation of Gynecological Malignancies in GOPC Dr. Tsui Sau In / Dr. Lam Yip Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Medical Tourism in HK & in the World Dr. Leung Ching Ching & Dr. Ying Gard Ching Derek	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Consultation: Characteristics of a Family Practice Consultation Dr. Ngai Ming Leon	Ms. Elaine Cheung Tel: 2589 2479
8 January 15 (Thur)			
2:15 – 5:15 p.m.	Meeting Room 1, 1/F, Block F, UCH	Medical Tourism in HK & in the World Dr. Lee Edna Tin Wai & Dr. Lee Shek Hang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	How to Promote FM Concept in your Locality? Dr. Yip Chun Kong & Dr. So Lok Ping	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Musculoskeletal problems in Family Medicine Dr. Cheng Long Yee Eva	Ms. Kwong Tel: 2595 6941
14 January 15 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	CBD (Case Based Discussion) Dr. So Mei Kuen / Dr. Chan Yin Hang	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Volunteer Doctor (e.g. MSF) Dr. Lam Wing Sze & Dr. Wong Koon Yin Yvonne	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	How to Set Up Private Clinic Part 2 Dr. Shek Chun Chui	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, TYH	Daily Management of Patients, Using RAPRIOP Dr. Kam Ting Ting	Ms. Elaine Cheung Tel: 2589 2479
15 January 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Volunteer Doctor (e.g. MSF) Dr. Tsui Hiu Fa & Dr. Wong Sze Ki	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Difficult Consultation Dr. Wu Sze Man & Dr. Lau Lai Na	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Transport medicine Dr. Lui How Mui Wendy	Ms. Kwong Tel: 2595 6941
21 January 15 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	How to Handle Patients with Multiple Complaints Dr. Lam Siu Ping	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Updates on P&O Services & Community Resource: Podiatrist Mr. Denis Wong & Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, TYH	Video Review : Consultation Skills with LAP Dr. Ko Wai Kit	Ms. Elaine Cheung Tel: 2589 2479
22 January 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Updates on P&O Services & Community Resource: Podiatrist Mr. Denis Wong & Dr. Cheuk Hiu Ying	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Complaints Generated by Other Health Care Professional in Family Medicine Dr. Ho Tsz Bun & Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	The Use of Oral Anti-Coagulant for Stroke Prevention in Atrial Fibrillation Part 1 Dr. Wu Kwok Keung	Ms. Kwong Tel: 2595 6941
28 January 15 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Management of Abnormal Lab Result in Family Medicine Practice Part 1 Dr. Lui Wai Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Patient Education and Empowerment Dr. Lee Wing Mei Dickinson, Dr. Pun Yat Hei	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, TYH	Common Symptom Complaints – Cough Dr. Chan Shuk Wun	Ms. Elaine Cheung Tel: 2589 2479
29 January 15 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Drug Induced Lithium Toxicity & Case Presentation (patient with Psychiatric / Psychological Condition) Dr. Tsang Lo Wah & Dr. Mok Ka Yee	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Geriatric Problems : Instability and Fall Dr. Sung Cheuk Chung & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Latest Vaccination Update Dr. Ng Wai Tong	Ms. Crystal Law Tel: 2632 3480
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	The Use of Oral Anti-Coagulant for Stroke Prevention in Atrial Fibrillation Part 2 Dr. Lo Siu Bong	Ms. Kwong Tel: 2595 6941

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Wishing you all

*Merry Christmas &
Happy New Year*

The FP Links Committee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Dec 1:00 – 4:30 p.m. ARC 2014	15	16	17 2:15 – 7:15 p.m. Structured Education Programme 7:00 p.m. p.m. 3 rd HKPCC 2015 Meeting	18 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	19 1:00 – 3:30 p.m. CME Lecture	20 2:00 – 4:00 p.m. EBM Workshop
21	22	23	24	25	26	27
28	29	30	31 2:15 – 7:15 p.m. Structured Education Programme 1:00 – 3:30 p.m. CME Lecture	1 Jan 2:15 – 7:00 p.m. Structured Education Programme	2 7:00 p.m. CA Subcom Meeting	3 1:00 – 4:00 p.m. Interest Group in Dermatology
4	5	6	7 2:15 – 7:15 p.m. Structured Education Programme	8 2:15 – 7:00 p.m. Structured Education Programme	9	10 2:30 – 5:00 p.m. DFM Critical Appraisal
11	12	13	14 2:15 – 7:15 p.m. Structured Education Programme	15 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	16	17 2:30 – 4:30 p.m. CA Standardization Workshop (Wong Chuk Hang) PA Introductory Workshop (Wanchai)
18	19	20	21 2:15 – 7:15 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. 219 th Board of Conjoint Examination Meeting	23	24 2:30 – 5:00 p.m. DFM Evidence-based Medicine
25	26 1:00 – 3:30 p.m. CME Lecture	27	28	29	30 2:30 – 3:30 p.m. Video Session	31

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Green : Community & Structured Education Programmes
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