

Message from the President

2014 marks the beginning of a new CME/CPD triennium cycle

The Quality Assurance Programme of our College is open to all registered doctors in Hong Kong. All fellows and members of the HKCFP (except student & affiliate members) are automatically registered with the programme at the beginning of each year. Accreditation will be recorded throughout the years in the form of "credit points". At the end of the three-year cycle, a Certificate of Quality Assurance will be awarded to those who have satisfied the requirements.

The requirements for the award of the QA Certificate are 90 credit points within the three-year cycle, combining the credit points from both the CPD and CME activities. Of the 90 credit points, at least 30 credit points must be obtained from CPD activities. A maximum of 45 credit points within the three-year cycle can be counted for each type of educational activities. Participants must participate in a minimum of 3 different types of activities.

Please safe keep your QA certificate, as it is an important document. An administrative fee as determined by the College Council would be charged for any application for replacement. The charge in year 2014 is HK\$500 per year.

For those preparing for their Conjoint FHKCFP/RACGP Examination in the coming few years, please also note the present annual requirements as set out in the Memorandum and Articles of our College for election to Fellowship to avoid future disappointment.

To apply for fellowship of Hong Kong Academy of Medicine (HKAM) in Family Medicine, other addition criteria laid down by HKAM need to be fulfilled.

The Royal Australian College of General Practitioners (RACGP) now requires one CPR activity in a Quality Improvement and Continuing Professional Development (QI&CPD) triennium. Also, applicants for reciprocal QA arrangement with RACGP should be aware of this requirement.

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links

ISSUE 121
March 2014

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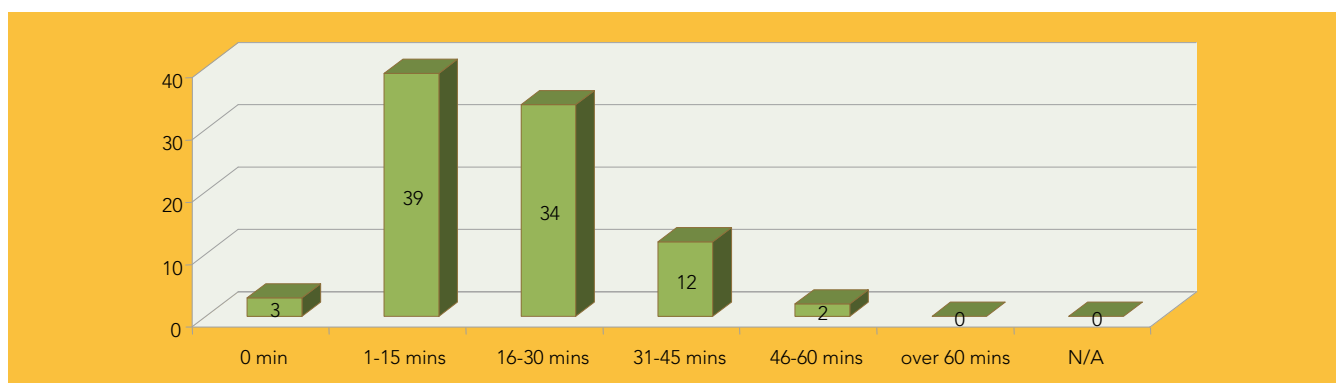
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RESULTS OF READERS' SURVEY

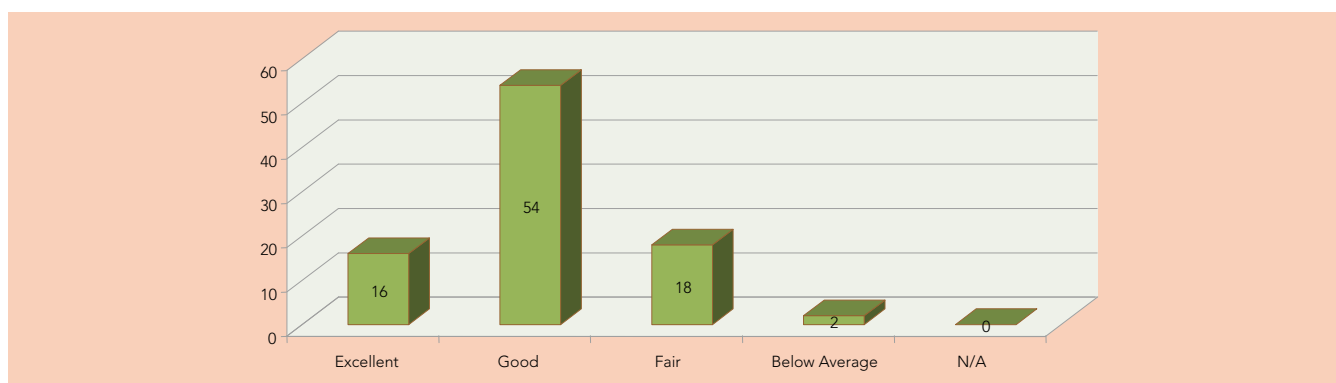
Results of Readers' Survey 2013 (FP Links)

The survey was conducted in March and August 2013. 90 completed questionnaires were returned. The results are summarized and presented as below.

1. Time normally spent on each issue of FP Links

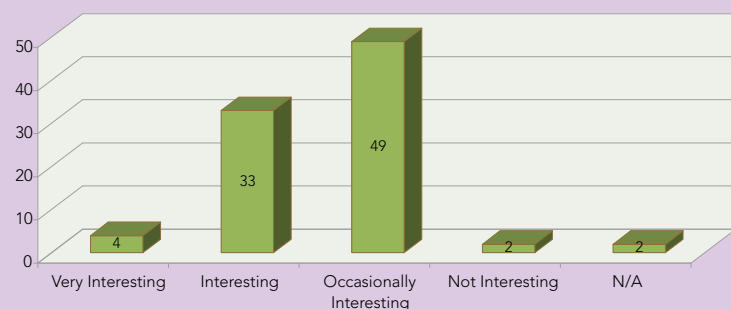


2. Rate FP Links as a newsletter of the College



3. Rate the following columns in FP Links

MESSAGE FROM THE PRESIDENT



COLLEGE NEWS

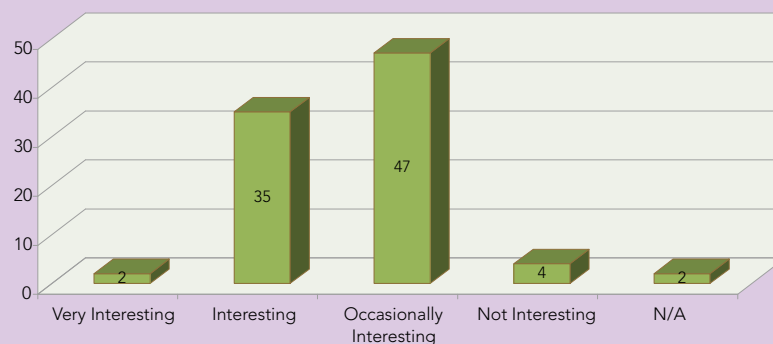
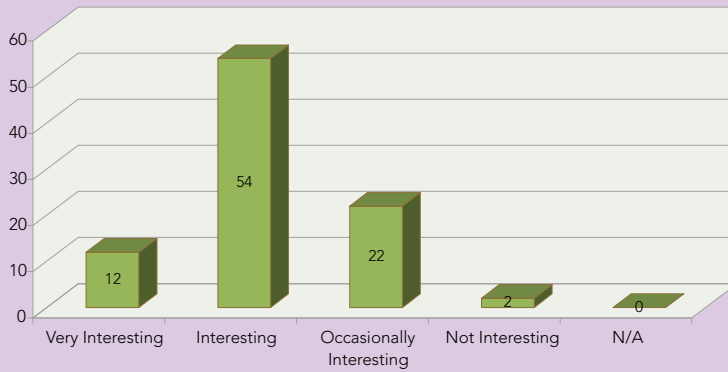
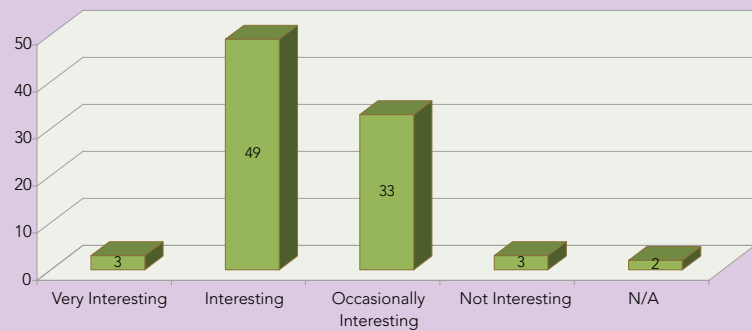


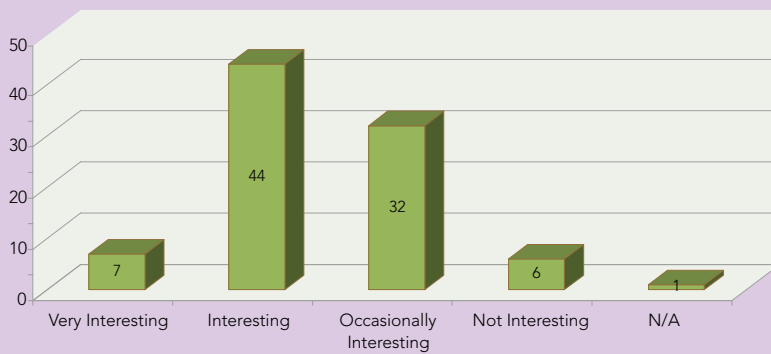
PHOTO GALLERY



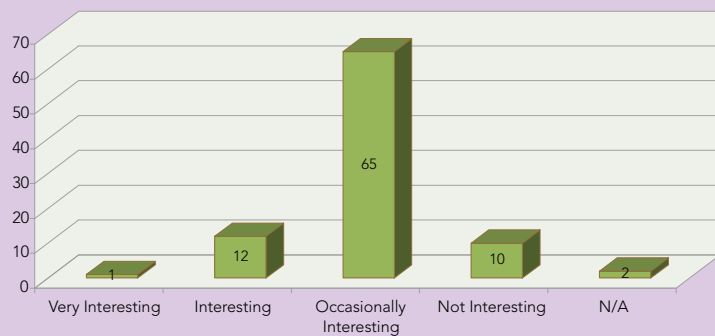
TRAINEE COLUMN



FEATURE



INTRODUCTION OF BOARDS AND COMMITTEES

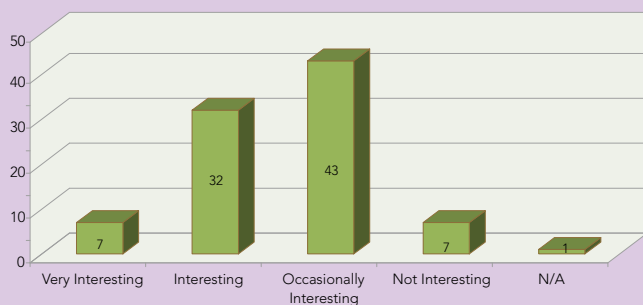


NEWS CORNER

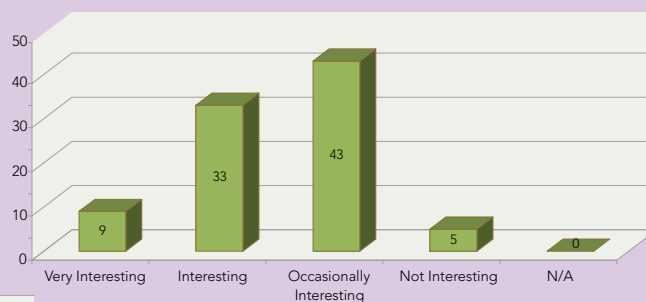


RESULTS OF READERS' SURVEY

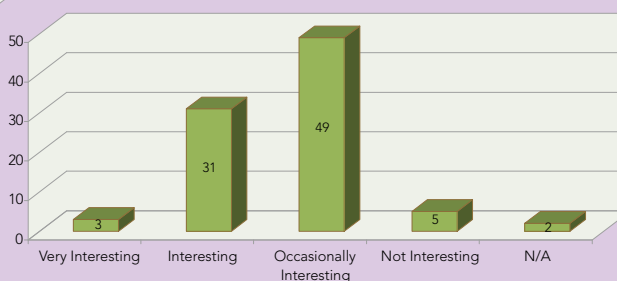
OASIS



AFTER HOURS



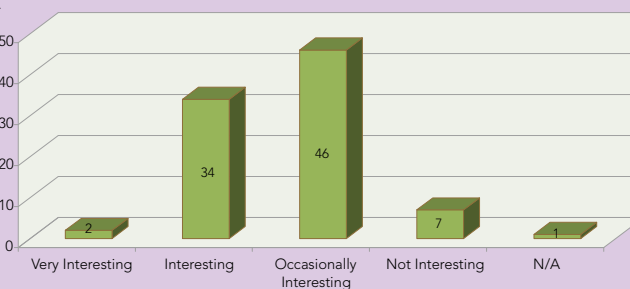
WONCA EXPRESS



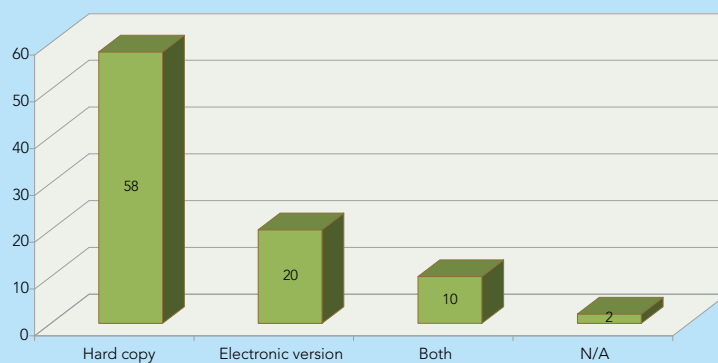
LEARNING POINTS FROM BOARD OF EDUCATION



BOARD OF EDUCATION NEWS

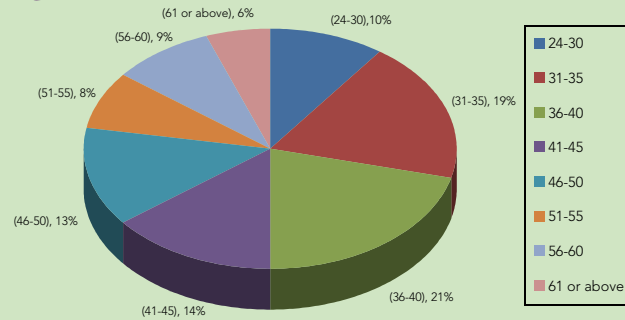


4. Preference in reading the FP Links if the electronic version is available

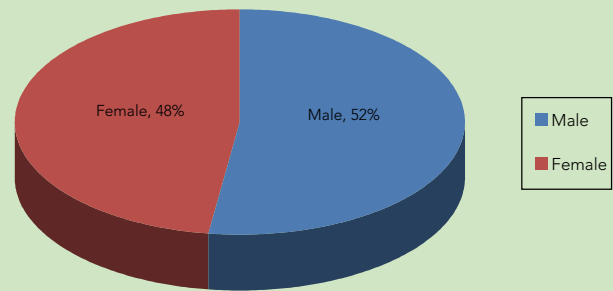


5. Demographic characteristics of Readers:

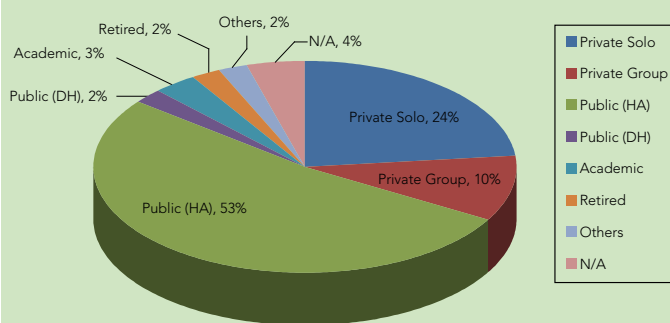
AGE



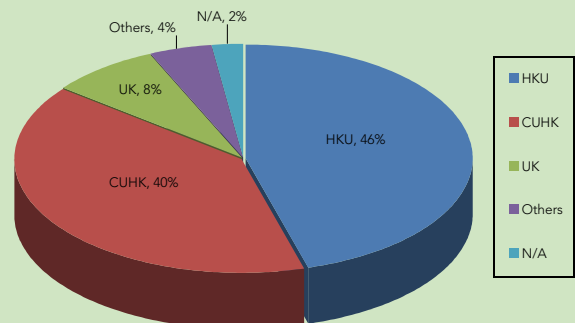
SEX



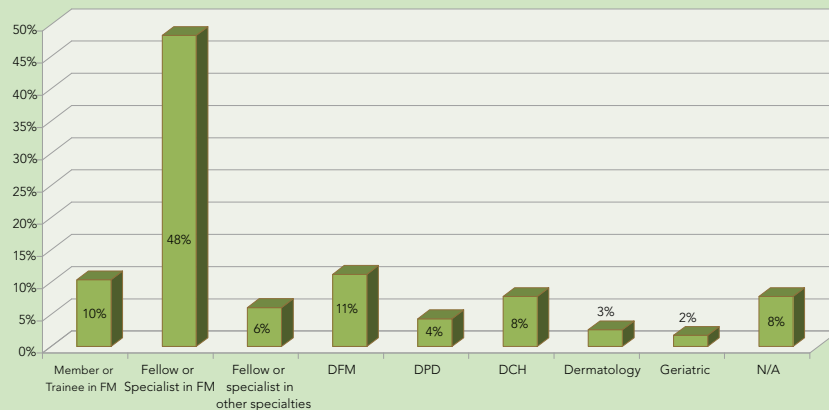
TYPE OF PRACTICE



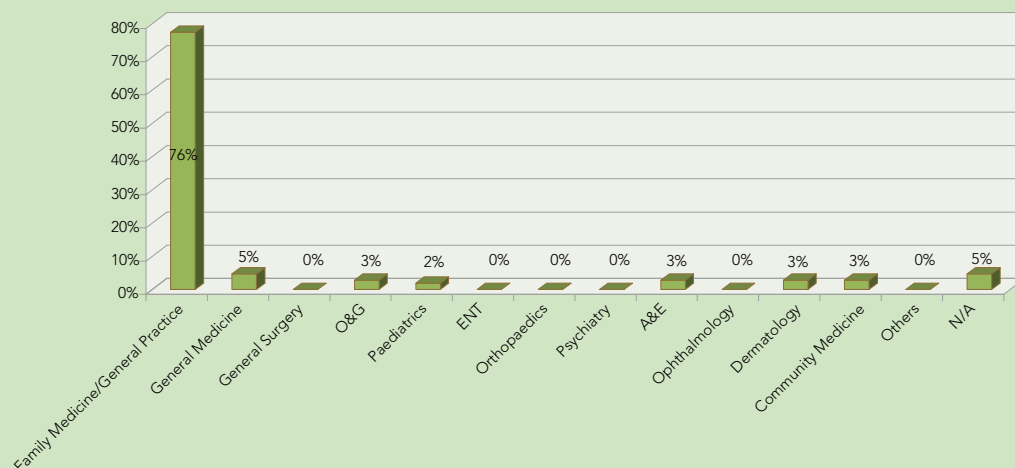
NAME OF INSTITUTION FOR BASIC MEDICAL QUALIFICATION



POST-GRADUATE QUALIFICATION



SPECIALTY



Internal Affairs Committee News

The 27th Fellowship Conferment Ceremony and the 25th Dr. Sun Yat Sen Oration

Dear Colleagues,

The College is holding "The 27th Fellowship Conferment Ceremony and the 25th Dr. Sun Yat Sen Oration" on **8th June 2014 (Sunday)** at the Hong Kong Academy of Medicine Jockey Club Building.

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Professor John C. Y. Leong, Chairman of the Hospital Authority**, would deliver the 25th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

- Events : (i) **The 27th Fellowship Conferment Ceremony**
(ii) **The 25th Dr. Sun Yat Sen Oration by Professor John C.Y. Leong**
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 8th June 2014 (Sunday)
- Time : 4:00 p.m. – Reception with **light refreshment**
5:00 p.m. – Ceremony
- Remarks : 1 CME (Category 4.3)
This activity is free of charge to our College Fellows, members and their spouses.
*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO
Chairman, Internal Affairs Committee

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th March 2014 to 14th April 2014, Dr. David Chao and I will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. David Chao



Dr. Tony Lee

Membership Committee News

The Membership Committee approved, on recommendation of the Chairman of the Membership Committee, the following applications for membership in **February 2014** :

From Associate Membership to Fellowship

Dr. Au Tai Kwan, Eva
Dr. Chan Ching
Dr. Chen Xiaogun
Dr. Cheng Kwan Chui
Dr. Cheung Ching Lo, Julie
Dr. Cheung Wen Ling
Dr. Chou Chun Wing, Stephen
Dr. Chung Wing Yee
Dr. Fong Ting
Dr. Fu Siu Saap, Michelle
Dr. Ho Chin Chiu
Dr. Ho Chung Yu
Dr. Ho Ka Kei, Edward

區大鈞
陳靜
陳曉群
鄭群翠
張晶璐
張蘊齡
周俊永
鍾穎宜
方婷
符小颯
何展超
何宗儒
何家驥

Dr. Ho Ka Ying
Dr. Ho Shu Wan
Dr. Ho Tsz Bun
Dr. Kum Chung Hang
Dr. Lai Sum Yin
Dr. Lee Hung Fai
Dr. Lee Kam Pui
Dr. Leung Yuen Kin, Kenneth
Dr. Wu Wai
Dr. Yio Shing
Dr. Yip Wing Ki

何嘉凝
何書韻
何子斌
甘仲恒
黎心妍
李熊輝
李錦培
梁沅鍵
胡暉
尤誠基
葉榮基

Student Membership (New Application)

Mr. Chan Ki Chun, Enoch

陳祈進

Diploma in Family Medicine (HKCFP) First Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2014.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners.
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine.
- To improve standards and quality in the practice of Family Medicine.

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine.
- Knowledge and skills in consultation, counselling and problem solving.
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice.
- Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community.

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc.

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>4 compulsory and 2 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

July to September 2014	Module I
November 2014 to January 2015	Module II
July 2014 to May 2015	Module III, IV & V
May 2015	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$30,000 for members of HKCFP

HK\$60,000 for non-members

(A discount of HK\$5,000 for early birds who apply on/before May 16, 2014)

Individual Module:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,000	\$8,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,000	\$8,000
Module III (Structured Lectures & Seminars)	\$3,000	\$6,000
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$5,000	\$10,000
Examination	\$9,000	\$18,000
Administration Fee	\$4,000	\$8,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$30,000 (or HK\$60,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2013 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2528 6618 for any queries.

11. Application Deadline: June 20, 2014

Comments From Former DFM Graduates

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge. Module I, II & III could improve my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) First Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in July 2014.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of THREE compulsory segments. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation
- Knowledge and skills in some common practice procedures required in family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2014	Segment I & II
1-day workshop in October 2014	Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows and Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$9,000 for members of HKCFP

HK\$18,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$9,000 (or HK\$18,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>).

Please contact the College secretariat, Mr. John Lee at 2528 6618 for any queries.

10. Application Deadline: June 20, 2014

Dr. Au Chi Lap
Chairman, The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.

TWENTY- EIGHTH CONJOINT HKCFP/RACGP Fellowship Examination THIRD (FINAL) Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-eighth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2014.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2014/2015 before 31 July 2014. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit for the Written Examination, where both segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit for the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit for the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2014, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2014, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit for the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2014.

Category II candidates may opt to sit for the Written Examination only at the first and subsequent application.

Enquiries about eligibility to sit for the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Key Feature Problems (KFP), and,
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

***Note:** Regarding the CPR certificate issued by the HKCFP, the CPR workshop & examination for 2014 will be held on 22 - 23 March 2014. Details regarding the workshop / examination can be referred to the News of Board of Education (on page 21). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2014.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2017).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, www.hkcfp.org.hk. Please note that the deadline for application is **15 April 2014**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

- | | |
|--|--|
| - Full Examination (Written + Clinical) | \$26,000 |
| - Written Examination | \$7,500 plus Administrative Fee \$8,400 |
| - First attempt on Clinical Examination | \$10,100 |
| - Subsequent attempt on Clinical Examination | \$10,100 plus Administrative Fee \$8,400 |

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and fails the **Written Examination, the fee (\$10,100) paid for the Clinical Examination will be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$17,600 (for the whole examination), \$7,500 (for the written examination) or \$10,100 (for the clinical examination). The administration fee of \$8,400 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

(7) IMPORTANT DATES

- | | |
|----------------------------|--|
| • 15 April 2014 (Tuesday) | Closing Date for Applications |
| • 24 August 2014 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 31 August 2014 (Sunday) | Conjoint Examination – Written Examination (MCQ) |
| • 26 October 2014 (Sunday) | Conjoint Examination - OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associate Membership of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the website of both Colleges (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Medical Jargons - "To Use, Or Not To Use: Is That The Question?"

Dr John-Hugh Tam, Specialist in Family Medicine

Department of Family Medicine & Primary Health Care, Kowloon West Cluster, Hospital Authority

As the majority of us in Hong Kong aren't native English speakers, it is not uncommon for some of us to struggle when English speaking patients are encountered during our daily consultations, with one of the pitfalls being the use of English medical jargons during doctor-patient communication.

I presume this can be due to various reasons, the commonest of which being we getting "too used to" these highly-technical English medical terms (jargons) since our days in medical schools and subsequently at work when communicating with our workmates in wards, clinics or during medical case conferences. As a result, we unintentionally tend to forget the need to "simplify" these medical jargons back to "plain vocabularies" when we are communicating with our English speaking patients, who are familiar with the language itself but still have no idea what we are talking about. This can lead to confusions and misunderstandings created between us doctors and our patients. For some of us attempting professional exams (e.g. our conjoint fellowship examination), this may also leave observing examiners bad impressions for us "not behaving sensitive enough" and as a result our performance may be marked down.

As responsible doctors, we are often reminded to try our best to communicate with our patients in an appropriate & patient-friendly manner. This doesn't mean we have to entirely eliminate or replace these terms, but we should ensure ourselves to define it to the extent that our patients can understand. As a summary, here are a few tips that I can think of and would like to share with you:

1. **To "technically check on each body function and symptom" vs. "listen to our patients' personal experience":** Being locals Hong Kong, when we speak in Cantonese, it would sound rather "technical" and "awkward" if we ask our patients 「請問你有無病癥? 排尿有無異常?」; instead, we shall instinctively ask 「你有無唔舒服? 小便有問題嗎?」 as we subconsciously focus on our patients' feelings and regard our patients as human individuals but not "machinery with dysfunctions". Similarly in English we would tend not to overcomplicate these body functions as we "pass water" or "urinate" instead of "micturate", whilst we "breathe" instead of "respire" and "chew" instead of "masticate". This makes the difference for us to describe the patient's experience in a colloquial and humanistic manner instead of looking at a scientific body function. When we take a comprehensive pain history, the terms "onset", "radiation", "aggravating factor", "relieving factor", etc. may also sound too technical and we should rephrase it to "Does your pain spread to other body regions?" when pain radiation of pain is enquired.
2. **"Anatomy" vs. "parts of body":** This is the point that commonly confuses doctors and our patients. In medical records, doctors commonly document body parts in a precise, anatomical fashion, for

example, we see "limbs", "abdomen", "umbilicus" & "trachea". However, these terms may appear foreign and awkward to our patients (as a lot of them may not make reasonable sense with terms such as "abdomen" besides having the vocabulary seen in science textbooks and encyclopedias showing insects with "head, thorax & abdomen", etc.). Hence to keep things simple, try again to put things into common terms such as "arms and legs" (for limbs), "tummy" (for abdomen), "belly button" (for umbilicus) & "windpipe" (for trachea). Just remember the children's song "head, shoulders, knees and toes" and usually this would be the level of vocabularies that the general public could easily understand and visualise themselves with. Furthermore, the use of the terms "anterior" and "posterior" for locations is not recommended as simply saying front and back will do; and by any chance, if you encounter patients still having problems with these simple words, then by all means try the old trick of pointing at your equivalent body parts or use scribbled drawings when talking to your patients - this should help.

3. **To "just name a diagnosis" vs. "explain what exactly it is":** Think like your ordinary patients and put yourself in their shoes. When you are suffering from a medical condition, you will be eager to know what exactly it is. Besides just giving them the grand looking & daunting disease labels such as "dyslipidaemia", "hypertension", "plantar fasciitis" & "de quervain's disease" etc., do also spend a bit of time to remark what it exactly means in plain language, for example, "hypertension" being "high blood pressure" and "plantar fasciitis" being "inflammation of your heel pad tissue". Notwithstanding this, don't forget the same rules of simple English when explaining your treatment plans to your patients. Sometimes you may be surprised to know how people might take things wrongly without these explanation, leading to subsequent non-compliance and delay in seeking appropriate treatment and medical advice.

And last, but not least, don't forget to regularly check patients' understanding, and be prepared to repeat if necessary. It works wonders.

References:

- 1) Barry D. Weiss, MD. "Health literacy and patient safety: Help patient understand - Manual for clinicians", Available online from American Medical Association (<http://www.ama-assn.org/resources/doc/ama-foundation/healthlitclinicians.pdf>)
- 2) Jackson LD. Information complexity and medical communication: the effects of technical language and amount of information in a medical message. *Health Commun.* 1992;4:197-210.
- 3) Martin LR, Williams SL, Haskard KB, Dimatteo MR. "The challenge of patient adherence." *Ther Clin Risk Manag.* 2005 Sep;1(3):189-99.

Recommendations for Management of Hypertension by JNC8

Below is a shortened version of the recommendations from the *2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults* Report from the Panel Members Appointed to the Eighth Joint National Committee (JNC 8):

Recommendations for Management of Hypertension

Recommendation 1

In the general population aged ≥ 60 years, initiate pharmacologic treatment to lower BP at SBP ≥ 150 mmHg or DBP ≥ 90 mmHg and treat to a goal SBP < 150 mmHg and goal DBP < 90 mmHg. (Strong Recommendation – Grade A)

Corollary Recommendation

In the general population aged ≥ 60 years, if pharmacologic treatment for high BP results in lower achieved SBP (e.g. < 140 mm Hg) and treatment is well tolerated and without adverse effects on health or quality of life, treatment does not need to be adjusted. (Expert Opinion – Grade E)

Recommendation 2

In the general population < 60 years, initiate pharmacologic treatment to lower BP at DBP ≥ 90 mm Hg and treat to a goal DBP < 90 mm Hg. (For ages 30-59 years, Strong Recommendation – Grade A; For ages 18-29 years, Expert Opinion – Grade E)

Recommendation 3

In the general population < 60 years, initiate pharmacologic treatment to lower BP at SBP ≥ 140 mm Hg and treat to a goal SBP < 140 mm Hg. (Expert Opinion – Grade E)

Recommendation 4

In the population aged ≥ 18 years with chronic kidney disease (CKD), initiate pharmacologic treatment to lower BP at SBP ≥ 140 mm Hg or DBP ≥ 90 mm Hg and treat to goal SBP < 140 mm Hg and goal DBP < 90 mm Hg. (Expert Opinion – Grade E)

Recommendation 5

In the population aged ≥ 18 years with diabetes, initiate pharmacologic treatment to lower BP at SBP ≥ 140 mm Hg or DBP ≥ 90 mm Hg and treat to a goal SBP < 140 mm Hg and goal DBP < 90 mm Hg. (Expert Opinion – Grade E)

Recommendation 6

In the general nonblack population, including those with diabetes, initial antihypertensive treatment should include a thiazide-type diuretic, calcium channel blocker (CCB), angiotensin-converting enzyme inhibitor (ACEI), or angiotensin receptor blocker (ARB). (Moderate Recommendation – Grade B)

Recommendation 7

In the general black population, including those with diabetes, initial antihypertensive treatment should include a thiazide-type diuretic or CCB. (For general black population: Moderate Recommendation – Grade B; for black patients with diabetes: Weak Recommendation – Grade C)

Recommendation 8

In the population aged ≥ 18 years with CKD, initial (or add-on) antihypertensive treatment should include an ACEI or ARB to improve kidney outcomes. This applies to all CKD patients with hypertension regardless of race or diabetes status. (Moderate Recommendation – Grade B)

Recommendation 9

The main objective of hypertension treatment is to attain and maintain goal BP. If goal BP is not reached within a month of treatment, increase the dose of the initial drug or add a second drug from one of the classes in recommendation 6 (thiazide-type diuretic, CCB, ACEI, or ARB). The clinician should continue to assess BP and adjust the treatment regimen until goal BP is reached. If goal BP cannot be reached with 2 drugs, add and titrate a third drug from the list provided. Do not use an ACEI and an ARB together in the same patient. If goal BP cannot be reached using only the drugs in recommendation 6 because of contraindications or the need to use more than 3 drugs to reach goal BP, antihypertensive drugs from other classes can be used. Referral to a hypertension specialist may be indicated for patients in whom goal BP cannot be attained using the above strategy or for the management of complicated patients for whom additional clinical consultation is needed. (Expert Opinion – Grade E)

Compiled by Dr. Fok Peter Anthony

HKCFP Research Fellowship 2014

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellows, Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- Training potential of applicants;
- Relevance to Family Medicine and community health;
- Quality;
- Value for money;
- Completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618 Fax: 2866 0616.
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **March 31, 2014**. Late applications will not be accepted.
4. Applications can be either sent:
by post to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or,
by email to johnlee@hkcfp.org.hk

The HKCFP Award for the Best Research of 2013

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2013. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2014.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well designed is the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

DEADLINE OF SUBMISSION: 31 March, 2014

Organizer



Co-organizer



www.nbmedical.com

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Education Committee (EC), Hong Kong Academy of Medicine (AM)

Terms of Reference

1. To co-ordinate and monitor the programmes of postgraduate education and training and continuing medical education of the Colleges to ensure that they are of the standard set by the Academy.
2. To ensure the proper organisation and conduct of examinations; and
3. To advise the Council on education and training policy of the Academy, and on any other matters concerning postgraduate education and training and continuing medical education.

Chairman of EC is the Vice-President (Education & Examinations) of AM. Currently, Prof Lau Chak Sing holds the chairmanship. Members include representatives from all 15 AM Colleges, who are usually the Vice President or Chairman of Education Committee of individual Colleges. Other members include representatives nominated by the Medical Council of Hong Kong, the Dental Council of Hong Kong, the Chief Executive of the Hospital Authority, the Director of Health, the Dean of the Faculty of Medicine of the University of Hong Kong and the Dean of the Faculty of Medicine of the Chinese University of Hong Kong. The strong line up indicates the importance of EC under the AM Council.

CME/CPD

The Academy implemented its mandatory CME for Fellows since 1996. The 7th cycle started on 1st January 2014. A revised set of CME/CPD Guidelines is now effective for this cycle (2014-2016). Under the revised guidelines, Fellows are strongly recommended to maintain a balanced CME/CPD profile in order to capture the full benefit of different types of activities. Meanwhile, Colleges may recommend their Fellows to include 5 points in a cycle from Quality Assurance and Audits in their CME/CPD activities.

Fellows obtaining less than 2/3 of the required points will initiate the removal process of their Fellowship. Fellows obtaining more than 2/3 of the required points but fall short of the 90 CME/CPD points will fall within the remediable category and they must complete their remedial within 12 months to avoid the removal process and the follow on instigation of removal from Specialist Registration by the Medical Council. Please note Specialist Registration is an active process and is not a permanent title.

Training programmes, training units, intermediate and exit examinations

All Colleges have to update EC regarding any alternation to their vocational training programmes or guidelines. Accreditation of training units and changes to their intermediate or exit examinations have to be approved by EC.

Application for Certification for Specialist Registration

A candidate who had overseas postgraduate training and examination can apply for Certification of Specialist Registration provided that he/ she possesses the qualifications and training comparable to that required of a Fellow in the specialty applied for; and that they had fulfilled the CME/CPD requirements for the application. Prof William Wong is the only candidate of our College who obtains his Specialist status through this route.

New Subspecialty

Over the past 2 years, 3 new subspecialties namely Pain Medicine (College of Anaesthesiologists), Developmental-Behavioural Paediatrics and Paediatric Neurology (College of Paediatrics) had gone through the vigorous process of vetting by EC. Their submission had fulfilled the definition and criteria for recognition of a new subspecialty according to the AM guidelines. AM had written to the Medical Council requesting their addition as new subspecialties to the Specialist Registration.

Temporary Medical Registration

Application for support for Temporary Medical Registration for Clinical Teaching or Research in a Private Hospital by overseas doctors have to be submitted by the relevant College and endorsed by EC.

Other exciting projects by EC: Nomenclatures of Procedures and Operations promulgated by Academy Colleges and agreed on common Chinese translation as requested by the Medical Council. The purpose is to ensure common term will be used by all doctors in order to avoid misleading information and confusion to the public. A Working Group on Genetic and Genomics will meet shortly to discuss the training required of AM Fellows in this important field. Credentialing and Defining the Scope of Clinical Practice is a red hot topic. AM has a statutory role to set standard and wider consultation among different concerned parties are needed and EC will continue its discussion.

The job of EC is just never ending.....

Interest Group in Dermatology - The 39th Meeting on 4 January 2014

Dr. Tse Kwok Lam - College Member

Theme : Dr., Is this a Sexual Transmitted Disease?

Speaker : Dr. LEE Tze Yuen
Specialist in Dermatology and Venereology

Moderator : Dr. Mary B. L. KWONG
Chairlady, Board of Education

Learning points

Dr. Lee held this interactive meeting by showing clinical slides followed by case history and key questions.

The first important point to emphasize was that lesions developed after sexual intercourse may not always be sexually transmitted diseases (STD). The first case was a worrying young man with penile ulcers. His medical history revealed that he had washed his genitalia vigorously with various 'antiseptics'. Therefore such extensive lesions would be more compatible with chemical-induced penile ulcers. Treatments are topical steroid, oral antihistamines and soothing agents. Screening tests for common STDs e.g. VDRL, HIV antibody, urine for gonorrhea and chlamydia DNA should always be done enough though they may not be the culprit.

The second message was that some lesions could be normal. They were brought to doctors' attention simply because anxious patients 'search for abnormality' after venereal exposure. Pearly penile papules of penis, angiokeratoma of scrotum, epidermoid cysts are all common non-STDs.

Three STDs were discussed. Condylomata lata is a form of secondary syphilis. Clinical features are well-demarcated papules, 1-2mm in size, pinkish or skin-coloured, flat-topped, found at warm, moist parts of vulva and perianal area. They are usually associated with other features of secondary syphilis e.g. mucous patches at oral cavity, and papular lesions at trunk and limbs. VDRL is usually positive, so is smear from lesions for *Treponema pallidum*. Pubic lice infestation presents with pruritus pubis or dark-red spots on underwear. The lice or their eggs may be found. Molluscum contagiosum can be found on children's face and neck. It is considered STD in adults. They are flesh/ pink-coloured papules with central depression at genitalia or lower abdomen.

Multiple painful vesicles and blisters make herpes likely but herpes simplex 2 is a STD while herpes zoster is not. Swab for HSV DNA can clarify the diagnosis. If only a few blisters/ single bulla develop at genitalia,

look for erythematous macules/patches/plaques at other body parts and ask drug history. Lesions of fixed drug eruption appear shortly after drug intake and always occur at the same site. Common causative agents in Hong Kong are tetracyclines, septrin and NSAIDs. Treatments include potassium permanganate soak and topical steroid but lesions take four weeks to recover.

Fungal infection is easily confused with chronic dermatitis at groin and genital area. Rashes of fungal infection usually have active, well-defined borders while those of chronic dermatitis are ill-defined with lichenification and marked excoriation.

Premalignant lesions must always be born in mind. Bowenoid papulosis are multiple, slightly raised pigmented or reddish-brown papules or plaques that look similar to warts. Any lesions not responsive to treatment should be biopsied.

The meeting ended after Q&A sessions and all audience enjoyed this fruitful learning experience.

Next meeting

The next meeting will be on Saturday 3rd May 2014. The guest speaker is Dr. Luk Chi Kong, Specialist in Paediatrics. He will speak to us on The Management of Melanonychia.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (yvonne.lam@hkcfp.org.hk) 2 weeks before the date of presentation.



Dr. Mary B. L. Kwong & Dr. Lee Tse Yuen

Written Enhancement Training 2014

Organizer	:	Written Enhancement Training Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Kwong Bi Lok, Mary; Dr. Chan Chi Wai, Edmond & Dr. Lee Kar Yun, Peter
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To enhance the clinical knowledge and problem solving skills through different workshops. 2. To improve the preparation skills for written examination. 3. To provide opportunity for inter-professional communication and social network expansion through self help groups. 4. To improve time management through simulated practice workshop.
Venue	:	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai

Written Enhancement Training 2014

Date	Topic	Speaker	Moderator
13 April 2014 (Sun) 2:30 – 4:30 p.m.	Introduction on MCQ and Key Features with Sample Practice Questions	Dr. Leung To Fung & Dr. Tam John Hugh	Dr. Lai Sheung Siu

Accreditation	:	Up to 2 CME points (Category 4.3)						
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms Rosina Chan, at 2528 6618 for details. Successful applications will be informed later.						
Course Fee	:	<table> <tr> <td>Members</td><td>:</td><td>HK\$ 500</td></tr> <tr> <td>Non-Member</td><td>:</td><td>HK\$ 900</td></tr> </table> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All fees received are non-refundable and non-transferable.</p>	Members	:	HK\$ 500	Non-Member	:	HK\$ 900
Members	:	HK\$ 500						
Non-Member	:	HK\$ 900						
Capacity	:	30 doctors maximum						
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.						

*** Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Rosina Chan at 2528 6618. ***

REPLY SLIP

To: HKCFP, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

I am a ***Member / Non-member** of The Hong Kong College of family Physicians. **(*Please delete as appropriate)**

I would like to attend "Written Enhancement Training Course 2014".

Name: _____ Tel: _____ Date: _____

Email: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2014

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2014
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course)</p> <p>HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2528 6618 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC.

Assessment Enhancement Course 2014 Timetable for Workshop

Date	Topics	Venue
12 Apr 2014 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
24 May 2014 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
21 Jun 2014 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
26 Jul 2014 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
23 Aug 2014 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
4 Oct 2014 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

CPR Training and Examination Workshop 2014

Only 2 CPR Training and Examination Workshops will be held in 2014 (22, 23 February and 22, 23 March).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2014 Conjoint Examination and who do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2014 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

22 – 23 March 2014 Saturday and Sunday

CPR Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$600.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with expired CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$200.00
Members with valid AHA Certificates (Require to sit for Examination Only)	HK\$200.00
Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years, also accredited by RCHK. Please contact Ms. Windy Lau at 2528 6618 for registration on/ before **21 March 2014**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint examination application deadline: 15 April 2014

* **REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

4 April 2014 Friday

New Clinical Guidelines and the Implications for Pharmacological Treatment

Dr. George Bakris

*Professor of Medicine and Director of the Hypertensive Diseases Unit
Department of Medicine
University of Chicago
Pritzker School of Medicine*

Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	6:30 p.m. – 7:00 p.m.	Registration
	7:00 p.m. - 8:00 p.m.	Lecture and Discussion
	8:00 p.m. - 9:30 p.m.	Dinner
Venue	Ching and Ming Rooms, 4/F Sheraton Hotel, 20 Nathan Road, Tsimshatsui, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	1 CME points HKCFP (Cat. 4.3) 1 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

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26 April 2014 Saturday

Board of Education Interest Group in Counseling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	Play Therapy	
Speaker	Ms. Stella Choy Speech Therapist, Play Therapist and Psychological Counsellor of STPlay Counselling Centre	
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	2:30 p.m. – 4:00 p.m.	Theme Presentation
	4:00 p.m. – 4:30 p.m.	Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

29 April 2014 Tuesday

New Era for Lipid Management - from Guideline to Clinical Practice

Prof. Ray Kausik

*Professor, Cardiovascular Disease Prevention
Honorary Consultant Cardiologist
St George's Hospital, NHS Trust*

Chairman	Dr. Tsui Hing Sing, Robert The Hong Kong College of Family Physicians		
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch	
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion	
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon		

Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

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Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

March's session:

Date	28 March 2014 (Friday)		
Time	2:30 p.m. - 3:30 p.m.		
Topic	Management of Hypertension – Dr. Leung Wai Suen, Albert		
Admission	Free for Members		
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		

April's session:

Date	25 April 2014 (Friday)		
Time	2:30 p.m. - 3:30 p.m.		
Topic	Update on Eczema – Dr. Chan Shu Yu		
Admission	Free for Members		
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
12 April 2014 2:15 – 3:45 p.m.	Lecture Theatre, G/F, Block P, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Common Ear Infections and Hearing Loss Dr. Wendy KWAN Man Yee (AC, ENT, UCH)	Ms. Irene Got Tel: 2527 8285
12 April 2014 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Update in Primary Care Paediatrics Dr. Ko Po Wan OLMH, SMO (Paeds)	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 April 14 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Updated Medical Treatment for Anxiety Disorders and Depression Dr. Lui Wai Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Conference Room, 1/F, Block F, United Christian Hospital	Case Presentation (On Cardiac Symptoms) Dr. Lam Wing Sze and Dr. Zhu Guixia	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	TOP and Abortion Dr. Maggie Cheng	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Screening for the Elderly Dr. Lam Wing Yi	Ms. Crystal Law Tel: 2632 3480

3 April 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Primary and Secondary Prevention of Hip Fractures in the Community Dr. Albert YC Hsu	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Syncope Dr. Yu Pui Hang and Dr. Chan Chi Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Overseas Health Care System – Australia Dr. Timothy Fung	Ms. Kwong Tel: 2595 6941

9 April 14 (Wed)

2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Travel Medicine Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Meeting Room 1, 1/F, Block F, United Christian Hospital	Case Presentation (On Difficult Patient Management) Dr. Ho Pui Gi and Dr. Leung Ching Ching	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Fever – Adults, Children Dr. TT Kam	Ms. Man Chan Tel: 2589 2337

10 April 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Case Presentation (On Difficult Patient Management) Dr. Mok Ka Yee and Dr. Wong Hong Kiu, Queenie	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Application of FM Principles in Paediatric Care Dr. Tang Hoi Yan and Dr. Kwan Shu To	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Palpitation Dr. Yan Ka Shing	Ms. Kwong Tel: 2595 6941

16 April 14 (Wed)

2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Approach to Patient Complaint of Vaginal Discharge Dr. Lam Siu Ping	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Meeting Room 2, 1/F, Block F, United Christian Hospital	Common Symptoms in Surgery Part II (Breast Lump, Gastrointestinal Bleeding) Dr. Yuen Ching Yi and Dr. Ching Hin Nga, Rosemary	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Clinical Audit and Quality Assurance Dr. Stephen Chou	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Infertility Dr. Wong Hiu Lap	Ms. Crystal Law Tel: 2632 3480

17 April 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Common Symptoms in Surgery Part II (Breast Lump, Gastrointestinal Bleeding) Dr. So Tsang Yim and Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Difficult Consultations: Handling Patients with Multiple Sites of Pain Dr. Yim Chi Ling and Dr. Sze Siu Lam	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Medical Equipment in Clinic Dr. Choi Man Kei, Ivan	Ms. Kwong Tel: 2595 6941

23 April 14 (Wed)

2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Integrated Family Service Centres Dr. Lui Wai Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Meeting Room 1, 1/F, Block F, United Christian Hospital	Health Care Delivery System in Hong Kong Dr. Ying Gard Ching, Derek and Dr. Leung Ching Ching	Ms. Cordy Wong Tel: 3513 3087

24 April 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Health Care Delivery System in Hong Kong Dr. Kwok Yee Ming, Elaine and Dr. Lee Wing Mei, Dickinson	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Manage of CMD in primary Healthcare Setting: IMHP Case Sharing by Yan Oi GOPC Dr. Cheung Sze Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Emergency Care in Family Medicine, Emergency Outside Clinic Dr. Fok Chun Man, Alan	Ms. Kwong Tel: 2595 6941

30 April 14 (Wed)

2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Prosthetics and Orthotics Dr. So Mei Kuen	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Meeting Room 2, 1/F, Block F, United Christian Hospital	Update on the Management of Gout and Osteoarthritis Dr. Pun Yat Hei and Dr. Lee Tin Wai, Edna	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Common Poisoning and Corresponding Management in Hong Kong Dr. Yau Po Ki	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Introduction to Rehabilitation Society Dr. Wong Hiu Lap	Ms. Crystal Law Tel: 2632 3480

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Mar	17 6:30 p.m. HKPC Meeting	18 7:00 p.m. DFM Examination Subcommittee Meeting	19 2:15 – 7:15 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 1:00 – 3:30 p.m. CME Lecture 9:00 p.m. Council Meeting	21	22 2:00 – 6:00 p.m. CPR Workshop
23 2:00 – 6:00 p.m. CPR Examination	24	25	26 2:15 – 7:30 p.m. Structured Education Programme 8:00 p.m. Specialty Board Meeting	27 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	28 1:00 – 3:30 p.m. CME Lecture 2:30 – 3:30 p.m. Board of Education – Video Session	29
30 1:00 – 3:30 p.m. CME Lecture	31	1 Apr	2 2:15 – 7:30 p.m. Structured Education Programme	3 2:15 – 7:00 p.m. Structured Education Programme	4 7:00 – 9:30 p.m. CME Dinner Symposium	5
6	7	8	9 2:15 – 7:15 p.m. Structured Education Programme	10 2:15 – 7:00 p.m. Structured Education Programme	11	12 2:30 – 5:30 p.m. AEC 2014
13 2:30 – 4:30 p.m. Written Enhancement Training 2014	14	15	16 2:15 – 7:30 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	18	19
20	21	22	23 2:15 – 5:15 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	25 2:30 – 3:30 p.m. Board of Education – Video Session	26 2:30 – 4:30 p.m. Interest Group in Counselling 2:00 – 6:00 p.m. DFM Pre Examination Workshop
27	28	29 1:00 – 3:30 p.m. CME Lecture	30 2:15 – 7:30 p.m. Structured Education Programme	1 May	2	3

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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