

# Message from the President

## Family Medicine in China



Meeting with Ministry of Health Prof. Chen Zhu



Meeting with Ministry of Health Prof. Chen Zhu and delegates

On 31<sup>st</sup> August, 2012, our College was honoured to have Professor Chen Zhu 陳竺部長, Minister of Health 國家衛生部部長, and his delegates 國家衛生部港澳臺辦公室－王立基副主任, 國家衛生部疾病預防控制中心－孔靈芝副局長, 國家衛生部醫改辦資訊組組長、藥政司－姚建紅副司長, 國家衛生部港澳臺辦公室－李維處長, 國家衛生部辦公廳－李想秘書 together with Professor Donald Li, our Censor and President of WONCA Asia Pacific Region, and Dr. Amy Chiu, Head, Primary Care Office, visit our Wanchai office to discuss the development of primary care in China. The delegates were received by Dr. Stephen Foo, our Censor, Dr. Gene Tsoi, our Immediate Past President and Chairman, External Affairs Committee, Dr. Lau Ho Lim (General Affairs), our Vice President and me.

I would also like to take this opportunity to congratulate Professor Chen Zhu for receiving an award from the Federation of Dentists International for his outstanding achievements in promoting dental health.



Meeting with Deputy Director of the Department of Health of Guangdong Mr. Geng Qingshan and delegates



Just 10 days before this visit, on 21<sup>st</sup> August 2012, we were also visited by Guangdong Province Health Bureau led by 廣東省衛生廳－耿慶山副廳長 and his delegates 廣東省衛生廳政策法規處－張一愚處長, 廣東省衛生廳科教處－徐慶鋒處長, 廣東省衛生廳交流合作處－馮紹民處長, 廣東省衛生廳人事處－歐亦強副處長 and 廣東省衛生廳交流合作處副調研員－楊波 with a view to exploring the possibility of organizing training programmes in some selected cities in Guangdong. The delegates were received by Dr. Gene Tsoi, Dr. Angus Chan, our Vice-President (Education & Examinations), Dr. Billy Chiu, our Honorary Secretary and me.

Since 2010, Guangdong Province has started structured training programmes in General Practice. These include a five-year undergraduate education and three-year postgraduate training (5+3). Mr. Geng explained that the current health care reform policy in Mainland requires many qualified GPs to fulfill the needs of the community. They recognized that apart from developing the professional knowledge and skills, the self-recognition by the primary care doctors themselves and perception from the public are also crucial.

There is evidence that countries with more trained family doctors are more likely to have better health outcomes as well as lower costs and greater patient satisfaction. WHO has also stated that a healthcare system led by family physicians is the best way to improve public health. It is also the best way to ensure sustainable improvements in health outcomes, and the best guarantee that access to care will be fair. We are most delighted that our leaders share the same vision and feel most honored to be able to contribute to the development of Family Medicine in our country.

THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS



# Family Physicians Links

ISSUE 104  
October 2012

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## "Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15<sup>th</sup> October 2012 to 14<sup>th</sup> November 2012, Dr. Mark Chan and I will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee  
Co-ordinator, CMOD System



Dr. Mark Chan



Dr. Tony Lee

## Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **September 2012** :

### Associate Membership (New Applications)

Dr. CHAN Ka Ho	陳嘉豪
Dr. CHOI Bo Yue, Olivia	蔡寶瑜
Dr. LAI Yuet Ting	賴悅婷
Dr. LEE Chun Hui	李俊輝
Dr. LEUNG Ching Ching	梁晶晶
Dr. NGAN Hiu Ting	顏曉婷

Dr. TONG Ka Hung  
Dr. WONG Sze Kei

唐嘉鴻  
黃詩淇

### Affiliate Membership (New Applications)

Mr. TAM Chi Yin	譚志賢
Ms. TONG Yi	唐伊
Ms. TSO Pui Shan	涂珮珊

## 35<sup>th</sup> HKCFP Annual General Meeting

Date : 8<sup>th</sup> December 2012 (Saturday)  
Time : 18:00  
Venue : Lippo Chiuchow Restaurant  
Shop 4, Ground Floor, Lippo Centre, 89 Queensway, Hong Kong  
Admission : College Members only  
Details will be announced in due course.

## Classified Advertisements

### Positions Vacant

**Accredited Private FM Centre invites energetic Doctors** for expanding services (Tuen Mun / Kwai Fong). Basic / higher FM Trainee, A&E Officers welcomed. Basic + Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212 6654

**FT/PT/Locum Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in NTW / NTE / Kowloon. Flexible hours. Please e-mail resume with expected salary - **Ms. Law** : [hr@ucn.org.hk](mailto:hr@ucn.org.hk)

FM trainee vacancy at Ma On Shan. Musculoskeletal medicine training with excellent prospect. Flexible working hours, Basic salary plus bonus. Tel: 9016 2909 or email: [drandrewip@gmail.com](mailto:drandrewip@gmail.com)

## Finance Committee News

### *New Policy on Re-issuance of Duplicate Receipt*

Dear College Members,

In an attempt to be more environmentally friendly, the College is developing an online system to facilitate members in checking and downloading their own debit notes and official receipts.

Duplicate receipts will no longer be issued, and written certification of payment will only be made for the following segments upon request:

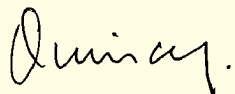
- (a) Conjoint Fellowship Examination Segments
- (b) Exit Fellowship Examination Segments
- (c) Diploma in Family Medicine Modules and Examination Segments
- (d) Annual Subscription of Vocational Training

Kindly note that an administration fee of HK\$300 per segment / item would be charged.

The above policy will be effective from November 2012 onwards. Members will be notified by email in due course.

For any questions, please contact College Secretariat Ms. Angel Cheung at 2528 6618 or email to [angel@hkcfp.org.hk](mailto:angel@hkcfp.org.hk).

Thank you for your support.



Dr. Yuen Shiu Man  
Honorary Treasurer

## Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Exit Examination of HKCFP in 2012.

Dr. Chan Ting Bong	Dr. Hong Tin Chak	Dr. Leung Pui Sha, Crystal	Dr. Tse Peggy
Dr. Cheng Ghar Yee, Judy	Dr. Hui King Wai	Dr. Leung Sze Wan, Selina	Dr. Wong Chung Tao
Dr. Cheuk Wing Ngar	Dr. Hui Lai Chi	Dr. Leung Wing Kit	Dr. Wong Fai Ying
Dr. Cheung Mei Yee	Dr. Ko Siu Hin	Dr. Lo Sze Mon	Dr. Wong Hei Man, Emily
Dr. Choi Yue Kwan	Dr. Kwan Shu To	Dr. Luk Man Hei, Matthew	Dr. Wong Sze Man, Loretta
Dr. Chow Kai Lim	Dr. Kwok Lai Ping, Steffi	Dr. Ng Cham Chi	Dr. Wong Wai Man
Dr. Chow Kam Fai	Dr. Kwok Yuk Lun	Dr. Ng Tze King, Peter	Dr. Wong Wing Sze
Dr. Chow Sheung Yan, Alex	Dr. Kwong Wing Hun	Dr. Ngan Ka Lai, Raymond	Dr. Wu Tsz Yuen
Dr. Chu Tsun Kit	Dr. Lee Chik Pui	Dr. Siu Pui Yi	Dr. Yau Chi Hong
Dr. Chu Wai Ting, Becky	Dr. Lee Hoi Ying	Dr. So Ching Yee, Gloria	Dr. Yau Lai Mo
Dr. Fan Wai Man, Anita	Dr. Lee Kit Yan	Dr. So Fong Tat	Dr. Yeung Chi Keung
Dr. Fung Siu Cheung, Colman	Dr. Lee Sik Kwan	Dr. Sy Wing Man	Dr. Yip Chun Kong
Dr. Ho Mo Sze, Ellen	Dr. Lee Wing Yi	Dr. Tam John Hugh	Dr. Young Sui Wah

Congratulations to you all!

Dr. Tsui Wing Sze, Wendy  
Chairlady  
Specialty Board



**Limited number of complimentary  
registrations left,  
please register now**

Dear Colleagues,

## **19th Hong Kong International Cancer Congress, 8 – 9 November, 2012** **Theme: Translating Innovative Research to Effective Treatment**

The Hong Kong International Cancer Congress provides an active forum in addressing issues related to cancer strategy, care and research. Every year, prominent clinicians, leading scientists and medical oncologists are invited to share their experience and expertise in the Congress. The emphasis this year is on highlighting the importance of translating research and practice derived knowledge into patient benefits.

**HKCFP** has invited three expert speakers to share their experience and skills in cancer management in a **Symposium** from **2:00 pm - 3:30 pm on 8th November 2012 (Thursday)** at the Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. The Symposium is entitled **"Cancer Management in the Community: From Screening to Care"**, which comprises:

- A. "Cancer Screening and Current Referral Pathways for Patients with Suspected Cancer in the UK"  
Professor Rodger CHARLTON, Sub-Dean Community Based Learning and Education Research,  
College of Medicine, Swansea University, United Kingdom
- B. "Care of Cancer Patients in the Community: a Family Physician's Perspective"  
Professor Cynthia CHAN, Honorary Clinical Assistant Professor, Department of Family Practice,  
University of British Columbia, Canada
- C. "Practical Challenges in Ambulatory Palliative Care Services"  
Dr. Po-tin LAM, Division Head, Palliative Care Division, Department of Medicine and Geriatrics,  
United Christian Hospital, Hong Kong

You are cordially invited to join the Symposium and the forthcoming Congress. We are most grateful for the organizers who have kindly provided a **limited number of complimentary registrations** for our College Fellows and Members and these places are available on a first-come first-served basis. Please contact the College secretariat Ms. Windy Lau ([windy@hkcfp.org.hk](mailto:windy@hkcfp.org.hk)) or Mr. Richard Li ([richard@hkcfp.org.hk](mailto:richard@hkcfp.org.hk)) at your earliest convenience (by 31st October 2012) for reservations. The programme at a glance (as of 9th July 2012) is also printed in the following page for your quick reference. For more information on HKICC, please visit the website: [www.hkicc.org](http://www.hkicc.org).

Look forward to seeing you soon!

With Best Wishes,

Dr. David V. K. Chao

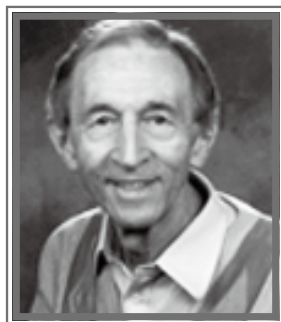
HKCFP Representative, 19th Hong Kong International Cancer Congress

# 19<sup>th</sup> Hong Kong International Cancer Congress (8 - 9 November 2012)

## Programme at a Glance

Thursday, 8 November 2012			
8:30 am	Registration		
9:15 am		PYK Auditorium	
9:30 am		PYK Auditorium	
10:30 am	Coffee Break		
11:00 am	SYM	<p><b>HKICC Lecture</b> <b>The Role of EBV Infection in Cancer: From Cause to Cure</b> Lawrence S YOUNG, University of Birmingham, UK</p>	
12:30 pm	Lunch Break - Young Investigator Awards Competition		
2:00 pm	SYM	<p><b>YIA - Biomedicine</b></p> <p><b>Cancer Management in the Community : From Screening to Care</b> Patients with Suspected Cancer in the UK Rodger CHARLTON, Swansea University, UK Care of Cancer Patients in the Community: A Family Physician's Perspective Cynthia SY CHAN University of British Columbia, Canada Practical Challenges in Ambulatory Palliative Care Services Po-Tin LAM, United Christian Hospital, HK</p>	<p><b>YIA - Psychosocial Oncology</b></p> <p><b>Psychosocial Oncology (HKCF)</b></p>
3:30 pm	Coffee Break		
4:00 pm	SYM	<p><b>Advances in NPC Treatment</b> Recent Advances in Radiotherapy for Nasopharyngeal Carcinoma Roger KC NGAN, Queen Elizabeth Hospital, HK Advances in Nasopharyngeal Carcinoma by Chemotherapy and Targeted Therapy Jonathan ST SHAM, The University of Hong Kong Advances in the Treatment of Nasopharyngeal Carcinoma by Surgery Jimmy YW CHAN, The University of Hong Kong</p>	<p><b>Psychosocial Oncology (HKCF)</b></p>
5:30 pm			

Friday, 9 November 2012			
8:30 am	Registration		
9:15 am		PYK Auditorium	
9:30 am	SAL	<p><b>Award Presentation Ceremony</b></p> <p><b>CCR Lecture</b> <b>Origin of Cancer</b> Eric J STANBRIDGE, University of California, USA</p>	PYK Auditorium
10:30 am	Coffee Break		
11:00 am	Ed. SYM	<p><b>New Concepts in Cancer Biology</b> Cancer Cell Invasion in Complex Environments Erik SAHAL, London Research Institute, UK Microenvironments as a Determining Factor in Cancer Progression: Role of TGF-beta/Smad3 Hui-Yao LAN, The Chinese University of Hong Kong</p>	<p><b>Psychosocial Oncology (SPHC)</b> <b>'Healthy' Dying: How can We Improve Decision-making towards the End of Life?</b> Michael ASHBY, University of Tasmania, Australia</p>
12:30 pm	Lunch Break		
2:00 pm	SAL	<p><b>Gynaecological Cancer</b></p>	Function Rm
2:30 pm	SYM	<p><b>Gynaecological Cancer</b></p>	<p><b>Psychosocial Oncology (SPHC)</b> <b>Ethics and Clinical Decision-making as Death Approaches</b> Michael ASHBY, University of Tasmania, Australia</p>
3:30 pm	Coffee Break		
4:00 pm	SYM	<p><b>Latest Innovation in Medical Oncology</b></p>	<p><b>Affordability of Personalized Cancer Care Is Cancer Care &amp; Research Becoming a Luxury Good? Affording Cancer in the 21<sup>st</sup> Century</b> Richard SULLIVAN, King's College London, UK</p>
5:30 pm			



**Dr. Ian McWhinney**  
**1926 - 2012**

We are saddened by the passing of Dr. Ian McWhinney, Renwick on 28, September, 2012 at the age of 85 as acknowledged by the College of Family Physicians of Canada (CFPC).

Born in 1926 in Burnley, England, Dr. McWhinney received his medical training at Cambridge. He started his career in General Practice in Stratford-upon-Avon and emigrated to Ontario in 1968. He became the first Chair of Family Medicine in Canada at the University of Western Ontario. With his diligent efforts to transform Family Medicine, he has successfully turned this discipline from an unacknowledged subject into a well-established academic discipline with postgraduate training and undergraduate programmes.

Owing to his substantial contribution to the field of Family Medicine, Dr. McWhinney was bestowed Fellow of the College of Family Physicians of Canada in 1981 and Life Membership in 1996. He received the CFPC's Family Medicine Researcher of the Year Award, and was also well known as "the Father of Family Medicine". His revolutionary work has inspired many family physicians to participate in teaching and supervising younger generations of medical doctors. His unfailing efforts on behalf of Family Medicine and improved patient care resulted in many honours and awards, including induction into the Canadian Medical Hall of Fame and the Order of Canada.

The "Ian McWhinney Family Medicine Education Award" was established by the CFPC. It is a major award in his honour to recognize outstanding Family Medicine teachers in Canada. The award continues to be presented annually to a family physician who made innovative and significant contributions to Family Medicine education.

His passion to contribute to the field of Family Medicine is always tireless, ranging from his great achievements in nurturing the younger generation to his brilliant academic influence worldwide.

His family members would like to thank all those who brought comfort and accompaniment to Dr. McWhinney's last years and days, including the staff of Highview Residences in London and the staff of Palisades Care Home in Saskatoon and the Orthopedics Trauma Unit at Royal University Hospital. His family's gratitude also goes to Dr. Joanne Hammond and Dr. Steven Goluboff, as well as to friends, Sandi, Eric, Tom, Joe, Brian, Penny, Kim, Vicki, Rhonda, Mel, Donna, Christina, Leslie, Fay and many others.

Dr. McWhinney is survived by his daughters Heather and Julie and their husbands, Michael and Paul, and his grandchildren Leah, Max, and Claire.

## Updated Abstracts on Asthma

In Hong Kong, the total number of asthmatics is approximately 400,000, half of whom should be treated with some forms of controller therapy. Every year in Hong Kong, more than 20,000 patients are admitted to hospitals with asthmatic exacerbations, the direct cost of which exceeds 650 million dollars. About 80 patients die from asthma every year.<sup>1,2,3</sup>

As there is currently no curative treatment for asthma, the priority is (1) to ensure that effective and affordable asthma treatment is available, and (2) that proven asthma management strategies are applied to those who are vulnerable. Let's have a look at more recent articles concerning asthma treatment in of the past few months:

### Inhaled Glucocorticoid Therapy for Childhood Asthma Reduces Adult Height

An RCT involving 943 asthmatic patients found that budesonide therapy reduced adult height when given to prepubertal children with asthma. Mean adult height was 1.2 cm lower in those who used budesonide during childhood. The authors advised that parents should be informed of this effect so they can weigh the risks and benefits of inhaled glucocorticoids.<sup>4</sup>

### LABA Step-off Regimen Increases Asthma Impairment in Patients with Controlled Asthma

According to a meta-analysis involving patients aged 15 or older who are taking both a long-acting  $\beta_2$ -agonist (LABA) and inhaled steroid for mild-to-moderate asthma, patients who discontinue LABA after achieving asthma control on combination therapy face increased asthma-related impairment. Those who stop treatment have fewer symptom-free days, lower scores on questionnaires assessing quality of life and overall asthma control.<sup>5</sup>

### Physician- vs. Biomarker- vs. Symptom-based Strategies for Asthma Management in Adults

According to a multicenter RCT of 342 adults with mild-to-moderate asthma controlled by low-dose inhaled corticosteroid therapy, the use of either biomarker-based (based on exhaled nitric oxide) or symptom-based adjustment of inhaled corticosteroids is not superior to physician assessment-based strategy in preventing treatment failure in adults with mild-to-moderate asthma. Researchers also observed that a symptom-based approach may be appropriate in mild-to-moderate asthma.<sup>6</sup>

### Use of Tiotropium in Severe Asthma Patients with Standard Combination Therapy

According to 2 RCTs involving 912 adult patients with poorly controlled asthma despite the use of inhaled glucocorticoids and long-acting beta-agonists (LABAs), the addition of tiotropium significantly increases the time to the first severe exacerbation and provides modest sustained bronchodilation. An editorialist cautions against extending this finding to all asthmatics and points out that tiotropium might contribute to risk for death from cardiovascular causes.<sup>7</sup>

#### References

1. Ko FW, Lai CK, Woo J, et al. 12-Year change in prevalence of respiratory symptoms in elderly Chinese living in Hong Kong. *Respir Med* 2006;100:1598-1607.
2. Ko FW, Tam W, Wong TW, et al. Effects of air pollution on asthma hospitalization rates in different age groups in Hong Kong. *Clin Exp Allergy* 2007;37:1312-1319.
3. Death statistics—by sex and age, causes of death in 3-digit codes of the international classification of diseases (from 2001 onwards) instant query. HK Department of Health website: [http://www.health.gov.hk/phsweb/enquiry/mo\\_ysa10\\_indiv\\_e.html](http://www.health.gov.hk/phsweb/enquiry/mo_ysa10_indiv_e.html). Accessed 28 Feb 2010.
4. Kelly HW, Sternberg AL, Lescher R, Fuhlbrigge AL, Williams P, Zeiger RS, et al; CAMP Research Group. Effect of inhaled glucocorticoids in childhood on adult height. *N Engl J Med*. 2012 Sep 6;367(10):904-12.
5. Brozek JL, Kraft M, Krishnan JA, et al. Long-Acting  $\beta_2$ -Agonist Step-off in Patients With Controlled Asthma: Systematic Review With Meta-analysis. *Arch Intern Med*. 2012 Aug 27;111.
6. Calhoun WJ, Ameredes BT, King TS, et al; Asthma Clinical Research Network of the National Heart, Lung, and Blood Institute. Comparison of physician-, biomarker-, and symptom-based strategies for adjustment of inhaled corticosteroid therapy in adults with asthma: the BASALT randomized controlled trial. *JAMA*. 2012 Sep 12;308(10):987-997.
7. Kerstjens HAM, Engel M, Dahl R, et al. Tiotropium in Asthma Poorly Controlled with Standard Combination Therapy. *N Engl J Med*. 2012 Sep 2.

Compiled by Dr. Sze Hon Ho



## Experience Sharing After Studying of Postgraduate Diploma of Epidemiology and Biostatistics (CUHK)

Dr. Luk Man Hei, Matthew

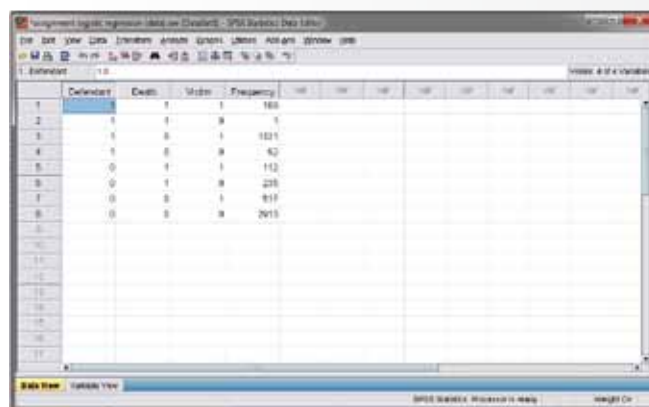
Higher Trainee, Department of Family Medicine and Primary Health Care, Kowloon East Cluster

P-value, confidence intervals, Fisher's exact test, ANOVA, logistic regression, etc are statistical terms that frequently appear in medical articles but are ones that were never fully understood by me before I started my higher training. Previously if one talked about biostatistics, my impression of it was quite negative. I always thought it was a complex subject and full of jargon. It also seemed that my previous undergraduate curriculum did not cover much in this aspect. Therefore in the past when I was reading medical journals, inevitably I sometimes needed to skip the statistical analysis sections. To overcome this deficiency and in order to help myself learn more when reading medical journals, I decided to take the Postgraduate Diploma Course of Epidemiology and Biostatistics organized by the Chinese University of Hong Kong at the start of my higher training.

The diploma course itself was well organized. The whole course lasts for 10 months starting from September each year and is divided into 3 semesters. Each lecture is taught in English and lasts around 3 hours. For some topics, there are tutorials and computer laboratory sessions to further consolidate what have been taught during the lectures. For each week, there is usually one epidemiology class and one biostatistics class. Hard copies of notes are distributed before each lecture and soft copies are available online. In addition, there were assignments, quizzes and examinations in each semester to assess students' knowledge and these also contributed to the final mark of that semester.

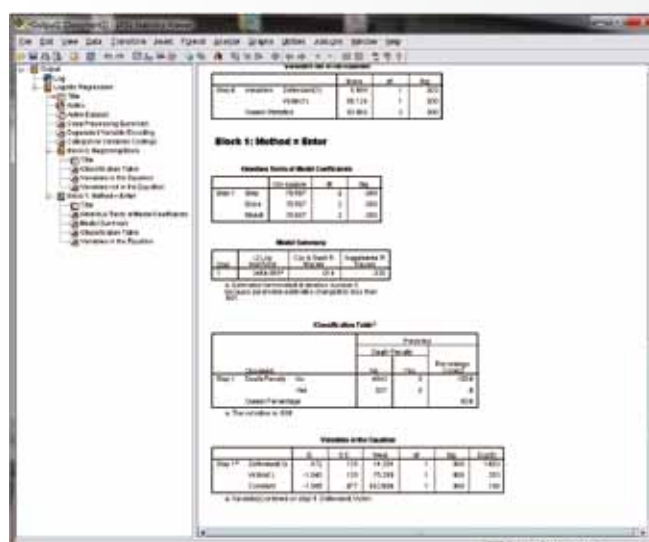
The 1<sup>st</sup> semester of the course was an introduction and touched on the core topics of epidemiology and biostatistics. Besides those students studying the Diploma or Master of Epidemiology and Biostatistics, there were students from other courses like Master of Public Health. For the 2<sup>nd</sup> and 3<sup>rd</sup> semesters, there were more in-depth discussions about some of the epidemiology and biostatistics topics. For instance, the elementary concept of logistic regression was covered in the 1<sup>st</sup> semester. This core knowledge is sufficient for students to have a brief idea when reading journals with logistic regression as statistical analysis. If students however wished to perform

logistic regression in their research, they needed to acquire the further knowledge covered in the 2<sup>nd</sup> semester. This knowledge included a more in-depth discussion about the variables in regression models, using SPSS to run a logistic regression model and checking the fitness of these models (which is called regression diagnostics).



Defendant	Death	Victim	Frequency
1	1	1	160
2	1	0	1
3	1	0	1021
4	1	0	42
5	1	1	112
6	0	0	228
7	0	0	818
8	0	0	2015

Assignment from the course



**Block 1: Method in Block**

Model	Chi-Square	df	Sig.
1. (Constant)	1.800	1	.179
2. (Constant)	15.129	1	.000
3. (Constant)	31.895	1	.000

**Model Summary**

Model	Chi-Square	df	Sig.
1. (Constant)	1.800	1	.179
2. (Constant)	15.129	1	.000
3. (Constant)	31.895	1	.000

**Classification Table**

	Actual	Expected	Frequency
1	160	160	160
2	1	1	1
3	1021	1021	1021
4	42	42	42
5	112	112	112
6	228	228	228
7	818	818	818
8	2015	2015	2015

**Variables in the Equation**

Model	Chi-Square	df	Sig.
1. (Constant)	1.800	1	.179
2. (Constant)	15.129	1	.000
3. (Constant)	31.895	1	.000

Students should be able to perform some common statistical analysis using SPSS after completing the course

Students were also required to write a research proposal as the final assignment. In order to write the research protocol well, students needed to use the knowledge and skills which had been learned from both the epidemiology and biostatistics lectures. One of the professors was assigned to be the mentor of each student and would give the student ideas and support starting from topic selection to finalising



the research proposal. The whole task was mostly an individual project, but there were sharing sessions so that students could present their projects and exchange their thoughts with professors and other classmates. I do believe these sessions were valuable, as the students often had many ideas but would later find these to be impractical and faulty after discussing them with the professors. For those students studying the Master of Epidemiology and Biostatistics, they needed to conduct the whole study in second year in addition to writing the research protocol.

Before studying the course, I was worried about whether the course required students to have good knowledge of mathematics before enrolling. Though I had studied pure mathematics when I was at high school, frankly speaking I had forgotten most of it. The course fortunately emphasized on the applied aspect of biostatistics. There were times when mathematical formulas appeared in some of the slides, however they were usually not the key points that I needed to learn. It was still an advantage if one had some mathematical knowledge, but it was probably not necessary to grab your old pure mathematics textbook and to study calculus before applying for the course.

One strong point about the course was its emphasis on clearing up students' concepts. These concepts (for example, p-value and sampling distribution) were often difficult to understand if just learned by reading textbooks. Thanks to the lecturers and tutors, they were good at simplifying these concepts through interactive discussions. These allowed the students to learn more effectively and to understand the concepts more easily.

After studying this postgraduate diploma course, I became more confident and had acquired more knowledge to carry out some simple research and

to perform some common statistical analysis using computer packages like SPSS. The course enabled me to make decisions on what statistical tests should be used for my research. It also allowed me to have a better background knowledge on epidemiology and biostatistics so that I could critically appraise the articles when I was reading medical periodicals. As the field of Family Medicine is expanding and new research is appearing at an exponential rate, acquiring these skills is crucial to help me differentiate good quality journals from the substandard ones, and to explore any knowledge gap in my field by conducting further studies.

One unexpected gain from the course was that the atmosphere of the class reminded me about my secondary school moments. For readers who also studied pure mathematics at high school, I believe you would know what I mean. When came across some difficult concepts during the lectures, many of the classmates kept discussing with each other in their groups, sketching drafts at the space in their notes and sharing their views. Some students just stared at the computer screen, crossed their arms and kept thinking and thinking. These scenes reminded me the moments of attending my pure mathematics class ten years ago, when the classmates all concentrated to think of the questions in the blackboard. "Mathematics trains a person the way of thinking to achieve a solution." The favorite slogan of my secondary school mathematics teacher rang in my ears again.

Studying the Postgraduate Diploma of Epidemiology and Biostatistics was a fruitful and enjoyable experience for me. For readers who are thinking of applying for the course, know that the course requires the input of your effort, but at the same time be reassured your efforts will be worthwhile.

# THE HISTORY OF PIPA



**Dr. Dana Lo** FHKAM(FM)

Medical Officer, University Health Service, The Polytechnic University

琵琶名字的由來，源於「推手為批，引手為把」，是描述兩種彈奏手法所發出的狀音字，至今已經有二千多年的歷史。琵琶於唐代非常盛行，當時上至宮廷樂隊，下至民間演唱都少不了琵琶，這種盛況在中國古代詩詞中有大量的記載。例如白居易在他的著名詩篇《琵琶行》中非常形象地對琵琶演奏及其音響效果如此描述：「大弦嘈嘈如急雨，小弦切切如私語。嘈嘈切切錯雜彈，大珠小珠落玉盤」。

琵琶古曲是結合無數代琵琶演奏家的才華和經驗而傳承下來的，是中華文化無價的珍寶，分為文曲及武曲。著名的文曲包括《春江花月夜》及《塞上曲》等，以收放自如的「吟、揉、推、拉」等技巧，描寫江山如畫或淒美哀怨的心情等；而武曲的代表作包括《十面埋伏》及《霸王卸甲》，兩首樂曲均以章回小說般敘述公元前202年楚漢相爭的最後一仗〈垓下決戰〉的情境，以變化多端的「掃、拂、抹、勾」和「絞弦」等技法，

表現出萬馬奔騰及殺聲震天的戰鬥場面。至於近代創作方面，也出現了不少膾炙人口及富有地方色彩的作品，例如《彝族舞曲》、《天山之春》及《趕花會》等，而《草原小姊妹》更是一首與交響樂團合作的著名琵琶協奏曲。

各位讀者，如果將來有機會欣賞琵琶演奏，不妨首先分別樂曲是文曲、武曲，還是現代創作的樂曲，宜先了解樂曲的背景，再細心從聽覺、視覺和心靈上感受一下樂曲的旋律、節拍、層次、指法特色、演奏風格及演奏家的功力，因為樂曲的每一顆音符也是作曲家和演奏家分別花了很多努力去創作和演繹的。一首有深度的作品，足以扣動台下觀眾心弦。大家不妨從繁重的工作中騰出一點時間和心情，嘗試從診症室走進音樂廳，感受一下這個文化共融的音樂世界。

羅思敏醫生  
寫於二零一二年四月二十八日，  
台灣琵琶學藝之旅



這是我的琵琶「清風」，是一個來自上海的紅木琵琶。由於已經跟著我接近二十年，聲音開始沙啞老化，已不能再跟我上舞台演出。但我與「清風」感情最長久，是我平日在家中練基本功的首選。



- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## 32<sup>nd</sup> Annual Refresher Course 2012

### \*\*\* 2<sup>nd</sup> Announcement \*\*\*

The 32<sup>nd</sup> Annual Refresher Course (ARC) will be held from November 25, 2012 to December 16, 2012. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms **within 2 weeks** of the completion of the Refresher Course (**latest by December 31, 2012**). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational programme to be held continuously for a quarter of a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance.

Registration is now open and must be made before 19<sup>th</sup> November 2012. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Mr. Marco Cheng at 2861 0220 before 19<sup>th</sup> November 2012.

Registration form could be found on Page 15.

### Luncheon Lectures

Date	November 27 (Tue)
Topic	<u>Pain</u> Management of Low Back Pain
Speaker	Dr. Wong Ho Shan
Moderator	Dr. Au-Yeung Shiu Hing
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>
Date	November 29 (Thur)
Topic	<u>Diabetes Management</u> Practical Approach to Type 2 DM Management Challenge for 2012
Speaker	Dr. Chan Wing Bun
Moderator	Dr. Lee Wan Tsi, Francis
Sponsor	<i>Takeda Pharmaceuticals (Hong Kong) Ltd.</i>
Date	December 4 (Tue)
Topic	<u>Cardiovascular</u> Optimal CV Risk Management in the 21 <sup>st</sup> Century
Speaker	Dr. Leung Tat Chi, Godwin
Moderator	Dr. Tong Siu Man
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 6 (Thur)
Topic	<u>Cardiovascular</u> The Novel Treatment of Atrial Fibrillation
Speaker	Dr. Lee Lai Fun, Kathy
Moderator	Dr. Tsui Hing Sing
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>
Date	December 11 (Tue)
Topic	<u>Stroke Prevention</u> New Era of Anticoagulants: Practical Guidance and New Approaches in Stroke Prevention in Atrial Fibrillation
Speaker	Prof. Tse Hung Fat
Moderator	Dr. Chan Chung Yuk, Alvin
Sponsor	<i>Boehringer Ingelheim Hong Kong Ltd.</i>
Venue	: Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon
Time	: 1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:30 p.m. Lecture 3:30 p.m. – 3:45 p.m. Discussion

### Sunday Workshops

Date	November 25 (Sun)
Topics	<u>Paediatric and Vaccination Workshop</u> 1. Prevention of Common Diseases in Children - A New Perspective 2. The Effectiveness of Conjugate Vaccines in the Prevention of Pneumococcal Disease in Adults
Speakers	1. Dr. Chiu Cheung Shing, Daniel 2. Prof. Hung Fan Ngai, Ivan
Moderator	Dr. Lau Wai Yee, Aster
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>
Date	December 2 (Sun)
Topics	<u>Mental Health Workshop</u> 1. Updates on the Treatment of Anxiety Disorders and Psychosomatic Symptoms 2. Practical Tips for Treating Depression in the Community with Cases Illustration
Speakers	1. Dr. Ng Fung Shing 2. Dr. Lee Wing King
Moderator	Dr. Chan Yin Hang
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>
Date	December 9 (Sun)
Topics	<u>Osteoporosis &amp; Prostate Disease Workshop</u> 1. Practical Management Update in BPH 2. Update of Osteoporosis Management in Hong Kong
Speakers	1. Dr. Lee Chan Wing, Francis 2. Dr. Ip Tai Pang
Moderator	Dr. Chan Wing Yan
Sponsor	<i>GlaxoSmithKline Limited</i>



Date	December 16 (Sun)
Topics	<b>COPD and Nasal Allergy Workshop</b> 1. Update in GOLD Guideline & COPD Treatment 2. Allergic Rhinitis and its Comorbidities
Speakers	1. Dr. Chan Ka Wing, Joseph 2. Dr. Chow Chun Kuen
Moderator	Dr. Chan Chi Wai
Sponsor	<b>Takeda Pharmaceuticals (Hong Kong) Ltd.</b>

Venue : Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon

Time : 1:00 p.m. – 2:00 p.m. Buffet Lunch  
2:00 p.m. – 4:15 p.m. Lectures  
4:15 p.m. – 4:30 p.m. Discussion

## Registration Fees:

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

College Fellow, Full or Associate Members : HK\$900.00  
Other Categories of Members : HK\$1200.00  
Non-members : HK\$1800.00

Spot admission fee for each Luncheon Lecture or Workshop is:

College Fellow, Full or Associate Members : HK\$250.00  
Other Categories of Members : HK\$350.00  
Non-members : HK\$450.00

## FM Trainees Package:

Full Course : HK\$600.00  
Sunday Workshops : HK\$400.00 for 4 Workshops  
Luncheon lecture : HK\$150.00 each

Remarks: Topics may be subject to change.  
Lecture(s)/ Workshop(s) will be conducted in English.

## 3 November 2012 Saturday

### Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	<b>Skin Infection</b>
Speaker	Dr. Chan Shu Yu Specialist in Dermatology & Venereology
Co-ordinator	Dr. Wong Nai Ming The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b>

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by  
**Galderma Hong Kong Limited**

## 3 November 2012 Saturday

### Board of Diploma in Family Medicine Module III

Theme	<b>Introduction to Family Therapy</b>
Speaker	Dr. Chu Wai Sing, Daniel
Co-ordinator	Dr. Au-Yeung Shiu Hing The Hong Kong College of Family Physicians
Time	2:30 p.m. – 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	HKCFP Members HK\$ 200.00 Non-Members HK\$ 400.00 All fees received are non-refundable and non-transferable.
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

## 7 November 2012 Wednesday

### The Feasibility and Implications of the Proposed GMC Revalidation Process for GPs in the UK

**Prof. Rodger Charlton**  
Associate Clinical Professor,  
Nottingham University Medical School, UK  
Honorary Professor,  
College of Medicine, Swansea University, UK

Chairman	Dr David V. K. Chao The Hong Kong College of Family Physicians
Time	6:00 p.m. – 7:30 p.m. Lecture & Discussion
Venue	Lecture Theatre, Block F, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon
Admission Fee	Free for HKCFP Members and Fellows
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

## 8 November 2012 Thursday

### 19<sup>th</sup> Hong Kong International Cancer Congress (8-9 November, 2012)

#### Topics and Speakers of the HKCFP Symposium:

#### Cancer Management in the Community: From Screening to Care

#### 1. Cancer Screening and Current Referral Pathways for Patients with Suspected Cancer in the UK

**Prof. Rodger Charlton**  
Associate Clinical Professor,  
Nottingham University Medical School, UK  
Honorary Professor,  
College of Medicine, Swansea University, UK

#### 2. Care of Cancer Patients in the Community: A Family Physician's Perspective

**Dr. Cynthia S. Y. Chan**  
University of British Columbia, Canada

#### 3. Practical Challenges in Ambulatory Palliative Care Services

**Dr. Lam Po Tin**  
United Christian Hospital, Hong Kong

Co-organizer	The University of Hong Kong
Time	2:00 p.m. – 3:30 p.m.

Venue	Pao Yue Kong Auditorium, G/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road,
Website	For more details, please link to <a href="http://www.hkicc.org">http://www.hkicc.org</a>
Registration	<b>A limited number of complimentary registrations for our College Fellows and Members available on a first come first served basis. Please kindly refer to page 4 for details.</b>

## 10 November 2012 Saturday

### Board of Diploma in Family Medicine Module III

Theme	<b>Anticipatory Care</b>
Speaker	<b>Dr. Chao Vai Kiong, David</b>
Co-ordinator	<b>Dr. Au-Yeung Shiu Hing</b> The Hong Kong College of Family Physicians
Time	2:30 p.m. – 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	HKCFP Members HK\$ 200.00 Non-Members HK\$ 400.00  All fees received are non-refundable and non-transferable.
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

## 24 November 2012 Saturday

### Board of Diploma in Family Medicine Module V

Theme	<b>Musculoskeletal Workshop</b>
Speaker	<b>Mr. Li Siu Leung, Luck</b>
Co-ordinator	<b>Dr. Wong Pak Hoi</b> The Hong Kong College of Family Physicians
Time	2:30 p.m. – 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	HKCFP Members HK\$ 400.00 Non-Members HK\$ 800.00  All fees received are non-refundable and non-transferable.
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

### Upcoming Event by the Board of Education

#### Interest Group in Mental Health

Date: 1 December 2012 (Saturday)  
Topic: Mood Disorder in Diabetes  
Speaker: **Dr. Kan Chung Sing**

Kindly refer to the next issue of FP Links for details

## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### October's session:

Date	26 October 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>Myofascial Pain Syndrome (1) – Dr. Ngai Ho Yin, Allen</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

### November's session:

Date	30 November 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	<b>Myofascial Pain Syndrome (2) – Dr. Ngai Ho Yin, Allen</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>10 Nov 2012</b> 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Family Therapy</b> Dr. Lam Wing Wo Family Physician in Private Practice	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

## Structured Education Programmes

Free to members  
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>24 Oct 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Needle Stick Injury</b> Dr. Liu Chung Wo	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Clinical Audit</b> Dr. Lee Hung Fai & Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087

5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Management of Anxiety Problem in Primary Care – GAD, OCD, Phobia</b> Dr. Wong Hiu Lap	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Geriatrics (CGAT)</b> Dr. James Luk	Ms. Man Chan Tel: 2589 2337

## 25 Oct 12 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Clinical Audit</b> Dr. Ng Hoi Ling, Helen & Dr. Fan Wing Chi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Ethical Problems in Daily General Practice</b> Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Psychotherapy</b> Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

## 31 Oct 12 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Drug Formulary, Storage, Dispensary and Disposal of Clinic Medication</b> Dr. Mok Kwan Yeung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Case Presentation (Common Symptoms in Eye)</b> Dr. Lo La Kit & Dr. Mok Ka Yee	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Review of Statistical Analysis</b> Dr. Kam Ting Ting	Ms. Man Chan Tel: 2589 2337

## 01 Nov 12 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Case Presentation (Common Symptoms in Eye)</b> Dr. Kwong Lok See and Dr. Lee Tin Wai	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Drug Treatment in Mood Disorders</b> Dr. Lai Siu Wai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>How to Enhance Patient Doctor Relationships</b> Dr. Yuen So San	Ms. Kwong Tel: 2595 6941

## 07 Nov 12 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Paediatric Emergency</b> Dr. Li Shun Hoi	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Alternative Medicine</b> Dr. Lee Sum	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Review of FM Training</b> Dr. Welchie Ko	Ms. Man Chan Tel: 2589 2337

## 08 Nov 12 (Thur)

4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Update in Childhood Immunization</b> Dr. Wong Man Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Management of Insomnia</b> Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

## 14 Nov 12 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Primary Care Office</b> Dr. Wong Chun Fai	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Preventive Medicine – Healthy Lifestyle</b> Dr. Tsui Hiu Fa and Dr. Lo Alvina	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Evidence on Usefulness of Routine Body Check Package</b> Dr. Carol Long	Ms. Man Chan Tel: 2589 2337

## 15 Nov 12 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Preventive Medicine – Healthy Lifestyle</b> Dr. Chung Sze Ting and Dr. Kwok Yee Ming	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Infertility</b> Dr. Wong Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Emergency Eye Problem</b> Dr. Yeung Yee Mei	Ms. Kwong Tel: 2595 6941

## 21 Nov 12 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Children with Learning Difficulties</b> Dr. Ho Tsz Bun	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Update on Management of Cerebrovascular Accident</b> Dr. Leung Sze Mun and Dr. Lee Wing Mei	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Family Planning</b> Dr. Ng Wai Tong	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Psychiatric Emergency</b> Dr. George Tse	Ms. Man Chan Tel: 2589 2337

## 22 Nov 12 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Update on Management of Cerebrovascular Accident</b> Dr. Kelvin K. W. Liu	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Primary Health Care</b> Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Motivational Interview</b> Dr. Leung Pui Sha	Ms. Kwong Tel: 2595 6941





## THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

32<sup>nd</sup> Annual Refresher Course  
November 25 – December 16, 2012

### REGISTRATION FORM

H.K.C.F.P.

Room 802, Duke of Windsor Social Service Building,  
15 Hennessy Road, Wanchai, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

#### The whole course:-

Five Luncheon Lectures and Four Workshops (Including Fee for Certificate of Attendance)	College Fellow, Full or Associate Members	: HK\$900.00	( )
	Other Categories of Members	: HK\$1200.00	( )
	Non-members	: HK\$1800.00	( )
	FM Trainees	: HK\$600.00	( )

#### Spot admission:-

Nov 25 (Sun)	<b>Paediatric and Vaccination Workshop</b> 1) Prevention of Common Diseases in Children - A New Perspective 2) The Effectiveness of Conjugate Vaccines in the Prevention of Pneumococcal Disease in Adults	( )
Nov 27 (Tue)	<b>Pain</b> Management of Low Back Pain	( )
Nov 29 (Thur)	<b>Diabetes Management</b> Practical Approach to Type 2 DM Management Challenge for 2012	( )
Dec 02 (Sun)	<b>Mental Health Workshop</b> 1) Updates on the Treatment of Anxiety Disorders and Psychosomatic Symptoms 2) Practical Tips for Treating Depression in the Community with Cases Illustration	( )
Dec 04 (Tue)	<b>Cardiovascular</b> Optimal CV Risk Management in the 21 <sup>st</sup> Century	( )
Dec 06 (Thur)	<b>Cardiovascular</b> The Novel Treatment of Atrial Fibrillation	( )
Dec 09 (Sun)	<b>Osteoporosis &amp; Prostate Disease Workshop</b> 1) Practical Management Update in BPH 2) Update of Osteoporosis Management in Hong Kong	( )
Dec 11 (Tue)	<b>Stroke Prevention</b> New Era of Anticoagulants: Practical Guidance and New Approaches in Stroke Prevention in Atrial Fibrillation	( )
Dec 16 (Sun)	<b>COPD and Nasal Allergy Workshop</b> 1) Update in GOLD Guideline & COPD Treatment 2) Allergic Rhinitis and its Comorbidities	( )

College Fellow, Full or Associate Members	: HK\$250.00	X	_____	lecture/workshop(s)
Other Categories of Members	: HK\$350.00	X	_____	lecture/workshop(s)
Non-members	: HK\$450.00	X	_____	lecture/workshop(s)
FM Trainee	: HK\$400.00	for	4 Sunday workshops	
	HK\$150.00	X	_____	luncheon lecture(s)

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ \_\_\_\_\_  
being payment in full for the above.

Name: \_\_\_\_\_

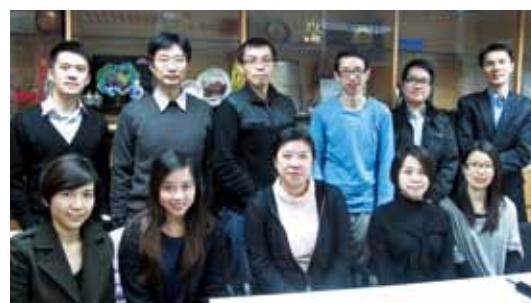
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Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 <b>Oct</b>	22	23	24 2:15 – 7:30 p.m. Structured Education Programme	25 2:15 – 7:00 p.m. Structured Education Programme	26 2:30 – 3:30 p.m. Board of Education - Video Session 5:30 – 9:00 p.m. 2012 Exit Exam Feedback Session	27 2:00 – 4:00 p.m. Interest Group in Neuro Musculoskeletal 3:00 – 4:30 p.m. Exit Exam Research Segment Standardization Workshop
28 Conjoint Examination 2012 – OSCE Exam	29	30	31 2:15 – 7:15 p.m. Structured Education Programme	1 <b>Nov</b> 2:15 – 7:00 p.m. Structured Education Programme	2	3 1:00 – 4:00 p.m. Interest Group in Dermatology 2:30 – 5:00 p.m. DFM Module III Introduction to Family Therapy
4	5	6	7 2:15 – 7:30 p.m. Structured Education Programme 6:00 – 7:30 p.m. CME Symposium 9:00 p.m. Post AEC 2012	8 9:15 – 5:30 p.m. HKICC 2012 (HKU) 2:15 – 7:00 p.m. Structured Education Programme 7:30 p.m. Exit Exam Practice Assessment Subcom Meeting	9 9:15 – 5:30 p.m. HKICC 2012 (HKU)	10 2:30 – 5:00 p.m. DFM Module III Anticipatory Care
11	12	13 2:00 – 4:00 p.m. Infections Disease Clinical Attachment for Family Physicians	14 2:15 – 7:15 p.m. Structured Education Programme	15 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	16 9:00 p.m. Board of Conjoint Examination Meeting	17 2:00 – 5:30 p.m. Exit Exam PA and CSA Standardization Workshop
18	19	20	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme	23	24 2:30 – 5:00 p.m. DFM Module V Musculoskeletal Workshop
25 1:00 – 4:30 p.m. ARC 2012 - Paediatric and Vaccination Workshop	26	27 1:00 – 3:45 p.m. ARC 2012 - Pain	28	29 1:00 – 3:45 p.m. ARC 2012 - Diabetes Management	30 2:30 – 3:30 p.m. Board of Education - Video Session	1 <b>Dec</b>

## FP LINKS EDITORIAL BOARD 2012

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Front Row (left to right): Dr. Judy Cheng, Ms. Carmen Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Heidi Fung

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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