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THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President

World Family Doctor Day

The Primary Care Office of the Department of Health, together with the Education Bureau and the Hong Kong College of Family Physicians, have organized a themed competition entitled "Primary Care - Family Doctor as Your Health Partner" (基層醫療 - 各有所「醫」專題比賽) aiming to raise awareness on the importance of primary care and the family doctor concept with the general public.

Participants of the competition submitted entries in any form, such as short video clip, photo, poster, slogan, reflective journal, or project, with an aim to bring out the message about primary care and the concept of family doctor in a pleasing way.

A prize giving ceremony for the winners of the competition for both the open group and the secondary school students took place on 19th May 2012, the World Family Doctor Day at Citywalk, Tsuen Wan.

After the ceremony, Prof. Donald Li, WONCA Asia Pacific Regional President, made a short presentation to celebrate World Family Doctor Day and to congratulate the winners for their brilliant achievements.

Our College has also organized a forum 「那些年,我們一起看過的家庭醫生」 to promote family doctor concepts to the community. Dr. Allan Ngan, Chairman of Public Education Committee, together with committee members Drs. Chan Wing Yan, Cheung Kwok Leung, Zabo Chung and Edmund Lam shared their personal experience of themselves and their patients to illustrate the concept of comprehensive, patient-centred, continuous, preventive and coordinative care of Family Medicine.





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HKPCC 2012 Photos





Chairlady Dr. Lorna Ng delivering the President Dr. Ruby Lee delivering the congratulatory message









Seminar C speaker Dr. Richie Yeung



Seminar C speaker Dr. Vincent Kwan



Workshop Four speaker Mr. Edward Chan Workshop Four speaker Dr. Carina Li





Workshop Four speaker Ms. Terry Mo

HKPCC guests and VIPs



















Highlights of the 25th Hong Kong College of Family Physicians Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration, 3rd June 2012 – Part 1

Dr. David V. K. Chao Chairman, Internal Affairs Committee

This year marks the Silver Jubilee, the 25th Anniversary of the Hong Kong College of Family Physicians (HKCFP) Fellowship Conferment Ceremony. This extremely joyful occasion has been coupled with the 23rd Dr. Sun Yat Sen Oration. The ceremony was successfully held last Sunday, on 3rd June 2012 at the Hong Kong Academy of Medicine Building.

The HKCFP has invited many government and clinical leaders, including government officials, university colleagues, our sister colleges' representatives from overseas as well as local specialty colleges and many other local and overseas dignitaries to join in to celebrate the success of our Conjoint Examination Fellows, Exit Examination and Diploma in Family Medicine (DFM) candidates. We are most grateful that we have received tremendous support from the aforementioned colleagues and peers to make this year's ceremony a real success.

After the introduction of the Official Platform party, Dr. Ruby Lee, our College President, delivered an opening speech. It was followed by the welcoming speech of Dr. Jennie Kendrick, Censor-in-Chief of the Royal Australian College of General Practitioners (RACGP). After the exchanges of gifts between the HKCFP President and the RACGP Censor-in-Chief, Professor Doris Young was awarded an Honorary Fellowship of the HKCFP for her tremendous achievements in promoting the development of Family Medicine in Hong Kong and her outstanding contributions to the College in the past years.

There were twenty-six doctors awarded HKCFP Fellowship, twenty-two doctors awarded RACGP Fellowship, forty-two doctors awarded Exit Examination Certificate, and seven doctors awarded DFM. Awards for the best candidate in Fellowship Examination 2011, the HKCFP Best Research 2011, and HKCFP Research Fellowship 2012 were all delivered on stage. The ceremony was concluded by Professor Lee Sum Ping giving us a very enlightening 23rd Dr. Sun Yat Sen Oration entitled "Wither Healthcare".

Please watch out for more highlights on the conferment ceremony in the July issue of FP Links.



(from left to right) Dr. Albert Kong, Prof. Lau Chak Sing, Prof.

Donald Li, Prof. Ng Pak Cheung



Message from the President

Inauguration of the Resuscitation Council of Hong Kong



The Resuscitation Council of Hong Kong (RCHK) was established by eight founding organizations, namely the Auxiliary Medical Service, the College of Surgeons of Hong Kong, the Hong Kong

College of Anaesthesiologists, the Hong Kong College of Cardiology, the Hong Kong College of Emergency Medicine, the Hong Kong Red Cross, Hong Kong St. John Ambulance and our College. The Chairlady of our Board of Education, Dr. Mary Kwong, is the Honorary Secretary of RCHK. Dr. Kwong has offered unfailing support to CPR education and has contributed enormously to the establishment of RCHK.

The aims of RCHK are to promote the exchange of knowledge and information among different organizations with relevant interest, to advise on best practice and to provide training in resuscitation, as well as raise public awareness of resuscitation in Hong Kong, and to harmonize guidelines and recommendations in resuscitation through consensus among members. The Council also fosters scientific research in resuscitation, and represents Hong Kong to establish relationships with other resuscitation bodies internationally.

The official opening ceremony of RCHK took place on 26th May 2012 at the St. John Ambulance Building with Dr. the Hon York Chow, Secretary for Food and Health, as the Guest of Honour.







(from left to right) Dr. SK Chan, Dr. Ruby Lee, Dr. Roch KH Lee, President of the College of Dental Surgeons





"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th June 2012 to 14th July 2012, Dr. Au Chi Lap and Dr. Chan Wing Yan will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns,



Dr. Au Chi Lap



Dr. Chan Wing Yan

queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C K Lee Co-ordinator, CMOD System

FP Links News My Journey in Developing the Logo of FP Links

Miss Man Chan Administrative Executive, FM & PHC, Hong Kong West Cluster



Before elaborating my story of developing the Logo of Family Physicians Links, I would like to give my sincere gratitude to FP Links for providing me a precious opportunity to participate in this logo design competition.

Physicians
When I first saw this competition announcement on FP Links Newsletter, I was
really interested as it alerted me to the fact that there is no specific logo for the
newsletter FP Links apart from the College logo. It really motivated me to apply

for the competition as it is a challenge for me to give birth to a logo, a unique one for FP Links, which marks a milestone for the College newsletter.

In the beginning, I had several raw ideas linked with logo design, for example a "cross" sign which gives people a health care related thinking, a "doctor" sign which links with physicians etc. I would like the new logo to express a concept that the link is providing all family doctors a media for communication and

platform for information sharing. Finally, I chose "Stethoscope" as the logo's major symbolic component since all doctors and the majority of the public are familiar with this significant instrument. With the thinking that it would be more meaningful if the sign is composed of "FP Links", I designed the stethoscope by using 3 important letters – "F", "P" and "L". Referring to the above picture, the left part of the logo is a stethoscope, its right earpiece is a letter 'P' for Physicians, the left earpiece is a letter 'F' for Family and the lower part of stethoscope is a letter 'L' for Links. The right part of logo is the full name of FP Links with the black font meaning staidness and sensitivity. There are 2 people (family doctors) linked together in red and jointly you can see a "happy face".



Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **May 2012**:

Resignation from Associate Membership

劉 小	
劉 小	瑋
* 仲	康
長瀚	源
東志	偉
	東志

Resignation from Student Membership

Mr. NGAN, William 顔 偉 廉

Transfer from Associate to Fellow Membership

Dr. YEUNG Hoi Pun 楊海彬

Associate Membership (New Application)

區大鈞
陳國雄
陳 延 珮
卓幼真
張思蘊
李培文
曾海涵

Reinstatement of Associate Membership

Dr. TSANG Yat Fai 曾日暉

Reminder: Submission of Training Logbook for Certification of Completion of Basic Training

To all Basic Trainees.

You are advised to apply for the Certificate of Completion of Basic Training within 3 months after the completion of four-year basic vocational training. If you don't have that certificate, you are required to pay the annual training fee (Basic Training) yearly.

Should you have any enquiries, please contact our College Secretaries, Ms. Carmen Cheng or Mr. Brian Chan at 2528 6618.

Basic Training Subcommittee BVTS

Public Education Committee News World Family Doctor Day 19th May 2012

Dr. Ngan Po Lun, Chairman, Public Education Committee

Each year, the 19th of May is a special day for all of us, as it is the World Family Doctor Day proposed by the WONCA since 2010. On the special day this year, Our College had a special public event in collaboration with the Primary Care Office, Department of Health, and the Education Bureau of the Hong Kong Government. This was the Award Presentation Ceremony of the Themed Competition entitled 'Family Doctor as your health partner', followed by the Family Doctor Forum organized by the Public Education Committee of Our College. It was successfully held in Citywalk, Tsuen Wan in the afternoon of 19th May 2012.



Officiating Guests on the Stage: (from left to right) Dr. Cheung Kwok Wah, Dr. Thomas Tsang, Mr. Richard Yuen, Dr. Ruby Lee, Prof. Donald Li.



Dr. Edmund Lam, Dr. Ngan Po Lun (Judges for the game section) and the MC Sammy.

The Event was addressed by Mr. Richard Yuen, the Permanent Secretary for Food and Health, emphasizing the Government's policy on enhancing primary care. The event was also officiated by Dr. Thomas Tsang, the Controller of the Centre for Health Protection, Department of Health; Dr. Cheung Kwok Wah, the Principal Assistant Secretary of EDB; Dr. Ruby Lee, the President of Our College; Professor Donald Li, the WONCA Asia Pacific Regional President; and Professor Cindy Lam, Professor of the Department of Family Medicine and Primary Care, The University of Hong Kong.

The themed competition aims to promote the family doctor concept and raise public awareness about the importance of primary care. The response from both student and open groups was very enthusiastic, having more than 800 entries, in the forms of photographs, videos, posters, slogans, questionnaire researches, demonstrating the importance of family doctors in primary care.

Many of the entries from different categories were of a very high standard, and brilliantly illustrated the core concepts of Family Medicine in an impressive manner. All the winning works are now available on the website of the competition: https://www.primarycare2012.com/

Do go to the website to have a look at the winning works, and to mention a few splendid ones:

- Winner of the video category in the open group: 「小明去打針」: This lovely video demonstrates the close relationship between the family doctor (played by a 5 year-old boy) and the patient (played by his 3 year-old younger brother)!
- Winner of the video category in the student group: 「醫生病了」: This video illustrates the vast difference in the consultations between the familiar family doctor (李家庭醫生) and the unfamiliar relieving doctor (黎諦賈醫生)!





Prize Winners and Officiating Guests.

- Winner of the "other" category in the open group: a very well-designed poster with the title 'Family Doctor, Family Tree', illustrating the comprehensive and continuing care by the family doctor, and the long-term health partnership with all the family members
- And this is the MUST listen one: First runner-up of the "other" category in the open group, an excellent and professional song with the title 「一人一醫生」, performed by the most wonderful voice of our FM specialist, Dr. Kenny Kung from the NT East Cluster!



There was also a very interesting drama demonstrating the family doctor concept, performed by the professional 'Exploration Theater'(赫墾坊劇團), with Mr. Karley Ng as a 'stranger' patient, visiting his family doctor out of the office hour, and Ms. Lam Chun Chun, as the pretty family doctor explaining to him the essence of Family Medicine.

The second part of the public event on the World Family Doctor Day was having the family doctors from our College as the main characters. Firstly, we had Prof. Donald Li, the WONCA Asia Pacific Regional President, Our Censor & Past President, to give an introduction of the WONCA and the World Family Doctor Day. It was followed up by a health forum, with the Chinese Title 「那些年,我們一起看過的家庭醫生」, held by five members



of the Public Education Committee, including Dr. Chan Wing Wan, Loretta; Dr. Cheung Kwok Leung, Sydney; Dr. Zabo Chung; Dr. Lam Wing Wo, Edmund; and I.



Prof. Donald Li delivering the World Family Doctor Day Opening Speech.

We had sharing of our own experience in encountering our own family doctors, echoing on the importance of having a family doctor for a better health. We also used several modified cases from our own practices to demonstrate the four important roles of family doctors: having comprehensive and holistic care, keeping continuity of care, emphasizing disease prevention, and having coordinated care for their patients.

Finally, I had a brief summary by using the different players in a soccer match, the striker, the midfielder, the defender, and the goalkeeper, as the analogue to demonstrate the utmost important role of family physicians in the primary care setting.

We hope that through the close partnership and collaboration with different shakeholders in Primary Care, Our College can further promote the importance of Family Medicine, for each and every individual, for the health care system, and for a better community as a whole.



(From left to right) Dr. Edmund Lam, Dr. Sydney Cheung, Dr. Ngan Po Lun, Dr. Chan Wing Yan, Dr. Zabo Chung, Prof. Cindy Lam, Dr. Ruby Lee, Dr. Lau Ho Lim, Dr. Billy Chiu, Prof. Samuel Wong.

Family Physicians play multiple roles in the health community. They deliver comprehensive, whole person health care to our population, and strive for advancements in the medical field by conducting clinic audit and research. In this issue of the Trainee Column, Dr. Dana Lo shares how she polished her consultation skills by applying the principle of "RICE", while Dr. Catherine Chen features the Training Course of Research and Biostatistics for Medical Professionals.

Family Physicians Engaging in Whole Person Care RICE 與我的成長歷程

Dr. Dana Lo Medical Officer, University Health Service, The Polytechnic University



剛拜讀過蔡惠宏醫生近日刊登於明報周刊題為"望聞問切"及"診症功力"的文章,內容提及RICE (RICE 是指Reason, Idea, Concern and Expectation of Consultation)在診症過程的重要性。適逢剛剛完成六年家庭醫學專科培訓,我回望過去的歲月,原來我運用RICE的模式也隨著年月一起成長了。

猶記得第一次聽到RICE概念,始於第一年當上駐院醫生(Resident)的時候。那時候我在公立醫院接受家庭醫學專科的首年醫院培訓(Hospital-based training),一星期才有一個下午回到所屬的家庭醫學部門上課(structured seminar),學習包括RICE等理論。由於首兩年必須被外借到例如內外婦兒骨等其他專科工作吸取經驗,有感其他專科醫生大多也不是這樣診症的,所以上完課之後自然一早把甚麼RICE理論拋諸腦後了。

第三年進入社區培訓(Community-based training),我被調回普通科門診(GOPC)工作。GOPC簡直是新紮醫生的"少林寺",病人多但時間少,而病症的種類又未必一定簡單,稍一不留神,隨時跌入陷阱而不自知,但同時間又要確保準時完場以便開夜診時段。當年的我,診症技巧尚未成熟,只好以"日趕夜趕"的速度,及恐防趕得太急,會跌進陷阱的心情來診症。當時首要任務,是要能夠在GOPC安全地生存,那有心情思考RICE呢?

我在第四年已經適應了門診生活,開始準備專科的中期試(Conjoint Fellowship Examination - Clinical Examination)。我是一位很乖的考生,參加了各式各樣

的精讀班,也自製和互相交換模擬試題。很多人說問中RICE有分,所以大家也認為RICE多麼重要!我就是這樣抱著問少一條也隨時會不合格的心情,開始強迫自己平日診症時只要"得閒"就問人RICE,來熟練考試模式。當然,這樣問出來的機械化效果,現在回想起來,也感到甚為"搞笑"!

我沒有奇怪,為何要在自己畢業那麼多年後,才開始明白RICE的意義,因為每一位醫生也必須經過多年來的經驗和培訓才能夠成長。尤其我們家庭醫學,先苦後甜;未必有手起刀落的快速成功感,但卻擁有一群與我們一起成長同行的病人。我深信:"不經一番寒切骨,那得梅花撲鼻香?"

羅思敏醫生,寫於二零一二年四月二十四日,台灣音樂之旅



Family Physician as a Researcher Training Course of Research & Biostatistics for Medical Professionals

Dr. CHEN Xiao Rui, Catherine, College Member (Candidate in the training course)

I attended the "Certificate Course of Research & Biostatistics for Medical Professionals" organized by the College during July-August 2011. This intensive, four session workshop was designed to introduce different schemes of study designs and common biostatistics used in clinical practice and to enhance our interest and ability to conduct primary care research. I found this workshop highly educational and it is a joyful experience to get to know the essential components of carrying out clinical research within such a short period and learn from the experience of eminent scholars invited by our College.

Speakers: Professor Cindy L.K. Lam, Professor

Samuel Y. S. Wong, Dr. Wong Kai Choi and Professor Martin C. S. Wong

Moderators: Dr. Janet C. Y. Tam, Dr. Mark S. H. Chan, Dr. Francis W. T. Lee and Dr. Chan Chi Wai

The classroom format of this workshop allowed participants to interact freely with speakers and the participants left having had an enriching experience. The workshop started with Prof. Cindy Lam's lecture. Her lecture covered the basics of Medical Research with introductions on the different types of research including observational studies and interventional studies. A very inspiring part of her lecture was that the participants were divided into four groups, with each group designing a research topic and presenting their project to other groups for comments. It sounds difficult but all of the four groups had brilliant ideas and presented our designed-on-the-spot projects to the fellow colleagues. I remember that our team members presented a research project on managing low back pain and we were very much impressed by the constructive and enlightening feedback from other group members.

The next session was given by Prof. Samuel Wong and he introduced to us the basic principles of formulating research questions and setting up hypothesis. He also spoke on how to use and set up research questionnaires and pitfalls to avoid during data collection and entry. Most of us were basic or higher trainees of the College and we all found it rather difficult to formulate a workable research question in our daily practice. Prof. Wong clearly explained what sorts of topics were acceptable in FM research. He also stressed the importance of feasibility and logistics when considering the research topics and encouraged us to communicate with experts/clinicians at our working environment and to have extensive readings of the literature in the field of interest. Most of us are doing or planning to do questionnaire study, but what makes a good questionnaire? From his lecture, we understood the importance of reliability and validity of questionnaire study and steps to follow in questionnaire development.

Statistics is always a challenging task to us research beginners. In the third session, Dr. Wong Kai Choi, an experienced psychiatrist as well as a scientist, introduced how to deal with common statistical problems in clinical research, including the calculation of sample size, sampling methodology, how to choose different descriptive statistics and how to interpret the scientific findings. More details about this lecture are available at http://kcclinic.com. Information about common psychiatric disorders can also be found.

The last session of the workshop is on introduction of literature review and research protocol/proposal writing given by Prof. Martin Wong. He demonstrated to us clearly how to start an efficient literature review and where to find the relevant information in the large database world. He then explained to us the essential components of a complete research protocol/proposal, i.e. presentation, background, objectives, methods, ethical considerations, timetable, resources, references and appendices. This can efficiently facilitate future planning and implementation of the research project. Getting a paper published is by no means easy, however with his experience sharing, we learned the tips of how to prepare a manuscript in structured formats and clear layouts soundly.

I found this workshop useful no matter for beginners or experienced researchers since the topics here cover almost all we need to know in performing clinic research. Therefore, I have no reservation to recommend this workshop to my colleagues who have interest in conducting clinical research.

Enhancing the practice of primary care physicians as our goal to serve the medical profession and the Society

A Quotable Qualification by The Hong Kong Medical Council

Postgraduate Diploma in

Diagnosis and Therapeutics in Internal Medicine

(PDipIntMed&Therapeutics)

醫學內科診斷及治療深造文憑



Calling for Enrolment in September 2012

PROGRAM FEES

Composition fee for the 2-year program is HK\$23,000 (subject to approval)

ADMISSION REQUIREMENTS

Holder of a primary medical degree with post registration experience of no less than 12 months

DEADLINE OF APPLICATION

31 August 2012

VENUE

William MW Mong Block Faculty of Medicine Building 21 Sassoon Road Pok Fu Lam, Hong Kong

ORGANIZER

Department of Medicine The University of Hong Kong Queen Mary Hospital, Hong Kong

To submit an application:

On-line: http://www.hku.hk/medicine/postdip.htm



QA&A News - CME/CPD Compliance

Dear Friends and Colleagues,

This message just acts as a reminder to all our Members and Fellows to obtain adequate points of CME/CPD when there is still about half a year to the deadline of CME/CPD submission.

To ensure you can obtain the CME certificate every year, do remember that you have obtain with 30 CME/CPD points; and for the QA certificate which is issued every 3 years, it requires no less than 60 CME points and at least 30 CPD points, in a 3-year cycle. All HKAM fellows are required to obtain a minimum of 90 points, including at least 15 CPD points and no more than 75 CME points, in a 3-year cycle.

There are also many enquiries concerning the way to gain CPD points, the following lists the examples of gaining CPD points for members' and fellows' reference:

- Continuous Professional Development (CPD) Logs, all forms can be download from our website (College Website > Downloads > Quality Assurance > Download Application)
 - Self-appraisal activities on lectures, seminars and workshops organized by the Board of Education
 - Reading journal articles published in the HK Practitioner or HK Medical Journal
 - III. Evidence Based Practice (EBP) report with the reference to a journal article published in the HK Practitioner, the HK Medical Journal, or in an indexed or refereed Medical Journal
 - Practice audit, review and appraisal; include clinical audit, evidence-based medical protocol and preventive care audit
 - V. Structured learning activities, such as portfolio for self learning plan
- Activities related to teaching, educational development and research
 - Teaching / tutoring medical students in Family Medicine
 - Clinical supervision of vocational trainees in Family Medicine
 - Acting as examiner for the Conjoint HKCFP / RACGP Fellowship Examination or HKCFP Exit Examination
 - IV. Being a CPR instructor or an instructor for the Assessment Enhancement Course organized by the College
 - Being a moderator or speaker
 - VI. Being a chairperson / speaker of the pre-approved small group discussion VII. Research work related to the field of General Practice / Family Medicine

 - VIII. Publishing journal articles, books or thesis
- Activities related to professional development, such as demonstration of competence in Family Medicine by completing a course of study and passing the Conjoint HKCFP/RACGP Fellowship Examination, Specialty Board Exit examination, the basic life support (CPR) assessment organized by the College, diploma examinations organized by the College, passing professional examination (membership / fellowship, etc) or academic examination (diploma / master degree, etc) relevant to General Practice/Family Medicine
- Activities related to quality development; including participating in a quality assurance activity, exercise, workshop or clinical attachment organized by the College

You may refer to the "The Regulation of Award of Quality Assurance" (College website > QA&A > CPD Options, at the bottom of the page) or contact our College Secretariat Miss Yvonne Lam by phone: 2861 0220 or by email: yvonne@hkcfp.org.hk for more detailed information.

Thank you.

Dr. Billy Chiu

Chairman, Quality Assurance & Accreditation Committee

Report on the Resuscitation Council of Hong Kong Inauguration 26th May 2012

Dr. Chan Sze Luen, David Chairman, CPR Subcommittee



(From left to right)) Dr. Francis Ho Kam Wai, Dr. Leo Kong Che Wan, Dr. Mary Kwong Bi Lok, Dr. Amy Chiu Pui Yin, Dr. Luke Tsang Chiu Yee, Dr. Aster Lau Wai Yee, Dr. Dorothy To Kit Yuk, Dr. Billy Chiu Chi Fai, Dr. David Chan Sze Luen

26th May 2012 marks a new chapter for the Resuscitation endeavor in Hong Kong. In the beautiful Grand Hall of St. John Ambulance Tower, the Inaugural Scientific Meeting cum Opening Ceremony of the Resuscitation Council of Hong Kong (RCHK) was officiated. Our college, HKCFP is one of the founding organization and the other founding members include Auxiliary Medical Services, College of Surgeons of HK, HK College of Anaesthesiologists, HK College of Cardiology, HK College of Emergency Medicine, HK Red Cross and HK St. John Ambulance.

The main objective of the Council include advocacy for best practice, education, research and development in resuscitation; offering a collaborative platform for sharing and exchange of information, knowledge and data related to resuscitation across different organizations and into the community; engaging public for resuscitation training and practice;

together with representing HK for national, regional and international networking and benchmarking.

The ceremony was joined by 12 members of HKCFP: Dr. Mary Kwong Bi Lok (Honorary Secretary of Resuscitation Council), Dr. David Chan Sze Luen, Dr. Kitty Chan Kit Chi, Dr. Billy Chiu Chi Fai, Dr. Francis Ho Kam Wai, Dr. Leo Kong Che Wan, Dr. Aster Lau Wai Yee, Dr. Peter Lee Kar Yun, Dr. Francis Lee Wan Tsi, Dr. Paul Siu Che Hung, Dr. Dorothy To Kit Yuk, and Dr. Luke Tsang Chiu Yee, bearing witnesses for this historic event. We are also honored to have Dr. Amy Chiu Pui Yin (Head of Primary Care Office) to join our group photo.

We shall join hands with RCHK in promoting excellence in resuscitation across the medical profession and into the community.

Council Member-On-Duty (CMOD) System

Dr. Tony C.K. Lee Co-ordinator, CMOD System

The Council Member-on-duty (CMOD) system was set up in March 2001 and it has been running smoothly for more than 10 years by now. The CMOD system is an alternative and convenient channel of communication for fellows and members to voice out suggestions, queries, doubts, concerns and comments about issues relating to our College and Family Medicine. Two Council members are on-duty to take up the enquiries every month.

For the past years, the CMOD system had received enquiries and comments on exam, training, QA & A programme, and other aspects related to Family Medicine. All enquiries were handled immediately and selected cases were directed to respective Boards or Committees for necessary follow-up actions. CMOD remains as an important and effective channel to enhance the communications between the College and our fellows & members.

The Committee would like to express sincere gratitude to all Council members who had acted as on-duty members in the roster answering the enquiries and giving their invaluable advice.

Below please find the no. of enquiries received for the past 5 years (2007 to April 2012) for your information.

Year	No. of enquiries received
2007	0
2008	1
2009	6
2010	1
2011	2
2012 (to April 2012)	2

CMOD always welcomes suggestions and hopes that more fellows and members would make use of this system to voice out their opinions and concerns.

Male Cancer and 'Wee Wee'1

FDA Drug Safety Communication: 5-alpha reductase inhibitors (5-ARIs) may increase the risk of a more serious form of prostate cancer.

On 6th September 2011, the U.S. Food and Drug Administration (FDA) informed healthcare professionals that the *Warnings and Precautions* section of the labels for the 5-alpha reductase inhibitor (5-ARI) class of drugs has been revised to include new safety information about the increased risk of developing high-grade prostate cancer. This risk appears to be low, but healthcare professionals should be aware of this safety information, and weigh the known benefits against the potential risks when deciding to start or continue treatment with 5-ARIs in men.

The new safety information is based on FDA's review of two large, randomized controlled trials — the Prostate Cancer Prevention Trial (PCPT) and the Reduction by Dutasteride of Prostate Cancer Events (REDUCE) trial — which evaluated daily use of finasteride 5 mg versus placebo for 7 years and daily use of dutasteride 0.5 mg versus placebo for 4 years, respectively, for the reduction in the risk of prostate cancer in men aged at least 50 years. The trials demonstrated an overall reduction in prostate cancer diagnoses with finasteride 5 mg and dutasteride treatment. This overall reduction was due to a decreased incidence of lower risk forms of prostate cancer. However, both trials showed an increased incidence of high-grade prostate cancer with finasteride and dutasteride treatment.

Drugs in the 5-ARIs class are finasteride (marketed as Proscar (finasteride 5mg) and Propecia (finasteride 1mg) and dutasteride (marketed as Avodart). Dutasteride is also available in combination with tamsulosin, under the brand-name Jalyn.

Proscar, Avodart, and Jalyn are approved to improve symptoms of an enlarged prostate gland (benign prostatic hyperplasia or BPH). Proscar and Avodart are also approved to reduce the risk of urinary retention or surgery related to an enlarged prostate. Propecia is approved to treat male pattern hair loss.

The additional information for healthcare professionals is as follows:

- Be aware that 5-ARIs may increase the risk of high-grade prostate cancer.
- Prior to initiating therapy with 5-ARIs, perform appropriate evaluation to rule out other urological conditions, including prostate cancer, that might mimic benign prostatic hyperplasia (BPH).
- Be aware that treatment with 5-ARIs leads to an approximate 50% reduction of prostate-specific antigen (PSA) by 6 months; however, individual patients receiving 5-ARIs may experience varying decreases in PSA values. Therefore, any confirmed increase in PSA while on a 5-ARI may signal the presence of prostate cancer and should be evaluated, even if that PSA is in the normal range of men not taking a 5-ARI.
- Know that 5-ARIs are not approved for the prevention of prostate cancer.

Male Sex, Beauty and 'Wee wee'2

Finasteride Label Changes

On 11th April 2012, the U.S. Food and Drug Administration (FDA) announced changes to the professional labels for Propecia (finasteride 1 mg) and Proscar (finasteride 5 mg) to expand the list of sexual adverse events reported to FDA, as some of these events have been reported to continue after the drug is no longer being used. Erectile dysfunction after stopping use of these drugs was added as a known event in 2011. The new label changes include:

- A revision to the Propecia label to include libido disorders, ejaculation disorders, and orgasm disorders that continued after discontinuation of the drug.
- A revision to the Proscar label to include decreased libido that continued after discontinuation of the drug.
- A revision to both the Propecia and Proscar labels to include a description of reports of male infertility and/or poor semen quality that normalized or improved after drug discontinuation.

Despite the fact that clear causal links between finasteride (Propecia and Proscar) and sexual adverse events have NOT been established, the cases suggest a broader range of adverse effects than previously reported in patients taking these drugs. Information about these adverse events may be important to individual patients. Therefore, prescribers and patients need to be aware of them, as part of a discussion of risk and benefits of finasteride when determining the best treatment options.

Proscar (finasteride 5mg) and Propecia (finasteride 1mg) both contain the active ingredient finasteride and belong to a class of prescription medicines called 5 alpha-reductase inhibitors.

Proscar (finasteride 5mg) was approved by FDA in 1992 and is indicated for the treatment of bothersome symptoms in men with benign prostatic hyperplasia (BPH). It is also approved to reduce the risk of urinary retention or the need for surgery related to BPH.

Propecia (finasteride 1mg) was approved by FDA in 1997 for use in males only and is indicated for the treatment of male pattern hair loss.

FDA believes that finasteride remains a safe and effective drug for its approved indications. Healthcare professionals and patients should consider this new label information when deciding the best treatment option.

References:

- 1. FDA Drug Safety Communication: 5-alpha reductase inhibitors (5-ARIs) may increase the risk of a more serious form of prostate cancer. U.S. Food and Drug Administration, www.fda.gov (accessed 6 Sep 2011)
- 2. Questions and Answers: Finasteride Label Changes. U.S. Food and Drug Administration, www.fda.gov. (accessed 11 April 2012)

Compiled by Dr. Ho Ka Ming

Training Course on Practice Management

Introduction:

Practice management is very important to any practicing doctors irrespective of whether you are practicing in public or private setting. It is one of the quality assurance accredited item and an area to assess a Family Medicine specialist's competency. Mastering such knowledge and skill can prevent the foreseeable medical and legal risks and facilitate our daily practice more effectively and efficaciously.

Dates : 22 July (Sunday), 28 July (Saturday), 18 August (Saturday) & 25 August (Saturday), 2012

Time : 2:30 p.m. – 4:30 p.m.

Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, HK.

CME / CPD Points: HKCFP: 2 CME points for each session (Cat 4.3)

MCHK: 2 CME points for each session

Language : Mainly English (Cantonese when required)

Lecture 1) Physical Setting and Insurance (2 hours)

Date : 22 July 2012 (Sunday)

Speaker : Dr. Foo Kam So, Stephen

Chairman : Dr. Hung Wai Yin, Winson

Contents : Rules & regulations related to setting up a clinic (Medical Council requirement & Inland Revenue

Department requirement); Office, nurse and doctor's insurance and indemnity (Labour Department requirement & role of Medical Protection Society in professional support and indemnity for doctors); General clinic design (reception/staff, consultation room, dispensary, waiting room, medical record etc) with consideration given to patient privacy and staff safety; Diagnostic equipment & various treatment facilities; Protocol & emergency care in GP setting including BLS, resuscitation equipment.

Lecture 2) Management of Pharmacy, Dispensary and Dangerous Drug (2 hours)

Date : 28 July 2012 (Saturday)

Speaker : Dr. Chan Chung Yuk, Alvin

Chairman : Dr. Tam Chung Yin, Janet

Contents : Dangerous drug ordinance record, storage and destruction; Drug labeling criteria (safe prescribing

and proper dispensing); Medicine and vaccination stock & storage; How to organize and manage

the dispensary; Nurse training to avoid mishap; Risk management and Incidence report.

Lecture 3) Effective Clinic Operation & Management

Date : 18 August 2012 (Saturday)

Speaker : Professor Li Kwok Tung, Donald

Chairman : Dr. Kenny Kung

Contents: Staff recruitment, job description and training (importance of Chaperone; regular meeting);

Confidentiality and privacy ordinance (accounting system, security, back up, passwords etc.); Medical record (computer & manual system), importance of documentation in medical record, sick leave, medical report, consent process; Investigation, laboratory test filling, call back system, referral system; Age/sex register, disease register, developing protocols (operational manuals for all staff),

qualification assurance, clinical audit, research & teaching in GP setting.

Lecture 4) Infection Control and Occupational Safety

Date : 25 August 2012 (Saturday)
Speaker : Dr. Ng Ming Shing

Chairman : Dr. Lam Tak Man, Catherine

Contents : Infection control measures in clinic (ventilation, fever cohort, PPE & hand hygiene); Common

disinfected and sterilization items and procedure; Medical waste management; Occupation Safety

and Health (OSH); Infectious disease report.

Course Fee : Members: HK\$1,200 (full course)

HK\$500 (spot admission for each lecture)

Award : Candidates, who have successfully completed 4 lectures, will be issued a letter to certify of

attendance with the name of the candidate by Board of Education, HKCFP.

Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Mr. Marco Cheng at 2861 0220. All cheques are payable to "HKCFP Education Ltd". Please mail the cheque to 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai, H.K. All fees received are non-refundable and non-transferable.

Training Course of Research & Biostatistics for Medical Professionals

Objectives:

- Introduction on different schemes of study designs
- Elaborate on different common biostatistics used in clinical practice
- Critically appraising research articles and apply the useful findings in our patient care
- Enhance our interest and ability to clinical research in primary care

Dates : 8 Sept, 16 Sept, 22 Sept & 7 Oct, 2012 (Saturdays & Sundays)

Time : 2:00 p.m. – 5:00 p.m.

Venue : Council Chamber, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

Target group: Primary care professionals who are interested in attaining the basic research skill and learning more on biostatistics

Course Fee : Members – HK\$1,200 for whole course (HK\$500 for each spot admission)

Non-members – HK\$2,400 for whole course (\$800 for each spot admission)

(All cheques payable to "HKCFP Education Ltd". All fees received are non-refundable and

non-transferable).

CME/ CPD Points: HKCFP: 3 CME points for each session (Cat 4.4)

MCHK: 3 CME points for each session

Award : Those who have attended 75% or more of all the sessions will be awarded a "Certificate of

Attendance".

Capacity : 30 doctors

Programme Schedule

Dates	Topics	Speakers	Moderators
8 Sept (Sat)	 Introduction to medical research Research governance and ethics Types of research Observations studies: case control study, survey, cohort study Interventional studies, randomized control trial (RCT) 	Dr. Chin Weng Yee	Dr. Cheung Kwok Leung
16 Sept (Sun)	 Basic principle of formulating a research question Hypothesis setting Using and setting questionnaires in research Data collection and entry: care to be taken of 	Prof. Wong Yeung Shan, Samuel	Dr. Fu Sau Nga
22 Sept (Sat)	 Calculation of sample size Sampling method: randomization, simple sampling, stratified sampling Classification of data Descriptive statistics Significance tests Interpretation of confidence interval, p-value, relative risk, odd ratio, risk reduction Introduction to common statistical software 	Dr. Wong Kai Choi	Dr. Chan Man Li
7 Oct (Sun)	 Literature review for research Writing up a research protocol/proposal Writing up a research report Publishing your research finding 	Prof. Wong Chi Sang, Martin	Dr. Chan Chi Wai, Edmond

^{***} Registration will be first come first served. For any enquiry, please call the College secretariat, Mr. Marco Cheng at 2861 0220. ***

REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I am a *Member / Non-member of The Hong Kong College of Family Physicians. (*Please delete as appropriate)
I would like to attend "Training Course of Research & Biostatistics for Medical Professionals".

Name.	iei	Date
Email:		

4 July 2012	Wednesday	7 July 2012	Saturday	
	occal Vaccination	Board of Educat	ion Interest Group in Dermatology	
Pneumococcal Vaccination of the Elderly in the 21st Century		Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
		Theme	Psoriasis and Related Diseases	
		Speaker	Dr. Dr Yeung Chi Keung Specialist in Dermatology	
	The Hong Kong College of Family Physicians	Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:00 p.m. Lecture 3:00 p.m. – 3:15 p.m. Discussion	Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 3:15 p.m. Theme Presentation & Discussion	
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Free Non – members HK\$ 450.00 HKAM Registrants HK\$ 150.00	Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00	
	All fees received are non-refundable and		All fees received are non-refundable and non-transferable.	
Accreditation	non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK	Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
	Up to 2 CPD points (Subject to submission of	Language	Lecture will be conducted in English and Cantonese.	
	satisfactory report of Professional Development Log)		Registration will be first come first served. Please reserve your seat as soon as possible.	
Language	Lecture will be conducted in English.	Note	Participants are encouraged to present own cases for discussion.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

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HKCFP would like to thank HKMA for supporting this educational activity.

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Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

June's session:

Julie 3 Sessi	on.
Date	29 June 2012 (Friday)
Time	2:30 p.m 3:30 p.m.
Topics	 The Role of Family Physicians in Liver Transplant Dr. Tsoi Wai Wang, Gene Liver Transplantation – Prof. S. T. Fan
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lectures will be conducted in 1. Cantonese and 2. English.

July's session:

Date	27 July 2012 (Friday)
Time	2:30 p.m 3:30 p.m.
Topic	Skin Diseases of the Hands & Feet – Dr. Lee Tze Yuen
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Structured Education Programmes

Free to members HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
27 Jun 12 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun	Orthopaediatic Emergency Dr. Cheng Chui Ching	Ms. Eliza Chan
3 CME points	Hospital		Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S,	Evidence Based Medicine	Ms. Cordy Wong
3 CME points	United Christian Hospital	Dr. Fu Siu Saap & Dr. Kwan Sze Sing	Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	Drug Incidents in GOPC Dr. Tseung Kwan Hang	Ms. Man Chan Tel: 2589 2337
28 Jun 12 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Prostate Problems (video viewing)	Ms. Cordy Wong
3 CME points		Dr. Lam Kin Man	Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Experience Sharing on the Process of Medical and Psychological Care, and Outcome of DM in a Family Medicine Specialist Clinic Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 41, 2/F, Pamela Youde Nethersole	Health Care Reforms in Hong Kong – Why is it necessary? Dr. Chu Wai Sing, Daniel	Ms. Kwong
2 CME points	Eastern Hospital		Tel: 2595 6941
04 Jul 12 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun	Principles of Family Medicine Dr. Li Shun Hoi	Ms. Eliza Chan
3 CME points	Hospital		Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S,	Family Life Cycle and Patient's Illness Behaviour	Ms. Cordy Wong
3 CME points	United Christian Hospital	Dr. Chan Fu Leung & Dr. Tsui Hiu Fa	Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 5/F, Tsan Yuk Hospital	Problem Solving/Diagnostic Skills Dr. David Cheung	Ms. Man Chan Tel: 2589 2337
05 Jul 12 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Family Life Cycle and Patient's Illness Behaviour	Ms. Cordy Wong
3 CME points		Dr. Yuen Ming Wai & Dr. Chan Kam Sum	Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen	Collaboration of Family Medicine with Other Specialties Dr. Ho Chung Yu	Ms. Eliza Chan
2 CME points	Mun Hospital		Tel: 2468 6813
5:00 – 7:00 p.m.	Room 41, 2/F, Pamela Youde Nethersole	Update on Pneumococcal Infection & Vaccination Dr. Tseung Chi Hang	Ms. Kwong
2 CME points	Eastern Hospital		Tel: 2595 6941
11 Jul 12 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun	FM Curriculum and Training	Ms. Eliza Chan
3 CME points	Hospital	Dr. Wong Chun Fai	Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S,	Communication Skills and Doctor-patient Relationship	Ms. Cordy Wong
3 CME points	United Christian Hospital	Dr. Lee Hung Fai & Dr. Leung Sze Mun	Tel: 3513 3087
5:00 – 7:30 p.m.	Li Ka Shing Specialist Clinic, 3/F, Seminar	Introduction to Family Medicine	Ms. Crystal Law
3 CME points	Room, Prince of Wales Hospital	Dr. Cheung Yu	Tel: 2632 3480
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Introduce IMHP – Model of Case Manager	Ms. Man Chan
2 CME points		Dr. Charles Ngai	Tel: 2589 2337
12 Jul 12 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Communication Skills and Doctor-patient Relationship	Ms. Cordy Wong
3 CME points		Dr. Cheung Yan Kit & Dr. Fan Wing Chi	Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen	Vaccination Update	Ms. Eliza Chan
2 CME points	Mun Hospital	Dr. Kwan Shu To	Tel: 2468 6813
5:00 – 7:00 p.m.	Room 41, 2/F, Pamela Youde Nethersole	Nurse Led Clinic – Diabetes Clinic	Ms. Kwong
2 CME points	Eastern Hospital	Dr. Leung Tsi Mei	Tel: 2595 6941
18 Jul 12 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun	Prospects & Working Opportunities of Family Medicine Trainees Dr. Ho Tze Bun	Ms. Eliza Chan
3 CME points	Hospital		Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S,	ICPC Coding	Ms. Cordy Won
3 CME points	United Christian Hospital	Dr. Fung Hoi Tik	Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Management of Common ENT Diseases in OPD Setting	Ms. Man Chan
2 CME points		Dr. Leon Ngai	Tel: 2589 2337
19 Jul 12 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	ICPC Coding	Ms. Cordy Won
3 CME points		Dr. Lai Kit Ping	Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen	Atrial Fibrillation Dr. Sze Lung Yam	Ms. Eliza Chan
2 CME points	Mun Hospital		Tel: 2468 6813
5:00 – 7:00 p.m.	Room 41, 2/F, Pamela Youde Nethersole	Setting up of an Occupational Health Centre	Ms. Kwong
2 CME points	Eastern Hospital	Dr. Wong Mong Sze	Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:30 – 5:30 p.m. Conjoint Information Seminar on OSCE Segment for Candidates	25	26	27 2:15 – 7:15 p.m. Structured Education Programme 9:00 p.m. Post AEC 2012	28 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	2:30 – 3:30 p.m. Board of Education - Video Session	30 2:00 – 4:00 p.m. Training Course on Practice Management
1 Jul	2	3	4 1:00 – 3:15 p.m. CME Lunch Symposium Lecture 2:15 – 7:15 p.m. Structured Education Programme 9:00 p.m. Post AEC 2012	5 2:15 – 7:00 p.m. Structured Education Programme	6	7 1:00 – 3:15 p.m. Interest Group in Dermatology
3:00 – 6:00 p.m. Conjoint 2012 First Examiners Training Workshop	9	10	2:15 – 7:30 p.m. Structured Education Programme 9:00 p.m. Post AEC 2012	12 2:15 – 7:00 p.m. Structured Education Programme	13	2:30 – 4:30 p.m. Training Course on Counseling in Family Medicine
15	16	9:00 p.m. Board of Education Meeting	18 2:15 – 7:15 p.m. Structured Education Programme 9:00 p.m. Post AEC 2012	19 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	20	2:30 – 5:30 p.m. AEC Course
2:30 – 4:30 p.m. Training Course on Practice Management	23	24	25 9:00 p.m. Post AEC 2012	9:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Board of Education - Video Session	28 2:00 – 4:00 p.m. Training Course on Practice Management 2012
29	30	31	1 Aug	2	3	4

FP LINKS EDITORIAL BOARD 2012				
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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes

Purple: College Activities

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