



Issue 99
May 2012

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President

Hong Kong Primary Care Conference 2012

The 2nd Hong Kong Primary Care Conference (HKPCC) organized by our College will be held on June 2 & 3, 2012 at the Hong Kong Academy of Medicine Building. Primary care is the work of healthcare professionals who act as a first point of consultation for all patients. Central to the concept of primary care is the patient. It involves the widest scope of health care, including patients of all ages, of different socioeconomic groups, people who are more health-conscious, and patients presenting with various types of acute and chronic physical, mental and social health issues, including multiple chronic diseases.

Family physicians provide not only services commonly recognized as primary care, but also

act as coordinators of our patients' overall health care. Primary care providers include the primary care physicians, other physicians who include some primary care services in their practices, and allied health professionals. Collaboration among providers is of utmost importance to the development of primary care.

This year, the organizing committee has chosen "United We care : Forging Partnerships in Health" as the main theme of the conference, with a focus on strengthening collaborations among health care professionals across different sectors to enhance primary care provision to our community. I hope you will attend and enjoy this meaningful annual event of our College.

15th World Conference on Tobacco or Health

I attended the 15th World Conference on Tobacco or Health (WCTOH 2012) in March as part of the Hong Kong Academy of Medicine delegation.

Dr. Margaret Chan, Director-General of the World Health Organization made an impressive speech at the Opening Ceremony. In her welcome message she stated that "Tobacco use is the world's number one preventable killer ... Full implementation of the WHO Framework Convention on Tobacco Control would deliver the single biggest preventive blow to heart disease, cancer, diabetes and respiratory disease."



Hong Kong Delegates at the Opening Ceremony.



Dr. Margaret Chan's Speech during the Opening Ceremony.



Dinner with Director - General, World Health Organization, Dr. Margaret Chan.

INSIDE THIS ISSUE

01 Message from the President

02 College News

02 CMOD, 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration

03 News of FP Links Committee, Specialty Board News, Membership Committee News, Board of Vocational Training and Standards New

04 WONCA Express, Classified Advertisement

16 Diploma in Family Medicine

18 Certificate Course in Family Medicine

05 HKPCC 2012

14 Trainee Column: How to Prepare a Reference List in a Pain Free (and Free of Charge) Way

19 Oasis: I Dig Love, I Love Dig

20 News Corner: Duxaril / Update of Diagnostic Criteria of Diabetes Mellitus by WHO

22 CPR Subcommittee Announcement

24 Board of Education News

28 College Calendar

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th May 2012 to 14th June 2012, Dr. Angus Chan and Dr. Chong Man Yuk will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Angus Chan



Dr. Chong Man Yuk

Dr. Tony C K Lee
Co-ordinator, CMOD System

Internal Affairs Committee News

The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration

Dear Colleagues,

The College is holding **"The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration"** on **3rd June 2012 (Sunday)** at the **Hong Kong Academy of Medicine Jockey Club Building**.

The successful candidates of Conjoint Examination would be conferred Fellowships; and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Professor Lee Sum Ping, Dean of Li Ka Shing Faculty of Medicine, The University of Hong Kong**, would deliver the 23rd Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

- Events : (i) **The 25th Fellowship Conferment Ceremony**
(ii) **The 23rd Dr. Sun Yat Sen Oration by Prof. Lee Sum Ping**
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 3rd June 2012 (Sunday)
- Time : 3:30 p.m. - Reception
4:30 p.m. - Ceremony
<followed by light Refreshment after the Ceremony>
- Remarks : 1 CME (Category 4.3)
This activity is free of charge to our College Fellows, members and their spouses.
*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

We look forward to seeing you soon!

Thank you!

Dr. David CHAO
Chairman, Internal Affairs Committee

News of FP Links Committee

The FP Links Committee welcomes Dr. Wong Yu Shing, Lawrence as a new member of the Editorial Board.

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2012.

Dr. Cheuk Wing Ngar
Dr. Chu Tsun Kit
Dr. Hui King Wai
Dr. Leung Wing Kit
Dr. Wong Wai Man

Dr. Choi Yue Kwan
Dr. Fung Siu Cheung, Colman
Dr. Kwan Shu To
Dr. Lo Sze Mon
Dr. Wu Tsz Yuen

Dr. Chow Kam Fai
Dr. Ho Mo Sze, Ellen
Dr. Lee Chik Pui
Dr. Ng Cham Chi
Dr. Yip Chun Kong

Congratulations to you all!

Dr. Wendy Tsui
Chairlady
Specialty Board

☆☆☆☆☆

☆☆☆☆☆

☆☆☆☆☆

☆☆☆☆☆

The Specialty Board is pleased to announce that there will be a CSA Standardization Workshop and Research Segment Standardization Workshop held on 31st May 2012. Professor Doris Young, our External Examiner, will join our discussions in the workshop.

1. CSA Standardization Workshop

Date: 31st May 2012 (Thursday)

Time: 7:00 – 8:15 p.m.

Venue: Room 702-3, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

2. Research Segment Standardization Workshop

Date: 31st May 2012 (Thursday)

Time: 8:30 – 10:00 p.m.

Venue: Room 702-3, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Alky or Oscar, our College Secretaries, at 2861 0220 for details.

Membership Committee News

The Membership Committee approve, on recommendation of the Chairlady of Membership Committee, the following application for membership in **April 2012** :

Associate Membership (New Application)

Dr. LAI, Pui Hung

黎沛雄

Board of Vocational Training and Standards News

Hong Kong Primary Care Conference (HKPCC) 2012 (Previously called Annual Scientific Meeting (ASM)) will take place on 2-3 June 2012 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All **basic** trainees, enrolled in 2006 or after, are required to attend at least **TWO Hong Kong Primary Care Conferences OR Annual Scientific Meetings** organized by the Hong Kong College of Family Physicians in the **four-year** training programme.

All higher trainees, enrolled in 2007 or after, are required to attend at least **ONE Hong Kong Primary Care Conference OR Annual Scientific Meeting** organized by the Hong Kong College of Family Physicians in the **two-year** training programme.

The above information has already been mentioned in Trainee's logbook.

Please contact Carmen or Brian, our College Secretaries, at 2528 6618 for details.

Message from the WONCA Asia Pacific Regional President

19th Wonca Asia Pacific Regional Conference

May 24~27, 2012 Jeju, Korea

Clinical Excellence in Family Medicine :
Evidence-based Approach in Primary Care

Dear Colleagues,

The 19th WONCA Asia Pacific Regional Conference will be held from May 24th to 27th, 2012 at the International Convention Center Jeju (ICC Jeju), Korea.

The main theme of the Conference is *"Clinical Excellence in Family Medicine: Evidence-Based Approach in Primary Care"* with a focus on the latest developments and trends, as well as the future outlook of the field of Primary Care and Family Medicine. This theme is a most appropriate one especially when family physicians are taking up key positions in the primary healthcare system. To gain the trust of patients, administrators and policy makers, we must provide evidence that supports the best practices and holistic care delivered in primary medical care through the practice of Family Medicine.

Jeju Island is Korea's most prestigious destination and a top honeymoon location!! Jeju is proud of its unique cultural folk heritage as well as its geographical and historical relevance. The island itself is an extinct volcano with its peak jutting skyward at the center and a broad, gentle littoral all the way around - a very unique geographical condition.

I am one of the plenary speakers and Professor Michael Kidd will be speaking on a most popular subject: What is the Meaning of Clinical Practice Guidelines in Primary Care. There are many other prominent speakers who will speak on practical and relevant subjects. I understand quite a few FM colleagues from Hong Kong will be presenting as well. I am sure we will learn a great deal and have great fun in Jeju at the same time.

Let's form a big delegation!! I look forward to seeing you all in Jeju!!

Prof. Donald Li
WONCA APR President

Classified Advertisements

Positions Vacant

FT/PT/Locum **Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in NTW / NTE / Kowloon. Flexible hours. Please e-mail resume with expected salary - **Ms. Law** : hr@ucn.org.hk

FM trainee vacancy at Ma On Shan. Musculoskeletal medicine training with excellent prospect. Flexible working hours, Basic salary plus bonus. Tel: 9016 2909 or email: drandrewip@gmail.com

Accredited Private FM Centre invites energetic Doctors for expanding services (Tuen Mun / Kwai Fong). Basic / higher FM Trainee, A&E Officers welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

Invites applicants for full time position in Evangel Hospital and satellite clinics. Basic salary plus variable pay. Please send your CV and enquiry to cplusclinic@gmail.com Dr. Chui

Clinic Available

Yau Tong ground floor shop for rent 160,000 population, low competition, facing new shopping center "domain" and market. 3 minutes walk from MTR station. Call Ms. Ng 6017 6156.



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2012

UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

The long-awaited 2nd Hong Kong Primary Care Conference with the theme “*United We Care: Forging Partnerships in Health*” is fast approaching. It will be held on the 2nd and 3rd of June 2012.

This conference serves as an impetus for bringing together the primary care community to share latest scientific updates, exchange views on recent healthcare developments and promote networking opportunities.

Together with our academic, research, institutional and primary care partners, we aim to present to you a full array of exciting and innovative scientific programmes.

We are pleased to inform you that the response to our call for submissions of free paper presentation abstracts, programme book cover competition entries, and conference registration has been overwhelming. You are still welcome to join another interesting highlight of our conference, namely the “Clinical Case Presentation Competition”. Don’t miss the last chance to share your challenging cases managed in primary care preferably with multi-disciplinary involvement.

With your participation and support, I am confident that we will have an enriching and fruitful experience in this meaningful event. We are looking forward to seeing you at the conference. Please mark your calendar for this memorable occasion.

Further details regarding the conference are available at our College website (<http://www.hkcfp.org.hk>).

Dr. Lorna NG

Chairlady

Organizing Committee

Hong Kong Primary Care Conference 2012

COMPLIMENTARY TRANSPORTATION FOR HKPCC 2012

We are pleased to announce the arrangement of complimentary transportation on behalf of the HKPCC 2012 Organizing Committee. There will be complimentary transportation for participants with details as follows. Pre-registration for transportation is required.

Origin	Destination	2 nd June 2012 (Sat)	3 rd June 2012 (Sun)
Admiralty	HKAM Jockey Club Building	02:00pm	08:30am
Kowloon Tong MTR station	HKAM Jockey Club Building	01:30pm	---
Tuen Mun Hospital	HKAM Jockey Club Building	01:30pm	---

Remarks:

Admiralty = MTR Station Exit A, Admiralty Centre (海富中心)

Kowloon Tong MTR station = Exit F, Somerset Road (森麻實道)

For Dinner Symposium:

Complimentary transportation will also be available after the dinner symposium on 2nd Jun 2012 (SAT) 9:30 p.m. from the HKAM Jockey Club Building to Admiralty.

Updates on HKPCC 2012 Workshops

Workshop 2 (Contemporary Psychotherapy Skills in General Practice) and Workshop 4 (Chronic Musculoskeletal Pain Management) are now FULL. We have regretfully sent back cheques to unsuccessful registrants.

However, turned down participants need not be disappointed as **there are a few seats left for Workshop 1 (Statistical Analysis) and Workshop 3 (Patient Empowerment)**. If you have not yet registered, reserve your seat by returning your registration form to us **RIGHT NOW!**

Moreover, we also have other fruitful sessions including plenaries, seminars and symposia. Look out for our symposia speakers as introduced in Pages 8-10.

Remember to register early for our **symposia** as seats are limited!! Seats are expected to go fast as our symposia are complimentary and a great social scene for dining and catching up with colleagues and peers!



ANNOUNCEMENT OF HKPCC 2012 PROGRAMME BOOK COVER COMPETITION RESULTS

The Programme Book Cover Competition was launched for designers from all walks of life to exercise their talents.

A total of 19 entries have been received and were voted by members of the organizing committee.

The winning cover design for HKPCC 2012 programme book belongs to **Dr. Shek Hon Wing**.

Congratulations to Dr. Shek. The artwork by Dr. Shek will be displayed on the cover of the HKPCC 2012 programme book for all to see. Remember to pick up your programme book on the 2nd of June 2012!

HKPCC 2012 Organizing Committee



There will be a

“Prize Award” session on
3rd June 2012 at 1:00 p.m.:



1. Hong Kong Primary Care Conference (HKPCC) Best Programme Book Cover;
2. Best Presentation Award and Largest Fans Club Award of Clinical Case Presentation Competition (HKPCC);
3. Best Logo Competition Award of College Newsletter: FP Links.

Announcement for the Clinical Case Presentation Competition of HKPCC 2012

Have you encountered patients with interesting and challenging issues in your daily practice? You're dying to share your personal experience with others?

HERE'S YOUR CHANCE!

There will be a **"Clinical Case Presentation Competition"** at the Hong Kong Primary Care Conference 2012 and all are welcome to participate to witness the winners of the Best Presentation Award and the Largest Fans Club Award!

Format:

Clinical cases encountered in primary care, especially cases illustrating the benefit of multidisciplinary care are welcomed. Doctors, nurses, physiotherapists, clinical psychologists, occupational therapists, dietitians, podiatrists and all allied health members are all welcomed to join the competition.

You will have a maximum of 15 minutes for your presentation. It can be in any form including individual presentation, group presentation (up to 5 people per group), role play, drama and others.

Judges and Prize:

A multidisciplinary panel of Judges will select one presentation to receive the "Best Presentation Award" along with a \$5,000 cash prize. The judging criteria will be based on the content and the presentation skills. The ability to demonstrate multi-disciplinary collaboration in clinical management in primary care will be given bonus points.

There is also a "Largest Fans Club Award" with a \$2,000 cash prize for the contestant with the greatest number of supporters* in the audience. So remember to invite your friends and co-workers to support your presentation on Sunday 3rd June at 9:30 - 11:30 a.m.!

CPD / CME points will be granted for the speakers and all group members.

* ALL supporters must be registrants of the HKPCC to be counted for the "Largest Fans Club Award"

Submission details:

- The presentation should be the original work of the participants.
- Application deadline is now extended to **20th May 2012**. The submission form is downloadable from www.hkcfp.org.hk.
- The deadline for submission of presentation materials is **20th May 2012**. Applicants who are late in submitting their forms will be excluded from the competition. Please submit your presentation materials to our Conference Secretary via email.
- All entries will be acknowledged upon receipt. There will be a maximum of 6 presentations and successful submissions entering the competition will be notified by **25th May 2012**.
- Entries should be emailed to hkpcc@hkcfp.org.hk.

If you have any questions concerning the **"Clinical Case Presentation Competition"**, please contact Ms. Crystal Yung or Ms. Erica So, by phone at 2528 6618 or by email at hkpcc@hkcfp.org.hk.

PLENARY IV



Multi-disciplinary Approach to Type II Diabetes in Primary Care Setting

We are pleased to announce our final and 4th plenary session to be presented by Professor Jiten Vora, Consultant Physician at the Royal Liverpool University, Senior Clinician in Diabetes and Endocrinology.

Prof. Vora qualified from the University of Cambridge, UK, and specialized in diabetes and endocrinology as a research fellow and then lecturer at the University of Wales College of Medicine, UK. He also spent time as a Fulbright Senior Fellow at Oregon Health and Sciences University, USA. Prof. Vora has ongoing research interests in the development of/screening for/treatment of diabetic retinopathy; renal haemodynamics/function and hypertension in type 2 diabetes, where he has extensive publications in these fields.

A key clinical objective of the management of type 2 diabetes mellitus (T2DM) is to achieve glycaemic control in order to reduce the development and progression of diabetes related complications. Multi-disciplinary team, including a physician and diabetes educator, is recommended to have better result of diabetes treatment.

More than half of patients with T2DM have a HbA1c above the ADA recommended target of 7%. Failure to achieve and maintain good glycaemic control may be attributed to a number of factors. Traditional blood glucose lowering agents do not prevent the progressive loss of β -cell function in patients with T2DM.

Hypoglycaemia is a common side-effect in patients using sulphonylureas or insulin. When glycaemic targets for an individual are tightened, the risk of hypoglycaemia increases. The risk for experiencing hypoglycaemic events is further increased in those patients with declining renal function.

Declining renal function is likely to have a long-term impact on patient care, through an increased risk of hypoglycaemic and cardiovascular events. Most glucose lowering agents are partially or primarily eliminated via the kidney, and so their clearance decreases with declining renal function. This may result in increased plasma levels of the drug or its metabolites, potentially leading to an increased risk of adverse effects and/or hypoglycaemia. Conversely, drugs that are primarily excreted by routes other than the kidney may be of particular use in T2DM, in that they are unlikely to exhibit significant increases in plasma levels in patients with declining renal function, even if this has progressed as far as overt chronic kidney disease. They are, therefore, unlikely to be associated with increased levels of adverse events or inappropriate levels of blood glucose lowering in these patients.

SEMINAR A

How to Set Up Your Own Medical Practice: Key to Success from Medical to Financial Perspectives

This is a rare opportunity indeed to learn the secrets of our trade. This is a topic which is not covered in textbooks or journals. The committee of the HKPCC has proudly invited 3 prestigious guests including Prof. Donald Li, Dr. Alvin Chan and Mr. Steve Chung to give us extra coaching in the conceptual, hands on and financial aspects of setting up a practice.



The best incentive for quality is reward - setting up private family medicine practice

Prof. Donald Li

MBBS FHKCFP FRACGP HKASM
(FAMILY MEDICINE) FFPH

Prof. Donald Li SBS J.P. is a specialist in Family Medicine in private practice and the sole proprietor of Family Medical Practice in Hong Kong. He is the President of the World Organization of Family Doctors (WONCA) Asia Pacific Region and Censor of the Hong Kong College of Family Physicians.

Prof. Li will discuss with us how to set up a successful private Family Medicine Practice. Aspects covered will include setting up office, nursing (staff) issues, dispensary, equipment and computer setup. There will be sharing on practice promotion, business development including ethical concerns and dealing with insurance companies and contract medicine. Other subjects relevant to successful practice include establishment of protocols in clinical management of acute and chronic diseases, quality assurance and audit.



Experience sharing in setting up a private family medicine practice

Dr. Alvin Chan

MBChB, FRACGP, FHKAM
(Family Medicine), MBA
(Health Care)

Dr. Alvin Chan has a broad experience in both the private and public health care setting. He is currently a specialist in Family Medicine in private practice. Dr. Chan has also experience as Senior Manager in the Primary & Community Services at the Hospital Authority Head Office and Associate Consultant of the Hospital Authority.

"The only source of knowledge is experience." Dr. Chan will share his experience in how to choose among different options of private practice (solo, group, hospital resident etc), how to set up a clinic from scratch, and how to build up patient base in a highly competitive healthcare market. Dr. Chan will also share the difficulties and joy in running a private practice.



Tax filing procedures of medical practitioners

Mr. Steve Chung

CPA, MSCA

Mr. Chung is a certified accountant who has over 15 years of experience in accounting, auditing, system review and design, tax investigation and due diligence. Mr. Chung has been an Accounting Ambassador appointed by the Hong Kong Institute of Certified Public Accountants since 1996.

Mr. Chung will mollify our queasiness on taxes by sharing with us the scope of tax, relevant legal requirements, the financial aspects upon setting up of business, transactions recording and tax filing.

SEMINAR B

Research Forum For Higher Trainees in Family Medicine



Prof. Doris Young

MBBS MD FRACGP
Professor and Chair of General Practice,
Melbourne Medical School,
Associate Dean Academic,
Faculty of Medicine, Dentistry and Health Sciences,
The University of Melbourne

Over the last 25 years, Prof. Doris Young has been involved extensively in educating and training medical students, registrars, general practitioners and other health professionals in adolescent medicine, general practice and primary care research. She is a frequently invited keynote speaker to national and international conferences and in 2004-5, Visiting Professor of Family Medicine to University of Hong Kong and delivered the 16th Dr. Sun Yat Sen Oration for the Hong Kong College of Family Physicians. She has been the External Exit examiner for HKCFP since 2007. She is an Associate Editor of Family Practice representing the Asia-Pacific region and on the editorial board of BMC series of journals. Prof. Doris Young's current research focuses on trialling innovative models of care in the primary care setting to improve health outcomes for people with chronic diseases (Diabetes) in disadvantaged communities.

SEMINAR C

Beauty & Aesthetic Medicine Common Oral Problems in Primary Care Setting

In seminar C, we are going to discuss two commonly encountered topics raised by patients which are not covered in our conventional undergraduate or postgraduate training – Aesthetic and Oral Problems.

Beauty & Aesthetic Medicine

Dr. Kwan Kin Hung, Vincent

Specialist in Plastic Surgery

Dr. Vincent Kwan is Council member of the Society of Plastic, Reconstructive and Aesthetic Surgeons and Director of Skin Laser & Plastic Surgery Centre of St. Teresa's Hospital.

Beauty is a characteristic of a person that provides a perceptual experience of pleasure. The concept of beauty changes over time. Beauty is a subjective feeling. It is influenced by the race, culture, social economic background, personal preference and commercial advertisement.

Dr. Kwan will discuss with us the use of non-invasive or minimally invasive means to rejuvenate and restore the face to its' original beauty. Examples of aesthetic medicine are botulinum toxin and filler injection, radiofrequency and fractional laser.

Common Oral Problems in Primary Care Setting

Dr. Yeung Wai Kit, Richie

Specialist in Oral & Maxillofacial Surgery

BDS(HK), MBChB(CUHK), FRACDS, FRCS (Edin), FHKAM(Dental Surgery), FCDSHK(Oral & Maxillofacial Surgery)

Dr. Yeung worked as a Medical Officer in the Prince of Wales Hospital (Head & Neck Team) and then joined the Faculty of Dentistry of the University of Hong Kong, where he taught mainly in the management of Oral Cancer in both the undergraduate and post-graduate programme; he also played an active role in the treatment of oral cancer in clinical practice. He is now in private practice.

Dr. Yeung will discuss with us the common oral problems encountered in the Primary Care setting and how to deal with them. In the seminar, various disease categories will be discussed such as red and white mucosal lesions, salivary gland diseases and the oral manifestations of systemic diseases. Updated methods of investigation and treatment will also be discussed.

SYMPOsia

COMPLIMENTARY
REGISTRATION
COMPLIMENTARY
TRANSPORTATION
CME/ CPD
IPAD (LUCKY DRAW)

DAY 1 DINNER SYMPOSIUM DAY 2 LUNCH SYMPOSIUM

We are pleased to announce the long awaited highlight of our Conference - our complimentary dinner and lunch symposia. Our symposia have always been over-subscribed and this year we anticipate an even larger crowd. We advise interested parties to subscribe ASAP as only limited seats are left.

Our symposia are much looking forward to as it provides an opportunity for social gathering with colleagues and friends with good food, educational lessons and an opportunity to accumulate CPD points. We also have a nice surprise in store for members this year! (HINT: there is also a very good chance to win an IPAD 3 in our DINNER SYMPOSIUM LUCKY DRAW)

DAY 1 DINNER SYMPOSIUM



**OPTIMIZING DIABETIC CARE
WITH ORAL ANTI-DIABETICS
THERAPY
OPTIMAL USE OF BASAL INSULIN
IN DM MANAGEMENT**

Dr. Daniel Chu
Specialist in Family Medicine
Chief of Service, Hong Kong East Cluster,
Hospital Authority

(Second speaker to be confirmed)

Dr. Daniel Chu is Chief of Service of the Department of Family Medicine and Primary Healthcare of the Hong Kong East Cluster of the Hospital Authority. He has been involved in the development of Family Medicine and its training. Since 2008, he led the development of the Risk Factor Assessment and Management Programme (RAMP) in General Out-Patient Clinics (GOPCs) for patients with diabetes. He participated in 15 trials

since 2003 in studies involving diabetic drugs, anti-hypertensive drugs, anti-viral drugs and vaccination for H5N1 Influenza virus.

Lowering HbA1c levels have been shown to significantly reduce the risk of various cardiovascular complications in diabetic patients. Despite this evidence, HbA1c is still not well controlled in most places – only 37% of patients in Hong Kong achieved the target HbA1c level of <7.0%. Thus, it is crucial to improve the treatment strategies to meet the glycaemic goal. According to the treatment algorithm developed by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD), the initial step of the tier 1 treatment involves lifestyle management and the prescription of metformin. If this is insufficient, either sulfonylureas or basal insulin should be added. Currently, a number of sulfonylureas, including glibenclamide, glimepiride, glicazide and glipizide are available, and clinicians must try to select the optimal agent for their patients. The use of sulfonylureas or basal insulin have been recommended by guidelines published by different organisations. The revised consensus statement published in 2008 further emphasized that early addition of basal insulin should be implemented in patients who do not meet the HbA1c target, and further intensification of basal insulin is required in patients who have difficulty reaching their HbA1c goal.

DAY 2 LUNCH SYMPOSIUM

**ENHANCING EARLY AND OPTIMAL
GLYCEMIC CONTROL – WHAT CAN DPP-4
INHIBITION OFFER?**

Professor Tan Choon Beng Kathryn
MBBCH, MD (Wales), FRCP (Lond, Edin), FHKCP,
FHKAM (Med)

Dr. Kathryn Tan is currently Clinical Professor at the Department of Medicine, The University of Hong Kong. She is the immediate past president of the Hong Kong Society of Endocrinology, Metabolism and Reproduction. She also serves as a member of the Executive Board of the Asian Association for the Study of Diabetes and council member of the Asian Pacific Society of Atherosclerosis and Vascular Disease. Her main research interests relate to lipid disorders and lipoprotein

metabolism, as well as the pathogenesis of atherosclerosis and diabetic vascular complications.

Type 2 diabetes mellitus is a common disorder with its long term complications being a major cause of morbidity and mortality. One of the major challenges facing health care providers in the treatment of patients with type 2 diabetes is to maintain the balance between achieving glycaemic targets while minimising adverse events. Tolerability issues and adverse events like gastrointestinal symptoms and hypoglycaemia frequently affect adherence to therapy and can have a negative impact on patient outcomes. The incretin-based therapies have lower risks for hypoglycaemia and either decrease body weight (GLP-1-receptor agonists) or are weight neutral (DPP-4 inhibitors). GLP-1-receptor agonists are injection-based whereas DPP-4 inhibitors are oral agents. As a drug class, the DPP-4 inhibitors have favourable adverse-effect profile and more convenient dosing. This new class of agents offers a potential advantage in achieving glycaemic goals for patients with type 2 diabetes without additional tolerability concerns.

REGISTER NOW WHILE SEATS ARE STILL AVAILABLE WITH THE CONFERENCE REGISTRATION FORM

Hong Kong Primary Care Conference 2012

"United We Care - Forging Partnerships in Health"

Date Time	02 June 2012 (Sat)		
14:00 - 15:00	Registration & Welcome Drinks - G/F Exhibition Hall		
15:00 - 15:30	Opening Ceremony - G/F Pao Yue Kong Auditorium		
15:30 - 16:00	Plenary I	Multidisciplinary Approach to a Patient with Acute Community Acquired Pneumonia	Prof. YUEN Kwok Yung (Department of Microbiology, HKU)
16:00 - 16:30	Plenary II	Health Care Partnerships – Time for Action	Prof. Doris YOUNG (Professor and Chair of General Practice, Melbourne Medical School, Associate Dean Academic, Faculty of Medicine, Dentistry and Health Sciences, The University of Melbourne)
16:30 - 17:00	Coffee Break - G/F Exhibition Hall		
17:00 - 19:00	Workshop 1	Statistical Analysis by Computer Software Made Easy and Fun	Prof. WONG Chi Sang, Martin (Associate Professor, School of Public Health and Primary Care, Faculty of Medicine, CUHK)
	Workshop 2	Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	Dr. CHEUNG Kit Ying, Andy (Specialist in Family Medicine)
	Seminar A	How to Set Up Your Own Medical Practice : Key to Success from Medical to Financial Perspectives	
		1) The Best Incentive for Quality is Reward - Setting Up Private Family Medicine Practice	Prof. LI Kwok Tung, Donald (Specialist in Family Medicine, Regional President, WONCA Asia-Pacific Region)
		2) Experience Sharing in Setting Up a Private Family Medicine Practice	Dr. CHAN Chung Yuk, Alvin (Specialist in Family Medicine)
		3) Tax Filing Procedures of Medical Practitioners	Mr. Steve CHUNG (Certified Public Accountant, Member of The Society of Chinese Accountants and Auditors)
	Seminar B	Research Forum for Higher Trainees in Family Medicine	Prof. Doris YOUNG (Professor and Chair of General Practice, Melbourne Medical School, Associate Dean Academic, Faculty of Medicine, Dentistry and Health Sciences, The University of Melbourne)
19:00 - 21:00	Free Paper Presentation	Various Speakers	
	Dinner Symposium	Optimal Use of Basal Insulin in DM Management	Dr. Daniel CHU (Specialist in Family Medicine, Department of Family Medicine and Primary Healthcare, Chief of Service, Hong Kong East Cluster, Hospital Authority)
		Optimizing Diabetic Care with Oral Anti-diabetics Therapy	To Be Confirmed

Date Time	03 June 2012 (Sun)		
09:00 - 09:30	Registration - G/F Exhibition Hall		
09:30 - 11:30	Workshop 3	The Do's and Don'ts in Patient Empowerment	Mr. Peter POON <i>(Director (Rehab), HK Society for Rehabilitation, Certified T-trainer of CDSMP)</i>
			Ms. Eve LOONG <i>(Manager, Self Management Training and Development Centre, HK Society for Rehabilitation; Master Trainer of CDSMP)</i>
	Workshop 4 (9:15 - 11:45)	Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care	
		1) Update in Neuroplasticity and Theories for Multimodal Multidisciplinary Management for Chronic Pain	Dr. LI Ching Fan, Carina <i>(Consultant Anaesthesiologist, Pain Management Clinic, Hong Kong Sanatorium & Hospital)</i>
		2) Flow Therapy to Tackle Pain Sensitization - From Goal Setting to Activity with Case Illustrations	Mr. CHAN Man Tai, Edward <i>(Occupational therapist, Queen Mary Hospital)</i>
	Seminar C	3) Active and Passive Physiotherapy for Chronic Musculoskeletal Pain with Live Demonstrations	Ms. MO Tin Yi, Terry <i>(Physiotherapist, Hong Kong Sanatorium & Hospital)</i>
		Beauty & Aesthetic Medicine	Dr. KWAN Kin Hung, Vincent <i>(Specialist in Plastic Surgery, Director, Skin Laser & Plastic Surgery Centre of St. Teresa's Hospital)</i>
Clinical Case Presentation Competition	Common Oral Problems in Primary Care Setting	Dr. YEUNG Wai Kit, Richie <i>(Specialist in Oral & Maxillofacial Surgery)</i>	
	Various Teams / Presenters		
11:30 - 12:00	Coffee Break - G/F Exhibition Hall		
12:00 - 12:30	Plenary III	Partnership in Health – What is the Missing Link	Ms. Sylvia FUNG <i>(Chief Manager, Nursing, Hospital Authority)</i>
12:30 - 13:00	Plenary IV	Multi-disciplinary Approach to Type II Diabetes in Primary Care Setting	Prof. Jiten VORA <i>(Consultant Physician, Royal Liverpool University)</i>
13:00 - 13:15	Prize Award - G/F Pao Yue Kong Auditorium		
13:15 - 15:45	Lunch Symposium	Enhancing Early and Optimal Glycemic Control – What can DPP-4 Inhibitors Offer?	Prof. TAN Choon Beng, Kathryn <i>(Clinical Professor, Department of Medicine, HKU, Immediate Past President, Hong Kong Society of Endocrinology, Metabolism and Reproduction)</i>

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2012

Organized by the Hong Kong College of Family Physicians

2 - 3 June 2012, HKAM Jockey Club Building, Wong Chuk Hang, HK

“United We Care – Forging Partnerships in Health”



REGISTRATION FORM

Title: Prof. / Dr. / Mr. / Mrs. / Ms. (*circle as appropriate)

Surname: _____ Given Name: _____

Institution: _____

Contact No.: _____ HKCFP Member ID (if applicable): _____

Address: _____

Email: _____ Fax: _____

*Details or updates would be sent by email

REGISTRATION (please tick as appropriate):

If you are interested in joining as HKCFP member, please contact our administrative staff Ms. Angel Cheung / Ms. Priscilla Li for details.

Hong Kong Primary Care Conference 2012			HKCFP Member	Non-member
02 - 03 June 2012 (Sat PM and Sun AM&PM)			<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$600
Workshops			HKCFP Member	Non-member
02 June	17:00 – 19:00	Workshop 1: Statistical Analysis by Computer Software Made Easy and Fun	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
		Workshop 2: Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	<input type="checkbox"/> HK\$100 Full	<input type="checkbox"/> HK\$200 Full
03 June	09:30 - 11:30	Workshop 3: The Do's and Don'ts of Patient Empowerment	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
	09:15 - 11:45	Workshop 4: Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care	<input type="checkbox"/> HK\$100 Full	<input type="checkbox"/> HK\$200 Full

Participant can **only** register for **ONE** workshop **per day** as the concurrent session will be held simultaneously.

Workshop registration is subject to availability and on first-come-first-serve basis. Cheques will be returned to unsuccessful registrants.

COMPLIMENTARY TRANSPORTATION

Pick-up Points	2 June 2012 (Sat)	3 June 2012 (Sun)
Admiralty	<input type="checkbox"/> 14:00	<input type="checkbox"/> 08:30
Kowloon Tong	<input type="checkbox"/> 13:30	---
Tuen Mun	<input type="checkbox"/> 13:30	---

SYMPOSIA

<input type="checkbox"/> will attend lunch and dinner symposium
<input type="checkbox"/> will attend lunch symposium only
<input type="checkbox"/> will attend dinner symposium only
<input type="checkbox"/> will not attend lunch and dinner symposium

Note: details will be further announced and emailed to individual registrants who have applied for this.

PAYMENT METHOD

Please send completed registration form with crossed cheque(s) payable to “HKCFP Education Ltd” to the address: Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road., Aberdeen, Hong Kong

Please use **SEPARATE cheques** for the membership fees (if applicable), the conference and workshop(s) registration fees.

CONFERENCE SECRETARIAT



Staff : Ms. Crystal Yung / Mr. Richard Li



Tel : (852) 2528 6618



Email : hkpcc@hkcfp.org.hk



Fax : (852) 2866 0616

Signature: _____ Date: _____

Registration form and other forms regarding this conference can also be downloaded through HKCFP College website – www.hkcfp.org.hk.

Enhancing the practice of primary care physicians as our goal
to serve the medical profession and the Society

A Quotable Qualification by
The Hong Kong Medical Council

Postgraduate Diploma in Diagnosis and Therapeutics in Internal Medicine

(PDipIntMed&Therapeutics)

醫學內科診斷及治療深造文憑



Calling for Enrolment in September 2012

PROGRAM FEES

Composition fee for the 2-year program
is HK\$23,000 (subject to approval)

ADMISSION REQUIREMENTS

Holder of a primary medical degree
with post registration experience of
no less than 12 months

DEADLINE OF APPLICATION

31 August 2012

To submit an application:

On-line: <http://www.hku.hk/medicine/postdip.htm>

VENUE

William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pok Fu Lam, Hong Kong

ORGANIZER

Department of Medicine
The University of Hong Kong
Queen Mary Hospital, Hong Kong



THE UNIVERSITY OF HONG KONG
LI KA SHING FACULTY OF MEDICINE

香港大學李嘉誠醫學院

How to Prepare a Reference List in a Pain Free (and Free of Charge) Way

Dr. Chan Ting Bong, Higher Trainee, NTEC

After publishing a paper on BPPV management in the HK Practitioner in Mar 2012 and submitting a clinical audit report for my Exit Exam in December 2011, I can assure you the preparation of the reference list of a scientific paper can be a very painful experience.

When I started writing my BPPV paper in around June 2010, I was using a "traditional" and in fact very stupid way in preparing my reference list: apart from the main Microsoft Word file containing the contents of my paper, I put all the references in another ".txt" file and assigned a number to each entry. When I wrote the paper, I put the temporary numbers of these references to the end of the sentences manually. After finishing the whole paper, I printed out both the Word file and the ".txt" file and tried to rearrange the numbers in the reference list manually to the correct order. However, this wasn't an easy task! A single reference could be applied to multiple sentences, and new reference may be added to the paper on proof reading. When I added a new reference to the paper, say, a new "10th" reference, I needed to shift the numbers of the other references from the 11th onward, and this process needed to be repeated when adding other new references. After multiple manual shifting of the reference numbers, significant errors could occur, and I was forced to recheck the reference list against the main text, and each error identified resulted in further manual shifting of the reference numbers...

Ridiculously, after submitting the paper to HK Practitioner in September 2010, I could still identify errors in the numbering of my reference list when I went through my paper again one year later. Fortunately I was able to correct all the errors with the new method described in this article before the paper was finally published in March 2012.

After going through this painful experience, I swore that I would find a smarter way to prepare the reference list for my clinical audit report. I heard from a professor about a type of software called "Endnote", but it cost US\$249.95 to download! Then I tried to search on the web for "Endnote alternatives", finally, I found a free-of-charge software called "Mendeley" which solved all my problems.

Now I am going to show you how to prepare a reference list accurately and easily with this software.

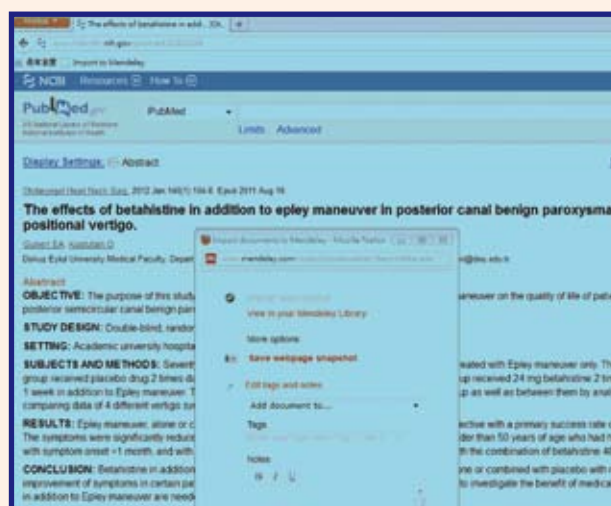


First of all, you need to visit <http://www.mendeley.com> and download the free software. After installation, the software will prompt you to create a "Mendeley" web account for storing your own library of references.

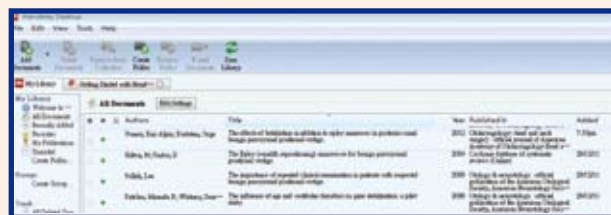
Next, you need to install a "Web importer" button to your web browser. What you need to do is to visit <http://www.mendeley.com/import/>, and simply drag the red "Import To Mendeley" button to your bookmarks toolbar.



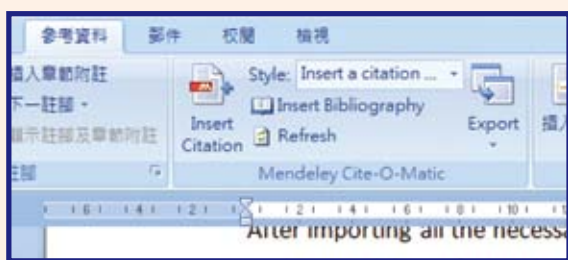
You can start searching for useful articles on pubmed (www.pubmed.com). When you reach the abstract page of your target paper, simply press the "Import to Mendeley" button, the paper will be added to your reference library on the web! The title of the paper, the authors, the journal name and page number, as well as the pdf file of the paper (if any), will all be added to the library and well organized.



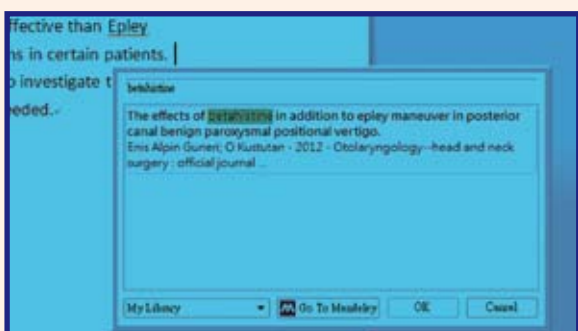
After importing all necessary papers to your web account, you can now go back to the Mendeley software installed in your computer. Simply click the "Sync library" button, all your favorite references will be synchronized to your computer.



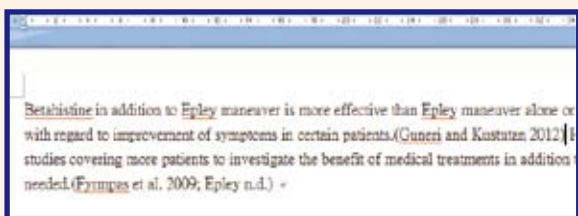
Now you need to install a new feature to the Microsoft Word by selecting the "Install MS word plugin" function under the "Tools" tab of the Mendeley software. Turn on your Microsoft Word and you will find a new box under the "Reference" tab.



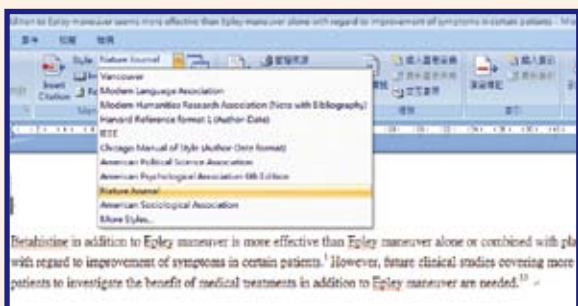
The magic is about to begin. Now you can go back to your paper and start adding the references to each specific sentence. Simply place the cursor to the end of a sentence, press the "Insert Citation" button under the "Reference" tab of the Microsoft Word, then a window will pop out as below:



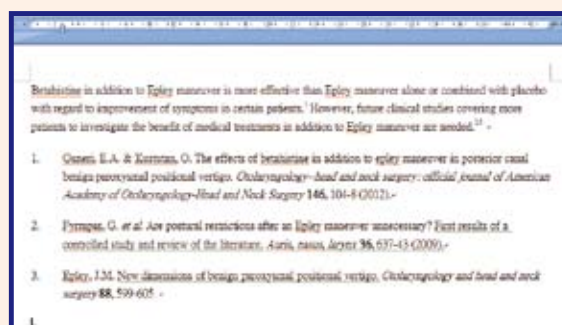
Type in any keywords or author's name in the window, then the preferred reference will show up. You can select more than one reference for the same sentence.



As shown in the above example, I have inserted one reference to the first sentence, and two other references to the second sentence, but the format looks very strange. No worry, you can change the style of the references to "Nature Journal" or any other style you like. Now the references are changed to numbers.

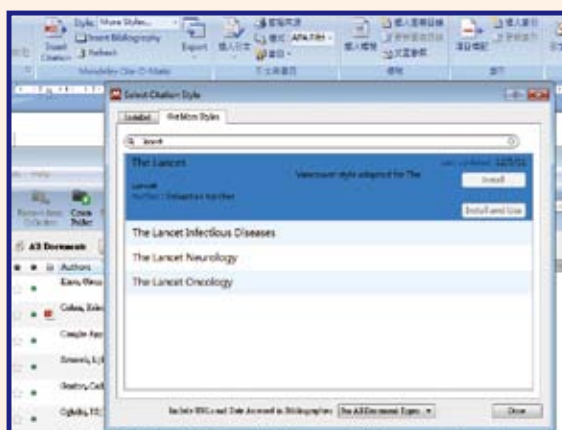


After adding all the necessary references to your paper, the most magical moment comes! Now put the cursor to the very end of the paper and press the "Insert Bibliography" button, a beautiful reference list is done!



There are still many other powerful functions in this software. For example, you can actually drag the pdf file of a downloaded reference paper to the Mendeley software, the paper will be added to your reference library with all the information including authors, title and page number correctly shown! For those papers not available in the pubmed system, such as a book chapter or an article in the HK Practitioner, you can choose to create entries manually.

If you are preparing to submit an article to HK Practitioner, please pay attention to the format of your reference list; our college requests us to prepare the reference list in "Vancouver style", but if you choose this style in the Mendeley software, a web address for direct access to the pubmed abstract page will be added to the end of each entry of the reference list. To overcome this problem, you can click the "Style" button and select "More Styles...", then a window will pop up in the Mendeley software; choose the "Get More Styles" tab, search and install "The Lancet" style. This style is actually the "Vancouver" style preferred by HK Practitioner.



After creating your reference library on the web, you can actually download all the information to any computer installed with the Mendeley software, and you can even access your library with a free of charge iPad App!

The desktop software, the iPad App, and the web account are all free, but there is no free lunch in the world. The free web account actually has a limit of 500MB and after using up this quota, you will need to purchase more web space. Don't worry! 500MB should be good enough for most of us. Currently I have 133 references in my web account, which only used up 9MB of web space!

I hope this free software makes your paper-writing a more enjoyable experience!

Diploma in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>5 compulsory</u> and <u>1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2012	Module I
November 2012 to January 2013	Module II
July 2012 to May 2013	Module III, IV & V
May 2013	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$25,000 for members of HKCFP

HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before April 30, 2012)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate
- A recent photo of the applicant (passport size)
- A signed "Disclaimer of Liability"
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2011 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

11. Application Deadline: June 15, 2012**12. Comments From Former DFM Graduates**

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for refreshing our knowledge on clinical medicine. Module I, II & III could help improving my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation
- knowledge and skills in some common practice procedures required in family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FIVE months of part-time studies.

June to October 2012

Segment I & II

1-day workshop in October 2012

Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$6,000 for members of HKCFP

HK\$12,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate
- A recent photo of the applicant (passport size)
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- A Course Fee of HK\$6,000 (or HK\$12,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

10. Application Deadline: June 15, 2012

Dr. Au Chi Lap
Chairman, The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



I dig love, I love dig

Every person loves water, but who is willing to dig for it? Who wants to dig a well that goes down deep into the great aquifers below, and taps into infinite water?

In the same way, every person loves love, every person loves authenticity, real feeling, real passion, real heart. But who wants to dig for it? Who will do the work required to tap into the invisible reservoirs of infinite Divine-human love lying deep in every heart?

Most people hold back their heart, because they think that's the "safest" way to live. Putting your heart out there, taking emotional risks, admitting how you feel to someone -- all of that sounds terribly scary to the average human being. But the truth is, the most painful life is the life in which you are not expressed. When you guard your heart, you live in a world where, due to not living authentically, you don't get to see any life around you. And you naturally draw this conclusion: "Life has no life." Well, yes, ever since you've been gone, that's true.

As soon as you find those deeper springs in yourself, as soon as you are willing to offer the living water of your own true emotion, love, care, passion, tenderness, etc., others will drink of those springs, and that will bring out deeper things in them. You can be sure of that. Reality is living water. People love it.

Your heart is Divine. That is true of everybody. Therefore, whoever is willing to dig for love, and goodness, and life -- that person will have it. Living water will flow from your heart, which is the Heart of God.

<http://www.soulprogress.com/html/ArticlesFolder/Articles/BeTheChange.shtml>
(本欄資料由 心靈綠洲 — 個人成長及危機處理中心 提供，特此鳴謝。)

Duxaril

Duxaril has been used for treatment of dementia and tinnitus, especially symptoms related to cerebral circulation problem. This drug has recently been drawn to attention since its manufacturer, Servier, decided to withdraw this drug from the market. As no local alternative supply of the item is available, we may need to consider other alternative treatment for patients suffering from these medical conditions in the near future. Some information about Duxaril is summarized as below:

Ingredients: Raubasine 10 mg, almitrine bismesylate 30 mg

Class: Peripheral dilators and cerebral activators

Mechanism of action: raubasine: a vasodilator; almitrine: a respiratory stimulant. Increase arterial PaO₂

Indications:

- Psychobehavioral disturbances associated with cerebral aging e.g. memory loss, impaired intellectual efficiency, reduced initiative, unstable mood, emotional lability, indifference, refusal to participate in social activities.
- Some visual (chorioretinal) disorders related to the circulation.
- Cochleovestibular disorders related to the circulation (hearing loss, dizziness, buzzing sounds in the ear).

Dosage: 1/2 tab bd to 1 tab bd

Alternatives for duxaril:

Other drugs available for dementia:

1. Acetyl cholinesterase inhibitor: Donezipil (Aricept), Rivastigmine, Galantamine (for mild to moderate cases)
2. NMDA receptor antagonist: Memantine (for moderate to severe cases)
3. Others: (controversial evidence)
 - Vitamin B₁₂, Vitamin E
 - Ginkgo Biloba extract: Dementia; cerebral and peripheral activator
 - Hydergine: Signs & symptoms of mental deterioration, acute cerebrovascular disease, migraine & vascular headaches (for preventive use), peripheral vascular disorders, subjective symptoms associated with arterial hypertension
 - Nicergoline: Peripheral vascular disease (PVD), mental deterioration related to cerebral vascular insufficiency
 - Pentoxifylline (Trental): Vascular dementia, PVD

Other treatment options available for tinnitus / dizziness related to cerebral vascular insufficiency include:

- Identification of the underlying causes: e.g. loud noise exposure, blocking of background noises (e.g. wax, ear effusion), meniere's disease, aspirin
- Medications that increase cerebral blood flow: Instenon, Ginkgo Biloba, Nicergoline, Hydergine (controversial evidence)
- Melatonin: for those with sleep disturbance
- Tricyclic antidepressant (e.g. low dose amitriptyline)
- Non-drug treatment: stop caffeine, quit smoking, decrease salt intake, lower blood pressure, avoid fatigue and exercise, use of masking noises (e.g. radio)

References:

www.mims.com/Hongkong

Current Pharmacologic Treatment of Dementia: A Clinical Practice Guideline from the American College of Physicians and the American Academy of Family Physicians. *Ann Intern Med.* 2008;148:370-37

www.medicinenet.com

Compiled by Dr. Lee Ling Hin

Update of Diagnostic Criteria of Diabetes Mellitus by WHO

After the American Diabetes Association (ADA) recommended HbA1c as part of diagnostic criteria of Diabetes Mellitus, WHO concludes in 2011 that HbA1c can be used as a test for diagnosis of diabetes. An HbA1c of 6.5% is recommended as the cutoff point for diagnosing diabetes, providing that stringent quality assurance tests are in place and the assays are standardized to criteria aligned to the international reference values. In the past, the test of HbA1c was less popular and the HbA1c assay was not well standardized, rendering it not appropriate as a diagnostic test. Currently, both the National Glycohemoglobin Standardization Programme (NGSP) and the International Federation of Clinical Chemists (IFCC) base their evaluations on reference method procedures that have further enhanced the harmonization of HbA1c assays across manufacturers. This standardized the HbA1c assay and makes it possible to use HbA1c as part of the diagnostic tests. Also, the test for HbA1c is relatively convenient as it can be performed at any time of the day and does not require any special preparation such as fasting. However, there are several points we should bear in mind when it is used for diagnosis of Diabetes:

1. At least one additional HbA1c or plasma glucose test result with a value in the diabetic range is required in asymptomatic person to make a diagnosis. This can be from a fasting, or a random (casual) sample, or from the oral glucose tolerance test (OGTT).
2. If both glucose and HbA1c are measured and both are "diagnostic" then the diagnosis is made. If only one is abnormal then a further abnormal test result, using the same method, is required to confirm the diagnosis.
3. A value of HbA1c less than 6.5% does not exclude diabetes.
4. There are many factors that can affect the level of HbA1c as mentioned in the WHO report.

In summary, the diagnostic criteria of Diabetes mellitus:

Fasting glucose ≥ 7.0 mmol/l

Or

2-h glucose ≥ 11.1 mmol/l

Or

HbA1c $\geq 6.5\%$

In an asymptomatic person at least one additional HbA1c or plasma glucose test result with a value in the diabetic range is required.

References:

1. Definition and Diagnosis of Diabetes mellitus and Intermediate Hyperglycaemia, World Health Organization, 2006
2. Use of Glycated Haemoglobin (HbA1c) in the Diagnosis of Diabetes Mellitus, World Health Organization, 2011

Compiled by Dr. Wu Tsz Yuen, Tom



THE CHINESE UNIVERSITY OF HONG KONG

Applications are invited for:-

The Jockey Club School of Public Health and Primary Care Clinical Officer

(Ref. 1112/045(357)/1) (Closing date: June 1, 2012)

Applicants should have (i) a medical qualification (approved for registration with The Medical Council of Hong Kong); (ii) clinical experience in primary health care setting and background knowledge of family medicine; (iii) experience in teaching and community-based research; (iv) a good command of English and Cantonese; and preferably (v) a higher degree in family medicine.

The appointee will (a) work with a multidisciplinary team to provide clinical service to the socially disadvantaged under The Jockey Club Community Primary Care Programme; (b) undertake teaching activities; and (c) participate in collaborative research projects.

Appointment will initially be made on contract basis for up to three years commencing as soon as possible, renewable subject to mutual agreement.

Salary and Fringe Benefits

Salary will be highly competitive, commensurate with qualifications and experience. The University offers a comprehensive fringe benefit package, including medical care. Further information about the University and the general terms of service for appointments is available at <http://www.per.cuhk.edu.hk>. The terms mentioned herein are for reference only and are subject to revision by the University.

Application Procedure

Please send full resume, copies of academic credentials, together with names, addresses and fax numbers/e-mail addresses of three referees to whom the applicants' consent has been given for their providing references (unless otherwise specified), to the Personnel Office, The Chinese University of Hong Kong, Shatin, N.T., Hong Kong (Fax: (852) 3943 1463) by the closing date. The Personal Information Collection Statement will be provided upon request. Please quote the reference number and mark 'Application - Confidential' on cover.

CPR SUBCOMMITTEE ANNOUNCEMENT

CPR Training and Examination 2012 Results

Having a valid Cardiopulmonary Resuscitation (CPR) certificate issued by Hong Kong College of Cardiologists (HKCC) is a pre-requisite of taking the Conjoint Fellowship examination and also one of the requirements of awarding the Diploma of Family Medicine (DFM) by the Hong Kong College of Family Physicians (HKCFP). Thanks to the unfailing support from HKCC all along, the CPR course and examination are held twice yearly for more than 10 years and, were and are of great success.

The following candidates have passed the CPR Examination 2012:

February Session:

Dr. Chan Chi Ho	Dr. Chan Hau Ting	Dr. Chan Hoi Ying, Linda
Dr. Cheng Hei Wan	Dr. Cheuk Tai Sang	Dr. Cheung Chi Hong, David
Dr. Cheung Wen Ling	Dr. Hau Sin Ying, Cindy	Dr. Ho Shu Sek
Dr. Ho Chung Yu	Dr. Ho Shu Wan	Dr. Ho Tsz Bun
Dr. Hui Lai Chi	Dr. Hui Suk Yin, Mandy	Dr. Hung Wai Shan, Sandra
Dr. Ko Chung Hung	Dr. Ko Siu Hin	Dr. Kum Chung Hang
Dr. Lai Chu Kei, Carlton	Dr. Lau Chi Ming	Dr. Lau Yue Yong, Geoffrey
Dr. Lee Fook Kay	Dr. Lee Kam Pui	Dr. Lee Kar Yun, Peter
Dr. Leung Hoi Lik, Eric	Dr. Leung Hor Yee	Dr. Leung Yin Ching
Dr. Li Ming Yin	Dr. Li Shun Hoi	Dr. Li Wai Tung, Tomy
Dr. Ling Chui Pui, Frank	Dr. Lui How Mui	Dr. Luk Wing Kun, Leona
Dr. Man Fung Yi	Dr. Mok Kwan Yeung	Dr. Siu Sheung Yan, Patty
Dr. So Siu Hei	Dr. Sze Siu Lam, Jason	Dr. Wan Cheong Pui, Jason
Dr. Wong Chun Fai	Dr. Wong Chun, Pong	Dr. Wong Wai On
Dr. Wong Yu Shing, Lawrence	Dr. Wu Chun Yu	Dr. Yeung Sze Wai
Dr. Yiu Kam Yi	Dr. Yiu Yee Ki	

April Session:

Dr. Chan Hoi Lam, Colleen	Dr. Chan Ching, Teresa	Dr. Cheng Kwan Chui
Dr. Chung Tze Nang, John	Dr. Chiang Lap Kin	Dr. Lau Chin Yeung
Dr. Leung, Kin Kay	Dr. Li Chee Lan	Dr. Luk Wai Kwok
Dr. Pang Seung Chiu	Dr. Poon Yung Yin	Dr. Tsang Sheung Yin, Stanley
Dr. Wong Chi Ho	Dr. Wong Chun	Dr. Tam Yick Sin

The Resuscitation Council of Hong Kong (RCHK)

Dr. Kong Che Wan, Leo

Member of the Board of Education and CPR Subcommittee

As a member of Board of Education of our College and one of the representatives of HKCFP (the other two representatives are Dr. Mary Kwong and Dr. David Chan) in the Organizing Committee of the Resuscitation Council of Hong Kong (RCHK), I would like to make brief introduction of the RCHK.

The RCHK carries the following mission:

- ✧ To promote high standard of resuscitation practices and teaching
- ✧ To promote public awareness in resuscitation in Hong Kong
- ✧ To cultivate interest in, and promulgate information in resuscitation
- ✧ To promote exchange in knowledge and information of resuscitation among different organizations with relevant interest
- ✧ To assist in providing guidelines and recommendations in resuscitation through consensus among members
- ✧ To assist in providing advisory and resource service regarding techniques, equipment, teaching methods and teaching aids
- ✧ To establish regular communications with other bodies with similar objectives internationally
- ✧ To review and update guidelines by consultation with member bodies and relevant experts
- ✧ To review world literature and promote scientific research in resuscitation

There are 8 Founding Institutional Members and they are also founders of the Council:

- ✧ Auxiliary Medical Service
- ✧ College of Surgeons of Hong Kong
- ✧ Hong Kong College of Anaesthesiologists
- ✧ Hong Kong College of Cardiology
- ✧ Hong Kong College of Family Physicians
- ✧ Hong Kong College of Emergency Medicine
- ✧ Hong Kong Red Cross
- ✧ Hong Kong St. John Ambulance

The logo is as follows, and the eight stripes at the background represent the 8 Founding Institutional Members.



It is the honour that the Hong Kong College of Family Physicians is one of the Founding Institutional Members and Dr. Mary Kwong, Chairlady of Board of Education of HKCFP, is elected as the Honorary Secretary of the Council.

The inauguration ceremony of RCHK will be held on 26th May 2012. There will be 3 academic lectures on pre-hospital ambulatory care by 3 distinguished speakers, Dr. Chung Chin Hung, Dr. So H. Y. and Professor Vincent Mosesso, followed by the congratulatory speech by the Guest of Honour, Dr. the Hon York Chow, GBC, JP, Secretary for Food and Health, Food and Health Bureau. Moreover, Director of Health, Chief Executive and Chairman of Hospital Authority, Deans of both medical schools in Hong Kong, Presidents and Representatives of Hong Kong Academy of Medicine and Specialty Colleges, etc, are also distinguished guests of the Ceremony.

Family physicians are definitely one of the key medical personnel in delivering quality pre-hospital emergency care. Our College is a Foundation Member of the RCHK, thus members of our College are cordially invited to attend the ceremony. Therefore, please come and show our support to the RCHK, which share our view on the importance of quality pre-hospital CPR.

Details are as follows:

Date: 26th May 2012

Time: 8:45 a.m. – 12:30 p.m.

Venue: Grand Hall, 7/F, St. John Ambulance Building, No. 2 MacDonnell Road, Hong Kong

Programme:	
08:45 a.m. – 09:15 a.m.	Registration
09:15 a.m. – 09:35 a.m.	Local Experience Relating to PAD (Public Access Defibrillation) <i>Dr. CH Chung</i>
09:40 a.m. – 10:00 a.m.	PAD from Different Aspects <i>Dr. HY So</i>
10:00 a.m. – 10:40 a.m.	Global Experience Relating to PAD <i>Professor Vincent Mosesso</i>
10:40 a.m. – 10:55 a.m.	Q & A Session
10:55 a.m. – 11:05 a.m.	Refreshments / Drinks
11:05 a.m. – 11:30 a.m.	Audience Seated / Procession
11:30 a.m. – 11:35 a.m.	Introduction of the Stage Party Dignitaries
11:35 a.m. – 11:45 a.m.	Chairman's Speech on the Formation of the RCHK <i>Dr. YF Chow</i>
11:45 a.m. – 11:55 a.m.	Congratulatory Speech <i>Dr. Y Chow</i>
11:55 a.m. – 12:00 noon	Presentation of Souvenirs by the Chairman
12:00 noon – 12:05 p.m.	Note of Thanks from the Chair of the OC <i>Dr. Peter CY Wong</i>
12:05 p.m. – 12:30 p.m.	Ceremony Ends / Group Pictures

Transportation: Taxi or Bus # 12A at Admiralty MTR

Parking: Available in Coda Plaza, beside St. John Ambulance Building

For registration, please contact Miss Yvonne Lam or Mr. John Lee at 2861 0220.

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2012

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Wong Ka Wah and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Tam Chung Yin, Janet
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2012
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course)</p> <p>HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC.

Assessment Enhancement Course 2012 Timetable for Workshop

Date	Topics	Venue
Apr 21, 2012 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
May 19, 2012 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
Jun 16, 2012 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
Jul 21, 2012 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
Sept 15, 2012 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
Oct 13, 2012 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

Training Course on Counseling in Family Medicine

Objectives:

- To improve the knowledge of Family Medicine Practitioners in counseling and psychotherapy.
- To equip Family Practitioners with basic counseling skills.
- To introduce the application of Cognitive Behavioural Skills in family practice.

Dates	: 14 April, 12 May, 9 June and 14 July, 2012 (Saturdays)
Time	: 2:30 p.m. – 4:30 p.m.
Venue	: Council Chamber, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.
Target group	: General Practitioners, those having some prior knowledge about counseling may benefit more. Maximum number of participants is about 30 (larger group is not preferred because of difficulty in giving feedback in role-play).
Course Fee	: Members – HK\$1,200 for whole course Non-members – HK\$2,400 for whole course (All cheques payable to “HKCFP Education Ltd”. All fees received are non-refundable and non-transferable).
CME/ CPD Points	: HKCFP : 2 CME points for each session (Cat 4.3) MCHK : 2 CME points for each session
Award	: Those who have attended 75% or more of all the sessions will be awarded a “Certificate of Attendance”.
Capacity	: 30 doctors

Programme Schedule

Dates	Topics	Speakers	Moderators
14 Apr (Sat) 2:30 - 4:30 p.m.	- Introduction - Basic Counseling Skills, with Demonstration / Role- Plays	Dr. Anthony Ho Dr. Aster Lau	Dr. Francis Lee
12 May (Sat) 2:30 - 4:30 p.m.	- Introduction to CBT, with Demonstration, Role-Plays and Case Discussion	Dr. Andy Cheung	Dr. Janet Tam
9 June (Sat) 2:30 - 4:30 p.m.	- Introduction to Family Therapy and Application in Family Practice, with Demonstration, Role-Plays and Case Discussions	Dr. Lam Wing Wo	Dr. Aster Lau
14 July (Sat) 2:30 - 4:30 p.m.	- Dealing with Difficult Situations (e.g. “Manipulative” or “Abusive” Patients) with Demonstration and Role-Plays. Organizational Issues in Facilitating a More Psychosocial Oriented Practice	Dr. Anthony Ho Dr. Aster Lau	Dr. Tsui Hing Sing

*** Registration will be first come first served. For any enquiry, please call the College secretariat, Mr. Marco Cheng at 2861 0220. ***

REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I am a ***Member / Non-member** of The Hong Kong College of Family Physicians. (***Please delete as appropriate**)

I would like to attend “Training Course on Counseling in Family Medicine”.

Name: _____ Tel: _____ Date: _____

Email: _____

1 June 2012 Friday

Evidence and Rationale for Hybrid Therapy in Lipid Management
Prof. Alberto Corsini
 Professor of Pharmacology
 Department of Pharmacological Science, University of Milan, Italy

Chairman	Dr. Au Yeung Shiu Hing The Hong Kong College of Family Physicians							
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:15 p.m. Lecture 3:15 p.m. – 3:30 p.m. Discussion							
Venue	Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon							
Admission Fee	<table><tr><td>Members</td><td>Free</td></tr><tr><td>Non – members</td><td>HK\$ 450.00</td></tr><tr><td>HKAM Registrants</td><td>HK\$ 150.00</td></tr></table> <p>All fees received are non-refundable and non-transferable.</p>		Members	Free	Non – members	HK\$ 450.00	HKAM Registrants	HK\$ 150.00
Members	Free							
Non – members	HK\$ 450.00							
HKAM Registrants	HK\$ 150.00							
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)							
Language	Lecture will be conducted in English.							
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.							

Sponsored by
Merck Sharp & Dohme (Asia) Ltd.

5 June 2012 Tuesday

Optimizing Lipid Treatment in Asian Patients at High CV Risk
Prof. David D. Waters
 Chief of Cardiology at San Francisco General Hospital

Chairman	Dr. Ma Ping Kwan, Danny The Hong Kong College of Family Physicians							
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:15 p.m. Lecture 3:15 p.m. – 3:30 p.m. Discussion							
Venue	Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon							
Admission Fee	<table><tr><td>Members</td><td>Free</td></tr><tr><td>Non – members</td><td>HK\$ 450.00</td></tr><tr><td>HKAM Registrants</td><td>HK\$ 150.00</td></tr></table> <p>All fees received are non-refundable and non-transferable.</p>		Members	Free	Non – members	HK\$ 450.00	HKAM Registrants	HK\$ 150.00
Members	Free							
Non – members	HK\$ 450.00							
HKAM Registrants	HK\$ 150.00							
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)							
Language	Lecture will be conducted in English.							
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.							

Sponsored by
Pfizer Corporation Hong Kong Ltd.

On-Going Events Organized by The Board of Education

Please be reminded that there will be two lectures organized by The Board of Education on 23rd and 27th May 2012. Kindly refer to FP Links April Issue (page 29-30) for details.

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

May's session:

Date	25 May 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Update of Management of Atopic Dermatitis – Dr. Yeung Chi Keung
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

June's session:

Date	29 June 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	1. The Role of Family Physicians in Liver Transplant – Dr. Tsoi Wai Wang, Gene 2. Liver Transplantation – Prof. S. T. Fan
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lectures will be conducted in 1. English and 2. Cantonese.

Community Education Programmes

Open and free to all members
 HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
9 June 2012 14:30 – 16:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Refresher Course for Health Care Providers 2011/2012 – Update in Handling Primary Care Thyroid Problems Dr. Leung Hoi Sze Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
23 May 12 (Wed)			
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Antenatal and Postnatal Care Dr. Yuen Ching Yi & Dr. Wan Pui Chu	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Occupational Safety and Health in Clinic Setting Dr. Amy Ng	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, Central Wing, 5/F, Tsan Yuk Hospital	Ethical Issues in Public Sector Dr. Vicky Wong	Ms. Man Chan Tel: 2589 2337
24 May 12 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Antenatal and Postnatal Care Dr. Man Fung Yi & Dr. Fan Wing Chi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Female Sexual Disorders Dr. Lai Siu Wai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Symptom Complaints – Numbness Dr. Yuen So San	Ms. Kwong Tel: 2595 6941
30 May 12 (Wed)			
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Childhood Immunisation Dr. Chan Fu Leung & Dr. Tsui Hiu Fa	Ms. Cordy Wong Tel: 3513 3087
31 May 12 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Childhood Immunisation Dr. Yeung Sze Wai & Dr. Fan Wing Chi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Emergency Metabolic Problems Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Occupational Health Centres, Occupation Related Diseases Dr. Cheng Kwan Chui	Ms. Kwong Tel: 2595 6941
06 Jun 12 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Difficult Patient Management Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Health Problems of Doctors Dr. Kwong Lok See & Dr. Lo Ka Kit	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Healthcare Payment System in Japan and Taiwan Dr. Steve Yeung	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, Central Wing, 5/F, Tsan Yuk Hospital	Health Care Systems in Other Parts of World Dr. Tracy Leung	Ms. Man Chan Tel: 2589 2337
07 Jun 12 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Prostate Problems (video viewing) Dr. Lam Kin Man	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Experience Sharing on the Process of Medical and Psychological Care, and Outcome of DM in a Family Medicine Specialist Clinic Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813
13 Jun 12 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Update Management for Hepatitis C & E Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update on Management of Parkinsonism Dr. Lee Hung Fai & Dr. Chung Sze Ting	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, Central Wing, 5/F, Tsan Yuk Hospital	Alternative Medicine in HK (Non-TCM) Dr. David Cheung	Ms. Man Chan Tel: 2589 2337
14 Jun 12 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	An Update in Cardiology (video viewing) Dr. Chan Wai Kwong Update on Management of COPD Dr. Li Ming Yin	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Recent Advances in Reproductive Medicine Dr. Wu Sze Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Ethical Issues in Clinic & the Medical Council Dr. Yeung Yee Mei	Ms. Kwong Tel: 2595 6941
20 Jun 12 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Community Service: Dietitian Dr. Lau Lai Na	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Andrology (video viewing) Dr. So Hing Shing	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Community Resources for Dementia Patients Dr. Wong Hiu Lap	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, Central Wing, 5/F, Tsan Yuk Hospital	Gynae Topic – Antenatal Care Dr. Charas Ong	Ms. Man Chan Tel: 2589 2337
21 Jun 12 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Function Room, Lower Ground Floor (Staff Canteen Entrance), Tseung Kwan O Hospital	Stone and Infection (video viewing) Dr. Chau Hin, Lysander	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Dangerous Drugs in a Primary Care Clinic Dr. Kwok Vincci	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Occupational Therapist's Interventions for the Demented Patients Dr. Cheng Kit Wing	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 May	21 6:30 – 8:30 p.m. HKPCC Meeting	22	23 1:00 – 3:30 p.m. CME Lunch Symposium Lecture 2:15 – 7:30 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	25 2:30 – 3:30 p.m. Board of Education - Video Session	26
27 1:00 – 4:30 p.m. CME Lunch Symposium Lecture	28	29	30 2:15 – 5:15 p.m. Structured Education Programme	31 2:15 – 7:00 p.m. Structured Education Programme 7:00 – 10:00 p.m. Exit Exam CSA Standardization Workshop and Research Segment Standardization Workshop	1 Jun 1:00 – 3:30 p.m. CME Lunch Symposium Lecture	2 2:00 – 9:00 p.m. HKPCC 2012
3 9:00 a.m. – 3:45 p.m. HKPCC 2012 4:30 p.m. Conferment Ceremony	4	5 1:00 – 3:30 p.m. CME Lunch Symposium Lecture	6 2:15 – 7:30 p.m. Structured Education Programme	7 2:15 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Education Meeting	8	9 2:30 – 4:30 p.m. Training Course on Counseling in Family Medicine
10	11	12	13 2:15 – 7:15 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 – 5:30 p.m. Assessment Enhancement Training
17	18	19	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	22	23
24 2:30 – 5:30 p.m. Conjoint 2012 Information Seminar on OSCE Segment for candidates	25	26	27	28 9:00 p.m. Board of Conjoint Examination Meeting	29 2:30 – 3:30 p.m. Board of Education - Video Session	30

FP LINKS EDITORIAL BOARD 2012

Board Advisor : Dr. Wendy Tsui	Board Members : Dr. Alvin Chan Dr. Chan Man Li Dr. Chan Ting Bong Dr. Judy Cheng Dr. Chung Chak Cheong Dr. Anita Fan Dr. Fung Hoi Tik, Heidi Dr. Ho Ka Ming Dr. Alfred Kwong Dr. Dorothy Law Dr. Maria Leung Dr. Ngai Ka Ho Dr. Sin Ming Chuen Dr. Sze Hon Ho Dr. Wong Yu Fai Dr. Wong Yu Shing, Lawrence	<i>Section Coordinator (Oasis)</i> <i>Section Coordinator (Feature / Trainee Column)</i> <i>Section Coordinator (After Hours)</i> <i>Section Coordinator (WONCA Express)</i> <i>Section Coordinator (Photo Gallery)</i> <i>Section Coordinator (News Corner)</i>
Chief Editor : Dr. Catherine Ng		
Deputy Editors: Prof. Martin Wong Dr. Natalie Yuen		



Back Row (left to right): Dr. Chung Chak Cheong, Dr. Sze Hon Ho, Dr. Ho Ka Ming, Dr. Alfred Kwong, Dr. Sin Ming Chuen, Dr. Chan Man Li
Front Row (left to right): Dr. Judy Cheng, Ms. Carmen Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Heidi Fung

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

"Restricted to members of HKCFP. The views expressed in the Family Physicians Links represent personal view only and are not necessarily shared by the College or the publishers. Copyrights reserved."

Contact and Advertisement Enquiry

Ms. Carmen Cheng

Tel: 2528 6618

Fax: 2866 0616

E-mail: carmen@hkcfp.org.hk

The Hong Kong College of Family Physicians

7th Floor, HKAM Jockey Club Building,

99 Wong Chuk Hang Road, Hong Kong