



# THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

## Family Physicians Links

### Message from the President

#### Congratulations

Professor Donald Li, our Censor and Past President, also President of WONCA (Asia Pacific Region) has been conferred as an Advisor of the Society of General Practice, the Chinese Medical Association.

The Society of General Practice of the Chinese Medical Association (中華醫學會全科醫學分會) is the official general practice society recognized by the Ministry of Health and a member of the World Organization of Family Doctors (WONCA).

To promote Family Medicine in the Region, Professor Li has contributed a lot of his time and efforts. It is well recognized that countries with more family doctors are more likely to have better health outcomes, lower healthcare costs and higher patient satisfaction. Not only will financial resources be saved but also effective and efficient use of high technology ensured. Primary health care is the best route to universal access, the best way to ensure sustainable improvements in health outcomes, and the best guarantee that there will be equitable access to healthcare.

On 17<sup>th</sup> February, 2012, a beautiful Friday afternoon, I attended the Teachers' and Students' Awards Presentation Ceremony 2012 of the Faculty of Medicine, Chinese University of Hong Kong to present the Hong Kong College of Family Physicians' Prize in Family Medicine. It is indeed a great delight to see a new generation of award-winning medical students.

There were four Outstanding Professors who were awarded the honor of "Master Teacher" at the Ceremony. One of them was Professor Wong Chi Sang, Martin of the Jockey Club School of Public Health and Primary Care, a teacher of Family Medicine.

Professor Martin Wong shared his successful teaching experiences of 10 "Rs" teaching model: Resourceful, Relevance, Reinforce, Repetitive, Reflective, Responsive, Resilience, Respect, Recognizing students' problems and Role modeling. These "Rs" are indeed very good Reminders for us in our daily teaching and supervision of medical students and trainees.

The development of postgraduate vocational training is one of our major roles. Our College has held an Open Forum, discussing the direction of Family Medicine training in Hong Kong in January 2010. An ad hoc meeting was then held in February 2010 to discuss the revision of the vocational training. A comprehensive review of the training requirements and contents of the current Basic Training Programme has been conducted by the Board of Vocational Training & Standards in the past two years and is now in the fine-tuning stage. The direction of change is heading for a more community-based training to suit the changing health demand in our society.



Professor Martin Wong Chi Sang receiving the "Master Teacher" award from Professor TF Fok, the Dean of the Faculty of Medicine, CUHK on 17<sup>th</sup> February, 2012.

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Hong Kong  
Primary Care  
Conference  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2012

## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

**F**ollowing the success of the 1<sup>st</sup> Hong Kong Primary Care Conference (HKPCC), the Hong Kong College of Family Physicians is honoured to host and organize this landmark conference again, to be held on June 2-3, 2012.

This year, the organizing committee has chosen “*United We Care : Forging Partnerships in Health*” as the main theme of the conference, with a focus on strengthening collaborations among health care professionals across different sectors to enhance primary care provision to our community.

With increasing emphasis on the development of primary care in recent years, both locally and globally, this conference serves as an impetus for bringing together providers and experts in healthcare including family physicians, dentists, nurses and allied health practitioners. This promotes collaborative and networking opportunities in addressing present and future challenges. We hope to provide a stimulating platform for the open exchange of experiences and views on latest developments and trends in primary care among different disciplines in addition to sharing of latest scientific updates and research activities.

This conference will feature an exciting blend of plenary sessions, workshops, seminars, paper and oral presentations. Furthermore, we have added a “Clinical Case Presentation” competition this year to share interesting and challenging cases managed in primary care including cases with multi-disciplinary team involvement. We strongly encourage you to join our “Clinical Case Presentation” competition.

We warmly invite you all to submit abstracts for free paper presentations and posters, to participate in our full paper competition and to register for the conference.

Instructions for abstract submission, full paper competition and clinical case presentation competition are available on subsequent pages and at our College website.

More details regarding the conference will follow soon in the Hong Kong Practitioner, FP Links and our College website. We look forward to your participation and contribution. Get involved and let's work together to enhance primary care in Hong Kong!!

**Dr. Lorna NG**

**Chairlady**

**Organizing Committee**

**Hong Kong Primary Care Conference 2012**

# Announcement for the Clinical Case Presentation Competition of HKPCC 2012

Do you find that you encounter lots of interesting cases in your daily practice? Do you want to share your personal experience with others?

## HERE'S YOUR CHANCE!

The Organizing Committee of the upcoming Hong Kong Primary Care Conference is now holding a **"Clinical Case Presentation Competition"** and all are welcome to participate!

### *Format:*

Clinical cases encountered in primary care, especially those illustrating the benefits of multidisciplinary care, are welcome. Doctors, nurses, physiotherapists, clinical psychologists, occupational therapists, dietitians, podiatrists and all allied health members are all welcome to join the competition.

You will have around 15 minutes for your presentation. It can be in the form of individual presentation, group presentation (up to 5 people per group), role play, drama etc.

### *Judges and Prize:*

The Organizing Committee of the HKPCC as well as the floor audience will vote for the Best Presentation and the winning individual / team will be awarded with \$1000 cash.

CPD / CME points will be granted to the speakers as well as the group members.

The judging criteria will be based on the content, the presentation skills, as well as the ability to demonstrate multi-disciplinary collaboration in clinical management in primary care.

### *Submission details:*

- The presentation should be the original work of the participants.
- The deadline of submission is **30<sup>th</sup> April 2012**.
- The entry should be submitted together with the completed submission form (please download the form from [www.hkcfp.org.hk](http://www.hkcfp.org.hk)), which includes the name of the presentation, your name, mailing address, email address and telephone number.
- All entries will be acknowledged upon receipt.
- Entries should be emailed to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

If you have any questions concerning the **"Clinical Case Presentation Competition"**, please contact Ms. Crystal Yung or Ms. Erica So, by phone at 2861 0220 or by email at [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).



# HONG KONG PRIMARY CARE CONFERENCE PROGRAMME BOOK COVER COMPETITION

**THE** organizing committee of the upcoming Hong Kong Primary Care Conference (HKPCC) is looking for someone with artistic talent to illustrate the front cover of its conference programme book.

The conference is now in its second year and the theme of the HKPCC 2012 is 'United We Care: Forging Partnerships in Health'.

We are seeking original artwork to set the tone of the conference in depicting both the theme and the spirit of the conference – after all a picture is worth a thousand words! The winning entry will be proudly displayed on the front cover of this year's conference programme book.

We cordially invite everyone to have a go and receive recognition for their artistic abilities whether the medium is pencil, charcoal, paint or photography!!! Astound your colleagues with your talent!

## WINNER:

The artwork will be displayed on front cover of the HKPCC programme book. The winner will also be granted complimentary entry to the conference.

## FINALIST:

The artwork will be displayed for viewing at the HKPCC.

## TIMELINE:

Submission deadline **2<sup>nd</sup> April 2012.**

The winner will be announced on the College website and will be notified directly by our staff.

## SUBMISSION DETAILS:

The submitted entry must be the artist's original work.

Entries must be submitted on paper or by electronic format.

Please note that entries may be copied and formatted to A4 size. Supplementary written

explanation of your idea is welcome, although not mandatory.

The entry should be submitted together with the completed submission form, which includes the artist's name, mailing address, email address, and telephone number.

All entries will be acknowledged upon receipt.

All winning and finalist entries will become the property of the Hong Kong College of Family Physicians, and entries will not be returned.

Entries should be sent to the Hong Kong College of Family Physicians or emailed to: [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

## JUDGING PANEL:

The organizing committee of the upcoming HKPCC 2012.

## JUDGING CRITERIA:

The Organizing Committee will base their decision on the originality of the work in reflecting the theme of the 2012 Conference and the 'wow' factor.

Please note there is no limit to the number of entries per entrant so get busy sketching, painting, snapping.....

If you have any questions concerning this Competition, please contact Ms. Crystal Yung or Ms. Erica So by phone at 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).





## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

### FULL PAPER COMPETITION

We cordially invite your participation in the Full Paper Competition of the HKPCC 2012. The Competition is a long-standing tradition of the HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2012 Organizing Committee will invite renowned scholars to review the participating papers. Judge(s) appointed by the Organizing Committee will determine the final awardees based on the quality of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2012. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

#### Awards

The winner of the **Best Research Paper Award** will receive **HK\$5,000** and a certificate.

#### Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference.
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain 2,000 - 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Only electronic version is accepted. The full paper should be typed in 12 point size in Microsoft Word format.

#### Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation).
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

#### How to Submit

**By Email** – Attach the full paper with the completed “Full Paper Submission Form” and send to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

**IMPORTANT:** Please download the Full Paper Submission Form from our College’s Website [www.hkcfp.org.hk](http://www.hkcfp.org.hk) and submit the paper with the form.

#### Submission Deadline

**2<sup>nd</sup> April 2012 (Monday)**



For enquiry, please contact Ms. Crystal Yung or Ms. Erica So at 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

*We look forward to receiving your research articles!*



Hong Kong  
Primary Care  
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The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2012

## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

### ABSTRACT SUBMISSION INSTRUCTIONS

#### ABSTRACT FORMAT

- Electronic format typed in 12-point size in Microsoft Word. Handwritten abstracts will NOT be accepted.
- The abstract text must not exceed 250 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in English. All accepted abstracts must be presented in English.

#### HOW TO SUBMIT

**By Email** – Attach the abstract with the completed “Abstract Submission Form” and send to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk)

**IMPORTANT:** Please download the Abstract Submission Form from our College's website [www.hkcfp.org.hk](http://www.hkcfp.org.hk) and submit the abstract with the form.

#### PLEASE NOTE

- 1) The submitted abstract must not be **identical** to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on abstract acceptance.
- 3) Only **ONE** designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the conference.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) The deadline for abstract submission is **2<sup>nd</sup> April 2012 (Monday)**.
- 6) For enquiry, please contact Ms. Crystal Yung or Ms. Erica So at (852) 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).



# Hong Kong Primary Care Conference 2012


## "United We Care - Forging Partnerships in Health"



**Hong Kong  
Primary Care  
Conference**  
The Hong Kong College  
of Family Physicians

### Scientific Programme at-a-glance

Date	02 June 2012 (Sat)				
Time					
14:00 - 15:00	<b>Registration + Welcome Drinks &amp; Exhibition</b>				
15:00 - 15:30	<b>Opening Ceremony</b>				
15:30 - 16:00	<b>Plenary Session I</b>				
16:00 - 16:30	<b>Plenary Session II</b>				
16:30 - 17:00	<b>Coffee Break</b>				
17:00 - 19:00	<b>Workshop 1</b> Statistical Analysis by Computer Software Made Easy and Fun	<b>Workshop 2</b> Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	<b>Seminar A</b> How to Set Up Your Own Medical Practice : Key to Success from Medical to Financial Perspectives	<b>Seminar B</b> Research Forum for Higher Trainees in Family Medicine	<b>Free Paper Presentation</b>
19:00 - 21:00	<b>Dinner Symposium</b>				

Date Time	03 June 2012 (Sun)			
09:00 · 09:30	Registration			
09:30 · 10:30	<b>Workshop 3</b> The Do's and Don't's of Patient Empowerment	 <b>Workshop 4</b> Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care	<b>Seminar C</b> Beauty & Aesthetic Medicine	<b>Clinical Case Presentation Competition</b> <i>NEW</i>
10:30 · 11:30			Common Oral Problems in the Primary Care Setting	
11:30 · 12:00	Coffee Break			
12:00 · 12:30	Plenary Session III			
12:30 · 13:00	Plenary Session IV			
13:00 · 15:30	Lunch Symposium			
15:30 · 16:30	Reception of the 25 <sup>th</sup> Fellowship Conferment Ceremony			
16:30	The 25 <sup>th</sup> Fellowship Conferment Ceremony The 23 <sup>rd</sup> Dr. Sun Yat Sen Oration			

#### Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.

# WORKSHOP INTRODUCTION

## DAY 1 –

### Workshop 1: Statistical Analysis by Computer Software Made Easy and Fun

*Prof. Martin WONG, Associate Professor*

*Prof. Benjamin YIP, Research Assistant Professor*

*Division of Family Medicine & Primary Healthcare, School of Public Health and Primary Care, The Chinese University of Hong Kong*

***Statistics is “MAD”! It’s all about Measurement, Analysis and Data.***

Most of us have statistico-phobia, but Professors Martin Wong and Ben Yip will show you how little it takes for you to be cured! In fact, data analysis and data interpretation are one of the most exciting stages of research. You’ve overcome all the barriers and obstacles to gather your data and it’s beautifully laid in front of you (given you’ve already painstakingly entered it to the computer). Now somewhere in those numbers and codes lies the true answer to your important research question. Come learn from Prof. Martin Wong who has won ‘Best Teacher Award’ five years in a row! Together with biostatistician Prof. Ben Yip, they will show you how to code your data (binary coding, dealing with missing variables, etc.). Using live demonstrations with the infamous Statistical Package for Social Sciences (SPSS), you’ll see how easy it is to crack the codes (data cleansing, performing various stat tests).

*Sign up for this workshop NOW as places are limited but statistic-phobics are many....*

## DAY 1 –

### Workshop 2: Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic and Active Listening

*Dr. CHEUNG Kit Ying, Andy*

*Specialist in Family Medicine*

***«Warning – do not try this yourself without supervision or a personal bodyguard, unless you also sign up for Workshop 4»***

*What do you need to pay to buy a sole fillet in New York City? A hot dog?*

***ANSWER: Paper. Just plain, white, paper.***

Heard of Dr. Andy Cheung? Everyone knows that Dr. Cheung is a seasoned private family physician renowned for her extensive experience and expertise in psychotherapy. So here’s your chance to learn from the master herself if you missed her widely popular workshop at last year’s Primary Care Conference. If you attended her workshop then, you know that you must be back for more for it will be on Contemporary Psychotherapy – a unique combination of traditional wisdom and latest discoveries in psychotherapy, integrating the disciplines of Ericksonian Hypno-Psychotherapy and Systemic Neuro-Linguistic Psychotherapy (NLP). What is all that? Come find out!

What does this have anything to do with buying food with paper? That’s one of the things people who know NLP do. Watch youtube if you don’t believe that one can ‘pay with paper’ (search term).

*(Please do not attempt to mail in blank paper as your registration payment. We only accept real cheques.)*



# WORKSHOP INTRODUCTION

## DAY 2 –

### Workshop 3: The Do's and Dont's in Patient Empowerment

*Mr. Peter POON, Director (Rehab)*

*Ms. Eve LOONG, Manager of Self Management Training and Development Centre*

*Hong Kong Society for Rehabilitation*

Patient-centred care is the 'in' thing now. It is the right thing to do and in our patients' best interests. Empowering them is the most effective way we can help them. We may not be able to solve all our patients' problems, but as Dr. Andy Cheung has highlighted, we are able to empower our patients and help them cope with their various difficulties from chronic illnesses, disabilities, ageing etc. The big question is HOW? For most of us healthcare professionals, how do we truly empower our patients?

Who else but Mr. Poon and Ms. Loong from The Hong Kong Society for Rehabilitation (HKSRS) to come tell us about patient empowerment? HKSRS is a government recognised charitable organisation that has provided various responsive and quality rehabilitation services for over 900,000 people with disability, chronic disease or problems of ageing in the last 50 years.

*If you truly care about your patients and want to help them, the first step is to sign up for this workshop. Hurry before the places are filled!*

## DAY 2 –

### Workshop 4: Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care

*Dr. LI Ching Fan, Carina*

*Consultant Anaesthesiologist, Pain Management Clinic, Hong Kong Sanatorium & Hospital*

*Mr. Edward CHAN*

*Occupational Therapist, Queen Mary Hospital*

*Ms. MO Tin Yi, Terry*

*Physiotherapist, Hong Kong Sanatorium & Hospital*

*Who says panadol is the only answer to pain control? What are the advances in the field of myo-ortho-algias (made up word but certainly real disease entities)?*

We all know that panadol, acupuncture, local electrical stimulation, psychotherapy, relaxation and mediation therapies, as well as surgery are some common treatment modalities for chronic pain. But how many of us know Circle of Pain (COP)? It is a new model based on the latest knowledge in neuroscience, neuropsychiatry and psychology. (Perhaps something useful for yourself if you went against my advice (see Workshop 2) and were attacked by others after you tried paying with paper.) Sign up and learn about how the body, mind and heart are all players in the perception of pain. By understanding these concepts, you will then know what strategies can be used to intervene with the Circle of Pain and relieve the suffering of our patients (or yourself).



Hong Kong  
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# Hong Kong Primary Care Conference 2012

Organized by the Hong Kong College of Family Physicians

2 - 3 June 2012, HKAM Jockey Club Building, Wong Chuk Hang, HK

"United We Care – Forging Partnerships in Health"



## REGISTRATION FORM

Title: \_\_\_\_\_ Prof. / Dr. / Mr. / Mrs. / Ms. (\*circle as appropriate)

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Institution: \_\_\_\_\_

Contact No.: \_\_\_\_\_ HKCFP Member ID (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

*\*Details or updates would be sent by email*

### REGISTRATION (please tick as appropriate):

If you are interested in joining as HKCFP member, please contact our administrative staff Ms. Angel Cheung / Ms. Priscilla Li to obtain the membership form and return the completed form with required documents to HKCFP Secretariat on or before 4 May 2012.

Hong Kong Primary Care Conference 2012			HKCFP Member	Non-member
02 - 03 June 2012 (Sat PM and Sun AM&PM)			<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$600
Workshops			HKCFP Member	Non-member
02 June	17:00 – 19:00	Workshop 1: Statistical Analysis by Computer Software Made Easy and Fun	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
		Workshop 2: Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
03 June	09:30 - 11:30	Workshop 3: The Do's and Don'ts of Patient Empowerment	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
	09:15 - 11:45	Workshop 4: Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in the Primary Care	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200

Participant can **only** register for **ONE** workshop per day as the concurrent session will be held simultaneously.

Workshop registration is subject to availability and on first-come-first-serve basis. Cheques will be returned to unsuccessful registrants.

### COMPLIMENTARY TRANSPORTATION

Pick-up Points	2 June 2012 (Sat)	3 June 2012 (Sun)
Admiralty	<input type="checkbox"/> 14:00	<input type="checkbox"/> 08:30
Kowloon Tong	<input type="checkbox"/> 13:30	---
Tuen Mun	<input type="checkbox"/> 13:30	---

### SYMPOSIA

<input type="checkbox"/> will attend lunch and dinner symposium
<input type="checkbox"/> will attend lunch symposium only
<input type="checkbox"/> will attend dinner symposium only
<input type="checkbox"/> will not attend lunch and dinner symposium

Note: details will be further announced and emailed to individual registrants who have applied for this.

### PAYMENT METHOD

Please send completed registration form with crossed cheque(s) payable to "HKCFP Education Ltd" to the address: Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Please use **SEPARATE cheques** for the membership fees (if applicable), the conference and workshop(s) registration fees.

### CONFERENCE SECRETARIAT



Staff : Ms. Crystal Yung / Ms. Priscilla Li



Tel : (852) 2861 0220



Email : [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk)



Fax : (852) 2866 0981

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Registration form and other forms regarding this conference can also be downloaded through HKCFP College website – [www.hkcfp.org.hk](http://www.hkcfp.org.hk).

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **December 2011/January 2012** Council Meeting:

Associate Membership (New Application)		Resignation from Non-HKSAR Member	
Dr. POON Min Kan, Ivy	潘勉勤	Dr. Reynolds Colin David	
Dr. YUEN So San, Susana	袁素珊		
Reinstatement of Full Membership		Transfer from Associate to Fellow Membership	
Dr. LING Chui Pui, Frank	凌柱培	Dr. CHAN Man Hay	陳文熙
		Dr. CHEUNG Chung Yin, Johnny	張頌賢
		Dr. CHING Ho Yan	程可恩
		Dr. CHUNG Wai Ho	鍾偉豪
		Dr. LO Wing Sze	盧穎思
		Dr. YAU Chi Fai	邱志輝
Affiliate Membership (New Application)		Transfer from Fellow to Non-HKSAR Fellow	
Ms. SO Ah Tak	蘇雅德		
Non-HKSAR Member (New Application)		Dr. YUEN, Natalie Yuk Kwun	阮玉筠
Dr. TAI, Aldrin Kit Seng	戴吉盛		

## Internal Affairs Committee News

### The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration

Dear Colleagues,

The College is holding **"The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration"** on **3rd June 2012 (Sunday)** at the **Hong Kong Academy of Medicine Jockey Club Building**.

The successful candidates of Conjoint Examination would be conferred Fellowships; and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Professor LEE Sum Ping, Dean of Li Ka Shing Faculty of Medicine, The University of Hong Kong**, would deliver the 23rd Dr. Sun Yat Sen Oration to the audience.

All Fellows\*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

- Events : (i) **The 25th Fellowship Conferment Ceremony**  
(ii) **The 23rd Dr. Sun Yat Sen Oration by Prof. LEE Sum Ping**
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 3rd June 2012 (Sunday)
- Time : 3:30 p.m. - Reception  
4:30 p.m. - Ceremony  
<followed by light Refreshment after the Ceremony>
- Remarks : 1 CME (Category 4.3)  
This activity is free of charge to our College Fellows, members and their spouses.  
\*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO  
Chairman, Internal Affairs Committee



## "Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15<sup>th</sup> March 2011 to 14<sup>th</sup> April 2012, Dr. David Chao and I will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C K Lee  
Co-ordinator, CMOD System



Dr. David Chao



Dr. Tony C K Lee

## Public Education Committee News

Dear Members,

We would like to inform you that the Primary Care Office of the Department of Health, together with Education Bureau and the Hong Kong College of Family Physicians, have organised a themed competition entitled "Primary Care - Family Doctor as Your Health Partner" (基層醫療 – 各有所「醫」專題比賽) aiming to raise the awareness of general public about the importance of the primary care and family doctor concept. The competition is open for both the open group and secondary school students group. The champion of each group will receive a \$5000 electrical appliance coupon, a certificate and/or trophy.

For details please visit the competition website [www.primarycare2012.com](http://www.primarycare2012.com).

Dr. Ngan Po Lun  
Chairman, Public Education Committee

**基層醫療「各有所醫」專題比賽**

**比賽目的：**  
普及基層市民對基層醫療的認識及加強對家庭醫學的關注

參賽組別	公開組 (全港公開)	中學組 (全港中學學生)
比賽作品類別	(1) 短片 (2) 其他作品 (例如海報、雜誌、投書信、廣播錄音)	(1) 短片 (2) 其他作品 (例如海報、雜誌、投書信、廣播錄音)
作品數量	每人於全作品類別內提交一項作品 (參賽者必須透過學校參加比賽)	每人於全作品類別內提交一項作品 (參賽者必須透過學校參加比賽)

**獎項：**  
公開組及中學組的每項作品類別各設冠軍、亞、季軍各一名其餘獎項如下：

公開組 (每項作品類別)	中學組 (每項作品類別)
冠軍	冠軍
HK\$5,000 電器禮券及獎狀	HK\$5,000 電器禮券、獎狀及獎牌
亞軍	亞軍
HK\$3,000 電器禮券及獎狀	HK\$3,000 電器禮券、獎狀及獎牌
季軍	季軍
HK\$2,000 電器禮券及獎狀	HK\$2,000 電器禮券、獎狀及獎牌
網上投票最喜愛作品	網上投票最喜愛作品
HK\$300 電器禮券及獎狀	HK\$300 電器禮券、獎狀及獎牌
中學組特別「最佳攝影與剪輯獎」	HK\$1,000 電器禮券及獎狀

**提交作品截止日期：2012年4月16日**

**結果公布及頒獎典禮：**  
各得獎者將於2012年5月獲頒獎狀，並獲邀參加於2012年6月19日舉行的頒獎典禮

**提交作品方法及比賽詳情：**  
請登入活動網頁 [www.primarycare2012.com](http://www.primarycare2012.com)

**簡介：**  
日期：2012年2月18日 時間：下午二時至三時三十分  
地點：九龍九龍灣德輔道中九龍廣播電視中心商場3樓W061室  
內容：介紹基層醫療及家庭醫學

詳情查詢可致電查詢處：(可於活動網頁 [www.primarycare2012.com](http://www.primarycare2012.com) 下載)  
至於2012年2月14日或以前向醫以預留座位

**查詢電話：2798 2870**

家庭醫生 照顧身心  
醫護夥伴 健康同行  
Our Partner for better health

主辦機構：教育局 Education Bureau  
協辦機構：香港家庭醫學學院 The Hong Kong College of Family Physicians  
贊助機構：星島日報

## Invitation

Public Education Committee continues to provide public education on common and current health issues through different mass media channels, and to promote the public awareness of Family Medicine.

Our articles publish regularly in Hong Kong Economic Journal (信報), We Care Magazine (關心) and recently the Ming Pao Weekly (明報周刊). We have published over 300 articles in different media since 2005.

In order to meet the anticipated growing needs and challenges in public health education, the Public Education Committee would like to extend a warm invitation to all members who are interested in writing articles to join our team. **2 CPD points** (Cat 3.8) will be given to the author of each published article.

Below is our article writing guideline. Interested members who want to submit their articles, please contact Ms. Priscilla Li at 2861 0220 or email your article to [priscilla@hkcfp.org.hk](mailto:priscilla@hkcfp.org.hk).

Dr. Ngan Po Lun  
Chairman of Public Education Committee

## Articles Writing Guideline for HKEJ (信報) Column

1. 1500 words in Chinese
2. Family Medicine related
  - Whole-person care – biopsychosocial, patient-centred, family-oriented
  - Frontline care - point of first contact
  - Collaborative care, multidisciplinary care
  - Continuing care
  - Preventive care – vaccination, healthy life-style, screening, rehabilitation / palliative care
  - Approach to multiple problems (comorbidities)
  - Approach to uncertainty, use time as a diagnostic tool
  - Communication skills and counseling skills
  - Use of evidence-based medicine in daily practice
3. Patient education
  - Common primary care topics

Problems	<ul style="list-style-type: none"> <li>• Common symptoms</li> <li>• Undifferentiated problems</li> </ul>	<ul style="list-style-type: none"> <li>• Chronic illnesses</li> <li>• Problems of public interest</li> </ul>
Patient groups	<ul style="list-style-type: none"> <li>• Child and adolescent's health</li> <li>• Geriatrics</li> </ul>	<ul style="list-style-type: none"> <li>• Men's health</li> <li>• Women's health</li> </ul>
System / Specialties	<ul style="list-style-type: none"> <li>• Respiratory</li> <li>• Cardiovascular</li> <li>• Gastro-intestinal</li> <li>• Urological</li> <li>• Orthopaedic / Musculoskeletal</li> <li>• Neurological</li> </ul>	<ul style="list-style-type: none"> <li>• Skin</li> <li>• ENT</li> <li>• Eye</li> <li>• Psychiatry / Psychological</li> <li>• Community and primary care</li> </ul>

- Correct common misconceptions
  - Ethical issues in Medicine
4. Can use patient cases to illustrate
  5. Not commenting on policy
  6. Not critical or blaming
  7. Not ventilating without constructive suggestions to problems
  8. Try to focus on different aspects when topics discussed have been written
  9. Should have clear messages / learning points
  10. Style of writing – academic writing, not casual writing



## TWENTY-SIXTH CONJOINT HKCFP/RACGP Fellowship Examination THIRD (FINAL) Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-sixth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2012.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\*
2. FULLY REGISTERED with the Hong Kong Medical Council\*  
(\*Documentary evidence is required with the application - including a valid RACGP number.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit for the Written Examination, both segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit for the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit for the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31<sup>st</sup> March 2012, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31<sup>st</sup> March 2012, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit for the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30<sup>th</sup> June 2012.

Category II candidates must apply to sit for **both** the Written Examination and the Clinical Examination at the first application.

Enquiries about eligibility to sit for the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

### (2) FORMAT AND CONTENTS

- A. Written Examination  
Key Feature Problems (KFP), and,  
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination  
Objective Structured Clinical Examination (OSCE)

### (3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP\*. This validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

**Application will not be processed unless this pre-requisite is fulfilled.**

**\*Note:** Regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2012 will be held on 1<sup>st</sup> April 2012. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 29). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2012.



#### (4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2015).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

#### (5) APPLICATION AND EXAMINATION FEES

Application form with examination fee details of the Conjoint Examination 2012 will be available in our College Website, <http://www.hkcfp.org.hk> by the end of February 2012. Please note that the deadline for application is **20<sup>th</sup> April 2012**.

##### (a) CATEGORY I CANDIDATES

Full Examination (Written + Clinical)	\$22,680
Written Examination	\$6,510 plus Administrative Fee \$7,350
First attempt on Clinical Examination	\$8,820
Subsequent attempt on Clinical Examination	\$8,820 plus Administrative Fee \$7,350

##### (b) CATEGORY II CANDIDATES

Full Examination (Written + Clinical)	\$22,680
Subsequent attempt on Clinical Examination	\$8,820 plus Administrative Fee \$7,350

Please make the cheques<sup>#</sup> payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee paid for the Clinical Examination HK\$8,820 will be returned.**

**(<sup>#</sup>For application of Full Examination, please write 2 separate cheques of HK\$13,860 and HK\$8,820. For the cheque of HK\$8,820, please date it at 1<sup>st</sup> September 2012.)**

#### (6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$15,330 (for the whole examination), \$6,510 (for the written examination) or \$8,820 (for the clinical examination). The administration fee of \$7,350 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the examination date.

All fees paid are not transferable to subsequent examinations.

#### (7) IMPORTANT DATES

• 20 <sup>th</sup> April 2012 (Friday)	Closing Date of applications
• 1 <sup>st</sup> September 2012 (Saturday)	Conjoint Examination – Written Examination (MCQ)
• 2 <sup>nd</sup> September 2012 (Sunday)	Conjoint Examination – Written Examination (KFP)
• 28 <sup>th</sup> October 2012 (Sunday)	Conjoint Examination - OSCE

#### (8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associate Membership of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the websites of both Colleges ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## 社區醫療新世界 – 社區衛生及基層醫療管理培訓計劃總結會

Dr. Tam Yick Sin, Denise, Basic Trainee, Hong Kong West Cluster



Official photo of all participants

This is a conference that took place at Urumqi (新疆烏魯木齊) in July 2011. Participants included Dr. Suen, Chairman of Dr. Cheng Yu Tung Foundation, eighteen representatives from the Hospital Authority of Hong Kong, representatives from the Ministry of Health (MoH), China, and primary care doctors from various provinces of Mainland China.

### Why is this conference held?

For the past three years, the Hospital Authority of Hong Kong has been organizing primary care training programmes for health policy administrators and frontline primary doctors from the Mainland. The programme was funded by Dr. Cheng Yu Tung Foundation in support of China's recent healthcare reform. The conference at Urumqi not only reviewed the changes that had been implemented as a result of the training programme, but also served as a platform to generate ideas for future primary care development in China.



The meeting hall at the conference at Urumqi (新疆烏魯木齊).

### Highlights

The three-day conference included talks given by the Hong Kong representatives as well as officials and primary care physicians from the Mainland. One of the highlights was a visit to the local community health centres.

Under the current healthcare reform, primary care in China is delivered through community health centres (CHCs) (社區衛生服務中心), health stations (社區衛生服務站) (which are similar to CHCs, but smaller in size), township health centres and village clinics.

The functions of CHCs in the Mainland include:

- Home visits, establishment of health records for all local residents living in the community
- Provision of free health services like immunization, child assessment, pre-marital check up
- Management of chronic diseases
- Management of episodic illnesses
- Provision of rehabilitation services

CHCs also have inpatients. On average, each CHC has around 20 beds and 30-40 medical staff.<sup>1</sup>

Aside from Family Medicine outpatient services, the centre that we visited also offered specialty consultation in Medicine, Pediatrics and Chinese Medicine. In addition, it was equipped with its own biochemistry lab and a small 24-hour emergency department. In general, a community health centre functions more like a mini-hospital than an outpatient clinic. This arrangement is understandable as mainland has a large area and a nearby hospital may not be readily accessible.





The building of the local community centre.

## Now you may want to ask, how are these CHCs funded?

Under the healthcare reform, all residents are encouraged to subscribe to a medical insurance scheme. The money generated from the schemes then contributes to a pool that funds the health expenses of the country. There are different insurance plans for working individuals, farmers and for those who are not in the workforce, like housewives, children and elderly. Depending on the schemes they are on, residents get different amount of coverage of their own health care expenses at the community health centres.

According to a review article that described China's health-care delivery system, the government subsidized heavily in building various health centre infrastructure.<sup>1</sup> A per-person subsidy is also given to the health centres for delivery of basic primary care services like immunization, child health assessment and chronic disease management. The total amount of subsidy given to the health centres is dependent on the number of local residents served. In exchange, the centres will share 15% of the profit margin on drug sales with the government. Only a 5% mark up is allowed when charging for prescriptions.<sup>1</sup>

## My thoughts

The experience at Urumqi was unique and provoked a lot of thoughts concerning how we may

### Reference:

1. Yip, Winnie. Hsiao, William. Meng Qingyue. Chen, Wen. Sun Xiaoming. Realignment of incentives for health-care providers in China. Lancet 2010; 375:1120-1130.

further improve primary care in Hong Kong. I also pondered, if we were to have our own community health centres in Hong Kong, how do we want them to be run?

The CHCs in China are proactive in disease detection and primary prevention as they actively seek to develop health records for local residents. While we may not have the resources to build health records for all Hong Kong citizens, can our community health centre provide basic health checks and screening for risk factors? Also, it was inspiring to see that in the CHCs, health records were kept for each family as a unit. When there are members of the same household being seen at the same clinic in Hong Kong, are they being managed as a unit? Especially in the government outpatient setting, is it worthwhile for patients belonging to the same family to be seen by the same doctor?

Public health services and rehabilitative services are integrated into the primary care system in China. In Hong Kong, how do we want this to be coordinated? The Department of Health (DH) provides child assessment and vaccination. Outside DH, family doctors are also engaged in administering combination vaccines and assessment of children presenting with suspected developmental problems. Are there rooms for better realignment of these services? Can GOPCs, DH clinics and private practitioners use the same electronic system to share patient records? Stroke rehabilitation services are already in place within the community - can these services be extended to geriatric patients (e.g. post-fall rehabilitation) or psychiatric patients (e.g. post-discharge rehabilitation)?

CHCs in China are culturally sensitive; Chinese Medicine is an inevitable component. Could Chinese Medicine and Western Medicine work on a platform together in the community health centres of Hong Kong?

I'll be sharing more of my ideas on how our community health centres could be run in a second article.



Visit to Heaven Lake - 天池.



## Diploma in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

#### Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

#### Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

#### Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>5 compulsory</u> and <u>1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

June to September 2012	Module I
November 2012 to January 2013	Module II
July 2012 to May 2013	Module III, IV & V
May 2013	Final Examination

**5. Admission Requirements:**

Medical Practitioner with Bachelor's degree in Medicine.

**6. Teaching Staff:**

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

**7. Teaching Medium:**

# English

(Cantonese may be used in some seminars, workshops and clinical attachments)

**8. Course Fees:**

Whole course:

HK\$25,000 for members of HKCFP

HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before April 30, 2012)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

**9. Awards/Credits:**

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

**10. Application Procedures:**

**Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate
- A recent photo of the applicant (passport size)
- A signed "Disclaimer of Liability"
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2011 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

**11. Application Deadline: June 15, 2012****12. Comments From Former DFM Graduates**

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for refreshing our knowledge on clinical medicine. Module I, II & III could help improving my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap  
Chairman  
The Board of DFM

\*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

## Certificate Course in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation
- knowledge and skills in some common practice procedures required in family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

#### Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

### 3. \*Schedule:

The whole course requires FIVE months of part-time studies.

June to October 2012

Segment I & II

1-day workshop in October 2012

Segment III

### 4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

### 5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

### 6. Teaching Medium:

# English

### 7. Course Fees:

HK\$6,000 for members of HKCFP

HK\$12,000 for non-members

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

### 8. Awards/ Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

### 9. Application Procedures:

**Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate
- A recent photo of the applicant (passport size)
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- A Course Fee of HK\$6,000 (or HK\$12,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

### 10. Application Deadline: June 15, 2012

Dr. Au Chi Lap  
Chairman, The Board of DFM

\*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



## HKCFP Research Fellowship 2012

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellows, active Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

### Selection criteria

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Applications will be judged on\*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
  - the completed application form,
  - the signed terms and conditions of the HKCFP Research Fellowship,
  - a curriculum vitae from the principal investigator,
  - a curriculum vitae from the co-investigator(s), AND
  - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2012. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

## The HKCFP Award for the Best Research of 2011

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2011. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2012.

**Entry and assessment criteria are listed below:**

### ***Entry Criteria:***

1. *The principal investigator has to be a Member or Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be done in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

### ***Assessment Criteria:***

1. *How relevant are the topic and findings to Family Practice?*
2. *How original is the research?*
3. *How well-designed is the methodology?*
4. *How well are the results analysed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in Family Practice?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

**DEADLINE OF SUBMISSION: 31<sup>st</sup> March, 2012.**

This year is yet another prosperous year for the College. We are in the progress of organizing a few different activities and events such as regular monthly activities from Dermatology Interest Group and Mental Health Interest Group, Diabetes Clinical Attachment, Written Enhancement Training Course, CPR Training Workshop and Examination, and a variety of CME Lectures etc. In addition to the current activities above, we are also preparing for many upcoming events such as Training Workshop on Counseling, Assessment Enhancement Course, Neuro-musculoskeletal and Medico-legal Alert Interest Groups, The Hong Kong Primary Care Conference, ENT Clinical Attachment, Geriatric Certificate Course, Annual Refresher Course, Medical Updates, and other educational luncheon scientific meetings etc. These valuable activities, some are generously sponsored by pharmaceutical companies, can effectively enhance and update a broad range of medical knowledge for our members.

Our Journal remains to be one of the most outstanding and widely circulated local medical literature. The advertising section in The Hong Kong Practitioner and The Family Physicians Links is becoming more popular. The demand for the College's bulk e-mail mailing and circulating services from members and other institutions has likewise increased.

We had a memorable evening of 34<sup>th</sup> Anniversary Dinner held on 17<sup>th</sup> December, 2011 at Regal Hong Kong Hotel and shared our joy with all our members and invited guests together. We had the dinner lucky draw that night and I would like to take this opportunity to thank our College members, Holiday Inn Golden Mile Hong Kong, Eaton Smart Hong Kong, and Lundbeck Hong Kong for their generous donation of the lucky draw prizes.

On behalf of the College, I would also like to express my gratitude to all the following companies for their generous support for the College's functions in the past one year:

**Bayer HealthCare Ltd**  
**Boehringer Ingelheim Hong Kong Ltd**  
**Galderma Hong Kong Limited**  
**GlaxoSmithKline Limited**  
**Lundbeck Hong Kong**  
**Merck Sharp & Dohme (Asia) Ltd**  
**Pfizer Corporation Hong Kong Ltd**  
**Sanofi-Aventis Hong Kong Limited**  
**Servier Hong Kong Ltd**  
**Stiefel, a GSK Company**  
**Takeda Pharmaceuticals Taiwan, Ltd (Hong Kong Branch)**

Being the Business Manager for the past six years, I have found that this is a challenging post involving facing the commercial environment in Hong Kong with ever growing competition. In upholding the principle of being ethical and keeping our standards high, a number of bulk emails, circulations and advertisements, and promotion of products or descriptions without confirmation by evidence based medicine, have been turned down. Nevertheless, I am pleased that we can still maintain a good relationship with various sponsors, pharmaceutical companies and the press. With their support and good reputation of HKCFP, we hope to secure more sponsorship for our College events in the coming years.

Dr. Mary B. L. Kwong  
Chairlady  
Business Manager



## A New Drug for Parkinson's Disease Launched in Hong Kong

On 25<sup>th</sup> February 2012, a new drug, rasagiline, was launched in Hong Kong. This drug should not be new to neurologists or geriatricians. In May 2006, the Food and Drug Administration (FDA) approved rasagiline, a new molecular entity, for the treatment of Parkinson's Disease (PD). This drug is a monoamine oxidase type-B (MAO-B) inhibitor that blocks the breakdown of dopamine.

PD is a progressive neurodegenerative condition resulting from the loss of dopaminergic neurons in the substantia nigra. Sub-clinical signs and symptoms may appear earlier than the typical signs of Parkinson's disease, which are associated with an 80%-plus loss of dopamine-producing neurons in the substantia nigra of the midbrain. It causes dysfunction of the basal ganglion-cortical circuit, and leads to the most common and disabling movement disorders: tremor, bradykinesia, rigidity, postural instability and gait difficulty. Although PD is predominantly a movement disorder, other impairments frequently develop, including psychiatric problems, autonomic disturbances and pain which may appear later in the course of the disease. The condition progresses to cause significant disability and handicap to the patient. Carers may also be affected.

Diagnosis is based on medical history and the presence of the classic symptoms and signs of PD.

Treatment and care should take into account patients' individual needs and preferences. The treatment strategy for PD includes both pharmacological and non-pharmacological methods. The main drug treatment for PD is a selection of drugs that attempt to temporarily replenish or mimic dopamine in the brain. There is usually initial good response to medical treatment especially Levo-Dopa. However, motor fluctuation and dyskinesia would appear in about 30-50% of patients after 2-5 years of treatment, and about 80-100% after 10 years of treatment. Drug treatment regimes are complex, requiring continual and slight adjustments in dosages, timing and combinations of drugs to reduce symptoms. Other effective treatments include physiotherapy, occupational therapy, speech therapy and surgery. Good communication is essential, supported by evidence-based information, to allow patients to make informed decisions about their care. Carers and relatives should have the chance to be involved in discussions if appropriate.

In May 2006, rasagiline was approved by FDA for use as an initial single drug therapy in early PD, and as an addition to levodopa in patients with more advanced disease. The safety and effectiveness of rasagiline was demonstrated in three 18- to 26-week controlled clinical trials, including TEMPO (Rasagiline in Early Monotherapy for Parkinson's Disease Outpatients), and ADAGIO (Attenuation of Disease progression with AZILECT Given Once-daily).

From initial evaluations, melanoma was diagnosed in a small number of patients treated with rasagiline. Although the FDA has concluded that the available data did not establish that rasagiline was associated with an increased risk of melanoma, it appears that compared to the general population, patients with PD have an increased risk for this form of skin cancer. As a result, the drug's manufacturer is performing a Phase 4 (postmarket) study. Just like most other medications for PD, rasagiline has the potential to cause dyskinesias, hallucinations and hypotension.

Furthermore, on 15<sup>th</sup> December 2009, the FDA has approved safety labeling revisions for rasagiline, decreasing medication and food restrictions in patients treated for PD. The milder restrictions reflect a decreased concern regarding the use of rasagiline with many over-the-counter medications for mild ailments. Also, dietary restrictions on the intake of normal levels of dietary tyramine have been removed. However, the increased risk for sensitivity in some patients necessitates avoidance of high levels of tyramine intake (>150 mg). Otherwise, it may be associated with hypertensive crisis.

Lastly, on 17<sup>th</sup> October 2011, a FDA advisory committee voted unanimously against an expanded indication for rasagiline. The pharmaceutical company was making the case that rasagiline mesylate not only treats symptoms but is disease modifying. However, in 3 separate unanimous votes, the Peripheral and Central Nervous System Drugs Advisory Committee rejected the new indication, arguing against the robustness of evidence.

PD is a manageable condition. The symptoms of PD vary in number, type, severity and progression. No two people will experience the condition the same way. Patient-centered care and multidisciplinary approach are the most preferable management in PD.

### References:

- FDA Approves New Treatment for Parkinson's Disease, FDA NEWS RELEASE, May 17, 2006
- Living with Parkinson's Disease, Report by Access Economics Pty Limited for Parkinson's Australia
- Leung H, Mok V. Parkinson's disease: aetiology, diagnosis, and management. Hong Kong Med J. 2005 Dec;11(6):476-489.
- FDA Committee Rejects Expanded Indication for Rasagiline, by Allison Gandey, Medscape Medical News
- FDA Eases Restrictions on Rasagiline Therapy for Parkinson's Disease, by Yael Waknine, Medscape Medical News

**Compiled by Dr. Sze Hon Ho, Jacky**

## Interest Group in Mental Health & Psychiatry in Primary Care - The 30<sup>th</sup> Meeting on 4<sup>th</sup> February 2012

Dr. Mark S. H. Chan (Co-ordinator)  
Board of Education

The 30<sup>th</sup> meeting of the Interest Group in Mental Health & Psychiatry in Primary Care was held on 4<sup>th</sup> February 2012. I was the guest speaker. I am a family physician in private practice and a council member of The Hong Kong Community Psychological Medicine Association.

**Theme** : **BATHE DIG and more, What are the tools to help our stress patients**

**Speaker** : Dr. Mark Chan, Family Physician in Private Practice

**Moderator** : Dr. Mark Chan

**Panel Consultants** : Dr. Aaron Lee Fook Kay, President of the Hong Kong Community Psychological Medicine Association  
Dr. Anthony Ho, Senior Medical Officer, Department of Health  
Dr. Lambert Chan, Medical Consultant, Joyful Medical Clinic

### Introduction

There are known advantages for us family physicians to manage patients presenting with mental health problems. We can treat emotional problems without labeling; emotional concerns are addressed normally during medical treatment. Indeed, every visit should involve attention to the body-mind interaction.

### Learning points

In search for non-pharmacological tools to help our patients in stress, strategies listed are BATHE, DIG, SMART, SLOT, PSF, BSL, TFT, FSC, Positive Bathe; questions useful in facilitating patients are noted for reference.

### BATHE vs Positive BATHE with some sample questions

1. Background: What is going on in your life?

*Vs Best – What's the best thing that's happened to you since I saw you?*

*Best – what happened since last time we met.  
List the good changes And bad changes In Mood, behavior and thought.*

2. Affect: How does that make you feel?

*Vs Account: How did that make you feel? Or How do you account for that?  
What are the important issues that make you feel the changes.*

3. Trouble: What about it troubles you most?

*Vs Thankfulness: For what are you most grateful? Thankful for The changes - Any reframing possibility?*

4. Handling: How are you handling that?

*Vs Happen: How can you make things like that happen more frequently?*

5. Empathy: That must be very difficult.

*Vs Empathy or Empowerment:  
That sounds fantastic. I believe that you can do that. Go and get going.*

Follow by DIG SMART

**DIG** Define the target improvement  
Imagine ways to do so  
SMART problem solving  
Go and do it

**SMART** How to sustain the changes and How to help patients set a working plan?

### The SMART strategy : Target Plan has to be

- Specific – focus and definable quantity
- Measurable target – decide a benchmarked scale
- As if now – what will you get, feel, imagine what good you can gain
- Realistic plan - achievable, what are the barriers? And resources
- Time frame – when to achieve this, to start , to end

### SLOT analysis-- table

1. Strength
2. Limitation
3. Opportunities
4. Threats

### PSF Assure resources

1. Know the physical strength.
2. Know the space – freedom, balance and security sense
3. The flow – love, self-esteem, creativity

### Suggestion to people when they are confused FSC

1. Facts
2. Situation
3. Choices

### TFT method, if patient is in distress, been troubled by multiple stressors

1. Toleration – what are the things that trouble you most? That you cannot tolerate now?
2. Free – Imagine if these troubles disappear, what will you feel?
3. To Do – what can you do to make these troubles disappear?

Make a table, list troubles and their solutions

#### Some useful questions are

- What do you want?
- The want you want, how does it help you? What gain will you get?
- How do you know you have achieved the target?
- How do others know you have attained so?
- The result you want, need to be where, when and share with whom?
- What are the barriers that stop you?
- If you get this result, how does it change your life?
- What are your skills and resources now?
- What are the extra resources and skills that you need to get?
- What are your decisions?

### BSL strategy

1. Boundary – extend your boundary – thinking scope, -- self-value, attitude, skill, -- knowledge, technique, qualifications, friends, social circle
2. Standard – set a higher standard
3. Limit – set a higher limit

### Positive vs. Negative Thoughts

Positive thoughts or attitudes release endorphins and have a tonic effect on organs.

Adverse stimuli release adrenaline cause weakness and enervation of specific organs.

Positive attitudes = Welfare emotions while Negative attitudes = Emergency emotions. Studies overwhelmingly connect life satisfaction with increased health and longevity. Physicians' ability to promote positive affect becomes an important skill.

The above is a concise summary of the presentation. Colleagues are reminded that the complexity of mood disorder management requires the need to have continuing educational update, documentation and appropriate referral.

Reference: Dr. Lambert Chan, one of the panel consultants at the meeting, has written an article on positive psychology in Hong Kong Practitioner. [http://www.hkcfp.org.hk/index.php?option=com\\_content&view=article&id=714%3Aupdate-article-1&catid=441&Itemid=237&lang=zh](http://www.hkcfp.org.hk/index.php?option=com_content&view=article&id=714%3Aupdate-article-1&catid=441&Itemid=237&lang=zh)

### Next Meeting:

As 7<sup>th</sup> April is a public holiday, the next meeting for the Interest group will be on 2<sup>nd</sup> June 2012, and the forthcoming topic will be Community Mental Health in Retarded Population.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat ([yvonne@hkcfp.org.hk](mailto:yvonne@hkcfp.org.hk)) 2 weeks before the date of presentation. Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



(from left to right) Dr. Lau Wai Yee, Dr. Lee Fook Kay, Dr. Ho King Yip, Dr. Kwong Bi Lok, and Dr. Chan Suen Ho



- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2012

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	<b>Dr. Wong Ka Wah and Dr. Chan Chi Wai</b>
Co-ordinator	:	<b>Dr. Tam Chung Yin, Janet</b>
Objectives	:	<ol style="list-style-type: none"> <li>1. To improve clinical knowledge, problem solving and consultation skills through different workshops</li> <li>2. To improve physical examination technique and clinic procedural skills through hands-on experience</li> <li>3. To provide opportunity for inter-professional communication and social network expansion through self-help groups</li> <li>4. To improve time management through simulated examination</li> </ol>
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2012
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> <li>1. Seminars</li> <li>2. Workshops</li> <li>3. Self-help Group Support</li> <li>4. Mock Exam</li> </ol> <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course)  HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	<b>Post-AEC training course</b> will be organized for category 2 candidates who have enrolled in AEC.

### Assessment Enhancement Course 2012 Timetable for Workshop

Date	Topics	Venue
Apr 21, 2012 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
May 19, 2012 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
Jun 16, 2012 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
Jul 21, 2012 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
Sept 15, 2012 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
Oct 13, 2012 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

## Training Course on Counseling in Family Medicine

### Objectives:

- To improve the knowledge of Family Medicine Practitioners in counseling and psychotherapy.
- To equip Family Practitioners with basic counseling skills.
- To introduce the application of Cognitive Behavioural Skills in family practice.

**Dates** : 14 April, 12 May, 9 June and 14 July, 2012 (Saturdays)

**Time** : 2:30 p.m. – 4:30 p.m.

**Venue** : Council Chamber, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

**Target group** : General Practitioners, those having some prior knowledge about counseling may benefit more. Maximum number of participants is about 30 (larger group is not preferred because of difficulty in giving feedback to role-plays).

**Course Fee** : Members – HK\$1,200 for whole course  
Non-members – HK\$2,400 for whole course  
(All cheques payable to "HKCFP Education Ltd". All fees received are non-refundable and non-transferable.)

**CME/ CPD Points** : HKCFP : 2 CME points for each session (Cat 4.3)  
MCHK : 2 CME points for each session

**Award** : Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".

**Capacity** : 30 doctors

### Programme Schedule

Dates	Topics	Speakers	Moderators
14 Apr (Sat) 2:30 - 4:30 p.m.	- Introduction - Basic Counseling Skills, with Demonstration / Role- Plays	Dr. Anthony Ho Dr. Aster Lau	Dr. Francis Lee
12 May (Sat) 2:30 - 4:30 p.m.	- Introduction to CBT, with Demonstration, Role-Plays and Case Discussion	Dr. Andy Cheung	Dr. Janet Tam
9 June (Sat) 2:30 - 4:30 p.m.	- Introduction to Family Therapy and Application in Family Practice, with Demonstration, Role-Plays and Case Discussions	Dr. Lam Wing Wo	Dr. Aster Lau
14 July (Sat) 2:30 - 4:30 p.m.	- Dealing with Difficult Situations (e.g. "Manipulative" or "Abusive" Patients) with Demonstration and Role-Plays. Organizational Issues in Facilitating a More Psychosocial Oriented Practice	Dr. Anthony Ho Dr. Aster Lau	Dr. Tsui Hing Sing

\*\*\* Registration will be first come first served. For any enquiry, please call the College secretariat, Mr. Marco Cheng at 2861 0220. \*\*\*

### REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I am a **\*Member / Non-member** of The Hong Kong College of Family Physicians. (**\*Please delete as appropriate**)

I would like to attend "Training Course on Counseling in Family Medicine".

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

## CPR Training and Examination Workshop 2012

Only 2 CPR Training and Examination Workshops will be held in 2012 (1 April).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2012 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2012 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time of Clinical Examination. HKCFP CPR certificates are valid for 2 years.

### 1 April 2012 Sunday

#### CPR Training and Examination Workshop

Time	1:00 p.m. - 6:00 p.m.
Venue	4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

<b>Members</b> (Attend Training and Examination Workshop)	HK\$600.00
<b>Non-members</b> (Attend Training and Examination Workshop)	HK\$1,200.00
<b>Members with expired CPR Certificate (HKCFP)</b> (Attend Training and Examination Workshop)	HK\$200.00
<b>Members with valid AHA Certificates</b> (Require to sit for Examination Only)	HK\$200.00
<b>Non-members with expired CPR Certificate (HKCFP)</b> (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Ms. Yvonne Lam at 2861 0220 for registration on/ before **26 March, 2012**.

**LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

**Conjoint examination application deadline: 20 April 2012**

**\*REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

### 11 April 2012 Wednesday

#### Meeting the Unmet Needs in the Treatment of Hypertension - the Role of Combination Therapy

Professor Brian Tomlinson  
Head, Division of Clinical Pharmacology  
The Chinese University of Hong Kong  
Prince of Wales Hospital

Chairman	<b>Dr. Yeung To Ling, Solomon</b> The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Registration & Lunch 2:00 p.m. – 3:15 p.m. Lecture 3:15 p.m. – 3:30 p.m. Discussion
Venue	Star Room, Level 42, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00  All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

Sponsored by  
**Boehringer Ingelheim (HK) Ltd.**

### 15 April 2012 Sunday

#### Board of Education Interest Group in Neuro-musculoskeletal

Aim	To form a regular platform for sharing and developing knowledge and skill in the Neuro-musculoskeletal
Theme	<b>Prolotherapy and PRP as an Option for MSK Pain Management</b>
Speaker	<b>Dr. Ip Kit Kuen, Andrew</b> Specialist of Family Medicine
Co-ordinator & Chairman	<b>Dr. Au Chi Lap</b> The Hong Kong College of Family Physicians
Time	2:00 p.m. – 3:45 p.m. Theme Presentation 3:45 p.m. – 4:00 p.m. Discussion
Venue	<b>8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong</b>
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00  All fees received are non-refundable and non-transferable.
Capacity	50 doctors
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.11) 2 CME points MCHK
Language	Lecture will be conducted in Cantonese and English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b>



**26 April 2012 Thursday****Management of Insomnia and the Use of Hypnotic Medications****Dr. Chiu Siu Ning**  
Specialist in Psychiatry

Chairman	<b>Dr. Lee Cheuk Pong</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:30 p.m. Lecture & Discussion	
Venue	Crystal Ballroom, Level B3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00

## Accreditation

All fees received are non-refundable and non-transferable.

2 CME points HKCFP (Cat. 4.3)  
2 CME points MCHK  
Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)

## Language

Lecture will be conducted in English.

## Registration

**Registration will be first come first served.**  
**Please reserve your seat as soon as possible.**Sponsored by  
**sanofi-aventis Hong Kong Limited****Monthly Video Viewing Session**

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

**March's session:**

Date	30 March 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>Common Urological Symptoms &amp; Their Management in Substance Abuse</b> – Prof. Anthony C.F. Ng
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

**April's session:**

Date	27 April 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	<b>1. Glycemic Index – Non-Alcoholic Fatty Liver Disease</b> – Dr. Leong In Son <b>2. STATIN: Benefit beyond Lipid lowering</b> – Dr. Ko Wai Chin
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lectures will be conducted in English.

**Community Education Programmes**Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>14 April 2012</b> 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Refresher Course for Health Care Providers 2011/2012 – Handling of Respiratory Patients in the Primary Care Setting</b> Dr. Fan Hon Cheung Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

**Structured Education Programmes**Free to members  
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>21 Mar 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Psychogeriatrics</b> Dr. Wan Pui Chu and Dr. Tsui Hiu Fa	Ms. Cordy Wong Tel: 3513 3087
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Principle of Medical Ethics</b> Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Handling Substance Abuse in Adolescents in GOPC Setting</b> Dr. Carol long	Ms. Man Chan Tel: 2589 2337

**22 Mar 12 (Thur)**

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Andrology</b> Dr. So Hing Shing	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Chaperone</b> Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Practice Management: Equipment Maintenance, Call Back, ECG Interpretation</b> Dr. Tsui Pun Nang	Ms. Kwong Tel: 2595 6941

**28 Mar 12 (Wed)**

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Family Therapy</b> Dr. Ho Tsz Bun	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Management of an Infertile Couple</b> Dr. Mok Ka Yee and Dr. Yuen Ming Wai	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Common Symptom Complaints – Weight Change</b> Dr. Kam Ting Ting	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Professional Ethics and Red Book</b> Dr. Ng Yue Chun, John	Ms. Crystal Law Tel: 2632 3480

**29 Mar 12 (Thur)**

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Management of an Infertile Couple</b> Dr. Leung Yuen Kin and Dr. Kwan Sze Sing	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Health Care Delivery System in the Philippines</b> Dr. Yip Chun Kong	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Approach to Abnormal Blood Results II - Biochemistry</b> Dr. Tseung Chi Hang, Steven	Ms. Kwong Tel: 2595 6941

**05 Apr 12 (Thur)**

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Update on Management of Parkinsonism</b> Dr. Chan Hau Ting and Dr. Fan Wing Chi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Palpitation</b> Dr. Lee Sik Kwan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Management of Drugs and Pharmacy in Clinic</b> Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

**11 Apr 12 (Wed)**

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Depression and Bipolar Disorder</b> Dr. Leung Hoi Lik	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Difference between Hospital and General Practice</b> Dr. Kwong Lok See and Dr. Chung Sze Ting	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Allied Health Talk – Speech Therapy</b> Dr. Belinda Cheung	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Management of Sexually Transmitted Disease</b> Dr. Chow Tsz Ling, Sylvia	Ms. Crystal Law Tel: 2632 3480

**12 Apr 12 (Thur)**

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Difference between Hospital and General Practice</b> Dr. Man Fung Yi and Dr. Yuen Ming Wai	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Recent Development in Family Medicine</b> Dr. Hong Sze Nga	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>White Coat Hypertension &amp; Ambulatory Home BP Monitoring</b> Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

**18 Apr 12 (Wed)**

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>ICPC: Principle and Practice</b> Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Evidence Based Screening</b> Dr. Lo Ka Kit and Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Vocational Training Review</b> Dr. Wan Wing Fai	Ms. Man Chan Tel: 2589 2337

**19 Apr 12 (Thur)**

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Evidence Based Screening</b> Dr. Li Ming Yin and Dr. Zhu Guixia	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Caring for Patients with Dementia</b> Dr. So Chi Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>LAP Video Review</b> Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 <b>Mar</b>	12	13	14 2:15 – 7:30 p.m. Structured Education Programme 6:45 – 9:45 p.m. CME Dinner Symposium Lecture	15 2:15 – 7:00 p.m. Structured Education Programme	16	17 2:30 – 4:30 p.m. Higher Training Introductory Seminar 2:30 – 5:30 p.m. Written Enhancement Training
18 2:30 – 5:30 p.m. Conjoint 2012 KFP Case-writing Meeting	19	20	21 2:15 – 7:15 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	23 7:00 p.m. FP Links Meeting	24 2:00 – 4:30 p.m. Exit Exam Research Segment Introductory Workshop
25 2:30 – 5:30 p.m. Conjoint 2012 MCQ Case-writing Meeting	26	27 1:30 – 3:30 p.m. CME Lunch Symposium Lecture	28 2:15 – 7:30 p.m. Structured Education Programme 7:30 p.m. Specialty Board Meeting	29 2:15 – 7:00 p.m. Structured Education Programme 7:30 p.m. DFM Exam Subcom Meeting	30 2:30 – 3:30 p.m. Board of Education - Video Session	31
1 <b>Apr</b> 2:00 – 6:00 p.m. CPR Workshop & Examination	2	3	4	5 4:00 – 7:00 p.m. Structured Education Programme	6	7
8	9	10	11 1:00 – 3:30 p.m. CME Lunch Symposium Lecture 2:15 – 7:30 p.m. Structured Education Programme	12 4:00 – 7:00 p.m. Structured Education Programme 6:30 p.m. HKPCC Meeting	13	14 2:00 – 6:00 p.m. DFM Pre Examination Workshop 2:30 – 4:30 p.m. Training Course on Counselling in Family Medicine 4:00 – 7:00 p.m. Community Education Programme
15 2:00 – 4:00 p.m. Interest Group in Musculoskeletal	16	17	18 2:15 – 7:15 p.m. Structured Education Programme	19 4:00 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	20 <b>Conjoint Examination - Closing Date of Application</b>	21 2:30 – 5:30 p.m. AEC 2012
22	23	24 9:00 p.m. Board of Education Meeting	25	26 1:00 – 3:30 p.m. CME Lunch Symposium Lecture 9:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Board of Education - Video Session	28

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Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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