



# THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

## Family Physicians Links

### Message from the President

#### Good News for the Year of Dragon

The University of Hong Kong has now set up a new Endowed Professorship entitled "Danny D B Ho Professorship in Family Medicine". The incumbent of this professorship is our Chief Censor Professor Cindy Lam.

This is another step forward for the development of Family Medicine after the establishment of a Department of Family Medicine and Primary Care at The University of Hong Kong. Congratulations to Professor Lam and her team!

Also, I attended the Li Ka Shing Faculty of Medicine Prize Presentation Ceremony of The University of Hong Kong on 7<sup>th</sup> January

2012 and presented the Hong Kong College of Family Physicians' Prize in Community Medicine to the student awardees.



Faculty Prize Presentation Ceremony on 7<sup>th</sup> January 2012

#### CME/CPD Compliance

We are entering the second year of our 2011-2013 CME/CPD triennial cycle. Members and Fellows are reminded to obtain the required number of CME/CPD points before the end of this cycle. Trainees are strongly advised to comply with our Quality Assurance requirement which is mandatory for election to fellowship. Academy Fellows (HKAM) who are in the Specialist Register (SR) of the Medical Council need to fulfill the requirements of the Academy to remain on the SR. Academy Fellows, except those exempted from CME/

CPD due to retirement, are also required to fulfill the requirements to maintain the Academy Fellowship.

Members may gain CPD credit points through Professional Development Logs, which include self-appraisal activities on journal articles, lectures, seminars; Practice Audit, Review and Appraisal; and Structured Learning Activities. More details of these activities can be obtained from our website or our Quality Assurance & Accreditation (QA&A) Committee.

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## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

**F**ollowing the success of the 1<sup>st</sup> Hong Kong Primary Care Conference (HKPCC), the Hong Kong College of Family Physicians is honoured to host and organize this landmark conference again, to be held on June 2-3, 2012.

This year, the organizing committee has chosen “*United We Care : Forging Partnerships in Health*” as the main theme of the conference, with a focus on strengthening collaborations among health care professionals across different sectors to enhance primary care provision to our community.

With increasing emphasis on the development of primary care in recent years, both locally and globally, this conference serves as an impetus for bringing together providers and experts in healthcare including family physicians, dentists, nurses and allied health practitioners. This promotes collaborative and networking opportunities in addressing present and future challenges. We hope to provide a stimulating platform for the open exchange of experiences and views on latest developments and trends in primary care among different disciplines in addition to sharing of latest scientific updates and research activities.

This conference will feature an exciting blend of plenary sessions, workshops, seminars, paper and oral presentations. Furthermore, we have added a “Clinical Case Presentation” competition this year to highlight interesting and challenging cases managed in primary care including cases with multi-disciplinary team involvement. We strongly encourage you to join our “Clinical Case Presentation” competition.

We warmly invite you all to submit abstracts for free paper presentations and posters, to participate in our full paper competition and to register for the conference.

Instructions for abstract submission, full paper competition and clinical case presentation competition are available on subsequent pages and at our College website.

More details regarding the conference will follow soon in the Hong Kong Practitioner, FP Links and our College website. We look forward to your participation and contribution. Get involved and let’s work together to enhance primary care in Hong Kong.

**Dr. Lorna NG**  
**Chairlady**  
**Organizing Committee**  
**Hong Kong Primary Care Conference 2012**

# Announcement for the Clinical Case Presentation Competition of HKPCC 2012

Do you find that you encounter lots of interesting cases in your daily practice? Do you want to share your personal experience with others?

## HERE'S YOUR CHANCE!

The Organizing Committee of the upcoming Hong Kong Primary Care Conference is now holding a **"Clinical Case Presentation Competition"** and all are welcome to participate!

### *Format:*

Clinical cases encountered in primary care, especially those illustrating the benefits of multidisciplinary care, are welcome. Doctors, nurses, physiotherapists, clinical psychologists, occupational therapists, dietitians, podiatrists and all allied health members are all welcome to join the competition.

You will have around 15 minutes for your presentation. It can be in the form of individual presentation, group presentation (up to 5 people per group), role play, drama etc.

### *Judges and Prize:*

The Organizing Committee of the HKPCC as well as the floor audience will vote for the Best Presentation and the winning individual / team will be awarded with \$1000 cash.

CPD / CME points will be granted to the speakers as well as the group members.

The judging criteria will be based on the content, the presentation skills, as well as the ability to demonstrate multi-disciplinary collaboration in clinical management in primary care.

### *Submission details:*

- The presentation should be the original work of the participants.
- The deadline of submission is 31<sup>st</sup> March 2012.
- The entry should be submitted together with the completed submission form (please download the form from [www.hkcfp.org.hk](http://www.hkcfp.org.hk)), which includes the name of the presentation, your name, mailing address, email address and telephone number.
- All entries will be acknowledged upon receipt.
- Entries should be emailed to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

If you have any questions concerning the **"Clinical Case Presentation Competition"**, please contact Ms. Crystal Yung or Ms. Erica So, by phone at 2861 0220 or by email at [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).



# HONG KONG PRIMARY CARE CONFERENCE PROGRAMME BOOK COVER COMPETITION

**THE** organizing committee of the upcoming Hong Kong Primary Care Conference (HKPCC) is looking for someone with artistic talent to illustrate the front cover of its conference programme book.

The conference is now in its second year and the theme of the HKPCC 2012 is 'United We Care: Forging Partnerships in Health'.

We are seeking original artwork to set the tone of the conference in depicting both the theme and the spirit of the conference – after all a picture is worth a thousand words! The winning entry will be proudly displayed on the front cover of this year's conference programme book.

We cordially invite everyone to have a go and receive recognition for their artistic abilities whether the medium is pencil, charcoal, paint or photography!!! Astound your colleagues with your talent!

## WINNER:

The artwork will be displayed on front cover of the HKPCC programme book. The winner will also be granted complimentary entry to the conference.

## FINALIST:

The artwork will be displayed for viewing at the HKPCC.

## TIMELINE:

Submission deadline **29<sup>th</sup> February 2012.**

The winner will be announced on the College website and will be notified directly by our staff.

## SUBMISSION DETAILS:

The submitted entry must be the artist's original work.

Entries must be submitted on paper or by electronic format.

Please note that entries may be copied and formatted to A4 size. Supplementary written

explanation of your idea is welcome, although not mandatory.

The entry should be submitted together with the completed submission form, which includes the artist's name, mailing address, email address, and telephone number.

All entries will be acknowledged upon receipt.

All winning and finalist entries will become the property of the Hong Kong College of Family Physicians, and entries will not be returned.

Entries should be sent to the Hong Kong College of Family Physicians or emailed to: [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

## JUDGING PANEL:

The organizing committee of the upcoming HKPCC 2012.

## JUDGING CRITERIA:

The Organizing Committee will base their decision on the originality of the work in reflecting the theme of the 2012 Conference and the 'wow' factor.

Please note there is no limit to the number of entries per entrant so get busy sketching, painting, snapping.....

If you have any questions concerning this Competition, please contact Ms. Crystal Yung or Ms. Erica So by phone at 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).





## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

### FULL PAPER COMPETITION

We cordially invite your participation in the Full Paper Competition of the HKPCC 2012. The Competition is a long-standing tradition of the HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2012 Organizing Committee will invite renowned scholars to review the participating papers. Judge(s) appointed by the Organizing Committee will determine the final awardees based on the quality of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2012. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

#### Awards

The winner of the **Best Research Paper Award** will receive **HK\$5,000** and a certificate.

#### Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference.
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain 2,000 - 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Only electronic version is accepted. The full paper should be typed in 12 point size in Microsoft Word format.

#### Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation).
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

#### How to Submit

**By Email** – Attach the full paper with the completed “Full Paper Submission Form” and send to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

**IMPORTANT:** Please download the Full Paper Submission Form from our College’s Website [www.hkcfp.org.hk](http://www.hkcfp.org.hk) and submit the paper with the form.

#### Submission Deadline

**30<sup>th</sup> March 2012 (Friday)**



For enquiry, please contact Ms. Crystal Yung or Ms. Erica So at 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

*We look forward to receiving your research articles!*



## UNITED WE CARE - FORGING PARTNERSHIPS IN HEALTH

### ABSTRACT SUBMISSION INSTRUCTIONS

#### ABSTRACT FORMAT

- Electronic format typed in 12-point size in Microsoft Word. Handwritten abstracts will NOT be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in English. All accepted abstracts must be presented in English.

#### HOW TO SUBMIT

**By Email** – Attach the abstract with the completed “Abstract Submission Form” and send to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk)

**IMPORTANT:** Please download the Abstract Submission Form from our College's website [www.hkcfp.org.hk](http://www.hkcfp.org.hk) and submit the abstract with the form.

#### PLEASE NOTE

- 1) The submitted abstract must not be **identical** to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on abstract acceptance.
- 3) Only **ONE** designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the conference.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) The deadline for abstract submission is **30<sup>th</sup> March 2012 (Friday)**.
- 6) For enquiry, please contact Ms. Crystal Yung or Ms. Erica So at (852) 2861 0220 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

# Hong Kong Primary Care Conference 2012


## "United We Care - Forging Partnerships in Health"



**Hong Kong  
Primary Care  
Conference**  
The Hong Kong College  
of Family Physicians

### Scientific Programme at-a-glance

Date	02 June 2012 (Sat)				
Time					
14:00 - 15:00	<b>Registration + Welcome Drinks &amp; Exhibition</b>				
15:00 - 15:30	<b>Opening Ceremony</b>				
15:30 - 16:00	<b>Plenary Session I</b>				
16:00 - 16:30	<b>Plenary Session II</b>				
16:30 - 17:00	<b>Coffee Break</b>				
17:00 - 19:00	<b>Workshop 1</b> Statistical Analysis by Computer Software Made Easy and Fun	<b>Workshop 2</b> Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	<b>Seminar A</b> How to Set Up Your Own Medical Practice : Key to Success from Medical to Financial Perspectives	<b>Seminar B</b> Research Forum for Higher Trainees in Family Medicine	<b>Free Paper Presentation</b>
19:00 - 21:00	<b>Dinner Symposium</b>				

Date	03 June 2012 (Sun)			
Time				
09:00 · 09:30	Registration			
09:30 · 10:30	<b>Workshop 3</b> The Do's and Don'ts of Patient Empowerment	 <b>Workshop 4</b> Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care	<b>Seminar C</b> Beauty & Aesthetic Medicine	<b>Clinical Case Presentation Competition</b> <i>NEW</i>
10:30 · 11:30			Common Oral Problems in Primary Care Setting	
11:30 · 12:00	Coffee Break			
12:00 · 12:30	Plenary Session III			
12:30 · 13:00	Plenary Session IV			
13:00 · 15:30	Lunch Symposium			
15:30 · 16:30	Reception of the 25 <sup>th</sup> Fellowship Conferment Ceremony			
16:30	The 25 <sup>th</sup> Fellowship Conferment Ceremony The 23 <sup>rd</sup> Dr. Sun Yat Sen Oration			

#### Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.





Hong Kong  
Primary Care  
Conference  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2012

Organized by the Hong Kong College of Family Physicians

2 - 3 June 2012, HKAM Jockey Club Building, Wong Chuk Hang, HK

“United We Care – Forging Partnerships in Health”



## REGISTRATION FORM

Title: \_\_\_\_\_ Prof. / Dr. / Mr. / Mrs. / Ms. (\*circle as appropriate)

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Institution: \_\_\_\_\_

Contact No.: \_\_\_\_\_ HKCFP Member ID (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

*\*Details or updates would be sent by email*

### REGISTRATION (please tick as appropriate):

If you are interested in joining as HKCFP member, please contact our administrative staff Ms. Angel Cheung / Ms. Priscilla Li to obtain the membership form and return the completed form with required documents to HKCFP Secretariat on or before 4 May 2012.

Hong Kong Primary Care Conference 2012			HKCFP Member	Non-member
02 - 03 June 2012 (Sat PM and Sun AM&PM)			<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$600
Workshops			HKCFP Member	Non-member
02 June	17:00 – 19:00	Workshop 1: Statistical Analysis by Computer Software Made Easy and Fun	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
		Workshop 2: Application of Contemporary Psychotherapy Skills in General Practice - Beyond Empathic/Active Listening	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
03 June	09:30 - 11:30	Workshop 3: The Do's and Don'ts of Patient Empowerment	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200
	09:15 - 11:45	Workshop 4: Multidisciplinary Approach to Chronic Musculoskeletal Pain Management in Primary Care	<input type="checkbox"/> HK\$100	<input type="checkbox"/> HK\$200

Participant can **only** register for **ONE** workshop per day as the concurrent session will be held simultaneously.

Workshop registration is subject to availability and on first-come-first-serve basis. Cheques will be returned to unsuccessful registrants.

### COMPLIMENTARY TRANSPORTATION

Pick-up Points	2 June 2012 (Sat)	3 June 2012 (Sun)
Admiralty	<input type="checkbox"/> 14:00	<input type="checkbox"/> 08:30
Kowloon Tong	<input type="checkbox"/> 13:30	---
Tuen Mun	<input type="checkbox"/> 13:30	---

### SYMPOSIA

<input type="checkbox"/> will attend lunch and dinner symposium
<input type="checkbox"/> will attend lunch symposium only
<input type="checkbox"/> will attend dinner symposium only
<input type="checkbox"/> will not attend lunch and dinner symposium

Note: details will be further announced and emailed to individual registrants who have applied for this.

### PAYMENT METHOD

Please send completed registration form with crossed cheque(s) payable to “HKCFP Education Ltd” to the address: Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Please use **SEPARATE cheques** for the membership fees (if applicable), the conference and workshop(s) registration fees.

### CONFERENCE SECRETARIAT



Staff : Ms. Crystal Yung / Ms. Priscilla Li



Tel : (852) 2861 0220



Email : [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk)



Fax : (852) 2866 0981

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Registration form and other forms regarding this conference can also be downloaded through HKCFP College website – [www.hkcfp.org.hk](http://www.hkcfp.org.hk).



## “Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15<sup>th</sup> February 2012 to 14<sup>th</sup> March 2012, Dr. Chan Hung Chiu and Prof. Samuel Wong will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you as soon as we can.



Dr. Chan Hung Chiu Prof. Samuel Wong

Dr. Tony C K Lee  
Co-ordinator, CMOD System

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **November/December 2011** Council Meeting:

### Resignation from Associate Membership

Dr. CHEUNG Sze Tat, Benjamin 張思達

### Non-HKSAR Member (New Application)

Dr. WAN Kwok Chung 溫國忠

### Transfer from Associate to Fellow Membership

Dr. CHAN Ngai Ping 陳毅冰  
Dr. CHENG Pui Sum, Cupid 鄭沛森  
Dr. KWOK Tsz Tik 郭子迪  
Dr. LEE Wing Po 李詠寶  
Dr. LEUNG Wing Mun 梁穎敏

Dr. LUK Chi To  
Dr. SIN Edmond Ho Fai  
Dr. WONG Sum Lok  
Dr. WONG Wai On  
Dr. YIP Pui Chuen  
Dr. YIP Wing Yi  
Dr. YUNG Yin Ying

陸志滔  
冼皓輝  
黃琛珞  
王衛安  
葉沛泉  
葉詠儀  
容燕櫻

### Associate Membership (New Application)

Dr. NG Hoi Ling, Helen 吳海鈴

### Reinstatement of Associate Membership

Dr. MAK Wing Kin 麥永健

## Classified Advertisements

### Positions Vacant

**Accredited Private FM Centre invites energetic Doctors** for expanding services (Tuen Mun / Kwai Fong). Basic / higher FM Trainee, A&E Officers welcomed. Basic + Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212 6654

**Accredited Private FM Centre invites Specialists** for sessional consultations, 1-2/wk Cardiologists, ENT, Psychiatrists, Ophthalmologists and Gynecologists most welcomed. Profit sharing + Bonus. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Attention: Amy CHAN) 9212 6654

FM trainee vacancy at Ma On Shan. Musculoskeletal medicine training with excellent prospect. Flexible working hours, 3 weeks annual leave. Basic salary plus bonus. Tel: 9016 2909.

FT/PT/Locum **Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in NTE / Kowloon. Flexible hours. Please e-mail resume with expected salary - Ms. Law : [hr@ucn.org.hk](mailto:hr@ucn.org.hk).

**Full-time GP / Locum / Specialists wanted** 九龍商場舖, Welcome Joint Investment, Middle class clients, Transparent & generous Bonus Excellent Prospect. Dr. Kam 3165 1460 [profgp2004@yahoo.com.hk](mailto:profgp2004@yahoo.com.hk)

Dear HKCFP members,

## The 19<sup>th</sup> Wonca Asia Pacific Regional Conference Jeju Korea 24 - 27 May 2012

### ***"Clinical Excellence in Family Medicine: Evidence-based Approach in Primary Care"***

The **19<sup>th</sup> Wonca Asia Pacific Regional Conference** will be another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organisations as well as individual doctors.

Council has decided to grant a sponsorship with a maximum of HKD10,000 for applicants & with presentation, and a maximum of HKD5,000 for applicants without presentation, to attend the captioned conference.

Applicants shall agree to take part in the College official functions if any during the Conference in Jeju Korea, and submit a written report of around 800 words within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by 29 February 2012. For further information please visit the official website at <http://www.woncaap2012.org>.

### **Special group registration discount for registration before 29 Feb 2012**

Also, I am pleased to tell you that the College is offered by Wonca Jeju 2012 Organising Committee a special group registration rate at 15% discount if we can gather 30 participants joining the group. The College Council suggested to organize a HK participant group for Wonca Jeju and the College Secretariat will provide assistance to facilitate the registration, flight and accommodation reservation for our members from both public and private sectors. For members from the public sector, please contact your cluster coordinator / training coordinator, and for members from the private sector, please contact the Executive Manager Ms. Erica So at 2528 6618 or email to [erica@hkcfp.org.hk](mailto:erica@hkcfp.org.hk).

Thanks.

Dr. Billy C F Chiu  
Honorary Secretary

## Editorial Board News

Dear Colleagues,

Please be informed that the Check-on-Check programme will no longer be available as hard copies starting in 2012 due to a recent change in policy by The Royal Australian College of General Practitioners (RACGP). However, the CHECK programme will be available online to members of the RACGP.

Thank you for your continuing support to the Editorial Board.

Prof. Samuel Wong  
Chairman  
Editorial Board

## Internal Affairs Committee News

### The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration

Dear Colleagues,

The College is holding **"The 25th Fellowship Conferment Ceremony and the 23rd Dr. Sun Yat Sen Oration"** at **1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong on 3rd June 2012.**

The successful candidates of Conjoint Examination would be conferred Fellowships; and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates, followed by the delivery of the 23rd Dr. Sun Yat Sen Oration.

All Fellows\*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. The details are:

Events : (i) **The 25th Fellowship Conferment Ceremony**  
(ii) **The 23rd Dr. Sun Yat Sen Oration**

Date : 3rd June 2012 (Sunday)

Time : 3:30 p.m. - Reception  
4:30 p.m. - Ceremony

Remarks : 1 CME (Category 4.3)

This activity is free of charge to our College Fellows, members and their spouses.

\*All College Fellows are welcome to bring along their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO  
Chairman, Internal Affairs Committee

## Board of Vocational Training and Standards News

### Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that **ALL** higher trainees should submit the annual checklist to our Board **EITHER** by registered post **OR** in-person **ON OR BEFORE 29<sup>th</sup> February 2012 (Wednesday)**. Late submission will not be accepted.

For those applying for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **ON OR BEFORE 29<sup>th</sup> February 2012**.

The training experience of 2011 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee

BVTS

### Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held in March 2012 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Chiu Chi Fai, Billy (Chairman, Higher Training Subcommittee),  
and Dr. Yuen Shiu Man (Chairman of BVTS)

Date : 17<sup>th</sup> March 2012 (Saturday)

Time : 2:30 – 4:30 p.m.

Venue : Room 702-3, 7/F,  
Hong Kong Academy of Medicine Jockey Club Building  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Cheng or Mr. Brian Chan at 2528 6618 for any queries.

## HKCFP Council 2012



Group photo of HKCFP Council 2011 – 2012

Back row (left to right): Ms. Crystal Yung, Dr. David Chao, Prof. Samuel Wong, Dr. Chan Hung Chiu, Dr. Chong Man Yuk, Dr. Mark Chan, Dr. Au Chi Lap, Dr. Ngan Po Lun

Front row (left to right): Dr. Chan Wing Yan, Dr. Cheung Man Kuen, Dr. Lorna Ng, Dr. Mary Kwong, Dr. Lau Ho Lim, Dr. Ruby Lee, Dr. Stephen Foo, Dr. Angus Chan, Dr. Billy Chiu, Dr. Wendy Tsui, Ms. Erica So

Absentees: Dr. Chan Kin Ling, Prof. Cindy Lam, Dr. Tony Lee, Prof. Donald Li, Dr. Gene Tsoi, and Dr. Quincy Yuen

### Structure of HKCFP Council 2012

**PRESIDENT :**

Dr. Ruby S. Y. Lee

**VICE-PRESIDENT (GENERAL AFFAIRS) :**

Dr. Lau Ho Lim

**VICE-PRESIDENT (EDUCATION & EXAMINATIONS) :**

Dr. Angus M. W. Chan

**IMMEDIATE PAST PRESIDENT :**

Dr. Gene W. W. Tsoi

**HON. SECRETARY :**

Dr. Billy C. F. Chiu

**HON. TREASURER :**

Dr. Quincy S. M. Yuen

**COUNCIL MEMBERS :**

Dr. Simon C. L. Au

Dr. Chan Hung Chiu

Dr. Chan Kin Ling

Dr. Mark S. H. Chan

Dr. Chan Wing Yan

Dr. David V. K. Chao

Dr. Cheung Man Kuen

Dr. Chong Man Yuk

Dr. Mary B. L. Kwong

Dr. Tong C. K. Lee

Dr. Lorna V Ng

Dr. Ngan Po Lun

Dr. Wendy W. S. Tsui

Prof. Samuel Y. S. Wong

**BOARD OF CENSORS :**

Prof. Cindy L.K. Lam

Dr. Stephen K. S. Foo

Prof. Donald K. T. Li



## Board of Diploma in Family Medicine (DFM) - Lectures

### Topics and Speakers :

Dates	Topics	Speakers
18 Feb 2012 (Sat)	Module III – Research & Teaching in Family Medicine	Prof. Cindy L. K. Lam
10 Mar 2012 (Sat)	Module V – Counselling Skill Workshop	Dr. Andy K. Y. Cheung

**Co-ordinators :** Dr. Au-yeung Shiu Hing & Dr. Wong Pak Hoi

*Board Members, The Board of Diploma in Family Medicine, HKCFP*

**Venue :** Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

**Time :** 2:30 p.m. – 5:00 p.m. Lecture and Discussion

**Accreditation :** 3 CME Points HKCFP (Category 4.4)  
3 CME Points MCHK

**Registration Fees** (*Please tick as appropriate*):

Dates	Topics	HKCFP Member	Non-member
18 Feb 2012 (Sat)	Module III – Research & Teaching in Family Medicine	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
10 Mar 2012 (Sat)	Module V – Counselling Skill Workshop	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

**Capacity :** 20 Doctors

**Registration :** Registration will be first come first served. For registration or enquiries, please call the College secretariat, Mr. John Lee at 2861 0220. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.  
(Fax: 2866 0981)

Dear Sir/ Madam,

I am a \*Member/ Non-Member of the Hong Kong College of Family Physicians. (\*Please delete as appropriate)

I would like to attend lecture(s) of **Module III/IV** at Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

**Name :** \_\_\_\_\_

**Tel No. :** \_\_\_\_\_

**Email :** \_\_\_\_\_

**Date :** \_\_\_\_\_

## TWENTY-SIXTH CONJOINT HKCFP/RACGP Fellowship Examination SECOND Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-sixth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2012.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\*
2. FULLY REGISTERED with the Hong Kong Medical Council\*  
(\*Documentary evidence is required with the application - including a valid RACGP number.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit for the Written Examination, both segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit for the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit for the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31<sup>st</sup> March 2012, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31<sup>st</sup> March 2012, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit for the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30<sup>th</sup> June 2012.

Category II candidates must apply to sit for **both** the Written Examination and the Clinical Examination at the first application.

Enquiries about eligibility to sit for the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

### (2) FORMAT AND CONTENTS

- A. Written Examination  
Key Feature Problems (KFP), and,  
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination  
Objective Structured Clinical Examination (OSCE)

### (3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP\*. This validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

**Application will not be processed unless this pre-requisite is fulfilled.**

**\*Note:** Regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2012 will be held on 26<sup>th</sup> February 2012. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 29). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2012.

#### (4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2015).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

#### (5) APPLICATION AND EXAMINATION FEES

Application form with examination fee details of Conjoint Examination 2012 will be available in our College Website, <http://www.hkcfp.org.hk> at the end of February 2012 at the earliest. Please note that the deadline for application is **20<sup>th</sup> April 2012**.

##### (a) CATEGORY I CANDIDATES

Full Examination (Written + Clinical)	\$22,680
Written Examination	\$6,510 plus Administrative Fee \$7,350
First attempt on Clinical Examination	\$8,820
Subsequent attempt on Clinical Examination	\$8,820 plus Administrative Fee \$7,350

##### (b) CATEGORY II CANDIDATES

Full Examination (Written + Clinical)	\$22,680
Subsequent attempt on Clinical Examination	\$8,820 plus Administrative Fee \$7,350

Please make the cheques<sup>#</sup> payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee paid for the Clinical Examination HK\$8,820 will be returned.**

<sup>#</sup>For application of Full Examination, please write 2 separate cheques of HK\$13,860 and HK\$8,820. For the cheque of HK\$8,820, please date it at 1<sup>st</sup> September 2012.)

#### (6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$15,330 (for the whole examination), \$6,510 (for the written examination) or \$8,820 (for the clinical examination). The administration fee of \$7,350 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

#### (7) IMPORTANT DATES

• 20 <sup>th</sup> April 2012 (Friday)	Closing Date of applications
• 1 <sup>st</sup> September 2012 (Saturday) (tentative)	Conjoint Examination – Written Examination (MCQ)
• 2 <sup>nd</sup> September 2012 (Sunday) (tentative)	Conjoint Examination – Written Examination (KFP)
• 28 <sup>th</sup> October 2012 (Sunday) (tentative)	Conjoint Examination - OSCE

#### (8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associate Membership of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the websites of both Colleges ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination



## “Enhancing Quality Primary Care through Research and Evidence in Hong Kong” Symposium and Inauguration of the Department of Family Medicine and Primary Care, HKU

Dr. Chin Weng Yee, Assistant Professor, Department of Family Medicine & Primary Care and Institute of Medical and Health Sciences Education, The University of Hong Kong

Dr. Julie Chen, Assistant Professor, Department of Family Medicine & Primary Care and Institute of Medical and Health Sciences Education, The University of Hong Kong

This international symposium was recently held on November 26 - 27, 2011, with the aim of emphasizing how research and evidence is applied to shape health care policy and clinical practice. Co-organized by the Department of Family Medicine and Primary Care, HKU and the Hong Kong College of Family Physicians, it attracted over 200 family physicians and professionals in primary healthcare from across Hong Kong who attended the plenary sessions. The symposium highlighted primary health care services, health equity, mental health and medical education. The event also provided an opportunity to College members who are interested in primary care research to share their views at the interactive symposium forum and workshops. There was a fruitful exchange between the speakers and the participants who represented the HKCFP, the Hospital Authority, scholars from both medical faculties at HKU and CUHK as well as frontline medical and allied health care providers.

Dr. York Chow, Secretary for Food and Health, Professor SP Lee, Dean of the Li Ka Shing Faculty



Dr. Ruby SY Lee presenting a souvenir to Dr. the Hon York Chow Yat-ngok, the Secretary for Food and Health, HKSAR Government.

of Medicine and Prof. Donald Li, Regional President of WONCA Asia-Pacific were among the honoured guests present who also officiated the inauguration ceremony for the recently formed Department of Family Medicine and Primary Care at the University of Hong Kong.

Highlights of the symposium included presentations on a diverse array of primary care topics introduced by renowned overseas and local speakers:

- The key note presentation by the **2011 HKCFP Visiting Professor, Professor David Mant, Emeritus Professor of General Practice, the University of Oxford** who spoke about the importance of undertaking research that really makes a difference to patient care. He articulated why much of the evidence necessary to underpin the provision of high quality primary care can only be undertaken in a primary care setting, requiring both the active involvement of primary care clinicians and the strong support of specialist colleagues
- A plenary talk by **Professor Chris del Mar from Bond University, Australia**, exploring the nature of primary care research and the



Professor David Mant, giving his keynote speech.





Participants actively engaging in the discussion with the international and local speakers

extent to which health services research, clinical research and basic science research integrate

- A thought provoking summary of the work done in Hong Kong through the Primary Care Office to develop reference frameworks for primary care and the challenges being faced in their implementation presented by **Professor Sian Griffiths, Director of the Jockey Club School of Public Health and Primary Care, CUHK**
- An engaging presentation by **Professor Cindy Lam, Head, Department of Family Medicine and Primary Care, HKU**, regarding the use of health-related quality of life as the most appropriate health outcome measure in primary care. She argues that this biopsychosocial outcome measure aligns well with the patient-

centred nature of primary care; can assess the combined effects of multiple morbidities and can be articulated on a composite numeric scale which can then be used in the calculation of disease burden and cost effectiveness of interventions

- A plenary talk by **Professor Carol Herbert, the University of Western Ontario**, who described a newly funded programme of research which is intended to define a core set of equity-sensitive primary health care indicators for performance monitoring, to test an intervention to promote health equity for a marginalized population and to analyse policy and funding contexts using a social justice and equity framework
- An enlightening presentation by **Professor Shanzhu Zhu, Fudan University** who discussed the training pathways and processes for the development of general practitioners in China
- A plenary talk about how information can improve equity and efficacy in the delivery of primary health care by **Dr. Karen Kinder, Johns Hopkins University**

This symposium is only a part of an ongoing primary care research initiative that we are keen to support and are committed to carrying out in Hong Kong. The response and interest of participants in attendance is highly encouraging and will surely translate to meaningful work in generating evidence to enhance quality primary care.

More symposium details are available at <http://www.fmpc.hku.hk/index.php>.



International speakers responded to questions from participants during the Forum: "Integrating Evidence and Practice"

## Diploma in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

#### Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

#### Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

#### Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>5 compulsory</u> and <u>1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

June to September 2012	Module I
November 2012 to January 2013	Module II
July 2012 to May 2013	Module III, IV & V
May 2013	Final Examination

**5. Admission Requirements:**

Medical Practitioner with Bachelor's degree in Medicine.

**6. Teaching Staff:**

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

**7. Teaching Medium:**

# English

(Cantonese may be used in some seminars, workshops and clinical attachments)

**8. Course Fees:**

Whole course:

HK\$25,000 for members of HKCFP

HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before April 30, 2012)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

**9. Awards/Credits:**

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

**10. Application Procedures:**

**Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate
- A recent photo of the applicant (passport size)
- A signed "Disclaimer of Liability"
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2011 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

**11. Application Deadline: June 15, 2012****12. Comments From Former DFM Graduates**

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for refreshing our knowledge on clinical medicine. Module I, II & III could help improving my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap  
Chairman  
The Board of DFM

\*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop



## Certificate Course in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2012.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation
- knowledge and skills in some common practice procedures required in family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Segment I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Segment II- Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
<b>Contents:</b>	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

#### Segment III - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
<b>Contents:</b>	Orthopaedic Injection and Consultation Skills

### 3. \*Schedule:

The whole course requires FIVE months of part-time studies.

June to October 2012

Segment I & II

1-day workshop in October 2012

Segment III

### 4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

### 5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

### 6. Teaching Medium:

# English

### 7. Course Fees:

HK\$6,000 for members of HKCFP

HK\$12,000 for non-members

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

### 8. Awards/ Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

### 9. Application Procedures:

**Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate
- A recent photo of the applicant (passport size)
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- A Course Fee of HK\$6,000 (or HK\$12,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

### 10. Application Deadline: June 15, 2012

Dr. Au Chi Lap  
Chairman, The Board of DFM

\*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



## HKCFP Research Fellowship 2012

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellows, active Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

### Selection criteria

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Applications will be judged on\*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
  - the completed application form,
  - the signed terms and conditions of the HKCFP Research Fellowship,
  - a curriculum vitae from the principal investigator,
  - a curriculum vitae from the co-investigator(s), AND
  - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2012. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

## The HKCFP Award for the Best Research of 2011

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2011. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2012.

**Entry and assessment criteria are listed below:**

### ***Entry Criteria:***

1. *The principal investigator has to be a Member or Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be done in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

### ***Assessment Criteria:***

1. *How relevant are the topic and findings to Family Practice?*
2. *How original is the research?*
3. *How well-designed is the methodology?*
4. *How well are the results analysed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in Family Practice?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

**DEADLINE OF SUBMISSION: 31<sup>st</sup> March, 2012.**



Oasis  
心靈綠洲

## 懂得傾聽自己

你看見了自己心中的真與美之後，就能看見所愛的人心中的真與美。愛就是陪伴支持所愛的人，並重視對方的陪伴支持。全心全意陪伴所愛的人，並珍惜對方的寶貴，就是實踐真愛。要真正陪伴支持對方，就得先陪伴支持自己。你有沒有時間陪伴支持自己呢？你有沒有時間專心喝一杯茶、專心吃一顆柳橙、專心吸一口氣、專心呼一口氣？你有沒有時間專心走路，暫時拋開工作上的事情？

**如果不瞭解自己，不能接納自己，就不可能瞭解並接納別人。**

正念練習可以幫助你觸及內心深處，從而瞭解自身的痛苦、困難和最深處的嚮往。

首先，你自己可能就有缺乏溝通的情形，你的身體和意識一直在對你傳達許多訊息，但你可能沒有時間傾聽；你的肝臟可能承受很大的壓力，但你還是繼續喝；你的身體可能在懇求你慢下來，或休息一天，但你一直逼迫身體更努力的工作。

你可能沒有陪伴支持自己的身體，不夠在乎自己的身體，或者不懂得傾聽身體的聲音。你的意識裡可能有一些痛苦，但你不懂得傾聽意識的聲音。

愛意溝通的第一步就是回歸自身，透過正念呼吸，踏上回歸自身的大道，觸及內心及周遭生活的喜悅、美好、奇妙。練習用心呼吸、走路、做早餐，就可回歸當下自身，用心覺知自己的身體、感覺、看法，認清痛苦並加以轉化。

如果生出憤怒的情緒，就覺察這股憤怒；如果生出恐懼的情緒，就覺察這份恐懼。你要一直陪伴支持自己。「早安，我的小憤怒。我知道你在那裡，我會好好照顧你。」「午安，我的恐懼，你來了啊。我知道你一直都在，你是我的老友，我會花時間照顧你。」接著，練習正念走路、正念呼吸，承認恐懼或憤怒的存在，安撫它們。

**瞭解自己、愛自己，是瞭解別人、愛別人的基礎。**

第一步就是要回歸自身，照顧自己，瞭解自己，接納自己，對自己慈悲。

擇自「生命的真正力量」 一行禪師

<http://ericagarden.mysinablog.com/index.php?op=ViewArticle&articleId=3277408>

(本欄資料由 心靈綠洲—個人成長及危機處理中心 提供，特此鳴謝)



## Hypertension: NICE Clinical Guideline 127, 2011

The recent updated guidance from NICE on the management of hypertension (HT) in adults will have important implications for day to day practice. This guideline updates and replaces "Hypertension: management of hypertension in adults in primary care" (NICE clinical guideline 34, 2006). The guidelines have 65 recommendations, 36 of which are new. Most of the changes were evolved from the previous guidelines and should be relatively easy to incorporate into clinical practice.

Some of the new key recommendations are listed below:

### Diagnosing hypertension

- If the clinic blood pressure is 140/90 mmHg or higher, offer ambulatory blood pressure monitoring (ABPM) to confirm the diagnosis of HT.
- When using ABPM to confirm a diagnosis of HT, ensure that at least two measurements per hour are taken during the person's usual waking hours (e.g. between 08:00 and 22:00). Use the average value of at least 14 measurements taken during the person's usual waking hours to confirm a diagnosis of HT.
- When using home blood pressure monitoring (HBPM) to confirm a diagnosis of HT, ensure that:
  - for each BP recording, two consecutive measurements are taken, at least 1 minute apart and with the person seated **and**
  - BP is recorded twice daily, ideally in the morning and evening **and**
  - BP recording continues for at least 4 days, ideally for 7 days.

Discard the measurements taken on the first day and use the average value of all the remaining measurements to confirm a diagnosis of HT.

### Initiating treatment

- Offer antihypertensive drug treatment to people aged under 80 years with stage 1 HT who have one or more of the following:
  - target organ damage
  - established cardiovascular disease
  - renal disease
  - diabetes
  - a 10-year cardiovascular risk equivalent to 20% or greater.
- Offer antihypertensive drug treatment to people of any age with stage 2 HT.
- For people aged under 40 years with stage 1 HT and no evidence of target organ damage, cardiovascular disease, renal disease or diabetes, consider seeking specialist evaluation of secondary causes of HT and a more detailed assessment of potential target organ damage. This is because 10-year cardiovascular risk assessments can underestimate the lifetime risk of cardiovascular events in these people.

### Monitoring treatment and BP targets

- For people identified as having a 'white-coat effect', consider ABPM or HBPM as an adjunct to clinic BP measurements to monitor the response to antihypertensive treatment with lifestyle modification or drugs.

### Choosing antihypertensive drug treatment

#### Step 1 treatment

- Offer step 1 antihypertensive treatment with a calcium-channel blocker (CCB) to people aged over 55 years and to black people of African or Caribbean family origin of any age. If a CCB is not suitable, for example because of oedema or intolerance, or if there is evidence of heart failure or a high risk of heart failure, offer a thiazide-like diuretic.
- If a diuretic treatment is to be initiated or changed, offer a thiazide-like diuretic, such as chlortalidone (12.5–25.0 mg once daily) or indapamide (1.5 mg modified-release or 2.5 mg once daily) in preference to a conventional thiazide diuretic such as bendroflumethiazide or hydrochlorothiazide.
- For people who are already having treatment with bendroflumethiazide or hydrochlorothiazide and whose BP is stable and well controlled, continue the treatment.

### Blood pressure targets

Clinic blood pressure

- People aged under 80 years: lower than 140/90 mmHg
- People aged over 80 years: lower than 150/90 mmHg

Daytime average ABPM or average HBPM blood pressure during the person's usual waking hours

- People aged under 80 years: lower than 135/85 mmHg
- People aged over 80 years: lower than 145/85 mmHg

**Reference:** Hypertension, National Institute for Health and Clinical Excellence (NICE): clinical guideline 127, Aug 2011

*Compiled by Dr. Sze Hon Ho, Jacky*



## Interest Group in Dermatology - The 28<sup>th</sup> Meeting on 7<sup>th</sup> January 2012

Dr. Wong Ying Fun  
Specialist in Family Medicine (Participant of the meeting)

### Theme : Blistering Disorders

**Speaker** : Dr. Lee Tze Yuen, Specialist in Dermatology

**Moderator** : Dr. Wong Nai Ming, Co-ordinator, Board of Education

Dr. Lee Tze Yuen, Honorary Clinical Associate Professor of the Faculty of Medicine of HKU and CUHK, spoke to us on blistering disorders.

### Learning points:

For herpes zoster involving the face, it can be treated with antiviral therapy, but the lesion may still get worse in the first few days depending on the time of treatment. So we may need to warn patients beforehand. We should also look for vesicles at the tip or one side of the nose (Hutchinson's sign) which suggest involvement of the nasociliary branch. The eye is often affected in such cases and we should refer the patient to ophthalmologist urgently.

Herpes zoster affecting the lateral geniculate ganglion may present with painful blisters at pinna, external auditory canal, tonsil or soft palate. It can also cause facial nerve palsy on the affected side (Ramsay Hunt Syndrome).

Cupping (拔罐) is a kind of traditional Chinese therapy, which is done by creating negative pressure inside a cup (induced by heating or suction). It can cause congestion, purpura or blisters. The rash is well demarcated and circular in shape. It is self limiting; we should keep the lesion clean with daily dressing and may add topical or systemic antibiotics if there is secondary infection.

When we come across recurrent skin rash appearing at the same site, we should think of herpes simplex infection or drug eruption. For herpes simplex infection, it usually presents with tiny blisters which disappear within a few days. For drug eruption, the patient's history may reveal the use of a particular drug.

The most common cause of contact dermatitis around joints in Hong Kong is Bone-setter's dermatitis. Patients may present with sudden onset of redness, swelling or blisters over the applied area. Diagnosis can be made by history of exposure and the lesion is usually itchy. Examination usually shows well demarcated lesions. Cellulitis is another differential diagnosis and we should ask about symptoms such as pain and fever. Topical steroids are often inadequate for control of Bone-setter's dermatitis and we can add a short course of low dose systemic steroid (e.g. prednisolone 20-40mg daily).

Palmoplantar pustulosis is a localized form of pustular psoriasis. There are crops of reddish-brown or yellowish sterile pustules at palms and instep or sides of feet. It is usually itchy and very resistant to treatment. It can be treated by very potent topical steroid or calcipotriol, PUVA or narrow band UVB. Systemic retinoids, cyclosporine, cytotoxic or biological agents may be used in resistant cases.

Insect bites can present with urticaria, papular urticaria, vesicular lesions, haemorrhagic bullous lesions (usually few in number and occur in children) or pruritic nodules. Patients may report history of travel or insect bites. The lesions commonly affect exposed areas. It can be treated with topical steroid and oral antihistamine. We

should avoid use of topical anti-histamine as it may cause hypersensitivity reactions. Caterpillar dermatitis is caused by toxins in its hairs. The lesions can be wide spread, with tiny red macules, papules or wheals. Topical or oral steroids are useful for treatment.

Bullous pemphigoid is an autoimmune disease characterized by itchy tense blisters. It usually occurs in elderly. It can persist for months to years, and can be fatal during active stage. There are tense blisters on normal-looking skin or erythematous base. Sometimes the entire skin surface may be involved. Mucous membrane may or may not be involved. Skin biopsy is required to confirm the diagnosis. It will show sub-epidermal blister with presence of stains at dermo-epidermal junction in immunofluorescent study. Treatments include topical or systemic steroids, cytotoxics e.g. azathioprine, methotrexate, cyclosporins and plasmaphoresis in severe cases.

Pemphigus vulgaris is an autoimmune disease of intra-epidermal cell cohesion, resulting in flaccid blisters and painful erosions of the skin and mucous membranes. It can be confirmed by skin biopsy for immunofluorescent study which shows staining at the intercellular substance in the epidermis. Treatments include high dose systemic steroids, immunosuppressant e.g. azathioprine, cyclophosphamide, cyclosporine or plasmaphoresis.

Bullous impetigo is caused by epidermolytic toxin produced by *Staphylococcus Aureus*. It usually presents with vesicles and bullae containing clear yellow or slightly turbid fluid surrounded by erythema. Bullae often rupture with crust on top or give rise to eroded areas. It can be treated with cloxacillin or cefuroxime.

In children scabies can present with vesicles at palms and soles, granulomatous lesions at groins and axillae or eczematous lesions at other parts of the body. We should ask for history of pruritus in family members or close contacts.

### Next Meeting:

The next meeting will be on Saturday 3<sup>rd</sup> March 2012. The guest speaker is Dr. Hui Shiu Kee, Specialist in Dermatology. He will speak to us on Management of Complicated Cases of Acne.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat ([yvonne@hkcfp.org.hk](mailto:yvonne@hkcfp.org.hk)) 2 weeks before the date of presentation.



(from left to right) Dr. Mary Kwong, Dr. Lee Tze Yuen & Dr. Wong Nai Ming

## Written Enhancement Training 2012

- Organizer : Written Enhancement Training Sub-committee, Board of Education, HKCFP
- Tutors : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisors : Dr. Kwong Bi Lok, Mary; Dr. Chan Chi Wai, Edmond & Dr. Lee Kar Yung, Peter
- Co-ordinator : Dr. Tam Chung Yin, Janet
- Objectives : 1. To enhance the clinical knowledge and problem solving skills through different workshops.  
2. To improve the preparation skills for written examination.  
3. To provide opportunity for inter-professional communication and social network expansion through self help groups.  
4. To improve time management through simulated practice workshop.
- Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai

### Written Enhancement Training 2012

Date	Topics	Speakers	Moderators
25 Feb, 2012 (Sat) 2:30 – 4:30 p.m.	<b>Introduction on MCQ with Sample Practice Questions</b>	Dr. Ng Ching Luen	Dr. Tam Chung Yin, Janet
2 Mar, 2012 (Fri) 2:30 – 4:30 p.m.	<b>Sharing Session on the Skills in Preparation of Written Examination for Private General Practitioners</b>	Dr. Tsoi Lai To, Sammy	Dr. Kwong Bi Lok, Mary
17 Mar, 2012 (Sat) 2:30 – 4:30 p.m.	<b>Introduction on Key Features with Sample Practice Questions</b>	Dr. Leung To Fung, Andrew	Dr. Chan Chi Wai, Edmond

- Accreditation : Up to 6 CME points (Category 4.3) for the whole course
- Enrolment : Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details.  
Successful applications will be informed later.
- Course Fee : Members : HK\$1,200 (Whole Written Enhancement Training)  
HK\$ 500 (Spot admission for each workshop)  
Non-Member : HK\$ 2,400 (Whole Written Enhancement Training)  
HK\$ 900 (Spot admission for each workshop)  
All cheques payable to "HKCFP Education Ltd".  
All Fees received are non-refundable and non-transferable.
- Capacity : 30 doctors maximum
- Disclaimer : All cases and answers are suggested by our tutors only. They are not standard answers for examination.

Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Yvonne Lam at 2861 0220.

### REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I am a **\*Member/ Non-member** of The Hong Kong College of Family Physicians. (**\*Please delete as appropriate**)

I would like to attend "Written Enhancement Training Course 2012".

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2012

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	<b>Dr. Wong Ka Wah and Dr. Chan Chi Wai</b>
Co-ordinator	:	<b>Dr. Tam Chung Yin, Janet</b>
Objectives	:	<ol style="list-style-type: none"> <li>1. To improve clinical knowledge, problem solving and consultation skills through different workshops</li> <li>2. To improve physical examination technique and clinic procedural skills through hands-on experience</li> <li>3. To provide opportunity for inter-professional communication and social network expansion through self-help groups</li> <li>4. To improve time management through simulated examination</li> </ol>
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2012
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> <li>1. Seminars</li> <li>2. Workshops</li> <li>3. Self-help Group Support</li> <li>4. Mock Exam</li> </ol> <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "<b>HKCFP Education Ltd</b>"</p> <p>All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	<b>Post-AEC training course</b> will be organized for category 2 candidates who have enrolled in AEC.

### Assessment Enhancement Course 2012 Timetable for Workshop

Date	Topics	Venue
Apr 21, 2012 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
May 19, 2012 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
Jun 16, 2012 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
Jul 21, 2012 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
Sept 15, 2012 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
Oct 13, 2012 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road



## Training Course on Counseling in Family Medicine

### Objectives:

- To improve the knowledge of Family Medicine Practitioners in counseling and psychotherapy.
- To equip Family Practitioners with basic counseling skills.
- To introduce the application of Cognitive Behavioural Skills in family practice.

**Dates** : 14 April, 12 May, 9 June and 14 July, 2012 (Saturdays)

**Time** : 2:30 p.m. – 4:30 p.m.

**Venue** : Council Chamber, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

**Target group** : General Practitioners, those having some prior knowledge about counseling may benefit more. Maximum number of participants is about 30 (larger group is not preferred because of difficulty in giving feedback to role-plays).

**Course Fee** : Members – HK\$1,200 for whole course  
Non-members – HK\$2,400 for whole course  
(All cheques payable to "HKCFP Education Ltd". All fees received are non-refundable and non-transferable.)

**CME/ CPD Points** : HKCFP : 2 CME points for each session (Cat 4.3)  
MCHK : 2 CME points for each session

**Award** : Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".

**Capacity** : 30 doctors

### Programme Schedule

Dates	Topics	Speakers	Moderators
14 Apr (Sat) 2:30 - 4:30 p.m.	- Introduction - Basic Counseling Skills, with Demonstration / Role- Plays	Dr. Anthony Ho Dr. Aster Lau	Dr. Francis Lee
12 May (Sat) 2:30 - 4:30 p.m.	- Introduction to CBT, with Demonstration, Role-Plays and Case Discussion	Dr. Andy Cheung	Dr. Janet Tam
9 June (Sat) 2:30 - 4:30 p.m.	- Introduction to Family Therapy and Application in Family Practice, with Demonstration, Role-Plays and Case Discussions	Dr. Lam Wing Wo	Dr. Aster Lau
14 July (Sat) 2:30 - 4:30 p.m.	- Dealing with Difficult Situations (e.g. "Manipulative" or "Abusive" Patients) with Demonstration and Role-Plays. Organizational Issues in Facilitating a More Psychosocial Oriented Practice.	Dr. Anthony Ho Dr. Aster Lau	Dr. Tsui Hing Sing

\*\*\* Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Yvonne Lam at 2861 0220. \*\*\*

### REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I am a **\*Member / Non-member** of The Hong Kong College of Family Physicians. (**\*Please delete as appropriate**)

I would like to attend "Training Course on Counseling in Family Medicine".

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

## CPR Training and Examination Workshop 2012

Only 2 CPR Training and Examination Workshops will be held in 2012 (1 April).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2012 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2012 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time of Clinical Examination. HKCFP CPR certificates are valid for 2 years.

**1 April 2012 Sunday**

### CPR Training and Examination Workshop

Time	1:00 p.m. - 6:00 p.m.
Venue	4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

<b>Members</b> (Attend Training and Examination Workshop)	HK\$600.00
<b>Non-members</b> (Attend Training and Examination Workshop)	HK\$1,200.00
<b>Members with expired CPR Certificate (HKCFP)</b> (Attend Training and Examination Workshop)	HK\$200.00
<b>Members with valid AHA Certificates</b> (Require to sit for Examination Only)	HK\$200.00
<b>Non-members with expired CPR Certificate (HKCFP)</b> (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Ms. Yvonne Lam at 2861 0220 for registration on/ before **20 March, 2012**.

**LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

**Conjoint examination application deadline: 20 April 2012**

**\*REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

## ENT Clinical Attachment

The Board is pleased to announce that the ENT Unit of the Chinese University of Hong Kong will organize ENT Clinical Attachment for College members. The aim is to upgrade their skills in patient care. The Programme will be held on every Tuesday or Friday from 2:15 p.m. - 5:15p.m. The whole attachment consists of 8 weekly sessions. A certificate of attendance will be issued on satisfactory completion of the attachment.

Registration is open to all members on a first come first served basis. The capacity is limited to two members per session.

Venue	2/F, ENT Counter, Li Ka Shing Specialist Clinic, North Wing, Prince of Wales Hospital
Course Fee	HK\$2,600
Accreditation	Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment
Registration	Please contact Ms. Yvonne Lam at 2861 0220 for registration.

**2 March 2012 Friday**

### Significance of Microalbuminuria and Organ Protection

Prof. Hermann Haller  
M.D.

Chairman	<b>Dr. Lee Wan Tsi, Francis</b> The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Registration and Buffet 2:00 p.m. – 3:15 p.m. Lecture 3:15 p.m. – 3:30 p.m. QA
Venue	Pearl Ballroom, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00  All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served.</b> <b>Please reserve your seat as soon as possible.</b>

Sponsored by  
**Pfizer Corporation HK Limited**

**3 March 2012 Saturday**

### Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting Dermatological cases commonly seen in our daily practice
Theme	<b>Management of Complicated Cases of Acne</b>
Speaker	<b>Dr. Hui Shiu Kee</b> <b>Specialist in Dermatology</b>
Co-ordinator & Chairman	<b>Dr. Wong Nai Ming</b> The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:15 p.m. Light Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	<b>8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong</b>

Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in Cantonese and English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b>	

HKCFP would like to thank HKMA for supporting this educational activity  
Sponsored by  
**Galderma Hong Kong Limited**

### 5 March 2012 Monday

**Glycemic Control: What Are The Current Options In Management**  
Prof. Ulf Smith  
Past President EASD

Chairman	<b>Dr. Ma Ping Kwan</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Registration and Buffet 2:00 p.m. – 3:15 p.m. Lecture 3:15 p.m. – 3:30 p.m. QA	
Venue	Pearl Ballroom, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	

Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

Sponsored by  
**Takeda Pharmaceuticals (Hong Kong) Limited**

### 14 March 2012 Wednesday

**Treating HbA1c to target in T2DM: Putting trial results into perspective**

Dr. Helena W. Rodbard  
M.D., F.A.C.P., M.A.C.E.

Chairman	<b>Dr. Chu Wai Sing, Daniel</b> The Hong Kong College of Family Physicians	
Time	6:45 p.m. – 7:15 p.m. Registration 7:15 p.m. – 8:00 p.m. Lecture 8:00 p.m. – 8:15 p.m. Discussion 8:15 p.m. – 9:45 p.m. Dinner	
Venue	Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	1 CME points HKCFP (Cat. 4.3) 1 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. (Limited to 100 applicants) Please reserve your seat as soon as possible.</b>	

Sponsored by  
**Merck Sharp & Dohme (Asia) Ltd.**

### Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

#### February's session:

Date	24 February 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>Lung Cancer: Towards Earlier Diagnosis and Updates on Treatment</b> - Dr. Ho Chung Man, James
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

#### March's session:

Date	30 March 2012 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>Common Urological Symptoms &amp; Their Management in Substance Abuse</b> – Prof. Anthony C.F. Ng
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.



## Community Education Programmes

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>10 March 2012</b> 14:30 – 16:30 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Refresher Course for Health Care Providers 2011/2012 – Common oral complications of medical diseases and their treatments</b> Dr. Kum Chun Sing Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

## Structured Education Programmes

Free to members  
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>22 Feb 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Approach to Common Symptom Complaints - Cough</b> Dr. Lau Lai Na	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Alternative Medicine</b> Dr. Yuen Ching Yi and Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
<b>23 Feb 12 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Sexually Transmitted Diseases</b> Dr. Cheung Yan Kit and Dr. Fu Siu Saap, Michelle	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Recent Development in CPD</b> Dr. Sze Lung Yam	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Common Symptom Complaints – Ear, Nose, Throat</b> Dr. Lee Wing Po	Ms. Kwong Tel: 2595 6941
<b>29 Feb 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Voluntary Work for Doctor</b> Dr. Mok Kwan Yeung	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Sexually Transmitted Diseases</b> Dr. Lee Hung Fai and Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Care of Patient with IOD &amp; Updated on Social Security Assessment</b> Dr. Dicken Chan and Dr. Welchie Ko	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Screening for Women</b> Dr. Ng Wai Tong, Amy	Ms. Crystal Law Tel: 2632 3480
<b>01 Mar 12 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Update on Management of HT</b> Dr. Zhu Gui Xia and Dr. Yuen Ming Wai	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Patient Empowerment in the Community</b> Dr. Lee Kar Fai	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Common Gynaecological Symptoms</b> Dr. Yeung Yee Mei	Ms. Kwong Tel: 2595 6941
<b>07 Mar 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>Update Management for Stroke and TIA</b> Dr. Cheng Chui Ching	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Stone and Infection</b> Dr. Chau Hin, Lysander	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Ethical Issues in Public Sector</b> Dr. Vicky Wong	Ms. Man Chan Tel: 2589 2337
<b>08 Mar 12 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Approach to Patients with Undifferentiated and Medically Unexplained Symptoms</b> Dr. Li Ming Yin and Dr. So Tsang Yim	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Emergency Eye Problems</b> Dr. Cheng Sai Yip	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Febrile Childhood Illnesses &amp; Emergency Care</b> Dr. Cheng Long Yee, Eva	Ms. Kwong Tel: 2595 6941
<b>14 Mar 12 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	<b>How to Enhance Doctor Patient Relationship</b> Dr. Li Shun Hoi	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Approach to Patients with Undifferentiated and Medically Unexplained Symptoms</b> Dr. Ho Pui Gi and Dr. Chan Fu Leung	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Refreshment of CPR</b> Dr. MP Leung	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Common Dermatology Problem: Acne, Eczema, Alopecia, Common Cosmetic Surgery</b> Dr. Ng Yue Chun, John	Ms. Crystal Law Tel: 2632 3480
<b>15 Mar 12 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Psychogeriatrics</b> Dr. Kwan Sze Sing and Dr. Ng Hoi Ling	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Journal Club</b> Dr. Ho Chung Yu	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Difficult Consultations &amp; Ethical Dilemmas</b> Dr. Yuen So San	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 <b>Feb</b>	13	14	15	16 7:30 p.m. DFM Exam Subcom Meeting 9:00 p.m. Council Meeting	17	18 2:30 – 5:00 p.m. DFM Module III – Research & Teaching in Family Medicine
19	20	21	22 2:15 – 5:15 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme 6:30 p.m. HKPCC Meeting 9:00 p.m. Board of Conjoint Examination Meeting	24 2:30 – 3:30 p.m. Board of Education - Video Session	25 2:30 – 4:30 p.m. Written Enhancement Training
26 1:00 – 6:00 p.m. CPR Training and Examination Workshop	27	28	29 Deadline for annual checklist submission (Higher Training) Deadline for logbook submission (Higher Training) 2:15 – 7:30 p.m. Structured Education Programme	1 <b>Mar</b> 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Public Education Committee Meeting	2 1:00 – 3:30 p.m. CME Lunch Symposium Lecture 2:30 – 4:30 p.m. Written Enhancement Training	3 1:00 – 4:00 p.m. Interest Group in Dermatology
4 1:00 – 3:30 p.m. CME Lunch Symposium Lecture	5	6	7 2:15 – 7:15 p.m. Structured Education Programme	8 2:15 – 7:00 p.m. Structured Education Programme	9	10 2:30 – 4:30 p.m. Community Education Programme 2:30 – 5:00 p.m. DFM Module V – Counselling Skill Workshop
11	12	13	14 2:15 – 7:30 p.m. Structured Education Programme 6:45 – 9:45 p.m. CME Dinner Symposium Lecture	15 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	16	17 2:30 – 4:30 p.m. Higher Training Introductory Seminar 2:30 – 4:30 p.m. Written Enhancement Training
18	19	20	21	22 9:00 p.m. Board of Conjoint Examination Meeting	23	24
25	26	27	28	29 7:30 p.m. DFM Exam Subcom Meeting	30 2:30 – 3:30 p.m. Board of Education - Video Session	31

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Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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### Contact and Advertisement Enquiry

Ms. Carmen Cheng Tel: 2528 6618 Fax: 2866 0616 E-mail: carmen@hkcfp.org.hk

The Hong Kong College of Family Physicians 7<sup>th</sup> Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong