



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President

Professional Development

In the past few weeks, I travelled to three different places where I have engaged in professional development activities. Firstly, I was invited by the Macau Health Bureau as the External Examiner for the assessment of doctors in general practice for their promotions. I went to a meeting with the Officials of the Bureau in Macau to discuss finalizing the criteria for assessment. Macau has a different system of the enrollment and training of medical practitioners. To sit for the examination, these doctors need at least 5 years of experiences in general practice under the Bureau. They have to present the curriculum vitae similar to our Basic vocational training logbook which should list in details the duration of exposures in various medical services, both in hospital and general practice. Three examiners would be appointed by the Macau government which will be gazetted in the announcement of the assessment. Candidates are required to submit all relevant documents within a stated period of time, so that these three examiners can assess and mark the documents. Marking criteria are clearly laid down in the gazette and examiners will have to follow these criteria. The second part will be an oral examination which will last for sixty to ninety minutes. The three examiners will take turns to ask questions either as a test of the candidate's medical knowledge or to clarify any matters arising from the logbook. Marks will be given according

to the candidate's response to the questions raised. In order to get a pass, the sum of marks from the two segments should be higher than 50%, which means promotion to a higher medical grade as well as salary increments.

This is something quite different from our current system of assessment of postgraduate qualification which only tests knowledge and skills, but does not take into consideration practice experience and other medical educational activities. Is there anything we can learn from this, especially for those general practitioners who have started private practice before formal vocational training being available to them in Hong Kong?

My second trip was to Shunde district of Guangdong Province. Through the introduction of Shunde Min Yuen Tong (Hong Kong) 旅港順德綿遠堂, a charitable organization in support of medical education in Hong Kong and the native Shunde, I was invited to participate in a Symposium in Shunde 順德區北滘醫院《粵港社區醫療服務論壇》with the title《健康管理理論在社區醫療服務中的實踐》organized by the Southern Medical University 南方醫科大學, Beijiao Hospital 順德區北滘醫院 and 佛山市順德區衛生和人口計劃生育局. The other



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Issue 80
October 2010

Message from the President

speaker, Dr. Geng Qingshan is the Deputy Director-General of the Department of Health of Guangdong Province. Dr. Cheung Man Kuen joined me to go at short notice. I introduced to them the mission of our College, what we have done in the past 30 years and the core domains of Family Medicine. Dr. Cheung talked about the training pathway and activities of trainees enrolled in vocational training. She also shared with them her own training experience and emphasized the value of training in her professional development. We received a lot of interesting questions from the audience and they were very keen to know how our experiences would be able to assist them to develop a structured training in Shunde. Even local television reporters were present to have a short interview with me about the purpose of our visit.

Are we ready to take up the challenge to assist our country in the healthcare reform based on a proper system of family doctors based in the community? The development of a proper and appropriate training model taking into accounts regional, geographical and cultural differences is of the utmost importance. Standard setting and assessment must take into consideration of the level of service and resources available in a large country with huge population like China. We must be pragmatic before we can achieve a realistic goal step by step. I hope our younger generation of fellows can take up this most worthwhile challenge to contribute to our country.

The third place I have visited was Cairns where I was invited to the annual Academic Session of the Royal Australian College of General Practitioners on 6th October. I met old friends and supporters of our College including Drs. David Game, Wes Fabb, Beth Jane and of course Dr. Chris Mitchell whom I have enjoyed a very close working relationship in the past two years. This is the most important occasion of RACGP to present all the awards and honours to their College Fellows, who have contributed to the College activities selflessly over the years. With our long history of partnership, I have to send them my congratulations in person. Congratulations again to Prof. Claire Jackson who has been elected as the President of RACGP for the coming two years.

Dr. Gene W W Tsoi
President

External Affairs Committee News

HKAM Tripartite Congress on 12 - 14 November

The First Tripartite Congress of the Hong Kong Academy of Medicine, Academy of Medicine of Malaysia, and Academy of Medicine, Singapore, will be held from 12 to 14 November 2010 at the Academy Building. The theme of the Congress is "Benefits and Risks of Recent Medical Advances". As one of the 15 constituent Colleges of the Academy, Dr. Billy Chiu will chair the section of Advances in Emerging Infection on 13 November, Dr. Gene Tsoi and Dr. Lam Wing Wo would also be contributing in delivering lectures on 13 November and 14 November as follows:

13 November: Review of Swine Flu (H1N1) in Hong Kong 2009 – the multiple roles of a Family Physician by Dr. Gene Tsoi, President

14 November: Role of family physicians in mental health by Dr. Lam Wing Wo, Council Member and Chairman of Public Education Committee

You will find our FM Choir, led by Dr. Kenny Kung, following on from its excellent performance in WONCA Conference last year, performing in the Welcome Reception of the Tripartite Congress on 12 November in the presence of Colleagues from the 15 Colleges and 3 Academies.

The Tripartite Congress will be an opportunity to enable the cross Academy sharing on knowledge and experience, and to expand your network with colleagues from the other 14 Colleges. You are highly recommended to attend the Congress.

For registration and more details, please check the Congress Website at <http://www.hkam.org.hk/tripartite/>.

HKCFP Secretariat

Board of Vocational Training and Standards News

BVTS Sponsorship for the 18th WONCA Regional Conference for Asia 2011 The 10th WONCA Rural Health World Conference, WONCA Cebu City, 2011

The Board of Vocational Training and Standards is pleased to announce the following information on **The 18th WONCA Regional Conference for Asia 2011, WONCA Cebu City** to be held in February 2011.

Theme	: Paradigm of Family Medicine: Bridging of Old Traditions with New Concepts
Dates	: 21-24 February 2011
Venue	: Waterfront Cebu City Hotel & Casino, Salinas Drive, Lahug, Cebu City, 6000 Philippines
Registration Fee	: Please refer to http://woncacebu2011.org/registration-information/registered-delegates/
Website	: http://woncacebu2011.org/

Application for sponsorship is open to all current **vocational trainees** (Basic & Higher). Please kindly submit your application **on or before 30 November 2010** to the Chairman of the Board of Vocational Training and Standards regarding the Sponsorship for Overseas Conference.

All decisions are subject to the final approval of the Board.

For more information, please contact Ms Carmen Cheng at 2528 6618.

BVTS

Annual General Meeting & Annual Dinner

The HKCFP 33rd Annual General Meeting

Date:	4 th December 2010 (Saturday)
Time:	18:00
Venue:	Yat Tung Heen (Great Eagle Centre) 2/F, Great Eagle Centre, 23 Harbour Road, Wanchai, Hong Kong
Admission:	Members only

The HKCFP 33rd Annual Dinner

Date:	4 th December 2010 (Saturday)
Time:	19:00 Reception 19:30 Chinese-Style Dinner
Venue:	Yat Tung Heen (Great Eagle Centre) 2/F, Great Eagle Centre, 23 Harbour Road, Wanchai, Hong Kong
Admission:	Members and their families, free of charge
Car parking:	4/F-7/F, Great Eagle Centre Two-hour free parking would be available, and tickets would be collected during the dinner.
Registration:	Registration for Annual Dinner will be made on first-come-first-serve basis. Please reserve your seat via College Secretariat as soon as possible. (Tel: 2528 6618)

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Exit Examination of HKCFP in 2010.

Dr. Ai Dawn Teresa Hiu Fay	Dr. Ip Chung Ho, Ronald	Dr. Tam Man Wai
Dr. Chan Chi Keung	Dr. Kwok Pik Ki	Dr. Ting Fei Yin
Dr. Chan Ka Man	Dr. Lai Kit Ping	Dr. Tsang Hing Fai
Dr. Chan Kin Wai	Dr. Lam Sun Ching	Dr. Tse Hing Choi
Dr. Chan Lit Ping	Dr. Lau Kin Sang, Kinson	Dr. Tse Tsui Yee, Emily
Dr. Chan Shui Ling	Dr. Leung Cheuk Wing	Dr. Tso Ka Hin, Kathleen
Dr. Chang Ka Fai	Dr. Leung Yu Hang	Dr. Wu Ching Ping
Dr. Cheng Sai Yip, Ronald	Dr. Li Wing Shun, Vincent	Dr. Wu Wing Keung, Ricky
Dr. Choy Pui Sang	Dr. Mok Yuen Fan, Jennifer	Dr. Yu Ching Ching
Dr. Fung Hoi Tik	Dr. So Mei Ho	Dr. Yuen Fu Lam
Dr. Fung Kin Chor	Dr. Tam Ho Shan	

Congratulations to you all.

Dr. Chan Ming Wai, Angus
Chairman, Specialty Board

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th October to 14th November, 2010, Dr. Mark Chan and Dr. Angus Chan will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Mark Chan



Dr. Angus Chan

Dr. Tony C K Lee
Co-ordinator, CMOD System

Membership Committee News

The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **Aug - Sept 2010** with Council Meeting:

Associate Membership (New Application)

Dr. CHAN Kwin Wah	陳筠華
Dr. CHAU Hoi Ki, Samantha	鄒凱琪
Dr. HO Pui Gi	何佩芝
Dr. KWONG Kam Tim, William	鄺錦添
Dr. KWONG Lok See	鄺樂詩
Dr. KWONG Sheung Li	鄺尚理
Dr. LEUNG Hung Cho	梁雄初
Dr. NG Yue Chun, John	吳雨春
Dr. SUEN Gee Kwang, Victoria	孫芷筠
Dr. TSANG Wai Kong, William	曾偉剛
Dr. TSUI Wing Hang	徐穎珩
Dr. WAN Pui Chu, Christina	溫佩珠
Dr. WONG Ka Lun	黃家麟
Dr. YU Chung Kwan, Cellina	茹頌君
Dr. YUEN Ching Yi	袁靜怡
Dr. ZHU Gui Xia	朱貴霞
Dr. WANG Kin Fong, Teresa	王建芳

Transfer from Associate Membership to Fellowship

Dr. CHUNG Sze Pok	鍾思博
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Resignation of Associate Membership

Dr. HO Kai Wah, Kevin	何啟華
Dr. LAM Wai Kuen	林偉權
Dr. LAU Ying Hon	劉英漢
Dr. LEUNG Ho Yee, Christina	梁皓怡
Dr. LEUNG King Yuk	梁景鈺
Dr. PANG Chi Kin, Jonathan	彭志堅
Dr. WONG King Chuen	王景全
Dr. WONG Sze Nga	黃詩雅

Transfer from Student to Associate Membership

Dr. CHAN Ming Ning	陳明寧
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Reinstatement of Full Membership

Dr. KAN Siu Man	簡嘯文
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Classified Advertisements

Positions Vacant

Haven of Hope Christian Service invites applications for full-time Family Physician. Basic salary plus variable pay. Interested parties please send e-mail to se@hohcs.org.hk or contact Ms. Liu by phone at 27033230.

Clinic Available

24 HRS G/F Clinic near North Point MTR Station, spacious, modern furnished with computerization for rental/take-over, walk-in-and-practice for ambitious doctors at good Bargain Price. Contact Ms Amy Chan 9212 6654.

Full-time GP/ Locum/ Various Specialists/ Partnership wanted. 九龍商場舖, Welcome Joint Investment. Basic + Bonus + Excellent Prospect.

Dr. Kam 3165 1460 profqp2004@yahoo.com.hk

Board of Diploma in Family Medicine (DFM)

Date : 13 & 27 November, 2010 (Saturdays)

Topics and Speakers :

Dates	Topics	Speakers
13 November	Module III Care for the Elderly & Chronic Illness	Professor Daniel T P Lam
27 November	Module III Anticipatory Care	Dr. David V K Chao

Co-ordinator : Dr. Au-yeung Shiu Hing

Member, The Board of Diploma in Family Medicine, HKCFP

Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Time : 2:15pm – 5:00pm Lecture and Discussion

Accreditation : 3 CME Points HKCFP (Category 4.3)

3 CME Points MCHK

Registration Fees (Please tick as appropriate):

Topics	HKCFP Member	Non-member
Module III Care for the Elderly & Chronic Illness	<input type="checkbox"/> HK\$200.00	<input type="checkbox"/> HK\$400.00
Module III Anticipatory Care	<input type="checkbox"/> HK\$200.00	<input type="checkbox"/> HK\$400.00

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Ms Dickie Lam at 2861 0220. All cheques are payable to "HKCFP Education Ltd". Please mail the cheque to Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. All fees received are non-refundable and non-transferable.

To : HKCFP, Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. (Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend **Module III** at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

HKCFP Research Fellowship 2011

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active fellows, active full members or associate members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principle investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2011. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

The HKCFP Award for the Best Research of 2010

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2010. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award would be presented at the Conferment Ceremony in 2011.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a member or fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be done in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and finding to Family Practice?*
2. *How original is the research?*
3. *How well designed is the methodology?*
4. *How well are the results analysed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in Family Practice?*
7. *How much effort is required?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

DEADLINE OF SUBMISSION: 31st January, 2011.

HONG KONG CHECK 2011

CONTINUOUS HOME EVALUATION OF CLINICAL KNOWLEDGE

Published by the Royal Australian College of General Practitioners for the last 25 years, *Check* is one of the most successful continuous medical education journals in the world.

The Hong Kong College of Family Physicians, in collaboration with the Royal Australian College of General Practitioners, runs a Hong Kong version of the Check program.

It comes in case presentation format and examines a different medical topic every other month.

Now the *Hong Kong Check* for 2011 (6 issues) is open for subscription. Those who wish to subscribe please fill in the form below and mail it back to the Editor with payments. The subscription rates will be \$550 for members and \$850 for non-members.

Members who subscribe to the *Hong Kong Check* 2011 will be awarded CME credit points for satisfactory completion (at least 75% of the questions) of the HKCFP "*Check on Check*" program issued at the end of the year.



Editor,
The Hong Kong Practitioner,
HKCFP,
Room 802, 8th Floor,
Duke of Windsor Social Service Building,
15 Hennessy Road, Hong Kong.

I am a *Member / Non-member of the Hong Kong College of Family Physicians.

I wish to subscribe to the *Hong Kong Check* for the year 2011. Enclosed please find cheque payment of \$550 / \$850 (**payable to HKCFP Education Ltd.**)

Signature : _____

Name : _____

Address : _____

Tel : _____

Date : _____

**Please delete as appropriate*

The Editor
 The FP Links
 The HK College of Family Physicians
 7th Floor HKAM Jockey Club Bldg
 99 Wong Chuk Hang Road
 Aberdeen, Hong Kong

20th September 2010

Dear Sir,

Assessment of Family Physician

I read with interest the President's Message in the HKCFP – Family Physician Links Issue 75, September 2010 – Dr. Gene Tsoi discussed the captioned, with reference to the Practice Assessment, Clinical Audit and Consultation Skill Assessment CSA; "...most of the cases seen [at CSA] by examiners are stable and well controlled diabetes, hypertension ..."

Some examiners are aware of such phenomenon, the causes of which I shall not dwell on here. With the current CSA format, we use a specific tool, a specific criterion referencing rating system. However, the limitation being we can only have 2 hours [120 minutes] examination time; and for all practical purposes [definitely not by intention] only 6-7 cases can be rated.

Over the past 2-3 years there have been proposals to address the aforementioned undesirable issues. (A) The new CSA will have 6 hours of live video recording, which are triple the current examinable time. (B) A minimal of 18-24 cases [not yet finalized] will be recorded – which tally to three to four times the current CSA clinical loading. (C) Examiners will have the authority to choose "non-chronic cases", as they feel fit, to better assess the real life clinical challenges to family physicians.

By the way, there is also new proposed criterion for Clinical Audit CA, hoping to address more on impact factor / outcome changes. There should also be a new Research Segment - which I shall leave for others to deliberate.

I certainly hope that President, members of College and members of public would be pleased to note certain Teams and Committees' members are constantly working to improve the quality of family medicine practice.

Dr. Steven Y K HO

Promoting Mental Wellness

Dr. Inness Wan Kwong Yu

Associate Consultant, Department of Family Medicine and Primary Healthcare

No matter where we practise - in private clinics, in Hospital Authority General Out-Patient Clinics (GOPCs) or in Family Clinics for civil servants - we must all have encountered patients with mental disturbance in the primary care setting. Due to various limitations and constraints in the health care system, handling these patients poses a great challenge to many of us.

Hong Kong is well-known to be nerve-racking and competitive; people have high stress levels and long working hours. News about domestic violence and suicide are not rare in the media. Mental health issues have attracted public interest over the past few years. The Policy Address 2009-2010 has stated the need to strengthen mental health services in our community. Development of well-organized mental health services involving various disciplines is of the utmost importance in order to cater for the increasing demand of patients with mental health problems and to promote the healthy development of our society.

A Mental Wellness Centre was set up in Kowloon West Cluster GOPCs last year to promote mental wellbeings of patients. Many patients seen in the primary care setting are in the early stage of disease manifestations. Same for mental health diseases, many patients may present with early mood disorders or may only have mental disturbances from daily stressors rather than the onset of a full-blown mental disorder. Studies in western countries show that there are a number of patients who attend their family physicians before committing suicides. If they can be identified and treated early, disease progression can be halted. Community resources can be conserved for treating patients with severe mood disorders, thereby reducing the occurrence of suicide and domestic violence.



Relaxation Group Therapy

The Mental Wellness Centre aims at early identification of mental disorders, early intervention for patients with mental disturbances, and promoting public awareness on importance of mental health. For patients attending one of the 23 GOPCs in Kowloon West Cluster, we perform mental health screening by using the WHO-5 Wellbeing Index screening form. Positively screened patients who meet our criteria or those presenting with symptoms of mild mental disturbance are then referred to the Mental Wellness Centre for individual and group interventions. Patients are assessed by the case manager, either an advanced practice nurse or an allied health professional. After an initial assessment, brief psychological support and counselling will be provided accordingly. Problem solving techniques, relaxation exercises, stress management techniques, ways to tackle insomnia, lifestyle redesign and promotion of positive thinking and life attitude in the format of individual or group counselling are offered depending on patients' needs and preferences. Patients having more severe mental disturbance are assessed by Clinical Psychologist and Family Medicine specialist for further intervention and management. Weekly team meetings are held for case discussion and monitoring of patient progress.

In an 8-month period (August 2009- March 2010), more than 500 patients attended our Mental Wellness Centre, around 300 patients completed the service and were already discharged in an average of less than 4-5 individual attendances. 70% of them were discharged without the need of further follow-ups. Most of them suffered from mild mood disturbance, mild anxiety and mild adjustment disorders. The mean WHO-5 scoring was 8.9 (cut-off: 13) before receiving interventions, while the mean post WHO-5 scoring was 14.5 on discharge.

Family physicians play important roles in prevention and early intervention. Hypertension,

diabetes, osteoporosis screening and many other health screenings have been well-accepted and there are structured screening programs in primary care clinics and in the community for these physical diseases. Mental wellbeing is an important aspect of being healthy as defined by the WHO. The Mental Wellness Centre is a pilot multi-disciplinary mental health project in GOPCs for early detection and intervention of mental disorders. With increasing resources from the government for mental health problems, we hope new mental health services can be set up in the primary care to address the increasing demand for patients.

西九龍普通科門診
身心健康中心

身心 Relaxation 鬆弛小組

日期: 2009年 11月 27日 & 12月 4日 (星期五)
時間: 上午 10:30 至 12 時
地點: 西九龍普通科門診 20 號房
有興趣參加人士可向醫生查詢

*圖文雜普通科門診收費

西九龍普通科門診
身心健康中心

快樂 笑口組

與您一起尋找快樂秘訣,
讓自己與快樂為伴!

日期: 2009年 12月 2日及 9日 (星期三)
時間: 下午 2:30 至 4:00
地點: 西九龍普通科門診 20 號房
有興趣參加人士可向醫生查詢

*圖文雜普通科門診收費

西九龍普通科門診
身心健康中心

踏上生活重整四步曲,
計劃健康平衡生活模式!

生活 重整

balanced lifestyle

日期: 2009年 12月 15 & 22 日 (星期二)
時間: 下午 3 至 4 時
地點: 西九龍普通科門診 20 號房
有興趣參加人士可向醫生查詢

*圖文雜普通科門診收費

西九龍普通科門診
身心健康中心

身心健康講座:

健康 從減壓開始

日期: 2009年 12月 16日 (星期三)
時間: 上午 11 至 12 時
地點: 西九龍普通科門診 20 號房
有興趣參加人士可到繳費處報名

*圖文雜普通科門診收費

西九龍普通科門診
身心健康中心

懷舊講座:

細味往日情

日期: 2009年 12月 18日 (星期五)
時間: 上午 11 至 12 時
地點: 西九龍普通科門診 20 號房
歡迎60歲以上人士參加
有興趣可到繳費處報名

*圖文雜普通科門診收費

Medical Mission Trip in Myanmar

Dr. Chan Yuen Yan, Stella

Resident Specialist, New Territories East Cluster, Hospital Authority

This was my first medical mission trip. The trip was very meaningful and it impacted my interpretation on the meaning of life. I would like to share this beautiful trip with you all.

The day before starting the medical services, we visited a school for deaf-mute children. It provided schooling for children from pre-school to the 10th grade. It taught speech reading, sign language, finger spelling, reading, writing and calculation. Some simple vocational trainings were given such as sewing, tailoring, knitting, stitching, and basic computer training.

The building was old, the floor and the windows were broken, there was no air-conditioning, the light was dim..... however despite the poor environment the children paid extreme attention and the teachers were very patient. I saw one teacher showing a little boy how to read speech by picking up the boy's small fingers and touching their own lips, allowing them to feel the movement and vibration of the lips. I saw the LOVE from that teacher. Children here learned happily, growing up with healthy minds so that they can live and earn on their own, independently. We played games with them and they laughed happily and smiled sweetly. They were filled with happiness when we gave them small gifts such as balloons and colour pens. This was not easily found in Hong Kong kids.

Then we had four days of medical services in Myanmar. The first day we stayed at the village, the second at the YMCA clinic, the third day we went to a volunteer center and on the fourth day we stayed at another farm village.

At the beginning of service each day, we gave them health talks, such as teaching them how to wash their hands properly, how to brush their teeth, how to maintain good hygiene and appropriate posture with manual work. Thereafter, we started our medical services, giving patients drugs and health advice. Some of our volunteer workers played with them and we all had a lot of fun.

The cases we saw there were just like what we saw in general outpatient clinics. There were different types of cases; most of them were related to hygiene problems such as flu and gastroenteritis. TB was more common there. Some patients presented with chronic cough, and some presented with TB lymph nodes. They also suffered from many dental problems as they had no toothbrushes. Luckily, a local dentist joined us to provide some basic dental services such as extraction and filling. Though there were only a few types of basic simple dental equipments, they were adequate to accomplish many different dental treatments. For many of the cases, they needed further investigations and drug treatments. However, some people could not afford the expenses and died as a consequence. Some alarming cases were encountered such as severe weight loss, generalized weakness such that the patient could not rise up from bed, a child presented with chronic bleeding from the hard palate, a woman showed a large mass on the skin near the mouth..... What people needed there was further checkups, investigations and treatments.

Such problems would never happen in Hong Kong; every person in Hong Kong can see doctors and enjoy health care services irrespective of their wealth. Some patients in Hong Kong even misuse our system, repeatedly requesting unnecessary investigations. If we can relocate some of the resources from wealthier societies to poorer countries more lives could be saved. I felt so grateful to live in a well-developed society. We should thank God and treasure what we have.

People in Myanmar are happy. Indeed, they appear to be happier than we are in Hong Kong. Every time we gave small gifts to them or performed small favours, they were very happy and much satisfied. Although they are physically poor and live in simple houses with little furnitures and torn clothings, they are mentally richer than us.

Actually, life can be simple!!



Children in deaf-mute school



One happy little boy who is mentally retarded



Children in the village



Queuing up to see the doctor

What's happening with Rosiglitazone?

Recently the use of the antidiabetic agent rosiglitazone has been subject to controversy. On 29 September, 2010, the Hospital Authority announced that two preparations, Avandia and Avandamet, which contain rosiglitazone as an active component, would be removed from its drug formulary. There are approximately 2,000 patients currently receiving rosiglitazone in public hospitals and out-patient clinics. They are recommended to continue the medication until the next follow-up appointment to ensure optimal glycaemic control. The decision of the HA is in accordance with the recommendation from the Committee on Medicinal Products for Human Use of the European Medicines Agency.¹

So what does the current evidence say about rosiglitazone? Two important studies offer caveats on its pharmacovigilance in clinical practice.

Graham and colleagues studied the risk of serious cardiovascular harm by rosiglitazone as compared with pioglitazone, another thiazolidinedione marketed in the US.² They conducted a nation-wide, retrospective cohort study of 227,571 Medicare beneficiaries aged > 65 years who initiated treatment with either drug from July 2009-June 2009 and who were followed-up for up to 3 years after medication initiation. It was found from Cox proportional hazard models that rosiglitazone was associated with stroke (Hazard ratio [HR] 1.27, 95% C.I. 1.12-1.45), heart failure (HR 1.25, 95% C.I. 1.16-1.34), all-cause mortality (HR 1.14, 95% C.I. 1.05-1.24) and a composite of acute myocardial infarction, stroke, heart failure and death (HR 1.18, 95% C.I. 1.27-2.08) when compared with pioglitazone. Its large sample size and the robust study methodology for analysis of this inception cohort were impressive and give the study credibility, despite its retrospective nature.

Another study which adds caution to rosiglitazone's use stems from an updated meta-analysis of randomized controlled trials reviewing the effects of rosiglitazone therapy on myocardial infarction (MI) and mortality.³ This included a total of 56 trials, or 35,531 patients receiving either a rosiglitazone or a control medication. It was found that rosiglitazone therapy significantly increased the risk of MI (odds ratio [OR] 1.28, 95% C.I. 1.02-1.63), which points towards an unfavourable benefit to risk ratio for rosiglitazone. These two studies were published in very high impact international journals.

However, future studies will not simply end here, as newer oral hypoglycaemic agents continue to be marketed, and evaluated for their efficacy and safety profiles.

Compiled by Prof. Martin Wong

References:

1. European Medicines Agency update on ongoing benefit-risk review of Avandia, Avandamet and Avaglim. Press Release 22 July, 2010. Available at: http://www.ema.europa.eu/docs/en_GB/document_library/Press_release/2010/07/WC500094981.pdf. Accessed on 30 September, 2010.
2. Graham DJ et al. Risk of acute myocardial infarction, stroke, heart failure, and death in elderly Medicare patients treated with rosiglitazone or pioglitazone. *JAMA* doi:10.1001/jama.2010.920.
3. Nissen SE et al. Rosiglitazone revisited. An updated meta analysis of risk for myocardial infarction and cardiovascular mortality. *Arch Intern Med* doi:10.1001/archinternmed.2010.207.

Interest Group in Dermatology – the 21st Meeting on 4th September 2010

Dr. Wong Nai Ming (Co-ordinator)
Board of Education

The 21st Dermatology Interest Group meeting was held on 4th September, 2010. Our speaker was Dr. Lo Kuen Kong who was just retired from Consultant Dermatologist and Head of Social Hygiene Service of the Government. Our sponsor was Galderma Hong Kong Ltd. The topic was "Sun and Skin".

There are essentially three types of Ultraviolet radiation (UVR) in Sunlight:

1. UVC (100-290 nm) has the shortest wavelength and usually cannot penetrate the ozone layer and reach the earth's surface.
2. UVB (290-320nm) has longer wavelength, able to reach skin surface, causing tanning and acute sunburn (300nm UVB is 1000 times more erythrogenic than 360nm UVA).
3. UVA (320-400nm) has even longer wavelength, able to reach deep into skin, releasing free radicals, causing DNA damage and inducing premalignant lesions / cancers of the skin. It can also lead to photoaging by breaking down collagen and elastin (as distinguished from chronological ageing, the wrinkles are deep and coarse, and there are increased mottled pigmentation, xerosis, telangiectasia, skin atrophy, solar keratosis and elastosis).

To protect against sunlight, the following practical tips can be given to our patients:

1. avoid sun's peak UV hours - between 10am and 4pm
2. seek shades whenever possible
3. wear long-sleeve shirts, hats, sunglasses; bring umbrellas
4. wear broad spectrum sunscreen daily year round especially on face. (N.B. UVA rays are present year round and can penetrate through glasses and windows). Reapply sunscreen preferably every two hours.

Beneficial effects of sunscreen include prevention against acute sunburn and erythema and chronic photoaging, protection of photosensitive skin and prevention of skin cancers.

Sunscreen used should have a broad spectrum against both UVA and UVB rays. The inorganic physical blockers (e.g. titanium dioxide and zinc oxide) are usually more effective in blocking both UVB and UVA rays. The newer organic sunscreen e.g. Mexoryl XL and Tinosorb M are said to have comparable filter effects.

In choosing a proper sunscreen, the US Skin Cancer Foundation recommends a Sun Protection Factor (SPF) of at least 15. SPF measures the length of time a sunscreen product (in a standard quantity of 2mg/square cm) protects against skin erythema from UVB, compared to the time for the skin to redden without protection. For example, if you normally burn within 10 minutes of UVR exposure, a product with SPF 15 will theoretically allow you to stay out 15 times longer without burning (i.e. 150 minutes). Similarly, a product with SPF 30 should allow you to stay out for 300 minutes.

However, one should note that a product with SPF of 15 can already block 93% of UVB and a product with SPF higher than 30 can block an additional 4% of UVB (i.e. 97%) only. No matter how high is the SPF, there is no product that can block out 100% of UVB rays. One should also note that SPF rating is a measurement of protection afford to UVB rays only and there is still no international consensus on evaluation of UVA protection.

Although sunlight is beneficial for synthesis of Vitamin D at the skin, there is still no convincing evidence that increasing a person's conventionally normal serum 25 Hydroxy Vitamin D level has definite health benefits, especially in reducing colorectal cancer risks. In fact most people can obtain ample Vitamin D from a combination of diet, oral supplements and incidental protected sun exposure. It is therefore not advisable to ask our patients to have regular intentional UV exposure just for the purpose of obtaining sufficient Vitamin D.

Our next meeting will be on 6th November with Dr. Henry Chan talking to us on Cosmetic Dermatology.



Dr. Mary Kwong, Dr. Lo Kuen Kong and Dr. Wong Nai Ming
(from left to right)



THE UNIVERSITY OF
SYDNEY

the
children's
hospital at Westmead

The Diploma in Child Health Sydney

DCH (Syd)

A unique international program to learn Global Best Practices in Paediatrics conducted by The Coppleson Committee for Continuing Medical Education of the University of Sydney and The Children's Hospital at Westmead, Australia

DCH (Syd) is a quotable qualification approved by the MCHK

Eligibility: MBBS

Commencement: February 2011.

Duration: 1 year

Fees: AUD \$5,830 payable to The Children's Hospital at Westmead DCH office by 5/11/2010.

Deliverables of the program

- 111 hours of lectures with extensive supporting material.
- Weekly tutorials by Hong Kong expert Paediatricians.
- 3 lectures per week, online delivery.
- Covers key areas of frequent change.
- Case presentations and discussions.
- Newsletters and articles of interest.
- Email access to lecturers for questions.
- CME / CPD points are awarded to graduates.

Facts about the program:

Distance learning course conducted in Hong Kong since February 2005.

The DCH (Syd) offers an excellent, comprehensive overview of paediatrics that is evidence based and teaches current best practice in the health care of children and young people.

Conducted in 8 countries.

Total enrolments of 593 participants in 2010, including 195 international participants and 398 Australian participants.

Successful graduates of the DCH (Syd) program attain 2 units of Advanced Standing for the Master of Medicine (Paediatric Medicine) from the University of Sydney, also a distance education program.

Application information and online enrolments at www.chw.edu.au/dch

DCH (Syd) Graduate Testimonials

Dr Aaron Lee Fook Kay (Hong Kong)

"I am a full time GP in Tin Shui Wai, Hong Kong special administrative region, China...I really enjoyed the DCH and feel much more confident managing community paediatric problems as a result."

Dr Emily Wu (Guangzhou, China)

"This has opened a whole new world for me."

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

30th Annual Refresher Course 2010

*** 2nd Announcement ***

The 30th Annual Refresher Course (ARC) will be held from November 21, 2010 to December 12, 2010. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms within 2 weeks of the completion of the Refresher Course (latest by December 31, 2010). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational program to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance.

Registration is now open and must be made before 15th November 2010. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Dickie Lam at 2861 0220 before 15th November 2010.

Registration form could be enclosed.

Luncheon Lectures

Date	November 23 (Tue)
Topic	<u>Vaccination</u> Treatment and Prevention of Pneumococcal Infection in Children
Speaker	Dr. Ng Kwok Keung, Daniel
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	November 25 (Thur)
Topics	<u>Cardio-thoracic</u> 1. Impact of Early Disease Detection on the Prevention of Heart Disease and Stroke 2. Minimal Invasive Surgery for Lung Cancer
Speakers	Dr. Mak Yiu Kwong, Gary Dr. Chui Wing Hung
Moderator	Dr. Ma Ping Kwan
Sponsors	<i>AstraZeneca Hong Kong Limited and Covidien, Tyco Healthcare (HKSAR) Ltd.</i>

Date	November 30 (Tue)
Topics	<u>Gastroenterology and Nephrology</u> 1. Update on Management of GERD and H. P. Eradication 2. RAS Blockade and Organ Protection
Speakers	Dr. Cheung Ting Kin Dr. Leung Tat Chi, Godwin
Moderator	Dr. Au Chi Lap
Sponsor	<i>Takeda Pharmaceuticals Taiwan, Limited Hong Kong Branch</i>

Date	December 02 (Thur)
Topic	<u>Cardiology</u> Multi-risk Factors Approach to Address the 70% Residual CV Risk of your Statins Treated Patients
Speaker	Dr. Cheng Chun Ho
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	<i>Abbott Laboratories Limited</i>

Date	December 07 (Tue)
Topic	<u>Asthma</u> Update in the Management of Asthma
Speaker	Dr. Grace Law
Moderator	Dr. Tong Siu Man
Sponsor	<i>GlaxoSmithKline Limited</i>

Venue	: Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon
Time	: 1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:30 p.m. Lecture 3:30 p.m. – 3:45 p.m. Discussion

Sunday Workshops

Date	November 21 (Sun)
Topics	<u>Cardiovascular Workshop</u> 1. Optimize Hypertension Treatment in Daily Practice 2. Reducing Complications in Acute Coronary Syndrome Patients
Speakers	Dr. Wu Chee On Dr. David C. K. Hu
Moderator	Dr. Francis W. T. Lee
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	November 28 (Sun)
Topics	<u>Mental Health Workshop</u> 1. New Era in Managing GAD 2. The Challenge of Improving Adherence in Depressive Patients
Speakers	Dr. Kwan Ka Lik Dr. Cindy Chiu
Moderator	Dr. Chan Chi Wai
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 05 (Sun)
Topics	Mood Disorder Workshop 1. Sleep Circadian Rhythm and Depression 2. HKU Visiting Professor – Doctor Mental Health 3. Review of Treatment to Depression
Speakers	Professor Chen Char Nie Professor Amanda Howe Dr. Richard Fung
Moderator	Dr. Yeung To Ling
Sponsor	<i>Servier Hong Kong Limited</i>

Date	December 12 (Sun)
Topics	Hepatitis Workshop 1. Stopping Antiviral Drugs – Who and When 2. (to be confirmed)
Speaker	Professor Chan Luk Yuen
Moderator	Dr. Yeung To Ling
Sponsor	<i>GlaxoSmithKline Limited</i>

Venue : Crystal Ballroom, Basement 3,
Holiday Inn Golden Mile Hotel,
50 Nathan Road, Tsimshatsui, Kowloon

Time : 1:00 p.m. – 2:15 p.m. Buffet Lunch
2:15 p.m. – 4:15 p.m. Lectures
4:15 p.m. – 4:45 p.m. Discussion

Registration Fees

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

Members	:	HK\$600.00
Non-members	:	HK\$1200.00
HKAM Registrant	:	HK\$700.00

Spot admission fee for each Luncheon Lecture or Workshop is:

Members	:	HK\$150.00
Non-members	:	HK\$300.00
HKAM Registrant	:	HK\$200.00

FM Trainees Package:

Full Course	:	HK\$400.00
Sunday Workshops	:	HK\$150.00 for 4 Workshops
Luncheon lecture	:	HK\$80.00 each

Remarks: Topics may be subject to change.

Lecture(s)/ Workshop(s) will be conducted in English.

4 November 2010 Thursday

17th Hong Kong International Cancer Congress (3-5 November)

Topic and Speaker:

**Family Physicians' Role in Cancer Prevention and Diagnosis –
The Role of Family Medicine in Strategies for the Integration
of Cancer Prevention and Diagnosis**

Dr. Lyndal Trevena

The University of Sydney, Australia

Co-organizer	The University of Hong Kong
Time	2:00 p.m. – 3:30 p.m. Lecture & Discussion
Venue	Lecture Theatre 4, Li Ka Shing Faculty of Medicine Center, The University of Hong Kong

Accreditation	2 CME Points HKCFP (Cat. 5.2)
Website	For more details, please link to http://www.hicc.org
Registration	HKCFP members are entitled complimentary registration for the 3 days programme (100 full registrations are offered free at a first come first served basis). Please contact the College secretary, Ms. Priscilla Li at 2528 6618 for registration.

6 November 2010 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	Cosmetic Dermatology
Speaker	Professor Henry H. L. Chan Specialist in Dermatology
Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:15 p.m. Lunch 2:15 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

Sponsored by
Galderma Hong Kong Limited

Monthly Video Viewing Sessions –

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at Lecture Hall, 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

October's session:

Date	29 October, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Update of Management of Atopic Dermatitis – Dr. Yeung Chi Keung
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

November's session:

Date	26 November, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Advances in Diagnosis & Management of Rheumatic Diseases: RA, Ankylosing Spondylitis, SLE & Fibromyalgia – Dr. Tsui Hing Sum
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programmes

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
13 November 2010 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital	Refresher Course for Health Care Providers 2010/2011 – Practical Handling of Anxiety and Depression in Primary Care Setting (Interactive) Dr. Chan Suk Yin Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel.: 2354 2440 Fax: 2327 6852
13 November 2010 (Sat) 2:15 – 3:45 p.m. 2 CME points	Lecture Theatre, G/F, Block F, United Christian Hospital, Kwun Tong, Kowloon	CME Course for Health Personnel 2010 – Update on PCOS Dr. Ho Yau Bong Hong Kong Medical Association (KECN) & United Christian Hospital	Ms. Gary Wong Fax: 3513 5548

Structured Education Programmes

Free to members

HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
19 Oct 10 (Tue)			
5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Practice Visit - Review Dr. Chu Tsun Kit	Ms Chan Tel: 2468 6813
20 Oct 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Chronic Disease Management Model Dr. Cheuk Tat Sang	Ms Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Eating Disorders in General Practice Dr. Kwong Sheung Li and Dr. Ho Pui Gi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Common Symptom Complaints - Numbness Dr. Cheung Chi Hong, David	Ms. Man Chan Tel: 2589 2337
21 Oct 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Classroom, G/F, Tseung Kwan O Hospital	Eating Disorders in General Practice Dr. Hung Wai Shan and Dr. Chan Ngai Ping	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Traditional Chinese Medicine in Hong Kong Dr. Leung Hoi Lik and Dr. Lee Hoi Ying	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Health Care Systems in Different Countries Dr. Kwan Wing Yan	Ms. Kwong Tel: 2595 6941
27 Oct 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Compensation System for IOD Dr. Ho Tsz Bun	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Conference Room, 1/F, Block F, United Christian Hospital	Approach to Abnormal Laboratory Results in Asymptomatic Patients (Part I) (Raised ALP/ALT, Electrolyte Disturbances) Dr. Tsui Wing Hang and Dr. Wan Pui Chu	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Emergency Facilities in Clinic Dr. Tam Yick Sin, Denise	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Consultation Skills-Pillfalls and Assessment Dr. Chan Ting Bong	Ms. Susanna Tong Tel: 2632 3480
28 Oct 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Approach to Abnormal Laboratory Results in Asymptomatic Patients (Part I) (Raised ALP/ALT, Electrolyte Disturbances) Dr. Yeung Sze Wai and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Update on Asthma Management Dr. Ho Tsz Bun and Dr. Wong Chak Tong	Ms. Chan Tel: 2468 6813
3 Nov 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Emergency Endocrinological Problems Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update of Management of Chronic Hepatitis B&C and HCC Surveillance Dr. Kwok Tsz Tik and Dr. Chan Hau Ting	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Journal Club Dr. Cheung Man Ha	Ms. Man Chan Tel: 2589 2337
4 Nov 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Update of Management of Chronic Hepatitis B&C and HCC Surveillance Dr. Yiu Kam Yi and Dr. Fu Siu Saap, Michelle	Ms. Cordy Wong Tel: 3513 3087 Tel: 2468 6813
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Emergency Endocrinological Problems Dr. Leung Hor Yee and Dr. Chan Laam	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Anorectal Pain, Bleeding, Lumps Dr. Cheng Kwan Chui	Ms. Kwong Tel: 2595 6941
10 Nov 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Social Worker in the Community Dr. Mok Kwan Yeung	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Management of Sleeping Disorders Dr. Cheng Ying Wai and Dr. Yuen Ching Yi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Review of FM Training Dr. Wan Wing Fai	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Difficult Patients: Non-compliant, Manipulative, Angry, Aggressive Dr. Judy Cheng	Ms. Susanna Tong Tel: 2632 3480
11 Nov 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Management of Sleeping Disorders Dr. Man Fung Yi and Dr. Li Ming Yin	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Sick Leave Certificates and Disability Allowance Dr. Cheuk Tat Sang and Dr. Chan Yin Hang	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	ECG in Practice Dr. Leung Wing Mun	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 Oct OSCE Rehearsal	18 1:00 – 3:45 p.m. Improving Asthma Care: The Individual and Community Approach	19 5:30 – 8:00 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme	21 1:00 – 3:45 p.m. Fibromyalgia Myths and Facts 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	22 	23 1:00 – 4:45 p.m. Certificate Course on Respiratory Medicine 2:15 – 3:45 p.m. Community Education Programme
24 	25 	26 	27 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 6:00 p.m. Structured Education Programme	29 2:30 – 3:30 p.m. Board of Education Video Session	30
31 OSCE Exam	1 Nov 	2 6:00 – 8:00 p.m. 2 nd ASM 2011 Organising Committee	3 2:15 – 7:00 p.m. Structured Education Programme	4 2:15 – 7:00 p.m. Structured Education Programme	5 	6 1:00 – 4:00 p.m. Board of Education Interest Group in Dermatology
7 	8 	9 	10 2:15 – 7:30 p.m. Structured Education Programme	11 2:15 – 7:00 p.m. Structured Education Programme	12 	13 1:00 – 4:45 p.m. Certificate Course on Respiratory Medicine 2:15 – 4:45 p.m. DFM Module III – Care for the Elderly & Chronic Illness 2:15 – 4:30 p.m. Community Education Programme
14 	15 	16 9:00 p.m. Board of Conjoint Examination Meeting	17 	18 9:00 p.m. Council Meeting	19 	20
21 1:00 – 4:45 p.m. ARC – Cardiovascular Workshop	22 	23 1:00 – 3:45 p.m. ARC – Vaccination	24 	25 1:00 – 3:45 p.m. ARC – Cardio-thoracic	26 2:30 – 3:30 p.m. Board of Education Video Session	27 2:15 – 4:45 p.m. DFM Module III – Anticipatory Care
28 1:00 – 4:45 p.m. ARC – Mental Health Workshop	29 	30 1:00 – 3:45 p.m. ARC – Gastroenterology and Nephrology	1 Dec 	2 	3 	4 6:00 p.m. AGM 7:00 p.m. Annual Dinner

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- Red** : Education Programmes by Board of Education
- Green** : Community & Structured Education Programmes
- Blue** : Clinical Attachment / Certificate Course / ARC
- Purple** : College Activities

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