

INSIDE THIS ISSUE

Issue 271 September 2026

- | | | | |
|--|---|--|--|
| 01 Message from the President | 07 Board of Vocational Training & Standards News | 12 WONCA Express : Highlights from the WONCA APR Conference 2026: Family Physicians Gifted to Give | 16 Meeting Highlights |
| 02 College News : | 08 Young Doctors Committee News | 14 College News (Con't) : | 17 Board of Education News |
| 02 HKCFP Council Announcement | | 14 HKCFP Trainees Research Fund 2026 / HKCFP Research Seed Fund 2026 | 20 College Calendar |
| 03 HKCFP 50 th Anniversary Special Publication Cover Design Competition | 10 Family Doctor Sharing Column : 家家有本難念的經 | 15 家庭醫生的日常 | |
| 04 Specialty Board News | 11 News Corner : Delabelling Penicillin Allergy | | |
| 06 Membership Committee News | | | |

Message from the President

Dr. Ramya RAMAN was declared President-elect of the Royal Australian College of General Practitioners (RACGP) on Friday 21st August 2026. (<https://www.racgp.org.au/gp-news/media-releases/2026-media-releases/august-2026/dr-ramya-raman-elected-next-racgp-president>) Dr. RAMAN is a specialist GP, practice owner, medical educator, academic and experienced RACGP leader. She has served the RACGP in a range of senior leadership roles, including RACGP Vice President and Chair of RACGP Western Australia. Dr. RAMAN will assume the role of president at the RACGP's Annual General Meeting on 19th November 2026. Many congratulations to Dr. RAMAN! We look forward to continuing to work closely with Dr. RAMAN. In the meantime, we are very grateful to Dr. Michael WRIGHT for his ongoing support in the last two years.

The RACGP, our sister college, hosts its annual conference in different Australian cities usually in November every year. This year, the GP26 conference will take place from 20th to 22nd November 2026, at the Adelaide Convention Centre, in Adelaide, South Australia. (<https://gpconference.com.au/GP26>) GP26 promises to bring the GP profession together to celebrate its central role in health, share innovations, and shape a sustainable future where thriving GPs deliver thriving care for their communities. This year's conference focuses on supporting GPs to flourish in general practice – greater recognition of GP specialist knowledge, investment in high-functioning multidisciplinary teams, and practical models

that reduce pressure while improving patient outcomes. The pre-conference workshops starts a day earlier on 19th November, and these are interactive workshops aiming to have in-depth sharing on important topics faced by GPs and providing a focused, practical experience for attendees. Do mark your diary to join the biggest GP annual event in Australia.



The 2026/27 Seasonal Influenza Vaccination (SIV) Programmes are to be commenced on 17th September, as announced by the Centre for Health Protection (CHP) of the Department of Health (DH). (<https://www.info.gov.hk/gia/general/202608/31/P2026083100245.htm?fontSize=1>) Eligible persons can receive free or subsidised vaccinations through the SIV Programmes. As the new school year has just begun and Hong Kong is currently in an influenza season, the general public, particularly the target groups, should receive SIVs as soon as possible to protect their own health and that of their family members. As family doctors in the community, we are in an advantageous position to encourage and provide influenza vaccinations to the general public and especially the targeted high risks groups.

The results for the 2026 Conjoint Fellowship Written Examination have been officially released. Details can

(Continued on page 2)

MESSAGE FROM THE PRESIDENT

(Continued from page 1)



Dr. David CHAO, President of HKCFP (left) with Dr. Ramya RAMAN, President-elect of RACGP (right)

be found at the following link. (https://www.hkcfp.org.hk/list_detail_35_1069.html) Congratulations to the successful candidates. For candidates who are going to attend the forthcoming Clinical Competency Examination to be held on 1st November, 2026, we wish you all the best of luck!

As you are aware, the HKCFP is hosting the WONCA Asia Pacific Regional Conference in Hong Kong from 22nd to 25th April, 2027. The conference theme is entitled, “Family Doctors: The Heart of Quality Primary Healthcare.” The Call for Abstracts (Oral and Poster Presentation) (<https://www.woncaaprc2027hk.com/index/abstract/call-for-abstracts>) and the Call for Symposium Proposal (<https://www.woncaaprc2027hk.com/index/abstract/call-for-symposium-proposal>) are now open. Please visit the above links for details of submission. The submission deadline is 15th November 2026 (Sunday) 23:59 HKT via the online submission portal. Do come and showcase your expertise and share your experience in your very own WONCA Conference in Hong Kong in 2027! We look forward to meeting you and to catching up with friends and colleagues locally and around the globe!

Dr. David V K CHAO
President

HKCFP Council Meeting Attendance Summary 2025/2026

Council Members	Position	Term	2026 [Dec 2025 - Sep 2026]	2025 [Dec 2024 - Nov 2025]
Dr. David VK CHAO	President	Dec 2024-Dec 2026	8/8	11/11
Dr. LAU Ho Lim	Vice-President (General Affairs)	Dec 2025-Dec 2027	8/8	11/11
Prof. Samuel YS WONG	Vice-President (Education and Examinations)	Dec 2024-Dec 2026	6/8	11/11
Dr. Billy CF CHIU	Honorary Treasurer	Dec 2024-Dec 2026	6/8	5/11
Dr. Lorna V NG	Honorary Secretary	Dec 2025-Dec 2027	7/8	9/11
Dr. Angus MW CHAN	Immediate Past President	Dec 2024-Dec 2026	7/8	10/11
Dr. AU Chi Lap	Member	Dec 2023-Dec 2026	8/8	9/11
Dr. CHAN King Hong	Member	Dec 2023-Dec 2026	5/8	9/11
Dr. Catherine XR Chen	Member	Dec 2024-Dec 2027	8/8	11/11
Dr. Anthony P FOK	Member	Dec 2025-Dec 2028	8/8	10/11
Dr. HO Ka Ming	Member	Dec 2024-Dec 2027	7/8	11/11
Dr. KO Wai Kit	Member	Dec 2025-Dec 2028	7/8	11/11
Dr. Maria KW LEUNG	Member	Dec 2024-Dec 2027	8/8	10/11
Dr. LI Yim Chu	Member	Dec 2024-Dec 2027	7/8	10/11
Dr. LAI Kit Chi	Member	Dec 2025-Dec 2028	4/8	n/a
Dr. Matthew MH LUK	Member	Dec 2024-Dec 2027	8/8	11/11
Dr. NGAN Po Lun	Member	Dec 2023-Dec 2026	8/8	10/11
Dr. Emily TY TSE	Member	Dec 2025-Dec 2028	8/8	n/a
Dr. Wendy WS TSUI	Member	Dec 2025-Dec 2026	5/8	6/11
Dr. Marcus MS WONG	Member	Dec 2025-Dec 2028	7/8	7/11
Dr. YIU Yuk Kwan	Member	Dec 2023-Dec 2026	8/8	8/11
Dr. Esther YT YU	Member	Dec 2023-Dec 2026	7/8	9/11

The Hong Kong College of Family Physicians



Special Publication

Cover Design Competition

Dear Members,

The Hong Kong College of Family Physicians (HKCFP) is proud to announce a design competition for the cover of our special publication commemorating the 50th Anniversary of the College in 2027.

Details of the Competition:

Theme : The Hong Kong College of Family Physicians 50th Anniversary

Slogan : **“Honouring our legacy, inspiring our future”**

Design Size : A4 paper

Application & Submission Deadline: 30 November 2026

The winning design will be featured on the cover of our special 50th Anniversary publication.

How to Apply:

Please submit your artwork in **.pdf or .jpg format** along with a 100-word brief explanation of your design concept via email to minnyfung@hkcfp.org.hk.

This is an excellent opportunity to showcase your creativity and contribute to the legacy of Family Medicine in Hong Kong.

Let's celebrate 50 years of excellence in Family Medicine together!

For inquiries, please contact the College Secretariat at 2871 8899 or by email to alkyyu@hkcfp.org.hk

Yours Sincerely,

HKCFP 50th Anniversary Publication Subcommittee

Terms & conditions:

1. Participants must submit their artwork in either PDF or JPG format via email to minnyfung@hkcfp.org.hk. Each entry should include a 100-word brief explanation of the design concept. The deadline for application & submission is 30 November 2026.
2. The winning design will be selected based on creativity, relevance to the theme, and overall visual impact by a panel of judges appointed by HKCFP, and the decision of HKCFP is final.
3. The winner may be asked to provide an editable version of their artwork in Adobe Illustrator (.ai) format for editing, reproduction, or promotional purposes. By participating, the winner agrees to deliver the .ai file upon request within a specified timeframe, if necessary, to facilitate the use of their design.
4. By participating, entrants agree that their submissions may be used by HKCFP for promotional purposes related to the 50th anniversary celebrations, including social media, publications, and website features.
5. HKCFP reserves the right to modify or cancel the competition at any time without prior notice.

Specialty Board News

2027 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2027 Full Examination of Vocational Training in Family Medicine.

ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full or limited registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Program in the preceding year
- Have a qualification in family medicine / general practice which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Have completed higher training in Family Medicine; **OR are expected to do so by February 28, 2027**; as certified / approved by the Board of Vocational Training and Standards (BVTs), HKCFP.

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTs for

- ✦ Certification of completion of higher training **OR**
- ✦ Recommendation to sit for Exit Examination 2027

- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:
 - ✦ Clinical Audit: the starting date must be within 3 years before the exam application deadline
 - ✦ Research: the date of ethics approval must be within 3 years before the exam application deadline
 - ✦ Practice Assessment: submit valid Practice Management Package (PMP) report
- From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination

Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.

IMPORTANT DATES

First-attempt candidate:

Deadline of Exit Examination application:	2 November 2026
Collection period for Attachment 12 and 13 (Practice Assessment)	Attachment 12 (Part D): 16 September to 20 November 2026 inclusive
	Attachment 13 (Part E): 16 September to 31 October 2026 inclusive
Deadline of Clinical Audit Report / Research Report submission	4 January 2027
Examination periods for Practice Assessment and Consultation Skills Assessment	Period A : 1 December 2026 to 31 January 2027
	Period B : 1 February to 31 March 2027

Re-attempt candidate:

Deadline of Exit Examination application:	1 December 2026
Collection period for Attachment 12 and 13 (Practice Assessment)	Attachment 12 (Part D): 20 October to 20 December 2026 inclusive
	Attachment 13 (Part E): 20 October to 30 November 2026 inclusive
Deadline of Clinical Audit Report / Research Report submission	4 January 2027
Examination periods for Practice Assessment and Consultation Skills Assessment	Period B : 1 February to 31 March 2027

APPLICATION & EXAMINATION FEES

Application forms are available at the College Secretariat, HKCFP or can be downloaded at the College website:
https://www.hkcfp.org.hk/pages_2426_2427.html

The following documents are required when submitting the application:

1. A copy of the certificate of completion of higher training, **OR** a recommendation letter to sit for 2027 Exit Examination, from BVTs, HKCFP
2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the subsequent section of this announcement):
 - i. PMP Report on or before **2 November 2026 (First-attempt candidate) / 1 December 2026 (for the re-attempt candidate who has changed the practice location)**
 - ii. Four copies of Attachment 1 to 11, and Attachment 13 (Part E Investigation)

Please note: the submission deadline for Attachment 12 (Part D Medical Records) will be later than the Exam application deadline. Please refer to the 'Practice Assessment' section of the exam guideline.

Completed Application Form and the required documents should be returned to the following address:

The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK

Candidates are recommended to submit application on time. Late application will not be accepted.

Examination fees

Administrative fee	\$9,000
Clinical Audit	\$10,000
Research	\$10,000
Practice Assessment	\$13,000
Consultation Skill Assessment	\$13,000

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

All fees paid are neither refundable nor transferable.

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

ELECTION TO FELLOWSHIP OF THE HONG KONG ACADEMY OF MEDICINE

Candidates should be aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidates can choose to attempt *either* Clinical Audit *or* Research segment.

- + **Clinical Audit:** assesses the candidate's knowledge, skills and attitudes in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

OR

- + **Research:** assesses the candidate's ability to conduct a research project which includes: performing literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

AND

- + **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

AND

- + **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and related information are now available on College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Mr. John MA or Ms. Alky YU by email to exit@hkcfp.org.hk.

Dr. Wendy TSUI
Chairlady
Specialty Board

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **July – August 2026**:

NEW APPLICATION

Associate Membership

Dr. CHAN Leong Yiu	陳 亮 堯
Dr. CHEUNG Ka Wai	張 嘉 惠
Dr. CHU Ho Man	朱 浩 文
Dr. FUNG Kristy Pui Ting	馮 霽 婷
Dr. HO Kwan Chun	何 昆 晉
Dr. LAI Hei Lam	黎 曦 琳
Dr. LAM Wai Kuen	林 煒 權
Dr. LAU Chak Shu	柳 澤 殊
Dr. LAU Kai Cheuk Eric	劉 榮 焯
Dr. LAW Yuen Yan	羅 琬 茵
Dr. LEUNG Kwan Yi	梁 筠 宜
Dr. LO Ho Hin	勞 皓 軒
Dr. LUK Hei Lam	陸 熙 琳
Dr. MI Yuqi	糜 鈺 淇
Dr. NG Hoi Chak	吳 鎧 澤
Dr. POON Ka Leung	潘 嘉 良
Dr. SIN Hin Kiu	冼 顯 翹
Dr. TAI Yat Long	戴 日 朗
Dr. WAN Cheuk Hei	溫 卓 禧
Dr. WONG Ka Weng	黃 嘉 穎
Dr. WONG Ka Yan	黃 嘉 欣
Dr. WONG Lok Hei Kitty	王 樂 熹
Dr. WONG Nga Wing	黃 雅 穎

Dr. WONG Yee Ting Cecilia	王 綺 婷
Dr. YOUNG Ki Tung	楊 紀 彤
Dr. YUEN Hang Nam	阮 幸 楠
Dr. ZONG Zengmin	宗 增 敏

Student Membership

Mr. LO Matthew Kok Chung	盧 珏 聰
--------------------------	-------

RE-APPLICATION

Associate Membership

Dr. CHENG Chung Tat Jacky	鄭 忠 達
---------------------------	-------

TRANSFERRAL

From Student to Associate Membership

Dr. CHAU Yu Chak	周 餘 澤
Dr. CHENG Yat Hang	鄭 逸 姮
Dr. CHUE Yan Ming	朱 恩 明
Dr. LAU Ho Kai	劉 浩 楷
Dr. TANG Ho Ka	鄧 可 嘉
Dr. WONG Barney	王 派 瓏
Dr. WONG Hong Ching	黃 康 晴
Dr. WONG Yin Tung	王 彥 棟

Board of Vocational Training and Standards News

Basic Training Introductory Seminar

A Basic Training Introductory Seminar will be held in October 2026 via Hybrid mode for all newly enrolled basic trainees, existing trainees and clinical supervisors. The seminar is designed to help basic trainees and supervisors to understand and get more updated information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fok Peter Anthony (Chairman of Basic Training Subcommittee)
Dr. Yiu Yuk Kwan (Chairman of Board of Vocational Training and Standards)

Date : **14 October 2026 (Wednesday)**

Time : 7:00 p.m. – 8:30 p.m.

Venue : **(for Trainees)** Room 802, 8/F Duke of Windsor Social Service Building,
15 Hennessy Road, Wanchai
(for Supervisors) via ZOOM webinar

Please fill in the registration form via scanning the QR code:

(For Trainee)



(For Supervisor)



* ALL trainees are only allowed to attend the seminar in-person, online option will not be available.

To facilitate communication with clinical supervisors and as required for RACGP re-accreditation, current FM clinical supervisors and training coordinators are invited to join in through Zoom webinar link. Video recorded session would be available to clinical supervisors and training coordinators who cannot attend for special reason after the briefing.

Update on Basic Training Logbook Requirements (2)

To all Basic Trainees,

From July 2026 onwards,

Starting from July 2026, Basic Trainees undergoing **hospital-based** training are required to use the eTraining platform to submit the hospital-based training rotation record(s).

For any past hospital-based training (before 30 June 2026), please upload the scanned copy of generic forms to eTraining Platform instead of sending email to BVTs@hkcfp.org.hk

BVTS has prepared 1 set of slides to guide you thru it at https://www.hkcfp.org.hk/pages_9_95.html > Basic Training > HKCFP eTraining Platform - Hospital Based Training Rotation Records from July 2026 (version Aug 2026)

The above information has been announced at the College Website: https://www.hkcfp.org.hk/list_detail_35_2423.html

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTS for certification of completion of training within 3 months upon the completion date.

If the training logbook is incomplete after review by BVTS, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

Basic Training Subcommittee

Reminder: Application for Recommendation for Exit Examination 2027

To those who prepare to sit for the 2027 Full Exit Examination,

Please submit the application letter and the 'Checklist for Recommendation for Exit Examination' on or before **30 September 2026 (Wednesday)**. Late applications **WILL NOT** be entertained.

Higher Training Subcommittee

The above information has already been stated in the IMPORTANT NOTICE and the related forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899 or email at BVTs@hkcfp.org.hk.

Board of Vocational Training and Standards

Family Medicine Career Talk 2026

Dr. FUNG Yan Ning, Elaine
Career Talk Subcommittee Co-Chairman, Young Doctors Committee

On 10 June 2026, the HKCFP Young Doctors Committee hosted its largest **Family Medicine Career Day** to date. The event drew **206 attendees** and **14 speakers and panellists**—more than triple the turnout of previous years. The surge reflects a growing interest in family medicine among Generation Z doctors seeking meaningful work with sustainable work life balance, as well as among international medical graduates (IMGs) exploring viable second careers in Hong Kong. This momentum aligns with Hong Kong's expanding policy commitment to strengthening primary healthcare.



Dr. David CHAO (left) and Dr. Aldo WONG (right) opening

HKCFP President **Dr. David CHAO** and Young Doctors Committee Co-Chairman **Dr. Aldo WONG** opened the programme by reaffirming the four foundational pillars of family medicine: first contact, comprehensive care, continuity, and care coordination. They encouraged attendees to take part in shaping Hong Kong's evolving primary care landscape.



Dr. Chloe LAU

Dr. Chloe LAU, representative of the WONCA Young Doctor Movement Asia Pacific (TRM), provided an engaging overview of Basic Vocational Training. She described the structure of training and examinations, day-to-day life during hospital and community rotations, and practical strategies for thriving during residency. She also highlighted the friendships and professional networks formed through patient care, residency life, and international WONCA conferences.



Dr. Cheryl CHAN

Dr. Cheryl CHAN, member-at-large of WONCA and former Young Doctors' Movement representative on the WONCA Executive, introduced Higher Vocational Training and post-fellowship career pathways. She encouraged attendees to discover their **Ikigai**—the

intersection of what they love, what they excel at, what the world needs, and what sustains them financially. Dr. CHAN also discussed HKCFP-supported clinical special-interest domains, her experience using social media for public health education, and her work with global policymakers at the World Health Organization to advance primary healthcare worldwide.



Featured speakers on the Young Doctors Q&A panel (from left to right) Dr. Elaine FUNG, Dr. Will LEUNG, Dr. Chloe LAU, Dr. Cheryl CHAN and Dr. Amy NG

Building on the Committee's 2025 interview series documenting diverse post-fellowship career paths, this year's Career Day introduced a new **Young Doctors Question-and-Answer panel**. The panel featured **Dr. Amy NG, Dr. Cheryl CHAN, Dr. Chloe LAU, Dr. Elaine FUNG, and Dr. Will LEUNG**, representing public, private, academic, and public health sectors. They shared candid reflections on career transitions, specialty changes, and navigating Hong Kong's health system as IMGs.

Attendees raised thoughtful questions about the **impact of AI in healthcare** and the trend of seeking medical investigations in Mainland China. Panellists noted that AI is increasingly enhancing clinical practice—enabling deeper patient conversations through scribe functions and assisting with personalised chronic disease diet and exercise plans. As AI handles more protocol-driven complaints, family physicians will focus even more on complex, multimorbid patients whose values and goals require nuanced exploration.

Regarding **cross-border healthcare trends**, panellists observed that while full-body check-ups in Mainland China are becoming more common, many patients still

prefer diagnosis and treatment in Hong Kong due to trust in local training and pharmaceutical quality assurance. A robust family medicine residency equips doctors to meet these expectations.



A panel discussion with HA Seniors: (from left to right) Dr. Peter NG, Dr. Edwin CHAN, Dr. Alfred KWONG, Dr. Marcus WONG, Dr. Heidi FUNG, Dr. Anthony FOK and Dr. Ken HO

As in previous years, the highlight of the event was the **panel featuring Chiefs of Service and Training Coordinators** from each Hospital Authority Family Medicine cluster: **Dr. Alfred KWONG, Dr. Anthony FOK, Dr. Edwin CHAN, Dr. Heidi FUNG, Dr. Ken HO, Dr. Marcus WONG, and Dr. Peter NG.**

They outlined residency application and hiring processes and reassured attendees that ensuring residency opportunities for all local graduates remains a policy priority. They emphasised that **passion, dedication, and commitment to patient care** are the qualities that

define strong family medicine residents—while clinical knowledge and skills are cultivated during training.

The panel also reflected on the evolution of family medicine in Hong Kong: deeper collaboration with tertiary care, increasing complexity in chronic disease management, and an expanding scope that now includes preventive, rehabilitative, and palliative care within the primary care setting.

We will need to adapt Career Day to a changing audience. This year's attendees primarily **learned about the event through social media**, rather than traditional channels such as university emails or HKCFP FP Links. To reach future residency candidates, the Committee will need to broaden its communication strategies and strengthen digital outreach.

A growing proportion of participants were **IMGs seeking clarity on recognition of overseas training, local residency pathways, and adaptation to Hong Kong's health system.** Some expressed interest in alternative routes such as Category II candidacy for the HKCFP/RACGP Conjoint Exam or the Diploma in Family Medicine. Future Career Days may benefit from dedicated introductory content addressing these needs.

Family medicine in Hong Kong is entering an exciting chapter—driven by a rising pool of motivated residency candidates, strong policy support for primary healthcare expansion, and an ageing population with complex chronic needs. The 2026 YDC Career Day showcased not only the vibrancy of the discipline but also the collective commitment to shaping a healthier future for Hong Kong.



The group photo of participants

家家有本難念的經

彭詩情醫生（港島西醫院聯網駐院專科醫生）

曾聽聞，人大部分的煩惱都來自於人際關係。在眾多的關係中，最親近的無疑是家庭關係。家本應是一個充滿愛的地方，讓家庭成員彼此支持，賦予他們足夠力量和勇氣去面對複雜的世界。然而，某些家庭的相處模式卻使他們無法有效地溝通以及真誠地表達自己的感受，導致彼此無法相親相愛。家庭變成了戰場，令人想逃離，但由於家庭的羈絆，他們卻無法離開，只能在其中苦苦掙扎。

家庭醫學的獨特之處在於醫生會面對不同人生階段的病人，並有機會為一個家庭的多個成員提供治療。因此，家庭醫生較容易注意到病人在家庭中所遇到的問題。在與病人同行的過程中，家庭醫生可以陪伴他們面對困難，幫助他們在黑暗中看到亮光，甚至找到出路。我非常感恩，在前輩的指導下，讓我有機會在亞洲治療學院（AAFT）學習家庭治療。課堂讓我更深刻理解家庭對個人的影響。我們常以為家人之間應該無所不談、不分你我，更不應有界線的存在。但在一個健康的家庭中家人應能互相尊重，並讓彼此成為獨立的個體。正如譚慧芸在《家鎖：華人家庭這個巨獸》中所寫：「我們能夠一起，也能夠分別，各走屬於自己的路，面對人生將來給我們的挑戰。」

我還記得三年前求診的一對夫婦。起初，先生因為失眠和負面情緒來求助。退休後，他與家人之間的衝突增多，家中彷彿每天都是困獸鬥，狹小的空間讓最小的摩擦也被放大。這位先生提到，大部分衝突源於女兒。自從女兒大學輟學以後，她整日躲在家中，日夜顛倒，不工作，反向父母索取零用錢。太太是家庭主婦，社交生活有限。隨著先生退休後，一家三口的相處時間增多，衝突也逐漸升級。在反覆的爭吵中，夫婦倆感到絕望，先生坦白說，

他們曾考慮在家中一同燒碳，了結生命以解脫困境。聽到這話後，我邀請他帶同太太來覆診，趁機評估太太的精神狀況。結果發現，他們都有抑鬱症。在幾次的會面中，除了藥物治療外，我也鼓勵他們建立自己的社交生活和發展個人興趣。為了讓他們在社區獲得適切的支援，我將他們轉介給精神健康綜合社區中心（ICCMW）的社工跟進。

令人驚喜的是，約一年後，這對夫婦的情況逐漸改善，並積極參與中心的活動。女兒也願意走出家門，甚至願意和他們一起旅遊，還能獨自去國外生活。最後一次見到他們時，他們已經停止藥物治療約五個月，並對當前的家庭關係感到十分滿意。我問他們，什麼讓他們有這樣的轉變？他們回答，自從女兒出生以來，生活的重心都放在她身上，漸漸忽略了自己的興趣與成長。女兒放棄學業的事無疑是一個打擊，但也讓他們意識到女兒是一個獨立的個體，她有權選擇自己的生活方式。當夫婦二人調整心態後，不再單專注於女兒，而是開始發展自己的新生活。雖然過程不易，但經歷過黑暗後，他們終於看到曙光，各自展開新生活，家庭亦得到重生。

這段經歷再次提醒我，家庭對一個人的影響深遠。作為家庭醫生，我們需要敏銳地發現家庭中的問題，從而為他們提供適切的支援。

Delabelling Penicillin Allergy

Penicillin “allergy” labels are common but true allergies are rare. In Hong Kong, it is estimated that 1 out of 50 citizens in HK is labelled beta-lactams allergy. Due to limited numbers of immunologists or allergists in Hong Kong, most patients cannot receive skin testing and oral provocation. Inappropriate allergy labels may lead to use of alternative antibiotics with more side effects and lower efficacy, such as fluoroquinolones or vancomycin, even when beta-lactam antibiotics are indicated. This inadvertently increases the risk of adverse clinical events, such as increased hospital admission rates and length of stay, treatment costs, and deaths

In fact, over 90% of reported penicillin allergies are excluded after testing. There are 4 reasons for this huge discrepancy in correctly labelled drug allergy:

- 1) Inaccurate allergy histories
- 2) Infectious causes that elicit similar reactions
- 3) Waning of allergy over time
- 4) Allergies due to concurrent medications (e.g. NSAIDs) instead of penicillin

Penicillin allergy often wanes over time. It is estimated 50% of people no longer be allergic after 5 years and >80% after 10 years. Therefore, even patients with true penicillin allergy might be able to tolerate penicillin and other beta-lactams after a period of time after skin tests or graded challenges.

Hong Kong Drug Allergy Delabelling Initiative (DADI) was launched since 2022 and patients can be referred with penicillin allergy labels to DADI clinics in Hospital Authority for skin testing and drug challenge. Regarding the role of family doctors, they can carefully enquire allergy histories, avoid wrong drug labelling and refer suitable patients to DADI clinics for penicillin allergy delabelling.

Compiled by Dr. TSAI Hung Yu

“Submissions of articles to News Corner with up to 500 words are always welcome. Options of College Souvenirs or Gift vouchers will be given as a token of appreciation for good works if the articles are selected for publication. Email: FPLinks@hkcfp.org.hk”

READERSHIP DRIVE

Congratulations! The returns from the following doctors have been selected for August 2026 issue:

Dr. FUNG Kristy Pui Ting, Dr. LEE Shek Kwong

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation. You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / Family Doctors Column / News Corner / The Diary of a Family Doctor / After Hours

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation.

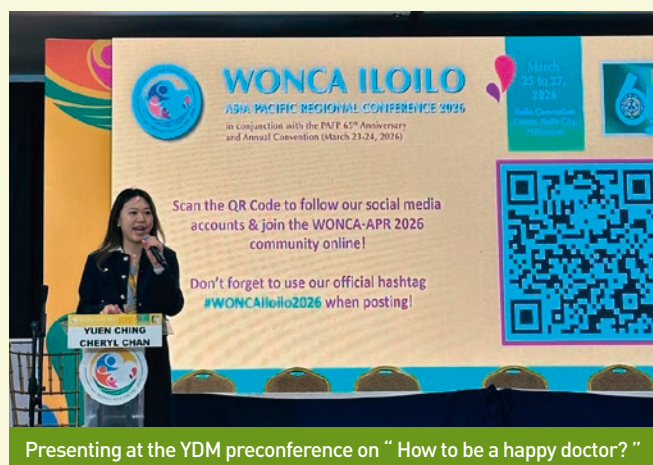
Highlights from the WONCA APR Conference 2026: Family Physicians Gifted to Give

Dr. CHAN Yuen Ching, Member at large, WONCA; Member, Young Doctors Committee, HKCFP

The WONCA Asia Pacific Regional Conference 2026 brought family physicians from across the region to Iloilo City, Philippines. Held in conjunction with the 65th Annual Convention of the Philippine Academy of Family Physicians, the meeting embraced the theme “Family Physicians Gifted to Give: Hearts that Care for Persons, Family and Community.” The conference was a meaningful celebration of professional purpose, cultural exchange and the enduring role of family medicine in caring for persons, families and communities.

A particular highlight was the Young Doctors’ Movement pre-conference, organised through The Rajakumar Movement under the theme “The HeART of Healing: The Family Doctor’s Identity.” I was honoured to present a session on how to be a happy doctor, addressing the mental exhaustion and burnout that can accompany the demands of clinical practice. The discussion acknowledged that personal wellbeing is not an optional extra; it is a foundation for compassionate, safe and sustainable care.

Together, we explored practical strategies for mental resilience, including recognising early signs of exhaustion, maintaining supportive professional relationships, setting realistic boundaries, seeking help without stigma, and reconnecting with the values that drew us to family medicine.



Presenting at the YDM preconference on “How to be a happy doctor?”

A city excursion with young doctors offered a memorable introduction to Iloilo’s rich history and living culture. Our group explored heritage sites and heard the stories that connect the city’s architecture with the lives of the families who shaped it. We visited Casa Mariquit, a well-preserved bahay na bato in Jaro built in 1803 by Don

Ramon Javellana. The house later became the home of Maria Salvacion “Mariquit” Javellana-Lopez and her husband, former Philippine Vice President Fernando H. Lopez Sr., providing a tangible connection to the city’s civic and family history.

The excursion also included a visit to Original Biscocho Haus, where we enjoyed one of Iloilo’s beloved culinary traditions.



Visiting the Biscocho Haus with members from the Rajakumar Movement

The visit to the Zarraga Primary Care Facility was another outstanding highlight. This modest clinic serves approximately 27,000 people and demonstrated how comprehensive care can be organised close to the community. It provides a one-stop primary-care service that includes animal-bite management, TB DOTS, dengue case management and routine vaccination. The facility showed clearly that high-value primary care depends not only on infrastructure, but on coordinated teams, accessible services and a strong commitment to prevention.

The visit was part of a primary-care strengthening project supported by the WHO Regional Office for the Western Pacific and the Hong Kong Jockey Club Institute of Philanthropy. For many of us, Zarraga was a compelling

example of family-medicine values translated into practical, community-based care.



Zarraga Primary Care Facility

The gala dinner at Nelly's Garden was a beautiful celebration of both friendship and Iloilo heritage. Also known as the Vicente Lopez Heritage House, this elegant mansion in Jaro was built in 1928 by Don Vicente Lopez and Doña Elena Hofileña and named for their eldest daughter, Nelly Lopez y Hofileña. The home was declared a National Historical Landmark in 2004.

Dining in its gardens created a special sense of occasion. Surrounded by the graceful setting of one of Iloilo's most celebrated heritage homes, colleagues renewed friendships, made new connections and shared the warmth of Ilonggo hospitality. The evening captured the spirit of the conference: family physicians from diverse places coming together with generosity, joy and a shared commitment to care.



Gala Dinner in the Nelly's Garden

WONCA APR 2026 in Iloilo was more than a scientific meeting. It offered a space to reflect on the identity of the family physician, learn from exemplary primary-care practice, support the wellbeing of young doctors and celebrate the culture of the host city. We look forward to hosting our friends from all over the world next year in WONCA APR 2027 in Hong Kong!



(from left to right) Dr. Anthony FOK, Dr. Ken HO, Dr. Lorna NG, Dr. Cheryl CHAN, Dr. CHANG Pingsun



(from left to right) (1st row) Dr. Donald LI, Dr. Ken HO, Dr. Lorna NG, (2nd row) Dr. Anthony FOK, Dr. Kimberly LEE, Dr. Jennifer CHEUNG, Dr. Cheryl CHAN, Dr. Stephanie CHAN

HKCFP Trainees Research Fund 2026 / HKCFP Research Seed Fund 2026

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$20,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members where a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
by post or by email: research@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2026**” or “**HKCFP Research Seed Fund 2026**” on your research project upon submission.

Submission Deadline: 30th October 2026

Supported by HKCFP Foundation Fund

The Diary of a Family Doctor【家庭醫生的日常】

《講走心魔》

冼銘全醫生

30多歲女士，便秘多年，在內科及外科覆診，驗血、大腸鏡正常，Barium follow-through顯示腸道蠕動正常。她每天靠大量通便藥(oral Bisacodyl)過活。外科寫到，最後選擇是全大腸切除。她這次是過來拿更多的通便藥。

女 士：我依家要食150mg一日，即係一日30粒，再加埋fleet enema，先屙到少少出嚟，個肚成日頂實晒，好辛苦！我已經有做運動，跟住食嘢又小心啊，你哋又話有stock，唯有早啲覆診！」

對話中夾雜咳嗽，她說她有哮喘。我關掉了冷氣，她咳減少了。

我：「聽落真係好難受嘅感覺。我哋試吓用另外一個角度睇。如果我話，妳條腸而家唔郁，佢罷工，佢想投訴妳一樣嘢，妳覺得佢投訴妳乜嘢？」

女士秒回：「應該係我嘅情緒囉，我老公四年前走咗，我覺得係我害死佢…」

眼淚已直滾下來，我拿了紙巾給她。

先生比她年長20年，2019年突然過身，當時還在工作，COVID19肆虐時公司不體諒先生，先生不適仍要他工作。先生臨走仍然叫她不用擔心。她現在仍堅持控告先生的僱主。

女 士：「爸爸都唔體諒，問點解我老公死咗又自己搞到自己咁。」憤怒和內疚一直纏繞著她。

我：「如果今日妳先生見到妳呢個反應，妳估佢會同妳講啲咩說話？」

女 士：「一定係想我照顧好自己囉…」

我：「但妳呢個情緒狀態，連妳身體都要投訴妳，咁應該點樣好好照顧自己？」

我和她討論了放鬆技巧，嘗試學習放下，她也承諾先生會處理好自己。

「唔係為咗條腸去做，而係為自己去做，我哋要多謝條腸去提醒我哋。仲有唔好以為哮喘同情緒無關，妳放鬆到，氣管都有咁敏感。」

她向我道謝，眼神穩定了不少，好像心魔離開了。不知道這能否幫助她的便秘改善，但至少，她的人生，有了新的方向。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

Meeting Highlights

Certificate Course on Management of Common Skin Problems in General Practice

4th session on 1 August 2026

Dr. WONG Sze Man, Specialist in Dermatology & Venereology, delivered a lecture on “Drug eruption and urticaria”, “Common fungal disorders and infestation of the skin” and “Common viral and bacterial disorders of the skin”.



Dr. CHAN Yuen Yan (right, Moderator) presenting a souvenir to Dr. WONG Sze Man (left, Speaker).

5th session on 8 August 2026

Dr. CHAN Yung, Specialist in Dermatology & Venereology, delivered a lecture on “Eczema and contact dermatitis”, “Pityriasis rosea and lichen planus” and “Acne”.



Dr. LI Wing Shun, Vincent (right, Moderator) presenting a souvenir to Dr. CHAN Yung (left, Speaker).

Certificate Course on Bringing Better Health to Our Community 2026

The 1st session of the “Certificate Course on Bringing Better Health to Our Community 2026” co-organized with Queen Elizabeth Hospital and The Hong Kong Medical Association was held on 29 August 2026.

Dr. WONG Yin Yan, Ivy, Obstetrics & Gynaecology Specialist; Private Practice, delivered the lecture on “Management of Menstrual Problem” and Dr. CHUI Shing Fung, Consultant, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on “Update on Management of Hyperlipidaemia” on 29 August 2026.



Dr. HO Ka Ming (left, Consultant, Department of FM&PHC, KC Cluster, Hospital Authority) presenting a souvenir to Dr. WONG Yin Yan, Ivy (right, Speaker).



Dr. HO Ka Ming (left, Consultant, Department of FM&PHC, KC Cluster, Hospital Authority) presenting a souvenir to Dr. CHUI Shing Fung (right, Speaker).

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

On-site Events

Date and Time	Venue	Topics	Speakers
23 October (Fri) 7:00 – 8:00 p.m. (Registration will be started from 6:30 p.m.; Dinner will be provided after the lecture)	Shantung Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	Expanding Organ Protection with GLP-1 RAs and the latest advancement in insulin therapy <i>Sponsored by Novo Nordisk Hong Kong Limited</i>	Dr. Juan Pablo FRIAS <i>Chief Medical Officer, Head of Diabetes at Biomea Fusion</i>
24 October (Sat) 2:15 – 4:00 p.m. (Registration & Lunch will be started from 1:00 p.m.)	Star Room, Level 42, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	Saturday Symposium: Cardiovascular-Kidney-Metabolic (CKM) Management 1. Bridging Kidney and Cardiovascular Risk: Early UACR Screening for Comprehensive CKM Care 2. Advanced Management of CKM Syndrome: Transforming CKM Outcomes through Guideline-Driven Early SGLT2 Inhibition <i>Sponsored by Boehringer Ingelheim (Hong Kong) Ltd.</i>	1. Prof. NG Kit Chung, Jack <i>Specialist in Nephrology</i> 2. Prof. Janaka KARALLIEDDE <i>Professor of Diabetes, School of Cardiovascular Medicine and Metabolic Sciences, King's College London</i>

QR Codes for registration



Admission Fee:

23 October 2026 (Fri) College Fellow, Full, or Associate Members:		Complimentary *(\$50 Enrollment deposit is required)
Other Categories of Members:		HK\$ 750.00
Non – members:		HK\$ 850.00
24 October 2026 (Sat) College Fellow, Full, or Associate Members:		Complimentary *(\$50 Enrollment deposit is required)
Other Categories of Members:		HK\$ 750.00
Non – members:		HK\$ 850.00

* Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and sent to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered member upon registration on the day of the event.

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Accreditation

23 Oct :	1 CME Point HKCFP (Cat. 4.3)
	1 CME Point MCHK (pending)
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
24 Oct :	2 CME Points HKCFP (Cat. 4.4)
	2 CME Points MCHK (pending)
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topic
30 October 2026 (Fri) 2:30 – 3:30 p.m.	"Advances in Management of Heart Failure" by Dr. KONG Chun Cheong

QR Codes for registration



Accreditation :	1 CME Point HKCFP (Cat. 4.2)
	1 CME Point MCHK (pending)
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny FUNG by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :

Online Events
- In case of over-subscription, the organizer reserves the right of final decision to accept registration. - The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. - Please note you can just attend ONE CME activity at a time. If you are found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). - Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) - Please be reminded to check the system requirements beforehand to avoid any connection issues. - Due to copyright issue, please note private recording of the lecture is prohibited. - Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 07 October 2026			
14:30 - 17:00	7/F, Operating Theatre Block, Tuen Mun Hospital	Clinical Approach to Common Minor Ailments Encountered during Pregnancy and Breastfeeding in Primary Care Dr. LEE Hsin Yi, Dr. CHUE Yan Ming	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Immunization Dr. CHENG Yee Sum, Summer, Dr. LAW Wing Sze	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Subsidized Screening Programmes Dr. MAK Tsz-chung	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Medical Incident and Apology Ordinance Dr. DENG Luo, Valeria, Dr. YEUNG Yuen Ching, Chloe, Dr. LAW Yuen Yan, Michelle	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Handling Complaint Cases in Consultations Dr. CHEUNG Man Ha	Ms. Cherry WONG Tel: 2589 2337
Thursday, 08 October 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Approach to Oligomenorrhoea Dr. XU Chunyan, Dr. NG Wing Hin	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 14 October 2026			
14:30 - 17:00	Rm5019, 5/F, Rehab Block, Tuen Mun Hospital	Approach to Breaking Bad News in Consultation Dr. CHEUNG Hoi Man, Dr. CHIU Hiu Fung	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Infection Control in General Practice Dr. NG Cheuk Man, Dr. MAK Ka Wai, Stephanie	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Cold Chain Management Dr. MAK Hoi Yan, Clement	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Community Services of DHC Dr. YOUNG James Haley, Dr. LEE Sheung Yim, Sharon, Dr. POON Chi Him	Ms. LiLi YUNG Tel: 5569 6405
Thursday, 15 October 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	The Frequent Attender: Therapeutic Contracts and Psychosocial Care Dr. LAM Ka Wai, Dr. CHEUK Tat Sang	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 21 October 2026			
14:30 - 17:00	Rm 5019, 5/F, Rehab Block, Tuen Mun Hospital	Shared Decision Making (SDM): Strategies for Presenting Evidence-based Options and Incorporating Patient Values into a Final Management Plan Dr. CHAN Ho Shuen, Dr. YOUNG Ki Tung	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Common Symptoms in Dermatology (2) (Pigmented Skin Lesion, Hair and Nail Problems) Dr. NG Joyce Hei Lam, Dr. HE Yuzhong	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Common Symptom Complaints-Dizziness Dr. WANG Luqian, Lucy	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Drug Management (DD, Vaccine, Dispensing and Prescription) Dr. WONG Ka Yan, Judy, Dr. CHEUNG Tsz King, Johnny, Dr. LAI Hei Lam, Helen	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Community Interventions to Address Health Inequities: Practice Wisdom from Health in Action Dr. CHING Tak Kwan, Joyce	Ms. Cherry WONG Tel: 2589 2337
Thursday, 22 October 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update on Management of Endocrine Disease with Cases Sharing - DM & Lipid Dr. KWOK Shan Lam, Dr. SUNG Cheuk Chung	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 28 October 2026			
14:30 - 17:00	7/F, Operating Theatre Block, Tuen Mun Hospital	How to Deliver Emergency Care Outside your Clinic Dr. FONG Lok Ki, Dr. HO Kwan Chun	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Management of Sleeping Disorder and Eating Disorder Dr. LAU Tsz Ying, Dr. YIP Ching Wing	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Updates in Basic Life Support Dr. FAN Yu Yan, Sally	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Alcohol and Drug Abuse Dr. NG Wang Ho, Rex, Dr. CHUI Wai Ting, Vivian, Dr. YAU Cheuk Ling, Cherry	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Journal Club I Dr. FUNG Yan Ning, Elaine, Dr. LEE Chun Ki, Dr. YAU Kwan Ming, Jeremy, Dr. TSE Ping Yu, Clarice	Ms. Cherry WONG Tel: 2589 2337
Thursday, 29 October 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach to Hand Tremor in Primary Care Dr. WANG Siqi, Dr. SZE Chung Fai	Ms. Eliza CHAN Tel: 2468 6813

The FP Links Committee
would like to thank all
readers, contributors, sponsors
and

the College Secretariat for their tremendous support.

Wishing you all

HAPPY MID-AUTUMN FESTIVAL



The FP Links Committee

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Sep	28	29	30 2:30 – 7:00 p.m. Structured Education Programme	1 Oct	2	3 2:30 – 5:30 p.m. DFM Module II Tutorial Session
4	5	6	7 2:30 – 7:00 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme	9	10 2:30 – 5:30 p.m. DFM Module IV Seminar
11 Conjoint Examination - CCE Rehearsal	12	13	14 2:30 – 7:00 p.m. Structured Education Programme 7:00 p.m. – 8:00 p.m. Basic Training Introductory Seminar (Hybrid)	15 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	16 8:00 p.m. Specialty Board Meeting	17
18	19	20	21 2:30 – 7:00 p.m. Structured Education Programme	22 4:00 – 6:00 p.m. Structured Education Programme	23 6:30 – 9:00 p.m. Dinner Symposium	24 1:00 – 4:00 p.m. Saturday Symposium 2:30 – 5:30 p.m. DFM Module V Workshop
25	26	27	28 2:30 – 7:00 p.m. Structured Education Programme	29 4:00 – 6:00 p.m. Structured Education Programme	30 2:30 – 3:30 p.m. Online Video Session	31 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2026
1 Nov Conjoint Examination - CCE Exam	2	3	4 2:30 – 7:00 p.m. Structured Education Programme	5 4:00 – 6:00 p.m. Structured Education Programme	6	7 2:30 – 5:30 p.m. DFM Module V Workshop

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



FP LINKS EDITORIAL BOARD 2026

Board Advisor :	Dr. Wendy Tsui	
Chief Editor :	Dr. Judy Cheng	
Deputy Editors :	Dr. Catherine Ng Dr. Anita Fan Dr. Natalie Siu	
Feature :	Dr. David Cheng Section Editor	Dr. Tam John Hugh Deputy Section Editor
News Corner :	Dr. Sze Hon Ho Section Editor	Dr. Rebecca Hou Deputy Section Editor
After Hours :	Dr. Gavin Sin Section Editor	Dr. Yip Tze Hung Deputy Section Editor
WONCA Express :	Dr. Will Leung Section Editor	Dr. Cheryl Chan Deputy Section Editor
Photo Gallery :	Dr. Maria Leung Section Editor	Dr. Christina Cheuk Deputy Section Editor
Board of Education News :	Dr. King Chan Section Editor	
The Diary of a Family Doctor :	Dr. John Wu Section Editor	Dr. Patrick Tsai Deputy Section Editor
Board Members :	Dr. Alvin Chan Dr. Heidi Fung Dr. Dorothy Law Dr. Eva Tsui Dr. Raymond Yeung	Dr. Chan Man Li Dr. Alfred Kwong Dr. Wanmie Leung Prof. Martin Wong

家庭醫生共聯繫



守護身心最到位

4th row (from left to right) : Dr. Patrick Tsai, Dr. Raymond Yeung, Dr. Chan Man Li, Dr. Alvin Chan, Dr. Alfred Kwong, Dr. Eva Tsui, Dr. Wanmie Leung
3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Judy Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Siu

Contact and Advertisement Enquiry

Tel: 2871 8899 Fax: 2866 0616 E-mail: FPLinks@hkcfp.org.hk

The Hong Kong College of Family Physicians

Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

@ hkcfp@hkcfp.org.hk



www.hkcfp.org.hk



2871 8899



Find us on: facebook.

To find out more, contact us: The Hong Kong College of Family Physicians

"Restricted to members of HKCFP. The views expressed in the Family Physicians Links represent personal view only and are not necessarily shared by the College or the publishers. Copyrights reserved."