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Message from the President

As highlighted in the 2025 Policy Address, social media has been recognised to have potential profound impacts on the physical, social, and psychological health of children and adolescents. (<https://www.policyaddress.gov.hk/2025/en/p234.html>)

In order to mitigate the harmful effects of inappropriate or improper use of social media by the younger age groups, the Department of Health has recently formed an Advisory Group on Health Effects of Screen and Social Media Use for Children and Adolescents, headed by Dr. CHUANG Shuk Kwan, JP, Consultant Community Medicine(Family and Student Health). A wide range of professional experts and representatives from clinical specialties, health care, social, academic, administrative, information technology, and cybersecurity sectors are invited to be part of the team. And I am most honoured to be invited as a member of this group. (https://www.studenthealth.gov.hk/english/internet/recommendations/membership_list.html) The work of this important advisory group is to focus on updating relevant guidelines to reduce the negative impact of social media on the health of children and adolescents. Please stay tuned for the final recommendations coming out from the Advisory group.

The Private Healthcare Facilities Ordinance (Cap. 633) was gazetted on 30 November 2018 to protect patient safety and rights through the introduction of a new regulatory regime for Private Healthcare Facilities. Subsequently, The Advisory Committee for Regulatory Standards for Private Healthcare Facilities

(Advisory Committee) was established in accordance with the Private Healthcare Facilities Ordinance with effect from 1 September, 2020. The Advisory Committee is chaired by Professor Raymond LIANG Hin-suen, SBS, JP, with a wide membership from the Hong Kong Academy of Medicine and its constituent Colleges, the Hospital Authority, and representatives from academia, private hospitals as well as registered medical practitioners' and registered dentists' associations. The Advisory Committee provides expert advice on matters relating to the regulation of private healthcare facilities. (https://www.orphf.gov.hk/en/regulatory_regime/advisory_committee) A recent communication from the Office for Regulation of Private Healthcare Facilities, Department of Health, has been issued to all doctors reminding that the application period of provisional clinic licences under the Private Healthcare Facilities Ordinance (Cap. 633) will end on 13 April 2026. Hence, all eligible operators are requested to submit their applications to obtain a provisional licence before the deadline. More details can be found in the letter to doctors issued on the website of the Office for Regulation of Private Healthcare Facilities: https://www.orphf.gov.hk/files/letter/Reminder_Deadline_for_Application_for_Provisional_Clinic_Licence.pdf



(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)

Congratulations to Dr. Donald Li who has been unanimously chosen by the Nominations and Awards Committee as the 2026 Wes Fabb Orator of the WONCA Asia-Pacific Regional Conference! The Wes Fabb Oration was established in 2002 in honour of Prof Wesley Earl Fabb, and is the highest distinction/award being given in the WONCA Asia-Pacific Region, recognising individuals with outstanding contributions to Family Medicine and General Practice through this prestigious oration.

The forthcoming WONCA Asia Pacific Regional Conference 2026 will take place at Iloilo, Philippines from 25th to 27th of March, 2026. Do mark your diaries and don't miss this great opportunity for exchanging and interacting with international colleagues!

Happy new year!

Dr. David V K CHAO

President

House Management Committee News

Important Update: SMS Sender ID(s) Successfully Registered for #HKCFP

Dear Members,

We are pleased to inform you that the College has successfully applied for SMS Sender ID(s) with the prefix “#”.

This means that any official SMS communications from the College will now display a Sender ID starting with “#”, ensuring authenticity and helping you easily identify messages from us.

Official Sender IDs include:

- **#HKCFP** (general College communications)
- **#HKCFPXYZ** – where **XYZ** refers to specific events or activities. For example:
 - **#HKCFPCME** (Continuing Medical Education)
 - **#HKCFPEXAM** (Examination-related notices)
 - **#HKCFPHKPCC** (Hong Kong Primary Care Conference)

Please note: These examples are not exhaustive; other event-specific IDs may also be used.

Security Tip:

Please do not click on links from unknown senders or messages that do not carry the official “#HKCFP” prefix. If in doubt, verify through the College’s official website or contact our support team via admin@hkcfp.org.hk.

How to Verify the SMS Sender:

You can confirm the legitimacy of the Sender ID by checking the official registry on the Office of the Communications Authority (OFCA) website: <https://app2.ofca.gov.hk/apps/ssrs/>

Simply enter the Sender ID (e.g., #HKCFP) in the search box to verify its registration.

Thank you for your attention and continued support.

Rescheduled HKCFP Annual Dinner (8 March 2026, Sunday)

The College's 48th Annual Dinner will be rescheduled to 8 March 2026, Sunday as follows:

Time : 6:30pm Annual Dinner Reception
7:00pm Chinese-style Dinner

Venue : Run Run Shaw Hall, 1/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

College Members, Fellows and their spouses are welcome to register for the Annual Dinner free of charge on a first come, first served basis until all the available seats are filled.

Complimentary transportation:

Circular coach service between Wong Chuk Hang MTR Station and HKAM Jockey Club Building would be provided during the below periods. Pre-registration is required and confirmation of complimentary transportation would be sent to individual registrant at a later stage.

Time	From	To
6:30 – 7:00pm	Wong Chuk Hang MTR Station	HKAM Jockey Club Building
According to the ending time of the dinner (Estimated time will be around 10:00pm)	HKAM Jockey Club Building	Wong Chuk Hang MTR Station

Registration

To register for the **Annual Dinner** and/or **complimentary transportation**, please scan the QR code and complete the registration on or before **23 February 2026 (Monday)**. Registration might be closed earlier when reaches its capacity.

Please contact the Secretariat by email to internal@hkcfp.org.hk or call 2871 8899 for assistance.



THE 40TH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST ANNOUNCEMENT

The Board of Conjoint Examination is pleased to announce the following information on the 40th Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2026.

(1) REQUIREMENTS AND ELIGIBILITY

CATEGORIES OF CANDIDATES:

(a) CATEGORY I CANDIDATES **MUST** be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP* at the time of application for the Examination and at the time of the Conjoint Examination. (*Documentary evidence is required with the application – including a valid RACGP number. All candidates are required to have renewed their RACGP membership for the year 2026/2027 on or before 31 July 2026. Failure to comply with the above may result in denial of admission to the Examination.)

CATEGORY I CANDIDATES are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the HKCFP College Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination. The two segments can be taken separately in any order, or at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2026, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2026, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees **MUST** submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

Please Note:

For Category I candidates who have enrolled in the vocational training program before 31 December 2018, they will remain eligible to apply for the FRACGP before 1 March 2027, provided all requirements for Fellowship are met. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).

All successful candidates applying for the award of the RACGP Fellowship will be subject to the decision of the RACGP.

(b) CATEGORY II CANDIDATES are doctors who

1. are FULLY registered with the Hong Kong Medical Council,
2. have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2026, provided that the experiences are within the most recent 10 years,
3. must be FULL OR ASSOCIATE members of HKCFP at the time of application for the Examination and at the time of the Fellowship Examination.
4. had enrolled and passed the Diploma in Family Medicine course organized by the HKCFP, or other equivalent subject to the approval of the Board of DFM, HKCFP.
5. had fulfilled the CME/CPD requirements by obtaining both 30 CME points and 10 CPD points accredited by the HKCFP each in the 2 consecutive years (i.e. 2024-2025).

Please Note:

Starting from 2024, Category II candidates, who are eligible to sit for our college exam, will only be awarded FHKCFP upon passing the exam, provided all HKCFP Fellowship requirements are met.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the required documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A.** Written Examination consists of
 - (i) Applied Knowledge Test (AKT), and
 - (ii) Key Feature Problems (KFP)
- B.** Clinical Examination
 - Clinical Competency Examination (CCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess an APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the APCLS certificate issued by the HKCFP, the dates of APCLS workshops & examinations for 2026 have been announced. If you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2026, please register AS EARLY AS POSSIBLE.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate must pass **both** the AKT **and** KFP segments in the Written Examination before one can proceed to the Clinical Competency Examination. Candidates who failed in one segment will be required to re-attempt only the failed segment. Successful Written Examination result can be retained for three years (counting from whenever the first segment is passed). If one fails to pass both segments in three years, one has to retake both segments.

The Clinical Competency Examination can only be taken after passing both segments of the Written Examination. If one fails the Clinical Competency Examination, all the clinical stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available at the College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **9 April 2026 (Thursday)**.

For both **CATEGORY I** or **CATEGORY II** CANDIDATES:

Application Fee : \$3,000 (Non-refundable)

Examination Fee :	- Full Examination (Written + Clinical)	\$48,000
	- Written Examination	
	• AKT	\$12,000
	• KFP	\$12,000
	- Clinical Examination	\$24,000

Please make the cheque payable to "**HKCFP Education Limited**". If a candidate applied for the Full Examination **but failed in the Written Examination, s/he will be automatically withdrawn from the Clinical Examination, and the Clinical Examination fee (\$24,000) would be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$48,000 (for the whole examination), \$12,000 (for AKT), \$12,000 (for KFP) or \$24,000 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

• 9 April 2026 (Thursday)	Closing Date for Applications
• 16 August 2026 (Sunday) (tentative)	Written Examination (KFP)
• 23 August 2026 (Sunday) (tentative)	Written Examination (AKT)
• Date to be confirmed	Clinical Examination (CCE)

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy all the requirements of the College(s) concerned.

Entry forms for the application of Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.

Dr. David VK CHAO
Co-Chairman
Board of Conjoint Examination

Dr. Welchie WK KO
Co-Chairman
Board of Conjoint Examination

Quality Assurance & Accreditation Committee News

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2025

Dear Members,

The credit point score of year 2025 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **20 February 2026 (Friday)**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2025** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2023-25**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2025 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **"Report on CME/CPD missing points from Pre-Accredited Activity"** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 20 February 2026 (Friday)

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying additional accreditation, please send a cheque payable to "HKCFP Education Ltd" **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. **Please ensure your mail items bear Sufficient Postage before posting.**

Please contact college secretary if you wish to pay by FPS.

Application Form and Supporting Documents can be submitted by post to above mentioned mailing address, **OR** by email to: cmeecd@hkcfp.org.hk

Please observe the application deadline as late application will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John MA and Ms. Iris IP at 2871-8899 or by email to cmeecd@hkcfp.org.hk.

Yours sincerely,

Dr. Li Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

[Important] Reciprocal Recognition of Quality Assurance and Continuing Professional Development (CPD) Programs Between HKCFP and RACGP for year 2025

Dear Members,

Members of the Royal Australian College of General Practitioners, who live and work in Hong Kong and fulfill HKCFP CME & CPD requirements, **may enroll with the RACGP QI&CPD Program by reciprocal recognition between the two programs and be deemed to fulfill their minimum requirements**. Please refer to below link for the RACGP Continuing Professional Development (CPD) Program for 2023-25 triennium:

<https://www.racgp.org.au/education/professional-development/cpd/2023-triennium>

Participants of the HKCFP Quality Assurance Program who have obtained at least 30 credit points, with no less than 10 CPD points **in year 2025**, may enroll with the RACGP CPD Program through this reciprocal arrangement and be deemed to fulfill their minimum requirements of the same year.

Please noted that as required by RACGP, doctors are required to take at least one CPR course in order to meet all the RACGP CPD requirements for the 2023 – 2025 triennium. You can refer to the below link for RACGP requirements for CPR Courses:

<https://www.racgp.org.au/FSDEDEV/media/documents/Running%20a%20practice/Practice%20standards/5th%20edition/FAQ-for-cardiopulmonary-resuscitation-CPR.pdf>

For RACGP members practising in Hong Kong, basic life support and advanced life support courses that include CPR provided by the organisations listed under International Liaison Committee on Resuscitation (ILCOR) will be accepted by RACGP. Website: <https://www.ilcor.org/about>

Please be reminded to send the CPR Certificate to cpd.national@racgp.org.au

Doctors who wish to enroll with the reciprocal arrangement for year 2025 should complete the form below and send it to the College Secretariat before **20 February 2026** with an administration fee of HK\$200 payable to "HKCFP Education Ltd" (Non-refundable). Please contact our college secretary if you wish to pay via FPS.

The application form can be downloaded at:

https://www.hkcfp.org.hk/upload/Documents/QA/2025_reciprocal_recognition_application_form.pdf

Please note that the reciprocal recognition is for the Program but not for each individual education activity. Only those who fulfill the CME & CPD requirements each year in **ALL THREE YEARS** plus **completion of one CPR Course** within the 3 years cycle, shall be deemed to fulfill all RACGP requirements for the 2023-2025 Triennium. RACGP also has the final authority of deciding whether their QI&CPD requirements are fulfilled.

For any enquiries, please feel free to contact Mr. John MA or Ms. Iris IP at 28718899 or by email to cmeecd@hkcfp.org.hk. Thank you.

Yours sincerely,

Dr. Li Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

JOIN
US!!!



Photographic trip to Tai O and the Big Buddha

大澳：漁村文化及排屋，大佛 攝影一日遊

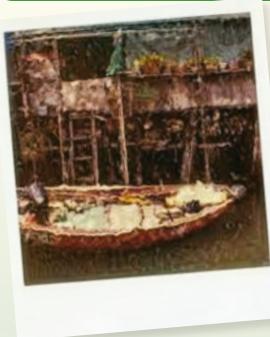
on 12 April 2026, Sunday

After a wonder lecture on urban landscapes in August 2025, HKCFP Photography Club is excited to announce that we will organize a one-day photographic trip to Tai O, and the Big Buddha. The trip has been postponed from 25 January to 12 April 2026 (Sunday) due to recent Tai Po fire incident.

We are very delighted to invite Mr. CHAK Kam Man (翟錦文老師), a renowned photographic teacher, to lead us to enjoy the beauty scenes of Tai O, and how to take good pictures on the unique features of Tai O Stilt Houses and the Big Buddha. Mr. CHAK studied in Japan during his youth, focusing on learning photography techniques. After returning to Hong Kong, he became a photography instructor with over 30 years of teaching experience. He is formerly the Photography Director at the Kwun Tong Vocational Training Centre, currently an instructor for the Photography and Digital Media Diploma Program in the Department of Design and Art at the YMCA Professional College. For the photographic activity, you can bring your own camera, or just your mobile phone! Mr. CHAK will also teach on some basic skills in using mobile phone app (Snapseed) for simple and fast photos editing.

The tentative itinerary of photographic trip:

09:00	Meet at To Fuk Road, Kowloon Tong
10:15	Arrive in Tai O (approx. 75 mins drive)
10:15 - 12:00	Tai O photography session
12:00 - 13:30	Lunch
13:30 - 14:00	Proceed to the Big Buddha (approx. 20 mins)
14:00 - 15:30	Big Buddha
15:30	Return trip
17:00	Disband at the same location



The fee includes round-trip transportation from Kowloon Tong to Tai O and the Big Buddha; as well as lunch in a local restaurant. Each member could go with spouse and the fee is **HK\$200 per person**. Please scan the below QR code for registration and the deadline is on **27 February 2026 (Friday)**. Payment can be made by a cheque to the secretariat office or via FPS. Due to limited vacancies, please register as soon as possible. Thank you!

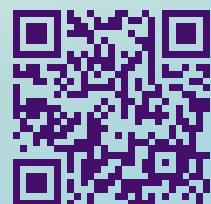
A maximum of 25 participants are welcomed and priority would be given to HKCFP members. Registration will be on first come, first served basis.

Should you have any enquiry, please contact Ms. Windy LAU by email to internal@hkcfp.org.hk or call 2871 8899.

Payment Method:

By cheque : Made payable to "HKCFP Education Limited" and return to the secretarial office (Room 803, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong)

By FPS : For local transaction only. Can pay through online banking. Secretarial staff will further email you once the e-debit note with payment details is ready.



QR CODE FOR
REGISTRATION

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Starting from 2025 onwards, please be reminded that all Basic Trainees are required to seek an authorized person (i.e. FM clinical supervisor) to endorse your annual checking via e-Training platform: <https://etraining.hkcfp.org.hk/#/login> on or before **2nd February 2026 (Monday)**. Late submissions **WILL NOT** be accepted.

Please find the ppt at: https://www.hkcfp.org.hk/Upload/Documents/BVTS/VTS_BT_Annual%20checking%202025_v5_for%20trainee.pdf

The training experience of 2025 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2028, please submit the application for higher training on or before **27th February 2026 (Friday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on **6th March 2026 (Friday)** for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information on our higher training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 6th March 2026 (Friday)

Time : 7:30 p.m.

Venue : Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wanchai

For registration, please fill up the form via scanning the QR code:



Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **27th February 2026 (Friday)**. Late submission **WILL NOT** be accepted.

The training experience of 2025 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **27th February 2026 (Friday)**.

Should you have any inquiries regarding vocational training, please feel free to contact Ms. Hannah Lok and Ms. Kathy Lai at 2871 8899 or email to BVTS@hkcfp.org.hk.

Board of Vocational Training & Standards, HKCFF

Discussion Corner: Wearable Medical Devices

Dr. John-Hugh TAM, Specialist in Family Medicine

I recall watching the classic science fiction series "Star Trek" during my childhood, and the scenes are still vivid in my memory. In one of the episodes, the science officer, Captain Spock, aboard the starship Enterprise, used a handheld device, the "Medical Tricorder", to scan himself and his teammates, effortlessly pressing a few buttons to instantly assess their health conditions. For a television series from the 1960s, this was a groundbreaking and purely imaginary concept. However, nowadays, we can personally experience these incredible technologies.

With the continuous development of technology, wearable medical & health devices have emerged as an important trend in the modern healthcare field. These smart devices combine technology and medicine, offering new possibilities for our health. Let's take a look at some examples of wearable medical devices and how they are changing our lives and health.



As a technology enthusiast, I switched to a smartwatch a few years ago, abandoning traditional mechanical watches. In daily life, smart bands/watches not only track our steps and physical activity but also measure indicators such as heart rate, blood pressure, and sleep quality. Through smartphone applications, we can check our health data anytime and better understand our physical condition. Some smartwatches even provide basic electrocardiogram (ECG) functionality. For those who are concerned about fitness and health, this device is indispensable.

For diabetic patients, continuous glucose monitors (CGMs) are devices that can monitor sugar levels in real-time and

provide immediate feedback and suggestions through smartphone applications. Through the data collected from the CGM sensors attached to the skin, the glucose level within the interstitial fluid would be measured. This not only helps patients better control their blood sugar but also reminds them to administer insulin or adjust their diet promptly. CGMs are particularly suitable for individuals who require long-term blood sugar monitoring.

Wearable heart rate monitors can continuously monitor our heart rhythm and emit alerts when abnormalities occur. In addition to being valuable for athletes, this device can provide valuable health warnings for individuals at risk of heart disease, promptly notifying them to seek medical attention. For patients already diagnosed with arrhythmias, this device is particularly useful as it offers long-term monitoring capabilities.

In addition to the mentioned devices, there are many other types of wearable medical devices, such as sleep monitors, respiratory monitors, fall detectors, and more. These devices provide us with additional care and convenience for our health through their unique functions and purposes.

The advantages of wearable medical devices in clinical settings are undoubtedly clear. They provide health monitoring data that helps doctors understand patients' conditions, prevent diseases, improve medical efficiency, and may offer users personalised health recommendations to enhance the quality of life, opening possibilities in daily and clinical applications in health and safety monitoring, chronic disease management, disease diagnosis and treatment, and rehabilitation. However, wearable medical devices may also have some limitations. Despite significant advancements in measurement technology, there can still be a certain degree of error. For example, in the case of heart rate monitoring, if the device is worn too loosely (e.g. which may happen for older models using chest straps), it may occasionally display inaccurate heart rate readings. Similarly, there were studies suggesting for smartwatches and portable health devices that can perform blood pressure measurements, their readings are unlikely to be as accurate as those from traditional blood pressure monitors.

In the case of continuous glucose monitors (CGMs), even though they provide a more convenient alternative to the traditional "finger-prick" method for blood glucose testing, there can still be a time lag in detecting the

interstitial fluid glucose levels compared to direct blood measurements, especially during rapid fluctuations such as intense physical activity and after meals. This time lag can vary depending on individual patient factors such as variations in subcutaneous fat thickness and may typically range from a few minutes up to around 20 minutes. Therefore, careful consideration of these results and integration of traditional laboratory testing and clinical observations are necessary when evaluating the data to make accurate judgments.

In addition, with the increase in the handling of data, there are also challenges in data management and privacy protection. How to securely store, transmit, and analyse this data has become an important issue that requires the establishment of corresponding policies and regulations to protect patient privacy.

The popularity and adoption rate of wearable medical devices are also worth considering. Despite the technical maturity of these devices, patient cooperation and willingness to use them remain a barrier in practical applications. Some patients may have reservations about new technologies and may have doubts or confusion regarding the use of wearable devices. Additionally, the pricing and affordability of these products can also influence user willingness. Furthermore, some patients may be unwilling to wear these devices for an extended period due to inconvenience or discomfort. Therefore, manufacturers may need to input greater efforts into product designs and usage promotion to make them more user-friendly, along with reconsideration of market positioning to increase public acceptance of these devices.

Another issue that needs attention is the reliability and durability of wearable medical devices. As these devices need to be worn for extended periods and endure various daily activities and environments, their reliability and durability are crucial. If these devices are prone to wear and tear or dysfunction, it can have a negative impact on clinicians' medical judgment and patient care. Therefore, when selecting wearable medical devices, we need to consider their quality and reliability and opt for products with a good reputation and proven track record.

In conclusion, wearable medical devices play an important role in modern healthcare by providing valuable data and personalised health management. However, we should also acknowledge the issues associated with these devices, such as data accuracy, privacy protection, and user willingness. Through technological innovation, policy support, and public education, we can maximise the potential of wearable medical devices and bring more benefits to public health. We should look forward to future

technological advancements that can further improve the accuracy and reliability of these devices, bringing greater benefits to our health.

Conflict of interest: None declared

Reference

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Oral GLP-1 Agonist, our future in treatment of Obesity and Diabetes?

On 16th September 2025, a phase 3 clinical trial of oral glucagon like peptide-1 (GLP-1) receptor agonist, ATTAIN-1 trial, was published in New England Journal of Medicine.

In this Phase 3, multinational, randomized, double-blind trial, safety and efficacy of orforglipron at 6 mg, 12 mg and 36 mg were compared with placebo, as an adjunct to healthy diet and physical activity for 72 weeks.

A total of 3127 patients were recruited, all patients had obesity without diabetes mellitus. At the end of the study, patient reduced ~7.5%, ~8.4%, ~11.2% of baseline body weight compared with ~2.1% with placebo. Baseline body weight was 103.2 kg with BMI 37.0. Apart from body weight, waist circumference from average baseline of 112.4 cm was also reduced ~7.1 cm, 8.2 cm, 10.1 cm respectively compare with ~3.1 cm with placebo. Mean non-HDL cholesterol was reduced ranging from 5.4-7.7% compare with 1.9% with placebo. Mean triglyceride was reduced ranging from 10.4%-20.2% compared with 3.8% with placebo.

Concerning safety profile, orforglipron in ATTAIN-1 was consistent with established GLP-1 receptor agonist class, most commonly reported adverse events were gastrointestinal upset. Nausea was reported in 28.9% -

33.7% vs 10.4% with placebo, constipation 21.7 – 29.8% vs 9.3% with placebo, diarrhea 21-23.1% vs 9.6% with placebo, vomiting 13-24% vs 3.5% with placebo.

For diabetic patients, the ATTAIN-2 trial evaluated orforglipron in adults with obesity or overweight who also had type 2 diabetes. This study with a smaller size of over 1600 participants with baseline glycated hemoglobin level of 8.1%, baseline body weight of 101.4 kg. Orforglipron showed a reduction in HbA1c of 1.3 - 1.8% vs 0.1 with placebo and weight reduction of 5.5%-10.5% vs 2.2% with placebo.

There are also studies of orforglipron focusing on patients with diabetes and compared with placebo, and dapagliflozin. In the ACHIEVE-2 study, orforglipron reduce A1c by 1.2 – 1.6% vs 0.8% with dapagliflozin (Baseline A1c 8.1%). In the ACHIEVE-5 study, it reduce A1c 1.6-1.9% vs 0.8% with placebo (with titrate insulin glargine, baseline A1c 8.5%).

Despite the promising results above, it is not yet available in the market. The pharmaceutical company planned to submit for regulatory review to the Food and Drug Administration of United States of America in end of 2025 for obesity and for diabetes in 2026.

Compiled by Dr. Sam Yip

"Submissions of articles to News Corner with up to 500 words are always welcome.
Options of College Souvenirs or Gift vouchers will be given as a token of appreciation for good works if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk"

READERSHIP DRIVE

Congratulations! The returns from the following doctors have been selected for December 2025 issue:

Dr. KAM Cheuk Wai, Dr. LEE Fook Kay Aaron, Dr. YU Yi Fung

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation.

You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977M18>

FP Links also need your support through submissions to our various columns:

Feature / Family Doctors Column / News Corner / The Diary of a Family Doctor / After Hours .

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation



Hong Kong Primary Care Conference 2026

“Overcoming Challenges for Sustainable Primary Care: Innovation, Collaboration and Leadership”

26th – 28th July 2026 (Friday – Sunday)

Time flies and it is once again our great pleasure to announce that the Hong Kong Primary Care Conference (HKPCC) 2026, will be held from 26th to 28th June 2026 at the Hong Kong Academy of Medicine Jockey Club Building in Aberdeen, Hong Kong.

This year's theme, “Overcoming Challenges for Sustainable Primary Care: Innovation, Collaboration, and Leadership” could not be more timely. Hong Kong's healthcare system continues to face mounting pressures - an aging population, the rising prevalence of chronic diseases, workforce shortages among doctors and nurses, and an overstretched public sector. These challenges underscore the urgent need for systemic reform, optimal resource allocation and a more holistic approach to healthcare. In response, the Government has demonstrated a strong commitment to healthcare transformation by shifting the focus from a hospital-based, curative model to a community-oriented, preventive care framework as outlined in the Primary Care Blueprint. A key reform initiative is the promotion of the “Family Doctor for All” concept, supported by the Chronic Disease Co-Care (CDCC) Pilot Scheme launched in 2023. This initiative aims to establish a family doctor system, with District Health Centers (DHCs) serving as community hubs to reinforce the primary healthcare network. Family doctors are the cornerstone of primary healthcare, providing community-based, continuous care that adapts to our patients' changing needs. Through innovation, interdisciplinary collaboration, and effective leadership, they are leading the charge towards sustainable, high quality primary care capable of meeting rising demands and complex challenges.

The HKPCC has long been a hallmark event for academic exchange, professional networking, and innovation in primary care. Join us again to get the latest insights in family medicine and primary healthcare through a rich and well-curated scientific program featuring inspiring plenary lectures, interactive forums, hands-on workshops, and engaging seminars. We warmly invite you to submit abstracts for our upcoming full research paper, free paper, and clinical case competitions. Additional details, including submission guidelines and key dates will be shared soon. Stay tuned for more updates and exciting surprises to come!

We look forward to welcoming you all for another insightful and inspiring experience.

Sincerely yours,



Dr. Lorna Ng
Chairlady, Organising Committee
Hong Kong Primary Care Conference 2026

The HKCFP Awards for the Best Research and Best Trainee Research of 2025

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2025. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following 'The HKCFP Award for the Best Research', the Research Committee is pleased to organize an additional award, 'The HKCFP Award for the Best Trainee Research', specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2026.

Please note that each applicant can only apply either one of the above Awards

Entry and assessment criteria are listed below.

Entry Criteria:

For Best Research Paper:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should have been conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

For Best Trainee Research Paper:

1. *The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.*
2. *For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.*
3. *The research must be original work of the investigator(s).*
4. *The research should have been conducted in Hong Kong.*
5. *The research must have been completed.*
6. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. "The HKCFP Award for the Best Research of 2025" or "The HKCFP Award for the Best Trainee Research of 2025", on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong;
Or, **by email** to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 27 March 2026

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2026

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **27 March 2026**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund

The Diary of a Family Doctor【家庭醫生的日常】

《對自己的態度》

洗銘全醫生

52 歲男士，過來評估長期頭暈。電腦記錄顯示他曾被診斷為身心症 (somatization disorder)。他試過無數精神科藥物，受不了副作用，也被要求入院調教藥物，最後決定放棄藥物。記錄也提到他遍尋各種醫療意見 (doctor-shopping)。

他兩年半前在健身室突然暈倒，頭部輕微碰撞，沒有腦部出血。心臟檢查亦正常。幾天後開始出現頭暈、頭痛、心悸。之後頭暈斷續出現，從未消失。可以做的頭、頸、心臟造影都做了，全都正常。

男 士：「入咗幾次院，邊度可以搞咁耐呀？」

我：「搞耐咗有咩問題呢？」

男 士：「嗰陣阿媽又中咗 COVID，老實又腦退化。要睇住佢哋。我入院嗰陣阿嫲又過咗身，我係佢監護人。」

男士單身，和父母同住。他一個人背起了上兩代。

我：「但你成日暈都幫身邊人做好多啲嘅，又睇住佢哋。」

男 士：「係呀，阿嫲暈身後事我出院繼續搞囉。」

我：「其實呢種好難形容嘅暈，都係一種驚恐暈形態。驚恐最重要暈概念係乜嘢？就係要面對同感受佢。」

男 士：「我都有努力改變㗎啦，放低好多，成日都有練靜觀、meditation，但都未得。」

我：「你方向都啱，不過就爭個態度。」

男 士：「咩態度？」

我：「回應身體嘅種態度。你最想都係盡快去返自己心目中想嘅方向同角色，但身體就提醒你，唔好咁驕傲。呢啲暈嘅感覺其實係身體提醒緊你要休息，面對返自己，唔係永遠付出比其他人。」

男 士若有所思：「咁醫生你不如講吓我應該點做？」

我：「第一，唔好期望暈要消失。第二，每次有暈嘅出現，首先多謝佢。真係心裏面講出嚟。然後先提醒自己感受佢，跟住再做放鬆練習。要記住個次序。你肯做，身體亦都會識做。」

男 士：「你講中晒我入面嘅感覺。希望下次見返你嘅時候我有進步。」

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

Meeting Highlights

45th Annual Refresher Course (ARC) 2025

8th session on 11 December 2025

Dr. CHIA Seng Hup, Brendan, Senior Consultant, Radiation Oncology, Raffles Cancer Centre, Singapore, delivered a lecture on "Unlocking Early Cancer Detection in General Practice".



A screenshot taken on 11 December 2025 Dr. TSUI Hing Sing, Robert (left, Moderator) and Dr. CHIA Seng Hup, Brendan (right, Speaker).

9th session on 14 December 2025

Dr. TAM Ho Kee, Vicki, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "Discovering Diabetic Kidney Disease - Unravelling the Mysteries Behind DKD" and Dr. POON Ka Yan, Clara, Specialist in Nephrology, delivered a lecture on "Personalizing DKD Management by Illuminating Multiple Treatment Pathways".



Dr. CHEN Xiao Rui, Catherine (left, Moderator) presenting a souvenir to Dr. TAM Ho Kee, Vicki (right, Speaker).



Dr. CHEN Xiao Rui, Catherine (left, Moderator) presenting a souvenir to Dr. POON Ka Yan, Clara (right, Speaker).

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please observe appropriate dress code to the hotel for the Scientific Meeting.

Online Monthly Video Sessions

Dates and Time	Topics
30 January 2026 (Fri) 2:30 – 3:30 p.m.	“Hypertension Management of Patient with Cardiometabolic Comorbidities: Moving from A Disease-Centered to A Patient-Centered Approach” by Dr. TAM Kin Ming
27 February 2026 (Fri) 2:30 – 3:30 p.m.	“New solution for Metabolic Syndromes Management: Metabolic Health Benefits of Fiber” by Dr. CHOW Yee Kwan, Elaine

QR Codes for registration

30 January 2026 (Fri)	27 February 2026 (Fri)
	

Accreditation : 1 CME Point HKCFP [Cat. 4.2]
1 CME Point MCHK [pending]

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
	<ol style="list-style-type: none"> 1. In case of over-subscription, the organizer reserves the right of final decision to accept registration. 2. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. 3. Please note you can just attend ONE CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). 4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) 6. Please be reminded to check the system requirements beforehand to avoid any connection issues. 7. Due to copyright issue, please note private recording of the lecture is prohibited. 8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 04 February 2026			
14:30 - 17:00	SB1036, 1/F, Special Block, Tuen Mun Hospital	HKCFM Training Requirement: Conjoint Exam (Part 1) Dr. CHUNG Wing	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	How to Break Bad News Dr. NG Joyce Hei Lam, Dr. LAU Kwan Ho	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Anxiety Disorder (OCD, PTSD and Psychological Therapy) Dr. LUI Yin Mei, Catherine, Dr. CHENG Yuet Kiu, Ada, Dr. LEE Ka Long, Aaron	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Trainee Feedback - Review on Contents of Family Medicine Dr. LO Yan Yeung Vincent, Dr. LIU Lok Wan Christy, Dr. TSE Ping Yu Clarice, Dr. LO Ching On, Dr. YAU Kwan Ming, Jeremy, Dr. TONG Tin Yan, Emily	Ms. Cherry WONG Tel: 2589 2337
Thursday, 05 February 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Psychiatry Disease with Cases Sharing - Anxiety, Depression & Psychosis Dr. LEE Wai Chun, Dr. TSANG Kam Wah	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 11 February 2026			
14:30 - 17:00	Rm T352, 3/F, OT Block, Tuen Mun Hospital	Update Dementia and Related Problems: How to Assess and Manage? Dr. CHAN Cheuk Sing, Dr. LEE Jian Yi	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Disinfection: Procedures and Equipment in Clinic Setting Dr. LAU Tsz Ying, Dr. CHAN Hoi Lam, Letty	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	GP Training in Palliative Care Dr. YUNG Lok Yee, Louise, Dr. CHAN Cheuk Lam, Phoebe, Dr. NG Wai Chung, Ben	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Emergency Drill for Seizure Patient in Out-Patient Clinic Dr. HOU Bajing	Ms. Cherry WONG Tel: 2589 2337
Thursday, 12 February 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Recognizing and Managing Reproductive Organ Malignancies in Primary Care: Case-based Approach and Best Practices Dr. TAM Chin Yui, Dr. TANG Kin Sze	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 25 February 2026			
14:30 - 17:00	Rm5019, 5/F, Rehab Block, Tuen Mun Hospital	Health Screening: Pap Smear and Cervical Cancer Prevention Dr. FUNG Hoi Yin	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Abdomen and Video Consultation) Dr. FENG Jun Marc, Dr. ZHANG Wenhao, Fred	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Lifestyle Medicine Dr. WONG Wing Kwan, Leo, Dr. CHAN Hei Wai, Venus, Dr. YAU Cheuk Ling, Cherry	Ms. LiLi YUNG Tel: 5569 6405
Wednesday, 26 February 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Preventing Liver Cancer: The Role of Family Medicine Doctors in HBV Screening, Vaccination, and Early Intervention Dr. XU Chunyan, Dr. LAM Kang	Ms. Eliza CHAN Tel: 2468 6813

樂 欢 新 年

香 港 家 庭 醫 學 學 院

2026
丙午年



全人恭賀

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Jan	26	27 <i>9:00 p.m.</i> <i>Board of DFM Meeting</i>	28 <i>2:30 – 7:00 p.m.</i> <i>Structured Education Programme</i>	29 <i>4:00 – 6:00 p.m.</i> <i>Structured Education Programme</i>	30 <i>2:30 – 3:30 p.m.</i> <i>Online Video Session</i>	31 <i>2:30 – 5:30 p.m.</i> <i>DFM Consultation Skills Workshop II</i>
1 Feb	2	3 <i>12:00 – 6:30 p.m.</i> <i>APCLS Training Course</i>	4 <i>2:30 – 7:00 p.m.</i> <i>Structured Education Programme</i>	5 <i>4:00 – 6:00 p.m.</i> <i>Structured Education Programme</i> <i>6:00 p.m.</i> <i>Exit Exam Research Forum</i>	6 <i>6:00 p.m.</i> <i>Exit Exam Clinical Audit Forum</i>	7 <i>2:30 – 5:00 p.m.</i> <i>DFM FM Clinical Skills Enhancement</i>
8	9	10	11 <i>2:30 – 7:00 p.m.</i> <i>Structured Education Programme</i>	12 <i>4:00 – 6:00 p.m.</i> <i>Structured Education Programme</i>	13	14
15	16	17	18	19	20	21
22	23	24	25 <i>2:30 – 7:00 p.m.</i> <i>Structured Education Programme</i>	26 <i>4:00 – 6:00 p.m.</i> <i>Structured Education Programme</i> <i>8:30 – 11:30 p.m.</i> <i>HKCFP Council Meeting</i>	27 <i>2:30 – 3:30 p.m.</i> <i>Online Video Session</i>	28 <i>2:30 – 5:00 p.m.</i> <i>DFM FM Clinical Skills Enhancement</i>
1 Mar	2	3	4 <i>2:30 – 7:00 p.m.</i> <i>Structured Education Programme</i>	5 <i>4:00 – 6:00 p.m.</i> <i>Structured Education Programme</i>	6 <i>7:30 p.m.</i> <i>Higher Training Introductory Seminar</i>	7 <i>2:30 – 5:00 p.m.</i> <i>DFM FM Clinical Skills Enhancement</i>

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
 Green : Community & Structured Education Programmes
 Purple : College Activities



FP LINKS EDITORIAL BOARD 2026

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4th row (from left to right) : Dr. Patrick Tsai, Dr. Raymond Yeung, Dr. Chan Man Li, Dr. Alfred Kwong, Dr. Eva Tsui, Dr. Patrick Ng, Dr. Wannie Leung
 3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
 2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
 1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Judy Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Siu

Contact and Advertisement Enquiry

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The Hong Kong College of Family Physicians

Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

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