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Message from the President



Congratulations to the new Fellows of HKAM (Family Medicine) pictured here with HKCFP President Dr. David Chao!

The Hong Kong Academy of Medicine's (HKAM) Annual Fellowship Conferment Ceremony 2024 was held right after the Annual General Meeting on 6th December. As in the previous years, the President of HKAM had given an opening speech to kick start the occasion. This year, Professor Gilberto Leung, delivered his speech for the last time as President of the Academy as he was to complete his second term in office. He thanked all the Colleges and the Academy staff for the great support rendered during his Presidency. In fact, the feelings were mutual, we were all very grateful to have Professor Leung as our Academy's President over the last few years, going through the thick and thin with us all especially during the COVID-19 pandemic years. Thank you Gilberto! We wish you all the best in your future endeavours.

The David Todd Oration took place right after the Academy's conferment ceremony. This year, we had the great privilege to have Professor Grace Wai-king Tang, Chairman of The Medical Council of Hong Kong, and Academy's Past President (2004 – 2008)

and Honorary Fellow of the HKAM as the Orator. Her Oration was entitled, 'Changing Landscape of Medicine in Hong Kong'. Professor Tang shared with us her insights into the development of Medicine in Hong Kong over the last century, from undergraduate to postgraduate medical education, training, and professional development. Professor Tang brought up the topic of over-specialisation and subspecialisation over the years, and queried if that trend would be beneficial for all concerned. There is indeed food for thought for us all to ponder upon.



Platform party of HKAM Conferment Ceremony

(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)



Photo of members singing together on the stage

The Annual General Meetings (AGMs) of the Hong Kong College of Family Physicians also took place in

early December as in the previous years. The annual reports of the HKCFP were adopted at the AGMs and the appointments of office bearers for a new Council term were approved also. As traditions go, we held the HKCFP Annual Dinner right after the AGMs at the HKAM building. We had hosted over 200 guests including members, Fellows, and their spouses for a Chinese dinner. We all had a great time meeting up with new friends and old acquaintances. Thank you for all your support.

As we are approaching Christmas, I wish you all a very Merry Christmas and a very Happy New Year ahead!

Dr. David V K CHAO
President

MERRY *Christmas* and happy new year



The Composition of HKCFP Council 2024 – 2025

Following the 47th HKCFP Annual General Meeting and the 508th Council meeting on Sunday, 8th December 2024, the following Executives and Council Members were elected:

Dr. David VK CHAO
Prof. Samuel YS WONG
Dr. Cecilia YM FAN
Dr. Billy CF CHIU
Dr. Catherine XR CHEN
Dr. HO Ka Ming
Dr. Maria KW LEUNG
Dr. LI Yim Chu
Dr. Matthew MH LUK

President
Vice-President (Education and Examinations)
Honorary Secretary
Honorary Treasurer
Council Member
Council Member
Council Member
Council Member

Congratulations. We extend our hearty welcome to the above candidates.



Photo of HKCFP Executives on stage during the AGMs.
(From left to right: Dr. Cecilia FAN, Dr. LAU Ho Lim, Dr. David CHAO, Prof. Samuel WONG & Dr. Billy CHIU)



Photo of the floor
Fellows and Members attending the HKCFP AGMs.

The Composition of the Council 2024 – 2025 is as follows:

President	Dr. David VK CHAO	
Vice-President (General Affairs)	Dr. LAU Ho Lim	
Vice-President (Education & Examinations)	Prof. Samuel YS WONG	
Honorary Secretary	Dr. Cecilia YM FAN	
Honorary Treasurer	Dr. Billy CF CHIU	
Immediate Past President	Dr. Angus MW CHAN	
Council Members	Dr. Simon CL AU	Dr. Matthew MH LUK
	Dr. CHAN Hung Chiu	Dr. Lorna V NG
	Dr. King KH CHAN	Dr. NGAN Po Lun
	Dr. Catherine XR CHEN	Dr. Wendy WS TSUI
	Dr. Peter A FOK	Dr. Marcus MS WONG
	Dr. Ken KM HO	Prof. Samuel YS WONG
	Dr. Welchie WK KO	Dr. YIU Yuk Kwan
	Dr. Maria KW LEUNG	Dr. Esther YT YU
	Dr. LI Yim Chu	
Board of Censors	Prof. Cindy LK LAM (<i>Chief Censor</i>)	
	Dr. Stephen KS FOO	
	Prof. Donald KT LI	

Mr. Anthony WK CHOW has been re-appointed as **Honorary Legal Advisor** and **Mr. Jasper KM MA** has been appointed as **Honorary Auditor**.

The Council would like to thank **Dr. Eric HUI** and the former Honorary Auditor **Mr. CF CHEUNG** for their valuable contributions to the College in the past years.

The Chairperson of the various Boards and Committees 2024 - 2025 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination	Dr. CHAN Hung Chiu
Board of Diploma in Family Medicine	Dr. Simon CL AU
Board of Education	Dr. CHAN King Hong
Board of Professional Development and Services	Dr. LAU Ho Lim
Board of Vocational Training & Standards	Dr. YIU Yuk Kwan
Editorial Board	Dr. David VK CHAO
Specialty Board	Dr. Wendy WS TSUI
Board of Censor	Prof. Cindy LK LAM (<i>Chief Censor</i>)
	Dr. Stephen KS FOO
	Prof. Donald KT LI

Chairmen of Various Committees

Business Management Committee	Dr. Billy CF CHIU
Education Committee (AM affairs)	Prof. Samuel YS WONG
External Affairs Committee	Dr. David VK CHAO
Finance Committee	Dr. Billy CF CHIU
FP links Committee	Dr. Wendy WS TSUI
Hong Kong Primary Care Conference	Dr. Lorna V NG
House Management Committee	Dr. LAU Ho Lim
Internal Affairs Committee	Dr. Welchie WK KO
Membership Committee	Dr. Maria KW LEUNG
Public Education Committee	Dr. NGAN Po Lun
Quality Assurance & Accreditation Committee	Dr. LI Yim Chu
Research Committee	Prof. Samuel YS WONG
Web and Computer Committee	Dr. Matthew MH LUK
Young Doctors Committee	Dr. Esther YT YU (Co-Chair)
	Dr. CHAN Lam (Co-Chair)

Dr. Cecilia YM FAN
Honorary Secretary

HKCFP Council Announcement

WONCA Asia Pacific Regional Conference 2025 24 - 27 April 2025 (Thursday – Sunday)

BPEX (Busan Port International Exhibition & Convention Center), Busan, Korea

Dear Members,

WONCA Asia Pacific Regional Conference 2025 would take place from 24 – 27 April 2025 plus the Young Doctor Pre-conference on 23 April 2025 in Busan, Korea.

The College Council has decided to grant sponsorship with **a total fund of a maximum of HK\$ 80,000.00 to PARTIALLY sponsor members (including trainees)** to attend the Conference. Members with presentation(s) would be considered a priority. By the successful granting, the applicants shall agree to -

- (a) acknowledge the College in all of your Presentation materials, such as PowerPoints, Posters etc;
- (b) uphold and promote to the best of your ability the aims and objectives of the College;
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College;
- (d) take part in the College's official functions if any during the Conference;
- (e) submit a written report (>800 words) with photos within one month after the conference;
- (f) submit all the official receipts and the related bank statement (if applicable) for reimbursement within two months after the conference.

The sponsorship is open to all members and first-come-first-served. All decisions shall be subject to the final approval of the Council. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by **27 January 2025 (Monday)**.

The following are some important dates of the conference for your reference. For further and updated information please visit the Conference official website at <https://www.woncaap2025.org/>

- Earlybird Registration Deadline: 31 December, 2024
- Abstract Submission Deadline (extended): 28 December 2024
- Young Doctor Pre-conference: 23 April 2025
- WONCA Asia Pacific Regional Conference 2025: 24 – 27 April 2025

Should you need any assistance, please contact Ms Erica So or Mr Roy Leung at 2871 8899 or email to admin@hkcfp.org.hk.

Thanks,

Dr. Cecilia FAN
Honorary Secretary

The Diary of a Family Doctor 【家庭醫生的日常】

「孑然一身自在遊」 李淑儀醫生

今天遇見了一件我行醫多年亦沒有見過的趣事，有一位89歲的男病人，我對他說：「明年你已經到了90歲，現在有這樣的身體狀態真的是十分好.....」。

你猜猜他怎樣回答我！他說：「醫生，原來我已經那麼老了，我都已經忘記了自己年歲，我感到70歲才是昨天的事，現在已經89歲？時間是過得那麼的快啊？」

我對他說：「你真是可愛，我行醫多年，從沒有一個老友記病人，好像你對我說出這樣的說話。每位病人都問我何時可以死、心想早點死，因為他們感到度日如年，你卻是快活不知時日過，為什麼？」

他說：「我經常去旅行，即使沒有旅伴，獨自一個也會去。」

我問他說：「你是否參加旅行團？」

他回答：「我是孤身一人，不會隨旅行團。我喜歡乘搭通宵車，這樣可以節省一晚的旅館費用，我去到哪兒就玩

到哪兒，而且我會選擇便宜的酒店住宿，跟著前往酒店附近周圍逛逛看看，欣賞著美景如畫的時候，我就忘卻了自己的年歲了！」

當然每個人都都希望老，但時日催人老，趁我們還有時間，應該好好珍惜每一樣的人和事，保持心境平安和喜樂，每天感恩自己還存在這世上，可以事奉主或人，盡情享受美好的人生。年紀不是問題，俗語說得好：「快活不知時日過」，其實，應該不是旅行使這位病人比實際年齡年輕，而是他童心未泯的心態令他找到自己的興趣（經常獨自旅行），他知道自己需要什麼，而經濟上又可以負擔得來，每日開心地做自己喜歡的事，享受生活的樂趣，感受生活的充實，自然不會覺得自己已經歲月已逝了。

願我們每人都能發展個人興趣，讓它成為不老的妙藥！

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

Membership Committee News

HKCFP Membership Annual Subscription 2025 Announcement

Dear College Members,

Please note the following annual membership subscription fees will be effective from 1st January 2025.

- Fellow Member: HK\$ 1,930.00
- Full Member: HK\$ 1,400.00
- Associate Member: HK\$ 1,400.00
- Affiliate Member: HK\$ 730.00
- Non-HKSAR Fellow Member: HK\$ 1,330.00
- Non-HKSAR Member: HK\$ 730.00
- Student Member: HK\$ 200.00

Also, a 10% early bird/ e-Payment discount will be applied if the annual subscription 2025 is settled by the specified dates.

Please refer to the following important dates and reminder:

- Early Bird Discounted Rate** - by any accepted payment method, including Autopay, Cheque (*according to postal mark*), Cash, PayPal or FPS轉數快 on or before 28th February 2025
- e-Payment Discounted Rate Extended** - paid by PayPal or FPS轉數快 on or before 30th April 2025.
- Normal Rate** - from 1st March 2025 to 30th June 2025
- Cut-off Date of Membership Renewal** - 30th June 2025
- Effective Date of Termination** - date-back from 1st January 2025

Notes to different payment method:

- Autopay**
 - Payment through existing autopay account will be proceeded by the Secretariat on or before 28th February 2025.
 - If you wish to set up the autopay account, please contact the Secretariat not later than 31st December 2024.
- Cheque**
 - Cheque should be made payable to **"The Hong Kong College of Family Physicians"**. Post-dated and incorrect cheque are not accepted.
- FPS轉數快**
 - It is available for local bank account holders only.
- PayPal**
 - Members please login to your membership profile for accessing the PayPal gateway. (Please refer to this link "https://www.hkcfp.org.hk/upload/Documents/others/Demonstraton_of_Paypal_Payment_2020.pdf" for detailed instructions.)

Debit Note and Receipt

Members please refer to the Debit Note of Annual Subscription 2025 delivered to your correspondence address by mid-December 2024 for detailed instructions.

Members can also login the College website through the Member Area at <https://www.hkcfp.org.hk/login.aspx> to retrieve your copies of debit note and receipt (if available).

Should you have any inquiries, please do not hesitate to contact the Secretariat by phone to 2871 8899 or email membership@hkcfp.org.hk.

Thank you for your continuing support to the College.

Dr. Maria KW LEUNG
Chairlady
Membership Committee

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **5th February 2025 (Wednesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2024 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

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Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2027, please submit the application for higher training on or before **28th February 2025 (Tuesday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

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Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on **4th March 2025 (Tuesday)** for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information on our higher training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 4th March 2025 (Tuesday)

Time : 7:00 p.m.

Venue : Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wanchai

For registration, please fill up the form via scanning the QR code:

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Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **28th February 2025 (Friday)**. Late submission **WILL NOT** be accepted.

The training experience of 2024 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28th February 2025 (Friday)**.

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Should you have any inquiries regarding vocational training, please feel free to contact Ms. Hannah Lok and Ms. Kathy Lai at 2871 8899 or email to BVTS@hkcfp.org.hk.

Board of Vocational Training & Standards, HKCFP

Board of Conjoint Examination News

Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates have passed the clinical segment of the 38th Conjoint Examination 2024.

Dr. Chan Ka Wing	Dr. Ip Alvina	Dr. Ma Ka Yee	Dr. Wong Ho Ching
Dr. Chan Sze Ling	Dr. Kwan Chun Yin	Dr. Ng Sin Yu	Dr. Wong Yin Sum
Dr. Cheung Ada See Wai	Dr. Lam Ka Wai	Dr. Peng Xu	Dr. Woo Tiffany
Dr. Cheung Chloe Cheuk Kan	Dr. Lam Natasha Hiu Ching	Dr. To Sum Yi	Dr. Wu Sum Yi
Dr. Cheung Jessica	Dr. Lam Yat Hei	Dr. Tong Kwan Nok	
Dr. Ge Shicong	Dr. Lee Kin Lun	Dr. Wong Anthea	
Dr. Ho Ka Yan	Dr. Lee Wan Hon Vincent	Dr. Wong Ching Sze	

Congratulations to you all !

Dr. Peter CY Lee Best Candidate Award 2024

Dr. Ho Ka Yan, who had passed the Conjoint HKCFP/RACGP Fellowship Examination at one setting and achieved the best overall performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2024.

Congratulations to Dr. Ho!

Our Heartfelt Thanks to all Examiners & Case-writers

Examiners

The Board of Conjoint Examination would like to take this opportunity to thank all the following examiners for their active participation in various segments of the Conjoint Examination this year.

Dr. Ai Hiu Fay Dawn	Dr. Chau Kai Man	Dr. Ho Yiu Keung, Steven
Dr. Au Tai Kwan Eva	Dr. Cheng Michael	Dr. Hui Kwun Sue, Wilson
Dr. Au Yeung Shiu Hing	Dr. Cheng Wai Fat	Dr. Hui Ming Tung, Eric
Dr. Bien Tse Fang, Barry	Dr. Cheuk Christina	Dr. Hung Lok Lam Susanna
Dr. Chan Hung Chiu	Dr. Cheung Hard King	Dr. Hung Wai Yin
Dr. Chan Hung Wai, Patrick	Dr. Cheung Man Ha	Dr. Ip Pang Fei
Dr. Chan Ka Lok, Carroll	Dr. Cheung Mei Yee	Dr. Ip Sui Wah
Dr. Chan Kin Ling	Dr. Cheung Pui Shan, Cindy	Dr. Ip Yan Yan
Dr. Chan King Hong	Dr. Cheung Sze Man	Dr. Kam Sze Man, Silvia
Dr. Chan Laam	Dr. Cheung Wai Keung, Paul	Dr. Kan Chi Ho
Dr. Chan Man Hung	Dr. Cheung Yau Ling, Florence	Dr. Ko Wai Kit
Dr. Chan Man Li	Dr. Ching Kam Wing	Dr. Kong Che Wan
Dr. Chan Mei Tak	Dr. Choi Chuen Ming, Clarence	Dr. Kung Kenny
Dr. Chan Ming Wai, Angus	Dr. Chung Tze Nang, John	Dr. Kwan Sin Man
Dr. Chan Pui Chuen	Dr. Dao Man Chi	Dr. Kwok Chung Hon, Michael
Dr. Chan Sze Luen, David	Dr. Fan Wai Man, Anita	Dr. Kwok Yip Tung Tony
Dr. Chan Wan Wai	Dr. Fan Yuen Man, Cecilia	Dr. Kwok Yuen Na
Dr. Chan Wan Yee, Winnie	Dr. Fang Oi Sze, Elsie	Dr. Kwong Bi Lok, Mary
Dr. Chan Wing Yan, Loretta	Dr. Fok Peter Anthony	Dr. Lam Ching Man
Dr. Chan Wing Yi	Dr. Foo Kam So, Stephen	Dr. Lam Hiu Lam
Dr. Chan Yin Hang	Dr. Fu Sau Nga	Dr. Lam Hon Man
Dr. Chan Yin Yue Yen	Dr. Fung Yuk Kwan	Dr. Lam Lo Kuen, Cindy
Dr. Chan Ying Ho, Andrew	Dr. Ho Ka Ming	Dr. Lam Tak Man, Catherine
Dr. Chan Yuen Yan	Dr. Ho Kam Wai	Dr. Lam Wing Kwun
Dr. Chao Vai Kiong, David	Dr. Ho Kin Sang	Dr. Lam Wing Wo

Dr. Lau Ho Lim
 Dr. Lau Kam Tong
 Dr. Lau Kin Sang, Kinson
 Dr. Lau Sek Fung Spike
 Dr. Lau Tai Wai
 Dr. Lee Albert
 Dr. Lee Chun Kit, Tony
 Dr. Lee Siu Yin, Ruby
 Dr. Leung Gin Pang
 Dr. Leung Kwan Wa, Maria
 Dr. Leung May Heng, Sandy
 Dr. Leung Tsi Mei, Violet
 Dr. Leung Wing Kit
 Dr. Li Yim Chu
 Dr. Liang Jun
 Dr. Liu Ka Yee
 Dr. Lo Chun Hung, Raymond
 Dr. Lui Luen Pun, Benny
 Dr. Luk Man Hei, Matthew
 Dr. Luk Sze Wan Candy
 Dr. Luk Wan
 Dr. Ng Ching Luen
 Dr. Ng Mei Po
 Dr. Ng Mei Yee
 Dr. Ng Tze King Peter
 Dr. Ng Ventura Lorna

Dr. Ngai Bernard
 Dr. Ngai Ka Ho
 Dr. Ngan Sze Yuen
 Dr. Pang Siu Leung
 Dr. Shek Chun Chiu
 Dr. Sin Ka Ling
 Dr. Siu Pui Yi
 Dr. So Ching Yee, Gloria
 Dr. Tam Ho Shan
 Dr. Tam John Hugh
 Dr. Tam Ka Wae, Tammy
 Dr. Tam Kit Ping
 Dr. Tam Wah Kit
 Dr. Tong Po Hei
 Dr. Tsai Hung Yu
 Dr. Tse Hing Choi
 Dr. Tse Kwok Ki, Keith
 Dr. Tse Sut Yee
 Dr. Tse Tak Kei
 Dr. Tsim Koon Lan
 Dr. Tsoi Lai To, Sammy
 Dr. Tsoi Wai Wang, Gene
 Dr. Tsui Felix
 Dr. Tsui Hoi Yee
 Dr. Tsui Wing Sze, Wendy
 Dr. Wan King Tung

Dr. Wong Chak Tong
 Dr. Wong Chi Kwong, Roger
 Dr. Wong Chi Lung
 Dr. Wong Chiu Lun
 Dr. Wong Fai Ying
 Dr. Wong Kwai Wing
 Dr. Wong Kwok Ho
 Dr. Wong Man Ho
 Dr. Wong Man Kin
 Dr. Wong Mong Sze, Marcus
 Dr. Wong Oi Yee, Amy
 Dr. Wong Pak Hoi
 Dr. Wong Pak Kin
 Dr. Wong Suk Ching
 Dr. Woo Long Yiu
 Dr. Yau Lai Mo
 Dr. Yeung Wai Man
 Dr. Yip Wing Ki
 Dr. Yiu Ming Pong
 Dr. Yiu Yuk Kwan
 Dr. Young Sui Wah
 Dr. Yu Sze Kai Frances
 Dr. Yuen Fu Lam
 Dr. Yuen Shiu Man

Case-writers

We would like to particularly thank the following examiners for their contributions in writing up examination questions and cases in various segments of the Conjoint Examination this year.

Dr. Bien Tse Fang, Barry
 Dr. Chan Man Hung
 Dr. Chan Pui Chuen
 Dr. Chan Wan Yee, Winnie
 Dr. Chan Wing Yan, Loretta
 Dr. Chan Wing Yi
 Dr. Chan Yin Hang
 Dr. Chan Yin Yue Yeny
 Dr. Cheung Hard King
 Dr. Dao Man Chi
 Dr. Fu Sau Nga
 Dr. Ho Ka Ming
 Dr. Ip Pang Fei
 Dr. Ip Yan Yan

Dr. Kung Kenny
 Dr. Kwok Yip Tung Tony
 Dr. Lam Tak Man, Catherine
 Dr. Lam Wing Kwun
 Dr. Lau Kam Tong
 Dr. Leung Kwan Wa, Maria
 Dr. Li Yim Chu
 Dr. Ng Tze King Peter
 Dr. Siu Pui Yi
 Dr. So Ching Yee, Gloria
 Dr. Tam Ho Shan
 Dr. Tsai Hung Yu
 Dr. Tse Tak Kei
 Dr. Tsoi Lai To, Sammy

Dr. Tsui Felix
 Dr. Wan King Tung
 Dr. Wong Chak Tong
 Dr. Wong Chi Lung
 Dr. Wong Chiu Lun
 Dr. Wong Fai Ying
 Dr. Wong Man Ho
 Dr. Wong Man Kin
 Dr. Wong Pak Kin
 Dr. Yau Lai Mo
 Dr. Yeung Wai Man
 Dr. Yip Wing Ki

The Board of Conjoint Examination is also extremely grateful for all their contributions and continual support throughout these years.



Dr. Chan Hung Chiu
 Chairman
 Board of Conjoint Examination

Hong Kong Primary Care Conference News

Save the date:
HKPCC 2025

July 11-13 (Friday – Sunday)

HKAM Jockey Club Building, Aberdeen, Hong Kong



**Hong Kong
Primary Care
Conference**

The Hong Kong College
of Family Physicians



HKPCC Website

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists (Ver. Oct 2024)

For College members who are new registrants **or** those who would like to switch their MCHK CME Administrator to Hong Kong Academy of Medicine (HKAM) via College (with current cycle start date 1 January only) **starting from 1st January 2025**, they must submit Registration Consent Form to College Secretariat before **22 December 2024 (Friday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the aforementioned deadline to facilitate the necessary arrangement. As usual, late submission will not be processed.

Quality Assurance & Accreditation Committee Secretariat

Quality Assurance & Accreditation Committee News (Con't)

[Important] Reciprocal Recognition of Quality Assurance and Continuing Professional Development (CPD) Programs Between HKCFP and RACGP for year 2024

Dear Members,

Members of the Royal Australian College of General Practitioners, who live and work in Hong Kong and fulfill HKCFP CME & CPD requirements, **may enroll with the RACGP QI&CPD Program by reciprocal recognition between the two programs and be deemed to fulfill their minimum requirements.** Please refer to below link for the RACGP Continuing Professional Development (CPD) Program for 2023-25 triennium:

<https://www.racgp.org.au/education/professional-development/cpd/2023-triennium>

Participants of the HKCFP Quality Assurance Program who have obtained at least 30 credit points, with no less than 10 CPD points **in year 2024**, may enroll with the RACGP CPD Program through this reciprocal arrangement and be deemed to fulfill their minimum requirements of the same year.

Please noted that as required by RACGP, doctors are required to take at least one CPR course in order to meet all the RACGP CPD requirements for the 2023 – 2025 triennium.

You can refer to the below link for RACGP requirement for CPR Course:

<https://www.racgp.org.au/FSDDEV/media/documents/Running%20a%20practice/Practice%20standards/5th%20edition/FAQ-for-cardiopulmonary-resuscitation-CPR.pdf>

Please be reminded to upload the CPR Certificate on RACGP Website (require login) or email to cpd.national@racgp.org.au

Doctors who wish to enroll with the reciprocal arrangement for year 2024 should complete the form below and send it to the College Secretariat before **21 February 2025** with an administration fee of HK\$200 payable to "HKCFP Education Ltd" (Non-refundable). Please contact college secretary if you wish to make payment by FPS.

The application form can be downloaded at:

<https://www.hkcfp.org.hk/upload/Documents/QA/2024%20reciprocal%20recognition%20application%20form.pdf>

Please note that the reciprocal recognition is for the Program but not for each individual education activity. Only those who fulfill the CME & CPD requirements each year in **ALL THREE YEARS** plus **completion of one CPR Course** within the 3 years cycle, shall be deemed to fulfill all RACGP requirements for the 2023-2025 Triennium. RACGP also has the final authority of deciding whether their QI&CPD requirements are fulfilled.

For any enquiries, please feel free to contact Mr. John Ma or Ms. Iris Ip at 28718899 or by email to cmecpd@hkcfp.org.hk

Thank you.

Yours sincerely,

Dr. Li Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2024

Dear Members,

The credit point score of year 2024 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **21 February 2025 (Friday)**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2024** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2023-25**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2024 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **"Report on CME/CPD missing points from Pre-Accredited Activity"** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 21 February 2025 (Friday)

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying additional accreditation, please send a cheque payable to "HKCFP Education Ltd" **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. **Please ensure your mail items bear Sufficient Postage before posting.**

Please contact college secretary if you wish to pay by FPS.

Application Form and Supporting Documents can be submitted by post to above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. Li Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

With cycle year 2024 is going to be finalized, please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that all fellows and members of HKCFP **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2023-2025** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2024**, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2023-2025).

Please be reminded that **ONLY CPD points** would be accredited, for teaching medical students in Universities.

Another point to highlight is the various ways to gain CPD points, please refer to the table summarized by QA committee at: <https://www.hkcfp.org.hk/upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf>

Please see the "Regulations for Award of Quality Assurance 2023-25 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For activities that are applicable to submit CPD Log, Corresponding Sentence **"Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)"** will be marked in the 'Board of Education News' published in FP links or circulated through bulk email. The log is required to be submitted within one month after the Lecture.

Journal:

Specific articles published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice
(‘Online First’ articles are not included)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted. Please be reminded you must fulfill the requirement to obtain CME points, in order to obtain CPD points through activity CPD Log.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer
[* MCQ/ True or False Question; 50% or above correct answers are required.]

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms. Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. Li Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

Certificate Course on Bringing Better Health to Our Community 2024

The last sessions of the "Certificate Course on Bringing Better Health to Our Community 2024" co-organized with Queen Elizabeth Hospital and The Hong Kong Medical Association was held on 30 November 2024.

Dr. NG Pak Lin, Eugene, Resident Specialist, Department of Orthopaedics & Traumatology, Kwong Wah Hospital, delivered the lecture on "Approach to Management of Shoulder Pain" and Ms. Isa LAM, Senior Physiotherapist, Physiotherapy Department, Queen Elizabeth Hospital delivered a lecture on "Shoulder Physiotherapy / Practical Tips on Home Exercise for Shoulder Pain".



Dr. KO Siu Hin (right, Chief of Service, Department of FM&PHC, KC Cluster, Hospital Authority) presenting a souvenir to Dr. NG Pak Lin, Eugene (left, Speaker).



Dr. KO Siu Hin (right, Chief of Service, Department of FM&PHC, KC Cluster, Hospital Authority) presenting a souvenir to Ms. Isa LAM (left, Speaker).

CME Lecture on 6 November 2024

Dr. TSANG Man Wo, Specialist in Endocrinology, Metabolism and Diabetes, delivered a lecture on "The importance of Long-term management of Peripheral Neuropathy".



Dr. CHAN Ka Shing, Ricky (left, Moderator) presenting a souvenir to Dr. TSANG Man Wo (right, Speaker).

Certificate Course on Common Mental Health Problems for Primary Care Doctors in Treatment of Psychiatric Disorders 2024

The 5th session of Certificate Course on Common Mental Health Problems for Primary Care Doctors in Treatment of Psychiatric Disorders 2024 was held on 7 November 2024.

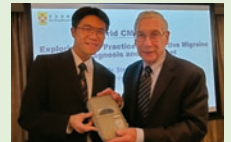
Dr. TUNG Ka Yee, Specialist in Psychiatry, delivered a lecture on "Common Psychiatric Problems in Children and Adolescent".



Dr. SIN Ming Chuen (right, Moderator) presenting a souvenir to Dr. TUNG Ka Yee (left, Speaker).

CME Dinner Lecture on 8 November 2024

Dr. Stewart J Tepper MD, Professor, Neurology, Geisel School of Medicine at Dartmouth, Hanover, New Hampshire, USA, delivered a lecture on "Exploring Best Practices in Effective Migraine Diagnosis and Treatment".



Dr. YIU Ming Pong (left, Moderator) presenting a souvenir to Dr. Stewart J Tepper MD (right, Speaker).

Saturday Symposium "Arising Challenges of Airway Disease: Cough Variant Asthma and Chronic Obstructive Pulmonary Disease" on 8 November 2024

Dr. Richard RUSSELL, Consultant Physician at Lymington New Forest Hospital, UK, Founding Editor of the International Journal of COPD, delivered a lecture on "GOLD recommendation of Triple Therapy, what is the role of ICS in COPD?" and Prof. Guy BRUSSELLE, Head of the Department of Respiratory Medicine, Ghent University Hospital; Professor of Medicine, Ghent University, Belgium, delivered a lecture on "Uncovering the Hidden Dangers in Asthma – What is Cough Variant Asthma?".



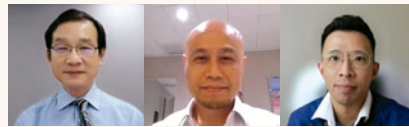
Dr. LAI Pui Yan (left, Moderator) presenting a souvenir to Dr. Richard RUSSELL (right, Speaker).



Dr. LAI Pui Yan (left, Moderator) presenting a souvenir to Prof. Guy BRUSSELLE (right, Speaker).

CME Online Lecture on 12 November 2024

Dr. Kenny KUNG, Specialist in Family Medicine and Mr. Alan WONG, Registered Pharmacist, Honorary Professional Consultant, School of Pharmacy, The Chinese University of Hong Kong, delivered a lecture on "From Guesswork to Precision: Overcoming Primary Care Challenges with Evidence-Based Tools".



A screenshot taken on 12 November 2024. Dr. TSUI Hing Sing, Robert (left, Moderator), Dr. Kenny KUNG (middle, Speaker) and Mr. Alan WONG (right, Speaker).

44th Annual Refresher Course (ARC) 2024

1st session on 17 November 2024

Dr. IU Wing Hang, Henry, Specialist in Psychiatry, delivered a lecture on "The Challenge of Anxiety Symptom Treatment in Major Depressive Disorder"; Dr. CHAN Shun Yan Bryant, Specialist in General Surgery, delivered a lecture on "Treatment and management of haemorrhoidal disease" and Dr. TSANG Chun Fung Sunny, Specialist in Cardiology, delivered a lecture on "Hypertension: Bridging the Gap Between Knowledge and Action".



Dr. YEUNG Lok Ki (left, Moderator) and Prof. LAM Lo Kuen, Cindy (right, Chief Censor of HKCFP) presenting a souvenir to Dr. IU Wing Hang, Henry (middle, Speaker).



Dr. YEUNG Lok Ki (right, Moderator) and Dr. FOO Kam So, Stephen (left, Censor of HKCFP) presenting a souvenir to Dr. CHAN Shun Yan Bryant (middle, Speaker).



Dr. YEUNG Lok Ki (right, Moderator) and Dr. LI Wing Shun, Vincent (left, Coordinator of ARC) presenting a souvenir to Dr. TSANG Chun Fung Sunny (middle, Speaker).

5th session on 26 November 2024

Dr. LIE Wai Hung, Chester, Specialist in Orthopaedics & Traumatology, delivered a lecture on "Common Orthopaedic Problems".



Dr. LI Wing Shun, Vincent (left, Moderator and Coordinator of ARC) presenting a souvenir to Dr. LIE Wai Hung, Chester (right, Speaker).

2nd session on 19 November 2024

Dr. CHAN Leung Kwok, Clement, Specialist in Obstetrics & Gynaecology, delivered a lecture on "What Do We Miss in Our Sexually Transmitted Diseases (STD) Screening in HK?".



Dr. CHUNG Tze Nang, John (left, Moderator) presenting a souvenir to Dr. CHAN Leung Kwok, Clement (right, Speaker).

3rd session on 21 November 2024

Dr. MAK Sze Man, Jennifer, Specialist in Reproductive Medicine, delivered a lecture on "Female Infertility".



A screenshot taken on 21 November 2024. Dr. MAK Sze Man, Jennifer (left, Speaker) and Dr. TSUI Hing Sing, Robert (right, Moderator).

4th session on 24 November 2024

Dr. LAI Hiu Ping, Frank, Specialist in Ophthalmology and Dr. YUEN Shi Yin, Nancy, Specialist in Ophthalmology, delivered a lecture on "Approaches in General Practice on Common Eye Complaints".



A group photo taken on 24 November 2024. (From left to right) Dr. CHAN Man Li (Moderator), Dr. CHAN King Hong (Chairman of Board of Education), Dr. YUEN Shi Yin, Nancy (Speaker), Dr. LAI Hiu Ping, Frank (Speaker) and Dr. FOO Kam So, Stephen (Censor of HKCFP).

6th session on 28 November 2024

Dr. LEE Lai Ka, Samantha, Specialist in Paediatric Endocrinology, delivered a lecture on "Growth Related Disorders".



A screenshot taken on 28 November 2024. Dr. LEE Lai Ka, Samantha (left, Speaker) and Dr. AU YEUNG Shiu Hing (right, Moderator).

7th session on 1 December 2024

Dr. IP Tai Pang, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "An Evolving Treatment Paradigm - The Role of Newer Insulin Analogues in Optimizing Diabetes Management" and Prof. KONG Pik Shan, Alice, Professor, Department of Medicine & Therapeutics, CUHK, delivered a lecture on "Management of Obesity in Primary Care Setting".



Dr. CHEN Xiao Rui, Catherine (right, Moderator) presenting a souvenir to Dr. IP Tai Pang (left, Speaker).



Dr. CHEN Xiao Rui, Catherine (right, Moderator) presenting a souvenir to Prof. KONG Pik Shan, Alice (left, Speaker).

8th session on 3 December 2024

Dr. LAU Ming Chu, Edith, Specialist in Community Medicine, delivered a lecture on "Osteoporosis: Challenges and Opportunities".



Dr. CHAN Ka Shing, Ricky (left, Moderator) presenting a souvenir to Dr. LAU Ming Chu, Edith (right, Speaker).

9th session on 5 December 2024

Dr. LEE Wai Hung Danny, Specialist in General Surgery, delivered a lecture on "Common Pitfalls in Primary Healthcare and Case Sharing".



A screenshot taken on 5 December 2024. Dr. LEE Wai Hung Danny (left, Speaker) and Dr. MA Ping Kwan, Danny (right, Moderator).

10th session on 8 December 2024

Dr. Enoch WU, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "The Clinical Implications of SGLT2 Inhibitors in the Primary Care Setting: A Focus on Cardiovascular and Kidney Outcomes" and Dr. LI Siu Lung, Specialist in Cardiology, delivered a lecture on "Comprehensive Approach to Heart Failure in Primary Care: Early Diagnosis and Optimized Management Strategies".



A group photo taken on 8 December 2024. (From left to right) Dr. Enoch WU (Speaker), Dr. CHAN Man Li (Moderator), Dr. LI Siu Lung (Speaker), and Prof. LAM Lo Kuen, Cindy (Chief Censor of HKCFP).

Smart Hub

Dr. Leung Shuk Yun, Specialist in Family Medicine

The Family Medicine Department of the New Territories East cluster (NTEC FM) has launched a pilot programme known as the “Smart Hub” (健康小屋) since Feb 2023. This programme aims to provide remote care services to rural areas through telemedicine and medico-social collaboration.

The motivation behind developing the “Smart Hub” stems from the challenges faced by elderly populations residing in remote villages. These individuals often struggle to travel to clinics for medical consultations and regular follow-ups, as it involves long and tiring journeys, often requiring the assistance of family members. While the Hospital Authority provides floating clinic (醫療船) and traveling dispensary (醫療車) services that visit certain remote areas, the services and reach are limited, and patients still need to visit the clinic for medication collection. The COVID-19 pandemic had further affected these services, necessitating a new and better solution for remote healthcare.

To address these challenges, the “Smart Hub” programme was conceived as a collaborative effort between the Hospital Authority (HA) and local Non-Government Organizations (NGOs). To establish the “Smart Hub” programme, three main elements are required, first of all, a village house, Wifi connection and patients with chronic illnesses. Our team identifies a common gathering place in each remote village, such as the village house (村公所), which serves as the “Smart Hub”. Next, we would test network connectivity. Once both site and network connectivity are available, our team would start identifying suitable chronic illness patients from North District General Outpatient clinics (GOPCs) for telehealth services.

One most important step before launching the “Smart Hub” programme is local engagement. The HA team will work with local NGOs to introduce the aim and workflow of the “Smart Hub” programme to village chiefs and residents. (photo 1)



Photo 1: Before the official launch, the HA works with local NGOs to introduce the details of the “Smart Hub” project to village chiefs and residents, seeking their support.

To facilitate the operations of medical consultations, portable remote medical instruments, including blood pressure monitors, oxygen saturation monitors, electrocardiograms, and stethoscopes, are equipped at the “Smart Hubs” (photo 2). With the technical support from our collaborative partner, remote telemedicine consultation services can be conducted at these lively “Smart Hubs.”



Photo2: Portable remote medical instruments, including blood pressure monitors, oxygen saturation monitors, electrocardiograms, and stethoscopes, are equipped at the “Smart Hubs”.



Photo 3: Patient empowerment education activities conducted by the District Health Express at the “Smart Hub”

Tsiu Keng Village (蕉徑村) is our first Smart Hub in this pilot programme and eight patients were recruited. These patients regularly visited the GOPCs for follow-up consultations for chronic diseases such as hypertension and diabetes. The participants, with an average age of 78 and the oldest being 86, received patient empowerment education activities at the “Smart Hub” (village house) conducted by the District Health Express of North District (北區地區康健站) (photo 3). This education aimed to

enhance their understanding of their medical conditions and equip them with the knowledge and skills to utilize the telemedicine tools, including the HA Go apps. After completing the course, these patients had their first teleconsultation follow-up with doctors from the NTEC FM on 22 Feb 2023. The outreach service team from The Hong Kong Young Women's Christian Association (YWCA) provided on-site technical support at the village house to facilitate the teleconsultation.

During the teleconsultation at the "Smart Hub", nurses and staff from the local NGOs assisted the patients in registration and payment through the HA Go apps, as well as operating the telemedicine devices (**photo 4**). Family Medicine doctors from the Fanling Family Medicine Centre conduct video consultations with patients (**photo 5**). The doctors can access data from the remote medical devices, such as blood pressure and heart rate, and utilize the remote stethoscope to listen to heartbeats and breath sounds. Privacy is ensured with partitions at the village house. After the consultation, patients can simply return home. The pharmacist from the Hong Kong Pharmaceutical Care Foundation (HKPCF), another NGO, coordinates the delivery of medications to the "Smart Hub" the following day, providing medication counseling to the patients (**photo 6**).



Photo 4: Staff from the NGO assisted the patient in registration and payment through the HA Go apps, as well as operating the telemedicine devices



Photo 5: Family Medicine doctor from the Fanling Family Medicine Centre conduct video consultation a patient.



Photo 6: The pharmacist from the Hong Kong Pharmaceutical Care Foundation (HKPCF), another NGO coordinates the delivery of prescription medications to the "Smart Hub" the following day, providing medication counseling to a patient.

The feedback from patients regarding the services provided at the "Smart Hub" has been overwhelmingly positive. They find the follow-up consultations at the "Smart Hub" more convenient, eliminating the need for family members to accompany them to the GOPC. Building upon the success of the pilot program, the "Smart Hub" remote care services have expanded to other rural areas in the North District and some outlying islands such as Kat O, Tap Mun, and Ko Lau Wan. As of May 31, 2024, 38 remote villages have been recruited into the project, with more than 180 patients having received at least one teleconsultation.

Patients enrolled in the "Smart Hub" program have remote follow-up consultations every 16 weeks. They also have an annual in-person consultation at the clinic for physical examination and blood tests.

In North District and outlying islands, many residents in remote villages are elderly with chronic illness. Looking ahead, the "Smart Hub" programme aims to continue expanding its coverage to enhance patient care in remote areas. Not only does it provide convenience to patients, it also helps to strengthen the self-management capabilities of patients with chronic illnesses through medico-social collaboration. Ultimately, this integrated approach aims to reduce the burden on the healthcare system while improving the overall well-being of the residents in these rural areas.

Beyond Stones: Importance of POCUS in Exploring Non-calculus Causes of Obstructive Nephropathy

Dr. Lam Ching Man, Dr. Lo Wei, Dr. Chan Kin Wai

Family Medicine and Primary Health Care Department, Kowloon West Cluster, Hospital Authority

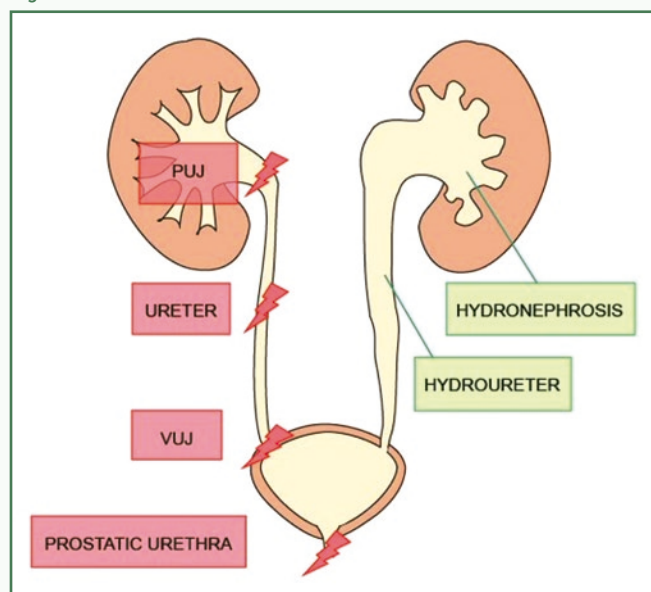
Deranged renal function is very commonly encountered in general practice. By level of pathology, it is classified into pre-renal, intra-renal and post-renal.

Post-renal renal failure, also known as obstructive nephropathy, refers to ischemic injury of the kidney due to raised urinary tract pressure and reduced renal perfusion.

The urinary tract is composed of the renal pelvis, ureter, urinary bladder and the urethra. Obstruction at any one of these locations can result in obstructive nephropathy.

The cause of urinary tract obstruction can be due to calculus or non-calculus. KUB X-ray can detect at most 90% of the urinary calculus with artificial intelligence (AI) assistance and can help clinicians to diagnose and manage the obstruction early. However, non-calculus obstruction cannot be detected by KUB X-ray. This hinders the diagnosis of the obstructive nephropathy. In primary care setting, this gap could be filled with the use of Point-of-care Ultrasonography (POCUS). Here we would like to report 4 cases of non-calculus obstruction at different levels of urinary tract (**Figure 1**).

Figure 1.



Case 1: Pelvi-ureteric junction (PUJ)

A 61-year-old man was presented with microscopic hematuria and blood result eGFR 45 mL/min/1.73 m², which was static for some time. There was no gross

hematuria or loin pain reported. KUB did not show any radiopaque lesion suggestive of calculus.

POCUS was performed which showed hydronephrosis of the left kidney. There was an echogenic tumor occupying the left renal pelvis, PUJ and the proximal ureter causing the obstruction (**picture 1**).

Picture 1. Tumor in left renal pelvis, PUJ and proximal ureter



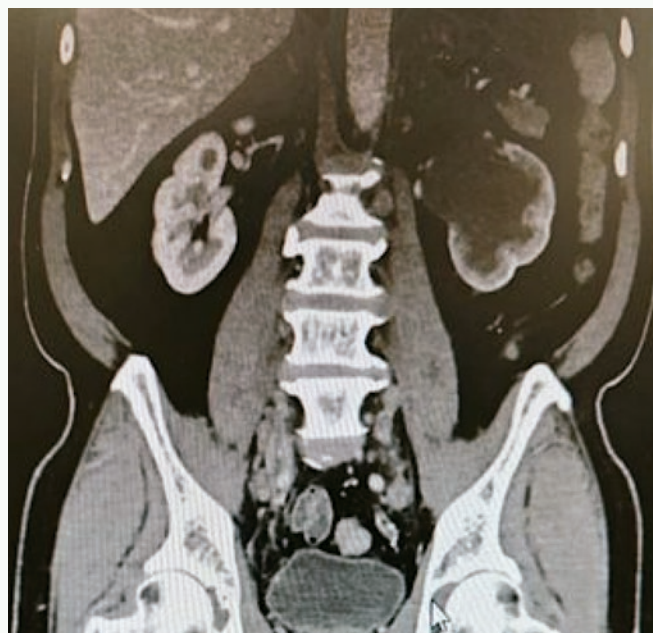
When we scanned the urinary bladder, we found that ureteric jet of urine was only present at the right ureterovesical junction under color Doppler. It signified left upper urinary tract complete obstruction. (**picture 2**)

Picture 2. Absence of ureteric jet at the left VUJ

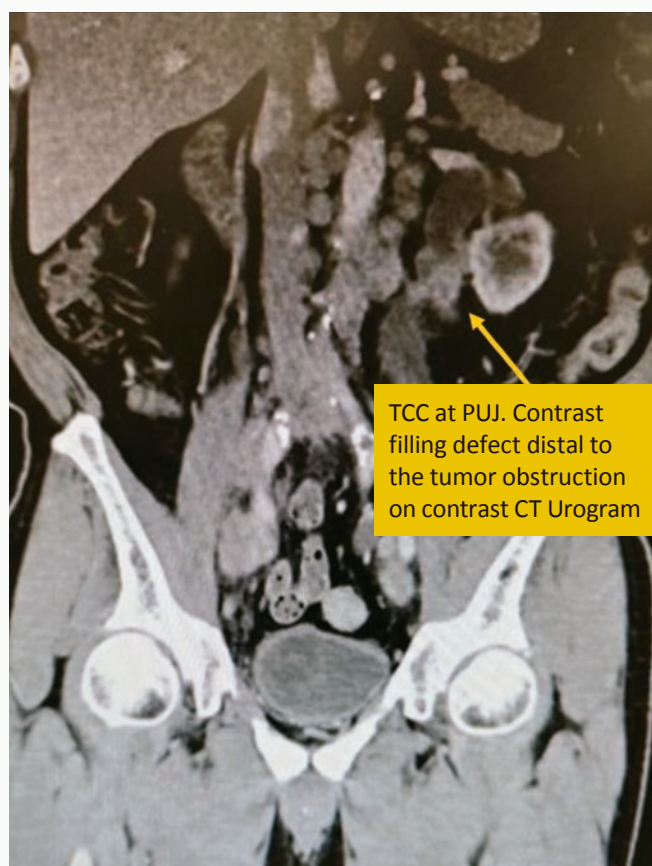


On further investigation, urine cytology showed high-grade urothelial carcinoma. Contrast computed tomography (CT) scan confirmed left hydronephrosis was due to transitional cell carcinoma (TCC) at the left ureter (**pictures 3,4**). CT scan also showed the presence of bone metastasis to spine and right proximal femur.

Picture 3. Left hydronephrosis (Coronal view)



Picture 4. TCC at left PUJ (yellow arrow)



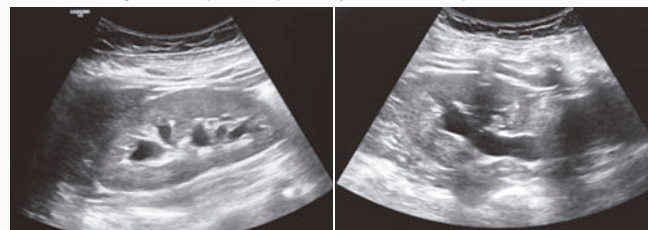
Case 2: Ureter

A 62-year-old woman received follow-up for her hypertension and proteinuria at our clinic. She had history of attending the Emergency Department for uterine prolapse in 2023 and the first gynaecologist appointment will be in December 2024.

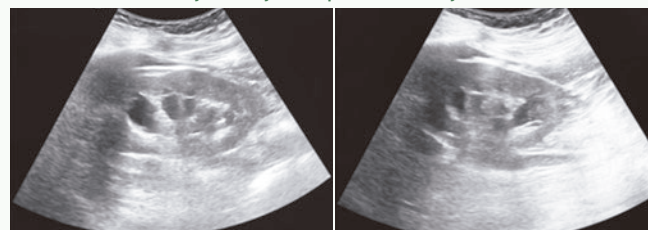
She was noted to have significant decline in eGFR from 67 to 28 mL/min/1.73 m² over one year, alongside a rebound in urine protein-to-creatinine ratio from 0.71 to 2.45. POCUS was performed in October 2024. There was no obvious masses or stones at the kidney but prominent bilateral hydronephrosis with hydroureter was observed (**pictures 5,6**). The bladder wall was smooth, without mass or chronic obstructive changes. After micturition, the residual urine volume of bladder was normal (20mL) (**picture 7**).

Upon further inquiry, the patient reported difficulty in urination, particularly in upright position, due to uterine protrusion from introitus over the past year. A grade 4 uterine prolapse (approximately the size of a fist) was observed during the physical examination (**picture 8**). She was urgently referred to urologist and the gynaecology appointment was advanced for further intervention.

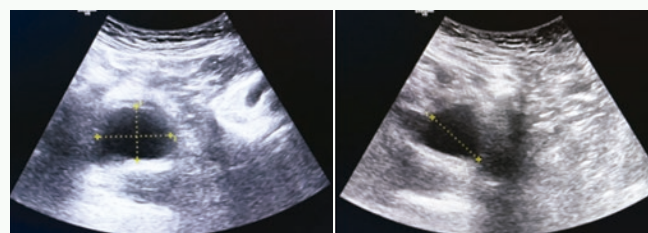
Picture 5. Right kidney with hydronephrosis and hydroureter



Picture 6. Left kidney with hydronephrosis and hydroureter



Picture 7. Normal bladder residual urine volume (20mL)



Picture 8. Stage 4 uterine prolapse observed



*Patient consent obtained for clinical photo publication for educational purpose

From studies, the prevalence of hydronephrosis in uterine prolapse ranges from 3.5% to 30.6%. Uterine prolapse causes herniation of the bladder, uterus, and ureters through the pelvic floor, leading to compression of the ureters between the fundus of the uterus and the bladder. Additionally, the stretching of the ureters can hinder peristaltic movement of smooth muscles, resulting in bilateral ureteric obstruction.

Case 3: Vesicouretric junction (VUJ)

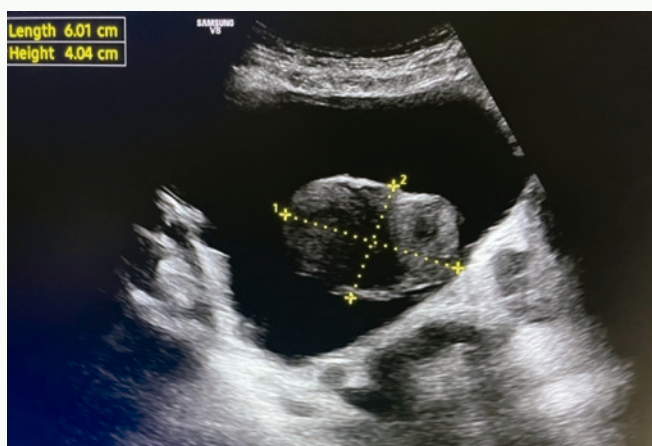
This 87-year-old man received regular follow-up for his diabetes, microalbuminuria, hypertension and hyperlipidaemia. During annual assessment, he was found to have eGFR dropping from 65 to 43 mL/min/1.73 m² within a year. He did not have any urinary symptoms or abdominal pain. KUB X-ray was done and did not show any stone. POCUS was performed, showing unilateral left hydronephrosis with hydroureter (**picture 9**).

Picture 9. Left kidney with hydronephrosis and hydroureter

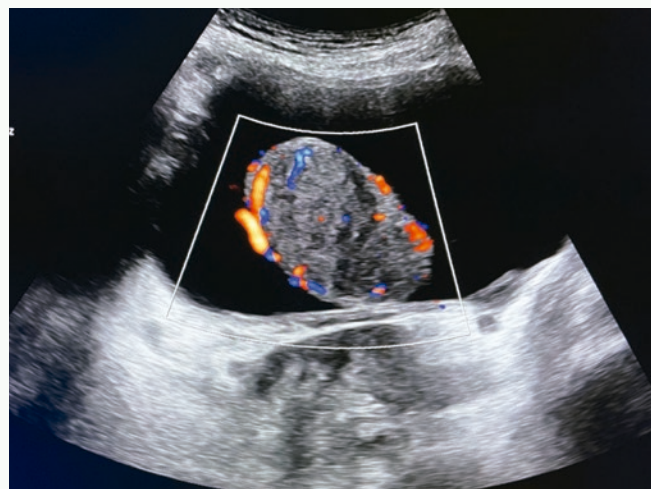


Further down the urinary tract at the bladder, a large tumor growing from bladder wall was seen (**picture 10**). Under color Doppler, it had increased vascularity (**picture 11**). The tumor caused obstruction of the left VUJ and hence absence of left ureteric jet (**picture 12**).

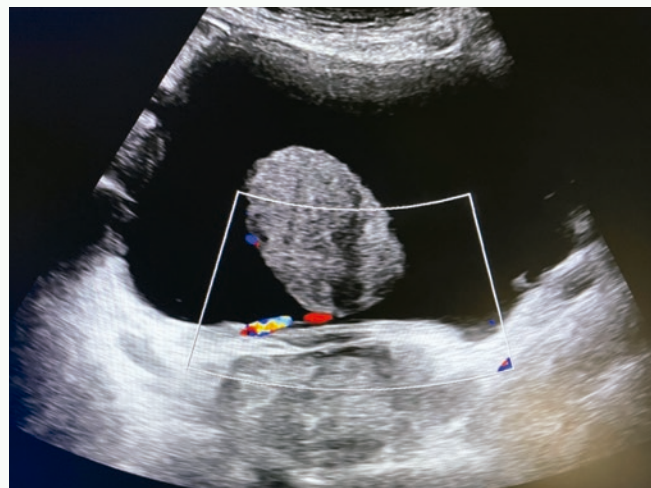
Picture 10. Bladder tumor



Picture 11. Bladder tumor under color doppler

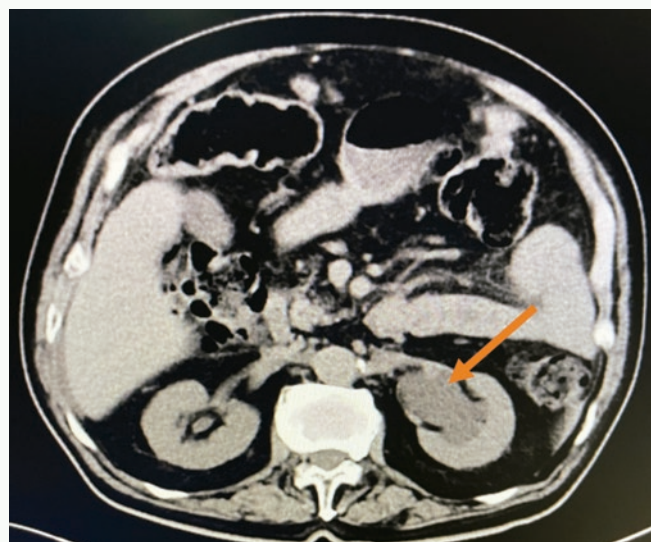


Picture 12. Bladder (transverse view) showing presence of only right ureteric jet

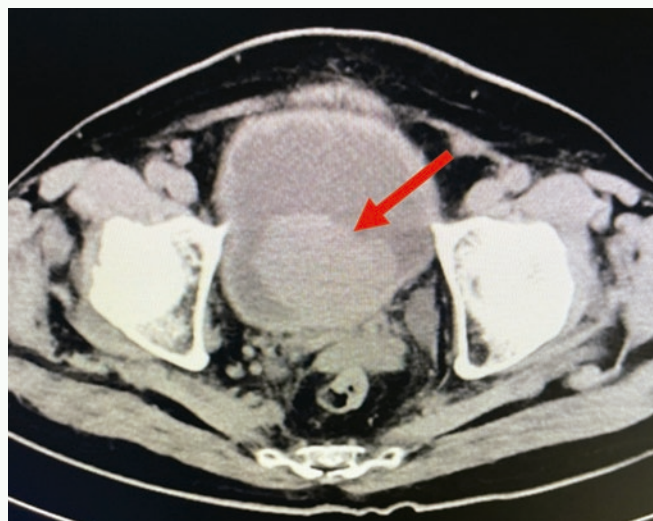


CT scan of abdomen and pelvis confirmed that left hydronephrosis (**picture 13**) and hydroureter was caused by a bladder tumor (size 4.5 x 6.3 x 4.9cm) involving the left VUJ (**picture 14**).

Picture 13. Left hydronephrosis on CT scan (orange arrow)



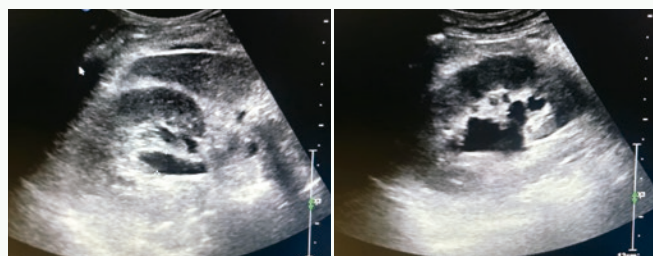
Picture 14. Bladder tumor on CT scan (red arrow)



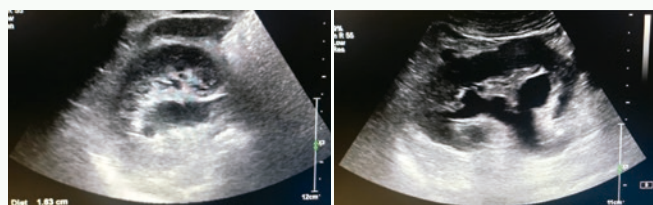
Case 4. Prostatic urethra

This 85-year-old gentleman presented with progressive worsening of eGFR from 75 to 52 mL/min/1.73 m² for 1.5 years. Urine culture was negative. He did not complain of urinary symptoms. POCUS performed showing bilateral mild to moderate hydronephrosis with hydroureter (**pictures 15,16**). There was no lesion or stone seen in both kidneys and ureters. Bladder was distended with multiple trabeculation (**pictures 17,18**). Prostate was enlarged with measured volume of 52cc (**picture 19**). Urinary ureteric jet was present bilaterally. He was referred to Urology clinic urgently for further management. Before urologist appointment, he developed acute retention of urine and was admitted to hospital. Trans-rectal ultrasound (TRUS) of prostate measured size 63cc. Proscar was prescribed to the patient while he was waiting for transurethral resection of the prostate (TURP) for benign prostatic hyperplasia.

Picture 15. Right kidney (a) Renal pelvis AP diameter 1.2cm (b) longitudinal view



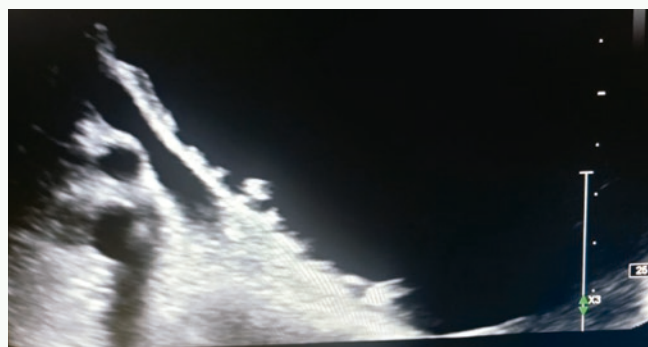
Picture 16. Left kidney (a) Renal pelvis AP diameter 1.63cm (b) longitudinal view



Picture 17. Distended urinary bladder and enlarged prostate with intravesical protrusion



Picture 18. Urinary bladder wall shows trabeculation



Picture 19. Enlarged prostate with measured volume 52cc



Conclusion

Obstructive nephropathy accounts for 10% of all causes of acute and chronic renal failure (up to 20% in elderly with acute renal failure). It is not uncommon and should be considered when there is progressive drop in renal function. There is high level of suspicion if: 1) The drop in renal function is sudden and rapid. 2) The deterioration of renal function cannot be explained by other medical conditions e.g. chronic disease, glomerular cause or proteinuria.

This case series collection demonstrates the utility of POCUS in primary care setting in early detection of dilatation of urinary tract (hydronephrosis and hydroureter) resulting from obstruction at different levels, and in revealing the underlying pathology.

The above cases underscore two important conditions: bilateral hydronephrosis and tumor obstruction. These conditions are more hidden as well as more serious compared with a single renal stone complicated hydronephrosis. Timely detection of these conditions can reverse the situation and save lives.

References:

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Statin Induced Necrotizing Autoimmune Myopathy (SINAM)

As a family doctor, we all know about the side effects of statin including myalgia, dyspepsia, rhabdomyolysis and deranged liver function, etc. Nearly all, if not most, of your patients with multiple comorbidities will be taking statin as one of the chronic medications.

A 65-year-old male presented to general outpatient clinic with deterioration of liver function and proximal complained of recent weight loss muscle weakness in 1-2 weeks. He also complained of recent weight loss. He had regular follow up in medical outpatient clinic for deranged liver function, fatty liver and hyperlipidemia. He had difficulty in climbing up stairs and combing of hair. He was a non-smoker and non-drinker. He was on atorvastatin 20mg daily for 3 years with no change in dosage. He was not taking traditional Chinese medicine and he had no known hepatitis. He was sent to hospital for suspected myasthenia gravis and worsening liver functions.

Upon investigations, CK was raised to above 20,000IU/L. Differential diagnoses include statin related myositis, polymyositis or dermatomyositis. The result was negative for anti-ACHR antibody. CK level did not decrease despite discontinuation of statin. Finally antibody testing showed positive anti-HMGCR and his diagnosis of SINAM was made.

SINAM was very rare with incidence of 2-3 per 100,000 people treated with statins. This myopathy is characterized

by progressive loss of muscle strength even after discontinuation of statin.

Concerning the epidemiology, male is more commonly affected than female. Atorvastatin was most likely to be associated with SINAM. This kind of myopathy can develop several years after statin exposure. Most common symptoms will be muscle weakness, followed by myalgia, dysphagia and weight loss. Pattern of weakness usually affect upper and lower limbs and severity of weakness usually was moderate to severe. CK level, positive anti-HMGCR and muscle biopsy help the diagnosis of SINAM.

Main stay of treatment includes immunosuppressants and discontinuation of statin. For our patient, he was treated with two courses of IVIG and his condition is improving.

Reference:

1. Sharma A, Musurakis C, Nabil NUN, Poudel B, Trongtorsak A. A Case Series of Statin-Induced Necrotizing Autoimmune Myopathy. *Cureus*. 2022 Jan 25;14(1):e21613.
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Compiled by Dr. Tsai Hung Yu

The HKCFP Awards for the Best Research and Best Trainee Research of 2024

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2024. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following ‘The HKCFP Award for the Best Research’, the Research Committee is pleased to organize an additional award, ‘The HKCFP Award for the Best Trainee Research’, specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2025.

*****Please note that each applicant can only apply either one of the above Awards*****

Entry and assessment criteria are listed below.

Entry Criteria:

For Best Research Paper:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should have been conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

For Best Trainee Research Paper:

1. *The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.*
2. *For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.*
3. *The research must be original work of the investigator(s).*
4. *The research should have been conducted in Hong Kong.*
5. *The research must have been completed.*
6. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. “The HKCFP Award for the Best Research of 2024” or “The HKCFP Award for the Best Trainee Research of 2024”, on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong;
Or, **by email** to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 27 March 2025

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2025

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **27 March 2025**. Late applications will not be accepted.
4. Applications can be either sent:
By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;
Or, **by email** to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund

Highlights from the WONCA APR Conference 2024: The Art & Science of Family Medicine

Dr. Chan Yuen Ching Cheryl

Member of Young Doctors Committee, HKCFP; Young Doctors Movements Lead, WONCA



Dr. Cheryl Chan with Chair and members of the Rajakumar Movement at the Karaoke party after TRM preconference.

The WONCA Asia Pacific Region conference, held at the Raffles City Convention Centre in Singapore from August 21-24, 2024, embraced the theme “The Art & Science of Family Medicine,” showcasing the multifaceted nature of family medicine. I had the privilege to join this amazing conference, connecting with family doctors from different parts of the region.

A standout feature of the conference was the TRM (The Rajakumar Movement) pre-conference tailored for young doctors. The Rajakumar Movement is the young doctor movement of the Asia Pacific Region. I was invited to deliver a welcoming speech at the TRM preconference and I shared some insights on preventing physician burnout. WONCA President A/Prof. Karen Flegg, delivered a workshop on the theme of planetary health. This session sparked engaging discussions on how to make clinical practices more sustainable and reduce the healthcare sector’s carbon footprint. Young doctors representatives from various countries shared innovative ideas and strategies, enriching the dialogue around sustainable practices in family medicine. It was inspiring to witness the collaborative spirit as participants explored actionable steps that can be implemented in their respective countries.

Prior to the conference, I had an amazing experience exploring Singapore’s healthcare system during a preconference visit. Our first stop was Punggol Polyclinic, a prime example of a comprehensive primary care center. This community-based polyclinic covers acute illness, chronic disease management, and preventative care, all

well-supported by allied health services. One standout feature is their innovative pillbox service, which facilitates medication collection outside of working hours—this game-changing initiative can significantly shorten wait times at the pharmacy and improve patient flow efficiency.

Next, we visited Sengkang Community Hospital, which specializes in helping patients recover from acute hospital admissions. Their rehabilitation programs are impressive, focusing on aiding individuals in regaining strength and independence, thus preparing them for a smooth transition back home. Each patient is assigned a social prescriber to help them reconnect with their community, enhancing overall recovery and well-being. Singapore’s commitment to a robust primary care backbone and a family medicine-centered approach is truly inspiring, utilizing only 4% of their GDP while maintaining a patient-centered and cost-effective system.

During the conference, I was honored to present my exit research topic, a qualitative study on the facilitators and barriers of breastfeeding among primary healthcare workers. This opportunity allowed me to discuss the critical role of family medicine doctors in promoting breastfeeding with colleagues from Japan, Australia, and Indonesia. Our conversations underscored the importance of supporting new mothers and enhancing breastfeeding practices within the community.

Another notable workshop was organized by the Special Interest Group on Family Violence (SIGFV), which focused on identifying and addressing family



Dr. Cheryl Chan (middle) and Dr. Lorna Ng (right 1st) with WONCA President A/Prof. Karen Flegg (left 2nd)



Dr. Cheryl Chan (2nd row, 1st on left) and Dr. Aldo Wong (1st row, 1st on right) with the TRM members at YDM preconference

violence within the context of primary care. Participants including family doctors and social workers engaged in dynamic discussions about the signs of family violence and the importance of a multidisciplinary approach in managing such cases. The workshop emphasized strategies for protecting patients who may be under threat or in vulnerable situations. Attendees shared best practices for creating safe environments where patients feel empowered to disclose their experiences. This collaborative dialogue reinforced the critical responsibility of family medicine practitioners to recognize and respond effectively to family violence, ultimately fostering a more supportive and protective healthcare atmosphere for those in need.

A special memorable event of the conference was a lively cocktail party and karaoke celebration, generously hosted by the Singapore College of Family Physicians. This enjoyable event provided an excellent platform for networking, allowing attendees to forge new friendships and strengthen existing connections.

Overall, I was truly grateful for the opportunity to attend the WONCA Asia Pacific Region conference in Singapore, merging the art and science of family medicine with cultural celebration. It not only reinforced the bonds within the family medicine community but also propelled discussions on sustainability and the vital role of family practitioners in promoting health and well-being across diverse populations.



Executive members of the Rajakumar Movement



Speakers at the session on "Breast Feeding and Maternal Health"

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please observe appropriate dress code to the hotel for the Scientific Meeting.

Online Events

Date and Time	Topic	Speaker	Moderator
4 Jan (Sat) 2:00 – 3:30 p.m.	Online Dermatology Seminar: Trainees Dermatology Cases Presentation <i>Organized by Interest Group in Dermatology</i>	FM Trainees	Dr. LAM Wing Wo

Face to Face Event

Date and Time	Venue	Topic	Speaker
21 Jan (Tue) 6:30 – 8:30 p.m. (Registration will be started from 6:30 p.m.)	Shantung Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	Redefining Obesity and Type 2 Diabetes Care in Primary Care Setting 1. Exploring GIP/GLP-1 Receptor Agonism in the Clinical Management of Type 2 Diabetes 2. New Horizons in Obesity Care – The Role of GIP/GLP-1 Receptor Agonist in Weight Management <i>Sponsored by Eli Lilly Asia, Inc.</i>	1. Prof. Thomas Andreas FORST <i>Chief Medical Officer, CRS Clinical Research Services, Germany</i> 2. Prof. Alice CHENG <i>Endocrinologist Associate Professor, University of Toronto, Ontario, Canada</i>

QR Code for registration



Admission Fee:

4 Jan 2025 (Sat) Members: Non – members:	Complimentary HK\$ 100.00
21 Jan 2025 (Tue) College Fellow, Full, or Associate Members: Other Categories of Members: Non – members:	Complimentary *(\$50 Enrollment deposit is required) HK\$ 750.00 HK\$ 850.00

* Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and send to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered member upon registration on the day.

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Accreditation : 4 Jan : 2 CME Points HKCFP (Cat. 4.3) Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
2 CME Points MCHK (pending)
21 Jan : 2 CME Points HKCFP (Cat. 4.3) Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
2 CME Points MCHK (pending)

Online Monthly Video Sessions

Dates and Time	Topics
27 December 2024 (Fri) 2:30 – 3:30pm	"Short- and Long-term Treatment Plan for Mental Health Problems in Family Practice" by Dr. LO Tak Lam

QR Codes for registration

27 December 2024 (Fri)



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :

Online Events

- In case of over-subscription, the organizer reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Tuesday, 02 January 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	The Provision of Anticipatory and Preventive Care in the Community Dr. YIP Pui Leung, Dr. YUNG Hiu Ting	Ms. Eliza CHAN Tel: 2468 6813
Monday, 08 January 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vocational Training Program for Family Medicine in Hong Kong Dr. WANG Siqi	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Infection Control in General Practice Dr. NG Chi Ho, Dr. NG Joyce Hei Lam	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Family Life Cycle Dr. CHAN Hei Wai Venus, Dr. TANG Yeung On	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Daily Management of Patients using RAPRIOP@ LAP Dr. FUNG Yan Ning Elaine	Ms. Cherry WONG Tel: 2589 2337
Tuesday, 09 January 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Transforming Consultations: The Power of Active Listening and Body Language Dr. WOO Tiffany, Dr. ZHANG Dingzuan	Ms. Eliza CHAN Tel: 2468 6813
Monday, 15 January 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Introduction and Application of FM Principles Dr. FONG Lok Ki	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Somatic Symptom and Related Disorders & Obsessive-Compulsive and Related Disorders Dr. CHEUNG Tsz Kei Jennifer, Dr. KONG Tai Wai David	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Update in DM Management Dr. CHAN Lok Hin Thomas, Dr. CHEUNG Tsz King Johnny	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Common Mental Disorder in Female Patient Dr. LO Ching On	Ms. Cherry WONG Tel: 2589 2337
Tuesday, 16 January 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Emergency Equipments in Primary Care Dr. CHAN Cho Shan, Dr. TANG Kin Sze	Ms. Eliza CHAN Tel: 2468 6813
Monday, 22 January 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	How to Prepare Conjoint Exam (Part 1) Dr. KWONG Chung Man	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Community Resource : Elderly Health Care Dr. CHAN Hue Yan Stephanie, Dr. HO HAN Chung Gary	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Contraception Dr. NG Ka Wai Will, Dr. LEUNG Wai Chung Rachel	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Practice Management: Diagnostic Equipment in Daily Practice Dr. TSE Ping Yu Clarice	Ms. Cherry WONG Tel: 2589 2337
Tuesday, 23 January 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Managing Conflict of Interest in Primary Care Setting Dr. CHUNG Wing, Dr. SUNG Cheuk Chung	Ms. Eliza CHAN Tel: 2468 6813

READERSHIP DRIVE

Congratulations!

The returns from the following doctors have been selected for November 2024 issue:

**Dr. CHENG Tik Man Sharon, Dr. CHEUK Hiu Ying, Dr. LEE Chun Ki,
Dr. LEUNG Shuk Yun, Dr. YIU Ming Pong**



need your views about its role as the newsletter of College!

Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation.

You could also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / Family Doctors Column / News Corner / The Diary of a Family Doctor / After Hours

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation

Share your thoughts



The FP Links Editorial Board would like to thank all readers, contributors, sponsors and the College Secretariat for their tremendous support to the FP Links throughout the year.

Wishing you all

***Merry Christmas &
Happy New Year***

The FP Links Committee



COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Dec	23	24	25	26	27 2:30 – 3:30 p.m. Video Session	28
29	30	31	1 Jan	2 4:00 – 6:00 p.m. Structured Education Programme	3	4 2:00 – 3:30 p.m. Interest Group in Dermatology 2:30 – 5:30 p.m. DFM Consultation Skills Workshop II
5	6	7	8 2:30 – 7:00 p.m. Structured Education Programme	9 4:00 – 6:00 p.m. Structured Education Programme	10	11 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
12	13	14	15 2:30 – 7:00 p.m. Structured Education Programme	16 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	17	18 2:30 – 5:00 p.m. DFM Structured Seminar
19	20	21 6:30 – 8:30 p.m. CME Lecture	22 2:30 – 7:00 p.m. Structured Education Programme	23 4:00 – 6:00 p.m. Structured Education Programme	24	25 2:30 – 5:30 p.m. DFM Women Health Workshop
26	27	28	29	30	31	1 Feb
2	3	4	5 2:30 – 7:00 p.m. Structured Education Programme	6 4:00 – 6:00 p.m. Structured Education Programme	7	8 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

FP LINKS EDITORIAL BOARD



FP LINKS EDITORIAL BOARD 2024

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