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Message from the President

You may recall that in the Primary Healthcare Blueprint, the Government formulated the direction of development and strategies for strengthening Hong Kong's primary healthcare system in order to address the many challenges arising from an ageing population and the increasing prevalence of chronic diseases and at the same time to further enhance the overall health and quality of life of citizens in Hong Kong. The Primary Healthcare Blueprint reiterated the needs to further strengthen the central role of family doctors in leading and providing primary healthcare to individuals and families in the community. In order to provide the public and healthcare service providers an easily accessible electronic database containing practice information and professional qualification of primary care providers, the Primary Care Directory (PCD) was established since 2011. As one of the key recommendations of the Primary Healthcare Blueprint to strengthen primary healthcare governance, from 6 October 2023 onwards, medical practitioners are required to be enlisted in the PCD in order to participate in Government-

subsidised primary healthcare programmes, including Elderly Health Care Voucher Scheme (EHVS), Colorectal Cancer Screening Program (CRCSP) and General Outpatient Clinic Public-Private Partnership Programme (GOPC PPP). Those who are yet to be enlisted in the PCD by the end of the two-month grace period (i.e. 6 December 2023 and thereafter) will no longer be able to offer their patients subsidised services under the aforementioned programmes.

The Government has announced that the one-off arrangement of provisional listing in the PCD for medical practitioners was launched on 24 November 2023. To encourage medical practitioners who are committed to provide primary care on meeting the training requirements for maintaining to be listed in the Directory, a one-off arrangement is to be put in place for medical practitioners with insufficient Continuing Medical Education (CME) points for listing on or before 6 December 2023 to be provisionally enlisted in the Directory by undertaking to accumulate sufficient CME points (30 points in the past year) on or before 31 March 2024. Medical practitioners being provisionally listed during the transitional period may continue to participate in the Government-subsidised primary healthcare programmes. Those failing to provide proof of sufficient CME after 31 March 2024 will be delisted from the Directory and would not be



Welcoming Speech by
Dr. David Chao



Dr. David Chao and HKCFP FM²
(left to right: Dr. Wanmie Leung, Dr. Chloe Chan, Dr. David Chao,
Dr. Aldo Wong & Dr. Lau Ka Kin)

MESSAGE FROM THE PRESIDENT



Dr. David Chao (7th from left) & college secretaries

able to participate in these programmes. Further details can be obtained via the following link. (https://www.pcdirectory.gov.hk/files/pre_requisite_for_gov_subsidised_ph_programmes.pdf)

The first post COVID-19 Hong Kong

College Family Physicians annual dinner has been held recently at the Hong Kong Academy of Medicine and it was well attended by 200 + College Fellows and Members, including new Conjoint Fellows and Academy Fellows. The evening was full of enjoyable programmes, including singing performances by our very own HKCFP FM2 and College Council, myself included. The grand lucky draws and bingo brought anticipations and excitements to the participants, and the evening was complimented by great food and excellent company throughout. I look forward to another great gathering next year!

The Hong Kong Academy of Medicine (HKAM) was established in 1993, and this year marks its

30th Anniversary. I attended the Gala Dinner which has been held recently as part of the celebration of this very important milestone and it was well attended by Fellows of the 15 Colleges under the umbrella of HKAM. We are most grateful that the Chief Executive of HKSAR also joined the Academy's celebratory Gala Dinner on this auspicious occasion showing his support for the Academy and the medical profession. Happy 30th birthday to the Hong Kong Academy of Medicine!

I also attended the Hong Kong Jockey Club Innovative Learning Centre for Medicine (HKJC ILCM) 10th Anniversary on behalf of our College. Established in 2013, the HKJC ILCM has devoted a decade to the pursuit of excellence and innovation in medical education. Prof. Donald Li, the President of the HKAM at the time, was instrumental in the formation of the HKJC ILCM. All the best wishes to the HKJC ILCM in the years to come.

As the holiday season is around the corner, I would like to take this opportunity to wish you all a very Merry Christmas and a very Happy New Year ahead!

Dr. David V K CHAO
President



HKAM Pearl Jubilee Gala Dinner

The Composition of HKCFP Council 2023 – 2024

Following the 46th HKCFP Annual General Meeting and the 498th Council meeting on Sunday, 03 December 2023, the following Executives and Council Members were elected:

Dr. LAU Ho Lim	Vice-President (General Affairs)
Dr. CHAN Hung Chiu	Council member
Dr. Simon CL AU	Council member
Dr. CHAN King Hong	Council member
Dr. NGAN Po Lun	Council member
Dr. YIU Yuk Kwan	Council member
Dr. Esther YT YU	Council member

Congratulations. We extend our hearty welcome to the above candidates.



Photo of Executives on stage
(From left to right: Dr. Billy CF CHIU, Dr. LAU Ho Lim, Dr. David VK CHAO, Prof. Samuel YS WONG & Dr. Cecilia YM FAN)



Photo of the floor
Fellows and Members attending the Annual General Meetings.

The Composition of the Council 2023 – 2024 is as follows:

President	Dr. David VK CHAO	
Vice-President (General Affairs)	Dr. LAU Ho Lim	
Vice-President (Education & Examinations)	Prof. Samuel YS WONG	
Honorary Secretary	Dr. Cecilia YM FAN	
Honorary Treasurer	Dr. Billy CF CHIU	
Immediate Past President	Dr. Angus MW CHAN	
Council Members	Dr. Simon CL AU	Dr. Matthew MH LUK
	Dr. CHAN Hung Chiu	Dr. Lorna V NG
	Dr. King KH CHAN	Dr. NGAN Po Lun
	Dr. Peter A FOK	Dr. Wendy WS TSUI
	Dr. Ken KM HO	Dr. Marcus MS WONG
	Dr. Eric MT HUI	Prof. Samuel YS WONG
	Dr. Welchie WK KO	Dr. YIU Yuk Kwan
	Dr. Maria KW LEUNG	Dr. Esther YT YU
	Dr. LI Yim Chu	
Board of Censors	Prof. Cindy LK LAM (<i>Chief Censor</i>)	
	Dr. Stephen KS FOO	
	Prof. Donald KT LI	

Mr. Anthony WK CHOW has been re-appointed as **Honorary Legal Advisor** and **Mr. CF CHEUNG** has been re-appointed as **Honorary Auditor**.

The Chairperson of the various Boards and Committees 2023 - 2024 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination	Dr. CHAN Hung Chiu
Board of Diploma in Family Medicine	Dr. Simon CL AU
Board of Education	Dr. CHAN King Hong
Board of Professional Development and Services	Dr. LAU Ho Lim
Board of Vocational Training & Standards	Dr. YIU Yuk Kwan
Editorial Board	Dr. David VK CHAO
Specialty Board	Dr. Wendy WS TSUI
Board of Censor	Prof. Cindy LK LAM (<i>Chief Censor</i>)
	Dr. Stephen KS FOO
	Prof. Donald KT LI

Chairmen of Various Committees

Business Management Committee	Dr. Billy CF CHIU
Education Committee (AM affairs)	Prof. Samuel YS WONG
External Affairs Committee	Dr. David VK CHAO
Finance Committee	Dr. Billy CF CHIU
FP links Committee	Dr. Wendy WS TSUI
Hong Kong Primary Care Conference	Dr. Lorna V NG
House Management Committee	Dr. LAU Ho Lim
Internal Affairs Committee	Dr. Welchie WK KO
Membership Committee	Dr. Maria KW LEUNG
Public Education Committee	Dr. NGAN Po Lun
Quality Assurance & Accreditation Committee	Dr. LI Yim Chu
Research Committee	Prof. Samuel YS WONG
Web and Computer Committee	Dr. Matthew MH LUK
Young Doctors Committee	Dr. Esther YT YU (Co-Chair)
	Dr. CHAN Lam (Co-Chair)

Dr. Cecilia YM FAN
Honorary Secretary

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists [Ver. Oct 2023]

For College members who are new registrants or those who would like to switch their MCHK CME Administrator to Hong Kong Academy of Medicine (HKAM) via College (with current cycle start date 1 January only) **starting from 1st January 2024**, they must submit Registration Consent Form to College Secretariat before **22 December 2023 (Friday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangement. As usual, late submissions will not be processed.

Quality Assurance & Accreditation Committee Secretariat

Quality Assurance & Accreditation Committee News (Con't)

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2023

Dear Members,

The credit point score of year 2023 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **23 February 2024 (Friday)**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2023** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2023-25**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2023 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **“Report on CME/CPD missing points from Pre-Accredited Activity”** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 23 February 2024 (Friday)

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying additional accreditation, please send a cheque payable to “HKCFP Education Ltd” **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear Sufficient Postage before posting.

Application Form and Supporting Documents can be submitted by post to the above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. Li Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

As the cycle year 2023 is going to be finalized, please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that Colleagues **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2023-2025** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2023**, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2023-2025).

Another point to highlight is the various ways to gain CPD points. Please refer to the table summarized by QA committee at: <https://www.hkcfp.org.hk/upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf>

Please see the "Regulations for Award of Quality Assurance 2023-25 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For activities that are applicable for CPD log submission, the following statement "**Up to 2 CPD Points (Subject to Submission of Satisfactory Report of Professional Development Log)**" will be marked in the 'Board of Education News' published in FP links or circulated through bulk email. The log is required to be submitted within one month after the lecture.

Journal:

Specific articles published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice

('Online First' articles are not included)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted. Please be reminded you must fulfill the requirement to obtain CME points, in order to obtain CPD points through activity CPD Log.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer
[* MCQ/ True or False Question; 50% or above correct answers are required.]

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms. Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. Li Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **October – December 2023**:

New Application

Associate Membership

Dr. AU Hin Fung	區 憲 楓
Dr. CHEUNG Kai O	張 啓 奧
Dr. LEE Chak Pui	李 澤 培
Dr. LIANG Kai Ting, Katy	梁 凱 婷
Dr. YU Chak Lam	余 澤 林

Student Membership

Mr. KWAN Chun Hei, Michael	關 雋 熙
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Transferral

From Associate to Non-HKSAR Membership

Dr. TSANG Sau Hang, Caroline	曾 守 衡
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Resignation

Associate Membership

Dr. AU Ka Wing	區 家 榮
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Termination

Associate Membership

Dr. TEOH Sim Chuan, Timothy	張 新 村
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Fellowship

Dr. CHOW Heung Wing, Stephen	周 向 榮
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HKCFP Membership Annual Subscription 2024 Announcement

Dear College Members,

Please note the following annual membership subscription fees will be effective from 1st January 2024.

• Fellow Member:	HK\$ 1,600.00
• Full Member:	HK\$ 1,070.00
• Associate Member:	HK\$ 1,070.00
• Affiliate Member:	HK\$ 400.00
• Non-HKSAR Fellow Member:	HK\$ 1,000.00
• Non-HKSAR Member:	HK\$ 400.00
• Student Member:	HK\$ 132.00

Also, a 10% discount will be applied if the annual subscription fee 2024 is settled:

- by any accepted payment method on or before 29th February 2024, or
- through accepted e-payment, i.e. PayPal, or FPS轉數快 on or before 30th June 2024 or
- through existing Autopay account to be proceeded by the Secretariat before 29th February 2024 (please contact the Secretariat not later than 10th January 2024 if you would like to set up the autopay account).

Members please refer to the Debit Note of Annual Subscription 2024 to be issued at the end of December 2023 for detailed instructions and please also note the following important dates:

Early Bird Discount	- by any accepted payment method on or before 29 th February 2024 (according to postal mark if paid by cheque). Post-dated and incorrect cheque are not accepted.
E-payment Discount	- paid by PayPal or FPS轉數快 on or before 30 th June 2024. (FPS轉數快 is available for the local bank account holders only)
Normal Rate	- from 1 st March 2024 to 30 th June 2024
Cut-off Date of Membership Renewal	- 30 th June 2024
Effective Date of Termination	- date-back from 1 st January 2024

Should you have any inquiries, please do not hesitate to contact the Secretariat by phone to 2871 8899 or email membership@hkcfp.org.hk.

Thank you for your continuing support to the College.

Dr. Maria KW LEUNG
Chairlady
Membership Committee

Board of Conjoint Examination News

Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates have passed the clinical segment of the 37th Conjoint Examination 2023.

Dr. Chan King Hang	Dr. Lam Chi Hang	Dr. Ng Chi Wing Carrie	Dr. Wong Tsz Yan
Dr. Chau Kei Wai	Dr. Lam Lai Cho Eugenia	Dr. Noh Young Ah	Dr. Woo Long Yiu
Dr. Chow Wing Man	Dr. Lam Wing Ching Nicole	Dr. Sheng Wei Yang	Dr. Wu Chi Ho Bosco
Dr. Fung Wai Yee	Dr. Lee Jerrold	Dr. Tai Lok Yin Nadia	Dr. Wu Flora
Dr. Ho Ka Ki	Dr. Li Kwok Ho	Dr. Tang Miu Sze	Dr. Yap Jon-Alvan Tsun Hee
Dr. Ho Suet Ying	Dr. Li Shiyue	Dr. Tsang Lai Ting	Dr. Yu Kwun Nam
Dr. Ho Sze Ho	Dr. Liu Ka Yee	Dr. Tso Sau Lin	Dr. Yu Louise Anne Sum Wun
Dr. Hou Baijing	Dr. Lo Chak Yui	Dr. Wong Calvin Alexander	
Dr. Lai Ge Woon Gevon	Dr. Lui Tsz Yin	Dr. Wong Chun Hun Jonathan	

Congratulations to you all !

Dr. Peter CY Lee Best Candidate Award 2023

Dr. Liu Ka Yee and Dr. Woo Long Yiu, who had passed the Conjoint HKCFP/RACGP Fellowship Examination at one setting and achieved the best overall performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2023.

Congratulations to Dr. Liu and Dr. Woo!

Our Heartfelt Thanks to all Examiners & Case-writers

Examiners

The Board of Conjoint Examination would like to take this opportunity to thank all the following examiners for their active participation in various segments of the Conjoint Examination this year.

Dr. Ai Hiu Fay Dawn	Dr. Chan Ying Ho, Andrew	Dr. Fung Yuk Kwan
Dr. Au Tai Kwan Eva	Dr. Chan Yuen Yan	Dr. Ho Ka Ming
Dr. Au Yeung Shiu Hing	Dr. Chao Vai Kiong, David	Dr. Ho Kin Sang
Dr. Bien Tse Fang, Barry	Dr. Chau Kai Man	Dr. Ho Yiu Keung, Steven
Dr. Chan Hung Chiu	Dr. Cheng Michael	Dr. Hui Kwun Sue, Wilson
Dr. Chan Hung Wai, Patrick	Dr. Cheng Wai Fat	Dr. Hui Ming Tung, Eric
Dr. Chan Kin Ling	Dr. Cheuk Christina	Dr. Hung Lok Lam Susanna
Dr. Chan King Hong	Dr. Cheung Hard King	Dr. Hung Wai Yin
Dr. Chan Laam	Dr. Cheung Man Ha	Dr. Ip Pang Fei
Dr. Chan Man Hung	Dr. Cheung Mei Yee	Dr. Ip Sui Wah
Dr. Chan Man Li	Dr. Cheung Pui Shan, Cindy	Dr. Kam Sze Man, Silvia
Dr. Chan Mei Tak	Dr. Cheung Sze Man	Dr. Kan Chi Ho
Dr. Chan Ming Wai, Angus	Dr. Cheung Wai Keung, Paul	Dr. Ko Wai Kit
Dr. Chan Pui Chuen	Dr. Ching Kam Wing	Dr. Kong Che Wan
Dr. Chan Sze Luen, David	Dr. Choi Chuen Ming, Clarence	Dr. Kong Yim Fai, Albert
Dr. Chan Tat, Eddie	Dr. Chung Tze Nang, John	Dr. Kung Kenny
Dr. Chan Wan Wai	Dr. Dao Man Chi	Dr. Kwan Sin Man
Dr. Chan Wan Yee, Winnie	Dr. Fan Wai Man, Anita	Dr. Kwok Chung Hon, Michael
Dr. Chan Wing Yan, Loretta	Dr. Fan Yuen Man, Cecilia	Dr. Kwok Yip Tung Tony
Dr. Chan Wing Yi	Dr. Fok Peter Anthony	Dr. Kwok Yuen Na
Dr. Chan Yin Hang	Dr. Foo Kam So, Stephen	Dr. Kwong Bi Lok, Mary
Dr. Chan Yin Yue Yeni	Dr. Fu Sau Nga	Dr. Lam Ching Man

Dr. Lam Hiu Lam
 Dr. Lam Hon Man
 Prof. Lam Lo Kuen, Cindy
 Dr. Lam Paul
 Dr. Lam Tak Man, Catherine
 Dr. Lam Wing Kwun
 Dr. Lam Wing Wo
 Dr. Lau Ho Lim
 Dr. Lau Kam Tong
 Dr. Lau Kin Sang, Kinson
 Dr. Lau Po Shan
 Dr. Lau Tai Wai
 Prof. Lee Albert
 Dr. Lee Chun Kit, Tony
 Dr. Lee Kai Yuen
 Dr. Lee Man Kei
 Dr. Leung Kwan Wa, Maria
 Dr. Leung May Heng, Sandy
 Dr. Leung Tsi Mei, Violet
 Dr. Leung Wing Kit
 Dr. Li Yim Chu
 Dr. Liang Jun
 Dr. Lo Chun Hung, Raymond
 Dr. Lui Luen Pun, Benny
 Dr. Luk Wan
 Dr. Ng Ching Luen

Dr. Ng Mei Po
 Dr. Ng Mei Yee
 Dr. Ng Tze King Peter
 Dr. Ng Ventura Lorna
 Dr. Ngai Bernard
 Dr. Ngai Ka Ho
 Dr. Or Ka Yan
 Dr. Pang Siu Leung
 Dr. Shek Chun Chiu
 Dr. Sin Ka Ling
 Dr. Siu Pui Yi
 Dr. So Ching Yee, Gloria
 Dr. Tam Ho Shan
 Dr. Tam John Hugh
 Dr. Tam Ka Wae, Tammy
 Dr. Tam Kit Ping
 Dr. Tam Wah Kit
 Dr. To Kit Yuk, Dorothy
 Dr. Tong Po Hei
 Dr. Tsai Hung Yu
 Dr. Tse Hing Choi
 Dr. Tse Kwok Ki, Keith
 Dr. Tse Sut Yee
 Dr. Tsim Koon Lan
 Dr. Tsoi Lai To, Sammy
 Dr. Tsoi Wai Wang, Gene

Dr. Tsui Felix
 Dr. Tsui Hoi Yee
 Dr. Wan King Tung
 Dr. Wong Chak Tong
 Dr. Wong Chi Kwong, Roger
 Dr. Wong Chi Lung
 Dr. Wong Fai Ying
 Dr. Wong Kwok Ho
 Dr. Wong Man Kin
 Dr. Wong Mong Sze, Marcus
 Dr. Wong Oi Yee, Amy
 Dr. Wong Pak Hoi
 Dr. Wong Pak Kin
 Dr. Wong Suk Ching
 Dr. Yau Lai Mo
 Dr. Yeung To Ling, Solomon
 Dr. Yeung Wai Man
 Dr. Yip Wing Ki
 Dr. Yiu Ming Pong
 Dr. Yiu Yuk Kwan
 Dr. Young Sui Wah
 Dr. Yu Sze Kai Frances
 Dr. Yuen Fu Lam
 Dr. Yuen Shiu Man

Case-writers

We would like to particularly thank the following examiners for their contributions in writing up examination questions and cases in various segments of the Conjoint Examination this year.

Dr. Bien Tse Fang, Barry
 Dr. Chan Man Hung
 Dr. Chan Pui Chuen
 Dr. Chan Wan Yee, Winnie
 Dr. Chan Wing Yan, Loretta
 Dr. Chan Wing Yi
 Dr. Chan Yin Hang
 Dr. Chan Yin Yue Yen
 Dr. Cheng Michael
 Dr. Cheung Hard King
 Dr. Dao Man Chi
 Dr. Fu Sau Nga
 Dr. Ho Ka Ming

Dr. Kung Kenny
 Dr. Kwan Sin Man
 Dr. Kwok Yip Tung Tony
 Dr. Kwok Yuen Na
 Dr. Lam Tak Man, Catherine
 Dr. Lam Wing Kwun
 Dr. Lau Ho Lim
 Dr. Lau Kam Tong
 Dr. Leung Kwan Wa, Maria
 Dr. Ng Tze King Peter
 Dr. Ngai Ka Ho
 Dr. Siu Pui Yi
 Dr. So Ching Yee, Gloria

Dr. Tam Ho Shan
 Dr. Tsoi Lai To, Sammy
 Dr. Tsui Felix
 Dr. Wan King Tung
 Dr. Wong Chak Tong
 Dr. Wong Chi Lung
 Dr. Wong Fai Ying
 Dr. Wong Man Kin
 Dr. Wong Pak Kin
 Dr. Yau Lai Mo
 Dr. Yeung Wai Man

The Board of Conjoint Examination is also extremely grateful for all their contributions and continual support throughout these years.



Dr. Chan Hung Chiu
 Chairman
 Board of Conjoint Examination

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **31st January 2024 (Wednesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2023 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee

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Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2026, please submit the application for higher training on or before **29th February 2024 (Tuesday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

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Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on **23rd February 2024 (Friday)** for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 23rd February 2024 (Friday)

Time : 7:30 p.m.

Venue : Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wanchai

For registration, please fill up the form via scanning the QR code:

Higher Training Subcommittee

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Should you have any inquiries regarding vocational training, please feel free to contact Ms. Hannah Lok and Ms. Kathy Lai at 2871 8899 or email to BVTS@hkcfp.org.hk.

Board of Vocational Training & Standards, HKCFP



The Diary of a Family Doctor【家庭醫生的日常】

《聆聽》

冼銘全醫生

為醫學生作臨床帶教，總會遇到令人印象深刻的情景。

68歲女士獨自步進診症室，我著背後三位醫學生中的其中一位開始問症。

醫學生：「今日點樣幫到妳？」

女士：「我小便有泡，同埋好頻密。」

醫學生繼續問診。女士表示小便沒有痛楚或帶血，最近亦常常覺得口乾，但沒有體重下降。

家庭醫學也注重病人社交背景，**醫學生也循例問道：**「依家同邊個住？」

女士：「依家唔洗湊孫，同先生住。」

醫學生為病人做了簡單的身體檢查，我問學生們初步的鑑別診斷。

學生答：「要排除蛋白尿，尿道炎。」

另一學生補充：「也要排除糖尿病。」

都很正確。我安排病人到治療室先作簡單的血糖測試（篤手指）及快速小便測試，看看以上提到的病因那一個最有可能。

可是還有一個可能。

我：「如果一陣測試全部正常，下一步點樣處理？」

問症的醫學生：「再要排除泌尿系統的問題，可能要作轉介。」

我：「頭先病人有冇邊一句說話可以作為提示，表示可能唔係身體上嘅問題？」

醫學生一時答不上來。

我：「有一句好可能係關鍵，就係〔我依家唔洗湊孫〕，一陣，我哋再問深入啲。」

醫學生們大惑不解。

病人再次進入診症室，果然，空腹血糖和小便快速測試全部正常，顯示沒有蛋白尿，糖尿或尿道炎的可能性極低。

我解釋了測試結果，**然後問女士：**「妳頭先話宜家唔洗湊孫呀……」

女士立即回應：「係，佢過咗加拿大，我好擔心佢…」眼淚已奪眶，她瞬間泣不成聲。

我遞上一早準備好的紙巾，回頭一撇三位學生驚愕的表情，診症室頓時一片寂靜。

我待女士稍稍整頓，鼓勵她多表達一下。原來女士兒子和孫兒一家移民加拿大一年，一直有留意他們在當地的生活，發覺兒子媳婦適應不太好，照顧孫兒亦不妥當，常替他們著急，朝思暮想，非常不安，甚至失眠，還不時心跳、手震。

其實口乾、尿頻，都可以來自焦慮，焦慮改變了交感神經系統，某些感官運作、膀胱活躍便隨之出現。

小使有泡，排除一下蛋白尿，其實很多時是正常的。我提醒女士，過好自己的生活，學習放鬆。也替她安排抽血驗甲狀腺素。

細心聆聽，常留意人的行為模式，必能為病人指出正確方向。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk

FP Links Committee Announcement

Taking Go Green to next level

Dear College Members,

Since 2009, an increasing number of members have opted to discontinue receiving printed copies of FP Links. FP Links Committee would like to thank the members who have supported the "Go Green" initiative.

To drive the initiative forward, from January 2024, subscription will be changed to electronic versions automatically for all college members unless notified otherwise. All issues of Family Physicians Links (FP Links) are accessible from our college website http://www.hkcfp.org.hk/fplinks_40.html.

Members who would like to receive printed copies of FP Links after 1 January 2024, please complete the e-form by scanning the QR code.

Thank you for joining us together in reducing paper consumption and helping conserve natural resources!

The Hong Kong College of Family Physicians

Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Email: FPLinks@hkcfp.org.hk

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Bed Bugs: The Tiny Uninvited Guests

Dr. John-Hugh Tam, Specialist in Family Medicine

Bed bugs have become one of the common pests found in households in recent years, causing a lot of inconvenience and discomfort. These tiny insects feed on human blood and are usually active at night, biting humans and causing symptoms such as redness, rashes, and itching. The presence of bed bugs can also have some psychological and health effects.

Bed bug bites are primarily caused by two types of insects: *Cimex lectularius* (common bed bug / 溫帶床蝨) and *Cimex hemipterus* (tropical bed bug / 熱帶床蝨), as their names suggest, primarily found in temperate and tropical regions. They range in size from 1 to 7 millimeters. They spread by crawling between nearby locations or being carried in personal belongings.



Guideline issued from Food and Environmental Hygiene Department (FEHD) about Bedbugs Prevention and Control

Bed bug bites typically appear as red rashes and raised skin lesions. They mostly target exposed skin areas, such

as arms, legs, face, and neck. Individuals react differently to bed bug bites, ranging from no apparent symptoms (about 20-70% of cases) to the development of small red dots, blisters, and intense itching that may persist for several days.

The symptoms of bed bug bites may not immediately appear and sometimes take several days to manifest. Due to sensitivity to proteins in bed bug saliva, multiple bites can result in stronger skin reactions, such as rashes or hives. Prolonged bed bug bites can also lead to other symptoms and health issues, such as anaemia or bacterial skin infections due to scratching. While bed bug bites rarely cause systemic symptoms, individuals who are bitten may experience sleep disturbances and interference with daily life due to itchiness and discomfort. Although bed bugs theoretically have the potential to carry pathogens, there is currently no evidence to suggest that they can transmit infectious diseases.

The primary treatment for bed bug bites is to avoid repeated bites, and local discomfort at the site of the bite can be alleviated with antihistamines and topical corticosteroids. However, if the symptoms are mild, they usually resolve on their own within 1 to 2 weeks.

Bed bugs not only bite humans but can also feed on the blood of warm-blooded animals such as pets like cats and dogs in households, as documented in the literature. Bed bug infestation is rarely caused by poor hygiene but is more commonly observed in high-density areas such as student dormitories, nursing homes, and hotels.

To address bed bug problem, it is important to identify signs of infestation. Bed bugs typically hide in places like mattresses, bed frames, headboards, and bed sheets. When inspecting bedding and furniture, look for signs of bed bugs such as black excrement, shed skin, and adult or nymph bed bugs. If the presence of bed bugs is confirmed, immediate measures should be taken to eliminate them.

Removing bed bugs from a home is often challenging, partly because bed bugs can survive for up to 300 days without feeding, and a female bed bug has multiple opportunities to lay eggs each month, producing approximately 250 eggs in her lifetime. Bed bug eggs hatch and mature in just three weeks, so a minor bed bug problem can easily escalate into a severe home environment contamination in a short period of time. This

makes complete eradication of bed bugs complex and requires patience and persistent treatment. Traditional methods such as exposing furniture and mattresses to sunlight for “disinfection” may not be effective enough to completely eliminate bed bugs.

Successful elimination of bed bugs requires a comprehensive approach, including the following steps:

1. **Cleaning and insecticide treatment:** Thoroughly clean and vacuum all surfaces in the home, including mattresses, bed frames, headboards, carpets, and furniture. Use high-temperature washing and drying for bedsheets, covers, and pillowcases to kill bed bugs and their eggs. Simultaneously, use appropriate insecticides such as pyrethrins and pyrethroids (擬除蟲菊酯類化合物) to treat affected areas.
2. **Treatment of bedding and furniture:** If the bed bug infestation is severe, it may be necessary to consider replacing mattresses and furniture. If replacement is not feasible, consider using bed bug-specific encasements or covers to seal mattresses and pillows, preventing bed bugs from entering or escaping.
3. **Professional intervention:** In cases of severe bed bug infestation, seeking professional pest control services may be necessary. Professional exterminators will use more potent insecticides and techniques to address the bed bug problem and provide ongoing monitoring and treatment to ensure complete elimination of bed bugs.

It is important to remember that the process of eliminating bed bugs may take time and may require multiple treatments. Regular inspection and preventive measures are also crucial to prevent reinfestation. Working with professionals and following their advice will help effectively eliminate and prevent bed bug infestations.

Finally, preventing the entry of bed bugs and “first contact” is also important. For example, avoid purchasing used mattresses and furniture, especially those that have not been thoroughly cleaned and treated. When traveling, take precautions not to bring bed bugs home by keeping luggage off the floor and beds in hotels, placing them on luggage racks (or in a dry bathtub as some have suggested). Inspect hotel rooms for signs of bed bugs before settling in.

In summary, bed bugs are small insects that feed



Placing items on a luggage rack may be a way to ward off bed bugs during travels

on human blood and can cause discomfort and inconvenience. Their bites can result in redness, rashes, and itching. While they do not transmit diseases, their presence can lead to sleep disturbances and secondary skin infections due to scratching. Eliminating bed bugs requires a comprehensive approach, including cleaning, insecticide treatment, and, in severe cases, professional intervention. Preventive measures are also crucial to avoid infestations.

Reference:

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“Family Doctor for all”



“**Family Doctor for all**”, a key strategy highlighted in the Primary Healthcare Blueprint issued in December 2022, finally recognised the important role of family doctors in the provision of comprehensive, personalised primary care to each person from cradle to grave, from preventive to curative, chronic and palliative care in ensuring the sustainability of healthcare system and improving overall health of the population. The Chronic Disease Co-Care (CDCC) Pilot Scheme launched in November 2023 represented a prototype service model, where family doctors will play a crucial role to partner with the multi-disciplinary healthcare team at District Health Centres (DHC) or DHC Express (DHCE) to support participants continuously in prevention and management of hypertension and diabetes, in order to prevent resultant complications and healthcare burden.

Under the CDCC pilot scheme, Hong Kong residents aged 45 or above without known diabetes mellitus (DM) or hypertension (HT) can enroll in the scheme at DHC or DHCE, and **pair with a family doctor** for **subsidised** targeted screening and management of DM and HT. Scheme participants diagnosed with DM and/or HT are entitled to a maximum of six subsidised consultation visits with their paired family doctor per year for long-term management including medical consultations and drug prescription as clinically indicated, while those diagnosed with prediabetes are entitled to a maximum of four subsidised consultation visits per year. The co-payment fee charged to the participant would be determined by the family doctor. The Government’s recommended co-payment fee is \$150 per consultation. People aged 65 or above may settle the co-payment fees with Elderly Health Care Vouchers.

In addition to government-subsidised drug prescriptions, laboratory investigations, and medical consultations with

paired family doctors to lessen long-term financial burden of patients, a key feature of the CDCC pilot scheme is **multidisciplinary team-based care**. Family doctors can arrange allied healthcare professional services for scheme participants with prediabetes, DM and/or HT based on their clinical needs through DHC/DHCE. Specifically, scheme participants with prediabetes, DM and/or HT are entitled to 2 subsidised “nurse clinics” per year, where a named nurse will assess, educate and coach the participants on self-care and lifestyle, and coordinate care for the participants through regular communications with family doctors and allied healthcare professionals. Depending on clinical condition as assessed by the family doctor, a two-way referral mechanism with the Hospital Authority (HA) had been incorporated under the CDCC pilot scheme for a one-off medicine specialist medical consultation at designated Medicine Specialist Outpatient Clinics.

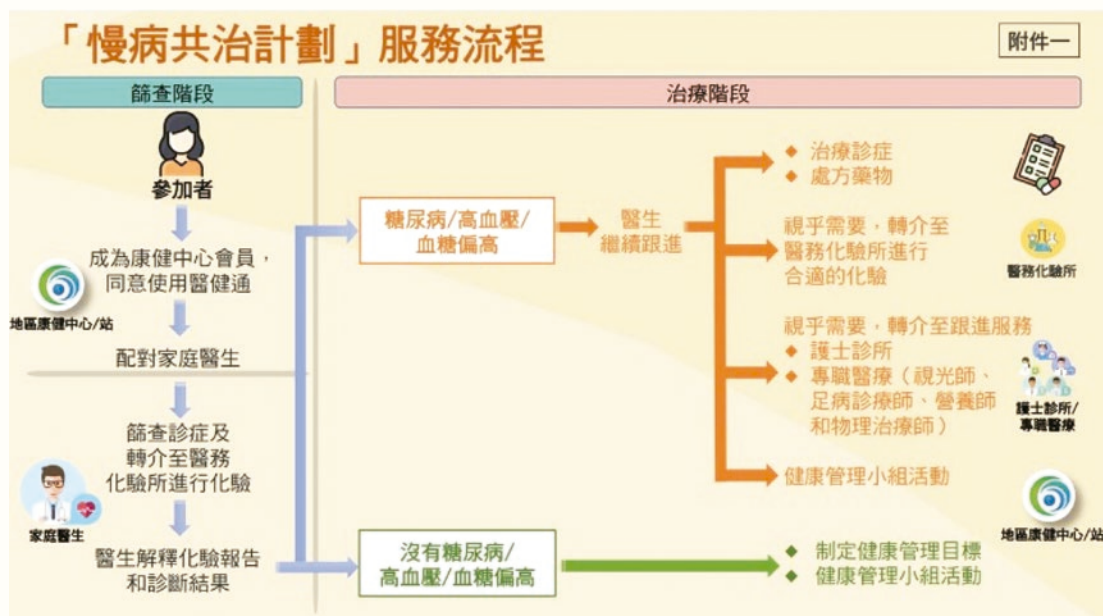
To encourage empowerment of our citizens to take on the primary responsibility of managing their own health, an **pay for performance incentive** mechanism has been introduced for both scheme participants as well as family doctors, effective from the second participant-programme-year onward. Scheme participants will enjoy a reduction of the co-payment fee with a maximum amount of \$150 for their first subsidised consultation in the following programme year, if he/she has achieved a number of health incentive targets, such as having their health indexes monitored and subsequently uploaded to the e-Health mobile application, attended follow-up consultations regularly, completed health education programmes or undergone specified examination as advised. Scheme family doctors will be eligible for incentive payment should over 70% of the scheme participants under their care have achieved clinical targets, including blood pressure <140/90mmHg for patients with

HT, and blood pressure <130/80mmHg plus HbA1c<7% for patients with DM. The incentive will be calculated as 15% of consultation fees (i.e. fixed subsidy plus reference co-payment fee) multiplied by the number of subsidised consultations within the participant-programme-year for their patients who meet clinical targets.

As of mid-November 2023, around 400 family doctors had joined the CDCC Pilot Scheme. We sincerely invite our fellow family doctors to seize this golden opportunity to actualise **“Family Doctor for all”**, through enlisting yourself as a CDCC pilot scheme **“family doctor”**, to allow our fellow citizens to locate quality family doctors who can provide comprehensive, continuous, patient-centric quality primary care.

Reference:

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- News.gov.hk 6 November 2023 https://www.news.gov.hk/eng/2023/11/20231106/20231106_143553_001.html
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- RTHK 18 November 2023 基層醫療健康專員指慢病共治計劃反應熱烈 - RTHK
- AM730 18 November 2023 慢病共治計劃 | 首周逾3500人預約反應熱烈擬涵蓋更多疾病 | am730



「慢病共治計劃」政府資助額和參加者共付額

附件二

階段	服務範圍	服務提供者	政府資助額	參加者共付額
篩查	診症	家庭醫生	196元(一次性)	120元(一次性)
	化驗	醫務化驗所	政府資助全部費用	無須額外付費
治療	診症(註)	家庭醫生	每次166元	醫生釐定的共付額 (政府建議的共付額為每次150元)
	藥物	家庭醫生	就每位參加者於當季獲處方計劃藥物名單內治療慢性疾病的藥物, 向家庭醫生提供季度資助105元 [家庭醫生可以優惠價格向指定藥物供應商採購計劃藥物名單內的藥物]	使用計劃藥物名單內的基本藥物, 無須額外付費
	化驗	醫務化驗所	政府逐項資助部分費用	逐項支付指定共付額
	護士診所跟進 專職醫療服務	護士診所 專職醫療	政府就每次服務提供部分資助, 參加者須支付指定共付額	視乎臨床診斷, 參加者一般只需就每組化驗服務(各包含兩至五個化驗項目)支付介乎40元至130元的指定共付額

註: 「個人計劃年度」由參加者加入治療階段的日期起計12個月, 並在每年同一日期重新計算新一年的資助診症額
 1. 患有高血壓/糖尿病/高血壓及糖尿病/高血壓及血糖偏高的人士: 每個「個人計劃年度」可獲最多六次資助診症
 2. 血糖偏高者: 每個「個人計劃年度」可獲最多四次資助診症
 3. 若實際診症次數超出最高資助診症次數或參加者選用計劃涵蓋範圍以外的服務及藥物, 則須自行支付相關費用, 參加者可向其家庭醫生查詢有關收費
 *如該醫生已登記參與長者醫療券計劃, 參加者可使用醫療券支付共付額

醫療券 長者醫療券適用*

醫療費用減免不適用

Compiled by Dr. Will LEUNG and Dr. Esther YU

A Journey of Growth and Advocacy: My Experience as a Newly Elected Young Doctor Representative at WONCA

Dr. Chan Yuen Ching Cheryl
Member of Young Doctors' Committee, HKCFP; WONCA Young Doctors' representative



(From left to right) Prof. Donald Li, Dr. Lau Ho Lim, Dr. Esther Yu, Dr. Cheryl Chan, Dr. Lorna Ng, Dr. Ken Ho, Dr. King Chan, Dr. Chan Hung Chiu, Dr. Anthony Fok

Becoming a doctor is a lifelong commitment to serving humanity, and I am deeply honored to be elected as the Young Doctor Representative at the World Organization of Family Doctors (WONCA). I am grateful for college's nomination and this opportunity allowed me to step into a world of advocacy, collaboration, and personal growth.

Knowing more about WONCA and Young Doctors' Movements (YDM)

WONCA is the short name of the World Organization of Family Doctors, a not-for-profit association that aims at improving the quality of life of the people around the world. The Young Doctors' Movements (YDM) comprise young family doctors in training or within 5 years of obtaining their fellowship, who work together to advocate the need of young family doctors and foster the development and advocacy for family medicine. YDMs provide a platform for knowledge exchange, collaboration and leadership training. The YDM representative is the lead of 7 regional YDMs across the globe and represents young doctors' voice and interest in the WONCA World Executive committee.

Building Networks:

One of the most rewarding aspects of my role is the chance to connect with fellow young doctors from around the globe through conferences, webinars, and projects. Attending the recent WONCA World Conference in Sydney was an unforgettable experience. The Young Doctors' Movement (YDM) pre-conference brought together

passionate young doctors to share experiences and foster collaboration. Engaging workshops enhanced our skills and knowledge. In addition to the enriching professional activities, we had the opportunity to enjoy various social activities, including a memorable dinner cruise in Sydney Harbour. We marvelled at the stunning view of the Sydney Opera House while bonding with fellow Hong Kong delegates. These moments of enjoyment and relaxation added a wonderful dimension to the conference experience, leaving lasting friendships and memories.

Amplifying Young Doctor Voices:

Being a young doctor representative means serving as a voice for my peers, ensuring their concerns and ideas are heard at the international level. WONCA is also a wonderful platform for the voice of Hong Kong to be heard and the efforts of family doctors in Hong Kong to be seen. Under the newly launched Primary Care Healthcare Blueprint, it is my mission to promote the concept of "family doctor for all" under which we collaborate among various healthcare professions to provide comprehensive, sustainable and people-centric primary healthcare services in the community.



Dr. Cheryl Chan (Left 1st) with members of The Rajakumar Movement, WONCA Young Doctor Movement in the Asia Pacific Region.

Policy Advocacy:

In the future, I hope I will have the opportunity to contribute to the development of policies that aim to address the challenges faced by young doctors, such as work-life balance, burnout prevention, and professional development opportunities. I hope to advocate for the interests of young family doctors both locally and internationally, in order to achieve sustainable development in our specialty.

Personal Growth:

Serving as a young doctor representative at WONCA is not only about advocating for others; it is also a transformative personal journey. This experience and opportunity lead me outside my comfort zone, hone my leadership skills,

and develop my ability to navigate complex healthcare systems. I have learned the importance of resilience, adaptability, and the art of diplomacy in achieving meaningful change.

Conclusion:

I am immensely grateful for the unwavering support from our college and the Young Doctors' Committee, who nominated me for this prestigious position. Their belief in my abilities and commitment to supporting young doctors played a crucial role in shaping my journey at WONCA. I would like to specifically thank Prof. Donald Li, Dr. David Chao and Dr. Esther Yu, their encouragement and guidance fuelled my passion for advocacy and supported me to make a meaningful impact in the global healthcare landscape.



Participants of YDM workshop
(breaking barriers and building community)



Dr. Cheryl Chan (4th from the left) and the WONCA executive committee 2023-2025



Dinner Cruise with Hong Kong Delegates in Sydney with Prof. Donald Li, Prof. Cindy Lam, President Dr. David Chao, Dr. Lau Ho Lim (Left to Right, Front row)

Meeting Highlights

Online Certificate Course on Management of Common Skin Problems in General Practice

The 1st session of Online Certificate Course on Management of Common Skin Problems in General Practice was held on 12 November 2023.

Dr. LEE Tze Yuen, Specialist in Dermatology & Venereology, delivered a lecture on "Psoriasis and psoriasiform disorders", "Bullous disorders of the skin" and "Hair, nail, sebaceous, sweat and apocrine glands problems".



Dr. CHAN Man Li (left, Moderator) presenting a souvenir to Dr. LEE Tze Yuen (right, Speaker).

CME Lunch Lecture on 16 November 2023

Prof. Yang Kuang-Yao, Institute of Emergency and Critical Care Medicine, School of Medicine, National Yang Ming Chiao Tung University, Taipei, Taiwan, delivered a lecture on "Expert Sharing: Covid-19 four years on: What have we learnt?".



Dr. CHUNG Tze Nang, John (left, Moderator) presenting a souvenir to Prof. YANG Kuang-Yao (right, Speaker).

Certificate Course on Palliative Care for Primary Care Doctors 2023 co-organized with the Hong Kong Society of Palliative Medicine (HKSPM)

The 3rd and 4th session of Certificate Course on Palliative Care for Primary Care Doctors 2023 were held on 11 & 25 November 2023.

Ms. Olivia LEUNG, Solicitor, delivered a lecture on "Legal issues" and Dr. LEUNG Lam Ming, Jess, Specialist in Psychiatry, delivered a lecture on "ACP and AD – from psychogeriatric perspective" on 11 November 2023.



(From left to the right) Dr. YIU Yuk Kwan (Council Member), Dr. LEUNG Lam Ming, Jess (Speaker), Ms. Olivia LEUNG (Speaker), Dr. CHEN Wai Tsan, Tracy (Moderator) and Dr. NG Sheung Ching, Jeffrey (Moderator), took a group photo on 11 November 2023.



(From left to the right) Dr. YIU Yuk Kwan (Council Member), Dr. HO Chun Wing Jerry (Moderator), Dr. CHAN Chung On (Speaker), Dr. CHENG Hon Wai, Benjamin (Speaker), and Dr. CHAN Lut Ming (Tutor) took a group photo on 25 November 2023.

Dr. CHENG Hon Wai, Benjamin, Specialist in Palliative Medicine, and Dr. CHAN Chung On, Specialist in Palliative Medicine, delivered a lecture on "Symptom Management in Non-cancer Palliative Care" on 25 November 2023.

43rd Annual Refresher Course 2023

1st session on 19 November 2023

Dr. WONG Ka Yau, Raymond, Specialist in Psychiatry, delivered a lecture on "Differential clinical advantages of antidepressant for better management of depression", Dr. TAM Kin Ming, Specialist in Cardiology, delivered a lecture on "Hypertension management of patient with cardiometabolic comorbidities: moving from a disease-centered to a patient-centered approach" and Dr. Mina CHENG, Specialist in General Surgery, delivered a lecture on "Management and Treatment of Chronic Venous Disease".



Dr. CHEN Xiao Rui, Catherine (right, Moderator) presenting a souvenir to Dr. WONG Ka Yau, Raymond (left, Speaker).



Dr. CHEN Xiao Rui, Catherine (right, Moderator) presenting a souvenir to Dr. TAM Kin Ming (left, Speaker).



Dr. CHEN Xiao Rui, Catherine (right, Moderator) presenting a souvenir to Dr. Mina CHENG (left, Speaker).

2nd session on 26 November 2023

Dr. Donovan WONG, Specialist in Anaesthesiology, and Dr. CHAN Chi Wai, Specialist in Anaesthesiology, delivered a lecture on "Management of Patients with Acute and Chronic Pain".



Dr. CHAN King Hong (right, Moderator) presenting a souvenir to Dr. Donovan WONG (left, Speaker).



Dr. CHAN King Hong (right, Moderator) presenting a souvenir to Dr. CHAN Chi Wai (left, Speaker).

3rd session on 28 November 2023

Dr. LEE Chi Nam, Specialist in Neurology, delivered a lecture on "A Holistic Approach to Migraine Management: Integrating Diagnosis and Breakthrough Therapies".



Dr. CHUNG Tze Nang, John (left, Moderator) presenting a souvenir to Dr. LEE Chi Nam (right, Speaker).

4th session on 30 November 2023

Dr. Matthew WONG, Specialist in Respiratory Medicine, delivered a lecture on "Recent Advances in Novel Pneumococcal Vaccine".



A screenshot taken on 30 November 2023 Dr. Matthew WONG (left, Speaker) and Dr. CHAN Ka Shing, Ricky (right, Moderator)

5th session on 5 December 2023

Dr. WONG Sze Hung, Specialist in Orthopaedics & Traumatology, delivered a lecture on "Osteoporosis - From Diagnosis to Long-term Management".



Dr. CHUNG Tze Nang, John (right, Moderator) presenting a souvenir to Dr. WONG Sze Hung (left, Speaker).

The HKCFP Awards for the Best Research and Best Trainee Research of 2023

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2023. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following ‘The HKCFP Award for the Best Research’, the Research Committee is pleased to organize an additional award, ‘The HKCFP Award for the Best Trainee Research’, specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2024.

*****Please note that each applicant can only apply either one of the above Awards*****

Entry and assessment criteria are listed below.

Entry Criteria:

For Best Research Paper:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should have been conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

For Best Trainee Research Paper:

1. *The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.*
2. *For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.*
3. *The research must be original work of the investigator(s).*
4. *The research should have been conducted in Hong Kong.*
5. *The research must have been completed.*
6. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. “The HKCFP Award for the Best Research of 2023” or “The HKCFP Award for the Best Trainee Research of 2023”, on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong;
Or, **by email** to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 27 March 2024

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2024

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **27 March 2024**. Late applications will not be accepted.
4. Applications can be either sent:
By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;
Or, **by email** to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Online Monthly Video Sessions

Dates and Time	Topics
29 December 2023 (Fri) 2:30 – 3:30 p.m.	"Legal Issues on End-of-life (EOL) Care, Home Death and Signing of Advance Directives (AD)" by Ms. Angelina LUK [Cantonese Presentation]
26 January 2024 (Fri) 2:30 – 3:30 p.m.	"Common Cancer Symptoms & Management in Palliative Care (Part 2)" by Dr. LEUNG Ling Yan, Clare [Cantonese Presentation]

QR Codes for registration



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
	<ol style="list-style-type: none"> 1. In case of over-subscription, the organizer reserves the right of final decision to accept registration. 2. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. 3. Please note you can just attend ONE CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). 4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) 6. Please be reminded to check the system requirements beforehand to avoid any connection issues. 7. Due to copyright issue, please note private recording of the lecture is prohibited. 8. Registration will be closed 3 days prior to the event.

Hong Kong Primary Care Conference News



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

(Supported by HKCFP Foundation Fund)

Hong Kong Primary Care Conference 2024

Family Medicine in the Community: Strengthening Connections

Date : 5 – 7 July 2024 (Friday – Sunday)
Venue : HKAM Jockey Club Building, Aberdeen, Hong Kong
Format : face-to-face conference



HKPCC Website

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 03 January 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vocational Training Program for Family Medicine in Hong Kong Dr. Lau Shi Wa	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Health Care Delivery System in Australia Dr. Chan Queenie Chi Ying & Dr. Ho Han Chung, Gary	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Video Review: Consultation Skills @ LAP Dr. Sze Hon Ho	Ms. Cherry Wong Tel: 2589 2337
Thursday, 04 January 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Applying Family Medicine Principles in Investigation Dr. Zhang Dingzuan & Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 10 January 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Introduction and Application of FM Principles Dr. Lee Pak Lik	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Ethical Issue with Information Technology in Medicine: Telemedicine and Artificial Intelligence Dr. Ng Chi Ho & Dr. Koo Ho Tun	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Genogram Dr. Chan Hei Wai & Dr. Tang Yeung On	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Diagnostic challenges of H&N tumor in primary healthcare Dr. Joseph Chung	Ms. Cherry Wong Tel: 2589 2337
Thursday, 11 January 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Fibromyalgia Diagnosis and Management in Primary Care Dr. Tam Chin Yui & Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 17 January 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Management of Parkinson's Disease in Primary Care Dr. Lee Wai Chun	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Loss of Consciousness and the Emergency Care Dr. Wong Ho Sum, Dick & Dr. Lam Josephine Wai May	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Update in Stroke and MI Management Dr. Zhang Guilian, Aviva & Dr. Lui Yin Mei, Catherine	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Practice Management in Common Clinical Procedure: Cryotherapy with Workshop Dr. Tsang Pui Lim	Ms. Cherry Wong Tel: 2589 2337
Thursday, 18 January 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Sharing of Oversea Conference: WONCA 2023 Dr. Ng Kai Man & Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 24 January 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Communication and Ethics in the Clinical Examination Dr. Chan Wing Man & Dr. Chan Chui Ying	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Laboratory Results (Microbiology) Dr. Chan Hue Yan, Stephanie & Dr. Cheung Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Deranged LFT and Management of Fatty Liver and Hepatitis B Dr. Chow Chau Yi, Charlie & Dr. Wong Ka Yan	Ms. LiLi Yung Tel: 5569 6405
Thursday, 25 January 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Sharing of Commission Training 2023 Dr. Tsang Lai Ting & Dr. Woo Tiffany	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 31 January 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Psychosocial Impacts of Patients with Injury including Sports Injury, Work Injury, Traffic Accident Injury etc., and their Management Dr. Kwok Edmond Shan Lam	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Cardiovascular System and Video Consultation) Dr. Wong Yuet Hei, Jacob & Dr. Lau Kwan Ho, Marco	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Scrotal Problem Dr. Chow Chun Fung & Dr. Chan Tsz Hin	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Updates in Management of Hypertension Dr. Lucy Wang	Ms. Cherry Wong Tel: 2589 2337

The FP Links Editorial Board would like to thank all readers, contributors, sponsors and the College Secretariat for their tremendous support to the FP Links throughout the year.

Wishing you all

***Merry Christmas &
Happy New Year***

The FP Links Committee



COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Dec	1 Jan	2	3 2:30 – 7:00 p.m. Structured Education Programme	4 4:00 – 6:00 p.m. Structured Education Programme	5	6 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
7	8	9	10 2:30 – 7:00 p.m. Structured Education Programme	11 4:00 – 6:00 p.m. Structured Education Programme	12	13 2:30 – 5:30 p.m. DFM Consultation Skills Workshop II
14 2:30 – 5:30 p.m. Online Dermatology Course (4)	15	16 9:00 p.m. Board of DFM Meeting	17 2:30 – 7:00 p.m. Structured Education Programme	18 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	19	20 2:30 – 5:30 p.m. DFM Women Health Workshop
21	22	23	24 2:30 – 7:00 p.m. Structured Education Programme	25 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	26 2:30 – 3:30 p.m. Video Session	27 2:30 – 5:30 p.m. Online Dermatology Course (5) 2:30 – 5:30 p.m. DFM Module III Structured Seminar
28	29	30	31 2:30 – 7:00 p.m. Structured Education Programme	1 Feb 4:00 – 6:00 p.m. Structured Education Programme	2	3 2:30 – 5:30 p.m. DFM FM Clinical Skills Enhancement
4	5	6	7 2:30 – 7:00 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme	9	10

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



FP LINKS EDITORIAL BOARD 2023

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