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## Message from the President

WONCA World Conference 2023 is being hosted by the Royal Australian College of General Practitioners (RACGP) from 26 to 29 October at Sydney's International Convention Centre. The conference has been themed around recovery, reconnection and revival in primary care. WONCA 2023 aims at providing an unique opportunity to connect and network with local and international General Practice colleagues. It promises to offer a dynamic programme to share research and build best practice, encompassing accredited activities, pre-conference workshops, clinical skills updates, CPR workshops and sessions for practice owners. If you have not registered to attend the Conference yet, please act quickly as it is just around the corner. (<https://wonca.racgp.org.au/wonca-2023/registration/rates-and-inclusions>)

The Hong Kong College of Family Physicians (HKCFP) has decided to bid for hosting the WONCA World Conference 2027. Since the establishment of our College in 1977, it has been our objective to promote and coordinate training, set practice standards and conduct research and development activities in relation to family medicine. In 1987, the HKCFP hosted the first international congress of Family Medicine/ General Practice ever organised in Hong Kong, namely WONCA Regional Conference Asia Pacific Region, and it was attended by over 500 delegates from 35 countries around the globe. In 1995, our College hosted the 14<sup>th</sup> WONCA World Conference (I was most honoured to be involved in the Conference at the time) which was well attended by over 2,500

delegates. Again in 2009, the College hosted the WONCA Regional Conference Asia Pacific Region, despite being under the threat of the Swine Flu at the time, HKCFP received over 800 attendees from 35 countries.



Over the past decades, the Hong Kong College of Family Physicians has been at the core of the Asia Pacific Region to facilitate a platform for collaboration, where ideas are shared, and connections are made. Hong Kong's strategic location, world-class infrastructure, and outstanding hospitality make it the perfect host city for WONCA World Conference in 2027. From the moment you arrive, you will be immersed in a rich cultural experience, where East meets West.

May in Hong Kong is comfortably warm and there are many excellent modern state-of-the-art meeting venues for medical conferences. Hong Kong is well established as a popular holiday destination with a highly acclaimed and efficient service-oriented hospitality industry.

Family medicine is the cornerstone of primary care, and Hong Kong has long been at the forefront of the development of this vital discipline. We believe that by bringing together the brightest minds, we can shape the future of family medicine.

*(Continued on page 2)*

## Message from the President (Con't)

(Continued from page 1)

The year 2027 marks the 50<sup>th</sup> Anniversary of the Hong Kong College of Family Physicians. With HKCFP's proven track record in hosting WONCA conferences, I have every confidence that the 2027 WONCA World Conference in Hong Kong will be another great success to celebrate this important milestone with the global family medicine community. Voting will be conducted in October during the WONCA World Conference in Sydney. Please give HKCFP your full support and wish HKCFP all the best! I look forward to welcoming all of you in Hong Kong for WONCA World Conference in 2027!

As mentioned previously, the Chronic Disease Co-Care Pilot Scheme will be commenced by the Health Bureau in November 2023. (<https://www.primaryhealthcare.gov.hk/en/>) Patients with Diabetes Mellitus (DM) and hypertension are the main target groups. Citizens aged 45 or above without a known diagnosis of DM or hypertension will be eligible for enrolment in a subsidised screening programme with

access to investigations and supported by a family doctor from the Primary Care Directory. Healthy participants will be offered Education regarding a healthy lifestyle and the opportunity to undergo repeat screening every 3 years. People with prediabetes, DM, and/or hypertension will receive subsidised care, laboratory support for monitoring, from their paired family doctor and a multidisciplinary team in the community. Another important objective of the Scheme is to build a pool of Primary Care Registry registered family doctors who are devoted to delivering quality primary care for the Hong Kong citizens. The ultimate goals of the Scheme are to shift population-level health-seeking behaviour from treatment-oriented to prevention-focused, to encourage shared responsibility for personal health at an affordable cost, to enable family doctors to maintain continuity of care, and to improve health for all. The HKCFP fully supports that.

**Dr. David V K CHAO**  
President

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **July – August 2023**:

### New Application

#### Associate Membership

|                          |     |
|--------------------------|-----|
| Dr. CHAN Cheuk Sing      | 陳焯昇 |
| Dr. CHAN Ho Cheung       | 陳浩璋 |
| Dr. CHAU Ka Shun Duncan  | 周迦淳 |
| Dr. CHIU Po Ping Jeffrey | 趙步平 |
| Dr. FUNG Hoi Yin         | 馮藹妍 |
| Dr. FUNG Phoebe Sze Nga  | 馮詩雅 |
| Dr. KWOK Edmond Shan Lam | 郭善霖 |
| Dr. TAM Chin Yui         | 譚芊睿 |
| Dr. WONG Hiu Yan         | 黃曉恩 |

#### Student Membership

|                       |     |
|-----------------------|-----|
| Miss CHEUNG Hei Ching | 張晞晴 |
| Miss NG Sum Yuet      | 吳心玥 |

Miss TONG Hei Ka Anson

湯晞伽

Mr. YUEN Cho Yin

袁祖賢

#### Non-HKSAR Membership

Dr. LU Ying Jia

陸穎嘉

### Transferral

#### Student to Associate Membership

|                          |     |
|--------------------------|-----|
| Dr. CHAN Wing Man        | 陳穎雯 |
| Dr. CHENG Tsz Wai        | 鄭子威 |
| Dr. LAU Tsz Ying         | 劉祉瑩 |
| Dr. LEUNG Hei Tung       | 梁晞彤 |
| Dr. LI Cheuk Yan         | 李卓欣 |
| Dr. TANG Sui Hong        | 鄧瑞康 |
| Dr. YAU Kwan Ming Jeremy | 丘鈞銘 |

## HKCFP Council Meeting Attendance Summary 2022/2023

| Council Members      | Position                                    | Term              | 2023<br><i>[Nov 2022 - Aug 2023]</i> | 2022<br><i>[Dec 2021 - Oct 2022]</i> |
|----------------------|---|-------------------|--------------------------------------|--------------------------------------|
| Dr. David VK CHAO    | President                                   | Dec 2022-Dec 2024 | 8/8                                  | 10/10                                |
| Dr. LAU Ho Lim       | Vice-President (General Affairs)            | Dec 2021-Dec 2023 | 8/8                                  | 10/10                                |
| Prof. Samuel YS WONG | Vice-President (Education and Examinations) | Dec 2022-Dec 2024 | 7/8                                  | 8/10                                 |
| Dr. Cecilia YM FAN   | Honorary Secretary                          | Dec 2022-Dec 2024 | 7/8                                  | 8/10                                 |
| Dr. Billy CF CHIU    | Honorary Treasurer                          | Dec 2022-Dec 2024 | 2/8                                  | 1/10                                 |
| Dr. Angus MW CHAN    | Immediate Past President                    | Dec 2022-Dec 2024 | 5/8                                  | 9/10                                 |
| Dr. AU Chi Lap       | Member                                      | Dec 2020-Dec 2023 | 7/8                                  | 9/10                                 |
| Dr. CHAN Hung Chiu   | Member                                      | Dec 2022-Dec 2025 | 8/8                                  | 10/10                                |
| Dr. CHAN King Hong   | Member                                      | Dec 2020-Dec 2023 | 7/8                                  | 10/10                                |
| Dr. Anthony P FOK    | Member                                      | Dec 2022-Dec 2025 | 8/8                                  | 10/10                                |
| Dr. HO Ka Ming       | Member                                      | Dec 2021-Dec 2024 | 8/8                                  | 10/10                                |
| Dr. Eric MT HUI      | Member                                      | Dec 2021-Dec 2024 | 6/8                                  | 10/10                                |
| Dr. KO Wai Kit       | Member                                      | Dec 2021-Dec 2024 | 7/8                                  | 8/10                                 |
| Dr. Maria KW LEUNG   | Member                                      | Dec 2021-Dec 2024 | 7/8                                  | 10/10                                |
| Dr. LI Yim Chu       | Member                                      | Dec 2021-Dec 2024 | 7/8                                  | 9/10                                 |
| Dr. Matthew MH LUK   | Member                                      | Dec 2021-Dec 2024 | 8/8                                  | 10/10                                |
| Dr. Lorna V NG       | Member                                      | Dec 2020-Dec 2023 | 8/8                                  | 9/10                                 |
| Dr. NGAN Po Lun      | Member                                      | Dec 2020-Dec 2023 | 6/8                                  | 10/10                                |
| Dr. Wendy WS TSUI    | Member                                      | Dec 2022-Dec 2025 | 7/8                                  | 5/10                                 |
| Dr. Marcus MS WONG   | Member                                      | Dec 2022-Dec 2025 | 5/8                                  | 5/10                                 |
| Dr. YIU Yuk Kwan     | Member                                      | Dec 2020-Dec 2023 | 6/8                                  | 10/10                                |
| Dr. Esther YT YU     | Member                                      | Dec 2022-Dec 2023 | 7/8                                  | 10/10                                |

## Specialty Board News

### 2024 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2024 Full Exit Examination of Vocational Training in Family Medicine.

#### ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full or limited registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Program in the preceding year
- Have a qualification in family medicine / general practice; which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Had completed higher training in Family Medicine; **OR expected to do so by February 29, 2024**; as certified / approved by the Board of Vocational Training and Standards (BVTs), HKCFP.

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTs for

✦ Certification of completion of higher training **OR**

✦ Recommendation to sit for Exit Examination 2024

- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:

✦ Clinical Audit: the starting date must be within 3 years before the exam application deadline

✦ Research: the date of ethics approval must be within 3 years before the exam application deadline

✦ Practice Assessment: submit valid Practice Management Package (PMP) report

- From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination

Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.

#### IMPORTANT DATES

##### First-attempt candidate:

|  |   |
|--|---|
| Deadline of Exit Examination application:                                      | <b>1 November 2023</b>  |
| Collection period for Attachment 12 and 13 (Practice Assessment)               | <b>18 September to 31 October 2023 Inclusive</b>  |
| Deadline of Clinical Audit Report / Research Report submission                 | <b>3 January 2024</b>   |
| Examination periods for Practice Assessment and Consultation Skills Assessment | <b>Period A : 1 December 2023 to 31 January 2024</b><br><b>Period B : 1 February to 31 March 2024</b> |

##### Re-attempt candidate:

|  |  |
|--|--|
| Deadline of Exit Examination application:                                      | <b>1 December 2023</b>                               |
| Collection period for Attachment 12 and 13 (Practice Assessment)               | <b>18 October 2023 to 30 November 2023 Inclusive</b> |
| Deadline of Clinical Audit Report / Research Report submission                 | <b>3 January 2024</b>                                |
| Examination periods for Practice Assessment and Consultation Skills Assessment | <b>Period B : 1 February to 31 March 2024</b>        |

#### APPLICATION & EXAMINATION FEES

Application forms are available at the College Secretariat, HKCFP or can be downloaded at the College website:  
[http://www.hkcfp.org.hk/pages\\_6\\_88.html](http://www.hkcfp.org.hk/pages_6_88.html)

The following documents are required when submitting the application:

- A copy of the certificate of completion of higher training, **OR** recommendation letter to sit for 2024 Exit Examination, from BVTs, HKCFP

2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the subsequent section of this announcement):
  - i. **FOUR COPIES** of all the required attachments (Attachment 1 to 13);
  - ii. ONE PMP Report on or before **1 November 2023 (First-attempt candidate) / 1 December 2023 (for the re-attempt candidate who has changed the practice location)**; and
  - iii. ONE PERM REPORT

Completed Application Form and the required documents should be returned to the following address:

**The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK**

Candidates are recommended to submit application early. Late application will not be accepted.

#### Examination fees

|                               |          |
|-------------------------------|----------|
| Administrative fee            | \$9,000  |
| Clinical Audit                | \$8,000  |
| Research                      | \$8,000  |
| Practice Assessment           | \$10,500 |
| Consultation Skill Assessment | \$10,500 |

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

**All fees paid are neither refundable nor transferable.**

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

## ELECTION TO FELLOWSHIP OF THE HONG KONG ACADEMY OF MEDICINE

Candidates should be aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

## FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all the three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidate can choose to attempt *either* Clinical Audit *or* Research segment.

- + **Clinical Audit:** assesses the candidate's knowledge, skills and attitudes in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

**OR**

- + **Research:** assesses the candidate's ability to conduct a research project which includes: performing literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

**AND**

- + **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

**AND**

- + **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and application form are now available on College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Mr. John MA or Ms. Alky YU by email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).

Yours Sincerely,

Dr. Wendy Tsui  
Chairlady, Specialty Board



# RTC

## Refresher Training Course for Exit Examiners 2023

Organized by Specialty Board

(For Exam Observers, Trainee Examiners & Examiners of Exit Exam)

(Trainee Examiners & Exam Observers need to possess certificate of Refresher Training Course before promotion as Examiners)

### 4 sessions

| Dates                  | Segments   | Panel Speakers led by:   |
|------------------------|--|--|
| 21 November 2023 (Tue) | Practice Assessment (hybrid mode)<br>Venue: Wong Chuk Hang                         | <b>Dr. Luk Kam Hung</b><br>(Coordinator, Practice Assessment)                  |
| 24 November 2023 (Fri) | Consultation Skills Assessment <sup>#</sup> (hybrid mode)<br>Venue: Wong Chuk Hang | <b>Dr. Wang Hua Li, Jenny</b><br>(Coordinator, Consultation Skills Assessment) |
| 8 December 2023 (Fri)  | Research (zoom only)   | <b>Dr. Fu Sau Nga</b><br>(Deputy Coordinator, Research)                        |
| 13 December 2023 (Wed) | Clinical Audit (zoom only)   | <b>Dr. Kwong Siu Kei, Alfred</b><br>(Coordinator, Clinical Audit)              |

<sup>#</sup> Participants of CSA Refresher Training Course would be required to attend a video viewing session for completing the pre-course assignment on either 21 or 24 November 6:15 - 7:00 p.m.

**Time** : 7:00 – 9:00p.m.

**Venue** : Wong Chuk Hang: HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

### Highlights of our course:

- Overview on the Exit Exam Segments and interactive discussions
- Standardization of exam marking
- CME: 2 points for each session (Cat 4.4) and max. 8 points for whole course
- CPD: Up to 2 CPD points will be awarded, depending on achievement made in the pre & post- course assessment
- Invitation to mark in the coming Exit Examination
- Privilege to receive course materials and free admission to the subsequent years of Refresher Training Courses

### Certificate of attendance:

- Awarded for 75% or more attendance of the whole course (i.e. 3 sessions)

### Course fees:

HK\$1,000 for whole course (4 sessions)

HK\$500 for single session

[Course fee reimbursable upon 100% attendance of the whole course / registered session(s)]



Enrolment &  
Learn more

## APPLICATION DEADLINE 6 November 2023

For enquiry, please contact the secretariat,  
Ms. Alky YU or Mr. John MA at 2871 8899 or email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk)

## Board of Vocational Training and Standards News

### Basic Training Introductory Seminar

A Basic Training Introductory Seminar will be held in October 2023 for all newly enrolled basic trainees, existing trainees and clinical supervisors. The seminar is designed to help basic trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

- Speakers : Dr. Fok Peter Anthony (Chairman of Basic Training Subcommittee)  
 Dr. Yiu Yuk Kwan (Chairman of Board of Vocational Training and Standards)
- Date : 11 October 2023 (Wednesday)
- Time : 8:00 p.m.
- Venue : 802, 8/F Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai



Please fill up the registration form via scanning the QR code:

Should you have any enquiries, please contact Ms. Kathy LAI at 2871 8899 or email [BVTShkcfp.org.hk](mailto:BVTShkcfp.org.hk).

Board of Vocational Training and Standards

## The Diary of a Family Doctor【家庭醫生的日常】

### 既是醫生，又是「導師」

譚仲豪醫生

在每年七月，我們的家庭醫學部都會有一批新醫科畢業生完成醫院實習後加入我們的團隊。今年，我也像往年一樣，被委派成為一位初級訓練醫生(basic trainee)的指導者(trainer)。



雖然不經不覺，已經有約十年當指導者的經驗，每次新同事的培訓仍然讓我感到挑戰。醫學生在醫學院內學到的是理論和知識，但新醫生必須把這些學到的知識實際應用在臨床上。我的責任是協助新同事順利地過渡這

個過程。首週要讓新同事迅速了解診所的環境和硬件設備，再介紹臨床醫療管理系統(Clinical Management System)的使用竅門，隨後衍生的例如如何從病人的「奇難雜症」中得出合理的結論和診斷，如何處理有問題的化驗報告，應對病人情緒和特殊要求，掌控時間完成工作等等。雖然多年的實戰經驗已令我積累了不少歷練，短時間內把所知所見過的一切以「邊診症，邊傳承」(see one, do one, teach one)的方式解說，其實比自己親手全包辦更疲累，更費神。所有這些都是為了確保新同事不必重蹈我「從痛苦中學習」的經歷，順利地進入未來的工作中，於新崗位學懂於工作間承擔更多的責任。

這種師徒式的學習模式代代相傳。畢竟自己也只是常人，做事總有缺點和盲點，希望不會無意間傳授不良習慣，誤導後人。其後數月於定期觀察同事的診症(sit-in consultations)以及個案回顧(case reviews)也會令自己得益不少，每當給予他人意見時，往往也會讓自己溫故知新並發掘到自我改進空間。教學相長，讓自己成長。

眼前的新同事剛剛踏入職場，就像是一塊未經雕琢的原石，未來的成就和造化也取決於多方面因素和大家的支持。醫學既是一門科學，也是一門藝術(Medicine is a science as well as an art)，一切皆隨緣。

### The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: [FPLinks@hkcfp.org.hk](mailto:FPLinks@hkcfp.org.hk)



# 基層醫療指南

## Primary Care Directory

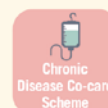
Primary Care Directory (PCD), implemented and administered by the Primary Healthcare Office of the Health Bureau, is a web-based database set up to facilitate the public to search for suitable primary care service providers according to their practice information.

## The Primary Healthcare Blueprint

PCD is required for family doctors and healthcare professionals enrolling in Government-subsidised primary healthcare initiatives for standardization and assurance of quality of primary healthcare services.



**From 6 October 2023, doctors will be required to be enlisted in PCD in order to enrol in Government-subsidised Primary Healthcare (PHC) programmes**



### Health Bureau

The Government of the  
Hong Kong Special Administrative Region  
of the People's Republic of China





## Entry Requirements of PCD

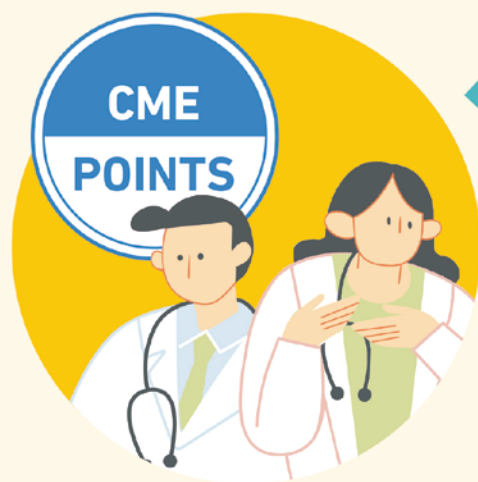
- Registered medical practitioners with valid practising certificates
- Committed to the provision of directly accessible, comprehensive, continuing and co-ordinated person-centred primary care services



General practitioners (GP) and specialists are both welcome to join PCD. For specialists, their status as specialists can be shown in the PCD. Doctors (GP and specialists) can also choose to provide their professional qualifications in the PCD for public reference.

## Maintaining Listing in PCD

Upon successful listing in the PCD, doctors have to comply with the relevant requirement in order to maintain listing in the PCD, particularly on accumulation of adequate Continuing Medical Education (CME) points.



**You are strongly encouraged to enrol in the PCD as early as possible**

If interested in joining the PCD, please visit our home page via the following link or scan the QR Code

[www.pcdirectory.gov.hk](http://www.pcdirectory.gov.hk)



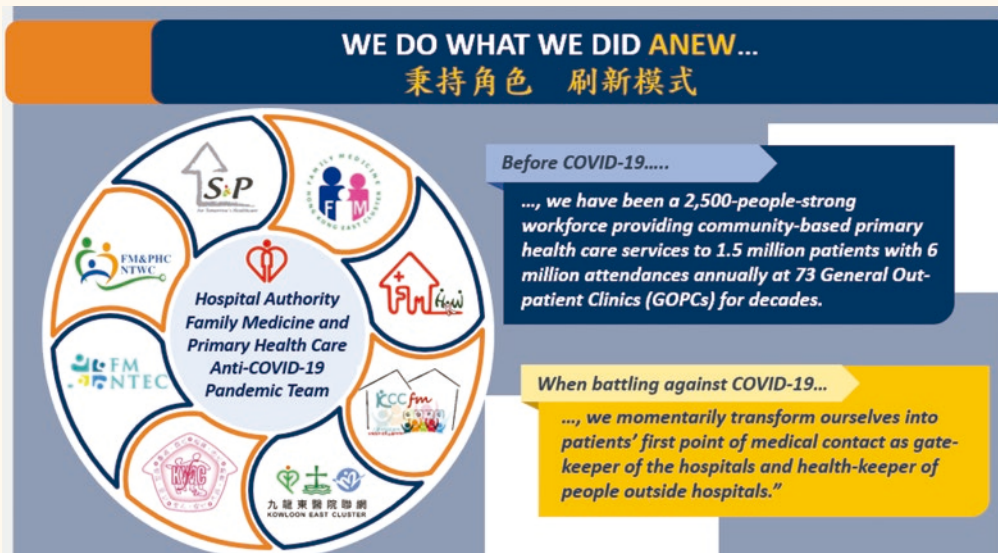
## Hospital Authority Outstanding Team Award 2023: Family Medicine and Primary Health Care Anti-COVID-19 Pandemic Team

Dr. Wendy TSUI, Chairman, Coordinating Committee in Family Medicine, Hospital Authority



In Hospital Authority (HA), there are 16 clinical Coordinating Committees (COCs) that mirror the inaugural colleges at Hong Kong Academy of Medicine (HKAM). Coordinating Committee in Family Medicine COC (FM) is one of the 16 committees, comprising 21 members nominated from 7 Clusters, including Chief of Service (COS) and 2 senior clinicians from each cluster. COC (FM) serves as an important link between clinical governance and corporate governance, facilitating clinicians' input to address operational and planning issues in HA. We have specific roles in setting service standards, developing clinical practice guidelines, workforce training, conducting clinical audits, managing clinical risks and introducing new technology and service development.

Since the emergence and along waves of COVID-19 pandemic, Family Medicine and Primary Health Care Departments across all 7 Clusters have contributed in pandemic prevention and control on all fronts by coordinating and supporting various COVID-19-related services in FM and General Out-patient Clinic (GOPC) settings, dovetailing Government's anti-epidemic strategies in combating COVID-19. COC (FM) has therefore taken the lead to coordinate the bidding of "Hospital Authority Outstanding Team Award 2023". We hope the efforts of our 2500 staff could be recognized and we are very pleased to be chosen as one of the 10 Outstanding Teams this year. It is indeed an unforgettable moment when we got the Award together with different colourful signboards from 7 clusters on stage.





FM Team in HA is serving 1.5 million patients with 6 million attendances annually at 73 GOPCs for decades. When battling against COVID-19, promptly, we further enhance our role as patients' first point of medical contact as gatekeeper of the hospitals and health-keeper of people outside hospitals.

To prevent contracting the disease and disease complications, we assisted the territory wide vaccination programmes and provided nearly 407,000 doses of vaccines. To address patients' worries about the vaccines, we also set up "Vaccine Assessment Clinics" to answer enquiries about the vaccinations. Altogether, we served about 8000 GOPC chronic patients for this purpose.



In order to enhance early testing and detection of COVID, we ordered nearly 620,000 compulsory tests. We also distributed about 3,600,000 specimen collection packs for the Enhanced Laboratory Surveillance (ELS) programme.



When the fifth wave of COVID-19 pandemic hit Hong Kong hard in early 2022, where tens of thousands of new cases were reported daily, confirmed cases were triaged to different service outlets according to their clinical conditions. With aims to support COVID-19 patients in the community with relatively mild symptoms requiring medical advice, especially high risk patients (including elderly, children aged 5 or below, women at 28 or more weeks of pregnancy, and immunocompromised patients), Designated Clinics for COVID-19 Confirmed Cases (DCs) were activated since 16 February 2022. With early planning and full preparedness, the concerted team efforts from our colleagues and various departments across Head Office and Clusters, DCs were activated and scaled up in phases, within 48 hours upon direction of the Central Command Committee. During the peak of pandemic from mid-March to mid-May 2022, 23 DCs were in operation, providing capacity of 4,300 quotas per day. From 12 March 2022 onward, antivirals, namely Molnupiravir and Paxlovid, had been appropriately prescribed to needy patients.

Along the journey combating COVID-19, with aims to enhance the accessibility of high risk patients in the community to DC service, as well as the booking arrangement, FM launched the online booking platform

## Designated Clinics were not "built" in one day, but two...

### …兩天速成指定診所之旅

第5波疫情 | 今增2071宗確診 錄4500宗初步確診



第5波疫情 | 仍有數千人等入院 醫管局: 若現迷惘掛號家人即叫白車



疫情消息 | 100歲女人瑞初確 昨入院隔離 延至今晚不治



Support COVID-19 patients in community

助居家  
準聚焦

Early planning with preparedness, responsiveness and flexibility

早就緒  
速轉身

Targeted at high risk patients

(including elderly, children aged ≤ 5, women at ≥ 28 weeks of pregnancy, and immunocompromised patients)

Activated since 16 Feb 2022

23 DCs in full operation during the peak of pandemic

DC Activation and scale-up within 48 hours upon CCC's direction



DC Activation & Scale-up in phases

Oral antiviral drugs available in DC

Introduction and continuous enhancement of DC booking service – "Book DC" app & Care Booking Line

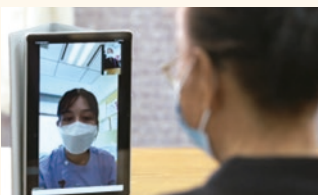
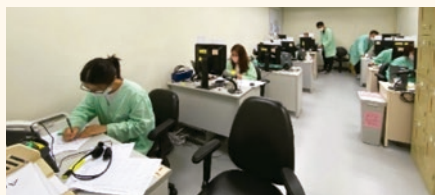
Introduction & Scale-up of Tele-consultation service

指定診所  
Designated Clinic





– “Book Tele/DC” app and prioritised quotas to high risk groups by introducing “Care Booking Line”, allocating priority quotas for these patients via app booking and establishing referral mechanism with Patient Support Call Centre (PSCC).



In response to the significant rebound of the fifth wave in mid-2022, DC service was further enhanced by integrating tele-consultation element with aligned operational flow building on the experience of HA Tele Health Hub starting from late July 2022, where teams of committed and innovative FM colleagues from all 7 Clusters, including clinical staff and clerical / supporting staff, managed to expand the service capacity to over 1,000 tele-consultation daily quotas in less than a month's time, overcoming all sorts of limitations. Since DC activation, DC has delivered over >506,000 attendances (~295,000 being in-person consultations, ~211,000 being tele-consultations), with exceptionally low referral rates to AED observed (< 0.5%, i.e. ~ 2000 cases), recognising the gatekeeping role of FM in supporting confirmed patients in the community. Admittedly, DC and its tele-consultation service is an important, if not indispensable part of the anti-epidemic efforts in the territory. FM colleagues continuously serve the community with perseverance with aims to alleviate the pressure of public healthcare system by activating DCs and tele-DCs, while maintaining essential service for members of the public, especially those with chronic diseases.

In summary, it is not easy for us in the past 3 years but we strive to provide high quality, timely and patient-centred care for patients, from disease prevention, early detection to treatment. Undoubtedly, FM team has been standing SHOULDER to SHOULDER to fight against the COVID battle.

With this SPIRIT and TOGETHER, we shall run further in the journey of primary healthcare reform and walk alongside the people and care for their health!



## 與民同行 守護社區健康



醫院管理局家庭醫學及基層醫療服務部抗疫團隊  
港島東聯網 / 港島西聯網 / 九龍中聯網 / 九龍東聯網 / 九龍西聯網 / 新界東聯網 / 新界西聯網 / 醫院管理局總辦事處

去年二月疫情踏入高峰期，醫管局隨即於各區啟動2019冠狀病毒病確診個案指定診所，加強支援社區的確診病人。家庭醫學及基層醫療服務部抗疫團隊對當日情況記憶猶新：「全靠同事具有高度機動性，加上經歷歷年的重大公共衛生事故，



Youtube : <https://www.youtube.com/watch?v=o00G0zjm5uQ>



## Travel Medicine at a glance

Nowadays, people travel all around the world after global transportations have been resumed. I personally encountered more travel related consultations. I would like to share some useful information.

### Scenario 1: Doctor, I am going to Africa to see animals

The first thing I will check with client is whether Yellow Fever is compulsory for this trip. Yellow Fever vaccination is only available in Department of Health Travel Clinic.

If Yellow Fever vaccination is a prerequisite for entry to a country, I will direct my client to Travel Clinic.

#### Yellow Fever Vaccination schedule

The vaccination comprises a single subcutaneous injection administered from the age of 9 months onwards. The vaccine provides lifelong protection.

Travellers should remember that the certificate is valid only 10 days after the vaccine is given and the first dose of vaccine takes 10 days to provide good protection therefore adequate time should be allowed for vaccination before departure.

#### Recommendations

Yellow fever is endemic in some tropical areas of Africa and Latin America. The World Health Organization (WHO) recommends immunisation for all travellers aged 9 months and above, travelling to and from at-risk areas, unless they are contraindicated for vaccination.

Yellow fever is the only disease specified in the International Health Regulations (2005) (IHR (2005)) for which countries may require proof of vaccination from travellers as a condition of entry under certain circumstances. Please refer to the list of countries with risk of yellow fever transmission and countries requiring yellow fever vaccination issued by WHO. The list is updated by WHO regularly. The latest list can be searched by entering 'yellow fever transmission' at the field of 'Search by keyword' at the website below: <https://www.who.int/publications/m>

Following the amendment to the IHR (2005) on 11 July 2016, currently valid certificates continue to be valid for the life of the traveller indicated. Existing certificates do not need to be changed or modified to show they are valid for life.

#### Adverse reactions

Side effects of the vaccine are generally mild. Only 5-10% of recipients will experience headache, muscle ache, low-grade fever as well as redness and swelling at the injection site. Immediate hypersensitive reactions such as urticaria or anaphylactic shock are extremely rare.

#### Precautions

Travellers with the following health conditions may not be suitable to receive yellow fever vaccination. Before receiving the vaccine, travellers should consult doctor's advice:

- Having a febrile illness
- Persons who are allergic to eggs or to any of the vaccine components
- Pregnant and breastfeeding women
- Infants under 9 months old
- Persons aged 60 years and older
- Persons on immunosuppressive treatment or having radiotherapy
- Persons with immunosuppressive diseases such as lymphoma, thymoma, leukaemia, Hodgkin's disease, hypogammaglobulinaemia and HIV infection
- Received other live attenuated viral vaccines within the past 4 weeks

#### Special notes for travellers aged 60 years and older

Travellers aged 60 years and older, who receive yellow fever vaccine for the first time, are at greater risk of serious side effects following vaccination. These serious side effects include:

#### Viscerotropic disease

- Risk is at least 1-2 / 100,000
- Characterized by severe multi-organ failure
- Overall case-fatality rate is high

#### Neurotropic disease (e.g. meningoencephalitis, acute disseminated encephalomyelitis and Guillain-Barré Syndrome)

- Risk is at least 1-2 / 100,000
- Serious but seldom fatal

### Scenario 2: Doctor, I am going to go swimming in my holiday, I want to delay my menses

My personal choice is Norethisterone. My instruction would be taking 5mg three times a day starting 3 days before she is expecting her period. This medication should be taken for no longer than 20 days. Once a client stops taking Norethisterone, period should occur within 2 to 3 days and cycle should continue as usual. However, this method only applies to those having regular cycles.

### Scenario 3: Doctor, do I need to have malaria prophylaxis?

I will discuss with clients the details of itinerary. They would go to rural area or just stay inside hotels likely?

I would search the destination with CDC Travelers' Health website to offer suggestion whether malaria prophylaxis is needed and which medication would be suggested.

#### Reference:

Travel Clinic, Department of Health, <https://www.travelhealth.gov.hk/>  
CDC Travelers' Health <https://wwwnc.cdc.gov/travel>

**Compiled by Dr. Tsui Hiu Fa, Eva**

## 21<sup>st</sup> Meeting for Interest Group in Medical Humanities held on 5 August 2023 (Saturday)

Dr. Wong Tsz Kau, Carl (Moderator)

**Topic : Philosophical Counselling - Case Sharing**

**Speakers : Dr. Alex Lo and Mr Michael Cheung**

**Moderators : Dr. Chan Suen Ho, Mark and Dr. Wong Tsz Kau, Carl**

**Attendance : 22**

Philosophical counselling simply means counselling with a philosophical approach, but how does it differ from other counselling skills? Philosophical counselling mainly focuses on more basic parts of our thinking, like our beliefs, values and views of life and world. It also focuses on the thinking process with challenges on the logic behind our beliefs. The two prerequisites of philosophical counselling are the transformation of client's problem to philosophical problem; and client's willingness and ability to philosophise with the counsellor.

In this session we have discussed three cases to illustrate the essence of this approach.

### Case 1:

A university year 3 student had an unplanned pregnancy with her boyfriend, enquired about whether she should abort or not.

In this case the first thing is the morality of abortion. This is a long-lasting debate in philosophy as it also involves many issues in other fields like medicine, law and sociology. In philosophy we mainly focus on the definition of personhood with regard to the fetus, as if a fetus is a person, then abortion is murder. Therefore, we needed to discuss with the client her view on this aspect.

Another issue in this case is whether it is good to be born. It involves the discussion of anti-natalism. One of the approaches is the asymmetry argument by David Benatar on the calculation of pain and pleasure if a person is born or not.

Final discussion point is whether the soul exists or not. As one of the client's fears was that if the fetus has a soul, and if she aborts (that means she kills it, if she takes the fetus as personhood), would the fetus's soul come back for revenge? This involves the discussion of mind-body dualism.

Finally, this student aborted WITH HER JUSTIFICATION (after all the discussion) and restarted a new relationship.

### Case 2:

A 20+-year-old lady wanted to move out with her boyfriend as she had difficulty living with her mom, but she was worried of this act is disobedience to parents (不孝).

Firstly, we discussed with client about 'obedience to parents' (孝順). What is her definition of 「孝順」? Is it equal to 'living together'? Is 'not living together' equal to 「不孝」? This discussion is also related to our culture as we are living in a mix of Chinese and Western cultures.

Another important issue was her relationship with her mother. We are often bound by our roles in the world. Everyone has many roles once born, and each role has certain responsibilities and expectations. One of the problems for this client was her 'near perfectionistic' expectation of her mom. And one of the reactions to her failed expectation from her mom was rebellion. In the counselling we hoped to 'correct' this perfectionistic expectation and her acceptance of her mom as an ordinary woman with faults. Following the change in expectation, her attitude towards her mom would change and the relationship would improve afterwards.

Finally, this lady moved out with her boyfriend, and changed her attitude towards her mom, and their relationship was better than before.

### Case 3:

A university philosophy student was failing in his study with depression. This student had been promoted to university via associate degree. He had problem submitting a thesis in his study and he faced disqualification from university as he got a GPA of 0.7. He liked philosophy and was arrogant that he wanted to be a 'great philosopher', but at the end of term he would have hypersomnia and loss of motivation, as a result he was unable to submit a thesis for the assessment.

Upon further exploration, the counsellor found the underlying reason for his entering university, studying philosophy and wanting to be a great philosopher was actually his low self-image on behalf of his parents. He wanted to appear 'successful' in front of them and not to be 'looked down'. In this case all that he was doing is just a 'mean' (or instrumental end), but not an 'end' (or ultimate end). When he mixed up the mean and the end, then he would be tortured by the failure in the only means. The aim of philosophical counselling would be to help him to realize what is his 'ultimate end/ aim', and once he identified his ultimate end, he could explore other means to achieve it.

Finally, the student quit studying philosophy, changed to be a flight attendant, earned money for his parents and gained back the 'respect' from his parents and built up his self-image.

## HKCFP Trainees Research Fund 2023 / HKCFP Research Seed Fund 2023

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$20,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members where a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

***\*\*Please note that each applicant can only apply either one of the above Funds\*\****

### Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: [research@hkcfp.org.hk](mailto:research@hkcfp.org.hk)

Please indicate the research funding title e.g. “HKCFP Trainees Research Fund 2023” or “HKCFP Research Seed Fund 2023” on your research project upon submission.

**Submission Deadline: 25<sup>th</sup> October 2023**

Supported by HKCFP Foundation Fund

## Meeting Highlights

### 21<sup>st</sup> Medical Humanities Seminar co-organized with Department of Philosophy, CUHK on 5 August 2023

Dr. Alex Lo, Senior Lecturer, Department of Philosophy, CUHK and Mr. Michael Cheung, HKPPA, delivered a lecture on “Philosophical counselling: case sharing”.



Dr. Wong Tsz Kau, Carl (left, Moderator) and Dr. Chan Suen Ho, Mark (right, coordinator) presenting a souvenir to Mr. Michael Cheung (2<sup>nd</sup> from the left, Speaker) and Dr. Alex Lo (3<sup>rd</sup> from the left, Speaker).

### Dinner Symposium on 31 August 2023

Dr. Kwan Yat Wah, Mike, Specialist in Paediatric Immunology, Allergy and Infectious Diseases, delivered a lecture on “Haunting serotype 3: Pneumococcal Disease Burden in Paediatric Population and Disease Prevention Update” and Prof. Hung Fan Ngai, Ivan, Specialist in Infectious Disease, delivered a lecture on “IPD is back: Update on Local Epidemiology and Burden in Adults and Next Generation Pneumococcal Conjugate Vaccine (PCV)”.



(From left to the right) Dr. Lorna Ng (Moderator), Dr. Kwan Yat Wah, Mike (Speaker) and Prof. Hung Fan Ngai, Ivan (Speaker) took a group photo on 31 August 2023.

Organized by:



香港家庭醫學學院  
The Hong Kong College of Family Physicians



香港紓緩醫學學會  
HONG KONG SOCIETY OF PALLIATIVE MEDICINE

## Certificate Course on Palliative Care for Primary Care Doctors 2023

The Hong Kong College of Family Physicians (HKCFP) and the Hong Kong Society of Palliative Medicine (HKSPM) are going to organise a "Certificate Course on Palliative Care for Primary Care Doctors 2023". The objectives of the course are to promote the role of family physicians in the provision of palliative care in the community, to equip family physicians with the knowledge and resources in offering palliative care to their patients and to facilitate the collaboration between palliative care specialists and family physicians.

The training course consists of 5 sessions and 2 hours each. Each session will have 2 short lectures followed by workshop of the same topics with the details below:

- Date** : 14 October, 28 October, 11 November, 25 November and 9 December 2023 (All Saturdays)
- Time** : 2:30 – 4:30pm Lecture and Discussion
- Venue** : Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong
- Format** : Face-to-face event. Each session consists of 2 short lectures, followed by workshop of the same topics.
- Accreditation** : 2 CME Point HKCFP (Cat. 5.2) for each session, max. 10 CME for whole course  
2 CME Point MCHK (pending) for each session, max. 10 CME for whole course
- Certificate** : For those who have attended 4 sessions or more and have fulfilled the attendance requirement would be given an "e-Certificate of Attendance" jointly issued by HKCFP & HKSPM.
- Admission Fee** : HKCFP Member : HK\$1,200.00 for the whole course and priority would be given to HKCFP members  
Non-member : HK\$2,400.00 for the whole course  
*For non-members, please contact the secretariat for registration. All fees received are non-refundable nor transferable.*
- Payment Method** : 1. By cheque made payable to "HKCFP Education Limited"; or  
2. By FPS (For local transaction only. Can pay through Alipay or through online banking. Secretarial staff would further email you once the e-debit note with payment details is ready.)
- Capacity** : 40 participants (min: 20 participants)
- Language** : Lecture and workshops will be conducted in both Cantonese and English.
- Registration** : Please register by scanning the QR code. For enquiry, please contact Ms. Katie Lam by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899. Thank you.

Registration QR Code



**Registration Deadline** : 5 October 2023 (Thursday)

### Course Programme

| Dates and Time                      | Topics   | Content   | Speakers   | Moderator & Tutors   |
|-------------------------------------|--|---|--|--|
| 14 Oct 2023 (Sat)<br>2:30 - 4:30 pm | Basic Palliative Care Concept  | Palliative Care Development and Available Services in HK<br>PC Principles & Prognostication   | Dr. CHEN Wai Tsan, Tracy<br><i>Specialist in Palliative Medicine</i>     | Dr. NG Sheung Ching, Jeffrey<br><i>Specialist in Palliative Medicine</i>                       |
|                                     | Symptom Management in Palliative Care (Part 1)                         | (1) Symptom Assessment and Approach to Symptom Management<br>(2) Common Cancer Symptoms & Management  | Dr. HO Chun Wing, Jerry<br><i>Specialist in Palliative Medicine</i>      | Tutors<br>Dr. CHEN Wai Tsan, Tracy<br>Dr. HO Chun Wing, Jerry<br>Dr. LEUNG Ling Yan, Clare     |
| 28 Oct 2023 (Sat)<br>2:30 - 4:30 pm | Symptom Management in Palliative Care (Part 2)                         | Common Cancer Symptoms & Management   | Dr. LEUNG Ling Yan, Clare<br><i>Specialist in Palliative Medicine</i>    | Dr. CHENG Hon Wai, Benjamin<br><i>Specialist in Palliative Medicine</i>                        |
|                                     | Psychological & Spiritual Needs  | Psycho-spiritual Needs and Assessment in Advanced Diseases:<br>Depression, Anxiety, Delirium, Existential Distress                                | Dr. CHAN Lut Ming<br><i>Specialist in Palliative Medicine</i>            | Tutors<br>Dr. LEUNG Ling Yan, Clare<br>Dr. CHAN Lut Ming<br>Dr. LUI Cheuk Yu, Louisa           |
| 11 Nov 2023 (Sat)<br>2:30 - 4:30 pm | Legal Issues   | Legal Issues on End-of-life Care  | Ms. Olivia LEUNG<br><i>Solicitor</i>                                     | Dr. CHEN Wai Tsan, Tracy<br><i>Specialist in Palliative Medicine</i>                           |
|                                     | Advance Care Planning (ACP) and Advance Directive (AD)                 | ACP and AD – from Psychogeriatric Perspective   | Dr. LEUNG Lam Ming Jess<br><i>Specialist in Psychiatry</i>               | Dr. NG Sheung Ching, Jeffrey<br><i>Specialist in Palliative Medicine</i>                       |
| 25 Nov 2023 (Sat)<br>2:30 - 4:30 pm | Symptom Management in Non-cancer Palliative Care                       | (1) Symptoms & Management in Patients with End-stage Renal Disease<br>(2) Symptoms & Management in Neurodegenerative Diseases, Frailty & Dementia | Dr. CHENG Hon Wai, Benjamin<br><i>Specialist in Palliative Medicine</i>  | Dr. HO Chun Wing, Jerry<br><i>Specialist in Palliative Medicine</i>                            |
|                                     |  | (1) Symptoms & Management in Patients with Advanced COPD<br>(2) Symptoms & Management in Patients with Advanced CHF                               | Dr. CHAN Chung On<br><i>Specialist in Palliative Medicine</i>            | Tutors<br>Dr. CHENG Hon Wai, Benjamin<br>Dr. CHAN Chung On<br>Dr. CHAN Lut Ming                |
| 9 Dec 2023 (Sat)<br>2:30 - 4:30 pm  | Advanced Cancer – Palliative Oncological Treatment & Adverse Reactions | Common Palliative Oncological Treatment: Its Adverse Reactions & Management   | Dr. LAU Kin Sang, Johnny<br><i>Specialist in Clinical Oncology</i>       | Dr. CHEN Wai Tsan, Tracy<br><i>Specialist in Palliative Medicine</i>                           |
|                                     | Last Days of Life in the Community                                     | Care of Dying Patients at Home  | Dr. NG Sheung Ching, Jeffrey<br><i>Specialist in Palliative Medicine</i> | Tutors<br>Dr. LAU Kin Sang, Johnny<br>Dr. NG Sheung Ching, Jeffrey<br>Dr. LUI Cheuk Yu, Louisa |

Notes : 1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.  
2. Due to copyright issue, please note private recording of the lecture is **PROHIBITED**.



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

## Hybrid Seminars

| Date and Time  | Venue   | Topics   | Speakers   |
|--|---|--|--|
| 4 Oct (Wed)<br>2:00 – 3:00 p.m.<br>(Registration start at 1:00pm)  | Anita Room, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon            | <b>Era of Depression Management</b><br><i>Sponsored by Viatris Healthcare Hong Kong Limited</i>            | <b>Dr. CHAN Chung Mau</b><br><i>Specialist in Psychiatry</i>   |
| 31 Oct (Tue)<br>7:00 – 8:30 p.m.<br>(Registration start at 6:30pm) | Ballroom 4, The Mira Hong Kong, 118-130 Nathan Rd, Tsim Sha Tsui, Kowloon | <b>Diagnosing and Managing Migraine in Primary Care Setting</b><br><i>Sponsored by Lundbeck HK Limited</i> | <b>Prof. Hans-Christoph DIENER</b><br><i>Professor of Neurology Emeritus, Head of the Unit of Neuroepidemiology, University Duisburg-Essen, Essen, Germany</i> |

## Face to Face Seminar

| Date and Time  | Venue   | Topic   | Speakers   |
|--|---|---|--|
| 21 Oct (Sat)<br>2:00 – 3:30 p.m.<br>(Registration start at 1:00pm) | Ching Room, Level 4, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Kowloon | <b>Dermatology Seminar: The latest evidence and practical applications of mild-to-moderate atopic dermatitis management</b><br><i>Sponsored by Pfizer Corporation Hong Kong Limited</i> | <b>Prof. CHU Chia Yu</b><br><i>Professor of Dermatology at National Taiwan University College of Medicine, Taipei, Taiwan and also the President of Taiwanese Dermatological Association (TDA)</i> |
| 26 Oct (Thu)<br>2:00 – 3:00 p.m.<br>(Registration start at 1:00pm) | Tang Room, Level 3, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Kowloon  | <b>Fatty Liver Management</b><br><i>Sponsored by Viatris Healthcare Hong Kong Limited</i>   | <b>Dr. CHAN Wai Chung</b><br><i>Specialist in Gastroenterology &amp; Hepatology</i>  |

### QR Code for registration



### Admission Fee:

|   |  |
|---|--|
| <b>For 4, 21 &amp; 26 Oct events</b><br>College Fellow, Full, or Associate Members:   | Complimentary<br>(\$50 Enrollment deposit is required) |
| Other Categories of Members:<br>Non – members:  | HK\$ 550.00<br>HK\$ 650.00                             |
| <b>For 31 Oct event</b><br>College Fellow, Full, or Associate Members:  | Complimentary<br>(\$50 Enrollment deposit is required) |
| Other Categories of Members:<br>Non – members:  | HK\$ 650.00<br>HK\$ 750.00                             |
| <i>For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.</i> |  |

|                                   |  |
|-----------------------------------|--|
| <b>Accreditation :</b> 4 & 26 Oct | : 1 CME Point HKCFP [Cat. 4.3]<br>1 CME Point MCHK (pending)<br><i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i>   |
| 21 & 31 Oct                       | : 2 CME Points HKCFP [Cat. 4.3]<br>2 CME Points MCHK (pending)<br><i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i> |

## Online Monthly Video Sessions

| Dates and Time                       | Topics   |
|--------------------------------------|--|
| 27 October (Fri)<br>2:30 – 3:30 p.m. | <b>"An Approach to Patients with Renal Impairment in Primary Care Setting" by Dr. CHAN Siu Kim</b> |

### QR Codes for registration

27 October 2023 (Fri)



|                        |  |
|------------------------|--|
| <b>Accreditation :</b> | 1 CME Point HKCFP [Cat. 4.2]<br>1 CME Point MCHK (pending)<br><i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i> |
|------------------------|--|

**\*CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

|   |   |
|---|---|
| <b>Admission Fee</b><br>(For all online seminars) | : Member Free<br>Non-member HK\$ 100.00 for each session<br><i>For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.</i> |
|---|---|

|                            |  |
|----------------------------|--|
| <b>Registration Method</b> | : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to <a href="mailto:education@hkcfp.org.hk">education@hkcfp.org.hk</a> or call 2871 8899. Thank you. |
|----------------------------|--|


|                |  |
|----------------|--|
| <b>Notes :</b> | <b>Online Events</b> <ol style="list-style-type: none"> <li>In case of over-subscription, the organizer reserves the right of final decision to accept registration.</li> <li>The link to join the webinar <b>SHOULD NOT</b> be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.</li> <li>Please note you can just attend <b>ONE</b> CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).</li> <li>Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.</li> <li><b>Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)</b></li> <li>Please be reminded to check the system requirements beforehand to avoid any connection issues.</li> <li>Due to copyright issue, please note private recording of the lecture is prohibited.</li> <li>Registration will be closed 3 days prior to the event.</li> </ol> |
|----------------|--|

## Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

| Date/Time/CME                     | Venue   | Topic/Speaker(s)   | Registration                      |
|-----------------------------------|---|--|-----------------------------------|
| <b>Wednesday, 04 October 2023</b> |   |  |                                   |
| 14:30 - 17:00                     | Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre                       | <b>Clinical Approach to Headache in Primary Care with Cases Illustration</b><br>Dr. Kwok Shan Lam  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 14:30 - 17:30                     | Conference Room 2, G/F, Block M, Queen Elizabeth Hospital   | <b>Principle of Professional Ethics and Code of Professional Conduct for the Guidance of Registered Medical Practitioners</b><br>Dr. Chan Kwun Hung & Dr. Or Sui Kei, Alison | Ms. Emily Lau<br>Tel: 3506 8610   |
| 17:00 - 19:00                     | Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong                                     | <b>Tumor Marker and Cancer Screening in Family Medicine Practice</b><br>Dr. Clarice Tse  | Ms. Cherry Wong<br>Tel: 2589 2337 |
| 17:30 - 19:30                     | Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH | <b>Management of Medical Incidents</b><br>Dr. Tang Chun Ming & Dr. Lui Yin Mei Catherine   | Ms. Nicole Ng<br>Tel: 5569 6405   |
| <b>Thursday, 05 October 2023</b>  |   |  |                                   |
| 16:00 - 18:00                     | Activities Room, 3/F, Yan Oi General Out-patient Clinic   | <b>Clinical Approach to Dyspepsia in Primary Care</b><br>Dr. Chan Cho Shan & Dr. Lam Kang  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| <b>Wednesday, 11 October 2023</b> |   |  |                                   |
| 14:30 - 17:00                     | Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre                       | <b>Occupational Health &amp; OSH at Primary Care Clinic</b><br>Dr. Tam Chin Yui & Dr. Chan Wing Man  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 14:30 - 17:30                     | Conference Room 2, G/F, Block M, Queen Elizabeth Hospital   | <b>Paediatric Emergency in General Practice</b><br>Dr. Sun Dione Tinoi & Dr. Poon Daniel   | Ms. Emily Lau<br>Tel: 3506 8610   |
| 17:00 - 19:00                     | Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong                                     | <b>Interpretation and Management of Abnormal Haematological Lab Results</b><br>Dr. Karen Tang  | Ms. Cherry Wong<br>Tel: 2589 2337 |
| 17:30 - 19:30                     | Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH | <b>Consultation Skill: Handling of Violent Patients and Difficult Patients</b><br>Dr. Chu Pui Ling Candice & Dr. Wong Ka Yan Judy  | Ms. Nicole Ng<br>Tel: 5569 6405   |
| <b>Thursday, 12 October 2023</b>  |   |  |                                   |
| 16:00 - 18:00                     | Activities Room, 3/F, Yan Oi General Out-patient Clinic   | <b>Ethical Issue in the Care of Cognitive Impaired Elderly in the Community</b><br>Dr. Hsu Kwok Fai & Dr. Lee Kar Fai  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| <b>Wednesday, 18 October 2023</b> |   |  |                                   |
| 14:30 - 17:00                     | Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre                       | <b>Family Life Cycle</b><br>Dr. Lau Shi Wa   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 14:30 - 17:30                     | Conference Room 2, G/F, Block M, Queen Elizabeth Hospital   | <b>Common Symptoms in ENT</b><br>Dr. Cheung Ada See Wai & Dr. Feng Jun Marc  | Ms. Emily Lau<br>Tel: 3506 8610   |
| 17:00 - 19:00                     | Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong                                     | <b>Consultation Process Illustrated by Difficult DM Patients</b><br>Dr. Jenny Wang   | Ms. Cherry Wong<br>Tel: 2589 2337 |
| 17:30 - 19:30                     | Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH | <b>Telemedicine and Its Risk Management</b><br>Dr. Yiu Sze Wa Sarah & Dr. Tang Yeung On  | Ms. Nicole Ng<br>Tel: 5569 6405   |
| <b>Thursday, 19 October 2023</b>  |   |  |                                   |
| 16:00 - 18:00                     | Activities Room, 3/F, Yan Oi General Out-patient Clinic   | <b>Updates on HIV Epidemiology, Testing, Treatment and Prophylaxis</b><br>Dr. Ng Kai Man & Dr. Ng Ngai Mui   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| <b>Wednesday, 25 October 2023</b> |   |  |                                   |
| 14:30 - 17:00                     | Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre                       | <b>The Australian Primary Care System: Structure, Function, and Approaches to Healthcare Delivery</b><br>Dr. Leung Hei Tung  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 14:30 - 17:30                     | Conference Room 2, G/F, Block M, Queen Elizabeth Hospital   | <b>Consultation Enhancement (Physical Examination: Hip and Video Consultation)</b><br>Dr. Lai Siu Tung & Dr. Sin Tak Yee, Melody   | Ms. Emily Lau<br>Tel: 3506 8610   |
| 17:00 - 19:00                     | Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong                                     | <b>Common Mental Case Sharings</b><br>Dr. Sin Ming Chuen   | Ms. Cherry Wong<br>Tel: 2589 2337 |
| 17:30 - 19:30                     | Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH | <b>Update in Common Gynaecological Disease (Ovarian Cyst, Fibroid, Endometriosis)</b><br>Dr. Chan Hei Wai Venus & Dr. Ng Ka Wai Will   | Ms. Nicole Ng<br>Tel: 5569 6405   |
| <b>Thursday, 26 October 2023</b>  |   |  |                                   |
| 16:00 - 18:00                     | Activities Room, 3/F, Yan Oi General Out-patient Clinic   | <b>Leveraging Telemedicine for Chronic Disease Management in Primary Care: Innovations and Opportunities</b><br>Dr. Tong Ka Hung & Dr. Cheuk Tat Sang                        | Ms. Eliza Chan<br>Tel: 2468 6813  |



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Wishing you all

**HAPPY MID-AUTUMN FESTIVAL**

The FP Links Committee



# COLLEGE CALENDAR

| Sunday           | Monday   | Tuesday   | Wednesday  | Thursday   | Friday                                  | Saturday   |
|------------------|--|---|--|--|---|--|
| 24<br><b>Sep</b> | 25<br><br>7:00 – 9:30 p.m.<br>Dinner CME Lecture | 26  | 27<br>2:00 – 3:00 p.m.<br>Online Seminar<br>2:30 – 7:00 p.m.<br>Structured Education Programme               | 28<br>4:00 – 6:00 p.m.<br>Structured Education Programme<br>8:00 p.m.<br>Specialty Board Meeting | 29                                      | 30   |
| 1<br><b>Oct</b>  | 2  | 3   | 4<br>2:00 – 3:00 p.m.<br>CME Lecture (hybrid)<br>2:30 – 7:00 p.m.<br>Structured Education Programme          | 5<br>4:00 – 6:00 p.m.<br>Structured Education Programme  | 6                                       | 7<br>2:30 – 6:00 p.m.<br>FM Clinical Skills Enhancement & DFM Module II Tutorial Session                                 |
| 8                | 9  | 10  | 11<br>2:30 – 7:00 p.m.<br>Structured Education Programme<br>8:00 p.m.<br>Basic Training Introductory Seminar | 12<br>4:00 – 6:00 p.m.<br>Structured Education Programme<br>8:00 p.m.<br>BVTs Board Meeting      | 13                                      | 14<br>2:30 – 4:30 p.m.<br>Certificate Course on Palliative Care<br>2:30 – 5:30 p.m.<br>DFM Module III Structured Seminar |
| 15               | 16   | 17  | 18<br>2:30 – 7:00 p.m.<br>Structured Education Programme   | 19<br>4:00 – 6:00 p.m.<br>Structured Education Programme<br>8:30 p.m.<br>HKCFP Council Meeting   | 20                                      | 21<br>2:00 – 3:30 p.m.<br>Dermatology Seminar<br>2:30 – 5:00 p.m.<br>DFM Module III Structured Seminar                   |
| 22               | 23   | 24  | 25<br>2:30 – 7:00 p.m.<br>Structured Education Programme   | 26<br>2:00 – 3:00 p.m.<br>CME Lecture<br>4:00 – 6:00 p.m.<br>Structured Education Programme      | 27<br>2:30 – 3:30 p.m.<br>Video Session | 28<br>2:30 – 4:30 p.m.<br>Certificate Course on Palliative Care  |
| 29               | 30   | 31<br>7:30 – 8:30 p.m.<br>Dinner CME Lecture (hybrid) | 1<br>2:30 – 7:00 p.m.<br>Structured Education Programme  | 2<br>4:00 – 6:00 p.m.<br>Structured Education Programme  | 3                                       | 4<br><b>Nov</b><br>OSCE Exam - Day 1   |

## FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities



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