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Message from the President

Since it was first declared by the World Organisation of Family Doctors (WONCA) in 2010, the World Family Doctor Day (WFDD), 19 of May, has become an annual celebration of the central role of Family Doctors in delivering personal, comprehensive, and continuous health care to patients. It marks a significant occasion to highlight the crucial role and contribution of family doctors and primary care teams in the healthcare systems globally. This year, the theme of the WFDD has been entitled, "Family Doctor: The Heart of Healthcare". (<https://www.globalfamilydoctor.com/News/WorldFamilyDoctorDay2023.aspx>)

Family doctors are often perceived as the heart of healthcare for several reasons. First, the long-term relationship built up with the patients by providing the first point of contact for patients seeking medical care, continuous and comprehensive care to patients throughout their lives, enabling in depth understanding of their patients' medical history, lifestyle, and social circumstances, and offering personalised care and support. Second, family doctors take a holistic approach to healthcare, considering not just a patient's physical health, but also their emotional, social, and psychological well-being. Family doctors focus on preventive care, screening, and early detection of illnesses to help patients maintain good health and prevent chronic diseases. Third, family doctors serve as a central point of coordination for a patient's healthcare needs, working with other healthcare providers, such as specialists and hospitals, to ensure that patients receive the

best possible care and avoid duplication of services. Fourth, family doctors are advocates for their patients, helping them navigate the healthcare system and access the resources they need. They also educate patients about their health, including how to manage chronic conditions, make healthy lifestyle choices, and prevent illness.



As in the previous years, our College has planned a series of WFDD activities to celebrate this very important day of the year, including articles in the media, appearance in television, and coorganising celebration events with Primary Care Office of the Health Bureau. Please stay tuned for our announcements in the usual College channels and join in to celebrate the excellent work of family doctors in the community!

Early in May, The Primary Care Office and our College co-organised a webinar entitled "Family Doctor for All" for family doctors in the Primary Care Directory. I spoke on the concept and practice of Family Doctor for All while Dr. Pang Fei-chau elaborated on the related policy and pilot Chronic Disease Co-care Programme. It was well received by the fellow colleagues and we hope to arrange more of these occasions in the near future to continue to promote "Family Doctor for All" concept in Hong Kong.

(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)

As Hong Kong has already built up a strong immunity barrier, coupled with the enhancement of prevention and treatment capacities of the healthcare system and the handling capacity of society as a whole, the risk posed by COVID-19 to local public health has apparently altered. The Government has decided to lift all mask-wearing requirements with effect from 1 March. (<https://www.info.gov.hk/gia/general/202302/28/P2023022800677.htm>) Furthermore, the WHO Director-General announced on 5 May that COVID-19 is now an established and ongoing health issue which no longer constitutes a public health emergency of international concern (PHEIC). After 3 years of COVID-19 pandemic, we are able to revert back to normal life. And part of that normalcy is to be able to hold conference and encourage

exchanges. A quick reminder for the forthcoming Hong Kong Primary Care Conference, 23-25 June 2023, please do register and join us for a fruitful conference ahead. (<https://www.hkpcc.org.hk/>)

Looking further afield, we have the WONCA World Conference in Sydney from 26 - 29 October 2023 to look forward to. (<https://wonca.racgp.org.au/wonca-2023/home>)

The 36th Fellowship Conferment Ceremony and the 33rd Dr. Sun Yat Sen Oration is to be held on 25 June 2023 (Sunday) at the Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building. We look forward to hosting another important annual College event next month.

Dr. David V K CHAO
President

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **March – April 2023**:

New Applications

Associate Membership

Dr. CHAN Yee Shing	陳 以 誠
Dr. CHAN Yin Chung Andi	陳 彥 中
Dr. CHUNG Pak Yin	鍾 柏 然
Dr. FENG Jun Marc	鄧 雋 雋
Dr. MA Yi Ning	馬 伊 寧
Dr. MOY Lok Tin	梅 樂 天
Dr. TANG Miu Sze	鄧 妙 詩

Re-application

Associate Membership

Dr. NG Hoi Ling Helen	吳 海 鈴
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Transferral

From Associate to Fellowship

Dr. CHOI Man Kit	蔡 文 傑
Dr. LI Janice Chun Ying	李 雋 瑩

Resignation

Full Membership

Dr. JAMIESON Susan Jane

Cessation

Full Membership

Dr. TIU Chi Tiong	張 志 忠
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Internal Affairs Committee News

The 36th Fellowship Conferment Ceremony and the 33rd Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding **“The 36th Fellowship Conferment Ceremony and the 33rd Dr. Sun Yat Sen Oration” on 25 June 2023 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.**

Successful candidates of the Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. Dr. LEE Ha Yun, Libby, JP, Under Secretary for Health, Health Bureau of the Hong Kong Special Administrative Region would deliver the 33rd Dr. Sun Yat Sen Oration to the audience.

All Fellows* and members are cordially invited to attend the Conferment Ceremony and the Oration. Pre-registration is required for all Fellows & members. Please contact the secretariat by email to internal@hkcfp.org.hk on or before 16 June 2023 (Friday).

Details are listed as follows.

Events : (i) **The 36th Fellowship Conferment Ceremony**, (ii) **The 33rd Dr. Sun Yat Sen Oration by Dr. LEE Ha Yun, Libby, JP**
 Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
 Date : 25 June 2023 (Sunday)
 Time : 4:15p.m. – Registration 5:00p.m. – Ceremony
 Remarks : 1 CME (Category 4.3)
 Dress Code : Business

This activity is free of charge to our College Fellows, members and their spouses.

**All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.*

Please mark your diaries and we look forward to seeing you soon. Thank you!

Dr. KO Wai Kit

Chairman, Internal Affairs Committee, HKCFP

HKCFP Council Announcement

WONCA 24th World Conference 2023 Sydney, Australia

26–29 October 2023 (Thursday – Sunday)

Dear Members,

WONCA 24th World Conference 2023 will be held online between **26–29 October 2023**. The programme will include one day of pre-conference workshops on 25 October 2023 and four days of conference proceedings.

The College Council has decided to grant sponsorship with **a total amount at the maximum of HK\$175,000** to **partially sponsor members (including trainees)** to attend the Conference. Members with presentation(s) would be considered a priority. By the successful granting, the applicants shall agree to -

- (a) acknowledge the College in all of your Presentation materials, such as PowerPoints, Posters etc;
- (b) uphold and promote to the best of your ability the aims and objectives of the College;
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College;
- (d) take part in the College official functions if any during the Conference;
- (e) submit a written report (≥800 words) with photos in one month after the conference.

All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members and first-come-first-served. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of “DOWNLOADS” and return the form to the Secretariat by **31 May 2023 (Wednesday)**.

For further information please visit the Conference official website at <https://wonca.racgp.org.au/wonca-2023>

Thanks,

Dr. Cecilia FAN

Honorary Secretary

The 10th Cross-straits GP conference 2023 2023 第十屆海峽兩岸全科醫學大會

Dr. Lau Ho Lim

Vice-President (General Affairs)

With the covid-19 pandemic having affected travel between Hong Kong and Mainland China for 3 years, April came the first opportunity for HKCFP delegates to physically attend the Cross-Straits Medical Conference in Chengdu after the hiatus. It was a fruitful trip for our College as old friends met again and sat side by side to attend and discuss in many informative and edifying lectures and seminars. It was also a time when our Censor, Prof. Donald Li, received a Special Contribution Award as a recognition of his long-standing hard work and contribution to the development of General Practice/Family Medicine in China.

Our College's delegation, led by Dr. Lau Ho Lim, Vice-President (General Affairs), includes Dr. Chan Chi

Wai, Dr. Ngai Ming and Dr. Thomas Dao. Each one of them gave a presentation upon invitation by the organizer of the Conference. Enthusiastic interests to the development of family medicine and training of family physicians in Hong Kong were evident, with calls for academic and training cooperations in future with HKCFP from various GP departments or units. Our young doctor representative, Dr. Thomas Dao, has been very active in the Young Doctor Training Pilot Programme in China, and he has built many bridges of medical exchanges, which it is hoped to enhance the training of family doctors both in Hong Kong and in the Mainland.



Dr. Lau Ho Lim represents the HKCFP to deliver welcome speech in the Opening Ceremony.



HKCFP delegates taking photo with Wonca President Dr. Anna Staval, and Wonca Immediate Past President Prof. Donald Li.



Congratulations to Prof. Donald Li for the award of 全科醫學特別貢獻獎。



HKCFP delegates sharing experience about trainings and works in Hong Kong.



陶敏之醫生

Co-chairman, Young Doctors Committee, HKCFP

Associate Consultant, Department of Family Medicine and Primary Health Care, Kowloon West Cluster

第十屆海峽兩岸全科醫學大會於4月13-16日在成都舉行。這次大會對我來說非常有意義，因為我有幸代表學院參加了中國全科醫學青年專家培養項目，從2018年開始至今5年，在本次會議上完成了結業式。這個項目是由海醫會全科醫學分會、中國醫師協會全科醫師分會及中華醫學會全科醫學分會共同組織，旨在培養全國各地的全科青年醫生，提高全科醫學的水平和影響力，並推動全國青年全科醫生的聯合合作。我很榮幸能夠成為這個項目的一員，和其他29位來自內地各省市的同行一起學習和交流。

在這個項目中，我們除了參加各種培訓課程、講座和研討會，還參與了一項重要的工作，就是翻譯 John Murtagh General Practice 8th edition（莫塔全科醫學第八版）這本全球權威的家庭醫學教材。這本書涵蓋了全科醫學的各個方面，對於提高全科醫生的臨床能力和理論水平非常有幫助。我們用

了一年多的時間，把這本書從英文翻譯成中文，並在今年出版了。我覺得這是一項非常有意義的貢獻。

除了參加大會和項目活動，我們還利用空閒時間遊覽了成都的名勝。寬窄巷子是成都最具特色的文化街區之一，保留了清代和民國時期的建築風格和生活氣息，讓人感受到成都的歷史和文化。我們在這裡體驗了成都的老城區的風情和特色，亦品嚐了許多成都的特色小吃，例如麻婆豆腐、麻辣火鍋、龍抄手等，都非常美味。期間還欣賞了川劇變臉和滾燈表演，十分精彩！

這次成都之行讓我收穫了很多知識和友誼，也讓我感受到了中國全科醫學的發展和前景。希望我們未來能夠有更多這樣的機會，與海峽兩岸的全科醫學同仁們交流合作，為家庭醫學的發展繼續努力！

中国全科医学青年专家培养项目总结

中国全科医学青年专家培养项目总结会



成都之行，收穫了知識和友誼

陳智偉醫生隨筆

Consultant, Department of Family Medicine and Primary Health Care, Kowloon West Cluster

由於疫情，時隔三年也沒有跟國內的家庭醫生交流了。透過今次成都的全國全科醫學大會，能再一次和國內的同道互相學習，實在收穫良多。國內的全科醫學發展也希望達到模式轉變(paradigm shift)，使老百姓不要過份依賴大型醫院。各地也因此有計劃地建立起使老百姓有信心的社區服務中心(即家庭醫學中心)，提供一站式的服務。當中不少包含了全科門診診症、中醫診療、化驗及掃描以至住院服務等等，與此同時中心也很重視科研成果以及培訓質素以達致更具競爭力的品牌以及更多培訓學員的名額。所以國內的全科中心有其發展及地區需要的特色，跟香港有點不同。是次交流可充分體會到與會者對發展家庭醫學的熱誠和渴望，他們衷心希望吸取其他地方的經驗，如何有效地建立高質素的全科醫療團隊。

進入數碼化的年代，國內智能手機的應用比我們有過之而無不及。無論在登記掛號、臨床記錄、檢查報告以及服務收費等等都一一數碼化。所以數據庫掌握到的大數據，有助於監察病人的健康指數、疾病的風險評估以及規劃未來醫療發展的方向等。當然我國地大脈搏，如果各單位能達到共識，建立比較統一的系統以達致信息共享，就更助於老百姓在不同時候使用不同的醫療服務。

國家政策也積極推動家庭醫學，鼓勵市民和家庭醫生簽下服務約定。近期更定下一些簽約的策略，希望大家朝著目標進發。他們更把病人的滿意度列為其中一項績效指標(KPI)也值得我們參考。其實我也發覺國內有很多服務平台也十分注重客戶滿意度，這有助於服務質素和服務態度的提升。

環顧種種，我認為都要不忘初心，提高家庭醫生的綜合能力至為重要。只要透過我們對每一位病人建立起的互信關係，以及有效地解決他們的疑惑和健康問題，才能充分地發揮我們家庭醫生在基層醫療的角色。



能在與會之間探望到一群國寶，深深地體會到牠們的可愛和可貴。心想我們家庭醫生何嘗不是既可愛更可貴！

倪明醫生

HKCFP Young Doctors Committee

這次第十屆海峽兩岸全科醫學大會在成都召開，我們有幸被邀請去西南最有名的華西醫院參觀。華西醫院門診是一家享有盛譽的大型綜合醫院，位於中國四川省成都市武侯區。門診設有全科醫學教學門診，我們去到醫院門診參觀，還沒進去就在醫院外的廣場上就看見右手邊有一棟8層樓高的建築，寫著“第四住院大樓”，當地醫生告訴我們那就是他們全科的住院大樓，大概有500多張床，他們每人除了每天的門診之外，還會每人有幾個住院病人會在這裡住院，並需要輪流值班。

在廣場的左邊和後面有很多自動櫃員機一樣的東西，一排排地整齊擺放，這裡就是有很多可供病患自助服務的，比如自助掛號：醫院提供自助掛號機，患者可以選擇自行掛號，減少等待時間。自助繳費：患者可以通過自助繳費終端機或手機



參觀華西醫院，和青年醫生對話

掃碼支付完成門診費用繳納。自助查詢：患者可以通過自助查詢終端機查詢自己的門診掛號、繳費、檢查報告等資訊。電子病歷：醫院可以提供電子病歷甚至還有免費列印服務。當地醫生提到患者還可以通過醫院的門戶網站或手機APP查看自己的病歷資訊，方便快捷。以上這些自助服務，不僅提高了患者的就醫體驗和滿意度，也減輕了醫院的工作壓力，提高了醫院的工作效率。同時，在疫情期間它們還可以減少人員接觸，降低傳染病的傳播風險。



華西醫院門診每天接待數以萬計的患者，門診量非常大。護士長接待我們跟我們講到那裡設有兩百多個診室，300多位護士，護士一般在診室外安排，護理等，診室內就是醫生或者加上醫生助理。



理。我們對醫生助理這個職位很新奇，因為在香港沒有這個職位，他們跟我們解釋，醫生助理是受過臨床專業培訓的人員，能在醫生的指導下執行一些醫療任務和職責，減輕醫生的負擔，提高醫療效率，有些醫生助理本身就是年輕醫生。

我們去參觀的時候剛好全科醫學教學門診下午收尾，看到一位醫生在診室裡，診室很特別，門口有個很大的LED顯示器，有診症號碼，醫生姓名職稱，看診患者的名字（不是全名）和等候就診的號碼名字，還有QR code可以關注看診醫生。患者的位置在醫生對面，中間桌上擺著兩部背靠背的電腦，應該是同步的，應該醫生和患者都可以同時看到病例輸入，檢查項目，藥物資料等。當地醫生還告訴我們診室還會現場直播到高級醫生的辦公室，在診症過程中會有高級醫生在旁監督，提示，教學。患者們都是知情同意的。

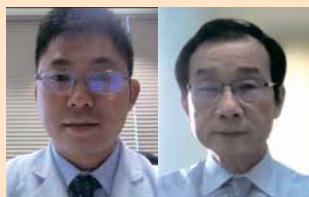
參觀華西醫院門診到處都感受著高科技已經很深入民心了。



Meeting Highlights

Online Seminar on 19 April 2023

Dr. Tang King Fun, Specialist in Cardiology, delivered a lecture on "The Essentiality of Heart Rate Control".



A screenshot taken on 19 April 2023
Dr. Tang King Fun (left, Speaker)
and Dr. Tsui Hing Sing, Robert (right, Moderator)

Hybrid COVID-19 Symposium: From Prevention to Clinical Management on 25 April 2023

Prof. Alexis M. Kalergis, Professor, Pontificia Universidad Católica de Chile, Santiago, Chile; Director, Millennium Institute on Immunology and Immunotherapy, University of Chile, Santiago, Chile, delivered a lecture on "What do we know about the inactivated COVID-19 Vaccine"; Dr. Chu Wai Sing, Daniel, Specialist in Family Medicine, delivered a lecture on "Overview on COVID-19 pandemic and lessons learnt from Hong Kong Studies" and Dr. Kwan Yat Wah, Mike, Specialist in Paediatric Immunology, Allergy and Infectious Diseases, delivered a lecture on "COVID-19 Infections in Children and Adolescents and Management of the Complications".



A screenshot taken on 25 April 2023
Prof. Alexis M. Kalergis (Speaker)



Dr. Ho Shu Wan, Sharon (right, Moderator) presenting a souvenir to Dr. Chu Wai Sing, Daniel (left, Speaker).



Dr. Ho Shu Wan, Sharon (right, Moderator) presenting a souvenir to Dr. Kwan Yat Wah, Mike (left, Speaker).

Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTS for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after review by BVTS, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

.....
The Hong Kong Primary Care Conference 2023 will be held from **23 - 25 June 2023**.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conferences organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conferences in the **three-year training programme**.

.....
 The above information has already been stated in the IMPORTANT NOTICE.

Should you have any inquiries, please contact Ms. Maggie CHEUNG or Ms. Kathy LAI at 2871 8899.

Board of Vocational Training and Standards

Combat Antibiotic Resistance Together

The Centre for Health Protection (CHP) of the Department of Health has just announced the results of a territory-wide survey aiming at examining the knowledge, attitude and practice (KAP) of general public towards antibiotic resistance in Hong Kong. Key findings are as below:

KAP survey on Antibiotic Resistance among General Public 2022

96.4% accepted doctor's advice to observe or wait for diagnostic test result when doctor's initial assessment indicated antibiotics were not needed



Only **49.7%** correctly answered that cold and flu should NOT be treated by antibiotics



Only **20.6%** whose antibiotics last taken were prescribed by doctors had noticed the health advice on antibiotics medicine bags



The younger age group were less aware of the risk that **raw or undercooked ready-to-eat food (such as salad and sashimi) is MORE easily contaminated by drug-resistant bacteria**



Antibiotics to cure infection also kill the normal bacteria in your body and put you at risk of acquiring superbugs.

To protect you and your family, you should:

1. Practise frequent hand hygiene
2. Eat or drink only thoroughly cooked and boiled items
3. Disinfect and cover wounds
4. Wear mask when you have respiratory symptoms
5. Young children with illness should minimize contact with other children



Family physicians have pivotal role in tackling antibiotic resistance problem by reducing unnecessary antibiotic use.

You are encouraged to disseminate related information and messages during clinical encounters for raising patients' awareness of appropriate antibiotic use and infection control measures.

Hard copies of health education materials for your order



"Antibiotic Cue Card" to alert your patients on tips when taking antibiotics

Visit **CHP Antimicrobial Resistance thematic webpage** at www.chp.gov.hk/en/features/47850.html for more information

Diploma in Family Medicine (HKCFP) 2023 - 2024

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2023.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	THREE update seminars plus ONE attachment in selected specialty

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III - V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

July to October 2023	Module I
October to December 2023	Module II
July 2023 to April 2024	Module III, IV & V
May 2024	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$42,000 for members of HKCFP

HK\$84,000 for non-members

(A discount of HK\$5,000 for early bird applications on or before 31 May 2023)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,300	\$10,600
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,300	\$10,600
Module III (Structured Lectures & Seminars)	\$5,400	\$10,800
Module IV (Updates & Clinical Attachment)	\$5,300	\$10,600
Module V (Practical Workshops)	\$6,800	\$13,600
Examination	\$13,000	\$26,000
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$42,000 (or HK\$84,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2022 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: Extended to 15 July 2023

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Current Views on the Use of Artificial Intelligence in Family Medicine

Artificial intelligence (AI) in medicine is the use of machine learning models to search medical data and uncover insights to help improve health outcomes and patient experiences.¹ In recent years, with the advancement of AI technology, the use of AI has also been of concern in the field of family medicine (FM). This short article aims to give the readers a brief introduction of the application of AI in medicine, and the potential concerns arisen from using it.

The use of AI has been advocated to have positive impact on the practice of medicine, no matter by speeding up the pace of research or helping clinicians make better decisions and management plans. Overall speaking the use of AI in clinical medicine is considered to be able to reduce error and reduce the costs of care. Examples of how AI could be used include:

- (1) Disease detection and diagnosis
- (2) Personalized disease treatment and management
- (3) Medical diagnostic imaging
- (4) Clinical trial efficiency
- (5) Accelerated drug development

AI has the potential to facilitate better patient outcomes, population health, and health equity at lower costs while preserving clinician wellbeing. However, it can also pose risks and result in the opposite effects, i.e., imposing harm and exacerbating inequalities, especially when there is inadequate or inattention to primary care training in the use of AI-based tools. The impact of AI-based tools on these aims depends heavily on the decisions and skills of the primary care clinicians. Appropriate education and training will be crucial to maximize the potential benefits and minimize the harms. This kind of training related to the effective use of AI-based tools in primary care had been suggested to include the following 6 domains of competency:

- (1) Foundational knowledge (what is this tool?)
- (2) Critical appraisal (should I use this tool?)
- (3) Medical decision making (when should I use this tool?)
- (4) Technical use (how do I use this tool?)

- (5) Patient communication (how should I communicate with patients regarding the use of this tool?), and
- (6) Awareness of unintended consequences (what are the “side effects” of this tool?)²

Integration of these competencies into FM training is not straightforward and easy. The curriculum of FM training by itself is already very abundant and wide scoped. The addition of AI technology, which by its nature is so often needed to be updated, will make the training even more difficult and laborious. But, on the long run, if AI technology can really help patients, these difficulties are still worthwhile to overcome, and the reward will belong to both the patients and the primary care workforce.

Besides, there is another view that as family physicians, we know that computers are not the most important tool in our practice — personal relationships are and always will be. When it comes to executing complicated tasks such as managing a lot of data, computers will outperform human beings. However, the ability of family physicians to establish long term doctor-patient relationships, understand and manage their complexity, and use them to elicit and integrate preferences into clinical decisions cannot be simply replaced by the computer machine. In family medicine, humans and computers are not alternatives but rather complementary, with opposite strengths and weaknesses. We can consider the computers as our partners and not adversaries. Computers can facilitate the interactions between doctors and patients, making the time we have with our patients more meaningful.³

Reference:

1. What is artificial intelligence in medicine? IBM. [Artificial Intelligence in Medicine | IBM](#)
2. W Liaw, JK Kueper, S Lin, A Bazemore, I Kakadiaris. Competencies for the Use of Artificial Intelligence in Primary Care. *Annals of Family Medicine*. Vol. 20, No. 6. November/December 2022.
3. W Liaw, IA Kakadiaris. Artificial Intelligence and Family Medicine: Better Together. *Fam Med*. 2020;52(1): 8-10. DOI: 10.22454/FamMed.2020.881454

Compiled by Dr. Yeung Wai Man Raymond

Things around us: Facts about Food Labelling

Dr. John-Hugh Tam, Specialist in Family Medicine

When we counsel our patients about healthy eating and to choose food wisely (this is not an uncommon phenomenon considering we are living in a multi-cultural society, surrounded by endless food choices and many festive eating occasions perennially), we often remind our patients to check the food labels before buying them from shops and supermarkets. Here are a few more summarised points that we should know about these labels.

Food Labelling of prepackaged food in Hong Kong should include:

As required by law (Cap. 132 W), the following information need to be legibly marked on the food label of all prepackaged food, unless otherwise exempted:

- Name of the food;
- List of ingredients (including ingredients, allergenic substances and additives);
- Indication of durability;
- Special conditions for storage or instruction for use;
- Count, weight or volume;
- Name and address of manufacturer or packer; and
- Nutrition label.



Source: Centre for Food Safety, HKSAR

Whilst "prepackaged food" means any food packaged, whether completely or partially, in such a way that:

- The contents cannot be altered without opening or changing the packaging; and
- The food is ready for presentation to the ultimate consumer or a catering establishment as a single food item.

List of Ingredients

- Ingredients should be listed in descending order of weight or volume determined as at the time of their use when the food was packaged.
- Allergenic substances stated in the law should be specified if they are present in the food.
- Functional class of an additive and its specific name or international identification number should be specified if it is used.

The Nutrition labelling scheme in HK

- Nutrition label is part of the food label and the labelling scheme covers both nutrition labels and nutrition claims on the food packages.
- From 1 July 2010 (as required by The Food and Drugs (Composition and Labelling) (Amendment: Requirements for Nutrition Labelling and Nutrition Claim) Regulation 2008), most prepackaged food sold in Hong Kong is mandatory to have nutrition labelling. (Some produces are exempted e.g. small packages; raw meat, fresh fruit/vegetables without any addition of ingredients; food contain insignificant amount (nearly zero) of energy and specified nutrients (e.g. mineral water); prepackaged food products with annual sales < 30000 units).
- Nutrition labels covers the "1+7" principle (i.e. energy + protein, total fat, saturated fat, trans fat, carbohydrates, sugar and sodium).
- Nutrition claims are well-defined under setting conditions for standardization, such that:

For nutrition content claim

- **Low fat**
 - ◆ Containing not more than 3 g of fat per 100 g of solid food
 - ◆ Containing not more than 1.5 g of fat per 100 ml of liquid food
- **Fat free**
 - ◆ Containing not more than 0.5 g of fat per 100 g/ml of food
- **Low sodium**
 - ◆ Containing not more than 120 mg of sodium per 100g/ ml of food
- **Very low sodium**
 - ◆ Containing not more than 40 mg of sodium per 100g/ ml of food
- **Sodium free**
 - ◆ Containing not more than 5 mg of sodium per 100g/ ml of food
- **Low sugars**
 - ◆ Containing not more than 5 g of sugars per 100g/ ml of food

- **Sugar free**
 - ◆ Containing not more than 0.5 g of sugars per 100g/ ml of food
- **For food claim being "Source of Dietary Fibre"**
 - ◆ Containing not less than 3g dietary fibre per 100g solid food
 - ◆ Containing not less than 1.5g dietary fibre per 100ml liquid
- **High in Dietary Fibre**
 - ◆ Containing not less than 6g dietary fibre per 100g solid food
 - ◆ Containing not less than 3g dietary fibre per 100ml liquid

Nutrition comparative claim

- **"Less; Reduced; Lower; Fewer; Light"**: At least 25% less
- **"Higher; Extra; Added; More; Plus; Increased"**: At least 25% more

Nutrition function claim

- **Claims must be supported by science and the information about the physiological role of the claimed nutrient must be included in the claim.**
 - ◆ e.g. "protein helps build and repair body tissues"; "Iron is a factor in red blood cell formation"

How to read Nutrition Labels?

- 1) First, we should focus and decide which nutrient content(s) you are most interested on, for example:
 - **Healthy individuals** – Energy, sugar, fat, sodium
 - **Weight reduction** – **Energy**, sugar, fat
 - **DM** – Energy, **carbohydrates**, **sugar**, fat
 - **HT** – **Sodium**
 - **Hyperlipidemia** – Energy, fat, **saturated fat**, **trans fat**
- 2) Take note of the reference amount of food being used in the nutrition label
 - Reference amounts may be expressed as wordings like **"per 100g/ml"**, **"per serving"** or **"per package"**
 - Understand the true meaning of the label
 - It may be tricky when the reference amount is very small and thus all figures in the label will become very small
 - Also, take note of the number of servings in a package

Nutrition Information 營養資料	
Per 100g/每100g	
Serving Size/食用分量: 5 pieces (50g) (50片)	
Energy/能量	218kcal/千卡 (912kJ/千焦)
Protein/蛋白質	7.6g/克
Total fat/總脂肪	9.2g/克
- Saturated fat/飽和脂肪	5.7g/克
- Trans fat/反式脂肪	0.3g/克
Carbohydrates/碳水化合物	11.3g/克
- Sugars/糖	11.3g/克
Sodium/鈉	130mg/毫克

Nutrition Information 營養資料	
Serving Size/食用分量: 236mL / 236毫升	
Energy/能量	158kcal/千卡 (661kJ/千焦)
Protein/蛋白質	7.6g/克
Total fat/總脂肪	9.2g/克
- Saturated fat/飽和脂肪	5.7g/克
- Trans fat/反式脂肪	0.3g/克
Carbohydrates/碳水化合物	11.3g/克
- Sugars/糖	11.3g/克
Sodium/鈉	130mg/毫克

Source: Centre for Food Safety, HKSAR

- 3) We should compare nutritional content between products, such as to:
 - Compare the same type of food.
 - Compare nutritional content expressed in the same reference amount.
 - We may sometimes need some mental calculations if products are expressed in difference reference amount.

Biscuit Brand A

Serving Size: 100g
 Energy 449 kcal
 Protein 10.5g
 Fat, total 14.9g
 Carbohydrates 66.9g

Biscuit Brand B

Serving Size: 22.5g (2 pieces)
 Energy 114 kcal
 Protein 2.2g
 Fat, total 5.6g
 Carbohydrates 13.6g

Figures: Examples of nutrition labels of 2 brands of biscuits, after calculations, you will discover that "Brand B" contains higher amount of fat and energy!

- 4) We also need to know the amount of energy/ nutrient you need, for example:

For healthy individuals:

- We can refer to the percentage nutrient reference value (% NRV), if available, to see if the food contains a lot or a little of energy or a nutrient in the food.
- i.e. In HK, values are based on a 2000 kcal diet and is derived from recommended intake levels of various nutrients for a healthy diet (Chinese NRV).

For specific patient groups:

- For patients with diabetes: Concerning the carbohydrates requirement, each meal/ snack should contain less than 10% calories from sugar. (e.g. for 2000-kcal diet, < 50 g sugar).
- For patients with hyperlipidaemia: A healthy diet should consist of less than 30% calories from total fat & less than 10% calories from saturated fat.
- Concerning hypertension: We should limit the intake of sodium to not more than 2000 mg per day.

Finally, a word of reminder:

The diet concepts mentioned in this article are for general reference only and may vary individually in a case-by-case basis. For more details in helping your patients making the most optimal diet and eating plans, you may also consider contact and referring them to dietitians for assistance and fine-tuning.

Reference:

- Centre for Food Safety, HKSAR - www.cfs.gov.hk



**Hong Kong
Primary Care
Conference**

The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023

Flourishing Primary Care: Family Doctor for Everyone

23 - 25
June 2023
(Fri – Sun)



**Hong Kong
Primary Care
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The Hong Kong College
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Hong Kong Primary Care Conference 2023

“Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday - Sunday)

Scientific Programme at-a-glance

More
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details:



E-promotional
booklet:



Date	23 June 2023 (Friday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
19:00 - 19:30				Workshop 1 Multi-modality Psychological Approach and Intervention in Insomnia <i>Dr. Amy P.L. KWOK</i>	
19:30 - 20:15	Sponsored seminar 1	Sponsored seminar 2	Sponsored seminar 3		
20:15 - 20:30					

Date	24 June 2023 (Saturday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
13:00 - 13:45	Sponsored seminar 4	Sponsored seminar 5	Sponsored seminar 6		
14:05 - 14:25	e-Poster and Exhibition Booth Viewing				
14:30 - 15:00	Opening Ceremony				
15:00 - 15:45	Plenary I Worst Time or Right Time for Primary Healthcare <i>Dr. PANG Fei Chau</i>				
15:45 - 16:45	Plenary Discussion Forum Primary Care Development: Role of Family Doctors <i>Dr. David V.K. CHAO, Prof. Cindy L.K. LAM, Prof. Donald K.T. Li, Dr. PANG Fei Chau & Prof. Samuel Y.S. WONG</i>				
16:50 - 18:05	Seminar A Wearable Technology and Its Use in Primary Care <i>Prof. Kelvin K.F. TSOI</i>	Seminar B Preventive Care and Service Provisions for LGBT Population in Hong Kong <i>Dr. Angela W.Y. NG & Mr. Jerome M.L. YAU</i>	Seminar C Update on Immunology and Allergy <i>Dr. Alson W.M. CHAN & Ms. Sabrina W.S. MOK</i>		
18:10 - 18:50	Seminar D Innovations in Service Delivery: Tips in Teleconsultation Delivery, Barriers/Limitations on Teleconsultation <i>Dr. Anthony K.Y. HO</i>	Seminar E Updates on Vaccines and Infectious Diseases <i>Dr. Jonpaul S.T. ZEE</i>	Seminar F The Vulnerable Group under Remote Learning during COVID: Kids with SEN <i>Ms. Frances S.M. CHAN & Ms. Queenie K.Y. LIU</i>		
18:50 - 19:25					
19:30 - 21:00	Dinner Symposium				

Date	25 June 2023 (Sunday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
09:30 - 09:45				Workshop 3 Lactation Consultation Hands-on Demonstration on Hand Expressions, Latching Positions for Effective Milk Transfer, How to Use the Milk Pumps and Utilities <i>Dr. Sharon S.W. HO & Ms. Connie M.Y. YIP</i>	
09:45 - 11:00	Seminar G Novel Preventive Care in Primary Care <i>Prof. Martin C.S. WONG & Prof. Jason C.S. YAM</i>	Clinical Case Presentation Competition	Seminar H Medical-Social Collaboration - Fight against Cannabis and Other Drugs <i>Dr. Kenneth S.W. CHAN & Ms. CHAN Wing Hin</i>		
11:05 - 11:50	Sponsored seminar 7	Sponsored seminar 8	Sponsored seminar 9		Workshop 4 Fall Prevention from What You Eat to What You Do: Assessment to Isometric and Dynamic Resistance Training <i>Dr. CHAN Ying Ho & Ms. Sally S.P. POON</i>
11:55 - 12:25	Full Research Paper Awards Presentation*				
12:30 - 13:15	Free Paper - Oral Presentation	Sponsored seminar 10	Sponsored seminar 11		
13:15 - 14:00					
14:00 - 14:30					
14:35 - 15:20	Plenary II Primary Care Landscape in Singapore and New Developments <i>Prof. Jose Maria VALDERAS</i>				

*The winner of the Best Research Paper Award will present his/her work during this session (11:55am - 12:25pm)

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023 “Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday - Sunday)

Registration Information

Registration is now open.
For registration details:



Registration Deadline: 8 June 2023 (Thursday)

A) Conference Registration Registration to the conference is required.			Member: HK\$200 Non-member: HK\$1000
B) Conference – General 23 – 25 June 2023 (Friday – Sunday) <ul style="list-style-type: none">• Pre-conference: Friday, 23 June 2023: Online• Conference Day 1 Saturday, 24 June 2023<ul style="list-style-type: none">– 13:00 to 14:30: Online– 14:30 to 19:30*: Hybrid conference– 19:30 to 21:00*: Hybrid Dinner Symposium• Conference Day 2 Sunday, 25 June 2023: Online (*Onsite seats are limited & first-come-first-served.)			
C) Workshop Registration All workshops will be conducted on face-to-face mode. First-come-first-served. Please prepare a separate cheque(s). Cheques will be returned to unsuccessful registrants. <ul style="list-style-type: none">• CPD application for workshop participants in progress.			
23 June 2023 (Friday)	19:00 20:30	Workshop 1 Multi-modality Psychological Approach and Intervention in Insomnia	HK\$500
24 June 2023 (Saturday)	16:50 18:50	Workshop 2 Introductory Workshop: Hands-on Point-of-care Ultrasound (POCUS) for Doctors	HK\$500
25 June 2023 (Sunday)	09:30 11:00	Workshop 3 Lactation Consultation Hands-on Demonstration on Hand Expressions, Latching Positions for Effective Milk Transfer, How to Use the Milk Pumps and Utilities	HK\$500
	12:30 14:00	Workshop 4 Fall Prevention from What You Eat to What You Do: Assessment to Isometric and Dynamic Resistance Training	HK\$500

Payment Method

- Credit Card
- Cheque
- Tele-transfer: for overseas delegates only.
- FPS (轉數快): for local transaction only.

For details of payment method, please visit <https://www.hkpcc.org.hk/registration-fee-and-policies>.

Refund Policy

- Withdrawal of registration **on or before 9 May 2023: Full refund** after deduction of all bank charges and related transaction fees.
- Withdrawal of registration **after 9 May 2023: No refund** will be accepted.
- All refunds, including unsuccessful workshop registration etc. would be arranged within 8 weeks after the Conference. All bank charges and related transaction fees if any would be deducted from the amount of the refund payment.

For inquiries, please contact the Conference Secretariat at (852) 2871 8899 or via email to hkpcc@hkcfp.org.hk.

HKCFP Trainees Research Fund 2023 / HKCFP Research Seed Fund 2023

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$20,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
by post or by email: research@hkcfp.org.hk

Please indicate the research funding title e.g. “HKCFP Trainees Research Fund 2023” or “HKCFP Research Seed Fund 2023” on your research project upon submission.

Submission Deadline: 25th October 2023

Supported by HKCFP Foundation Fund

The Diary of a Family Doctor【家庭醫生的日常】

口乾

吳雨春醫生

陳小姐：「醫生，我口乾了兩個星期。」

醫生：「小姐做甚麼工作？」

陳小姐：「我當小學老師。」

醫生：「教甚麼科目？」

陳小姐：「英文和音樂。」

醫生：「聽來你的聲音很好，沒有鼻音和沙啞。可能有輕度鼻咽炎，可否讓我檢查鼻子和咽部？」

陳小姐：「好的。」

醫生先用窺鼻電筒檢查鼻孔，然後用普通電筒照口咽。跟著說：「老師，你有輕度鼻咽炎，可是這並非口乾的主因。請問有否領合唱團？可否分享一下近來上英文課的情況？」

陳小姐：「我沒有領合唱團。近來上英文課時覺得學生讀得不好，所以不斷教他們讀。我有用咪，可是效果不好。他們的讀音介乎英文跟廣東話之間。」

醫生：「我曾經當過老師，也學過一些歐洲語言和聲樂，所以知道你的難處。最重要是讀書和唱歌的發聲方法是不同的。先說讀英文，它對音域沒有要求，可是對元音和輔音的準確性是有要求的，而且教的時候最好除掉口罩，以下的英文讀音很易混淆：few, fill；fee, flee, free；

thee, tree, three；boxings, Bob sings；sea bar, zebra。若果讀得不準，外國人很難判斷對方的說話內容。當上音樂課時，老師要教學生唱歌，小學歌曲的音域一般為中央C至一個八度以上的E。為了把這音域唱得好，老師需要掌握鼻竇共鳴技巧。若果學會額竇共鳴，音域會向上升高一個八度。現在請聽我唱一個額竇共鳴的mi音。」

陳小姐：「醫生好厲害，我的額頭也在共鳴。」

醫生：「你跟我一起唱吧。」

跟著就是女中音和男高音一同合唱mi。

醫生：「很好，如今你能用鼻竇共鳴來唱歌了。回家多點練習，把中央C至上一個八度的E維持在這個共鳴位置上，那便有信心上音樂課了。至於英文課問題，最好把上述的英文字讀準，然後慢慢教學生讀。如果大家能不戴口罩上課，效果會更好。」

跟著醫生開了一些相關藥物和兩天病假，陳小姐便安心地離開診症室。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk

Classified Advertisement

Accredited Private FM Centre invites Energetic Specialists for expanding group practice in TuenMun/KwaiFong. Developmental Paediatricians + Psychiatrists most welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com [Amy CHAN] 9212-6654.



香 港 大 學

THE UNIVERSITY OF HONG KONG

Applications are invited for appointment as **Non-Tenure Track Clinical Associate Professor/Clinical Assistant Professor in the Department of Family Medicine and Primary Care, School of Clinical Medicine** (Ref.: 519819), to commence as soon as possible, on a four-year fixed-term basis, with the possibility of renewal.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a primary medical qualification registrable with the Medical Council of Hong Kong and a higher qualification in general practice/family medicine, and preferably a FHKAM (Family Medicine) or equivalent specialist qualification. They should demonstrate excellence in clinical services; have a strong commitment and experience in undergraduate teaching; and exhibit the capacity and potential in research. They should also be fluent in both English and Cantonese although teaching, research and professional activities are conducted in English.

The appointee is expected to participate in the planning and delivery of undergraduate and postgraduate medical education programmes in Family Medicine; conduct clinical research; develop and provide clinical services in primary care in the HKUMed affiliated hospitals and clinics including the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department, Faculty and University. Information about the post can be obtained from Professor Cindy Lam at cklam@hku.hk. Applicants who have responded to the previous advertisement (Ref.: 517449) need not re-apply.

A highly competitive salary commensurate with qualifications and experience will be offered, in addition to annual leave and medical benefits. At current rates, salaries tax does not exceed 15% of gross income. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totaling up to 15% of basic salary. A monthly cash allowance will be offered to the successful candidate. Housing benefits will also be provided as applicable.

The University only accepts online application for the above post. Applicants should apply online at the University's career site (<https://jobs.hku.hk>) and upload an up-to-date curriculum vitae including a publication list highlighting their best papers. Review of applications will start from May 1, 2023 and continue until **June 30, 2023** or until the post is filled, whichever is earlier.

*The University is an equal opportunities employer
and is committed to equality, ethics, inclusivity, diversity and transparency*

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2023

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : HKCFP Wan Chai office, Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2023
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** :
 Members : HK\$4,000 (Whole course)
 HK\$1,000 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Application form is available at College website:
http://www.hkcfp.org.hk/pages_9_463.html
 Please return the completed application form and the cheque to the Secretariat for processing. Please contact the Secretariat, Ms. Teresa Liu or Ms. Windy Lau by email to education@hkcfp.org.hk or call 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** :
 1. Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.
 2. **Announcement will be made in case there is a change of schedule and/or format.**

Assessment Enhancement Course 2023 Timetable for Workshop

Date	Topics	Venue
29 April 2023 (Sat) 2:30 – 5:30 p.m.	Introduction	Room 802, Duke of Windsor Social Service Building, Wan Chai, Hong Kong
27 May 2023 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	
17 June 2023 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	
22 July 2023 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	
26 August 2023 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	
23 September 2023 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Face to Face Seminars

Date and Time	Topic	Speakers and Moderators	Venue
3 Jun (Sat) 2:00 – 4:00 p.m.	20th Medical Humanities Seminar Medical Humanistic and Me. An Attempt at Participatory Humanistic Integration for General Practitioners <i>Organized by the Interest Group in Medical Humanities</i> <i>*Lecture will be mainly in Cantonese with English subtitles.</i>	Speaker: Dr. Tsang Chiu Yee, Luke <i>Specialist in Family Medicine</i> Moderator: Dr. Chan Suen Ho, Mark <i>The Hong Kong College of Family Physicians</i>	8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wan Chai, HK
13 Jun (Tue) 1:00 – 3:00 p.m.	Individualising antithrombotic strategies for coronary artery disease (CAD) <i>Sponsored by Bayer Healthcare Limited</i>	Speaker: Dr. Ng Kei Yan, Andrew <i>Specialist in Cardiology</i> Moderator: Dr. Au Yeung Shiu Hing <i>The Hong Kong College of Family Physicians</i>	Star Room, Level 42, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon

Hybrid Event

Date and Time	Topic	Speaker	Venue
14 Jun (Wed) 7:00 – 10:00 p.m.	One Step ahead to Support a Healthier Aging 1. Proactively screening nerve health status for Diabetes patients 2. Chronic inflammatory monitoring in clinic practice <i>Sponsored by Procter & Gamble HK Limited</i>	Speaker: 1. Dr. Lee Chi Nam <i>Specialist in Neurology</i> 2. Dr. Chan Fei <i>Specialist in Geriatric Medicine</i> Moderator: Dr. Chan Kin Wai, Louis <i>The Hong Kong College of Family Physicians</i>	Tang Room I-II, 3/F, Sheraton Hotel, 20 Nathan Road, Tsim Sha Tsui, Kowloon
28 Jun (Wed) 6:30 – 9:30 p.m.	SABAware meeting - Breaking SABA Over-reliance in Asthma 1. Burden of SABA over-reliance – from global to local perspectives 2. Evolving management in mild asthma – Overcoming reliance on SABA <i>Sponsored by AstraZeneca Hong Kong Limited</i>	Speaker: 1. Prof. Esther Chan <i>Professor, Department of Pharmacology and Pharmacy, The University of Hong Kong</i> 2. Dr. Julie Wang <i>Specialist in Respiratory Medicine</i> Moderator: Dr. Welchie Ko Wai Kit <i>Council Member, The Hong Kong College of Family Physicians</i>	Shantung Room, 8/F, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon

Admission Fee:

3 June	Members: Non – members:	Complimentary HK\$ 300.00
13 June	College Fellow, Full, or Associate Members: Other Categories of Members: Non – members:	Complimentary (\$50 Enrollment deposit is required) HK\$ 550.00 HK\$ 650.00
14 & 28 June	College Fellow, Full, or Associate Members: Other Categories of Members: Non – members:	Complimentary (\$50 Enrollment deposit is required) HK\$ 650.00 HK\$ 750.00

*All fees received are non-refundable nor transferable. For non-members, please contact the secretariat for registration details.

QR Code for registration



Accreditation :

- 3 & 14 Jun : 2 CME Points HKCFP (Cat. 4.3)
2 CME Points MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
- 13 & 28 Jun : 1 CME Points HKCFP (Cat. 4.3)
1 CME Points MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
30 June (Fri) 2:30 – 3:30 p.m.	“The European Society of Cardiology (ESC) Update and Resistant Hypertension” BY Dr. Hung Yu Tak

QR Codes for registration

30 June 2023 (Fri)



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

1. In case of over-subscription, the organizer reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Thursday, 01 Jun 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach to Common Minor Aliments: Dry Eye, Dry Mouth, and Complaints Related to Mucosa Dr. Ng Kai Man & Dr. Leung Ching	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 7 Jun 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Professional Ethics Issues for Out-Patient Consultation Dr. Lee Wai Chun	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Bowel Cancers Screening Dr. Yu Lok Kwan & Dr. Ho Han Chung, Gary	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Nutrient Supplements for Preventive Purpose (Evidence Review) Dr. Chloe Cheung	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Substance Abuse Dr. Tong Hiu Tung, Christy & Dr. Chau Chuen, Queena	Ms. Verica Wong Tel: 5569 6405
Thursday, 8 Jun 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Ethical Pitfalls in Patient Centred Care Dr. Sung Cheuk Chung & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 14 Jun 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	How the Primary Health Care Help to Relieve the Increasing Medical Demand in Hong Kong? Dr. Kwong Chung Man	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEH	(1) Introduction to Conjoint Fellowship Examination (Part I) & (2) Anticipatory Care (1) Dr. Tam Wah Kit & (2) Dr. Ng Kwan Chun	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Common Symptom Complaints - Cough Dr. Prudence Hou	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Parkinsonism and Dementia Dr. Wong Wing Kwan, Leo & Dr. Chan Lok Hin, Thomas	Ms. Verica Wong Tel: 5569 6405
Thursday, 15 Jun 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Triple Diagnosis and Management Dr. Yung Hiu Ting & Dr. Kum Chung Hang	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 21 Jun 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Common Dental/Oral Problems Encountered in Primary Care with Cases Illustration in Different Age Group Dr. Cheng Ka Tong	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Assessment on Injury on Duty and the Early Rehabilitation Dr. Yeung Chin Fung & Dr. Cheung Kai O	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Post-Partum Care Dr. Vivian Ng	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	CSA Video Review Dr. Chu Pui Ling, Candice & Dr. Ge Shicong, George	Ms. Verica Wong Tel: 5569 6405
Wednesday, 28 Jun 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Better Patient Communication Skill Dr. Yip Chun Kong	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Journal Club (Related to Emergency Care in GP Setting) Dr. Lam Hiu Ching, Natasha & Dr. Pannu Prubodial Singh	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Eye Emergencies Dr. Jackie Lee	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Common GI Symptom Dr. Leung Wai Chung, Rachel & Dr. Jerrold Lee	Ms. Verica Wong Tel: 5569 6405
Thursday, 29 Jun 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Sharing of SDM Workshop Experience Dr. Chan Yin Yue & Dr. Yu Yi Fung	Ms. Eliza Chan Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 May	29 6:30 – 9:30 p.m. HKCFP 2023 FM Career Talk	30 9:00 p.m. Board of DFM Meeting	31 2:30 – 7:00 p.m. Structured Education Programme	1 Jun 4:00 – 6:00 p.m. Structured Education Programme	2	3 2:00 – 4:00 p.m. 20 th Medical Humanities Seminar
4	5	6	7 2:30 – 7:00 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme	9	10
11	12	13 1:00 – 3:00 p.m. CME Lecture	14 2:30 – 7:00 p.m. Structured Education Programme 7:00 – 10:00 p.m. CME Lecture	15 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	16	17 2:30 – 5:30 p.m. Assessment Enhancement Course
18 2:30 – 5:30 p.m. Conjoint Exam - OSCE info seminar	19	20	21 2:30 – 7:00 p.m. Structured Education Programme	22	23 HKPCC 2023	24 HKPCC2023
25 HKPCC 2023 HKCFP Conferment Ceremony	26	27	28 2:30 – 7:00 p.m. Structured Education Programme 6:30 – 9:30 p.m. CME Lecture	29 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	30 2:30 – 3:30 p.m. Video Session	1 Jul
2	3	4	5 2:30 – 7:00 p.m. Structured Education Programme	6 4:00 – 6:00 p.m. Structured Education Programme	7	8

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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Contact and Advertisement Enquiry

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