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Message from the President

Family Physicians pride themselves in providing continuity of care and personal care in the community. Family Physicians provide what is often referred to as 'cradle to grave' care. Not only do they know the patient but also their relatives and extended family and the many people they interact within the community. There comes a time when the doctor realises that the patient may likely have a short time to live due to various reasons, e.g. an acute life-threatening illness or a long-term condition where the person is reaching end of life. Professor Rodger Charlton, a practising General Practitioner and Professor of Undergraduate Primary Care Education, Leicester Medical School, The University of Leicester, United Kingdom wrote an editorial on "Saying Goodbye" in the March issue of The Hong Kong Practitioner. He examined this topic from various angles, including his personal reflections, literature and seminal papers from experts in the field. He concluded by sharing practical tips in saying goodbye to the patients when the time comes. Hope you enjoy reading the March editorial of the College journal.

A Symposium on "Medical-Social Collaboration – Insights from the Primary Healthcare Blueprint" is being organized by The Hong Kong College of Family Physicians (HKCFP) & the Hong Kong Council of Social Service (HKCSS) to be held on 17 Mar 2023 at the Duke of Windsor Social Service Building in Wanchai. Over the years, the HKCFP has been advocating that "Everyone should have a

Family Doctor", as Family Doctors provide accessible continuing comprehensive whole-person patient-centred care to people of all ages and coordinate multidisciplinary care for people according to their needs throughout their life journey. The HKCSS has over 500 non-government organizations as their agency members and they provide a wide range of social services to the people of Hong Kong. Medical-Social Collaboration has been advocated for quite a while, this symposium aims at exploring the future potentials on this topic in the era of the new Primary Healthcare Blueprint. Government officials, members of the Primary Healthcare Development Steering Committee, professionals from the social service and healthcare sectors would be invited to share their expertise in the symposium. More details can be found in our web link. (https://www.hkcfp.org.hk/event_detail.aspx?from=c&eid=1765&d=17&year=2023)



It is now about 200 days till the WONCA Sydney World Conference which would take place from 26–29, October 2023. The WONCA 2023 World Conference programme will include family doctors, GPs, and primary healthcare specialists from around the world who will share research and discuss best practice, keeping communities healthy on an international

(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)

level. As usual, there is an early registration rate providing a discount on the normal rate, please feel free to take advantage of that. (<https://wonca.racgp.org.au/wonca-2023/home>)

The HKCFP Assessment Enhancement Course aims at improving participants' clinical knowledge, problem solving and consultation skills through a series of seminars, workshops, self-help support groups and mock examinations. It also provides

opportunities for inter-professional networking and enhancement of time management skills, all thanks to the hard work of the Board of Education and our College Secretariat. For more details, please check out our College website. (https://www.hkcfp.org.hk/event_detail.aspx?from=c&eid=1771&year=2023&month=4)

Dr. David V K CHAO
President

Quality Assurance & Accreditation Committee News

HKCFP QA Programme 2023-25 – Regulation for online CME events

Dear Colleagues,

We would like to remind members for the requirements for **HKCFP CME Accreditation** for **ALL** online CME events **[Started from 1 August 2020]**:

Organizer: Pre-accreditation requirement

- 1) Proper registration procedures and means to verify the identity of participants;
- 2) Appropriate measures to ensure participant's attendance and reasonable participation (e.g. Duration of participation and satisfactory completion of a post event quiz, questionnaire or feedback form)

Members: Attendance requirement

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a **post event quiz*, questionnaire OR feedback form** set by organizer (* MCQ/ True or False Question; 50% or above corrected answer is required)

Members are reminded NOT to attend more than one webinar at the same time, CME/CPD points will not be accredited for duplicate attendance.

For any enquiry please contact our QA&A Secretariat at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. LI Yim Chu
Chairlady, Quality Assurance & Accreditation Committee

Board of Vocational Training and Standards News

The Hong Kong Primary Care Conference 2023 will be held from 23 - 25 June 2023.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already been mentioned in Trainee's logbook.

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To all Basic trainees,

The Board has recently modified the IMPORTANT NOTICE and generic forms to remind trainees on the documents to submit for certification for training and each Hospital Based training and Community Based training rotation and with the endorsement of the Council, the Board now announce the following changes:

Upon the completion of training

Basic trainees are required to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of training logbook to BVTs for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after reviewed by BVTs, the basic trainee should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time the trainee handed in all required documents to complete the certification and basic training fee of next year will be charged.

Logbook requirements

Basic trainees must submit the copy of the following forms regularly by email to BVTs@hkcfp.org.hk within 1 month of completion of each rotation and **keep the original forms in the logbook your own**:

Hospital-based Training:

Please refer to 'Generic forms of Hospital-based Training (202302)' package:

- Trainee Log Diary
- Extent of checklist completion by Clinical Supervisors
- Assessment/Feedback Form by Clinical Supervisors

Community-based training:

Please refer to 'Generic forms of Community-based Training (202302)' package:

- Trainee Log Diary
- Extent of checklist completion by Clinical Supervisors
- Assessment/Feedback Form by Clinical Supervisors

The above information has already been stated in the IMPORTANT NOTICE and the related forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

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Please contact Ms. Maggie Cheung or Ms. Kathy Lai at 2871 8899 for further inquiries.

Board of Vocational Training and Standards

THIRTY-SEVENTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FINAL ANNOUNCEMENT

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-seventh Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2023.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP* at the time of application for the Examination and at the time of the Conjoint Examination.

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to have renewed their RACGP membership for the year 2023/2024 on or before 31 July 2023. Failure to comply with the above may result in denial of admission to the Examination.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2023, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2023, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who are FULLY registered with the Hong Kong Medical Council and have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2023, provided that the experiences should be within the most recent 10 years.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

(Please Note:

For Category I candidates who have enrolled in the vocational training program before 31 December 2018, they will remain entitled to be awarded FRACGP, provided all requirements for Fellowship are met. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).

All successful candidates applying for the award of the RACGP Fellowship will be subject to the decision of the RACGP. Starting from 2022, Category II candidates who enroll for conjoint exams will be eligible for the ICFRACGP (but not FRACGP) provided other Fellowship requirements are met. After 2023 no Category II candidate will be eligible for the award of ICFRACGP.

However, up to the present moment, the Category II doctors are still eligible to sit for our HKCFP college exam and be awarded FHKCFP similar to previous years provided all HKCFP Fellowship requirements are met.)

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Applied Knowledge Test (AKT)*, and
Key Feature Problems (KFP)

**Note: Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT) from Conjoint Exam 2018, with no major change on the exam format.*

- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must cover the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the APCLS certificate issued by the HKCFP, the dates of APCLS workshops & examinations for 2023 will be confirmed in due course. Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2023.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2026).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **13 April 2023 (Thursday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000*

Examination Fee:

- | | |
|---|----------|
| • Full Examination (Written + Clinical) | \$34,500 |
| • Written Examination | \$17,250 |
| • Clinical Examination | \$17,250 |

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applied for the Full Examination **but failed in the Written Examination, the Clinical Examination fee (\$17,250) would be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$34,500 (for the whole examination), \$17,250 (for the written examination) or \$17,250 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|----------------------------|--|
| • 13 April 2023 (Thursday) | Closing Date for Applications |
| • 13 August 2023 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 20 August 2023 (Sunday) | Conjoint Examination – Written Examination (AKT) |
| • [Date to be confirmed] | Conjoint Examination – OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Diploma in Family Medicine (HKCFP) 2023 - 2024

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2023.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about the nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	<u>THREE</u> update seminars plus ONE attachment in selected specialty

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III – V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

July to October 2023	Module I
October to December 2023	Module II
July 2023 to April 2024	Module III, IV & V
May 2024	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcements will be made if there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$42,000 for members of HKCFP

HK\$84,000 for non-members

(A discount of HK\$5,000 for early bird applications on or before 31 May 2023)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,300	\$10,600
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,300	\$10,600
Module III (Structured Lectures & Seminars)	\$5,400	\$10,800
Module IV (Updates & Clinical Attachment)	\$5,300	\$10,600
Module V (Practical Workshops)	\$6,800	\$13,600
Examination	\$13,000	\$26,000
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$42,000 (or HK\$84,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2022 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: 30 June 2023**Comments From Former DFM Graduates**

- "The content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

HKCFP CERTIFICATE COURSE IN ESSENTIAL FAMILY MEDICINE 2023-2024

The HKCFP Certificate Course in Essential Family Medicine (CCEFM) is designed to meet the training needs of practicing primary care doctors who would like to refresh or update their clinical knowledge and skills relevant to Family Medicine practice. The curriculum of this course also forms part of the well-established HKCFP Diploma in Family Medicine (DFM) course. Our teaching faculty are experienced clinicians working in primary care, in secondary care and in academia. The course has been designed to enhance the course participants' competencies in daily Family Medicine practice in the community.

1. OBJECTIVES:

- To provide knowledgeable, pragmatic and structured training in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners
- To improve standards and quality in Family Medicine practice by adopting holistic patient-centered care via an integrated care approach

2. SYLLABUS:

The CCEFM consists of THREE segments, including Modules III, IV (FM attachment + Update) and parts of Module V in the Diploma in Family Medicine (DFM). Doctors who have graduated from the CCEFM are expected to have acquired the following essential concepts and course contents:

- The role of Family Doctors particular in providing cost-effective primary care to the community
- The essential knowledge and skills on common problems encountered in Family Medicine
- Enhancement in the consultation and problem solving skills
- Acquiring the knowledge and skills in common practice procedures related to family practice

3. AWARDS/CREDITS:

- After completion of all the components and course requirements (max. within TWO years), a certificate will be awarded to the successful candidates
- The completed modules and credits can be accredited towards the quotable HKCFP DFM course, if the candidates would like to enroll into DFM course subsequently
- 25 CME and 5 CPD credit points will also be awarded by HKCFP.

4. COURSE CONTENT:

Segment I – Essentials of Family Medicine (Structured Seminars)

Objectives:

- ◆ Strengthen knowledge in Family Medicine
- ◆ Understand the potential growth of Family Medicine
- ◆ Enable evidence-based Family Medicine practice

Contents:

Anticipatory Care, Elderly Care and related issues, Chronic Disease Management, Common Musculoskeletal Problems, Evidence Based Medicine & Critical Appraisal, Mental Health, Practice Management; and Clinical Audit, Research & Teaching in Family Medicine.

Segment II – Problem Solving and Clinical Updates

Objectives:

- ◆ Acquire in-depth knowledge by clinical scenario/simulated cases in our daily Family Medicine practice
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

Contents:

A site visit plus scenario based training including Diagnostic Challenges on Common Symptoms, Problem-based Learning on Chronic Disease, Motivational Interviewing, Child Health, Women's Health, Aging and End-of-Life and Common Musculoskeletal Problems.

Segment III – Practical Family Medicine (Practical Workshops)

Objectives:

- ◆ Enhance practical and communication skills in Family Medicine by practical workshops in selected areas
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

Contents:

Consultation Skills and Orthopaedics Injection

5. ADMISSION REQUIREMENTS:

Registered Medical Practitioner with Bachelor's degree in Medicine.

6. TEACHING STAFF:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. TEACHING MEDIUM:

English (Cantonese may be used in some sessions in the course)

8. COURSE FEES:

Administration fee for application	HK\$ 1,000		
plus			
Enrolment for the complete Certificate Course	HK\$ 24,000	for members	HK\$ 48,000 for Non-members
Or			
Enrolment for individual session:			
Single session from Segment I and Segment II	HK\$ 1,900	for members	HK\$ 3,800 for Non-members
Single Session from Segment III	HK\$ 2,400	for members	HK\$ 4,800 for Non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. APPLICATION PROCEDURES:

Application are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee in appropriate amount by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Successful applicants will be notified by an official letter of admission after the application deadline.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu by email to dfm@hkcfp.org.hk for any enquiries.

Application Deadline: 30 June 2023

**Course syllabus and schedule may be subject to change without prior notification*



**Hong Kong
Primary Care
Conference**

The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023

Flourishing Primary Care: Family Doctor for Everyone

23 - 25
June 2023
(Fri – Sun)



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023

“Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday - Sunday)

It gives me immense pleasure to invite you on behalf of the Hong Kong College of Family Physicians and the 2023 Organizing Committee to the 13th Hong Kong Primary Care Conference which will be held from 23rd to 25th of June 2023.

The theme of this year's conference is “Flourishing Primary Care: Family Doctor for Everyone”. The recent release of the Primary Care Blueprint by the Hong Kong government has highlighted the importance of a robust primary healthcare system more than ever. The HKSAR Chief Executive's 2022 Policy Address has shown a strong commitment to revamping the healthcare system from a treatment-oriented, hospital-based structure to a prevention-focused, community-based system, by investing additional resources to promote primary healthcare. Furthermore, it also advocates the promotion of “Family Doctor for All” concept as the essential foundation for sustainable people-centric primary healthcare in the community. Over the years, our College has always been a strong proponent of “Everyone should have a Family Doctor” concept as local and international studies have shown that healthcare systems with strong primary healthcare teams led by Family Doctors have proven to be more cost effective and sustainable.

Our annual hallmark conference will continue to captivate our participants with exciting yet diverse arrays of plenary sessions, seminars, workshops and discussion forums. Our workshops will resume the face-to-face mode to allow more interactive hands-on learning. Due to recent relaxation of COVID 19 restrictions in Hong Kong, we are pleased to announce that our Saturday afternoon session and dinner symposium will be on hybrid mode to allow face-to-face engagement enhancing human connection experience. Furthermore, I warmly invite you to submit abstracts to our signature clinical case competition as well as full research paper and free paper competitions.

I welcome you all to yet another inspiring and rewarding experience in this coming conference.

Sincerely yours,

Dr. Lorna Ng
Chairlady, Organizing Committee
Hong Kong Primary Care Conference 2023



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023

“Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday - Sunday)

More
conference
details:



Scientific Programme at-a-glance

Date	23 June 2023 (Friday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
19:00 - 19:30				Workshop 1 Multi-modality Psychological Approach and Intervention in Insomnia <i>Dr. Amy P.L. KWOK</i>	
19:30 - 20:15	Sponsored seminar 1	Sponsored seminar 2	Sponsored seminar 3		
20:15 - 20:30					

Date	24 June 2023 (Saturday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
13:00 - 13:45	Sponsored seminar 4	Sponsored seminar 5	Sponsored seminar 6		
14:05 - 14:25	e-Poster and Exhibition Booth Viewing				
14:30 - 15:00	Opening Ceremony				
15:00 - 15:45	Plenary I Worst Time or Right Time for Primary Healthcare <i>Dr. PANG Fei Chau</i>				
15:45 - 16:45	Plenary Discussion Forum Primary Care Development: Role of Family Doctors <i>Dr. David V.K. CHAO, Prof. Cindy L.K. LAM, Prof. Donald K.T. LI, Dr. PANG Fei Chau (Q&A) & Prof. Samuel Y.S. WONG</i>				
16:50 - 18:05	Seminar A Wearable Technology and Its Use in Primary Care <i>Prof. Kelvin K.F. TSOI</i>	Seminar B Preventive Care and Service Provisions for LGBT Population in Hong Kong <i>Dr. Angela W.Y. NG & Mr. Jerome M.L. YAU</i>	Seminar C Update on Immunology and Allergy <i>Dr. Alson W.M. CHAN & Ms. Sabrina W.S. MOK</i>	Workshop 2 Introductory Workshop: Hands-on Point-of-care Ultrasound (POCUS) for Doctors <i>Dr. Thomas DAO</i>	
18:10 - 18:50	Seminar D Innovations in Service Delivery: Tips in Teleconsultation Delivery, Barriers/Limitations on Teleconsultation <i>Dr. Anthony K.Y. HO</i>	Seminar E Updates on Vaccines and Infectious Diseases <i>Dr. Jonpaul S.T. ZEE</i>	Seminar F The Vulnerable Group under Remote Learning during COVID: Kids with SEN <i>Ms. Frances S.M. CHAN & Ms. Queenie K.Y. LIU</i>		
18:50 - 19:25					
19:30 - 21:00	Dinner Symposium				

Hybrid section. Pre-registration is required and first-come-first-served.

Date	25 June 2023 (Sunday)				
Time	Zoom Webinars			Face-to-face Workshop	
	ROOM-1	ROOM-2	ROOM-3	ROOM-4	ROOM-5
9:30 - 9:45				Workshop 3 Lactation Consultation Hands-on Demonstration on Hand Expressions, Latching Positions for Effective Milk Transfer, How to Use the Milk Pumps and Utilities <i>Dr. Sharon S.W. HO & Ms. Connie M.Y. YIP</i>	
9:45 - 10:30	Seminar G Novel Preventive Care in Primary Care <i>Prof. Martin C.S. WONG & Prof. Jason C.S. YAM</i>	Clinical Case Presentation Competition	Seminar H Medical-Social Collaboration - Fight against Cannabis and Other Drugs <i>Dr. Kenneth S.W. CHAN & Ms. CHAN Wing Hin</i>		
10:30 - 11:00					
11:05 - 11:50	Sponsored seminar 7	Sponsored seminar 8	Sponsored seminar 9		
11:55 - 12:25	Full Research Paper Awards Presentation*				
12:30 - 13:15	Free Paper - Oral Presentation	Sponsored seminar 10	Sponsored seminar 11		
13:15 - 14:00					
14:00 - 14:30					
14:35 - 15:20	Plenary II Primary Care Landscape in Singapore and New Developments <i>Prof. Jose Maria VALDERAS</i>			Workshop 4 Fall Prevention from What You Eat to What You Do: Assessment to Isometric and Dynamic Resistance Training <i>Dr. CHAN Ying Ho & Ms. Sally S.P. POON</i>	

*The winner of the Best Research Paper Award will present his/her work during this session (11:55am - 12:25pm)

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2023

“Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday – Sunday)

Registration Information

Registration is now open.
For registration details:



Registration Deadline: 8 June 2023 (Thursday)

A) Conference Registration Registration to the conference is required.			Member: HK\$200 Non-member: HK\$1000
B) Conference – General 23 – 25 June 2023 (Friday – Sunday) <ul style="list-style-type: none">• Pre-conference: Friday, 23 June 2023: Online• Conference Day 1 Saturday, 24 June 2023<ul style="list-style-type: none">– 13:00 to 14:30: Online– 14:30 to 19:30*: Hybrid conference– 19:30 to 21:00*: Hybrid Dinner Symposium• Conference Day 2 Sunday, 25 June 2023: Online (*Onsite seats are limited & first-come-first-served.)			
C) Workshop Registration All workshops will be conducted on face-to-face mode. First-come-first-served. Please prepare a separate cheque(s). Cheques will be returned to unsuccessful registrants. <ul style="list-style-type: none">• CPD application for workshop participants in progress.			
23 June 2023 (Friday)	19:00 20:30	Workshop 1 Multi-modality Psychological Approach and Intervention in Insomnia	HK\$500
24 June 2023 (Saturday)	16:50 18:50	Workshop 2 Introductory Workshop: Hands-on Point-of-care Ultrasound (POCUS) for Doctors	HK\$500
25 June 2023 (Sunday)	09:30 11:00	Workshop 3 Lactation Consultation Hands-on Demonstration on Hand Expressions, Latching Positions for Effective Milk Transfer, How to Use the Milk Pumps and Utilities	HK\$500
	12:30 14:00	Workshop 4 Fall Prevention from What You Eat to What You Do: Assessment to Isometric and Dynamic Resistance Training	HK\$500

Payment Method

- Credit Card
- Cheque
- Tele-transfer: for overseas delegates only.
- FPS (轉數快): for local transaction only.

For details of payment method, please visit <https://www.hkpcc.org.hk/registration-fee-and-policies>.

Refund Policy

- Withdrawal of registration **on or before 9 May 2023: Full refund** after deduction of all bank charges and related transaction fees.
- Withdrawal of registration **after 9 May 2023: No refund** will be accepted.
- All refunds, including unsuccessful workshop registration etc. would be arranged within 8 weeks after the Conference. All bank charges and related transaction fees if any would be deducted from the amount of the refund payment.

For inquiries, please contact the Conference Secretariat at (852) 2871 8899 or via email to hkpcc@hkcfp.org.hk.



**Hong Kong
Primary Care
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Hong Kong Primary Care Conference 2023 “Flourishing Primary Care: Family Doctor for Everyone”

23rd - 25th June 2023 (Friday - Sunday)

Full Research Paper Competition

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2023. The Competition is a long-standing tradition of the College's Annual Conference to promote and recognize well-designed and innovative research which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

AWARDS

Best Research Paper Award

Best New Investigator Research Paper Award

The HKPCC 2023 Organizing Committee will invite renowned scholars as judges to review the participating papers. Both winners will receive a **Certificate of Award** and will be invited to present their research papers at the Conference.

Free Paper Competition

Apart from the Full Paper Competition, we also have the **Free Paper Competition** which sees many pioneering research ideas, pilot studies and thought-provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL presentation** or **POSTER presentation**. We look forward to your active participation in the Free Paper Competition.

AWARDS

Best Oral Presentation Award

Outstanding Poster Presentation Award

Both the winners will receive a **Certificate of Award**.

Clinical Case Presentation Competition

Following on from the success of the previous years' HKPCC Clinical Case Presentation Competition, the Organizing Committee of the upcoming HKPCC 2023 is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the competition are listed as below. We look forward to your active participation in the Clinical Case Presentation Competition.

AWARD

The Best Presentation Award winner will receive a **Certificate of Award**.

QR Codes for further competition details:

Full Research Paper Competition	Free Paper Competition	Clinical Case Presentation Competition
		

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

EXTENDED SUBMISSION DEADLINE

11 April 2023 (Tuesday)

“We look forward to receiving your research articles!”

Experience in Multi-specialty Medical Mega Conference 2022 and Family Medicine Specialist Clinic in Urology

Dr. Tina Kwok Yuen Na, Associate Consultant, Department of Family Medicine and Primary Health Care, Kowloon West Cluster

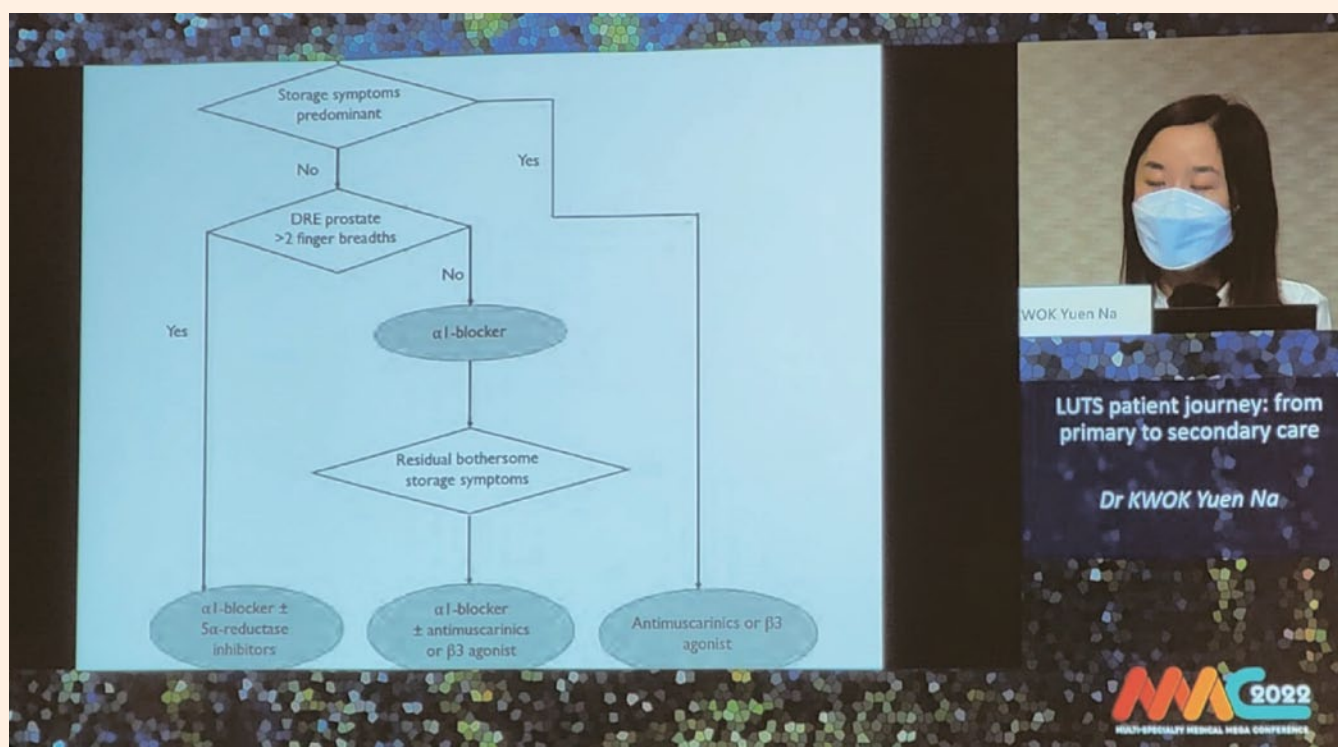
The 12th Multi-specialty Medical Mega Conference (MMMC) was held in Kerry Hotel, Hong Kong on 3rd to 4th September 2022 by the Association of Private Medical Specialists of Hong Kong with the support from over sixty local and international medical societies and association. It acted as a platform for multidisciplinary exchange and collaboration.



On behalf of our team in Family Medicine Specialist Clinic (FMSC) in Urology of Kowloon West Cluster and the Hong Kong College of Family Physicians, I shared our experience in managing lower urinary tract symptoms (LUTS) of male patients in primary care. LUTS are commonly encountered in our daily practice. As medical treatment is the mainstay treatment, most of patients

could be managed in primary care. There are a number of indications that referral to urologists or medical physicians is warranted. In FMSC, we have more investigations like uroflowmetry and transrectal ultrasound of prostate which allow accurate assessment and guide the management plan. Three case scenarios were shared to illustrate how LUTS was managed in primary care step by step with various medical treatment, and in what circumstances, referral to specialists was initiated.

In case scenario 1, the patient presented with both voiding and storage symptoms. He could not tolerate alpha 1 blocker terazosin at higher dose due to postural dizziness. The clinical diagnosis was benign prostate hyperplasia (BPH). He was then given uroselective alpha 1 blocker tamsulosin OCAS and antimuscarinic agent solifenacin. Due to suboptimal symptom control, 5-alpha reductase inhibitor finasteride was added while solifenacin was increased to maximal dose. Three years later, LUTS worsened gradually, he was referred to urology to consider surgical treatment. In case scenario 2, the patient presented with LUTS with prominent storage symptoms. Transrectal ultrasound prostate



Dr. Tina Kwok described the algorithm in management of LUTS.

(TRUS) showed a slightly enlarged prostate, however, bedside ultrasound bladder reviewed the presence of a bladder stone. He was referred to urology for further management. In case scenario 3, the patient presented with LUTS with prominent storage symptoms. The clinical diagnosis was BPH. His voiding symptoms improved with tamsuloin OCAS but storage symptoms did not respond to solifenacin. His main concern was nocturia. On further enquiry, he had features of obstructive sleep apnea (OSA) so he was referred to Medical for further management.

Next, Urologist Dr. Wilson HC Chan shared about surgical approaches. Apart from alpha 1 blockers, 5 alpha reductase inhibitor (5-ARI) is a common medical treatment for voiding symptoms. However, 5-ARI is not useful if prostate size is too small. It is indicated in men who have moderate to severe LUTS and an increased risk of disease progression e.g prostate volume >40ml. Digital rectal examination (DRE) is not accurate in prostate size assessment. It is preferred to have imaging by transrectal ultrasound (TRUS), CT or MRI to calculate prostate size before starting 5-ARI prescription. Secondly, apart from TURP, there are more and more surgical options for BPH, for example, enucleation, photoselective vaporization of prostate, Rezum and UroLift. It is not uncommon that patients may ask us as family physicians about the procedures so we would better know how they work. Geriatrician Dr. Tony Chan NH shared about management of storage symptoms. Elderly patients have multiple comorbidities, functional and cognitive problem, polypharmacy, anticholinergic burden which may affect the choice of overactive bladder treatment. Personalized management of LUTS involves considering the co-morbidities and concomitant treatments, and multidisciplinary approach. Furthermore, geriatrician Dr. William Wong KK talked about nocturia. Nocturia,

a common complaint in both elderly men and woman, has significant impact on health outcomes like sleep disturbance and adverse outcomes if there were ≥ 2 voids/night. Underlying causes of nocturia are usually more than BPH and overactive bladder. Frequency volume chart was an important tool to differentiate the etiology of nocturia into nocturnal polyuria, reduced nocturnal bladder capacity and global polyuria. Desmopressin is an effective treatment for nocturnal polyuria but it should be offered after proper counselling for risks and benefits.

It was an exciting experience to share about a topic among different specialties in the same occasion. It also demonstrated the patient journey from primary care to secondary care. It offered an opportunity to learn the concepts of various new and innovative techniques in surgical treatment of BPH. I also learnt more about investigation and management of nocturia which was often overlooked before.

Currently, FMSC Urology of Kowloon West Cluster accepts referral from our general outpatient clinics (GOPC) and re-directed referral from other sources to Urology. The problems that we manage are LUTS, suspected renal stone and erectile dysfunction. There are two FMSC Urology clinics: Ha Kwai Chung Polyclinic and Caritas Medical Center. Apart from urology, there are FMSC internal medicine, surgery, orthopedics and traumatology. They are mainly served by family medicine specialists with special interest.

With the aging population and raised awareness of LUTS, the incidence of LUTS will increase. If we, as family physicians, can keep ourselves updated and equipped with more investigation tools, we can definitely provide better care to our patients and relieve some burden of the specialists in managing LUTS.



Dr. Tina Kwok and Dr. Louis Chan, members of organizing committee of the lecture



Dr. Tina Kwok and speakers from Urology and Geriatric Specialty

Combating the Pandemic – experience sharing by a solo Family Doctor

Dr. Chan Chung Yuk, Alvin, Specialist in Family Medicine

30th January, 2023, marked the end of the many measures against the COVID-19 pandemic, though we know the virus will live with us for a long time, if not indefinitely.

Not sure whether we will have a new more virulent strain of the COVID, or another deadly communicable disease in the near future. But it is always prudent for us to look at what we have done, and then re-examine how we could better prepare for in the next battle.

Here I would like to pay tribute to the public sector colleagues who have done a lot, sacrificed a lot in fighting the pandemic over the past 3 years. While many could still be criticized, a lot could be praised though. To name a few of the latter, free choice of 2 different vaccines, free consultation at the Hospital Authority Designated Clinics / telemedicine services, free use of anti-pandemic-taxi in utilizing such services, free antivirals, and even free drug delivery post telemedicine consultation...I am not sure one could find better complimentary services in the rest of the world!

As a solo practicing family doctor in the community, however, we encountered a lot of difficulties and saw a lot of areas that we HK could improve collectively in fighting this battle. Here I would like to share what I went through and observed from another angle.

In the early phase of the pandemic

The key challenges were on, sourcing sufficient masks/ personal protection equipment, joining the vaccination programme or not, and how to deal with the potential threat.

Finding sufficient personal protection was very difficult, as we all citizens should remember. Masks, face shields were all lacking. Fortunately some general practitioner colleagues did teach me some ingenious ideas on wearing raincoats, using industrial goggles/ face masks for protection. (Fig.1, Fig. 2)



Fig 1 (raincoat as protective gown)



Fig 2 (Industrial face shield)

COVID-19 vaccines, to provide or not.

One early important question we encountered was whether to **join the free vaccination program**, to stock and provide CoronaVac in my clinic. I have always joined the government flu vaccination programme (GVP). In the early stage, the vaccine efficacy, lack of long term safety studies and clear guidelines from our expert committee were the main reason to think otherwise. I chose to believe in vaccination, usually the most important in fighting communicable diseases. Opportunistic health advice has been an important daily job of each family doctor. We assess the readiness of our patients for vaccination, providing information, clarifying the misconceptions, assessing the fitness for vaccination. Providing such vaccination directly in my clinic, I believe would certainly facilitate the public receiving the vaccination! **There is no better way to help our patients get vaccinated if one could get the jab right after a visit of their chronic diseases, or right after their enquiries on the vaccine answered.**

On the other hand, I did see some colleagues who used to join the GVP for flu vaccine chose not to join in offering CoronaVac, and the relatively lower reimbursement might be one additional hurdle. However, to those who joined, we faced confusing / unclear message on the criteria for fitness to receive vaccination as there was lack of clear clinical guideline from our Government. I believe if the experts could tell the frontline, as well as the public, what level of blood pressure or blood glucose/ HbA1c was considered not suitable for vaccination, there will be less uncertainty, less confusion, less anxiety, and the earlier vaccination rate could be higher. Furthermore, I certainly have no problem with my own existing chronic patients, but I did notice the general public / some new patients become panic in seeking for such advice. Indeed that showed the importance of a family doctor for all systems.

Later, at certain time points, especially after some deaths from COVID-19 occurred, and the stricter government requirement, the need for vaccination accelerated. To meet the demand, **extra clinic sessions** in weekends were added to provide the free vaccination to cater for the surge in demand.

Febrile patients, to see or not

Another big, burning issue then, was whether **to see patients with fever, and or respiratory symptoms**. I believe one could still remember the vivid scene, when one clinic or doctor was noted to have encountered a confirmed case of COVID-19 infection, the whole clinic needed to be closed, and the doctor needed to be sent for quarantine. Of course, in the earlier days, I could only post a notice in my clinic to ask those with positive "TOCC" to seek help in the public hospital.

Such fear indeed scared quite a number of doctors in the private sector away from offering services to any patients with fever, and, or respiratory symptoms. To those who chose to continue the service, we received confusing, conflicting message on the criteria of close contact, e.g. will examining the throat be one criteria of close contact? I tried hard to contact my friends in the Department of Health for clarification, but similarly conflicting message obtained. However, I believe there were many patients in the community needing our services and help. Many could have fever from non-COVID conditions. For examples, I encountered a patient with fever, chills, worries of COVID but turned out to be urinary tract infection, and there were patients with fever and sore throat but actually just acute tonsillitis only...

In the heat of the pandemic

The key challenges were how to shoulder the burden of the public sector when the public health care system was on the verge of collapse, whether and how to provide telemedicine to the COVID-19 patients, how to deal with our own staff shortage issues.

Manpower shortage

While some GP colleagues, for various personal reasons chose to close their clinics temporarily, maintaining services were important. My friends and I who strove hard to maintain our services, did face tough times when clinic nurses were sick or quarantined as close contacts... Luckily I was able to find some part-time clinic nurses to help out when my own nurses, in turn, were unable to be on duty. In the 5th wave, we also face shortages of drugs. We tried hard not to get sick too. In those times, I started wearing the high level N95 masks and full PPE with disposable gowns, and face shields. (Fig. 3)



Fig.3 (Personal Protective Equipment)

Telemedicine services rolled out

How about our patients? **Providing telemedicine** to the infected cases have been studied for quite a while in my clinic, the heavy pandemic burden has accelerated the commencement of service to the needed. This service started without any IT support, without concrete guidance/advices from any health authority, by using WhatsApp platform (Fig. 4). I was indebted to those colleagues who shared their experiences on the logistics of conducting teleconsultation to me. The need was certainly there as patients from different districts were phoning for our services especially when the Designated Clinic services were quite overloaded later on.



Fig.4 Clinic notice on telemedicine service posted in 2022.

Stock antivirals or not

Finally, when the **two antivirals for COVID-19**, Paxlovid and Molnupiravir, were ready to be used by frontline, I also immediately ordered and keep stock in my clinic too. I firmly believe this strategy, treating at risk group with prompt oral antiviral in out-patient setting, could be game-changing in the fight against the pandemic. As such patients could be prescribed with direct antivirals in the earliest possible manner.

Family doctors are indeed well placed to offer our role in fighting the pandemic when all the armaments could be available, here I illustrated with a real case I saw back in September 2022: An elderly who lived with her husband, came in one morning with fever, sore throat etc. They had not done the rapid test at home yet as they did not know how to do such a test. I taught them how to do one at home and instructed them to let me know once positive. Without any surprise, they phoned me soon that the elderly's rapid test was positive, and the antivirals were given straight away in the afternoon through their relative's hands.

Looking ahead

I wrote an article for our College's column in the HK Economic Journal (信報), on how family doctors could help in the pandemic (16 June 2022, HKEJ). I believe if the Government can make a better use of the community primary care doctors, the capacity on handling the COVID-19 cases could be much enhanced. It is certainly not ideal to close down almost completely the episodic services in our GOPCs (general out patient clinics), while all the chronic patients were simply asked to repeat their chronic medications without actual consultations. Suppose 50% of those in the Primary Care Directory, i.e. about 1000+ doctors, can offer services to the COVID-19 patients, and each doctor to see 20 cases a day, then the daily capacity for caring such patients will be around 20000 to 30000 already!

The following areas could be improved too from the Government perspectives:

- i. a clearer clinical guideline which should be more primary care oriented and taking into consideration of the perspectives from community primary care doctors;
- ii. there should be prompt / instantaneous single focal point of information sharing from Government;
- iii. need to ensure the primary care work forces are supplied with adequate PPE;
- iv. how to encourage more primary care colleagues join in to offer the vaccination and stockpile the antivirals for the infection;

- v. some colleagues may be unsure / skeptical of providing telemedicine, therefore, the Government could consider provide a direct platform and protocol where participating primary care colleagues and public can make use of the platform for telemedicine.

Furthermore, **the Government should conduct a survey or study on primary care doctors' involvement, views, and suggestions on dealing with the pandemic**. With all these information, the Government could then better incorporate the private sector into the overall strategy against pandemic!

Many family doctors are working as solo-practitioners. However, I found that it is very useful and important for one to have some **peer support** who could help sharing important information, sharing what / how they are doing under different situation. Hence, forming a "virtual network" with your friends, i.e. to work in "collaboration", not alone, with own "network of colleagues" – your friends in public sector could share the guidelines / practices in HA, your GP friends who could share their creative ways of doing things, learn the good ways they did, sometimes, even to borrow the essential medications in shortage.

With that, we are not fighting the battle alone!

Last but not the least, I have to point out that while offering clinical services to the infected is one direct way of fighting the pandemic for the society, I am also aware that **some were also contributing by taking part-time posts in the HA clinics**, helping out in the quarantine centers or treatment facilities like the Asia World Expo Community Treatment Centre.

In summary, the following "strategies" I used in combating the pandemic are,

1. Join and provide the necessary vaccination, educate our patients the benefits of vaccination, clear their doubts on vaccination.
2. Offer extra sessions for vaccination to meet the need when necessary.
3. Strive to maintain our services to help shoulder the heavy burden in the public sector.
4. Provide teleconsultations to those infected.
5. Stock-keep the antivirals and offer prompt treatment to those in need.
6. Act as advocate, reflecting to the colleagues you know who are working in the public sector, the realities, difficulties we saw / encountered,
7. Form a "virtual" or support network" with your friends.

Turkey Earthquake: A Life-saving Mission by the HKSAR Search and Rescue Team



Tens of thousands lost lives in Turkey when a large magnitude earthquake struck in early February 2023 with over a hundred aftershocks. The Hong Kong Special Administrative Region (HKSAR) Government sent a 59-member rescue team to the quake-stricken areas in Turkey to assist in the search and rescue work following the earthquake. Led by the Fire Services Department (FSD), the team comprises members of the FSD's Urban Search & Rescue Team (USAR), which included firemen, ambulancemen, officers from the Security Bureau, the Immigration Department and the Department of Health. The team took eight tonnes of equipment including life detectors and masonry cutting machines to joining the local rescue teams in starting search and rescue work.

Members of the HKSAR search and rescue team rescued three people as reported on 11 February 2023. Three survivors were discovered during a search and rescue operation in Hatay. The three survivors were trapped under about six metres of debris and being rescued by the HKSAR team. Team Commander said "we are very excited and encouraged to be able to find three survivors six days after the earthquake. The team will grasp every opportunity and do its best to find the remaining survivors."

Family physicians serve a crucial role in responding to community needs, including disasters which arises and evolves rapidly. This issue of FP Links News Corner introduces the USAR Team in understanding more about their rescue missions.

The Urban Search and Rescue Team, Fire Services Department, HKSAR

The USAR Team was established to enhance the capability of the Fire Services Department in responding to major emergencies occurred locally or overseas. It is deployed to handle serious special service incidents including building collapses, landslides, tunnel or confined space rescues, trench rescues, aircraft incidents, traffic incidents involving heavy vehicles, locomotives and



- 1 坍塌搜救專隊成員和搜救犬進行搜救訓練。
A USAR Team member and a search dog undergoing search and rescue training.
- 2 坍塌搜救專隊成員在模擬實景中進行車輛破拆練習。
The USAR Team members undergo vehicle forcible entry exercise in a simulated environment.
- 3 消防及救護人員討論拯救傷者的行動部署。
Fire and ambulance personnel formulate the rescue plan for injured persons.
- 4 前中區警署建築群一幢磚牆倒塌，坍塌搜救專隊在瓦礫中搜索傷者（星島日報圖片）。
The USAR Team members search for victims amid the rubble after a brick wall of the former Central Police Station Compound collapsed (Sing Tao Daily photo).

public transport, as well as any other incidents requiring the use of specialised heavy duty lifting or breaking in equipment. The USAR Team consists of around 170 fire and ambulance personnel who are selected from the Special Rescue Squad and have scored the highest grades in the annual physical fitness assessment. The unique training facilities at the Fire and Ambulance Services Academy (FASA) enable instructors to replicate different USAR including rubble piles, train derailments and even motorway collapse rescues for trainees to experience real scenario-based training and enhance their rescue skills and techniques. To further enhance USAR operational efficiency, a Support Team, formed by the USAR instructors deployed at the FASA, will attend major incidents to provide technical advice and support to Incident Commanders in tackling difficult or complicated scenarios. They also assist in overseeing the safety of frontline personnel during USAR operations and conduct quality assurance for the operations. To further enhance their professional competence, USAR members have participated in various training courses and competitions over the years to keep abreast of the latest developments and exchange techniques in rescue operations with their Mainland and overseas counterparts.

Recent USAR actions

A scaffolding measuring around 100m x 150m at Happy Valley collapsed and crushed two passing private cars. The FSD deployed 18 fire appliances, eight ambulances as well as 99 fire and ambulance personnel to the scene, together with the USAR Team.

In an industrial accident occurring at Siu Ho Wan Sewage Treatment Works, Lantau Island, three men and one woman were trapped in an eight-metre-deep sewer manhole. The FSD deployed a total of 22 fire appliances, eight ambulances, 80 fire personnel and 19 ambulance personnel to come to the rescue. The USAR Team, the High Angle Rescue Team and FSD divers also took part in the operation.

A working platform was suspected to have collapsed during the annual maintenance work of an incinerator at the Chemical Waste Treatment Centre of the Environmental Protection Department in Tsing Yi, causing multiple injuries. Four of the injured workers were trapped. The FSD mobilised 15 fire appliances, 18

ambulances, 99 fire and ambulance personnel to come to the rescue. The USAR Team also attended. Ten workers were injured in the incident and conveyed to hospital.

A non-passenger-carrying MTR train, during the testing of a signalling system, collided with another non-passenger-carrying train on the railway track between Central Station and Admiralty Station. Train compartments were damaged and derailed. The FSD mobilised 13 fire appliances and two ambulances to assist the two train captains to get out of the train compartments before conveying them to hospital for medical treatment. In order to restore train services to normal as soon as possible and to minimise the impact on the lives of the public, the FSD dispatched seven fire appliances and the USAR Team to assist in handling the incident on the following day. Fire personnel lifted the derailed train compartments with the aid of heavy duty hydraulic jacks and airlifting bags, making it possible for the train to be put back on track and be removed from the scene.



Past USAR action

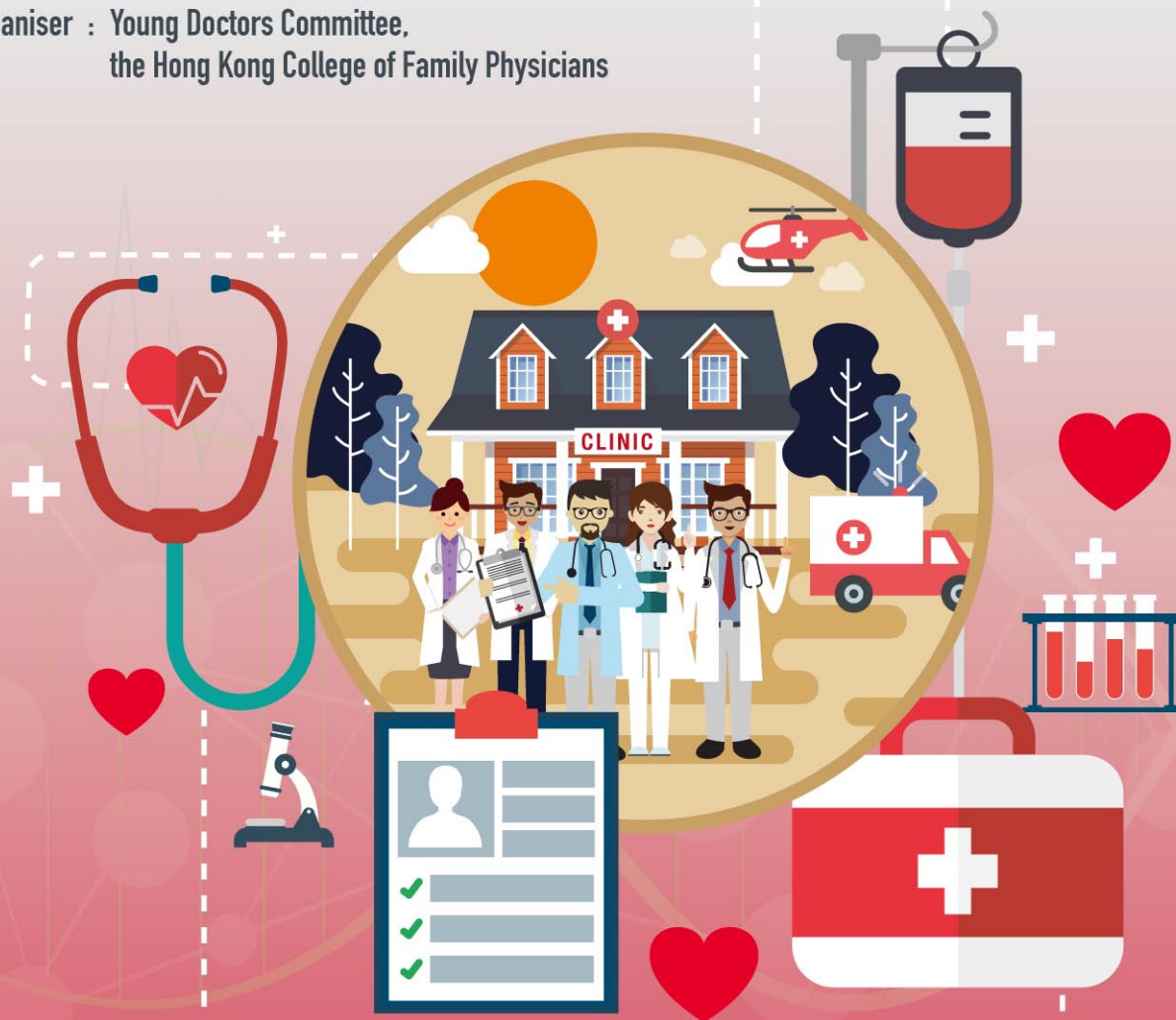
Reference:

- Hong Kong rescue team leaves for Türkiye | news.gov.hk | 8 Feb 2023
https://www.news.gov.hk/eng/2023/02/20230208/20230208_233243_944.html?type=ticker
- Hong Kong search and rescue team to head to quake-hit Turkey | The Standard | 8 Feb 2023
<https://www.thestandard.com.hk/breaking-news/section/4/200096/HK-search-and-rescue-team-to-head-to-quake-hit-Turkey>
- The earthquake in Turkey is one of the deadliest this century. Here's why | CNN | 9 Feb 2023
<https://edition.cnn.com/2023/02/07/middleeast/earthquake-turkey-syria-why-deadly-intl>
- Hong Kong rescue team finds survivors | news.gov.hk | 11 Feb 2023
https://www.news.gov.hk/eng/2023/02/20230212/20230212_110406_658.html?type=ticker
- Hong Kong Fire Services Department Review
<https://www.hkfsd.gov.hk/eng/publications/review/>

Compiled by Dr. Will LEUNG



Organiser : Young Doctors Committee,
the Hong Kong College of Family Physicians



- Free-of-charge
- Please scan the QR code to register via Google form
- For onsite participation, registrants must submit the registration form by 2 May 2023

For other enquiry,
please contact Ms. Nana Choy or Ms. Kathy Lai
through email YDC@hkcfp.org.hk or
telephone at 2871 8899.

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **January - February 2023**:

New Applications

Associate Membership

Dr. LAI Siu Tung	黎 少 東
Dr. LOW Wai Ming, Pearl	陳 煒 明

Transferral

From Associate to Fellowship

Dr. CHAN Cho Shan, Erica	陳 楚 珊
Dr. CHAN Ka Shing, Ricky	陳 嘉 成
Dr. CHANG Hoi Yi	鄭 凱 懿
Dr. CHEN Tsz Ting	曾 芷 婷
Dr. CHOW Tsz Wang	周 子 弘
Dr. DIANTO Jeffrey	張 樂 衡
Dr. FONG Pak Yiu	方 栢 堯
Dr. HO Chun Kei	何 振 圻
Dr. HUI Alice Sau Wei	許 秀 慧
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Dr. ZHANG Dingzuan	張 釘 鈞

Transfer to Non-HKSAR Fellowship

Dr. LEUNG Yuen Kei	梁 琬 琦
Dr. CHAN Chi Hung	陳 志 紅

Meeting Highlights

78th Mental Health Seminar (Online) on 4 February 2023

Dr Chan Suen Ho, Mark, General Practitioner and Honorary Clinical Associate Professor, CUHK, delivered a lecture on "Decades of Mental Health Interest in Primary Care, Our Past and the Future".



A screenshot taken on 4 February 2023

Online Seminar on 15 February 2023

Dr. KONG Chun Cheong, Specialist in Cardiology, delivered a lecture on "Advances in Management of Heart Failure".



Dr. AU YEUNG Shiu Hing (left, Moderator) presenting a souvenir to Dr. KONG Chun Cheong (right, Speaker).

The Diary of a Family Doctor【家庭醫生的日常】

繁重的工作中 有趣的事情

譚仲豪醫生

作為一個在公立門診工作的前線醫護人員，我們日常繁重的工作生活中，也有許多有趣的事情。我們不僅是治療疾病的專業人員，還是為患者提供關顧和支持的好朋友。

門診有一位非常特別的老人家，她是一位非常有才華的藝術家。每次看病時，她都會帶來她的書法及畫作，與我們分享她的創作過程。她的作品不僅美麗而且富有創意，使我們更加欣賞她的才華。從工作中，有時遇上年長病人與我們分享他的生活經歷，以及如何在漫長的一生中保持健康和快樂。這些有趣的患者不僅讓我們更了解他們，他們的熱情

和活力給我們帶來了很多歡樂和激勵，還讓我們更加珍惜我們的工作。

此外，我們還會不時收到患者的小禮物，例如一些病人自製的小手工藝品或感謝卡，以示對我們的關顧和照顧表示感激。這些雖然看似微不足道的不僅是一種鼓勵，也是公眾對我們工作的肯定。

我們每天雖然都會持續面對許多挑戰。但是，我們更喜歡看到患者的笑容，收到他們的感激，這些都是我們工作的最大收穫。

The Diary of a Family Doctor 家庭醫生的日常

We welcome articles on
interaction with patients in
your daily practice.
Submissions up to 400 words
in English or 600 words in
Chinese are always welcome.
Email: FPLinks@hkcfp.org.hk



UNIVERSITY HEALTH SERVICE

Medical Officer (Ref. 230117005)

The University Health Service (UHS) of The Hong Kong Polytechnic University is a community-based Family Medicine training centre, as accredited by The Hong Kong College of Family Physicians. UHS provides primary health care to students, staff members and their dependants and other eligible members. The University invites applications for the Medical Officer post in UHS. Duties: provide primary health care / health counselling, promote health education and perform administrative duties. Qualifications: registrable with the Medical Council of HKSAR and fluent in spoken English and Cantonese. A higher qualification in Internal Medicine, Emergency Medicine and/or Family Medicine is an advantage. Doctors enrolled in vocational training in Family Medicine are also welcome. Please visit <http://www.polyu.edu.hk/uhs/en> for more information about UHS. Post specification and online application are available on PolyU's career website (<https://jobs.polyu.edu.hk/management>). Application closing date: consideration of applications will commence on 11 April 2023 until the position is filled.

PolyU is an equal opportunity employer committed to diversity and inclusivity. All qualified applicants will receive consideration for employment without regard to gender, ethnicity, nationality, family status or physical or mental disabilities.

FP Links Committee News

Time to Go Green

The Hong Kong College of Family Physicians always encourages the use of the electronic copy to replace printed copy in order to reduce paper consumption. Since 2009, all issues of Family Physicians Links (FP Links) have been accessible from college website http://www.hkcfp.org.hk/fplinks_40.html

To be in line with the College's Go Green policy, College members would be recommended to obtain our FP Links ONLINE from now on.

Members who would like to stop receiving physical copies of FP Links in future, please scan the QR code and unsubscribe from our hard copy database. Mailing of FP Links will be discontinued from the following month onwards.

Please join us together in reducing paper consumption and helping conserve natural resources!

For enquire, please contact the College Secretary at 2871 8899.

HKCFP Secretariat

The Hong Kong College of Family Physicians

Address : Rooms 803-4,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen

Email : membership@hkcfp.org.hk

Fax : 2866 0616



The HKCFP Awards for the Best Research and Best Trainee Research of 2022

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2022. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following ‘The HKCFP Award for the Best Research’, the Research Committee is pleased to organize an additional award, ‘The HKCFP Award for the Best Trainee Research’, specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2023.

Please note that each applicant can only apply for one of the above Awards

Entry and assessment criteria are listed below:

Entry Criteria:

For Best Research Paper:

1. The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.
2. The research must be original work of the investigator(s).
3. The research should have been conducted in Hong Kong.
4. The research must have been completed.
5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

For Best Trainee Research Paper:

1. The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.
2. For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.
3. The research must be original work of the investigator(s).
4. The research should have been conducted in Hong Kong.
5. The research must have been completed.
6. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

Assessment Criteria:

1. How relevant are the topic and findings to Family Medicine?
2. How original is the research?
3. How well is the research designed?
4. How well are the results analyzed and presented?
5. How appropriate are the discussion and conclusion(s) drawn?
6. How useful are the results for patient care in the discipline of Family Medicine?
7. How much effort is required to complete the research study?

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. “The HKCFP Award for the Best Research of 2022” or “The HKCFP Award for the Best Trainee Research of 2022”, on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Or, **by email** to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 30 March 2023

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2023

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30 March 2023**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2023

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : HKCFP Wan Chai office, Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2023
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$4,000 (Whole course)
 HK\$1,000 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Registration form is available at College website:
http://www.hkcfp.org.hk/pages_9_463.html
 Please return the completed application and the cheque to the Secretariat for processing. Please contact the Secretariat, Ms. Teresa Liu or Ms. Windy Lau by email to education@hkcfp.org.hk or call 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** :
 1. Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.
 2. **Announcement will be made in case there is a change of schedule and/or format.**

Assessment Enhancement Course 2023 Timetable for Workshop

Date	Topics	Venue
29 April 2023 (Sat) 2:30 – 5:30 p.m.	Introduction	Room 802, Duke of Windsor Social Service Building, Wan Chai, Hong Kong
27 May 2023 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	
17 June 2023 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	
22 July 2023 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	
26 August 2023 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	
Date to be confirmed	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

The Board of Education is pleased to announce the following online seminars to be conducted via the Zoom webinar platform in the coming months with the details below:

Online Seminar			
Date and Time	Topic	Speaker	Moderator
1 April (Sat) 2:00 – 3:30 p.m.	19th Medical Humanities Seminar (Online): The future of family medicine /general practice, can humanity and administrative hurdles coexist to help our patients? Thoughts after nearly 40 years of GP/Academic practice <i>Organized by Interest Group in Medical Humanities</i>	Prof. Albert Lee <i>Emeritus Professor, JC School of Public Health and Primary Care, The Chinese University of Hong Kong</i>	Dr. Chan Suen Ho, Mark
19 April (Wed) 2:00 – 3:00 p.m.	Online Seminar: The essentiality of heart rate control <i>Sponsored by Merck Pharmaceutical (HK) Limited</i>	Dr. Tang King Fun <i>Specialist in Cardiology</i>	Dr. Tsui Hing Sing, Robert

QR Code for registration



Accreditation :

1 Apr : 2 CME Points HKCFP (Cat. 4.3)
2 CME Points MCHK (pending)
19 Apr : 1 CME Point HKCFP (Cat. 4.3)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
31 March (Fri) 2:30 – 3:30 p.m.	“Common Foot and Nail Infections: New Evidence on Topical Treatment of Onychomycosis” by Dr. Hau Kwun Cheung
28 April (Fri) 2:30 – 3:30 p.m.	“Legal issues on End-of-life (EOL) care, Home Death and signing of Advance Directives (AD)” by Ms. Angelina Luk

QR Codes for registration



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

- In case of over-subscription, the organizer reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Thursday, 06 April 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Neuro Disease Dr. Tang Hoi Yan & Dr. Flora Wu	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 12 April 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Clinical Approach to Common Minor Ailments: Dry Eye or Grittiness, Dry Mouth Dr. Chan Hoi Ho	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEH	Community Resource: Elderly Health Care Dr. Lo Chak Yui & Dr. Ng Chi Ho	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Dermatological Emergencies Dr. Chelsia Kwan	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Adolescent Behavioural Problem Dr. Yiu Sze Wa, Sarah & Dr. Chau Chuen, Queena	Mr. Alex Kwok Tel: 5569 6405
Thursday, 13 April 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach to the Patient's Complaint: Palpitation with Cases Illustration in Different Age Groups Dr. Yip Pui Leung & Dr. Yap Tsun Hee	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 19 April 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Consultation Models Dr. Lee Wai Chun	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Common Symptoms in Dermatology (2) - Pigmented Skin Lesion, Hair and Nail Problems Dr. Anthea Wong & Dr. Cheung Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Research and Paper (Case Report) Writing in Family Medicine Dr. Esther Yu	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Prevention of CVS Disease and Prevention of GI Disease Dr. Jerrold Lee & Dr. Siu Yuen Tung Viviana	Mr. Alex Kwok Tel: 5569 6405
Thursday, 20 April 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Using the Flags Model in the Consultation for Musculoskeletal Conditions Dr. Tse Hing Choi & Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 26 April 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Management Algorithm: Polyarthralgia/Polyarthritis in Primary Care Dr. Kwong Chung Man	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical examination: Knee and Video Consultation) Dr. Yu Kwun Nam & Dr. Chan Chi Ying, Queenie	Ms. Emily Lau Tel: 3506 8610
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Conduct an Audit Dr. Chan Lok Hin, Thomas & Dr. Wong Wing Kwan, Leo	Mr. Alex Kwok Tel: 5569 6405
Thursday, 27 April 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	What's New in Zoster Vaccine - Discussion of Live Attenuated Vaccine with Recombination Dr. Lo Cheuk Wai & Dr. So Kwok Ho	Ms. Eliza Chan Tel: 2468 6813

**The FP Links Editorial Board would
like to thank all
readers, contributors, sponsors and
the College Secretariat for their
tremendous support.**

Wishing you all



The FP Links Committee

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Mar 9:30 a.m. - 1:30 p.m. CME Lecture	27	28	29 2:00 - 7:30 p.m. Structured Education Programme	30 4:00 - 6:00 p.m. Structured Education Programme	31 2:30 - 3:30 p.m. Video Session 8:00 p.m. Specialty Board Meeting	1 Apr 2:00 - 3:30 p.m. Interest Group in Medical Humanities
2	3	4	5	6 4:00 - 6:00 p.m. Structured Education Programme	7	8
9	10	11	12 2:00 - 7:30 p.m. Structured Education Programme	13 4:00 - 6:00 p.m. Structured Education Programme	14	15 2:30 - 6:00 p.m. DFM Pre Exam Workshop 1
16 12:00 - 6:30 p.m. APCLS Training Course	17	18	19 2:00 - 3:00 p.m. CME Lecture 2:00 - 7:30 p.m. Structured Education Programme	20 4:00 - 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	21	22 2:30 - 6:00 p.m. DFM Pre Exam Workshop 2
23	24	25	26 2:00 - 7:30 p.m. Structured Education Programme	27 4:00 - 6:00 p.m. Structured Education Programme 7:00 - 9:00 p.m. Exit Exam Preparatory Workshop 9:00 p.m. Board of Conjoint Examination Meeting	28 2:30 - 3:30 p.m. Video Session	29 2:30 - 5:30 p.m. Assessment Enhancement Course
30	1 May	2	3 2:00 - 7:30 p.m. Structured Education Programme	4 4:00 - 6:00 p.m. Structured Education Programme	5	6

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

FP LINKS EDITORIAL BOARD



Back row (from left to right): Dr. Sin Ming Chuen, Dr. Chan Man Li, Dr. David Cheng, Dr. Sze Hon Ho, Dr. Ho Ka Ming, Dr. Fok Peter Anthony, Dr. Yip Tsz Hung, Dr. Alfred Kwong and Dr. Alvin Chan
2nd row (from left to right): Dr. Maria Leung, Dr. Heidi Fung, Dr. Cheuk Christina, Dr. Leung Lok Hang, Prof. Martin Wong, Dr. John Tam and Dr. Yeung Wai Man
Front row (from left to right): Dr. Law Tung Chi, Dr. Tsui Hiu Fa, Dr. Judy Cheng, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Natalie Yuen, Dr. Anita Fan and Dr. Natalie Siu

Contact and Advertisement Enquiry

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