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## Message from the President

The long awaited Primary Healthcare Blueprint has been released towards the end of December 2022. (<https://www.info.gov.hk/gia/general/202212/19/P2022121900561.htm>) In this document, the Government formulated the direction of development and strategies for strengthening Hong Kong's primary healthcare system in order to address the many challenges in the wake of an ageing population and the increasing prevalence of chronic diseases and at the same time to further enhance the overall health and quality of life of citizens in Hong Kong. The Hong Kong College of Family Physicians warmly welcomes the proposals and initiatives set out in the Primary Healthcare Blueprint to further strengthen the central role of family doctors in providing "from cradle to grave" quality sustainable primary healthcare to individuals and families in the community.

Professor Lo Chung-mau, speaking as the Secretary for Health, mentioned that Hong Kong needs to introduce a systemic reform of the healthcare system to shift the focus of the present healthcare system from curative treatment to disease prevention, change its emphasis and people's mindset from treatment-oriented to prevention-focused. He reiterated that primary healthcare is the first point of contact for patients and families in a continuous healthcare process. It is recognized as the most essential component in a well-functioning healthcare system. The COVID-19 epidemic has further accentuated the importance of a robust community-based primary healthcare system. The Secretary of Health also said that the Blueprint sets out Government's vision, concrete recommendations and

implementation plans, and outlines a strategic roadmap for the future development of primary healthcare in Hong Kong, with a view to providing accessible and coherent healthcare services and establishing a sustainable healthcare system, thereby improving the overall health status of the population.



The Blueprint has put forward five major directions of primary healthcare reform as follows: (1) Develop a community-based primary healthcare system, (2) Strengthen primary healthcare governance, (3) Consolidate primary healthcare resources, (4) Reinforce primary healthcare manpower, (5) Improve data connectivity and health surveillance.

A new statutory body, the Primary Healthcare Commission, is to be established in 2024. (<https://www.hkmj.org/earlyrelease/hkmj235137.htm>) It would be responsible for developing district-based healthcare and driving the "family doctor for all" policy in a bid to shift the focus of patient care from treatment towards prevention by increasing public funding. Through coordination and networking, the future healthcare model will provide public access to screening, health planning, community care and individual advice/intervention by a family doctor. This would be achieved through: (1) Consolidation of existing services provided by the Department of Health, (2) Purchased private services, (3) Enhanced

(Continued on page 2)

## Message from the President (Con't)

*(Continued from page 1)*

training in family medicine, (4) Coordination of community networks, and (5) Better governance including bi-directional referrals between primary and secondary care. Setting up of clinical standards and performance monitoring would be core functions to build public confidence in the purchased or network services. The Primary Care Register for family doctors would be formalised and structured for the general public under a legal framework. Furthermore, through the Electronic Health Record Sharing System and the eHealth App, more initiatives rolled out via digital healthcare would increase connections and networks available within the community. With a mature family doctor system, more subsidised and convenient disease prevention programmes can be initiated to improve public health status.

We look forward to working closely with the Government, the Health Bureau, the Primary Healthcare Commission and the relevant stakeholders to build a future quality primary care



Dr. David Chao (left) and Professor Lo Chung-mau (right)

healthcare system which can meet the service needs appropriately in a sustainable manner.

Wishing you all a Happy and Healthy Chinese New Year of the Rabbit!

**Dr. David V K CHAO**  
President

## Family Physicians Links Readers' Survey 2022

Your participation will help us  
better serve your needs.

Thank you!

Please submit via e-form  
by 31<sup>st</sup> January 2023.



## Board of Vocational Training and Standards News

### Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **28<sup>th</sup> February 2023 (Tuesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2022 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28<sup>th</sup> February 2023 (Tuesday)**.

### Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2025, please submit the application for higher training on or before **28<sup>th</sup> February 2023 (Tuesday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

### Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on **17<sup>th</sup> February 2023 (Friday)** for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information on our higher training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &  
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 17<sup>th</sup> February 2023 (Friday)

Time : 7:00 p.m.

Venue : Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wan Chai

For registration, please fill in the form via scanning the QR code.

Higher Training Subcommittee



Should you have any inquiries regarding vocational training, please feel free to contact Ms. Maggie Cheung and Ms. Kathy Lai at 2871 8899 or email to [BVTs@hkcfp.org.hk](mailto:BVTs@hkcfp.org.hk).

Board of Vocational Training & Standards, HKCFP

## Board of Conjoint Examination News

### Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates have passed the clinical segment of the 36<sup>th</sup> Conjoint Examination 2022.

Chan Cho Shan Erica	Fung Andrew Yat Wang	Lo King Yan Cathy	Wong Chun Kit Arthur
Chan Chung Po	Ho Chun Kei	Mak Ho Yin	Wong Hiu Yeung
Chan Ka Shing Ricky	Hui Alice Sau Wei	Ng Ka Wing	Wong Sau Kuen
Chang Hoi Yi	Jiao Fangfang	Poon Lai Ping	Wong Tat Ming Ronald
Chen Tsz Ting	Kong Ka Ming Andrew	Szeto Chui Ying	Yiu Man Lok Genevieve
Cheng Ka Ho	Kwan Tsz Yan	Tai Lik	Yu Yi Fung
Choi Man Kit	Lam Chun Yin Jeffrey	Tam Chun Ho	Yuen Man Ki
Chow Tsz Wang	Leung Ka Cheong	Tam Long Yee	Zhang Dingzuan
Dianto Jeffrey	Li Janice Chun Ying	Tsang Kam Wah	Zhu Yin
Fan Vei Chen	Li Wing Chi	Tsang Yee Wing	
Fong Pak Yiu	Liu Wing Yee	Wong Ching Keung	

Congratulations to you all !

### Dr. Peter CY Lee Best Candidate Award 2022

Dr. Wong Hiu Yeung, who had passed the Conjoint HKCFP/RACGP Fellowship Examination at one setting and achieved the best overall performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2022.

Congratulations to Dr. Wong!

## Our Heartfelt Thanks to all Examiners & Case-writers

### Examiners

The Board of Conjoint Examination would like to take this opportunity to thank all the following examiners for their active participation in various segments of the Conjoint Examination this year.

Dr. Ai Hiu Fay Dawn	Dr. Chan Yin Yue Yeni	Dr. Foo Kam So, Stephen
Dr. Au Tai Kwan Eva	Dr. Chan Ying Ho, Andrew	Dr. Fu Sau Nga
Dr. Au Yeung Shiu Hing	Dr. Chan Yuen Yan	Dr. Fung Yuk Kwan
Dr. Bien Tse Fang, Barry	Dr. Chao Vai Kiong, David	Dr. Ho Ka Ming
Dr. Chan Hung Chiu	Dr. Chau Kai Man	Dr. Ho Kam Wai
Dr. Chan Hung Wai, Patrick	Dr. Cheng Michael	Dr. Ho Kin Sang
Dr. Chan Ka Lok, Carroll	Dr. Cheuk Christina	Dr. Ho Yiu Keung, Steven
Dr. Chan Kin Ling	Dr. Cheung Hard King	Dr. Hui Kwun Sue, Wilson
Dr. Chan King Hong	Dr. Cheung Man Ha	Dr. Hui Ming Tung, Eric
Dr. Chan Laam	Dr. Cheung Mei Yee	Dr. Hung Lok Lam Susanna
Dr. Chan Man Hung	Dr. Cheung Pui Shan, Cindy	Dr. Hung Wai Yin
Dr. Chan Man Li	Dr. Cheung Sze Man	Dr. Ip Pang Fei
Dr. Chan Mei Tak	Dr. Cheung Wai Keung, Paul	Dr. Ip Sui Wah
Dr. Chan Ming Wai, Angus	Dr. Cheung Yau Ling, Florence	Dr. Kam Sze Man, Silvia
Dr. Chan Pui Chuen	Dr. Ching Kam Wing	Dr. Kan Chi Ho
Dr. Chan Sze Luen, David	Dr. Choi Chuen Ming, Clarence	Dr. Ko Wai Kit
Dr. Chan Wan Wai	Dr. Dao Man Chi	Dr. Kong Che Wan
Dr. Chan Wan Yee, Winnie	Dr. Fan Wai Man, Anita	Dr. Kong Yim Fai, Albert
Dr. Chan Wing Yan, Loretta	Dr. Fan Yuen Man, Cecilia	Dr. Kung Kenny
Dr. Chan Wing Yi	Dr. Fang Oi Sze, Elsie	Dr. Kwan Sin Man
Dr. Chan Yin Hang	Dr. Fok Peter Anthony	Dr. Kwok Chung Hon, Michael



Dr. Kwok Yuen Na  
 Dr. Kwong Bi Lok, Mary  
 Dr. Lam Hiu Lam  
 Dr. Lam Hon Man  
 Prof. Lam Lo Kuen, Cindy  
 Dr. Lam Paul  
 Dr. Lam Tak Man, Catherine  
 Dr. Lam Wing Kwun  
 Dr. Lam Wing Wo  
 Dr. Lau Ho Lim  
 Dr. Lau Kam Tong  
 Dr. Lau Kin Sang, Kinson  
 Dr. Lau Po Shan  
 Dr. Lau Tai Wai  
 Prof. Lee Albert  
 Dr. Lee Chun Kit, Tony  
 Dr. Lee Kai Yuen  
 Dr. Lee Man Kei  
 Dr. Lee Siu Yin, Ruby  
 Dr. Leung Gin Pang  
 Dr. Leung Kwan Wa, Maria  
 Dr. Leung May Heng, Sandy  
 Dr. Leung Tsi Mei, Violet  
 Dr. Leung Wing Kit  
 Dr. Li Yim Chu  
 Dr. Liang Jun  
 Dr. Lo Chun Hung, Raymond

Dr. Lui Luen Pun, Benny  
 Dr. Ng Ching Luen  
 Dr. Ng Mei Po  
 Dr. Ng Mei Yee  
 Dr. Ng Tze King Peter  
 Dr. Ng Ventura Lorna  
 Dr. Ngai Bernard  
 Dr. Ngai Ka Ho  
 Dr. Ngan Sze Yuen  
 Dr. Pang Siu Leung  
 Dr. Shek Chun Chiu  
 Dr. Sin Ka Ling  
 Dr. Siu Pui Yi  
 Dr. So Ching Yee, Gloria  
 Dr. Tam Ho Shan  
 Dr. Tam John Hugh  
 Dr. Tam Ka Wae, Tammy  
 Dr. Tam Kit Ping  
 Dr. Tam Wah Kit  
 Dr. To Kit Yuk, Dorothy  
 Dr. Tong Po Hei  
 Dr. Tse Hing Choi  
 Dr. Tse Kwok Ki, Keith  
 Dr. Tse Sut Yee  
 Dr. Tsim Koon Lan  
 Dr. Tsoi Lai To, Sammy  
 Dr. Tsoi Wai Wang, Gene

Dr. Tsui Felix  
 Dr. Tsui Hoi Yee  
 Dr. Tsui Wing Sze, Wendy  
 Dr. Wan King Tung  
 Dr. Wong Chak Tong  
 Dr. Wong Chi Kwong, Roger  
 Dr. Wong Chi Lung  
 Dr. Wong Fai Ying  
 Dr. Wong Kwai Wing  
 Dr. Wong Kwok Ho  
 Dr. Wong Man Kin  
 Dr. Wong Mong Sze, Marcus  
 Dr. Wong Oi Yee, Amy  
 Dr. Wong Pak Hoi  
 Dr. Wong Pak Kin  
 Dr. Wong Suk Ching  
 Dr. Yau Lai Mo  
 Dr. Yeung To Ling, Solomon  
 Dr. Yeung Wai Man  
 Dr. Yip Wing Ki  
 Dr. Yiu Ming Pong  
 Dr. Yiu Yuk Kwan  
 Dr. Young Sui Wah  
 Dr. Yu Sze Kai Frances  
 Dr. Yuen Fu Lam  
 Dr. Yuen Shiu Man

## Case- writers

We would like to particularly thank the following examiners for their contributions in writing up examination questions and cases in various segments of the Conjoint Examination this year.

Dr. Bien Tse Fang, Barry  
 Dr. Chan Man Hung  
 Dr. Chan Pui Chuen  
 Dr. Chan Wan Yee, Winnie  
 Dr. Chan Wing Yan, Loretta  
 Dr. Chan Wing Yi  
 Dr. Chan Yin Hang  
 Dr. Chan Yin Yue Yen  
 Dr. Cheng Michael  
 Dr. Cheuk Christina  
 Dr. Cheung Hard King  
 Dr. Dao Man Chi  
 Dr. Fu Sau Nga  
 Dr. Hui Kwun Sue, Wilson

Dr. Kung Kenny  
 Dr. Kwan Sin Man  
 Dr. Kwok Yuen Na  
 Dr. Lam Tak Man, Catherine  
 Dr. Lam Wing Kwun  
 Dr. Lau Ho Lim  
 Dr. Lau Kam Tong  
 Dr. Leung Kwan Wa, Maria  
 Dr. Leung Wing Kit  
 Dr. Ng Mei Po  
 Dr. Ng Tze King Peter  
 Dr. Ngai Ka Ho  
 Dr. Siu Pui Yi  
 Dr. So Ching Yee, Gloria

Dr. Tam Ho Shan  
 Dr. Tsoi Lai To, Sammy  
 Dr. Tsui Felix  
 Dr. Wan King Tung  
 Dr. Wong Chak Tong  
 Dr. Wong Chi Lung  
 Dr. Wong Fai Ying  
 Dr. Wong Man Kin  
 Dr. Wong Pak Kin  
 Dr. Yau Lai Mo  
 Dr. Yeung Wai Man  
 Dr. Yip Wing Ki  
 Dr. Young Sui Wah

The Board of Conjoint Examination is also extremely grateful for all their contributions and continual support throughout these years.



Dr. Chan Hung Chiu  
 Chairman  
 Board of Conjoint Examination

## THIRTY-SEVENTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST ANNOUNCEMENT

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-seventh Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2023.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\* at the time of application for the Examination and at the time of the Conjoint Examination.

(\*Documentary evidence is required with the application – including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2023/2024 before 31 July 2023. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2023, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2023, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who are FULLY registered with the Hong Kong Medical Council and have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2023, provided that the experiences should be within the most recent 10 years.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

#### **(Please Note:**

*For Category I candidates who have enrolled in the vocational training program before 31 December 2018, they will remain entitled to be awarded FRACGP, provided all requirements for Fellowship are met. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).*

*All successful candidates applying for the award of the RACGP Fellowship will be subject to the decision of the RACGP.*

*Starting from 2022, Category II candidates who enroll for conjoint exams will be eligible for the ICFRACGP (but not FRACGP) provided other Fellowship requirements are met. After 2023 no Category II candidate will be eligible for the award of ICFRACGP.*

*However, up to the present moment, the Category II doctors are still eligible to sit for our HKCFP college exam and be awarded FHKCFP similar to previous years provided all HKCFP Fellowship requirements are met.)*

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

**(2) FORMAT AND CONTENTS**

- A. Written Examination  
Applied Knowledge Test (AKT)\*, and  
Key Feature Problems (KFP)

*\*Note: Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT) from Conjoint Exam 2018, with no major change on the exam format.*

- B. Clinical Examination  
Objective Structured Clinical Examination (OSCE)

**(3) PRE-REQUISITE FOR CLINICAL SEGMENTS**

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP\*. The validity of this certificate must cover the time of the Clinical Examination.

**Application will not be processed unless the pre-requisite is fulfilled.**

*\*Note: In regarding the APCLS certificate issued by the HKCFP, the dates of APCLS workshops & examinations for 2023 will be confirmed in due course. Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2023.*

**(4) CRITERIA FOR A PASS IN THE EXAMINATION**

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2026).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

**(5) APPLICATION AND EXAMINATION FEES**

Application forms with examination fee details of Conjoint Examination 2023 would be available in the College website, <http://www.hkcfp.org.hk>, by end of February 2023. Please note that the deadline for application is **13 April 2023 (Thursday)**.

**(6) IMPORTANT DATES**

- |                                       |  |
|---------------------------------------|--|
| • 13 April 2023 (Thursday)            | Closing Date for Applications                    |
| • 13 August 2023 (Sunday) (tentative) | Conjoint Examination – Written Examination (KFP) |
| • 20 August 2023 (Sunday) (tentative) | Conjoint Examination – Written Examination (AKT) |
| • [Date to be confirmed]              | Conjoint Examination – OSCE                      |

**(7) ELECTION TO FELLOWSHIP**

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Quality Assurance & Accreditation Committee News

### HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2022

Dear Members,

The credit point score of year 2022 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at [https://www.hkcfp.org.hk/cme\\_mchkcme\\_report.aspx](https://www.hkcfp.org.hk/cme_mchkcme_report.aspx).

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **28<sup>th</sup> February 2023**.

#### 1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2022** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2020-22**, please apply in writing with relevant supporting documents and \$500 administration fee (**non-refundable**) by cheque to QA&A Committee.

Please submit the application for additional accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

#### 2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2022 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **“Report on CME/CPD missing points from Pre-Accredited Activity”** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

**Application Deadline: 28<sup>th</sup> February 2023**

All forms can be downloaded at: [http://www.hkcfp.org.hk/pages\\_5\\_82.html](http://www.hkcfp.org.hk/pages_5_82.html)

For those applying for additional accreditation, please send a cheque payable to “HKCFP Education Ltd” **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

**Please ensure your mail items bear sufficient postage before posting.**

Application Form and Supporting Documents can be submitted by post to the above mentioned mailing address, **OR** by email to: [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk)

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further questions, please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk).

Yours sincerely,

Dr. LI Yim Chu

Chairlady, Quality Assurance & Accreditation Committee



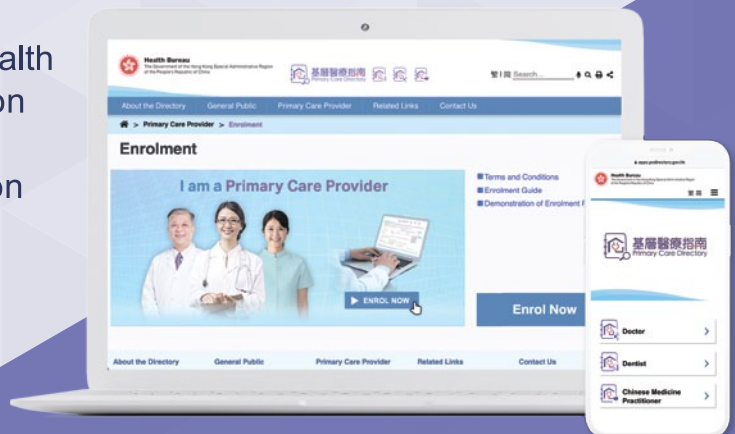


# 基層醫療指南

## Primary Care Directory

**Primary Care Directory (PCD)** is a web-based database set up to facilitate the public to search for suitable primary care service providers according to their practice information.

- ▶ **All registered doctors in Hong Kong are eligible** for enrolment.
- ▶ Shall accumulate the **required CME/CPD points for maintaining listing** in the directory.
- ▶ **Pre-requisite** for joining District Health Centre (DHC) Initiative, Vaccination Subsidy Scheme (VSS) and Residential Care Home Vaccination Programme (RVP).
- ▶ More than 2,600 doctors have enrolled and more than 70,000 public searches made in 2022.



***The Primary Healthcare Blueprint*** redefines the role of the PCD into a Primary Care Register (PCR) which serves as a central register for all primary healthcare (PHC) professionals under one umbrella for better monitoring, co-ordination and quality assurance.

**Key features of the Primary Care Register are,**



Requiring all healthcare professionals to be enlisted in the PCD or PCR for all **Government-subsidised programmes**.



All PCD and PCR enrollees will be subject to **quality assurance**.



The use of Electronic Health Record Sharing System (**eHRSS**) for documentation of patients' records will become mandatory for healthcare providers on the PCR.



### Health Bureau

The Government of the  
Hong Kong Special Administrative Region  
of the People's Republic of China

If interested in joining the PCD,  
please visit our home page via the  
following link or scan the QR Code

[www.pcdirectory.gov.hk](http://www.pcdirectory.gov.hk)



## The HKCFP Awards for the Best Research and Best Trainee Research of 2022

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2022. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following ‘The HKCFP Award for the Best Research’, the Research Committee is pleased to organize an additional award, ‘The HKCFP Award for the Best Trainee Research’, specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2023.

*\*\*Please note that each applicant can only apply for one of the above Awards\*\**

### Entry and assessment criteria are listed below:

#### Entry Criteria:

##### For Best Research Paper:

1. The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.
2. The research must be original work of the investigator(s).
3. The research should have been conducted in Hong Kong.
4. The research must have been completed.
5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

##### For Best Trainee Research Paper:

1. The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.
2. For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.
3. The research must be original work of the investigator(s).
4. The research should have been conducted in Hong Kong.
5. The research must have been completed.
6. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

#### Assessment Criteria:

1. How relevant are the topic and findings to Family Medicine?
2. How original is the research?
3. How well is the research designed?
4. How well are the results analyzed and presented?
5. How appropriate are the discussion and conclusion(s) drawn?
6. How useful are the results for patient care in the discipline of Family Medicine?
7. How much effort is required to complete the research study?

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. “The HKCFP Award for the Best Research of 2022” or “The HKCFP Award for the Best Trainee Research of 2022”, on your research project upon submission, and send your submission either

**By post** to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Or, **by email** to [research@hkcfp.org.hk](mailto:research@hkcfp.org.hk)

**DEADLINE OF SUBMISSION: 30 March 2023**

*Supported by HKCFP Foundation Fund*

## HKCFP Research Fellowship 2023

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

### Selection criteria

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Application will be judged on\*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
  - The completed application form;
  - The signed terms and conditions of the HKCFP Research Fellowship;
  - Curriculum vitae from the principal investigator;
  - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
  - Curriculum vitae from the supervisor.
3. Applications close on: **30 March 2023**. Late applications will not be accepted.
4. Applications can be either sent:
 

**By post** to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to [research@hkcfp.org.hk](mailto:research@hkcfp.org.hk)

*Supported by HKCFP Foundation Fund*

## 也談日野原醫生

張偉強醫生

家庭醫學的特色就是全人治療，箇中涉及疾病預防、健康教育、心靈關懷，乃至大型災難事故的積極參與。日野原醫生就是一個活生生的例子。

2022年7月號的《明報月刊》上，刊登了一篇由兩位香港兒科醫生撰寫的文章——《逾百歲名醫日野原重明——推動世界和平的醫學人文大師》。

日野原重明醫生(1911-2017) 1932年入讀日本京都帝國大學(現名京都大學)醫學系，大學二年級時，患上肺結核病，停學一年，後來亦因為體質欠佳，二戰時不用參軍。1952年，時年39歲，赴美進修，在喬治亞州亞特蘭大的愛默理大學(Emory University)醫學院內科深造。回日本後，創立日本奧斯勒協會(Japan Osler Society)推廣以「病人為本」的治療模式。他又明白到許多慢性疾病，都是源於不良的生活習慣，遂於1973年成立「生活計劃中心」(後易名「健康教育服務中心」)推廣預防疾病的觀念。之後，他又覺得絕症病人，也應該有尊嚴地離世。1993年他在神奈川縣，創立日本第一家獨立的安寧醫療醫院「平靜之家醫院」，為末期癌症病人，提供人性化的善終服務。自2006年起，他更多次到小學演講，鼓勵小朋友善用生命，多為他人謀福祉，不要浪費時間在沒有意義的玩樂上。

我在想，一個矢志行醫的人，如何煉成高尚無私的品格？如何成為一位仁心仁術的醫生？前陣子，閱讀日野原醫生在99歲高齡時撰寫的傳記(註)，對他的成長背景及一些逸事，有多一點認識，願在這裡與大家分享。

日野原醫生的父親日野原善輔是一位基督教牧師，曾兩度留學美國。母親滿子出身於山口的一個武士家庭。一家九口(父親的後母、父母親及6個孩子)住在神戶。他們一家生活簡樸，三餐總是米飯、味噌湯和醬菜，加上很少量的魚。每周一次，每人可以分享180克肉。蛋是奢侈品，只有父親周日在教堂講道前，才可以加一顆雞蛋「進補」。

父親在傳教工作上，鞠躬盡瘁，從不打罵孩子，並教導他們奮勇面對挑戰，不用懼怕。母親重視禮儀，教導子女多關心他人的需要，在個人努力追求成績上，旨在建立自己，而不是要戰勝別人。父母親有時會拿著和服去典當，邀請神學院的窮學生到家裡吃飯。「為他人花錢」成了日野原家的慣例，相信亦深深植根於日野原重明的心中。

十歲時，日野原重明生了一場大病，得了急性扁桃腺炎。那些年，沒有特效藥，他不得不休學一個月，母親鼓勵他在家中練習書法。日子有功，後來他在學校全班的書法中，得第一名，作品貼在教室的牆上，當成範本。此外，母親又安排一位美國傳教士太太教他彈鋼琴，培養音樂的興趣。自始，彈琴和作曲成為他往後在養病期間的精神寄託。他在傳記中說，與疾病奮戰的經歷，讓他成為醫師後，更能了解病人的心情，更有同理心，能產生共鳴。

在美國進修後，日野原重明以42歲之齡，出任東京聖路加國際醫院(St. Luke's International Hospital)助理院長，矢志貢獻在美的所見所學，改革日本的醫療服務和醫學教育。1970年，他有次到福岡出席會議時，遇上劫機事件。那些年，日本恐怖組織「赤軍派」仇視美國，以發動世界革命的軍事訓練場自居，向北韓看齊，師法古巴的革命。當天，劫機者手持武士刀，宣稱身上有炸藥，挾持客機飛往平壤，機師訛稱依從，但卻降落在韓國的金浦機場。雖然最終大家都平安無恙，但事件令日野原重明反思生命的意義，覺得自己大難不死，是上天另有任務給他。自始，更積極投身義工的活動。

《明報月刊》上的文章，未有提及1995年3月20日奧姆真理教策劃的「東京地鐵沙林毒氣事件」(Tokyo Subway Sarin attack)。其時，日野原重明以83歲之齡，以義工的身份擔任聖路加國際醫院院長。當得悉有多人在地鐵內中毒後，他臨危不亂，立即安排員工嚴陣以待：暫停所有門診，除了已經上了麻醉藥準備進行手術的病人外，其他手術統統取消，並集合醫護，規劃急救的作業流程。醫院的病房寬敞，大廳、禮拜堂和走廊的牆壁上，都配有輸送氧氣的管線，在緊急狀況下，正好大派出場。傷者陸續被送進醫院時，日野原重明指揮若定，副院長負責病人分類(重、中、輕症)治理。得知是沙林毒氣引起的中毒時，日野原重明馬上跟關東近郊和關西的醫院聯絡，收集解毒劑，並派專人搭飛機去關西的製藥廠取貨，第一時間替傷者治療。最終，641名送院時仍活著的傷者中，只有一人死亡。

註：日野原重明著，許傑明譯，《百歲醫師教你：笑著活著，就是100分！日本國寶級名醫日野原重明的11堂人生哲學課》，台灣推守文化創意股份有限公司出版，2012年2月



## To Test or not to Test

### Should we test all patients *HLA-B\*5801* before start of allopurinol?

Allopurinol has been notorious that it might cause Stevens-Johnson syndrome and toxic epidermal necrolysis. *HLA-B\*5801* allele is associated with a markedly elevated risk for cutaneous adverse reactions.

According to 2020 American College of Rheumatology Guideline for the Management of Gout, we should test all patients of Southeast Asian descent (e.g., Han Chinese, Korea, Thai) and African American patients. In other ethnic groups, testing is not recommended.

Prevalence of *HLA-B\*5801* is highest among persons of Han Chinese, Korea, Thai descent (7.4%), lower among African Americans (3.8%), and even lower among white and Hispanics (0.7% each). Testing for this allele among Asians and African American patients was reported to be cost-effective (incremental cost-effectiveness ratios <US\$109,000 per quality-adjusted life years). Asian and African American patients taking allopurinol both have a 3-fold increase risk of Allopurinol Hypersensitivity Syndrome (AHS) compared with white patients taking allopurinol.

Strong recommendations included initiation of urate-lowering therapy (ULT) for all patients with tophaceous gout, radiographic damage due to gout, or frequent gout flares ( $\geq 2$ /year).

Allopurinol is the preferred first-line ULT, including for those with moderate-to-severe chronic kidney disease (CKD: stage  $\geq 3$ ).

Starting allopurinol in daily doses of  $\leq 100$ mg (and lower dose in patients with chronic kidney disease) is strongly recommended over starting at a higher dose.

A treat-to-target management strategy with ULT dose titration guided by serial serum urate (SU) measurements, with an SU target of  $< 6$ mg/dl (0.3569 mmol/l) should be adapted. When initiating ULT, concomitant anti-inflammatory prophylaxis therapy for a duration of at least 3-6 months was

strongly recommended. For management of gout flare, colchicine, nonsteroidal anti-inflammatory drugs, or glucocorticoids (oral, intraarticular, or intramuscular) were strongly recommended.

Dietary modifications likely yield only small changes in serum urate concentration, but dietary factors may serve as triggers for flares, and patients frequently seek advice on dietary management.

In general, guidelines recommend limiting alcohol, purine and high-fructose corn syrup intake. Weight loss is also recommended.

Four recommendations below although carry very low certainty of evidence, clinicians could take into account for the whole clinical picture.

1. Switching hydrochlorothiazide to an alternate antihypertensive when feasible is conditionally recommended for patients with gout, regardless of disease activity.
2. Choosing losartan preferentially as an antihypertensive agent when feasible is conditionally recommended for patients with gout, regardless of disease activity.
3. Adding or switching cholesterol-lowering agents to fenofibrate is conditionally recommended for patients with gout, regardless of disease activity.

Guideline is available via this link:

<http://onlinelibrary.wiley.com/doi/10.1002/art.41247/abstract>

#### Reference:

2020 American College of Rheumatology Guideline for the Management of Gout

**Compiled by Dr. Tsui Hiu Fa**





**Hong Kong  
Primary Care  
Conference**  
The Hong Kong College  
of Family Physicians

# **Hong Kong Primary Care Conference 2023** **“Flourishing Primary Care: Family Doctor for Everyone”**

**23<sup>rd</sup> - 25<sup>th</sup> June 2023 (Friday - Sunday)**

It gives me immense pleasure to invite you on behalf of the Hong Kong College of Family Physicians and the 2023 Organizing Committee to the 13<sup>th</sup> Hong Kong Primary Care Conference which will be held online from 23<sup>rd</sup> to 25<sup>th</sup> of June 2023.

The theme of this year’s conference is “Flourishing Primary Care: Family Doctor for Everyone”. The lessons learnt from the COVID pandemic have rekindled the need for a robust primary healthcare and stimulated innovative policy solutions in many countries to accelerate the transformation of healthcare systems with an emphasis on the promotion of primary healthcare. The recent HKSAR Chief Executive’s 2022 Policy Address has shown a strong commitment to revamping the healthcare system from a treatment-oriented, hospital-based structure to a prevention-focused, community-based system, via investment in additional resources to promote primary healthcare. Furthermore, it also advocates the promotion of the “Family Doctor for All” concept as the essential foundation for sustainable people-centric primary healthcare in the community. Over the years, our College has always been a strong proponent of “Everyone should have a Family Doctor” concept as local and international studies have shown that healthcare systems with strong primary healthcare teams led by Family Doctors have proven to be more cost effective and sustainable.

Our annual hallmark conference will continue to captivate our participants with exciting yet diverse arrays of plenary sessions, seminars, workshops and discussion forums. Our workshops will resume the face to face mode to allow more interactive hands-on learning. Furthermore, I warmly invite you to submit abstracts to our signature clinical case competition as well as full research paper and free paper competitions.

I welcome you all to yet another inspiring and rewarding experience in this coming conference.

Sincerely yours,

Dr. Lorna Ng  
Chairlady, Organizing Committee  
Hong Kong Primary Care Conference 2023



**Hong Kong  
Primary Care  
Conference**  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2023

## “Flourishing Primary Care: Family Doctor for Everyone”

23<sup>rd</sup> - 25<sup>th</sup> June 2023 (Friday – Sunday)

## Full Research Paper Competition

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2023. The Competition is a long-standing tradition of the College's Annual Conference to promote and recognize well-designed and innovative research which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

### AWARDS

#### Best Research Paper Award

#### Best New Investigator Research Paper Award

The HKPCC 2023 Organizing Committee will invite renowned scholars as judges to review the participating papers. Both winners will receive a **Certificate of Award** and will be invited to present their research papers at the Conference.

### ELIGIBILITY AND AUTHOR GUIDELINES

For **Best Research Paper Award**: the first author of the paper must meet ALL of the following conditions:

- (1) The author must register for the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards;
- (4) The paper had not been awarded in other competitions in the past; and
- (5) If the paper has already been published, it must be published after 1 January 2021.

For **Best New Investigator Research Paper Award**: the first author of the paper must meet ALL of the following conditions:

- (1) The author must register for the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards;
- (4) The paper had not been awarded in other competitions in the past;
- (5) If the paper has already been published, it must be published after 1 January 2021; and
- (6) The first author must not have published any other research paper in any scientific journal as first author before (for example, The Hong Kong Practitioner, Hong Kong Medical Journal or other academic journals).

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain at least 2,000 words, organized as **INTRODUCTION, METHODOLOGY, RESULTS and DISCUSSION**. It should consist of no more than 6 illustrations (tables/figures). Only electronic versions are accepted. The full paper should be typed in 12-point size in Microsoft Word format.

### AWARD SELECTION CRITERIA

Each paper will be evaluated against the following criteria:

- (1) Academic rigor of the paper (e.g. originality, methodology, organization and presentation).
- (2) Relevance and impact to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

The panel reserves the right of granting / withholding an award for this year.

### HOW TO SUBMIT

Please go to <https://forms.gle/nGx6tiWmMJs9S2JS8> to complete the submission form and send your full research paper to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk). All entries will be acknowledged upon receipt.

For enquiries, *please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).*

### SUBMISSION DEADLINE

**14 March 2023 (Tuesday)**

*“We look forward to receiving your research articles!”*



**Hong Kong  
Primary Care  
Conference**  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2023

## “Flourishing Primary Care: Family Doctor for Everyone”

23<sup>rd</sup> - 25<sup>th</sup> June 2023 (Friday - Sunday)

## Free Paper Competition

**Free Paper Competition** sees many pioneering research ideas, pilot studies and thought-provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL presentation** or **POSTER presentation**. We look forward to your active participation in the Free Paper Competition.

### AWARDS

**Best Oral Presentation Award.**

**Outstanding Poster Presentation Award.**

Both the winners will receive a **Certificate of Award**.

### Author Guidelines

- The presentation of the free paper can be in the form of an **ORAL presentation** or **POSTER presentation**. (The details of oral or poster presentation will be announced later.)
- Electronic version is preferred for abstracts. Abstract should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will NOT be accepted.
- The abstract must not exceed 300 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and CONCLUSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in English. All accepted abstracts must be presented in English.

### ELIGIBILITY REQUIREMENTS

To be eligible for participation in the free paper presentation, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author (and the presenting author if applicable) must register at the Conference;
- (2) The author completes the majority of the research and writing of the paper;
- (3) The author has not submitted the same paper to other conferences conducting at the same time period of HKPCC;
- (4) The paper has not been granted any award(s) in the past;\*
- (5) Only **ONE** designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the Conference; and
- (6) The Organizing Committee has the right of final decision on the acceptance of an abstract.

\*If the paper has been granted any award(s) in the past, the paper can be submitted for poster presentation only and will be automatically excluded from award competition.

### AWARD SELECTION CRITERIA

For the **Best Oral Presentation Award**, each oral presentation will be evaluated against the following criteria:

- (1) Quality and thoroughness of research methods used to generate findings;
- (2) Quality of visual presentation if applied;
- (3) Relevance, innovation and impact to primary care.

For the **Outstanding Poster Presentation Award(s)**, each poster will be evaluated against the following criteria:

- (1) Quality of visual presentation (poster layout);
- (2) Quality and thoroughness of research methods used to generate findings;
- (3) Relevance, innovation and impact to primary care.

### HOW TO SUBMIT

Please go to <https://forms.gle/ojmP9fP4AkXhbo5x7> to complete the submission form and submit your abstract. All entries will be acknowledged upon receipt.

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

### SUBMISSION DEADLINE

14 March 2023 (Tuesday)



**Hong Kong  
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# Hong Kong Primary Care Conference 2023

## “Flourishing Primary Care: Family Doctor for Everyone”

23<sup>rd</sup> - 25<sup>th</sup> June 2023 (Friday – Sunday)

## Clinical Case Presentation Competition

Following on from the success of the previous years' HKPCC Clinical Case Presentation Competition, the Organizing Committee of the upcoming HKPCC 2023 is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the competition are listed as below. We look forward to your active participation in the Clinical Case Presentation Competition.

### COMPETITION OUTLINE

- (1) Target participants: Doctors, nurses, physiotherapists, clinical psychologists, occupational therapists, dieticians, podiatrists and any other allied health professionals.
- (2) Presentation materials: Any clinical case relevant to primary care.
- (3) Presentation format: In the form of individual presentation, role-play, drama or any other possible format for 15 minutes. Either individual or group presentation with up to 5 people per group is acceptable.
- (4) The Organizing Committee has the right of final decision on the acceptance of the cases for presentation.

### AWARDS

The Best Presentation Award winner will receive **a Certificate of Award**.

### ELIGIBILITY REQUIREMENTS

To be eligible for participation in the Clinical Case Presentation Competition, the presenter must meet ALL the following conditions:

- (1) The presenter must register for the Conference.
- (2) **The presentation should be the original work of the participants.**
- (3) The candidates should have submitted their presentation proposals prior to the Conference.

### AWARD SELECTION CRITERIA

Each presentation proposal should state the theme, outline of presentation, format (e.g. role-play, drama, video), language and rundown.

Each presentation will be evaluated against the following criteria:

- (1) Quality of presentation: Presentation skills and time management.
- (2) Content of presentation: Relevance and impact to primary care, enhancement to patient care in daily practice and useful take home message.

### HOW TO SUBMIT

Please go to <https://forms.gle/oPRorJVp2RgYHuWC6> to complete the entry form and submit your presentation proposal. All entries will be acknowledged upon receipt.

The presentation material needs to be submitted to the Conference Secretariat **on or before 1 June 2023 (Thursday)**.

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

### ENTRY FORM, PRESENTATION PROPOSAL SUBMISSION DEADLINE

**14 March 2023 (Tuesday)**

### PRESENTATION MATERIAL SUBMISSION DEADLINE

**1 June 2023 (Thursday)**

## The Diary of a Family Doctor【家庭醫生的日常】

### 《家庭愛與痛》 冼銘全醫生

59歲女士，一直來GOPC複診高血壓和高血脂，也在外科跟進胃酸倒流和內痔。今天由女兒陪伴過來，神色凝重。

**女士：**「我三個月內瘦左12磅。」我見她穿着羽絨進來，當天氣溫攝氏20多度，診症室空調也不算過冷。怕冷可能是hypothyroidism，但hypothyroidism會導致體重上升，不會瘦。

**我：**「除咗體重下降仲有啲咩唔舒服？」

**女士：**「淨係有啲胃脹。」她已服用最強的胃藥，去年外科替她再照胃鏡和腸鏡，沒有異樣。其他系統也沒有什麼病徵。周年檢查血糖也正常，沒有糖尿。

可焦慮就同時解釋到怕冷和瘦。

**我：**「依家同邊個住？」

**女士：**「同呢個女。」

原來女士已離婚三年，女兒一直在加拿大當護士。女士要求女兒回來陪她生活，女兒三個月前便返港，打算在香港考牌繼續做護士，但尚未成功。

**女士：**「佢仲未考到啊，我好擔心呀。」

**我：**「瞓唔瞓到覺？」

**女士：**「成日都瞓唔到嚟啦。」

**女兒接上：**「佢真係有啲情緒問題啊！」

**我向着女兒說：**「其實你都一樣啊，你都有唔少壓力。坦白講，如果媽媽唔叫你返嚟，你會唔會自己返嚟？」

女兒沉默不語。其實眼前的母親像個要人保護的女孩，女兒表現更像個媽媽。這家庭裏，出現了角色逆向。

**我：**「媽媽倚賴女兒，女兒也願意去保護媽媽，本出於愛，但其中一個結果係，媽媽受保護，忽略了自我發展，女兒顧著媽媽，亦有機會發展自己。大家的焦慮和不安互相分享，亦互相影響，大家都在壓力中走不出來。媽媽的壓力焦慮造成神經系統敏銳，令腸胃不是蠕動而是翻騰，胃氣自然不斷增加，吃最強的胃藥也幫補不了。而且人一緊張，便容易怕冷，妳今天的衣着便解釋得到。」

我提醒女士，要多找尋新的興趣，讓自己的世界成長起來，找到開心，女兒便不用太擔心，可以盡情發展自己。

**最後兩母女齊說多謝，我向女士加上一句：**

「記得多謝個胃，係佢提妳改變，唔係我。」

### The Diary of a Family Doctor 家庭醫生的日常

We welcome articles on  
interaction with patients in  
your daily practice.  
Submissions up to 400 words  
in English or 600 words in  
Chinese are always welcome.  
Email: [FPLinks@hkcfp.org.hk](mailto:FPLinks@hkcfp.org.hk)

## FP Links Committee News

### Time to Go Green

The Hong Kong College of Family Physicians always encourages the use of the electronic copy to replace printed copy in order to reduce paper consumption. Since 2009, all issues of Family Physicians Links (FP Links) have been accessible from college website [http://www.hkcfp.org.hk/fplinks\\_40.html](http://www.hkcfp.org.hk/fplinks_40.html)

To be in line with the College's Go Green policy, College members would be recommended to obtain our FP Links ONLINE from now on.

Members who would like to stop receiving physical copies of FP Links in future, please scan the QR code and unsubscribe from our hard copy database. Mailing of FP Links will be discontinued from the following month onwards.

Please join us together in reducing paper consumption and helping conserve natural resources!

For enquire, please contact the College Secretary at 2871 8899.

HKCFP Secretariat

The Hong Kong College of Family Physicians

Address : Rooms 803-4, HKAM Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen

Email : [membership@hkcfp.org.hk](mailto:membership@hkcfp.org.hk)

Fax : 2866 0616







香 港 大 學

THE UNIVERSITY OF HONG KONG

Applications are invited for appointment as **Non-Tenure Track Clinical Associate Professor/Clinical Assistant Professor in the Department of Family Medicine and Primary Care, School of Clinical Medicine** (Ref.: 517449), to commence as soon as possible, on a four-year fixed-term basis, with the possibility of renewal.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a primary medical qualification registrable with the Medical Council of Hong Kong and a higher qualification in general practice/family medicine, and preferably a FHKAM (Family Medicine) or equivalent specialist qualification. They should demonstrate excellence in clinical services; have a strong commitment and experience in undergraduate teaching; and exhibit the capacity and potential in research. They should also be fluent in both English and Cantonese although teaching, research and professional activities are conducted in English.

The appointee is expected to participate in the planning and delivery of undergraduate and postgraduate medical education programmes in Family Medicine; conduct clinical research; develop and provide clinical services in primary care in the HKUMed affiliated hospitals and clinics including the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department, Faculty and University. Information about the post can be obtained from Professor Cindy Lam at [cklam@hku.hk](mailto:cklam@hku.hk).

A highly competitive salary commensurate with qualifications and experience will be offered, in addition to annual leave and medical benefits. At current rates, salaries tax does not exceed 15% of gross income. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totaling up to 15% of basic salary. A monthly cash allowance will be offered to the successful candidate. Housing benefits will also be provided as applicable.

The University only accepts online application for the above post. Applicants should apply online at the University's career site (<https://jobs.hku.hk>) and upload an up-to-date curriculum vitae including a publication list highlighting their best papers. Review of applications will start from January 8, 2023 and continue until **March 8, 2023** or until the post is filled, whichever is earlier.

*The University is an equal opportunities employer  
and is committed to equality, ethics, inclusivity, diversity and transparency*

## Meeting Highlights

### Online 42<sup>nd</sup> Annual Refresher Course 2022

#### 9<sup>th</sup> session on 11 December 2022

Dr. LEUNG Sai Chau, Specialist in Cardiology, delivered a lecture on “Optimal Management of Angina” and Dr. Thomas Tunggal, Specialist in Cardiology, delivered a lecture on “New and Individualized Approach in Heart Failure Management: What More We Can Do for our Patients?”.



A screenshot taken on 11 December 2022

Dr. LEUNG Sai Chau (left, Speaker), Dr. Thomas Tunggal (middle, Speaker) and Dr. HO Shu Wan (right, Moderator)

### Vaccinology and Vaccination Symposium on 10 December 2022 supported by Hong Kong Society of Infectious Disease (HKSID) and Hong Kong Society of Paediatric Immunology, Allergy and Infectious Diseases (HKSPIAID)

Dr. KWAN Yat Wah, Specialist in Paediatric Immunology, Allergy and Infectious Diseases, delivered a lecture on “Vaccination against COVID-19 and Influenza Infection”; Dr. LAM Wing Wo, Family Doctor, delivered a lecture on “Vaccine Confidence / Hesitancy and Effective Vaccine Communication”; Dr. Wilson LAM, Specialist in Infectious Disease, delivered a lecture on “Vaccination in Immunocompromised Populations” and Prof. John Siu Lun TAM, Specialist on Virology and Vaccinology, delivered a lecture on “Life Course Immunisation and Healthy Aging”



A screenshot taken on 10 December 2022

(From Left to right) Dr. KWAN Yat Wah, Dr. LAM Wing Wo, Dr. Wilson LAM, Prof. John Siu Lun TAM (Speakers) and Dr. CHAN Chi Wai (Moderator)

### Online Seminar on 12 December 2022

Dr. LAU Yuk Kong, Specialist in Cardiology, delivered a lecture on “What a Family Physician/ General Practitioner Needs to Know & Assess for Patient Presenting with Chest Pain at Your Clinic?”.



A screenshot taken on 12 December 2022

Dr. LAU Yuk Kong (left, Speaker) and Dr. TSUI Hing Sing, Robert (right, Moderator)

The Board of Education is pleased to let you know that there would be some online seminars to be conducted via the Zoom webinar platform in the coming months with the details below:

## Online Seminars

Date and Time	Topic	Speaker	Moderator
4 Feb (Sat) 2:00 – 4:00 p.m.	<b>78<sup>th</sup> Mental Health Seminar (Online): Decades of Mental Health Interest in Primary Care, Our Past and the Future</b> <i>Organized by Interest Group in Mental Health &amp; Psychiatry</i>	<b>Dr. Chan Suen Ho, Mark</b> <i>General Practitioner and Honorary Clinical Associate Professor, CUHK</i>	
15 Feb (Wed) 2:00 – 3:00 p.m.	<b>Online Seminar: Personalised heart failure therapy</b> <i>Sponsored by Viatrix Healthcare Hong Kong Limited</i>	<b>Dr. Kong Chun Cheong</b> <i>Specialist in Cardiology</i>	<b>Dr. Au Yeung Shiu Hing</b>

### QR Code for registration

4 February (Sat)	15 February (Wed)
	



#### Accreditation :

4 February : 2 CME Points HKCFP (Cat. 4.3)  
2 CME Points MCHK (pending)  
15 February : 1 CME Points HKCFP (Cat. 4.3)  
1 CME Points MCHK (pending)  
*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

## Online Monthly Video Sessions

Dates and Time	Topics
27 January (Fri) 2:30 – 3:30 p.m.	<b>“Recent Breakthrough in Gut Microbiome Based Non-Invasive Colorectal Cancer Screening” by Dr. Sunny Wong</b>
24 February (Fri) 2:30 – 3:30 p.m.	<b>“Vaccinology &amp; Importance of Adult Vaccination in Local Community” by Dr. Wilson Lam</b>

### QR Codes for registration

27 January 2023 (Fri)	24 February 2023 (Fri)
	

**Accreditation :** 1 CME Point HKCFP (Cat. 4.2)  
1 CME Point MCHK (pending)  
*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

**\*CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

**Admission Fee :** Member Free  
(For all online seminars) Non-member HK\$ 100.00 for each session  
*For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.*

**Registration Method :** Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899. Thank you.

#### Notes : Online Events

- In case of over-subscription, the organizer reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the \*MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (\*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.

## Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>Wednesday, 01 February 2023</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Leicester Assessment Package (LAP) Part 2 (Case Demonstration)</b> Dr. Yam Hei Tung	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	<b>Consultation Enhancement (Physical Examination: Foot &amp; Ankle and Video Consultation)</b> Dr. Chau Kei Wai & Dr. Lee Kin Lun	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>The Consultation Process: Effective History Taking</b> Dr. Emily Tong	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	<b>Blood Disorder</b> Dr. Siu Yuen Tung, Vivianna & Dr. Chan Lok Hin, Thomas	Mr. Alex Kwok Tel: 5569 6405
<b>Thursday, 02 February 2023</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Alcohol Consumption</b> Dr. Lee Kar Fai & Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 08 February 2023</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Ethical Challenges Related to the Use of Big Data in Primary Healthcare</b> Dr. Tiffany Woo	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEH	<b>Management &amp; Set Up of Pharmacy</b> Dr. Yu Kwun Nam & Dr. Fock Hoi Hei, Surena	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Trainee Feedback - Review on Contents of Family Medicine</b> Dr. Stephen Chou	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	<b>Community Resource for Neurological Disable</b> Dr. So Man Ying, Sabrina & Dr. Chow Chau Yi, Charlie	Mr. Alex Kwok Tel: 5569 6405
<b>Thursday, 09 February 2023</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Geriatric Depression</b> Dr. Lau Lai Na & Dr. Chan Chi Ho	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 15 February 2023</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Pregnancy Related Psychological/Psychiatric Problems</b> Dr. Lam Sze Yan	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	<b>Sexually Transmitted Disease (Including High Risk Sexual Behaviour and Community Resources)</b> Dr. Mak Shen Rong, Sharon & Dr. Ng Kwan Chun	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Professional Misconducts &amp; Ethics</b> Dr. Clarice Tse	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	<b>Medical Documentation</b> Dr. Jerrold Lee & Dr. Yung Lok Yee, Louise	Mr. Alex Kwok Tel: 5569 6405
<b>Thursday, 16 February 2023</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Role of Family Physicians in Handling Patients with Gender Dysphoria</b> Dr. Ho Chung Yu & Dr. Ko Pak Long	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 22 February 2023</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>PSA - Current Recommendation</b> Dr. Chiu Kwan Ki	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	<b>Clinical Audit and Research</b> Dr. Yu Lok Kwan & Dr. Yeung Chin Fung	Ms. Emily Lau Tel: 3506 8610
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	<b>Minor Wound and Injury</b> Dr. Wong Wing Kwan, Leo & Dr. Leung Wai Chung, Rachel	Mr. Alex Kwok Tel: 5569 6405
<b>Thursday, 23 February 2023</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Update Management of Musculoskeletal Problem in Primary Care</b> Dr. Ng Kai Man & Dr. Chan Ching	Ms. Eliza Chan Tel: 2468 6813

香港家庭醫學學院

仝人恭賀

2023  
新年快樂





# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 <b>Jan</b>	30	31	1 <b>Feb</b> 2:00 – 7:30 p.m. Structured Education Programme	2 4:00 – 6:00 p.m. Structured Education Programme	3	4 2:00 – 4:00 p.m. Interest Group in Mental Health 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
5	6	7	8 2:00 – 7:30 p.m. Structured Education Programme	9 4:00 – 6:00 p.m. Structured Education Programme	10	11 2:30 – 5:30 p.m. DFM Women's Health Workshop
12	13	14	15 2:00 – 3:00 p.m. Online Seminar 2:00 – 7:30 p.m. Structured Education Programme	16 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	17 7:00 p.m. Higher Training Introductory Seminar	18 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
19	20	21	22 2:00 – 7:30 p.m. Structured Education Programme	23 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	24 2:30 – 3:30 p.m. Video Session	25 2:00 – 4:00 p.m. Certificate Course on bringing Better Health to Our Community 2022
26	27	28	1 <b>Mar</b> 2:00 – 7:30 p.m. Structured Education Programme	2 4:00 – 6:00 p.m. Structured Education Programme	3	4 2:30 – 5:30 p.m. DFM Module III Structured Seminar
5	6	7	8 2:00 – 7:30 p.m. Structured Education Programme	9 4:00 – 6:00 p.m. Structured Education Programme	10	11 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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2<sup>nd</sup> row (from left to right): Dr. Maria Leung, Dr. Heidi Fung, Dr. Cheuk Christina, Dr. Leung Lok Hang, Prof. Martin Wong, Dr. John Tam and Dr. Yeung Wai Man  
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### Contact and Advertisement Enquiry

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