

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS



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Issue 226

Message from the President

The number of daily notifications of positive COVID-19 cases rose again to around ten thousand per day recently. COVID-19 vaccines can help prevent individuals from severe illnesses and complications after getting in contact with COVID-19. Recent local data provided evidence that people vaccinated with 2 or 3 doses have much lower fatality rate than the unvaccinated. Hence, it is strongly recommended that eligible persons (especially those aged under 12 as well as those aged 60 and above) to get vaccinated as soon as possible. (https://www.covidvaccine.gov.hk/pdf/death_analysis.pdf) Family doctors in private and public, please keep up your excellent work in putting more jabs to arms!

The eagerly awaited bivalent COVID-19 vaccine by BioNTech has arrived and the Government has recently announced its availability to be given as the third dose of COVID-19 vaccination (or the second dose for recovered persons), and for persons aged 18 or above and who had received four doses (or recovered adults who had received the third dose and had received the last dose or recovered for more than six months), if they choose to receive an additional dose of vaccine for better protection. In fact, relevant persons may choose to receive the Sinovac, the BioNTech ancestral strain vaccine or the BioNTech bivalent vaccine. In parallel, outreach medical teams have been arranged to visit residential care homes (RCHs) for the elderly and persons with disabilities to administer the BioNTech bivalent vaccine for residents. (https://www.info.gov.hk/gia/ general/202212/07/P2022120700402.htm)

As we are in the winter months, just a quick reminder that it is also the season when influenza could be prevalent. Seasonal Influenza Vaccination (SIV) is one of the effective means to prevent seasonal influenza and its complications, as



well as reduce influenza-related hospitalisation and death. People contracting influenza and COVID-19 simultaneously may become more seriously ill and have a higher death rate overall. Hence, it is important to receive both SIV and COVID-19 vaccination. Since influenza vaccines have an excellent track record of safety and effectiveness, all persons aged 6 months or above, except those with known contraindications, are recommended to receive SIV for better protection. [https://www.info.gov.hk/gia/general/202210/05/P2022100500280.htm?fontSize=1]

December is usually a very busy month due to many Collegial annual conferment ceremonies being held, and this year is no different as Colleges conclude their examinations results and arrange their awards and prizes. These ceremonies also provide ample opportunities for me to meet up with new and existing friends and colleagues from other specialty Colleges as well as international guests, in addition to a show of mutual support in training, assessment, quality assurance and beyond. It is also a great chance for new Fellows to show their gratitude towards their supervisors, trainers, parents and their loved ones who have provided strong support and care

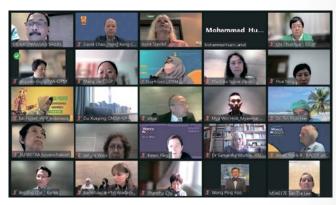
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Message from the President (Con't)

(Continued from page 1)

throughout the course of the postgraduate training despite the COVID-19 pandemic.

The WONCA Asia Pacific Region (APR) Conference took place from 5th to 7th December 2022 in Bali, Indonesia. This year, the conference theme was entitled, "Primary Health Care Transformation: Challenges and Opportunities for Family Medicine". The WONCA APR Council Meeting which I attended online also took place successfully on the 5th December using a hybrid meeting format.



Please keep well and stay safe.

Dr. David V K CHAO President

The Composition of HKCFP Council 2023

Following the 45th HKCFP Annual General Meeting and the 487th Council meeting on Sunday, 27 November 2022, the following Executives and Council Members were elected:

Dr. David VK CHAO President

Prof. Samuel YS WONG Vice-President (Education and Examinations)

Dr. Cecilia YM FAN

Dr. Billy CF CHIU

Dr. CHAN Hung Chiu

Dr. Anthony P FOK

Dr. Marcus MS WONG

Dr. Wendy WS TSUI

Vice-President (Eduction Council Council Council Member)

Council Member

Council Member

Council Member

Council Member

Congratulations. We extend our hearty welcome to the above candidates.





Fellows and Members attending the Annual General Meeting.

The Council would like to thank Dr. William WONG, Dr. Mary KWONG, Dr. Alvin CHAN and Dr. CHAN Chi Wai for their valuable contribution to the College in the past years.



The Composition of the Council 2022 – 2023 is as follows:

President Dr. David VK CHAO Vice-President (General Affairs) Dr. LAU Ho Lim

Prof. Samuel YS WONG Vice-President (Education & Examinations) **Honorary Secretary** Dr. Cecilia YM FAN **Honorary Treasurer** Dr. Billy CF CHIU Immediate Past President Dr. Angus MW CHAN

Council Members Dr. Simon CL AU Dr. LI Yim Chu

> Dr. CHAN Hung Chiu Dr. Matthew MH LUK Dr. King KH CHAN Dr. Lorna V NG Dr. Anthony P FOK Dr. NGAN Po Lun Dr. Ken KM HO Dr. Wendy WS TSUI Dr. Eric MT HUI Dr. Marcus MS WONG Dr. Welchie WK KO Dr. YIU Yuk Kwan Dr. Maria KW LEUNG Dr. Esther YT YU

Board of Censors Prof. Cindy LK LAM (Chief Censor)

> Dr. Stephen KS F00 Prof. Donald KT LI

Mr. Anthony WK CHOW has been re-appointed as Honorary Legal Advisor and Mr. CF CHEUNG has been re-appointed as **Honorary Auditor**.

The Chairperson of the various Boards and Committees 2022 - 2023 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination Dr. CHAN Hung Chiu **Board of Diploma in Family Medicine** Dr. Simon CL AU **Board of Education** Dr King KH CHAN **Board of Professional Development and Services** Dr. LAU Ho Lim **Board of Vocational Training & Standards** Dr. YIU Yuk Kwan Dr. David VK CHAO **Editorial Board** Specialty Board Dr. Wendy WS TSUI

Board of Censor Prof. Cindy LK LAM (Chief Censor)

> Dr. Stephen KS F00 Prof. Donald KT LI

Chairmen of Various Committees

Dr. Billy CF CHIU **Business Management Committee** Prof. Samuel YS WONG **Education Committee (AM affairs) External Affairs Committee** Dr. David VK CHAO **Finance Committee** Dr. Billy CF CHIU Dr. Wendy WS TSUI **FP links Committee**

Hong Kong Primary Care Conference Dr. Lorna V NG **House Management Committee** Dr. LAU Ho Lim **Internal Affairs Committee** Dr. Welchie WK KO Membership Committee Dr. Maria KW LEUNG **Public Education Committee** Dr. NGAN Po Lun

Quality Assurance & Accreditation Committee Dr. LI Yim Chu

Research Committee Prof. Samuel YS WONG Web and Computer Committee Dr. Matthew MH LUK Dr. Esther YT YU (Co-Chair) Young Doctors Committee Dr. Thomas MC DAO (Co-Chair)

Dr. Cecilia YM FAN Honorary Secretary

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **October – November 2022**:

Re-application

Resignation

Associate Membership

Dr. MAK Kin Mei 麥 鍵 美

Fellowship

Dr. CHAN Wan Ki 陳 芸 琦

HKCFP Membership Annual Subscription 2023 Announcement

Dear College Members,

Please note the following annual membership subscription fees will be effective from 1st Jan 2023.

Fellow Member: HK\$ 1,520.00

Full Member: HK\$ 1,020.00

Associate Member: HK\$ 1,020.00

Affiliate Member: HK\$ 380.00

Non-HKSAR Fellow Member: HK\$ 950.00

• Non-HKSAR Member: HK\$ 380.00

Student Member: HK\$ 126.00

Also, a 10% discount will be applied if the annual subscription fee 2023 is settled:

- by any accepted payment method on or before 28th February 2023, or
- through accepted e-payment, i.e. PayPal, on or before 30th June 2023 or
- through existing Autopay account to be proceeded by the Secretariat before 28th Feb 2023 (please contact the secretariat not later than 10th January 2023 if you would like to set up the autopay account).

Members please refer to the Debit Note of Annual Subscription 2023 to be issued at the end of December 2022 for detailed instructions and please also note the following important dates:

Early Bird Discount

 by any accepted payment method on or before 28th February 2023 (according to postal mark if paid by cheque). Post-dated and incorrect cheque are not accepted.

Discount

- paid by PayPal on or before 30th June 2023

Normal Rate

- from 1st March 2023 to 30th June 2023

Cut-off Date of Membership renewal

- 30th June 2023

Effective Date of Termination

- date-back from 1st January 2023

Should you have any inquiries, please do not hesitate to contact the Secretariat by phone to 2871 8899 or email membership@hkcfp.org.hk.

Thank you for your continuing support to the College.

Dr. Maria KW LEUNG

Chairlady

Membership Committee

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by <u>registered post</u> or <u>in-person</u> on or before **31**st **January 2023 (Tuesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2022 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by <u>registered post</u> or <u>in-person</u> on or before **28th February 2023 (Tuesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2022 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28**th **February 2023 (Tuesday)**.

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2025, please submit the application for higher training on or before **28th February 2023 (Tuesday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 17th February 2023 (Friday) for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information on our higher training programme.

Details of the seminar are as follows:

Speakers: Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &

Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date: 17th February 2023 (Friday)

Time : 7:00 p.m.

Venue: Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wan Chai

For registration, please fill in the form via scanning the QR code.

Higher Training Subcommittee

Should you have any inquiries regarding vocational training, please feel free to contact Ms. Maggie Cheung and Ms. Kathy Lai at 2871 8899 or email to BVTS@hkcfp.org.hk.

Board of Vocational Training & Standards, HKCFP

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists (Ver. Oct 2022)

For College members who are new registrants or those who would like to switch their MCHK CME Administrator to Hong Kong Academy of Medicine (HKAM) via College (with current cycle start date 1 January) **starting from 1st January 2023**, they must submit their Registration Consent Form to the College Secretariat before **22nd December 2022** (**Thursday**). The processing of MCHK CME records will be facilitated accordingly.

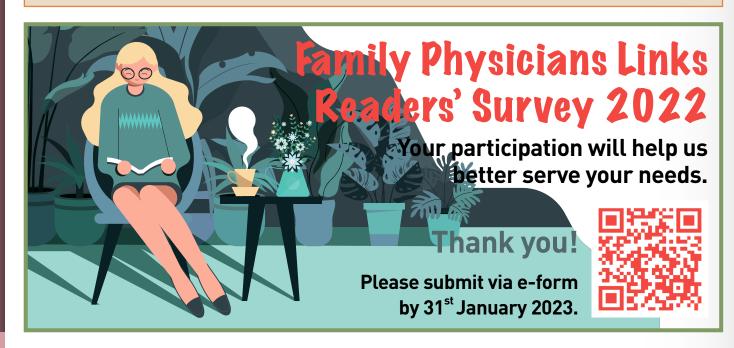
Interested members who are currently not registered with HKAM should note the following:

- 1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
- 2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has been completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
- 3. Overseas Conferences: please submit Attendance Records within one month of completion of the conference.
- 4. Self-study: please submit details of the programme within one month on completion of the self-study.
- 5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM. MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.**

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk Downloads > Quality Assurance & Accreditation. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangements. Late submission may not be processed.

HKCFP Secretariat



Quality Assurance & Accreditation Committee News (Con't)

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2022

Dear Members.

The credit point score of year 2022 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **28th February 2023**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2022** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2020-22**, please apply in writing with relevant supporting documents and \$500 administration fee **(non-refundable)** by cheque to QA&A Committee.

Please submit the application for additional accreditation with relevant supporting documents at your earliest convenience. Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles. Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2022 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **"Report on CME/CPD missing points from Pre-Accredited Activity"** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 28th February 2023

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying for additional accreditation, please send a cheque payable to "HKCFP Education Ltd" **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear sufficient postage before posting.

Application Form and Supporting Documents can be submitted by post to the above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further questions, please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. LI Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

As the 2020-2022 Cycle is going to be finalized, please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that colleagues **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2020-2022** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including at least 30 CPD points
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in ALL categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2022**, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2020-2022).

Another point to highlight is the various ways to gain CPD points, please refer to the table summarized by QA committee at: https://www.hkcfp.org.hk//upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf

Please see the "Regulations for Award of Quality Assurance 2020-22 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For Activities that are applicable to submit CPD Log, Corresponding Sentence "**Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)**" will be included in the Board of Education News published in FP links or through bulk email. The log is required to be submitted within one month after the lecture.

Journal:

Specify journal article published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice

('Online First' article is not counted)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer (* MCQ/ True or False Question; 50% or above correct answer is required)

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. LI Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Meeting Highlights

Online 42nd Annual Refresher Course 2022

1st session on 22 November 2022

Dr. CHAN Fei, Specialist in Geriatric Medicine, delivered a lecture on "Recombinant Zoster Vaccine – Decade of Protection".



Dr. MA
Ping Kwan,
Danny (right,
Moderator)
presenting
a souvenir
to Dr. CHAN
Fei (left,
Speaker).

4th session on 29 November 2022

Dr. Enoch WU, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "Screening, Monitoring and Treatment of Albuminuria in Diabetes".



A screenshot taken on 29 November 2022 Dr. Enoch WU (left, Speaker) and Dr. LO Yuen Chung, Yvonne (right, Moderator)

2nd session on 24 November 2022

Dr. MA Wai Kit, Specialist in Urology, delivered a lecture on "Optimal Management of BPH in 2022".



Dr. TSUI Hing Sing, Robert (right, Moderator) presenting a souvenir to Dr. MA Wai Kit (left, Speaker).

5th session on 1 December 2022

Dr. Carina LI, Specialist in Anaesthesiology, delivered a lecture on "Update on the Management of Trunk and Back Pain"



A screenshot taken on 1 December 2022 Dr. CHAN Chung Yuk, Alvin (left, Moderator) and Dr. Carina LI (right, Speaker)

3rd session on 27 November 2022

Dr. HAU Kai Ching, Specialist in Nephrology, delivered a lecture on "Optimizing the Care of Cardio-Renal Disease with SGLT2i" and Dr. CHENG Yiu Fai, Ryan, Specialist in Respiratory Medicine, delivered a lecture on "Asthma Management Updated: Less is More".



A screenshot taken on 27 November 2022 Dr. HAU Kai Ching (left, Speaker), Dr. CHENG Yiu Fai, Ryan (middle, Speaker) and Dr. TSE Sut Yee (right, Moderator)

6th session on 4 December 2022

Dr. Charles WONG, Specialist in Respiratory Medicine, delivered a lecture on "COPD: GOLD 2023 Update & Practical Management Strategies" and Dr. TSANG Kay Yan, Joseph, Specialist in Infectious Disease, delivered a lecture on "Vaccination Strategies to Minimise Risk for COPD Patients".



A screenshot taken on 4 December 2022
Dr. CHAN King Hong (left, Moderator), Dr. Charles WONG (middle, Speaker) and Dr. TSANG Kay Yan, Joseph (right, Speaker)

7th session on 6 December 2022

Prof. LEE Pui Wai, Alex, Specialist in Cardiology, delivered a lecture on "Renal Outcome in Patients on Oral Anticoagulant for Atrial Fibrillation".



Oral Anticoagulant for Atrial Fibrillation".

A screenshot taken on 6 December 2022 Dr. CHAN Ka Shing, Ricky (left, Moderator) and Prof. LEE Pui Wai, Alex (right, Speaker)

8th session on 8 December 2022

Dr. LAW Yuk, Specialist in General Surgery, delivered a lecture on "Chronic venous disease is not just a cosmetic problem - What is the treatment options?".



Dr. AU
Yeung Shiu
Hing (right,
Moderator)
presenting
a souvenir
to Dr. LAW
Yuk (left,
Speaker).

Online Seminar on 8 November 2022

Dr. CHUI Wing Ho, William, Specialist in Psychiatry, delivered a lecture on "Depression with Somatic Complaints".



Dr. AU Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. CHUI Wing Ho, William (left, Speaker).

Online Seminar on 14 November 2022

Dr. WONG Cheuk Lik, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "Time to Reconsider Gestational Diabetes?".



A screenshot taken on 14 November 2022 Dr. CHAN Ka Shing, Ricky (left, Moderator) and Dr. WONG Cheuk Lik (right, Speaker)

Online Dermatology Seminar on 19 November 2022

Dr. Chan Chun Yin, Johnny, Specialist in Dermatology & Venereology, delivered a lecture on "The Latest Evidence for the Management of Mild-to-Moderate Atopic Dermatitis".

A screenshot taken on 19 November 2022 Dr. CHAN Chun Yin, Johnny (left, Speaker) and Dr. LAM Wing Wo (right, Moderator)



YOUNG DOCTORS' COLUMN

A Basic Trainee's Experience During the Fifth Wave

Dr. Wong Calvin Alexander Basic Vocational Trainee in Kowloon West Cluster

Since COVID-19 cases surged, our clinic, West Kowloon General Out-patient Clinic (WK GOPC), had on-going amendments in clinic operation. We aimed to continue to provide the best care to our patients, while trying to maintain good infection control measures. I, together with other clinic staff, faced quite a high level of stress.

With the activation of Designated Clinics for COVID-19 patients, our clinic was transformed into a Drug Refill Clinic. Operationally, there were quite a lot of changes to be made. But with every clinic staff working together, we had a successful transition. In the end, we were catering for patients from three different GOPCs including our own. The transition was necessary at that time, yet it came at a cost. Monitoring of patients with chronic diseases became more difficult, and some with deterioration went unnoticed. Furthermore, with the cuts in normal clinic services, underprivileged patients who could not afford private medical service had much more difficulty receiving medical attention for medical illnesses other than COVID-19.

I was later deployed to South Kwai Chung Jockey Club GOPC (SKC JC GOPC), a Designated Clinic for COVID-19 patients. Before the availability of antiviral drugs, supportive and symptomatic treatments were the best that we could offer to most patients in the beginning. There were multiple times that I was genuinely worried about the patients with advanced age and multiple co-morbidities. Because of manpower shortage, ambulance services were also limited at that time. This brought extra stress to our clinic service - especially when patients with critical conditions came to our clinic, which unfortunately, was not a rare event. Though I was really grateful that my seniors and colleagues provided good support and guidance when I needed. With the availability of the anti-viral drugs later, I was really glad that we could provide high-risk patients with treatments that could much improve their prognosis.

Three weeks into my deployment to SKC JC GOPC, I was deployed to Hong Kong Infection Control Centre (HKICC), a hospital originally designed to receive patients with mild to moderate COVID-19 infections.

However, at that time, a rather large proportion of patients were high-risk elderly patients from old-aged homes – quite a number of them had received one dose or even no COVID-19 vaccination. Some of them had quite a rough disease course with prolonged stay, and many lost their lives eventually in HKICC. Though rather upsetting, the working experience in HKICC helped me to learn how to manage patients with more severe COVID-19 infections and their complications, and have a more comprehensive outlook on the impact that COVID-19 brought us.

Soon after the start of the fifth wave of COVID-19, training activities had to be adjusted. Our training seminars were changed to being held online. Clinic educational meetings were suspended, along with most training sessions. To me, the reduction in training opportunities was an unfortunate change. However, during these times, I also learnt something that I felt was really valuable. The fifth wave of COVID-19 made me consider how I should respond when the world around us was in need. I must admit: serving at the frontline of the battle against COVID-19 had not been something that I had considered priority by choice initially. But as the situation in Hong Kong worsened, our Department called for deployments to the Designated Clinics and HKICC. When I was faced with these decisions, I asked myself: what I would do when this happened in a place that I loved. In the end, I decided that this would be the most appropriate decision, with one of the considerations being that I was relatively young and had no children or elderly patients in my household - the risk would be lower even if I was infected from patient contact. And I never regretted these decisions. This brought growth to me, as it encouraged me to make future life decisions based on the will to make our city and world a better place.

The fifth wave of COVID-19 had an immense impact to Hong Kong, even more so for those who lost their loved ones. Though adjustments had to be made as a trainee, I was really honoured to be able to participate in the battle against COVID-19, doing my best to safeguard our city in times of crisis.

Melioidosis 類鼻疽

Introduction

Meliodidois a disease caused by the bacterium *Burkholderia pseudomallei* 類鼻疽伯克氏菌. It is also known as Whitmore's disease. Apart from affecting humans, it can also affect animals such as sheep, swine, cats, dogs, etc. This bacterium can be found in soils and muddy water and is particularly common in moist clay soils. It is endemic in Southeast Asia (e.g. Singapore and Thailand) and northern Australia.¹

Humans can become infected through contact with contaminated soil and surface waters (especially through skin abrasions/wounds); inhalation of contaminated dust/water droplets; and ingestion of contaminated water. Personto-person transmission is rare but may occur through contact with the blood or body fluids of an infected person.¹

Persons with underlying diseases including diabetes, lung disease, liver disease, renal disease, cancer, or immunosuppression have higher risks for contracting the disease. Agricultural, laboratory and health-care workers are also vulnerable to occupational exposure.¹

The incubation period varies, usually from 2 to 4 weeks, but can range from 1 day to few years.

Local situation in HK

Despite its recent high profile news coverage, melioidosis cases have actually been recorded in Hong Kong each year with 3-12 cases each year from Hospital Authority records between 2017-2020.

As of 12 November 2022, there have been 36 recorded cases of melioidosis with a cluster in Sham Shui Po and Shek Kip Mei district.² Ten patients have passed away, including four men and three women aged 54 to 93, with a majority of them having underlying diseases.

An investigation team led by personnel from the Hong Kong Polytechnic University found that four soil samples collected at a construction site at Pak Tin Estate Park (in Shek Kip Mei) tested positive to Burkholderia pseudomallei, the bacterium causing melioidosis. But all 107 environmental samples collected by the CHP in Sham Shui Po earlier and some other soil samples gathered at the construction site came back as negative.

On 11 November 2022, the Government published the Prevention and Control of Disease Ordinance (Amendment of Schedule 1) (No. 2) Notice 2022 in the Gazette to include melioidosis as a statutorily notifiable infectious disease under Schedule 1 to the Prevention and Control of Disease Ordinance (Cap. 599).³

Clinical features

Melioidosis may present with the following:

- localised infection (such as cutaneous abscess)
- pneumonia
- meningoencephalitis
- sepsis
- chronic suppurative infection.

Depending on the site of infection, common symptoms include:

- fever
- headache
- localised pain or swelling, ulceration
- chest pain, cough, haemoptysis, and
- swelling of regional lymph nodes.¹

Case fatality is <10%, except in acute septicemic melioidosis, which is frequently fatal.

Acute pulmonary infection is the most common form. It varies from mild to overwhelming necrotizing pneumonia. Fever is usually >39°C and there may be haemoptysis. Chest x-rays usually show upper lobe consolidation, frequently cavitating and resembling tuberculosis. Nodular lesions, thin-walled cysts, and pleural effusion may also occur.

Localized suppurative infection can occur in almost any organ but is most common at the site of inoculation in the skin (or lungs) and associated lymph nodes. Acute suppurative parotiditis is common among children in Thailand. Patients may be afebrile.

Acute septicemic infection begins abruptly, with septic shock and multiple organ involvement manifested by disorientation, extreme dyspnea, severe headache, pharyngitis, upper abdominal colic, diarrhea, and pustular skin lesions.

Diagnosis and Investigations

- Staining and culture and PCR: B. pseudomallei can be identified in exudates by methylene blue or Gram stain and by culture and PCR. Blood cultures often remain negative except when there is marked bacteremia (eg, in septicemia). Serologic assays are often unreliable in endemic areas because positive results may be due to previous infection.
- Chest x-rays: show irregular, nodular (4 to 10 mm) densities but may also show lobar infiltrates, bilateral bronchopneumonia, or cavitary lesions.
- Ultrasonography or CT of the abdomen and pelvis: can help to detect abscesses which may not be obvious on clinical presentation. There may be hepatosplenomegaly.
- Biochemistry: Liver tests, aspartate aminotransferase (AST), and bilirubin are often abnormal. Renal insufficiency and coagulopathy may be present in severe cases. The white blood cell count is normal or slightly increased.

Treatment

Mainstay treatment of melioidosis is antibiotics. Long-term treatment may be necessary for some chronic infection cases with several weeks of IV antibiotics followed by a prolonged course of an oral drug. Asymptomatic melioidosis needs no treatment.

Symptomatic patients are given: ceftazidime for 2 to 4 weeks⁴ (meropenem and imipenem are considered in patients with critical illness⁵). Oral eradication therapy with trimethoprim/sulfamethoxazole (or doxycycline if not tolerated) for 3 to 6 months is prescribed to prevent relapse.

Prevention

No vaccine is available for melioidosis. Prevention depends on largely on hygiene measures:

- Avoid contact with contaminated soil.
- Wear appropriate protective clothing or footwear when participating in activities with possible contact with soil or water, e.g. use gloves and wear boots.
- Wash or shower after exposure to contaminated water or soil. Let tap water run for one minute at the start of the day before using it for brushing teeth, washing face or bath.
- Always clean any wounds as soon as possible and cover any cuts or grazes with waterproof dressings.
- Wash hands with liquid soap and water after handling with soils or gardening.
- Observe food hygiene and avoid drinking unboiled or untreated water.
- Travellers can contract the disease through outdoor water sports. Risk of infection can be minimised by avoiding exposure to water sources (such as rivers, ponds or lakes) that might be contaminated.

The bacterium of melioidosis in the soil and muddy water may expose to the ground after typhoons or storms, and would spread easier with strong wind and storms. As such, the number of melioidosis cases may increase afterwards.

Reference:

- 1. Centre for Health Protection, Department of Health, HKSARG. (2022) Health Topics: Melioidosis. Available at: https://www.chp.gov.hk/en/healthtopics/content/24/101110.html (Accessed: 24th Nov 2022)
- 2. Press Releases, HKSARG. (2022) Available at: https://www.info.gov.hk/gia/general/202211/12/P2022111200559.htm (Accessed: 27th Nov 2022)
- 3. Press Releases, HKSARG. (2022) Available at: https://www.info.gov.hk/gia/general/202211/11/P2022111100374.htm (Accessed: 27th Nov 2022)
- White NJ, Dance DA, Chaowagul W et al. (1989) Halving of mortality of severe melioidosis by ceftazidime. Lancet. 2(8655):697.
- Stephens DP, Thomas JH, Ward LM et al. (2016) Melioidosis Causing Critical Illness: A Review of 24 Years of Experience From the Royal Darwin Hospital ICU. Crit Care Med. 44(8):1500.

Compiled by Dr. Cheng Ghar Yee, Judy

The Diary of a Family Doctor【家庭醫生的日常】

《請給自己掌聲》

冼銘全醫生

62歲女士,一直有輕微濕疹,但這數月間每天都發出 痕癢皮疹,身、腿甚至外耳道都痕癢非常。 沒有發現特 別的致敏源。她進來診療室的一剎那,我感覺她人很繃 緊。説話快,反應快,卻背着一堆重擔。

:「最近有無咩壓力?」

女士:「我星期一至日都有壓力。」這是預計中的答 案。「公司星期一至日都開,做貿易,我唔睇 住唔得嘅。」

:「係自己生意?」

女士:「唔係,打工,但係自己都好享受呢份工作。做 得都會繼續做。」

一星期工作七天,都好享受?看來是她需要工作帶給她 意義, 這意義推動她不斷向前衝。

:「屋企有咩人?」

女士:「同老公住,仔女都去晒外國做嘢,老公成日都 叫我唔好做,要唞吓。」

:「你有幾多兄弟姊妹?」

女士:「有10幾個!我排中間。」

:「你覺得細個嘅時候父母對你點樣?」

女士:「父母冇乜理我,但係我就要做足120分。對 佢哋, 對我自己啲仔女都係, 我要求自己做到

:「做到足,想證明比邊個睇?」

女士突然眼泛淚光,説不下去。

:「其實妳已經贏得身邊所有人嘅掌聲,連你老 公見到你都覺得心痛,想妳休息吓。唯一妳未 得到嘅係自己嘅掌聲。你一直尋求其他人嘅肯 定,來堆砌成自己嘅價值,卻忽略發展自已內 裏嘅價值。妳一直為其他人向前衝,卻無停下 來聽聽自己內心嘅聲音。身體都被你推動得太 疲累,免疫系統紊亂,身體最大嘅器官皮膚都 出聲喇,你有冇聽過自己身體嘅聲音?」

女士落下淚來。 那些苦,那些 冤屈,都随着眼 淚出來。我要她 思考一下前面的 路,要她發展自 己的興趣,要真 正為自己生活。

我盼望, 這樣醫治 她的濕疹,會比藥 物有效。

The Diary of a Family Doctor 家庭醫生的日常

We welcome articles on interaction with patients in your daily practice. Submissions up to 400 words in English or 600 words in Chinese are always welcome. Email: FPLinks@hkcfp.org.hk



The HKCFP Awards for the Best Research and Best Trainee Research of 2022

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2022. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following 'The HKCFP Award for the Best Research', the Research Committee is pleased to organize an additional award, 'The HKCFP Award for the Best Trainee Research', specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2023.

Please note that each applicant can only apply for one of the above Awards

Entry and assessment criteria are listed below:

Entry Criteria:

For Best Research Paper:

- 1. The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.
- 2. The research must be original work of the investigator(s).
- 3. The research should have been conducted in Hong Kong.
- 4. The research must have been completed.
- 5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

For Best Trainee Research Paper:

- 1. The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.
- 2. For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.
- *3. The research must be original work of the investigator(s).*
- 4. The research should have been conducted in Hong Kong.
- 5. The research must have been completed.
- 6. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

Assessment Criteria:

- 1. How relevant are the topic and findings to Family Medicine?
- 2. How original is the research?
- 3. How well is the research designed?
- 4. How well are the results analyzed and presented?
- 5. How appropriate are the discussion and conclusion(s) drawn?
- 6. How useful are the results for patient care in the discipline of Family Medicine?
- 7. How much effort is required to complete the research study?

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. "The HKCFP Award for the Best Research of 2022" or "The HKCFP Award for the Best Trainee Research of 2022", on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,

99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Or, by email to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 30 March 2023

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2023

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- · Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)
- * Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.

How to apply

- 1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
- 2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
- 3. Applications close on: **30 March 2023**. Late applications will not be accepted.
- 4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, by email to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund



Hong Kong Primary Care Conference 2023 "Flourishing Primary Care: Family Doctor for Everyone"

23rd - 25th June 2023 (Friday - Sunday)

It gives me immense pleasure to invite you on behalf of the Hong Kong College of Family Physicians and the 2023 Organizing Committee to the 13th Hong Kong Primary Care Conference which will be held online from 23rd to 25th of June 2023.

The theme of this year's conference is "Flourishing Primary Care: Family Doctor for Everyone". The lessons learnt from the COVID pandemic have rekindled the need for a robust primary healthcare and stimulated innovative policy solutions in many countries to accelerate the transformation of healthcare systems with an emphasis on the promotion of primary healthcare. The recent HKSAR Chief Executive's 2022 Policy Address has shown a strong commitment to revamping the healthcare system from a treatment-oriented, hospital-based structure to a prevention-focused, community-based system, via investment in additional resources to promote primary healthcare. Furthermore, it also advocates the promotion of the "Family Doctor for All" concept as the essential foundation for sustainable people-centric primary healthcare in the community. Over the years, our College has always been a strong proponent of "Everyone should have a Family Doctor" concept as local and international studies have shown that healthcare systems with strong primary healthcare teams led by Family Doctors have proven to be more cost effective and sustainable.

Our annual hallmark conference will continue to captivate our participants with exciting yet diverse arrays of plenary sessions, seminars, workshops and discussion forums. Our workshops will resume the face to face mode to allow more interactive hands-on learning. Furthermore, I warmly invite you to submit abstracts to our signature clinical case competition as well as full research paper and free paper competitions.

I welcome you all to yet another inspiring and rewarding experience in this coming conference.

Sincerely yours,

Dr. Lorna Ng Chairlady, Organizing Committee Hong Kong Primary Care Conference 2023

BOARD OF EDUCATION NEWS

Certificate Course on Bringing Better Health to Our Community 2022/23

Co-organized by

Queen Elizabeth Hospital, Our Lady of Maryknoll Hospital and Hong Kong College of Family Physicians

Dates : 26 November 2022, 17 December 2022, 14 January 2023, 25 February 2023 (Saturdays)

Time 2:00pm - 4:00 pm Lecture & Discussion

Venue : Video Conference

Course Fee : Free Accreditation: pending

Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more.

Programme Schedule

Dates	Time	Topics	Speakers	
26	2:00 4:00 pm	Management on Long COVID	Dr. Choi Kin Wing Consultant and Specialist in Infectious Disease, Chinese University of Hong Kong Medical Centre	
November 2022 (Sat)		Introduction of District Health Centre Express (Kowloon City & Yau Tsim Mong District)	Mr. Ng Chak Hang, Matthew Medical Services Manager, Lok Sin Tong Benevolent Society, Kowloon	
(Sat)		Long Term Psychological Impact of COVID	Dr. Lam Chun Specialist in Psychiatry, Private Practice	
17 December	2:00 	Latest Advances in Hyperlipidemia Management	Dr. Chan Kam Tim Consultant, Department of Medicine, Queen Elizabeth Hospital	
2022 (Sat)	4:00 pm	Advances in Osteoporosis Treatment	Dr. Benjamin Au Yeung Associate Consultant, Department of Medicine, Queen Elizabeth Hospital	
14	2:00 4:00 pm	Update on Management of Parkinson's Disease	Dr. Chan Hiu Fai Associate Consultant, Department of Medicine, Queen Elizabeth Hospital	
January 2023		Introduction of District Health Centre (Wong Tai Sin District)	Ms. Lee Fung Ling, Judy Senior Care Coordinator, Wong Tai Sin District Health Centre	
(Sat)		Approach and Management of Limb Numbness - Peripheral Neuropathy	Dr. Simon Chan Resident Specialist, Department of Medicine, Queen Elizabeth Hospital	
25 February 2023 (Sat)	2:00 4:00 pm	Update on Management of Menorrhagia	Dr. Samson Lau Associate Consultant, Department of Obstetrics & Gynaecology, Kwong Wah Hospital	
		Approach to Managing Throat Discomfort	Dr. Lau Wai Yip, Stephen Part-time Consultant, Department of Ear, Nose & Throat, Queen Elizabeth Hospital	

Registration will be first come first served.

Please scan the QR code to complete the registration.

For enquires, please contact Ms. Emily LAU at 3506-8610 / Ms. Crocus LAN at 3506-8143.



Notes :

- 1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
- 2. The link to join the online seminar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the online seminar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.

 3. Please note you can just attend **ONE** CME activity at a time. If it is found that the attendee is attending more than one
- CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s)
- 4. Members who have attended less than 3/4 of the length of the online seminar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issues, please note that private recording of the lecture is prohibited.
- 8. Registration will be closed 3 days prior to each session.

BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there would be some online seminars to be conducted via the Zoom webinar platform in the coming months with the details below:

Online Seminars					
Date and Time	Торіс	Speaker	Moderator		
7 Jan (Sat) 2:00 – 3:30 p.m.	Online Dermatology Seminar Holistic Treatment for Atopic Dermatitis with Different Severities Sponsored by Pfizer Corporation Hong Kong Limited	 Dr. Chan Hau Ngai, Kingsley Specialist in Dermatology and Venereology Dr. Wong Hing Wing, Alex Specialist in Dermatology and Venereology 	Dr. Lam Wing Wo		

QR Code for registration

7 January 2023 (Sat)



Accreditation:

7 January : 2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of

Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics			
30 December (Fri) 2:30 – 3:30 p.m.	"Updated Management of IBS in the Primary Care Setting" by Dr. Lam Long Yan			
27 January (Fri) 2:30 – 3:30 p.m.	Recent Breakthrough in Gut Microbiome Based Non-Invasive Colorectal Cancer Screening" by Dr. Sunny Wong			

QR Codes for registration

30 December 2022 (Fri) 27 January 2023 (Fri)





Accreditation : 1 CME Point HKCFP (Cat. 4.2)

1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of

Professional Development Log)

*CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.

Admission Fee

: Member Free

(For all online seminars)

Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-

refundable nor transferable.

Registration Method

Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk

or call 2871 8899. Thank you.

Notes: Online Events

1. In case of over-subscription, the organizer reserves the right of final decision to accept registration.

- 2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- 3. Please note you can just attend **ONE** CME activity at a time. If it's found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- 4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/True or False Questions; 50% or above of correct answers are required)
- 6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
- 7. Due to copyright issue, please note private recording of the lecture is prohibited.
- 8. Registration will be closed 3 days prior to the event.



BOARD OF EDUCATION NEWS

Structured Education Programmes

Free for members HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 04	January 2023		
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vocational Training Program for Family Medicine in Hong Kong Dr. Lam Sze Yan	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Health Care Delivery System in HK Dr. Peng Xu & Dr. Or Sui Kei, Alison	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Management of Common Fractures in OPD Setting Dr. Ludwig Tsoi	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Role of FM Dr. Tang Yeung On & Dr. Chan Hei Wai, Venus	Mr. Alex Kwok Tel: 5569 6405
Thursday, 05 Ja	nuary 2023		
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Coordination of Multi-disciplinary Care in the Community Dr. Fan Siu Wai & Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 11	January 2023		
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Introduction and Application of FM Principles Dr. Lam Yat Hei	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEH	Approach to Abnormal Laboratory Results (Radiology) Dr. Mak Shen Rong, Sharon & Dr. Daniel Poon	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Management of Headache and Migraine in Primary Healthcare Dr. Mona Tse	Ms. Cherry Won Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Update of COAD and Asthma Dr. Chu Pui Ling, Candice & Dr. Ng Ka Wai, Will	Mr. Alex Kwok Tel: 5569 6405
Thursday, 12 Ja	nuary 2023		
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Application of Wood's Lamp Examination in Primary Care Dermatology Dr. Ho Tsz Bun & Dr. Sheng Wei Yang	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 18	January 2023		
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Leicester Assessment Package (LAP) Part 1 (Introduction) Dr. To Kit Yuk	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Common Symptoms in Surgery Dr. Chan Kwun Hung & Dr. Lam Hiu Ching, Natasha	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Management of Electrolyte Disturbances Dr. Gary Chan	Ms. Cherry Wong Tel: 2589 2342
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Electrolytes Disturbance Dr. Ge Shicong, George & Dr. Tong Hiu Tung, Christy	Mr. Alex Kwok Tel: 5569 6405
Thursday, 19 Ja	nuary 2023		
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Ethical Challenges Related to the Use of Big Data in Primary Healthcare Dr. Cheuk Tat Sang & Dr. Chan Cho Shan	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 26	January 2023		
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	How to Enhance Patient Satisfaction in the Consultation Dr. Ip Chung Ho & Dr. Chan King Hang	Ms. Eliza Chan Tel: 2468 6813
		I The state of the	



COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Jan	2	3	2:00 – 7:30 p.m. Structured Education Programme	4:00 – 6:00 p.m. Structured Education Programme	6	7 2:00 – 3:30 p.m. Interest Group in Dermatology 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
8	9	6:30 p.m. Exit Exam Research Forum	2:00 – 7:30 p.m. Structured Education Programme	4:00 – 6:00 p.m. Structured Education Programme	6:30 p.m. Exit Exam Clinical Audit Forum	2:00 – 4:00 p.m. Certificate Course on Brining Better Health to Our Community 2022 2:30 – 5:30 p.m. DFM Consultation Skills Workshop 2
15	16	17	2:00 – 7:30 p.m. Structured Education Programme	19 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	20	21
22	23	24	25	26 4:00 – 6:00 p.m. Structured Education Programme	27 2:30 – 3:30 p.m. Video Session	28
29	30	31	1 Feb 2:00 – 7:30 p.m. Structured Education Programme	2 4:00 – 6:00 p.m. Structured Education Programme	3	4 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
5	6	7	8 2:00 – 7:30 p.m. Structured Education Programme	9 4:00 – 6:00 p.m. Structured Education Programme	10 7:00 p.m. Higher Training Introductory Seminar	11 2:30 – 5:30 p.m. DFM Women's Health Workshop

FP LINKS EDITORIAL BOARD 2022



Back row (from left to right): Dr. Sin Ming Chuen, Dr. Chan Man Li, Dr. David Cheng, Dr. Sze Hon Ho, Dr. Ho Ka Ming, Dr. Fok Peter Anthony, Dr. Yip Tsz Hung, Dr. Alfred Kwong and Dr. Alvin Chan 2nd row (from left to right): Dr. Maria Leung, Dr. Heidi Fung, Dr. Cheuk Christina, Dr. Leung Lok Hang, Prof. Martin Wong, Dr. John Tam and Dr. Yeung Wai Man

Front row (from left to right): Dr. Law Tung Chi, Dr. Tsui Hiu Fa, Dr. Judy Cheng, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Natalie Yuen, Dr. Anita Fan and Dr. Natalie Siu

Contact and Advertisement Enquiry

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The Hong Kong College of Family Physicians
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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes

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