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Message from the President

The 2022 Policy Address has recently been delivered by the Chief Executive of Hong Kong Special Administration Region (HKSAR). The Hong Kong College of Family Physicians (HKCFP) welcomes the Government's strong determination and commitment to revamp the healthcare system from a treatment-oriented, hospital-based structure to a prevention-focused, community-based system, by investing additional resources to promote primary healthcare. And we have issued a press release on 28 October 2022 on this topic.

The Primary Healthcare Blueprint, which is anticipated to be published by end of this year, will focus on promoting the "Family Doctor for All" concept as the essential foundation for sustainable people-centric primary healthcare in the community. Over the decades, the HKCFP has been advocating that "Everyone should have a Family Doctor", as local and international research has shown people with personal family doctors had better health and less utilisation of hospital services. Family Doctors provide accessible continuing comprehensive whole-person patient-centred care to people of all ages throughout the different stages in life. Family Doctors are "specialists in people", trained to enable individuals and families to manage their acute and chronic problems, provide anticipatory and preventive care, and coordinate multi-disciplinary care for people according to their needs throughout their life journey. Healthcare systems with strong primary healthcare teams led by Family Doctors have proven to be more

cost-effective and can improve patient satisfaction. In order to be better prepared for the future primary healthcare service needs, the HKCFP reiterates that it is of paramount importance to allocate more Family Medicine training positions. For the local population of 7.5 million, we have projected that Hong Kong needs to have at least 100 new Family Doctor training posts annually to provide sustainable primary healthcare services. The time to act is now.

The HKCFP applauds the Government's initiative in setting up the Primary Healthcare Authority (PHA) for better coordination and governance of primary healthcare services across the public and private sectors. As one of the founding colleges of Hong Kong Academy of Medicine, the HKCFP is committed to the accreditation and training of Family Medicine specialists in Hong Kong since her establishment in 1977. HKCFP is responsible for the postgraduate education and training of Family Doctors. We organise a full spectrum of continuing professional development programmes to suit the different needs of primary care doctors in various stages of their career including Continued Medical Education, structured Certificate and Diploma courses in Family Medicine, and Specialist


(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)

Fellowship and Exit Examinations. Our College is eagerly looking forward to working closely with the PHA and the Health Bureau in connecting with Family Doctors in the community.

With the ageing population, increasing prevalence of chronic disease, and the prolonged waiting time for specialist services in the public hospitals, it calls for a service re-engineering whereby Family Doctors partner with the District Health Centres (DHCs) to ensure the delivery of the best primary, secondary and tertiary prevention of chronic diseases, e.g. hypertension and diabetes mellitus. Over 70% of primary care services in Hong Kong is provided by the private sector. Hence, the HKCFP welcomes and fully supports the Government in setting up a mechanism to purchase service from the private practitioners so that the ever-increasing workload in the public sector can be shared effectively and efficiently with the private sector. Our ultimate goal is to enable the best use of resources to achieve quality primary care for all people in Hong Kong.

Our Conjoint Fellowship Examination has been held successfully in recent weeks. Many thanks to our Board of Conjoint Examination and the College secretariat who have been liaising with the Royal

Australian College of General Practitioners (RACGP) continuously to make the smooth running of the Examination possible. We are grateful towards the RACGP for their ongoing support for the Conjoint Examination. Last but not least, we are indebted to the candidates and the examiners who have shown their staunch support and patience for the Examination. All the best to the candidates again!

Please keep well and stay safe.



Conjoint Examination QA Examiners (left to right): Dr. Angus Chan, Dr. David Chao, Dr. Loretta Chan, Dr. Chan Hung Chiu, Dr. Stephen Foo and Dr. Ruby Lee

Dr. David V K CHAO
President

The 45th HKCFP Annual General Meeting

The 45th Annual General Meeting (AGM) of the Hong Kong College of Family Physicians will be held on **27 November 2022 (Sunday)** with the following details.

Date & Time : 27 November 2022 (Sunday), 10:30 – 11:30a.m.

Venue : Room 802, 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai, Hong Kong

Admission : Members only

In order to facilitate social distancing measures due to the COVID-19 pandemic, registration is required.

Please register by email to admin@hkcfp.org.hk.

For any other enquiry, please contact Ms. Erica So, General Manager, at 2871 8899 or email to EricaSo@hkcfp.org.hk.

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Exit Examination of HKCFP in 2022.

Dr. Chan Ham	Dr. Fung Kevin Koon Fun	Dr. Ng Kwok Fai	Dr. Yan Chi Yung
Dr. Chan Kiu Pak Kilpatrick	Dr. Lam Ting Chung Matthew	Dr. Ng Ngai Mui	Dr. Yau Tang Fai
Dr. Chan Lam	Dr. Lau Ka Man	Dr. Ng Yui Wing	Dr. Yen Pang Fei
Dr. Chan Yin Yue Yeni	Dr. Leung Lai Man	Dr. Wong Chung Yan	Dr. Yung Hiu Ting
Dr. Cheuk Hiu Ying	Dr. Lim Martina		

Congratulations to you all!

Dr. Wendy Tsui
Chairlady, Specialty Board



Congratulations!

**Special Badge for Fellows of
HKAM in Family Medicine**

The Diary of a Family Doctor【家庭醫生的日常】

放鬆有利

冼銘全醫生

68歲女士，有心臟病、胃潰瘍、焦慮症，在不同的專科跟進。今天由丈夫陪同到診。

女士：「我條脷痛咗好多年，疫情關係冇去到複診，請你轉介我返去專科睇。」

我：「睇咗咁耐，專科話你條脷係咩事呢？」

女士：「冇講過，每次摸吓條脷，睇吓，話無生癌。」

丈夫：「佢條脷朝朝起身都好多牙印。睇過幾個專科、牙科，照埋個腦(CT)，都話冇問題。」

我：「除咗脷痛平時仲有啲咩唔舒服㗎？」

女士：「口乾、耳鳴、失眠…」

答案很明顯。

我：「我一陣解釋你聽點解會脷痛。想知多少少妳嘅背景…妳有幾多兄弟姐妹？」

女士：「4個，我排最細。」

我：「妳覺得細個時父母對妳點？」

一提到父母，她臉色一沉。她仍常常想起10年前過身的母親，並一直內疚讓母親在家摔了一跤，令母親身體每況愈下。

女士已退休，和丈夫同住，有兩個兒子，都已成家。她常說擔心兒子們的生活、疫情下的工作。她亦負責照顧一位

智障的姐姐，常到院舍打點。問及她有甚麼興趣鬆弛自己，她想了一番，說沒有。

我：「雖然第一次見妳，但感覺妳一直好在意其他人嘅感受。妳對各家庭成員好忠心，但就忽略自己，沒有在意自己的感受。呢啲壓力難受一直積累，令到神經系統紊亂。神經系統負責嘅功能，例如妳身上好多肌肉嘅收縮放鬆，都出現問題，包括妳條脷。壓力大嘅人，好多會出現牙關咬緊、條脷放鬆唔到一直頂向牙關，刷牙都感覺到啲牙咬實晒，所以脷有牙印，有啲磨牙磨到牙都蝕埋，都係來自情緒問題。口乾耳鳴失眠，道理相若。妳依家最重要做兩樣嘢，一，同我多啲出去玩，搵啲新嘅興趣比自已。二，同我學習放鬆嘅技巧，例如靜觀練習，轉頭比埋資料妳，ok?」

兩夫婦聽着，有點驚訝，略有所悟。最後沒有轉介，沒有開藥，只叮囑他們要仔細聆聽身體的聲音。

The Diary of a Family Doctor 家庭醫生的日常

We welcome articles on
interaction with patients in
your daily practice.
Submissions up to 400 words
in English or 600 words in
Chinese are always welcome.
Email: FPLinks@hkcfp.org.hk

Classified Advertisement

Accredited Private FM Centre invites Energetic Specialists for expanding group practice in TuenMun/KwaiFong. Paediatricians with developmental assessment skills most welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com [Amy CHAN] 9212-6654.

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **31st January 2023 (Tuesday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2022 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Maggie Cheung and Ms. Kathy Lai at 2871 8899.

Basic Training Subcommittee,
Board of Vocational Training and Standards

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists (Ver. Oct 2022)

For College members who are new registrants or those who would like to switch their MCHK CME Administrator to Hong Kong Academy of Medicine (HKAM) via College (with current cycle start date 1 January) **starting from 1st January 2023**, they must submit their Registration Consent Form to the College Secretariat before **22 December 2022 (Thursday)**. The processing of MCHK CME records will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the follows:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has been completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Records within one month of completion of the conference.
4. Self-study: please submit details of the programme within one month on completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Downloads > Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangements. Late submission may not be processed.

HKCFP Secretariat

Quality Assurance & Accreditation Committee News (Con't)

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2022

Dear Members,

The credit point score of year 2022 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **28 February 2023**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2022** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2020-22**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2022 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **"Report on CME/CPD missing points from Pre-Accredited Activity"** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 28 February 2023

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying additional accreditation, please send a cheque payable to "HKCFP Education Ltd" **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear sufficient postage before posting.

Application Form and Supporting Documents can be submitted by post to the above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. King Chan

Chairman, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

As the 2020-2022 Cycle is going to be finalized, please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that colleagues **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2020-2022** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2022**, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2020-2022).

Another point to highlight is the various ways to gain CPD points, please refer to the table summarized by QA committee at: <https://www.hkcfp.org.hk/upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf>

Please see the "Regulations for Award of Quality Assurance 2020-22 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For Activities that are applicable to submit CPD Log, Corresponding Sentence **"Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)"** will be included in the Board of Education News published in FP links or through bulk email. The log is required to be submitted within one month after the Lecture.

Journal:

Specify journal article published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice
(* 'Online First' article is not counted)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer
(* MCQ/ True or False Question; 50% or above correct answer is required)

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **September – October 2022**:

New Application

Associate Membership

Dr. CHAN Queenie Chi Ying
Dr. ZHANG Xiao

陳 芷 盈
章 曉

Re-application

Associate Membership

Dr. TANG Sai Kit, Bernard

鄧 世 傑

Transferral

Transfer to Non-HKSAR Fellowship

Dr. WONG Chung Tao

黃 頌 濤

Resignation

Full Membership

Dr. CHAN Kit Choi

陳 傑 材

Meeting Highlights

Certificate Course in Ophthalmology for Primary Care Doctors 2022 co-organized with The College of Ophthalmologists of Hong Kong (COHK)

6th session on 16 October 2022

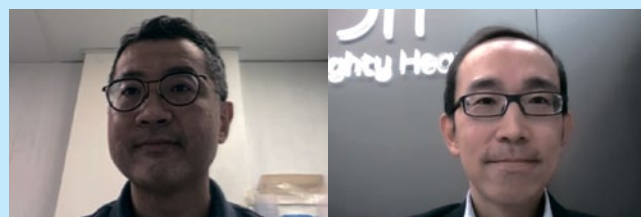
Dr. NG Lap Ki, Alex, Specialist in Ophthalmology, delivered a lecture on "Refractive Surgery & Cataract Surgery" on 16 October 2022.



Dr. TSE Sut Yee (right, Moderator) presenting a souvenir to Dr. NG Lap Ki, Alex (left, Speaker).

Online Seminar on 11 October 2022

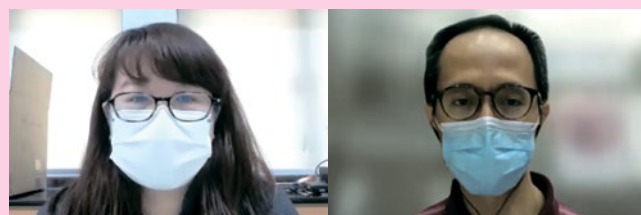
Dr. WONG Man Lok, Specialist in Cardiology, delivered a lecture on "High heart rate and atrial fibrillation".



A screenshot taken on 11 October 2022
Dr. CHAN Ying Ho, Andrew (left, Moderator) and Dr. WONG Man Lok (right, Speaker)

Online Seminar co-organized with Hong Kong Paediatric and Adolescent Dermatology Society (HKPADS) on 29 October 2022

Ms. CHAN Yuk Hing, Advanced Practice Nurse, Department of Paediatric and Adolescent Medicine, United Christian Hospital, delivered a lecture on "Practical management tips for coping with eczema".



A screenshot taken on 29 October 2022
Ms. CHAN Yuk Hing (left, Speaker) and Dr. LUK Chi Kong, David (right, Moderator)

我的工作日記 之 指定診所「特別任務」

譚仲豪醫生（九龍中醫院聯網 家庭醫學及普通科門診部）

2022年8月

至今，新冠疫情暫未有減退跡象，我亦收到了特備的新工作指令，就是被調派到所屬聯網的新冠肺炎指定診所(Designated COVID Clinic)工作。



新環境的主要任務就是負責遙距視像診症(Tele-Care)之崗位。對於需要實行一個從來沒有進行過的診症模式，老實說，我也有點戰戰兢兢。究竟遙距診症是否能順利進行？病人或者我能否適應？於系統的局限之中會否遇上困難？雖然已事先了解在場的硬件配套，以及怎樣去操作相關的診症系統，心中仍會有一堆令人不安的疑問。

記得頭幾天，首要難題就是要習慣一些事先講解給病人的「開場白」：

「你好，我是指定診所的醫生。今天你預約了我們的遙距視像診症服務。」

首先解釋一下，因為受到視像診症局限，我們今天只有問診而無法進行詳盡的身體檢查。不過為了可以儘早將適切的治療提供給你，我們今天會嘗試以這個方式去處理你的病情…另外亦請你明白鑒於系統設定上的限制，我們無法在這裏簽發病假紙以及其他文件，希望你能諒解。如需要相應的證明文件以及隔離令，你可以於衛生署申報病情後，經衛生防護中心的平台下載相關文件…我們就此開始這個視像診症，ok？」

HA Go遙距醫療 流程

- 1 登記及繳費*
- 2 接收HA Go推送通知 接駁視像會診
 - 允許使用手提電話的相機及咪高峰
(若您拒絕HA Go使用相機及咪高峰，你將不能參與視像會診)
- 3 職員進行身份核證
- 4 醫生進行視像會診
- 5 按情況需要，護士跟進相關事宜



於網絡世界以新科技進行診症，心底裏多多少少都會有點不安及心理壓力。於「有圖有真相」的現今世界裡，若果視像診症不當地被有心無意「cap圖」或暗中錄影，再被輾轉放上網供人大肆討論的話，我能幻想到這將會是每個醫生都不會想遇到的終極惡夢。視像診症始終有一定程度的私隱隱患，所以於視像中說的每一句話我都格外比平時更慎言，事前亦會再三熟讀相關的治療及用藥指引以免回答問題時「唔熟書、唔Update、講亂咗」在病人面前出醜，最後於開藥前的解說工作也比平常診症付出更加多功夫，比平時問多幾次「你明唔明白？」去確認畫面中的另一方能消化重要資訊。

不過於熟習整個過程後，我也見到系統人性化，好的一面，就是以遙距的模式診症，無需病人或醫護人員長途跋涉，可以於短時間接觸全香港不同區域，不同社會階層的病人進行「家訪」。看到病人在自己熟悉的空間中能夠放鬆心情向醫生道出病情，畫面中的他們背後就是其家居環境，頓然會有點溫暖「貼地」的感覺。而且有病人年紀都較為老邁，所以用這種方式探訪「人哋阿爸阿媽」，突然又會令自己回想到家中兩老。若果有一天他們也病倒了並因隔離而困在家中，有問題又未必知道可以找誰幫助，他們亦會像如此一樣徬徨無助…心想到這裡，就會盡量回答他們的提問。雖然這樣做法確實很費神，有些長者甚至要「講大聲啲，講慢啲」才能聽到視像中的對話。其他“Hiccups”例如連線問題、硬件故障、有畫面沒有聲音也不是罕見的「蝦碌」事故。結果將本來最簡單熟悉的問診程序，也會變成連說話都需要比平常用更加多的時間及氣力完成…記得第一日放工後，很久也沒有試過身心俱疲的感覺，連聲也沙了。

雖然於任務中付出了不少努力，作為醫護人員亦已習慣不求回報，有幸仍發現不少病人會表現感恩有人可以用這種方式去幫助困於家中的他們。我亦習慣每次診症尾段給畫面中的病友講聲「祝早日康復，大家也要加油！Bye Bye!」大多數的病人都會在此刻報以微笑，整體上這個都算是一個快樂的經歷。

最後亦要與大家分享的是，一個成功的視像診症，除了醫生在「幕前」大約十多至二十分鐘的「聲音導航」外，亦不能忘記「幕後」的一班同事的功勞，例如IT同事於第一日「試業」時的即場技術支援，隊伍中的文員同事及護士在背後遙距協助病人安裝及使用相關軟件，護士長幫助理順診症流程，以及所屬醫院的藥劑同事提供給病人的藥物輔導(Drug Counselling)和策劃藥物及物資的送遞工作…所以能成功完成一個診症，其實需要很大量的人力及物力資源通力合作以完成使命。

當視像診症變成電話診症時

小城大夫

八十多歲的獨居婆婆，住在離島偏遠的鄉村。八月初的一個星期六早上身體不適，新冠快速檢測陽性。婆婆唯一倚靠的女兒同時也不幸確診新冠，被隔離在市區，不能前來協助。

婆婆非常徬徨，嘗試打電話到指定診所求助，但由於太遠及不懂得前往，未能成功求醫。婆婆又覺得病情未算太嚴重，不願意報警或到急症室。

婆婆由診所支援文職同事轉介，嘗試視像診症。不幸的是，可能由於訊號接收不佳或技術問題，一直就是未能成功連接視像診症系統。

正當各同事都束手無策，想放棄之時（打算建議婆婆打民政事務處熱線尋求支援），大夫想起他在亞博館新冠肺炎社區治療設施的經驗，”為何不先用電話跟婆婆談談，先評估一下，再作決定？”

於是，大夫用電話跟婆婆聯繫，在有線電話裏了解婆婆的病況，雖然大夫努力嘗試協助婆婆使用視像診症系統，但是最終還是未能成功連接。當知道婆

婆身體情況尚算穩定後，大夫做了一個決定：用電話遙距診症。之後，團隊排除一切艱難，順利將婆婆需要的抗病毒藥物，由速遞員派到身處離島的婆婆家裏。

之後的幾天，透過電話跟進婆婆的情況，知道她的鄰居都很幫忙，照顧婆婆的起居飲食。一星期後，婆婆完成新冠藥物療程後已經痊癒，女兒也完成檢疫來到探望婆婆，婆婆非常感激大夫，女兒也向團隊表達謝意！

給婆婆一個民政事務處的電話，或是一個報警安排送院，是很簡單容易的處理。但是，這又是不是最好的安排呢？

漫長而又無情的疫症中，或許阻隔了人與人之間的距離。

但是，如果我們仍能堅持著那顆助人的初心，我們總能攜手走出逆境！



About Sodium Azide

In view of the concurrent 5th wave of the COVID pandemic, many of us should now be familiar with the Rapid Antigen Tests (also mentioned separately in FP Links, Feature, Feb 2022). There has recently been concerns raised with one of the chemicals that may appear in some of these RAT kits – Sodium Azide.

What is Sodium Azide?

Sodium Azide (疊氮化鈉) is the inorganic compound with the formula NaN_3 . This colorless salt is commonly known as the gas-forming component in car airbag systems. It is also used during the preparation process of other azide compounds. Due to the bacteriostatic nature of the compound by inhibiting cytochrome oxidase in gram-negative bacteria, it is also commonly used as a preservative in reagent solutions, such as the reagent solutions of RAT kits.

As an ionic substance, sodium azide is colorless, tasteless, and odorless and is known to be highly soluble in water as well as very acutely poisonous with no specific antidote for intoxication. From literature, it was known that fatal doses occur with exposures of 700mg (10mg/kg), whilst recorded nonlethal doses ranged from 0.3 to 150mg (0.004 to 2mg/kg). With hypotension being the key clinical symptom of toxicity, additional health effects included mild complaints of nausea, vomiting, diarrhea, headache, dizziness, temporary loss of vision, palpitation, dyspnea, and temporary loss of consciousness or mental status decrease. More severe symptoms and signs included marked decreased mental status, seizure, coma, arrhythmia, tachypnea, pulmonary edema, metabolic acidosis, and cardiorespiratory arrest. Anatomically, it was also known to produce extrapyramidal symptoms with necrosis of the cerebral cortex, cerebellum, and basal ganglia. Whilst biochemically, it is known to increase cyclic GMP levels in the brain and liver by activation of guanylate cyclase.

Concerning the RAT kits, there had been documented accounts of accidental exposures of the reagents solutions, ranging from misunderstanding the directions on a home testing kit and putting the extraction solution in their nose with the swab, mistaking the extraction vial from home COVID test for antibiotic eye drops, and kids accidentally ingested the extraction vial contents, etc.

Should we be worried about this?

There is no current database available about which brand of RAT kits in Hong Kong contains sodium azide, and the amount within the reagents if it is used. So far, only a few

brands have officially declared to the public that they are "sodium azide free".

Despite sodium azide being a very potent poison, and ingestion of relatively low doses can cause significant toxicity, the US National Capital Poison Center had concluded that the amount of sodium azide in most rapid antigen kits is much lower than the amount expected to cause poisoning if swallowed by an adult.

Some practical tips:

After reviewing all information available from the net, I have summed up these practical points concerning safety when handling the RAT kits, such that we can remind our patients that:

- These RAT kits are not toys, and the kits, like all medications and household chemicals, should be stored up and out of sight and reach of children.
- They should read kit instructions and follow directions to ensure accurate test results.
- When finished with the kit, dispose immediately.

If suspected exposure to a reagent substance containing sodium azide occurs:

- In cases of suspected ingestion, do not make the person vomit.
- For eye exposures, rinse the eyes for 15-20 minutes with warm tap water.
- For skin exposures, rinse the skin well with tap water.
- And for patients with suspected symptoms requiring further medical attention, he/ she should be directed to the nearest emergency service with access to poison center service for handling.

Reference:

1. Chang, Soju; Lamm, Steven H. (2003-05-01). "Human Health Effects of Sodium Azide Exposure: A Literature Review and Analysis". *International Journal of Toxicology*. 22 (3): 175–186. doi:10.1080/10915810305109. ISSN 1091-5818. PMID 12851150. S2CID 38664824.
2. Kimura, Hiroshi; Mittal, Chandra K.; Murad, Ferid (1975-10-23). "Increases in cyclic GMP levels in brain and liver with sodium azide an activator of guanylate cyclase". *Nature*. 257 (5528): 700–702. Bibcode:1975Natur.257..700K. doi:10.1038/257700a0. PMID 241939. S2CID 115294.
3. Information from National Capital Poison Center (US) - <https://www.poisson.org/articles/i-swallowed-liquid-from-a-covid-19-test-kit>
4. Information from Upstate New York Poison Center - <https://www.upstate.edu/news/articles/2022/2022-01-21-covidpoison.php>

Compiled by Dr. Tam John Hugh



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS BOARD OF EDUCATION

- Activities are supported by the HKCFP Foundation Fund.
- Private Video Recording is not allowed.

42nd Annual Refresher Course 2022 (Online)

In light of the COVID-19 situation, please note the 42nd Annual Refresher Course (ARC) will be held **online via zoom Webinar platform** from 22 November (Tuesday) to 11 December 2022 (Sunday). There will be **six** weekday online lectures and **three** Sunday online lectures.

As the course will go online this year, please note the following updated arrangement for CME accreditation:

- ✧ **1 CME** point will be awarded for each weekday online lecture and **3 CME** points for each Sunday online lecture according to Category 4.5 (MCHK CME pending).
- ✧ Participants are required to attend a minimum of 75% of the length of each online lecture and complete a post-lecture evaluation within 7 days from the lecture date for HKCFP & MCHK accreditation.
- ✧ The link to the MCQs will be sent to participants for each session of the Refresher Course if available, i.e. there are a maximum of 9 sets of MCQs. The MCQ answers have to be submitted **latest by 31 December 2022 (Saturday)**. Members will be awarded **1 extra HKCFP CME point** for scoring over 60% for each set of MCQs. Following the MCHK guideline, handouts and MCQs would be confined to participants who have attended the session if available.
- ✧ Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

The ARC, a traditional annual event of the College, has been running for a quarter of a century. Those who have attended 70% or more of all the sessions of the Refresher Course will be awarded an "e-Certificate of Attendance". Members who have attended the ARC for ten consecutive years or more will be awarded one free admission for the whole course. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

Registration is now open. As the number of seats are limited, it will be offered on a first come, first served basis. **Please also note that admission fees are non-refundable nor transferable.** Ten free registrations for each online lecture will be offered to student members who wish to apply for free registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899.

Sunday Online Lectures

Time : 2:00 p.m. – 4:30 p.m. Lectures and Discussion

Date	Topics	Speakers
27 Nov (Sun)	Diabetic Kidney Disease Management and Asthma 1. Optimizing the Care of Cardio-Renal Diseases with SGLT2i 2. Asthma Management Updated: Less is More <i>Sponsored by AstraZeneca Hong Kong Limited</i>	1. Dr. Hau Kai Ching <i>Specialist in Nephrology</i> 2. Dr. Cheng Yiu Fai, Ryan <i>Specialist in Respiratory Medicine</i>
4 Dec (Sun)	Chronic Obstructive Pulmonary Disease (COPD) 1. Diagnosing COPD in Family Medicine Care: What has Real Life Practice Got to Do with Guidelines? 2. Vaccination Strategies to Minimise Risk for COPD Patients (Tentative) <i>Sponsored by GlaxoSmithKline Limited</i>	1. Dr. Charles Wong <i>Specialist in Respiratory Medicine</i> 2. Dr. Tsang Kay Yan, Joseph <i>Specialist in Infectious Disease</i>
11 Dec (Sun)	Heart Failure and Angina 1. New and Individualized Approach in Heart Failure Management: What More We Can Do for our Patients? 2. Optimal Management of Angina <i>Sponsored by Servier Hong Kong Limited</i>	1. Dr. Thomas Tunggal <i>Specialist in Cardiology</i> 2. Dr. Leung Sai Chau <i>Specialist in Cardiology</i>

Weekday Online Lectures

Time : 2:00 p.m. – 3:00 p.m. Lectures and Discussion

Date	Topics	Speakers
22 Nov (Tue)	Herpes Zoster Recombinant Zoster Vaccine – Decade of Protection <i>Sponsored by GlaxoSmithKline Limited</i>	Dr. Chan Fei <i>Specialist in Geriatric Medicine</i>
24 Nov (Thu)	Benign Prostatic Hyperplasia (BPH) Optimal Management of BPH in 2022 <i>Sponsored by GlaxoSmithKline Limited</i>	Dr. Ma Wai Kit <i>Specialist in Urology</i>
29 Nov (Tue)	Diabetic Kidney Disease Screening, Monitoring and Treatment of Albuminuria in Diabetes <i>Sponsored by Bayer Healthcare Limited</i>	Dr. Enoch Wu <i>Specialist in Endocrinology, Diabetes & Metabolism</i>
1 Dec (Thu)	Low Back Pain Management Update on the Management of Trunk and Back Pain <i>Sponsored by A. Menarini Hong Kong Limited</i>	Dr. Carina Li <i>Specialist in Anaesthesiology</i>
6 Dec (Tue)	Atrial Fibrillation Renal Outcome in Patients on Oral Anticoagulant for Atrial Fibrillation <i>Sponsored by Bayer Healthcare Limited</i>	Prof. Lee Pui Wai, Alex <i>Specialist in Cardiology</i>
8 Dec (Thu)	Venous Disease Chronic venous disease is not just a cosmetic problem - What are the treatment options? <i>Sponsored by Servier Hong Kong Limited</i>	Dr. Law Yuk <i>Specialist in General Surgery</i>

Registration Fees

Whole Course (6 weekday & 3 Sundays online lectures) are:

College Members : HK\$300.00
Non-members : HK\$600.00

Single online lecture is:

College Members : HK\$ 50.00
Non-members : HK\$ 100.00

Remarks: Topic(s) is/are subject to change without prior notice. Online lectures will be conducted in English.



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

42nd Annual Refresher Course (Online)

22 November – 11 December 2022

Email: education@hkcfp.org.hk / Fax: 2866 0616 / Tel: 2871 8899

Dear Sir / Madam,

I am a Member/ Non-Member* of the Hong Kong College of Family Physicians. (*please delete as appropriate)



Please scan the QR code in order to complete the registration at zoom webinar by filling in the required information and select the date(s) you would like to join. If you would like to join the full course, please select all dates.

Discount will be given to members joining 6 sessions or more. Members are strongly recommended to register for full course if they would like to join 6 sessions or more at initial registration. Subsequent registration will follow the normal fee.

REPLY SLIP

Registration Fee	Full Course	Each online lecture	No. of sessions	Total Amount
Member	\$300.00 <input type="checkbox"/>	\$50.00	_____	_____
Non-Member	\$600.00 <input type="checkbox"/>	\$100.00	_____	_____

Payment Method:

- ☐ **By cheque:** Please return this reply slip together with your cheque to the secretariat for administrative purposes. Cheques should be made payable to "HKCFP Foundation Fund" and returned to the secretarial office address below for processing:
"Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK"
- ☐ **By FPS :** For local transaction only. Can pay through online banking or through Alipay. Secretarial staff would further email you once the e-debit note with payment details is ready.
- ☐ **By PayPal:** Secretarial staff would further email you once the e-debit note with the PayPal link is ready.

Name: _____ Member ID: _____ Cheque No (if applicable): _____

Email: _____ Mobile: _____ Date: _____

- Notes:**
1. Confirmation would be sent upon completion of registration online and receipt of registration fee.
 2. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 3. The link to join the online lecture **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
 4. **Please note you can just attend ONE CME activity at a time. If the attendee is found to be attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).**
 5. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
 6. **Please be reminded to complete and submit the post-lecture survey after the session for HKCFP and MCHK CME point(s) accreditation; and to complete the MCQs if available for the extra HKCFP CME point. (*MCQs/ True or False Question; 60% or above of correct answers are required)**
 7. Please be reminded to check the system requirements beforehand to avoid any connection issues.
 8. Due to copyright issues, please note that private recording of the lecture is prohibited.

Certificate Course on Bringing Better Health to Our Community 2022/23

Co-organized by

Queen Elizabeth Hospital, Our Lady of Maryknoll Hospital and Hong Kong College of Family Physicians

Dates : 26 November 2022, 17 December 2022, 14 January 2023, 25 February 2023 (Saturdays)
 Time : 2:00pm - 4:00 pm Lecture & Discussion
 Venue : Video Conference
 Course Fee : Free
 Accreditation : pending
 Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more.

Programme Schedule

Dates	Time	Topics	Speakers
26 November 2022 (Sat)	2:00 4:00 pm	Management on Long COVID	Dr. Choi Kin Wing Consultant and Specialist in Infectious Disease, Chinese University of Hong Kong Medical Centre
		Introduction of District Health Centre Express (Kowloon City & Yau Tsim Mong District)	Mr. Ng Chak Hang, Matthew Medical Services Manager, Lok Sin Tong Benevolent Society, Kowloon
		Long Term Psychological Impact of COVID	Dr. Lam Chun Specialist in Psychiatry, Private Practice
17 December 2022 (Sat)	2:00 4:00 pm	Latest Advances in Hyperlipidemia Management	Dr. Chan Kam Tim Consultant, Department of Medicine, Queen Elizabeth Hospital
		Advances in Osteoporosis Treatment	Dr. Benjamin Au Yeung Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
14 January 2023 (Sat)	2:00 4:00 pm	Update on Management of Parkinson's Disease	Dr. Chan Hiu Fai Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
		Introduction of District Health Centre (Wong Tai Sin District)	Ms. Lee Fung Ling, Judy Senior Care Coordinator, Wong Tai Sin District Health Centre
		Approach and Management of Limb Numbness - Peripheral Neuropathy	Dr. Simon Chan Resident Specialist, Department of Medicine, Queen Elizabeth Hospital
25 February 2023 (Sat)	2:00 4:00 pm	Update on Management of Menorrhagia	Dr. Samson Lau Associate Consultant, Department of Obstetrics & Gynaecology, Kwong Wah Hospital
		Approach to Managing Throat Discomfort	Dr. Lau Wai Yip, Stephen Part-time Consultant, Department of Ear, Nose & Throat, Queen Elizabeth Hospital

Registration will be first come first served.

Please scan the QR code to complete the registration.

For enquires, please contact Ms. Emily LAU at 3506-8610 / Ms. Crocus LAN at 3506-8143.





- Notes :**
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 - The link to join the online seminar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the online seminar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
 - Please note you can just attend **ONE** CME activity at a time. If it is found that the attendee is attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
 - Members who have attended less than 3/4 of the length of the online seminar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
 - Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
 - Please be reminded to check the system requirements beforehand to avoid any connection issues.
 - Due to copyright issues, please note that private recording of the lecture is prohibited.
 - Registration will be closed 3 days prior to each session.

BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there would be some online seminars to be conducted via the Zoom webinar platform in the coming months with the details below:

Online Seminars			
Date and Time	Topic	Speaker	Moderator
10 Dec (Sat) 1:45 – 4:45 p.m.	Online Vaccinology and Vaccination Symposium: 1. COVID and influenza vaccination 2. Vaccine confidence and hesitancy + vaccine communication 3. Vaccination in special / immunocompromised population 4. Life course immunisation and healthy aging <i>Supporting organisers: Hong Kong Society of Infectious Disease (HKSID) and Hong Kong Society of Paediatric Immunology, Allergy and Infectious Diseases (HKSPIAID)</i> <i>Sponsored by GlaxoSmithKline Limited</i>	1. Dr. Kwan Yat Wah <i>Specialist in Paediatric Immunology and Infectious Diseases; Immediate Past President, Hong Kong Society for Paediatric Immunology Allergy and Infectious Diseases</i> 2. Dr. Lam Wing Wo <i>General Practice</i> 3. Dr. Wilson Lam <i>Specialist in Infectious Disease</i> 4. Prof. John Tam <i>Visiting Professor, Department of Applied Biology and Chemical Technology, The Hong Kong Polytechnic University, Hong Kong; Director and Chairman, Asia-Pacific Alliance for the Control of Influenza (APACI)</i>	Dr. Chan Chi Wai, Edmond
12 Dec (Mon) 2:00 – 3:00 p.m.	Online Seminar: What a Family Physician/ General Practitioner Needs to Know & Assess for Patient Presenting with Chest Pain at Your Clinic? <i>Sponsored by Merck Pharmaceutical (HK) Limited</i>	Dr. Lau Yuk Kong <i>Specialist in Cardiology</i>	Dr. Tsui Hing Sing, Robert



QR Code for registration

10 December 2022 (Sat)	12 December 2022 (Mon)	Accreditation :
		10 December : 3 CME Points HKCFP [Cat. 5.2] 3 CME Points MCHK (pending) <i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i> 12 December : 1 CME Point HKCFP [Cat. 4.3] 1 CME Point MCHK (pending) <i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i>

Online Monthly Video Sessions

Dates and Time	Topics
25 November (Fri) 2:30 – 3:30 p.m.	“Approaches to Strange Symptoms in Family Practice (OCD, Hallucinations, Mixed Symptoms)” by Dr. Lo Tak Lam
30 December (Fri) 2:30 – 3:30 p.m.	“Updated Management of IBS in the Primary Care Setting” by Dr. Lam Long Yan

QR Codes for registration

25 November 2022 (Fri)	30 December 2022 (Fri)	Accreditation :
		1 CME Point HKCFP [Cat. 4.2] 1 CME Point MCHK (pending) <i>Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)</i>

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
 (For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquires about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
	<ol style="list-style-type: none"> In case of over-subscription, the organizer reserves the right of final decision to accept registration. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. Please note you can just attend ONE CME activity at a time. If it's found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) Please be reminded to check the system requirements beforehand to avoid any connection issues. Due to copyright issue, please note private recording of the lecture is prohibited. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Thursday, 01 December 2022			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Pay-for-Performance System in the United Kingdom Medical Health System Dr. Tong Ka Hung & Dr. Sung Cheuk Chung	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 07 December 2022			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	How to Hold a Journal Club? Dr. Yam Hei Tung	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, 10/F, YCK, Kwong Wah Hospital	Occupational Health Dr. Yu Xiaoxia & Dr. Lee Ka Kei	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Research Method Dr. Siu Yuen Tung, Vivianna	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Management of Electrolyte Disturbances Dr. Gary Chan	Ms. Cherry Wong Tel: 2589 2342
Thursday, 08 December 2022			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	How to Identify our Own Competence and Deficiencies as Family Physicians? Dr. So Kwok Ho & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 14 December 2022			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Exercise Prescription Dr. Chan Sin Hang	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital	Common Symptoms in Dermatology (1) (Skin Rash) Dr. Lam Hiu Ching, Natasha & Dr. Cheung Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	FM Training in Other Countries Dr. Chan Hei Wai, Venus & Dr. Wong Hiu Yeung, Leo	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Common Symptom Complaints – Tremor Dr. Jackie Lee	Ms. Cherry Wong Tel: 2589 2342
Thursday, 15 December 2022			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Endocrine Disease with Cases Sharing – DM Dr. Feng Longyin & Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 21 December 2022			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	What is Medical Negligence? Dr. Lam Yat Hei	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, Queen Elizabeth Hospital	Consultation Enhancement (Physical Examination: Foot & Ankle and Video Consultation) Dr. Chau Kei Wai & Dr. Kwan Oi Lam, Natalie	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Disinfection and Sterilization Dr. Ng Ka Wai, Will & Dr. Chu Pui Ling, Candice	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	The Red book: Hong Kong Medical Council's Professional Code and Conduct Dr. Elaine Fung	Ms. Cherry Wong Tel: 2589 2342
Thursday, 22 December 2022			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Occupational Health & OSH at Primary Care Clinic Dr. Li Shun Hoi & Dr. Lo Cheuk Wai	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 28 December 2022			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Evidence Based Infection Control Measure in GOPD Dr. Lee Wai Chun	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Room 7, 8/F, Yau Matei General Out-patient Clinic	Introduction to Conjoint Fellowship Examination (Part II) Dr. Tam Wah Kit	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	Common Symptom Complaints – Skin Itchiness Dr. Clarice Tse	Ms. Cherry Wong Tel: 2589 2342
Wednesday, 29 December 2022			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Difficult Patients, Heart Sinks & the Dysfunctional Consultation Dr. Flora Wu & Dr. Lau Lai Na	Ms. Eliza Chan Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Nov 10:30 a.m. HKCFP Annual General Meeting 11:30 a.m. HKCFP Council Meeting 2:00 – 4:30 p.m. Annual Refresher Course 2022	28	2:00 – 3:00 p.m. Annual Refresher Course 2022 9:00 p.m. Board of DFM Meeting	30 2:00 – 7:30 p.m. Structured Education Programme	1 Dec 2:00 – 3:00 p.m. Annual Refresher Course 2022 4:00 – 6:00 p.m. Structured Education Programme	2	3 2:30 – 5:30 p.m. DFM Orthopaedic Injection Workshop
4 2:00 – 4:30 p.m. Annual Refresher Course 2022	5	2:00 – 3:00 p.m. Annual Refresher Course 2022 7:00 – 9:00 p.m. Exit Exam Refresher Training Course (CSA)	7 2:00 – 7:30 p.m. Structured Education Programme	8 2:00 – 3:00 p.m. Annual Refresher Course 2022 4:00 – 6:00 p.m. Structured Education Programme	9 7:00 – 9:00 p.m. Exit Exam Refresher Training Course (Research)	10 1:45 – 4:45 p.m. Online Vaccinology and Vaccination Symposium 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement
11 2:00 – 4:30 p.m. Annual Refresher Course 2022	12 2:00 – 3:00 p.m. Online Seminar	13	14 2:00 – 7:30 p.m. Structured Education Programme	15 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	16 7:00 – 9:00 p.m. Exit Exam Refresher Training Course (Clinical Audit)	17 2:00 – 4:00 p.m. Certificate Course on Brining Better Health to Our Community 2022 2:30 – 5:30 p.m. DFM Module III Structured Seminar
18	19	20	21 2:00 – 7:30 p.m. Structured Education Programme	22 4:00 – 6:00 p.m. Structured Education Programme	23	24
25	26	27	28 2:00 – 7:30 p.m. Structured Education Programme	29 4:00 – 6:00 p.m. Structured Education Programme	30 2:30 – 3:30 p.m. Video Session	31
1 Jan	2	3	4 2:00 – 7:30 p.m. Structured Education Programme	5 4:00 – 6:00 p.m. Structured Education Programme	6	7 2:00 – 4:00 p.m. Dermatology Interest Group

Red : Education Programmes by Board of Education
 Green : Community & Structured Education Programmes
 Purple : College Activities

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 2nd row (from left to right): Dr. Maria Leung, Dr. Heidi Fung, Dr. Cheuk Christina, Dr. Leung Lok Hang, Prof. Martin Wong, Dr. John Tam and Dr. Yeung Wai Man
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