

## INSIDE THIS ISSUE

Issue 224 October 2022

01 [Message from the President](#)

02 [Message from the President \(Con't\),  
College News:](#)

02 [Board of Conjoint Examination  
News](#)

03 [Specialty Board News](#)

06 [家庭醫生的日常; Membership  
Committee News](#)

07 [Young Doctors Committee News](#)

09 [News Corner: Biological Treatment in  
Moderate to Severe Eczema](#)

10 [Feature: COVID-19 Tele-consultation  
– Milestone of Primary Care for  
Community COVID-19 Patients](#)

12 [After Hours: M+ 博物館遊記](#)

14 [Learning Points](#)

16 [College News: Meeting Highlights](#)

17 [Board of Education News](#)

20 [College Calendar](#)

## Message from the President

The Government Vaccination Programme (GVP) and Vaccination Subsidy Scheme (VSS) 2022/23 has just been launched at the beginning of October and the Centre for Health Protection (CHP) of the Department of Health (DH) has appealed to the public to receive seasonal influenza vaccination (SIV) for better protection in the forthcoming winter influenza season. SIV is one of the effective methods to prevent seasonal influenza and its complications, and to reduce influenza-related hospitalisation and mortality. It is important for people to receive both SIV and COVID-19 vaccination if no contraindications exist, as patients who have contracted influenza and COVID-19 simultaneously may become more seriously ill. (<https://www.info.gov.hk/gia/general/202210/05/P2022100500280.htm?fontSize=1>) Besides, a surge in influenza A notifications has been reported earlier than usual in Australia compared with previous years. One of the contributing factors being postulated is the relatively lower proportion of the population have been vaccinated against influenza. Furthermore, there has been little natural influenza infection for the past 2 years due to the pandemic control measures against COVID-19. The herd immunity against circulating viruses may be lower compared with previous years. The data may provide a sign for a possible earlier and more severe influenza season in the northern hemisphere. In fact, health leaders in the UK are also recommending people to get double jabbed to prevent serious illness in the wake of a possible "twindemic". (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9348822/>)

Therefore, as frontline family doctors, we should take the lead and facilitate our patients to take the vaccinations as soon as possible.

With the tremendous support of sponsorship by The Hong Kong Jockey Club Charities Trust, The Hong Kong Jockey Club Disaster Preparedness and Response Institute (HKJCDPRI) was set up in 2014. Based at and led by the Hong Kong Academy of Medicine, the HKJCDPRI aims at better preparing the community in Hong Kong to respond to various forms of disasters through people-centred, all-hazards and multi-sectoral disaster risk reduction strategies. The HKJCDPRI has organised Professional Development Programmes, Public Engagement and Education Programmes and Disaster Education at School Programmes to build capacities of target groups in preparing for and responding to emergencies by raising disaster awareness, delivering the required knowledge and enhancing the required skills for coping with disasters. A Commemorative Booklet for the HKJCDPRI is published providing an overview of the many initiatives and activities organized by the Institute since its establishment in 2014 through to its conclusion in October 2022. Please feel free to access the Booklet via the following link. ([https://www.hkjcdpri.org.hk/flipbook/commemorative\\_booklet/mobile/index.html](https://www.hkjcdpri.org.hk/flipbook/commemorative_booklet/mobile/index.html))



(Continued on page 2)

## Message from the President (Con't)

*(Continued from page 1)*

As we are in the last quarter and approaching the end of the year, several important events will take place, one being the Fellowship Examination. The written segment has taken place smoothly last month and the clinical part is just around corner to be held from 22-23 October. Immediately following that would be our Exit Examination with details announced in the current issue of FPLinks. Therefore, I would like to take this opportunity to wish all the candidates the best of luck!

Furthermore, the Annual Refresher Course which is usually held towards the end of the year is another

annual event for our College Members and Fellows. The Refresher Course provides an update on various important clinical topics relevant to primary care practice and serves as an additional opportunity for continuing medical /professional development. Please stay tuned for the relevant announcement to come in due course.

Please keep well and stay safe.

**Dr. David V K CHAO**  
President

## Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 36<sup>th</sup> Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2022.

Dr. Chan Chung Po	Dr. Huang Wanshu	Dr. Peng Xu	Dr. Wong Tat Ming Ronald
Dr. Chan Fung Yuen	Dr. Ip Alvina	Dr. Poon Lai Ping	Dr. Wong Tsz Yan
Dr. Chan Ka Wing	Dr. Kwan Chun Yin	Dr. Shen Yu Wei	Dr. Wong Yin Sum
Dr. Chan Sze Ling	Dr. Lam Chun Yin Jeffrey	Dr. Sun Dione Tinoi	Dr. Woo Tiffany
Dr. Chau Kei Wai	Dr. Lam Natasha Hiu Ching	Dr. To Sum Yi	Dr. Wu Flora
Dr. Cheung Ada See Wai	Dr. Lam Yat Hei	Dr. Tong Kwan Nok	Dr. Wu Sum Yi
Dr. Cheung Chloe Cheuk Kan	Dr. Lee Wan Hon Vincent	Dr. Tsang Lai Ting	Dr. Yan Dorcas
Dr. Cheung Jessica	Dr. Leung Ching	Dr. Wen Yongna Wendy	Dr. Yu Kwun Nam
Dr. Ge Shicong	Dr. Li Kwok Ho	Dr. Wong Anthea	Dr. Zhang Dingzuan
Dr. Ho Ka Ki	Dr. Ma Ka Yee	Dr. Wong Bo Hang	
Dr. Ho Ka Yan	Dr. Ng Sin Yu	Dr. Wong Ching Sze	
Dr. Ho Sze Ho	Dr. Noh Young Ah	Dr. Wong Ho Ching	

Congratulations to you all !



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Specialty Board News

### 2023 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2023 Full Examination of Vocational Training in Family Medicine.

#### ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full or limited registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Program in the preceding year
- Have a qualification in family medicine / general practice; which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Had completed higher training in Family Medicine; **OR expected to do so by 28 February 2023**; as certified / approved by the Board of Vocational Training and Standards (BVTs), HKCFP.

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTs for

- ✦ Certification of completion of higher training **OR**
- ✦ Recommendation to sit for Exit Examination 2023

- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:
  - ✦ Clinical Audit: the starting date must be within 3 years before the exam application deadline
  - ✦ Research: the date of ethics approval must be within 3 years before the exam application deadline
  - ✦ Practice Assessment: submit valid Practice Management Package (PMP) report
- From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination

Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.

#### IMPORTANT DATES

##### First-attempt candidate:

Deadline of Exit Examination application:	<b>1 November 2022</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>18 September to 31 October 2022 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>3 January 2023</b>
Examination periods for Practice Assessment and Consultation Skills Assessment	<b>Period A : 1 December 2022 to 31 January 2023</b>
	<b>Period B : 1 February 2023 to 31 March 2023</b>

##### Re-attempt candidate:

Deadline of Exit Examination application:	<b>1 December 2022</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>27 November 2022 to 14 January 2023 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>3 January 2023</b>
Examination periods for Practice Assessment and Consultation Skills Assessment	<b>Period B : 1 February 2023 to 31 March 2023</b>

#### APPLICATION & EXAMINATION FEES

Application forms are available at the College Secretariat, HKCFP or can be downloaded at the College website:  
[http://www.hkcfp.org.hk/pages\\_6\\_88.html](http://www.hkcfp.org.hk/pages_6_88.html)

The following documents are required when submitting the application:

- A copy of the certificate of completion of higher training, **OR** recommendation letter to sit for 2023 Exit Examination, from BVTs, HKCFP

2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the subsequent section of this announcement):
  - i. **FOUR COPIES** of all the required attachments (Attachment 1 to 13);
  - ii. ONE PMP Report on or before **1 November 2022 (First-attempt candidate) / 1 December 2022 (for the re-attempt candidate who has changed the practice location)**; and
  - iii. ONE PERM REPORT

Completed Application Form and the required documents should be returned to the following address:  
**The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK**

Candidates are recommended to submit application early. Late application will not be accepted.

## Examination fees

Administrative fee	\$9,000
Clinical Audit	\$7,500
Research	\$7,500
Practice Assessment	\$10,000
Consultation Skill Assessment	\$10,000

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

**All fees paid are neither refundable nor transferable.**

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

## ELECTION TO FELLOWSHIP OF THE HONG KONG ACADEMY OF MEDICINE

Candidates should be aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

## FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all the three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidate can choose to attempt *either* Clinical Audit *or* Research segment.

- + **Clinical Audit:** assesses the candidate's knowledge, skills and attitudes in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

**OR**

- + **Research:** assesses the candidate's ability to conduct a research project which includes: performing literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

**AND**

- + **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

**AND**

- + **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and application form are now available on College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Mr. John MA or Ms. Alky YU by email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).

Yours Sincerely,

Dr. Wendy Tsui  
 Chairlady, Specialty Board



RTC

# Refresher Training Course for Exit Examiners 2022

Organized by Specialty Board

(For Exam Observers, Trainee Examiners & Examiners of Exit Exam)

(Trainee Examiners & Exam Observers need to possess certificate of Refresher Training Course before promotion as Examiners)

## 4 sessions

Dates	Segments (Hybrid mode)	Panel Speakers led by:
14 November 2022 (Mon)	Practice Assessment Venue: Wong Chuk Hang	<b>Dr. Luk Kam Hung</b> (Coordinator, Practice Assessment)
6 December 2022 (Tue)	Consultation Skills Assessment <sup>#</sup> Venue: Wong Chuk Hang	<b>Dr. Wang Hua Li, Jenny</b> (Coordinator, Consultation Skills Assessment)
9 December 2022 (Fri)	Research Venue: Wanchai	<b>Dr. Fu Sau Nga</b> (Deputy Coordinator, Research)
16 December 2022 (Fri)	Clinical Audit Venue: Wanchai	<b>Dr. Kwong Siu Kei, Alfred</b> (Coordinator, Clinical Audit)

<sup>#</sup> Participants of CSA Refresher Training Course would be required to attend a video viewing session for completing the pre-course assignment on either 14 November or 6 December 6:15 - 7:00 p.m.

**Time** : 7:00 – 9:00p.m.

**Venues** : **Wong Chuk Hang**: HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

**Wanchai**: Rm 802, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai

## Highlights of our course:

- Overview on the Exit Exam Segments and interactive discussions
- Standardization of exam marking
- CME: 2 points for each session (Cat 4.4) and max. 8 points for whole course
- CPD: Up to 2 CPD points will be awarded, depending on achievement made in the pre & post- course assessment
- Invitation to mark in the coming Exit Examination
- Privilege to receive course materials and free admission to the subsequent years of Refresher Training Courses



Enrolment &  
Learn more

For enquiry, please contact the secretariat,  
Ms. Alky YU or Mr. John MA at 2871 8899 or email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk)

## Certificate of attendance:

- Awarded for 75% or more attendance of the whole course (i.e. 3 sessions)

## Course fees:

HK\$1,000 for whole course (4 sessions)

HK\$500 for single session

[Course fee reimbursable upon 100% attendance of the whole course / registered session(s)]



## APPLICATION DEADLINE 6 November 2022

## The Diary of a Family Doctor【家庭醫生的日常】

### 《內疚推動》

冼銘全醫生

68歲女士，慢性病覆診時發現有情緒問題，同事著我跟進一下。

**我**：「最近有咩令你難受？」

**女士**：「個女激死我！」

女士已離婚廿多年，和36歲女兒和6歲孫女同住。女兒也已經離婚。

**女士**：「個孫一直都係我湊，湊出湊入煮飯洗衫咩都係我做，個女都有乜理過，咁佢工作忙啦，又做幾高層。最近佢識咗個男朋友，嘩又講粗口又食煙，佢以前都唔會睇得上呢啲咁嘅男人。最近仲話有埋BB添，我真係接受唔到！」「都唔好咁離譜呀，俾佢行返我條路，我都義無反顧咁樣一路幫佢湊啦……」

**我**：「妳咁落力湊個孫，因為你一直都好內疚，係咪？」重點字眼是「仲要行返我條路(離婚)」

女士眼淚湧上來。

**我**：「幾十年嘅內疚推動住妳，妳一定好辛苦。」

女士眼淚奪眶而出。

我想，可能女士的女兒也一直為父母離異痛心，一直沒有動力發展自己。她渴望被愛和甜言蜜語。女士一定不想見到女兒婚姻破裂，可惜事與願違。女士為了贖罪，

盡心照顧孫女，但與孫女關係太親密，女兒便活不出母親的角色，不能成長，也不能做回自己。家裏每個角色都痛苦，我計劃要提醒一下女士和女兒的心靈距離。

**我**：「咁妳打算點做？」

**女士的回應出乎意料：**

「我忍唔住鬧佢囉，鬧到佢依家帶埋個孫走咗，冇聯絡添啊，我祈禱，每日祈禱希望見返個孫……」

我差點沒恭喜她。女兒離開是個好的方向。世事峰迴路轉，這次輔導竟可直接跳進結論。

**我**：「對妳同整個家庭嚟講，可能係一個好開始。依家呀女有機會真正肩負家庭，做番媽媽嘅角色，處理自己的感情。妳又可以有番自己嘅時間。妳要多啲尋找新嘅興趣，搵番自己。」

**女士聽後破涕為笑：**

「真係㗎？係呀我宜家去學好多嘢呀，又去運動……」

她心裏知道，終於有機會放低昔日枷鎖，做回自己。她帶笑離開診症室，不需任何情緒藥。

### The Diary of a Family Doctor 家庭醫生的日常

We welcome articles on  
interaction with patients in  
your daily practice.  
Submissions up to 400 words  
in English or 600 words in  
Chinese are always welcome.  
Email: FPLinks@hkcfp.org.hk

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **August - September 2022**:

### New Application

#### Associate Membership

Dr. CHAN Hoi Ho	陳 凱 浩
Dr. CHAN Jeremy Jin Hay	陳 展 曦
Dr. KWAN Oi Lam, Natalie	關 藹 琳
Dr. LIN Wing Sum	連 穎 琛
Dr. SIU Yuen Tung, Viviana	蕭 琬 桐
Dr. TONG Tiffany Hoi Chak	唐 愷 澤
Dr. YAM Hei Tung	任 熿 彤

### Transferral

#### From Student to Associate Membership

Dr. CHU Tik Ming	朱 迪 明
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### Expiration

#### Student Membership

Miss CHAN Nga Lai	陳 雅 麗
Miss CHAN Tsang Yu	陳 琿 瑜
Miss CHIANG Lorraine Lok Wing	蔣 樂 穎
Mr. CHIU Shing Hei	招 承 禧
Miss FOK Ka Man	霍 嘉 敏
Miss LAU Yuen Yan, Kitty	劉 婉 欣
Mr. LEE Chun On	李 俊 安
Miss LEUNG Hoi Ching	梁 愷 晴
Mr. LIU Wai Shun, Wilson	劉 偉 信
Mr. PANG Tsz Him	彭 子 謙
Miss TSANG Cheuk Ning	曾 卓 寧
Mr. WONG Chun Man, Kris	王 雋 民
Mr. WONG Man Hin	黃 文 軒
Miss YUEN Ching Tung	袁 靜 童



## Young Doctors Committee News – The 1<sup>st</sup> Livestream Concert

Dr. Thomas Dao, Co-Chairman, Young Doctors Committee  
Dr. Aldo Wong, Committee Member, Young Doctors Committee



(From left) Wells Chang, Chloe Chan, Aldo Wong, Sut-ye Tse and Wanmie Leung

Our College's band, FM<sup>2</sup>, was invited to have an online performance on 21<sup>st</sup> August 2022. Let us introduce our band once again for those who might not be familiar. FM<sup>2</sup> stands for *Family Medicine Music* and we have a Chinese name called 「醫家樂隊」. FM<sup>2</sup> was formed in 2018 after receiving the invitation from the Hong Kong Academy of Medicine (HKAM) to perform at the HKAM 25<sup>th</sup> Anniversary President Dinner. It was our honour to be introduced by our Immediate Past President Dr. Angus Chan in President's Message of FP Links Issue 178. We also performed in the 41<sup>st</sup> Annual dinner of HKCFP in 2018 and "HKAM Fellows' Get-Together" organised in 2019.

With the invitation from the Young Doctors Committee of the HKCFP, we united again and had another show titled FM<sup>2</sup> livestream Concert. The theme of our show was **Love and Care**. Under the COVID-19 pandemic, doctors including family physicians have been working hard to combat against this outbreak. To support our fellow colleagues mentally, the music show was conducted as livestream and performed by our band FM<sup>2</sup>. It aimed to provide our fellow members a social outlet to relieve the stress of the pandemic.

As before, Aldo (Dr. Wong Chiu Lun), Chloe (Dr. Chan Lam) and Sut-Yee (Dr. Tse Sut Yee) were the vocalists. In addition, this time we invited Wanmie (Dr. Wanmie Leung Wing Mun) and Wells (Dr. Chang Wells) to join our band as the keyboardist and drummer respectively. Wells also acted as the keyboardist at the encore song-request session towards the end.

This online show lasted for 1 hour 15 minutes with 31 college members joining the concert. We have performed a total of 12 songs comprising Cantonese, English and Mandarin songs based on the theme '**Love and Care**'. These included 友共情, 總有你鼓勵 which were songs treasuring friendship and support from friends or close ones. In addition, we performed songs such as 至少還有你 and Perhaps Love which were songs about love and memories and how memories were comforting. We hope



(From left) Wells Chang, Sut-ye Tse, Chloe Chan, Aldo Wong, Wanmie Leung and Thomas Dao

those attended enjoyed these songs with great melodies and meaningful lyrics.

Last but not least, our band would like to thank the College Council for the support. We hope the pandemic will end soon and we look forward to our next live face to face performance in the future. Finally, our band, FM<sup>2</sup>, would continue to bring you cheerful, romantic, energetic and relaxing music!



Participant View on Zoom



Wells played as keyboardist at the song-request session



The Vocalists - Chloe, Aldo and Sut Yee



## The University of Hong Kong Teaching Opportunities for Family Medicine Honorary Teachers

The Department of Family Medicine and Primary Care of the University of Hong Kong is actively recruiting family doctors who are prepared to teach medical students in the following programmes:

- MBBS I-II Professionalism in Practice Programme
- MBBS II, IV-VI Clinical Interpersonal Skills Course
- MBBS IV Clinical Foundation Block and Family Medicine Junior Clerkship
- MBBS V/VI Family Medicine & Community Care Specialty Clerkship

Most doctors find that teaching is a rewarding experience, and the satisfaction gained often more than compensates for any minor disruption caused. Those who volunteer to teach will be offered an honorary academic position at The University of Hong Kong (HKU), which is a quotable appointment. Undergraduate teaching has been accredited by the Hong Kong College of Family Physicians as CPD and by the Medical Council of Hong Kong as CME for non-specialists. Our honorary teachers are also entitled to use HKU's facilities including the library and email access to the HKU portal.

Fellows and members of the Hong Kong College of Family Physicians are most eligible and enquiries from other doctors would also be welcome. No previous teaching experience is necessary - interest and motivation to teach and pass on your expertise are much more important.

Please use the following link ([https://hku.au1.qualtrics.com/jfe/form/SV\\_2cswQYBTQH2ei8u](https://hku.au1.qualtrics.com/jfe/form/SV_2cswQYBTQH2ei8u)) or scan the QR code to gain further information about the programmes and to express interest online. Alternatively, please complete and return the reply-slip below with your updated CV. If you have any questions or would like more details, please contact us by email ([fmpe@hku.hk](mailto:fmpe@hku.hk)) or telephone (2518 5657).

Many thanks for your consideration,

Prof. Cindy L.K. Lam  
Department of Family Medicine and Primary Care  
The University of Hong Kong



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### REPLY SLIP

To: Department of Family Medicine and Primary Care, The University of Hong Kong  
3/F Ap Lei Chau Clinic, 161 Main Street, Ap Lei Chau, Hong Kong  
E-mail: [fmpe@hku.hk](mailto:fmpe@hku.hk) | Fax: (852) 2814-7475 | Tel: (852) 2518-5657

I am interested in teaching medical students for the following programme(s), and have attached my updated CV (can select more than one):

- ☐ MBBS I-II Professionalism in Practice Programme
- ☐ MBBS II, IV-VI Clinical Interpersonal Skills Course
- ☐ MBBS IV Clinical Foundation Block and Family Medicine Junior Clerkship
- ☐ MBBS V/VI Family Medicine & Community Care Specialty Clerkship

Name: \_\_\_\_\_ (English) \_\_\_\_\_ (Chinese)

Office/Clinic Address: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Office/Clinic Tel. No. : \_\_\_\_\_ Fax No. : \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Biological Treatment in Moderate to Severe Eczema

Eczema is a very common disease in children, affecting up to 20% of children. In mild case, it can be well controlled by skin care, emollient, anti-histamine and topical steroid. However, in moderate to severe cases, eczema can be disabling, causing secondary infection, disfigurement, and psychosocial impact. For severe or refractory cases, systemic treatment are indicated but treatment of choices are very limited.

In 2017, an interleukin inhibitor, dupilumab had been approved for treatment in moderate-to-severe atopic dermatitis by FDA. With ongoing study, it is approved to treat children aged 6 months to 5 years old in June 2022.

Dupilumab is a human monoclonal antibody that inhibits the action of interleukin 4 and interleukin 13. It is administered subcutaneously every 4 weeks.

A phase 3 trial was published in Lancet in September including 162 patients aged 6 months to 6 years with moderate-to-severe atopic dermatitis with IGA score 3–4. Patients are randomized (1:1) to subcutaneous placebo or dupilumab every 4 weeks plus low-potency topical corticosteroids (hydrocortisone acetate 1% cream) for 16 weeks.

The primary endpoint at week 16 was the proportion of patients with IGA score 0–1 (clear or almost clear skin). Secondary endpoint was the proportion of patients with at least a 75% improvement from baseline EASI score.

IGA score is a five-point scale that rate eczema as clear, mild, moderate and severe.

EASI evaluate four disease characteristics of atopic eczema (erythema, infiltration/papulation, excoriations and lichenification). Skin was rated by the investigators on a scale of 0 (absent) to 3 (severe). The scores are added up for each of body regions (head, arms, trunk, and legs) and weighed with body surface area, resulting in a score ranges from 0 to 72 points.

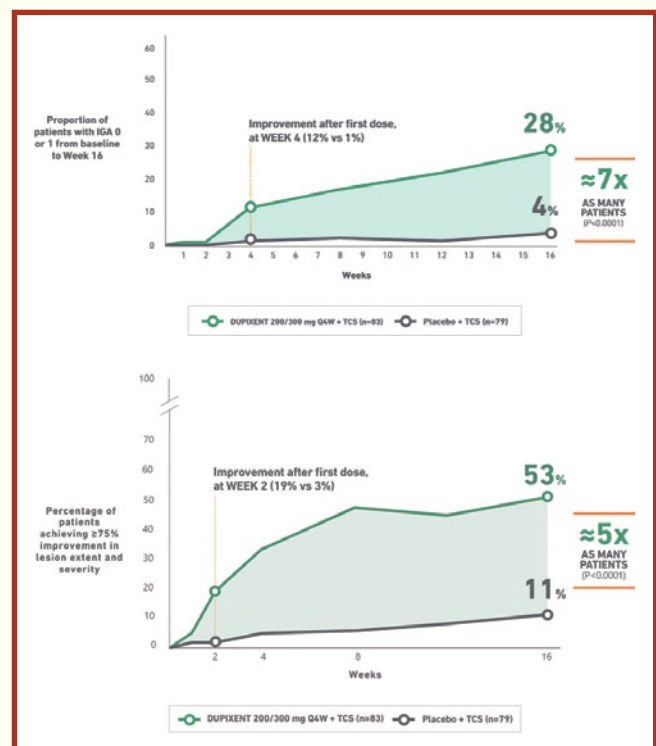
At week 16, significantly more patients in the dupilumab group than in the placebo group had IGA 0–1 [23 [28%] vs three [4%], difference 24% [95% CI 13–34];  $p < 0.0001$ ) and EASI-75 [44 [53%] vs 8 [11%], difference 42% [95% CI 29–55];  $p < 0.0001$ ). Overall prevalence of adverse events was similar in the dupilumab group (53 [64%] of 83 patients) and placebo group (58 [74%] of 78 patients). Conjunctivitis incidence was higher in the dupilumab group (four [5%]) than the placebo group (none). No dupilumab-related adverse events were serious or led to treatment discontinuation.

The most common adverse reaction (incidence  $>1\%$ ) are injection site reactions, conjunctivitis, blepharitis, oral herpes, keratitis, eye pruritus, other herpes simplex virus infection, dry eye and eosinophilia.

### Reference:

Lancet Volume 400, issue 10356, P908-919, September 17/2022.

Dupixent, Prescribing information, Sanofi and Regeneron Pharmaceuticals, Inc.



Compiled by Dr. Yip Chun Kong, Sam

## COVID-19 Tele-consultation – Milestone of Primary Care for Community COVID-19 Patients

Dr. LEUNG Lok Hang Will, Specialist in Family Medicine

In response to the significant rebound of the COVID-19 fifth wave in mid-2022 with a rapid surge of infected individuals in the community, the Hospital Authority (HA) strengthened its support for COVID-19 patients by introducing a new tele-consultation service model for COVID-19, with door-to-door drug delivery service to combat against the widespread epidemic in a timely manner, and at the same time to improve patients' convenience in receiving medical services.



Dr. NG Yeung Shing and Dr. Will LEUNG at HA Tele-health Hub

Rapid effective co-ordination among stakeholders of HA had been a key to expedite the implementation of the new service model, which was first piloted at the "HA Tele-health Hub" operated by the HA Head Office located at the Queen Elizabeth Hospital (QEH) since mid-July 2022, with Doctor tele-consultation delivered by HA Family Medicine specialists and private locum doctors to start with. Along with the initial operational experience gained and the positive feedback from both HA colleagues and the public, the service was then expanded with tele-consultation sites being established through the active involvement of Family Medicine and Primary Health Care Departments across HA. The implementation of territory-wide COVID-19 tele-consultation through booking by the mobile App "HA Go" successfully enabled a large number of COVID-19 patients in the community to receive timely Doctor tele-consultation and drug delivery on the same day the earliest without visiting public hospitals or clinics in person. This novel service model served over 10,000 COVID-19 patients in around a month's time since its commencement.

The personalised service had been widely adopted during the escalating phase of the COVID-19 fifth wave with positive feedback on its service quality, convenience and timeliness of delivering prescribed medications including oral anti-viral drug during an early stage of COVID-19 infection. It also minimised COVID-19 interpersonal transmission and decongested HA out-patient clinics as well as designated taxi service demand with patients receiving holistic care and medical service at home with service delivered on their fingertips through smartphone. The new tele-consultation service signified the determination and solidarity of healthcare peers, particularly Family Physicians, who contributed significantly to the COVID-19 tele-consultation service.



From left to right: Dr. Maria LEUNG (NTEC), Dr. YIU Yuk Kwan (KWIC), Dr. Will LEUNG (HAHO), Dr. Matthew LUK (KEC), Dr. LI Yim Chu (KCC), Dr. TSANG Pui Lim (HKWC), Dr. SUNG Cheuk Chung (NTWC), Dr. Wanmie LEUNG (HKEC) delivering COVID-19 tele-consultation at HA Tele-health Hub

### Sharing by Family Physicians

#### Dr. LEE Ying Cheung Jacky

At first, it took me a while to get used to interacting with patients virtually as it is not possible to perform physical examinations. Patients and their carers might require some time to join the virtual chat room. Fortunately, our supporting staff would call and prepare patients beforehand. Patients were asked to prepare their usual medications so that any dosage adjustment when prescribing oral anti-viral can be clearly clarified. Our staff would help tackle various technical issues come across by patients. They deserve credit for ensuring smooth and efficient consultations. At the end, I found that my patients were thankful and satisfied with our telecare service because of ease of use and decrease in travel time.

#### Dr. TSANG Pui Lim

In July 2022, tele-care was started in HA to deal with the substantial number of COVID-19 confirmed patients in Hong Kong. It was undoubtedly a new consultation experience to me and many of our patients. Difficulties were encountered in the beginning when we taught our patients to set up the connections and solve the technical problems. Thanks to our clerical and IT support colleagues' hard work, the process was gradually smoothed. I felt rewarding after completing a tele-consultation with a grateful eighty-year-old lady who had mild COVID-19 symptoms but with difficulties to travel to a distant designated clinic because of her knee pain.

In the past few weeks, I have worked in the tele-consultation sites at HA Tele-health Hub (QEH), Kennedy Town GOPC and Tsan Yuk Hospital. Though the settings, equipment, and work logistics are a bit different in different centres, I can feel that all our staff are working hard for the same goal – to provide quality medical care to those in need during this challenging period. Hope we will get through soon!

#### Dr. CHAN Shan Ching

Before working in the Tele-health service, I had hesitation to support it because I had doubts if it is really needed as we have similar service at designated clinic already. Having worked for Tele-health for more than a month I have changed my mind. I found there are advantages of Tele-health:

- Firstly it serves some patients with unwillingness to go out due to psychological factors (fear/anxiety), social factors (no one to accompany) and physical factors (mobility problems);
- Secondly it supports some patients living in remote areas, e.g I saw a few patients living on outlying islands. I never encountered such patients at designated clinic before. Also I have never thought of how these patients could travel to designated clinic (they can't take direct taxi).;
- Patients can stay home, feeling relaxed and worry free to have consultation;
- It also reduces infection transmission to the community, taxi drivers and medical health personnel;

- The costs of drug delivery service are much cheaper than taxi service, thus it provides a more cost effective and efficient service.

However it also has some limitations:

- We cannot perform complete physical examination and arrange investigations with the risk of missing diagnosis of severe disease with complications. This can be solved by application of safety net;
- Some elderly patients may not be familiar with the use of the HA GO App and can't use this service due to technical problems. They need to get help from younger family members, unfortunately they may not be available sometimes;

In conclusion, the Tele-health service provides a quick, efficient, and convenient consultation to patients with early intervention offered (e.g. anti-viral). This service has been running smoothly and grown up to provide more and more support to patients who need it.

## Dr. IP Yan Yan June

The Tele-consultation service for COVID-19 patients, albeit received with skepticism at the start on the part of medical staff, has worked out with good results. It is convenient to patients, safe for the community at large, and efficient for mild cases who are stuck at home to comply with the "stay-home" quarantine. Tributes should be paid to ancillary staff for their support and collaboration that has made it work. In the process, colleagues have demonstrated commitment to stretch their comfort zones which is important in crisis management when comprehensive planning is not always feasible.

The followings are challenges that we have experienced:

1. Communication: patients who speak dialects/have hearing problems/not used to using electronic platforms for communication;
2. Lack of objective clinical assessment/physical examination;
3. Medical-legal concerns, etc.



Backend support is crucial for a smooth tele-consultation

With streamlined operations and further expansion of service, I am sure more patients could benefit from this new endeavor in the future!

## Dr. Joanne NG

Tele-consultation service for COVID patients at designated clinic is my first experience in telemedicine – and I enjoy it a lot!

The team spirit of NTEC FM is very strong - Whatsapp group of NTEC FM Telemedicine enables us to know the updates and share experience with one another; clerical staff have done lots of preparatory work for each patient before doctors' consultation.

What I enjoy most about Tele-consultation for COVID patients is that it allows me to understand more in-depth about each patient's psychosocial background as the teleconsultation is like a virtual "home visit" – patients show me a "home tour" during tele-consultation e.g. when they search for HKID card for identity check and pulse oximeter, or when they show me their usual

medications when checking for potential drug interaction with anti-virals. It allows me to offer more individualized anticipatory care for patients in addition to COVID-19 management. It is also a precious opportunity for me to get in touch with patients from all walks of life and from all districts in Hong Kong.

## Dr. CHEUK Tat Sang Carlos

Amid another wave of COVID-19 pandemic since July 2022, a passionate team in the Department of Family Medicine & Primary Health Care (FM&PHC) was formed to launch the new Tele-care consultation. Being a Family Medicine specialist, I have chance to be one of the team members.

In contrast to conventional consultations, during tele-care, we can reach a group of patients whom we may not have lots of chance to see, such as the underprivileged ones or those living in remote islands. Under tele-consultation, we can have the chance for virtual home visit and to see the living environment of our patients and to understand about their lifestyle and their families. I came across an elderly man who was confirmed to have COVID-19 whereas his family members were unaffected yet. He said he lived in a separate room so he did not want to be transferred to community isolation facilities. During the consultation, I found that his family members were behind a curtain. The "room" was made up of cupboards and a curtain. I can appreciate how difficult will be for this family during the COVID-19 pandemic, including infection control and support of the sick in the crowded living environment. More tailor-made advice and management can be offered after getting this important information.

In short, Tele-consultation helps frontline doctors manage patients with active infection without the concern of infection risk. And the use of a novel interface enable us to find out more of the actual needs of patients.

## Dr. CHAN Yin Yue Yeni

I am a higher trainee from the NTWC Department of Family Medicine & Primary Health Care (FM&PHC). The COVID-19 fifth wave exerted a huge demand for care in the community. Thus, there is urgent need for Tele-consultation to minimize public exposure and to expedite treatment.

There was much trepidation as Tele-consultation was a new service to me. Formal training was provided whereby the Chief of Service (COS) walked us through the whole process, experienced colleagues shared their experiences during grand rounds, consultation template was created in CMS and personal coaching was arranged before my first Tele-consult. With this structured system and a strong team support, I gained much valuable confidence.

Shared decision making (SDM) between doctor and patient was applied for the prescription of COVID-19 antivirals. From personal experience, I felt that patients were more receptive of antivirals after a detailed explanation and discussion. Tele-consultation is definitely here to stay as it plays an important role in healthcare systems and especially benefits those with limited mobility. I am proud to be a part of this team and also to have a role in the implementation of this novel service.



Utilizing Shared decision making (SDM) tool in providing antiviral information during Tele-consultation



## M+博物館遊記

譚仲豪醫生

大家好，今天我們一起參觀新開的M+博物館。



來這裡可乘搭公共交通工具，例如於九龍站乘專線小巴，或經特定九巴巴士路線到M+。



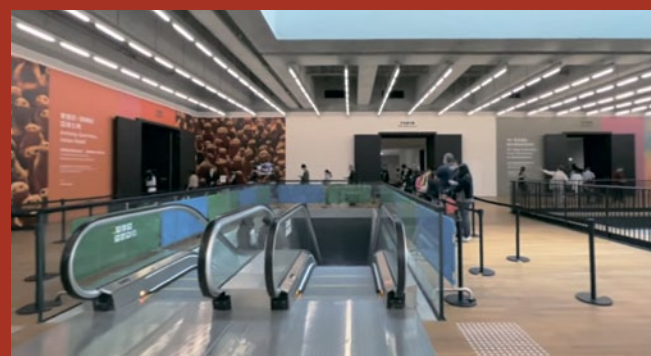
博物館位於西九文化區的第一棟建築物，從圓方大約步行10分鐘亦能到達。



從地下入口可進入博物館。溫馨提示大家，暫時只接受網上預約入場，所以需先從Klook網站預訂入場券，入場時出示電子門票方可入場。



完成安檢程序後，依扶手電梯就可以直上中庭及二樓展覽廳。





首先參觀英國藝術家Antony Gormley的「亞洲土地」大型作品。展廳裝滿了手造泥公仔，場面壯觀，吸引了不少遊人來「影相打卡」。



中間的「焦點空間」展示了韓國藝術家的多媒體展品，這個富空間感的展廳中有個由平板電視砌成的十字架，配上近似聖詩的音樂，有震撼的感覺。看畢整套表演要大約17分鐘。



參觀二樓的展廳後，亦都可到B2樓層的「潛空間」，有比較大型的藝術品及多媒體展品。

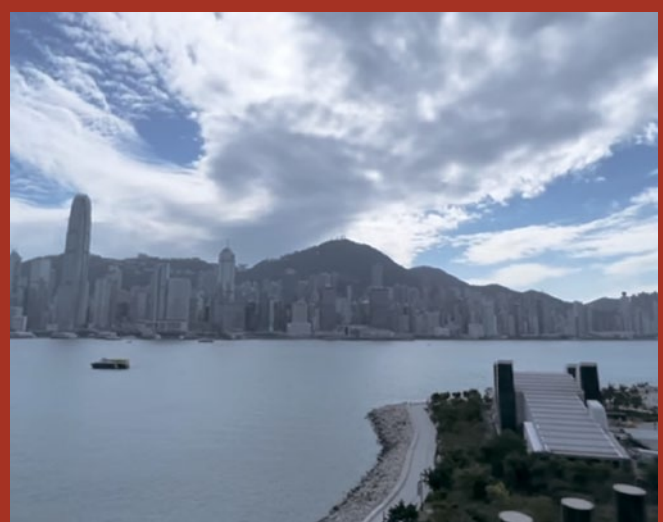


地下展廳的「香港此地彼方」展覽有很多比較熟悉的本地設計及藝術作品。



東展廳的主題展覽「物件空間互動」有一系列香港及亞洲的建築及設計概念，能勾起大家的集體回憶。這裡其中一個話題展品，就是博物館出價HKD15,000,000買回來的東京清友壽司吧，需要排長龍觀賞這個著名設計師的經典設計。個人感想：「藝術呢啲嘢呢，果然係好高深，老實講我都唔係好睇得明點解佢值呢個價錢。」

參觀完畢，離開博物館也勿忘乘搭扶手電梯上平台花園，觀賞西九龍一帶的維港景色。



總括而言，這座博物館展品也不少，的確可以消磨幾小時時間。至於展品的類型……就不是全部也迎合我的口味，不過也有佳作可以令我留下深刻印象。以一百分為滿分的話，我就會給予70分給這個M+博物館之旅了。

## Online Seminar on Dermatology – The 83<sup>rd</sup> Meeting on 3 September 2022

Dr. Fan Vei Chen, Dr. Lau Sin Mei, Dr. Tam Long Yee, Dr. Wong Hiu Yeung and Dr. Wong Sau Kuen

**Theme : Trainees Dermatology Cases Presentation**

**Moderator : Dr. Lam Wing Wo, Board of Education**

### Summary of presented cases

#### 1. Case presented by Dr. Fan Vei Chen

A 31-year-old man presented with multiple small nodules over the volar aspect of bilateral forearms. There were also similar nodules over the groin, chest, bilateral axillae and shins. There was no pain or itchiness. He first noticed them around age 18, with gradual increase in number since then, most rapidly during age 20-25. He had good past health and unremarkable family history. Physical examination revealed multiple 2-10mm firm, dome-shaped skin-colored cutaneous nodules over the affected areas, more prominent on stretching the skin. His hair, nails, teeth were normal and there was no rash. A diagnosis of steatocystoma multiplex was made, and he was referred to the dermatologist for further management.

Steatocystoma multiplex is a rare, but benign, disorder characterised by multiple asymptomatic intradermal cysts containing sebum. The cysts can involve the whole body but most commonly the trunk, neck, axillae, limbs, and groin. It may be sporadic, inherited (in autosomal dominant fashion in familial variant), or part of a syndrome. Typical onset is in adolescence or early adulthood, possibly related to hormonal changes during puberty. The cysts typically persist for life. Complications include infection (leading to inflammation and scarring), and cosmetic issues. Treatment for selected cases include surgical excision, laser, cryotherapy, antibiotics for infected cysts, and oral retinoids.

#### 2. Case presented by Dr. Lau Sin Mei

The case was a 62-year-old male presented with localized painful blistering skin rash over the back for 3 days. It was associated with burning pain, itching and numbness. He had no fever or history of insect bite. He also denied contact with someone with varicella or herpes zoster. On physical examination, there were herpetiform vesicles on an erythematous base over the left lower back that along the dermatome. Diagnosis of herpes zoster was made based on clinical history and characteristic lesions. The progression and potential complications of herpes zoster were explained. A course of oral acyclovir was prescribed to him. The herpes zoster vaccine was advised to him to reduce the chance of recurrence and post-herpetic

neuralgia. He reported the vesicles dried up and no new lesion on follow up after 2 weeks.

#### 3. Case presented by Dr. Tam Long Yee

A 93-year-old female presented with an itchy skin condition for many years. Physical examination show multiple raised papules that are red or brown and scaly, with hypopigmented patches as well. Initial impression was eczema with hyperkeratosis and synalar 0.05% and urea cream was prescribed. There was some improvement on the next visit a week later and synalar was stepped up. Improvement was static after a while and SFI Diprosalic was started. Impression was cutaneous lichen amyloidosis. Cutaneous amyloidosis is a disease of amyloid deposition in the skin. It is subdivided mainly into lichen, macular and nodular subtypes. Other subtypes are very rare. Lichen and macular amyloidosis are benign diseases localized to the skin. Nodular amyloidosis, in contrast, is associated with multiple myeloma (1-7%) and Sjogren Syndrome (25%). Lichen and macular subtypes can be treated medically with sedating anti-histamines, occlusive dressing, potent topical steroids or 0.1% tacrolimus. Physical methods such as phototherapy, laser or dermabrasion can be used as well for cosmetic or symptomatic benefit.

#### 4. Case presented by Dr. Wong Hiu Yeung

The case was an 82 years old woman with multiple comorbidities, presented with restless and wriggling all the time. There were some papules and pustules over fingers and abdomen. She was diagnosed with infected eczema and prescribed with topical steroid and Augmentin with no any improvement. Her daughter later found working in old age home with recent outbreak of scabies. Our patient was suspected to have scabies infestation and treated with topical permethrin 5% lotion and repeated course was given 1 week later. She has no more new lesions after treatment.

*Sarcoptes scabiei* is mite around 0.2 to 0.4 mm long, invisible to naked eye. Fertilized females burrow winding tunnels to lay eggs in thin and wrinkled skin eg, between fingers, sides of the feet and hands etc. It is transmitted by close contact and outbreaks usually occur in overcrowded conditions. Symptoms are initial itchy reddish track, followed by ruptured papules and tiny vesicles. It can be diagnosed clinically if burrows are found at typical sites eg finger webs, wrists. Scraping of affected skin with clear needle along different affected sites can also help diagnosis.



# LEARNING POINTS FROM BOARD OF EDUCATION

For the management, patients and close contacts should be treated at the same time. Topical medication choices are topical permethrin 5% lotion, benzyl benzoate 25% lotion and Crothamiton 10% cream. Apply from neck to toes, left for 8 hours for permethrin and crothamiton or 24 hours for benzyl benzoate. Repeat the application in 1 week. Bedding, clothing, and towels should be decontaminated by washing in hot water (60°C for 10 minutes), dried in hot dryer and sealed in plastic bag for 72 hours. Itchiness may continue for several weeks after treatment. Children can return to school the day after first treatment. Oral ivermectin is indicated in people who are unable to perform topical application, irritated by topical treatments, patients who have crusted scabies, not responding to topical, or in endemic community.

## 5. Case presented by Dr. Wong Sau Kuen

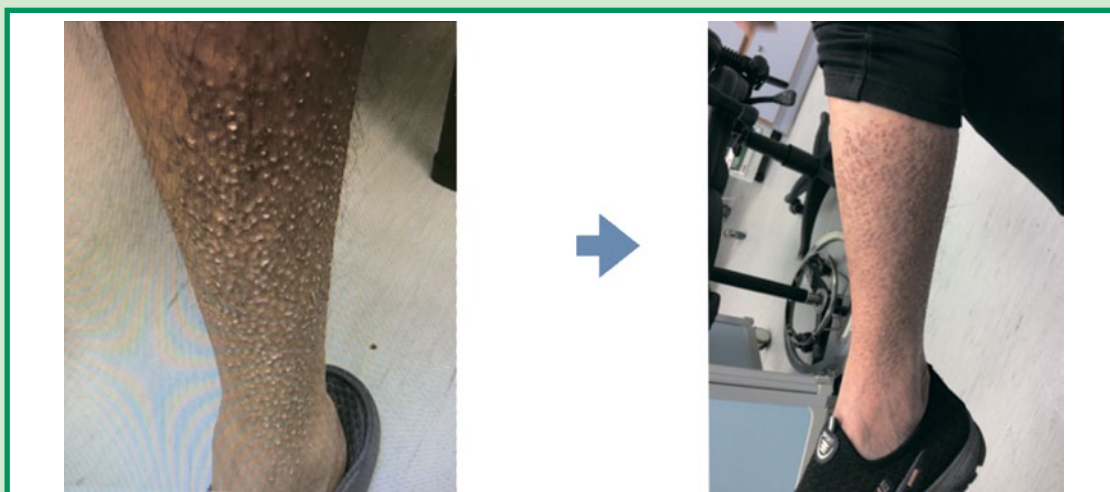
This is a case of lichen amyloidosis.

Mr Wong, a 77 years old man, complained of left shin skin itchiness for 20 years. Upon physical examination,

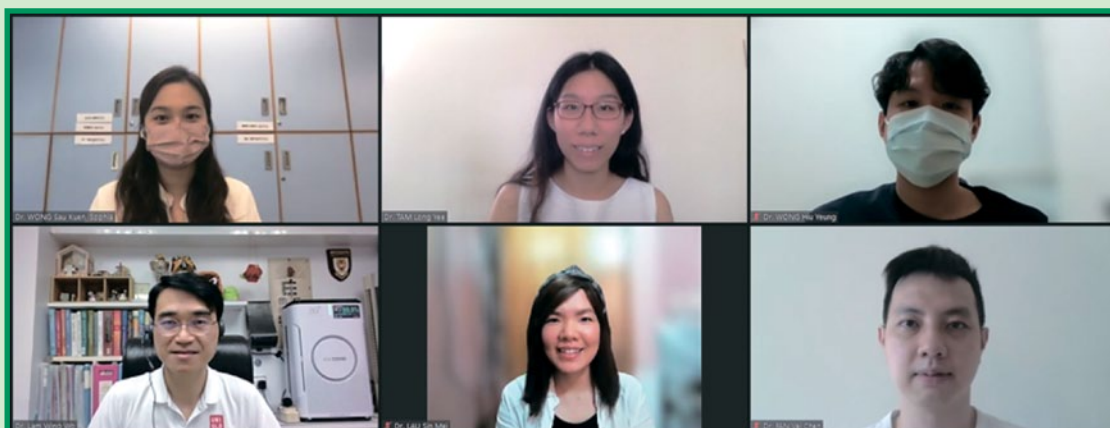
there were multiple brownish papules over left shin, some coalesce into thickened plaques. He had tried multiple unknown topical medication but the condition showed no improvement. Mr. Wong was mainly concerned about the itchiness and appearance.

Lichen amyloidosis is described as being of keratinocyte origin. The precise cause is yet to be found. It has a familial tendency in 10-15% of cases. Primary cutaneous amyloidosis occurs more commonly in skin phototype III-IV people from Asia, South America, and the Middle East. It is worsened with scratching, scrubbing and sun exposure. Patients usually present with multiple papules over shins, thighs, feet and forearms. Diagnosis can be made by clinical appearance. Skin biopsy may be performed if in doubt. Treatment is mainly focused on relieving itchiness: sedating antihistamine, topical and intralesional steroid, etc. Surgical treatments like laser vaporization and excision can also be considered.

For our patient, diprosalic ointment was prescribed for 3 months. There was marked reduction in level of itchiness.



Lichen amyloidosis – Condition improved after treatment. Much relieved itchiness, still some residual nodular lesion.



A screenshot taken on 3 September 2022

(From left to right)

1<sup>st</sup> row: Dr. Wong Sau Kuen, Dr. Tam Long Yee, Dr. Wong Hiu Yeung

2<sup>nd</sup> row: Dr. Lam Wing Wo (Moderator), Dr. Lau Sin Mei, Dr. Fan Vei Chen

## Meeting Highlights

### Certificate Course in Ophthalmology for Primary Care Doctors 2022 co-organized with The College of Ophthalmologists of Hong Kong (COHK)

#### 4<sup>th</sup> session on 18 September 2022

Dr. WU Tian Xin, Christine, Specialist in Ophthalmology, delivered a lecture on "GP approach to red eyes" on 18 September 2022.



Dr. MA Ping Kwan, Danny (left, Moderator) presenting a souvenir to Dr. WU Tian Xin, Christine (right, Speaker).

#### 5<sup>th</sup> session on 25 September 2022

Dr. WONG Ka Wai, Jasper, Specialist in Ophthalmology, delivered a lecture on "Refractive error & Squint" on 25 September 2022.



Dr. TAM Wah Kit (right, Moderator) presenting a souvenir to Dr. WONG Ka Wai, Jasper (left, Speaker).

#### Online Seminar on 6 September 2022

Dr. TAI Hei Yan, Diane, Specialist in Orthopaedics and Traumatology, delivered a lecture on "Common Foot and Ankle Problems in General Practice".



Dr. Lorna NG (left, Moderator) presenting a souvenir to Dr. TAI Hei Yan, Diane (right, Speaker).

#### Online Seminar on 16 September 2022

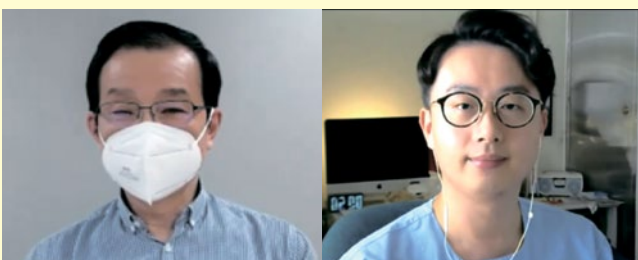
Dr. FUNG Chi Yan Raymond, Specialist in Cardiology, delivered a lecture on "Cardiovascular Risk Control: Updated Management of Hypertension and Atrial Fibrillation".



A screenshot taken on 16 September 2022  
Dr. FUNG Chi Yan Raymond (left, Speaker) and Dr. LAM Wing Wo (right, Moderator)

#### Online Seminar on 19 September 2022

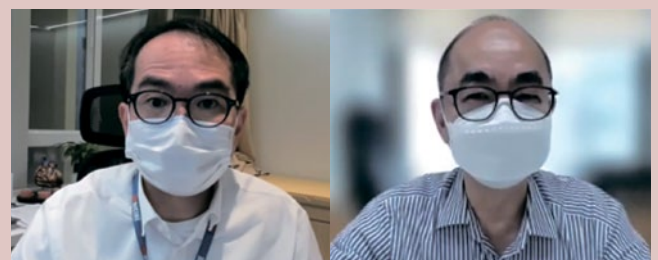
Dr. FU Chun Cheung Antony, Specialist in Paediatric Endocrinology, delivered a lecture on "The Diagnosis and Treatment of Major Short Stature Disorders and Local Case Sharing".



A screenshot taken on 19 September 2022  
Dr. TSUI Hing Sing, Robert (left, Moderator) and Dr. FU Chun Cheung Antony (right, Speaker)

#### Online Seminar on 29 September 2022

Prof. SIU Chung Wah David, Specialist in Cardiology, delivered a lecture on "Should beta-blocker be used in COPD patients?".



A screenshot taken on 29 September 2022  
Prof. SIU Chung Wah David (left, Speaker) and Dr. AU YEUNG Shiu Hing (right, Moderator)

## Certificate Course on Bringing Better Health to Our Community 2022/23

Co-organized with

Queen Elizabeth Hospital, Our Lady of Maryknoll Hospital and Hong Kong College of Family Physicians

Dates : 26 November 2022, 17 December 2022, 14 January 2023, 25 February 2023 (Saturdays)  
 Time : 2:00pm - 4:00 pm Lecture & Discussion  
 Venue : Video Conference  
 Course Fee : Free  
 Accreditation : pending  
 Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more.

### Programme Schedule

Dates	Time	Topics	Speakers
26 November 2022 (Sat)	2:00   4:00 pm	Management on Long COVID	<b>Dr. Choi Kin Wing</b> Consultant and Specialist in Infectious Disease, Chinese University of Hong Kong Medical Centre
		Introduction of District Health Centre Express (Kowloon City & Yau Tsim Mong District)	<b>Mr. Ng Chak Hang, Matthew</b> Medical Services Manager, Lok Sin Tong Benevolent Society, Kowloon
		Long Term Psychological Impact of COVID	<b>Dr. Lam Chun</b> Specialist in Psychiatry, Private Practice
17 December 2022 (Sat)	2:00   4:00 pm	Latest Advances in Hyperlipidemia Management	<b>Dr. Chan Kam Tim</b> Consultant, Department of Medicine, Queen Elizabeth Hospital
		Advances in Osteoporosis Treatment	<b>Dr. Benjamin Au Yeung</b> Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
14 January 2023 (Sat)	2:00   4:00 pm	Update on Management of Parkinson's Disease	<b>Dr. Chan Hiu Fai</b> Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
		Introduction of District Health Centre (Wong Tai Sin District)	<b>Ms. Lee Fung Ling, Judy</b> Senior Care Coordinator, Wong Tai Sin District Health Centre
		Approach and Management of Limb Numbness - Peripheral Neuropathy	<b>Dr. Simon Chan</b> Resident Specialist, Department of Medicine, Queen Elizabeth Hospital
25 February 2023 (Sat)	2:00   4:00 pm	Update on Management of Menorrhagia	<b>Dr. Samson Lau</b> Associate Consultant, Department of Obstetrics & Gynaecology, Kwong Wah Hospital
		Approach to Managing Throat Discomfort	<b>Dr. Lau Wai Yip, Stephen</b> Part-time Consultant, Department of Ear, Nose & Throat, Queen Elizabeth Hospital

Registration will be first come first served.

Please scan the QR code to complete the registration.

For enquiry, please contact Ms. Emily LAU at 3506-8610 / Ms. Crocus LAN at 3506-8143.



- Notes :**
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.
  - The link to join the online seminar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the online seminar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
  - Please note you can just attend **ONE** CME activity at a time. If it's found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
  - Members who have attended less than 3/4 of the length of the online seminar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
  - Please be reminded to complete and submit the \*MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (\*MCQs/ True or False Questions; 50% or above of correct answers are required)**
  - Please be reminded to check the system requirements beforehand to avoid any connection issues.
  - Due to copyright issue, please note private recording of the lecture is prohibited.
  - Registration will be closed 3 days prior to each session.



# BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there would be some online seminars to be conducted via the Zoom webinar platform in the coming months with the details below:

## Online Seminars

Date and Time	Topic	Speaker	Moderator
8 Nov (Tue) 2:00 – 3:00 p.m.	<b>Online Seminar: Depression with Somatic Complaints</b> <i>Sponsored by Pfizer Corporation Hong Kong Limited</i>	<b>Dr. CHUI Wing Ho, William</b> <i>Specialist in Psychiatry</i>	<b>Dr. AU YEUNG Shiu Hing</b>
14 Nov (Mon) 2:00 – 3:00 p.m.	<b>Online Seminar: Time to reconsider gestational diabetes?</b> <i>Sponsored by Merck Pharmaceutical (HK) Limited</i>	<b>Dr. WONG Cheuk Lik</b> <i>Specialist in Endocrinology, Diabetes &amp; Metabolism</i>	<b>Dr. CHAN Ka Shing, Ricky</b>

### QR Code for registration

8 November 2022 (Tue)	14 November 2022 (Mon)
	

#### Accreditation :

8 & 14 November : 1 CME Point HKCFP (Cat. 4.3)  
1 CME Point MCHK (pending)  
*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

## Online Monthly Video Sessions

Dates and Time	Topics
28 October (Fri) 2:30 – 3:30 p.m.	<b>“Common Neurological Problems in Primary Care” by Dr. CHU Yim Pui, Jonathan</b>
25 November (Fri) 2:30 – 3:30 p.m.	<b>“Approaches to Strange Symptoms in Family Practice (OCD, Hallucinations, Mixed Symptoms)” by Dr. Lo Tak Lam</b>

### QR Codes for registration

28 October 2022 (Fri)	25 November 2022 (Fri)
	

Accreditation : 1 CME Point HKCFP (Cat. 4.2)  
1 CME Point MCHK (pending)

*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

**\*CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

**Admission Fee** : Member Free  
(For all online seminars) Non-member HK\$ 100.00 for each session  
*For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.*

**Registration Method** : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899. Thank you.

#### Notes : Online Events

- In case of over-subscription, the organizer reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If it's found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the \*MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (\*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.

## Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>Wednesday, 02 November 2022</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Emergency Contraception</b> Dr. Wan Kwong Ha	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, 10/F, YCK, KWH	<b>Common Symptoms in Surgery</b> Dr. Lo Chak Yui & Dr. Cheung Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Community Resources for Sexual Violence and Abuse</b> Dr. Jerrold Lee	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Management of Common Fractures in OPD Setting</b> Dr. Ludwig Tsoi	Ms. Cherry Wong Tel: 2589 2342
<b>Thursday, 03 November 2022</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Management of Hepatitis B in Primary Care Setting</b> Dr. Sheng Wei Yang & Dr. Zhang Dingzuan	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 9 November 2022</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Update Management of Gastroenterology Diseases e.g. Dyspepsia, HP Gastritis, GERD and Peptic Ulcer Disease</b> Dr. Ng Wing Hin	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, 10/F, YCK, KWH	<b>O&amp;G Emergency in General Practice</b> Dr. Tso Sau Lin & Dr. Cheung See Wai, Ada	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Drug Management (Dispensation, Prescription, Disposal, DD)</b> Dr. So Man Ying, Sabrina & Dr. Siu Yuen Yung, Viviana	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Updates in DM Management</b> Dr. Alan Lee	Ms. Cherry Wong Tel: 2589 2342
<b>Thursday, 10 November 2022</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Concussion and Post Concussion Syndrome</b> Dr. Yu Yi Fung & Dr. Lee Sik Kwan	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 16 November 2022</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Application of Telemedicine and Things Need to Consider When Used in Primary Care</b> Dr. Lee Pak Lik	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEHL	<b>Other Psychiatric and Psychological Disorders (Somatoform Disorder, PTSD etc)</b> Dr. Lee Kin Lun & Dr. Chan Kwun Hung	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Consultation Model</b> Dr. Chu Pui Ling, Candice	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Interesting Cases Review</b> All trainees*	Ms. Cherry Wong Tel: 2589 2342
<b>Thursday, 17 November 2022</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Clinical Psychologist and Social Worker Service in the Community</b> Dr. Ng Kai Man & Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 23 November 2022</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Geriatric Emergency in General Practice</b> Dr. Chan Hoi Ho	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEHL	<b>Polypharmacy and Rational Prescribing (Medication Safety)</b> Dr. Zhu Yin & Dr. Lam Hiu Ching, Natasha	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Biostatistics in Family Medicine</b> Dr. Simon Yau	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Common Orthopaedic Problems in Paediatric Population</b> Dr. Noah So	Ms. Cherry Wong Tel: 2589 2342
<b>Wednesday, 24 November 2022</b>			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Psychological Problems during COVID 19 Pandemic in HK</b> Dr. Yap Tsun Hee & Dr. Lam Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
<b>Wednesday, 30 November 2022</b>			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Community Resources for Patients with Chronic Diseases</b> Dr. Tiffany Woo	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEHL	<b>Consultation Enhancement (Physical Examination: Cranial Nerve and Video Consultation)</b> Dr. Sun Dione Tinoi & Dr. Ng Kwan Chun	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Exercise Prescription</b> Dr. Ge Shicong, George & Dr. Chau Chuen, Queena	Mr. Alex Kwok Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital	<b>Common Gynaecological Malignancies: Management and Early Detection</b> Dr. Kwok Shuk Tak, Gladys	Ms. Cherry Wong Tel: 2589 2342

# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 <b>Oct</b>	31	1	2 2:00 – 7:30 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme	4	5 <b>Nov</b> 2:30 – 5:30 p.m. DFM Clinical Skills Enhancement
6	7	8 2:00 – 3:00 p.m. Online Seminar	9 2:00 – 7:30 p.m. Structured Education Programme	10 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	11	12 2:30 – 5:00 p.m. DFM Clinical Skills Enhancement
13	14 2:00 – 3:00 p.m. Online Seminar 6:00 – 9:00 p.m. Refresher Training Course 2022 (PA Segment)	15	16 2:00 – 7:30 p.m. Structured Education Programme	17 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	18	19 2:30 – 5:30 p.m. DFM Module III Structured Seminar
20	21	22	23 2:00 – 7:30 p.m. Structured Education Programme	24 4:00 – 6:00 p.m. Structured Education Programme	25 2:30 – 3:30 p.m. Video Session	26 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2022 2:30 – 5:30 p.m. DFM Module III Structured Seminar
27	28	29	30 2:00 – 7:30 p.m. Structured Education Programme	1 <b>Dec</b> 4:00 – 6:00 p.m. Structured Education Programme	2	3 2:30 – 5:30 p.m. DFM Orthopaedics Injection Workshop
4 1:00 p.m. HKCFP Annual General Meeting	5	6 6:00 – 9:00 p.m. Refresher Training Course 2022 (CSA Segment)	7 2:00 – 7:30 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme	9 7:00 – 9:00 p.m. Refresher Training Course 2022 (Research Segment)	10 2:30 – 5:00 p.m. DFM Clinical Skills Enhancement

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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