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Message from the President



Opening Speech by Dr. David Chao at HKCFP Conferment Ceremony

The Hong Kong Primary Care Conference (HKPCC) 2021 has been successfully held from 30 July – 1 August 2021, which was well attended by over 700 local and international registrants. I would like to take this opportunity to express our sincere gratitude towards your great participation and support, especially to our Organising Committee led by Dr. Lorna Ng and our College secretariat led by Ms. Erica So. It was truly a rewarding experience providing a broad spectrum of primary care and family practice exposures to all the participants.

Despite the fact that we are into 6th month of the COVID-19 vaccination programme and the official covid vaccine dashboard at the end of July was showing that over 5.7 million doses have been administered locally, the uptake of the vaccine in the elderly age group has been lagging behind, with only 13.8% for people aged 60 – 69, 4.5% for those aged 70 – 79, and 0.9% for elderly aged 80 and above have received the vaccine. (<https://www.covidvaccine.gov.hk/en/dashboard>) The Centre of Health Protection

(CHP) has recently issued two documents on covid-19 vaccinations, and the following were extracts related to COVID-19 vaccination in the elderly. “Unless with contraindications, COVID-19 vaccines are highly recommended for the elderly and individuals with stable medical diseases.” (https://www.covidvaccine.gov.hk/pdf/Guidance_Notes.pdf) “Elderly should receive COVID-19 vaccine as soon as possible, well before the arrival of the winter influenza season.” (https://www.chp.gov.hk/files/pdf/consensus_interim_recommendations_on_the_use_of_covid19_vaccines_in_hk_22jul21.pdf) Therefore, as illustrated above by the experts, we need to continue to help building up our defense against the virus by discussing with the patients proactively, especially people who are in the elderly age group. Within the HKPCC 2021, we had a joint webinar organised by the Hong Kong Academy of Medicine (HKAM) in conjunction with the Hong Kong College of Physicians (HKCP), Hong Kong College of Community Medicine (HKCM) and our College (HKCFP), reiterating the principles on COVID-19 vaccination for the elderly.



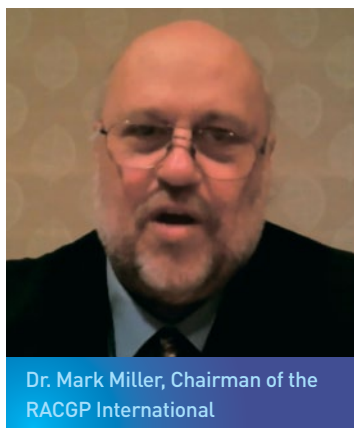
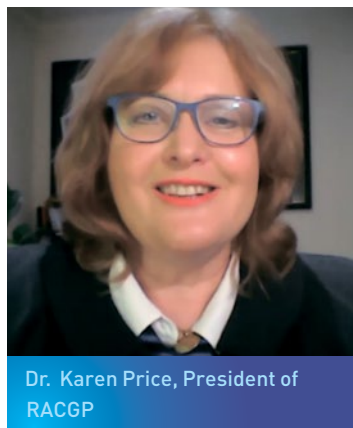
Prof. Sophia Chan, Secretary for Food and Health

MESSAGE FROM THE PRESIDENT



And a joint press statement by HKAM, HKCP, HKCFP, and HKCM has been issued to the public encouraging early COVID-19 vaccination uptake by the elderly population if no contraindications are identified, and that clinicians should proactively bring up the topic with the elderly patients when they are seen in the consultation.

Right after the HKPCC 2021 on 1 August, we held our 33rd and 34th Fellowship Conferment and Diploma Presentation Ceremony and the 31st Dr. Sun Yat Sen Oration at the HKAM Building. We are very grateful towards all the VIP guests, including Prof. Sophia Chan, Secretary of Food and Health Bureau, for the



tremendous support towards our College over the years. I would like to congratulate our two new Honorary Fellows, namely Dr. Mark Miller and Dr. Ruby Lee, 46 Conjoint Fellows, 33 successful candidates of the Exit Examination and 39 of

the Diploma in Family Medicine once again for their great achievements. Special thanks go to Dr. Karen Price, the President of the Royal Australian College of General Practitioners (RACGP), for conferring Conjoint Fellowship to our colleagues in Hong Kong, and Dr. Mark Miller, Chairman of the RACGP International, for delivering this year's Dr. Sun Yat Sen Oration.



The World Breastfeeding Week (WBW) is celebrated in the first week of August. This year's theme is "Protect Breastfeeding: A Share Responsibility", focusing on public awareness of sustaining breastfeeding and multi-sectoral collaboration and partnership for support to breastfeeding families. World Health Organisation (WHO) recommends exclusive breastfeeding for the first 6 months of life, followed by continued breastfeeding with appropriate complementary foods for up to 2 years or beyond. Breastfeeding offers a powerful defense against malnutrition, and acts as babies' first vaccine, against many common childhood diseases. (<https://www.who.int/news/item/31-07-2021-joint-statement-by-unicef-executive-director-henrietta-for-and-who-director-general-dr.-tedros-adhanom-ghebreyesus-on-the-occasion-of-world-breastfeeding-week>). Please continue to render your full support towards breastfeeding.

Please keep well and stay safe.

Dr. David V K CHAO
President

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Abbreviated Prescribing Information

Contents: Metformin HCl **Indications:** Reduction in risk or delay onset of type 2 DM in adult, overweight patients with IGT and/or IFG, and/or increased HbA1C who are at high risk for developing overt type 2 DM and still progressing towards type 2 DM despite implement intensive lifestyle change for 3 - 6 months. Treatment of type 2 DM in adults as an adjunct to adequate diet & exercise. Monotherapy or in combination w/ other oral antidiabetic medicines or insulin. **Dosage: Adult w/ normal renal function (GFR ≥ 90 mL/min) Reduction in the risk or delay of the onset of type 2 DM** Initially one 500-mg tab once daily w/ evening meal. After 10-15 days, adjust dose based on blood glucose measurements. Max: 2,000 mg once daily. **Monotherapy in type 2 DM & combination w/ other oral antidiabetic agents** Usual starting dose: One 500-mg tab once daily, or one 1,000-mg tab once daily. After 10-15 days, adjust dose based on blood glucose measurements. Max. recommended dose for 500 mg and 1g tab is 2g daily. Max. recommended dose for 750 mg tab is 1.5g daily. **Combination with insulin** Usual starting dose is one tablet XR 500 mg or XR 1 g once daily, while insulin dosage is adjusted on the basis of blood glucose measurements. **For renal impairment patients** A GFR should be assessed before initiation of treatment and at least annually thereafter. In patients at an increased risk of further progression of renal impairment and in the elderly, renal function should be assessed more frequently, e.g., every 3 - 6 months. Total max. daily dose of 2 g for GFR 60 - 89 mL/min, consider dose reduction for declining renal function. Total max. daily dose of 2 g for GFR 45 - 59 mL/min, review any increased risk of lactic acidosis before initiating metformin, whereas starting dose is at most half of max. dose. Total max. daily dose of 1 g for GFR 30 - 44 mL/min, review any increased risk of lactic acidosis before initiating metformin, whereas starting dose is at most half of max. dose. **Pre- & Post-Prandial Advice:** Swallow whole, do not chew/crush. **Contraindications:** Any type of acute metabolic acidosis (such as lactic acidosis, diabetic ketoacidosis), severe renal failure (GFR < 30mL/min), hepatic insufficiency, infectious diseases, following an IV urography or angiography, heart failure, recent MI, resp. failure, shock, persistent or severe diarrhoea, recurrent vomiting, alcoholism. Lactation. **Special Precautions:** Regular renal & blood sugar monitoring. Risk of lactic acidosis, most often occurs at acute worsening of renal function or cardiorespiratory illness or sepsis. Discontinue prior administration of iodinated contrast agents or surgery. May impair ability to drive or operate machinery in combination w/ other antidiabetic agents. Pregnancy. Elderly (for reduction of risk or delay of type 2 DM) **Adverse Reactions:** GI & taste disturbances. **Interactions:** Iodinated contrast agents, corticosteroids, NSAIDs, ACE inhibitors, diuretics, sympathomimetics, alcohol, COX II inhibitors, angiotensin II receptor antagonists, OCT1 and OCT2 inhibitor/ inducer **Presentations:** XR tab 500 mg \times 60's. 750 mg \times 30's. 1,000 mg \times 60's. **Date of version:** JUN 2018

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HONG KONG ACADEMY OF MEDICINE
香港醫學專科學院



2021年7月31日 新聞稿

醫生主動向長者講解 釋除疫苗疑慮 慢性病或曾打流感針 盡快接種疫苗

目前70歲以上長者接種新冠肺炎疫苗的比率極低，全港長者，尤其是住在院舍的長者，因為疫情，長者身心受困，而且屬染疫高危一族，他們染疫入院大多是病情嚴重，甚至死亡。要鼓勵長者接種疫苗是當前急務，香港醫學專科學院、香港家庭醫學學院及香港內科醫學院主辦「長者接種新冠肺炎疫苗」網上研討會，向各家庭醫生、內科醫生及主診醫生等作出講解及呼籲，希望不同崗位的醫生均可以積極向長者講解他們對接種疫苗的疑慮，以及解釋疫苗的功效及有關副作用的誤解，這些講解也包括院舍的工作人員及長者的家人等。

香港內科醫學院院長李錦滔教授指出，該院較早前舉行記者會作出兩個建議包括：「慢性病長者應該打」及「打過流感針適合打」；兩個呼籲包括：「60歲以上毋須預約」及「院舍接種身心得益」，一個月來，長者接種疫苗有輕微上升，而政府亦安排了每日開放4600個「即日籌」供70歲以上長者毋須預約便可以接種疫苗的措施，希望加快長者接種疫苗並得到適切的保護。對於長住院舍的長者，希望他們接種疫苗過後，除了得到疫苗保護外，更可以解除身心受困的情況。研討會上李教授向出席的醫生詳細講解長者接種疫苗的世界及本地數據及疫苗保護率，尤其界定何謂慢性病病情穩定等，以及澄清一些廣為流傳的誤解，例如接種疫苗之前要做身體檢查等。

香港家庭醫學學院院長周偉強醫生指出，家庭醫生跟市民尤其是長者相對有較緊密的接觸，對於長者的身體狀況，以及患有的慢性病的狀況及其病情有相當了解，因此，由家庭醫生向長者講解接種疫苗十分合適，尤其是對長者患有三高血壓、血糖、血脂）或其他慢性病，向他們解釋如病情穩定而又沒有對疫苗有禁忌症，是可以接種疫苗的，從而釋除長者的疑慮，讓長者安心作出決定，盡快接種疫苗，為自己的健康多一份保障。周醫生強調，醫生和長者能彼此互動，長者主動查問時醫生固然樂意回答；即使長者沒有主動查問，醫生亦可以從預防醫學角度出發，主動講解長者的情況是否適合接種疫苗，因為不少長者自以為不適合接種疫苗而不作出任何查詢。

香港醫學專科學院主席梁嘉傑教授認同醫生對鼓勵長者接種疫苗有積極的角色，他認為除了家庭醫生及內科醫生外，其他不同專科的醫生亦可以向長者講解接種疫苗的好處，讓長者不要因誤解而放棄接種。香港社會醫學院院長曾浩輝醫生表示，不管公營及私營醫生在推行新冠肺炎疫苗接種計劃發揮重要角色，醫生主動向長者講解，必定有可觀成效。至於院舍接種率低的情況，他呼籲在新一輪長者院舍接種安排時，院舍同工和負責接種的醫護人員互相積極配合、令更多長者及長者家屬同意接種疫苗，盡快讓長者家屬可以回復自由探訪，讓長者身心受益。



HKCFP Council Announcement

WONCA 23RD WORLD CONFERENCE OF FAMILY DOCTORS 2021 Abu Dhabi (Virtual)

"Together We Own the Future"
22-27 November 2021 (Monday - Saturday)

Dear Members,

WONCA 2021 World Conference would be held online between **22 – 27 November 2021**. The programme will include three days of pre-conference workshops and three days of conference proceedings.

The College Council has decided to sponsor a maximum of **HK\$45,000 for members (including trainees)** whose abstract(s) have been accepted and will present at the Conference. The sponsorship would cover the **early-bird registration**. By the successful granting, the applicants shall agree to -

- (a) acknowledge the College in all of your Presentation materials, such as PowerPoints, Posters etc;
- (b) uphold and promote to the best of your ability the aims and objectives of the College;
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College;
- (d) take part in the College official functions if any during the Conference;
- (e) submit a written report (>800 words) with photos in one month after the conference.

All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members and first-come-first-served. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by **13 September 2021, Monday**. For further information please visit the Conference official website at <https://wonca2021.com/>

Thanks,

Dr. William C W WONG
Honorary Secretary



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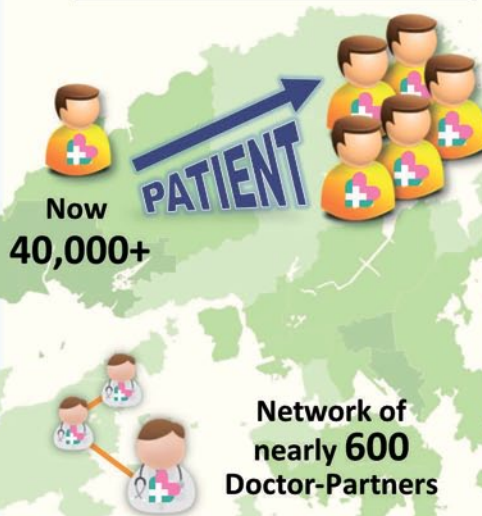
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Call us at **2300 7300** or email to gopcphp@ha.org.hk for details

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **June 2021 – July 2021**:

Associate Membership (New Applications)

Dr CHU Yee Ting	朱 倚 靈
Dr HO Ka Yan	何 家 欣
Dr LEE Chun Ki	李 雋 麒
Dr LO Tsz Ming	羅 子 明
Dr PANG Yee Yan, Athena	彭 意 殷
Dr WAI Yuk Chun, Veronica	韋 玉 珍

Student Membership (New Application)

Miss CHAN Ching Kwan	陳 靖 珪
Mr CHAN Ho Shuen	陳 澔 璇
Miss CHAN Nga Lai	陳 雅 麗
Miss CHAN Tsang Yu	陳 瑋 瑜
Miss CHAN Wing Man	陳 穎 雯
Miss CHAN Yat Chi	陳 逸 芝
Mr CHENG Tsz Wai	鄭 子 威
Mr CHEUNG Tsz King	張 梓 敬
Miss CHOW Hei Ching	周 晞 晴
Mr CHU Tik Ming	朱 迪 明
Mr CHUNG Wai Fung	鍾 煒 峯
Miss FUNG Sze Wai, Sonia	馮 思 慧
Mr HA Kwan Tsun	夏 鈞 俊
Miss LAM Man Ting	林 敏 婷
Mr LAM Tsz Lung	林 子 龍
Miss LAU Choi Yee	劉 彩 儀
Miss LAU Yuen Yan, Kitty	劉 婉 欣
Mr LAW Ching Yin	羅 政 彥
Mr LEE Chi Lung	李 志 龍
Mr LEE Chun On	李 俊 安
Mr LEE Wai Chun	李 維 俊
Miss LI Hei Long, Jackie	李 熙 朗
Mr LIU Wai Shun, Wilson	劉 偉 信
Miss LO Wing Sum, Amy	盧 穎 心
Mr OR Ego	柯 景 濤
Miss OR Wing Yin	柯 穎 妍
Miss SHUM Wing Zi	岑 穎 孜
Miss TANG Sin Tung	鄧 倩 彤
Miss TSANG Wing Ting	曾 穎 婷
Miss TSE Ping Yu, Clarice	謝 嫻 瑜
Mr WONG Barney	王 派 瓏
Mr WONG Chun Man, Kris	王 雋 民
Mr WONG Tin Long	王 天 朗

Mr YAU Kwan Ming, Jeremy	丘 鈞 銘
Miss YUEN Ching Tung	袁 靜 童

Transfer from Student Member to Associate Membership

Dr MA Hiu Tung	馬 曉 彤
Dr NGAI Stanley Hiu-On	倪 曉 安
Dr WONG Nicole	黃 亦 陶

Resignation of Student Membership

Miss SO Wing Lam	蘇 穎 琳
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Terminated from Full Membership

Dr NG Shak Hong	吳 錫 康
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Terminated from Associate Membership

Dr CHAN Kai Lung	陳 啟 龍
Dr CHAN Min Chung, Peter	陳 敏 中
Dr CHO Tze Yan	曹 子 欣
Dr CHOI Man Yan, Teresa	蔡 敏 欣
Dr CHOW Yuet Wah	周 月 華
Dr CHUNG Chak Hang, Jonathan	鍾 澤 恆
Dr LAI Ka Ho	黎 嘉 皓
Dr LAM Jenks Albinus	林 真 善
Dr LEUNG Wai Yin	梁 偉 然
Dr SUN Xiao Ling	孫 曉 玲
Dr TSANG Sharon	曾 舒 蘭
Dr TSAO Kuan Hsin	曹 莞 欣
Dr TSUI Ka Wai	徐 嘉 惠
Dr WANG Man Leung	黃 文 梁
Dr WONG Adrian Brian	王 伯 仁
Dr WONG Yu	王 宇
Dr WONG Yuk Teck	汪 育 德
Dr YUNG Caroline Man San	翁 文 珊

Terminated from Fellowship

Dr CHAN Hoi Yuk	陳 凱 旭
Dr LAM Soe Tjhoen	林 樹 春
Dr LI Shing Yan	李 成 欣
Dr PUN Yat Hei	潘 逸 熙

Terminated from Non-HKSAR Membership

Dr XIANG Yuling	向 宇 凌
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Board of Vocational Training and Standards News

Basic Training Introductory Seminar

A Basic Training Introductory Seminar will be held in October 2021 for all newly enrolled basic trainees, existing trainees and clinical supervisors. The seminar is designed to help basic trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers	:	Dr. Fok Peter Anthony (Chairman of Basic Training Subcommittee) Dr. Yiu Yuk Kwan (Chairman of Board of Vocational Training and Standards)
Date	:	7 October 2021 (Thursday)
Time	:	7:00 p.m.
Venue	:	802, 8/F Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai

In case of the escalating situation of COVID-19, the seminar would be rescheduled or changed to online platform. Further announcement will be made in due course. In order to facilitate the administration arrangement on social distancing measures in consideration of the COVID-19 pandemic, registration is REQUIRED.

For registration, please fill up the form via scanning the QR code below:



Basic Training Subcommittee

Reminder: Application for Recommendation for Exit Examination

To all Higher Trainees,

For those who prepare to sit for 2022 Full Exit Examination, please submit the application letter and the checklist for recommendation for Exit Examination before **30 September 2021**. Late application **WILL NOT** be entertained.

Higher Training Subcommittee

For any further enquiries, please contact Ms. Kathy Lai at 2871 8899.

Board of Vocational Training and Standards

Specialty Board News

Pre-Exit Examination Workshop – For 2022 Exit Examination (Hybrid Event)

The Specialty Board is pleased to announce the Pre-Exit Examination workshop on Exit Examination of Vocational Training in Family Medicine. The workshop will give participants an insight into the preparation of Exit Examination. ALL candidates who are preparing to sit for Exit Examination 2022 are strongly encouraged to attend. Clinical supervisors and Examiners are also welcome.

Date	:	27 August 2021 (Friday)
Time	:	7:00 – 9:00 p.m.
Venue	:	Rm 903-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK
Speakers	:	Chairperson and Segment Coordinators of Specialty Board

* Demonstration videos for CSA segment will only be shown to potential candidates who physically attended the seminar. The video will not be shared and uploaded online.

* Limited seats are available at the venue. Priority will be given to the potential candidates of 2022 Full Exit Exam

For registration, please submit the registration form online or contact the board secretaries, Mr. John MA or Ms. Alky YU by email to exit@hkcfp.org.hk.

Yours Sincerely,

Dr. Wendy Tsui
Chairlady, Specialty Board



Enrolment



Department of Family Medicine and Primary Care of The University of Hong Kong is actively recruiting primary care doctors who are prepared to take medical students into their practices for teaching purposes.

- As part of the **Professionalism in Practice Programme (PIP)**, each student will attach individually or in pairs to the same preceptor for two half-day sessions over the first two years of medical school. Through early attachment to a primary care doctor, students will focus on developing an understanding of what it means to be a doctor and how professionalism is practiced in real life. The dates of the attachment are flexible.
- During the **Family Medicine Junior Clerkship – Family Practice Attachment (FPA)** of the fourth year of medical school, each student will attach individually or in pairs to a family practice in the community for two half-day sessions over nine-week period. These attachments are on a one-to-one basis, and are scheduled at regular intervals throughout the clerkship.

Most doctors find that teaching medical students is a rewarding experience, and that the satisfaction gained often more than compensates for the minor disruption to the practice. Those who volunteer to teach will be offered an honorary academic appointment at The University of Hong Kong, which is a quotable appointment. CPD accreditation has been given to these teaching activities by the Quality Assurance and Accreditation Committee of Hong Kong College of Family Physicians (HKCFP) towards the award of the Certificate of Quality Assurance. Our honorary teachers are entitled to use HKU's facilities including the library and email access to the HKU portal.

Fellows and members of the HKCFP are most eligible, and enquiries from other doctors would also be welcome. No previous experience is necessary - interest and motivation to pass on your expertise are much more important.

Please complete and return the reply-slip together with your updated CV. If you would like more information about our programmes, please contact us by email (fmpe@hku.hk) or telephone (2518-5657).

Professor Cindy L.K. Lam
Department of Family Medicine and Primary Care
The University of Hong Kong

REPLY SLIP

To : Department of Family Medicine and Primary Care, The University of Hong Kong
(Email: fmpe@hku.hk / Fax: 2814-7475)

I am interested in taking medical students for the following programme(s), and have attached my updated CV.

☐ **Professionalism in Practice Programme (PIP)**

☐ **Family Medicine Junior Clerkship – Family Practice Attachment (FPA)**

Name: _____ (English) _____ (Chinese)

Office/Clinic Address: _____

E-mail Address: _____

Office/Clinic Tel. No. : _____ Fax. No. : _____

Date: _____ Signature: _____

Meeting Highlights

Online Certificate Course: Management of Common Mental Health Problems for Primary Care Doctors

Total 6 sessions of Online Certificate Course: Management of Common Mental Health Problems for Primary Care Doctors were held on 17, 25 June, 2, 8, 15 and 23 July 2021.

Dr. Pao Sze Yuan, Ronnie, Specialist in Psychiatry, delivered the lectures on "Identifying Mental Health Problems in Family Practice, Mental Status Examination and Proper Medical Record Entries" on 17 June and "Approach to Common Anxiety, Stress and Sleep Problems in Family Practice" on 8 July respectively.

Dr. Lo Tak Lam, Specialist in Psychiatry, delivered the lectures on "Short- and Long-term Treatment Plan for Mental Health Problems in Family Practice" on 25 June and "Approaches to Strange Symptoms in Family Practice (OCD, Hallucinations, Mixed Symptoms)" on 15 July respectively.

Dr. Mak Kai Lok, Greg, Specialist in Psychiatry, delivered the lectures on "Approaches to Mood Disorders and related Medications" on 2 July and "Issues Commonly encountered with Medications in Family Practice and Management (Sleep, Sexual, Weight Gain, Side Effects, etc.)" on 23 July respectively.

We would also like to thank Prof. Tang Siu Wa, Emeritus Professor of Psychiatry, University of California, Irvine CA, USA; Founding and Past President, Hong Kong Society of Biological Psychiatry, to be the panel discussant and Dr. Sin Ming Chuen, Dr. Lorna Ng, Dr. Ho King Yip Anthony, Dr. Chan Suen Ho Mark, Dr. Chan Wing Yan, and Dr. Wan Kwong Yu to be moderators for the course.



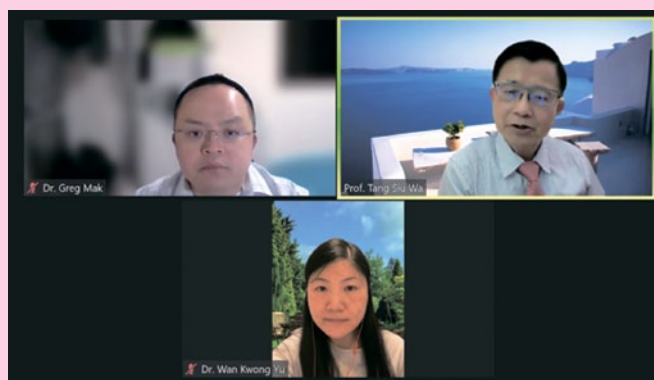
A screenshot taken on 8 July 2021

Upper (from left to right): Dr. Pao Sze Yuan, Ronnie (Speaker) and Prof. Tang Siu Wa (Discussant)
Bottom: Dr. Chan Suen Ho, Mark (Moderator)



A screenshot on 15 July 2021

Upper (from left to right):
Dr. Chan Wing Yan (Moderator) and Prof. Tang Siu Wa (Discussant)
Bottom: Dr. Lo Tak Lam (Speaker)



A screenshot taken on 23 July 2021

Upper (from left to right):
Dr. Mak Kai Lok, Greg (Speaker) and Prof. Tang Siu Wa (Discussant)
Bottom: Dr. Wan Kwong Yu (Moderator)

16th Medical Humanities Online Seminar on 17 July 2021

We would like to thank Dr. Chan Suen Ho, Mark, Family Physician in private practice, for delivering a lecture on "Meaninglessness in Life (生命的意義, 無意義的意義) From Hu Shih 胡適 to Yalom".

The Diary of a Family Doctor【家庭醫生的日常】

《濫藥背後》冼銘全醫生

三十歲男士，前幾天被發現昏迷於工作地方，頭、腳多處瘀傷，身上藏有一支喝剩少半的咳水。入院檢查幸好沒有骨折。他承認濫藥，已轉介精神科跟進。由於身體多處痛楚，未能上班，需要續假。他由父母摻扶下進了診症室，眼神渙散，面容疲憊。

我在想，如果人沒有痛苦，會選擇汽水多於咳水吧？還來個跌碰滿身傷痕…

替他檢查身體後，**我道**：「如果咳水係用嚟逃避痛苦，最近乜嘢令你咁痛苦？」

男士：「無嘢。」但身後母親猛力點頭，搶答：「做嘢唔開心囉。」

男士不置可否。其實無向父母表達過。他是家中獨子。

母親：「佢乜嘢都唔講嘅，個老豆就乜嘢都緊張。」

原來父親兩年年輕微中風，常常覺得自己快離開世界，希望兒子生性（但其實看來十分精神，行動自如）。父親自幼失去父母，自己學習成長，經常恐懼焦慮，倚賴身邊人，常常說著兒子是他生存的動力。

母親也只是擔憂丈夫和兒子，口裡不停教訓，顯得焦躁。

男士一直伏在我案頭，不表達意見。是不想父母擔憂吧！這家庭，三個人，都為對方苦惱，都忘掉了自己。

我對父母說：「我覺得我哋要幫呢個年青人做番自己，但首先你哋要搵番自己。」

我向著父親：「你由今日開始要成長，學習堅強啦，你角色係承擔家庭，反為佢要個仔嚟支持你生命？」

我向著母親：「妳唔好成日望住個仔同老公，望下自己，多搵節目比自己（當然小心疫情），咁先有空間俾身邊兩個男人成長！」

我拍一拍這個年輕人；「你，見到兩老改變後，你要做番好自己。有冇一句說話同父母講？」

男士雙眼通紅望住

父母：「你哋唔好咁緊張就得㗎啦。」

臨離開，三人同時向我道謝。再望這年輕人，眼神堅定，腰板挺直，判若兩人。

The Diary of a Family Doctor 家庭醫生的日常

We Welcome articles on
interaction with patients in
your daily practice.
Submissions up to 400 words
in English or 600 words in
Chinese are always welcome.
Email: alkyyu@hkcfp.org.hk

FP Links Committee News

Time to Go Green

The Hong Kong College of Family Physicians always encourages the use of the electronic copy to replace printed copy in order to reduce paper consumption. Since 2009, all issues of Family Physicians Links (FP Links) have been accessible from college website http://www.hkcfp.org.hk/fplinks_40.html

To be in line with the College's Go Green policy, College members would be recommended to obtain our FP Links ONLINE from now on.

Members who would like to stop receiving physical copies of FP Links in future, please scan the QR code and unsubscribe from our hard copy database. Mailing of FP Links will be discontinued from the following month onwards.

Please join us together in reducing paper consumption and helping conserve natural resources!

For enquiry, please contact the College Secretary at 2871 8899.

HKCFP Secretariat

The Hong Kong College of Family Physicians

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99 Wong Chuk Hang Road, Aberdeen

Email : membership@hkcfp.org.hk

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A Tale of Four Doses COVID-19 Vaccine

A 30-year-old man, who received two shots of BioNTech COVID-19 vaccine in Hong Kong further to his two jabs of Moderna vaccine in Singapore earlier on, reported to the media in July 2021 that he wanted to obtain a local electronic vaccination record for social reasons.

Dose	Vaccine	Dates	Location
1 st	Moderna	9 Apr 2021	Singapore
2 nd	Moderna	7 May 2021	Singapore
3 rd	BioNTech	7 Jun 2021	Hong Kong
4 th	BioNTech	28 Jun 2021	Hong Kong

Source: <http://cablenews.i-cable.com/ci/news/article/37/750587>

Moderna COVID-19 vaccine, currently not available in Hong Kong at the time of article publication, is an mRNA vaccine with a recommended schedule of two-dose series separated by 28 days, slightly different from the locally available BioNTech vaccine's schedule. Clinical trials suggest high efficacy for both BioNTech or Moderna vaccines which were 94% effective against COVID-19 hospitalization among fully vaccinated adults from United States publication.

Scientific Committee on Emerging & Zoonotic Diseases Chairman Professor David Hui said taking four doses of COVID-19 vaccine offered few medical benefits, but exposed recipients to extra risks of side effects, such as fever, headache or pain in the vaccinated arm.

In addition to the potential health risks, the government said the man's actions implicated wastage of the precious vaccine resources and condemned his "extremely selfish and irresponsible behavior": "the relevant act may involve misrepresentation and gaining benefits through deception, which constitutes a criminal offence. The government will conduct investigation and consider taking appropriate legal actions. If necessary, we will prosecute the relevant person. Members of

the public have the responsibility to, at the time of vaccination in Hong Kong, provide truthful statements regarding their health and vaccination situation".

Dr. Joseph Tsang Kay-yan, Chair of the Communicable Diseases Committee of the Hong Kong Medical Association, described there was a "loophole" at Community Vaccination Centres, as medical staff were not required to ask recipients whether they had been inoculated overseas. Currently, electronic sign-ups for vaccination require the applicant to provide personal particulars, acknowledge an understanding of the risks and process involved, and select the brand, time and location for the jabs. Dr. Tsang suggested the government look into adding a question to the vaccination consent form regarding vaccination history. In the long run, Dr. Tsang advised the government should consider including internationally accepted vaccines in its electronic record scheme.

Family Physicians are gatekeepers to safeguard the health of the public. More should be done collaboratively among Family Physicians and the government on vaccination education and promulgation in strengthening primary prevention of COVID-19 during the pandemic era.

Reference:

- Effectiveness of Pfizer-BioNTech and Moderna Vaccines Against COVID-19 Among Hospitalized Adults Aged ≥65 Years — United States, January–March 2021 <https://www.cdc.gov/mmwr/volumes/70/wr/mm7018e1.htm>
- Coronavirus: Hong Kong may prosecute fully-vaccinated man who received extra Covid-19 doses <https://www.scmp.com/yp/discover/news/hong-kong/article/3141759/coronavirus-hong-kong-may-prosecute-fully-vaccinated-man>
- Vaccine recommendations updated https://www.news.gov.hk/eng/2021/04/20210422/20210422_232934_511.html
- Moderna COVID-19 Vaccine <https://www.cdc.gov/vaccines/covid-19/info-by-product/moderna/index.html>
- COVID-19 Vaccination Programme Booking System <https://booking.covidvaccine.gov.hk/forms/index.jsp>

Complied by Dr. Leung Lok Hang, Will

FP Links Interview with WONCA President Dr. Donald Li

Dr. Ken HO and Dr. Will LEUNG, Specialists in Family Medicine



Interview with Dr. Donald Li by Dr. Ken Ho (left at the bottom) and Dr. Will Leung (right at the bottom) by ZOOM

Our leader, Dr. Donald KT Li (MBBS FHKCFP FRACGP FHKAM (Family Medicine) FFPH SBS O St J JP) has taken up the post as the WONCA President since 2018. Dr. Li has been leading WONCA and all family doctors in the world to fight against the pandemic. The usual term of office as WONCA President would be three years. Because of the COVID-19 pandemic, Dr. Li had extended his term of office as WONCA President for a year to serve WONCA in this critical pandemic era till the end of 2021.

FP Links editorial board has a privilege in interviewing Dr. Donald Li to share his views on the COVID-19 pandemic and the development of Family Medicine both locally and globally.

"Family Physicians served a crucial role during the unprecedented COVID-19 pandemic" Dr. Li highlighted the importance of primary care during the pandemic, a major global challenge. Seventy percent of primary care services in Hong Kong were delivered at the private sector. Family Physicians had been maintaining a trustworthy rapport with their patients in offering information such as COVID-19 vaccination advices; providing test kits in fulfilling a surveillance gate-keeping role during the pandemic; maintaining normal healthcare services in light of the COVID-19 situation; adopting novel technology such as tele-medicine in helping patients; supporting patients in need, particularly psychological needs during the difficult times; and advocating hygiene practices such as infection control measures in reducing transmission

of COVID-19 and other infectious diseases in the new normal era. "Technology has transformed the life, videoconferencing is convenient yet it never substitutes the human to human interaction that was present in the pre-pandemic times".

Dr. Li also re-emphasized the important role of Family Physicians in disasters such as the pandemic. In the recovery phase, Family Physicians should resume our primary care services as soon as possible. We do offer whole person care to our patients. We have to be aware of the psychological needs of our community. Patients may suffer from mild mood disorders or even Post Traumatic Stress Disorder (PTSD) throughout the pandemic. Dr. Li also stressed our duty of surveillance in the community. We have to reinforce our patients to maintain the healthy lifestyle such as handwashing, mask wearing and health awareness to maintain the health standard of our community. "Preparedness would be the key to the success" Dr. Li said. In the recovery phase, we, as Family Physicians, should learn from experiences in order to have better preparation to fight against any disasters in the future. Family Physicians should equip the required knowledge and skills to deal with specific disasters through training with innovative technologies.

Enhancing international collaboration on the global platform is important to combat the world-wide pandemic through the concerted efforts of all parts of the world, as well as to improve the development of primary care. As

the WONCA President, Dr. Li remarkably escalated the status of WONCA at the international centre stage from being a non-state actor to a non-state actor in official relations with the World Health Organization (WHO) under the memorandum of agreement signed in 2019. Family doctors around the world have a solemn responsibility to ensure that the Declaration of Astana, from Declaration of Alam-Ata to an universal health coverage and the sustainable development goals, on primary health care, enable every person, everywhere to exercise their fundamental right to health. "Infection control is the top priority for developing countries" Dr. Li appreciated that community health workers around the world, particularly at the developing countries, contributed significantly to preventive care, such as advocating vaccinations, all along but not limited to COVID-19 pandemic times. There is a global shortage of family doctors around the world, community health workers, not all being doctors, had been very important to deliver primary care globally.

"Barefoot Doctors were grandfathers of family doctors" Dr. Li reiterated that basic clinical skills and communication skills are hallmark features of good Family Physicians. Primary care development in Mainland

China had been evolving rapidly over the recent decades. Further development relies on escalating the status of Family Physicians in the health system, providing reasonable incentives such as subsidies, and intensifying training opportunities for Family Physicians. The hospital-based system is the predominant model of Mainland China and there are rarely solo practitioners in the non-governmental sector providing primary care. Gaps had been identified from macroscopic and microscopic perspectives and Dr. Li had long been engaging peers in the Mainland China in further developing the system, as well as enhancing high quality training opportunities for budding Family Physicians of our country.

For Hong Kong's primary care development, Dr. Li viewed trust as a crucial key to success: trust between doctors and patients, as well as between doctors and the government. "Government has to strengthen the central co-ordinating role at a high level in steering the development of primary care in Hong Kong, especially engaging the private Family Physicians who contributed to seventy percent of primary care services locally. As a major initiative of the government, District Health Centre (DHC) was designed ideally on its team-based approach



Chinese Medical Doctor Association (CMDA) Federation Annual Scientific meeting



Rural WONCA 18th World Rural Health Conference Opening Ceremony

Rural WONCA 18th World Rural Health Conference Opening address



Co-Chairing Panel discussion of "Working together to combat Substance and Drug Abuse" at the Federation of Medical Societies of Hong Kong

to meet patients' needs. The role of network medical practitioners should not be underemphasized as the team leaders of the multidisciplinary teams as Family Physicians are at an ideal position to co-ordinate the care for their patients directly". Dr. Li, as the iconic leader in the field of Family Medicine, further advocates that a Primary Care Authority should be set up by our government in taking up the lead to co-ordinate the public and private primary care provision in Hong Kong, thereby improving the existing fragmented care model locally. "Quality primary care service and family doctors training system are the strengths of Hong Kong primary care system" Dr. Li said. To enhance the development of family medicine in Hong Kong, Dr. Li advised us to have more local research on our primary health system. In the evidence-based medicine era, research could increase the understanding of our communities and government on the effectiveness of the primary care system as well as the essential role of Family Physicians in the health care system.

As a busy WONCA President in active clinical practice over the years, Dr. Li shared his wisdom on work-life balance. "Prioritization is the key. Advanced planning of multiple tasks shall maximize efficiency of the packed schedule". Besides that, modern technology could help Dr. Li keep in touch with his patients in his busy schedule. Dr. Li would utilize tele-communication channels to engage his patients during this pandemic era, which is particularly important as a Family Physician to maintain a good rapport with patients in spite of social distancing measures.

As the global leader of WONCA and as the Family Physician of his patients, Dr. Li treasured the core values of Family Medicine in maintaining trust and a good doctor-patient relationship throughout the professional career. "Patients are eager to come back for follow up regularly, to discuss health-related issues, as well as sharing their laughs and tears with their Family Physicians, such satisfaction is precious and priceless".



St John's Ambulance 2021 AGM

Post-interview sharing by Dr. Donald Li at the Keynote Tufh 2021 (21-23 July 2021):

Vaccination is a global imperative, if we are to hope to resume lives which resemble our previous "normal". Rather than getting into the unseemly and disingenuous political manoeuvring of some nations, with "vaccine diplomacy", vaccine bartering and short sightedness, I want to finish with a plea from our experience in primary health care. Our experience shows us that this pandemic does not respect national boundaries; neither does it respect wealth, though it does disproportionately affect those who are poor. It differentiates between the young and old only in the extent to which they will suffer and die from the disease, as the young have a greater capacity to withstand the challenging symptoms. As family doctors and primary care teams from across the globe we urge our governments to put aside political differences, to accept collective responsibility, to stand up for our fellow man, to recognise our humanity and to ensure that everyone in the world is fully vaccinated, so that all of us can breathe a sigh of relief and build back our lives. Collaborating right across the primary care team members, and with secondary and tertiary clinical colleagues, across nations, regions and globally, is the challenge we face, to improve delivery of comprehensive, qualified primary health care. So, for WONCA, "our" practice and experience are multifaceted, reflecting the full range of our members, the multiplicity of health systems and the range of financing mechanisms to support those systems across the globe.

Reference:

- WHO called to return to the Declaration of Alma-Ata <https://www.who.int/teams/social-determinants-of-health/declaration-of-alma-ata>
- Declaration of Astana <https://www.who.int/docs/default-source/primary-health/declaration/gcphc-declaration.pdf>
- Yu YT Esther, Leung LH Will, Wong YS Samuel, et al. How are family doctors serving the Hong Kong community during the COVID-19 outbreak? A survey of HKCFP members. Hong Kong Med J 2020;26:176-83. <https://doi.org/10.12809/hkmj208606>



Meeting with Chief Executive of Hong Kong as her 30 member advisors on innovation and development of HK

HKCFP Trainees Research Fund 2021 / HKCFP Research Seed Fund 2021

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$10,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects at their exit examinations. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: CrystalYung@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2021**” or “**HKCFP Research Seed Fund 2021**” on your research project upon submission.

Submission Deadline: 27th October 2021

Supported by HKCFP Foundation Fund

Online Seminar on Dermatology – The 79th Meeting on 3 July 2021

Dr. Chuang Chi Kit, Dr. Hui Alice Sau Wei, Dr. Leung Wai Lun, Dr. Leung Wai Yan Viola, Dr. Li Kwok Ho and Dr. Wong Chun Kit, Arthur

Theme : Trainees Dermatology Cases Presentation

Moderator : Dr. Lam Wing Wo, Board of Education

Summary of presented cases

1. Case presented by Dr. Chuang Chi Kit

Ms Zheng was a 48-year-old patient presenting with a 1-week history of generalized, minimal itchy scaly rash over entire torso. Further history taking revealed the presence of a herald patch 3 days before the onset of other skin lesions. A diagnosis of pityriasis rosea was made based on the characteristic lesions and clinical course. She was given symptomatic treatment in view of her relative mild symptoms, and reported almost complete resolution of her rash on follow-up after 4 weeks. Atypical presentation of pityriasis rosea, differential diagnoses and other treatment modalities were discussed.

2. Case presented by Dr. Hui Alice Sau Wei

This is a case of a 9 year old girl suffering from generalized itchy rash with painful blisters and central ulceration for 6 days. There were multiple enlarged lymph nodes. Vesicular fluid was tested positive for herpes simplex type 1 virus. Dermatologist was consulted and the diagnosis was herpes simplex virus triggered erythema multiforme. Erythema multiforme is a cell mediated immune response and is common in young adults. It can be caused by infection or drugs, with herpes simplex type 1 and 2 viruses being the most frequent precipitator. In addition, it is associated with some autoimmune diseases (e.g. inflammatory bowel disease) and malignancies (e.g. leukemia). Typical presentation of erythema multiforme is target lesions, which consist of central bullae surrounded by peripheral concentric erythematous rash. The rash usually presents symmetrically on the extremities. Oral, genital or ocular mucosa can also be affected. The diagnosis of erythema multiforme is mostly based on clinical findings, laboratory findings are nonspecific. If in doubt, skin biopsy can be performed to confirm the diagnosis. For most the time, erythema multiforme is self limiting. Main goal of management is to treat the underlying cause or withhold the causative drug, depending on the cause. Symptomatic treatment such as topical steroid and antihistamine can be given as well.



3. Case presented by Dr. Leung Wai Lun

A case of bilateral lower limbs rashes was presented. A 70-year-old gentleman presented to our clinic for bilateral lower rashes for 3 months. The rashes were symmetrical and started at the ankles, progressing proximally. It was neither itchy nor painful. He had no joint pain or systemic symptoms. Physical examination revealed bilateral lower limbs non-blanching violaceous macular rash, more densely distributed near ankles. Blood test revealed raised anti-nuclear antibodies yet otherwise normal. The patient was further managed by the Medical colleagues. Skin biopsy showed interface dermatitis and superficial perivascular dermatitis. Rheumatology team suggested the impression of either cutaneous lupus or dermatomyositis. The rash partially responded to topical synalar. Further workup and follow-up were arranged by the Rheumatology clinic.

This case illustrated the cutaneous manifestation of connective tissue diseases. Cutaneous lupus erythematosus could be classified as acute (ACLE), subacute (SCLE) and chronic (CCLE) types. Example of ACLE included the classical malar rash. SCLE could be annular



or papulosquamous. CCLE included discoid lupus and other variants. The histopathological features of LE-specific skin diseases included hyperkeratosis, epidermal atrophy, vacuolar interface dermatitis, and a superficial, perivascular, and perifollicular mononuclear cell inflammatory infiltrates. On the other hand, skin changes associated with dermatomyositis included Gottron's papules, Gottron's sign, the heliotrope eruption and the V sign. In patients presented with cutaneous findings suggestive of dermatomyositis without muscle symptoms, a skin biopsy should be performed. The histopathologic findings in dermatomyositis included interface dermatitis and lymphocytic infiltrates in the superficial dermis.

4. Case presented by Dr. Leung Wai Yan Viola

The case was a 50-year-old male presented with progressive erythematous plaque and nodules over bilateral lower limbs for three months. Physical examination showed hardened confluent violaceous plaque and nodules with lower limb edema. He was initially treated as cellulitis in the past. He is heterosexual and with past history of commercial sex. He was later diagnosed as human immunodeficiency virus with Kaposi's sarcoma, confirmed by HIV test and skin biopsy. The condition most typically presented with cutaneous disease but it may also affect mucosa or visceral organs. Computer tomography of thorax, abdomen and Pelvis also found endobronchial metastasis in this patient. Kaposi's sarcoma presents with varied lesion and diagnosis based on appearance of characteristic lesions and distribution. For AIDS-associated Kaposi's sarcoma, treatment with highly active antiretroviral drug therapy combination with chemotherapy and radiotherapy as in this case, can suppress HIV replication, prevent progression and development of new lesions. For localised lesions, options include cryotherapy, surgical excision for individual nodules, intralesional chemotherapy, electrochemotherapy etc. The clinical response is satisfactory.

5. Case presented by Dr. Li Kwok Ho



My presented case is perioral dermatitis. It is also known as periorificial dermatitis. It is more common in young women. Its etiopathogenesis is still poorly understood. It is associated especially with the use of topical corticosteroid. Other potential contributors include oral or inhaled/intranasal corticosteroids, fluoridated toothpaste, skin moisturizers and cosmetic products, fusobacteria, *Candida albicans*, hormonal fluctuations in women, oral contraceptive therapy, sun exposure, etc. It manifests in the form of multiple small, clustered papules on an erythematous base, and most frequently in the perioral region, usually sparing vermilion border of the lip. It may also involve the perinasal and periorbital areas. It is usually asymptomatic or has stinging or burning sensations. It is a clinical diagnosis, and other differential diagnoses to be kept in mind include acne vulgaris, rosacea, seborrhoeic dermatitis, contact dermatitis, impetigo, dermatophyte infections, etc. The first step of management is the elimination of corticosteroids and irritants, which is also known as zero therapy. If much distress is caused due to the outlook of the rash, or if one wishes for faster recovery, topical therapies may be considered. Examples include topical calcineurin inhibitors like tacrolimus, topical erythromycin and

topical metronidazole. Oral therapy is reserved for those with moderate or severe perioral dermatitis or not responding to topical therapies, for example oral tetracyclines or erythromycin. Recurrence of perioral dermatitis is common.

6. Case presented by Dr. Wong Chun Kit, Arthur

My presentation was on prurigo nodularis. The case was a 50-year-old male who presented with multiple intensely pruritic skin lumps over bilateral forearm since few weeks ago. No constitutional symptoms were reported. He had a background of suboptimally controlled eczema for years. Physical examination revealed more than 50 dome-shaped papules and nodules over the extensor surface of both forearms. Prurigo nodularis is a chronic skin condition characterised by multiple, pruritic, hyperkeratotic nodules that tend to distribute symmetrically with predilection on extensor surfaces of limbs. It commonly affects middle aged adults. It is a resistant skin condition that tends to run a long course. The exact pathophysiology is unknown. It is often found to be secondary to repeated scratching. 80% of sufferers have history of atopy. Atopic dermatitis is the most commonly linked skin condition. It can also be linked with other various disorders, and so it may be worthwhile to investigate for them if suspected (e.g. psychiatric causes such as depression/anxiety, autoimmune causes such as coeliac disease/hashimoto thyroiditis, infection causes such as HIV/hepatitis C, malignancy causes such as GI cancer/lymphoma etc.) The diagnosis is made clinically, but can consider biopsy if in doubt. Various management options include topical therapies (emollient, high potency corticosteroid cream, calcineurin inhibitor, vitamin D analogue, capsaicin cream, intralesional corticosteroid injection, phototherapy, cryotherapy etc.) and systemic therapies for more refractory condition (gabapentin, aprepitant, methotrexate, cyclosporine, oral steroid, thalidomide etc.) . Practical advice about breaking the itch-scratch cycle should be given to patients. As prurigo nodularis can be quite symptomatic, as well as causing significant cosmetic concern, it is also important to watch out for any co-existing psychiatric or psychological conditions and manage accordingly.



From left to right: Dr. Leung Wai Lun, Dr. Wong Chun Kit Arthur, Dr. Li Kwok Ho, Dr. Leung Wai Yan Viola, Dr. Hui Alice Sau Wei and Dr. Chuang Chi Kit



香港中風學會
THE HONG KONG STROKE SOCIETY

Webinar

Hong Kong Stroke Society Annual Scientific Meeting 2021 2nd Announcement

25 September 2021 (Sat) 9:00am - 5:00pm (GMT + 8)

Session for General Practitioners and Family Physicians:

- 1:30pm - 3:00pm**
- Target for risk factor control in stroke prevention**
Dr Winnie Wong
 - Interpretation in vascular pathology in CT/MRI report**
Dr Fred Tsang
 - Update in antiplatelet therapy for TIA/minor stroke**
Dr Man Sum Chi
- 3:10pm - 4:40pm**
- Stroke prevention for AF - Uncertainties and Practical Advice**
Dr Yannie Soo
 - Management tips in patients on NOAC**
Dr Joyce Lo
 - Management of NOAC related bleeding**
Dr Richard Li

Tailor-made session for General Practitioners and Family Physicians at 1:30pm - 4:40pm. Details are as follows:

Free Registration

www.stroke.org.hk



Registration Deadline:
10 September 2021 (Fri)

Enquiries:

Tel: (852) 2396 6261

Email: oscar@genesismarketing.com.hk

Participants are welcomed to join other parts of the main program.
Details available soon.

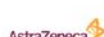
CME and CPD accreditation application in progress:

- Hong Kong College of Family Physicians
- The Medical Council of Hong Kong Continuing Medical Education (CME) Program for practicing doctors who are not taking CME program for specialists

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Certificate Course on Bringing Better Health to Our Community 2021

Co-organized by Queen Elizabeth Hospital and Hong Kong College of Family Physicians

Dates	:	11 September, 9 October, 13 November, 11 December 2021 (Saturdays)
Time	:	2:00pm - 4:00 pm Lecture & Discussion
Venue	:	Video Conference (via Zoom)
Course Fee	:	Free
Accreditation	:	2 CME Points HKCFP (Cat. 5.2) 2 CME Points MCHK (pending)
Certification	:	Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more.

Programme Schedule

Dates	Time	Topics	Speakers
11 September 2021 (Sat)	2:00 4:00 pm	Reversible and Non-reversible Respiratory Diseases	Dr. Derek LEE Associate Consultant, Department of TB & Chest, Tung Wah Group of Hospitals Wong Tai Sin Hospital
		Latest Update on COVID19	Dr. CHAN Shuk Ying Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
9 October 2021 (Sat)	2:00 4:00 pm	Interesting Poisonings in Hong Kong – Experience of The HA Toxicology Reference Laboratory in The Past 15 Years	Dr. CHONG Yeow Kuan Consultant, Chemical Pathologist, HA Toxicology Reference Laboratory
		Abnormal Liver Function Tests and Update in Liver Diseases	Dr. CHEUNG Wing I Consultant, Department of Medicine & Geriatrics, Our Lady of Maryknoll Hospital
13 November 2021 (Sat)	2:00 4:00 pm	Diabetes, Obesity and SGLT2 Inhibitor	Dr. LEUNG Hoi Sze Associate Consultant, Department of Medicine & Geriatrics / Director, Centre for Diabetes and Education Management, Our Lady of Maryknoll Hospital
		Caring for Elderly in Family Practice	Dr. LAM Wing Wo Family Doctor, Private Practice
11 December 2021 (Sat)	2:00 4:00 pm	Breast Problems - From Primary Care to The Surgeon	Dr. Anthony CHAN Associate Consultant, Department of Surgery, Our Lady of Maryknoll Hospital
		Common Eye Symptoms / Signs / Treatment From Young to Old for Primary Health Care and New Eye Procedures	Dr. LAM Nai Man Chief of Service, Department of Ophthalmology, Hong Kong Eye Hospital

Registration will be first come first served.

Please scan the QR code to complete the registration.

For enquiry, please contact Ms. Emily LAU at 3506-8610 / Ms. Mary TANG at 3506-8143.



- Notes :**
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 - The link to join the online seminar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the online seminar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
 - Please note you can just attend **ONE** CME activity at a time. If it's found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
 - Members who have attended less than 3/4 of the length of the online seminar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
 - Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
 - Please be reminded to check the system requirements beforehand to avoid any connection issues.
 - Due to copyright issue, please note private recording of the lecture is prohibited.
 - Registration will be closed 3 days prior to each session.

BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there will be online seminars to be conducted via the ZOOM Webinar platform in the coming month with the details below:

Online Seminars

Date and Time	Topics	Speakers	Moderators
4 September (Sat) 2:00 – 3:30 p.m.	Topical Corticosteroid Sparing Approach in Treating Atopic Dermatitis <i>Organized by the Interest Group in Dermatology Sponsored by Mylan Pharmaceutical Hong Kong Ltd., a Viatris company</i>	Dr. Lam Yuk Keung <i>Specialist in Dermatology & Venereology</i>	Dr. Lam Wing Wo
14 September (Tue) 2:00 – 3:00 p.m.	Common Foot and Nail Infections: New Evidence on Topical Treatment of Onychomycosis <i>Sponsored by Main Life Corporation Limited</i>	Dr. Hau Kwun Cheung <i>Specialist in Dermatology & Venereology</i>	Dr. Lo Yuen Chung, Yvonne

QR Code for registration

4 September 2021 (Sat)	14 September 2021 (Tue)
	

Accreditation : 4 Sept : 2 CME Point HKCFP [Cat. 4.3]
2 CME Point MCHK (pending)
14 Sept : 1 CME Point HKCFP [Cat. 4.3]
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Session

Date and Time	Topic
27 August (Fri) 2:30 – 3:30 p.m.	"Holistic Diabetes Management – Is it all about Glycaemic Control Only?" by Dr. Ip Tai Pang
24 September (Fri) 2:30 – 3:30 p.m.	"To Treat or Not to Treat – What is the cut off for treatment in the era of prediabetes" by Dr. Yuen Mae Ann, Michele

QR Code for registration

27 August 2021 (Fri)	24 September 2021 (Fri)
	

Accreditation : 1 CME Point HKCFP [Cat. 4.2]
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**


Admission Fee : Member Free
(for all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :

- In case of over-subscription, the organizer reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If it's found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.



The FP Links Editorial Board
would like to thank all
readers, contributors, sponsors
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the College Secretariat for
their tremendous support.

Wishing you all

HAPPY MID-AUTUMN FESTIVAL

The FP Links Committee

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
01 Sept 2021 (Wed)			
2:00 – 5:00 p.m.	Lecture Theatre, 10/F, YCK, Kwong Wah Hospital	To Discuss How to Set Up Our Emergency Equipment in Primary Care Setting Dr. Chan Fung Yuen & Dr. Cheung Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Community Resources for Patients with ENT/EYE Problems Dr. Chan King Hang & Dr. Ng Wing Hin	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	Somatic Symptom and Related Disorders Dr. Li Wing Chi, Gigi & Dr. Cheung Ka Nam	Ms. Elise Haw / Ms. Cordy Wong Tel: 3949 3079 / 3949 3087
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Government Subsidized Screening Program Dr. Chu Pui Ling, Candice & Dr. Li Kwok Ho, Eric	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Patients with Depressive Disorders in Family Medicine Dr. Kwan Tsz Yan, Chelsia	Ms. Sarah Au Tel: 2589 2337
02 Sept 2021 (Thu)			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	Physiotherapy Service in the Community Dr. Leung Lai Man & Dr. Cheuk Tat Sang	Ms. Eliza Chan Tel: 2468 6813
08 Sept 2021 (Wed)			
2:00 – 5:00 p.m.	(Video Conferencing) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Room 10, 1/F, New block, East Kowloon GOPC & Multifunction Room, Shun Tak Fraternal Association Leung Kau Kui GOPC	Introduction to Cognitive Behavioral Therapy and Psychotherapy Dr. Noh Young Ah & Dr. Cheung Sum Lik Community Resource: Occupational Therapist (Musculoskeletal) Ms. Carol Hui (Occupational Therapist)	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Pitfalls in Accident and Emergency Care Dr. Chiu Kwan Ki & Dr. Lo Tsz Ming	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	Update on Management of Stroke Dr. Fung Wai Yee & Dr. Lam Ka Wai	Ms. Elise Haw / Ms. Cordy Wong Tel: 3949 3079 / 3949 3087
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Management of COVID (Screening, Investigation, Infectious Control, Vaccine) Dr. Choi Man Kit, York & Dr. Yiu Sze Wa, Sarah	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Allied Health Talk: Prosthetics and Orthotics Dr. Pong Pong, Leopard	Ms. Sarah Au Tel: 2589 2337
09 Sept 2021 (Thu)			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	Common Emergency Conditions Recognized by ECG Tracing Dr. Chan Chi Ho & Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
15 Sept 2021 (Wed)			
2:00 – 5:00 p.m.	Lecture Theatre, 10/F, YCK, Kwong Wah Hospital	Consultation Enhancement (Physical Examination: Shoulder and Video Consultation) Dr. Jiao Fangfang & Dr. Yan Dorcas	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Approach to Female Infertility and Role of Family Doctor Dr. Lam Sze Yan & Dr. Lee Pak Lik	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Lecture Theatre, 6/F, Block K, United Christian Hospital	Community Nursing Service, Community Psychiatric Nurse, Nurse Clinic Dr. Ho Sze Ho & Dr. Yang Tsz Ching, Kelly	Ms. Elise Haw / Ms. Cordy Wong Tel: 3949 3079 / 3949 3087
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Mobile Health in Primary Health Care Delivery Service Dr. But Lucille Caitlin & Dr. Leung Wai Chung, Rachel	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Consent and Confidentiality Dr. Pang Sze Ching, Esther	Ms. Sarah Au Tel: 2589 2337
16 Sept 2021 (Thu)			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	Quality and Safety in Primary Care Dr. Ho Chung Yu & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
23 Sept 2021 (Thu)			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	The Second 10-year Hospital Development Plan of Hospital Authority Dr. Kum Chung Hang & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813
29 Sept 2021 (Wed)			
2:00 – 5:00 p.m.	(Video Conferencing) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Room 10, 1/F, New block, East Kowloon GOPC & Multifunction Room, Shun Tak Fraternal Association Leung Kau Kui GOPC	Immunisation Dr. Chan Kwun Hung & Dr. Yu Lok Kwan, Aaron	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Dangerous Drug Management - Ordinance, Storage, Dispensing and Disposal Dr. Lam Ka Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Lecture Theatre, 6/F, Block K, United Christian Hospital	ICPC Coding Dr. Fung Hoi Tik	Ms. Elise Haw / Ms. Cordy Wong Tel: 3949 3079 / 3949 3087
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Emergency Eye Conditions Dr. Jerrold Lee & Dr. Fung Yat Wang, Andrew	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Dental Care Overview Dr. Ng Sheung Chun & Dr. Lam Ching	Ms. Sarah Au Tel: 2589 2337
30 Sept 2021 (Thu)			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	Complaints Management in GOPC and Case Sharing Dr. Ho Tsz Bun & Dr. Yu Yi Fung	Ms. Eliza Chan Tel: 2468 6813

HONG KONG SANATORIUM & HOSPITAL LI SHU PUI SYMPOSIUM 2021 COVID-19 AND BEYOND



WEBINAR



Date : Sunday, 5 September 2021
Time : 08:20 – 12:30

08:20 – 08:30	Welcome Speech		Dr. Walton LI
08:30 – 09:00	Keynote Lecture 1 Our Strategies in Combating COVID-19	Chairperson	Dr. LEE Koon Hung Dr. Joseph CHAN Dr. Raymond YUNG
Symposium 1	Perspective of Clinicians	Chairperson	Dr. William WEI Dr. Raymond CHAN
09:00 – 09:15	Contributions from Respiratory Physician		Dr. LAM Bing
09:15 – 09:30	Screening for COVID Vaccine Allergy		Dr. LEE Tak Hong
09:30 – 09:45	Role of Family Physician		Dr. YUEN Shiu Man
09:45 – 10:00	Discussion		
10:00 – 10:30	Keynote Lecture 2 Why Vaccination, Which Vaccine & When to Vaccinate	Chairperson	Dr. Raymond LIANG Professor Ivan HUNG
Symposium 2	Behind the Frontline	Chairperson	Dr. LAI Kar Neng Dr. CHAN See Ching
10:30 – 10:45	Molecular Diagnosis of COVID-19		Dr. Chris CHAN
10:45 – 11:00	Genomic Sequencing Applications in COVID-19		Dr. Edmond MA
11:00 – 11:15	Antibody Response to COVID-19 Vaccination in Healthcare Workers – Our Prospective Study		Dr. Jonpaul ZEE
11:15 – 11:30	Discussion		
11:30 – 12:30	Li Shu Pui Lecture From SARS-03 to COVID-19: A Crystal Ball View	Chairperson	Dr. CHOW Shew Ping Professor YUEN Kwok Yung

* Content is subject to change without prior notice

REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS
Reserve your place at www.hksh.com/lsp2021/registration



CME Accreditations by Various Colleges (Pending) | CNE 4.5 Points | CPD (Allied Health) 4.5 Points
Registration Deadline: **Monday, 23 August 2021 or Once the Quota is Full** | For Medical Professionals Only

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Aug 9:30 a.m. - 12:30 p.m. Conjoint Exam - KFP Segment 3:00 - 6:00 p.m. Conjoint Exam OSCE Examiner Workshop	16	17	18	19	20	21
22 9:30 a.m. - 1:00 p.m. Conjoint Exam - AKT Segment 2:00 - 4:00 p.m. Ophthalmology Course	23	24	25	26	27	28
29	30	31	1 Sep 2:00 - 7:30 p.m. Structured Education Programme	2 4:00 - 6:00 p.m. Structured Education Programme	3 2:30 - 3:30 p.m. Video Session 7:00 - 9:00 p.m. Pre-Exit Exam Workshop	4 2:30 - 5:30 p.m. Assessment Enhancement Course
5 2:00 - 4:00 p.m. Ophthalmology Course	6	7	8 2:00 - 7:30 p.m. Structured Education Programme	9 4:00 - 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	10	11
12 2:00 - 4:00 p.m. Ophthalmology Course	13	14	15	16	17	18
19	20	21	22 2:00 - 7:30 p.m. Structured Education Programme	23 4:00 - 6:00 p.m. Structured Education Programme	24 2:30 - 3:30 p.m. Video Session	25 2:00 - 6:00 p.m. Assessment Enhancement Course Mock Exam 2:30 - 5:00 p.m. DFM Module III Seminar

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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 2nd row (from left to right): Dr. Maria Leung, Dr. Heidi Fung, Dr. Cheuk Christina, Dr. Leung Lok Hang, Prof. Martin Wong, Dr. John Tam and Dr. Yeung Wai Man
 Front row (from left to right): Dr. Law Tung Chi, Dr. Tsui Hiu Fa, Dr. Judy Cheng, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Natalie Yuen, Dr. Anita Fan and Dr. Natalie Siu

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The Hong Kong College of Family Physicians

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