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## Message from the President

As we went past the milestone of 100 days of COVID-19 vaccination programme implementation, the uptake rate of the vaccination could be described as lukewarm only. According to the recent official figures, the total number of doses administered was around 2.9 million, with 1.7 million of the total population given the first vaccine dose and 1.2 million given the second vaccine dose respectively.

Individuals may have doubts and worries about the COVID-19 vaccine. Family doctors provide comprehensive, continuing, holistic and personalised care to people in the community, looking after their physical, social and psychological aspects of health. People with chronic diseases, e.g., diabetes mellitus, hypertension, and those at advanced age have increased risks of morbidity and mortality from COVID-19 infection. The benefit of COVID-19 vaccination among those with clinically stable conditions generally outweighs the risk unless there is clear contraindication. ([https://www.covidvaccine.gov.hk/pdf/Guidance\\_Notes.pdf](https://www.covidvaccine.gov.hk/pdf/Guidance_Notes.pdf)) Recent experiences in other parts of the world show that a higher percentage of population vaccinated against COVID-19 can facilitate the return to normalcy. Vaccination against COVID-19 will not only protect oneself, but also one's family and friends, as well as the community. The Hong Kong Academy of Medicine together with the Hong Kong College of Family Physicians, the Hong Kong College of Paediatricians and the Hong Kong College of Obstetricians and Gynaecologists issued a joint statement on 26 May 2021 to further encourage the public to receive COVID-19 vaccination as soon as possible to help

the society moving towards resumption of our normal daily lives. ([https://www.hkam.org.hk/sites/default/files/20210526\\_Hong\\_Kong\\_Academy\\_of\\_Medicine\\_urges\\_the\\_public\\_to\\_get\\_vaccinated\\_as\\_soon\\_as\\_possible-EN\\_TC.pdf](https://www.hkam.org.hk/sites/default/files/20210526_Hong_Kong_Academy_of_Medicine_urges_the_public_to_get_vaccinated_as_soon_as_possible-EN_TC.pdf))



By the way, in the June issue of the Hong Kong Practitioner, Dr. Weng-ye Chin shared with us on the role of family doctors in addressing vaccine hesitancy, which is well worth reading.

On 1 June 2021, the World Health Organisation (WHO) validated the Sinovac CoronaVac COVID-19 vaccine for emergency use, giving countries, funders, procuring agencies and communities the assurance that it meets international standards for safety, efficacy and manufacturing. (<https://www.who.int/news/item/01-06-2021-who-validates-sinovac-covid-19-vaccine-for-emergency-use-and-issues-interim-policy-recommendations>) Therefore, with WHO's previous approval of Fosun/BioNTech Comirnaty vaccine, both locally available vaccines have now got the blessing by WHO for emergency use.

World Blood Donor Day aims at raising the awareness of the need for safe blood and blood products for transfusion and of the critical contribution voluntary, unpaid blood donors make to national health systems across the globe. World Blood Donor Day (WBDD) takes place on 14 June each year. For 2021, the theme of the WBDD is "Give blood and keep the world

(Continued on page 2)

## Message from the President (Con't)

(Continued from page 1)

beating” which highlights the crucial contribution of blood donors in keeping the world pulsating by saving lives and improving others’ health.

As in the previous years, our College holds several career talks to provide an introduction on Family Medicine training and career development opportunities for potential future family doctors. The HKCFP Career Talk 2021 organised by our Young Doctors Committee is one of them and it took place online on 11 June 2021, which was well attended by over 150 participants. This year, there were sharing on Family Medicine basic and higher training, followed by special interests and career development options in different settings. It was concluded by providing some practical tips on application for training posts in Family Medicine. I would like to take this opportunity to thank our Young Doctors Committee, especially the Co-chairs Dr. Chan Chi Wai and Dr. Tse Sut Yee for leading the team.



HKCFP Career talk speakers

Please keep well and stay safe.

**Dr. David V K CHAO**  
President

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April – May 2021**:

### Associate Membership (New Application)

Dr CHAN Chun Man	陳 俊 文
Dr CHAN Ka Ming	陳 加 明

Dr HUEN Lok Lam  
Dr LAI Chi Lun  
Dr LI Chi  
Dr LUK Hoi Yee

禰 樂 琳  
黎 智 麟  
李 智 儀  
陸 凱 儀

## Meeting Highlights

### Online Medical Humanities Seminar on 8 May 2021

Dr. Lee Wai Choi, Eddy, Former Senior Scientific Officer of the Hong Kong Observatory, delivered a lecture on “Medicine and Humanities: A Humanistic Perspective 醫學與人文：「人文的醫學觀」”.



Dr. Chan Suen Ho, Mark (left, Moderator) presenting a souvenir to Dr. Lee Wai Choi, Eddy (right, Speaker)

### Online Seminar on 11 May 2021

We would like to thank Dr. LAM Po Mui, Specialist in Obstetrics & Gynaecology, for delivering a lecture on “Update on Subfertility and Assisted Reproductive Treatment”.

### Online Seminar on 18 May 2021

We would like to thank Dr. Hon Fong Kwong, Sonny, Specialist in Neurology, for delivering a lecture on “Update on Stroke Management”.

## Board of Vocational Training and Standards News

**The Hong Kong Primary Care Conference 2021** will be held again as online digital conference from **30 July - 01 August 2021**.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conferences organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conferences in the **three-year training programme**.

The above information have already been mentioned in Trainee's logbook.

Please contact Ms. Tina Fung or Ms. Kathy Lai at 2871 8899 for details.

Board of Vocational Training and Standards

## Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. **Late submission will be charged an annual training fee.**

Should you have any enquiries, please contact Ms. Tina Fung or Ms. Kathy Lai at 2871 8899 for details.

Basic Training Subcommittee  
Board of Vocational Training and Standards

## Board of Diploma in Family Medicine (DFM) News

The Board of DFM is pleased to announce that the following candidates have successfully passed the Clinical Examination of 19<sup>th</sup> Diploma Course in Family Medicine 2020-2021.

Dr. CHAN Cheuk Lok  
Dr. CHAN Ka Shing Ricky  
Dr. CHAN Leong Ting  
Dr. CHEONG Tsz King  
Dr. JIANG Yu  
Dr. LAI Ho Yeung Kelvin  
Dr. LEE Wan Hon Vincent  
Dr. LEUNG Kai Kong

Dr. LEUNG Kwan Wai Amas  
Dr. LI Ting Bong Thomas  
Dr. LO Chun Hong  
Dr. LUI Sheung Chung  
Dr. NG Wing Kwan Noelle  
Dr. SZE Tin Kap  
Dr. TSANG Ho Yim  
Dr. TSUI Tsz Kwan

Dr. VILLAVICENCIO Ma Christina Dato  
Dr. WANG Feng  
Dr. WANG Xiao  
Dr. WONG Lap Wing  
Dr. WONG Yin Ki Clement  
Dr. YUEN Ching Yan  
Dr. YUNG Wang Tat Brian  
Dr. FAN Pui Kay Kenneth

## Congratulations to all successful candidates!

Dr. Au Chi Lap Simon  
Chairman  
Board of DFM

## Classified Advertisement

Established group GP practice in Tai Po invites HK-registered medical doctor to join us. Stable well-supported environment allowing good work-life balance. Family Medicine training provided. Contact UCN HR: [hr@ucn.org.hk/2172-0716](mailto:hr@ucn.org.hk/2172-0716).

## FINAL REMINDER: Diploma in Family Medicine (HKCFP) 2021 - 2022

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2021.

### Training Funding Scheme for Primary Care Doctors by Primary Healthcare Office, Food and Health Bureau

The Food and Health Bureau has decided to reimburse \$5,500 for registered medical practitioners in Hong Kong who enroll in CCEFM or DFM 2021-2022 having satisfied the corresponding course requirements as an incentive to encourage more medical practitioners to join the related training.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time study.

Details of the course are as follows:

#### 1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

#### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding of the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

#### Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

<b>Aims:</b>	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
<b>Contents:</b>	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

#### Module IV – Clinical Updates (Updates and Clinical Attachment)

<b>Aims:</b>	Acquire in-depth knowledge and practical skills in selected specialties
<b>Contents:</b>	<u>THREE</u> update seminars plus ONE attachment in selected specialty

#### Module V – Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
<b>Contents:</b>	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

\*Modules III, IV and V would be scheduled on Saturday and Sunday afternoons.

#### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

#### 4. \*Schedule:

The whole course requires ONE year of part-time study.

July to September 2021	Module I
October to November 2021	Module II
July 2021 to May 2022	Module III, IV & V
May 2022	Final Examination

\*The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement will be made in case there is a change of schedule and/or format.

#### 5. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine.

#### 6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.



**7. Teaching Medium:**

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

**8. Course Fees:**Whole course:

Administration fee for application: HK\$1,000

HK\$38,000 for members of HKCFP

HK\$76,000 for non-members

<u>Individual Modules:</u>	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,900	\$9,800
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,900	\$9,800
Module III (Structured Lectures & Seminars)	\$4,800	\$9,600
Module IV (Updates & Clinical Attachment)	\$4,800	\$9,600
Module V (Practical Workshops)	\$6,200	\$12,400
Examination	\$11,800	\$23,600
Administration Fee	\$5,000	\$10,000

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

**9. Awards/Credits:**

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- iii) Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

**10. Application Procedure:****Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$38,000 (or HK\$76,000 for non-members) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2020 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

**11. Application Deadline: 30 June 2021****Comments From Former DFM Graduates**

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

*\*Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

# HKCFP CERTIFICATE COURSE IN ESSENTIAL FAMILY MEDICINE 2021-2022

The HKCFP Certificate Course in Essential Family Medicine (CCEFM) is designed to meet the training needs of practicing primary care doctors who would like to refresh or update their clinical knowledge and skills relevant to Family Medicine practice. The curriculum of this course also forms part of the well-established HKCFP Diploma in Family Medicine (DFM) course. Our teaching faculty are experienced clinicians working in primary care, in secondary care and in academia. The course has been designed to enhance the course participants' competencies in daily Family Medicine practice in the community.

## 1. OBJECTIVES:

- To provide knowledgeable, pragmatic and structured training in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners
- To improve standards and quality in Family Medicine practice by adopting holistic patient-centered care via an integrated care approach

## 2. SYLLABUS:

The CCEFM consists of THREE segments, including Modules III, IV (FM attachment + Update) and parts of Module V in the Diploma in Family Medicine (DFM). Doctors who have graduated from the CCEFM are expected to have acquired the following essential concepts and course contents:

- The role of Family Doctors particular in providing cost-effective primary care to the community
- The essential knowledge and skills on common problems encountered in Family Medicine
- Enhancement in the consultation and problem solving skills
- Acquiring the knowledge and skills in common practice procedures related to family practice

## 3. AWARDS/CREDITS:

- After completion of all the components and course requirements (max. within TWO years), a certificate will be awarded to the successful candidates
- The completed modules and credits can be accredited towards the quotable HKCFP DFM course, if the candidates would like to enroll into DFM course subsequently
- 25 CME and 5 CPD credit points will also be awarded by HKCFP.

## 4. COURSE CONTENT:

### Segment I – Essentials of Family Medicine (Structured Seminars)

#### Objectives:

- ◆ Strengthen knowledge in Family Medicine
- ◆ Understand the potential growth of Family Medicine
- ◆ Enable the evidence-based Family Medicine practice

#### Contents:

Anticipatory Care, Elderly Care and related issues, Chronic Disease Management, Common Musculoskeletal Problems, Evidence Based Medicine & Critical Appraisal, Mental Health, Practice Management; and Clinical Audit, Research & Teaching in Family Medicine.

### Segment II – Problem Solving and Clinical Updates

#### Objectives:

- ◆ Acquire in-depth knowledge by clinical scenario/simulated cases in our daily Family Medicine practice
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

#### Contents:

A site visit plus scenario based training including Diagnostic Challenges on Common Symptoms, Problem-based Learning on Chronic Disease, Motivational Interviewing, Child Health, Women's Health, Aging and End-of-Life and Common Musculoskeletal Problems.

### Segment III – Practical Family Medicine (Practical Workshops)

#### Objectives:

- ◆ Enhance practical and communication skills in Family Medicine by practical workshops in selected areas
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

#### Contents:

Consultation Skills and Orthopaedics Injection

## 5. ADMISSION REQUIREMENTS:

Medical Practitioner with Bachelor's degree in Medicine.

## 6. TEACHING STAFF:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

## 7. TEACHING MEDIUM:

English (Cantonese may be used in some sessions in the course)

## 8. COURSE FEES:

Administration fee for application	HK\$ 1,000		
plus			
Enrol for the complete Certificate Course	HK\$ 22,000	for members	HK\$ 44,000 for Non-members
Or			
Enrol for individual session:			
Single session from Segment I and Segment II	HK\$ 1,700	for members	HK\$ 3,400 for Non-members
Single Session from Segment III	HK\$ 2,200	for members	HK\$ 4,400 for Non-members

**All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

## 9. APPLICATION PROCEDURES:

### Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee in appropriate amount by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Successful applicants will be notified by an official letter of admission after the application deadline.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

**Application Deadline: 30 June 2021**

*\*Course syllabus and schedule may be subject to change without prior notification*

## Quality Assurance & Accreditation Committee News

### Important news

**Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.**

Dear College Members,

**RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists**  
(Ver. May 2021)

We are pleased to remind you that our College members who are registered with Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP will have their associated administrative charge waived starting from January 2017. For members who would like to **register/switch** their MCHK CME Administrator to HKAM via the College (with current cycle start date 1 July only) **starting from 1 July 2021, they MUST submit Registration Consent Form** to College Secretariat before **30 June 2021 (Wednesday)**.

Interested members who are currently not registered with HKAM should note the follows:

1. Doctors must be register under one of the CME administrators, in order to be enrolled in the MCHK CME programme (Please refer to [https://www.mchk.org.hk/english/cme/files/Frequently\\_Asked\\_Questions.pdf](https://www.mchk.org.hk/english/cme/files/Frequently_Asked_Questions.pdf)) for more details)
2. HKCFP Members are **NOT** automatically registered with Hong Kong Academy of Medicine (HKAM) via HKCFP as their MCHK CME administrator; unless Registration Consent Form is submitted for further enrolment process.  
(HKCFP Members are enrolled in HKCFP QA programme only, which is a different CME programme)
3. MCHK registrants (with current cycle start date **1 July**) will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
4. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
5. Overseas Conferences: please submit Attendance Record within one month on completion of the conference.
6. Self-study: please submit details of the programme within one month on completion of the Self-study.
7. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at [www.hkcfp.org.hk](http://www.hkcfp.org.hk) > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

**HKCFP Secretariat**



## HKCFP Trainees Research Fund 2021 / HKCFP Research Seed Fund 2021

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$10,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects at their exit examinations. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members where a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

***\*\*Please note that each applicant can only apply either one of the above Funds\*\****

### **Assessment Criteria for both funds:**

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: [CrystalYung@hkcfp.org.hk](mailto:CrystalYung@hkcfp.org.hk)

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2021**” or “**HKCFP Research Seed Fund 2021**” on your research project upon submission.

**Submission Deadline: 27<sup>th</sup> October 2021**

Supported by HKCFP Foundation Fund



# Update of hsCRP

hsCRP (Quantitative)	丙種反應蛋白 (超敏感) (定量)	0.2	mg/L	< 30	0.02	mg/dL	<3.0
		<b>Interpretation:</b>					
		<b>Cardiac risk:</b>					
		Low		S.I unit (mg/L)		Conventional unit (mg/dL)	
		Average		< 10.0		< 1.00	
		High		10.0 - 30.0		1.00-3.00	
				> 30.0		> 3.00	

Reference: The American Heart Association and U.S. Centers for Disease Control and Prevention 23/10/2018

Have you ever seen this before in investigation results? CRP for cardiac risk stratification. Is there a typo?

C-reactive protein (CRP) is an acute phase protein, synthesized in the liver, involved in the activation of complement, enhancement of phagocytosis, and detoxification of substances released from damaged tissue. It is one of the most sensitive (albeit nonspecific) indicators of inflammation. CRP levels may rise within six hours of an inflammatory stimulus. Measurement of CRP concentrations by this highly sensitive method is performed primarily to ascertain the level of cardiovascular disease risk in individuals who have no existing inflammatory conditions. Increases in CRP concentration are non-specific and should not be interpreted without a complete medical history.

There are two indications for use:

1. Assessment of risk of developing myocardial infarction in patients presenting with acute coronary syndromes
2. Assessment of risk of developing cardiovascular disease or ischemic events in individuals who do not manifest disease at present

High-sensitivity CRP (hs-CRP) is more precise than standard CRP when measuring baseline (ie, normal) concentrations and enables a measure of chronic inflammation.

Atherosclerosis is an inflammatory disease and hs-CRP has been endorsed by multiple guidelines (including 2019 ACC/

AHA Guideline on the Primary Prevention of Cardiovascular Disease) as a biomarker of atherosclerotic cardiovascular disease risk.

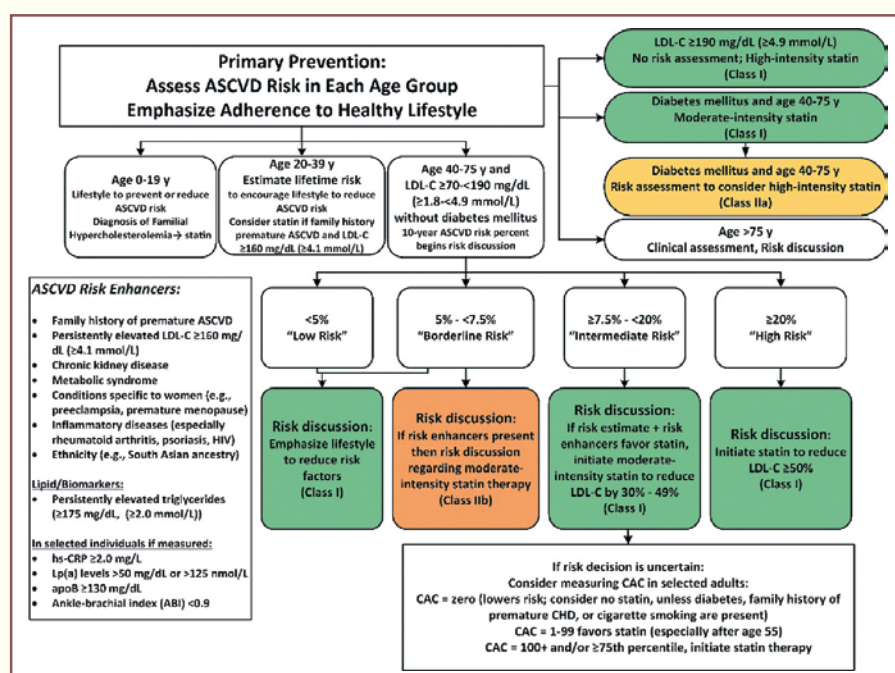
A large prospective clinical trial demonstrated significantly less cardiovascular risk for patients with hs-CRP less than 2.0mg/L. More aggressive treatment strategies may be warranted in patients with hs-CRP of 2.0mg/L or higher.

C-reactive protein (CRP) is an acute-phase reactant and has high intra-individual variability. Therefore, a single test for high-sensitivity CRP (hs-CRP) may not reflect an individual patient's basal hs-CRP level. Repeat measurement may be required to firmly establish an individual's basal hs-CRP concentration. The lowest of the measurements should be used as the predictive value.

Because CRP is an acute-phase reactant, measurements in apparently healthy individuals may not truly reflect the basal level if inflammation is present.

Significantly decreased CRP values may be obtained from samples taken from patients who have been treated with carboxypenicillins.

HsCRP could identify patient groups who may benefit from more aggressive guideline-based treatment of risk factors, helping patient discussions to encourage lifestyle changes to reduce their inflammation.



## References:

1. <https://www.mayocliniclabs.com/test-catalog/2011/Clinical+and+Interpretive/82047>
2. 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease

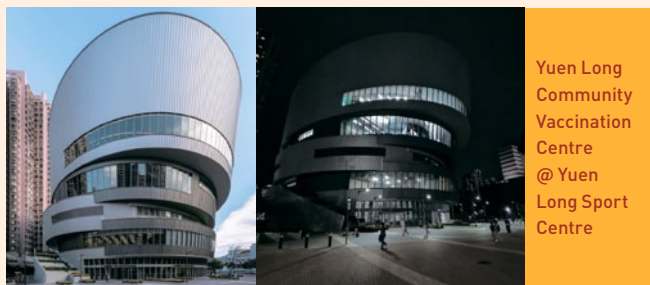
Complied by Dr. Tsui Hiu Fa, Eva

## Community Vaccination Centre: Trump Card to End COVID-19 Pandemic

Dr. Chan Yuen Ching, Dr. Lo King Yan Cathy and Dr. Ng Yeung Shing  
(Family Physicians in New Territories West Cluster, Hospital Authority)

To protect Hong Kong citizens against COVID-19, a territory-wide COVID-19 Vaccination Programme which was free of charge and on a voluntary basis, was set up for all Hong Kong residents by the Government in March 2021. The Government had set up 29 Community Vaccination Centres (CVC) in eighteen districts in Hong Kong.

Being Family Physicians, we have an important role to safeguard public health and to beat COVID-19 pandemic. A team of doctors in Department of FM and Primary Health Care of NT West Cluster had joined as team members in Yuen Long Community Vaccination Centre by working outside their normal working hours under voluntary basis.



Yuen Long  
Community  
Vaccination  
Centre  
@ Yuen  
Long Sport  
Centre

The venue for Yuen Long CVC is transformed from Yuen Long Sport Centre originally. The transformation was supported by Civil Service Bureau (Coordination and Administrative support) and Leisure & Cultural Services (Site support). The planning and work flow design of Yuen Long CVC were prepared by a committed multidisciplinary team led by senior doctors, nurses, and pharmacists in New Territories West Cluster in Hospital Authority.

The venue of CVC is divided into different designated work areas with adequate spacing. Some restricted areas, which could only be accessed by authorized persons, are arranged for vaccine dilution and storage of vaccine, medical consumables and clinical wastes.

The venue of CVC is well lit, ventilated and clean. The patient-flow, material-flow and staff-flow are well designed so that good efficiency could be achieved. Hence, the maximum estimated attendance of a CVC could be around 2,500 doses per day.



Reception Area and Booking Area



Information Area



Vaccine Injection Booth



Resting Area



Emergency Area/Sick Bay



Sick Bay Attendance Record



Vaccine Dilution Area



Donning/Doffing Area

Service hours of CVC start from 08:00 to 20:00 with an hour of lunch break at 13:30. The main role of the doctor is to provide emergency support for handling adverse reactions and also potential accidents / injuries in CVC. Doctors also assist to handle enquires referred by nurses. Equipment for emergency care are available, including resuscitation equipment (Emergency airways, Ambu bag, oxygen, suction device, iv fluid, automated external defibrillator). Infection Control gears including PPE and IQ Air are in place for the protection of our health care workers.

As doctor-in-charge, we are responsible for management of patient conditions inside CVC. We have to keep ourselves up-to-date on the management of all possible clinical problems arising from COVID-19 vaccine, including anaphylaxis. Common problems encountered in the sick bay include vasovagal syncope, a spectrum of allergic reactions (skin rash, urticaria, angioedema etc.), chest pain, dizziness or palpitation after vaccine injection, and a range of neurological symptoms such as limb numbness. Initial assessment by doctor-in-charge will be conducted. Available drug treatments in the sick bay include IM piriton, Ventolin inhaler and IM 1:1000 adrenaline which is reserved for anaphylaxis. If patient's condition could not be settled by the initial management, patients may be referred to emergency department for further stabilization. Timely liaison and communication with the team of regional hospital Casualty, Central Medical Team of Department of Health and hospital administration by doctor in-charge is essential to ensure proper hand-over of patient care and dissemination of the necessary information.

Within the team of Community Vaccination Centre, Family Physicians have played a role to achieve important goals to

fight the virus, to protect our Hong Kong citizens, to revert our social life back to normal and to restart the economy.

## Sharing of Experience by Dr. Chan Yuen Ching, Higher FM Trainee, New Territories West Cluster

Health promotion and prevention of disease are critical and foundational components of primary care and family medicine. As a higher trainee in Family Medicine, it is my honor to participate in this tertiary-wide vaccination programme. In the past year, COVID-19 has brought about many suffering to Hong Kong citizens. Vaccination programme is the light at the end of the tunnel, providing effective and reliable way to help our society return to its norm. In the community vaccination centre, I would ensure citizens' safety and handle enquiries related to contraindication of COVID-19 vaccine. My key duty was to manage any side effects or minor ailments after vaccination, exercising the role of gatekeeping as a family physician. Most clients recovered after rest and reassessment. Many of them volunteered anxiety symptoms after vaccination especially after reading the news. I learnt that the role of doctor in reassuring the patient was very important in handling their misbeliefs and anxiety towards COVID-19 vaccine.

After working in CVC, I understand more about citizens' worries on vaccine side effects. I would be more confident to counsel patients on COVID-19 vaccination in my daily work in General Out-Patient Clinic. I hope that via the promotion and encouragement by family doctors, the COVID-19 vaccination rate in Hong Kong would climb up to achieve a herd immunity to combat the COVID-19 virus.

## Sharing of Experience by Dr. Lo King Yan Cathy, Basic FM Trainee, New Territories West Cluster

The outbreak of COVID-19 has caused extensive casualties worldwide and affected our daily life to a great extent for more than one year. With the arrival of COVID-19 vaccines, the battle against coronavirus will hopefully be put to an end soon. It is my pleasure to take part in the COVID-19 vaccination campaign through working in CVC. During my shift, I was mainly on standby in case of any medical contingency. Given the presence of experienced nurses from all main specialties, most enquiries from the patients have been promptly dealt with without doctor intervention. Patients in need will be brought to sick bay immediately for consultation while their vitals will be taken by a nurse. I have encountered cases including hypertension, palpitation after vaccination, dizziness, skin rash and anxious patients. Most patients were discharged directly after observation except one with persistent palpitation. Occasionally, I would provide detailed information about COVID-19 vaccines to patients, and in doing so I helped to dispel misunderstanding about the vaccination.

Having worked in CVC, I am pleasantly surprised to witness that the vaccination campaign indirectly promoted health awareness of Hong Kong citizens. For example, I have learnt that many hypertensive/ diabetic patients have been diagnosed recently through pre-vaccination metabolic screening. I am hopeful that the ongoing progress of the vaccination campaign will contribute to raise the overall health consciousness among Hong Kong citizens.

# 秘魯

## 馬丘比丘、彩虹山

**Dr. Chan Shan Ching (Specialist in Family Medicine)**

秘魯，一個給人感覺很神秘的國度，這是我第一個到訪的南美國家。二零一九年十一月初跑完紐約馬拉松，去了這個充滿熱情的拉丁美洲國家一個星期，到了古都庫斯科和首都利馬，此行的最主要景點是位於庫斯科附近的馬丘比丘和彩虹山。

### 馬丘比丘



馬丘比丘，位於庫斯科附近的一座山城，它建築於大約2400米高的山上，位置極為隱密，它是印加帝國遺留下來的一个古蹟，大概建於500多年前，當時是十五至十六世紀(1438-1533)，印加帝國是當時美洲最大的帝國，橫跨現時南美的秘魯、厄瓜多爾、哥倫比亞、玻利維亞、智利及阿根廷。

在印加帝國滅亡之後，遺下的古蹟絕無僅有，加上當時沒有什麼文字記錄，所以這座古城遺址成為了研究印加帝國文化歷史的重要史跡。

由於位置隱密，它在一百多年前才被發現，自此成為歷史文化遺產，同時亦被選為新世界七大奇蹟。

這座城的建築以石塊為主要架構，石與石之間緊密地接合在一起，連成堅固的城牆。要在這個位高二千多米的山上，建築一座這樣具規模的城，究竟是怎樣建立而成，到現在還是一個謎。

一般認為，這座城的建造，主要是提供當時的皇室貴族成員作為靜修的居所。選址除了考慮到遠離繁忙的城市之外，同時亦是一個安全的地方，加上位於高處亦易於監察有沒有外來的入侵。

### 彩虹山



彩虹山是近年才新興的景點，記得有一次在機上雜誌上見到它的介紹，就被那充滿多元色彩的山深深吸引。它位於距離古城庫斯科約三小時的車程，到了入口處，還要經過一段位於五千多米高度的山路，五公里的路程大概要走一、兩個小時，大部分山路不算崎嶇難行，不過在五千幾米的高度行走，一定會有氣喘的感覺，最後一小段要攀上一個很陡峭的小山上，就可以看到這座色彩豐富的山了。

彩虹山的多彩，是由於不同的礦物元素沉澱而成，在陽光照耀下，產生出層出不窮、色彩多變的豐富色彩。它是幾年前才被發現的，由於全球暖化，將冰雪溶化，所以才將這個埋藏在雪下的山色得見天日，呈現出來。





**Hong Kong  
Primary Care  
Conference**

The Hong Kong College  
of Family Physicians

# OUR FINEST HOUR: STRIDE THROUGH THE STORM

**2021**

30 JUL - 01 AUG  
(FRI - SUN)

**DIGITAL CONFERENCE**



Hong Kong  
Primary Care  
Conference  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2021

## "Our Finest Hour: Stride Through The Storm"

30 July – 1 August 2021 (Friday – Sunday)



For more  
conference  
details:

## Scientific Programme at-a-glance

Date Time	30 July 2021 (Friday)		
19:30 - 20:30	<i>Sponsored seminar 1</i>	<i>Sponsored seminar 2</i>	<i>Sponsored seminar 3</i>
Date Time	31 July 2021 (Saturday)		
12:30 - 13:00	<i>Sponsored seminar 4</i>	<i>Sponsored seminar 5</i>	<i>Sponsored seminar 6</i>
13:10 - 13:30	ePoster and eBooth Exhibition		
13:30 - 13:50	Opening Ceremony		
13:50 - 14:35	Plenary I (Prof. WU Hao) Community-based Prevention and Control		
14:40 - 15:25	Plenary II (Prof. Ivan F.N. HUNG) COVID-19 Pandemic and Vaccines in Hong Kong		
15:30 - 16:15	Plenary III (Prof. Philip H. EVANS) Rising to the Challenge of COVID-19: A UK Primary Care Perspective on COVID-19 Research and Vaccine Delivery		
16:20 - 16:30	ePoster and eBooth Exhibition		
16:30 - 17:45	Seminar A Mental Health Considerations during the COVID-19 Pandemic	Seminar B Application in Telemedicine - Public Health Care System	Free Paper - Oral Presentation Part I
17:50 - 18:20	<i>Sponsored seminar 7</i>	<i>Sponsored seminar 8</i>	
18:20 - 18:45			
Date Time	1 August 2021 (Sunday)		
9:00 - 9:30	<i>Sponsored seminar 9</i>	<i>Sponsored seminar 10</i>	<i>Sponsored seminar 11</i>
9:35 - 9:55	Clinical Case Presentation Competition	Seminar C Update in Telemedicine from a Medico-Legal Point of View	Workshop 1 Motivational Interviewing in Brief Consultation: Slow down to Speed up Health Behavioral Change
9:55 - 10:25			
10:25 - 10:50			
10:55 - 12:10	Seminar D Clinical Update on Rheumatology for Family Physicians	Seminar E Self-care for Primary Care Providers	
12:15 - 13:00	Plenary IV (Dr. Karen TU) International Consortium of Primary Care Big Data Researchers INTRePID: Studying the Pandemic Impact on Primary Care around the World		
13:05 - 14:20	Asia-Pacific Research Forum	Seminar F The Gaps in Clinical Management of Psoriasis in the Biologics Era	Workshop 2 An Overview of Foot Assessment and Orthotic Treatment
14:25 - 14:55		<i>Sponsored seminar 12</i>	<i>Sponsored seminar 13</i>

ePoster and eBooth Exhibition

ePoster and eBooth Exhibition

\*The winners of the Best Research Paper Award and Best Novice Research Paper Award will present their work during this session (9:55-10:25am)

### Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.

(Supported by HKCFP Foundation Fund)





Hong Kong  
Primary Care  
Conference  
The Hong Kong College  
of Family Physicians

# Hong Kong Primary Care Conference 2021 “Our Finest Hour: Stride Through The Storm”

30 July – 1 August 2021 (Friday – Sunday)

## Registration Information

Online  
Registration



**Registration Deadline: 12 July 2021 (Monday)**

<b>A) Conference Registration</b> Registration to the conference is required.		Member: HK\$200 Non-member: HK\$1000
<b>B) Workshop Registration</b> First come first served. Please prepare a separate cheque(s). Cheques will be returned to unsuccessful registrants. <ul style="list-style-type: none"> <li>CPD application for workshop participants in progress.</li> </ul>		
<b>1 August 2021 (Sunday)</b>	<b>09:35 Workshop 1:</b> I Motivational Interviewing in Brief Consultation: <b>10:50</b> Slow down to Speed up Health Behavioral Change	HK\$500
	<b>13:05 Workshop 2:</b> I An Overview of Foot Assessment and Orthotic <b>14:20</b> Treatment	HK\$500

## Payment Method

- Pay by cheque**
  - Please send completed registration form with crossed cheque(s) payable to “HKCFP Education Ltd” to the Conference Secretariat.
  - Please use SEPARATE cheques for payment of conference, workshop(s) registration fees, etc.
- Pay by PayPal**
  - Payment information will be sent within 5 working days after your submission of registration.
- Pay by Tele-transfer**
  - For overseas delegates only.
  - Payment information will be sent within 5 working days after your submission of registration.
  - All bank charges and related transaction fees should be borne by the remitter of the funds.

## Refund Policy

- Withdrawal of registration **on or before 15 June 2021: Full refund** after deduction of all bank charges and related transaction fees
- Withdrawal of registration **after 15 June 2021: No refund** will be accepted.
- All refunds, including unsuccessful workshop registration, etc. would be arranged within 8 weeks after the Conference. All bank charges and related transaction fees if any would be deducted from the amount of the refund payment.

For inquiries, please contact the Conference Secretariat on (852) 2871 8899 or via email to [hkpcc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2021

Please note the schedule of AEC sessions might be affected due to the outbreak of COVID-19 and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format. Thanks.

<b>Organizer</b>	: Assessment Enhancement Sub-committee, Board of Education, HKCFP
<b>Tutors</b>	: Family Medicine Specialists, Fellows of HKCFP and RACGP
<b>Supervisors</b>	: <b>Dr. Chan Chi Wai</b>
<b>Co-ordinator</b>	: <b>Dr. Lai Sheung Siu</b>
<b>Objectives</b>	: <ol style="list-style-type: none"> <li>1. To improve clinical knowledge, problem solving and consultation skills through different workshops</li> <li>2. To improve physical examination technique and clinic procedural skills through hands-on experience</li> <li>3. To provide opportunity for inter-professional communication and social network expansion through self-help groups</li> <li>4. To improve time management through simulated examination</li> </ol>
<b>Venue</b>	: HKCFP Wan Chai office, Duke of Windsor Social Service Building and HKAM Jockey Club Building
<b>Date</b>	: 5 months' course starting from April 2021
<b>Course Structure</b>	: The course will consist of 4 main components: <ol style="list-style-type: none"> <li>1. Seminars</li> <li>2. Workshops</li> <li>3. Self-help Group Support</li> <li>4. Mock Exam</li> </ol> Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
<b>Accreditation</b>	: Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
<b>Course Fee</b>	:                      Members : HK\$3,400 (Whole course) HK\$950 (Spot admission for each seminar or workshop only) All cheques payable to <b>"HKCFP Education Ltd"</b> All Fees received are non-refundable and non-transferable.
<b>Capacity</b>	: 50 doctors maximum
<b>Enrolment</b>	:                      Enrolment is now open. Registration form is available at College website: <a href="http://www.hkcfp.org.hk/pages_9_463.html">http://www.hkcfp.org.hk/pages_9_463.html</a> . Please return the completed application and the cheque to the Secretariat for processing. Please contact the Secretariat, Ms. Teresa Liu or Ms. Windy Lau by email to <a href="mailto:education@hkcfp.org.hk">education@hkcfp.org.hk</a> or call 2871 8899 for details. Successful applications will be informed by email later.
<b>Disclaimer</b>	: All cases and answers are suggested by our tutors only. They are not standard answers for examination.
<b>Remarks</b>	: <ol style="list-style-type: none"> <li>1. Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.</li> <li>2. <b>Please note the schedule of AEC sessions might be affected due to the outbreak of COVID-19 and the format might change to online platform if necessary. Announcement would be made in case there is a change of schedule and/or format.</b></li> </ol>

### Assessment Enhancement Course 2021 Timetable for Workshop

Date	Topics	Venue
24 April 2021 (Sat) 2:30 – 5:30 p.m.	Introduction	Room 802, Duke of Windsor Social Service Building, Wan Chai, Hong Kong
22 May 2021 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	
26 June 2021 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	
24 July 2021 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	
21 August 2021 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	
25 September 2021 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong



# BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there would be online seminars to be conducted via the ZOOM Webinar platform in the coming month with the details below:

Online Seminar			
Date and Time	Topic	Speakers	Moderators
3 July (Sat) 2:00 – 3:00 p.m.	<b>Trainees Dermatology Cases Presentation</b> <i>Organized by the Interest Group in Dermatology</i>	<b>FM Trainees</b>	<b>Dr. Lam Wing Wo</b>
10 July (Sat) 2:00 – 3:00 p.m.	<b>Chronic Immune Thrombocytopenia (cITP) - Cause, Symptoms and Treatments</b> <i>Sponsored by Novartis Pharmaceuticals (HK) Limited</i>	<b>Dr. Liu Sung Yu Herman</b> <i>Specialist in Haematology and Haematological Oncology</i>	<b>Dr. Tse Sut Yee</b>
17 July (Sat) 2:00 – 4:00 p.m.	<b>16<sup>th</sup> Medical Humanities Online Seminar: Meaninglessness in life (生命的意義, 無意義的意義) From Hu Shih 胡適 to Yalom</b> <i>Organized by the Interest Group in Medical Humanities</i>	<b>Dr. Chan Suen Ho, Mark</b> <i>Family Physician in private practice</i>	

## QR Code for registration

3 July 2021 (Sat)	10 July 2021 (Sat)	17 July 2021 (Sat)
		

**Accreditation :** 3 July and 10 July: 1 CME Point HKCFP (Cat. 4.3)  
1 CME Point MCHK (pending)  
17 July: 2 CME Point HKCFP (Cat. 4.3)  
2 CME Point MCHK (pending)

*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

## Online Monthly Video Session

Date and Time	Topic
25 June (Fri) 2:30 – 3:30 p.m.	<b>“Update on the Management of Diabetes” by Dr. Enoch Wu</b>
30 July (Fri) 2:30 – 3:30 p.m.	<b>“Updates on Management for Influenza” by Dr. Lo Ho Yin, Angus</b>

## QR Code for registration

25 June 2021 (Fri)	30 July 2021 (Fri)
	

**Accreditation :** 1 CME Point HKCFP (Cat. 4.2)  
1 CME Point MCHK (pending)

*Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)*

**\*CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

**Admission Fee :** Member Free  
(for all online seminars) Non-member HK\$ 100.00 for each session

*For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.*

**Registration Method :** Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899. Thank you.

**Notes :**

- In case of over-subscription, the organiser reserves the right of final decision to accept registration.
- The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend **ONE** CME activity at a time. If it's found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
- Please be reminded to complete and submit the \*MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (\*MCQs/ True or False Questions; 50% or above of correct answers are required)**
- Please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.
- Registration will be closed 3 days prior to the event.

## Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>07 Jul 2021 (Wed)</b>			
2:00 – 5:00 p.m.	(Video Conference) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Lecture Theatre, 10/F, YCK, Kwong Wah Hospital	<b>1) Introduction of FM</b> Dr. Leung To Fung <b>2) Care of Patient With Chronic Disease, Role of Family Doctor in Continuity Care</b> Dr. Jiao Fangfang	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Vocational Training Program for Family Medicine in Hong Kong</b> Dr. Lam Yat Hei	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>Update on Management of COAD</b> Dr. Li Wing Chi Gigi & Dr. Chung Yi On Shalom	Ms. Elise Haw Tel: 3949 3079
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Professional Development of FM</b> Dr. Leung Kwan Wa, Maria	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	<b>Promoting Smoking Cessation in General Practice</b> Dr. Cheung Cheuk Kan	Ms. Cherry Wong Tel: 2589 2342
<b>08 Jul 2021 (Thu)</b>			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Clinic Management and FM Principles</b> Dr. Chan Cho Shan & Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
<b>14 Jul 2021 (Wed)</b>			
2:00 – 5:00 p.m.	(Video Conference) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Room 10, 1/F, New block, East Kowloon GOPC & Multifunction Room, Shun Tak Fraternal Association Leung Kau Kui GOPC	<b>Update of Management of Chronic Hepatitis B &amp; C &amp; HCC Surveillance</b> Dr. Ng Ka Wing & Dr. Chau Kei Wai	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Introduction and Application of FM Principles</b> Dr. Ko Pak Long	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>Premarital Counselling and Antenatal Care</b> Dr. Chow Wing Man Angela & Dr. Ma Ka Yee	Ms. Elise Haw Tel: 3949 3079
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Urinary Incontinence and Overactive Bladder</b> Dr. Wong Hiu Yeung & Dr. Ge Shicong	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	(Video Conference) ZOOM	<b>Drug Incidents in GOPC</b> Dr. Lee Suk Yee	Ms. Cherry Wong Tel: 2589 2342
<b>15 Jul 2021 (Thu)</b>			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Promoting COVID-19 Vaccine in FM Setting</b> Dr. Fan Siu Wai & Dr. Lau Lai Na	Ms. Eliza Chan Tel: 2468 6813
<b>21 Jul 2021 (Wed)</b>			
2:00 – 5:00 p.m.	(Video Conference) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Lecture Theatre, 10/F, YCK, Kwong Wah Hospital	<b>Health Care Delivery System in UK, USA and Australia</b> Dr. Yu Kwun Nam & Dr. Mak Shen Rong Sharon	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Leicester Assessment Package (LAP) Part 1 (Introduction)</b> Dr. To Kit Yuk, Dorothy	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>ENT and Eye Emergencies in General Practice</b> Dr. Wong Ching Sze & Dr. Yang Tsz Ching Kelly	Ms. Elise Haw Tel: 3949 3079
3:30 – 5:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Paediatric Immunization</b> Dr. Choi Man Kit & Dr. Lee Jerrold	Mr. Alex Kwok Tel: 5569 6405
5:00 – 7:00 p.m.	(Video Conference) Zoom	<b>Practice Assessment Package- Sterilization, Disinfection</b> Dr. Li Minru	Ms. Cherry Wong Tel: 2589 2342
<b>22 Jul 2021 (Thu)</b>			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Conflict on the Consultation - How to Handle Angry Patient?</b> Dr. Wan Kwong Ha & Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
<b>28 Jul 2021 (Wed)</b>			
2:00 – 5:00 p.m.	(Video Conference) Room 7 & Room 19, 8/F, Yau Ma Tei GOPC & Room 10, 1/F, New block, East Kowloon GOPC & Multifunction Room, Shun Tak Fraternal Association Leung Kau Kui GOPC	<b>Common Symptoms in Orthopaedics (1) (LBP, Neck Pain, Shoulder Pain)</b> Dr. Hung Pui Shan & Dr. Law Wing Sze	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	<b>Leicester Assessment Package (LAP) Part 2 (Case Demonstration)</b> Dr. Lam Ka Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	<b>Management of Adverse Incidents</b> Dr. Lui Tsz Yin & Dr. Fung Wai Yee	Ms. Elise Haw Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	<b>Trainee Feedback Meeting</b> Dr. Chou Chun Wing Stephen	Ms. Cherry Wong Tel: 2589 2342
<b>29 Jul 2021 (Thu)</b>			
4:00 – 6:00 p.m.	(Video Conference) Activities Room, 3/F, Yan Oi General Out-patient Clinic	<b>Ethical Issues Arising from Fighting Vaccine - Preventable Illnesses</b> Dr. Lam Wai Yiu & Dr. Yip Pui Leung	Ms. Eliza Chan Tel: 2468 6813

# AIM HIGH ACHIEVE HIGH



## What **saizen**<sup>®</sup> can provide for your patients :



A height gain of  
**47.5 cm**  
over 7 years<sup>\*1</sup>

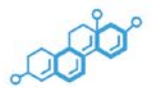


A final height corresponding  
the height of their  
parents<sup>†2</sup>



Favorable  
long-term  
safety<sup>‡1,2</sup>

## Indications of Saizen<sup>®4</sup> :



**Growth Hormone  
Deficiency (GHD)**



**Short Children Born Small  
for Gestational Age (SGA)**



**Turner Syndrome  
(TS)**



**Chronic Kidney  
Disease (CKD)**



**Adult Growth Hormone  
Deficiency (AGHD)**

<sup>\*</sup> In this open-label study, a total of 69 children aged 4 to 15 years with organic or idiopathic GHD were treated with Saizen<sup>®</sup> at a dose of 0.5 IU three times per week for an average of 64.4 months (range: 1.2-140.9 months). Growth from baseline was 47.5 ± 8.5 cm (range: 27.2-62.6 cm) over 7 years<sup>1</sup>.

<sup>†</sup> In this observational study, 77 prepubertal, short children born SGA were treated with Saizen<sup>®</sup> at a dose of 0.1 U/kg daily. The children were followed either in the National Registry of GH treatment or in GH treatment trials that were conducted in non-GHD short children. At the start of puberty, 29 children in trials of GH treatment in GHD and/or short children (TR 68-177 and TR 288-083) were randomized within each trial to a daily Saizen<sup>®</sup> dose of 0.1 U/kg or 0.2 U/kg<sup>2</sup>.

<sup>‡</sup> Extensive clinical experience indicates that the risks of adverse effects from human growth hormone during treatment (e.g., occurrences of intracranial hypertension, glucose intolerance, or a slipped capital femoral epiphysis) are low<sup>3</sup>.

AGHD=adult growth hormone deficiency; CKD=chronic kidney disease; GHD=growth hormone deficiency; SGA=small for gestational age; TS=Turner syndrome.

Saizen<sup>®</sup> abbreviated prescribing information (version date: 7 Nov 2018)

Presentation Saizen<sup>®</sup> SAIZEN 5.50 mg/ml solution for injection. Each cartridge contains 1.03 ml solution (5.66 mg somatotropin). SAIZEN 8 mg/ml solution for injection. Each cartridge contains either 1.5 ml solution (12 mg somatotropin), or 2.5 ml solution (20 mg somatotropin). Somatotropin (recombinant human growth hormone derived from mammalian cell) indications and Dosage: 1/ Growth deficiency due to proven inadequate secretion of endogenous growth hormone 0.7 - 1.0 mg/m<sup>2</sup>/day or 0.025 - 0.035 mg/kg/day; 2/ Growth deficiency in patients with gonadal dysgenesis (Turner's syndrome) confirmed by chromosomal analysis 1.4 mg/m<sup>2</sup>/day or 0.045 - 0.05 mg/kg/day; 3/ Growth retardation due to chronic renal insufficiency in prepubertal children 1.4 mg/m<sup>2</sup>/day approx equal to 0.045 - 0.050 mg/kg/day; 4/ Short stature in children as a result of intra-uterine growth retardation (SGA - Small for Gestational Age) 0.005 - 0.007 mg/kg/day or 1 - 2 mg/m<sup>2</sup>/day; 5/ Growth hormone (GH) deficiency in adulthood initially 0.15 - 0.3 mg by day. Adjust stepwise. Max. 1.0 mg/day. All doses to be administered at bedtime. Contraindications: Known hypersensitivity to somatotropin or to any of the excipients; Fructose intolerance; presence of an active tumour and/or active intracranial lesions, or suspected progression or recurrence of an underlying intracranial lesion; critically ill patients with complications following open-heart or abdominal surgery, presence of multiple trauma or acute respiratory insufficiency or similar events; proliferative or pre-proliferative diabetic retinopathy; pregnancy, lactation. In children with chronic kidney disease, treatment with somatotropin must be stopped at the time of renal transplantation; Growth promotion in children with closed epiphyses. Down's syndrome, Bloom's syndrome, Fanconi anaemia,Warnings and Precautions: Patients w/ GH deficiency secondary to an intracranial lesion should be examined at regular intervals for progression or relapse of disease. Possible hypothyroidism: During growth hormone therapy must be treated with thyroid hormones, in order to achieve an adequate therapeutic effect. Monitor for symptoms of benign intracranial HTN, DM or w/ a family history of this disease. Increase risk of dislocation of the femoral epiphysis. Intra- or extracranial neoplasia in tumours. Examine regularly for possible progression of renal osteodystrophy in patient w/ chronic renal insufficiency. Measure insulinemia, glycemia & IGF-1 levels in children born SGA before start of treatment & periodically thereafter. Examine regularly for possible signs of Scheerermann's disease in patient w/ Turner's syndrome. Patients w/ confirmed growth hormone deficiency who fail to respond to treatment w/ Saizen should undergo screening for antibodies to human growth hormone & thyroid function. Not for long-term therapy for paediatric patients w/ growth failure caused by Prader-Willi syndrome unless been diagnosed w/ growth hormone deficiency. Caution in use of growth hormone substitution therapy in patients w/ acute critical illness. Side Effects: Injection site reactions, local lipodystrophy, paraesthesia, hyposensitivity, arthralgia, myalgia, carpal tunnel syndrome, bone pain, rigidity, oedema, insulin resistance. Drug Interactions: Concomitant corticosteroid therapy can reduce the effect of somatotropin. Efficacy influenced by gonadotropins, oestrogens, androgens & anabolic agents. Somatotropin can increase clearance of substances metabolized by CYP3A4 (sex hormones, corticosteroids, anticonvulsants, ciclosporin). Special Storage Instruction: For Saizen Liquid, no reconstitution required. Store in refrigerator 2-8°C in the original package to protect from light. After first injection, Saizen cartridge, the assigned subinjector or subunit pen injector containing Saizen cartridge has to be stored in refrigerator (2-8°C) for a maximum of 28 days, of which up to 7 consecutive days can be outside of a refrigerator at max. 25°C. When stored outside of refrigerator for up to 7 consecutive days, Saizen cartridge must be returned to refrigerator and used within 28 days after first injection. Any remaining amounts should be discarded after 28 days. Do not freeze.

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References:  
1. Barro BB, et al. Endocrine 2001;15:43-49. 2. Dahlgrén J, et al. Pediatr Res 2005;57:216-222. 3. Allan DB and Cutler L. N Engl J Med 2013;369:1220-1228. 4. Saizen<sup>®</sup> Hong Kong prescribing information.

HK-SAI-00029 Mar 2021

**saizen**<sup>®</sup>

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Tel: 2170 7700 Fax: 2345 2040

**MERCK**



# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 <b>Jun</b>	21	22	23 2:00 – 7:30 p.m. Structured Education Programme	24 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	25 2:30 – 3:30 p.m. Video Session 9:00 – 10:00 p.m. Online Certificate Course	26 2:30 – 5:30 p.m. Assessment Enhancement Course
27	28	29 9:00 p.m. Board of Conjoint Exam Meeting	30 2:00 – 7:30 p.m. Structured Education Programme	1 <b>Jul</b>	2 9:00 – 10:00 p.m. Online Certificate Course	3 2:00 – 3:00 p.m. Interest Group in Dermatology
4	5	6	7 2:00 – 7:30 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 10:00 p.m. Online Certificate Course	9	10 2:00 – 3:00 p.m. Online CME Lecture
11	12	13	14 2:00 – 7:30 p.m. Structured Education Programme	15 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 10:00 p.m. Online Certificate Course	16	17 2:00 – 4:00 p.m. Interest Group in Medical Humanities
18 3:00 – 6:00 p.m. Conjoint Exam OSCE Examiner Workshop	19	20	21 2:00 – 7:30 p.m. Structured Education Programme	22 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	23 8:30 p.m. DFM Introductory Seminar 9:00 – 10:00 p.m. Online Certificate Course	24 2:30 – 5:30 p.m. Assessment Enhancement Course
25	26	27	28 2:00 – 7:30 p.m. Structured Education Programme	29 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Exam Meeting	30 HKPCC 2021	31 HKPCC 2021
1 HKPCC 2021 HKCFP Conjoint Ceremony	2	3	4 2:00 – 7:30 p.m. Structured Education Programme	5 4:00 – 6:00 p.m. Structured Education Programme	6	7 2:00 – 4:00 p.m. Interest Group in Mental Health

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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