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Message from the President

In relation to the Government's current proposal to impose a total ban on electronic cigarettes, heat-not-burn and other new tobacco products, the College is in full unison with the Hong Kong Academy of Medicine's view in favour of the proposal. By using these new tobacco products, there is growing evidence that there would be higher health risks to the individuals. In addition to being an ineffective approach to smoking cessation, they may serve as a gateway for the younger generation to pick up cigarette smoking. Last but not least, more countries are prohibiting electronic cigarettes and other new tobacco products. So, for the sake of our next generations to come, no more e-cigarettes and related products please!

The Elderly Health Care Voucher Scheme has been launched in Hong Kong since 2009. The Scheme is a "Money follows Patient" scheme which aims at enhancing the provision of primary care services for the elderly by providing them with financial incentives to facilitate their choice of private healthcare services that best suit their needs, including preventive care. It encourages elders to establish a long-term healthcare relationship with primary healthcare professionals through the use of vouchers for better health protection, promoting the family doctor concept. As we are all aware, the burden of chronic diseases is very heavy locally, especially among our elderly population. However, according to a recent review on the Scheme, some elders surveyed had never used the vouchers for managing their chronic diseases, nor for use in preventive care, which was a disappointment. On the other hand, the government had revealed that some elders had used up all their vouchers for a particular service, and hence they would be stepping up public education on the Elderly Health Care Voucher Scheme so that seniors will make use of their vouchers more effectively, which should be the way to go. The new initiatives in the 2019-20 budget, with an additional HK\$1,000 voucher and lifting the accumulation ceiling from HK\$5,000 to HK\$8,000, are very much welcomed.

Hopefully, the elders would be encouraged and facilitated to make better use of the vouchers for primary care services coordinated by family doctors for managing chronic illnesses and for disease prevention.

Prof. Valerie Wass, one of the World WONCA Executives and an expert in medical education from the United Kingdom, had visited Hong Kong in March. Thanks to Prof. Cindy Lam for facilitating Prof. Wass to meet with a group of medical students at the University of Hong Kong. The Council also met up with Prof. Wass and learned a great deal from one of the world leaders in medical education. After visiting Hong Kong, Prof. Wass continued her journey to Zhengzhou, Henan to participate in the 6th Cross-Strait Congress of General Practitioners (第六屆海峽兩岸全科醫學大會暨海醫會全科醫學分會第六屆學術年會) which a number of our College members also attended. The conference took place from 29 – 31 Mar 2019 at Zhengzhou. The theme of this congress was, "Seize the opportunity to deepen the integration and development of general practice" ("科研引領, 完善學科, 共享全科醫學發展"). During the Congress, very useful experiences and expertise were shared and exchanged among the medical leaders from the Mainland, Taiwan, Macau, Australia, the United Kingdom, the United States of America, and Hong Kong, just to name a few. In addition, it was my great privilege, together with Prof. Donald Li and Dr. Lau Ho Lim, to present the HKCFP Donald Li Scholarship 2019, to 3 outstanding primary care doctors from the Mainland China, namely Dr. Qiu Yan, Dr. Qin Hongli, and Dr. Jin Hua. The Scholarship provides an opportunity for the recipients to have further family medicine exposure in Hong Kong.



(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)



HKCFP has been bridging and building closer ties with our counterparts not only in the Mainland China, but also with countries of the Asia Pacific Region. This year, we are co-organising the 4th Academy of Medicine of Malaysia - Academy of Medicine, Singapore - Hong Kong Academy of Medicine (AMM-AMS-HKAM) Tripartite Congress cum 53rd Singapore Malaysia Congress of Medicine & Hong

Kong Primary Care Conference 2019. The Congress will be held from 6 – 8 December 2019 at the Hong Kong Academy of Medicine Building and its theme is entitled, "People-centred Care: Towards Value-based Innovations". Many thanks to Dr. Angus Chan as the Congress Co-chairman, and Dr. Lau Ho Lim, Dr. William Wong and Dr. Billy Chiu joining me as our College's representatives in the Congress Organising Committee. Submissions to Full Paper Competition, Free Paper Competition and Clinical Case Presentation Competition are now open. We look forward to receiving your submissions and seeing you in the Congress in due course!

Dr. David V K CHAO
President

Internal Affairs Committee News

The 32nd Fellowship Conferment Ceremony and the 30th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding "The 32nd Fellowship Conferment Ceremony and the 30th Dr. Sun Yat Sen Oration" on 9 June 2019 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, Prof. Amanda HOWE, OBE, Immediate Past President of the World Organization of Family Doctors (WONCA), would deliver the 30th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details are listed as follows.

- Events : (i) **The 32nd Fellowship Conferment Ceremony**
(ii) **The 30th Dr. Sun Yat Sen Oration by Prof. Amanda HOWE**
"Identity, Humanity and Equity - Three Principles for Modern Times"
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 9 June 2019 (Sunday)
- Time : 3:45p.m. – Reception
4:30p.m. - Ceremony
- Remarks : 1 CME (Category 4.3)
- Dress Code : Business

This activity is free of charge to our College Fellows, members and their spouses.

*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. KO Wai Kit
Chairman, Internal Affairs Committee
HKCFP

Certificate in Family Medicine (HKCFP) 2019 - 2020

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2019**.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a HALF year of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about the nature of Family Medicine
- Knowledge and skills in consultation
- Knowledge and skills in some common practice procedures required in family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Segment III – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2019 Segment I & II
Three workshops within 2019 Segment III

4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

7. Course Fees:

HK\$ 11,500 for members of HKCFP

HK\$ 23,000 for non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$11,500 (or HK\$23,000 for non-members) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

10. Application Deadline: **30 June 2019**

**Course syllabus and schedule may be subject to change without prior notification*

Diploma in Family Medicine (HKCFP) 2019 - 2020

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2019.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Mental Health, Research & Teaching in Family Medicine, Evidence Based Medicine & Critical Appraisal, Sexual Health & Genomic Medicine

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	THREE update seminars plus clinical attachment in selected specialties

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

July to September 2019	Module I
October to November 2019	Module II
July 2019 to May 2020	Modules III, IV & V
April / May 2020	Final Examination

5. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$38,000 for members of HKCFP
HK\$76,000 for non-members

(A discount of HK\$3,000 for early birds who apply on or before 17 May 2019)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,900	\$9,800
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,900	\$9,800
Module III (Structured Lectures & Seminars)	\$4,800	\$9,600
Module IV (Updates & Clinical Attachment)	\$4,800	\$9,600
Module V (Practical Workshops)	\$6,200	\$12,400
Examination	\$11,800	\$23,600
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$38,000 (or HK\$76,000 for non-members) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2018 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

11. Application Deadline: 30 June 2019

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge and understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

第六屆海峽兩岸全科醫學大會

何家銘醫生 (家庭醫學專科醫生)
醫院管理局九龍中聯網家庭醫學部及普通科門診



第六屆海峽兩岸全科醫學大會

第六屆海峽兩岸全科醫學大會已於二〇一九年三月二十八日至三十一日在中國河南鄭州圓滿舉行。是次大會主題是「抓住機遇融合共建，推動全科深入發展。」是次大會三千多位海峽兩岸從事全科醫學／家庭醫學的同事一同參與，分享全科醫學最新發展，共商兩岸全科人材培養和基層醫療衛生服務體系建設。

世界家庭醫學組織 (WONCA) 主席暨香港家庭醫學學院院監李國棟教授是本次大會的主席。而香港家庭醫學學院當然積極支持是次大會，本院院長周偉強醫生帶領香港家庭醫學學院同事一起參與大會並積極分享推廣香港家庭醫學。本學院醫生亦在大會作不同的發表報告，分享香港家庭醫學培訓、發展、服務等。另外，在是次大會，李國棟教授、周偉強院長及劉浩濂副院長亦頒發了香港家庭醫學學院李國棟獎學金 (二〇一八) 予得獎家庭醫生。



亞太青年全科醫生論壇：與各區青年全科醫生對話交流



亞太青年全科醫生論壇



亞太青年全科醫生論壇
(由左至右)陳穎欣醫生、李國棟教授、何家銘醫生、陶敏之醫生

是次大會設立了一個主論壇，十個分論壇和三個技能工作坊。大會同時亦開設了「亞太青年論壇」，講者主要是亞太地區優秀青年家庭醫生，包括內地多個城市、台灣、香港及新加坡等，藉此增進交流，融合共建。而香港家庭醫學學院青年醫生委員會聯席主席暨WONCA The Rajakumar Movement (TRM) 本學院代表陳穎欣醫生亦在青年論壇上分享了「亞太地區的青年醫生聯盟」情況。並且在論壇上與各地青年家庭醫生以「青年全科醫生的傳承與開拓」為題作對話交流。今屆海峽兩岸全科醫學大會還邀請了多位海外專家專講，包括WONCA教育專家組Prof. Val Wass演講「世界全科醫生的醫學教育趨勢」；另外，澳洲皇家全科醫學學院醫科教育委員會Prof. Mark Miller亦演講了「全科質量改



陳穎欣醫生在亞太青年全科醫生論壇報告

進和全科醫生持續職業發展」和「澳洲專科醫生帶教全科醫生的經驗介紹」；還有美國貝勒醫學院全科醫學系Dr. Khan報告「美國基於技能的全科醫生培訓評價」；而英國皇家全科醫學學院Dr. Mike Holmes亦發表了「績效評估體系如何提高英國GP服務質量」。



李國棟教授致開幕詞

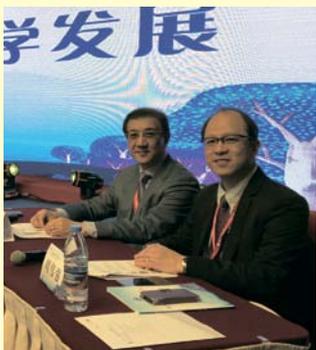


Dr. Mark Miller報告「全科質量改進和全科醫生持續職業發展」

除了海峽兩岸全科醫學大會外，海峽兩岸醫藥衛生交流協會全科醫學分會第二屆委員會換屆大會亦在是次大會順利進行。李國棟教授獲委任為海醫會全科醫學分會名譽會長，而香港家庭醫學學院院長周偉強醫生獲委任為名譽副會長。另本院副院長（總務）劉浩濂醫生及榮譽秘書黃志威醫生亦獲委任為常委。



頒發香港家庭醫學學院李國棟獎學金(二〇一八)



香港家庭醫學學院院長周偉強醫生(右)與同濟大學附屬揚浦醫院院長于德華醫生(左)主持分論壇



香港家庭醫學學院副院長(總務)劉浩濂醫生報告



香港家庭醫學學院林露娟教授報告



香港家庭醫學學院陳智偉醫生報告



香港家庭醫學學院榮譽秘書黃志威醫生報告



香港家庭醫學學院代表



(由左至右) 李國棟教授、Prof. Val Wass、周偉強院長、Dr. Mark Miller

海峽兩岸全科醫學大會實在是海峽兩岸家庭醫生互相交流及學習的好機會，大家透過相互交流共融，一齊探討家庭醫學發展理論和實踐經驗，攜手推動家庭醫學及基層醫療的發展，建設健康中國。

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists (Ver. April 2019)

We are pleased to remind you that our College members who are registered with Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP will have their associated administrative charge waived starting from January 2017. For new registrant or those who would like to switch their MCHK CME Administrator to HKAM via the College (with the cycle starting in January) **starting from 1st July 2019**, they must submit Registration Consent Form to College Secretariat before **21st June 2019 (Friday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month on completion of the conference.
4. Self-study: please submit details of the programme within one month on completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective **MCHK CME attendance record sheet** for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

HKCFP Secretariat

CME/CPD Compliance

Dear Colleagues,

As it is the last cycle year for the current cycle, please be reminded to check your CME/CPD timely. The latest CME/CPD report can be downloaded after login to the College website (<http://www.hkcfp.org.hk/>)

The committee wishes to highlight that colleagues **must engage in ALL categories of activities** in order to fulfill the QA Certificate 2017-2019 criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**.
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants **must engage in ALL** categories of activities

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to CME activities organized by our College alone
Example: Most of the activities held by Board of Education
- iii) Category 5, related to pre-accredited CME activities organized by other professional institutions themselves or in collaboration with our College.

Examples of activities that are co-organized by College and other professional institutions are as follows:

- 1) Certificate Course on Bringing Better Health to Our Community
- 2) Refresher Course for Health Care Providers
- 3) CME Course for General Practitioner
- 4) Chronic Disease Management (CDM) Training Course

Quality Assurance & Accreditation Committee News (Con't)

You can refer to the 'Board of Education News' published in FP links, for the details (including the category of points accredited) of the above mentioned activities.

As per past experience, there were members who had obtained CME points from Category 4 or 5 only. Please be reminded to obtain CME points for both Category 4 **AND** 5 in order to fulfill requirement of QA Certificate. Please see the "Regulations for Award of Quality Assurance 2017-19 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html.

Yours sincerely,

Dr. King Chan, Chairman
Quality Assurance & Accreditation Committee

Meeting Highlights

Certificate Course on End of Life Care for Primary Care Doctors

The 2nd and 3rd sessions of Certificate Course on End of Life Care for Primary Care Doctors co-organized with Haven of Hope Sister Annie Skau Holistic Care Centre, the Department of Social Work & Social Administration, The University of Hong Kong were held on 3 March and 17 March 2019.

Dr. Wong Kin Shing, Paul, Deputy Medical Superintendent, Sister Annie Skau Holistic Care Centre, Haven of Hope Christian Service and Dr. Chen Wai Tsan, Tracy, Associate Consultant Physician, Haven of Hope Sister Annie Skau Holistic Care Centre; Specialist in Palliative Medicine, delivered a lecture on "Symptoms Control for Terminal Patients - Opioid Usage by GPs in The Community for End of Life Care" on 3 March 2019.



Dr. Bea Lau (right, Moderator) presenting a souvenir to Dr. Wong Kin Shing, Paul (left, Speaker).



Dr. Bea Lau (right, Moderator) presenting a souvenir to Dr. Chen Wai Tsan, Tracy (left, Speaker).

Dr. Chow Yin Man, Amy, Associate Professor, Department of Social Work & Social Administration, the University of Hong Kong; Co-Director, Jockey Club End of Life Community Care Project, The University of Hong Kong, delivered a lecture on "1. Psychosocial and Spiritual Needs of Patients, Practical Tips and Community Resources and 2. Family-based Bereavement Care from Pre-death to Post-death" on 17 March 2019.



Dr. Alvin Chan (left, Chairman of Board of Education) presenting a souvenir to Dr. Chow Yin Man, Amy (right, Speaker).

CME Lecture on 5 March 2019

Prof. Paolo Pozzilli, MD, Full Professor of Endocrinology & Metabolic Diseases, University Campus Bio-Medico, Rome, delivered a lecture on "Prediabetes - Insights to Prevent a Preventable Disease" on 5 March 2019.



Dr. Stephen Foo (left, Censor) and Dr. Robert Tsui (right, Moderator), presenting a souvenir to Prof. Paolo Pozzilli, MD (middle, Speaker).

Interest Group in Counselling

Dr. Fung Wai Ching, Aurelius, Specialist in Paediatrics, delivered a lecture on "Circle of Security - Parenting from an Attachment Perspective" on 9 March 2019.



Dr. Lau Wai Yee, Aster (right, Moderator), presenting a souvenir to Dr. Fung Wai Ching, Aurelius (left, Speaker)

Interest Group in Dermatology

Dr. Chan Hau Ngai, Kingsley, Specialist in Dermatology and Venereology, delivered a lecture on "Review in Cosmetic Dermatology and Post-Treatment Skin Care" on 16 March 2019.



Dr. Lam Wing Wo (left, Moderator), presenting a souvenir to Dr. Chan Hau Ngai, Kingsley (right, Speaker).

Sharing of publicity events in Family Medicine

Dr. Sze Hon Ho, Specialist in Family Medicine

Department of Family Medicine and Primary Healthcare, Hong Kong West Cluster, Hospital Authority

From April to May 2018, it was a busy period for Public Education Committee and Central Office of our department in HK West Cluster. Let me share what we arranged and prepared in four important World Days for public education.

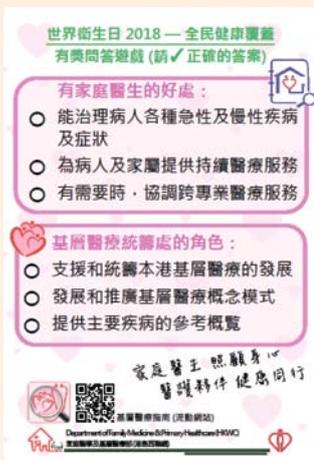
1. World Health Day (7 April 2018)

The World Health Day is celebrated each year on 7 April to mark the anniversary of the founding of the World Health Organization (WHO) and to highlight a priority area of global public health concern.



Souvenirs for winning the Quiz

The World Health Organization was founded on the principle that all people should be able to realize their right to the highest possible level of health. Its Constitution came into force on 7 April 1948. The theme of World Health Day 2018 is "Universal Health Coverage: Everyone, Everywhere", with the slogan "Health for All". From 3 – 10 April 2018, our Department had arranged Prize Quiz stations at Nurse & Allied Health Clinic (NAHC) and Risk Assessment and Management Southern District (RAMP SD) clinics to promote primary care and family doctors.



NAHC: Nurse & Allied Health Clinic

RAMP SD: Risk Assessment & Management Clinic (Southern District)

2. International Nurses Day (12 May 2018)

The International Nurses Day (IND) is an international day celebrated around the world on 12 May (the



anniversary of Florence Nightingale's birth) each year, to mark the contributions nurses make to society. The theme of 2018 is "Nurses: A Voice to Lead – Health is a Human Right".

The said date signifies nurses' hard work and dedicated care towards patients pioneered by Florence Nightingale, and it also serves as a golden opportunity to reflect on the mission and vision to render quality nursing care service for the benefits of the patients and populations.

We prepared 13 large decorated foam boards at all our clinics to inform public about what nursing services are available in our Family – the Family Medicine and Primary Healthcare department. There were more than 5000 patients who wrote down their wishes and extended their appreciations to clinic nurses for their hard work and efforts to bring about good health for our patients.



Aberdeen Jockey Club GOPC



Central District Health Centre GOPC



Risk Assessment & Management Clinic (Southern District)



Risk Assessment & Management Clinic (Central & Western District)



Kennedy Town Jockey Club GOPC

3. World Family Doctor Day (19 May 2018)

The World Family Doctor Day (WFDD) is celebrated annually on 19 May by the World Organization of Family Doctors (WONCA) to highlight the role and contribution of family doctors in health care systems around the world. The key theme in 2018 was **"Family Doctors - Leading The Way to Better Health"**. In order to echo this meaningful and wonderful Day, our clinics had arranged Thank you Boards which were quickly filled up with words of appreciations from patients.



'Cheers!' from our young doctors

4. World No Tobacco Day (31 May 2018)

Every year, on 31 May, WHO and partners mark World No Tobacco Day (WNTD), highlighting the health and other risks associated with tobacco use, and advocate for effective policies to reduce tobacco consumption. During 28 May – 1 June 2018, our Department had arranged Prize Quiz stations at NAHC, RAMP SD and Ap Lei Chau clinics to educate the public about the hazards of smoking.



Patients busy in filling in the Quiz cards

Let's walk out our consultation room and stay tuned with these important events in primary care!

Whooping cough (Pertussis) – recognition, treatment and prevention

The number of whooping cough (pertussis) cases hit a record high last year, which rose from 69 cases in 2017 to 110 in 2018. Pertussis not only affects infants, but also adolescents and adults. There had been 3 laboratory confirmed cases in our clinic in a single week last year.

Case report

A 52-year-old driver complained of cough for 1 month. He had seen our clinic initially and was diagnosed URTI. He attended private practitioner later and was prescribed antibiotics. However, his cough worsened and he visited emergency department, CXR was clear and the diagnosis was bronchitis. He attended our clinic again for severe cough which had induced subconjunctival haemorrhage. On detailed history taking, there was inspiratory whoop and coughing paroxysms. Nasopharyngeal (NP) swab was positive for *Bordetella pertussis*.

Diagnostic challenge

I understood his suffering since I had suspected myself as having pertussis a few months earlier. Pertussis has been considered to be rare, the relatively lower incidence could be attributed to the difficulty in diagnosis confirmation. Pertussis in its early (catarrhal) phase appears to be nothing more than common cold. As the disease progresses, cough becomes paroxysmal from week 2 onward (paroxysmal phase). In classical cases, paroxysms terminate with inspiratory whoop and post-tussive vomiting can follow. It seems that these hallmark features render pertussis distinguishable from other respiratory illnesses, but disease recognition is still challenging. Firstly, illness is usually less severe in adolescents and adults and these typical features may be absent. Secondly, patients may not understand jargons like 'paroxysm' and 'whoop', clinicians have to elaborate these terms and articulate the high-pitched whoop to facilitate communication.

Diagnostic test

Whenever possible, clinicians should obtain a NP swab for culture and PCR from all suspected cases of pertussis. Nevertheless, this test is not easily available in primary care setting. Even if available, the accuracy of diagnostic test wanes with the duration of illness. It is best to obtain a culture from NP specimens during the first two weeks of cough (catarrhal phase), but the nonspecific symptoms rarely lead to suspicion of the disease. By the time pertussis features become prominent, the sensitivity of culture decreases and the risk of false-negatives increases. PCR remains useful up to four weeks since it can detect nonviable organisms.

Treatment

Antibiotic treatment (macrolides) given during the early (catarrhal) phase may decrease the duration and severity of cough, though diagnosis is seldom established in the first 2 weeks of illness. Clinicians should start antibiotic therapy before laboratory confirmation if clinical features are suggestive of pertussis. Antibiotics will not alter the course of illness if pertussis is diagnosed late. The Centres for Disease Control and Prevention of the United States (CDC) suggested to treat persons older than 1 year of age within 3 weeks of cough onset; and infants younger than 1 year of age and pregnant women (especially near term) within 6 weeks of cough onset.

Prevention

Pertussis may be considered as a merely persistent but ultimately self-limited nagging cough. However, even for adult, there may be complications like subconjunctival haemorrhage and rib fractures. Prolonged cough can result in significant time lost for school or work. Last but not the least, unrecognized cases of pertussis become the reservoir of infection for the most vulnerable infants. Severe complications like apnoea and encephalopathy can occur in infants who are too young for diphtheria, tetanus, acellular pertussis (DTaP) vaccination, and they are at high risk of mortality.

Many patients believed that they have lifelong immunity against pertussis if they had completed their childhood vaccination. In fact, the effectiveness of the DTaP vaccine in adolescents has been shown to wane within 2 to 4 years after administration. The teenage son of the above case was also infected and his NP swab was positive. Adults who will have newborn coming to their family should receive a single booster DTaP.

In view of the rising number of pertussis cases, the Scientific Committee on Vaccine Preventable Diseases under The Centre for Health Protection recommended pertussis vaccination for pregnant women. Pregnant women are recommended to receive one dose of acellular pertussis-containing vaccine during **each** pregnancy. Pertussis vaccine is effective and safe to pregnant women and their fetus. Vaccination is recommended to be anytime in the second or third trimester, preferably before 35 weeks of gestation, so as to maximize both maternal antibody response and passive antibody transfer to the fetus.

References:

1. The Centers for Disease Control and Prevention. USA
2. Pertussis infection in adolescents and adults. UpToDate Dec 2018.
3. Recommendations on Pertussis Vaccination for Pregnant Women. Letters to doctors. 4 Mar 2019. Centre for Health Protection.

Compiled by Dr. Siu Pui Yi

HKCFP Photography Club News

Underwater Photography Workshop

The HKCFP Photography Club Underwater Photography Workshop, presented by Olympus HK, concluded wonderfully on 23/3/2019 (Sat). The event was highly regarded by many participants.

Mr. Victor Lau, professional open water diver and trainer, started by showcasing nearly 100 of his beautiful photographs, with emphasis on how capable a modern compact underwater camera can be. Mr. Lau delivered great pictures not only with professional underwater cameras and strobes, but also with simpler setups like a torch and a compact camera.

Mr. Lau then went into the choice of equipment and lightings. The 2 main categories of underwater photography, namely macro and wide-angle, called for different lenses and flash-lights. Mr. Lau explained the importance of light in underwater photography, for it brought out the natural vivid colours of underwater creatures. Mr. Lau further shared his secrets of transforming a novice level snapshot to a successful professional photo. He explained to the audience how to select, approach and leave timid sea animals.

Towards the end of the workshop, Mr. Lau gave a live demonstration of various shooting and lighting techniques. And Olympus HK prepared a handful of TG-5 compact underwater cameras, mirrorless digital cameras and flash lights for HKCFP members to try.

The event was beautifully finished with souvenirs from Olympus HK and a book written by another tutor Mr. Kenny Lee. Olympus HK also offered special discounts on their underwater cameras and dedicated housings*. Interested members may contact Ms. Windy Lau by email to windylau@hkcfp.org.hk for further liaison.

The HKCFP Photography Club would like to take this opportunity to express our gratitude again to Olympus HK for their great presentation and hospitality.

*Remark: Details of the discount will be announced later after confirmation with Olympus HK



Dr. Welch Ko presents souvenir to Mr. Noble Leung, senior manager, Marketing Department, Olympus HK.



Souvenir presentation to Mr. Victor Lau, speaker of the workshop.



Mr. Lau shared with the audience his masterpieces.



Mr. Lau deciphered the setup of his pictures.



Mr. Lau gave a live demonstration how light brings colour to the subject.



HKCFP members are trying hands-on with the TG-5 compact underwater camera.



Lights off to mimic the darkness under water!



Tutor Mr. Kenny Lee explained the practicalities to participants.

HKCFP Family Medicine Career Talk 2019



Date : 13 June 2019 (Thursday)

Time : 18:30 - 21:00

Venue : Seminar Room, G/F, Block A,
Queen Elizabeth Hospital,
30 Gascoigne Road, Kowloon,
Hong Kong

Organiser : Young Doctors Committee,
the Hong Kong College of
Family Physicians



Content:

- Training & Development of Family Medicine in Hong Kong
- Life and career path of family physicians in different settings
- Interactive small group sharing by family physicians with participants

Registration:

- Free-of-charge
- With light refreshments
- Booking via Google form

For other enquiry,
please contact Ms. Erica So or Ms. Kathy Lai
through email YDC@hkcfp.org.hk or
telephone at 2871 8899.



Interest Group in Dermatology – The 69th Meeting on 16 March 2019

Dr. LAM Ting Chung Matthew and Dr. WONG Hin Hei Henry
College Member

Topic : **Review in Cosmetic Dermatology and Post-Treatment Skin Care**

Speaker : **Dr. Chan Hau Ngai, Kingsley**
Specialist in Dermatology and Venerology

Moderator : **Dr. Lam Wing Wo**
Board of Education

Learning points:

Pursuing youth and beauty has been a lifelong goal of many people around the globe. Not surprisingly, the trend of people using cosmetic procedures to enhance their appearance is rising globally.

Dr. Chan started the talk by explaining the aging process of skin. Aging can be divided into biological and environmental aging. While biological factors are inherited genetically and cannot be changed, environmental factors, including UV light exposure, smoking, diet, and stress are preventable. There will be slower production of collagen when skin ages, resulting in wrinkles and laxity of skin.

There are FDA approved procedures to reverse the sign of aging. One of the most commonly used procedures is botulinum toxin injection. Botulinum toxin is produced by the bacterium *Clostridium botulinum* and it acts on neuromuscular junctions to paralyze the muscle, resulting in flattening the over skin and hence reducing wrinkles. It is very important to understand the functional anatomy and the muscle mass of the facial muscles in order to achieve the desirable outcome of reducing wrinkles yet preserving the function of facial expression. For example, to eliminate crow's feet (i.e. the wrinkles over eyes), it is important to avoid injection below the zygomatic arch to prevent cheek and lid ptosis. Proper disinfection with alcohol and chlorhexidine, and mapping of injection site prior to injection are also important to prevent complication of the procedures.

Potential side effects of botulinum toxin injection include localized infection and inflammation of injection sites, headache and flu-like symptoms, ptosis of eyelid and eyebrow, and local muscle weakness. Detailed explanation of side effects for an informed consent for the procedures is crucial as then will alter the outcomes which may deviate from the patients' expectation. Last but not least, extra precautions should be taken for patients with existing neuromuscular junction disorders and muscle weakness disorders to receive botulinum injection.

For pigmented lesions such as angiomas, feckles, naevi, seborrheic keratosis, telangiectasias etc., laser therapy is commonly used. Different wavelengths can selectively target pigmented or red blemishes. Side effects of laser treatment include erythema, oedema and pruritus.

Modalities for treating skin sagging include radiofrequency and ultrasound. Monopolar radiofrequency is an FDA approved treatment for wrinkles and rhytids. It penetrates deep into the skin to the collagen layer, generates heat and stimulates collagen growth, resulting in temporary improvement in the appearance of cellulite. Possible side effects include redness, oedema and physical discomfort.

For ultrasound treatment, it is also an FDA approved non-invasive procedure to lift the neck, chin and brow. It uses the safe, time-tested energy of ultrasound to stimulate deep structural support layers of the skin – surgical facelift – without disturbing the surface of the skin. Focused ultrasound energy heats deep tissue and causes a natural regenerative response. Weak collagen is reorganized and strengthened by the growth of new collagen, which lifts the skin. Individuals with open facial wounds or lesions should not have Ultrasound therapy. It is also not recommended for direct application over areas with mechanical implants, dermal fillers and keloidal scarring. Possible risks include few hours of flushing or redness, few days of slight swelling or bruising, and few weeks of tingling/ tenderness to touch. There is also risk of burns which may or may not lead to scarring.

After receiving skin treatment, skin care is very important as treatment such as laser could disrupt the epidermal barrier causing irritation and moisture loss. Moisturisers are recommended post-procedure, and topical agents such as retinoic acid derivatives, glycolic acid and cosmetics containing fragrance or irritants should be avoided.

Next meeting

The next meeting will be on 4 May 2019 (Saturday). The guest speaker is Dr. Cheung Tak Cheong, a Specialist in Rheumatology, who will speak to us on "Dermatological Manifestation in Rheumatic Diseases". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.

BOARD OF EDUCATION NEWS

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

4 May 2019

Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice		
Theme	Dermatological Manifestation in Rheumatic Diseases		
Speaker	Dr. Cheung Tak Cheong Specialist in Rheumatology		
Coordinator & Chairman	Dr. Lam Wing Wo The Hong Kong College of Family Physicians		
Time	1:00 p.m. - 2:00 p.m.	Lunch	
	2:00 p.m. - 3:30 p.m.	Lecture	(Part A)
	3:30 p.m. - 4:00 p.m.	Discussion	(Part B)
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong		
Admission Fee	Members	Free	
	Non-members	HK\$ 300.00	
	HKAM Registrants	HK\$ 150.00	
	All fees received are non-refundable and non-transferable.		
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK		
Language	Lecture will be conducted in English and Cantonese.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to the meeting. Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.		

Register Online

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Taisho Pharmaceutical (HK) Ltd

7 May 2019

Tuesday

Role of the Glycemia-targeted Specialized Nutrition in Daily Clinical Management for Type II DM

Prof. Jeffrey Mechanick
Professor

Department of Medicine, Division of Cardiology
Division of Endocrinology, Diabetes and Bone Disease
Icahn School of Medicine at Mount Sinai

Chairman	TBC The Hong Kong College of Family Physicians		
Time	6:30 p.m. - 7:00 p.m.	Registration	
	7:00 p.m. - 8:00 p.m.	Lecture and Discussion	
	8:00 p.m. - 9:30 p.m.	Dinner	
Venue	Sung Room, 4/F, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Kowloon		
Admission Fee	College Fellow, Full or Associate Members	Free (\$50 Enrollment deposit is required)	
	Other Categories of Members	HK\$ 550.00	
	Non-Members	HK\$ 650.00	
	All fees received are non-refundable and non-transferable.		
Accreditation	1 CME point HKCFP (Cat. 4.3) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		

Register Online

Sponsored by
Abbott Laboratories Ltd

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 - 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

April's session:

Date	26 April 2019 (Friday)		
Time	2:30 p.m. - 3:30 p.m.		
Topic	"Dermatology Case Studies (Part 2)" by Dr. Lam Yuk Keung		
Admission	Free for Members		
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in Cantonese.		

Register Online

May's session:

Date	31 May 2019 (Friday)		
Time	2:30 p.m. - 3:30 p.m.		
Topic	"Approach to a Snoring Child in Primary Care Setting" by Dr. Theresa Leung		
Admission	Free for Members		
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		

Register Online

Community Education Programme

Open and free to all members
HKCFP CME points accreditation [Cat 5.2]

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
11 May 2019 2:15 – 4:15 pm	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Upper Gastrointestinal/Liver Diseases- An Update for Primary Care Dr. WONG Wai Chuen Specialist in Gastroenterology & Hepatology, OLMH	Ms. Clara Tsang Tel: 2354 2440
16 May 2019 1:00 – 3:00 pm	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Management of UTI in Paediatrics Dr. CHENG James Wesley Ching-hei Resident, Department of Paediatrics & Adolescent Medicine, United Christian Hospital	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 May 19 (Thu)			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Oversea Conference for Family Medicine and Experience Sharing Part 1 Dr. Wong Man Kin & Dr. Ng Yeung Shing	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Journal Club Dr. Tai Lik	Ms W L Kwong Tel: 2595 6941
8 May 19 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Assessment on Injury on Duty and the Early Rehabilitation Dr. Chan Kam Sheung & Dr. Ng Ka Wing	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Application of EBM: Management of Electrolyte Disturbance, Inpatient Versus Outpatient Approach Dr. Lam Kang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Approach to Abnormal Laboratory Results in Asymptomatic Patients Part II (Microscopic Haematuria, Proteinuria, Anaemia) Dr. Yau Chi Yan, Davy & Dr. Leung Eunice Hilching	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Professional Misconducts Dr. Alex Leung	Ms Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Chronic Headache and Dizziness Problem Dr. Li Wing Hei, Sunny & Dr. Zhao Haifeng, Eric	Ms. Carmen Kwong Tel: 3505 4371
9 May 19 (Thu)			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Emergency Protocol Review Dr. Feng Longyin & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Clinical Psychology: Screening and Assessment of Major/ Mild Neurocognitive Disorder Dr. Leung Ka Fai	Ms W L Kwong Tel: 2595 6941
15 May 19 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Introduction to Cognitive Behavioral Therapy and Psychotherapy Dr. Lee Wing Lam & Dr. Chuang Chi Kit	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Application of EBM: Clinical Approach to Deranged Liver Function and When for Further Evaluation Dr. Chong Kok Hung	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Review of Functional Food & Dietary Supplement Dr. Hui Yuk Ting, Candy & Dr. Ma Man Ki, Katelyn	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Journal Club Dr. Matthew Lee	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Disability Allowance and CSSA Assessment in GOPC Setting Dr. Chow Kam Fai	Ms. Carmen Kwong Tel: 3505 4371

BOARD OF EDUCATION NEWS

16 May 19 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Approach to Substance Use Disorder in Primary Care Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Living Will - Advanced Directive, Guardianship Dr. Chan Wei Kwan, Rita & Dr. Lee Ying Cheung, Jacky	Ms W L Kwong Tel: 2595 6941

22 May 19 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Health Care Delivery System in UK, USA and Australia Dr. Chan Kiu Pak, Kilpatrick & Dr. Wong Hin Hei, Henry	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Primary Care to Patients with Developmental Disorders Dr. Chan Cheuk Ming	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Emergency Procedures in General Practice Dr. Luk Sze Wan, Candy & Dr. Wong Sze Man	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Handling IOD Cases Dr. Marcus Wong	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Hematological Emergency Dr. Chung Hiu Yeung, Arthur & Dr. Lau Sin Mei, Mimi	Ms. Carmen Kwong Tel: 3505 4371

23 May 19 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	The GVP Program and Facts about Flu Vaccine and Pneumococcal Vaccine Dr. Lam Wai Yiu & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	The Health Screening Services in Community Dr. Locke Ka Yung, Michael	Ms W L Kwong Tel: 2595 6941

29 May 19 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Consultation Enhancement (Physical Examination: Respiratory System and Video Consultation) Dr. Ho Ka Ki & Dr. Zhu Yin	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Prevention of Dementia, Fast Track Program for Cognitive Assessment and Patient Empowerment (CAEP) Dr. Chung Chak Hang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common Symptoms in Eye Dr. Wong Yu Man, Tracy & Dr. Chan Ki Fung, Dickson	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Pre-Marital Counselling & Checkup Service in Hong Kong Dr. Grace Chan	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	The E-Health System Dr. Lim Foon Lian, Jacqueline & Dr. Wong Chun Kit, Arthur	Ms. Carmen Kwong Tel: 3505 4371

30 May 19 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Management of Sexual Violence Dr. Tsui Felix & Dr. Sung Cheuk Chung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Smoking Cessation Program in GOPC Dr. Tsui Pun Nang	Ms W L Kwong Tel: 2595 6941

Classified Advertisements

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com [Amy CHAN] 9212-6654

Clinic to take over or cooperate. Well established in Tokwawan, serving over twelve thousand clients, with eight nearby old age home. Lots of warmth from local people. Whatsapp: 94110485 Dr. Wong

The FP Links Editorial Board would
like to thank all
readers, contributors, sponsors and
the College Secretariat for their
tremendous support.

Wishing you all



The FP Links Committee

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Apr 2:30 – 5:00 p.m. Interest Group in Point-of-care Ultrasound	15	16 8:30 p.m. Council Meeting	17 2:00 – 7:30 p.m. Structured Education Programme	18 4:30 – 7:00 p.m. Structured Education Programme	19	20
21	22	23	24 2:00 – 7:30 p.m. Structured Education Programme	25 4:30 – 7:00 p.m. Structured Education Programme	26 2:30 – 3:30 p.m. Video Session 7:00 – 9:30 p.m. CME Dinner Lecture	27 2:30 – 5:00 p.m. DFM Written Examination
28 1:00 – 6:00 p.m. DFM Clinical Examination	29	30 6:00 p.m. Post Exit Exam Evaluation Workshop	1 May	2 4:30 – 7:00 p.m. Structured Education Programme	3	4 1:00 – 4:30 p.m. Interest Group in Dermatology
5	6	7 9:00 p.m. Board of DFM Meeting	8 2:00 – 7:30 p.m. Structured Education Programme	9 4:30 – 7:00 p.m. Structured Education Programme	10	11 1:00 – 4:30 p.m. World Family Doctor Day Symposium 2019 2:30 – 4:30 p.m. HIV/STI Primary Care Workshop
12	13	14	15 2:00 – 7:30 p.m. Structured Education Programme	16 4:30 – 7:00 p.m. Structured Education Programme	17	18 2:30 – 4:30 p.m. HIV/STI Primary Care Workshop
19 2:30 – 5:30 p.m. Application of Dermoscopy for Primary Care Doctors	20	21	22 2:00 – 7:30 p.m. Structured Education Programme	23 4:30 – 7:00 p.m. Structured Education Programme 8:30 p.m. Council Meeting	24	25 1:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2019
26 2:30 – 5:30 p.m. Assessment Enhancement Course	27	28	29 2:00 – 7:30 p.m. Structured Education Programme	30 4:30 – 7:00 p.m. Structured Education Programme	31 2:30 – 3:30 p.m. Video Session	1 Jun

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Back row (left to right): Dr. Sin Ming Chuen, Ms. Alky Yu, Dr. Sze Hon Ho, Dr. David Cheng, Dr. Fok Peter Anthony, Dr. Cheuk Christina, Dr. Tam John Hugh and Dr. Ken Ho

Front row (left to right): Dr. Heidi Fung, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Anita Fan and Dr. Natalie Siu

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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