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Message from the President



October was certainly a very busy month especially for the jet lagged President. Dr. David Chao had kindly accompanied me to attend GP17 in Sydney, Australia. GP 17 is the official annual conference of the Royal Australia College of General Practitioners. We arrived on the Tuesday morning and after a quick lunch, it was the conferment ceremony of

RACGP. The electromagnetic force of RACGP had attracted the attendance of Presidents of Family Physicians Colleges from UK, New Zealand, Malaysia, Sri Lanka and Fuji. Over 200 GPs were conferred the fellowship and our dear old friend, Dr. Mark Miller, Chief Censor of RACGP had lost his voice after reading out the names of too many successful candidates and had to be replaced by Dr. Tim Koh, Chair of Council. My jealousy obviously popped up and I wish I can read out names at our next conferment until my recurrent laryngeal nerve palsy occurs. Not only was this a wonderful event, RACGP also gave out prizes to the best clinic and best clinical supervisor to recognize the commitment and persistent high standard of her fellows. We will definitely borrow a leaf and enrich our family doctors community.

The following day we had a meeting chaired by Dr. Bastian Seidel, President of RACGP at 7:30 am (HK time 4:30 am) with the two Colleges representatives and discussed the future arrangement of the conjoint examination. David and I were intoxicated with caffeine before the meeting to keep us awake. RACGP will soon start a unified pathway and all

trainees must satisfy with all the training modules requirement including aboriginal health in order to gain the full fellowship. New nomenclature for the RACGP international



fellowship was suggested and we had an amicable discussion. I have to clear the air that our relationship with RACGP is stronger than ever and the rumour of delinking is certainly untrue at this moment! Soon after this meeting, we attended the opening ceremony of GP 17 and the keynote address was delivered by a US Paediatrician on video consultation through internet. Personally I am against internet or digital consultation. The first question asked by the audience was if one had testicular cancer, how could the internet doctor make the diagnosis? Any non-pervert will not take his pants off in front of the camera. This sums up the problem! Then in the afternoon we had the opportunity to exchange the views on the primary care systems and FM training with Presidents and the delegates of other countries. New Zealand will have 300 medical graduates out of 600 to enter FM training with the full support of the government. Hooray!

I returned on Saturday and the following day was our 31st Conjoint Examination with RACGP. I never missed Dr. Mark Miller and we reunited within three days and 7400 km apart. He and Dr. Helen Wilcox were the external examiners. We had reached the trough in terms of the number of trainees sitting the examination. The whole day ran extremely smoothly and I was heartened to see so many dedicated examiners

appearing year after year. The trainees did very well and I wish them every success when the result is announced in November.

The next night I was flying out with Dr. Gene

Tsoi, the Vice President of Wonca Asia Pacific Region to Pattaya, Thailand for the APR Conference. At the APR Council meeting, New Zealand was chosen to host the

Group photo taken at 2017 Wonca Asia Pacific Region conferment, Pattaya

(Continued on page 2)









(Continued from page 1)

2020 Conference. Rajakumar Movement for young fellows and gender equity representation in the Council were highlighted. I was extremely pleased to see a contingent of 20 from Hong Kong and our young fellows were led by Dr. Loretta Chan. The young folks arrived early and joined the Rajakumar Movement discussion.

Dr. Donald Li, President-Elect Wonca delivered a plenary lecture on "Disaster Management and Family Medicine". Dr. Chin Weng Yee launched the Wonca guidance paper on non drug interventions for common mental health. Dr. Loretta Chan and Dr. Catherine Chen talked at the Chinese Forum. Drs. Regina Sit, Dana Lo, Chiang Lap Kin, Tse Sut Yee, Cecilia Chung and Amy Wang had oral or poster presentations. Congratulations to Dr. Chin Weng Yee winning the best poster presentation and Dr. Tse Sut Yee winning the best oral presentation! The best was yet

to come, we were treated by a 14 course Blue Crab meal by Dr. Donald Li. He is not only our spiritual



leader but also our gastronomical leader in enhancing the force on consolidation of fraternity. We had wonderful team spirit! I can't wait to see more of you at the next Wonca World Conference in Seoul, October 2018.

Dr. Angus MW CHAN

President

Membership Committee News

Amendments to the Articles of Association (formerly known as the Memorandum and Articles of Association) of the Hong Kong College of Family Physicians (CR No: 54500) (the College)

Under the new Companies Ordinance, Cap. 622, the requirement to have a memorandum of association as a constitutional document of a local company is abolished and the company's constitution will only comprise the articles of association.

In order to meet the requirement of the new Companies Ordinance, Cap. 622, and the operational need of the College, the Membership Committee was appointed by the College Council to review and amend the articles since 2016.

The below references to the Articles of the amended AOA which have been gone through by the Legal Advisor and approved by the Company Registry dated 9 November 2017.

Memorandum of Association (M&A)

The entire memorandum of association has been deleted and the provisions have been modified to form part of the AOA. The clauses in the original M&A had the corresponding Articles in the proposed amended AOA.

Articles of Association (AOA)

Articles incorporated with the Comment of the Company Registry

Other Amendments

The College has taken this opportunity to propose other amendments to the AOA.

The College Council has resolved to propose to the Members of HKCFP in the forthcoming Annual General Meeting the amendment to the Articles of Association (AOA) of HKCFP.

The documents considered in the resolution are accessible at http://www.hkcfp.org.hk/pages_3_1079.html.

Members please refer to the details of the amendment to the Articles of Association (AOA) of HKCFP for information.

Sincerely,

Dr. Chan Wing Yan, Loretta Chairlady, Membership Committee



H K C F P 40th ANNIVERSARY CELEBRATION IN 2017



Dear Colleagues,

As you are aware, 2017 marks the 40th Anniversary of our College and we have organised a series of exciting events to celebrate this significant milestone. Two of the significant celebration events including the Conferment Ceremony and Annual Dinner would be held on the same day, i.e. 10 December 2017 (Sunday). These will no doubt bring our 40th Anniversary celebration activities to a new height, providing valuable opportunities for all to meet new Fellows of the College, to catch up with your acquintances, and to join hands in celebrating these special occasions together with families and friends. Here are the details of these forthcoming attractions.

The 30th Fellowship Conferment Ceremony and the 28th Dr. Sun Yat Sen Oration, HKCFP

The College is holding "The 30th Fellowship Conferment Ceremony and the 28th Dr. Sun Yat Sen Oration" on 10 December 2017 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.

Successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In addition, Dr. Stephen Foo, Censor of the Hong Kong College of Family Physicians, would deliver the 28th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details are listed as follows.

Events : (i) The 30th Fellowship Conferment Ceremony

(ii) The 28th Dr. Sun Yat Sen Oration by Dr. Stephen Foo

"Memoir and Passion - Personal Reflection of 40 Years History of HKCFP"

Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road,

Aberdeen, Hong Kong

Date : 10 December 2017 (Sunday)

Time : 3:00p.m. – Ceremony

4:30p.m. – Cocktail

Dress Code: Business

Remarks : 1 CME (Category 4.3)

These collegial functions are free of charge for our College Fellows, members and their spouses. *All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

THE HKCFP 40th ANNIVERSARY DINNER

The College's 40th Anniversary Dinner would be held on 10 December 2017, Sunday

Venue : Run Run Shaw Hall, 1/F, HKAM Jockey Club Building,

99 Wong Chuk Hang Road, Hong Kong

Time : 19:00 Anniversary Dinner Reception

19:30 Chinese-style Dinner

College Members, Fellows and their spouses are welcome to register for the Annual Dinner free of charge on a first-come-first-serve basis until all the available seats are filled.

To register for the Conferment Ceremony and/or Annual Dinner, please contact Ms. Teresa Liu or Ms. Windy Lau on Tel: 2871 8899, or email to teresaliu@hkcfp.org.hk or windylau@hkcfp.org.hk for registration at your earliest convenience.

We look forward to meeting you all at the Conferment Ceremony and the 40th Anniversary Dinner!

Dr. David Chao Chairman, HKCFP $40^{\rm th}$ Anniversary Celebration Organising Committee HKCFP



40th HKCFP Annual General Meeting

The 40th Annual General Meeting (AGM) of The Hong Kong College of Family Physicians will be held on **10 December 2017, Sunday** with the following details.

Time : 17:00

Venue: James Kung Meeting Room, 2/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Admission: Members only

To register for the **Annual General Meeting**, please contact Ms. Erica So at 2871 8899, or email to hkcfp@hkcfp.org.hk

for registration.

Quality Assurance & Accreditation Committee News

Joint Announcement by the QA&A Committee and Board of Education Criteria to obtain Certificate of Quality Assurance

Dear Members,

Please note that it is a Joint-Announcement by the QA&A Committee & Board of Education.

Please be reminded that the credit point scores of 2017 QA&A Programme is going to be finalized at the end of year 2017. Members could login to the College website http://www.hkcfp.org.hk/ to check your latest CME/CPD report.

In order to obtain Certificate of Quality Assurance [QA certificate] 2017-2019 cycle, we would like to highlight **TWO** salient points for your attention:

- 1. Members must obtain at least 90 credit points in THREE Year Cycle, including of at least 30 CPD points
- 2. Members must engage in ALL categories of activities

For point 2, these categories are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by Hong Kong Medical Association, Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

Please also note that maximum of **45 credit points** will be counted for **EACH** category of educational activities.

For more details, please refer to the "Regulations for Award of Quality Assurance 2017-19 (QA)", which could be downloaded at: http://www.hkcfp.org.hk/pages_5_81.html. Members are reminded to note for the category of respective educational activities organised by Board of Education, stated on the announcement / circular.

For enquiry regarding to CME/CPD Matters, please contact QA & A Secretariat (Mr. John Ma or Ms. Natalie Ho) at 2871 8899 or email to cmecpd@hkcfp.com.hk.

Thank you.

Dr. King Chan
Chairman
Dr. Alvin Chan
Chairman

Quality Assurance & Accreditation Committee Board of Education





Quality Assurance & Accreditation Committee News (Con't)

HKCFP Additional & CME Accreditation for Year 2017

Dear Members,

The credit point score of 2017 for HKCFP QA Programme is going to be finalized by the end of Year 2017. Please kindly check your updated report by visiting the College website at http://www.hkcfp.org.hk/.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report. Please apply for CME accreditation by sending the application(s) no later than **28 February 2018**.

1. Application for Additional Accreditation

For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2017-19**, members have to apply in writing with \$500 administration fee (Non-refundable) by cheque to the QA&A Committee. Details must be submitted for special consideration, e.g. attendance record, photocopies of events, transcripts or published articles. Each application will be charged independently once the application is received. Additional information to the application, if any, will be handled as a new application and incur new charges.

The application of **Additional Accreditation** for the year 2017 is now open. It is only for the activity which **had NOT been accredited** by QA&A Committee before the activity started. You are recommended to submit the application form for additional accreditation with required supporting documents as stated in the application form.

2. Application for CME/CPD Accreditation

This application is only for the activity which **had been accredited** by QA&A Committee before the activity started. If the credit points are missing from your credit point score report, please fill in the "Application form for CME/CPD Accreditation of Pre-accredited Activity" with the supporting documents, e.g. attendance record, photocopies of events, transcripts or published articles.

Application deadline: 28 February 2018

All forms can be download at: http://www.hkcfp.org.hk/pages_5_82.html.

Please submit the application form by:

- Mail to The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen; **OR**
- Email to: cmecpd@hkcfp.org.hk

Late submission will NOT processed; The QA&A Committee has the final right in deciding the number of "Credit Points" awarded for each activity. The supporting documents must be evidence of attendance or submission for accreditation.

Should you have any question on CME/CPD, please contact Mr. John Ma or Ms. Natalie Ho at 2871 8899 or email to cmecpd@hkcfp.org.hk. Thank you so much for your support for the HKCFP QA Programme.

Yours sincerely,

Dr. King Chan

Chairman, Quality Assurance & Accreditation Committee

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **September - October 2017**:

Associate Membership (New Application)

Dr FONG Pak Yiu 方 栢 堯

Dr LEUNG Wai Lun 梁 瑋 麟
Dr TAM Chun Ho 譚 晉 浩

Affiliate Membership (New Application)

Dr WONG Wendy 黃 韻 婷





Classified Advertisements

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to <a href="https://example.com/hr/mer/

United Christian Nethersole Community Health Service invites registered Medical Doctors committed to Family Medicine to join our group practices in East Kowloon/NTW. Good work-life balance. Contact: Ms Chung hr/@ucn.org.hk/2172-0736

General Practitioner required for a well established accredited expatriate Medical Practice - some Sundays work. Interested parties, please email CV (Attn: Ms Linda Wills) to linda@otandp.com or ring 852-28662270 for information.



RESPECTING LIFE • IMPACTING LIFE

Haven of Hope Christian Service

A non-profit making and inter-denominational Christian organization is now looking for high-caliber candidates who would align with our Mission: "Through a ministry of holistic care, we strive to share the Gospel and develop a Christian community. In the love of Christ, we deliver our service in a caring, professional and progressive spirit so that the lives of those serving and being served are mutually enriched." The position which paves for a rewarding career is:

Full Time /Part Time /Locum Family Physician

(Ref: PHS/FP/HKCFP/NOV)

- · Registered Medical Practitioner with the HK Medical Council
- Provide Primary Health Services at Clinic(s) in Tseung Kwan O District

Interested parties, please send full resume with expected salary and reference no. quoted to Haven of Hope Christian Service, Staff Engagement Department via email to se@hohes.org.hk or Fax: 2704 5797.

For further enquiries, please contact Ms. Cho at 2703 3324.

For details about our organization, please visit www.hohcs.org.hk

Only short-listed candidates will be notified. Data collected will be used for recruitment purpose only.

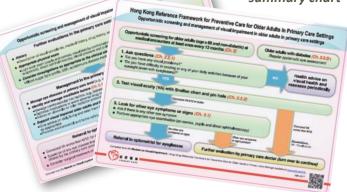
Two-page summary of the Module on Visual Impairment

under the Hong Kong Reference Framework for Preventive Care for Older Adults in Primary Care Settings has been released

A quick reference on opportunistic screening and management in primary care settings



To view the summary chart



To obtain the hard copies, please contact:

Primary Care Office
Telephone: 3576 3431
Email: pco@dh.gov.hk





仁 安 醫 院 UNION HOSPITAL

仁心、安心、貼您心 Caring・Reliable・Empathetic

Union Hospital is a general private hospital in the New Territories, established in 1994. It is a progressive and patient-centred institute, and has obtained outstanding ratings in hospital accreditation. Union Hospital is proud of her achievements in clinical governance and ethical professional care. The Hospital is now looking for collaboration with enthusiastic professionals/ partners to fill up the following capacities. Good professional support & development, and competitive remuneration are given to the engaged doctors.

Full time/ Part time Family Physician

(Ref No.: HKCFP/JUL01-17/HMC)

- A qualification registrable in Hong Kong under the Medical Registration Ordinance
- · Regular working hours and no night call
- Provide services in the Health Maintenance Centres in Union Hospital and Polyclinics
- · Experience in private practice preferred
- Training in Family Medicine/ Emergency Medicine preferred
- · Attractive remuneration package

Interested candidates please download the Job Application Form on www.union.org (quote the "REF NO."). Please send resume to Union Hospital, Human Resources Department, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, N.T. or by email to recruit@union.org.

Website: www.union.org

(Applicants not hearing from us within 2 months may consider their applications unsuccessful. Data collected will be used for recruitment purpose only.)



Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 31**st **January 2018 (Wednesday)**. Late submission will not be accepted.

The training experience of 2017 will not be accredited if the trainee fails to submit the checklist on or before the deadline. Should you have any enquiries, please feel free to contact Ms. Charlotte Cheung at 2871 8899.

Basic Training Subcommittee BVTS

HKCFP Photography Club - Travel & Scenery Photography Lecture









HKCFP Photography Club is excited to announce that a Travel & Scenery Photography Lecture delivered by Nikon Hong Kong is coming to town in December 2017! It is our privilege to have Mr. Patrick Cheung, Nikon Ambassador, to be the speaker of this lecture.

Mr. Cheung is an award-winning time lapse photographer. He is also specialised in travel and scenery photography. His extensive travel and field experiences are going to enlighten participants on this beloved field of photography. Mr. Cheung is also the speaker of our Nikon time lapse workshop back in November 2015.



Time : 2:30 - 5:00 p.m.

Venue: 10/F, Cityplaza One, 1111 King's Road,

Taikoo Shing, Hong Kong

Speaker: Mr. Patrick Cheung, Nikon Ambassador





Souvenirs and special discounts will be offered by Nikon HK to our College Fellows and Members in this event. If you'd love to snap better pictures on your holiday trip or strike for the perfect shot when you travel wild and afar, please do not hesitate to enroll with Ms. Teresa Liu at teresaliu@hkcfp.org.hk.

Seats are limited to 30 and the deadline of enrolment is 1 December 2017.

See you then!

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Meeting Highlights

Certificate Course on Bringing Better Health to Our Community 2017

The last session of the "Certificate Course on Bringing Better Health to Our Community 2017" co-organized with Queen Elizabeth Hospital was held on 30 September 2017. Dr. Li Shi Piu, Carlton, Resident Specialist, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Update on Management of Non-Alcoholic Hepatic Steatosis (Fatty Liver) in Primary Care"; and Dr. Ho Ka Ming, Ken, Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital, delivered a lecture on "Application of Ultrasonography in Primary Care Setting"; and Ms. Cheng Chui Wah, Bonnie, Dietitian, Department of Dietetics, Queen Elizabeth Hospital, delivered a lecture on "Practical Dietary Advice on Weight Management" respectively.



Dr. Stephen Foo (left, Censor), and Dr. King Chan (right, Council Member) presenting a souvenir to Dr. Carlton Li (middle, Speaker) during the lecture on 30 September 2017



Dr. Stephen Foo (left, Censor), and Dr. King Chan (right, Council Member) presenting a souvenir to Dr Ken Ho (middle, Speaker) during the lecture on 30 September 2017



Dr. Stephen Foo (left, Censor), and Dr. King Chan (right, Council Member) presenting a souvenir to Ms. Bonnie Cheng (middle, Speaker) during the lecture on 30 September 2017

Certificate Course on Asthma Management

The 1st, 2nd and 3rd session of the Certificate Course on Asthma Management were held on 14 September, 12 October and 19 October 2017 respectively.

Dr. Lam Bing, Specialist in Respiratory Medicine, delivered a lecture on "Diagnosing Asthma in Primary Care – Is It Cough, Allergy or Asthma?".



Dr. Au-Yeung Shiu Hing (left, Moderator)
presenting a souvenir to Dr. Lam Bing (right,
Speaker) during the lecture on 14 September

Dr. Alfred Tam, Specialist in Paediatrics Respiratory Medicine, delivered a lecture on "A Wheezy Child – Is It Really Asthma or Could It Be Something Else?".



Dr. Paul Siu (left, Moderator) presenting a souvenir to Dr. Alfred Tam (right, Speaker) during the lecture on 12 October 2017

Dr. Terence Tam, Specialist in Respiratory Medicine, delivered a lecture on "What To Do If Your Patient Is Exacerbating at Your Clinic?".



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. Terence Tam (left, Speaker) during the lecture on 19 October 2017



Certificate Course on Use of Insulin

The 1st and 2nd session of the Certificate Course on Use of Insulin were held on 16 September 2017 and 14 October 2017 respectively.

Dr. Chu Wai Sing Daniel, a Specialist in Family Medicine, delivered a lecture on "General Background Information on DM / Guidelines".



Dr. Chu Wai Sing Daniel delivering the lecture on 16 September 2017

Dr. Tsang Man Wo, Specialist in Endocrinology and Metabolism, delivered a lecture on "Importance of Good Control/ Early Use of Insulin".



Dr. Tsang Man Wo delivering the lecture on 14 October 2017

Interest Group in Mental Health

Dr. Victoria Tang, Specialist in Psychiatry, delivered a lecture on "Case Discussion on Obsessive Compulsive Disorder (OCD)" on 7 October 2017.



Dr. Mark Chan (left, Coordinator) and Dr. Dana Lo (right, moderator), presenting a souvenir to Dr. Victoria Tang (middle, Speaker) during the lecture on 7 October 2017

Training Course on Common Mental Disorders and Dementia for Primary Care Doctors

The 3rd session of the Training Course on Common Mental Disorders and Dementia for Primary Care Doctors co-organized with the Primary Care Office of the Department of Health were held on 22 October 2017.

Dr. Lau Ka Hin, Specialist in Psychiatry, delivered a lecture on "Mental Health in Geriatric Patients" and Dr. Candy Lin, Specialist in Psychiatry, delivered a lecture on "ADHD & Common Psychiatric Problems in Children".



Dr. Aster Lau, (right, Moderator), presenting a souvenir to Dr. Lau Ka Hin (left, Speaker) during the lecture on 22 October 2017



Dr. Aster Lau, (right, Moderator), presenting a souvenir to Dr. Candy Lin (left, Speaker) during the lecture on 22 October 2017

CME Lecture on 26 October 2017

Prof. Francois MACH, Head of Cardiology Department, Geneva University Hospital & Director of Cardiovascular Basic Research Geneva Faculty of Medicine, Geneva, Switzerland, delivered a lecture on "Success in Lipid Management - Start with Your Strong Recommendation" on 26 October 2017.



Dr. Tsui Hing Sing (left, Moderator) and Dr. Stephen Foo (right, Censor) presenting a souvenir to Prof. Francois MACH (middle, Speaker) during the lecture on 26 October 2017





Founded in 1911, the University of Hong Kong is committed to the highest international standards of excellence in teaching and research, and has been at the international forefront of academic scholarship for many years. The University has a comprehensive range of study programmes and research disciplines spread across 10 faculties and over 140 academic departments and institutes/centres. There are 28,000 undergraduate and postgraduate students who are recruited globally, and more than 2,000 members of academic and academic-related staff coming from multi-cultural backgrounds, many of whom are internationally renowned.

Non-Tenure Track Clinical Assistant Professor in the Department of Family Medicine and Primary Care (Ref.: 201701451)

Applications are invited for appointment as **Non-Tenure Track Clinical Assistant Professor in the Department of Family Medicine and Primary Care**, to commence as soon as possible, on a three-year fixed-term basis, with the possibility of renewal.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a medical degree registrable with the Medical Council of Hong Kong, and preferably a higher qualification in general practice/family medicine. Special consideration will be given to holders of the F.H.K.A.M. (Family Medicine) or equivalent specialist qualifications in general practice/family medicine. They should have proven capacity and potential in research; demonstrate a strong commitment to excellence in clinical services and training; and have experience in undergraduate teaching. They should also be fluent in Cantonese and English, and preferably Putonghua, although teaching, research and professional activities are conducted in English. The appointee is expected to participate in the planning and delivery of undergraduate and postgraduate programmes in Family Medicine; conduct research; develop and provide clinical services in primary care in the Department and the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department and the Faculty. Further information about the post can be obtained from Professor Cindy Lam (e-mail: clklam@hku.hk).

A highly competitive salary commensurate with qualifications and experience will be offered, in addition to annual leave and medical benefits. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totalling up to 15% of basic salary. A monthly cash allowance will be offered to the successful candidate. Housing benefits will also be provided as applicable.

Applicants should submit a completed application form, together with a full C.V., to the Department at fmpcsp@hku.hk. Application forms (341/1111) can be downloaded at http://www.hr.hku.hk/apptunit/form-ext.doc. Further particulars can be obtained at http://jobs.hku.hk/. Review of applications will start from November 20, 2017 and continue until December 31, 2017 or until the post is filled, whichever is earlier.

The University thanks applicants for their interest, but advises that only candidates shortlisted for interviews will be notified of the application result.

The University is an equal opportunities employer and is committed to equality, ethics, inclusivity, diversity and transparency





頭痛是最常見的病症了。在大陸絕大部分患者是憑經驗選擇看專科醫生,有的人選擇看神經內科、有的看神經外科、心血管內科或中醫科……一個專科沒解決問題就去另一個,就這樣,因為頭痛可能會折騰幾個科室。在深圳,這個情況會有所不同,市民對全科醫生瞭解多一些,香港大學深圳醫院更是鼓勵市民"先全科,後專科"。

我就是一名大陸全科醫生。2016年1月,一位74歲的屠先生因為頭痛走進我的診室,訴説前額及太陽穴處痛了2年,左側明顯,通常在傍晚,持續20分鐘,長的1個小時,由於頭痛逐漸頻繁,程度愈來愈重,便預約了港大醫院全科。憑藉多年的全科經驗,我沒有開頭部CT、MRI,也沒給止痛藥回家觀察,而是讓他做眼壓測定,結果左側眼壓明顯增高,考慮青光眼導致頭痛,轉介到眼科做了虹膜鐳射打孔手術後,屠先生的頭痛消除了。

中國全科醫學發展晚,2004年來到深圳我第一次接觸到全科醫學概念,後來通過轉崗培訓,我成為了一個有婦產科背景的全科醫生,還取得香港家庭醫學學院的家庭醫學文憑。作為全科醫生,我感到自豪,因為全科醫生用自己獨特的技能多方面幫助病人,比如這位屠先生,怎會知道自己頭痛應當掛眼科呢?





Apps on the Go - Hospital Authority's "DM Care" App

Dr. John-Hugh Tam, Specialist in Family Medicine

Recently, during the search of resources for my patients with diabetes, I had discovered a new handy app created by Hospital Authority, the "DM Care 糖訊通" App. I had downloaded it and did a brief test run on it. Here is my user report on the key features that are useful for our patients:

1) Blood glucose reading chart:

The electronic database in this app provides a platform for our patients to record their daily glucometer readings which can later be converted to well-presented tables and charts after they enter personal information into the app. We can also invite our patients to take pictures of their meals and they can be stored in the database to review if needed.



Fig 1: The main screen of the "DM Care 糖訊通" App











Fig 2: The blood glucose reading chart function provides a comprehensive picture of our patients' glycaemic control

2) Reminders

The reminders function serves 3 main purposes: To allow our patients to remind themselves to measure blood glucose level, to regularly take their drugs as instructed and to remind them for their important clinic appointments (follow-up consultations and blood taking dates)

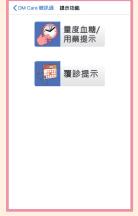






Fig 3: The Reminders function that serves our patients as a helpful personal assistant

3) Patient & Carer Education

Information provided on the internet can be very variable and confusing to our patients. The "DM Care" App. serves as an official e-platform for some basic education material. The "learn about diabetes" (認識糖尿) section aims to teach our patients about different types of diabetes (insulin dependent diabetes, non-insulin dependent diabetes & gestational diabetes), their clinical significance and specific care. There is also a section that allows our patients to understand more about the importance of good disease control and the diabetes complication screening programme. For the general public who want to learn more about the disease, the "prevent diabetes" (預防糖尿病) section teaches users about how to maintain healthy lifestyles and minimise the chance of having diabetes.

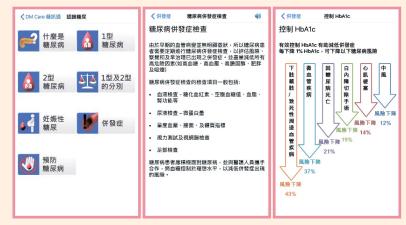


Fig 4: "Learn about diabetes" (認識糖尿)

The "disease care" (看顧技巧) section contains a series of information packages that aim at helping out with different scenarios during a typical day for our patients, for example, suggestions on food choices and healthy cooking styles, precautions before exercises, self glucose monitoring techniques and hypoglycaemia/hyperglycaemia management.



Fig 5: "Disease Care" (看顧技巧)

The "daily care" (日常生活) section of the app has several handy packages for the "special days" care plan, such as sick days management tips and tips for travelling with diabetes. I would specially recommend these 2 sub-sections for our patients to take a look and get them well-prepared before the crisis comes. And for those who wishes to learn more, the app also has a "care partners" (同行者) section that contains links for further community and internet resources.



Fig 6: "Daily Care" (日常 生活) & "Care partners" (同行者) sections

For those who are interested to try this out as well, here are the links for the apps.

- App link for iPhone users https://itunes.apple.com/hk/app/id1279596329?l=zh&mt=8
- App link for Android phone users https://play.google.com/store/apps/details?id=hk.org.ha.dmcare





Now One More Reason of Oral Anticoagulation in Atrial Fibrillation: Protection Against Dementia

Stroke is a known serious complication of atrial fibrillation (AF) and this risk can be reduced effectively with oral anticoagulation. Another well documented link of AF to brain function is dementia. But it is not yet clear if oral anticoagulant (OAC) treatment will help reduce the incidence until this study sheds light on this question.

It is a retrospective cohort study conducted in Sweden, including all patients with a hospital diagnosis of AF and no previous diagnosis of dementia between 2006 and 2014. Data was retrieved from the Swedish



Patient register and the Dispensed Drug register, which is considered good in quality according to validation studies. More than 440,000 patients were reviewed and the patient register was used to detect incidents of new dementia during follow up for this group of subjects.

Propensity score matching, falsification endpoints and analyses according to intention to treat as well as ontreatment principles were employed as statistical methods.

2 cohorts of $\sim 80,000$ patients with and without OAC treatment were created with application of propensity score matching, and these were similar on observable cofactors. It was found that patients on OAC treatment at baseline was associated with 29% lower risk of dementia than patients without OAC treatment and 48% lower risk analyzed on treatment. There was no difference between new oral anticoagulants (NOAC) and warfarin.

Moreover, absence of OAC was found to be an independent risk factor for dementia along with the other more well-established ones e.g. age. The benefits of OAC treatment also seemed to be more pronounced among patients who were given OAC treatment early after the first diagnosed AF episode. There was a trend towards more benefit from treatment for patients with higher CHA2Ds2-VASc scores as well.

One of the limitations of this study is that it cannot prove or disprove causal relationships, as it is a non-randomized retrospective study. Despite multivariable analysis and propensity score matching that helps compensate for known cofactors, possible confounding factors doctors considered when making treatment decisions but weren't documented in codes can still be present. Knowledge about the subjects is also incomplete in registry studies, so that patients may have diseases about which there is lack of information.



Cognitive deterioration in dementia



Atrial fibrillation related to our brain health

The results of this study strongly suggest that OAC treatment protects against dementia in AF, in spite of the limitations as discussed above. This assumption should have been put to the proof by randomized controlled trials, but it is truly unethical to treat AF patients at risk of stroke with placebo only. Therefore, this already serves as the second best level of evidence in this aspect, and implies one more significant reason of OAC treatment in AF patients.

Reference:

Friberg L, Rosenqvist M. Less dementia with oral anticoagulation in atrial fibrillation. European Heart Journal (2017) 0, 1-9; doi:10.1093/eurheartj/ehx579



Compiled by Dr. Cheng Chun Sing, David



Interest Group in Mental Health & Psychiatry in Primary Care - The 56th Meeting on 7th October 2017

Dr. Chan Suen Ho Mark (Co-ordinator), Board of Education

The 56th Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 7th October 2017, Dr. Victoria Tang, a Specialist in Psychiatry, was the speaker.

Meeting Theme: Case Discussion on Obsessive Compulsive Disorder (OCD)

Attendance : 3

The Speaker

: Dr. Victoria Tang is a Psychiatrist in private practice. She trained in Psychiatry after graduating from the University of New South Wales. She is currently on the editorial board of the East Asian Archives of Psychiatry. She works with children and adults, with a focus on ADHD, mood and anxiety disorders, work-related stress and marital problems.

Learning points prepared by Dr. Victoria Tang

Obsessive compulsive disorder is a common disorder, characterised by the presence of obsessions (ideas, images, or impulses which are recognised as originating from the self, but experienced as repetitive, intrusive and distressing) and compulsions (behaviour or action felt to be unnecessary and purposeless but performed repeatedly nonetheless since unable to resist, often to avoid the occurrence of adverse events). This could lead to significant anxiety and distress or interfere with function.

According to cognitive models of OCD, obsessions arise from the faulty appraisal of intrusive thoughts, considering them threats that need to be eliminated by various mental or behavioural strategies to reduce anxiety and/or avoid dire consequences. Although these serve to neutralise the obsession and allay anxiety in the short term, they also increase the frequency and salience of the obsession by heightening attentional bias for the intrusive thoughts.

The mean age of onset is around 20 years and the course is typically chronic with fluctuating severity of symptoms over time.

Common obsessional themes include: contamination, pathological doubt, symmetry, aggressive and sexual. Compulsions usually include repetitive checking, washing, counting, urge to ask or confess, symmetry and hoarding.

Comorbidity is common with around 50-70% of patients having depressive disorder. Other comorbidities include substance abuse, social phobia, specific phobia, panic disorder, and tics disorder or Tourette's syndrome.

For psychological treatment, cognitive behavioural therapy with exposure and response prevention is recommended by the NICE guidelines. Other techniques include behavioural therapy and thought stopping.

Pharmacological treatment involve SSRIs as first-line, and to consider clomipramine as second-line. Other augmentation strategies, including antipsychotics, were discussed.

Around 40-50% of patients have moderate improvement, a third significantly improves, while the rest may have chronic or worsening symptoms. It is important to note that relapse rates were high on stopping medications.

Case discussion highlighted the importance of both medications and psychological interventions and the principles of exposure and response prevention in the clinical setting.

References:

www.nice.org.uk/guidance/cg31

Clark DA: Cognitive –Behavioural Therapy for OCD. New York, Guildford, 2004 Gelder M, Andreasen N, Lopez-Ibor J and Geddes J: New Oxford Textbook of Psychiatry. Oxford, Oxford University Press, 2012



Dr. Mark Chan (coordinator, left), Dr. Victoria Tang (speaker, middle) and Dr. Dana Lo (moderator, right)

Next Meeting

The 57th meeting for the Interest Group in Mental Health Psychiatry in Primary Care will be held on 2nd December 2017. Dr. Fok Peter Anthony, Specialist in Family Medicine will be the speaker. The topic will be on "Motivational Interviewing in Family Medicine".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. [Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.] Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

37th Annual Refresher Course 2017

The 37th Annual Refresher Course (ARC) will be held from 19 November to 17 December 2017. There will be six Luncheon Lectures and three Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms within 2 weeks of the completion of the Refresher Course (latest by 31 December 2017). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational programme to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

Registration is now open and must be made before 20 November 2017. As the number of space is limited, it will be offered on first come first served basis. **Please also note that admission fees are not refundable**. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Katie Lam at 2871 8899 before 20 November 2017.

Luncheon Lectures

Date	21 November (Tue)*
Topic	Heart Failure
	Managing Heart Failure in Primary Care Setting
Speaker	Dr. Chan Pak Hei, Michael
Sponsor	Novartis Pharmaceuticals (HK) Limited
<u> </u>	00.11
Date	23 November (Thu)

	Microalbuminuria & CV risk		
Speaker	Dr. Ko Kwok Chun, Jason		
Sponsor	Sanofi Hong Kong		
Date	28 November (Tue)*		
Topic Biological Treatment for Osteoporosis and Lipid			
	Update on Biological Treatments for Osteoporosis and Lipid		
Speaker	Prof. Kung Wai Chee		
Sponsor	Amgen Asia Holding Limited		
_	(7)		

Ороноон	Timgeri totaling Emiliea
Date	30 November (Thu)
Topic	DM and Cardiovascular
	Novel Treatment in Diabesity Management Redefining the Role of DAPT in MI Management
Speaker	1. Dr. Enoch Wu 2. Dr. Hung Yu Tak
Sponsor	AstraZeneca Hong Kong Limited
Doto	E December (Tue)*

Date	5 December (Tue)*
Topic	<u>Asthma</u>
	Asthma – What Should Primary Physicians Know to Achieving Asthma Control?
Speaker	Dr. Yau Pak Yuen

GlaxoSmithKline Limited

Date	12 December (Tue)
Topic	Rheumatology
	Update on Management of Psoriatic Arthritis
Speaker	Dr. Chan Tak Hin
Sponsor	Novartis Pharmaceuticals (HK) Limited
Venue	: Shanghai Room, Level 8, Cordis Hotel Hong Kong, 55 Shanghai Street, Mongkok, Kowloon
	*Please note the venue for lectures on 21 Nov. 28

Cordis Hotel Hong Kong.

: 1:00 p.m. – 2:00 p.m. Buffet Lunch
2:00 p.m. – 3:00 p.m. Lecture
3:00 p.m. – 3:30 p.m. Discussion

Nov and 5 Dec 2017 would be in Star Room, Level 42,

Sunday Workshops

Time

Date	19 November (Sun)
Topic	DM and Osteoporosis
	 Holistic Diabetes Management – Is It All About Glycemic Control Only? From Osteopenia to Osteoporosis in Postmenopausal Women, Are We Doing Enough to Prevent and Treat?
Speaker	1. Dr. Ip Tai Pang 2. Dr. Yuen Mae Ann, Michele
Sponsor	Takeda Pharmaceuticals (Hong Kong) Limited
Date	26 November (Sun)

Date	20 November (Sun)
Topics	DM & Neuropathy
	Update Management on Diabetes Updates on the Diagnosis and Treatment of Peripheral Neuropathy
Speakers	1. Dr. Enoch Wu 2. Prof. Wong Ka Sing
Sponsor	Woerwag Pharma GmbH & Co. KG
Date	17 December (Sun)

Date	17 December (Sun)
Topics	Cardiology Update
	TAVI and Other Structural Heart Diseases
Speakers	TBC
Sponsor	AstraZeneca Hong Kong Limited

Venue : Shanghai Room, Level 8, Cordis Hotel Hong Kong, 55 Shanghai Street, Mongkok, Kowloon

Time : 1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 4:15 p.m. Lectures

2:00 p.m. – 4:15 p.m. Lectures 4:15 p.m. – 4:30 p.m. Discussion

Registration Fees

Registration fees for the whole Refresher Course (including six Luncheon Lectures and three Workshops) are:

College Fellow, Full or Associate Members : HK\$900.00
Other Categories of Members : HK\$1,200.00
Non-members : HK\$1,800.00
Spot admission fee for each Luncheon Lecture or Workshop is:

College Fellow, Full or Associate Members : HK\$250.00 Other Categories of Members : HK\$350.00 Non-members : HK\$450.00

FM Trainees Package:

Full Course : HK\$600.00

Sunday Workshops : HK\$400.00 for 3 Workshops

Each Luncheon lecture

or workshop : HK\$150.00

Remarks: Topics may be subject to change without prior notice. Lecture/ Workshop (s) will be conducted in English





THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

37th Annual Refresher Course 19 November – 17 December 2017

REGISTRATION FORM

H.K.C.F.P.
Room 803-4, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kon

Dear Sir / Madam,

The whole course:-

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

Email: ______ Telephone: ____

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ _______ being payment in full for the above. (All Fees received are non-refundable and non-transferable.)

Six Luncheon Lectures and Three Workshops (Including Fee for Certificate of Attendance)		College Fellow, Full or Associate Members Other Categories of Members Non-members	: HK\$900.00 : HK\$1200.00 : HK\$1800.00]
		FM Trainees	: HK\$600.00	l	J
Spot admission:	-				
19 Nov (Sun)	From Osteopenia to Osteoporo Prevent and Treat?	nt – Is It All About Glycemic Contro osis in Postmenopausal Women, Ar		(to)
21 Nov (Tue)	Heart Failure Managing Heart Failure in Prima	ry Care Setting		()
23 Nov (Thu)	Renal Microalbuminuria & CV Risk			()
26 Nov (Sun)	DM & Neuropathy 1) Update Management on Diabe 2) Updates on the Diagnosis and	etes Treatment of Peripheral Neuropa	athy	()
28 Nov (Tue)	Biological Treatment for Osteop Update on Biological Treatments			()
30 Nov (Thu)	DM and Cardiovascular1) Novel Treatment in Diabesity2) Redefining the Role of DAPT i			(J
5 Dec (Tue)	Asthma Asthma – What Should Primary F	Physicians Know to Achieving Asth	ıma Control?	()
12 Dec (Tue)	Rheumatology Update on Management of Psoria	atic Arthritis		()
17 Dec (Sun)	Cardiology Update TAVI and Other Structural Heart	Diseases		()
College Fellow, Full or Associate Members : HK\$250.00 X lecture/works Other Categories of Members : HK\$350.00 X lecture/works Non-members : HK\$450.00 X lecture/works FM Trainee : HK\$400.00 for 3 Sunday worksl HK\$150.00 X lecture/works					p(s) p(s) ps
Name:	Member ID: _	Date: _		_	





Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017-2018







Chronic diseases such as diabetes mellitus, hypertension, pain management and psychological conditions are the common chronic diseases that primary care doctors would encounter daily. The Primary Care Office (PCO) of Department of Health and the Hong Kong College of Family Physicians (HKCFP) is pleased to jointly organize the Chronic Disease Management (CDM) training course again for primary care doctors to update their knowledge and enhance the skills in better managing patients with common chronic conditions.

The course objectives are to:

- ♦ Provide up-to-date information on chronic disease management in primary care
- ♦ Promote adoption of the reference frameworks published by PCO since 2010
- Provide training & opportunity for primary care providers to perform clinical audit in order to improve the quality of patient care

Course Outline

The course consists of 3 Wednesday symposiums with the following details:

Theme and Dates	Topics	Speakers		
Mental Health 3 January 2018 (Wed)	Managing Depression in Primary Care Setting and the Integrated Mental Health Programme (IMHP)	Dr. Wan Kwong Yu, Innes Specialist in Family Medicine		
Chronic Disease Management 17 January 2018 (Wed)	Modern Day Management of Diabetes Mellitus in Primary Care	Prof. Lam Lo Kuen, Cindy Danny D B Ho Professor in Family Medicine Head, Department of Family Medicine and Primary Care, the University of Hong Kong		
Knee Pain Management	Modern Day Management of Diabetes Mellitus in Primary Care Danny D B Ho Professor in Family Medicine Head, Department of Family Medicine and Primary Care, the University of Hong Kong Knee Osteoarthritis evidence-based Guidelines Prof. Sit Wing Shan, Regina Assistant Professor, Division of Family Medicand Primary Health Care, The Jockey Club School of Public Health and Primary Care, the Chinese University of Hong Kong	Assistant Professor, Division of Family Medicine and Primary Health Care, The Jockey Club School of Public Health and Primary Care, the		
31 January 2018 (Wed)	Approach to Knee Pain in Primary Care	Dr. Lam King Hei, Stanley Specialist in Family Medicine President, the Hong Kong Institute of Musculoskeletal Medicine		

Venue: Diamond Room, 5/F, Cityview Hotel, 23 Waterloo Road, Yau Ma Tei, Kowloon

Time : 1:00p.m. - 2:00p.m. Registration & Lunch

2:00p.m. - 3:30p.m. Lecture & Discussion

Accreditation : 2 CME points HKCFP (cat. 5.2)

2 CME points MCHK (pending)

Up to 2 CPD points (Subject to submission of satisfactory report of

Professional Development Log)

Registration Deadline : 21 December 2017 (Thursday)

Interested participant, please turn over for the registration

Award:

Participants who have attended **2 or more** of all sessions will be awarded a "Certificate of Attendance" issued by HKCFP and PCO.







香港家庭醫學學院 THE HONG KONG COLLEGE OF FAMILY PHYSICIANS Co-organized with

PRIMARY CARE OFFICE, DEPARTMENT OF HEALTH 衞生署 基層醫療統籌處





Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017 - 2018

REGISTRATION FORM

Registration Deadline: 21 December 2017 (Thursday)

To: HKCFP, Rooms 803 - 4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

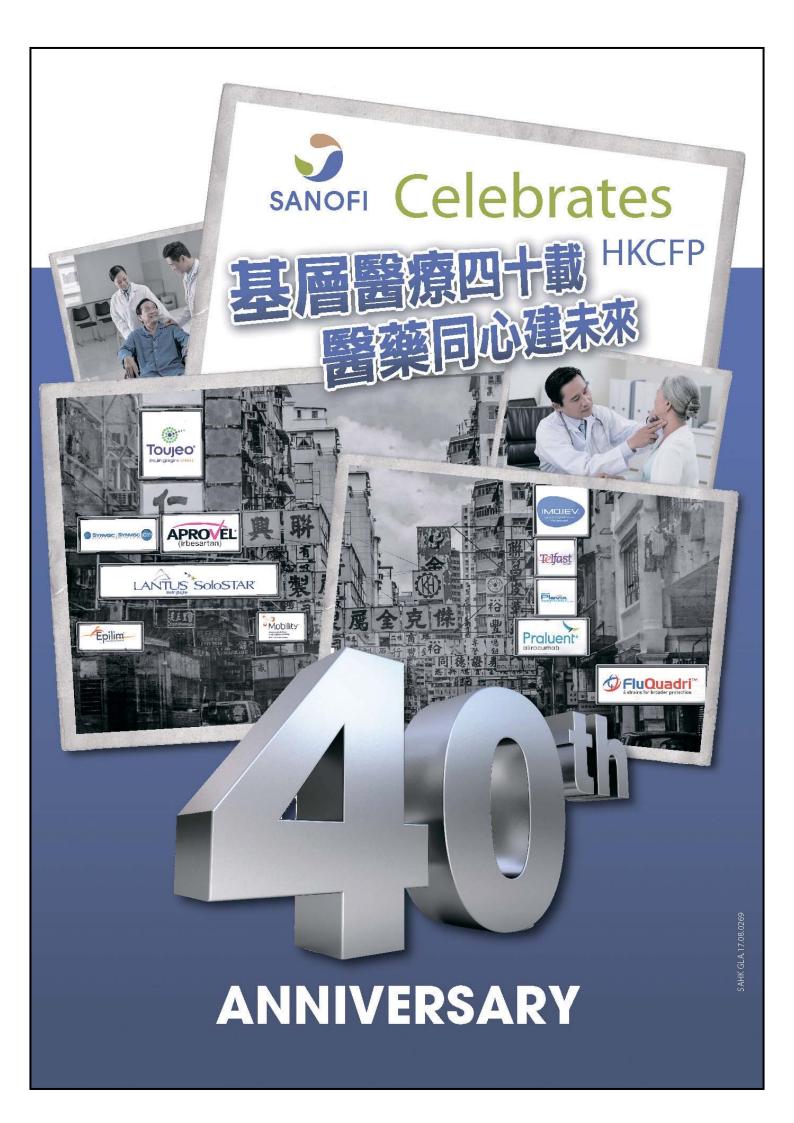
Fax: 2866 0616 / Tel: 2871 8899

I would like to attend the CDM symposium(s) and / or site visit on the following Date(s) (Please 🗹 as appropriate)

1 st Symposium <u>Mental Heal</u> t		2 nd Symposium on <u>Chronic Disease Management</u>			3 rd Symposium on <u>Knee Pain Management</u>		
☐ 3 January 2018	(Wed)	□ 17 January 2018 (Wed)			□ 31 January 2018 (Wed)		
Venue: Diamond Room	n, 5/F, Cityview Ho	el, 23 Wate	erloo Road, Yau Ma Te	ei, Kowloo	on		
Time : 1:00 – 2:00pm	Registration and	d Lunch					
2:00 – 3:30pm	Lecture and Dis	cussion					
Personal Particulars:							
Name :							
Surname (BLOCK L					Name in Chinese	9	
HKCFP Member ID (if app	licable) :		Pri	mary Car	e Directory Enr	ollee: Yes	/ No
Correspondence Address	:						
Mobile :			Er				
Current Practice:							
Private : □ Solo	☐ Group						
Government : 🗆 HA	□ Department	of Health	☐ Other Institution	ons (Plea:	se specify		
NOTES:							
 Priority would be given to Perform to Perform the complete 			· -	-		•	

- HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong for registration.
- 3. If application is successful, applicant will receive confirmation email sent to your email address provided above.
- 4. Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting. Please wear an appropriate dress code to the hotel for the scientific meeting.
- 5. Private video recording is not allowed. For registration or enquiry, please call the College secretariat, Ms. Teresa Liu or Ms. Windy Lau at 2871 8899 or email to teresaliu@hkcfp.org.hk /windylau@hkcfp.org.hk.





- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

2 December	er 2017 Saturday	Admission Fee	Associate Members	
Board of Educa	ation Interest Group in Mental Health & Psychiatry		Other Categories of Members Non-Members	HK\$ 350.00 HK\$ 450.00
Aim To form a regular platform for sharing and developing knowledge and skill in the management of mental health		Accreditation	All fees received are non-refundable and non-transferable. 2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK	
Theme	Motivational Interviewing in Family Medicine Dr. Fok Peter Anthony		Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Lo	
Speakers	Specialist in Family Medicine	Language	Lecture will be conducted in English.	etopment Log,
Co-ordinator & Chairman Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians		Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by

Lundbeck HK Limited

7 December 2017 Thursday

10 years with DPP-4 inhibition - is there anything more to learn?

Dr. CHOI Cheung Hei

Specialist in Endocrinology, Diabetes and Metabolism

	'	377	
Chairman	Dr. Chan King Hong The Hong Kong College of Family Physicians		
Time	7:00 p.m. – 7:30 p.m. Registration 7:30 p.m. – 8:30 p.m. Lecture & Discussi 8:30 p.m. – 10:00 p.m. Dinner		
Venue	Shantung Room I, Level 8, Cordis Hotel, 555 Shangha Street, Mongkok, Kowloon		
Admission Fee	College Fellow, Full or Associate Members Other Categories of Mem	Free HK\$ 350.00	
	Non-Members	HK\$ 450.00	
	All fees received are non-refundable and non-transferable.		
Accreditation 1 CME Point HKCFP (Cat. 4.3) 1 CME Point MCHK			
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development		
Language	Lecture will be conducted in English.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		

Sponsored by

Merck, Sharp and Dohme (Asia) Limited

S Co-ordinator Dr. Chan Suen Ho, Mark & Chairman The Hong Kong College of Family Physicians 2:00 p.m. - 4:00 p.m. Theme Presentation & Discussion 8/F, Duke of Windsor Social Service Building, 15 Venue Hennessy Road, Wanchai, Hong Kong Admission Members

HK\$ 300.00 Fee Non - members HK\$ 150.00 **HKAM Registrants** All fees received are non-refundable and non-transferable 2 CME points HKCFP (Cat. 4.3) Accreditation Online 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK Language Registration Registration will be first come first served.

Lecture will be conducted in English and Cantonese. Please reserve your seat as soon as possible. Note Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.

7 December 2017 **Thursday**

Resolving Unmet Need in Depression

Prof. Vladimir Maletic

Clinical Professor of Neuropsychiatry and Behavioral Science University of South Carolina School of Medicine Columbia, South Carolina, USA

Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians			
Time	1:00p.m. – 2:00 p.m. 2:00 p.m. – 3:30 p.m.	Registration & Lunch Lecture & Discussion		
Venue	Regency Ballroom, Hyatt Tsim Sha Tsui, Kowloon	Regency Hong Kong,		

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

November's session:

Date	24 November 2017 (Friday)
Time	2:30 p.m 3:30 p.m.
Topic	"Colorectal Cancer Screening and Prevention: A Comprehensive Update" by Prof. Martin Wong
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

December	s session:
Date	29 December 2017 (Friday)
Time	2:30 p.m 3:30 p.m.
Topic	"Updates on Hypertension Management" by Prof. Tse Hung Fat
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of
	satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.



Community Education Programme

Open and free to all members HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
9 Dec 2017 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Updating Epilepsy Dr. Herrick Lau Neurologist, OLMH	Ms. Clara Tsang Tel: 2354 2440

Structured Education Programmes

Free to members HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 December 17	(Wed)		
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Case Presentation (ethical Dilemma, Confidentiality Issue, Medical-legal Cases) Dr. MAK Ho Yan, Queenie & Dr. CHUANG Chi Kit	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Doctor for School & Nursing Home Dr. LAM Kang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Psychogeriatrics Dr. Wong Sze Man & Dr. Chau Yiu Shing, Sunny	Ms Cordy Wong Tel: 3949 3087
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Management of Abnormal ECG (Cardiac Joint Clinic Cases Review) (for all to attend) Dr. David Cheng	Ms. Chloe Leung / Ms. Yan N Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Motivation Interview Dr. Ng Yui Wing, Joanne & Dr. Zhao Hai Feng, Eric	Ms. Carmen Kwong Tel: 2632 4371
7 December 17	(Thu)		'
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Health Care System in Taiwan Dr. TANG Hoi Yan & Dr TSUI Felix	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Clinical Psychology in Family Medicine 7 - Generalized Anxiety Disorder (part II) Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941
13 December 1	7 (Wed)		
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Community Resource: Family Dysfunction (Violence, Extramarital Affairs) & Parenting Dr. KAM Ngar Yin, Irene & Dr. CHAN Kam Sheung	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach to the Patient's Complaint of Dizziness / Vertigo Dr. KUM Chung Hang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Sexually Transmitted Disease Dr. Yau Chi Yan, Davy & Dr. Chan Ki Fung, Dickson	Ms Cordy Wong Tel: 3949 3087
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Psychological and Psychiatic Symptoms in the Elderly Dr. Minru Li	Ms. Chloe Leung / Ms. Yan N Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Haematological Abnormaliies in GP Dr. Poon Wing Kwan, Sharon & Dr. Zhao Hai Feng, Eric	Ms. Carmen Kwong Tel: 2632 4371



/ 00 / 00	D /1/ //E A	E. J. C.C. Combinator EMP.	M FI: OI
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	End-of-life Services by FM Doctors Dr. WANG Amy Yang & Dr. TONG Ka Hung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Emergency Case Handling in General Outpatient Clinic Dr. Chan Ki Chun	Ms W L Kwong Tel: 2595 6941
20 December 1	17 (Wed)		
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Introduction to Conjoint Fellowship Examination (part II) Dr. TAM Wah Kit	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Knowledge and Attitudes of GPs Towards Complementary and Alternative Medicine e.g. TCM Dr. TSANG Kam Wah	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Alternative Medicine Dr. Yeung Ka Yu, Doogie & Dr. Ma Man Ki, Katelyn	Ms Cordy Wong Tel: 3949 3087
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Consent and Confidentially Dr. Leon Ngai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	FM Related Biostatistics Dr. Lee Ying Cheung, Jacky	Ms. Carmen Kwong Tel: 2632 4371
21 December 1	7 (Thu)		
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Child and Adolescent Mood Problem Dr. FENG Longyin & Dr CHAN Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Allied Health Talk - Occupational Therapist Dr. Sin Ming Chuen	Ms W L Kwong Tel: 2595 6941
27 December 1	17 (Wed)		
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Medical Tourism in HK & in the World Dr. LAU Ka Man & Dr HOU Jing	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach: Complaints of Hair, Nail and Mucosal Membrane Dr. LAM Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Sterilisation and Disinfection Dr. Suen Gee Kwan, Victoria & Dr. Luk Sze Wan, Candy	Ms Cordy Wong Tel: 3949 3087
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hosptial Road, Hong Kong	Drug Incidents in GOPC Dr. KH Tseung	Ms. Chloe Leung / Ms. Yan No Tel: 2589 2339
28 December 1	7 (Thu)		
	Deems /1/ //E Amphilatemy	Management of Depression in Patients with Cancers	Ms. Eliza Chan
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Dr. CHAN Yin Yue & Dr. LEE Hoi Ying	Tel: 2468 6813



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Nov 2:30 - 4:30 p.m. Certificate Course on Common Mental Disorders and Dementia for Primary Care Doctors	13	14	2:15 – 7:30 p.m. Structured Education Programme	2:15 - 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	17	3:00 p.m. 健康教育講座 (旺角)
1:00 - 4:30 p.m. Annual Refresher Course	20	21 1:00 - 3:30 p.m. Annual Refresher Course	2:15 – 7:30 p.m. Structured Education Programme	23 1:00 - 3:30 p.m. Annual Refresher Course 2:15 - 7:00 p.m. Structured Education Programme 7:00 - 9:00 p.m. Refresher Training Course for Exit Examiners 2017 - PA Segment	2:30 - 3:30 p.m. Video Session	2:30 - 4:30 p.m. Interest Group in Counselling 2:30 - 4:00 p.m. 健康教育講座 (荔枝角)
1:00 - 4:30 p.m. Annual Refresher Course	27	28 1:00 - 3:30 p.m. Annual Refresher Course	2:15 - 7:30 p.m. Structured Education Programme	30 1:00 - 3:30 p.m. Annual Refresher Course 2:15 - 7:00 p.m. Structured Education Programme	1 Dec	2 2:00 - 4:00 p.m. Interest Group in Mental Heath 2:30 - 5:30 p.m. DFM Module III Clinical Audit & Quality Assurance
3 2:30 – 4:30 p.m. Certificate Course on Common Mental Disorders and Dementia for Primary Care Doctors	4	5 1:00 - 3:30 p.m. Annual Refresher Course	6 2:15 - 7:30 p.m. Structured Education Programme	7 1:00 - 3:30 p.m. CME Lecture 2:15 - 7:00 p.m. Structured Education Programme 7:00 - 10:00 p.m. CME Dinner Symposium	8	9 2:30 - 5:30 p.m. DFM Module III Research & Teaching in FM
3:00 p.m. The 30 th Fellowship Conferment Ceremony and the 28 th Dr. Sun Yat Sen Oration 5:00 p.m. Annual General Meeting 7:00 p.m. 40 th Anniversary Dinner	7:00 - 9:00 p.m. Refresher Course for Exit Examiners 2017 - Research Segment	1:00 - 3:30 p.m. Annual Refresher Course 7:00 - 9:00 p.m. Refresher Course for Exit Examiners 2017 - Clinical Audit Segment	2:15 – 7:30 p.m. Structured Education Programme	14 2:15 - 7:00 p.m. Structured Education Programme 7:00 - 9:00 p.m. Refresher Course for Exit Examiners 2017 - CSA Segment	15	16
17 1:00 - 4:30 p.m. Annual Refresher Course	18	19	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme	22	23
24	25	26	27 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme	29 2:30 – 3:30 p.m. Video Session	30 2:30 - 5:30 p.m. DFM Module III Evidence- based Medicine

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Contact and Advertisement Enquiry Ms. Alky Yu Tel: 2871 8899 Fax: 2866 0616 E-mail: alkyyu@hkcfp.org.hk The Hong Kong College of Family Physicians

 $Room\,803\text{--}4,8^{th}\,Floor,\,HKAM\,Jockey\,Club\,Building,\,99\,Wong\,Chuk\,Hang\,Road,\,Hong\,Kong$



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