



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

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Message from the President



Happy New Year! I wish you all a fruitful, healthy and memorable 2017!

2017 is the 40th Anniversary of our College and a series of events will kick off soon. HKCFP 40th Anniversary Conference with the theme "From Seedling to Forest - Ever Enriching Primary Care" will be in September.

The Conferment Ceremony will shift to December 2017 instead of the usual May/ June timeslot to coincide with the Annual Dinner. Other major events of the year, just to name a few include eight public lectures organized by Board of Education and the radio programme 精靈一點 on Family Medicine by RTHK. For overseas events, we will actively participate in the Cross Strait Medical Exchange at Xiamen in March and Wonca Asia Pacific Region Conference at Pattaya, Thailand in November. The events will be jam-packed in the latter half of the year and I look forward to seeing as many of you as possible especially at the Anniversary Conference and Annual Dinner. For the philatelists, please look out for the first day stamp cover issued by the Hong Kong Post.

There are a lot of misconception or even misinterpretation of the College which I must rectify. In November 2016, I attended the Government's policy address consultation session chaired by Mrs. Carrie Lam, Chief Secretary of the Hong Kong SAR. At the meeting I mentioned: "There is no prerequisite to join the Primary Care Directory. HKCFP opines that Diploma in Family Medicine is the minimum entry standard and strongly advocates the Government to provide adequate resource to sponsor postgraduate training for all eligible primary care doctors to upgrade their standard through Family Medicine training courses provided by HKCFP/ HKAM or the two local Universities." Interestingly, at this meeting one of the attendees was against the prerequisite of primary care doctors to have obtained this diploma and misquoted the course fee of HKD 50,000 to HKD 60,000 being too high to afford. I simply smiled when Mrs Lam turned her face to me knowing that I had the opportunity to make a full presentation to the senior officials of the Food and Health Bureau in December 2016. The main aim of the College is to enhance and maintain the standard of primary care doctors in Hong Kong. Since 2003, 327 doctors from both the private and public sectors have obtained the Diploma in Family Medicine taught by the College. All the diplomates find

this course enhancing and relevant to their daily practice. DFM is not the monopoly of the College. Other institutions like the Chinese University of Hong Kong and Monash University of Australia also provide similar and quotable diplomas. HKCFP is a non-profit making College! DFM course fee for 2016 was HKD 30,000 for members with early bird discount of HKD 3,000 which represents good value for money. All diplomates are College members. If more doctors enrol in this diploma, the course fee can certainly come down further. For those who suffer from diplomatoses, DFM is a must collective item and the most practical of all.

Another annoyance is the misquotation that College examination had 10% pass rate. I have searched through the relevant documents and can never find such a low figure. Back in the 90's, the Conjoint Examination was conducted in the "old" format, in that there were three written papers and five clinical segments. This complicated examination system might be one of the reasons that the Conjoint Examination was rumoured to have low pass rate. This unwelcome impression has since been around the medical community although it has become an unfortunate misconception in the past ten years when the pass rate has been very reasonable and healthy since the introduction of new format in 2003. The official pass rate of 2016 Conjoint Examination was 76.3%. I have mentioned before, our examinations are robust and meticulous and are well monitored by RACGP and external examiners. Nowadays we have better trained trainees and no wonder they pass the examination with flying colours.

Year of the Rooster is fast approaching. Rooster is synonymous with the character of family doctor: very observant, hardworking, resourceful, courageous, and talented. I wish you all a Happy and Prosperous Chinese New Year!

Dr. Angus MW CHAN
President



The 39th Annual General Meeting and 39th Annual Dinner of the Hong Kong College of Family Physicians

Dr. David V. K. Chao, Chairman of Internal Affairs Committee

The 39th Annual General Meeting (AGM) and 39th Annual Dinner of the Hong Kong College of Family Physicians were successfully held on 4th December 2016 (Sunday) at the Run Run Shaw Hall of the Hong Kong Academy of Medicine, thanks to the tremendous support by our members, fellows and guests. The evening was kick-started with the AGM going through the various important operational matters related to the College, followed by the Council meeting to confirm the chairmanship of various boards and committees for the coming year.

The Annual Dinner was commenced right after that. We would like to express our special thanks to Dr. Maria Leung and Dr. Matthew Luk for being the MCs of the Annual Dinner and led us through a very enjoyable evening, and we would also like to thank Dr. Lo Ling to be our volunteer photographer again this year. Dr. Angus Chan, our President, expressed the College's gratitude towards all the collaborating partners, the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their unfailing support to make 2016 a very successful year for all. The College thanked Dr. Chan Kin Ling, Dr. Tony Lee and Dr. Yuen Shiu Man, the retiring Council Members, for their past invaluable contribution towards the College. Dr. Angus Chan, Dr. Lau Ho Lim and Dr. David Chao presented gift coupons to the secretariat staff as tokens of appreciation for their hard work over the year. The winner of the 40th Anniversary Celebration Logo Competition was Mr. Ser Shaw Hong from Thailand and he sent a representative, Prof. Benny Lim to receive the prize on his behalf. Then, various boards and committees proposed a vote of thanks to all members and fellows for their continuing support. We were most grateful to have Dr. Monica Wong, Head of Primary Care Office, Department of Health, Hong Kong SAR and Mr. Andrew Lau from the Shun Tak District Min Yuen Tong of Hong Kong joining us for the dinner.

This year, the entertainment programme included the bingo game and musical performances. The marvellous jazz trio performance by Dr. John Chung and his friends, Mr. Barry Lam and Mr. Mark Leung, and the saxophone solo by Dr. Raymond Yeung were most impressive. Thanks to the thoughtful generousities of our council members, friends and related organisations, the lucky draw as another highlight of the evening was carried out successfully to conclude the annual dinner. We would like to take this opportunity to thank all the colleagues and friends who have helped to make the evening a very enjoyable occasion for all. Next year will be the 40th Anniversary of our College and we look forward to meeting you all in the 40th Annual Dinner!

The 39th Annual Dinner of the HKCFP held on 4th December 2016 (Sunday)



A welcoming speech by HKCFP President, Dr. Angus Chan



Toasting proposed by President, with Council Members



Council Members with distinguished guests on stage



Dr. Siu Ping Cheong (left), Mr. Andrew Lau (middle) and Dr. Monica Wong, Head of Primary Care Office (right)





Dr. William Wong, Dr. Stephen Foo, Mr. Andrew Lau, Mr. Keith Chan, Dr. Cynthia Chan, Prof. Cindy Lam, Dr. Angus Chan and Dr. Chan Hung Chiu (From left to right)



Executives thanking our College staff for their hard work over the year



Dr. David Chao, Chairman of the 40th Anniversary Celebration Organising Committee, presenting the prize of the 40th Anniversary Celebration Logo Competition to Prof. Benny Lim, who received the prize on behalf of the winner, Mr. Ser Shaw Hong from Thailand



Dr. Alvin Chan (front row, 10th from the left), Chairman of Board of Education and members and staff of the Board took a group photo with pharmaceutical companies' representatives



Board of Conjoint Examination Chairman, Dr. Chan Hung Chiu (back row, 13th from the right), members, examiners and staff of the Board took a group photo with Conjoint Examination successful candidates



Board of Diploma in Family Medicine Chairman, Dr. Au Chi Lap (4th from the left) with members and staff of the Board with Mr. Andrew Lau (5th from the left)



Specialty Board Chairlady, Dr. Wendy Tsui (3th from the left), and members and staff of the Board with Exit Examination successful candidates



Editorial Board Chairman, Dr. David Chao (4th from the left), with members and staff of the Board



Chairman of Board of Professional Development Services, Dr. Lau Ho Lim (6th from the left), with members and staff of the Board



Chairman of Board of Vocational Training and Standards, Dr. Billy Chiu (3th from the left), with members and staff of the Board



Chairman of the HKCFP 40th Anniversary Celebration Organising Committee, Dr. David Chao (10th from the right), with members and staff of the Organising Committee



FP Links Committee Chairlady, Dr. Wendy Tsui (middle), with members and staff of the Committee



The marvellous jazz trio performance by Dr. John Chung (right), Mr. Barry Lam (middle) and Mr. Mark Leung (left)



The Chairman of Internal Affairs Committee, Dr. David Chao (1st from the right) presenting the souvenirs to our excellent jazz trio team, Mr. Mark Leung (1st from left), Mr. Barry Lam (2nd from left) and Dr. John Chung (2nd from the right)



Saxophone solo performance by Dr. Raymond Yeung





The Chairman of Internal Affairs Committee, Dr. David Chao (right) presenting a souvenir to our volunteer photographer, Dr. Lo Ling (left)



Our Masters of Ceremony, Dr. Maria Leung (right), Dr. Matthew Luk (middle) with Dr. David Chao (left), the Chairman of Internal Affairs Committee



The Chief Censor, Prof. Cindy Lam (left), presenting the lucky draw prize to the winner, Dr. Maria Leung (right)



The Chief Censor, Prof. Cindy Lam (right) presenting the lucky draw prize to the winner, Dr. Wan Kwong Yu (left)



The Censor, Dr. Stephen Foo (left) presenting the lucky draw prize to the winner, Dr. Au Yeung Shiu Hing (left)



The Censor, Dr. Stephen Foo (right) presenting the lucky draw prize to the winner, Dr. Rose Lim (left).



The Honorary Secretary, Dr. William Wong (right) presenting the lucky draw prize to the winner, Dr. Tse Wan Ying (left)



The Honorary Secretary, Dr. William Wong (right) presenting the lucky draw prize to Dr. Liang Jun (left)



The Honorary Treasurer, Dr. Billy Chiu (right) presenting the lucky draw prize to the winner, Dr. Ho Ock Ling (left)



The Honorary Treasurer, Dr. Billy Chiu (right) presenting the lucky draw prize to Dr. Yvonne Lo (left)



The Vice President (General Affairs), Dr. Lau Ho Lim (right), presenting the lucky draw prize to the winner, Dr. Leung To Fung (left)



The Vice President (General Affairs), Dr. Lau Ho Lim (left), presenting the lucky draw prize to the winner, Dr. Tam Yiu Pun (right)



The Vice President (Education & Examinations), Dr. David Chao (left) presenting the lucky draw prize to Dr. Doris Chan (right)



The Vice President (Education & Examinations), Dr. David Chao (right) presenting the lucky draw prize to Dr. Ho Ka Ming (left)



The President, Dr. Angus Chan (left) presenting the lucky draw prize to the winner, Dr. Wong Ka Wah (right)



The President, Dr. Angus Chan (left) presenting the 1st Lucky Draw Prize to the winner, Dr. Simon Au (right)



College Executives with College Staff (from left to right): Mr. John Ma, Ms. Charlotte Cheung, Ms. Teresa Liu, Ms. Erica So, Dr. Lau Ho Lim, Dr. Angus Chan, Dr. David Chao, Ms. Crystal Yung, Mr. Jeff Cheng, Ms. Cherry Chan, Ms. Katie Lam, Ms. Carmen Tong, Ms. Windy Lau and Ms. Priscilla Li



CALL FOR NOMINATIONS – HKCFP HONORARY FELLOWSHIP 2017

Dear College members,

Nominations are called for the HKCFP award of Honorary Fellowship for 2017.

This is an award to be conferred for persons of distinction or members of the community who have rendered distinguished services, directly or indirectly, to the college or to the advancement of general / family practice.

The candidate may be nominated to Council through the Nomination Committee as chaired by President. Such election will require the unanimous vote of members of Council in **March 2017** Council Meeting.

You are invited to send your suggestions with detailed reasons, and your personal contact to President Dr. Angus Chan directly via email to AngusChan@hkcfp.org.hk by **28 February 2017** (Tuesday).

Thank you.

Dr. William Wong
Honorary Secretary

HKCFP Photography Club – Survey

The HKCFP Photography Club would like to collect members' views on its photography activities. We would be most grateful if you could help to complete a simple 5-question survey via the following link:

Link: <http://d.pr/BWgF>

Thank you very much for your kind participation.
Looking forward to seeing you in the future activities!



QR code:



Dr David Chao
HKCFP Photography Club
Internal Affairs Committee
Hong Kong College of Family Physicians

HKCFP Photography Club - Visit to F11 Photographic Museum

Yes, it's the "Leica Museum" in Hong Kong!

HKCFP Photography Club is pleased to announce that a tour to the Hong Kong F11 Photographic Museum would be arranged for our College Fellows and Members in February 2017! Officials of the museum would guide us around their historical building and introduce to us their wealth of invaluable photographic equipment and photo exhibits.

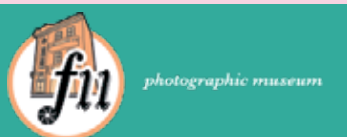
Date : 18 February 2017 (Sat)

Time : 2:00 p.m. - 3:00 p.m.

Venue : F11 Photographic Museum, 11 Yuk Sau Street, Happy Valley, Hong Kong

www.f11.com

www.facebook.com/f11museum



Interested Members and Fellows can email to hkcfp@hkcfp.org.hk for expression of interests to attend this HKCFP Photography Club activity. A maximum of 30 participants are welcomed by the museum. The deadline for application is **6 Feb 2017** on first come first served basis.

See you then!

Dr David Chao
HKCFP Photography Club
Internal Affairs Committee
Hong Kong College of Family Physicians



HKCFP 40th Anniversary Celebration in 2017

2017 is the 40th Anniversary of our College, the Hong Kong College of Family Physicians (HKCFP). This marks a significant milestone of Family Medicine and Primary Care development in Hong Kong, truly deserving a great round of applause and celebration.

The Hong Kong College of Family Physicians (formerly known as the Hong Kong College of General Practitioners, 1977 - 1997) was first established in 1977 by a group of highly motivated and dedicated general practitioners who have joined hands together in developing and enhancing the standards for quality Family Medicine practice in Hong Kong.

Over the last four decades, the HKCFP has provided a highly effective and efficient platform for College members and Fellows to update their clinical knowledge and skills, to continue their professional development, and for training up generations of family physicians serving the patients in the community through a well-structured vocational training programme and various continuing medical education programmes. Not only does the College excel in providing training and continuing professional development, but also in Family Medicine assessment and examination at various levels, including the Certificate, Diploma, and Fellowship examinations. The standard of the College's vocational training programme and Examination have gained wide international recognition over the years. In fact, the College Fellowship Examination has been conjoint with that of our sister College, the Royal Australian College of General Practitioners (RACGP), since 1987. The HKCFP was also one of the fifteen original Foundation Colleges of the Hong Kong Academy of Medicine when the Academy was established in 1993.

In celebration of our 40th Anniversary in 2017, a series of exciting and innovative events would be organised throughout the year to continue serving the College members and Fellows as well as raising the public awareness on the importance of quality family practice in the community. You may have noticed that we have already kick-started the programmes with the 40th Anniversary Logo Competition recently. Important highlights of the celebration activities would include the HKCFP 40th Anniversary Publication, the Anniversary Conference, and the Annual College Dinner, just to name a few.

On behalf of the HKCFP 40th Anniversary Celebration Organising Committee, I would like to cordially invite you all to participate in the forthcoming celebration activities and share the joyfulness of this highly commemorative year together. More details about the celebration events would be announced soon. So, please stay tuned and enjoy!

Dr. David CHAO
Chairman, HKCFP 40th Anniversary Celebration Organising Committee



Announcement of the HKCFP 40th Anniversary Celebration Logo Design Competition Winner

Dear Members and Friends,

We are pleased to announce that the 40th Anniversary Celebration Organising Committee has selected the following entry as the winning logo for our College's 40th Anniversary Celebration Logo Design Competition. The winning logo was designed by Mr. ShawHong SER from Thailand. The logo would appear in various materials and applications related to the celebration activities throughout the HKCFP 40th Anniversary year.

As a token of appreciation, a prize of HK\$1,000 was awarded to Mr. SER for his outstanding submission.

The Committee would like to express sincere congratulations to the Logo Design Competition winner and to convey their heartfelt thanks to all the participants in the Competition making it a great success.

The HKCFP 40th Anniversary Celebration Organising Committee



Public Education Committee News

The Public Education Committee is making an appeal to all members for writing in Hong Kong Economic Journal (HKEJ).

All HKCFP members are welcomed to write on topics related to public education. The expected number of words is between 1600 to 1700 Chinese characters. Writings submitted to the secretariat will be passed to the Editorial subcommittee for review before publication. 2 CPD points will be awarded for each published article.

Please do not hesitate to contact our secretariat, Ms. Windy Lau or Ms. Cherry Chan for enquiries or submission of writing.



**Public Education Committee,
HKCFP**

PRIMARY CARE DIRECTORY

Where can I refer my patient if he/she.....



NEW Community Resources Reference Information



Primary Care Office of the Department of Health has compiled problem-based web pages for Primary Care Directory users to facilitate referral of patients to receive community services.

Check it out at:

<https://apps.pcdirectory.gov.hk/SP/Main/Main.aspx>



Board of Conjoint Examination News

Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates have passed the clinical segment of the 30th Conjoint Examination 2016. (Passing rate: 76.3%)

Dr. Arora Namrata	Dr. Lau Cheuk Nam Mathew	Dr. Leung Hung Cho	Dr. Wong Hang Fai
Dr. Chan Ka Ho	Dr. Lau Lai Na	Dr. Lo Alvina	Dr. Wong Sze Kei
Dr. Chan Shuk Wun	Dr. Lau Wing Man	Dr. Siu Samuel Ji-Sum	Dr. Ying Gard Ching Derek
Dr. Chan So Wai	Dr. Lee Ching Man Margaret	Dr. Tin Yuen Ying	Dr. Yiu Cheuk Man
Dr. Chow Wing Yan	Dr. Lee Chun Hui	Dr. Tong Gerald Sze Ho	Dr. Chau Ka Vai
Dr. Hui Ka Ling Karen	Dr. Lee Ho Ming	Dr. Tong Ka Hung	
Dr. Kwok Yee Ming Elaine	Dr. Lee Wing Mei Dickinson	Dr. Tse Wan Ying	
Dr. Kwok Yuen Na	Dr. Leung Ching Ching	Dr. Tsui Felix	

Congratulations to you all !

Dr. Peter CY Lee Best Candidate Award 2016

Dr. Hui Ka Ling Karen, who had passed the Conjoint HKCFP/RACGP Fellowship Examination at one setting and achieved the best overall performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2016.

Congratulations to Dr. Hui !

Our Heartfelt Thanks to all Examiners & Case-writers

Examiners

The Board of Conjoint Examination would like to take this opportunity to thank all the following examiners for their active participation in various segments of the Conjoint Examination this year.

Dr. Ai Hiu Fay Dawn	Dr. Chan Yin Hang	Dr. Ho Kam Wai
Dr. Au Tai Kwan Eva	Dr. Chan Ying Ho, Andrew	Dr. Ho Kin Sang
Dr. Au Yeung Shiu Hing	Dr. Chan Yuen Yan	Dr. Ho Yiu Keung, Steven
Dr. Bien Tse Fang, Barry	Dr. Chao Vai Kiong, David	Dr. Hui King Wai
Dr. Chan Hung Chiu	Dr. Cheng Michael	Dr. Hui Kwun Sue, Wilson
Dr. Chan Hung Wai, Patrick	Dr. Cheuk Christina	Dr. Hung Lok Lam Susanna
Dr. Chan Ka Lok, Carroll	Dr. Cheung Hard King	Dr. Hung Wai Yin
Dr. Chan Kin Ling	Dr. Cheung Kwok Leung	Dr. Ip Pang Fei
Dr. Chan King Hong	Dr. Cheung Man Ha	Dr. Ip Sui Wah
Dr. Chan Kit Chi, Kitty	Dr. Cheung Mei Yee	Dr. Kam Sze Man, Silvia
Dr. Chan Kwok Wai	Dr. Cheung Wai Keung, Paul	Dr. Kan Chi Ho
Dr. Chan Man Hung	Dr. Cheung Ying Man	Dr. Ko Wai Kit
Dr. Chan Man Li	Dr. Ching Kam Wing	Dr. Kong Che Wan
Dr. Chan Mei Tak	Dr. Chui Siu Hang, Billy	Dr. Kong Yim Fai, Albert
Dr. Chan Ming Wai, Angus	Dr. Chung Tze Nang, John	Dr. Kung Kenny
Dr. Chan Suen Ho, Mark	Dr. Fan Wai Man, Anita	Dr. Kwan Ka Mei, Betty
Dr. Chan Sze Luen, David	Dr. Fan Yuen Man, Cecilia	Dr. Kwan Sin Man
Dr. Chan Tat, Eddie	Dr. Fang Oi Sze, Elsie	Dr. Kwok Chung Hon, Michael
Dr. Chan Wan Wai	Dr. Fok Peter Anthony	Dr. Kwong Bi Lok, Mary
Dr. Chan Wan Yee, Winnie	Dr. Foo Kam So, Stephen	Dr. Lai Tat Chau, Douglas
Dr. Chan Wing Yan	Dr. Fung Yuk Kwan	Dr. Lam Hiu Lam
	Dr. Ho Ka Ming	Dr. Lam Hon Man



Prof. Lam Lo Kuen, Cindy
 Dr. Lam Paul
 Dr. Lam Tak Man, Catherine
 Dr. Lam Wing Kwun
 Dr. Lam Wing Wo
 Dr. Lau Ho Lim
 Dr. Lau Kam Tong
 Dr. Lau Kin Sang, Kinson
 Dr. Lau Po Shan
 Dr. Lau Tai Wai
 Dr. Lee Chun Kit, Tony
 Dr. Lee Ka Ling, Glenn
 Dr. Lee Kai Yuen
 Dr. Lee Man Kei
 Dr. Leung Chun Yin, Daniel
 Dr. Leung Gin Pang
 Dr. Leung Kwan Wa, Maria
 Dr. Leung May Heng, Sandy
 Dr. Leung Tsi Mei, Violet
 Dr. Li Yim Chu
 Dr. Lo Sze Mon, Dana
 Dr. Lui Luen Pun, Benny
 Dr. Ng Ching Luen
 Dr. Ng Mei Po
 Dr. Ng Mei Yee

Dr. Ngai Bernard
 Dr. Ngai Ka Ho
 Dr. Ngan Sze Yuen
 Dr. Pang Siu Leung
 Dr. Shek Chun Chiu
 Dr. Shek Hon Wing
 Dr. Shum Pui Shan, Monica
 Dr. Sin Ka Ling
 Dr. Siu Che Hung, Paul
 Dr. Siu Pui Yi
 Dr. So Ching Yee, Gloria
 Dr. Tam Ho Shan
 Dr. Tam John Hugh
 Dr. Tam Ka Wae, Tammy
 Dr. Tam Kit Ping
 Dr. To Kit Yuk, Dorothy
 Dr. Tong Leon George
 Dr. Tong Po Hei
 Dr. Tse Hing Choi
 Dr. Tse Kwok Ki, Keith
 Dr. Tsim Koon Lan
 Dr. Tsoi Lai To, Sammy
 Dr. Tsui Hoi Yee
 Dr. Tsui Kwok Biu
 Dr. Tsui Pun Nang

Dr. Wong Chak Tong
 Dr. Wong Chi Kwong, Roger
 Dr. Wong Chi Lung
 Dr. Wong Kwai Wing
 Dr. Wong Kwok Ho
 Dr. Wong Mong Sze, Marcus
 Dr. Wong Nai Ming
 Dr. Wong Oi Yee, Amy
 Dr. Wong Pak Hoi
 Dr. Wong Pak Kin
 Dr. Wong Suk Ching
 Dr. Wu Shui Chi, Nerrissa
 Dr. Wu Tsz Yuen
 Dr. Wun Yuk Tsan
 Dr. Yau Lai Mo
 Dr. Yeung Sau Ying
 Dr. Yeung To Ling, Solomon
 Dr. Yeung Wai Man
 Dr. Yiu Ming Pong
 Dr. Yiu Yuk Kwan
 Dr. Young Sui Wah
 Dr. Yu Sze Kai Frances
 Dr. Yuen Fu Lam
 Dr. Yuen Shiu Man

Case- writers

We would like to particularly thank the following case-writers for their contributions in writing up examination questions and cases in various segments of the Conjoint Examination this year.

Dr. Au Tai Kwan Eva
 Dr. Bien Tse Fang Barry
 Dr. Chan King Hong
 Dr. Chan Mei Tak
 Dr. Chan Suen Ho Mark
 Dr. Chan Wan Yee Winnie
 Dr. Chan Wing Yan
 Dr. Chan Yin Hang
 Dr. Cheng Michael
 Dr. Cheung Hard King
 Dr. Chui Siu Hang Billy

Dr. Ho Ka Ming
 Dr. Hui King Wai
 Dr. Ip Pang Fei
 Dr. Lam Wing Kwun
 Dr. Lam Tak Man Catherine
 Dr. Lau Kam Tong
 Dr. Lau Kin Sang Kinson
 Dr. Lee Kai Yuen
 Dr. Leung Kwan Wa Maria
 Dr. Ng Ching Luen
 Dr. Ng Mei Po

Dr. Ngai Ka Ho
 Dr. Siu Pui Yi
 Dr. So Ching Yee Gloria
 Dr. Tam Ho Shan
 Dr. Tsim Koon Lan
 Dr. Tsoi Lai To Sammy
 Dr. Wong Chi Lung
 Dr. Wong Chak Tong
 Dr. Yeung Wai Man

The Board of Conjoint Examination is also extremely grateful for all their contributions and continual support throughout these years.



Dr. Chan Hung Chiu
 Chairman
 Board of Conjoint Examination



THIRTY-FIRST CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-first Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2017.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2017/2018 before 31 July 2017. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2017, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2017, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2017.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
 - Key Feature Problems (KFP), and,
 - Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
 - Objective Structured Clinical Examination (OSCE)



(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2017 will be held on 25 – 26 February 2017 and 25 – 26 March 2017 respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 25). Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2017.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2020).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms with examination fee details of Conjoint Examination 2017 would be available in the College website, <http://www.hkcfp.org.hk>, in early February 2017 at the earliest. Please note that the deadline for application is **12 April 2017 (Wednesday)**.

(6) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 12 April 2017 (Wednesday) | Closing Date for Applications |
| • 13 August 2017 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 20 August 2017 (Sunday) | Conjoint Examination – Written Examination (MCQ) |
| • (Date to be confirmed) | Conjoint Examination - OSCE |

(7) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination



QA & A Committee News

CME/CPD Compliance

Dear Friends and Colleagues,

This message just acts as a reminder to all our Members and Fellows to obtain adequate points of CME/CPD when there is still about 2 months to the end of the 3-year QA cycle (2014 – 2016).

To ensure you can obtain the CME Certificate every year, do remember that you have acquired **30 CME/CPD points**; and for the QA Certificate every 3 years, it requires **no less than 60 CME points** and **at least 30 CPD points**, in a 3-year cycle. All HKAM Fellows are required to obtain the minimum of 90 points, including **at least 15 CPD points** and **no less than 75 CME points**, in a 3-year cycle.

For members who enrolled in HKCFP/RACGP Reciprocal Recognition Programme and considered to practice in Australia, please be reminded that attending one Cardiopulmonary resuscitation (CPR) course is required by RACGP. Please view the RACGP website <http://www.racgp.org.au/education/> for details.

There are also many enquiries concerning the way to gain CPD points, the following lists the examples of gaining CPD points for members' and fellows' reference:

- Continuous Professional Development (CPD) Logs
 - I. self-appraisal activities on lectures, seminars and workshops organized by the Board of Education
 - II. reading journal articles published in the HK Practitioner or HK Medical Journal
 - III. Evidence Based Practice (EBP) report with the reference to a journal article published in the HK Practitioner, the HK Medical Journal, or in an indexed or refereed Medical Journal
 - IV. Practice Audit, Review and Appraisal; including Clinical Audit, Evidence-Based Medical Protocol and Preventive Care Audit
 - V. Structured learning activities, such as Portfolio For Self Learning Plan
- Activities related to Teaching, Educational Development and Research
 - I. Teaching / Tutoring medical students in family medicine
 - II. Clinical supervisor of vocational trainees in Family Medicine
 - III. Acting as examiner for the Conjoint HKCFP / RACGP Fellowship Examination or HKCFP Exit Examination
 - IV. Being a CPR instructor of the Assessment Enhancement Course organize by the College
 - V. Being a moderator or speaker
 - VI. Being a chairperson / speaker of the pre-approved small discussion group
 - VII. Research work related to the field of General Practice / Family Medicine
 - VIII. Publishing journal articles, books or theses
- Activities related to Professional Development, such as demonstration of competence in family medicine by completing a course of study and passing the Conjoint HKCFP/RACGP Fellowship Examination, Specialty Board Exit examination, the basic life support(CPR) assessment organized by the College, diploma examinations organized by the College, passing professional examination (Membership / Fellowship, etc) or academic examination (Diploma / Master Degree, etc) relevant to General Practice/Family Medicine
- Activities related to Quality Development; including participating in a quality assurance activity, exercise, workshop or clinical attachment organized by the College

All the forms can be downloaded from our website: http://www.hkcfp.org.hk/pages_5_84.html. You may also refer to the "The Regulation for Award of Quality Assurance" at http://www.hkcfp.org.hk/Upload/Documents/QA/Regulations_2014-2016.pdf for more detail information.

Thank you.

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee



QA & A Committee News (Con't)

Dear Members,

RE: MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists

We received many enquiries from our members about managing their MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists under the College's administration.

The College Council discussed this matter and agreed in a recent Council meeting to provide related assistance starting from January 2017 to those members who would like to use the Hong Kong Academy of Medicine (HKAM) as Administrator of your MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists.

Members who opt for using HKAM as your MCHK CME administrator through HKCFP, shall note and agree to the following:

1. *MCHK registrants have the responsibility to liaise with your current CME Administrator (HKMA, DU, and DH) for the necessary procedures in relation to change of the CME Administrator.*
2. *As required by HKAM, transfer of the CME Points from the previous CME Administrator can be arranged normally only after a **CYCLE** of programme has completed (instead of a year of programme).*
3. *In case of any discrepancy of the accredited CME Points between the College and the other Administrators, the College reserves the right of the final decision on the accredited CME Points.*

As the College is required to report the CME Points to HKAM every 6 months,

4. *Members who will attend overseas conferences are required to*
 - (i) *submit the details of the conference to the College for CME accreditation at least one month before the commencement of the conference; and*
 - (ii) *submit the record of the attendance within one month of the completion of the conference.*
5. *Members who are going to undertake self-study are requested to submit the details of the programme within one month of the completion of the self-study.*
6. *MCHK CME registrants should continue to sign on the respective HKAM CME attendance record sheet for CME record purpose as usual. To help the secretariat to well distinguish our members from others, please leave your HKCFP membership number or simply put "HKCFP" in the column of HKAM.*

Your submission may not be accredited if you fail to comply with the above-mentioned rules.

The service is FREE of charge for members. In case of any discrepancy of the accredited CME Points, the College's accreditation is final.

Members who agree their MCHK CME records to be managed by the College, please download the Registration Consent Form at www.hkcfp.org.hk > Download > CME/CPD and return the completed form to the College Secretariat cmecpd@hkcfp.org.hk asap in order to facilitate the arrangement.

HKCFP Secretariat



Practicing Rural Family Medicine in the “Oriental Venice”

Dr. LEUNG Lok Hang, Will

(Resident, Department of Family Medicine and Primary Health Care, Kowloon West Cluster, Hospital Authority)

Surrounded by wetlands and mangrove habitats, Tai O Jockey Club General Out-patient Clinic (GOPC) has been serving the population of the quaint stilted village for over half a century.



Tai O GOPC

Lying off the southwest coast of Lantau Island, Tai O is a unique historical fishing village in Hong Kong. It was inhabited mainly by the Tanka people. As far back as the Sung Dynasty, the salt production and fishing industry were well scaled. It was once the main spot of sea fish supply in Hong Kong.



Tai O GOPC and the surroundings

The GOPC is a key healthcare facility for the local community as there is no private medical service available on the western Lantau Island. As the only medical provider in the area, our GOPC has dual service line i.e. GOPC service plus First Aid Post (FAP) service, providing routine GOPC consultations for e.g. walk-in and chronic patients at the regular opening hours, and additionally the 24-hour emergency coverage. Local patients, both walk-in or ambulance cases with catchment area covering the western Lantau like Ngong Ping and the nearby mountains included, are

sent to the Tai O FAP for medical assessment instead of to urban AED directly. The set-up of clinic has to be modified according to the operational need, unlike the urban clinics.

Tai O GOPC is a 3-storey building. The G/F consists of HA GOPC and the DH dental clinic. The 1/F is the nurse quarter and the old maternity ward. The 2/F



Clinical area and emergency room

is the doctor quarter and the conference room. The clinic set-up and the regular services provided such as the diabetes complications screening and smoking cessation counselling are more or less similar to the urban GOPCs. In the past, the GOPC had to cover outreach services serving the rural village of the Lantau Island and the monasteries around Ngong Ping region. Transportation was a real challenge before the opening of the Tsing Ma Bridge in 1997. Mui Wo was once the main transport hub of the Lantau Island and the staff living in urban districts had to spend lengthy hours travelling from Central to Mui Wo by ferry, then from Mui Wo to Tai O or the rural villages by vehicle. In order to visit some of the remote villages without road access, it was a good time for the visiting staff to have healthy walking exercises in order to deliver the home visit. Nowadays, the transport became more convenient and it took approximately one hour to travel from Tung Chung bus terminus to our clinic, provided that you are fortunate enough to have a seat on the bus as there were increasing number of tourists visiting Lantau Island and the bus terminus is often crowded with long queues especially during the non-weekdays and even on weekdays during peak hiking season.

As the GOPC is prepared to receive more emergency patients compared with urban clinics, the emergency and minor operation room is well equipped with surgical items, emergency trolley, defibrillator, obstetric kit and so on. Pre-hospital management to stabilize an ill patient is crucial for Family Physicians practicing in the rural area as it takes nearly an hour



door-to-door time for evacuation to secondary care facilities such as the nearest North Lantau Hospital, and an extra 25 kilometers i.e. nearly half an hour more ambulance ride to the Princess Margaret Hospital which is the nearest trauma centre reachable by road transport. In desperate conditions, the critical patient could be transferred to the Pamela Youde Nethersole Eastern Hospital helipad with the assistance of the Government Flying Services if weather condition allows.

In addition to the emergency services described, the pivotal role of the GOPC as the only medical provider of Tai O is to take care of the local



Collaboration with community organizations for health education

population's good health. We provided comprehensive and continuous care. Most residents regarded us as the first contact point of care and consulted us for a wide variety of health conditions. The population is overall

healthy and happy and it is not uncommon to see 80 year-old healthy elders cycling in the narrow streets smiling and greeting you while walking through the way from the bus stop to the clinic. The eldest patient we encountered was 104 years old who was having active follow-up at our GOPC for chronic conditions and episodic ailments. The family trees of many local residents were known to us and it is common that all members of the same family attend the same Family Physician here. Preventive care is also emphasized during routine consultations and regular voluntary community projects such as health talks and health promotion campaigns organized by the community organizations.

As the "Oriental Venice", Tai O has its own unique heritage and historic legacy. The public primary care service here is a family-centered, comprehensive, continuous, coordinated and culturally effective one, not only covering the routine functions of the urban GOPC, but also taking up a special extended role as the First Aid Post which is the first point of care for the local population 24 hours a day and 365 days per year.

Acknowledgement: special thanks to Dr. SHEK Hon Wing and Dr. LEUNG Man Yin for contribution of the historical information and valuable photos.



Sunset of Tai O



Shrimp paste and salty fish everywhere



View from the clinic roof

A busy main street crowded with tourists and local people



The possible risks of proton pump inhibitor use

Proton pump inhibitors (PPIs) are among the most commonly administered medications worldwide. In recent years, there has been a marked increase in prescribing PPIs, concurrent with an overall reduction in their cost with the advent of inexpensive generic formulations. The use of PPIs may be associated with an increased risk of certain gastrointestinal (GI) and non-GI conditions.

There were systematic reviews with meta-analysis showing proton pump inhibitor usage being associated with a significant increased prevalence of fundic gland polyps (FGPs). One study^[1] assessed the effects of PPI therapy on risks of fundic gland polyps (FGPs) and gastric cancer. It analyzed data from 12 studies, comprising more than 87,324 patients: 1 randomized controlled trial reporting the effect of PPIs on gastric polyps, 6 cohort and 1 case-control studies on FGPs, and 1 cohort and 3 case-control studies on gastric cancer. Pooled odds ratios for FGPs were 1.43(95% Confidence Interval (CI), 1.24-1.64) and 2.45(95% CI, 1.24-4.83) from fixed and random-effects models, respectively. The pooled risk ratio for gastric cancer was 1.43(95% CI, 1.23-1.66) from each model. It observed significant heterogeneity among studies reporting on FGPs, but not among studies reporting on gastric cancer. It concluded that long-term use of PPIs (≥ 12 months) is associated with an increased risk of FGPs. PPI therapy might also increase the risk of gastric cancer, but this association could be biased, because of the limited number of studies and possible confounding factors.

Another study^[2] aimed to clarify the association between proton pump inhibitor use and fundic gland polyps through a meta-analysis. The initial search using electronic databases and manual searching retrieved 339 peer-reviewed articles and abstracts. Twenty articles met all inclusion and exclusion criteria, with a total of 40216 subjects included. The meta-analysis of 12 studies revealed an increase in fundic gland polyps amongst PPI users compared to controls (OR 2.46, 95% CI 1.42-4.27, $P=0.001$), particularly among individuals taking PPIs for at least 6 months (OR: 4.71, 95% CI 2.22-9.99, $P<0.001$) or 12 months (OR: 5.32, 95% CI 2.58-10.99, $P<0.001$). The review concluded that proton pump inhibitor usage is associated with a significantly increased prevalence of fundic gland polyps, and there is a trend for this to increase with longer length of PPI exposure. However, the meta-analysis is limited mainly to cohort studies.

FGPs are gastric mucosal lesions of small sizes (typically 2-5mm) located in the fundus or body of the stomach. These polyps are composed of cystically dilated fundic glands lined by parietal or chief cells that arranged in a disordered fashion. They can be single or multiple, and be sporadic or associated with an inherited polyposis syndrome, such as familial adenomatous polyposis (FAP). Although FGPs are generally considered to be benign, some reports showed low-grade dysplasia in FGPs, and 1 case report described a chronic PPI user who developed FGPs that contained high-grade dysplasia.

Besides, the hypergastrinaemic state caused by PPIs has led to concerns about the possibility of enterochromaffin-like cell hyperplasia, and therefore a theoretical increase in the risk of gastric neuroendocrine tumour development. Moreover, it also increased the gastritis severity in the context of *Helicobacter pylori* infection and progression of carcinogenesis in a certain predisposed subset of Barrett's esophagus patients. Other GI risks of PPIs would be an increased risk of developing GI infections, vitamin B12 and magnesium deficiencies. About non-GI risks of PPIs, there were conflicting results about the association between PPIs and community-acquired pneumonia (CAP) as well as the risk of bone fracture.

When we prescribe PPIs, the intestinal and extra-intestinal complications should be bear in mind. In fact, most studies that have exposed these risks are observational and retrospective in nature. Patients should therefore be informed that the benefits of PPIs outweigh any potential deleterious effects. Nevertheless, just like any other drug, PPIs should be prescribed judiciously, with a clear indication and regular review of the appropriateness of continued long term use to minimize these theoretical risks.

Reference:

1. Use of Proton Pump Inhibitors and Risks of Fundic Gland Polyps and Gastric Cancer: Systematic Review and Meta-analysis. An Tran-Duy, Bart Spaetgens, Arno W. Hoes et al. Clinical Gastroenterology and Hepatology 2016;14:1706-1719.
2. Systematic review with meta-analysis: fundic gland polyps and proton pump inhibitors. F.C. Martin, G. Chenevix and N.D. Yeomans. Aliment Pharmacol Ther 2016; 44:915-925.

Compiled by Dr. Ho Ka Ming, Ken



我是家庭醫生

顏寶倫醫生



當了這麼多年「家庭醫生」，仍然常在想一個問題：「我這個家庭醫生到底是在做甚麼？」

這難免有一些比較：家庭醫生「低科學、低技術」；每逢在新聞、網頁見到一些創新的醫療科技，往往膽顫心驚，心想：「這些高科技東西，我『識條鐵』咩！」（抱歉用上潮語，但此話最傳神。）若家庭醫生不能跟上科技發展，與時並進，怎能不被淘汰？

醫生應是醫治有病的病人，但家庭醫生看的，卻有愈來愈多是無病無痛的「非病人」，甚至是「服侍」一些「顧客」。醫治的，往往是一些毫無徵狀的「患病風險」；處理的，也就是一堆堆的檢驗數字。不禁暗想：「這些工作有意義嗎？是為無事無干的朋友添煩添亂嗎？」

坊間常有不少健康教育資訊，說要留意這個問題，要及早發現那個疾病，要做這項檢查、那樣測試，以免延誤醫治，後悔莫及！當憂心忡忡的病人來到家庭醫生處，醫生卻常常告訴他，不需做這個檢驗，不需為那個擔憂；要健康也還是要戒煙少酒多菜少肉多運動多放鬆多休息……那不是反潮流而行嗎？

當醫院裡專科的同事要「On call 36小時」，通宵達旦辛勞地工作，在社區服務的家庭醫生，無論是公營或私營的同行，似乎都能倖免於此，可以保持一個較有規律的日常生活。而當家庭醫生遇上棘手的病人時，總可以轉介其他專科，或送到醫院裡去。家庭醫生，是否太舒服、太不用負責任呢？

但回到診症室，開始家庭醫生的工作，體驗到的卻又有所不同：即使是低科技，但我們的知識與經驗，肯定是社區病人和醫療體系的最好溝通橋樑。在如何善用醫療科技來造福健康之上，家庭醫生是為每個不同的病人作出獨特建議的領航員，考慮的最是廣泛，更為貼身，也令到冷冰冰的科技回復一點人性的溫暖！

每當見到熟悉的病人進來，家庭醫生的使命就是盡力守護其健康。無論他們有任何問題，不論是身體有不適、心裡有疑慮、檢驗報告有異常，家庭醫生必定可以幫助他們。我們看的不是病症、不是器官、不是數字，而是完完整整的一個人；家庭醫生與病人同憂同喜，不論有病沒病，總可以為其排難解憂！

家庭醫生極其著重預防，當中有第一、二、三層的疾病預防，更有愈來愈重要的第四層預防：保護病人免被過度診斷、過度檢查、過度治療所害，避免大家被醫療商業化所迷惑利用。我們在社區、基層醫療服務，角色跟醫院專科的同業自有不同。稱職的家庭醫生，平衡因為貧富懸殊所產生的醫療問題，保護社區裡最需要、卻又是最得不到醫療的貧乏者、弱勢者，令有限的醫療資源得以用得其所。這都是家庭醫生獨一無二的職份！

最後，我還是要說一句：「我是一個家庭醫生。我以此為豪！」

在此謹賀我們「香港家庭醫學學院」四十周年院慶之喜！



Board of Vocational Training and Standards News

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2019, please submit the application for higher training on or before **28th February 2017 (Tuesday)** in order to meet the requirement for sitting Exit Examination. The application form can be available from the College Secretariat or downloaded from the College web site.

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **28th February 2017 (Tuesday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28th February 2017 (Tuesday)**.

The training experience of 2016 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 11th March 2017 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee),
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 11th March 2017 (Saturday)

Time : 2:30 – 4:30 p.m.

Venue : Rm 802, 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wan Chai

Please contact Ms. Carmen Tong or Ms. Charlotte Cheung at 2871 8899 for any queries.

Higher Training Subcommittee
Board of Vocational Training & Standards

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 31st January 2017 (Tuesday)**. Late submission will not be accepted.

The training experience of 2016 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Carmen Tong or Ms. Charlotte Cheung at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training & Standards



Meeting Highlights

Interest Group in Mental Health and Interest Group in Medical Humanities

Dr. Lo Sze Mon, Dana, Specialist in Family Medicine, delivered a lecture on "Renaissance of Medical Humanities" on 3 December 2016.



Dr. Chan Suen Ho, Mark (left, Moderator) and Dr. Paul Siu presenting a souvenir to Dr. Lo Sze Mon, Dana (right, Speaker) during the lecture on 3 December 2016

CME Lecture on 8 December 2016

Ms. Erin Chung, Director, Business Development, H2 Inc., delivered a lecture on "Role of mobile APPS in diabetes management – Real life experience in Taiwan" and Dr. Tsang Man Wo, Specialist in Endocrinology, Diabetes & Metabolism, Medical Director, Clinical Services and Professional Development, United Medical Practice, delivered a lecture on "How new basal insulin help DM management in private practice?" on 10 November 2016.



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Ms. Erin Chung (left, Speaker) during the lecture on 8 December 2016



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. Tsang Man Wo (left, Speaker) during the lecture on 8 December 2016

Interest Group in Neuro-musculoskeletal Medicine

Dr. Lau Shun, Specialist in Radiology and Dr. Wai Man Wah, Andrew, Specialist in Radiology, delivered a lecture on "Common shoulder problems and managements from MSK ultrasound perspectives" on 10 December 2016.



Dr. Au Chi Lap (right, Moderator) presenting a souvenir to Dr. Lau Shun (left, Speaker) during the lecture on 10 December 2016

Annual Refresher Course 2016

The 5th session of the Annual Refresher Course 2016 with the theme of "AF Screening" was held on 29 November 2016. Dr. Chan Chi Kin, Specialist in Interventional Cardiology, delivered a lecture on "Management of Atrial Fibrillation in Primary Care".



Dr. Au Yeung Shiu Hing (left, Moderator) presenting a souvenir to Dr. Chan Chi Kin (right, Speaker) during the lecture on 29 November 2016

The 6th session of the Annual Refresher Course 2016 with the theme of "Eye" was held on 1 December 2016. Dr. Cheng Chi On, Specialist in Ophthalmology, delivered a lecture on "Common Eye Symptoms -Masquerade of the Devil".



Dr. Tong Siu Man (1st from the left, Moderator) and Dr. Chan Chung Yuk, Alvin (1st from the right, Council Member) presenting the souvenirs to Dr. Cheng Chi On (2nd from the right, Speaker) and representative from sponsor during the lecture on 1 December 2016



The 7th session of the Annual Refresher Course 2016 with the theme of “Cardiovascular Management” was held on 4 December 2016. Dr. Wong Bun Lap, Specialist in Cardiology, delivered a lecture on “New paradigm for Double Anti Platelet Therapy (DAPT) – for who and for how long?” and Dr. Hung Yu Tak, Specialist in Cardiology, delivered a lecture on “Lipid management for CV risk reduction- review of recent guidelines and studies” respectively.



Dr. Chen Xiao Rui, Catherine (left, Moderator) presenting a souvenir to Dr. Wong Bun Lap (right, Speaker) during the lecture on 4 December 2016



Dr. Chen Xiao Rui, Catherine (left, Moderator) presenting a souvenir to Dr. Hung Yu Tak (right, Speaker) during the lecture on 4 December 2016

The 8th session of the Annual Refresher Course 2016 with the theme of “Mental Health” was held on 6 December 2016. Dr. Lee Yiu Ki, Specialist in Psychiatry, delivered a lecture on “Update of Clinical Management of Depressive Disorder”.



Dr. Paul Siu (left, Moderator) presenting a souvenir to Dr. Lee Yiu Ki (right, Speaker) during the lecture on 6 December 2016

The last session of the Annual Refresher Course 2016 with the theme of “HIV & HCV Update” was held on 11 December 2016. Dr. Chan Man Chun, Jacky, Associate Consultant, Department of Medicine and Geriatrics, PMH, delivered a lecture on “Updates in HIV” and Dr. Tsang Tak Yin, Owen, Consultant, Department of Medicine & Geriatrics, and Medical Director, Hospital Authority Infectious Disease Centre, PMH, delivered a lecture on “Management of chronic hepatitis C – An Update” respectively.



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Mary Kwong (right, Council Member) presenting a souvenir to Dr. Chan Man Chun, Jacky (middle, Speaker) during the lecture on 11 December 2016



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Mary Kwong (right, Council Member) presenting a souvenir to Dr. Tsang Tak Yin, Owen (middle, Speaker) during the lecture on 11 December 2016

Classified Advertisements

Accredited Private FM Centre invites full time / part time Doctors for expanding services (Tuen Mun / Kwai Fong). FM Trainee, Paediatricians welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654.

Clinic for take over

Kowloon City GP clinic at main street for take over. Large patient base. Low rental. Please phone Ms. Cheng 9061 5708 or email to queenie_cpw@yahoo.com.hk





Seminar on Electronic Health Record Sharing System

A seminar titled "The Future of Hong Kong Healthcare: Electronic Health Record Sharing System (eHRSS) – Participation, Implementation and Way Forward" was held on 10 December 2016 for members of the Hong Kong College of Family Physicians (HKCFP).

The seminar was co-organised by the Electronic Health Record (eHR) Office of the Food and Health Bureau and the Web and Computer Committee of HKCFP. At the seminar, representatives of the eHR Office and the Hospital Authority shared with participants the development and progress of the territory-wide eHR programme, introduced solutions that aim to facilitate healthcare providers' (HCP) participation in eHR sharing, and gave a preview of eHR's further development. Following speakers' presentation was an interactive discussion session, during which questions and feedback from participants on eHR sharing were raised and exchanged. The eHR Office would like to provide below relevant up-to-date information on common enquiries for members' reference.

eHRSS Registration

What are the procedures for joining eHRSS? How long does it take?

A typical registration for an HCP involves only 3 steps –



The registration form can be downloaded at the eHRSS website (http://www.ehealth.gov.hk/en/ehr_related_information/forms/healthcare_provider.html). The required supporting documents basically include the Business Registration Certificate and the Professional Practicing Certificate.

Vetting of a new application normally takes two to three working days. Upon receipt of all required documents, creation of user account and scheduling of technical set-up will be arranged with the HCP within two weeks.



Can an HCP without an Electronic Medical Record (eMR) System join eHRSS?

There is no eMR pre-requisite for HCPs joining eHRSS. For clinics without eMR systems, eHRSS can still be accessed through a computer connected to the Internet and enabled by an appropriate software package supplied by the eHR Office. Nonetheless, it is still advisable for HCPs to explore the implementation of eMR systems for sharing. Free eMR packages are also provided by the eHR Office for private sectors to facilitate sharing of information with eHRSS.



Data Sharing to eHRSS

What types of data are shared to eHRSS? Is it mandatory for HCPs to share data?

Not all data stored in participating HCPs' local systems will be shared to eHRSS. Currently, only nine types of data are within the sharable scope of eHRSS. Regarding these nine types of sharable data, it is understandable that some HCPs would not be able to share all of them during their early days of participation in eHRSS and would need time to adjust and gradually build up their capability to share more and more of them.

As regards plan for future development, expansion of the sharable scope to include other data types such as radiological images will be pursued in Stage 2 of the eHR programme.

Can HCPs filter patient's "sensitive" information and not share to eHRSS?

Filtering information uploaded to the system according to patient's request is currently not available in eHRSS. In Stage 2 of the eHR programme, features to allow patients to request for restriction on the scope of sharing of their data will be explored and developed.

Viewing eHR

Will the Government be able to view patients' clinical records once HCPs share them to eHRSS?

eHR viewing is only allowed for healthcare professionals for healthcare purpose with patients' sharing consent. Users and patients can rest assured that the eHR Office will not access patients' records unless under special circumstances in investigations, legal proceedings or related matters.

Reference

- eHRSS website http://www.ehealth.gov.hk/en/healthcare_provider/index.html
- eHR Registration Office ehr@ehealth.gov.hk
- Technical hotline for registered HCPs: 3467-6250
- Training videos on basic eHRSS functions - <https://m.youtube.com/user/ehrssgovhk> (mobile) <https://www.youtube.com/user/ehrssgovhk?app=desktop> (desktop)



Interest Group in Mental Health & Psychiatry in Primary Care The 51th Meeting on 3 Dec 2016 - Dr. Chan Suen Ho Mark (Co-ordinator)

Interest Group in Medical Humanities

The 2nd meeting on 3 Dec 2016 - Dr. Lo Sze Mon, Dana (Co-ordinator)

The 51th Interest Group in Mental Health & Psychiatry in Primary Care Meeting and the 2nd meeting of Interest Group in Medical Humanities was held on 3 Dec 2016. Dr. Dana Lo and Dr. Mark Chan, Family Physicians, were the speakers.

Meeting Theme : 1. 醫學人文的復興
2. The Life Course approach in mental health

Attendance : 16

Learning points prepared by Dr. Dana Lo

Meeting Theme: 1. 醫學人文的復興

The speaker : Dr. Dana Lo is Senior Medical Officer at the University Health Service of the Hong Kong Polytechnic University. Dr. Lo is an active colleague in many areas, including research in campus health, examiner for the College examinations, regular contributor for Public Education in Mass Media, including newspaper and the Radio Hong Kong Television award winning series My Family Doctor I and II. Her interest is campus health, teaching, counselling and promotion of consultation skill through interactive technique.

講者: 羅思敏醫生

由於今年八月份上演的「醫學人文劇場之疲勞醫生篇」反應熱烈，全港首創的「醫學人文興趣小組」已經成立，並於2016年12月3日舉辦了題為「醫學人文的復興」交流會，參與者包括行醫十多年至四十多年的醫生，有學院會員也有非會員，皆有感普及醫學人文的重要性。這是一個共聚知音的交流會，令人鼓舞。

醫學人文 源遠流長

縱覽古今，橫觀中外，醫學人文這理念其實歷史悠久，只是繁重的工作量及現實環境的限制，導致不少醫患關係流於淺層次的公式化水平，有時候缺乏了其獨特性及情感上的交流，甚為惋惜。在西方醫學史上，有關醫學人文的理念，可追溯至西方醫學之父希波克拉底 (Hippocrates) 的想法，他認為醫術是一切技術中最美和最高尚的，醫生應當具有優秀哲學家的一切品質；回顧歷史，不少社會運動也是呼喚人們，要回歸到從前被視為珍貴的精神，從而達致社會持續健康的進步，好像十四至十七世紀西方的「文藝復興」(Renaissance)，提倡恢復古希臘、古羅馬文化，提出人本主義思想體系，使人性回歸及

個性解放；而十七至十八世紀的「啟蒙運動」(The Enlightenment)，則批判中世紀蒙昧主義，使理性回歸，從而煥發創造性，牽起科技革命、產業革命及社會革命的互動，除了為「法國大革命」奠下充分的思想準備，其影響遠至中國近代的「戊戌變法」及「辛亥革命」。至於古代的醫藥先賢，如扁鵲、華佗、張仲景、孫思邈及李時珍等，他們從醫的目的皆是懸壺濟世、治病救人，實踐醫患和睦，把醫(醫治)、教(教學)、研(研究)三者結合。在三國時候，東吳有位大夫名叫董奉，醫術精湛，每次為病人治病之後，分文不取，只會請病人在後園種植一棵杏樹，多年後那裡成了一片杏林；後世人稱醫學界為杏林，就是對董奉大夫高尚醫德的欽佩。因此，醫學人文從來也不是什麼新事物，而是千百年來一貫植根在醫生心內的精神，這就是醫學人文的復興。

醫學真諦 人文反思

近代關於醫學人文的定義，可參考紐約大學醫學院 Felice Aull 教授所歸立的範疇：包括人文(文學、歷史、哲學、倫理、宗教)，社會科學(心理學、文化學、社會學、人類學)，藝術(文學、戲劇、電影、視覺藝術)，以及其在醫學教育和醫療的運用(如醫學倫理、醫學社會學、醫療史等)。傳統的醫學教育，一般以疾病與治療為主。醫學生必須修讀解剖學、生理學、病理學、藥劑學、內科、外科等等的傳統學科，在其5至6年的大學生涯裡，無窮無盡的醫療新知導致課程編排極為擠迫，同學們彷彿要待到空閒的時候，才能有機會探索追尋醫療科學知識背後的初衷。病人所面對的痛苦、孤獨、害怕、絕望和被歧視，究竟屬於那個專科的範疇去體會呢？醫護人員和病人之間的關愛、陪伴、希望、互信及尊重，又應該歸納到那個專科的領域去教育呢？有見及此，近代一個全球的大趨勢，就是喚起對醫學人文培訓的關注。有些醫學院，近年已經把醫學人文編成一門獨立的必修學科，這是醫學培訓改革的一個重要躍進。

各位對醫學人文有興趣的同道好友，請繼續支持小組聚會，下期暫定於四月舉行，歡迎聯絡小組召集人陳選豪醫生或羅思敏醫生，提議討論的主題及內容，也歡迎閱讀及投稿至學院公共教育委員會的信報專欄之「醫學人文系列」。如有任何查詢，請與香港家庭醫學學院秘書處聯絡。





Dr. Paul Siu presented souvenir to Dr. Mark Chan and Dr. Dana Lo, speakers of the interest group meeting.

Meeting Theme: 2. The Life Course approach in mental health

The speaker : Dr. Chan Suen Ho Mark is a Family Physician in private practice. Dr. Chan is Mental Health Interest Group Coordinator since 2006 and advocated the new Medical Humanities Group in 2016. His interests are teaching, for both undergraduate and postgraduate colleagues, and he is Hon Teaching Staff of HKU and CUHK, and Newspaper Columnist since 2005. Dr. Chan is also medical advisor to TWGH Elderly Home since 2003 and Buddhist Po Kwong School for handicapped Children Since 1996.

The Learning Points : the session started with what is good medicine that works for the community. Dr. Chan examined the various models of health and disease, including religious, biomedical, psychosomatic, humanistic, existential and transpersonal.

One was reductionist: the biomedical; the others were all holistic. Religious, humanistic and transpersonal models are health models, while biomedical, psychosomatic and existential models are illness models.

Different groups in the health service, doctors, nurses and patients--look at health and illness from different models. These have significant implications for the health service.

Health : as defined by the World Health Organization, it is a state of complete physical, mental and social well-being, not merely the absence of disease or infirmity. Of course, one can disagree.

In a Health- Belief Model, the Four Components are: The individual's perception of susceptibility to an illness; The individual's perception of the seriousness of the illness; The perceived threat of a disease; The

perceived benefits of taking the necessary preventive measures.

In Evolutionary – Based Model, Illness and death serves as evolutionary function.

There are also Health Promotion Model: as complimentary counterpart models of health protection. This directed at increasing level of well-being.

Illness : is a state in which a person's physical, emotional, intellectual, social developmental or spiritual functioning is diminished or impaired. Illness is condition characterized by a deviation from a normal, healthy state.

The Life Course Paradigm :

Dr. Glen H. Elder Jr, of University of North Carolina described Family physicians seek to understand individual that patients within the context of their families and larger social environments.

"life course" is distinguished from "life span" and "life cycle,"; there are at least five different uses of the term "life course":

Life course as

- (a) life course as time or age,
- (b) life course as life stages,
- (c) life course as events, transitions and trajectories,
- (d) life course as life-span human development
- (e) life course as early life influences (and their cumulation) on later adult outcomes.

The Five core principles that define life course:

- (1) human development and aging as lifelong processes
- (2) human agency
- (3) historical time and place
- (4) the timing of events in a life and
- (5) linked lives.

Family physicians care for the same patient over many years, across changing times in the life of that patient (e.g. health and illness) and in changing eras (e.g. economic cycles) and places. Over these periods of care, related changes occur in the lives of patients, their family members, as well as in the life of the physician who provides care.



Ian McWhinney advocated family physicians to seek to understand individual patients (persons) within the context of their families and larger social environments.

Concepts of age and temporality : age has multiple meanings and interpretations (e.g. historical time, social time, biological time) and their lives vary in the timing and scheduling of events along the life course. Role relationships and the meanings of age jointly locate people in their lives and social-historical contexts. Most clinicians are familiar with the concept of biological time, while social age tells us where people are in their lives, whether young adult or middle age.

Historical time, derived from birth year, places people into a historical era, e.g. china civil war or the post 90's. Timing and the onset of key events locate people along the life course and reveal the "variability" of lives. E.g. some complete their education early in life; others do so in late middle age.

Health trajectories : social and developmental trajectories and transitions are basic concepts of this new perspective. Trajectories are sequences or long-term patterns within a focal area (e.g. health, family, or work situations) and are formed by linking states (e.g. poverty, health status) and transitions across successive years. Trajectories are embedded in social pathways defined by social institutions and relationships that provide social support.

Life trajectories can be charted by linking events or states across successive years (for example, employment and health). While each trajectory, social or developmental, is marked by a sequence of life transitions and changes. Health trajectories focus on sequences of health transitions across time, viewing the patient's experience of health and illness longitudinally rather than as episodes. This approach provides an illuminating way to frame and

communicate context within clinical settings. States and transition lead to the concept of duration, or the waiting times or spells between a change in state. Concepts of trajectory and transition are central themes in lived lives, representing both the long and short perspective on analytic scope.

Reference:

Family doctor

"He does more than treat them when they are ill; he is the objective witness of their lives." — **John Berger**

生命就是性格對經歷的感覺，想法，行為和見解。生命歷程觀點帶來經歷的新視野，醫學人文讓我們對人世間活動與文明，有一個更高更進步深入的了解描繪，實是殊途同歸。

走近生命歷程研究-上海教育 - 2012年第21期 (2)

<http://www.who.int/ageing/publications/lifecourse>

Next Meeting

The next meeting for the Interest Group in Mental Health & Psychiatry in Primary Care will be held on 4th February 2017. Dr. Lau Kwan Chung, Jonathan will speak on "Promoting Mental Health in community by Family Medicine, An Australian experience".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2017

As required by the Royal Australian College of General Practitioners (RACGP), CPR training course need to have advance component on airway management, neck support and automated external defibrillation (AED) on top of basic life support. In order to align with our Sister College (RACGP) and in achievement of reciprocal recognition in Conjoint Fellowship Examination and Quality Assurance Certificate, the CPR Subcommittee of the Board of Education is pleased to announce that an enhanced CPR course, the Advanced Primary Care Life Support (APCLS) would be launched in 2017.

APCLS course materials have been endorsed by HKCFP Council in 2015 and the Resuscitation Council of Hong Kong (RCHK) in 2016. The course aims to widen the scope of our existing CPR training course by adding several important elements: use of automated external defibrillator (AED), use of airways adjuncts and dealing with initial trauma care through use of neck support.

2 APCLS Training and Examination Workshops will be held in 2017 (25-26 February 2017, 25-26 March 2017).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2017 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our APCLS session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2017 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

1st Announcement: January College News

**25 - 26 February 2017 / 25 - 26 March 2017
Saturday and Sunday**

APCLS Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. Advanced Primary Care Life Support-Principles and Techniques 2. Advances in CPR and Demonstration on Automated External Defibrillator 3. Use of Airway Insertion and Cervical Injury Management 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP APCLS Instructors
Accreditation	3 CME Points HKCFP [Cat. 4.4] 3 CPD Points HKCFP [Cat. 3.11] for passing APCLS Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	40 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$900.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with valid CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$500.00

All cheques should be made payable to **"HKCFP Education Ltd"**.

All fees received are non-refundable and non-transferable.

Successful candidates will be awarded an APCLS Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Cherry Chan at 2871 8899 for registration on/ before **17 February 2017 (Friday) for February session** and **17 March 2017 (Friday) for March session**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint Examination application deadline: 12 April 2017

*** REMARKS:** 1.) You are not suggested to take the APCLS training workshop and examination during your pregnancy. 2.) Priority would be given to exam candidates, who have applied 2017 Conjoint HKCFP/RACGP Fellowship Examination.

4 February 2017

Saturday

Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health
Theme	Promoting Mental Health in community by Family Physician - an Australian experience
Speakers	Dr. Lau Kwan Chung, Jonathan Specialist in Family Medicine
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians
Time	2:00 p.m. - 4:00 p.m. Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	Members Free Non - members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP [Cat. 4.3] 2 CPD points HKCFP [Cat. 3.15] 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.

Register Online

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 - 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

February's session:

Date	24 February 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"The Interactive Roles of Primary Care Professionals and Pain Specialist" - Dr. Tong Ka Fai, Henry
Admission	Free for Members
Accreditation	1 CME point HKCFP [Cat. 4.2] 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Register Online

Community Education Programme

Open and free to all members

HKCFP CME points accreditation [Cat 5.2]

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
11 February 2017 2:15 - 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Geriatrics for primary care Dr. LO Kwok Man Geriatrician, OLMH	Ms. Clara Tsang Tel: 2354 2440



Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
1 February 17 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Somatoform disorder, PTSD and other psychiatric or psychological disorders Dr. Siu Wing Yee & Dr. Chui Tsz Hang	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Open Disclosure Dr. Ng Kai Man & Dr. Hui Pek I	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Anxiety disorders Dr. Lee Shek Hang & Dr. Wong Sze Man	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Updates in childhood immunisation/ vaccination Dr. Leon Ngai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
2 February 17 (Thu)			
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Bereavement in Primary Care Dr. Cheuk Tat Sang & Dr. Lam Siu Ping	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Dermatological Emergencies Dr. Chan Ki Chun Enoch	Ms. Kwong Tel: 2595 6941
8 February 17 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Medical Statistics and modeling Prof. Shelly Tse	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach to Sleep Disorders Dr. Ng Ngai Mui & Dr. Chan Ka Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Update on management of Gout and OA Dr. Wong Hong Kiu Queenie & Dr. Suen Gee Kwang Victoria	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Handling infectious diseases in pregnant women Dr. Carmen Lai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Community resources for learning disability and conduct disorder Dr. Ng Yui Wing Joanne & Dr. Lee Ying Cheung Jacky	Ms. Carmen Kwong Tel: 2632 4371
9 February 17 (Thu)			
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Vitamin Supplementation in Disease Prevention Dr. Yung Hiu Ting & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Emergency care in trauma case Dr. Wong Ka Yan	Ms. Kwong Tel: 2595 6941
15 February 17 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Case presentation (to illustrate how to implement preventive care in community setting) Dr. Lau Ka Man & Dr. Kam Ngai Yin, Irene	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Geriatric Health Maintenance Part 1: Nutrition and Fall Dr. Ho Shu Wan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Premarital counseling Dr. Hui Yuk Ting Candy & Dr. Yau Chi Yan Davy	Ms. Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Medical ethics - case study Dr. Pong Wing kwan Sharon	Ms. Carmen Kwong Tel: 2632 4371
16 February 17 (Thu)			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Patient with Osteoporosis Dr. Tsui Sau In & Dr. Ng Mei Po	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	How to deal with an Angry patient? Dr. Violet Leung	Ms. Kwong Tel: 2595 6941
22 February 17 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Consultation enhancement (physical examination and video consultation) Dr. Chen Xiaorui, Catherine & Dr. Lee Wing Lam	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Update Management of CV Disease Including IHD and CVA Dr. Yip Pui Leung	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Impact of the development of Chinese medicine to the health care system Dr. Choi Yuen Ling Janice & Dr. Chan Wing Chi Annie	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Handling Psychological problems: Patients being manipulative Dr. Joyce Lai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	FM practice in Singapore and UK Dr. Ng Tze King & Dr. Samuel Wong	Ms. Carmen Kwong Tel: 2632 4371
23 February 17 (Thu)			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Management of Victims in Sexual Violence Dr. Ho Tsz Bun & Dr. Wan Ka Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Sterilization and disinfection Dr. Chan Ki Chun Enoch	Ms. Kwong Tel: 2595 6941



春 雞 報 喜

香港家庭醫學學院

仝人恭賀



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 Jan 1:00 – 4:30 p.m. CDM Course – Lunch symposium	9	10	11 2:15 – 7:30 p.m. Structured Education Programme	12 2:15 – 7:00 p.m. Structured Education Programme 1:00 – 3:30 p.m. CME Lecture	13	14 2:30 – 5:30 p.m. DFM Module III Practice Management
15	16	17	18 2:15 – 7:30 p.m. Structured Education Programme	19 2:15 – 7:00 p.m. Structured Education Programme	20	21 2:00 – 4:00 p.m. Exit Exam Practice Assessment Segment Preparatory Workshop 2:30 – 5:30 p.m. DFM Module III Critical Appraisal 4:00 – 5:30 p.m. Exit Exam Clinical Audit Segment Standardization Workshop
22 1:00 – 4:30 p.m. CDM Course – Lunch symposium	23	24	25 Feb 2:15 – 7:30 p.m. Structured Education Programme	26 2:15 – 7:00 p.m. Structured Education Programme	27	28
29	30	31	1 2:15 – 7:30 p.m. Structured Education Programme	2 2:15 – 7:00 p.m. Structured Education Programme	3	4 2:00 – 4:00 p.m. Interest Group in Mental Health
5	6	7	8 2:15 – 7:30 p.m. Structured Education Programme	9 2:15 – 7:00 p.m. Structured Education Programme	10	11 2:30 – 5:30 p.m. DFM Module V Consultation Skills Workshop II
12	13	14	15 2:15 – 7:30 p.m. Structured Education Programme	16 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	17	18
19	20	21	22 2:15 – 7:30 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme	24 2:30 – 3:30 p.m. Video Session	25 2:00 – 6:00 p.m. APCLS Training Workshop
26 2:00 – 6:00 p.m. APCLS Examination	27	28	1 Mar	2	3	4

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The Hong Kong College of Family Physicians

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Back row (left to right): Dr. Eva Tsui, Dr. Law Tung Chi, Dr. Sze Hon Ho, Dr. Ngai Ka Ho, Dr. Yip Tze Hung, Dr. Chan Man Li, Dr. Sin Ming Chuen, Dr. Alfred Kwong, Dr. David Cheng, Dr. Fok Jing, Dr. Christina Cheuk, Dr. Ken Ho, Dr. Heidi Fung and Dr. John Tam
Front row (left to right): Dr. Natalie Siu, Dr. Anita Fan, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Judy Cheng and Dr. Maria Leung

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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