

# Message from the President

My frustration over my first year of presidency was the misquotation of the passing rate of our examinations by others who had little knowledge of this College. I am even more surprised to read an article by another association recently regarding our low passing rate. Our intermediate examination-The HKCFP/ RACGP Conjoint Examination first commenced in 1987. In the eighties, the average passing rate was 66.7%. The average passing rate in the past 5 years (2011-2015) was 64.2%. The passing rate in 2015 was 79.4%. The Exit Examination leading to Fellowship of HKAM has an average passing rate of 77% in the past 5 years (2011-2015) including full and supplementary examinations. This is comparable to our sister Colleges in Hong Kong and other GP Colleges around the world. Our examinations are robust and meticulous and are well monitored by RACGP and external examiners. Now we have more experienced examiners and clinical supervisors, but the most important of all is we have better and hardworking trainees. All credit should go to this future generation of well-trained Family Physicians. I must also congratulate Dr. Chan Hung Chiu and Dr. Wendy Tsui in heading the Board of Examination and Specialty Board respectively. The sweat and blood of their teams have not gone unnoticed.



At this very moment, there are 444 Fellows in Family Medicine at HKAM. The number of training post in Family Medicine is not determined by the College or the passing rate in professional examinations. It is determined by the biggest employer in Hong Kong- the Hospital Authority! Any non-specialist with 5 years of GP experience can sit the Conjoint Examination as Category II candidates. The best candidate in 2013 was from this category. From 2015 onwards, those who hold intermediate qualification can undergo further training in the alternative pathway leading to Exit Examination. The College has never embraced Academy Fellowship as the sole standard for Family Physicians to practise in Hong Kong. The profession, the society and the government have to decide the standard and training they want for independent and capable family doctors in Hong Kong.

If you have read my message last month, I mentioned quality assurance of primary care doctors is of prime importance. Poor quality primary care doctors can do more harm than good. An important quality assurance of Primary Care is Continuing Medical Education (CME) for all primary care doctors and HKCFP can help to assure CME programme is relevant to Primary Care.

According to the Medical Council of Hong Kong, there are 2 types of registration for the fully registered doctors, i.e. Resident list and Specialist list. Just last weekend Dr. Ko Wing Man, Secretary for Food and Health Bureau spoke to the media regarding the concern of doctors on CME linked to registration. His latest concept is for non-specialist, CME is not linked to registration. However, he suggests through disciplinary mechanism of the Medical Council e.g. under the code of conduct to require non-specialist to have CME. This is a major step forward and my Council is looking forward to further discussion with the Bureau.

By now I have visited all the seven clusters and their trainees. I am delighted Dr. David Chao has accompanied me in most of the visits. We have detailed the work of the College and we love to see them passing their examinations with flying colours.

Finally, I have learnt from Dr. Mark Miller, Censor in Chief, RACGP the greeting for the Year of Monkey. I wish you ahead by a somersault of 9,000 kilometres, 72 simultaneous transformations in scholarliness and 81 kinds of creative skills.

THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS



# Family Physicians Links

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ISSUE 144  
February 2016

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## “Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15<sup>th</sup> February 2016 to 14<sup>th</sup> March 2016, Dr. Chan Hung Chiu and Dr. Alvin Chan will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting the College Secretariat by phone: 2871 8899, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee  
Co-ordinator, CMOD System



Dr. Chan Hung Chiu



Dr. Alvin Chan

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **Dec 2015 – Jan 2016**:

### Associate Membership (New Application)

Dr YAN Chi Yung	殷志勇
Dr LEE Ying Cheung	李英璋

### Associate Membership (Reinstatement)

Dr LEUNG Hung Cho	梁雄初
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### Fellowship (Reinstatement)

Dr FOK Ka Pun	霍嘉斌
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### Transfer to NON-HKSAR Fellowship

Dr KWOK Pik Ki	郭碧姬
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### Transfer from Associate Membership to Fellowship

Dr CHAN Kam Sum	陳錦心
Dr CHOW Tsz Ling	周梓靈
Dr CHUI Man	徐敏
Dr CHUNG Sze Ting	鍾思婷
Dr DAO Man Chi	陶敏之
Dr IONG Ka I	容嘉怡
Dr KAM Ting Ting	甘婷婷
Dr KWAN Sin Man	關倩雯
Dr KWONG Sheung Li	鄺尚理
Dr LAU Sek Fung, Spike	劉錫峰
Dr LEE Sum	李森
Dr LEUNG Lok Hang	梁樂行
Dr MAK Wing Hang	麥永恒
Dr MOK Ka Yee	莫家怡
Dr NG Wai Tong	吳煒棠
Dr SHUM Chi Shan	岑芷嫻
Dr SZE Siu Lam	施紹霖
Dr TSUI Hiu Fa	徐曉花
Dr YEUNG Lam Fung	楊臨鋒
Dr YEUNG Yee Mei	楊綺薇
Dr YUEN Ming Wai	袁明慧

### Resignation from Associate membership

Dr CHUNG Ho Fai	鍾皓輝
Dr LUNG Hoi Pang	龍海鵬

**Module on Dental Health Care for Older Persons**  
Under the *Hong Kong Reference Framework for Preventive Care for Older Adults in Primary Care Settings*  
has been released

Information including

Three simple screening questions to identify patients who may need early dental consultation

Frequently asked questions and answers on oral health care



Please visit [www.pco.gov.hk](http://www.pco.gov.hk) to view the Module!

## Council Section

Following the 412<sup>th</sup> Council Meeting on 21 January 2016, Dr. Daniel WS CHU was appointed as the Chairman of the Research Committee for the term of 2015 – 2016

## Internal Affairs Committee News

### Debriefing Meeting with Helpers of the 38<sup>th</sup> Annual Dinner

Dr. David Chao, Chairman of Internal Affairs Committee

The 38<sup>th</sup> Annual Dinner was successfully held on 6 December 2015.

A debriefing meeting with helpers was conducted on 5 January 2016. The Committee would like to take this opportunity to thank all the helpers for their valuable time and effort in making this important College annual event a true success. We would also like to thank Dr. Kathy Tsim, Dr. Matthew Luk to be our MCs and Dr. Lo Ling to be our volunteer photographer this year. The event would not have been run so smoothly without their tremendous support and contribution. Thanks again!



From left to right: Ms. Wing Yeung, Ms. Teresa Liu, Dr. David Chao, Dr. Matthew Luk, Dr. Kathy Tsim and Ms. Crystal Yung

## Finance Committee News

### Policy of handling mail with insufficient postage

Dear College Members,

The College has been receiving unpaid/underpaid postage notes from the Hong Kong Post Office and has been charged with double the amount of the deficiency in the past years. The problem has recently worsened.

Senders have the responsibility to ensure their mail items bear sufficient postage before posting. As decided during the recent Council Meeting in January 2016, all mail items with insufficient postage delivered to the College are subject to a surcharge, and processing will not be done unless the sender has settled the surcharge (which will include the amount charged by the Post Office and the HK\$100 administration fee) as soon as possible within a stated period.

The above policy would be strictly implemented from 1 April 2016. To avoid unnecessary surcharges and delays in processing, please ensure sufficient postage has been paid before posting.

For any enquiries, please contact College Secretariat Ms. Priscilla Li at +852 2871 8899 or email to [priscillali@hkcfp.org.hk](mailto:priscillali@hkcfp.org.hk).

Thank you for your attention and support.

Dr. Yuen Shiu Man  
Honorary Treasurer

## Meeting Highlights

### Interest Group in Dermatology

Dr. Chan Hau Ngai, Kingsley, Specialist in Dermatology and Venereology, delivered a lecture on "Approach to Common Facial Dermatoses" on 9 January 2016.



From left to right: Dr. Lam Wing Wo (Moderator), Dr. Chan Hau Ngai, Kingsley (Speaker) and Dr. Kwong Bi Lok, Mary (Council Member)

## Board of Vocational Training and Standards News

### Reminder: Enrolment of Higher Training

Basic trainees who have completed the 4-year Basic Vocational Training and attained a higher qualification in Family Medicine can be enrolled for the Higher Training programme.

For those who prepare to sit for the Exit Examination in 2018, please submit the application for higher training on or before **29 February 2016 (Monday)** in order to meet the requirement for sitting the Exit Examination. The application form can be available from the College Secretariat or may be downloaded from the College website.

Higher Training Subcommittee  
BVTS

### Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 19 March 2016 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information regarding our training programme.

Details of the seminar are as follows:

Speaker : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee)  
          : Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)  
Date : 19 March 2016 (Saturday)  
Time : 2:30 – 4:30 p.m.  
Venue : Room 903-4, 9/F, Hong Kong Academy of Medicine Jockey Club Building  
          : 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Tong or Ms. Odelia Cheng at 2871 8899 for any queries.

### Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **29 February 2016 (Monday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **29 February 2016 (Monday)**.

The training experience of 2015 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee  
BVTS



## Certificate Course in Family Medicine (HKCFP) 2016-17

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in July 2016.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a HALF year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understanding regarding the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Segment I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Segment II- Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in family medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice.

#### Segment III - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical skills and consultation skills in Family Medicine by practical workshops in selected areas
<b>Contents:</b>	Orthopaedic injection and consultation skills

### 3. \*Schedule:

July to Oct 2016	Segments I & II
Three workshops within 2016	Segment III

### 4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

### 5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows and Trainers of HKCFP.

### 6. Teaching Medium:

English  
(Cantonese may be used in some seminars, workshops and clinical attachments.)

### 7. Course Fees:

HK\$9,000 for members of HKCFP  
HK\$18,000 for non-members

***All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.***

### 8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

### 9. Application Procedures:

**Application is now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$9,000 (or HK\$18,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

### 10. Application Deadline: 30 June 2016

\*Course syllabus, schedule and availability may be subject to change without prior notification.

## Diploma in Family Medicine (HKCFP) 2016-17

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2016.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners.
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine.
- iii) To improve standards and quality in the practice of Family Medicine.

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family Practice
- iv) Understanding regarding the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice.

#### Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

<b>Aims:</b>	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
<b>Contents:</b>	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

#### Module IV - Clinical Updates (Updates and Clinical Attachment)

<b>Aims:</b>	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
<b>Contents:</b>	THREE Update seminars and ONE clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases (subject to availability)

#### Module V - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
<b>Contents:</b>	Four compulsory and two elective Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled on Saturday and Sunday afternoons.

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

July to September 2016	Module I
November 2016 to January 2017	Module II
July 2016 to May 2017	Modules III, IV & V
April / May 2017	Final Examination

### 5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

### 6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

### 7. Teaching Medium:

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

## 8. Course Fees:

Whole course:

HK\$30,000 for members of HKCFP

HK\$60,000 for non-members

**(A discount of HK\$3,000 for early birds who apply on/before May 20, 2016)**

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,000	\$8,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,000	\$8,000
Module III (Structured Lectures & Seminars)	\$3,000	\$6,000
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$5,000	\$10,000
Examination	\$9,000	\$18,000
Administrative Fee	\$4,000	\$8,000

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

## 9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

## 10. Application Procedure:

### Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$30,000 (or HK\$60,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2015 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

## 11. Application Deadline: 30 June 2016

### Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

\*Course syllabus and schedule may be subject to change without prior notification



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop



## THIRTIETH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION SECOND Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirtieth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2016.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\*

2. FULLY REGISTERED with the Hong Kong Medical Council\*

(\*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2016/2017 before 31 July 2016. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

(a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2016, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2016, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

(b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2016.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

### (2) FORMAT AND CONTENTS

A. Written Examination

Key Feature Problems (KFP), and,

Applied Knowledge Multiple Choice Questions (MCQ)

B. Clinical Examination

Objective Structured Clinical Examination (OSCE)

### (3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP\*. The validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

**Application will not be processed unless the pre-requisite is fulfilled.**

\***Note:** In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2016 will be held on 27 – 28 February 2016 and 19 – 20 March 2016 respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 17). Please register with our College



secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2016.

#### (4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2019).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

#### (5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, [www.hkcfp.org.hk](http://www.hkcfp.org.hk). Please note that the deadline for application is **15 April 2016**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

- Full Examination (Written + Clinical)	\$28,000
- Written Examination	\$8,080 plus Administrative Fee \$9,040
- First attempt on Clinical Examination	\$10,880
- Subsequent attempt on Clinical Examination	\$10,880 plus Administrative Fee \$9,040

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee (\$10,880) paid for the Clinical Examination will be refunded**.

#### (6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$18,960 (for the whole examination), \$8,080 (for the written examination) or \$10,880 (for the clinical examination). The administration fee of \$9,040 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

#### (7) IMPORTANT DATES

• 15 April 2016 (Friday)	Closing Date for Applications
• 21 August 2016 (Sunday)	Conjoint Examination – Written Examination (MCQ)
• 28 August 2016 (Sunday)	Conjoint Examination – Written Examination (KFP)
• 30 October 2016 (Sunday) (tentative)	Conjoint Examination - OSCE

#### (8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Kowloon Tong Club Small Discussion Group – The Past 30+ Years

Dr. Kwan Man Woo



The Group

Our College was established in 1977. Among the multitude of its major roles, the promotion of CME among its members ranks high on its priority list. Colleagues are always encouraged to participate in all kinds of educational activities to pursue continuing medical knowledge and professional excellence. After the early years of establishing its footing, the College decided to implement the concept of Small Discussion Groups. Members were guided to form small groups for informal discussion on practical problems encountered in everyday practice, thereby improving their management skills and approach to difficult challenges.

Heeding these recommendations, Dr. Stephen Foo responded and started his endeavors by inviting his friends and colleagues, together with other College members who were also members of Kowloon Tong Club (KTC), to form the first small group of its kind, the Kowloon Tong Club Small Discussion Group (the Group).

Initially there were no strict guidelines as to how the Group should function. Members just gathered for casual lunch at a convenient time at KTC for elaboration on different topics. They would prepare themselves beforehand to share their experience and opinions with others. It was only later that doctors in other fields and specialties were invited to give talks and updates on other topics of interest. Members were free to interact and participate actively throughout the presentation. It soon became obvious that this later approach was more informative and interesting.

To ensure smooth running, the Group then appointed a Chairman, an Assistant and a Treasurer for its ongoing operation. It was equipped with the purchase of a projector and a screen. Gatherings on a fixed day every month were scheduled and because of its relationship with the Club, a spacious and comfortable room was reserved readily for its regular function. With the staunch support from the core group of KTC members, other members also enjoyed friendly atmosphere, good comradeship, warm and useful discussions in a relaxing environment, while sharing valuable professional experience with their peers at the same time. All appreciated the occasion and looked forward to these monthly gatherings, and most would choose to support the Group rather than attending other academic functions whenever there was a clash of dates.

Throughout our numerous meetings, we were never short of observers. Other college members who were about to start a new group came to seek some guidance, and outside doctors who were interested in different subjects would like to keep abreast with updated knowledge and developments. For over a decade, we even had a dental colleague making uninterrupted attendance as an observer, yearning to broaden his medical horizon.

30+ years is not a short time. Some of our members had already left us for heaven. Some grandfathers of the group had left because of aging, dwindling stamina, and failing health, and yet some others left for various reasons – differing ideologist, time constraints or commuting inconvenience. The vacancies were, however, in great demand and were filled up in no time by colleagues on the waiting list. The younger generation brought along with them innovative ideas and a fresh approach. A social group in the cyber world was formed to facilitate convenient and immediate communication, interaction, discussion and even consultation.

During this lengthy span of time, many younger small discussion groups of the College were disbanded and dissolved for different reasons. The KCT Small Discussion Group, however, is unique as it remains young and healthy, coherent and robust, strong and active, month in month out, year after year, and is ready to stride into its next 30+ years.



The Grandfathers



The Younger Generation

### KTC Small Discussion Group

Chairman : Dr. LEE Kai Yuen

Members : Dr. CHAN Che Keung, Anthony; Dr. CHAN Chung Yuk, Alvin; Dr. CHAN Ying Ho, Andrew; Dr. CHOI Wing Kin; Dr. CHUNG Ming Lit; Dr. FOO Kam So, Stephen; Dr. HUI Siu Yan, Edith; Dr. KAM Hing Wah; Dr. KWAN Man Woo; Dr. LAM Hon Man; Dr. LEUNG Chun Yin, Daniel; Dr. LI Yuen Yuen; Dr. MO Kam Chuen; Dr. YUE Jang Swie



## THE RUNNER'S BASICS - Tying your shoes the right way

Dr. John-Hugh Tam



Jogging or running is a popular form of physical activity and is an appealing exercise because it doesn't cost a lot to take part and you can run at any time that suits you. Naturally, for this kind of exercise, footwear would be the uttermost important item as they serve to protect and to help runners to perform.

When most runners purchase their running shoes from stores, they are already cross-laced and "ready to go". Or are they? Understandably, most runners tie their running shoes in the same manner they were taught as a child. This practice is fine for normal footwear, but tying running shoes like this may lead to early fatigue, thereby adversely affecting your performance time. Common practice is to tie the shoe nice and tight, so the shoe will not slip around during running. Unfortunately, this puts extra pressure on top of the feet as well as restricting blood flow to them. Our goal is to keep the foot snug and at the same time keep the blood flowing smoothly. Do you know there are different ways that you can lace your shoes to make them more supportive & comfortable? Learn and try this at home.

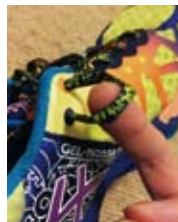
### The "Loop Lacing Lock"



As you might already have spotted, a lot of running shoes have an extra hole, usually found behind and underneath the last hole. Seemingly, this looks like a useless place to put a hole; however, its existence is meant to take pressure off the top of the foot. With the *loop lacing lock technique*, which also called a "runner's tie", this can insure a tight and snug fit and keeping a shoe from slipping on the heel. The illustrations below demonstrate a step-by-step method for this technique.



1. Take the right hand lace and go down through the lower hole.



2. Create a loop about the size of your finger.



3. Now repeat the process on the left hand side.



4. Cross the lace from one side and insert lace in loop.



5. Pull up strong on the laces. Then just tie your shoes in the normal manner. Avoid tying the over-hand knot as tight. Notice how the pressure is now wrapping around the foot. This will take most of the pressure off the top of the foot.

Alternatively if your running shoes only have 1 top hole, you may also try the loop lacing lock using one hole. To accomplish the "single-hole" loop lacing lock, put each lace end back into the same hole it just exited, leaving a small loop on each side.



Then thread each loose end through the loop on the opposite side of the shoe.

Pull tight to make loops smaller. Then tie shoe as usual.



Many manufacturers do not make the laces long enough anymore to accommodate the various types of lace tying. If the lace is too short, do not overcompensate by tying the shoe lace too tight. For people that have wider feet, it may be required to purchase longer laces.



## The HKCFP Award for the Best Research of 2015

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2015. All Members and Fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2016.

### Entry and assessment criteria are listed below:

#### Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

#### Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

**DEADLINE OF SUBMISSION: 31 March, 2016**

## HKCFP Research Fellowship 2016

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities are not eligible to apply.

### Selection criteria

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Application potential will be judged on\*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616.
2. Applicants must submit:
  - The completed application form;
  - The signed terms and conditions of the HKCFP Research Fellowship;
  - Curriculum vitae from the principal investigator;
  - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
  - Curriculum vitae from the supervisor.
3. Applications close on: **31 March, 2016**. Late applications will not be accepted.
4. Applications can be either sent:
 

**By post** to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to [jeffcheng@hkcfp.org.hk](mailto:jeffcheng@hkcfp.org.hk)

## How to predict children's academic performance? - Simple as a raisin and a cup!

A new study recently published in the Journal of Pediatrics has found that a test using a raisin and a cup can accurately predict a child's future academic performance.

This study's main aim was to determine whether there is a dose-response effect of low gestational age at birth on early inhibitory control, and whether these inhibitory control abilities mediate the unfavorable effects of preterm birth on future attention and academic performances.

558 children born at 26-41 weeks gestation were included in this prospective study. Among them 393 were born between 25 and 38 weeks of gestation, while 165 born healthy full term (39-41 weeks of gestation) were chosen as controls.

Toddlers' inhibitory control abilities were then observed early at the age of 20 months, with the newly introduced raisin game. The task attention and academic abilities were evaluated at 8 years of age with a variety of neurological, cognitive, behaviour and parent interview tests. All raters and assessors were blinded to the gestational age of the participants.

So what is this raisin game about? You cannot imagine how simple it is. A raisin and a plastic opaque cup, that is all that's needed! Each participating toddler was presented with a raisin that was put under an opaque cup. After 3 training trials during which eating the raisin was allowed after short but increasing time intervals, toddlers were asked to wait for 60 seconds in the actual test before they could touch the cup and eat the raisin. The waiting time of the subjects till they ate the raisin was measured and coded into 3 categories. (1: did not wait or waited up to 10 seconds; 2: waited between 11 and 59 seconds; 3: waited for 60 seconds)

Apart from inhibitory control abilities, child behavior, attention and academic achievement were assessed with standardized scales and tests at the age of 8.

After statistical analyses, results support that preterm birth negatively affected children's inhibitory control abilities, with a dose-response relationship across the whole gestational spectrum. Besides, it directly predicted subsequent low attention regulation and academic achievement, after adjustment for other factors. A higher ability to inhibit unwanted behaviors also predicted better later attention regulation and academic achievement. Furthermore, adverse effects of preterm birth on later outcomes were found to be partly mediated by children's early inhibitory control abilities.

It is well known that preterm babies may face various health problems soon after birth and during growth and development including organ function, behavioral and psychomotor development, and cognitive development. This study sheds light on the mechanism relating preterm birth to long term attention difficulties and under-par academic performance, for which potential interventions may be developed in the future. It also introduces the raisin game, which can serve as a simple and effective tool for assessing children's inhibitory control. That could help with identifying those at risk of attention and learning difficulties for earlier treatment and subsequently, a better outcome.

### Reference:

Preterm toddlers' inhibitory control abilities predict attention regulation and academic achievement at age 8 years, Dieter Wolke et al., *The Journal of Pediatrics*, doi: <http://dx.doi.org/10.1016/j.jpeds.2015.10.029>, published online 19 November 2015.



Compiled by Dr. Cheng Chun Sing, David



## Interest group in Dermatology – The 51<sup>st</sup> Meeting on 9 January 2016

Dr. Tse Kwok Lam - College Member

**Theme** : **Approach to Common Facial Dermatoses**

**Speaker** : **Dr. Kingsley Chan**,  
Specialist in Dermatology and Venereology

**Moderator** : **Dr. Lam Wing Wo, Edmund**,  
Co-ordinator, Board of Education

### Learning Points

Dr. Chan first mentioned one very important issue: psychological and emotional impact of facial dermatoses. Lesions small and inconspicuous in doctors' eyes may be eye-catching and disfiguring from the patient's point of view. Acne is a good example. Being the most common dermatological problem, acne affects > 85% of adolescents. Studies have shown that acne can produce more negative effects (anxiety, depression, unemployment rates) than asthma and epilepsy on patients' psychosocial function. Therefore physicians should thoroughly explore patients' concerns and expectations to optimize management results.

Diagnosis of acne is not difficult but treatment is diversified. Different medications act against different pathophysiology and so combination therapy (rather than monotherapy) is the preferred approach. Topical antibiotics + topical retinoid is significantly better than topical antibiotics alone. Clearing of both inflammatory lesions and comedones is faster and better than antibiotics alone. Topical antibiotics monotherapy is not recommended because of increasing antibiotic resistance. Oral antibiotics, oral contraceptives and oral retinoids all have their own pros and cons. New treatments for acne include chemical peel (GA peel, SA peel), light therapy, laser therapy and photodynamic therapy.

Rosacea and perioral dermatitis are common differentials of acne. Rosacea presents with red or pink patches, visible broken blood vessels, small red bumps, and red cysts. It has characteristic aggravating factors: emotional factors (stress, fear, anxiety, embarrassment, etc.), weather change (winds or humidity), exercise, alcohol and spicy food.

Perioral dermatitis is a red and slightly scaly rash that tends to occur around the mouth it may spread up around the nose, and occasionally the eyes while

sparing lip margin. Patient may feel mild itching or burning.

Atopic dermatitis (AD) is one of the most common skin disorders in infants and children.

European Task Force on Atopic Dermatitis has set goals of management.

- Short-term control of acute symptoms
- Long-term stabilisation, flare prevention and avoidance of side effects

A multifactorial approach targeting skin barrier dysfunction (skincare to cleanse and hydrate, identify and avoid triggers, break itch-scratch cycle) and immune dysfunction (anti-inflammatory and anti-infection) is advised.

### Next Meeting

The next meeting will be on 5 March 2016 (Saturday). The guest speaker is Dr. Lee Tze Yuen. He will speak to us on "Dermatoses of the Limbs." All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat ([teresaliu@hkcfp.org.hk](mailto:teresaliu@hkcfp.org.hk)) 2 weeks before the date of presentation.

## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2016

<b>Organizer</b>	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
<b>Tutors</b>	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
<b>Supervisors</b>	:	<b>Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai</b>
<b>Co-ordinator</b>	:	<b>Dr. Lai Sheung Siu</b>
<b>Objectives</b>	:	<ol style="list-style-type: none"> <li>1. To improve clinical knowledge, problem solving and consultation skills through different workshops</li> <li>2. To improve physical examination technique and clinic procedural skills through hands-on experience</li> <li>3. To provide opportunity for inter-professional communication and social network expansion through self-help groups</li> <li>4. To improve time management through simulated examination</li> </ol>
<b>Venue</b>	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
<b>Date</b>	:	6 months starting from April 2016
<b>Course Structure</b>	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> <li>1. Seminars</li> <li>2. Workshops</li> <li>3. Self-help Group Support</li> <li>4. Mock Exam</li> </ol> <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
<b>Accreditation</b>	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
<b>Course Fee</b>	:	<p>Members : HK\$3,200 (Whole course)            HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "<b>HKCFP Education Ltd</b>"            All fees received are non-refundable and non-transferable.</p>
<b>Capacity</b>	:	50 doctors maximum
<b>Enrolment</b>	:	Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Applicants will be notified of their enrolment if successful.
<b>Disclaimer</b>	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
<b>Remarks</b>	:	<b>Post-AEC training course (optional)</b> will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

### Assessment Enhancement Course 2016 Timetable for Workshop

Date	Topics	Venue
16 April 2016 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
21 May 2016 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
18 June 2016 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
16 July 2016 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
20 August 2016 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
24 September 2016 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

## CPR Training and Examination Workshop 2016

Only 2 CPR Training and Examination Workshops will be held in 2016 (27- 28 February 2016, 19 - 20 March 2016).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2016 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our first (27-28 February 2016) CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2016 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time of Clinical Examination. HKCFP CPR certificates are valid for 2 years.

## 2<sup>nd</sup> Announcement: February College News

**27 - 28 February 2016 / 19 - 20 March 2016**  
**Saturday and Sunday**

### CPR Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	50 doctors

Admission Fee:

<b>Members</b> (Attend Training and Examination Workshop)	HK\$600.00
<b>Non-members</b> (Attend Training and Examination Workshop)	HK\$1,200.00
<b>Members with expired CPR certificate (HKCFP)</b> (Attend Training and Examination Workshop)	HK\$200.00
<b>Members with valid AHA Certificates</b> (Require to sit for Examination Only)	HK\$200.00
<b>Non-members with expired CPR certificate (HKCFP)</b> (Attend Training Workshop and Examination)	HK\$400.00

All cheques should be made payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Successful candidates will be awarded a CPR Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Cherry Chan at 2871 8899 for registration on/ before **19 February 2016 (Friday)** for February session and 11 March 2016 (Friday) for March session.

**LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

**Conjoint examination application deadline: 15 April 2016**

\* **REMARKS:** You are not suggested to take the CPR training workshop and examination during your pregnancy.

**5 March 2016 Saturday**

### Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	<b>Dermatoses of the Limbs</b>	
Speaker	<b>Dr. Lee Tze Yuen</b> Specialist in Dermatology and Venereology	
Co-ordinator & Chairman	<b>Dr. Lam Wing Wo</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the co-ordinator via the College Secretariat 2 weeks prior to meeting.</b>	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by  
**Galderma Hong Kong Limited**

**14 March 2016 Monday**

### Managing Diabetes: Evidence of Renal Benefits, Beyond Cardiovascular Proof

**Prof. Siew Pheng CHAN**

Visiting Professor, Endocrine Unit, Department of Medicine, University of Malaya Medical Centre, Kuala Lumpur, Malaysia

Chairman	<b>Dr. Au Yeung Shiu Hing</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Star Room, 42/F, Cordis Hotel Hong Kong, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

Sponsored by  
**Servier Hong Kong Limited**



## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### February's session:

Date	26 February 2016 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Clinical Approach to Alopecia" – Dr. Lee Tze Yuen</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>12 March 2016</b> 2:15 – 4:15p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Immunization through the lifespan</b> Dr. LAM Wing Wo, Private Family Doctor	Ms. Clara Tsang Tel: 2354 2440

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>2 March 16 (Wed)</b>			
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Origin &amp; development of FM in HK &amp; overseas</b> Dr. Cheuk Hiu Ying & Dr. Wong Koon Yin Yvonne	Ms. Polly Tai Tel: 3949 3430
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Approach to Pelvic Pain in Women &amp; Men</b> Dr. Sun Kwok Fung	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Tutor/tutee meeting</b> Dr. Fan Wai Man Anita	Ms. Cherry Wong Tel: 2589 2337
<b>3 March 16 (Thu)</b>			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Community Resources for Rehabilitation after Injury on Duty</b> Dr. Vincci Kwok & Dr. Cheuk Tat Sang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Allied health talk – Optometrist</b> Dr. Virginia Wong	Ms. Kwong Tel: 2595 6941
2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	<b>Origin &amp; development of FM in HK &amp; overseas</b> Dr. Fong Wai Ashley & Dr. Pun Yat Hei	Ms. Polly Tai Tel: 3949 3430
<b>9 March 16 (Wed)</b>			
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Community Resources for Stroke Patients</b> Dr. Chan Ham & Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Consultation process, models of consultation</b> Dr. Hou Jing & Dr. Kam Ngar Yin Irene	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Updates in Management of Gout</b> Dr. Tomy Cheung	Ms. Cammy Chow Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Shoulder pain</b> Dr. Chan Ying Ho	Ms. Crystal Law Tel: 2632 3480
<b>10 March 16 (Thu)</b>			
2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	<b>Consultation process, models of consultation</b> Dr. Lim Martina & Dr. Yeung Ka Yu Doogie	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Dermatological Presentation of Systemic Illness and Skin Emergency</b> Dr. Lui Lok Kwan & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Occupational Safety and Health</b> Dr. Cheng Kwan Chui	Ms. Kwong Tel: 2595 6941

## 16 March 16 (Wed)

2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Emergency Conditions in Pregnancy</b> Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	<b>Approach to abnormal laboratory results in asymptomatic patients - Part I (deranged liver function test, electrolyte disturbances, renal impairment)</b> Dr. Lee Edna Tin Wai & Dr. Kwok Yee Ming Elaine	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Nurse-led clinic review: Complicated wound management sharing</b> Dr. Rosita Wong	Ms. Cammy Chow Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Pelvic pain</b> Dr. Tse Wai Yee Polly	Ms. Crystal Law Tel: 2632 3480

## 17 March 16 (Thu)

2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	<b>Approach to abnormal laboratory results in asymptomatic patients - Part I (deranged liver function test, electrolyte disturbances, renal impairment)</b> Dr. Wong Sze Kei & Dr. Lo Alvina	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Teaching and Training in Family Medicine</b> Dr. Chan Ching & Dr. WONG Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Patients with hyperlipidaemia</b> Dr. Leung Ka Fai	Ms. Kwong Tel: 2595 6941

## 23 March 16 (Wed)

2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Substance Abuse</b> Dr. Lee Ka Yun Peter & Dr. Lee Wing Lam	Ms. Polly Tai Tel: 3949 3430
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Ethical Dilemmas Casey</b> Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Multi-function Room, RAMP clinic, Aberdeen GOPC	<b>Practice management: Clinical waste disposal</b> Dr. Tsang Pui Lim	Ms. Cammy Chow Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Heavy metal poisoning</b> Dr. Tin Yuen Ying	Ms. Crystal Law Tel: 2632 3480

## 24 March 16 (Thu)

2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	<b>Substance Abuse</b> Dr. Suen Gee Kwang Victoria & Dr. Wong Hong Kiu Queenie	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Conversation Map</b> Dr. Ho Tsz Bun & Dr. Wong Chun Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>How to apply Evidence-based medicine in Family Medicine?</b> Dr. Wong Hang Fai Ricky	Ms. Kwong Tel: 2595 6941

## 30 March 16 (Wed)

2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Update on management of hypertension</b> Dr. Lau Ka Man & Dr. Chan Kiu Pak Kilpatrick	Ms. Polly Tai Tel: 3949 3430
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Pharmacy Visit</b> Dr. So Lok Ping	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Interpretation and management of abnormal haematological lab results</b> Dr. Hwang Yu Yan	Ms. Cherry Wong Tel: 2589 2337

## 31 March 16 (Thu)

2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	<b>Update on management of hypertension</b> Dr. Chan Wing Chi Annie & Dr. Chan So Wai Sara	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Student Health Service in Hong Kong</b> Dr. Ho Chung Yu & Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Dentistry and Family Medicine</b> Dr. Leung Tsi Mei Violet	Ms. Kwong Tel: 2595 6941

# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 <b>Feb</b>	15	16	17 2:15 – 7:30 p.m. Structured Education Programme	18 2:15 – 7:00 p.m. Structured Education Programme	19	20 2:30 – 5:30 p.m. Module III Research & teaching in Family Medicine
21	22	23	24 2:15 – 7:30 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	25 2:15 – 7:00 p.m. Structured Education Programme 6:30 p.m. FP Links Committee Meeting 9:00 p.m. Board of Conjoint Examination Meeting	26 2:30 – 3:30 p.m. Board of Education - Video Session	27 2:00 – 6:00 p.m. CPR Training Workshop
28 2:00 – 6:00 p.m. CPR Training Workshop	29	1 <b>Mar</b>	2	3	4	5 1:00 – 4:00 p.m. Interest Group in Dermatology
6	7	8	9 2:15 – 7:15 p.m. Structured Education Programme	10 2:15 – 7:00 p.m. Structured Education Programme	11	12 2:30 – 5:30 p.m. DFM Anticipatory Care
13	14 1:00 – 3:30 p.m. CME Lecture	15	16 2:15 – 7:30 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	18	19 2:00 – 6:00 p.m. CPR Training Workshop 2:30 p.m. Higher Training Introductory Seminar
20 2:00 – 6:00 p.m. CPR Examination	21	22	23 2:15 – 7:30 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	25	26

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Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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