



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

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Message from the President



Back in December 2017, I attended a consultation session on the financial budget review chaired by the Financial Secretary Paul Chan Mo-po. I was really keen to find out what the new budget was. Last week, under a huge fiscal surplus, Mr. Chan announced expenditure on public healthcare services will be increased by 13.3% to HK\$71.2 billion in 2018-19, i.e. HK\$9,600 per resident. An additional recurrent funding of HK\$6 billion will be allocated to Hospital Authority and an extra HK\$200 million will be funded to enhance the healthcare professional training.

Here comes the question: "How much money will be spent on primary healthcare?" I am sure Mr. Paul Chan has no answer!

I am a nostalgic person and recently Prof. Lam Tai Pong has filled my appetite by lending me his copy of "Health for All, The Way Ahead, Report of the Working Party on Primary Health Care" published in December 1990. The Working Party was chaired by the highly respectable Prof. Rosie TT Young and two of our ex-Presidents, Dr. Peter CY Lee and Dr. Natalis CL Yuen were involved. It was no secret that the person who drafted this report was a young Administrative Officer called Carrie Lam! I will highlight a few main points mentioned in this report and I have to award the title "Best Fortune Teller" to Mrs. Carrie Lam.

The definition of Primary Health Care back in 1990: Primary Health Care is essential health care made universally accessible to individuals and families in the community at a cost that the community and country can afford. It forms an integral part both of the country's health system of which it is the nucleus and of the overall social and economic development of the community. However, Hong Kong always shifts the nucleus from primary healthcare to the more expensive hospital care. It is unnoticeable when there is a budget surplus. What happens when there is a budget deficit? This unsustainable system will collapse!

The second point mentioned was the considerable variation in the quality of service and standards of care in the private sector of primary medical care. There was a shortage of qualified and well trained primary care doctors or family physicians. This is still applied in 2018. Unless the standards of practice in the private sector were improved, it would not

be wise to consider transferring the 15% public sector provision to the private sector. What happens today is the public sector is swallowing up to 30% of the primary care consultations and its share of cake is getting bigger and bigger year after year.

The third point was training doctors in Family Medicine. The report has rightly pointed out Family Physicians are long-term investment. Governments in other parts of the world are funding training in Family Medicine because they realize Family Physicians deliver the most cost-effective care to the patients and is more relevant when countries are facing rapidly rising costs of financing health services. Hong Kong is experiencing rising health cost but the Hospital Authority as the sole training provider is allocating less than 10% of medical graduates to train in Family Medicine. Maybe Dr. Leung Pak Yin is wiser than Mrs. Carrie Lam and does exactly the opposite. Our dear Dr. Donald Li always has the "Purchaser Provider Split" delivery model in mind. One of the main aims of PPS is to create competition between providers which lead to improvements in service delivery, greater efficiency and better quality of training to our future generation. In Hong Kong, Hospital Authority is both the purchaser and provider of postgraduate medical training. What a monopoly!

Finally, it comes to the structure for the delivery of Health Services. The Authority should have two separate divisions, i.e. a Hospital division and a Primary Health Care division, to take account of the different approaches and orientation required in managing hospital and primary health care services and to ensure **parallel and balanced** development of both primary and secondary/ tertiary care. Now we only have a "supra" Hospital Authority! The best sentence from this report: "Planning for a Primary Health Care Authority should proceed with concurrent improvement to our primary health care services which is long overdue." Carrie Lam you are a smart cookie with a crystal ball.

Dr. Angus MW CHAN
President



Dr. Angus Chan attending the HKU Li Ka Shing Faculty of Medicine Prize Presentation Ceremony 2018 on 21 February 2018 and presenting the HKCFP Prize in Family Medicine and HKCFP Prize in Community Medicine

Diploma in Family Medicine (HKCFP) 2018-2019

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2018.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine & Critical Appraisal, and Sexual Health & Genomic Medicine issues

Module IV – Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Family Medicine, Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
Contents:	<u>THREE</u> Update seminars plus clinical attachment on selected specialties

Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2018	Module I
November 2018 to January 2019	Module II
July 2018 to May 2019	Modules III, IV & V
April / May 2019	Final Examination

5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$36,000 for members of HKCFP

HK\$72,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before 21 May 2018)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,600	\$9,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,600	\$9,200
Module III (Structured Lectures & Seminars)	\$4,500	\$9,000
Module IV (Updates & Clinical Attachment)	\$4,500	\$9,000
Module V (Practical Workshops)	\$5,800	\$11,600
Examination	\$11,000	\$22,000
Administrative Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$36,000 (or HK\$72,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2017 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

11. Application Deadline: 29 June 2018

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

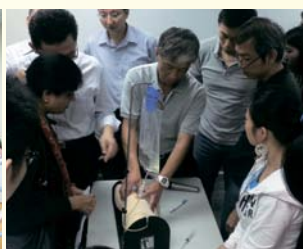
**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate in Family Medicine (HKCFP) 2018-19

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2018**.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a **HALF** year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) Knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Segment III – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires **FOUR** months of part-time studies.

July to October 2018 Segment I & II

Three workshops within 2018 Segment III

4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme

6. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

7. Course Fees:

HK\$ 10,500 for members of HKCFP

HK\$ 21,000 for non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$10,500 (or HK\$21,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

10. Application Deadline: 29 June 2018

**Course syllabus and schedule may be subject to change without prior notification*

Specialty Board News

Preparatory Workshop for 2019 and 2020 Exit Examination

The Specialty Board is pleased to announce the Preparatory Workshop for Exit Examination of Vocational Training in Family Medicine. This workshop intends to give participants an insight to all segments of the Exit Examination.

College members planning to sit for 2019 or 2020 Exit Examination are strongly encouraged to attend.

Date : 10 April 2018 (Tuesday)

Time : 7:00 – 9:00p.m.

Venue : Function Room 2, 2/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Speakers : Dr. Wendy Tsui (Chairlady, Specialty Board)

Dr. Ko Wai Kit, Welchie (Coordinator, Consultation Skill Assessment Segment)

Dr. Kwong Siu Kei, Alfred (Coordinator, Clinical Audit Segment)

Dr. Luk Kam Hung (Coordinator, Practice Assessment Segment)

Prof. Wong Chi Sang, Martin (Coordinator, Research Segment)

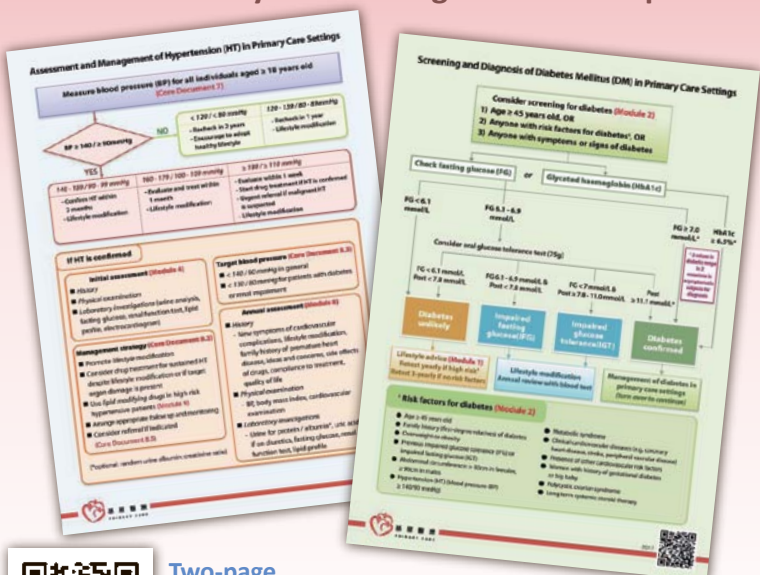
For registration or queries, please contact the board secretaries or Mr. John Ma or Ms. Alky Yu at 2871 8899 or email to exit@hkcfp.org.hk.

Yours Sincerely,

Wendy Tsui

Dr. Wendy Tsui,
Chairlady, Specialty Board

A4 summary charts of the Hong Kong Reference Frameworks for Diabetes and Hypertension Care for Adults in Primary Care Settings have been updated



Two-page
summary for
Hypertension Care

Two-page
summary for
Diabetes Care



To obtain the hard copies, please contact:

Primary Care Office

Telephone: 3576 3524

Email: pco@dh.gov.hk



基督教
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HAVEN OF HOPE
CHRISTIAN SERVICE

RESPECTING LIFE • IMPACTING LIFE

Haven of Hope Christian Service

A non-profit making and inter-denominational Christian organization is now looking for high-caliber candidates who would align with our Mission: "Through a ministry of holistic care, we strive to share the Gospel and develop a Christian community. In the love of Christ, we deliver our service in a caring, professional and progressive spirit so that the lives of those serving and being served are mutually enriched." The position which paves for a rewarding career is:

Full Time /Part Time /Locum Family Physician

(Ref: PHS/FP/HKCFP/MAR18)

- Registered Medical Practitioner with the HK Medical Council
- Provide Primary Health Services at Clinic(s) in Tseung Kwan O District

Interested parties, please send full resume with expected salary and reference no. quoted to **Haven of Hope Christian Service, Staff Engagement Department** via email to se@hohcs.org.hk or Fax: 2704 5797.

For further enquiries, please contact **Ms. Cho** at 2703 3324.

For details about our organization, please visit www.hohcs.org.hk

Only short-listed candidates will be notified. Data collected will be used for recruitment purpose only.

THIRTY-SECOND CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION THIRD (FINAL) Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-second Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2018.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2018/2019 before 31 July 2018. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2018, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2018, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2018.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Applied Knowledge Test (AKT)*, and
Key Feature Problems (KFP)

**Note: Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT), with no major change in the exam format.*

- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

Note: Regarding the APCLS certificate as issued by the HKCFP, the APCLS workshop & examination for 2018 will be held on **24 – 25 March 2018. Details regarding the workshop / examination can be referred to the Board of Education News in FP Links February 2018 issue. Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2018.*

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2021).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline of application for both CATEGORY I and II candidates is **11 April 2018 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000*

[*Note: For candidates who are first sitting for the OSCE exam and have passed the Written Examination in 2015-2016, provided that the administration fee for the whole Conjoint Examination had been previously settled, only the Clinical Examination fee of \$14,500 would apply, that is, the application fee of \$3,000 would NOT apply.]

Examination Fee:

- Full Examination (Written + Clinical) \$29,000
- Written Examination \$14,500
- Clinical Examination \$14,500

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applied for the Full Examination **but failed in the Written Examination, the Clinical Examination fee (\$14,500) will be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$29,000 (for the whole examination), \$14,500 (for the written examination) or \$14,500 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 11 April 2018 (Wednesday) | Closing Date for Applications |
| • 12 August 2018 (Sunday) | Conjoint Examination – Written Examination (AKT) |
| • 21 August 2018 (Tuesday) | Conjoint Examination – Written Examination (KFP) |
| • 28 October 2018 (Sunday) | Conjoint Examination – OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

The HKCFP Award for the Best Research of 2017

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2017. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2018.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to CrystalYung@hkcfp.org.hk

DEADLINE OF SUBMISSION: 30th April, 2018

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2018

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30th April, 2018**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to CrystalYung@hkcfp.org.hk

Supported by HKCFP Foundation Fund

Clinical Audit and Research Forum, HKCFP 40th Anniversary Conference on 3rd September 2017

Dr. Kwong Siu Kei Alfred (Coordinator, Clinical Audit Segment, Specialty Board)



About 50 audiences attended the first Clinical Audit & Research Forum. About half of them are exit candidates or trainees. Another half are clinical supervisors, exit examiners or HKCFP fellows.

The first Clinical Audit & Research Forum has been conducted successfully on 3rd September 2017 in HKCFP 40th Anniversary Conference. The forum aims to offer opportunities to the potential candidates, who would sit for the Full Exit Examination 2018 or 2019, to share their research or clinical audit proposals before their submission of full papers for coming Exit Examinations. The candidates could obtain immediate feedback from the panel of experienced examiners.

The specialty board invited experienced doctors including our external examiner Prof. Doris Young, Chief Censor Prof. Cindy Lam and the research / clinical audit segment coordinators as the panel members. Each candidate had 5 minutes for presentation to summarize the essential points of their proposals, followed by 5 minutes feedback & discussion time.

The application response for presentation was encouraging. There were 5 research proposals and 3 clinical audit projects shared during the forum. The research proposals covered a wide range of study questions including effectiveness of seasonal influenza vaccine among elderly in Hong Kong, prevalence of cognitive impairment among Chinese elderly, the factors affecting DM patients to choose between traditional Chinese Medicine (TCM) and Western medicine, their compliance with conventional DM treatment, etc. For the audit, one candidate shared the proposal of audit on the management of gout in her clinic practice. The other two candidates presented their ideas on audit on the smoking cessation practice with two different approaches.



Martin did a good job as the Chairman of the forum!

Although the presentation time was short, all candidates have shared the essential characteristics of their projects, indicating their great efforts in preparing the presentations.

The panel members shared the practical and individualized tips in conducting their proposals. They have also pointed out the potential pitfalls of their methodology, which could assist the candidates to fine tune their projects.

The forum received very positive comments from the audience:

Really good comments from the panels

More trainees should attend in future

I appreciate the panel to create such platform to trainees. It can let them grow and make our discipline stronger with more academic presentation & studies.

Reasonably well organized forum. Good discussion/ interaction heard & seen during forum. The current duration for presentation is appropriate. Comment I would consider just right & should be able to allow us to sustain should we have more trainees (presenters) in the future event



Prof. Doris Young (left) and Dr. Alfred Kwong (right) writing feedback to presenters

Starting from 2019, the presentations in clinical audit and research forum would become the mandatory components for the assessment of the clinical audit and research segments in exit examinations. The next forum would be held on 24 June 2018 in coming Hong Kong Primary Care Conference. All candidates preparing exit examinations in 2019 and 2020 are welcome.

We would like to take this opportunity to thank Prof. Doris Young, Prof. Cindy Lam, the clinical audit and research segment coordinators and subcommittee members for their generous support to our clinical audit and research forum.



Group photo of Specialty Board, HKCFP from left to right: Dr. Luk Kam Hung, Prof. Martin Wong, Prof. Cindy Lam, Prof. Doris Young, Dr. Wendy Tsui, Dr. Edwin Chan, Dr. David Cheng, Dr. Alfred Kwong and Prof. Samuel Wong

Internet Gaming Disorder

Video games first appeared in the arcades since early 1970s and the advent of internet made it part of many people's everyday life. It is only common nowadays to see people around or ourselves playing games on smartphones and tablets. Industry reports revealed a rising number of gamers and revenue each year globally (estimated 2.2 billion generating over \$100 billion worldwide in 2017), not to mention growing eSports community.

Too much of a good thing can cause trouble and gaming is no exception. Children were known to play for hours per day and had no time for socialising, doing homework, or playing sports. For older gamers too much gaming can also jeopardise jobs or relationships.

Physical effects of playing excessively might include fatigue, eye strain, carpal tunnel syndrome, poor personal hygiene, sleep disorder and diet-related health issues. In its extreme video game addiction is also linked indirectly to premature deaths in various countries. Proposed causes include heart attack (related to prolonged playing in a sedentary position), suicide and even murder (for instance, when a child was not allowed to play).

As a response to the perceived threat of gaming addiction, treatment centres have been set up in countries like South Korea, China, the Netherlands, Canada, and the United States^[1]. Significant others of problematic gamers might also go to great lengths to address the issue. There are anecdotes like that of a China father who hired "virtual assassins" i.e. other gamers to chase down and kill off his son's online avatar every time the son logged in, with the hope of deterring him to play the game^[2]. Addiction treatment centres were set up in different parts of world like those treating drugs and alcohol addiction.

Video game addiction is a broader concept than internet gaming addiction as it includes offline games too, but most video game addiction studies focused on internet-based massively multiplayer online role-playing games (MMORPG).

The existence of video game addiction was a subject of debate for years and naturally there is no consensus about its definition. In May 2013 American Psychiatric Association (APA) proposed criteria for "Internet Gaming Disorder" (IGD). The APA has developed 9 characterising criteria^[3], and 5 or more symptoms qualifies as having the disorder:

1. Preoccupation with Internet gaming,
2. withdrawal symptoms when Internet gaming is taken away, (sadness, anxiety, irritability)
3. tolerance, the need to spend more time gaming,
4. inability to reduce playing, unsuccessful attempts to quit playing,
5. giving up other activities, loss of interest in previously enjoyed activities,
6. continuing to play despite problems,
7. deceiving family members or others about the amount of time spent on Internet gaming
8. the use of Internet gaming to relieve negative mood, such as guilt or hopelessness, and
9. risk, having jeopardized or lost a job or relationship due to Internet gaming

The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) concluded there was insufficient evidence to include IGD as an official mental disorder, and it was included in the "Conditions for Further Study" section. It might be considered for inclusion in the main book as a formal disorder. Based on DSM-5 criteria, researchers found 0.3 to 1.0 percent of the general population might qualify for potential acute diagnosis of Internet gaming disorder^[4].

More recently a World Health Organization's International Classification of Diseases 11 (ICD-11) draft in December 2017 proposed possible categories for "gaming disorder" for the forthcoming edition^[5]. The draft has been submitted to WHO approval and the final version is due in 2018. "Gaming Disorder" comes right after "Gambling Disorder". It was defined as "a pattern of persistent or recurrent gaming behaviour ('digital gaming' or 'video-gaming')". A diagnosis will generally require 12 months of continued behavior by the following three criteria:

1. The lack of control of playing video games,
2. priority given to video games over other interests, and
3. inability to stop playing video games even when negative consequences have occurred as a result.

The biology of video game addiction, if there is one, is still not clearly identified. Some theorists focus on presumed built-in reward systems of the games to explain their potentially addictive nature. Many video games, in particular MMORPG, social network and mobile games, rely on a cycle of activities aptly called "compulsion loop". These involve rewarding the player (like advancing to another "area") and driving them to continue through another cycle; as a result they are retained in the game. The anticipation of such rewards can result in dopamine release which was thought similar to the neurological reaction believed to be associated with gambling addiction, the only non-substance related addiction included in the DSM-5.

Other researchers who compared it with alcohol postulated there is a psychological component like "escape". The fantasy world makes gamers feel better. For example an intelligent child who is unpopular at school can become dominant in the game. The virtual life becomes more appealing than real life. Personality traits most commonly associated with Internet addiction include neuroticism, aggression and hostility, and sensation-seeking^[6].

On the other side of the debate meta-analysis concluded that the evidence suggests that video game addiction arises out of other mental health problems, rather than causing them^[7]. Thus it is unclear whether video game addiction should be considered a unique diagnosis.

Critics against formalising "Gaming disorder" put forward several arguments. They suggest there is concern of quality of IGD research. Also, the construct of IGD relies too heavily on substance use and gambling criteria. Furthermore, there was no consensus on the symptomatology and assessment of problematic gaming. As a result formalising the disorder or even a proposal might have negative impact like causing moral panic. Premature validation of a new disorder might lock future research into a confirmatory approach (like generating more screening instrument) rather than an exploration of the boundaries of normal versus pathological. Healthy majority of gamers will be affected by stigma and perhaps even changes in policy, adding tension to the parent-child relationship and exacerbating family conflict. And formalising the disorder might fuel non-evidence treatments like gaming addiction camps and military treatment regimens, which are already happening in parts of the world. Finally, a disorder might detract attention from factors like improving media literacy and parental education, and these might actually contribute to the resolution of some of the issues with problematic gaming.

Computers and smart devices have become an important part of our lives as well as many jobs. Will formalisation of a disorder improve the lives of those who have video game addiction? Will it undermine children's right to play? Will pathologising one form of entertainment opens the door to diagnosing behavioural disorders involving other forms of activities like sports, sex and even work^[8]? What about excessive use of the Internet in general, online gambling or social media – should these be considered addictive too?

It will be interesting to see the WHO's response to this draft proposition, but as opinions are divided, the game is still on.

Reference

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7. Ferguson, CJ et al (2011). Video Game Addiction. Journal of Psychiatric Research. 45 (12): 1573-1576. doi:10.1016/j.jpsychires.2011.09.005. PMID 21925683.
8. Van Rooij AJ et al: Lost in the chaos: Flawed literature should not generate new disorders: Commentary on: Chaos and confusion in DSM-5 diagnosis of Internet Gaming Disorder: Issues, concerns, and recommendations for clarity in the field (Kuss et al.) Behav Addict. 2017 Jun; 6(2): 128-132.

Compiled by Dr. Wong Yu Fai

日本 昇龍道之旅 高山祭

Dr. John-Hugh Tam

高山祭是日本岐阜縣高山市每年固定舉辦的祭典，為日本的三大曳山祭（秩父夜祭（埼玉縣秩父市）、祇園祭（京都府京都市）、高山祭（岐阜縣高山市））之一。祭典每年均於春、秋兩季舉辦一次，春季為日枝神社主辦的「春之山王祭」；秋季則為櫻山八幡宮主辦「秋之八幡祭」。它最大的特色就是可以見到華麗的屋台（神轎花車）。



這是正前方：每輛花車都有一尊人偶



於二零一七年，我們參加了高山的春祭。市內的主廣場和市街道上，我們可以見到裝有靈巧機關的人偶屋台。而踏入下午三時，更有傳統舞樂儀式與古裝祭典遊行。





「為食一族」不妨到高山老街一試當地出名的飛驒牛，最有特色的就是出名的「飛驒牛三吃壽司套餐」（包括一片原味和牛壽司、一片炙燒和牛壽司和數小片和牛壽司卷），連盛着壽司的「碟」也是一片奇脆無比的仙貝米餅，真正實行「好食到連碟都食埋」！此外，醬油味濃郁的串燒五平餅也是當地名物。（順帶一提，在日本「掃街」應尊重當地文化，於買食物後切忌在街上邊走邊吃，這樣會令日本人視為失禮和不禮貌）

離高山市不遠就是出名的白川鄉，也是非常值得順道一看的。白川鄉的荻町地區因合掌造而著稱。白川鄉與五箇山等具有獨特景觀的村落以「白川鄉與五箇山的合掌造聚落」之名於1995年12月被登錄為聯合國教科文組織的世界遺產。

白川鄉合掌村。進入村內前，需要走過一段名為「相逢橋」的吊橋。

合掌村中的景色。



Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **January 2018**:

Transfer from Associate to Fellowship

Dr CHEN Hing Han	陳慶嫻
Dr CHENG Wai Fat	鄭煒發
Dr CHEUK Hiu Ying	卓曉盈
Dr CHIANG Lap Kin	蔣立建
Dr CHUI Winnie Wan Ying	徐韻盈
Dr FONG Chui Ying	方翠瑩
Dr LEE Tin Wai	李天惠
Dr LIU Yin Mei	廖燕媚
Dr MANG Kit Ying	孟潔瑩
Dr XU Shaowei	徐少偉

Associate Membership (New Application)

Dr CHONG Kok Hung	張國雄
Dr KAN Kau Yue, Andre	簡教儒
Dr KONG Ka Lun	江嘉麟
Dr LIM Foon Lian	林鳳年
Dr LO Wan Shun, Kara	勞雲迅
Dr WONG Man Ha, Monica	王曼霞
Dr YAM Chun Yin	任俊彥
Dr YEUNG Chi Fung	楊志峰

Student Membership (New Application)

Ms SO Wing Lam	蘇穎琳
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Resignation of Full Membership

Dr YAP Pow Man, Raymond	葉保文
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Meeting Highlights

Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017-2018

The last session of the Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017-2018 co-organized with the Primary Care Office of the Department of Health was held on 31 January.

Prof. Sit Wing Shan, Regina, Assistant Professor, Division of Family Medicine and Primary Health Care, The Jockey Club School of Public Health and Primary Care, the Chinese University of Hong Kong, delivered a lecture on "Knee Osteoarthritis Evidence-based Guidelines" and Dr. Lam King Hei, Stanley, Specialist in Family Medicine; President, the Hong Kong Institute of Musculoskeletal Medicine, delivered a lecture on "Approach to Knee Pain in Primary Care".



Dr. Simon Au (left, Moderator) and Dr. Alfred Kwong (right, PCO Representative) presenting a souvenir to Prof. Regina Sit (2nd from the left, Speaker) and Dr. Stanley Lam (2nd from the right, Speaker) during the lecture on 31 January 2018.

Interest Group in Chronic Diseases & Geriatric

Dr. Chen Wai Tsan, Tracy, Specialist in Palliative Medicine, delivered a lecture on "End-of-life Care in Primary Care Setting" on 10 February 2018.



Dr. Aster Lau (right, Moderator), presenting a souvenir to Dr. Chen Wai Tsan, Tracy (left, Speaker) during the lecture on 10 February 2018.

Certificate Course in Practice Management

The 2nd session of the Certificate Course on Practice Management was held on 3 February 2018. Dr. Li Kwok Tung, Donald, Specialist in Family Medicine, delivered a lecture on "Effective Clinic Operation & Management".



Dr. Au Yeung Shiu Hing (left, Moderator), presenting a souvenir to Dr. Donald Li (right, Speaker) during the lecture on 3 February 2018.

Training Course on Dementia Care with Medical-social Collaboration for Primary Care Doctors

The 2nd and 3rd session of the Training Course on Dementia Care with Medical-social Collaboration for Primary Care Doctors were held on 28 January and 11 February respectively.



Dr. Mark Chan (left, Moderator), Dr. Wong Pak Hoi (middle, Board of Education member), presenting a souvenir to Dr. David Dai (right, Speaker) during the lecture on 28 January 2018.



Dr. Bea Lau (right, Moderator) presenting a souvenir to Dr. Gloria Wong Hoi Yan (left, Speaker) during the lecture on 11 February 2018.



Dr. Bea Lau (right, Moderator) presenting a souvenir to Ms. Maggie Lee Nga Yee (left, Speaker) during the lecture on 11 February 2018.

Interest Group in Dermatology – The 63rd Meeting on 6 January 2018

Dr. Lau Ka Man – College Member

Topic : “Is it really dermatitis?”

Speaker : Dr. Lee Tze Yuen

Moderator : Dr. Au Chi Lap, Simon

Learning points

Dr. Lee introduced the classification of eczema (dermatitis) and illustrated some cases of skin diseases that mimic eczema.

Eczema can be classified as acute, sub-acute and chronic. It can also be classified into exogenous eczema, which caused by external agents (contact dermatitis), or endogenous eczema due to patient's inherent constitution.

Common types of contact dermatitis include irritant type, allergic type, phototoxic reaction and photoallergic reaction.

	High chemical concentration (direct toxic effect)	Immune response (Hypersensitivity)	Sunlight
Irritant contact dermatitis	✓		
Allergic contact dermatitis		✓	
Phototoxic contact dermatitis	✓		✓
Photoallergic contact dermatitis		✓	✓

Except the typical morphology of psoriasis, erythematous plaques with well-defined borders and silvery scales, at the classic sites of psoriasis including scalp, elbows or knees, we should also look for associated nail changes including pitting, onycholysis, subungual hyperkeratosis and hypertrophy.

Underlying fungal infection could be masked and modified by topical steroids, rash would become more

widespread and lack the clear cut well-defined active border, known as Tinea incognito. It can be confirmed by skin scrapping for fungus.

Impetigo commonly presented with erythematous patches with golden yellow crust on top, is an acute contagious and superficial infection due to either *Staphylococcus aureus* or Beta hemolytic streptococcus.

Seborrheic dermatitis is associated with abnormal immune response to *Pityrosporum ovale* (Malassezia). Pharmacological treatment options include antifungal preparations and anti-inflammatory agents (topical steroids or topical non-steroidal agent/immunomodulators).

If erythematous plaque with rough surface showed no response to various treatment, think about Bowen's disease, an intra-epidermal carcinoma of skin that may progress to squamous cell carcinoma.

In addition to the use of emollients and topical steroids for asteatotic eczema, it is important to advise patient to keep less frequent bathing, avoid hot bath, and avoid using soap or cleansing agent.

Next Meeting

The next meeting will be on 5 May 2018 (Saturday). Speaker and topic will be announced in due course. All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2018

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisors** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2018
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** :
 Members : HK\$3,400 (Whole course)
 HK\$950 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Registration form is available at College website: http://www.hkcfp.org.hk/pages_9_463.html.
 Please return the completed application and the cheque to the Secretariat for processing. Please call the College Secretariat, Ms. Teresa Liu or Ms. Windy Lau, at 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2018 Timetable for Workshop

Date	Topics	Venue
21 April 2018 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
12 May 2018 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
16 June 2018 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
21 July 2018 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
25 August 2018 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
6 October 2018 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

10 April 2018
Tuesday
Start right in hypertension management for reducing cardiovascular events
Prof. Claudio Borghi
*Department of Medicine & Clinical Nephrology
University of Bologna
Bologna, Italy*

Chairman	Dr. Lo Yuen Chung, Yvonne The Hong Kong College of Family Physicians	
Time	1:00p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture & Discussion
Venue	Star Room, Level 42, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	



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11 April 2018
Wednesday
Combating Sympathetic Overdrive – An under-recognized cardiovascular risk factor
Prof. Zbigniew Gaciong
*Chairman,
Department of Internal Medicine, Hypertension and Vascular Diseases,
Medical University of Warsaw, Poland*

Chairman	Dr. Tong Siu Man The Hong Kong College of Family Physicians	
Time	1:00p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture & Discussion
Venue	Jade & Lotus Room, Level 6, Marco Polo Hongkong Hotel, No. 3 Canton Road, Harbour City, Tsim Sha Tsui, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	



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Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

April's session:

Date	27 April 2018 (Friday)	
Time	2:30 p.m. – 3:30 p.m.	
Topic	"Holistic Diabetes Management - Is it all about Glycaemic Control Only?" by Dr. Ip Tai Pang	
Admission	Free for Members	
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	



Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
22 March 2018 1:00 – 3:00 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Management of Syncope in Primary Care Setting Dr. YUE Chiu Sun (Consultant, Department of Medicine & Geriatrics, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087
14 April 2018 1:00 – 3:00 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Management of Menopausal Problems Dr. Cindy CHAN Mei Yun (Associate Consultant, Department of Obstetric & Gynaecology, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087
14 April 2018 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Updating in Osteoporosis Dr. K K WONG Consultant (ORT), KWH	Ms. Clara Tsang Tel: 2354 2440

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
4 April 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Management & Set Up of Pharmacy Dr. Hou Jing & Dr. Chuang Chi Kit	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Health Care System in Mainland China Dr. Zhang Dingzuan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Euthanasia, Organ Transplantation Dr. Yeung Ka Yu, Doogie & Dr. Chan Ki Fung, Dickson	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Male Sexual Dysfunction - Premature Ejaculation, Loss of Sexual Drive Dr. Joyce Lai	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
11 April 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Update of Management of Hyperlipidaemia & IHD Dr. Siu Wing Yee & Dr. Leung Kwan Wai, Amas	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Ethical Issue on Organ Donation Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Case Presentation Dr. Yau Chi Yan, Davy & Dr. Chau Yiu Shing, Sunny	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Allied Health Talk: Occupational Therapy Dr. Jimmy Sy	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Medical Ethics: Advance Directive, Abortion, Euthanasia, Confidentiality Dr. Poon Wing Kwan, Sharon & Dr. Leung Yuen Yee, Yuki	Ms. Carmen Kwong Tel: 2632 4371
12 April 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Gynaecology Services in the Community Dr. Ho Shu Wan & Dr. Hong Sze Nga	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Clinical Psychology in Family Medicine 8 (Pain Management) Dr. Sin Ming Chuen	Ms W L Kwong Tel: 2595 6941
18 April 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Medical Statistics and Modeling Professor Shelly Tse	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Introduction of LAP with Video Demonstration Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Travel Medicine Dr. Ma Man Ki, Katelyn & Dr. Tik Tsz Ling, Nicola	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Application of Family Therapy in Family Medicine Practice Dr. Chan Suk Yin	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Common Psychiatric Problems in Children Dr. Chan Wan Him, Jason & Dr. Zhao Hai Feng, Eric	Ms. Carmen Kwong Tel: 2632 4371
19 April 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Preventive Care for Special Populations: Homosexuals or Heterosexuals, Ethnic Minorities in HK Dr. Chung Ka Chun & Dr. Kwok Vincci	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Clinical Psychology in Family Medicine 9 (Carer Stress of Relative of Dementia Patient) Dr. Sin Ming Chuen	Ms W L Kwong Tel: 2595 6941
25 April 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Confidentiality and Personal Data Ordinance Dr. Law Man Fong & Dr. Ho Ka Ki	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Management of Abnormal Ix: Renal Function Test Dr. Tsang Kam Wah	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Antenatal and Postnatal Care Dr. Chan Wing Chi, Annie & Dr. Leung Eunice, Hilching	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Practice Management: Pharmacy Setting, Drug and Vaccine Storage, Dispensing and Dangerous Drugs Handling Dr. Kam Ting Ting	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Complaint Management Alick Hung Tsz Fan	Ms. Carmen Kwong Tel: 2632 4371
26 April 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Principle and Practice of LAP with Video Demonstration Dr. Chan Ham & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Allied Health Talk – Occupational Therapist Dr. Leung Cheuk Wing	Ms W L Kwong Tel: 2595 6941

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readers, contributors, sponsors and
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Wishing you all

**Happy Easter
MONTH**

The FP Links Committee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Mar	12	13	14 2:15 – 7:30 p.m. Structured Education Programme	15 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:00 p.m. Structured Education Programme	16	17 2:30 – 6:00 p.m. DFM Pre-Exam Workshop I 2:30 – 4:30 p.m. Certificate Course on Practice Management
18 1:00 – 4:30 p.m. CME Lecture	19	20 8:30 p.m. HKCFP Council Meeting	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme	23	24 2:00 – 6:00 p.m. APCLS Training Workshop
25 2:00 – 6:00 p.m. APCLS Examination	26	27	28 2:15 – 7:30 p.m. Structured Education Programme	29 2:15 – 7:00 p.m. Structured Education Programme	30	31
1 Apr	2	3	4 2:15 – 7:30 p.m. Structured Education Programme	5 2:15 – 7:00 p.m. Structured Education Programme	6	7 2:30 – 6:00 p.m. DFM Pre-Exam Workshop II
8	9	10 1:00 – 3:30 p.m. CME Lecture 7:00 – 9:00 p.m. Preparatory Workshop for 2019/2020 Exit Exam	11 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:30 p.m. Structured Education Programme	12 2:15 – 7:00 p.m. Structured Education Programme 8:00 p.m. Specialty Board Meeting	13	14 2:30 – 4:30 p.m. Certificate Course in Practice Management
15	16	17	18 2:15 – 7:30 p.m. Structured Education Programme	19 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	20	21 2:30 – 5:30 p.m. Assessment Enhancement Course
22	23	24	25 2:15 – 7:30 p.m. Structured Education Programme	26 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Video Session	28 DFM Written Examination
29 DFM OSCE Examination	30	1 May	2	3	4	5

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Front row (left to right): Dr. Heidi Fung, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Anita Fan and Dr. Natalie Siu

Red : Education Programmes by Board of Education
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