

CME Programme for Family Doctors – Module Content: Diabetes Management

Level	Part	Content	Duration
Basic	Part 1	<u>Diabetes Management</u> <ul style="list-style-type: none"> • Introduction • Diagnosis and Screening of Diabetes and Prediabetes • Management of Prediabetes 	45 minutes
	Part 2	<u>Diabetes Management</u> <ul style="list-style-type: none"> • Management of diabetes in adults • DM Complications Screening • Control of cardiovascular risk factors • Lifestyle modification for Diabetes 	45 minutes
	Part 3	<u>Pharmacologic Therapy for Adults with Type 2 Diabetes</u> <ul style="list-style-type: none"> • Glycaemic assessment and goals • Different classes of oral antidiabetic drugs • Hypoglycaemia assessment, prevention and treatment • Referral to specialists for suboptimal diabetic control 	45 minutes

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Level	Part	Content	Duration
Advanced	Part 1	<u>Glycaemic Control Monitoring</u> <ul style="list-style-type: none"> • Background of glucose monitoring • Glucose monitoring by blood tests –HbA1c and Fructosamine • Self-Monitoring of Blood Glucose (SMBG) • Continuous Blood Glucose Monitoring (CGM) 	45 minutes
	Part 2	<u>Pharmacologic Therapy for Adults with Type 2 Diabetes</u> <ul style="list-style-type: none"> • Different classes of oral antidiabetic drugs • Algorithm for drug treatment in management of type 2 diabetes • Case scenarios 	45 minutes
	Part 3	<u>Introduction on Injectables for Diabetes</u> <ul style="list-style-type: none"> • Insulin overview, types of insulin, common insulin regimens • When to initiate insulin • How to initiate, titrate and intensify insulin • Insulin delivery • Insulin adverse effects • Referral • Injectable medications for diabetes – GLP-1 receptor agonist 	45 minutes