

SELF-DIRECTED EDUCATION EXERCISES

Mandatory for HIGHER TRAINING

(Revised on 6th March 2024)

(Minimum 40 hours/6 months)

SDE No ____

SEP module ____

Content Checklist ____

Date: _____ Number of hours: _____

Details of Educational Activity:

1. What is the relevance of the topic to your practice?

2. What new information have you learned?

3. Is the new information applicable to your practice? *Please delete if appropriate*

Yes *(Please go to Qn 4)*

No/Others *(please elaborate)* _____

4. How are you going to apply this new information to your daily practice?

5. Overall comments:

N.B. Please make copies of this form as needed.