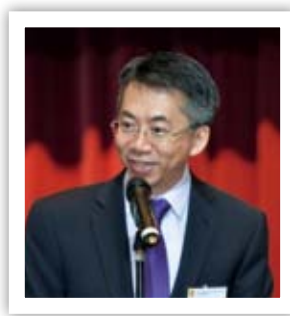


Message from the President

Inauguration of Family Medicine in Singapore Academy of Medicine



Dr. Donald Li met the College's old friends Dr. Alfred Loh (left) and Prof Goh Lee Gan (right) to celebrate the achievement

I am delighted to share with you this great news. The College of Family Physicians Singapore has been recognized as a specialty within the Singapore Academy of Medicine since July 2015. The formation of the specialty of Family Medicine in the Singapore Academy of Medicine is a significant milestone in its development. Thanks to our Past President Dr. Donald Li in attending the inauguration of our sister College.

Nomination to FHKAM

The College has run vocational training programme for family doctors for over 20 years in accordance with the requirements of the Hong Kong Academy of Medicine. In order to align the comparable qualifications and training requirements in Family Medicine for doctors who have been trained locally and those who have been trained overseas, HKCFP has set up a working group to conduct a thorough review of the existing practice and elaborated on the details of comparable training since 2013.

After 2 years of hard work and with reference to international training standards, I am delighted to inform you that we have successfully aligned the comparable experience of the 6 years training requirement for nomination to HKAM fellow **for Members and Fellows with HKCFP recognised intermediate qualifications** such as FHKCFP, FRACGP, MRCGP, FRCGP, CCFP, FCFP, DABFP, FAAFP, MRNZCGP, FRNZCGP, and MICGP. This alignment has been approved by the Council of the Hong Kong Academy of Medicine in August 2015 allowing family doctors who have already acquired HKCFP recognised intermediate qualifications to be eligible for nomination as HKAM Fellows if they fulfill the prevailing training requirements.

I encourage all our College Members and Fellows who hold the abovementioned intermediate qualifications and would contemplate to become HKAM Fellows and to achieve the status of Specialist in Family Medicine to take note of these new developments and contact our Board of Vocational Training and Standards.

I have to thank Dr. Ruby Lee for heading the Working Group in the review and Dr. David Chao in presenting the case to the Education Committee, HKAM.

(Continued on page 2)

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links

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August 2015

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Message from the President

Lunch gathering with secretariat staff

You may have talked with our secretariat staff over the phone many times, but most of you haven't yet met them in person. To thank our staff for their unfailing support in the past year and their tremendous effort especially on the recent annual events like HKPCC and Conferment Ceremony, the Executives had a lunch gathering with them on 3 July at Marriott Hotel.



(from front to back at left side): Ms. Priscilla Li, Dr. Lau Ho Lim (Vice-President), Ms. Erica So, Ms. Odelia Cheng, Ms. Teresa Liu, Ms. Wing Yeung, Mr. Jeff Cheng and Dr. Billy Chiu (Honorary Secretary)

(from front to back at right side): Dr. Angus Chan (President), Dr. David Chao (Vice-President), Ms. Alky Yu and Ms. Carmen Tong

Internal Affairs Committee News

Debriefing Meeting with Helpers of the Conferment Ceremony

The 28th Fellowship Conferment Ceremony and the 26th Dr. Sun Yat Sen Oration were successfully held on 31 May 2015.

A debriefing meeting with helpers of the Conferment Ceremony was conducted on 26 June 2015. The Committee would like to take this opportunity to thank all the helpers for their valuable time and effort in making this important College annual event a true success. We would also like to thank Dr. Lo Ling to be our volunteer photographer this year. The ceremony would not have been run so smoothly without their tremendous support and contribution. Thanks again!

Many thanks also to helpers who were unable to join the debriefing: Dr. Edmond Chan, Dr. Chow Kai Lim, Dr. Peter Anthony Fok, Dr. Lo Ling, Dr. Jenny Wang and Dr. Wong Chak Tong.



Back row (from left to right): Ms. Windy Lau, Ms. Erica So, Dr. Doris Chan and Dr. Kinson Lau

Front row (from left to right): Dr. Kwan Yu, Dr. Ko Wai Kit, Dr. David Chao, Dr. Kathy Tsim and Ms. Teresa Liu

“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th August 2015 to 14th September 2015, Dr. Wendy Tsui and Dr. Yuen Shiu Man will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Wendy Tsui



Dr. Yuen Shiu Man

Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **June – July 2015** :

Associate Membership (New Application)

Dr. Chan Chi Hung	陳志紅
Dr. Choi Man Yan, Teresa	蔡敏欣
Dr. Hung Wing Chi	孔穎芝
Dr. Leung Yuen Kei	梁琬琦
Dr. Leung Yuen Yee	梁婉儀
Dr. Loo Anne	盧劍彤
Dr. Mak Kin Mei	麥鍵美

Dr. Wong Chi Wing
Dr. Wong Yin Ki, Clement
Dr. Yung Hiu Ting

王之穎
黃彥淇
容曉婷

Non-HKSAR Membership (New Application)

Dr. Cheng Dan Dan, Daisy
Dr. Guo Meiling
Dr. Lin Chengbiao
Dr. Zhu Yan Yan

程丹丹
郭梅玲
林城標
朱燕燕

Board of Vocational Training and Standards News

2nd Reminder: Application for Recommendation for Exit Examination

To all Higher Trainees,

For those who prepare to sit for Exit Examination in 2016, please submit the application letter and the checklist for recommendation for Exit Examination before 30th September 2015.

Late applications will not be entertained.

Should you have any enquiries, please contact Ms. Carmen Tong or Ms. Odelia Cheng at 2528 6618.

Higher Training Subcommittee
Board of Vocational Training and Standards

Classified Advertisement

Position Vacant

Invites applicants for full time doctor in Evangel Hospital.
Please send your C.V. and enquiry to hr@evanhosp.org.hk.

Director, University Health Service

The Institution

The Hong Kong Polytechnic University is a government-funded tertiary institution in Hong Kong. It offers programmes at various levels including Doctorate, Master's and Bachelor's degrees. It has a full-time academic staff strength of around 1,200. The total consolidated expenditure budget of the University is close to HK\$5.5 billion (US\$705 million) per year.

The Position

The University is looking for a highly competent and experienced physician to head its University Health Service (UHS) which has around 40 professional and support staff.

The UHS provides primary health care services to students, staff and other eligible users in a cost effective manner. It offers medical consultation, traditional Chinese medicine service, nursing services, chronic disease management, investigation and treatment services, and emergency service. The UHS is also an accredited community-based training centre by The Hong Kong College of Family Physicians. Please visit the website at <http://www.polyu.edu.hk/uhs/en> for more information about UHS.

Assuming overall managerial responsibilities on all functions of UHS, the appointee will be required to (a) formulate and review the vision and mission, goals and objectives as well as development strategies of UHS; (b) lead and manage the team in providing quality health care services to eligible users; (c) oversee the formulation and implementation of health promotion and diseases prevention programmes; (d) ensure optimal deployment of human, financial and other resources efficiently and effectively; and (e) provide leadership in building a harmonious, caring and cooperating team which is committed to accomplishing established objectives.

Candidate Profile

The ideal candidate should have (a) qualification registrable with the Medical Council of Hong Kong; (b) a valid practicing certificate issued by the Medical Council of Hong Kong; (c) a higher qualification in Internal Medicine and/or Family Medicine; (d) substantial post-qualification experience, of which some at senior management level, in health care services; (e) thorough understanding and insight of health care services as well as rich knowledge of clinic/hospital operation; (f) excellent communication and leadership skills; and (g) a good command of both spoken and written English and Chinese.

Remuneration and Conditions of Service

A highly competitive remuneration package will be offered. Initial appointment will be made on a fixed-term gratuity-bearing contract. Re-engagement thereafter is subject to mutual agreement. Applicants should state their current and expected salary in the application.

Application and Nomination

The Hong Kong Polytechnic University invites applications and nominations for appointment as Director, University Health Service. Review of applications and nominations will continue until the post is filled. Please submit applications or nominations via email to hrstaff@polyu.edu.hk; by fax at 2764 3374; in person to **Human Resources Office, 13/F, Li Ka Shing Tower, The Hong Kong Polytechnic University, Hung Hom, Kowloon**; or by mail to the above address. If you would like to provide separate curriculum vitae, please still complete the application form which will help speed up the recruitment process. Application forms can be obtained via the above channels or downloaded from http://www.polyu.edu.hk/hro/job/en/guide_forms/forms.php. The information collected will be used for consideration of the application and for purposes relating to appointment. The University reserves the right not to fill the position or to make an appointment by invitation. The University Personal Information Collection Statement for recruitment can be found at http://www.polyu.edu.hk/hro/job/en/guide_forms/pics.php.

Meeting Highlights

CME Lecture on 3 June 2015

Dr. Siu Ka Fai, Danny, Specialist in Gastroenterology and Hepatology, delivered a lecture on "Update Management of IBS" on 3 June 2015.



Dr. Stephen Foo (left, Censor) presenting a souvenir to Dr. Siu Ka Fai Danny (right) during the lecture on 3 June 2015

CME Lecture on 9 June 2015

Prof. Brian Tomlinson, Specialist in Internal Medicine, Head of Division of Clinical Pharmacology, Department of Medicine and Therapeutics, The Chinese University of Hong Kong, delivered a lecture on "From Guidelines to Clinical Practice: An expert's View on Hypertension Treatment".



Dr. Chan Hung Chiu (right, Council member) presenting a souvenir to Prof. Brian Tomlinson (left) during the lecture on 9 June 2015

27th ENT Update



A group photo of 27th ENT Update speakers with HKCFP President, Council members and moderator

From left to right: Dr. Chan Chi Wai (moderator), Dr. Chan Hung Chiu, Dr. Mary Kwong, Prof. Cindy Lam, Prof. Michael Tong (speaker), Dr. Angus Chan, Prof. Andrew van Hasselt, Prof. John Woo (speaker), Dr. Victor Abdullah (speaker), Dr. Dennis Lee (speaker), Dr. Stephen Foo, Dr. Mark Chan, Dr. Lorna Ng and Dr. Loretta Chan



Dr. Angus Chan (left, President) presenting a souvenir to Dr. Eddy Wong (right, speaker)

The 27th ENT Update, co-organised with the Department of Otorhinolaryngology, Head and Neck Surgery, the Chinese University of Hong Kong (CUHK) was held on 14 June 2015.

Prof. Michael Tong, Head of Academic Divisions, Department of Otorhinolaryngology, Head and Neck Surgery, CUHK, Dr. Dennis Lee, Associate Consultant, Department of Ear, Nose and Throat, United Christian Hospital, Dr. Victor Abdullah, Chief, Division of Paediatric Otorhinolaryngology, Department of Otorhinolaryngology, Head and Neck Surgery, CUHK, Dr. John Woo, Director of Postgraduate Teaching, Department of Otorhinolaryngology, Head and Neck Surgery, CUHK and Dr. Eddy Wong, Associate Consultant, Department of Ear, Nose and Throat, Prince of Wales Hospital were the speakers of this Update.

Certificate Course on Bringing Better Health to our Community 2015

The 3rd session of the "Certificate Course on Bringing Better Health to our Community 2015" co-organized with Queen Elizabeth Hospital was held on 18 July 2015. Dr. Chin Ping Hong, Specialist in Orthopaedics & Traumatology, Consultant of the Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital, delivered a lecture on "Commonly encountered Musculoskeletal Problem – Acute Back Pain" and Dr. Chan Hiu Fai, Specialist in Neurology, Consultant of Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Commonly encountered Neurological problem – Approach to Upper Limb Numbness" respectively.



Dr. Law Tung Chi (left, moderator) and Dr. Chan Hung Chiu (right, Council member) presenting a souvenir to Dr. Chin Ping Hong (middle, speaker) during the lecture on 18 July 2015



Dr. Law Tung Chi (left, moderator) and Dr. Stephen Foo (right, Censor) presenting a souvenir to Dr. Chan Hiu Fai (middle, speaker) during the lecture on 18 July 2015

HONG KONG SANATORIUM & HOSPITAL
 LI SHU PUI SYMPOSIUM 2015
CANCER MANAGEMENT



Date : Sunday, 6 September 2015
Venue : Ballroom, JW Marriott Hotel Hong Kong

08:50 – 09:00	Welcome	Dr. Walton LI
09:00 – 09:30	Keynote Lecture 1: Haematopoietic Stem Cell Transplant for Cancer Patients	Dr. Raymond LIANG
Symposium 1	Role of Surgery	Chairperson Dr. Michael LI Dr. Steve CHAN
09:30 – 09:45	Colorectal Cancer – Endoscopic or Open Approach	Dr. Angus CHAN
09:45 – 10:00	Head and Neck Cancer – Aim to Cure	Dr. William WEI
10:00 – 10:15	Prostate Cancer – Robotic Assisted Operation	Dr. WONG Wai Sang
10:15 – 10:30	Gynaecology Cancer – Effective Therapy	Dr. TAM Kar Fai
10:30 – 10:40	Q & A	
10:40 – 11:00	Coffee Break	
Symposium 2	Advances in Magnetic Resonance Imaging	Chairperson Dr. AU-YEUNG Kai Ming Dr. William CHEUNG
11:00 – 11:15	MRI of Prostate	Dr. CHAN Ka Fat
11:15 – 11:30	Brain Tumours MRI – Functional Neuroimaging	Dr. Henry MAK (HKU)
11:30 – 11:45	Non- ¹⁸ F FDG Tracer Application in PET/CT and PET/MR	Dr. Garrett HO
11:45 – 12:00	Initial mMR (molecular MR) Experience at HKSH	Dr. Gladys LO
12:00 – 12:10	Q & A	
12:10 – 13:00	Li Shu Pui Lecture Emerging Challenges to Cancer Care: Global Oncology and Health Information Technology	Chairperson Dr. Ava KWONG (HKU) Dr. Peter Paul YU Immediate-Past President of American Society of Clinical Oncology
13:00 – 14:00	Lunch	
Symposium 3	Therapeutic Option	Chairperson Dr. Thomas LEUNG Dr. Ambrose HO
14:00 – 14:15	Role of Genomics in Cancer Management	Dr. Edmond MA
14:15 – 14:30	Chemoradiation – Current Status	Dr. Daniel CHUA
14:30 – 14:45	Lung Cancer – Recent Advances	Dr. LAM Bing
14:45 – 15:00	Targeted and Risk Stratified Therapies in Asian – Prevalent Cancers	Prof. Anthony CHAN (CUHK)
15:00 – 15:10	Q & A	
15:10 – 15:40	Keynote Lecture 2 : Developments in Radiotherapy	Dr. KWAN Wing Hong
15:40 – 16:00	Coffee Break	
Symposium 4	GP Forum	Chairperson Prof. HO Pak Chung Dr. PANG Siu Leung
16:00 – 16:15	In Vitro Fertilization – Genetic Diagnosis	Dr. TANG Oi Shan
16:15 – 16:30	Dental Implant Therapy – Pros and Cons	Dr. Gregory TAYLOR
16:30 – 16:45	Anaesthetists outside the Operating Room	Dr. LAI Kin Ming
16:45 – 17:00	Cataract Surgery – The Next Level	Dr. Ivan CHEN

**Content is subject to change without prior notice*

REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS

Reserve your place by phone: 2835 8800 or at www.hksh.com/lsp-registration

CME Accreditation Pending | CNE 5.5 points | CPD (Allied Health) 6 points

Registration Deadline: 16 August 2015 | For Medical Professionals Only

HKCFP Trainees Research Fund 2015 / HKCFP Research Seed Fund 2015

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

Assessment Criteria for both funds:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: jeffcheng@hkcfp.org.hk

Please indicate the research funding title e.g. “HKCFP Trainees Research Fund 2015/ HKCFP Research Seed Fund 2015” on your research project upon submission.

Submission Deadline: 31st August 2015

A Fine Needle Great Wonder - Acupuncture for Stress Relief and Early Aging Prevention

(Including Acupuncture Demonstration)

Free Seminar


Please come and know more about the effectiveness of acupuncture for Stress and Aging!

Date	Time	Venue
27 August 2015 (Thu)	7:00 -8:00pm	HKU SPACE Admiralty Learning Centre, 18 Harcourt Road, Hong Kong



Seminar details

Speaker: Ms A. P. Qin, Associate Professor (Chinese Medicine) and Graduates
This seminar is free of charge, and on a first come, first served basis!

Enquiries:  3762 4216 (Ms Ng)

Online Registration: <https://www.hkuspace.hku.hk/event/20150827/acupuncture-seminar-270802015>

The School may make available related programme information material at the seminar.

The English Acupuncture Courses in H.K.



3762 4216



tcmenquiry@hkuspace.hku.hk

1. Diploma in Clinical Acupuncture

[Course Code: CM 48-105-00 (51)]

Acupuncture is proven to be effective in the treatment of diseases. The World Health Organization (WHO) recommends a number of conditions that can be treated by Acupuncture. This course provides Western-trained medical practitioners and professionals who are interested in acupuncture with an opportunity to receive acupuncture training.

This programme consists of two parts. Each part consists of one module. Students who complete one module of Part 1 can choose to exit the programme. Completion of one module will lead to a Certificate in Acupuncture. Upon successful completion of Part 1 and Part 2, students will be awarded a Diploma in Clinical Acupuncture.

Entry Requirements : 1. Western medical practitioners, Physiotherapists, Nurses, Osteopaths, Chiropractors or medical related professionals; or
2. Holders of Bachelor's degree or equivalent

Commencement Date : 8 October 2015 (Mondays and Thursdays, 8:00 - 10:00pm)

Application Fee : HK\$150 (non-refundable)

Medium of Instruction : English

Our programme is approved by the Physiotherapists Board as quotable qualification. Upon completion of our programme: (1) 15 CPD points awarded by the Physiotherapists Board will be granted to students who are physiotherapists. (2) Physiotherapists may be eligible to apply for Accredited Acupuncture Physiotherapists.

2. Introduction to Acupuncture of Chinese Medicine

[Course Code: CM 48-068-01-01 (51)]

This course provides the philosophical background of Chinese medicine and illustrates how acupuncture helps manage our health.

Commencement Date : 1 September 2015 (Tuesdays, 7:00 - 9:00pm)

Duration : 10 hours (5 meetings)

Course Fee : HK\$1,400

Medium of Instruction : English

3. Advanced Diploma in Tui-Na 推拿學高等文憑

[Course Code: CM 38-130-00 (51)]

Commencement starts on 9 September 2015 (Wednesdays & Fridays / 7:00-10:00pm; Saturdays 3:00-6:00pm)

4. Advanced Diploma in Acupuncture 針灸學高等文憑

[Course Code: CM 48-113-00 (51)]

Commencement starts on 9 September 2015 (Wednesdays & Fridays / 7:00-10:00pm; Saturdays 3:00-6:00pm)



Oasis
心靈綠洲

Everyone Has a Story in Life

A 24 year old boy seeing out from the train's window shouted...

“Dad, look the trees are going behind!”

Dad smiled and a young couple sitting nearby, looked at the 24 year old's childish behavior with pity, suddenly he again exclaimed...

“Dad, look the clouds are running with us!”

The couple couldn't resist and said to the old man...

“Why don't you take your son to a good doctor?” The old man smiled and said... “I did and we are just coming from the hospital, my son was blind from birth, he just got his eyes today.

Every single person on the planet has a story. *Don't judge people before you truly know them.* The truth might surprise you.

Adapted from <http://www.livin3.com/blogs/positive-life-blog/7790767-5-motivational-and-inspiring-short-stories>

(本欄資料由「心靈綠洲—個人成長及危機處理中心」提供，特此鳴謝。)

*醫院管理局「總部臨床心理服務」轄下的「心靈綠洲—個人成長及危機處理中心」，專為醫管局員工提供各種心理支援、培訓課程及個人成長等服務，旨在加強員工的抗逆力，促進身心健康。

Overview of DFM Macau and CFM Shunde

Dr. Chan Man Li

Coordinator of DFM Macau, Board of Diploma in Family Medicine, HKCFP

It gives me a great honour to introduce our college's well organized and structured training programme for overseas doctors. The HKCFP's Diploma of Family Medicine [DFM] course has extended the teaching to Macau doctors since 2012 with the invitation by the Department of Health of the Macau Government SAR.



Group photo with the first batch of DFM Macau students

Mission of the DFM Programme

1. To provide a knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners and for medical trainees who intend to take up Family Medicine as their career
2. To encourage professional development of practising medical practitioners and to attain the qualification in Family Medicine
3. To improve standards and quality in the practice of Family Medicine

The course contents are very comprehensive and are divided into 2 parts and 5 modules:

1st Part: [distance learning]

Module I – Principles of Family Medicine

Module II – Common Problems in Family Medicine

2nd Part : [practical workshop, attachment and seminar etc]

Module III – Essentials of Family Medicine (Structured Seminars)

Module IV – Family Medicine Attachment

Module V – Practical Family Medicine (Practical Workshops)

Our college speakers would travel to Macau to deliver the various workshops and seminars, except Women's Health & Orthopaedic Injection workshops in which the candidates need to come to the Wan Chai's premise of our college for the practical hand-on demonstration workshops.



Photo of knee joint model for Orthopaedic injection workshop

The overall evaluation of the DFM course by our students is very encouraging and supportive regarding our teaching. As shown in the below table of the cumulative data of course evaluation, the two key components of the quality of presentation and the enhancement of the knowledge and skills achieved very high rating from the students.



Photo of practical session of the Women's Health Workshop



Photo of hand-on demonstration of the Musculo-Skeletal Medicine Workshop

		Poor					Excellent					Percentage Table					Average Score
		1	2	3	4	Total	1	2	3	4	Total	1	2	3	4	Total	
	Core Questions																
1	Venue set up	0	9	53	76	138	0%	7%	38%	55%	100%	3.49					
2	Pre-seminar reading materials	0	14	56	67	137	0%	10%	41%	49%	100%	3.39					
3	Handouts	0	13	52	73	138	0%	9%	38%	53%	100%	3.43					
4	Quality of Presentation	0	8	44	86	138	0%	6%	32%	62%	100%	3.57					
5	Enhancement of your knowledge and skills	0	11	42	85	138	0%	8%	30%	62%	100%	3.54					
6	Support from college or tutors	0	9	38	91	138	0%	7%	28%	66%	100%	3.59					

After the academic and practical learning for the whole year, we have the DFM written examination and objective structured clinical examination [OSCE] to assess and safeguard the standard of our DFM course graduates. The results, especially the passing rate, are very promising. There were around 60 successful graduates over the past 3 years.

In 2014, we were invited again by the Government of Macau SAR Department of Health to launch the Certificate course on Clinical Communication and Diagnosis [CCD] to teach and enhance the clinical communication skill and diagnostic skill for resident doctors enrolled for various specialties. There were 14 successful CCD candidates enrolled in 2014-15, some of them have further pursued for the DFM course in the year next to completion.



Snapshot of DFM course Written Examination



Snapshots of DFM course OSCE Examination



Group photo of the diploma presentation ceremony

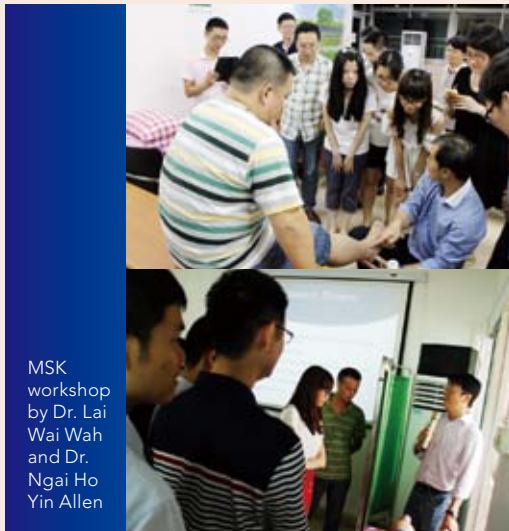
With the successful extension of teaching to Macau, our college was invited by the Shunde Health and Family Planning Bureau with the generous donation and support from the Hong Kong Min Yuen Tong to deliver the Certificate of Family Medicine [CFM], similar to the DFM Macau course, to doctors at Shunde, Mainland China since Dec 2014.



Group photo with CFM [Shunde] Students



Small group tutorial by Dr. Wan Kwong Yu [CFM (Shunde) Coordinator] and Dr. Au Chi Lap [Chairman of DFM Board]



MSK workshop by Dr. Lai Wai Wah and Dr. Ngai Ho Yin Allen



Role-play of clinical case scenario

Finally, I would like to take this opportunity to say thank you for the ongoing support to our college DFM course from our local teachers, our Macau coordinator Dr. Chau Chi Hung and all of our DFM students, furthermore, the Hong Kong Min Yuen Tong for their generous donation to our college and support to organise the certificate course in Shunde. Without anyone of you, we could not extend our programme from Hong Kong to Macau and to Mainland China.



Group photo of DFM board members with Dr. Au Chi Lap [Chairman of DFM Board], Dr. Wun Yuk Tsan [DFM course external examiner] & Dr. Chau Chi Hung [Department of Health of Macau SAR]

Trans fat, worst among the bad

In the past, we believe unsaturated fatty acid is healthier than saturated fatty acid. However recent evidence found that Trans fat, also called **trans-fatty acids (TFA)**, despite the presence of unsaturated fatty acid, is considered to be the worst type of dietary fat one can eat.

There are two sources of TFA:

- **Trans fat formed naturally** – this type of TFA is produced in the gut of some grazing animals. That's why small quantities of TFA can be found in animal products like meat, milk, and milk products.
- **Trans fat formed during food processing** – this type of TFA is created when hydrogen is added to vegetable oil (a process called hydrogenation) to make it more solid at room temperature. Manufactured form of TFA, known as **Partially Hydrogenated Oils (PHOs)** are used by food manufacturers to improve the texture, shelf life, and flavor stability of foods. This partially hydrogenated oil is less likely to spoil, so foods made with it have a longer shelf life. Some restaurants use partially hydrogenated vegetable oil in their deep fryers, because it doesn't have to be changed as often as compared to other oils.

Why TFA is bad?

Unlike other dietary fats, TFA raises Low density lipoprotein (LDL) cholesterol and lowers high density lipoprotein (HDL) cholesterol. This can increase the risk of cardiovascular disease.

Actions on TFA in USA

Since 2006, USA manufacturers have been required to include TFA content information on the Nutrition Facts label of foods. Between 2003 and 2012, the U.S. Food and Drug Administration (US FDA) estimates that consumer trans fat consumption decreased by about 78 percent.

Based on a thorough review of the scientific evidence, in 2013, the (US FDA) finalized its determination that PHOs, the primary dietary source of artificial trans fat in processed foods, are not "generally recognized as safe" for use in human food.

In June 2015, US FDA has set a compliance period of three years for food manufacturers to remove PHOs from products. Following the compliance period, no PHOs can be added to human food unless they are otherwise approved by the FDA. This action is expected to reduce coronary heart disease and prevent thousands of fatal heart attacks every year.

Local Situation

Hong Kong is one of the first few places in the world that requires the declaration of TFA content on nutrition labels. The Centre for Food Safety (CFS) has also formulated guidelines to encourage the trade to reduce TFA level in foods and, at the same time, conducted a series of studies to track the TFA contents in local foods. The study revealed that there has been a large reduction in the average TFA contents (27-70% reduction) in four food categories that had been found in previous studies to contain relatively higher levels of TFA (i.e. cakes; egg tart, pie and pastry; bread; and other bakery products), reflecting the positive effect of the trade in reducing TFA level in their products.

From CFS study, it was noted that the TFA contents in some individual samples have reduced dramatically whilst a similar saturated fatty acid contents have been maintained, reflecting that the reduction in TFA without raising the saturated fatty acid contents in foods is practically feasible.

How to reduce the amount of trans fat one eat?

The best ways to reduce the amount of trans fat that you eat are to enjoy healthy eating and choose foods with lower levels of both saturated and trans fat as stated on the nutrition label.

Here are some simple tips for achieving a healthy balanced diet low in saturated and trans fat.

- Use spreads and margarines made from canola, sunflower or olive oil, and dairy blends instead of butter. Spread thinly so you can still see the bread.
- Cook with polyunsaturated or monounsaturated oils, such as canola, sunflower, soybean, olive, sesame and peanut oils. Measure out your oil with a teaspoon or use a spray oil.
- Grill, bake, poach, steam or stir fry rather than shallow or deep frying and roasting in oil.
- Select lean meat, poultry and game. Try to trim all visible fat from the meat before cooking. Remove the skin from chicken.
- Use reduced, low or no fat dairy products.
- Try to limit deep fried foods and fatty take-away foods to no more than once a week.
- Try to limit fatty snacks, such as crisps, cakes, pastries, biscuits and chocolate, to once a week.



Reference:

U.S. Food and Drug Administration <http://www.fda.gov>
 Centre for Food Safety (CFS) <http://www.cfs.gov.hk>
 National Heart Foundation of Australia www.heartfoundation.org.au

Compiled by Dr. Law Tung Chi

Interest Group in Dermatology - The 48th Meeting on 4 July 2015

Dr. Tse Kwok Lam - College Member

Theme : **New Management Update on Rosacea and Facial Redness**

Speaker : Dr. Wong Sai Siong
Specialist in Dermatology and Venereology

Moderator : Dr. Siu Che Hung, Paul
HKCFP

Learning Points

Dr. Wong Sai Siong updated the diagnosis, pathophysiology and treatment of Rosacea. He focused on various topical, systemic and light based treatments and introduced the latest topical therapy for Rosacea.

Rosacea is a common chronic inflammatory skin disorder. There are central facial flushing, redness (transient or persistent erythema), papules, pustules, and dilated blood vessels (telangiectasia). Severe cases may have nose enlargement (rhinophyma) or eye/eyelid involvement (ocular rosacea)

Diagnostic criteria (rosacea is a clinical diagnosis)

- **Primary features** (presence of one or more of the following): transient erythema (flushing), non-transient erythema, papules and pustules, telangiectasia
- **Secondary features** (one or more of the following): burning or stinging, plaque, dry appearance, edema, ocular manifestations, peripheral location, phymatous changes

There are four subtypes 1-Erythemato-telangiectatic 2 – Papulopustular 3- Phymatous 4- Ocular rosacea

Differential diagnoses included acne vulgaris, steroid acne, atopic/contact/seborrhoeic eczema, lupus erythematosus

Treatment

Avoid triggering factors: UV light, spicy/hot food, alcohol, heat, exercise, stress/anxiety, Demodex mites, steroid (topical/systemic/inhaler/nebulized), topical irritant (make up, facial/mask, creams containing alcohol/fragrance).

Reduce erythema, papules and pustules by using:

- Topical therapy
- Oral therapy
- Light based therapy

Topical therapy: Topical antibiotics (metronidazole)/ antiacne (azelaic acid)/ antiparasitic (ivermectin) for papules and pustules, topical alpha-adrenergic receptor agonist (brimonidine= Mirvaso) for persistent erythema

Systemic therapy: Systemic antibiotics (tetracycline, doxycycline, lymecycline, clarithromycin) for papules and pustules, ocular rosacea; systemic Isotretinoin for severe resistant cases

Laser therapy: Pulse dye lasers for erythemato-telangiectatic rosacea; Intense pulse light (IPL) for erythemato-telangiectatic rosacea; CO2 laser/ pulse dye laser/ fractional laser for rhinophyma

Mirvaso gel (Brimonidine gel) is a new topical medication for rosacea

- Topical alpha-2 adrenergic receptor agonist
- Effective for erythema of rosacea,
- No effect for papules, telangiectasia
- Once daily application
- Fast-acting: Effect seen within 30 mins
- Non-permanent: Effect lasts up to 12 hours only
- Consistent effect over 12-months daily use.
- Side effects include flushing/ erythema/ stinging/ worsening redness

Next meeting

The next meeting will be on 5 September 2015 (Saturday). The guest speaker is Dr. Chan Hau Ngai, Kingsley, Specialist in Dermatology and Venereology. He will speak to us on "Management of Eczema - Topical steroid the only treatment?". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.



Dr. Wong Sai Siong (left) and Dr. Paul Siu (right)

Refresher Course for Health Care Providers 2015/2016

Jointly organized by
 Hong Kong Medical Association
 The Hong Kong College of Family Physicians

Our Lady of Maryknoll Hospital

Venue : Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital
 118 Shatin Pass Road, Wong Tai Sin, Kowloon

Time : 14:15 to 16:15

Dates	Topics	Speakers
12 Sep 2015	Common Paediatric infections in the community	Dr. KO Po Wan CON(Paed), OLMH
10 Oct 2015	ENT symptoms in primary care	Dr. Eddy Wong AC(ENT), PWH
14 Nov 2015	Common Paediatric Skin Problems	Dr. Stephen CHAN AC(Paed), CMC
12 Dec 2015	Update in dementia	Dr. Stanley Tam AC(Med), HKBH
9 Jan 2016	Handling Hair and Nail problems in primary care	Dr. Tin Sik CHENG Specialist in Dermatology, Social Hygiene Service, Department of Health
13 Feb 2016	Primary care knee problems through the lifespan	Dr. H C WONG AC(ORT), KWH
12 Mar 2016	Immunization through the lifespan	Dr. Wing Wo LAM Private Family Doctor
9 Apr 2016	Handling mood problems in primary care	Dr. Wing Wo LAM Private Family Doctor
7 May 2016	Lower gastrointestinal problems in primary care	Dr. CHEUNG Wing I AC(M&G), OLMH
11 Jun 2016	Ophthalmology update in primary care	Dr. Danny Ng Assistant Professor Dept of Ophthalmology and Visual Science CUHK

A certificate will be presented at the end of the course for those achieving $\geq 80\%$ of attendance.

CME accredited by HK College of Family Physicians 2 credit points and HK Medical Association 2 credit points (for MCHK non-specialist).

CNE points accredited by OLMH CND 2 credit points.

Limited car parking can be reserved, on first come first serve basis

RSVP : Tel: 2354 2440 (Ms Clara Tsang, OLMH)

Fax: 2327 6852

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2015

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	6 months' course starting from April 2015
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd" All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2528 6618 for details. Successful applicants will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.

Assessment Enhancement Course 2015 Timetable for Workshop

Date	Topics	Venue
25 April 2015 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
16 May 2015 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
13 June 2015 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination, Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
18 July 2015 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
15 August 2015 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
19 September 2015 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

Certificate Course on Bringing Better Health to Our Community 2015

Co-organized with The Queen Elizabeth Hospital

Dates	:	23 May, 13 June, 18 July, 29 August, and 26 September 2015 (Saturdays)
Time	:	1:00pm - 2:00 pm Registration & Light Refreshment 2:00pm - 4:00 pm Lecture & Discussion
Venue	:	Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
Course Fee	:	Free
Accreditation	:	HKCFP: 2 CME points for each session (Cat 4.4) MCHK: 2 CME points for each session
Capacity	:	100 doctors

Programme Schedule

Dates	Time	Topics	Speakers
23 May 2015 (Sat)	2:00 – 3:00 p.m.	Diabetic Care – Management and Prevention of Hypoglycaemia	Dr Cheung Fu Keung Specialist in Endocrinology, Private practice
	3:00 – 4:00 p.m.	Diabetic Care – Comprehensive DM Complication Screening in Community	Dr Hui Lai Chi Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
13 June 2015 (Sat)	2:00 – 3:00 p.m.	Acute exacerbation of Chronic Disease in Community – Management of COPD Exacerbation	Dr Li Sing Tao, Thomas Specialist in Respiratory Medicine, Private practice
	3:00 – 4:00 p.m.	Acute exacerbation of Chronic Disease in Community – Management of Gout	Dr Chau Shuk Yi, Lucia Specialist in Rheumatology, Private practice
18 July 2015 (Sat)	2:00 – 3:00 p.m.	Commonly encountered Musculoskeletal problem – Acute Back Pain	Dr Chin Ping Hong, Raymond Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Commonly encountered Neurological problem – Approach to Upper Limb Numbness	Dr Chan Hiu Fai Specialist in Neurology, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
29 August 2015 (Sat)	2:00 – 3:00 p.m.	Managing breast cancer patients – a collaborative approach by clinical oncologists and primary care doctors	Dr Roger Ngan Chief of Service & Consultant, Department of Clinical Oncology, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Prostate cancer – from diagnosis to treatment – how can primary care be integrated	Dr Chan Tim Wai, Timothy Resident, Department of Clinical Oncology, Queen Elizabeth Hospital
26 September 2015 (Sat)	2:00 – 3:00 p.m.	Cancer screening in primary care – Breast cancer	Dr Kwok Kai Yan Associate Consultant, Department of Radiology and Imaging, Queen Elizabeth Hospital
	3:00 – 4:00 p.m.	Cancer screening in primary care – Colorectal cancer	Dr Hui Yee Tak Specialist in Gastroenterology, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital

*** Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Windy Lau at 2528 6618. ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong
I am a ***Member / Non-member** of The Hong Kong College of Family Physicians. **(*Please delete as appropriate)**
I would like to attend the **Certificate Course at the following dates:**

23 May 2015 13 June 2015 18 July 2015 29 August 2015 26 September 2015

Name: _____ Tel: _____ Date: _____

Email: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

5 September 2015 Saturday		Admission Fee	Members	Free
Board of Education Interest Group in Dermatology			Non – members	HK\$ 300.00
			HKAM Registrants	HK\$ 150.00
		All fees received are non-refundable and non-transferable.		
Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Theme	Management of Eczema - Topical steroid the only treatment?	Language	Lecture will be conducted in English and Cantonese.	
Speaker	Dr. Chan Hau Ngai, Kingsley Specialist in Dermatology and Venereology	Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Co-ordinator & Chairman	Dr. Lam Wing Wo, Edmund The Hong Kong College of Family Physicians	Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.	
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion	HKCFP would like to thank HKMA for supporting this educational activity.		
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Sponsored by <i>sanofi-aventis Hong Kong Limited</i>		

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

August's session:		September's session:	
Date	28 August 2015 (Friday)	Date	25 September 2015 (Friday)
Time	2:30 p.m. - 3:30 p.m.	Time	2:30 p.m. - 3:30 p.m.
Topic	"Clinical Approach to Alopecia" – Dr. Lee Tze Yuen	Topic	"Inseparable Twins – Pain and Mood Disorders Recent Updates" – Dr. Lee Wing King
Admission	Free for Members	Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.	Language	Lecture will be conducted in Cantonese.

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 September 15 (Wed)			
2:15 – 5:15 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	Evidence-based Screening in Adults Dr. Chan So Wai Sara & Dr. Lee Wing Mei Dickinson	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Methods of Contraception Dr. Lui Lok Kwan & Dr. Pang Kwan	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Management of Patients with Depressive Disorders in Family Medicine Dr. Chris Chau	Ms. Cammy Chow Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Eyelid Problems Dr. Li Chi Lai	Ms. Crystal Law Tel: 2632 3480
5:00 – 7:00 p.m.	Room 042A, 2/F, Pamela Youde Nethersole Eastern Hospital	How to Deal with the Anxious Patient Dr. Enoch Chan	Ms. Kwong Tel: 2595 6941

9 September 15 (Wed)

2:15 – 5:15 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	Common Symptoms in Orthopedics (Knee Pain, Ankle Pain, Hip Pain) Dr. Kam Ngar Yin Irene & Dr. Lo Alvina	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Community Resources for Children with Learning Difficulties Dr. Tsui Sau In & Dr. Sun Kwok Fung	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Tutor/tutee Meeting Dr. Anita Fan	Ms Cammy Chow 2589 2339

10 September 15 (Thu)

4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Oversea Conference for Family Medicine and Experience Sharing Part 1 Dr. Ng Yeung Shing & Dr. Cheung Sze Man	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common Symptoms in Orthopedics (Knee Pain, Ankle Pain, Hip Pain) Dr. Ying Gard Ching Derek & Dr. Wong Sze Kei	Ms. Cordy Wong Tel: 3949 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Traditional Chinese Medicine and FM Dr. Wong Yu Fai	Ms. Kwong Tel: 2595 6941

16 September 15 (Wed)

2:15 – 5:15 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	Management of an Infertile Couple Dr. Hou Jing & Dr. Mak Ho Yan Queenie	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Burn and Wound Management Dr. Wan Ka Yan & Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	MPS – Case Demonstration; Common Pitfalls in Daily Practice Dr. Nicole Chan	Ms. Cammy Chow Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Musculoskeletal Approach to Knee Problem Dr. Chan Ying Ho	Ms. Crystal Law Tel: 2632 3480

17 September 15 (Thu)

4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Oversea Conference for Family Medicine and Experience Sharing Part 2 Dr. Chan Laam & Dr. Chan Yin Hang	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Management of an Infertile Couple Dr. Yeung Ka Yu Doogie & Dr. Wong Koon Yin Yvonne	Ms. Cordy Wong Tel: 3949 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	LAP Video Review Dr. Cheung Wen Ling Wendy	Ms. Kwong Tel: 2595 6941

23 September 15 (Wed)

2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Complaint Management Dr. Suen Gee Kwang Victoria & Dr. Pun Yat Hei	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Infection Control in Primary Care Clinics Dr. Chan Ham & Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m.	Multi-function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Handling Metabolic Syndrome in the Primary-care Setting Dr. Paul Lee	Ms. Cammy Chow Tel: 2589 2339

24 September 15 (Thu)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Complaint Management Dr. Wong Hong Kiu Queenie & Dr. Lam Lai Cho Eugenia	Ms. Cordy Wong Tel: 3949 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Primary Care Service in Private Hospital Dr. Hong sze Nga & Dr. Hsu Kwok Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Doctor-patient Relationship Dr. Enoch Chan	Ms. Kwong Tel: 2595 6941

30 September 15 (Wed)

2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update on Management of DM Dr. Kwok Yee Ming Elaine & Dr. Lim Martina	Ms. Cordy Wong Tel: 3949 3087
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Health Maintenance Organization (HMO) Dr. Chung Ka Chun	Ms. Eliza Chan Tel: 2468 6813
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Management of Heamaturia Dr. Yvonne Lam	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Multi-function Room, RAMP Clinic, Aberdeen GOPC	Applied Mediation on Complaints Management (for all to attend) Dr. Welchie Ko	Ms Cammy Chow 2589 2339

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 Aug	10	11	12 2:15 – 7:30 p.m. Structured Education Programme	13 2:15 – 7:00 p.m. Structured Education Programme	14	15 2:30 – 5:30 p.m. AEC 2015 2:30 – 6:00 p.m. Pre-Exit Exam Workshop
16	17	18	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting 6:30 – 9:30 p.m. Video Session - Pre-Exit Exam Workshop	21	22 2:30 – 5:00 p.m. DFM Module V Consultation Skills Workshop II
23	24	25 9:00 p.m. Board of Conjoint Examination Meeting	26 2:15 – 7:15 p.m. Structured Education Programme	27 2:15 – 7:00 p.m. Structured Education Programme	28 1:00 – 3:30 p.m. CME Lecture 2:30 – 3:30 p.m. Video Session	29 1:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2015
30 9:30 a.m. – 1:00 p.m. Conjoint Written Examination 2015 – MCQ Segment	31	1 Sep	2 2:15 – 7:15 p.m. Structured Education Programme	3	4	5 1:00 – 4:00 p.m. Interest Group in Dermatology
6 9:30 a.m. – 12:30 p.m. Conjoint Written Examination 2015 – KFP Segment 2:30 – 5:00 p.m. DFM Module V Orthopaedic Injection Workshop	7	8	9 2:15 – 7:30 p.m. Structured Education Programme	10 2:15 – 7:00 p.m. Structured Education Programme	11	12
13	14	15 9:00 p.m. DFM Board Meeting	16 2:15 – 7:30 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	18	19 2:30 – 5:30 p.m. AEC Mock Exam 2:30 – 5:30 p.m. Shunde CFM - Injection Workshop
20 9:30 a.m. – 12:30 p.m. HKDFM Women's Health Workshop	21	22	23 2:15 – 7:15 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme	25 2:30 – 3:30 p.m. Video Session 8:00 p.m. Specialty Board Meeting 9:00 p.m. Board of Conjoint Examination Meeting	26 1:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2015

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Deputy Editors: Prof. Martin Wong Dr. Natalie Yuen Dr. Anita Fan	



Back row (left to right): Dr. Dorothy Law, Dr. David Cheng, Dr. Ho Ka Ming, Dr. Yip Tze Hung, Dr. Alfred Kwong, Dr. Sin Ming Chuen, Dr. Sze Hon Ho and Dr. Judy Cheng
Front row (left to right): Dr. Natalie Siu, Dr. Catherine Ng, Dr. Wendy Tsui and Dr. Anita Fan

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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