

INSIDE THIS ISSUE

Issue 191 January 2020

01 Message from the President

02 Message from the President (Con't.),
College News:

02 FP Links Committee News

04 Board of Conjoint Examination
News

06 Board of Vocational Training
& Standards, Classified
Advertisements

07 Photo Gallery: HKAM Conference &
HKPCC 2019 on 6-8 December 2019

11 College News: WONCA Announcement

12 Feature: Internship in FM

14 News Corner: Cannabis-based
products and medicines

15 College News: QA&A Committee
News, Meeting Highlights, The HKCFP
Award for the Best Research of 2019;
HKCFP Research Fellowship 2020

20 Board of Education News

24 College Calendar

Message from the President

Happy New Year!

2020 not only marks the beginning of a new year, but is also the commencement of our new 2020-2022 specialist CME/CPD triennium cycle according to Hong Kong Academy of Medicine. A minimum of 90 credit points must be obtained in the three-year cycle from a combination of CPD and CME activities, with at least 15 CPD points included. No more than 75 points can be awarded for passive participation as attendee in Formal College Approved Activity (FCAA) in a cycle. Members are encouraged to plan for training activities ahead.

Based on the 30th Sun Yat Sen Oration delivered on June 2019, Professor Amanda Howe addressed the three principles for family physicians in modern times, namely identity, humanity and equity, in the latest volume (December 2019) of The Hong Kong Practitioners. We should continue to build and strengthen our discipline as Family Medicine practitioners through ensuring excellent exposure to General Practice in medical schools, strong postgraduate Family Medicine specialty training, ongoing career development and last but not least, building research capacity in primary health care. We should be proud of our unique characteristics as we are trained to deal with people across all life stages, deal with all types of health problems at point of first contact in the community and offer service that is "comprehensive, accessible, focuses on a specific community, allows continuity over time, and is centred on the care of people not specific parts of

their bodies or disease". We should seek humanity and act humanely in our practice by providing services focusing on the needs of patients. In addition, Professor Howe also reminded us that the World Organisation of Family Doctors (WONCA) is always there to back up family doctors in the pursue of universal health coverage.



Professor Rodger Charlton also shared his perspectives on UK primary care in the same issue of our College journal. He started his article, "New models of primary care in the UK", by quoting Heraclitus the Philosopher, "The only constant in life is change" in the latest volume of The Hong Kong Practitioners and shared with us the significant change of consultation brought by technology advancement in UK. The traditional face-to-face

(Continued on page 2)



Message from the President (Con't)

(Continued from page 1)

consultation is rapidly evolving to digital consultation (or e-consultation) through smart phone devices. New innovative model of care was developed in response to the increasing demand for health care and patients' expectations for instant access and the UK GP workforce crisis relating to recruitment and retention. E-consultation has taken off in 2017 with a new organisation called "GP at Hand", working with Babylon, which is said to be a leading digital health provider in UK. The change has not only brought challenges to the conventional consultation models, but also to one of the fundamental values in primary health care, continuity of care, and hence, to the mutual trust relationship between a family doctor and his/ her patients. The change in UK may have a wider impact as digital consultation seeks to expand further afield. Professor Charlton reminded other countries about the need to be prepared and to embrace the new changes so as to ensure the key

attributes of accessible, good, personal and patient-centred care are maintained in the community.

Words cannot express how saddened we are learning about the bushfires that have caused serious damages in various parts of Australia. Our hearts are with our colleagues, friends and families of RACGP as well as everyone in Australia. We do hope that things will be settling back to normal very soon and we send our best wishes from Hong Kong.

January is a time for setting goals, embarking upon adventures and putting together personal plans. To achieve the targets set can be one of the best incentives to spark off innovations. Hope that you are ready for the new challenges in the new year!

Kung Hei Fat Choi in the Lunar New Year of the Rat!

Dr. David V K CHAO
President

FP Links Committee News

Time to Go Green

The Hong Kong College of Family Physicians always encourages the use of the electronic copy to replace printed copy in order to reduce paper consumption. Since 2009, all issues of Family Physicians Links (FP Links) have been accessible from college website http://www.hkcfp.org.hk/fplinks_40.html

To be in line with the College's Go Green policy, College members would be recommended to obtain our FP Links ONLINE from now on.

Members who would like to stop receiving physical copies of FP Links in future, please scan the QR code and unsubscribe from our hard copy database. Mailing of FP Links will be discontinued from April 2020 onwards.

Please join us together in reducing paper consumption and helping conserve natural resources!

For enquiries, please contact the College Secretary Angel or Cherry at 2871 8899.

HKCFP Secretariat

The Hong Kong College of Family Physicians

Address : Rooms 803-4, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen

Email : membership@hkcfp.org.hk

Fax : 2866 0616





Hong Kong Obesity Society
香港肥胖學會

4th Annual Symposium Debunking the Myth of Weight Management

Date: February 29, 2020 (Saturday)

Time: 12:30 - 16:30

Venue: Star Room, Level 42, Cordis Hotel, Hong Kong
(Langham Place 555 Shanghai Street, Mongkok, Kowloon, Hong Kong)

Speaker Highlights

Prof Joseph PROIETTO (Australia)
Mr Terence Kam Ho CHAU (Hong Kong)
Dr Terry Ho Yan TING (Hong Kong)
Dr Adrian WONG (Hong Kong)

Registration Fee

Early Bird: HK\$300
Non-Members: HK\$500
Members: Free

Important Dates



Opening of Online Registration:

14 October 2019

Early Bird: Before 31 December 2019

Registration Deadline: 25 January 2020

Online Registration: www.hkobesity.org


Is one diet better than another? Paleo diet? Atkins diet?

What is HIIT? Does it help?

What kind of exercise is the best?

How do I motivate myself to lose weight?



Diamond Sponsor:  **MSD**

Gold Sponsor:



CME in application

Contact

Tel: (852) 2374 1268 | Fax: (852) 2396 6465 | Email: info@hkobesity.com | Address: Unit 3C, Worldwide Centre, 123 Tung Chau Street, KLN

THIRTY-FOURTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-fourth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2020.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP* at the time of application for the Examination and at the time of the Conjoint Examination.

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2020/2021 before 31 July 2020. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: For Category I candidates who have enrolled in the vocational training programme before 31 December 2018, and who apply for the award of RACGP Fellowship before 1 March 2027, they will remain entitled to be awarded FRACGP. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).

All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2020, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2020, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who are FULLY registered with the Hong Kong Medical Council and have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2020.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Applied Knowledge Test (AKT)*, and
Key Feature Problems (KFP)

**Note: Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT) from Conjoint Exam 2018, with no major change on the exam format.*

- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. This validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

Note: In regarding the APCLS certificate as issued by the HKCFP, the APCLS workshops & examinations for 2020 will be held on **29 February – 1 March 2020 and **28 – 29 March 2020** respectively. Details regarding the workshop*

/ examination can be referred to the News of Board of Education (on pg. 20). Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2020.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2023).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **8 April 2020 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000

Examination Fee:

- Full Examination (Written + Clinical) \$31,000
- Written Examination \$15,500
- Clinical Examination \$15,500

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applied for the Full Examination **but failed in the Written Examination, the Clinical Examination fee (\$15,500) will be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he / she will receive a refund of \$31,000 (for the whole examination), \$15,500 (for the written examination) or \$15,500 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- 8 April 2020 (Wednesday) Closing Date for Applications
- 16 August 2020 (Sunday) Conjoint Examination – Written Examination (KFP)
- 23 August 2020 (Sunday) Conjoint Examination – Written Examination (AKT)
- [Date to be confirmed] Conjoint Examination – OSCE

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

Board of Vocational Training and Standards News

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year Basic Vocational Training and attained a higher qualification in Family Medicine can be enrolled into the Higher Training programme.

For those who prepare to sit for the Exit Examination in 2022, please submit the application for Higher Training on or before **29 February 2020 (Saturday)** in order to meet the requirement for sitting the Exit Examination. The application form is available from the College Secretariat and can be downloaded from the College website.

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher Trainees must submit the original copy of annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 29 February 2020 (Saturday)**. Late submission **WILL NOT** be accepted.

The training experience of 2019 **WILL NOT** be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of Higher Training, please make sure that the application form and checklist for completion of Higher Training are completed and returned together with the original copy of your training logbook on or before **29 February 2020 (Saturday)**.

Should you have any enquiries, please feel free to contact Ms. Charlotte Cheung or Ms. Kathy Lai at 2871 8899.

Higher Training Subcommittee
Board of Vocational Training and Standards

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all Basic Trainees must submit the original copy of annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 31 January 2020 (Friday)**. Late submission **WILL NOT** be accepted.

The training experience of 2019 **WILL NOT** be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Charlotte Cheung or Ms. Kathy Lai at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training and Standards

Classified Advertisements

General Practitioners Required

Experienced doctors (part-time / full time) are cordially invited to join our Clinics for **DAY/NIGHT** sessions (**Tai Wai & Shek Mun**). Retired Doctors are welcome. Please send CV to hr@pro-medics.hk

Accredited Private FM Centre invites FT/PT Doctors for expanding group practice in NTW/KLN. FM, Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

Hong Kong Academy of Medicine Conference & Hong Kong Primary Care Conference 2019 – “People-Centred Care: Towards Value-Based Innovations”

The Hong Kong Academy of Medicine Annual Conference & Hong Kong Primary Care Conference 2019 jointly organized by our College and Hong Kong Academy of Medicine (HKAM) was held from 6 to 8 December 2019. This was an amazing end to the year! Initially the Conference was the Tripartite event of the three Academies of Medicine from Malaysia, Singapore and Hong Kong. However, due to the local social unrest and travel warning issued by the other two countries, HKAM and our College decided to proceed with the event just two weeks prior to its opening.

The theme of this Conference was “People-centred Care: Towards Value-Based Innovations”. This amplified the diversity of topics from basic Genetics and Genomics to various innovative medical advances and back to the clinical approach of LGBT. There were more than 500 attendees on a sunny weekend! Dr. Chui Tak Yi, Under Secretary for Food and Health was one of our main officiating guests. We had two inspirational plenary lectures by Mr. Ricky Chu, Chairperson of Equal Opportunities Commission on “Knocking Down Barriers to Inclusive Healthcare” and by Dr. Donald Li on “Enhancing Primary Care in Hong Kong through the Provision of Integrated People-centred Primary Care in District Health Centres”.

I have to take my hat off to all the attendees who braved the weekend for the medical knowledge. The Conference was a huge success considering the final phase was put together within two weeks. I would also like to thank all the guests, speakers and sponsors for their invaluable support. My special thanks to Prof. William Wong and Dr. Lorna Ng in leading our Scientific Subcommittee. My final words to our Secretariat- you are amazing and simply the best!

Dr. Angus MW CHAN

Co-chairman, Organizing Committee,
HKAM Conference & HKPCC 2019



Welcoming Remarks by Prof. Lau Chak Sing, President of HKAM (left) and Dr. David Chao, President of HKCFP (right)



Group photos of guests before the Opening Ceremony

Opening Ceremony



The MCs Dr. Luk Man Hei (left) and Dr. Tse Sut Yee (right)



Group photo of officiating guests, VIPs and participants



Ribbon Cutting Ceremony



Dr. Chui Tak Yi, JP, giving Opening Remarks



Prof. Lau Chak Sing (left) and Dr. David Chao (right) presenting Best Research Paper Award to Dr. Eric Wan (middle).



Prof. Lau Chak Sing (left) and Dr. David Chao (right) presenting Best Trainee Research Paper Award to Dr. Leung Ching Ching (middle)



Co-chairmen of Organising Committee presenting souvenirs to Judges of Full Research Paper Competition (Left to right) Dr. Lau Chor Chiu, Prof. Lam Tai Pong, Prof. Doris Young, Prof. Albert Lee and Dr. Angus Chan

Halnan Lecture



Prof. Lau Chak Sing (left) presenting souvenir to Mr. Ricky Chu (right)

Plenary Session



Dr. David Chao (left) presenting souvenir to Dr. Donald Li (right)

Seminar 1



(Left to right) Prof. Lam Tai Hing, Dr. Roger Ng, Prof. Yeoh Eng Kiong (Speakers) and Dr. Tsang Ho Fai (Chairperson)

Seminar 2



(Left to right) Dr. Smon Tsang, Dr Andrea Luk, Dr. Chan Yiu Cheung (Speakers) and Dr. Axel Siu (Chairperson)

Seminar 3



(Left to right) Dr. Henry Sze, Prof. Sham Pak Chung, Prof. Rossa Chiu, Prof. Leung Tak Yeung (Speakers) and Prof. Anthony Chan (Chairperson)

Seminar 4



Dr. Lorna Ng (left, Chairperson) presenting souvenirs to Prof. Joseph Sung and Prof. Martin Wong (right of photos, Speakers)

Seminar 5



Dr. Catherine Chen (left, Chairperson) presenting souvenir to Dr. William Wong (right, Speaker)

Seminar 6



Speakers (left to right) Dato'Indera Dr. Sha'ari Ngadiman, Dr. Seto Wai Kay, Dr. Kenneth Chok

Seminar 7



Dr. Stephen Lam (right, Chairperson) presenting souvenirs to Dr. Derrick Au and Dr. Ivan Lo (left of photos, Speakers)

Seminar 8



Dr. Neeraj Mahboobani (left, Chairperson) presenting souvenirs to Speakers (left to right) Dr. Cheung Ngai Tseung, Prof. Ian Wong, Prof. Cindy Lam, Dr. Stanley Wong and Dr. Benjamin Fang

PHOTO GALLERY

Seminar 9



Dr. Wendy Kwan (left, Chairperson) presenting souvenir to Dr. Tommy Chan (right, Speaker)

Seminar 10



Dr. Judy Cheng (left, Chairperson) presenting souvenirs to Mr. Henry Tse (middle, Speaker) and Dr. Francois Fong (right, Speaker)

Seminar 11



(Left to right) Dr. Patrick Chung (Chairperson), Dr. Raymond Tsang, Dr. Henry Fu and Prof. Jimmy Lai (Speakers)

Seminar 12



Dr. William Wong (left, Chairperson) presenting souvenir to Dr. Brian Chung (right, Speaker)

Workshop 1



(From left to right) Ms. Ida Lam, Mr. Chris Chan, Dr. Miko Lo, Dr. Andrew Wai (Speakers) and Dr. Tse Sut Yee (Chairperson)

Workshop 2



Prof. Martin Wong (left, Speaker & Facilitator) presenting souvenir to Prof. Doris Young (right, Speaker)



Prof. Martin Wong (left, Speaker & Facilitator) presenting souvenir to Mr. Alan Purvis (right, Speaker)

Workshop 3



(Left to right) Dr. Chow Yu Fat, Mr. Richard Yu, Dr. Tony Chan, Dr. Prof. George Wong and Mr. Graham Barkus

Clinical Case Presentation Free Paper Presentation



Dr. David Chao (right) presenting Best Clinical Case Presentation Award certificate to Dr. Catherine Chen (left)



Dr. Wendy Tsui (left) and Dr. Cecilia Fan (right) presenting Best Oral Presentation Award certificate to Dr. Wong Sze Kei (middle)



Ms. Samantha Chong (left) and Dr. Maria Leung (right) presenting Best Poster Presentation Award certificate to Dr. Leung Lok Hang (middle)

Lunch Symposium I



Dr. Ngan Po Lun (right, Chairperson) presenting souvenir to Dr. Charles Chan (left, Speaker)



Dr. Ngan Po Lun (right, Chairperson) presenting souvenir to Dr. Peter Tong (left, Speaker)

Lunch Symposium II



Ms. Samantha Chong (right, Chairperson) presenting souvenir to Prof. Ronald Ma (left, Speaker)



Dr. Luk Man Hei (right, Chairperson) presenting souvenir to Prof. Ivan Hung (left, Speaker)



Dr. Luk Man Hei (right, Chairperson) presenting souvenir to Dr. Alexander Chiu (left, Speaker)



Dr. Luk Man Hei (right, Chairperson) presenting souvenir to Dr. Jamie Lam (left, Speaker)



Closing and thank you speech by Dr. Angus Chan, Co-chairman of Organizing Committee



Ms. Samantha Chong (right, Chairperson) presenting souvenir to Dr. Jason Fong (left, Speaker)

WONCA Announcement



Aotea Centre, Auckland, New Zealand
*"Family Medicine Leading the Way towards an
 Advanced World of Equity, Quality and Compassion"*
23 - 26 APRIL 2020 (Thursday – Sunday)

Dear Members,

The WONCA Asia Pacific Regional Conference 2020 will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster closer ties between FM organizations as well as individual doctors.

The College Council has decided to grant a sponsorship with a maximum of HKD10,000 for BVTS Trainee applicant, or HKD11,500 for other member applicant with presentation to attend the captioned conference. By the successful granting, the applicants shall agree to -

- (a) acknowledge the College in all of the Presentation materials, such as PowerPoints, Posters etc;
- (b) uphold and promote to the best of their ability the aims and objectives of the College;
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College;
- (d) take part in the College official functions if any during the Conference;
- (e) submit a written report (>800 words) with photos in one month after the conference.

All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by **13 February 2020, Thursday**.

For further information please visit the Conference official website at <http://www.woncanz2020.com/wonca20>

Thanks,

Dr. William WONG
 Honorary Secretary, HKCFP

Internship in FM

Dr. Natasha Liu, Resident trainee

Department of Family Medicine and Primary Healthcare (FM&PHC), Hong Kong West Cluster, Hospital Authority



Photo with Dr. Welchie Ko at re-opening ceremony of Sai Ying Pun Jockey Club GOPC

The new FM internship programme started in 2017, which is a 6-month bundled programme including 6 weeks in FM, 6 weeks in AED and 3 months in Internal Medicine. In July 2017, my internship began with a 6-week training in Aberdeen Jockey Club GOPC. It is my pleasure to be the first intern in HKWC FM.

Being the first intern in the department, there was no one that I could ask about their experience and tips. Before I started, I was very nervous about what is the role of an FM intern. What duties would I be assigned? Would I be asked to see patient on my own on the first day of work?

Fortunately, the intern training was a very structured programme, with 2 weeks of orientation at the beginning. I had attachment in different services of the clinic including RAMP (Risk Assessment and Management Programme), IMHP (Integrated Mental Health Programme), dietician, optometry, physiotherapy, wound clinic and continence care clinic. In IMHP, I had attachment with both the keyworker (occupational therapist) and doctor, where patients with anxiety or depressive mood could receive early intervention for their mental problems. Through these attachments, I learnt more about different services provided at our clinic, which allows me to better utilize them during consultation. I also had sit-in consultations with MOs.

After getting used to the routine work in GOPC, I was assigned with duties including consultation, RAMP clinic and blood taking. In RAMP clinic, I had the opportunity to see patients with chronic diseases including diabetes

and hypertension, and discuss the results of their annual blood tests and give them advice about lifestyle modification. I still remember how nervous I was on the first time of seeing patient on my own, as I could not expect who was waiting outside my room and what challenges he/she would bring to me. Throughout the training, I have gained more confidence in doing consultation. The most unforgettable moment was that at the end of a consultation, my patient requested to see me in her follow-up appointment, which was very encouraging for an intern. I was thankful that as an intern, I was given the privilege to spend more time on each patient.

Contrary to other specialties where interns mainly follow instructions from MOs and assist their daily ward duties, interns in FM have greater independence in patient care. I was allowed to see patients on my own to make diagnosis and decide the plan of management. Overall, the experience of being an intern in FM was very rewarding and has improved my confidence in decision making. I am grateful for the generous help and supervision from all MOs, nurses and allied health colleagues during my 6 weeks of internship. I would highly recommend everyone who is interested in FM to choose this internship rotation.



Photo with Dr. Wendy Tsui taken at re-opening ceremony of Sai Ying Pun Jockey Club GOPC

FM internship

Dr. Wan Wing Fai, Department Intern Coordinator, FM&PHC, Hong Kong West Cluster, Hospital Authority

After a curriculum review of the internship training in Hospital Authority, internship training was extended to Family Medicine since Jul 2017. It aims at enhancing the intern training in Family Medicine and primary care. In the programme, interns have opportunities to learn patient communication and clinical management at the out-patient setting, especially chronic disease management.

In the new intern curriculum, there is an option on a 12-week training period which includes both Family Medicine and Emergency Medicine. 6-week training is conducted in at least two General Outpatient Clinics in Family Medicine.

Within this 6-week training period, the interns in our Department are able to acquire consultation and communication skills. They will be arranged to have consultation under supervision. Moreover, there is consultation skill training through sit-in consultations and video reviews every week. Apart from consultations,

the interns learn to perform some common clinic procedures such as venous blood taking, cryotherapy, trigger finger injection and ear irrigation. For their exposure to multi-disciplinary team care approach in primary care setting, they will have attachment in our various nursing and allied health programmes including Risk Assessment and Management Programme, Integrated Mental Health Programme, smoking cessation and counselling, wound management, optometry service, dietitian service and continence care programme. Last but not the least, they received training on practice management, clinical audit & research, and also presented in our structured training seminar.

Positive feedback on this programme has been received from the interns, and we have come to the 3rd year of the Family Medicine internship programme. We hope that the programme will continue to enhance the learning of interns and finally can attract more doctors to Family Medicine in the future.

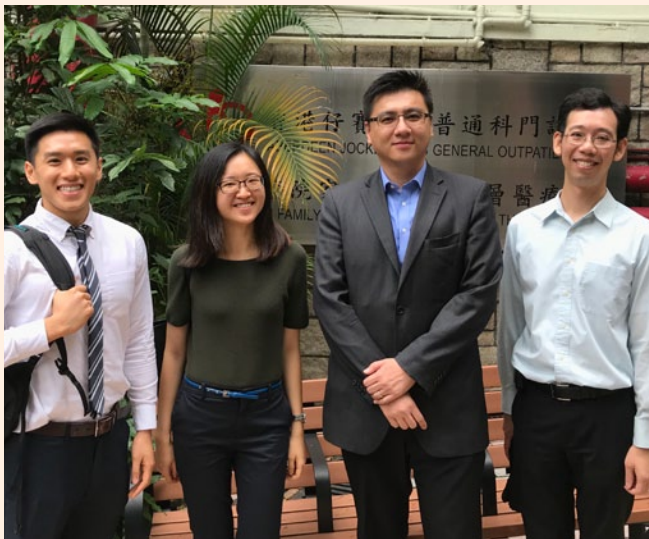


Photo with Dr. Welchie Ko and interns at Aberdeen Jockey Club GOPC in 2018
(Left to right)
Dr. Ryan Cheung, Dr. Alice Yang, Dr. Welchie Ko and Dr. Wan Wing Fai



Photo with interns in 2019
(Left to right) Dr. Mandy Chan, Dr. Wan Wing Fai and Dr. James Hooi

Cannabis-based products and medicines

Cannabis-based products, commonly known as CBD (cannabidiol), are becoming popular in the North America and Europe. It can be found in various products like pain relieving cream, cosmetics and even candies. Users believe that it helps to relieve pain, sleep problem and anxiety.

What are cannabinoids?

Cannabinoids are active chemicals that can induce drug-like effects. The cannabis plant (marijuana) contains more than 100 cannabinoids, the two main types that are of medical interest are Tetrahydrocannabinol (THC) and CBD. THC is the main active ingredient in cannabis producing the 'high' effect. THC can increase appetite and reduce nausea, decrease pain and inflammation, and alleviate muscle control problem. CBD is not popular for recreational use since it does not make user 'high'. It may be effective in the control of pain, inflammation and epileptic seizures.

Differences between medicinal and illegal cannabis

Medicinal cannabis is different from illegal cannabis. It is produced under strict pharmaceutical conditions, the composition and potency of THC/CBD is known. The routes of intake are mostly oral or sublingual.

Illicit recreational cannabis may contain pollutants and heavy metals. It is usually taken in the form of smoking, which can induce respiratory tract problems like chronic bronchitis.

Benefits of medicinal cannabis

The scientific ground for use of medicinal cannabis is not yet complete. Research has shown some evidence that medicinal cannabis may be useful in the following conditions:

- Certain childhood epilepsies
- Spasticity and pain in multiple sclerosis
- Chronic non-cancer pain
- Nausea and vomiting induced by chemotherapy
- Anorexia caused by Acquired Immunodeficiency Syndrome (AIDS)

Side effects of medicinal cannabis

The degree of side effects depends on type of medicinal cannabis and may varies between individuals. In general, adverse effects from CBD-dominant products are less frequent than that of THC-dominant products.

Very common	Common	Uncommon
Drowsiness/fatigue	Euphoria	Hypotension
Dizziness	Blurred vision	Paranoia
Dry mouth	Headache	Depression
Anxiety		Ataxia
Nausea		Tachycardia
Cognitive effects		Diarrhea
Appetite stimulation		Cannabis hyperemesis

Approved medicinal cannabis in the United States (US) and United Kingdom (UK)

The US Food and Drug Administration approved two medications containing THC, namely dronabinol and nabilone. They treat nausea related to chemotherapy and promote appetite in patients with severe weight loss caused by AIDS.

NICE guideline stated that cannabis-based medicinal products can be used for the following conditions:

- Nabilone can be considered for intractable nausea and vomiting induced by chemotherapy.
- Trial of THC:CBD spray can be offered to treat moderate to severe spasticity in multiple sclerosis.
- CBD is licensed as adjunctive therapy for seizures associated with Lennox-Gastaut syndrome or Dravet syndrome.

THC and CBD in Hong Kong (HK)

THC is a dangerous drug controlled under the Dangerous Drugs Ordinance, and trafficking any products containing THC constitutes a criminal offence. CBD is not a dangerous drug but there is no registered pharmaceutical product available in HK yet. Regarding food products or drinks containing CBD, since it is difficult to extract pure CBD, they may contain other cannabinoids like THC. Import of these products may breach our local law.

References:

1. National Institutes of Health; U.S. Department of Health and Human Services.
2. NICE guideline [NG144]; Cannabis-based medicinal products
3. Department of Health; Government of Western Australia
4. Regulation of products containing cannabis; HKSAR

Compiled by Dr. Siu Pui Yi

Quality Assurance & Accreditation Committee News

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2019

Dear Members,

The credit point score of year 2019 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **29 February 2020**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2019** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2017-19**, please apply in writing with relevant supporting documents and \$500 administration fee (**non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles. Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held in **2019 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **“Report on CME/CPD missing points from Pre-Accredited Activity”** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 29 February 2020

All forms can be download at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying for additional accreditation, please send a cheque payable to “HKCFP Education Ltd” **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear Sufficient Postage before posting.

Application Form and Supporting Documents can be submitted by post to above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline of **29 February 2020** as late application will **NOT** be processed. The QA&A Committee reserve the right to finalize the number of “Credit Points” to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma or Ms. Cherry Ma at 2871 8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

With the current QA Cycle (2017-2019) which will be finalized by the end of this year, please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>

The committee wishes to highlight that Colleagues **must engage in ALL categories of activities** in order to fulfill the QA Certificate 2017-2019 criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**.
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to CME activities organized by our College alone, and
- iii) Category 5, related to pre-accredited CME activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events organized by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

Please see the "Regulations for Award of Quality Assurance 2017-19 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

To obtain CME Certificate 2019, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain a minimum of 90 points, including **at least 15 CPD points** in the 3-year cycle (2017-2019).

Another point to highlight is the various ways to gain CPD points, listed below for your reference:

1. Continuous Professional Development (CPD) Logs
 - I. Self-appraisal activities on lectures, seminars and workshops organized by the Board of Education (for Activities that are applicable to submit CPD Log, corresponding sentence **"Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)"** will be included in the Board of Education News published in FP links)
 - II. Specify journal article published in the HK Practitioner or HK Medical Journal (**HK Practitioner:** Update Article, Original Article, Discussion Paper, Internet; **HK Medical Journal:** Original Article, Review Article, Medical Practice)
 - III. Evidence Based Practice (EBP) report corresponding to a journal article published in the HK Practitioner, the HK Medical Journal, or in an indexed or refereed Medical Journal
 - IV. Practice Audit, Review and Appraisal; including Clinical Audit, Evidence-Based Medical Protocol and Preventive Care Audit
 - V. Structured Learning Activities, such as Portfolio For Self Learning Plan
2. Activities related to Teaching, Educational Development and Research
 - I. Teaching / Tutoring medical students in Family Medicine
 - II. Clinical supervisor of vocational trainees in Family Medicine
 - III. Acting as examiner for the Conjoint HKCFP / RACGP Fellowship Examination or the HKCFP Exit Examination
 - IV. Being a CPR instructor of the Assessment Enhancement Course organized by the College
 - V. Being a moderator or speaker of pre-accredited activities
 - VI. Being a chairperson / speaker of pre-approved small discussion group(s)
 - VII. Research work related to the field of General Practice / Family Medicine
 - VIII. Publishing journal articles, books or theses
3. Activities related to Professional Development, such as demonstration of competence in Family Medicine by completing a course of study and passing the Conjoint HKCFP/RACGP Fellowship Examination, Specialty Board Exit Examination, the basic life support (CPR) assessment organized by the College, Diploma examinations organized by the College; passing professional examination (Membership / Fellowship, etc) or academic examination (Diploma / Master Degree, etc) relevant to General Practice/Family Medicine.
4. Activities related to Quality Development, including participation in a quality assurance activity, exercise, workshop or clinical attachment organized by the College. Active Learning Mode (ALM) has been introduced since 2016 to facilitate active learning at selected seminars involving skill and knowledge transfer, and participants may gain CPD points when assessment criteria by pre- and post- activity MCQs are fulfilled.

You can download all the relevant forms from our website: http://www.hkcfp.org.hk/pages_5_84.html. For any enquiry please contact our Secretariat (Mr. John Ma or Ms. Cherry Ma) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

Reciprocal Recognition of Quality Assurance and Continuing Professional Development (QA&CPD) Programmes Between the HKCFP and the RACGP

Dear Members,

Members of the Royal Australian College of General Practitioners, who live and work in Hong Kong and fulfill the requirements of the HKCFP Certificate of Quality Assurance, shall be deemed to fulfill the minimum requirements of the RACGP QA&CPD Programme by reciprocal recognition between the two programmes. Please refer to http://www.hkcfp.org.hk/pages_5_81.html for the regulations for award of the HKCFP Certificate of Quality Assurance.

For more detail information regarding the RACGP QA&CPD 2017-19 Programme, please visit: <https://www.racgp.org.au/education/professional-development/qi-cpd>

Doctors who wish to enroll with the reciprocal arrangement for the 2017-2019 trienniums should complete and return the attached application form to the College Secretariat on or before **29 February 2020** with an administration fee of HK\$300 (**non-refundable**). Please note that the reciprocal recognition is for the Programme but not for each individual education activity. Only those who fulfill the related requirements shall be deemed to fulfill the RACGP requirements for the 2017-2019 Triennium. RACGP has the final authority of deciding whether your QA&CPD requirements are fulfilled.

For any enquiry, please feel free to contact Mr. John Ma or Ms. Cherry Ma by email to cmecpd@hkcfp.org.hk. Thank you.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Meeting Highlights

Annual Refresher Course 2019

2 sessions of Annual Refresher Course were successfully held on 16 and 17 December 2019 respectively.

Dr. Chan Siu Kim, Specialist in Nephrology, delivered a lecture on "Approach to Patients with Renal Impairment in Primary Care Setting" on 16 December 2019.



Dr. Aster Lau (left, Moderator) presenting a souvenir to Dr. Chan Siu Kim (right, Speaker)



Dr. Danny Ma (left, Moderator) and Dr. Stephen Foo (right, Censor) presenting a souvenir to Dr. Miu Ting Yat (middle, Speaker)

Dr. Miu Ting Yat, Specialist in Paediatrics, delivered a lecture on "Grab your AIR - New Approach on Asthma Management" on 17 December 2019.

Interest Group in Medical Humanities

Dr. Leung Wai Ching, Specialist in Psychiatry, delivered a lecture on "Mood Problems Encountered in Hong Kong 2019" on 14 December 2019.



Dr. Mark Chan (right, Moderator) presenting a souvenir to Dr. Leung Wai Ching (left, Speaker)

CME Lecture on 12 December 2019

Dr. Ho Ka Ki, Leo, Specialist in Orthopaedics & Traumatology, delivered a lecture on "Osteoarthritis Management - Does Patient Has Adequate Pain Relief?" on 12 December 2019.



Dr. Tsui Hing Sing (left, Moderator) and Dr. Chan Hung Chiu (right, Council Member) presenting a souvenir to Dr. Ho Ka Ki, Leo (middle, Speaker)

The HKCFP Award for the Best Research of 2019

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2019. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2020.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission either:

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to PriscillaLi@hkcfp.org.hk / CrystalYung@hkcfp.org.hk

DEADLINE OF SUBMISSION: 31 March, 2020

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2020

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **31 March, 2020**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to PriscillaLi@hkcfp.org.hk / CrystalYung@hkcfp.org.hk

Supported by HKCFP Foundation Fund

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2020

As required by the Royal Australian College of General Practitioners (RACGP), CPR training course needs to have advanced component on airway management, neck support and automated external defibrillation (AED) on top of basic life support. In order to align with our Sister College (RACGP) and in achievement of reciprocal recognition in Conjoint Fellowship Examination and Quality Assurance Certificate, the CPR Subcommittee of the Board of Education is pleased to announce that an enhanced CPR course, the Advanced Primary Care Life Support (APCLS) had been launched in 2017.

APCLS course materials have been endorsed by HKCFP Council in 2015 and the Resuscitation Council of Hong Kong (RCHK) in 2016. The course aims to widen the scope of our existing CPR training course by adding several important elements: use of automated external defibrillator (AED), use of airways adjuncts and dealing with initial trauma care through use of neck support.

2 APCLS Training and Examination Workshops will be held in 2020 (29 Feb – 1 Mar 2020 and 28-29 March 2020).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2020 Conjoint Examination are strongly advised to register in our APCLS session. Members are reminded that a valid HKCFP APCLS Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2020 Conjoint Examination are also reminded to check the validity of their HKCFP APCLS Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP APCLS certificates are valid for 2 years.

1st Announcement: January College News

**29 February – 1 March 2020 / 28-29 March 2020
Saturday and Sunday**

APCLS Training and Examination Workshop

Time	2:00 p.m. – 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. Advanced Primary Care Life Support-Principles and Techniques 2. Advances in CPR and use of Automated External Defibrillator (AED) 3. Use of Airway Insertion and Cervical Injury Management 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP APCLS Instructors
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing the APCLS Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	36 doctors

Admission Fee:

Members and Non-members (Attend Training and Examination Workshop)	HK\$900.00
Members with expired APCLS certificate issued by HKCFP (Attend Training and Examination Workshop)	HK\$500.00

All cheques should be made payable to “**HKCFP Education Ltd**”.
All fees received are non-refundable and non-transferable.

Applicant please fill in the registration form available from College website: http://www.hkcfp.org.hk/pages_9_463.html. Successful candidates will be awarded an APCLS Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Katie Lam at 2871 8899 for registration on/ before **21 February 2020 (Friday) for February session** and **20 March 2020 (Friday) for March session**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint application deadline: 8 April 2020

*** REMARKS:** 1. You are not allowed to take the APCLS training workshop and examination during your pregnancy. 2. Priority will be given to candidates, who have applied 2020 Conjoint HKCFP/RACGP Fellowship Examination and the Diploma of Family Medicine Examination (2019-20).

1 February 2020

Saturday

Board of Education Interest Group in Mental Health & Psychiatry

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health		
Theme	Advances in Diagnosis and Treatment of Parkinson's Disease		
Speaker	Prof. Mok Chung Tong, Vincent Mok Hing Yiu Professor of Medicine, Head of Division of Neurology, Department of Medicine and Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong		
Coordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians		
Time	1:00 p.m. – 2:00 p.m.	Lunch	
	2:00 p.m. – 3:30 p.m.	Lecture	(Part A)
	3:30 p.m. – 4:00 p.m.	Discussion	(Part B)
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong		

Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
---------------	--	------------------------------------

All fees received are non-refundable and non-transferable.

Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) for active participation 2 CME points MCHK
---------------	---

Language Lecture will be conducted in English and Cantonese.

Registration **Registration will be first come first served. Please reserve your seat as soon as possible.**

Note **Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.**

Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.


Register Online

Sponsored by
Lundbeck Hong Kong Limited


Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	31 January 2020 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Dermatology Interest Group Case Presentation" by various trainees
Admission	Free for Members 
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

February's session:

Date	28 February 2020 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Approach to a Snoring Child in Primary Care Setting" by Dr. Theresa Leung
Admission	Free for Members 
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
8 Feb 2020 2:15 – 4:15 p.m.	Lecture Halls A & B, 4/F, Block G, Wong Tai Sin Hospital, 124 Shatin Pass Road, Wong Tai Sin, Kowloon	Diabetes, Obesity and SGLT2 inhibitor Dr. Hoi Sze LEUNG OLMH ACON(M&G)	Ms. Clara Tsang Tel: 2354 2440
29 Feb 2020 2:15 – 4:15 p.m.	Lecture Halls A & B, 4/F, Block G, Wong Tai Sin Hospital, 124 Shatin Pass Road, Wong Tai Sin, Kowloon	Interesting poisonings in Hong Kong – experience of the HA Toxicology Reference Laboratory in the past 15 years Dr. Tony MAK PMH/NLTH COS(Path)	Ms. Clara Tsang Tel: 2354 2440

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 Feb 2020 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Common Emergency Conditions Recognized by ECG Tracing Dr. Jiao Fangfang & Dr. Fan Yuen Shan, Patricia	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Burnout Syndrome and Management Dr. Tong Wing Sze	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Update on Management of Gout and OA Dr. Hui Yuk Ting, Candy & Dr. Ho Sze Ho	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Menopausal Health Dr. Ellen Lui	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Anxiety Disorders: PTSD, Adjustment Disorder etc Dr. Fan Vei Chen & Dr. Mak Ho Yin	Mr. Alex Kwok Tel: 5569 6405
6 Feb 2020 (Thu)			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Colorectal Cancer Screen Program in HK: What is Our Role? Dr. Chan Chi Ho & Dr. Chan Ham	Ms. Eliza Chan Tel: 2468 6813

12 Feb 2020 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Common Symptoms in Orthopaedics (Trigger Finger, Wrist Pain, Other Overuse Syndrome etc, Injection Technique) Dr. NG Ka Wing & Dr. Chan Ho Yin	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Fracture Prevention: How do We Manage Osteoporosis Dr. Leung Ching	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Health Care Delivery System in Australia Dr. Chan Ki Fung, Dickson & Dr. Tsang Tsz Lok, Charlotte	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Basic Ultrasound on Thyroid and Deep Veins of the Lower Limb Dr. Chau Ming Tak	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Role of Family Medicine in Health Care System: Now and Future Dr. Lee Jerrold & Dr. Poon Lai Ping	Mr. Alex Kwok Tel: 5569 6405

13 Feb 2020 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Update Management of Endocrine Disease with Cases Sharing (1) – DM Dr. Hun Pek I & Dr. Tang Hoi Yan	Ms. Eliza Chan Tel: 2468 6813
------------------	---	---	----------------------------------

19 Feb 2020 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Consultation Enhancement (Physical examination: Hip and Video Consultation) Dr. Hui Alice Sau Wei & Dr. Yu Kwun Nam	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Update Management of Neuro Disease Dr. Lo King Yan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common Symptoms in Surgery Part I (Abdominal Pain, Neck Mass) Dr. Chang Hsu Wei & Dr. Luk Sze Wan, Candy	Ms. Phoebe Wong Tel: 3949 3079
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Preventive Care for Men Dr. Wong Hiu Yeung & Dr. Zhao Haifeng	Mr. Alex Kwok Tel: 5569 6405

20 Feb 2020 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Approach to Urinary Incontinence in Non-pregnant Women Dr. Chan Ching & Dr. Leung Lai Man	Ms. Eliza Chan Tel: 2468 6813
------------------	---	---	----------------------------------

26 Feb 2020 (Wed)

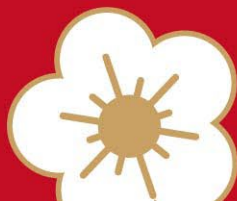
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Shared Care, Referral System and Difference between Primary and Secondary Care Dr. Ho Ka Ki & Dr. Li Janice Chun Ying	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Approach to Abnormal Uterine Bleeding in Non-pregnant Reproductive Age Women Dr. Wu flora	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Community Health Check Programme KEC DM Case Conference Ms. Maisy Mok, Nurse Consultant (Diabetes), KEC	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Management of Common Eye Disease in OPD Setting Dr. Julie Lok	Ms. Cherry Wong Tel: 2589 2337

27 Feb 2020 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Volunteer Service in the Community Dr. Ng Ngai Mui & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813
------------------	---	--	----------------------------------

香港家庭醫學學院
全人恭賀

福



COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Jan	13	14 <i>7:00 - 8:00 p.m.</i> Higher Training Introductory Seminar	15 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	16 <i>4:30 - 7:00 p.m.</i> Structured Education Programme	17	18 <i>2:30 - 5:30 p.m.</i> DFM Module IV
19	20	21	22 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	23 <i>4:30 - 7:00 p.m.</i> Structured Education Programme	24	25
26	27	28	29	30	31 <i>2:30 - 3:30 p.m.</i> Video Session	1 Feb <i>1:00 - 4:00 p.m.</i> Interest Group in Mental Health & Psychiatry <i>2:30 - 5:30 p.m.</i> DFM - Module IV
2	3	4	5 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	6 <i>4:30 - 7:00 p.m.</i> Structured Education Programme	7	8 <i>2:30 - 5:30 p.m.</i> DFM - Consultation Skills Workshop II
9	10	11	12 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	13 <i>4:30 - 7:00 p.m.</i> Structured Education Programme	14	15 <i>2:30 - 5:30 p.m.</i> DFM - Module III Seminar
16	17	18	19 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	20 <i>4:30 - 7:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	21	22 <i>2:30 - 5:00 p.m.</i> DFM - Module IV
23	24	25	26 <i>2:00 - 7:30 p.m.</i> Structured Education Programme	27 <i>4:30 - 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> Council Meeting	28 <i>2:30 - 3:30 p.m.</i> Video Session	29 <i>2:00 - 6:00 p.m.</i> APCLS Workshop & Exam
1 Mar <i>2:00 - 6:00 p.m.</i> APCLS Workshop & Exam	2	3	4	5	6	7

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

FP LINKS EDITORIAL BOARD 2020






Back row (from left to right): Dr. Maria Leung, Dr. Chan Man Li, Dr. David Cheng, Dr. Sze Hon Ho, Dr. Leung Lok Hang, Dr. John Tam, Dr. Fok Peter Anthony and Dr. Yip Tsz Hung
2nd row (from left to right): Dr. Eva Tsui, Dr. Heidi Fung, Dr. Sin Ming Chuen, Dr. Anita Fan, Dr. Alvin Chan and Dr. Christina Cheuk
Front row (from left to right): Dr. Law Tung Chi, Dr. Ken Ho, Dr. Natalie Siu, Dr. Catherine Ng, Prof. Martin Wong, Dr. Natalie Yuen, Dr. Wendy Tsui, Dr. Alfred Kwong and Dr. Judy Cheng


Contact and Advertisement Enquiry
Ms. Alky Yu Tel: 2871 8899 Fax: 2866 0616 E-mail: alkyu@hkcfp.org.hk
The Hong Kong College of Family Physicians
Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

FP LINKS EDITORIAL BOARD 2020

Board Advisor : Dr. Wendy Tsui	Feature: Dr. David Cheng Section Editor	Dr. Tam John Hugh Deputy Section Editor
	News Corner: Dr. Sze Hon Ho Section Editor	Dr. Natalie Siu Deputy Section Editor
	After Hours: Dr. Judy Cheng Section Editor	Dr. Yip Tze Hung Deputy Section Editor
Chief Editor : Dr. Catherine Ng	WONCA Express: Dr. Ho Ka Ming Section Editor	Dr. Fok Peter Anthony Deputy Section Editor
	Photo Gallery: Dr. Maria Leung Section Editor	Dr. Christina Cheuk Deputy Section Editor
Deputy Editors: Dr. Anita Fan Prof. Martin Wong Dr. Natalie Yuen	Board of Education News: Dr. Alvin Chan Section Editor	
	Board Members: Dr. Chan Man Li Dr. Heidi Fung Dr. Alfred Kwong Dr. Law Tung Chi	Dr. Leung Lok Hang Dr. Sin Ming Chuen Dr. Tsui Hiu Fa

To find out more, contact us:

 hkcfp@hkcfp.org.hk
 2871 8899
  Find us on **facebook.**

 www.hkcfp.org.hk

The Hong Kong College of Family Physicians

"Restricted to members of HKCFP. The views expressed in the Family Physicians Links represent personal view only and are not necessarily shared by the College or the publishers. Copyrights reserved."