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## Message from the President

"Family doctors – caring for you for the whole of your life" highlights the crucial role of family doctors in providing lifelong care to patients throughout the various stages in life. It is with this theme that the Department of Health and our College co-organised the World Family Doctor Day Symposium on 11<sup>th</sup> May 2019 to deliberate on the unique role of family doctors in primary care in Hong Kong and to celebrate the World Family Doctor Day (19 May 2019) in advance.

Dr. Constance Chan, the Director of Health, remarked at the Symposium that family doctors were the key to well delivered primary care and that enhancement of primary care services was a major move in strengthening the overall health system in Hong Kong, which was also one of the major initiatives in the Government's policy document, "Towards 2025: Strategy and Action Plan to Prevent and Control Non-Communicable Diseases in Hong Kong" published last year.

We were privileged to have three distinguished speakers sharing with us in the Symposium. Dr. Donald Li, the President of WONCA, gave us a keynote address on the challenges to family doctors in providing life-long care and reiterated the central role of family doctors in looking after patients in the community. Dr. Wanmie Leung, the Deputy Head of the Primary Healthcare Office of the Food and Health Bureau, updated the participants on the latest progress of setting up the District Health Centres (DHCs) which aimed at raising public awareness on personal health management, enhancing disease prevention and strengthening medical and rehabilitation services in the community through

district-based medical-social collaboration and public-private partnership. Professor Martin Wong, the Convenor of the Advisory Group on Hong Kong Reference Framework for Care of Diabetes and Hypertension in Primary Care Settings, shared with the audience on the latest scientific evidence and the best practices on managing hypertension in the primary care setting.

Many thanks to the hard work by colleagues of our Public Education Committee and Board of Education, we also had a sneak preview of the video consisting of "thank you" messages received from our patients in celebration of the World Family Doctor Day. The video is now available at the HKCFP's College website and FaceBook page.

All in all, the Symposium was a wonderful opportunity to acknowledge the central role of our specialty in the delivery of personal, comprehensive and continuing healthcare for our patients, in addition to celebrating the progress being made in family medicine and the special contributions of family doctors globally.

The WONCA Asia Pacific Region Conference 2019 also took place from 15<sup>th</sup> to 18<sup>th</sup> May 2019 at Kyoto, Japan. The Conference was hosted by the Japan Primary Care Association with the theme, "Medical generalists: bringing forward a brighter future". Again, many colleagues from Hong Kong attended with presentations on a wide range of clinical topics relevant to primary care and family medicine practice. And they were excellent presentations too!



World Family Doctor Day Symposium  
(from left to right, Dr. Constance Chan, Dr. Donald Li and Dr. David Chao)



WONCA Asia Pacific Region Conference 2019 at Kyoto, Japan

(Continued on page 2)

## Message from the President (Con't)

*(Continued from page 1)*

By the way, our own 32<sup>nd</sup> Conjoint Fellowship Conferment and Diploma Presentation Ceremony 2019 and the 30<sup>th</sup> Dr. Sun Yat Sen were held on 9<sup>th</sup> June 2019 at the HKAM building. Let us come together to congratulate and celebrate with our new Fellows and Diplomates!

**Dr. David V K CHAO**  
President



Opening Speech of the Conferment Ceremony 2019 by the President, Dr. David Chao

## Board of Vocational Training and Standards News

### Reminder: Submission of Application for Certification of Completion of Basic Training

To colleagues who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. **Late submission will be charged an annual training fee.**

Should you have any enquiries, please contact Ms. Charlotte CHEUNG or Ms. Kathy LAI at 2871 8899.

Basic Training Subcommittee  
Board of Vocational Training and Standards

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April 2019 – May 2019**:

### Associate Membership (New Application)

Dr. CHAN Man Kei	陳 敏 琦
Dr. CHAN Shuk Chi	陳 淑 姿
Dr. CHAN Yau Chuen	陳 囿 全
Dr. LAM Yik Tsz	林 亦 子
Dr. LOH Lai Ting, Taron	羅 麗 婷
Dr. SO Shuk Kuen, Joanna	蘇 淑 娟
Dr. TSUI Ka Wai	徐 嘉 惠
Dr. WANG Man Leung	黃 文 梁
Dr. WONG Ping Kwan	王 秉 鈞

### Non-HKSAR Membership (New Application)

Dr. CAI Lijuan	蔡 麗 娟
Dr. CUI Shanshan	崔 閃 閃
Dr. HO Pek San	何 碧 珊
Dr. HUANG Cui Wei	黃 翠 薇
Dr. LI Xiang Hua	李 湘 華
Dr. NG Chui Shan	吳 翠 珊
Dr. WANG Yuqi	王 雨 琦
Dr. WEI Kang	韋 康
Dr. WONG Wai San	黃 慧 珊
Dr. XIE Xiao Fang	謝 曉 芳
Dr. YANG Jing	楊 靜
Dr. ZHAN Lijun	戰 麗 君



Academy of Medicine of Malaysia



Academy of Medicine, Singapore



Hong Kong Academy of Medicine



The Hong Kong College of Family Physicians

# 4<sup>TH</sup> AMM-AMS-HKAM TRIPARTITE CONGRESS CUM 53<sup>RD</sup> SINGAPORE-MALAYSIA CONGRESS OF MEDICINE & HONG KONG PRIMARY CARE CONFERENCE 2019



**6-8** December 2019  
(Friday – Sunday)

Hong Kong Academy of Medicine Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong



## PEOPLE-CENTRED CARE: TOWARDS VALUE-BASED INNOVATIONS

An inspiring platform for bringing together the international experts and medical professionals. The programme includes:

- Plenaries
- Seminars
- \*Lunch / Dinner Symposia
- \*Workshops
- Full Paper Presentation / Free Paper (Poster/Oral) Presentation / Clinical Case Presentation

\* Pre-registration is required.



**PROGRAMME**



**Register NOW!**

Conference secretariat:

**The Hong Kong College of Family Physicians**

Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK

Tel: +852 2871 8899 Fax: +852 2866 0616

E-mail: [TripartiteCongress2019HK@hkcfp.org.hk](mailto:TripartiteCongress2019HK@hkcfp.org.hk)



## Let's Celebrate! World Family Doctor Day Symposium 2019

Dr. Ngan Po Lun  
Chairman, Public Education Committee, HKCFP



From left to right: Dr. Teresa Li (Assistant Director (Elderly Health Service), DH), Dr. Wanmie Leung (Speaker), Dr. Constance Chan (Director of Health), Dr. Donald Li (Speaker), Dr. David Chao (President, HKCFP), Prof. Martin Wong (Speaker) and Dr. Cecilia Fan (Moderator)

Our College and Department of Health jointly organized the **'World Family Doctor Day Symposium 2019'** on 11 May 2019, in Cordis Hong Kong Hotel, to celebrate the World Family Doctor Day, officially on 19 May, and to discuss the role of family doctors in primary care globally and locally.

The theme of WFDD this year is **"Family Doctors – Caring for You for The Whole of Your Life"**, with special highlights to the role of family doctors in providing life-long care to their patients, "from cradle to grave".

**Dr. Constance Chan, Director of Health**, stated in her opening remarks that family doctors are the key to well-delivered primary care, which is the foundation

of a sustainable healthcare system, and particularly important in facing the challenges brought about by our ageing population and the increasing prevalence of non-communicable diseases.

**Our President Dr. David Chao** also highlighted in his opening remarks that we have a key role in the management and care of patients in various stages of life, as well as a central role in the delivery of personal, comprehensive and continuing healthcare.

We proudly invited **WONCA President, Dr. Donald Li**, be our Keynote Address Speaker. Dr. Li spoke on the theme **"Challenges to Family Doctors in Providing Life-long Care"**. He explained the global and local trends in family medicine services development, elaborating our special roles in child health, continuous care, elderly health and mental health issues. He encouraged us that "We can make, and it's our duty to make, a huge humanitarian contribution and difference to the local and global community, because we are uniquely at the frontline of continuous and lifelong patient-facing health services."

**Dr Wanmie Leung, Deputy Head of the Primary Healthcare Office, Food and Health Bureau**, spoke on the theme **"District Health Centre and The Latest Development for Primary Care in Hong Kong"**, to update on the latest progress in the setting up of new District Health Centres, which aims to enhance disease prevention and strengthen medical and rehabilitation services through district-based medical-social collaboration and public-private partnership.



Opening Remarks by Dr. Constance Chan (left) and Dr. David Chao (right)



Dr. Donald Li



Dr. Wanmie Leung



Prof. Martin Wong



Closing Remarks by Dr. Teresa Li

**Professor Martin Wong, the Convenor of the Advisory Group on Hong Kong Reference Framework for Care of Diabetes and Hypertension in Primary Care Settings,** updated participants on the topic “**Redefining Hypertension in Primary Care Setting? Treatment Recommendation for Hypertension — A Recent Update**”. He explained the latest evidence and best practices on hypertension care in primary care settings, and reminded us the importance of having individualized management plan for each and every patient.

The symposium was very well-received by all the attending family doctors, both as a warm and friendly gathering for celebrating World Family Doctor Day, and a fruitful session for understanding the unique and essential role of family doctors in providing continuous lifelong care.

Please check the website of Primary Care Office on this link: <https://www.pco.gov.hk/english/home/wfdd2019.html> for more details of the Symposium and the uploaded PowerPoint of the speakers.



VIP guests and all participants showing support to World Family Doctor Day



## Young Doctors Committee News Representation of HKCFP in Young Fellows Chapter

Dr. Chan Wing Yan, Loretta  
Co-chairman, Young Doctors Committee, HKCFP

I have the honour of being nominated by College Council as the representative of the Hong Kong College of Family Physicians (HKCFP) in the Young Fellows Chapter (YFC) of the Hong Kong Academy of Medicine (HKAM) from 2017 to 2019.

YFC was officially established in July 2017, with the aims of facilitating communication between the Academy Council and young Fellows, promoting engagement of the young Fellows and encouraging collaboration with other College groups. The YFC governing council comprises representatives from 15 different Colleges.

The Chairman of the first term is Dr. Julian Fong (方俊仁醫生) from the Hong Kong College of Radiologists and that of the second term is Dr. Kenny Kwan (關日康醫生) from the Hong Kong College of Orthopaedic Surgeons. Both Chairmen have demonstrated great leadership in YFC. And I have served as the Honorary Secretary of YFC over the two terms.

YFC members hold regular meetings once every two months. From time to time, we incorporate our meeting with Yum Cha activity organized by the Academy.



YFC members met Dr. Lau Chor-chiu (first from right), Vice-President (General Affairs) of HKAM, during Yum Cha at the Academy in September 2018

Being a YFC member, I have the privilege of participating in the organization of various events held by the Academy.

YFC was empowered by the Academy in holding the Medical Indemnity Forum on 14<sup>th</sup> April 2018. The aim of the forum was to provide accurate information about various indemnity products (claim-made Vs occurrence-based) and clarify some myths and pitfalls in medical indemnity.



Mr. Woody Chang (4<sup>th</sup> from left of second row), Partner of Mayer Brown JSM, was invited to share his experience in healthcare related litigation and the Apology Ordinance.

YFC had also organized Young Fellows Forum, "Conducting Research in Hong Kong: From Young Fellows Perspective" during Medical Education Conference (MEC) in May 2018. In MEC 2019, YFC organized Symposium 2 with the theme of "Curriculum Reform from Young Fellows/ Trainees Perspective".



Young Fellows Forum at MEC 2018



Prof. Gilberto K.K. Leung (left), Vice-President (Education & Examinations) of HKAM, made the final remarks at the Symposium organized by YFC in MEC 2019.

2018 was the 25<sup>th</sup> anniversary of the Academy and YFC had participated in various activities of the Silver Jubilee celebration. In collaboration with the Hong Kong College of Psychiatrists, YFC had co-organized a post-Congress workshop of the Academy's 25<sup>th</sup> Anniversary Congress on 9<sup>th</sup> December 2018. The theme was "Looking after the Mental Health of Our own Profession", with the key focus being the burnout issue in our profession.



Post-Congress workshop of the 25<sup>th</sup> Anniversary Congress "Looking After the Mental Health of Our Own Profession". Dr. Kim Jenkins (third from right), an expert on burnout in the healthcare field, was invited.

Besides, our representatives had attended one of the 20 episodes of the HKAM Special Series of Radio Television Hong Kong (RTHK) in celebration of the 25<sup>th</sup> anniversary. The Academy and its Hong Kong Jockey Club Disaster Preparedness and Response Institute and the Hong Kong Jockey Club Innovative Learning Centre for Medicine, together with the 15 specialty Colleges, had participated in this special series. The episode of YFC was broadcast live on RTHK dated 26<sup>th</sup> November 2018 with the theme "專科醫生是如何煉成的".



I joined Chairman, Dr. Kenny Kwan (middle) and Dr. Henry Wong (second from right) from the Hong Kong College of Anaesthesiologists, attending the radio show of HKAM Special Series.

Led by Vice-President (General Affairs) of HKAM, Dr. Lau Chor-chiu, a group of 28 participants including Chairman, Dr. Kenny Kwan, YFC members and other young Fellows from various Colleges joined the HKAM Sichuan Study

Tour from 27<sup>th</sup> February to 3<sup>rd</sup> March, 2019. The tour was organized by the Academy to promote medical exchange and enhance young Fellows' understanding of health care development in Mainland China. During the trip, they visited the Institute for Disaster Management and Reconstruction (災難重建與管理學院) and West China Hospital Sichuan University (四川大學華西醫院), learning about the Contractual Service from Family Doctors (家庭醫生簽約服務) and Telemedicine (遠程醫療).



Drs. Chloe Chan, Ken Ho and Anthony Jing Fok (from right to left) represented College joining the Sichuan Study Tour



The group visited West China Hospital Sichuan University, a Third grade Class A hospital (三級甲等醫院) in Sichuan.

With the support from the Academy, YFC has conducted the Well Being Study to evaluate the psychological well-being of all practising young Fellows and residents-in-training in Hong Kong. We hope that the survey could provide with us more information on how to look after our own profession and health in the future.

With my term of service in YFC coming to the end in June, I would like to show my gratitude to College for my YFC nomination back in 2017. It is such an invaluable experience of working with young Fellows from different Colleges. And even more important, I treasure very much the friendship we built!

From July 2019, Dr Tse Sut Yee will be taking up the duty of HKCFP representative in YFC. I wish Sut Yee all the best in the new term! And I hope that all of you, in particular the young Fellows, will continue your support to the work of YFC in the future!



## FINAL CALL: Diploma in Family Medicine (HKCFP) 2019 - 2020

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2019.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding of the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

#### Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

<b>Aims:</b>	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
<b>Contents:</b>	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Mental Health, Research & Teaching in Family Medicine, Evidence Based Medicine & Critical Appraisal, Sexual Health & Genomic Medicine

#### Module IV - Clinical Updates (Updates and Clinical Attachment)

<b>Aims:</b>	Acquire in-depth knowledge and practical skills in selected specialties
<b>Contents:</b>	THREE update seminars plus clinical attachment in selected specialties

#### Module V - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
<b>Contents:</b>	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled on Saturday and Sunday afternoons.

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

July to September 2019	Module I
October to November 2019	Module II
July 2019 to May 2020	Modules III, IV & V
April / May 2020	Final Examination

### 5. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine.

### 6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.



## 7. Teaching Medium:

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

## 8. Course Fees:

Whole course:  
HK\$38,000 for members of HKCFP  
HK\$76,000 for non-members

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,900	\$9,800
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,900	\$9,800
Module III (Structured Lectures & Seminars)	\$4,800	\$9,600
Module IV (Updates & Clinical Attachment)	\$4,800	\$9,600
Module V (Practical Workshops)	\$6,200	\$12,400
Examination	\$11,800	\$23,600
Administration Fee	\$5,000	\$10,000

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

## 9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

## 10. Application Procedure:

**Applications are now open.**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$38,000 (or HK\$76,000 for non-members) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2018 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

## 11. Application Deadline: 30 June 2019

### Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge and understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

*\*Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

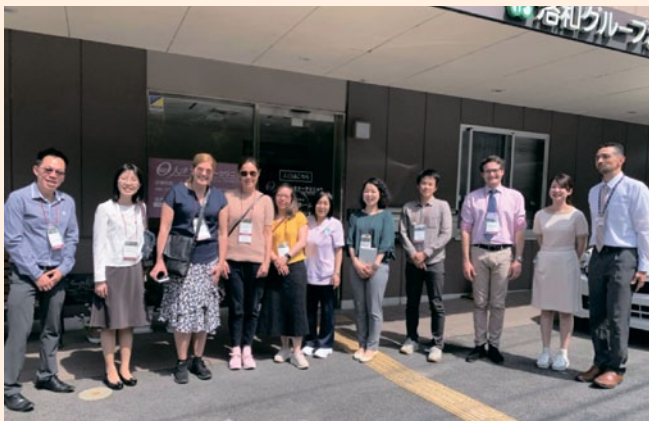
## WONCA Asia Pacific Regional (APR) Conference 2019

Dr. Wong Kwai Sheung

Family Medicine Specialist, Department of Family Medicine and General Out-patient Clinic, Kowloon Central Cluster, Hospital Authority



The Conference was held in Kyoto International Conference Centre



Visit to Otsu Family Clinic

Thank you to my department's support, I had my first overseas conference last month with four colleagues. The experience was inspiring and memorable. The event that I attended was WONCA APR Conference 2019 – which was successfully held in Kyoto, Japan during 15-18 May 2019. The theme of the conference this year was "Medical generalists-bringing forward a brighter future".

Prof. Nobutaro Ban, the chairman of the Organising Committee WONCA APR Conference 2019, recognised that evidence of the health promoting influence of primary care had been accumulating ever since researchers had been able to distinguish primary care from other aspects of the health services delivery system and main players of primary care were generalists.

The Annual Conference of Japan Primary Care Association was incorporated into this year WONCA APR

Conference of this year. We were able to communicate with many Japanese family physicians. Also there were delegates from all over the world, not limited to the Asia-Pacific region. There were numerous opportunities for learning different health care systems and practices. We were able to get new ideas to enhance our own practice, education and research after the meeting.

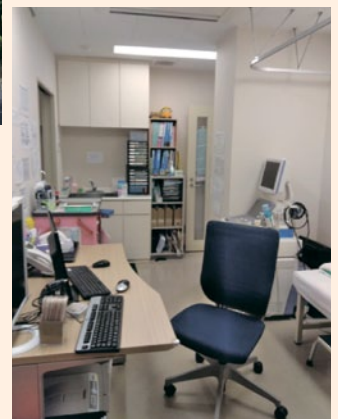
Below are some highlights of the programme:

### Otsu Family Clinic Visit

Dr. Akiko and Dr. Hiroshi brought us to their private clinic located in Otsu. The clinic was surrounded by green trees and there was a large temple just opposite to the clinic. As a sub-urban clinic, they had to operate X-ray machine and do Gram stain on their own. They would make home visits for patients with limited mobility. We visited a 101- year-old lady at her home. She was used to be Dr. Akiko's patient and was recovered from pneumonia months ago. She was excited when our group visited her as she had never talked to so many foreigners before! We chatted with her with Dr Akiko's translation. She trusted Dr. Akiko a lot and treated her as one of her family members. Dr. Akiko was devoted too. I was touched by such a wonderful doctor-patient relationship!



The temple opposite to Otsu Family Clinic



Consultation room of Otsu Family Clinic

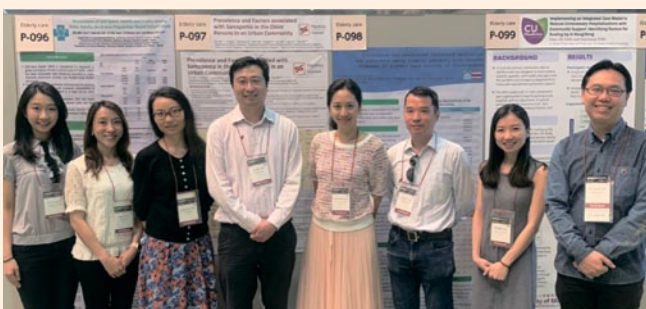




Home visit to a 101 years old lady

## Workshop on “Facilitating Reflection on the Doctor/Patient Relationship”

Dr. Ali Begg, a psychodramatist and general practitioner in New Zealand, provided the audience a structure on how to run a “Clinical Reflection Group”. Such groups would create opportunities for deeper reflection and discussion on challenging clinical or interpersonal situations in medical practice, as compared to usual medical discussion about diagnosis, investigations, referrals and treatment. The Balint Society of Australia and New Zealand was a good example. A group should have one to two facilitators. The presenter first gives a brief medical context of the patient but rich description of the patient’s interaction with him. He has to voice out his feeling and the challenge faced by him. Group members should listen to the story without interruption, and only try to explore possible “back-stories” for the patient afterwards. They also have to think how they might feel in such a situation, both as the patient and as the doctor. The aim of the discussion is to explore different possibilities and perspectives, rather than aiming for consensus or solution. In the workshop we had discussed a case using the framework. This experience was unique from my previous experience of sharing difficult patients’ interaction with peers informally. I think the “Clinical Reflection Group” serves as a good platform for doctors to go through the problem case more systematically.



Gathering at poster area

In that way doctors can feel more supported and less isolated. I hope to start one at my workplace.

I have also learnt a lot from other plenary sessions, symposiums, workshops and posters. But I am afraid I cannot share all of them here due to limitation of space. So WONCA APR is really worth going! Looking forward to WONCA APR in New Zealand in 2020!



Musculoskeletal symposium jointly organised by the Chinese University of Hong Kong and the Hong Kong Institute of Musculoskeletal Medicine



Mindfulness workshop by Profs. Samuel Wong and Eric Lee (3<sup>rd</sup> and 5<sup>th</sup> from the right)



Symposium on multi-morbidity chaired by colleagues from The Chinese University of Hong Kong



Prof. Doris Young (left) listened carefully to poster presentation

## Myopia Treatment, a short review

Myopia is a common problem in children, prevalence is up to 80-90% in Asia region. Most of us can live with myopia with spectacles, however, high myopia is related to retinal detachment, macular degeneration, glaucoma and cataract which can be disabling.

Outdoor exposure was suggested to be protective to Myopia in the Sydney Eye Study, but studies in China and Taiwan showed it only reduce incidence of myopia but not reduce its progression. In case if myopia already occurs in a child, what can we do?

There are 3 commonly used treatment currently: Atropine, Special design spectacle/contact lens, Orthokeratology lens.

Atropine eye drops has the strongest evidence, it was suggested that it acts on muscarinic receptors in the sclera and slow down rate of axial elongation of eyeball and reduce progression of myopia. ATOM1 study using Atropine 1% versus placebo for 2 years in 2006 showed it can slow progression of myopia from -1.2D to -0.28D and slow eyeball elongation from 0.38mm to unchanged. However, side effects of significant photophobia and blur vision limit its use.

ATOM2 study compared efficacy of Atropine 0.01%, 0.1% and 0.5% eye drops. At 2 years, there was slight but non-significant difference in myopia reduction, namely -0.49D, -0.38D and -0.3D respectively. However, after stopping treatment for 1 year, there were rebound in myopia especially in the higher atropine concentration groups, namely -0.72D, -1.04D, -1.15D. At phase 3 of ATOM2 study, they evaluated retreatment with atropine 0.01% for those with -0.5D progression after stopping treatment, and found that retreatment with 0.01% atropine is effective for all 3 groups with similar efficacy. At the end of the 5 year study of ATOM2 study, overall progression of myopia was -1.38D, -1.83D, -1.98D respectively.

LAMP study phase 1 published at 2018 compared atropine 0.05%, 0.025%, 0.01% and placebo. At 1 year, myopia progression was -0.27D, -0.46D, -0.59D

and -0.81D respectively. Axial length progression was 0.2mm, 0.29mm, 0.36mm and 0.41mm respectively. It showed dose dependent response but further evaluation is still ongoing.

Other than chemical means, optical treatment was also available. It is based on the theory "peripheral hyperopic defocus", that when an image is focused at macula, images at the periphery are focused behind the peripheral retina (due to natural curvature of eye ball) thus stimulates eyeball elongation resulting in myopia progression. So a new design with multiple micro-lens segments with a constant +3.5D myopic defocusing power around a central clear zone was used to attempt to prevent elongation of eyeball. A double masked RCT in Hong Kong demonstrated 60% reduction over 2 years. (-0.38D vs -0.93D).

Lastly, orthokeratology (OK) is also available. It is a gas permeable contact lens that is worn overnight, attempting to alter corneal curvature at night time which allows the wearer to be spectacle free at daytime. A 2 year RCT showed 43% reduction in axial elongation rate compare with controls. (0.36mm vs 0.63mm). However, dropout rate was 24% and reports of severe corneal infections was present.

### Reference:

Chia et al Atropine for the Treatment of Childhood Myopia Ophthalmology 2015

Yam et al LAMP Study. Ophthalmology 2019;126:113-124

Lam CS et al. Defocus Incorporated Soft Contact (DISC) lens slows myopia progression in Hong Kong Chinese schoolchildren: a 2-year randomised clinical trial. Br J Ophthalmol. 2014 Jan;98(1):40-5.

Huang J et al. Efficacy Comparison of 16 Interventions for Myopia Control in Children: A Network Meta-analysis. Ophthalmology. 2016 Apr;123(4):697-708.

**Compiled by Yip Chun Kong, Sam**



## HKCFP Trainees Research Fund 2019 / HKCFP Research Seed Fund 2019

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their Exit Examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*\*\*Please note that each applicant can only apply either one of the above Funds\*\**

### Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each Research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: [CrystalYung@hkcfp.org.hk](mailto:CrystalYung@hkcfp.org.hk)

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2019**” or “**HKCFP Research Seed Fund 2019**” on your research project upon submission.

**Submission Deadline: 31<sup>st</sup> October 2019**

Supported by HKCFP Foundation Fund

## Board of Diploma in Family Medicine (DFM) News

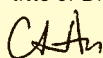
The Board of DFM is pleased to announce that the following candidates have successfully passed the 15<sup>th</sup> Diploma Course in Family Medicine 2018-2019.

Dr. Chan Tsz Kiu, Stewart	Dr. Fok Wai Ming, Joshua	Dr. Lei Sao Kuan	Dr. Xiang Yuling
Dr. Chang Pive Sok Cheng	Dr. Fu Wing Kai	Dr. Liu Hin Yeung	Dr. Wang Amy Yang
Dr. Chen Li	Dr. Kwok Kwok Lung	Dr. Ng Ngai Mui	Dr. Wong Chun Bun, Gordon
Dr. Chen Yun Ju	Dr. Lam Lap	Dr. Pang Kwan	Dr. Yung Caroline Man San
Dr. Cheng Siu Han	Dr. Lau Ka Fai, Tony	Dr. Pong Fei Fung	
Dr. Cheung Cheuk Hee	Dr. Lau Valerie Wing Yee	Dr. Sau Chung Ying	
Dr. Chung Ka Chun	Dr. Lee Chung Yan	Dr. Tsang Sharon	

### Congratulations to all the successful candidates!

#### Distinction

The Board of DFM is pleased to announce that Dr. Chung Ka Chun has achieved the highest overall score and will be awarded the title of Distinction.



Dr. Au Chi Lap  
Chairman, Board of DFM

## Quality Assurance & Accreditation Committee News

### Important news

**Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.**

Dear College Members,

**RE: MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists** (Ver. April 2019)

We are pleased to remind you that our College members who are registered with Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP will have their associated administrative charge waived starting from January 2017. For new registrants or those who would like to switch their MCHK CME Administrator to HKAM via the College (with the cycle starting in January) **starting from 1<sup>st</sup> July 2019**, they must submit Registration Consent Form to College Secretariat before **21<sup>st</sup> June 2019 (Friday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month on completion of the conference.
4. Self-study: please submit details of the programme within one month on completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective **MCHK CME attendance record sheet** for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at [www.hkcfp.org.hk](http://www.hkcfp.org.hk) > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

HKCFP Secretariat

## Classified Advertisements

**Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to [hr@evanhosp.org.hk](mailto:hr@evanhosp.org.hk)**

**Accredited Private FM Centre invites FT/PT Doctors** for expanding group practice in NTW/KLN. FM. Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212-6654



## Meeting Highlights

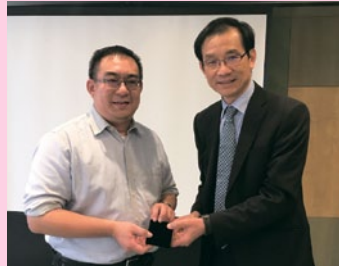
### HIV/STI Primary Care Workshop

The 1<sup>st</sup> and 2<sup>nd</sup> sessions of HIV/STI Primary Care Workshop co-organized with Hong Kong Society for HIV Medicine were held on 11 May and 18 May 2019.

Dr. Kwan Chi Keung, Specialist in Dermatology & Venereology; Dr. Cheng Hua Yin, Naomi, Specialist in Clinical Microbiology & Infection, delivered a lecture on "HIV/STI Diagnosis" on 11 May 2019.



Dr. Lo Wong Wan Ching, Wendy (right, Moderator) presenting a souvenir to Dr. Sit Yao Wai, Alfred (left, Speaker)



Dr. Tsui Hing Sing, Robert (right, Moderator) presenting a souvenir to Dr. Kwan Chi Keung (left, Speaker)



Dr. Tsui Hing Sing, Robert (right, Moderator) presenting a souvenir to Dr. Cheng Hua Yin, Naomi (left, Speaker)

Dr. Sit Yao Wai, Alfred, Medical and Health Officer, Red Ribbon Centre, Special Preventive Programme, Department of Health, delivered a lecture on "Meeting the Needs of People at Risk" on 18 May 2019.

### Interest Group in Dermatology

Dr. Cheung Tak Cheong, Specialist in Rheumatology, delivered a lecture on "Dermatological Manifestation in Rheumatic Diseases" on 4 May 2019.



Dr. Lam Wing Wo (left, Moderator), presenting a souvenir to Dr. Cheung Tak Cheong (right, Speaker)

### CME Lecture on 7 May 2019

Prof. Jeffrey Mechanick, Professor, Department of Medicine, Division of Cardiology, Division of Endocrinology, Diabetes and Bone Disease Icahn School of Medicine at Mount Sinai, delivered a lecture on "Role of the Glycemia-Targeted Specialized Nutrition in Daily Clinical Management for Type II DM" on 7 May 2019.



Dr. Chan King Hong (left, Moderator) presenting a souvenir to Prof. Jeffrey Mechanick (right, Speaker)

### Application of Dermoscopy for Primary Care Doctors

Dr. Chuh An Tung, Antonio, Specialist in Family Medicine, delivered a lecture on "Application of Dermoscopy for Primary Care Doctors" on 19 May 2019.



Dr. Lam Wing Wo (left, Moderator) presenting a souvenir to Dr. Chuh An Tung, Antonio (right, Speaker)

### Certificate Course on Bringing Better Health to Our Community 2019

The 1<sup>st</sup> session of the "Certificate Course on Bringing Better Health to Our Community 2019" co-organized with Queen Elizabeth Hospital was held on 25 May 2019. Dr. Cheng Yuet Wong, Resident Specialist, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Update on Management of Atrial Fibrillation in Primary Care"; Dr. Wong Chi Yuen, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Interpretation and Management of CT Angiogram" respectively.



Dr. Li Yim Chu (right, COS, Dept. of FM & GOPC, QEH) presenting a souvenir to Dr. Cheng Yuet Wong (left, Speaker)



Dr. Li Yim Chu (right, COS, Dept. of FM & GOPC, QEH) presenting a souvenir to Dr. WONG Chi Yuen (left, Speaker)

## Interest Group in Dermatology – The 70<sup>th</sup> Meeting on 4 May 2019

Dr. Rita Chan and Dr. Lee Wing Lam  
College Member

**Topic** : **Dermatological Manifestation in Rheumatic Diseases**

**Speaker** : **Dr. Cheung Tak Cheong**  
*Specialist in Rheumatology*

**Moderator** : **Dr. Lam Wing Wo**  
*Board of Education*

### Learning points

Through real life case sharing, Dr. Cheung gave us an overview regarding how family physicians might encounter patients with autoimmune disease in the setting of general outpatient clinics.

The talk began with approaching petechiae in a systemic manner so as to facilitate the entire diagnostic process. The next case reminds us of the list of differential diagnoses when a young patient presents with bilateral lower limb oedema.

Gout is another common encounter in our daily practice. When patient presents with tophaceous gout requiring allopurinol, physicians should always check the status of HLA-B5801 before commencing to reduce the risk of developing severe cutaneous adverse reactions when HLA - B5801 is positive.

Dr. Cheung continued to share on the cases.

Not all dermatomyositis patients present with muscle weakness or pain. This is called Clinically Amyopathic Dermatomyositis (CADM). In these cases, patients will have normal CPK, LDH, EMG, while it is associated with myositis specific antibodies, e.g. Jo-1, MDAS. It may also involve the lung and paraneoplastic condition.

Psoriatic arthritis can first present with dactylitis and nails changes. We should always expose patient properly in physical examination to look for psoriatic plaque because sometimes it could be subtle. Patients could present with knee joint swelling with rashes over upper thighs.

Erythema Nodosum is a condition characterized by inflammation of adipose tissue. Patients present with painful, erythematous nodules or lumps usually over bilateral shins. Differential diagnoses of Erythema Nodosum includes drugs, infection, inflammatory bowel disease, Bechet's Disease, Sarcoidosis, SLE, malignancy and lymphoma.

Relapsing polychondritis is a rare condition caused by inflammation of the cartilage over the ear, sparing the earlobe. Eyes, trachea and joints can also be involved.

### Next meeting

The next meeting will be on 6 July 2019 (Saturday). The guest speaker is Dr. Lee Tze Yuen, a Specialist in Dermatology and Venereology, who will speak to us on "Doctor, am I suffering from Rosacea?". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat ([teresaliu@hkcfp.org.hk](mailto:teresaliu@hkcfp.org.hk)) 2 weeks before the date of presentation.

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

**6 July 2019**

**Saturday**

## Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	<b>Doctor, am I suffering from Rosacea?</b>	
Speaker	<b>Dr. Lee Tze Yuen</b> Specialist in Dermatology and Venerology	
Coordinator & Chairman	<b>Dr. Lam Wing Wo</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. - 2:00 p.m.      Lunch	
	2:00 p.m. - 3:30 p.m.      Lecture	(Part A)
	3:30 p.m. - 4:00 p.m.      Discussion	(Part B)
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non - members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to the meeting.</b> <b>Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.</b>	

Register Online

Sponsored by  
**Galderma Hong Kong Limited**

**12 July 2019**

**Friday**

## Discovery in Smoking Cessation

**Dr. Leung Kwan Wa, Maria**  
Specialist in Family Medicine  
Consultant, Department of Family Medicine, New Territories East Cluster,  
Hospital Authority

Chairman	<b>Dr. Lai Sheung Siu, Florence</b> The Hong Kong College of Family Physicians	
Time	6:15 pm - 6:45 pm	Registration
	6:45 pm - 8:00 pm	Lecture and Discussion
	8:00 pm - 9:30 pm	Dinner
Venue	Michelle Room, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	

Admission Fee	College Fellow, Full or Associate Members	Free (\$50 Enrollment deposit is required)
	Other Categories of Members	HK\$ 550.00
	Non-Members	HK\$ 650.00
	All fees received are non-refundable and non-transferable.	
Accreditation	1 CME point HKCFP (Cat. 4.3) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

Register Online

Sponsored by  
**GlaxoSmithKline Consumer Healthcare (Hong Kong) Limited**

**13 July 2019**

**Saturday**

## Board of Education Interest Group in Counselling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	<b>Balint Group</b>	
Facilitator	<b>Dr. Lau Wai Yee, Aster</b> The Hong Kong College of Family Physicians	
Time	Part A: 2:30 p.m. - 4:00 p.m.	Lecture & Theme Presentation
	Part B: 4:00 p.m. - 4:30 p.m.	Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members	Free
	Non - members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to the meeting.</b> <b>Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.</b>	

Register Online



## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### June's session:

Date	28 June 2019 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Chronic Cough in Adult: Diagnosis, Management and Preventive Care" by Dr. Maria Leung</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Register Online

### July's session:

Date	26 July 2019 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Casting new light in diabetes journey from basal initiation to intensification" by Dr. Norman Chan (Bilingual presentation)</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English and Cantonese.

Register Online

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>4 July 2019</b> 1:00 – 3:00 pm	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	<b>Approach to Carcinoma of Breast Cancer</b> Dr. LAW Siu King Associate Consultant, Department of Surgery, United Christian Hospital	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>3 July 19 (Wed)</b>			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Introduction to FM</b> Dr. Leung To Fung <b>Role of Family Physician in Preventive Medicine</b> Dr. Chan Fung Yuen	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Vocational Training Program for Family Medicine in Hong Kong</b> Dr. Fan Siu Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	<b>Principles of Family Medicine</b> Dr. Leung Eunice Hilching & Dr. Li Wing Chi, Gigi	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Problem Solving and Diagnostic Skills in a Family Medicine Consultation</b> Dr. Alex Leung	Ms Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Introduction to FM training</b> Dr. Zhao Hai Feng, Eric & Dr. Choi Man Kit, York	Ms. Carmen Kwong Tel: 3505 4371
<b>4 July 19 (Thu)</b>			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Coordination of Multidisciplinary Care</b> Dr. Hun Pek I & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Review of Family Medicine Training</b> Dr. Wong Man Ying, Michelle	Ms W L Kwong Tel: 2595 6941

## 10 July 19 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>How to Handle Angry/Difficult Patients</b> Dr. Ng Ka Wing & Dr. Lai Ka Ho	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Wonca Tree of Family Medicine</b> Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital	<b>Update on Use of Antibiotic in General Practice Part I (Respiratory Infections)</b> Dr. Wong Yu Man, Tracy & Dr. Chan Ki Fung, Dickson	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Clinical Approach to Gynaecological Problems Presented with Pelvic Pain</b> Dr. Minru Li	Ms. Cherry Wong Tel: 2589 2337

## 11 July 19 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Application of Evidence Based Medicine: Vaccination in Primary Care; Catch Up for Adults</b> Dr. Yap Tsun Hee & Dr. Leung Lai Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Parkinsonism</b> Dr. Tai Hing Kuen, Clark	Ms W L Kwong Tel: 2595 6941

## 17 July 19 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Non Cardiopulmonary Resuscitation Emergency Procedures in General Practice</b> Dr. Chuang Chi Kit & Dr. Hui Alice Sau Wei	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Clinical Approach to Eye Complaints in Primary Care: Grittiness, Eye Lids Problems</b> Dr. Lam Kang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>Update on Management of Common Cardiac Arrhythmia (AF, SVT, Bradyarrhythmia)</b> Dr. Yau Chi Yan, Davy & Dr. Luk Sze Wan, Candy	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Management of Obesity with or without Metabolic Syndrome- Surgeon, Dietician and Physiotherapist Perspective</b> Dr. Fion Chan & Dr. Betty Law	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Osteoporosis and Fall Prevention</b> Dr. Mak Ho Yin & Dr. Li Kwok Ho	Ms. Carmen Kwong Tel: 3505 4371

## 18 July 19 (Thu)

4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Principle and Practice of LAP with Video Demonstration</b> Dr. Lau Lai Na & Dr. Kwok Vincci	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Critical Appraisal</b> Dr. Stephanie Poon	Ms W L Kwong Tel: 2595 6941

## 24 July 19 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Premarital Counseling, Antenatal and Postnatal Care</b> Dr. Chan Kam Sheung & Dr. Cheung Yuen Yan, Kathy	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Tackling Polypharmacy in Primary Care Setting</b> Dr. Lam Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	<b>Community Resource : Clinical Psychologist, Speech Therapist</b> Dr. Ma Man Ki, Katelyn & Dr. Chang Hsu Wei	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Practice Assessment Package - Sterilization, Disinfection</b> Dr. Tsang Pui Lim	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>A New Resorative Approach to Gynaecological Health and Fertility Care</b> Dr. Yu Sze Kai	Ms. Carmen Kwong Tel: 3505 4371

## 25 July 19 (Thu)

4:30 – 6:00 p.m.	F2029, 2/F, Special Block, Tuen Mun Hospital	<b>Prostate Cancer Prevention: Is PSA a Sin? When Should We Use It?</b> Dr. Yip Pui Leung & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Informed Consent</b> Dr. Lam Wing Ching, Nicole	Ms W L Kwong Tel: 2595 6941

## 31 July 19 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Patient Education</b> Dr. Noh Young Ah & Dr. Li Janice Chun Ying	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	F2029, 2/F, Special Block, Tuen Mun Hospital	<b>Professional Insurance</b> Dr. Chong Kok Hung	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Introduction to Conjoint Fellowship Examination KEC DM Case Conference</b> Ms. Maisy Mok (Nurse Consultant (Diabetes), KEC)	Ms Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Journal Club</b> Dr. Matthew Lee	Ms. Cherry Wong Tel: 2589 2337

# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 <b>Jun</b>	17	18  <i>7:00 – 9:30 p.m.</i> <i>CME Dinner Lecture</i>	19 <i>2:00 – 7:30 p.m.</i> Structured Education Programme <i>1:00 – 3:30 p.m.</i> <i>CME Lecture</i>	20 <i>4:30 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> <i>Council Meeting</i>	21	22 <i>1:00 – 3:30 p.m.</i> <i>CME Lecture</i> <i>2:30 – 5:30 p.m.</i> Assessment <i>Enhancement Course</i>
23	24	25	26 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	27 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	28  <i>2:30 – 3:30 p.m.</i> <i>Video Session</i>	29 <i>2:30 – 4:30 p.m.</i> <i>HIV/STI Primary Care Workshop</i> <i>1:00 – 4:00 p.m.</i> Certificate Course on Bringing Better Health to Our Community 2019
30	1 <b>Jul</b>	2	3 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	4 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	5 <i>8:30 p.m.</i> <i>DFM 2019-2020</i> <i>Introductory Session</i>	6 <i>1:00 – 4:00 p.m.</i> <i>Interest Group in Dermatology</i>
7	8	9	10 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	11 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	12  <i>6:15 – 9:30 p.m.</i> <i>CME Dinner Lecture</i>	13 <i>2:30 – 4:30 p.m.</i> <i>Interest Group in Counselling</i>
14  <i>3:00 – 6:00 p.m.</i> <i>1<sup>st</sup> OSCE Examiners' Training Workshop</i>	15	16	17 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	18 <i>4:30 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> <i>Council Meeting</i>	19	20  <i>2:30 – 5:30 p.m.</i> Assessment <i>Enhancement Course</i>
21	22	23	24 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	25 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	26  <i>2:30 – 3:30 p.m.</i> <i>Video Session</i>	27 <i>1:00 – 4:00 p.m.</i> Certificate Course on Bringing Better Health to Our Community 2019 <i>2:30 – 5:30 p.m.</i> <i>DFM - Consultation Skills Workshop I</i>

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Back row (left to right): Dr. Sin Ming Chuen, Ms. Alky Yu, Dr. Sze Hon Ho, Dr. David Cheng, Dr. Fok Peter Anthony, Dr. Cheuk Christina, Dr. Tam John Hugh and Dr. Ken Ho

Front row (left to right): Dr. Heidi Fung, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Anita Fan and Dr. Natalie Siu

**Red** : Education Programmes by Board of Education  
**Green** : Community & Structured Education Programmes  
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