



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

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Message from the President

The magnetic force of the 22nd WONCA World Conference in Seoul, Korea from 17-21 October 2018 was irresistible! Nearly 60 of the College members were there including all the Censors and 11 Council members. Family Physicians from both the private and public sectors were eager to witness the sole main attraction- the inauguration of Dr. Donald Li as the new WONCA President! Congratulations to Donald!! This must be the College's biggest delegate to an overseas conference.



New Executive Committee of WONCA 2018-2020



Congratulations to Dr. Donald Li!
From left to right: Dr. John Chung, Dr. Donald Li, Dr. Stephen Foo, Dr. Cecilla Fan, Dr. David Chao and Dr. Angus Chan

Apart from setting high standards in the training of family doctors, HKCFP has also nurtured leaders in international family doctors' organizations. Today we witness Dr. Donald

Li, Past President and incumbent Censor of HKCFP, assuming his new role as the President of the World Organisation of Family Doctors (WONCA). Dr. Li is the second Hong Kong family doctor to lead WONCA, the first being the late Dr Peter Lee who was WONCA President from 1992 to 1995. The fact that the College in her 41-year history has produced 2 WONCA Presidents attests international appreciation of the standard of local training in Family Medicine.

I hosted the HKCFP Cocktail Reception to celebrate the inauguration of Dr. Li at the COEX Exhibition Centre. More than 100 International and Mainland guests attended and it was a wonderful occasion for the Hong Kong delegates to mingle with overseas dignitaries. Thereafter we all ended up in one of the best beef BBQ restaurants nearby. It was not the only beer and food that highlighted the evening but also an opportunity for the young and mature to share the experience and mission of the College. One thing for sure we have learned from Donald is a great leader needed 3Qs: high IQ, EQ and GQ (gastronomic quotient)!



From left to right: Dr. Stephen Foo, Dr. Angus Chan, Dr. Anna Stավal (President elect, WONCA 2018-2020), Dr. Donald Li (President, WONCA 2018-2020) and Dr. David Chao

The highly mobile Hong Kong team had not shopped till you dropped at the main shopping areas like Myeongdong and Dongdaemun way after midnight, but they were still able to attend the 8am programmes in high spirit. Our young doctors lead by Dr. Chan Chi Wai and Dr. Loretta Chan were the reconnaissance troops and arrived early to attend
(Continued on page 2)

(Continued from page 1)

the Young Doctors' Pre-conference. I am very satisfied to see so many young folks involved in the Rajakumur Young Doctors' Movement. Dr. Loretta Chan was also elected as Treasurer of the Young Doctors Committee in WONCA Asia Pacific Region. To say I am proud would be an understatement. Prof. Martin Wong won the 1st Distinguished Research Making Family Medicine Shine Award and the Best Oral Presentation Award; and Dr. Esther Yu won the Best Contribution to Family Medicine Award and also the Distinguished Award. Congratulations to Martin and Esther! WONCA 2018 was very fruitful to Team Hong Kong!



Rajakumur Young Doctors' Movement

This year is also the 40th Anniversary of the World Health Organisation Alma-Ata Declaration of "Health for All", a vision and target that the College shares. College also endorses the WHO concept of health being "a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity". All good primary healthcare systems in the world have family doctors as core members coordinating the primary healthcare team. In achieving health for the whole population, family doctors provide comprehensive, holistic and continuous person-centred care. The declaration is the most quoted during the WONCA Conference. At the following week, the "Global Conference on Primary Health Care" in Astana, Kazakhstan reiterated the importance of the declaration which was adopted at the same place 40 years ago.



Group photo of the 22nd WONCA World Conference

Dr. David Chao and I had attended GP18 at Gold Coast, Australia last month. The main mission was to sign Memorandum of Understanding between HKCFP

and RACGP. The Colleges aim to improve standards in education and training in General Practice for their mutual benefit and that of their members, patients and communities they serve. The Colleges further aim to strengthen their mutual support and relationship. The Conjoint Examination and reciprocal CME recognition will continue for the years to come.

October proved to be an extremely busy month. The 32nd Conjoint Examination with RACGP was held on 28th October at Pamela Youde Nethersole Eastern Hospital. This year Dr. Kaye Atkinson, new Censor in Chief and Dr. Hung The Nguyen were the external examiners. The whole day again ran very smoothly. The External Examiners were very impressed with our set up and the dedication of the local examiners. The trainees did well and I wish all 34 candidates every success when the good news is announced in late November. Dr. Chan Hung Chiu and his colleagues at the Board of Examination deserved the biggest applause. Our secretariat colleagues were at the College premises at 4:30am to transport the examination files from Wong Chuk Hang to Chai Wan. How can we forget their hard work!



Post Exam Dinner with Dr. Kaye Atkinson, External Examiner of Conjoint Examination
From left to right at back row: Dr. Billy Chui, Dr. Barry Bien, Dr. Ip Pang Fei, Prof. Morton Rawlin, Dr. Lau Ho Lim, Dr. Chao Vai Kiong, David, Dr. Loretta Chan
From left to right at front row: Dr. Mary Kwong, Dr. Angus Chan, Dr. Kaye Atkinson, Dr. Chan Hung Chiu, Dr. Hung The Nguyen, Ms. Mien-Thy Lee

Over the past two years, the College and I have received anonymous emails and letters complaining about another member or training practice. The stance of the College Council is we will not reply verbally or in any written form because confidential information cannot be diverted to the "Anonymous". Everybody knows that I am approachable but we will only reply if we know your name, a genuine member of the College and contact details. Any malicious intent will receive the strongest condemnation from the College Council!

Dr. Angus MW CHAN
President

The 41st HKCFP Annual General Meeting

The 41st Annual General Meeting (AGM) of The Hong Kong College of Family Physicians will be held on **16th December 2018, Sunday** with the following details.

Time : 17:00

Venue : James Kung Meeting Room, 2/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Admission : Members only

The 41st HKCFP Annual Dinner

The College's 41st Annual Dinner will be held on 16th December 2018, Sunday as follows.

Venue : Run Run Shaw Hall, 1/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

Time : 19:00 Annual Dinner Reception
19:30 Chinese-style Dinner

College Members, Fellows and their spouses are welcome to register for the Annual Dinner free of charge on a first-come-first-served basis until all the available seats are filled.

Complimentary Transportation:

Circular coach service between Wong Chuk Hang MTR Station and HKAM Jockey Club Building will be provided during the below periods. Pre-registration is required and confirmation of complimentary transportation will be sent to the individual registrant at a later stage.

Please note the minimum requirement of the dress code is smart casual.

| Time | From | To |
|----------------------|----------------------------|----------------------------|
| 19:00 – 19:30 | Wong Chuk Hang MTR Station | HKAM Jockey Club Building |
| 22:30 – 22:45 | HKAM Jockey Club Building | Wong Chuk Hang MTR Station |

To register for the **Annual General Meeting** and/or **Annual Dinner** and/or **Complimentary Transportation**, please contact Ms. Teresa Liu or Ms. Windy Lau on Tel: 2871 8899, or email to teresaliu@hkcfp.org.hk or windylau@hkcfp.org.hk.

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or BEFORE 31st January 2019 (Thursday). Late submission WILL NOT be accepted.

The training experience of 2018 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Charlotte Cheung and Ms. Kathy Lai at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training and Standards

Other News

Dear Members,

Asia Pacific Family Medicine is recruiting for Editorial Board Members and the Panel of Reviewers

Asia Pacific Family Medicine (the Journal) is the official journal of WONCA Asia Pacific Region. It is an open access journal that provides a forum for the dissemination of high quality regional research, and aims to enhance the standards of family medicine by focusing on best practice. More details of the Journal is accessible at <https://apfmj.biomedcentral.com/>.

The term of the current Editorial Board of the Asia Pacific Family Medicine will be due soon. The Hong Kong College of Family Physicians as one of the Member Organisation of WONCA Asia Pacific Region is invited by the Board to nominate

1. One candidate (a young researcher in primary care) to join as a member of the Editorial Board; and
2. 15 candidates to join the panel of reviewers (the reviewer database) in order to enhance the reviewing process.

Interested members please fill up the following form with the required information and return to Ms Erica So at EricaSo@hkcfp.org.hk by 23 November 2018 (Friday).

Kindly note that the nomination is at a voluntary basis. If the number of nominations received is greater than the required number, the decision of HKCFP Council on the membership selection will be final.

For the Member of Editorial Board (1 candidate per member organisation)

| First/Given name | Last/Family name | Title (Mr, Mrs, Dr, Prof) | Affiliation | Country | Email address | Address for (work, home, other) |
|------------------|------------------|---------------------------|-------------|---------|---------------|---------------------------------|
| | | | | | | |

For the Member of the Panel of Reviewers (Max of 15 candidates per member organisation)

| First/Given name | Last/Family name | Title (Mr, Mrs, Dr, Prof) | Country | Email address | Address for (work, home, other) |
|------------------|------------------|---------------------------|---------|---------------|---------------------------------|
| | | | | | |

The Hong Kong College of Family Physicians

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **September – October 2018**:

Associate Membership (New Application)

| | |
|------------------------------|-----|
| Dr CHOI Man Kit | 蔡文傑 |
| Dr CHUNG Chak Hang, Jonathan | 鍾澤恆 |
| Dr LI Wing Hei, Sunny | 李永熙 |
| Dr NOH Young Ah | |
| Dr WONG Kar Shing | 王嘉誠 |

Classified Advertisements

Wanted your Own Business?

家庭醫學專科醫生分享 多年診所營運及睇症經驗
CV to drtonylam@yahoo.com WhatsApp 92792815

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com [Amy CHAN] 9212-6654

Quality Assurance & Accreditation Committee News

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2018

Dear Members,

The credit point score of year 2018 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, Please apply for CME accreditation by sending the application(s) on or before **28 February 2019**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the year 2018 is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2017-19**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles. Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held in 2018 **with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **“Report on CME/CPD missing points from Pre-Accredited Activity”** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 28 February 2019

All forms can be download at: http://www.hkcfp.org.hk/pages_5_82.html.

Please send a cheque payable to “HKCFP Education Ltd” **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear Sufficient Postage before posting.

Application Form and Supporting Documents can be submitted by post to above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline of **28 February 2019** as late application will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of “Credit Points” to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma or Ms. Natalie Ho at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

With the credit point score of 2018 QA&A Programme to be finalized by the end of this year, the committee wishes to highlight that Colleagues **must engage in ALL categories of activities** in order to fulfill the QA Certificate 2017-2019 criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**.
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

Please see the "Regulations for Award of Quality Assurance 2017-19 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

To obtain CME Certificate 2018, Members should obtain at least 30 Credit Points in either CME or CPD, or both. In particular, **HKAM Fellows** are required to obtain a minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2017-2019).

Another point to highlight is the various ways to gain CPD points, listed below for your reference:

1. Continuous Professional Development (CPD) Logs
 - I. Self-appraisal activities on lectures, seminars and workshops organized by the Board of Education (For Activities that are applicable to submit CPD Log, Corresponding Sentence **"Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)"** will be included in the Board of Education News published in FP links)
 - II. Specify journal article published in the HK Practitioner or HK Medical Journal (**HK Practitioner**: Update Article, Original Article, Discussion Paper, Internet; **HK Medical Journal**: Original Article, Review Article, Medical Practice)
 - III. Evidence Based Practice (EBP) report corresponding to a journal article published in the HK Practitioner, the HK Medical Journal, or in an indexed or refereed Medical Journal
 - IV. Practice Audit, Review and Appraisal; include Clinical Audit, Evidence-Based Medical Protocol and Preventive Care Audit
 - V. Structured Learning Activities, such as Portfolio For Self Learning Plan
2. Activities related to Teaching, Educational Development and Research
 - I. Teaching / Tutoring medical students in Family Medicine
 - II. Clinical supervisor of vocational trainees in Family Medicine
 - III. Acting as examiner for the Conjoint HKCFP / RACGP Fellowship Examination or HKCFP Exit Examination
 - IV. Being a CPR instructor or the Assessment Enhancement Course organized by the College
 - V. Being a moderator or speaker
 - VI. Being a chairperson / speaker of pre-approved small discussion group(s)
 - VII. Research work related to the field of General Practice / Family Medicine
 - VIII. Publishing Journal articles, books or thesis
3. Activities related to Professional Development, such as demonstration of competence in Family Medicine by completing a course of study and passing the Conjoint HKCFP/RACGP Fellowship Examination, Specialty Board Exit Examination, the basic life support (CPR) assessment organized by the College, Diploma examinations organized by the College; passing professional examination (Membership / Fellowship, etc) or academic examination (Diploma / Master Degree, etc) relevant to General Practice/Family Medicine.
4. Activities related to Quality Development, including participation in a quality assurance activities, exercise, workshop or clinical attachment organized by the College. Active Learning Mode (ALM) has been introduced since 2016 to facilitate active learning at selected seminars involving skill and knowledge transfer, and participants may gain CPD points when assessment criteria by pre- and post- activity MCQs are fulfilled.

Please kindly login to the College website <http://www.hkcfp.org.hk/> to check on your latest CME/CPD report. You can also download all the relevant forms from our website: http://www.hkcfp.org.hk/pages_5_84.html. For more details, please refer to the "The Regulation for Award of Quality Assurance 2017-2019" at http://www.hkcfp.org.hk/pages_5_81.html or contact our QA&A Secretariat (Mr. John Ma or Ms. Natalie Ho) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Thank you.

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

**RE: MCHK CME Programme for Practicing Doctors
who are not taking CME Programme for Specialists**
(Ver. 10 September 2018)

We are pleased to remind you that our College members who register with the Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP have their associated administrative charge waived starting from January 2017. For new registrants or those who would like to switch their MCHK CME Administrator to HKAM via the College (with the cycle starting in January) **starting from 1st January 2019**, submission of the Registration Consent Form to College Secretariat before **21st December 2018 (Friday)** is necessary, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with the HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month of completion of the conference.
4. Self-study: please submit details of the programme within one month of completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between the HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to the HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Download > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat by email to cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

HKCFP Secretariat

HKCFP Photography Club News

HKCFP Photography Club - Portraiture Lecture

The HKCFP Photography Club Portraiture Lecture concluded successfully on a breezy Sunday afternoon on 14th October 2018. Our speaker Mr. Ken Lam, professional photographer specialised in portraiture and commercial work, illustrated to participants the planning and execution of portraiture work with vivid examples. He also decoded the secret lighting setup behind his many commercial appearances.

Mr. Keith Wong of FUJIFILM HK brought in a mini showcase of FUJIFILM cameras and lenses for our members to try on. The lineup even included a latest medium format mirrorless camera one day before its official public announcement! Mr. Wong also enlightened us on how the latest advancement in technologies benefited both still photography and videography.

All HKCFP shutterbugs enjoyed trying on the various cameras and lenses. And quite a few of our FUJIFILM users indulged in a friendly discussion with Mr. Lam and Mr. Wong after the lecture. We exchanged photographic ideas and chatted about rumours on the future development of mirrorless digital cameras.

HKCFP Photography Club would like to express our gratitude towards FUJIFILM HK for this delightful portraiture lecture and for offering the special discounts on a broad range of FUJIFILM equipment. We are indeed indebted to FUJIFILM HK as they have now agreed to extend the special discounts to all HKCFP members! Interested members please contact Ms. Windy Lau by email to windyau@hkcfp.org.hk for further contact information.

An afterthought about the event was beyond doubt - all the cameras and lenses felt so lovely on hands, but it would be even better if they could be taken out for some real location shooting! We would deeply appreciate HKCFP members with photo-outing ideas to email College secretariat and let HKCFP Photography Club organise the next shoot-out for you.

HKCFP Photography Club
Internal Affairs Committee



Dr. Timothy Lo presented a souvenir to Mr. Keith Wong, Account Executive, Fuji Photo Products Co., Ltd.



HKCFP members enjoyed the lively presentation by Mr. Ken Lam.



Mr. Ken Lam went through the creation of a great portrait step by step.



Members did not hesitate to try on the various cameras and lenses.



Quite a complete lineup of FUJIFILM X and GFX series cameras and lenses were showcased.



Photo lovers gathered for sharing and chatting.

Public Education Committee News

Here we have the Fifth Book of Family Doctor Series: 《家庭醫生101》

《家庭醫生101》is the Fifth Book of Family Doctor Series based on the Chinese newspaper articles from the Hong Kong Economic Journal (信報) Column in recent years.

We have 14 writers and 101 articles in this Book, with the 5 themes of:

身心家庭事 醫者心懷裡 診室互動時 社區所思慮 寰宇世界中

This Book will be very good for leisure reading, and very useful and informative for demonstrating the unique role and many faces of Family Physician for the patient, the family, the community, and the health care system!

名家推薦：

這本散文集涉獵範圍甚廣，闡述家庭醫生多元的角色。我希望讀者能早日選擇一個家庭醫生守護自己和家人的健康。

食物及衛生局局長 **高永文醫生**

作為一名家庭醫生，我誠意向大家推薦此書，它既能增加大眾對家庭醫生的了解，亦能增進讀者的醫療知識，更是一本輕鬆的消遣讀物，閱畢此書，定必有所得益。

香港醫學專科學院主席 **李國棟醫生**

本書透過101個由不同家庭醫學醫生以深入淺出的筆觸，撰寫精彩而親切的故事，令大眾對家庭醫生的工作更認識，同時亦提高公眾對不同疾病的了解，不容錯過。

香港大學李嘉誠醫學院院長 **梁卓偉教授**

我誠意推薦這本書給有心在人生學堂持續進修的您，讓我們一起朝身心社靈「全人健康」的目標進發。

香港中文大學醫學院院長 **陳家亮教授**

《家庭醫生101》透過淺白和生活化的文章，與讀者們分享家庭醫生診症的點滴。閱讀這些文章時我亦深深感受到，家庭醫生是照料大家身心社靈的好朋友。

衛生署基層醫療統籌處處長 **王曼霞醫生**

風聲雨聲，讀書聲，聲聲入耳。大病小病，身心病，病病關懷。

本書正是道出家庭醫生每天工作所面對的各種挑戰以及他們敬業樂業的精神！

香港家庭醫學學院院長 **陳銘偉醫生**

The special offer of the book for our members is HK\$76 (30% discount of the original price)! Please fill in the order form below and get the new book as soon as possible! (Please kindly contact our secretariat for the book delivery, and the postal charge by mail delivery is HK\$28 per book.)

For inquiry please contact the College secretariat Ms. Windy Lau or Ms. Kathy Lai at 2871 8899.

ORDER FORM

To: HKCFP
Room 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
(Fax No. 2866 0616)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of
the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之五 -
家庭醫生101.

Enclosed please find cheque payment of HK\$ _____**.

** Note - HK\$76/book; Hong Kong local postage : HK\$28/book

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____ Email Address : _____

Postal Address : _____

Tel No. : _____ Date : _____

* Please circle your category of membership.

Meeting Highlights

Certificate Course on Bringing Better Health to Our Community 2018

The last session of the “Certificate Course on Bringing Better Health to Our Community 2018” co-organized with the Queen Elizabeth Hospital was held on 22 September 2018. Dr. LING Sai On, Associate Consultant, Department of Respiratory Medicine, Kowloon Hospital, delivered the lecture on “GOLD 2018 Guideline & Smoking Cessation”; Ms. Lai Fung Sim, Phoebe, Advanced Practice Nurse, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital, delivered a lecture on “COPD-6 & Early Detection of COPD in Primary Care” and Dr. Choi Chuen Ming, Clarence and Dr. Man Fung Yi, Phoebe, Resident Specialists, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital, delivered a lecture on “Model of COPD Care in Kowloon Central Cluster GOPCs” respectively.



Dr. Li Yim Chu (right, Moderator) presenting a souvenir to Dr. Ling Sai On (left, Speaker)



Dr. Li Yim Chu (2nd from the right) presenting souvenirs to Ms. Lai Fung Sim, Phoebe (left, Speaker), Dr. Choi Chuen Ming, Clarence (1st from the right, Speaker) and Dr. Man Fung Yi, Phoebe (2nd from the left, Speaker)

Interest Group in Mental Health & Psychiatry

Dr. Lau Kwan Chung, Jonathan, Specialist in Family Medicine, delivered a lecture on “Mental health Assessment in Primary Care: How our counterpart is doing it? The Australian GP Mental Health Care Plans” on 6 October 2018.



Dr. Mark Chan (left, Moderator) presenting a souvenir to Dr. Lau Kwan Chung, Jonathan (right, Speaker)

Interest Group in Evidence-Based Medicine (EBM)

Dr. Kwong Hon Kei, Specialist in Family Medicine, delivered a lecture on “EBM Approach to Common Mental Disorders in Primary Care” on 13 October 2018.



Dr. Aster Lau (left, Moderator) presenting a souvenir to Dr. Kwong Hon Kei (right, Speaker)

CME Dinner Lecture on 28 September 2018

Prof. Jonathan Shaw, Professor in the School of Public Health and Preventive Medicine, Monash University, Melbourne, Australia, delivered a lecture on “The Impact of Novel DM Drugs on CV Outcomes: From RCTs to Real World Evidence and Clinical Practice” on 28 September 2018.



Dr. Mary Kwong (left, Council Member) and Dr. Chan Sze Luen, David (right, Moderator), presenting a souvenir to Prof. Jonathan Shaw (middle, Speaker).

CME Dinner Lecture on 8 October 2018

Dr. Alfred Lau, Specialist in Oral and Maxillofacial Surgery, delivered a lecture on “Introduction to Oral and Maxillofacial Surgery”; Dr. Edward Hui, Specialist in Oral and Maxillofacial Surgery, delivered a lecture on “Oral and Maxillofacial Surgery - What do we do?”; Dr. Raymond Chow, Specialist in Oral and Maxillofacial Surgery, delivered a lecture on “Common Oral and Jaw Pathology” and Dr. Miko Lo, Specialist in Oral and Maxillofacial Surgery, delivered a lecture on “Temporomandibular Disorder” on 8 October 2018 respectively.



Dr. Mary Kwong (left, Council Member) and Dr. Tse Sut Yee (right, Moderator), presenting a souvenir to Dr. Alfred Lau (middle, Speaker)



Dr. Mary Kwong (left, Council Member) and Dr. Tse Sut Yee (right, Moderator), presenting a souvenir to Dr. Edward Hui (middle, Speaker)



Dr. Mary Kwong (left, Council Member) and Dr. Tse Sut Yee (right, Moderator), presenting a souvenir to Dr. Raymond Chow (middle, Speaker)



Dr. Mary Kwong (left, Council Member) and Dr. Tse Sut Yee (right, Moderator), presenting a souvenir to Dr. Miko Lo (middle, Speaker)

CME Dinner Lecture co-organized with The Hong Kong Geriatrics Society on 9 October 2018

Prof. Valeria Caso, Professor in Neurology, Stroke Unit, Santa Maria della Misericordia Hospital, University of Perugia, delivered a lecture on “Safe & Simple Management of Your frail Patients with Thromboembolic Stroke with complicated cases sharing” on 9 October 2018.



Dr. Mary Kwong (right, Council Member), Dr. Tong Siu Man (left, Moderator) and Dr. Wong Chit Wai (2nd from the right, Moderator), presenting a souvenir to Prof. Valeria Caso (2nd from the left, Speaker)

CME Lecture on 23 October 2018

Dr. Gustavo Alva M.D., Distinguished Fellow of the American Psychiatric Association, delivered a lecture on “Polypharmacy in Major Depressive Disorder (MDD) – Are We Doing It Right?” on 23 October 2018.



Dr. Yvonne Lo (right, Moderator) presenting a souvenir to Dr. Gustavo Alva M.D. (left, Speaker)

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WONCA World Conference 2018

Dr. Ho Ka Ming, Ken (Section Editor, WONCA Express, FP Links Committee)

22nd WONCA World Conference 2018 has been successfully held in Seoul during October 17-21, 2018. The theme of the conference this year was 'Primary Care in the Future: Professional Excellence'.



Opening Ceremony of the WONCA World Conference 2018



Opening Remarks by Prof. Young Sik Kim, Chairman of the WONCA Conference 2018



Prof. Amanda Howe presenting her plenary keynote lecture



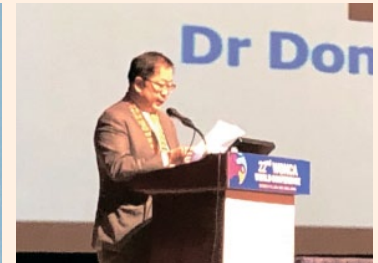
Welcome Reception WONCA World 2018



Hong Kong delegates



Hand-over of Presidency from Prof. Amanda Howe to Dr. Donald Li



Speech by Dr. Donald Li

Prof. Amanda Howe, President of the WONCA 2016 to 2018, gave us a plenary lecture 'Creating the Medical Home-the central role of the family physician in community-based integrated care'. Prof. Howe shared with us the reasons why family doctors are central to community based integrated care. Family doctors are competent, capable, credible and cost-effective in providing and coordinating primary care services in medical home. Home should be a place of safety and support. It should always be accessible. It may have its own demands and challenges. It is a place where it's owners can make their own choices. The medical home should allow refuelling before going back into the outside world. It can be virtual as well as physical. It would exist even when you are not in it. Prof. Howe also shared the implication of training for family doctors learning to be a generalists in the medical home. Generalists need to know how to empathise as well as analyse; to care as well as cure; and to empower yet to retain responsibility. We can only learn to care about the patients if we care about them; and we will only retain our compassion and motivation if the work we do is supported by the system.

It would be a special year of WONCA World Conference to all of us. It is because Dr. Donald Li Kwok Tung officially acts as the president of WONCA. Dr. Li is

the second HongKonger taking up the leading role in WONCA. (Dr. Peter Lee Chung-yin previously acted as WONCA president between 1992 and 1995). The news has been featured in at least 11 mass media reports in Hong Kong. Dr. Li would continue to promote the essential role of Family Medicine in universal health coverage and enhancing cost-effectiveness of the health care system. Besides, Dr. Li would like to improve the health inequalities of immigrants and refugees in developing countries. Dr. Li also envisions to leverage his leading position in Family Medicine to improve the standard of medical clinics in the 'Greater Bay Area' through introducing accreditation from international organisations. Dr. Li believes that the global standards for practice accreditation could help set standards for health clinics in the Mainland China.

To show the supports to Dr. Li, there were over 70 Hong Kong delegates attending the WONCA World Conference 2018 to witness the official hand-over of WONCA Presidency on 20th October 2018. Our College did show support to Dr. Li with sponsorships to our Council members and members to attend the conference. Besides, we had colleagues from the seven clusters of Hospital Authority, the Department of Health, the two departments of Family Medicine and private sectors to celebrate the precious moment

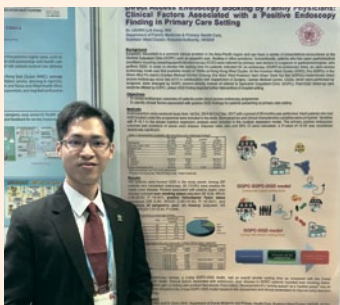
with Dr. Li. We were honoured to invite Dr. Li to have a gathering Korean beef BBQ dinner with us after the handover.

Congratulation to our leader-Dr. Donald Li Kwok Tung!

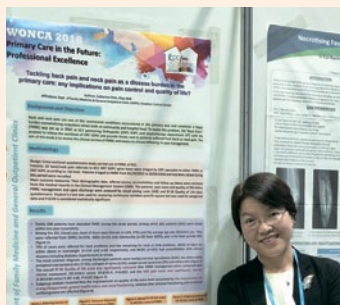
The 22nd WONCA World Conference 2018 programme consists of different lectures and workshops. Besides, there were poster presentations from the World. Our Hong Kong colleagues had numerous abstract presentations in the conference. Congratulations to Prof. Martin Wong who got the “Best Oral Presentation Award” based on his studies on the “Effectiveness of dietician counselling based on the Dietary Approach to Stop Hypertension (DASH) in grade I hypertensive patients”; and also the “First Distinguished Research Making Family Medicine Shine Award”. And Congratulations to Dr. Esther Yu Yee Tak who got the same Distinguished Award and the “Best Contribution to Family Medicine Award” from her study on the ‘Five-Year Effectiveness of the Multidisciplinary Risk Assessment and Management Programme-Diabetes Mellitus (RAMP-DM) on Diabetes-Related Complications and Health Service Uses-A Population-Based and Propensity -Matched Cohort Study’.

On behalf of our College, colleagues from the Public Education Committee and Young Doctors Committee had jointly held a workshop on 18th October 2018 during the conference. The workshop was named ‘Promoting Family Medicine- Novel Ideas’. During the workshop, we introduced our College’s public education work in various mass media in the past 40 years. After, we had discussed the success and challenges in promoting Family Medicine as well as the novel ideas for future Family Medicine promotion with the participants all over the World. We had a fruitful discussion with participants including Prof. Chris Van Weel, past WONCA president (2007-2010).

Moreover, there were site visit programmes to observe technology and facilities of Korean institutions. I have visited the Asan Medical Centre which is Korea’s largest general tertiary-care hospital in Seoul. The medical centre encompasses three highly specialised institutes (the Cancer institute, the Heart institute, the Transplantation Centre), including 27 specialised centres, 44 clinical departments and a research institute for the life sciences. Asan Medical International cooperates with various institutions, patients, business partners, and medical scholars



Posters of our Hong Kong colleagues
Upper: Dr. Leung Lok Hang Will
Lower: Dr. Ho Ka Ming



Posters of our Hong Kong colleague
Dr. Catherine Chen



Oral presentations of our Hong Kong colleagues
Upper: Dr. Chiang Lap Kin
Lower: Dr. Lorna Ng



Oral presentations of our Hong Kong colleagues
Upper: Dr. Catherine Chen
Lower: Dr. Annie Or



Oral presentations of Dr. Esther Yu who got the First Distinguished Research Making Family Medicine Shine Award and the Best Contribution to Family Medicine Award



Oral presentations of Prof. Martin Wong who got the First Distinguished Research Making Family Medicine Shine Award and the Best Oral Presentation



Workshops held by our Hong Kong colleague Dr. Regina Sit



HKCFP Workshop Promoting Family Medicine- Novel Ideas



HKCFP Workshop Promoting Family Medicine- Novel Ideas



Endoscopy Hands-on Workshop



Site Visit Programme





Cocktail Reception held by Dr. Donald Li



Hong Kong delegates Reunion Dinner with Dr. Donald Li



WONCA World Conference 2018 Sunrise Run to Olympic Stadium



Gala Dinner at Sebitseam WONCA World Conference 2018

from all around the world. The International Healthcare Centre serves as a primary care clinic to provide medical care to all expatriates and patients coming from different parts of the world. The Health Screening and Promotion Centre provides health-screening programme to screen for potential health risk factors for prevention and early detection of diseases with customised scheduling, language assistance, and financial counselling as well as billing services.

WONCA conference is a golden opportunity to allow us to get in touch with Family Medicine colleagues in our regions as well as different regions of the world. All of the following are indeed possible reasons why we should attend the WONCA conferences:

- To update our medical knowledges
- To learn the new medical technologies
- To know different health care systems and developments in different regions
- To know the differences and developments of Family Medicine training in different countries
- To be enlightened on the future health care challenges globally and especially in primary care aspect
- To share our experiences to other family doctors in the world
- To connect and unite our Family Medicine professionals in our regions and in other countries

Looking forward to WONCA APR Conference 2019 at Kyoto!

Game Changers for Treating Soft Tissue Injuries?

Since the good old medical school days, we have long been taught that to treat soft tissue injuries (for example sprains, strains, contusions or overuse injuries that cause damage of muscles, ligaments and tendons), we should consider the acronym R.I.C.E., namely Rest, Ice, Compression and Elevation. This famous mnemonic was first introduced by Dr. Gabe Mirkin in his Sportsmedicine Book (ISBN 978-0316574365) in year 1978. It was believed that by applying R.I.C.E. therapy at the initial phase, the local tissue inflammatory responses as a result of cell damage would be halted and suppressed, namely calor (heat), dolor (pain), rubor (redness), and tumor (tissue swelling).



Despite its wide applications, many (including Dr. Mirkin himself) began to question on the lack of evidence from randomised controlled trials to determine the true effectiveness of R.I.C.E. therapy for acute soft tissue injuries. Here are some related literature and examples to the argument:

- ✦ "Why ice delays recovery" by Dr. G. Mirkin (<http://www.drmirkin.com/fitness/why-ice-delays-recovery.html>)¹

This online article written by Dr. Mirkin himself in 2018 explained why he had a paradigm shift against R.I.C.E., i.e. he explained the concept that "the natural course of healing requires inflammation to progress" (i.e. insulin-like growth factor (IGF-1) from macrophages in damaged tissues helps soft tissues to heal, etc.) and newer evidence suggested that applying ice would restrict the circulation in the damaged tissue, hence delaying the inflammatory process and the subsequent tissue healing at an anatomical & cellular level, and how it may also reduce strength, speed, endurance and coordination of athletes at a broad sense.

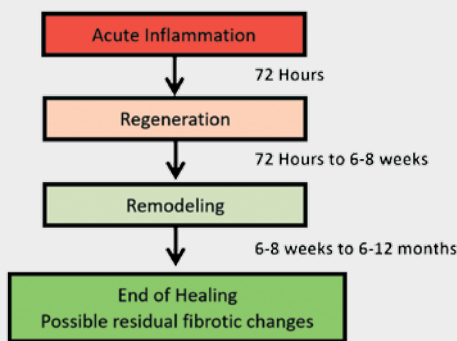


Figure: Stages of healing following soft tissue injury

- ✦ Bleakley C, McDonough S, MacAuley D. "The use of ice in the treatment of acute soft-tissue injury: a systematic review of randomized controlled trials." *Am J Sports Med.* 2004 Jan-Feb 32(1):251-61.²

This systemic review argued about the effectiveness of ice therapy at an evidence-based level, i.e. it concluded there was marginal evidence that ice plus exercise is most effective, after ankle sprain and post-surgery. There was little evidence to suggest that the addition of ice to compression had any significant effect, but this was restricted to treatment of hospital inpatients. Few studies assessed the effectiveness of ice on closed soft-tissue injury, and there was no evidence of an optimal mode or duration of treatment.



- ✦ Van den Bekerom MP, Struijs PA et. al., "What is the evidence for rest, ice, compression, and elevation therapy in the treatment of ankle sprains in adults?" *J Athl Train.* 2012 Jul-Aug;47(4):435-43. doi: 10.4085/1062-6050-47.4.14.³

This systemic review analysed the effectiveness of applying R.I.C.E. therapy within 72 hours after trauma for patients in the initial period after ankle sprain and concluded that insufficient evidence is available from randomised controlled trials to determine the relative effectiveness of R.I.C.E. for acute ankle sprains in adults.

How about NSAIDs?

For analgesics, we often in the past incorporate the use of nonsteroidal anti-inflammatory drugs (NSAIDs) and cyclooxygenase-2 (COX-2) inhibitors in our treatment plan for acute soft tissue injuries, yet animal studies also warn us that it may again suppress the vital tissue inflammatory responses during the healing process^{4,5}. Nevertheless, there is no published human data demonstrating such effects. Hence nowadays there are suggestions to consider "NSAID-sparing" treatment, whilst NSAID use should always be coupled with appropriate physical rehabilitation⁶.

New directions to consider?

The more the world understands about the science behind the mechanism of tissue recovery post injury, newer plans of treatment had been proposed. Here are some examples:

✦ ***P.O.L.I.C.E. (Protection, Optimal Loading, Ice, Compression, Elevation)***

(Reference: Bleakley CM, Glasgow P, MacAuley DC. "PRICE needs updating, should we call the POLICE?" Br J Sports Med. 2012 Mar;46(4):220-1. doi: 10.1136/bjsports-2011-090297. Epub 2011 Sep 7.)⁷

The P.O.L.I.C.E. acronym is a revision of R.I.C.E., with the new emphasis on the component of protection for the injured area (i.e. with assistive devices such as slings, braces and crutches etc.) and replacing rest with a balanced and incremental rehabilitation programme (hence the "optimal loading") whilst the historic combination of I.C.E. becomes less emphasized. The essence behind "optimal loading" is that by protecting the injured body part, gentle motion can, and should, be started early. For example, after a shoulder injury or shoulder surgery, our patients should be able to progress from a few days of rest to functional rehabilitation with passive range of movements (ROM), active ROM, and finally, rotator cuff strengthening exercises. It is believed that timely progressive loading can prompt the appropriate cellular responses which promote tissue structural change, thus leading to optimal healing of the injury, and it can prevent delay in returning to normal function due to joint and muscle tightness or muscle atrophy.

✦ ***M.E.A.T. (Movement, Exercise, Analgesics and Treatments)***

Some people argue that for certain types of injuries (such as damage to ligaments and tendons), a protocol that increases blood flow, such as M.E.A.T. (Movement, Exercise, Analgesics and Treatments), should be considered instead. It is a complete reverse to the R.I.C.E. principle, which believes that early mobilisation (thus "movement") and exercises help inducing muscle contractions, hence would promote local tissue circulation and fluid drainage to and from the injured area, thus speeding up tissue repair. Furthermore, it was believed that by placing the injured ligament or tendon under a small amount of load helps the fibroblasts grow in an organized way to increase its strength along the direction of tension. The "analgesics" in M.E.A.T. refers to the appropriate use of paracetamol instead of NSAIDs (due to reasons described in the previous section) and "treatments" here describes physiotherapy or other modalities with the aim of stimulating blood

flow and healing, for example, by applying hot pad, therapeutic ultrasound, etc.

Conclusion

In face of the mixed opinions on the treatment of soft tissue injuries, treatment decisions must be made on an individual basis, with careful weighing of the relative risks and benefits of each option, with reference to the latest expert opinions and the ever-changing guidelines available for the most optimal treatment outcome. It is also equally important to appreciate that we have to strike a practical balance in a way as latest evidence suggest cryotherapy may not hasten the natural course of tissue recovery, but the pain-relieving effect of ice can sometimes help our patient tolerate the rehabilitation training and exercise. We should always be cautious with the red flags during our initial and follow-ups assessments (e.g. history of persisting severe pain or high energy trauma, or atypical physical signs from physical examination, etc.) and proceed to further investigation if needed, namely imaging to rule out more complicated injuries (e.g. fractures) before initiating management in primary settings or referring our patients for rehabilitation.

As the concept of planning for a "balanced and incremental rehabilitation programme" might not be easy for general practitioners to grasp, for more details in helping our patients in choosing the optimal treatment modalities, one may also consider contacting and referring them to physiotherapists or physicians with special interest in sports medicine for further opinion.

Financial / commercial conflict of interest

✦ *None declared*

Reference

1. "Why ice delay's recovery" by Dr. G. Mirkin (<http://www.drmirkin.com/fitness/why-ice-delays-recovery.html>)
2. Bleakley C, McDonough S, MacAuley D. "The use of ice in the treatment of acute soft-tissue injury: a systematic review of randomized controlled trials." Am J Sports Med. 2004 Jan-Feb 32(1):251-61.
3. van den Bekerom MP, Struijs PA et. al., "What is the evidence for rest, ice, compression, and elevation therapy in the treatment of ankle sprains in adults?" J Athl Train. 2012 Jul-Aug;47(4):435-43. doi: 10.4085/1062-6050-47.4.14.
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7. Bleakley CM, Glasgow P, MacAuley DC. "PRICE needs updating, should we call the POLICE?" Br J Sports Med. 2012 Mar;46(4):220-1. doi: 10.1136/bjsports-2011-090297. Epub 2011 Sep 7.

Compiled by Dr. Tam John Hugh & Mr. Mak Cheuk Hang, Thomas (Registered Physiotherapist with special interest in Sports Medicine)

Joint Meeting for Interest Group in Mental Health & Primary Care Psychiatry (61st Meeting) and Interest Group in Medical Humanities (7th Meeting) on 20 October 2018

Dr. Chan Suen Ho, Mark and Dr. Lo Sze Mon, Dana (Coordinators)
Board of Education
The Hong Kong College of Family Physicians

Topic : **The Humanity Aspect in Geriatric Mental Health Care**

Speaker : **Dr. Chris Lum**
Specialist in Geriatric Medicine

Moderators : **Dr. Dana Lo and Dr Mark Chan**

Attendance : **28**

The speaker

Dr. Chris Lum is a senior consultant in Geriatric Medicine in Shatin Hospital. For many years, Dr. Lum trained generation of physicians in Geriatric Medicine through various positions in Geriatric Society, HA platform and also through the Postgraduate Diploma in Community Geriatrics (HKU) for medical colleagues. Dr. Lum has an interest in counselling and has obtained a Master degree in the area.

Learning Points prepared by Dr. Mark Chan

"Similar to the statement that "Pediatrics is not young adults", "Elders are not old adults".

Throughout the human life span, there is evolving physiological, psychological and social changes. These have important impacts to psychological health and manifestation of mental problems among our older populations.

"Age is an issue of mind over matter. If you don't mind, it doesn't matter." Mark Twain said so. In this seminar, psychological changes in ageing and its implication on counselling were discussed. The geriatricians (or doctors who care for elderly patients, like us) need to accomplish a very important task for modern medicine. This is the compression of morbidity which could enable the population to enjoy a disability free life as long as possible.

That is the concept of Positive Ageing which is Multidimensional, in that it comprised biological-illness avoidance; physical body functioning; psycho-social-engagement with life, concern and support to others; psycho social engagement with life; financial and productive contribution to others including family, career and the community.

The Psychological aspects involves cognitive changes in older patients:

1. General intelligence, better in language use, while less in arithmetic /spatial reaction time
2. Memory- uncertain, as affected by motivation and practice; with reduced capacity on multi-tasking
3. Judgement-based on previous experience which is also a limiting factor for judgement
4. Lack of security-anxiety and worries
5. Eccentric, reduce flexibility: That some would choose avoidance of unfavorable circumstances; while some also adopt regression, very much so as a common defense mechanism with accentuation of personality.

Life Engagement in Family

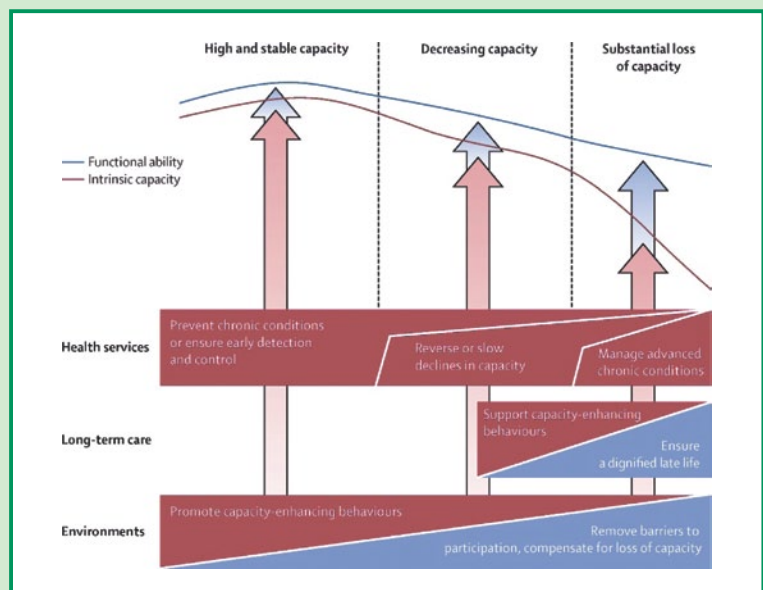
1. Psychological adjustment to ageing:

Pre-retirement: It certainly helps patient with understanding on ageing process,

Retirement: Would bring upon reflection in life and plan ahead; and adjustment.

2. Biological and physical ageing:

The changes in quality of life, patient to prepare for the worse and ask yourself what is acceptable and unacceptable in life?



Functional capacity over the life course

3. Family changes includes intimacy and family building

Empty nest not just happens with family, it happens with work, with retirement; it is a separation with changes in social role. With children relationship, changes from parenting to friendship, reversal dependency to experience sharing

Common Psychological issues include personality changes, eccentric-conserve energy; common observations are that of guarded /suspicious of environment, with less security and self-protection; Elderly people may be having less flexibility, more straight forward, and need time to adjust. In some cases regression is common.

Common mental illnesses such as anxiety, depression, somatization, delusion-theft/ jealousy, psychosis, delirium, dementia need medical psychiatric work up. It is a path of decline in physical, memory and biological health from dis-ease to disease that our elderly patients are experiencing.

Notes for Counselling in OLD

A practical tool NURSE is introduced:

NURSE refers to

Naming,
Understanding,
Respect,
Support,
Exploring.

The set up would need:

Preparation-understand counseling
Respect- empathetic understanding
Confidentiality

While assessment should be multidimensional, one needs to consider:

1. Ethnic, cultural: an overseas Chinese vs a rural traditional lady
2. Personality vs psychological/psychiatric problem
3. Rule out medication effect
4. Offer Help and support
5. Focus on ability not inability
6. From Reminiscence to here and now
7. Immediate future, not far future
8. Follow instead of enquiry

In dealing with Counsellor-client relationship, one needs to:

Respect the elderly, their experience, beware of agesim, stigmatisation

Respect and facilitate the patient

Be aware of transference and counter transference, and

Look into own's reflective thinking.

At the end of the session, Dr. Lum exemplified his main points with cases sharing, for example, a patient whose discharge from ward was delayed for months, despite medical problem been of non-acute nature, one may wonder what exactly was the family or patient's concern. To change perspective, it may well possible from the carer's point of view, he or she was not ready. Thus the job in the tertiary institution would include also to prepare the carer to look after the elderly who was further impaired from the disease process. There would be a role for Family doctors at the receiving end in the community, which invited active discussion from the floor. I feel that Dr. Lum through his decades of experiences, illustrated to us the similarity of geriatric and family physician doctoring, we share much to see the hardship of our patients and family, to staying alive, well and coping. It is educational.



Dr. Dana Lo (left) and Dr. Mark Chan (right) presenting a souvenir to Dr. Chris Lum (middle, speaker)

Next Meeting

The next meeting would also be a joint meeting for the Interest Group in Mental Health & Psychiatry and Medical Humanities to be held on 1 December 2018. Dr. Dana Lo would be the speaker. The topic would be on "Traditional Chinese Culture and Medical Humanities - Case discussion on filial piety 中國傳統孝道於醫學人文案例展示".

Another meeting for the Interest Group in Medical Humanities will be held on 15 December 2018. Dr. Rodney Chu, Assistant Professor of the Department of Applied Social Sciences of the Hong Kong Polytechnic University would be the speaker. The topic will be on "Medical Sociology for Family Physicians".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

38th Annual Refresher Course 2018

The 38th Annual Refresher Course (ARC) will be held from 25 November to 16 December 2018. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms **within 2 weeks** of the completion of the Refresher Course (**latest by 31 December 2018**). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational programme to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

Registration is now open. As the number of space is limited, it will be offered on first come, first served basis. **Please also note that admission fees are not refundable.** Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Katie Lam at 2871 8899.

Luncheon Lectures

| | |
|---------|--|
| Date | 27 November (Tue) |
| Topic | Paediatrics Respiratory Approach to a child with snoring in primary care setting |
| Speaker | Dr. Leung Ngan Ho, Theresa |
| Sponsor | GlaxoSmithKline Limited |
| Date | 29 November (Thu) |
| Topic | Hypertension Intensifying blood pressure control - How? How low? |
| Speaker | Dr. Chan Pak Hei, Michael |
| Sponsor | Sanofi-aventis Hong Kong Limited |
| Date | 4 December (Tue)* |
| Topic | Mental Health Depression and Suicide |
| Speaker | TBC |
| Sponsor | Lundbeck HK Limited |
| Date | 6 December (Thu) |
| Topic | Allergic Rhinitis Update on Guidelines for Management of Allergic Rhinitis |
| Speaker | Dr. Tang Chi Ho, Eric |
| Sponsor | GlaxoSmithKline Limited |
| Date | 11 December (Tue) |
| Topic | CPR Update CPR Knowledge Update |
| Speaker | TBC |

Venue : Shanghai Room, Level 8, Cordis Hotel Hong Kong, 55 Shanghai Street, Mongkok, Kowloon

***Please note the venue for lecture on 4 Dec 2018 would be in Star Room, Level 42, Cordis Hotel Hong Kong.**

| | | | |
|------|---|-----------------------|--------------|
| Time | : | 1:00 p.m. – 2:00 p.m. | Buffet Lunch |
| | | 2:00 p.m. – 3:00 p.m. | Lecture |
| | | 3:00 p.m. – 3:30 p.m. | Discussion |

Sunday Workshops

| | |
|----------|---|
| Date | 25 November (Sun) |
| Topic | Pre-DM and CV 1. Different International Hypertension Guideline: Which one to follow? 2. Pre-diabetes: Why and how should we treat? |
| Speaker | 1. Dr. Chan Wai Kwong, Andy 2. Dr. Chow Chun Chung, Francis |
| Sponsor | Merck Pharmaceutical (HK) Ltd |
| Date | 2 December (Sun) |
| Topics | DM and CV 1. DECLARE: the implication to primary care physician 2. Key updates in oral anti-platelet therapy – from studies & guidelines to real life clinical practice |
| Speakers | 1. Dr. Ting Zhao Wei, Rose 2. Dr. Cheung Ling Ling |
| Sponsor | AstraZeneca Hong Kong Limited |
| Date | 9 December (Sun) |
| Topics | Hypertension and Angina 1. Advancing the angina treatment paradigm 2. New opportunities for treating systolic hypertension through fixed-dose combinations |
| Speakers | 1. Dr. Lee Kin Tong 2. Dr. Cheung Chi Yeung |
| Sponsor | Servier Hong Kong Limited |
| Date | 16 December (Sun) |
| Topics | Oncology Update 1. An update of new developments and toxicities of different modalities of cancer therapies - targeted therapy, immunotherapy, radiotherapy, chemotherapy (30 mins) 2. How family physicians can co-manage with oncologists in patients with: a. Breast cancer & prostate cancer; b. Colorectal cancer; c. Lung cancer |
| Speakers | 1. Prof. Ngan Kai Cheong, Roger 2a. Dr. Leung Kwok Cheung, Alex 2b. Dr. Law Chi Ching 2c. Dr. Wong Kam Hung |

Venue : Shanghai Room, Level 8, Cordis Hotel Hong Kong, 55 Shanghai Street, Mongkok, Kowloon

| | | | |
|------|---|-----------------------|--------------|
| Time | : | 1:00 p.m. – 2:00 p.m. | Buffet Lunch |
| | | 2:00 p.m. – 4:15 p.m. | Lectures |
| | | 4:15 p.m. – 4:30 p.m. | Discussion |

Registration Fees

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

| | |
|---|----------------|
| College Fellow, Full or Associate Members | : HK\$900.00 |
| Other Categories of Members | : HK\$1,200.00 |
| Non-members | : HK\$1,800.00 |

Spot admission fee for each Luncheon Lecture or Workshop is:

| | |
|---|--------------|
| College Fellow, Full or Associate Members | : HK\$250.00 |
| Other Categories of Members | : HK\$350.00 |
| Non-members | : HK\$450.00 |

FM Trainees Package:

| | |
|-----------------------------------|------------------------------|
| Full Course | : HK\$600.00 |
| Sunday Workshops | : HK\$400.00 for 4 Workshops |
| Each Luncheon lecture or workshop | : HK\$150.00 |

Remarks: Topics may be subject to change without prior notice. Lecture/ Workshop (s) will be conducted in English

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS
38th Annual Refresher Course
25 November – 16 December 2018

REGISTRATION FORM

H.K.C.F.P.
 Room 803-4, HKAM Jockey Club Building,
 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

Enclosed please find a cheque (made payable to **"HKCFP Foundation Fund"**) of HK\$ _____ being payment in full for the above. **(All Fees received are non-refundable and non-transferable.)**

The whole course:-

| | | | |
|--|---|---------------|-----|
| Five Luncheon Lectures and Four Workshops (Including Fee for Certificate of Attendance) | College Fellow, Full or Associate Members | : HK\$900.00 | () |
| | Other Categories of Members | : HK\$1200.00 | () |
| | Non-members | : HK\$1800.00 | () |
| | FM Trainees | : HK\$600.00 | () |

Spot admission:-

| | | |
|--------------|---|-----|
| 25 Nov (Sun) | Pre-DM and CV 1) Different International Hypertension Guideline: Which one to follow? 2) Pre-diabetes: Why and how should we treat? | () |
| 27 Nov (Tue) | Paediatrics Respiratory Approach to a child with snoring in primary care setting | () |
| 29 Nov (Thu) | Hypertension Intensifying blood pressure control - How? How low? | () |
| 2 Dec (Sun) | DM and CV 1) DECLARE: the implication to primary care physician 2) Key updates in oral anti-platelet therapy – from studies & guidelines to real life clinical practice | () |
| 4 Dec (Tue) | Mental Health Depression and Suicide | () |
| 6 Dec (Thu) | Allergic Rhinitis Update on Guidelines for Management of Allergic Rhinitis | () |
| 9 Dec (Sun) | Hypertension and Angina 1) Advancing the angina treatment paradigm 2) New opportunities for treating systolic hypertension through fixed-dose combinations | () |
| 11 Dec (Tue) | CPR Update CPR Knowledge Update | () |
| 16 Dec (Sun) | Oncology Update 1) An update of new developments and toxicities of different modalities of cancer therapies - targeted therapy, immunotherapy, radiotherapy, chemotherapy (30 mins) 2) How family physicians can co-manage with oncologists in patients with: a. Breast cancer & prostate cancer; b. Colorectal cancer; c. Lung cancer | () |

| | | | |
|---|--------------------|---------|---------------------|
| College Fellow, Full or Associate Members | : HK\$250.00 | X _____ | lecture/workshop(s) |
| Other Categories of Members | : HK\$350.00 | X _____ | lecture/workshop(s) |
| Non-members | : HK\$450.00 | X _____ | lecture/workshop(s) |
| FM Trainee | : HK\$400.00 for 4 | _____ | Sunday workshops |
| | HK\$150.00 | X _____ | lecture/workshop(s) |

Name: _____ Member ID: _____ Date: _____

Email: _____ Telephone: _____

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

1 December 2018

Saturday

Board of Education Interest Group in Mental Health & Psychiatry and Interest Group in Medical Humanities

| | |
|------------------------|--|
| Aim | (1) To form a regular platform for sharing and developing knowledge and skill in the management of mental health (2) To form a regular platform for sharing and developing knowledge and skill in the medical humanities |
| Theme | Traditional Chinese Culture and Medical Humanities - Case Discussion on Filial Piety 中國傳統孝道於醫學人文案例展示 |
| Speaker | Dr. Lo Sze Mon, Dana Specialist in Family Medicine |
| Coordinator & Chairman | Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians |
| Time | Part A: 2:00 p.m. – 3:30 p.m. Lecture Part B: 3:30 p.m. – 4:00 p.m. Discussion |
| Venue | 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong |
| Admission Fee | Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable. |
| Accreditation | 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK |
| Language | Lecture will be conducted in English and Cantonese. |
| Registration | Registration will be first come first served. Please reserve your seat as soon as possible. |
| Note | Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting. Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B. |

Register Online

15 December 2018

Saturday

Board of Education Interest Group in Medical Humanities

| | |
|-------------------------|--|
| Aim | To form a regular platform for sharing and developing knowledge and skill in the medical humanities |
| Theme | Medical Sociology for Family Physicians |
| Speaker | Dr. Chu Wai Chi, Rodney Assistant Professor, Department of Applied Social Sciences, The Hong Kong Polytechnic University |
| Coordinators & Chairmen | Dr. Chan Suen Ho, Mark Dr. Lo Sze Mon, Dana The Hong Kong College of Family Physicians |
| Time | Part A: 2:00 p.m. – 3:30 p.m. Lecture Part B: 3:30 p.m. – 4:00 p.m. Discussion |
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| Registration | Registration will be first come first served. Please reserve your seat as soon as possible. |
| Note | Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting. Participants are expected to take an active role in discussion during the workshop. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B. |

Register Online

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

November's session:

| | |
|---------------|---|
| Date | 30 November 2018 (Friday) |
| Time | 2:30 p.m. - 3:30 p.m. |
| Topic | "Aging and Malnutrition" by Dr. Lee Cheung Kei |
| Admission | Free for Members |
| Accreditation | 1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log) |
| Language | Lecture will be conducted in Cantonese. |

Register Online

December's session:

| | |
|---------------|---|
| Date | 28 December 2018 (Friday) |
| Time | 2:30 p.m. - 3:30 p.m. |
| Topic | "Nutrition & Cognition (Can Nutritional Interventions Delay or Prevent Alzheimer's?)" by A/Prof. Michael Woodward |
| Admission | Free for Members |
| Accreditation | 1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log) |
| Language | Lecture will be conducted in English. |

Register Online

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

| Date/Time/CME | Venue | Topic/Speaker/Co-organizer | Registration |
|--|---|--|-----------------------------------|
| 8 December 2018 2:15 – 4:15 pm | Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon | Primary care cardiologic conditions and ECGs Dr. LEUNG Sum Kin Private specialist in Cardiology | Ms. Clara Tsang Tel: 2354 2440 |

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

| Date/Time/CME | Venue | Topic/Speaker(s) | Registration |
|-----------------------------|--|---|------------------------------------|
| 5 December 18 (Wed) | | | |
| 2:00 – 5:00 p.m. | Seminar Room, G/F, Block A, Queen Elizabeth Hospital | Review of Functional Food & Dietary Supplement Dr. Ho Ka Ki & Dr. Fan Yuen Shan, Patricia | Ms. Mandy Leung Tel: 3506 8613 |
| 2:30 – 5:00 p.m. | SB1034, 1/F, Special Block, Tuen Mun Hospital | Dangerous Drug Management: Ordinance, Storage, Dispensing and Disposal Dr. Fan Siu Wai | Ms. Eliza Chan Tel: 2468 6813 |
| 2:30 – 5:30 p.m. | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | Management Approach to Anxious Patients Dr. Hui Yuk Ting, Candy & Dr. Leung Hilching, Eunice | Ms Polly Tai Tel: 3949 3430 |
| 3:45 – 5:45 p.m. | Lecture Theatre, 5/F, Tsan Yuk Hospital | The Red book: Hong Kong Medical Council's Professional Code and Conduct Dr. Chelsia Kwan | Ms. Cherry Wong Tel: 2589 2337 |
| 5:30 – 7:30 p.m. | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | Preventive Care for Elderly Dr. Fan Vei Chen, Kevin | Ms. Carmen Kwong Tel: 2632 4371 |
| 6 December 18 (Thu) | | | |
| 4:30 – 6:00 p.m. | Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital | Community Resources for Marital and Family Problems Dr. Kum Chung Hang & Dr. Wong Fai Ying | Ms. Eliza Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. | Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital | Update on Hypertension Management Dr. Locke Ka Yung, Michael | Ms W L Kwong Tel: 2595 6941 |
| 12 December 18 (Wed) | | | |
| 2:00 – 5:00 p.m. | Seminar Room, G/F, Block A, Queen Elizabeth Hospital | Introduction to Conjoint Fellowship Examination (part II) Dr. Tam Wah Kit | Ms. Mandy Leung Tel: 3506 8613 |
| 2:30 – 5:00 p.m. | SB1034, 1/F, Special Block, Tuen Mun Hospital | Better Patient Communication Skill Dr. Cheung Sze Man | Ms. Eliza Chan Tel: 2468 6813 |
| 2:30 – 5:30 p.m. | Conference Room, G/F, Block K, United Christian Hospital | Update on Management of COPD Dr. Wong Yu Man, Tracy & Dr. Chang Hsu Wei | Ms Polly Tai Tel: 3949 3430 |
| 3:45 – 5:45 p.m. | Lecture Theatre, 5/F, Tsan Yuk Hospital | The Consultation Process: Effective History Taking Dr. Natasha Liu | Ms. Cherry Wong Tel: 2589 2337 |
| 5:30 – 7:30 p.m. | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | Health Service for Port Health Department Dr. Leung Yuen Yee, Yuki & Dr. Zhao Hai Feng, Eric | Ms. Carmen Kwong Tel: 2632 4371 |
| 13 December 18 (Thu) | | | |
| 4:30 – 6:00 p.m. | Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital | Urological Emergencies Dr. Yip Pui Leung & Dr. Tang Kin Sze | Ms. Eliza Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. | Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital | Family Planning Association in Hong Kong Dr. Yuen Chi Hang, Steven | Ms W L Kwong Tel: 2595 6941 |
| 19 December 18 (Wed) | | | |
| 2:00 – 5:00 p.m. | Seminar Room, G/F, Block A, Queen Elizabeth Hospital | Approach to Loss of Consciousness and the Emergency Care Consultation Enhancement (Video Consultation) Dr. Leung Kwan Wai, Amas & Dr. Chan Fung Yuen Dr. Cheung Yuen Yan | Ms. Mandy Leung Tel: 3506 8613 |
| 2:30 – 5:00 p.m. | SB1034, 1/F, Special Block, Tuen Mun Hospital | Common Minor Aliments in Pregnancy and Lactation Dr. Lam Kang | Ms. Eliza Chan Tel: 2468 6813 |
| 2:30 – 5:30 p.m. | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | Adolescent Sexuality Dr. Chan Ki Fung, Dickson & Dr. Lim Martina | Ms Polly Tai Tel: 3949 3430 |
| 3:45 – 5:45 p.m. | Lecture Theatre, 5/F, Tsan Yuk Hospital | MPS – Case Demonstration; Common Pitfalls in Daily Practice Dr. Alex Leung | Ms. Cherry Wong Tel: 2589 2337 |
| 5:30 – 7:30 p.m. | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | Upper Limb Numbness Dr. Mak Ho Yin, Ronald & Dr. Ng Hok Wai | Ms. Carmen Kwong Tel: 2632 4371 |
| 20 December 18 (Thu) | | | |
| 4:30 – 6:00 p.m. | Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital | Overseas Conference of Family Medicine and Experience Sharing Dr. Yip Chun Kong & Dr. Hun Pek I | Ms. Eliza Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. | Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital | Government Vaccination Programme - Influenza and Pneumococcal Vaccination Dr. Lo Yuen Man, Emma | Ms W L Kwong Tel: 2595 6941 |
| 27 December 18 (Thu) | | | |
| 4:30 – 6:00 p.m. | Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital | Data Access Protocol and Medical Report Writing Dr. Ng Kai Man & Dr. Sung Cheuk Chung | Ms. Eliza Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. | Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital | Handling of Abnormal Investigation Reports -- Call Back System Dr. Chiu Yuen Man | Ms W L Kwong Tel: 2595 6941 |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| 11 Nov | 12 | 13 <i>9:00 p.m.</i> <i>Board of DFM Meeting</i> | 14 <i>2:15 – 7:30 p.m.</i> Structured Education Programme | 15 <i>2:15 – 7:00 p.m.</i> Structured Education Programme | 16 | 17 <i>2:30 – 5:30 p.m.</i> <i>DFM Module IV</i> |
| 18 | 19 | 20 | 21 <i>2:15 – 7:30 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> <i>BVTS Meeting</i> | 22 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> <i>HKCFP Council Meeting</i> | 23 | 24 <i>2:00 – 5:15 p.m.</i> <i>Update Course in Urogynaecology</i> <i>2:30 – 5:30 p.m.</i> <i>DFM Women's Health Workshop</i> |
| 25 <i>1:00 – 4:30 p.m.</i> <i>Annual Refresher Course</i> | 26 | 27 <i>1:00 – 3:30 p.m.</i> <i>Annual Refresher Course</i> | 28 <i>2:15 – 7:30 p.m.</i> Structured Education Programme | 29 <i>1:00 – 3:30 p.m.</i> <i>Annual Refresher Course</i> <i>2:15 – 7:00 p.m.</i> Structured Education Programme | 30 <i>2:30 – 3:30 p.m.</i> <i>Video Session</i> | 1 Dec <i>2:00 – 4:00 p.m.</i> <i>Interest Group in Mental Health & Psychiatry and Interest Group in Medical Humanities</i> <i>2:30 – 5:30 p.m.</i> <i>DFM Module IV</i> |
| 2 <i>1:00 – 4:30 p.m.</i> <i>Annual Refresher Course</i> | 3 | 4 <i>1:00 – 3:30 p.m.</i> <i>Annual Refresher Course</i> | 5 <i>2:15 – 7:30 p.m.</i> Structured Education Programme | 6 <i>1:00 – 3:30 p.m.</i> <i>Annual Refresher Course</i> <i>2:15 – 7:00 p.m.</i> Structured Education Programme | 7 | 8 |
| 9 <i>1:00 – 4:30 p.m.</i> <i>Annual Refresher Course</i> | 10 | 11 <i>1:00 – 3:30 p.m.</i> <i>Annual Refresher Course</i> <i>7:00 – 9:00 p.m.</i> <i>Refresher Course for Exit Examiners 2018 (PA Segment)</i> | 12 <i>2:15 – 7:30 p.m.</i> Structured Education Programme | 13 <i>2:15 – 7:00 p.m.</i> Structured Education Programme | 14 | 15 <i>2:00 – 4:00 p.m.</i> <i>Interest Group in Medical Humanities</i> <i>2:30 – 5:00 p.m.</i> <i>DFM Module IV</i> |
| 16 <i>1:00 – 4:30 p.m.</i> <i>Annual Refresher Course</i> <i>5:00 p.m.</i> <i>Annual General Meeting</i> <i>7:00 p.m.</i> <i>Annual Dinner</i> | 17 <i>7:00 – 9:00 p.m.</i> <i>Refresher Course for Exit Examiners 2018 (Research Segment)</i> | 18 <i>7:00 – 9:00 p.m.</i> <i>Refresher Course for Exit Examiners 2018 (Clinical Audit Segment)</i> | 19 <i>2:15 – 7:30 p.m.</i> Structured Education Programme <i>7:00 – 9:00 p.m.</i> <i>Refresher Course for Exit Examiners 2018 (CSA Segment)</i> | 20 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> <i>Board of Conjoint Examination Meeting</i> | 21 | 22 |
| 23 | 24 | 25 | 26 <i>2:15 – 7:30 p.m.</i> Structured Education Programme | 27 <i>2:15 – 7:00 p.m.</i> Structured Education Programme | 28 <i>2:30 – 3:30 p.m.</i> <i>Video Session</i> | 29 |

FP LINKS EDITORIAL BOARD 2018

| | | | |
|--|---------------------------------|---|---|
| Board Advisor : Dr. Wendy Tsui | Feature: | Dr. David Cheng <i>Section Editor</i> | Dr. Tam John Hugh <i>Deputy Section Editor</i> |
| | News Corner: | Dr. Sze Hon Ho <i>Section Editor</i> | Dr. Natalie Siu <i>Deputy Section Editor</i> |
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Back row (left to right): Dr. Sin Ming Chuen, Ms. Alky Yu, Dr. Sze Hon Ho, Dr. David Cheng, Dr. Fok Peter Anthony, Dr. Cheuk Christina, Dr. Tam John Hugh and Dr. Ken Ho
Front row (left to right): Dr. Heidi Fung, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Anita Fan and Dr. Natalie Siu



Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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