



THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS

# FP Links

Issue 176  
October 2018

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## Message from the President



The College Council has urged the Government to increase resources in Family Doctors Training in the coming Policy Address and recommends optimal utilization of District Health Centres. The College would also clarify Primary Healthcare is NOT just for the grassroots.

Dr. Lau Ho Lim, Professor William Wong and I had represented the College and held

a press conference at our Wanchai premises on 23<sup>rd</sup> September 2018. The details of the press release are as follow.

In advanced countries around the world, family doctors are the core of quality primary healthcare systems. Although the Government has actively engaged in the development of primary healthcare, and made breakthroughs in some policies like the Elderly Health Care Voucher Scheme, resources invested in training in Family Medicine are still grossly inadequate. Meanwhile, there has been considerable misunderstanding amongst the general public about "primary care" which associates primary care with provision of healthcare services to the grassroot, hindering the development of primary care.

Recently, given the government has started to invite open tenders to provide services for the operation of the Kwai Tsing District Health Centre (DHC), The Hong Kong College of Family Medicine (HKCFP) deems that family doctors should play an important coordination role in DHC. With reference to the imminent 2018 Policy Address, HKCFP urges the Government to increase resources in family doctors training and recommends optimal utilisation of DHC, achieving the goal of "One Family Doctor for Each Citizen" to improve our primary healthcare system.

### More well-trained family doctors are required to meet population needs

With a population of 7.5 million people, at least 3,750 trained family doctors are needed to maintain a quality primary healthcare system in Hong Kong. In China, the national policy is to have one family doctor to 2000 people. In the United Kingdom, this ratio has reached 1 to 1500. Assumingly, the working life of each family doctors is 40 years, we need to train at least 100 doctors, let alone some doctors may leave their profession, or have shorter professional life, or change to part-time practice due to family and other commitments. As a result, the city needs even more trained family doctors.

However, Hospital Authority, the main training provider in Hong Kong, only allocates less than 10% of local medical graduates to receive training in Family Medicine. Not only is it well-below other healthcare systems in developed countries but is also insufficient

to meet the population needs. Dr. Angus Chan, President of HKCFP said, the government need to increase the number of local medical graduates receiving training in Family Medicine and enhance resources on training family doctors.

According to the Medical Registration Ordinance, only specialists in Family Medicine must have compulsory CME programme. HKCFP strongly advocates all primary care and family doctors to participate in continuing medical education (CME) programme to update their medical knowledge and standard.

One of the main objectives of the HKCFP is to set standard for training high quality family doctors for the primary healthcare system in Hong Kong. Primary care doctors can attend a one-year part-time course in Diploma in Family Medicine in the entry level. For the vocational training, doctors completed a four-year basic training programme and passed the Fellowship Examination in Family Medicine will be granted Fellowship of HKCFP (FHKCFP) which signifies competence in quality independent family practice. Further two years of higher training will be accredited Fellowship of the Hong Kong Academy of Medicine (FHKAM) that certifies the status of Specialist in Family Medicine.

### Primary care is the first frontier of healthcare system

Meanwhile, there has been considerable misunderstanding amongst the general public about "primary care" which associates primary care with provision of healthcare services to the grassroot, hindering the development of primary care. Dr. William Wong, Honorary Secretary of HKCFP explained, "primary care" or "primary healthcare" refers to the first point of contact in the healthcare system by the general public.

Unlike secondary care, primary care should be as comprehensive as possible. It is also supported by various studies' results showing only 9 patients in every 250 were referred to the hospitals. Additionally, more and more evidences show that the provision of continuous and coordinating care to patients by family physicians are the most effective and cost-effective in healthcare system.

### Adopt One Family Doctor for Each Citizen to serves multi-functions

As family doctor is familiar with patients' health conditions, he is the best person to provide continuity of care for the patients, avoiding the risks such as those related to repeated investigations, and potential drug-drug interactions due to polypharmacy. A family doctor can also detect subtle changes in health status in early stage of an illness and hence tailor the

*(Continued on page 2)*

## Message from the President (Con't)

*(Continued from page 1)*

appropriate treatment plan accordingly. Besides, it must be noted that a patient tends to communicate better with a family doctor whom he/she knows well. The rapport and mutual trust built over the years helps to enhance the patient's involvement in the management plan which would be beneficial to the treatment outcome.

With the aging population and the spread of chronic diseases in the community, another benefit of having a regular family doctor is that they can advise on the preventive activities of an individual throughout the different stages in life, reducing their likelihood of suffering from preventable illnesses. HKCFP strongly advocates that every Hong Kong citizen should have one regular family doctor.

### Family doctors enhance the utilisation of medical resources

The Government set up the Steering Committee on Primary Healthcare Development to develop a blueprint for the sustainable development of primary healthcare services for Hong Kong last year. HKCFP warmly welcomes the Government's determination to strengthen primary healthcare

services to address the needs of an ageing population, and its plan to devise a new primary healthcare service model via district-based medical-social collaboration in the community, in the form of District Health Centres. HKCFP believe these new District Health Centres will provide an improve efficiency in utilisation of present and future healthcare resources for the benefit of the public.

Dr. Lau Ho Lim, Vice President (General Affairs) of HKCFP said, these proposed District Health Centres are expected to provide important support to family doctors in providing holistic care for the patients and to further strengthen family doctors' role as the coordinator in a primary healthcare team, and their contribution to the healthcare system functioning through managing and triaging undifferentiated symptoms, making diagnosis, matching patients' needs with available healthcare resources and providing care at a much lower cost outside of hospitals.

HKCFP urges the Government to increase resources in family doctors training in the coming Policy Address and recommends optimal utilisation of District Health Centres. Primary Healthcare is NOT just for the Grassroots.

**Dr. Angus MW CHAN**  
President

## Corrigendum

In FP Links Issue 175 (September 2018), "Message from the President" has the following corrections in Page 1.

**In the 1<sup>st</sup> paragraph:**

*"At the end of last month, a delegate from **RACGP** visited Hong Kong."*

**In the 2<sup>nd</sup> paragraph:**

*"... they will still obtain the qualification **FRACGP** by the time they sit the Conjoint Examination in 2022."*

Thank you for your kind attention.

## Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2018. Our overall passing rate this year is 93%.

Dr. Au Tai Kwan Eva  
Dr. Chan Kam Sum  
Dr. Cheung Yan Kit  
Dr. Chow Tsz Ling  
Dr. Chui Man  
Dr. Dao Man Chi  
Dr. Iong Ka I  
Dr. Kam Ting Ting  
Dr. Kwan Sin Man

Dr. Lam Ying Ying  
Dr. Lau Sek Fung Spike  
Dr. Lee Sum  
Dr. Leung Lok Hang  
Dr. Leung Yuen Kin Kenneth  
Dr. Lui How Mui  
Dr. Mok Ka Yee  
Dr. Or Ka Yan  
Dr. Tam Wing Yi Cherry

Dr. Tse Tak Kei  
Dr. Tse Tung Wing George  
Dr. Tsim Koon Lan  
Dr. Wong Chun Pong

Dr. Wong Ka Ki David  
Dr. Wong Yeung Shan Samuel  
Dr. Yeung Yee Mei  
Dr. Yuen Ming Wai

*Wendy Tsui*

Dr. Wendy Tsui  
Chairlady, Specialty Board



# Congratulations!

**Special Badge for Fellows of  
HKAM in Family Medicine**

## The 41<sup>st</sup> HKCFP Annual General Meeting

The 41<sup>st</sup> Annual General Meeting (AGM) of The Hong Kong College of Family Physicians will be held on **16<sup>th</sup> December 2018, Sunday** with the following details.

**Time** : 17:00

**Venue** : James Kung Meeting Room, 2/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

**Admission** : Members only

## The 41<sup>st</sup> HKCFP Annual Dinner

**The College's 41<sup>st</sup> Annual Dinner will be held on 16<sup>th</sup> December 2018, Sunday as follows.**

**Venue** : Run Run Shaw Hall, 1/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

**Time** : 19:00 Annual Dinner Reception  
19:30 Chinese-style Dinner

College Members, Fellows and their spouses are welcome to register for the Annual Dinner free of charge on a first-come-first-served basis until all the available seats are filled.

### Complimentary Transportation:

Circular coach service between Wong Chuk Hang MTR Station and HKAM Jockey Club Building will be provided during the below periods. Pre-registration is required and confirmation of complimentary transportation will be sent to the individual registrant at a later stage.

Time	From	To
<b>19:00 – 19:30</b>	Wong Chuk Hang MTR Station	HKAM Jockey Club Building
<b>22:30 – 22:45</b>	HKAM Jockey Club Building	Wong Chuk Hang MTR Station

To register for the **Annual General Meeting** and/or **Annual Dinner** and/or **Complimentary Transportation**, please contact Ms. Teresa Liu or Ms. Windy Lau on Tel: 2871 8899, or email to [teresaliu@hkcfp.org.hk](mailto:teresaliu@hkcfp.org.hk) or [windylau@hkcfp.org.hk](mailto:windylau@hkcfp.org.hk).

## Internal Affairs Committee News

### Debriefing Meeting with Helpers of the Conferment Ceremony 2018

*Dr. David Chao, the Chairman of Internal Affairs Committee*

The 31<sup>st</sup> Fellowship Conferment Ceremony and the 29<sup>th</sup> Dr. Sun Yat Sen Oration were held on 24<sup>th</sup> June 2018.

A debriefing meeting with helpers of the Conferment Ceremony was conducted on 18<sup>th</sup> September 2018. The Committee would like to take this opportunity to thank all the helpers for their dedication and hard work in making this important annual event successful. We would also like to thank Dr. Lo Ling for being our volunteer photographer again this year. The ceremony would not have run so smoothly without their tremendous support and contribution. Thanks again!

Many thanks also to helpers who were unable to join the debriefing: Dr. Chan Man Li, Dr. Peter Anthony Fok and Dr. Leung To Fung.



Front row (from left to right): Ms. Windy Lau, Dr. Raymond Yeung, Dr. Kinson Lau, Dr. Chan Ngai Ping, Dr. David Chao, Dr. Maria Leung, Dr. Jenny Wang, Ms. Erica So and Ms. Teresa Liu

Back row (from left to right): Dr. Kwan Yu, Dr. Ko Wai Kit and Dr. Edmond Chan

## REMINDER: Specialty Board News

### 2019 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2019 Full Examination of Vocational Training in Family Medicine.

#### ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Programme in the preceding year
- Have a qualification in family medicine / general practice; which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Had completed higher training in Family Medicine; **OR expected to do so by February 28, 2019**; as certified/ approved by the Board of Vocational Training and Standards (BVTs), HKCFP.

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTs for

- Certification of completion of higher training **OR**
  - Recommendation to sit for Exit Examination 2019
- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:
    - Clinical Audit: the starting date must be within 3 years before the exam application deadline
    - Research: the date of ethics approval must be within 3 years before the exam application deadline
    - Practice Assessment: submit valid Practice Management Package (PMP) report
  - From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination.

**Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.**

#### IMPORTANT DATES

##### First attempt candidate:

Deadline of Exit Examination application:	<b>1 November 2018</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>17 September 2018 to 31 October 2018 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>2 January 2019</b>
Examination periods for Practice Assessment and Consultation Skills Assessment	<b>Period A: 3 December 2018 to 26 January 2019</b>
	<b>Period B: 28 January to 24 March 2019</b>

##### Re-attempt candidate:

Deadline of Exit Examination application:	<b>3 December 2018</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>22 October to 2 December 2018 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>2 January 2019</b>
Examination period for Practice Assessment and Consultation Skills Assessment	<b>Period B: 28 January to 24 March 2019</b>

#### APPLICATION & EXAMINATION FEES

Application forms are available at the College Secretariat, HKCFP or can be downloaded at the College website: [http://www.hkcfp.org.hk/pages\\_6\\_88.html](http://www.hkcfp.org.hk/pages_6_88.html)

following documents are required when submitting the application:

- A copy of the certificate of completion of higher training, **OR** recommendation letter to sit for 2019 Exit Examination, from BVTs, HKCFP



2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the subsequent section of this guideline):
  - i. **FOUR COPIES** of the all required attachments (Attachment 1 to 13); and
  - ii. ONE PMP Report on or before **1 November 2018 (First-attempt candidate) / 3 December 2018 (for the re-attempt candidate who has changed the practice location)**

Completed Application Form and the requirement documents should be returned to the following address:

**The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK**

Candidates are recommended to submit application early. Late application will not be accepted.

#### Examination fees

Administrative fee	\$9000
Clinical Audit	\$5500
Research	\$5500
Practice Assessment	\$9000
Consultation Skills Assessment	\$9000

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

All fees paid are neither refundable nor transferable.

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

### ELECTION TO FELLOWSHIP OF THE HONG KONG ACADEMY OF MEDICINE

Candidates should aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

#### FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all the three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidate can choose to attempt *either* Clinical Audit *or* Research segment.

- **Clinical Audit:** assesses the candidate's knowledge, skills and attitude in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

**OR**

- **Research:** assesses the candidate's ability to conduct a research project which includes: performing a literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

**AND**

- **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

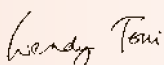
**AND**

- **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and application form are now available on College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Ms. Alky YU or Mr. John MA by email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).

Yours Sincerely,



Dr. Wendy Tsui  
Chairlady, Specialty Board



# Refresher Training Course for Exit Examiners 2018

## Organised by Specialty Board, the Hong Kong College of Family Physicians

- Introduction** : The HKCFP Exit examination (Exit) is a regulatory professional exam purposely designed to assess a candidate's clinical performance at the standard expected for a specialist in Family Medicine. The Specialty Board is pleased to announce that the Refresher Training Course for Exit Examiners will be held in December.
- Course objectives** : - To provide a comprehensive overview on different segments of the Exit Exam;  
- To discuss and hence to reach consensus on the required standard of marking the exam.
- Date** : 11, 17, 18 and 19 December 2018 (4 sessions)
- Time** : 6:00 – 7:00p.m. Video viewing session# (for the participants of CSA Refresher Course only)  
7:00 – 9:00p.m. Refresher Training Course
- Venue** : HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK
- Target participants** : Exit Examiners (including Trainee Examiners, Observing Examiners and Examination Observers)  
Trainee Examiners/ Observing Examiners are highly recommended to attend the whole training course.
- Capacity** : 30 doctors
- Faculty** : Exit Examination Segment Coordinators, Deputy Coordinators and delegates.
- Advisors** : Censor, External Examiner (Professor Doris Young)
- Structure** : Pre & Post-course assignment (which may contain materials related to real patient consultations) simulating marking of the Exam will be given to the participants  
In each of the sessions there will be:  
- Presentation by our speakers and delegates  
- Interactive discussions  
Participants attending the whole course will be invited to mark at least one segment of Exit Exam
- Accreditation** : CME: 2 points for each session (Cat 4.4) and max. 8 points for whole course
- CPD** : Up to 2 CPD points will be awarded, depending on achievement made in the pre & post- course assessment.
- Award** : Certificate of Attendance will be awarded for attending 75% or more of all sessions
- Course fees** : HK\$ 1000 (Whole Course)  
HK\$ 300 (Single Session)  
Course fees will be reimbursed to participants who have attended 100% of all registered sessions
- Enrolment Deadline** : **5<sup>th</sup> November 2018**
- Dates and times** :

Dates	Segments	Panel Speakers led by
11 December (Tue)	<b>Practice Assessment</b>	Dr. Luk Kam Hung (Coordinator, Practice Assessment)
17 December (Mon)	<b>Research</b>	Prof. Wong Chi Sang, Martin (Coordinator, Research)
18 December (Tue)	<b>Clinical Audit</b>	Dr. Kwong Siu Kei, Alfred (Coordinator, Clinical Audit)
19 December (Wed)	<b>Consultation Skills Assessment</b>	Dr. Ko Wai Kit, Welchie (Coordinator, Consultation Skills Assessment)

Registration will be on first-come-first served basis. For enquiry, please contact the secretariat, Ms. Alky YU or Mr. John MA at 2871 8899.

#Participants of CSA Refresher Training Course would be required to attend a video viewing session for completing the pre-course assignment on any date of the above schedule.

### Please note:

- For enrolment, please return the completed form together with the cheque (made payable to HKCFP Education Limited), by post, to: Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong before 5 November 2018.
- Priority would be given to active examiners. In case of over-subscription, the organisers reserve the right of final decision to allocate places.
- Successful enrollees will receive confirmation by email.
- Refreshments will be ordered on request. The payment will be made to HKAM restaurant by the participants on site.
- Carparking will be available on first-come-first-served basis. Please provide the car plate no. on the registration form.
- Participants are required to complete the pre-course assignment and bring it to the respective workshops. It may contain materials related to real patient consultations. Therefore participants should keep all the received assignment and related discussion in the sessions strictly confidential.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Private audio and video recording is not allowed.
- For registration or enquiry, please call the secretariat, Ms. Alky YU or Mr. John MA at 2871 8899 or email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).



# Refresher Training Course for Exit Examiners 2018

Organised by Specialty Board, the Hong Kong College of Family Physicians

## REGISTRATION FORM

Enrolment Deadline: 5<sup>th</sup> November 2018

To : HKCFP, Rooms 803 - 4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong  
 Fax : Fax: 2866 0616

I would like to attend the Refresher Training Course for Exit Examiners 2018 and please find the course fee payment enclosed.

**Personal Particulars:**

Full Name : \_\_\_\_\_

HKCFP Member ID : \_\_\_\_\_ Email : \_\_\_\_\_

Mobile : \_\_\_\_\_ Car Plate no. (if any) : \_\_\_\_\_

**I would like to register for:**

Dates	Segments	Please ✓ as appropriate
11 December (Tue)	Practice Assessment	
17 December (Mon)	Research	
18 December (Tue)	Clinical Audit	
19 December (Wed)	Consultation Skills Assessment <i>(Participants would be required to attend a video viewing session for completing the pre-course assignment)</i>	Please select one video viewing session: Time: 6:00 - 7:00 p.m. <input type="checkbox"/> 11 Dec (Tue) <input type="checkbox"/> 17 Dec (Mon) <input type="checkbox"/> 18 Dec (Tue) <input type="checkbox"/> 19 Dec (Wed)
<b>Fee*</b>		HK\$

\*HK\$1000 (whole course); HK\$300 (Single Session)

\*\*\*\*\*

Cheque No: \_\_\_\_\_ (should be payable to **"HKCFP Education Limited"**)

I had read the course announcement and understand that this Training Course may contain materials and discussions related to real patient consultations. I agree to keep all this information strictly confidential.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Board of Conjoint Examination News

### Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 32<sup>nd</sup> Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2018.

Dr. Bien Szu Hsin Davina	Dr. Hui Yuk Ting Candy	Dr. Lo Wei	Dr. Wong Chung Yan
Dr. Chan Chung Po	Dr. Hun Pek I	Dr. Maurellet Juan Domingo	Dr. Wong Man Ho
Dr. Chan Ki Chun Enoch	Dr. Kam Ngar Yin	Dr. Ng Kai Man	Dr. Wong Sze Man
Dr. Chan Kiu Pak Kilpatrick	Dr. Lam Ching Man	Dr. Ng Ngai Mui	Dr. Wong Yu Man
Dr. Chan Wing Chi Annie	Dr. Lam Ki Yu	Dr. Tang Suet Chung Lawson	Dr. Wong Wing Ning Rosanna
Dr. Chan Yuen Ching	Dr. Lee Wing Lam	Dr. Tsai Hung Yu	Dr. Yau Chi Yan
Dr. Chiu Yuen Man	Dr. Lee Ying Cheung	Dr. Tseung Kwan Hang	Dr. Yau Tang Fai
Dr. Fung Kevin Koon Fun	Dr. Leung Lai Man	Dr. Wong Chi Wing	Dr. Yip Pui Leung
Dr. Ho Ka Ki	Dr. Lim Martina	Dr. Wong Chiu Lun	Dr. Zhang Dingzuan

Congratulations to you all !



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **August – September 2018**:

### Associate Membership (New Application)

Dr. CHAN Cheuk Ming	陳 倬 銘
Dr. CHAN Fung Yuen	陳 峰 源
Dr. CHEN Tsz Ting	曾 芷 婷
Dr. CHEUNG Yuen Yan	張 婉 茵
Dr. HONG Ka Yi	項 嘉 怡
Dr. JIAO Fangfang	焦 芳 芳
Dr. LAI Ka Ho	黎 嘉 皓
Dr. LEE Tsz Ching	李 子 靜
Dr. LI Janice Chun Ying	李 雋 瑩
Dr. LI Wing Chi	李 詠 芝
Dr. NG Ka Wing	吳 嘉 穎
Dr. TSANG Yee Wing	曾 綺 穎
Dr. YAP Jon-Alvan Tsun Hee	葉 臻 羲

### Student Membership (New Application)

Miss POON Suen Yu	潘 宣 儒
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### Withdrawal of Fellowship

Dr. SIU Che Hung, Paul	蕭 志 雄
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# Hong Kong position offered in a successful practice

Opportunity for a dynamic doctor,  
Associates or Partner, part or full time.

Expat clientele in exclusive Central  
established practice.

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[doctorinhk@gmail.com](mailto:doctorinhk@gmail.com)



## Quality Assurance & Accreditation Committee News

### Important news

**Please ignore this message if you are HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.**

Dear College Members,

#### **RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists**

*(Ver. 10 September 2018)*

We are pleased to remind you that our College members who register with Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP have their associated administrative charge waived starting from January 2017. For new registrant or those who would like to switch their MCHK CME Administrator to HKAM via the College (with the cycle starting in January) **starting from 1<sup>st</sup> January 2019**, must submit Registration Consent Form to College Secretariat before **21<sup>st</sup> December 2018 (Friday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month of completion of the conference.
4. Self-study: please submit details of the programme within one month of completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at [www.hkcfp.org.hk](http://www.hkcfp.org.hk) > Download > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat by email to [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

**HKCFP Secretariat**

## Classified Advertisement

**Accredited Private FM Centre invites FT/PT Doctors** for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212-6654

## Inauguration of the Asia-Pacific Academic Primary Care Group (AAPCG) in Hong Kong

Dr. Emily TSE

Clinical Assistant Professor, Department of Family Medicine and Primary Care, The University of Hong Kong

Dr. Weng Yee CHIN

Assistant Professor, Department of Family Medicine and Primary Care, The University of Hong Kong



Research Incubation session at the inaugural Asia-Pacific Academic Primary Care Group (AAPCG) meeting with Prof. Samuel Wong from the Chinese University of Hong Kong giving primary care scholars feedback on their research proposals.

We were happy to see a group of academics from Australia, Mainland China, Malaysia and Singapore at our last Hong Kong Primary Care Conference (HKPCC) in June 2018. They were members of the newly found the Asia-Pacific Academic Primary Care Group (AAPCG). The inaugural meeting of the Asia-Pacific Academic Primary Care Group (AAPCG) was held on 22-23 June 2018 at the Li Ka Shing Faculty of Medicine, The University of Hong Kong, before the HKPCC. The AAPCG is a new initiative and is voluntary collaborative partnership among academic family medicine/general practice/Primary Care departments/divisions/units of nine universities in the Asia-Pacific region. The institutional members include University of Melbourne, Australia (led by Professor Lena Sanci and Dr. John Furler), Fudan University, PR China (led by Professor Zhu Shanzhu), The University of Hong Kong (led by Professor Cindy Lam), The Chinese University of Hong Kong (led by Professor Samuel Wong), University of Malaya, Malaysia

(led by Professor Khoo Ee Ming), University Putra Malaysia (led by A/Professor Lee Ping Yein), National University of Singapore (led by Professor Doris Young), Nanyang Technological University, Singapore (led by Professor Helen Smith) and Duke-NUS Medical School, Singapore (led by A/Professor Tan Ngiap Chuan). Each member institution has committed to nominate and sponsor two AAPCG research mentors and scholars to attend regular AAPCG meetings and to develop their research for three years in order to nurture them into future academic primary care leaders.



Official group photo of the participants of the inaugural meeting of the Asia-Pacific Academic Primary Care Group (AAPCG) held on June 22-23 2018 at the Li Ka Shing Faculty of Medicine, The University of Hong Kong

The objectives of the AAPCG is to build synergy, collaboration and partnerships in academic primary care in the Asia-Pacific region by:

- i. Building academic family medicine and primary care capacity;

- ii. Creating a rich research and educational environment;
- iii. Answering and addressing important research questions to improve health care.

The vision is an academic research network that fosters partnerships and collaborations that will enhance research capability, capacity and reputation for family medicine/primary care as an academic discipline, both locally, regionally and internationally.



Asia-Pacific Academic Primary Care Group (AAPCG) Academic leaders (from left): Dr. John Furler (Australia), Prof. Helen Smith (Singapore), Dr. Ping Yein Lee (Malaysia), Prof. Samuel Wong (Hong Kong), Prof. Cindy Lam (Hong Kong), Prof. Doris Young (Singapore), Prof. Ee Ming Khoo (Malaysia), A/Prof. Ngap Chuan Tan (Singapore)



A highlight of the meeting was hearing senior FM researchers share highlights from their research journey and provide tips for up and coming Family Medicine researchers

The inaugural meeting was attended by over 30 academic leads, mentors and scholars from all nine Universities. The meeting started with plenary talks and reflections on the research journeys by the institutional academic leads. The

plenary was followed by presentations from each AAPCG research mentor and scholar to stimulate sharing of research inspiration. The mentors and scholars worked together in groups to develop a collaborative research proposal, which were then presented to the whole group for feedback.

All participants concluded that the inaugural AAPCG meeting was inspiring, fruitful and rewarding. Every one returned home feeling more ready to carry on with their own research and to collaborate with others. We shall continue to communicate and support each other's research until we meet again in the next AAPCG meeting in Malaysia in June 2019.



Prof. Cindy Lam welcoming primary care research scholars and leaders from Asia Pacific at the Asia-Pacific Academic Primary Care Group (AAPCG) Inauguration



Dr. Weng Yee Chin (HKU) (front, middle) led a small group in a research collaboration brainstorming session with primary care researchers from Hong Kong, Malaysia and Singapore





# VOLUNTEERING AT A DOG RESCUE

Dr. Leung Yuen Kin Kenneth  
Higher Trainee, Kowloon East Cluster,  
Hospital Authority

*"08:00 am, Sunday morning. Even though I don't have to work on the weekend, I'm up early to make sure I have all the items I need.*

*Two leashes? Check.  
Two harnesses? Check.  
A bag of boiled chicken? Check.*

*With everything in place, I'm ready to drive to the kennel."*

This situation has been occurring for the past five years, since I decided to volunteer at Hong Kong Dog Rescue. I was spending too much time at home, either sitting in front of the computer or the television. I wanted to do something rewarding with my spare time and take part in an activity close to my heart. I have had two Golden Retrievers at home, whom I love dearly and my family takes very good care of. Yet I knew not all dogs are fortunate enough to be well looked after. I found out the charity Hong Kong Dog Rescue (HKDR) recently moved one of their kennels to Tai Po, where I live. I remembered the rescue organization as one of my medical school classmates volunteered at their kennel when it was located at Pok Fu Lam.

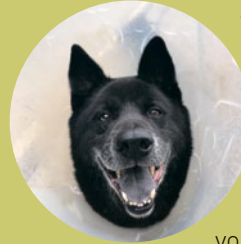
*"09:00 am. I have arrived at the kennel. Only the cleaning staff are on site - the main kennel staff arrive later. When I enter the kennel, the main courtyard is full of dogs. They have been let out of the pens and enclosures to roam free overnight. However the dogs have to be placed back in their pens and enclosures so the day's tasks can be performed. Most of the dogs are willing to return to their pens but there are the same few dogs who are reluctant. These dogs require some enticing, usually with the sacrifice of some of the boiled chicken I have brought today, to get them back into their pens. After a laborious fifteen minutes, all the dogs back in their pens and it is time to walk the dogs."*



Hong Kong Dog Rescue was founded in 2003 to help rescue and rehome dogs from the Hong Kong Government's Agriculture, Fisheries and Conservation

Department (AFCD) Animal Management Centres. Each year, hundreds of dogs are abandoned and collected by the AFCD. Unless an organisation such as HKDR rescue these dogs, most of the canines are put down.

The medium to large size dogs rescued by HKDR are sent to the Tai Po Homing Centre, where they are looked after by dedicated staff. However the staff cannot perform all of the tasks required, and this is where volunteers come in. The main task volunteers perform is dog walking. Although this seems to be a simple activity, walking the dogs serves many purposes for the dogs.



*"There is one dog in a small pen because he's injured his leg. His name is Apache and he should go out first to let him 'do his business'."*

One of the main reasons why the volunteers must walk the dogs is for them to urinate and defecate, to phrase the task nicely. Many of the dogs are trained to go to the toilet outside of the kennel. It would be very unpleasant and very unhygienic to let them do 'their business' where they sleep and eat. Therefore volunteers take the dogs out so they can urinate and defecate. Don't worry about the mess – the volunteers are provided plastic bags to pick up the excrement so it can be disposed of correctly. Although it is not a pleasant job, it is necessary to keep the place clean.

I am taking Cassius and Jolene out next. Both are so excited to come out, especially Jolene. She really needs to go out and stretch her legs. She is starting to put on a little bit of weight."



Dog walking encourages the dog to get some exercise. Otherwise the dog would lie in their enclosures all day. Exercise is important for dogs as it keeps them healthy and helps them to maintain their weight - just like people. Some dog breeds are more hyperactive than others. If they don't get enough exercise, they become restless and their behaviour becomes more difficult to control.

*"The next pen has a favourite of mine, Theo. He gets a bit excited when we go out for a walk. Sometimes he gets too excited and jumps on to people. However with more walking and training, Theo is becoming more settled when going out."*



HKDR wants to rehome these dogs to people who will take care of them. If the dogs cannot behave themselves when they are outside with people, then the chances of rehoming are slim. The spectrum of behaviour can be quite wide, from dogs who are very timid and afraid of people to canines who are hyperactive and tend to pull our volunteers along. Dog walking helps the dog interact with people and the surroundings.

*"On the roof top is Hugo. He loves going out and loves people. He is a popular dog since he walks well on a leash, despite being quite big. He is super excited because he knows he gets rewarded with lots of treats as he can perform many tricks."*



Nobody would want to adopt an unruly dog. Volunteers help dogs become more well-behaved. The dog should be able to walk on a leash without pulling his or her dogwalker. The dogs are taught to sit and to give their paw to their dogwalker. Some are clever enough to lie down on command! Of course, it helps if there are incentives to perform these commands such as doggie treats.

*"I now take my favourite dog out. His name is Raymond and he is often described as a teddy bear, just because he looks like a teddy bear. He is super sweet and super friendly. However he doesn't like being brushed or combed, so he looks scruffy at times. Nevertheless I have become attached to him since I started coming to the kennel. When he becomes super excited he will start to spin around in a circle, akin to the Tasmanian Devil in the Looney Tunes cartoons. I find this hilarious!"*



Over time volunteers will develop favourite dogs at the kennel. Naturally I have become attached to a few dogs at the Tai Po Homing Centre. But there is always the chance that your favourite might be adopted. At that moment, this is a conflict of emotions – you are happy for the dog that they can find a family who will take care of them but you are sad that you won't be able to see them that often.

*"Since it is a warm day, some of the volunteers are helping the kennel staff in washing the dogs. It is Jolly's and Happy's turn to have baths today. They don't look too happy about having a bath."*



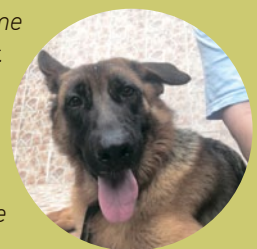
The volunteers help the staff in their daily tasks - feeding the dogs, washing the feeding bowls, general cleaning and tidying, washing the dogs, etc. HKDR recently renovated the Tai Po Homing Centre. This mammoth operation required many volunteers to help. Most of the staff at the kennel are female, so there were many male volunteers helping with knocking down old structures, moving building material, pouring cement and brick laying. There isn't a task which a HKDR volunteer hasn't done.



*"There are another group of volunteers taking their favourite dogs on an outing. Today they are setting off to Penfold Park. The dogs can run free and play with each other in wide open spaces, whilst the volunteers can have a nice picnic lunch and take numerous photos of the dogs."*

It doesn't have to be work, work, work at HKDR. The dogs are taken out for a variety of activities by the volunteers. These activities include hiking, visiting the beach, going on outings to dog-friendly parks and playgrounds, and representing HKDR at various events, both dog and non-dog related. Both the volunteers and the dogs enjoy these occasions very much.

*"It's almost 12:45 pm and time for me to leave. I wish I could stay longer. Some of the volunteers stay for the whole day. I say goodbye to another one of my favourite dogs, Sadie, which is always difficult to do but lessened by the fact I will be back next week."*



HKDR has nearly 600 dogs in three places, all are sweet and adorable enough to be adopted. Yet not everybody can adopt a dog for various circumstances. There's a popular phrase taught at HKDR which can apply to most animal rescue situations:

- Adopt.**
- If you can't adopt, foster.**
- If you can't foster, volunteer.**
- If you can't volunteer, donate.**
- If you can't donate, educate.**



## District Health Centre

Mrs. Carrie Lam, in her maiden Policy Address in 2017 announced the plan to set up a pilot District Health Centre (DHC) in Kwai Tsing District by 2019. A Steering Committee on Primary Healthcare Development was then set up in November 2017, led by the Secretary for Food and Health. The objectives of this pilot DHC, as laid down by this Steering Committee are to raise public awareness on personal health management, enhance disease prevention, and strengthen medical and rehabilitation services in the community, so as to reduce unwarranted use of hospital services<sup>(1)</sup>. The Steering Committee has identified some prevalent chronic conditions to be tackled with priority, namely hypertension, diabetes mellitus, overweight / obesity, fall risks and lifestyle risk factors such as smoking, alcohol consumption, physical inactivity, and unhealthy diet.

The proposed services to be provided in the DHC should focus on the following aspects. 1. Health Promotion, in which personalized health information / counselling, programmes on lifestyle changes, exercise classes, fall prevention etc will be provided. 2. Health Assessment, basic health risk assessment aiming for early identification of the targeted chronic diseases / health risk factors, and patients will be referred to the DHC network doctors (please see below) for further management subsequently. 3. Chronic Disease Management, DHC network doctors could refer their patients with hypertension, diabetes, tendency to fall, etc, for complications screening, and management services as defined by government led protocols. On the other hand, patients identified by DHC who may suffer from those chronic problems can be subsidized to see DHC network doctors. 4. Community Rehabilitation, post discharge patients from HA or private, suffering from stroke, myocardial infarction, hip / bone fracture could receive rehabilitation services from the DHC.

A non-government entity will be identified, via open tender, to operate the centre.

In fact, this DHC will not be a stand-alone nor purpose-built centre, but comprise a “hub” including a core centre, and 5 satellite centres in different sub-districts in Kwai Tsing. There will be not be any doctor there inside the DHC, but instead the Core Centre will house a team of nurses, allied health professionals, and social workers, to arrange health assessments or other services, while each Satellite Centre would be led by a registered nurse, and provide various activities / services according to the local needs of the sub-districts.

The DHC operator needs to develop and manage a “DHC Network of Service Providers”. This network may include doctors, nurses, pharmacists, allied health professionals, such as physiotherapists, occupational therapists, dietitians, and Chinese Medicine Practitioners. In order to provide more choices to consumers, those practicing in the close vicinity of the Kwai Tsing District, namely Tsuen Wan, Shatin, Sham Shui Po, will be allowed to join the Network of Service Providers.

From the financial perspective, the Government intends to offer a flat rate of subsidy for patients seeking approved medical consultation from the network doctors while the doctors could decide whether to impose extra charges. For the DHC offered allied health services, the Government will impose a service fee cap while the fee levels will take reference to the usual NGO charged fees. Health Care Vouchers use are permissible in the DHC.

On the governance aspect, there will be a Management Committee, chaired by a directorate officer from Food and Health Bureau (FHB), overlooking the DHC. This Committee will report to the Secretary of FHB and seek advice from the Steering Committee on Primary Healthcare Development.

A tendering exercise will be launched in the 3<sup>rd</sup> quarter 2018, with the DHC operator to be identified in the subsequent quarter. The DHC Core Centre is proposed to be in operation in the third quarter 2019.

The above information is extracted from the LegCo Paper.

This DHC will be different from existing General Out-Patient Clinic (GOPC). There will not be any doctor “inside” the DHC. Primary care doctors working in the target districts can make use of the DHC and directly refer their patients there for disease complications screening, allied health services e.g. dietitian counselling, fall prevention activities etc. These patients will be referred back to the referring doctors for continuous care afterwards. Furthermore, public can walk-in directly to such DHC / Satellite clinics for targeted health check, health promotion activities, and if they are found to be suffering from possible medical illnesses, they would be channelled to the network colleagues in the community for diagnosis making.

While the exact model of service delivery is still pending, we should pay attention to the development of this DHC as it will be the prototype for more future DHCs in other districts. This movement is very important for the primary care development in Hong Kong. Many chronic problems like hypertension, diabetes are under-diagnosed, and the relevant supporting allied health services are very much lacking for the solo private practitioners in managing their chronic patients. With the availability of the DHC, the overall care for our chronic patients should improve and more patients could be picked up earlier and better managed subsequently too. If readers are interested in knowing more, please visit the related information, and voice out your concerns and expectation to FHB, via [scphd@fhh.gov.hk](mailto:scphd@fhh.gov.hk).

### Reference

1. Legislative Council Discussion Paper. District Health Centre in Kwai Tsing. Legislative Council Panel on Health Services. LC PaperNo. CB(2) 1787/17-18(01)

**Compiled by Dr. Chan Chung Yuk, Alvin**

## Meeting Highlights

### Certificate Course on Bringing Better Health to Our Community 2018

The 4<sup>th</sup> session of the “Certificate Course on Bringing Better Health to Our Community 2018” co-organised with Queen Elizabeth Hospital was held on 25 August 2018. Dr. Yip Sin Chuen, Paul, Associate Consultant, Department of Orthopedics and Traumatology, Queen Elizabeth Hospital, delivered the lecture on “Management of Patient with Knee Pain (Sport Injury & Degeneration)”;



Dr. Ko Siu Hin (right, Moderator) presenting a souvenir to Dr. Yip Sin Chuen, Paul (left, Speaker)



Dr. Ko Siu Hin (right, Moderator) presenting a souvenir to Dr. David Chan (left, Speaker)



Dr. Ko Siu Hin (right, Moderator) presenting a souvenir to Ms. Poon Wai Yee, Margaret (left, Speaker)

Dr. David Chan, Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital, delivered a lecture on “Allied Health Service for Knee Pain Management” and Ms. Poon Wai Yee, Margaret, Senior Physiotherapist, Department of Physiotherapy, Queen Elizabeth Hospital, delivered a lecture on “Practical Tips on Home Exercise for Knee Pain” respectively.

### Interest Group in Dermatology

Dr. Loo King Fan, Steven, Specialist in Dermatology & Venereology, delivered a lecture on “Role of Topical Treatment on AD Patients” on 1 September 2018.



Dr. Lam Wing Wo (left, Moderator), presenting a souvenir to Dr. Loo King Fan, Steven (right, Speaker) during the lecture on 1 September 2018.

### Interest Group in Counselling

Dr. Lau Wai Yee, Aster, Specialist in Community Medicine; Dr. Ho King Yip, Anthony, Specialist in Family Medicine and Dr. Lo Sze Mon, Dana, Specialist in Family Medicine, delivered a lecture on “Introduction of Common Counselling Approaches” on 15 September 2018.



(From left to the right) Dr. Dana Lo (Speaker), Dr. Aster Lau (Speaker) and Dr. Anthony Ho (Speaker) took a group photo on 15 September 2018.

### CME Lecture co-organized with Hong Kong Alzheimer’s Disease Association on 18 September 2018

Dr. David Dai, Chairman, Hong Kong Alzheimer’s Disease Association, delivered a lecture on “Task Sharing Model of Dementia Care in Hong Kong” and Prof. Donald KT Li, President Elect of the World Organization of Family Doctors (WONCA), Prof. Cindy LK Lam, MH, JP, Head, Department of Family Medicine and Primary Care, The University of Hong Kong, joined the panel discussion with Dr. Dai to discuss on “Roadmap for Primary Care in Dementia Management” on 18 September 2018.



(From left to the right) Dr. David Dai (Speaker), Prof. Donald Li (Panelist), Prof. Cindy Lam (Panelist) and Dr. Alvin Chan (Moderator) took a group photo on 18 September 2018.

### CME Lecture on 20 September 2018

Prof. Ian William CAMPBELL, Emeritus Professor of Medicine, Medical School, University of St Andrews, delivered a lecture on “Pre-Diabetes: Why and How should we treat?” on 20 September 2018.



Dr. Stephen Foo (Censor) and Dr. Tsui Hing Sing, Robert (right, Moderator), presenting a souvenir to Prof. Ian William CAMPBELL (middle, Speaker) during the lecture on 20 September 2018.

## Interest Group in Dermatology – The 67<sup>th</sup> Meeting held on 1 September 2018

Dr. David Wong and Dr. Vivian Yip (College Members)

**Theme** : **Role of Topical Treatment on AD Patients**

**Speaker** : **Dr. Loo King Fan, Steven**  
*Specialist in Dermatology and Venerology*

**Moderator** : **Dr. Lam Wing Wo**  
*Board of Education*

Eczema is a common worldwide problem. Classical symptoms of eczema include pruritus and ill-defined erythematous papules, patch and plaques. Presence of atopy together with classical age-related skin morphology and distribution is called atopic dermatitis. Cornerstones of atopic dermatitis include inflammation, infection especially staphylococcus aureus and epidermal barrier dysfunction. Treatment of atopic eczema includes a stepwise approach according to SCORAD score. Management contains 3 important parts – moisturization, suppression of inflammation (topical and systemic) and antihistamine. Antibiotics or antiviral agents are used in case of secondary infection. By applying emollients properly, the severity of eczema can improve by 89%. Better control in early age will lead to better long term outcomes. The latest dual allergen exposure hypothesis suggests that gastrointestinal exposure to food allergens will induce tolerance, while cutaneous exposure induces allergy. Therefore, it is advised to let babies try different food (one at a time) in early age to reduce the chance of developing food allergy.

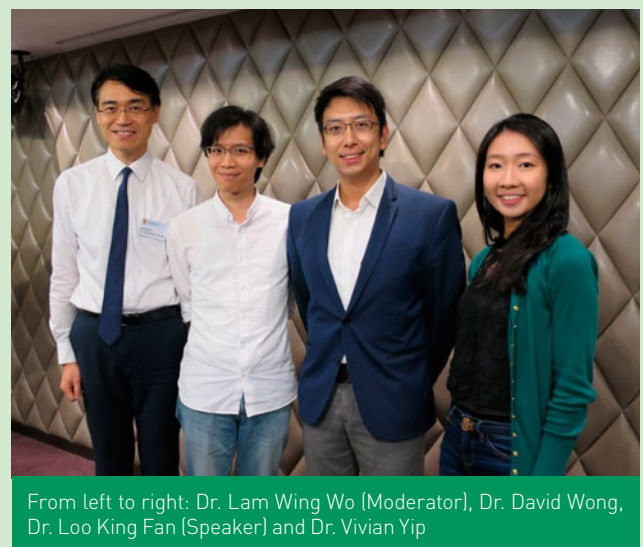
Classical topical steroids can be divided into six classes according to their potencies. We need to bear in mind that topical steroid may cause systemic effects especially when steroids with high potency are being used for long durations in large amounts. The rule of thumb is never to apply more than 25g of superpotent or 50g of potent topical steroid in 1 week. One should also bear in mind that some regions of the body (e.g. Scrotum, forehead, axilla and scalp) absorb steroid more readily than other parts of the body. Topical steroid of lower potency should be used in these areas.

One fingertip amount of cream would be sufficient for an area of 2 palm sizes. As such side effects of topical steroid are uncommon under the supervision

of specialists. Wet-wrap is also proven effective for treatment of severe eczema in children.

The natural history of eczema is variable and better control in early age will lead to better prognosis. Reactive and proactive treatments are adopted to manage acute flare-ups and to provide long-term maintenance. It is proposed that even visibly “normal” skin can have subclinical low grade inflammation. Therefore, there were studies conducted in recent years advocating the use of topical steroid cream in addition to maintenance treatment with emollient. The intermittent use of topical calcineurin inhibitor (TCI) for flare prevention is also being studied. New investigational drugs are now under on-going study targeted at specific inflammatory pathways which may further help with the management of eczema with more advance technologies.

In addition, in our locality, Traditional Chinese medicine is often taken under consideration by our patient. Traditional Chinese medicine may play a role in managing patients receiving long term immunosuppressants, with moderate disease unwilling for systemic treatment and those with presentation suggestive of “Traditional Chinese Medicine” Syndrome.



From left to right: Dr. Lam Wing Wo (Moderator), Dr. David Wong, Dr. Loo King Fan (Speaker) and Dr. Vivian Yip

### Next Meeting

The next meeting in November 2018 will be cancelled.

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

**3 November 2018**
**Saturday**
**Choosing Wisely: A revolution in the prescribing process**
**Prof. Martin Dawes**
*Head of Family Practice, Faculty of Medicine,  
University of British Columbia, Canada*

Chairman	<b>Dr. Yu Yee Tak, Esther</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 4:00 p.m.	Lecture and Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME point HKCFP (Cat. 4.3) 2 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	


**HKCFP would like to thank HKMA for supporting this educational activity.**
**10 November 2018**
**Saturday**
**Board of Education Interest Group in Counselling**

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	<b>Balint Group</b>	
Facilitator	<b>Dr. Lau Wai Yee, Aster</b> The Hong Kong College of Family Physicians	
Time	Part A: 2:30 p.m. – 4:00 p.m.	Lecture & Theme Presentation
	Part B: 4:00 p.m. - 4:30 p.m.	Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting. Participants will be awarded CME for attendance in Part A of the interest group and CPD for Part B.</b>	


**24 November 2018**
**Saturday**
**Update Course in Urogynaecology**
**1. Pelvic Organ Prolapse: Conservative Treatment**
**Dr. Lee Kai Wan**
*Specialist in Urogynaecology  
Consultant of Department of Obstetrics & Gynaecology,  
Princess of Margaret Hospital*
**2. Pelvic Organ Prolapse: Surgical Treatment**
**Dr. Chan Shing Chee Symphorosa**
*Specialist in Obstetrics & Gynaecology  
Consultant of Department of Obstetrics & Gynaecology,  
Prince of Wales Hospital*
**3. Pelvic Floor Exercise and Bladder Training**
**Ms. Anny Tong Wai Mei/ Ms. Ivy Yiu Po Chu**
*Continence Nurse Advisor*
**4. Overactive Bladder**
**Dr. Cheon Willy Cecilia**
*Specialist in Obstetrics & Gynaecology  
Consultant of Department of Obstetrics & Gynaecology,  
Queen Elizabeth Hospital*
**5. Urinary Stress Incontinence**
**Dr. Go Wing Wa**
*Specialist in Obstetrics & Gynaecology  
Consultant of Department of Obstetrics & Gynaecology,  
United Christian Hospital*
**6. Recurrent Urinary Tract Infection**
**Dr. Ma Wai Sze Paulin**
*Specialist in Obstetrics & Gynaecology  
Consultant of Department of Obstetrics & Gynaecology,  
Queen Mary Hospital*

Co-organizer	<b>Hong Kong Urogynaecology Association</b>	
Chairman	<b>TBC</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 5:00 p.m.	Lecture & Discussion
Venue	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free (\$50 Enrollment deposit is required)
	Other Categories of Members	HK\$ 450.00
	Non-Members	HK\$ 550.00
	All fees received are non-refundable and non-transferable.	
Accreditation	3 CME points HKCFP (Cat. 4.3) 3 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	



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## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### October's session:

Date	26 October 2018 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Peripheral Neuropathy"</b> by Prof. Wong Ka Sing
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register  
Online

### November's session:

Date	30 November 2018 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Aging and Malnutrition"</b> by Dr. Lee Cheung Kei
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Register  
Online

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>8 November 2018</b> 1:00 – 3:00 pm	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	<b>Update on Managing Attention Deficit Hyperactivity Disorder (ADHD) and Autism</b> Dr. YIP Kim Wai (Associate Consultant, Department of Psychiatry, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087
<b>10 November 2018</b> 2:15 – 4:15 pm	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Common foot and ankle problems</b> Dr. LEE Hin Lun Specialist in Orthopaedics, KWH	Ms. Clara Tsang Tel: 2354 2440
<b>29 November 2018</b> 1:00 – 3:00 pm	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	<b>Management of Paediatric Dermatological Conditions in the Community</b> Dr. David LUK Chi Kong (Associate Consultant, Department of Paediatrics & Adolescent Medicine, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>1 November 18 (Thu)</b>			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Clinical Approach: Common Dental Problems Encountered in Primary Care (Include Child and Elderly)</b> Dr. Lo Cheuk Wai & Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Practice Management: Sterilization, Disinfection</b> Dr. Yuen Man Ki, Vivian	Ms W L Kwong Tel: 2595 6941
<b>7 November 18 (Wed)</b>			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	<b>Update on Management of Common Rheumatological Diseases at Primary Care Setting</b> Dr. Noh Young Ah & Dr. Chan Kiu Pak, Kilpatrick	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Update Management of Musculoskeletal Problem in Primary Care</b> Dr. Wong Kar Shing	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>Comprehensive Social Security Assistance (CSSA)/ Disability Allowance (DA)/ Special Diet Allowance (SDA)</b> Dr. Yau Chi Yan, Davy & Dr. Lai Hoi Lin	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Journal Club</b> Dr. Matthew Lee	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Common Office Procedure (Suturing, Injection, Ear Syringing, PV)</b> Dr. Kong Ka Ming, Andrew & Dr. Leung Wai Yan, Viola	Ms. Carmen Kwong Tel: 2632 4371



**8 November 18 (Thu)**

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Health Care System in Mainland China</b> Dr. Zhang Dingzuan & Dr. Kum Chung Hang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Management of Patients with Hyperlipidaemia</b> Dr. Locke Ka Yung, Michael	Ms W L Kwong Tel: 2595 6941

**14 November 18 (Wed)**

2:00 – 5:00 p.m.	Seminar room, G/F, Block A, Queen Elizabeth Hospital	<b>Health Care Delivery System in HK</b> Dr. Li Chun Ying, Janice & Dr. Hou Jing	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Community Resources for Psychiatric Patients</b> Dr. Yap Tsun Hee	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>ENT and Eye Emergency in General Practice</b> Dr. Luk Sze Wan, Candy & Dr. Ma Yuen Ying, Tammy	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Allied Health Talk: Physiotherapy</b> Dr. Sy Hung Pun, Jimmy	Ms. Cherry Wong Tel: 2589 2337

**15 November 18 (Thu)**

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Common Developmental Problem for Children: Clumsiness, Slow in Learning, Discipline Problem, Dyslexia</b> Dr. Feng Longyin & Dr. Tsui Felix	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Management of Emergency Conditions near Clinic Premises</b> Dr. Lee Ying Cheung, Jacky	Ms W L Kwong Tel: 2595 6941

**21 November 18 (Wed)**

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Practice Management</b> Dr. Law Man Fong & Dr. Wong Hin Hei, Henry	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1032, 1/F, Special Block, Tuen Mun Hospital	<b>Surgical Emergency Encountered in GP</b> Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Room 21, Kwun Tong Community Health Centre	<b>Common Symptoms in Medicine (Part III) (Shortness of Breath, Palpitation)</b> Dr. Li Wing Chi, Gigi & Dr. Lee Tsz Ching, Yolanda	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Primary Care Development in Hong Kong</b> Dr. Wendy Tsui	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Emergency Gynaecological Disease</b> Dr. Fung Yat Wang, Andrew & Dr. Wong Chun Kit, Arthur	Ms. Carmen Kwong Tel: 2632 4371

**22 November 18 (Thu)**

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Update Management of Urological Disease - LUTS and Urological Stone Diseases</b> Dr. Lau Lai Na & Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Consultation Skill and Assessment – Video Review</b> Dr. Choi Sze Wai, Michelle	Ms W L Kwong Tel: 2595 6941

**28 November 18 (Wed)**

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Consultation Enhancement (Physical Examination and Video Consultation)</b> Dr. Cheung Yuen Yan, Kathy & Dr. Lai Ka Ho	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Evidence Based Medicine: Interpretation of Spirometry and Diagnosis of Wheezing Disease</b> Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Clinical Audit</b> Dr. Chan Pang Fai	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Management of Common Neurological Disease in OPD Setting</b> Dr. Jacky Lee	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Preventive Care for Elderly</b> Dr. Fan Vei Chen, Kevin	Ms. Carmen Kwong Tel: 2632 4371

**29 November 18 (Thu)**

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Role of Family Physicians in Handling Uterine Fibroid Patients</b> Dr. Leung Lai Man & Dr. Lee Sik Kwan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Assessment of FM Trainee</b> Dr. Chan Ki Chun, Enoch	Ms W L Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 <b>Oct</b> 2:30 – 4:30 p.m. Photography Club Lecture	15	16	17	18 2:15 – 7:00 p.m. Structured Education Programme	19	20 2:00 – 4:00 p.m. Interest Group in Medical Humanities 2:30 – 5:00 p.m. DFM Module III - Care for the Elderly & Chronic Illness
21	22	23 12:30 – 3:30 p.m. CME Lecture	24 2:15 – 7:30 p.m. Structured Education Programme	25 2:15 – 7:00 p.m. Structured Education Programme	26 2:30 – 3:30 p.m. Video Session	27 1:00 – 4:00 p.m. CME Lecture 2:30 – 5:30 p.m. DFM Orthopaedic Injection Workshop
28 OSCE Exam	29	30	31 2:15 – 7:30 p.m. Structured Education Programme	1 <b>Nov</b> 2:15 – 7:00 p.m. Structured Education Programme	2	3 1:00 – 4:00 p.m. CME Lecture
4	5	6	7 2:15 – 7:30 p.m. Structured Education Programme	8 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	9	10 2:15 – 4:15 p.m. Interest Group in Counselling
11	12	13	14 2:15 – 7:30 p.m. Structured Education Programme	15 2:15 – 7:00 p.m. Structured Education Programme	16	17 2:30 – 5:30 p.m. APCLS Instructor Workshop
18	19	20	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	23	24 2:00 – 5:15 p.m. Update Course in Urogynaecology 2:30 – 5:30 p.m. DFM Women's Health Workshop
25 1:00 – 4:30 p.m. Annual Refresher Course	26	27 1:00 – 3:30 p.m. Annual Refresher Course	28 2:15 – 7:30 p.m. Structured Education Programme	29 1:00 – 3:30 p.m. Annual Refresher Course 2:15 – 7:00 p.m. Structured Education Programme	30 2:30 – 3:30 p.m. Video Session	1 <b>Dec</b>

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**Red** : Education Programmes by Board of Education  
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**Purple** : College Activities

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