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Message from the President



On 26th April I made a whirlwind visit to Beijing to attend the Chinese Medical Doctor Association (CMDA) 2018 General Practitioner Training Forum. As we all know China is embarking her ambitious programme of training enough Family Doctors to meet the demand in 2030. This was a good exchange and we shared the training programmes of China, USA, Canada and Australia. Dr. Lau Ho Lim represented our College and delivered

the talk on Hong Kong higher training programme. I was involved in a subcommittee to discuss the specialist training and the timing of implementation. My feeling is China has the determination to improve the training and standard of her healthcare system and is trying hard to meet the international standard.

On 22th April I was invited by Dr. William Ho and Dr. Ares Leung to talk at Multi-specialty Medical Mega Conference 2018 Lunch Symposium on 'Insurance-Game Changer



in Healthcare". At the same forum were Mr. Fong Ngai, Deputy Secretary for Food and Health Bureau and representatives from private hospital and Hong Kong Medical Association. With the imminent implementation of Voluntary Health Insurance Scheme (VHIS) this year, medical insurance is a big topic to chat about. Most of you may not know that I am the medical consultant of two insurance companies in Hong Kong. My topic was "Mutual understanding for success in the era of third-party payment".

The objectives of VHIS are to enhance the protection level of hospital insurance products; to provide the public with additional choice of private healthcare services through hospital insurance; and to relieve the pressure on public healthcare system. If VHIS is purely to alleviate the financial burden of healthcare by the Government, it is already a failure to start with. If it is to enhance the better health of the Hong Kong people, this is another failure without the involvement of Family Physicians. This scheme is for private in-patient hospital insurance and is subject to abuse without the gatekeeping role of Family Physicians. We strive to keep patients out of the hospital and less money out of their pocket. The tax deduction ceiling is capped at \$8,000 and this is hardly any financial incentive to buy this insurance product.

So what is Third Party Payment. Eligible health service expenses are paid to the healthcare providers, i.e. doctors and hospitals by a third party, i.e. insurance companies. Usually this is an employer-provided medical insurance. The objective of the insurance company is to provide convenience to patients with easy claim and reimbursement process and secondly to benefit the employer with cost containment. The common exclusions are pre-existing conditions and congenital

The figures from Insurance Authority showed the medical insurance industry's claim paid/ gross premium ratio increased from 67% in 2012 to 72% in 2017. Over the past two years, the insurance companies are hardly making a profit and some are even in red with this claim ratio at 72%. The Government advertises that the standard yearly premium is HKD4800 on standard hospital room. One of our good Chinese idioms is "Wool comes from sheep's back". There is no such thing as free lunch or subsided lunch. The Government thinks the profitability of insurance companies is not its concern. Be realistic, you and I will not continue to run a business that is at loss year after year. I am sure the actuarist will come up with a much higher premium.

The trend at the moment is medical cost inflation which causes the insurance companies to encourage the use of day care centres for minor operation in order to minimize the hospital cost. Patient's medical insurance benefit is not sufficient to cover the final medical cost and therefore the out of pocket cost from patient increases. Ultimately the higher premium becomes less attractive and the patients will go back to Hospital Authority. This is a vicious cycle!

To celebrate the World Family Doctor Day on 19th May this year, the new "My Family Doctors 3" TV Drama will start its first episode on this day at RTHK 31 station. An interview column on Headline Daily about "One Person, One Family Doctor" will publish on 18th May. Dr. Ngan Po Lun of Public Education Committee will appear at RTHK programme 精靈一點 to promote the World Family Doctors Day and the new TV Drama on 18th May.

This day is to highlight the role and contribution of Family Doctors in health care systems around the world. It is a wonderful opportunity to acknowledge the central role of our specialty in the delivery of

personal, comprehensive and continuing health care for all of our patients. We celebrate the progress being made in Family Medicine and the special contributions of Family Doctors not just in Hong Kong but globally. We are proud of our profession and this very day is the time to savour our commitment and success!

Dr. Angus MW CHAN President



My Family Doctor 3



Dr. Donald KT Li Our Leader-From Hong Kong, China to the World

Dr. Ho Ka Ming, Ken

Section Editor, WONCA Express, FP Links Committee





In November 2018, one of our leaders Dr. Donald KT Li (MBBS FHKCFP FRACGP FHKAM(Fam Med) FFPH SBS 0 St J JP) would be the President of WONCA.

Dr Li was elected as President Elect of WONCA in November 2016 and will take office as President in November 2018. Dr. Li was President of the WONCA Asia Pacific Region from 2007 to 2013 and a member at large of the WONCA World Executive from 2013 to 2016. Dr. Li is the Immediate Past President of the Academy of Medicine of Hong Kong. And Dr. Li is Past President and current Censor of our College.

Dr. Li is a specialist in Family Medicine and working in private practice in Hong Kong. Dr. Li graduated with his first degree (BA) from Cornell University, USA, followed by his second degree (MBBS) from the University of Hong Kong, in 1975 and 1980, respectively. He is an Honorary Fellow of the Hong Kong College of Family Physicians (HKCFP), Honorary Fellow of the Royal Australian College of General Practitioners, Honorary Fellow of the Hong Kong College of Dental Surgeons, Fellow of the Faculty of Public Health of the Royal College of Physicians, Fellow of the Hong Kong Academy of Medicine and Honorary Fellow of the American College of Physicians and Royal Thai College of Physicians.

Dr. Li is actively involved in medical organizations and councils in Hong Kong. He is the Immediate Past President of the Academy of Medicine of Hong Kong and current Censor of the HKCFP. He is an active member and advisor of many Hong Kong governmental and public health bodies. Throughout his career, he has been a leading expert and ardent advocate in promoting better primary care and family health, in Hong Kong, Mainland and internationally. He is actively involved in the healthcare reform in Hong Kong and is a member of the Working Party on Primary Care, of the Food and Health Bureau as well as the Manpower Planning Committee. He is advisor of the Society of General Practice of the Chinese Medical Association and has done a lot of work in promoting quality primary care in China through the training of Family Doctors.

He also dedicates much of his professional time to academia and teaching. Dr. Li is an Honorary Professor in the Faculty of Medicine, University of Hong Kong; and Honorary Adjunct Associate Professor in Family Medicine, as well as Public Health, at the Chinese University of Hong Kong. He is Honorary visiting Professor at the Fudan University in Shanghai. Dr. Li was a member of the Board of Directors of the Hospital Authority, is the Honoary Secretary of the St John's Ambulance council, and a member of the Council on Smoking and Health (COSH). Dr. Li has been an invited speaker at numerous local, and international scientific meetings and has been visiting lecturer to many different areas in Mainland China. He has been teaching Family Medicine, and assisting in training new family doctors in Mainland China.

Dr. Li is active in community work and is an Honorary member of the Board of Stewards of the Hong Kong Jockey Club, a philanthropic organization, with significant donations to support community projects in Hong Kong. Dr. Li serves as Chairman of the Bauhinia Foundation Research Centre, a leading independent think tank of the Hong Kong Special Administrative Region. Dr. Li is Chairman of the Sheng Kung Hui Welfare Council, one of the biggest church led social service organizations in Hong Kong and Mainland. He is also a member of the Community Care Fund of the Hong Kong Government to alleviate poverty in Hong Kong.

Dr. Li is also the Chairman of the Hong Kong Jockey Club Disaster Preparedness and Response Institute (HKJC DPRI), with a mission to build a prepared community in Hong Kong to response to disasters. Dr. Li, as the President Elect of the WONCA, gave us a lecture about 'Disaster Preparedness Response and Family Medicine' in WONCA APR 2017 in Pattaya, Thailand. He also held a workshop of 'Disaster Risk Management: Training for Family Medicine Residents'. As family physicians, we are inspired by Dr. Li's contributions to disaster management in Hong Kong.





From the WONCA interview, as WONCA 's President Elect, Dr. Li would like to learn about culture, expectations and aspirations of family doctors in the different regions and around the world. He would get to know members of the executive of WONCA and he wishes to learn more about WONCA Working Parties, SIGs and Young Doctors' movements. As the President, he wishes to build and formulate strategy to provide effective leadership and this will of course include strengthening WONCA's relationship with WHO.

Apart from his professional duties, Dr. Li has set up a Chinese restaurant "Good Kitchen", involving in

menu design and recipes - with a dish named after him- "Donald's Duck". His interests outside work are gourmet cooking, rating restaurants, wine tasting, food related travels and horse racing.



The upcoming 22nd WONCA World Conference (WONCA 2018) would be held in Seoul, Korea from the 17th to 21st of October 2018. The theme of the conference is 'Primary Care in the Future: Professional Excellence. The conference will cover cover diverse disciplines of family medicine from the present to the future. It would be a meaningful platform for family doctors to gather and share our professions. HKCFP Council would grant sponsorship to members to show the support of such a good event to foster ties between family practice organisations as well as individual doctors. Interested family medicine colleagues should not miss this precious chance to meet our professional colleagues over the world.



Congradulations to Dr. Donald Li!
All the best to his works as WONCA President!
And Looking forward to meet Dr. Li in World WONCA 2018 at Seoul, Korea!

WONCA Website

www.globalfamilydoctor.com



WONCA Announcement

22nd **WONCA**WORLD CONFERENCE

Seoul, South Korea, 17 - 21 October 2018



Dear Members,

The 22nd WONCA World Conference will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between FM organisations as well as individual doctors.

Council has decided to grant a sponsorship with a maximum of HKD8,000 for applicants with presentation to attend the captioned conference. With the successful granting, the applicants shall agree to:

- (a) add College's logo in all of the Presentation materials, such as PowerPoints, Posters etc. Please contact the College secretariat to have an e-copy of logo for printing.
- (b) uphold and promote to the best of his/her ability the aims and objectives of the College.
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College.
- (d) take part in the College official functions if any during the Conference.
- (e) submit a written report (>800 words) with photos in one month after the conference.

All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at http://www.hkcfp.org.hk under the section of "DOWNLOADS" and return the form to the Secretariat by **29 June 2018**.

For further information please visit the Conference official website at http://www.wonca2018.com/

Thanks.

Dr. William WONG Honorary Secretary, HKCFP



Classified Advertisements

Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to hr/fleases/br/fleases/

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654



Internal Affairs Committee News

The 31st Fellowship Conferment Ceremony and the 29th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding "The 31st Fellowship Conferment Ceremony and the 29th Dr. Sun Yat Sen Oration" on 24 June 2018 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Prof. Sophia CHAN, JP, Secretary for Food and Health, Food and Health Bureau of the Hong Kong Special Administrative Region**, would deliver the 29th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details are listed as follows.

Events : (i) The 31st Fellowship Conferment Ceremony

(ii) The 29th Dr. Sun Yat Sen Oration by Prof. Sophia CHAN, JP

Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,

99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Date : 24 June 2018 (Sunday)

Time : 4:45 p.m. – Cocktail reception

5:30 p.m. - Ceremony

Remarks: 1 CME (Category 4.3)

Dress Code: Business

This activity is free of charge to our College Fellows, members and their spouses.

*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO Chairman, Internal Affairs Committee HKCFP

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **March – April 2018**:

Associate Membership (New Application)

Dr. CHOW Tsz Wang 周子弘

Dr. LEUNG Kwan Wai, Amas 梁均瑋

Dr. SAU Chung Ying

Non-HKSAR Membership (New Application)

Dr. ZENG Guang Ji 曾广基

修仲瑩

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2018.

Dr. Chan Kam Sum Dr. Kwan Sin Man

Dr. Cheung Yan Kit Dr. Lam Ying Ying

Dr. Chui Man

Dr. Lau Sek Fung Spike

Dr. Iong Ka I

Dr. Tam Wing Yi Cherry

Dr. Kam Ting Ting Dr. Tse Tak Kei

Dr. Tse Tung Wing George

Dr. Wong Chun Pong

Dr. Wong Yeung Shan Samuel

Dr. Yeung Yee Mei

Dr. Yuen Ming Wai



Outstanding Candidate of Exit Exam 2018

Specialty Board is pleased to announce that Dr. Wong Yeung Shan Samuel has achieved outstanding performance in all segments and will be awarded the Outstanding Candidate this year.

Wendy Toni

Dr. Wendy Tsui Chairlady, Specialty Board



Fellow Badge



普通科門診公私營協作計劃





Come and Join as Family Doctor

Long-term Family Doctor Relationship





for eligible patients

To benefit over 35,000 patients



Enhanced Support for Doctor







\$10B HA PPP Fund Established

Territory-wide Coverage in All 18 Districts



Call us at 2300 7300 or email to gopcppp@ha.org.hk for details.





Board of Vocational Training and Standards News

Hong Kong Primary Care Conference (HKPCC) 2018 will take place from 23rd- 24th June 2018 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees who were enrolled from 2006 onwards are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All Higher Trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already been mentioned in Trainee's logbook.

Please contact Charlotte or Kathy at 2871 8899 for details.

Board of Vocational Training & Standards

Quality Assurance & Accreditation Committee News

Important news to members

Dear Members,

RE: MCHK CME Programme for Practising Doctors who are not taking CME Programme for Specialists (ver. 20 March 2018)

For members who have submitted the consent form earlier, please ignore this message

Members who start the next MCHK Cycle from 1 July 2018 and who opt to use the Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator through HKCFP will have the associated administrative charge waived.

Given the College Secretariat has now taken up the processing of MCHK CME record for members who use HKAM as their Administrator for the programme, the associated administration charge will be waived provided that prior written consent is received by the College Secretariat.

Interested members should note the following points:

- 1. MCHK registrants have the responsibility to liaise with your current CME Administrator (HKMA, DU, and DH) for the necessary procedures in relation to change of the CME Administrator.
- 2. Change of CME Administrator from other CME Administrators to HKAM via College can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle. Please provide the CME Report for the Cycle Year(s) completed under other CME Administrators to College Secretariat before the deadline, if you would like to transfer your administrator to HKAM via College.
- 3. In case of any discrepancy of the accredited CME Points between the College and the other Administrators, the College reserves the right of the final decision on the accredited CME Points.

As the College is required to report the CME Points to HKAM every 6 months,

4. MCHK CME registrants should continue to sign on the respective HKAM CME attendance record sheet for CME record purpose as usual. To help the College secretariat distinguishing College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.

The captioned free service is for our College members only. Interested members can download the required Registration Consent Form at www.hkcfp.org.hk > Download > 'MCHK CME Programme for Non-specialist' and return the completed form to our College Secretariat at cmecpd@dhkcfp.org.hk before 22nd June 2018 (Friday) to facilitate the necessary arrangements.

While the service is free of charge for all College members, submission may not be accredited if one fails to comply with the above-mentioned points. As usual, late submission may not be processed. Also, the MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion. In case of any discrepancy of the accredited CME Points, the College's accreditation is final.

HKCFP Secretariat



FINAL REMINDER: Diploma in Family Medicine (HKCFP) 2018-2019

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2018.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I - Principles of Family Medicine (Distance Learning)

	·		
Aims:	1. Learn concepts of Family Medicine		
	2. Understand the role and scope of a Family Doctor		
Contents: Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future			
	Family Medicine		

Module II – Common Problems in Family Medicine (Distance Learning)

Aims: 1. Enhance consultation, communication and problem solving skills		
	2. Understand the diagnostic formulation process in Family Medicine	
Contents:	ontents: Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general prac	

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine		
	2. Understand the potential growth of Family Medicine		
	3. Develop research and teaching skills in Family Medicine		
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance,		
	Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine & Critical Appraisal,		
	and Sexual Health & Genomic Medicine issues		

Module IV - Clinical Updates (Updates and Clinical Attachment)

		Acquire in-depth knowledge and practical skills in selected specialized areas including Family Medicine, Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases	
Г	Contents:	s: THREE update seminars plus clinical attachment on selected specialties	

Module V - Practical Family Medicine (Practical Workshops)

		Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas inclu CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medic	
		Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine	

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

	June to September 2018	Module I	
November 2018 to January 2019		Module II	
ſ	July 2018 to May 2019	Modules III, IV & V	
	April / May 2019	Final Examination	

5. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.



7. Teaching Medium:

English

[Cantonese may be used in some seminars, workshops and clinical attachments]

8. Course Fees:

Whole course:

HK\$36,000 for members of HKCFP

HK\$72,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before 21 May 2018)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,600	\$9,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,600	\$9,200
Module III (Structured Lectures & Seminars)	\$4,500	\$9,000
Module IV (Updates & Clinical Attachment)	\$4,500	\$9,000
Module V (Practical Workshops)	\$5,800	\$11,600
Examination	\$11,000	\$22,000
Administrative Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- iii) Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practicing Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$36,000 (or HK\$72,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (http://www.hkcfp.org.hk). Members who were not admitted in the course in 2017 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

11. Application Deadline: 29 June 2018

Comments from Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

*Course syllabus and schedule may be subject to change without prior notification







men's Health Workshop Orthopaedic I

Musculoskeletal Workshop



FINAL REMINDER: Certificate in Family Medicine (HKCFP) 2018-19

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in July 2018.

The course consists of THREE Segments. Segment II and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a HALF year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of THREE compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) Knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I - Principles of Family Medicine (Distance Learning)

	-geg,		
Aims:	1. Learn concepts of Family Medicine		
	2. Understand the role and scope of a Family Doctor		
Contents:	ontents: Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medici		

Segment II - Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills	
	2. Understand the diagnostic formulation process in Family Medicine	
Contents:	ntents: Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practic	

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas	
Contents:	ntents: Orthopaedic Injection and Consultation Skills	

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2018 Segments I & II
Three workshops within 2018 Segment III

4. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme

6. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

7. Course Fees:

HK\$ 10,500 for members of HKCFP

HK\$ 21,000 for non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/Credits:

- A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Applications are now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practicing Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$10,500 (or HK\$21,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website [http://www.hkcfp.org.hk]. Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

10. Application Deadline: 29 June 2018

*Course syllabus and schedule may be subject to change without prior notification

Young Doctors Committee News

第五屆 海峽兩岸全科醫學大會

陶敏之醫牛

香港家庭醫學學院 青年醫牛委員會委員 全國全科醫學青年專家聯盟 香港家庭醫學學院代表

第五屆海峽兩岸全科醫學大會暨海醫會全科醫學專 業委員會第五屆學術年會於3月30日至4月1日在廣西 南寧舉行。這次會議題為「共建全科醫學新時代」,吸 引了包括兩岸四地的專家學者及全科醫生等共2000多 人參與。這次會議的內容主要圍繞全科醫學學科在內 地的發展、全科醫學教育培訓及職業發展、家庭簽約 服務及青年論壇等。

論壇焦點之一為「主題對話:新時代全科醫學與基層 衛生發展」。十位來自內地、美國、香港及台灣的專家 在台上深入交流。專家們各自表述了他們在自己地區 的全科醫生訓練歷程及發展。院長陳銘偉醫生在討論 中分享了香港對家庭醫學專科培訓的優勢。李國棟教 授則提到關於基層醫療在整個醫療系統中的關鍵角 色,亦寄望內地的全科培訓能進一步加強。



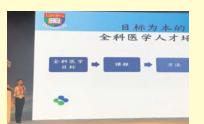
主題對話中陳銘偉醫生的發言



參與全國全科醫學青年專家聯盟培訓



李國棟獎學金頒獎



林露娟教授於主題報告中的演説





香港代表與內地及台灣的與會者合照

此外,香港亦有代表在主題報告及分論壇中發表演 説: 林露娟教授於主題報告發表了「目標為本的全科 醫學人才培訓」;黃志威醫生於分論壇發表了「未開 發的金礦:中國全科醫學在傳染病管理的角色」;蔣 立建醫生發表了論文題為「通宵脈搏血氧儀篩杳陽性 阻塞性睡眠窒息症和嚴重心血管疾病發病率的風險 關係」等等。

這次會議的另一焦點是由海峽兩岸醫藥衛生交流協 會全科專委會、中國醫師協會全科醫師分會及中華醫 學會全科醫學分會共同發起的全國全科青年專家聯 盟,由29名來自內地21個省份及香港地區的全科醫生 參與為期三年的計劃。項目的主要目的是推動全國青 年全科醫生之間的合作與交流,組織編寫及翻譯全科 醫學教材,並參與定期培訓和研究工作。作為其中一 員,我很榮幸能代表香港家庭醫學學院青年醫生委員 會與內地的同業一起合作,為內地的基層醫療發展略 盡綿力。



黃志威醫生於分論壇中的演説 香港代表團共進晚餐





Dr. Ngai Ka Ho, Charles

(Associate Consultant in-charge, Tung Wah Hospital General Outpatient Clinic, Hong Kong West Cluster, Hospital Authority)



Green Trees.... Fresh Air and Strong Sun (I was sweating with my suit on)

I am happy to have the chance to attend a two weeks' overseas training in Singapore hosted by Singapore National Healthcare Group. During the training period, I was given chance to visit their polyclinics in Singapore and to observe the integrated care delivery model in primary care.

Here are some of the highlights of the training I would like to share with all of you which you may find them interesting.

Singapore has an island network of outpatient polyclinics and private medical practitioners' clinics to provide primary medical treatments, preventive healthcare as well as health education. Eighty percent of primary healthcare services are offered by 2000 private medical clinics; whereas the remaining are delivered by 18 government polyclinics. There are two government subsidized clusters in Singapore-Sing Health and National Healthcare Group. Though the Primary Care in Singapore is serving 80% of their population, 80% of primary care service is provided by private General Practitioners (2000 GPs).

For National Healthcare Group, they are running NINE polyclinics serving primary care needs of Singapore Population in the Northern, Central and Western regions. It serves as primary care safety net providing government funded subsidized care. NHGP plays an integral role in primary care transformation and supports the aim of regional health system to provide continuity of care. Their polyclinics service is ONE-STOP Centre for

- Chronic Disease Management
- Management of Acute Conditions
- Health Promotion, Education and Disease Prevention
- Women's Cancer Screening
- Antenatal Care
- Children Development Assessment
- Development Assessment
- National Childhood Immunization Programme
- National Emergency Planning and Mobilization
- Medical Education & Training.

Clinical Service (medical & dental), nursing service (wound care, diabetic fundi/ feet screening), allied health service and diagnostics service are all available in their polyclinics so patient can enjoy a comprehensive health journey in one go.

There are some special highlights in their polyclinics which we may have a look at:

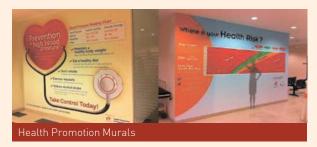
1. Polyclinics as Health Promotion Classrooms

They will ensure availability of healthier options and display of healthy eating messages in their healthy cafeterias which are available in all of their 9 polyclinics. Healthy Vending Machines and Fruit Machines are available in their Polyclinics. There is a mini kitchen corner in their polyclinics which patients can try real products of healthy food and learn how to practise healthy eating in their daily life.



2. Health Promotion Murals

They make good use of their walls in Polyclinics for health promotion and they include important messages over all their walls so patient can be immersed in healthy environment while they step into their polyclinics.





3. Use of technology in Pharmacy and personalized medication management service

For polyclinics with space available, they have autodispensing machine to reduce medication errors and improve the efficiency of dispensing.

They also introduce a special personalized medication management service to organize patient's medications into individual sachets, making it easier for patients to take their medicines as prescribed. It makes multiple pills a little easier to swallow- Convenient, Accurate, Personal & Safe.



NHGP



新加坡海外培訓

Dr. Ng Tze King, Peter (Department of Family Medicine, New Territories East Cluster, Hospital Authority)

在2016年10月,我到了新加坡接受一個為期2星 期的海外培訓。今次行程最重要的是去了解當地 的公營基層醫療服務。我和一起培訓的同事主要 是參觀其中一個大型的醫療團隊:國立健保集團 National Health Group Polyclinic (NHGP)。NHGP一共 有9間綜合診所(polyclinic)。它的綜合診所和香 港的普通科門診有頗大分別。它們除了提供門診 (偶發性及慢性疾病)和護理服務如打針、洗傷 口、配藥之外,亦提供其他服務如兒童接種疫苗 計劃、兒童成長及發展檢查、婦女普查、產前及 產後護理。此外,它亦提供牙科,心理衛生治療, 物理治療,足部治療,X光及抽血等一站式服務。 由於服務範圍廣泛及服務人數眾多,每一間綜合 診所儼如一間小型醫院。此外,很多綜合診所的 設計亦很注重環保,例如部份地方利用透光去減 少用電量,種植植物綠化環境以減低悶熱的感 覺。此外,診所的運作亦致力推行電腦化,如病 人可以使用手機的應用程式去預約看醫生;到達 診所後可以利用自助登記系統登記等。此外,醫 生亦會使用遠程醫學(tele-medicine)的科技,用於 一些診症的範圍,例如一些懷疑有問題的心電圖

和負責接待我們的 Dr. Tang Wern Ee 合照

影像會傳送到心臟科醫生作初步評估; 眼底影像 亦可以傳送到醫院內的眼科部門待醫生複檢。除 了參觀NHGP的綜合診所外,我亦有機會參觀一 間當地的醫院,一些私營綜合診所和私家診所。 整個行程都能和當地的醫護人員及其他專職的 業界人仕交流,感覺十分充實。希望透過這次的 學習經驗,我們都在工作方面得到啟發。



,設計上很注重環保,診所內外都有一些綠化設計。



扣坡醫院內的眼科視像中心,診所透過遠程醫學將眼底影像資料傳送 到醫院內的視像中心作進一步評估。



一般診所利用自動登記系統為病人登記,而每間診所內都有一個簡單的 化驗室用作一些基本的化驗檢查。



Shingles Vaccine

The incidence of herpes zoster is high, especially among older patients. The incidence varies from 10 to 14 cases per 1000 annually in patients older than 65 years of age and it is estimated that the lifetime incidence is 20% to 30% in the general population⁽¹⁻⁴⁾.

Herpes zoster is known to have a negative effect on productivity at work for individuals with the disease^[5]. One study that looked at work time loss (defined as missing 1 partial or full work day or more) found that 57.7% of respondents in the study reported work time loss^[5]. Healthrelated quality of life (defined by five dimensions including mobility, self-care, usual activities, pain/discomfort, and anxiety/depression) is also negatively affected by herpes zoster and specifically, patients with greater pain from the disease are more likely to have a lower healthrelated quality of life⁽⁵⁾.

Most recently, a published study found that risk of stroke was highest in younger patients (under 40 years of age) after herpes zoster and the risks of stroke and myocardial infarction were highest within one year after acute herpes zoster and then decreased (6). Furthermore, the study found that herpes zoster increased the risks of cardiovascular events by 41%, stroke by 35%, and myocardial infection by 59% in patients 40 years of age and older [6].

To prevent this, CDC recommends that healthy adults 50 years and older get two doses of the shingles vaccine which is a non-live recombinant, ASO1B adjuvanted vaccine. Separated by 2 to 6 months, to prevent shingles and the complications from the disease. You should get this non-live vaccine even if you had shingles in the past or you had received a live attenuated or you are not sure if you had chickenpox. If you had a live vaccine in the recent past, you should wait at least eight weeks before getting this non-live attenuated vaccine.

In adults 50 to 69 years old who got two doses, this non-live was 97% effective in preventing shingles; among adults 70 years and older, Shingrix was 91% effective. In adults 50 to 69 years old who got two doses, it was 91% effective in preventing post herpetic neuralgia (PHN); among adults 70 years and older, the vaccine was 89% effective. Its protection remained high (more than 85%) in people 70 years and older throughout the four years following vaccination. Since the risk of shingles and PHN increases as age get older, it is important to have strong protection against shingles in older years.

This non-live vaccine now is the preferred vaccine over the live shingle vaccine which has been used since 2006.

Reference

- 1. Schmader K: Herpes Zoster. Clin Geriatr Med.2016;32:539-553.
- 2. Yawn BP, Saddier P, Wollan PC, et al: A Population-Based Study of the Incidence and Complication Rates of Herpes Zoster Before Zoster Vaccine Introduction. Mayo Clin Proc.2007;82:1341-9.
- 3. Pinchinat S, Cebrian-Cuenca AM, Bricout H, et al: Similar Herpes Zoster Incidence Across Europe: Results from a Systematic Literature Review. BMC Infect Dis.2013;13:170.
- 4. Oxman MN, Levin MJ, Johnson GR, et al: For the Shingles Prevention Study Group. A Vaccine to Prevent Herpes Zoster and Postherpetic Neuralgia in Older Adults. N Engl J Med.2005;352:2271-84.
- 5. Rampakakis E, Stutz M, Kawai K, Tsai TF, Cheong HJ, Dhitavat J, Ortiz-Covarrubias A, Cashat-Cruz M, Monsanto J, Johnson KD, Sampalis JS, Acosta CJ. Association Between Work Time Loss and Quality of Life in Patients with Herpes Zoster: a Pooled Analysis of the MASTER Studies. Health and Quality of Life Outcomes.2017.15.11.
- 6. Kim MC, Yum SC, Lee HB, Lee PH, Lee SW, Choi SH, Kim YS, Woo JH, Kim SH, Kwon SU. Herpes Zoster Increases the Risk of Stroke and Myocardial Infection. JACC.2017;70(2):293-300.
- 7. https://www.cdc.gov/vaccines/vpd/shingles/public/ shingrix/

Compiled by Dr. FOK Peter Anthony



HKCFP Trainees Research Fund 2018 / HKCFP Research Seed Fund 2018

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

Please note that each applicant can only apply either one of the above Funds

Assessment Criteria for both funds:

- 1. Academic rigor of the paper (e.g. originality, methodology, organisation and presentation);
- 2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
- 3. Overall budget

Each Research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: hkcfp@hkcfp.org.hk

Please indicate the research funding title e.g. "HKCFP Trainees Research Fund 2018" or "HKCFP Research Seed Fund 2018" on your research project upon submission.

Submission Deadline: 31st October 2018

Supported by HKCFP Foundation Fund

Meeting Highlights

CME Lecture on 10 April 2018

Prof. Claudio Borghi, Department of Medicine & Clinical Nephrology, University of Bologna, Bologna, ITALY, delivered a lecture on "Start Right in Hypertension Management for Reducing Cardiovascular Events" on 10 April 2018.



Dr. Lo Yuen Chung, Yvonne (right, Moderator), presenting a souvenir to Prof. Claudio Borghi (left, Speaker) during the lecture on 10 April 2018.

CME Lecture on 11 April 2018

Prof. Zbigniew Gaciong, Chairman of the Department of Internal Medicine, Hypertension and Vascular Diseases of the Medical University of Warsaw, Poland, delivered a lecture on "Combating Sympathetic Overdrive – An Under-recognized Cardiovascular Risk Factor" on 11 April 2018.



Dr. Mary Kwong (left, Council Member) and Dr. Tong Siu Man (right, Moderator) presenting a souvenir to Prof. Zbigniew Gaciong (middle, Speaker) during the lecture on 11 April 2018.

Certificate Course in Practice Management



Dr. Dao Man Chi (right, Moderator), presenting a souvenir to Dr. Catherine Lam (left, Speaker) during the lecture on 14 April 2018.



Dr. Dao Man Chi (right, Moderator), presenting a souvenir to Dr. Ng Ming Shing (left, Speaker) during the lecture on 14 April 2018.

The last session of the Certificate Course on Practice Management was held on 14 April 2018. Dr. Ng Ming Shing and Dr. Lam Tak Man, Catherine, Specialist in Family Medicine, delivered a lecture on "Infection Control and Occupational Safety".

Seminars on Management of Common Skin Problems in General Practice

Dr. Wong Sze Man, Specialist in Dermatology & Venereology and Dr. Ho King Man, Specialist in Dermatology & Venereology, delivered a lecture on Dermatology.



Dr. Tse Sut Yee (right, Moderator) presenting a souvenir to Dr. Wong Sze Man (left, Speaker) during the lecture on 22 April 2018.



Dr. Tse Sut Yee (right, Moderator) presenting a souvenir to Dr. Ho King Man (left, Speaker) during the lecture on 22 April 2018.

PRIMARY CARE DIRECTORY

Where can I refer my patient if he/she.....



Community Resources Reference Information



Primary Care Office of the Department of Health has compiled problem-based web pages for Primary Care Directory users to facilitate referral of patients to receive community services.

Check it out at: https://apps.pcdirectory.gov.hk/SP/Main/Main.aspx









Family



ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2018

Organizer: Assessment Enhancement Sub-committee, Board of Education, HKCFP

Tutors : Family Medicine Specialists, Fellows of HKCFP and RACGP

Supervisors : Dr. Chan Chi Wai

Co-ordinator : Dr. Lai Sheung Siu

Objectives: 1. To improve clinical knowledge, problem solving and consultation skills through different workshops

2. To improve physical examination technique and clinic procedural skills through hands-on experience

3. To provide opportunity for inter-professional communication and social network expansion through self-help groups

4. To improve time management through simulated examination

Venue: Duke of Windsor Social Service Building and HKAM Jockey Club Building

Date : 6 months' course starting from April 2018

Course Structure: The course will consist of 4 main components:

Seminars
 Workshops

3. Self-help Group Support

4. Mock Exam

Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)

Accreditation : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course

Course Fee : Members : HK\$3,400 (Whole course)

HK\$950 (Spot admission for each seminar or workshop only)

All cheques payable to "HKCFP Education Ltd"

All Fees received are non-refundable and non-transferable.

Capacity : 50 doctors maximum

Enrolment : Enrolment is now open. Registration form is available at College website: http://www.hkcfp.org.hk/

pages_9_463.html.

Please return the completed application and the cheque to the Secretariat for processing. Please call the College Secretariat, Ms. Teresa Liu or Ms. Windy Lau, at 2871 8899 for details. Successful applications

will be informed by email later.

Disclaimer : All cases and answers are suggested by our tutors only. They are not standard answers for examination.

Remarks : Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC

if there is sufficient enrolment.

Assessment Enhancement Course 2018 Timetable for Workshop

Date	Topics	Venue
21 April 2018 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
12 May 2018 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
16 June 2018 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
21 July 2018 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
25 August 2018 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
6 October 2018 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road



Seminars on Management of Common Skin Problems in General Practice

A series of seminars on common skin problems are arranged for family medicine trainees and primary care doctors. The objectives of these seminars is to enhance members' knowledge on the diagnosis, assessment and management of the common dermatological conditions that are encountered in community practice and to identify dermatological conditions that need specialist care for referral etc.

Dates : 22 April, 6 May, 20 May and 10 June 2018 (Sundays)

Time : 2:30pm - 5:30 pm Lecture & Discussion

Venue : 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

Course Fee : HKCFP Members: HK\$500 (Full course) / HK\$200 (each lecture)

Non-HKCFP Members: HK\$1,000 (Full course) / HK\$400 (each lecture)

(All cheques payable to 'HKCFP Education Ltd". All fees received are non-refundable and non-

transferable.,

Accreditation: HKCFP: 3 CME Points for each session (Cat 4.4)

MCHK: 3 CME Points for each session (pending)

Capacity: Limited quota available, first come first serve. (FM trainees who have submitted their applications

do NOT need to enroll again.)

Programme Schedule

Dates	Content	Speakers
	Benign skin lumps and conditions: seborrheic wart, hypertrophic scar, keloid, pyogenic granuloma etc.	Dr. Wong Sze Man Specialist in Dermatology & Venereology
22 April 2018 (Sun)	 Viral disorders of the skin Fungal disorders of the skin Bacterial infections of the skin Infestations of the skin 	Dr. Ho King Man Specialist in Dermatology & Venereology
6 May 2018 (Sun)	 Common Paediatric skin problems Common clinic procedures (e.g. skin scrapings for microscopy, skin biopsy, cryotherapy, skin testing for allergy, introduction to phototherapy) Introduction to application of Laser treatment 	Dr. Luk Chi Kong, David Specialist in Paediatrics
	Drug eruptionsSolar damage & common skin cancers	Dr. Chang Mee, Mimi Specialist in Dermatology & Venereology
20 May 2018 (Sun)	 Eczema and contact dermatitis Seborrhic dermatitis & Rosacea Urticaria Pigmentary disorders Pityriasis rosea and lichen planus 	Dr. Chan Yung Specialist in Dermatology & Venereology
10 June 2018 (Sun) • Psoriasis • Bullous disorders of the skin • Acne • Hair and nail problems • Cutaneous manifestation of systemic diseases		Dr. Lee Tze Yuen Specialist in Dermatology & Venereology

^{***} Registration will be first come, first served. For enquiry, please call the College secretariat, Ms. Katie Lam at 2871 8899. ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong I am a *Member / Non-member of The Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend "Seminars on Management of Common Skin Problems in General Practice" tand enclosed please find the appropriate course fee payment. (Please 🗹 as appropriate)

<u> </u>	<u> </u>	□ 20 May 2018	☐ 10 June 2018		
Name:		Tel:	:	Member ID:	
Email:		(Cheque No:	Date:	



Certificate Course on Bringing Better Health to Our Community 2018

Co-organized by Queen Elizabeth Hospital and Hong Kong College of Family Physicians

Dates : 26 May, 30 June, 28 July, 25 August, 22 September 2018 (Saturdays)

Time : 1:00pm - 2:00 pm Registration & Refreshment

2:00pm - 4:00 pm Lecture & Discussion

Venue : Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital

Course Fee : Free

Accreditation : HKCFP: 2CME Points for each sessions (Cat 5.2); MCHK: 2CME Points for each sessions (Pending)

Capacity : 100 doctors

Programme Schedule

Dates	Topics	Speakers
	Case Sharing on Child Abuse	Dr Kwong Hon Kei Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
26 May 2018 (Sat) 2:00 – 4:00pm	Approach to Suspected Child Abuse	Dr Loung Po Yee Associate Consultant, Department of Paediatrics, Queen Elizabeth Hospital Dr Andy KWOK Resident, Department of Paediatrics, Queen Elizabeth Hospital
	Hyperlink to Social Support to Family with Child Abuse	Ms Karre Chung Assistant Social Work Officer, Medical Social Services, Kwong Wah Hospital
	New AHA Hypertension Guideline	Dr Chan Kam Tim Specialist in Cardiologist, Consultant, Department of Medicine, Queen Elizabeth Hospital
30 June 2018 (Sat) 2:00 – 4:00pm	Role of Ambulatory blood Pressure Monitoring in Kowloon Central Cluster GOPC	Dr Ho Ka Ming, Ken Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
, i	Practical Tips on Home Exercise for Hypertension	Ms Intonia Chow Senior Physiotherapist, Department of Physiotherapy, Queen Elizabeth Hospital
28 July 2018	Not to be Missed Eye Disease in Primary Care Setting	Prof Jason Yam Assistant Professor & Undergraduate Teaching Coordinator, Director, CUHK Jockey Club Children Eye Care Programme, Head of Pediatric Ophthalmology & Strabismus Service, Hong Kong Eye Hospital Department of Ophthalmology and Visual Sciences, Faculty of Medicine, The Chinese University of Hong Kong
(Sát)	Non-contact Tonometer Result? How to Interpret	Ms Chan Yau Chun, Yammy Optometrist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
2:00 – 4:00pm	Update on Management of Refractory Error in Children, What a GP Should Know	Prof Jason Yam Assistant Professor & Undergraduate Teaching Coordinator, Director, CUHK Jockey Club Children Eye Care Programme, Head of Pediatric Ophthalmology & Strabismus Service, Hong Kong Eye Hospital Department of Ophthalmology and Visual Sciences, Faculty of Medicine, The Chinese University of Hong Kong
25 August 2018	Management of Patient with Knee Pain (Sport Injury & Degeneration)	Dr Yip Sin Chuen, Paul Associate Consultant, Department of Orthopedics and Traumatology, Queen Elizabeth Hospital
(Šat)	Allied Health Service for Knee Pain Management	Dr David Chan Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
2:00 – 4:00pm	Practical Tips on Home Exercise for Knee Pain	Ms Poon Wai Yee, Margaret Senior Physiotherapist, Department of Physiotherapy, Queen Elizabeth Hospital
22 September 2018	GOLD 2018 Guideline & Smoking Cessation	Dr Mok Yun Wing, Thomas Consultant, Department of Respiratory Medicine, Kowloon Hospital
(Sat)	COPD-6 & Early Detection of COPD in Primary Care	Ms Lai Fung Sim, Phoebe Advanced Practice Nurse, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
2:00 – 4:00pm	Model of COPD Care in Kowloon Central Cluster GOPCs	Dr Choi Chuen Ming, Clarence & Dr Man Fung Yi, Phoebe Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital

^{***} Registration will be first come first served. For enquiry, please call the College secretariat, Ms. Katie lam at 2871 8899 ***

REPLY SLIP

To: HKCFP, Room 80	03-4, HKAM Jockey Clu	ıb Building, 99 Wong Ch	uk Hang Building, Aberdee	en, Hong Kong	
l am a *Member / N o	on-member of The Ho	ng Kong College of Far	nily Physicians. (*Please	delete as appropriate)	
I would like to attend t	would like to attend the Certificate Course on the following dates(s) (Please ☑ as appropriate) (Fax: 2866 0616 / Email: education@hkcfp.org.hk)				
□ 26 May 2018	☐ 30 June 2018	☐ 28 July 2018	☐ 25 August 2018	□ 22 September 2018	
Name:		Tel:	Fax:	Date:	
Email:					



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

2 June 2018 Saturday		Admission Fee	Members Non – members	Free HK\$ 300.00
Board of Edu Psychiatry	cation Interest Group in Mental Health &		HKAM Registrants All fees received are non-refundable and non-transferable.	HK\$ 150.00
Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	Online
Theme Speaker	NGO Mental Service Dr. Wan Kwong Yu, Inness	Language	Lecture will be conducted in English and	d Cantonese.
Co-ordinator	Specialist in Family Medicine Dr. Chan Suen Ho. Mark	Registration	Registration will be first come first ser Please reserve your seat as soon as po	
& Chairman Time	The Hong Kong College of Family Physicians 2:00 p.m. – 4:00 p.m. Theme Presentation &	Note	Participants are encouraged to presen cases for discussion. Please forward your cases to the Co-or	
	Discussion		the College secretariat 2 weeks prior t	o meetina.

15 June 2018	Friday

Prescription of Insulin Therapy in a Primary Clinic

Dr. Ting Zhao Wei, Rose

Specialist in Endocrinology, Diabetes and Metabolism

Chairman	TBC The Hong Kong College of	Family Physic	ians
Time	1:00 p.m. – 2:00 p.m. 2:00 p.m. – 3:30 p.m.	Registration a Lecture & Dis	
Venue	Gloucester Room II, 3/F, T 281 Gloucester Road, Cau		
Admission Fee	College Fellow, Full or Associate Members Other Categories of Memb Non-Members	pers	Free HK\$ 350.00 HK\$ 450.00
Accreditation			Register Online on of
Language	Lecture will be conducted in English.		
Registration	Registration will be first of Please reserve your seat		

Sponsored by Sanofi-aventis Hong Kong Limited

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health		
Theme	NGO Mental Service		
Speaker	Dr. Wan Kwong Yu, Inness Specialist in Family Medici		
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of	Family Physic	ians
Time	2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion		
Venue	8/F, Duke of Windsor Social 15 Hennessy Road, Wancha		ng,
Admission Fee	Members Non – members HKAM Registrants		Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-r non-transferable.	refundable and	Register
Accreditation	2 CME points HKCFP (Cat. 2 CPD points HKCFP (Cat. 2 CME points MCHK		Online
Language	Lecture will be conducted in English and Cantonese.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		
Note	Participants are encourage cases for discussion.	ged to present	town

9 June 2018 **Saturday**

Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

Board of Education Interest Group in Medical Humanities

Aim	To form a regular platform for sharing and developing knowledge and skill in the medical humanities
Theme	Walk with people recovered from mental illness: medical humanities, trail walker, psychiatrist and more
Speaker	Dr. Willy Wong Specialist Psychiatrist in Private Practice & his Trailwalker team with patients and relatives

Co-ordinator Dr. Chan Suen Ho, Mark & Chairman Dr. Lo Sze Mon, Dana

The Hong Kong College of Family Physicians

2:00 p.m. – 4:00 p.m. Time Theme Presentation &

Discussion

8/F, Duke of Windsor Social Service Building, Venue 15 Hennessy Road, Wanchai, Hong Kong



Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

May's session:

Date	25 May 2018 (Friday)
Time	2:30 p.m 3:30 p.m.
Topic	"Protecting Multi-morbid AF Patient against Stroke in the Ageing Population: What is the Evidence-based Approaches" by Dr. David Hargroves
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

June's session:

Date	29 June 2018 (Friday)
Time	2:30 p.m 3:30 p.m.
Topic	"Common Facial Skin Diseases: Acne, Rosacea" by Dr. Lam Yuk Keung, Wallace
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
9 June 2018 2:00 – 3:30 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Update on Management of Acute Visual Loss Dr. Candice LIU Chi Han (Associate Consultant, Department of Ophthalmology, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087
9 June 2018 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Family-oriented Approach to Mental Health and Chronic Diseases Dr. LAM Wing Wo Private Family Doctor	Ms. Clara Tsang Tel: 2354 2440
5 July 2018 1:00 – 3:00 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Update on Injectable Diabetes Mellitus Treatment Dr. TSANG Man Wo [Consultant, Department of Medicine & Geriatrics, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration			
6 June 2018 (Wed)	6 June 2018 (Wed)					
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Sexually Transmitted Disease (Sexual Behavior, Community Resources) Dr. Chuang Chi Kit & Dr. Hou Jing	Ms. Mandy Leung Tel: 3506 8613			
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Emergency Care of Heat Related Illnesses Dr. Chong Kok Hung	Ms. Eliza Chan Tel: 2468 6813			
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Approach to Patients with Poorly Differentiated Symptoms Dr. Chan Wing Chi, Annie & Dr. Ma Man Ki, Katelyn	Ms Polly Tai Tel: 3949 3430			
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Practice Management: Clinical Waste Disposal Dr. long Ka I, Carol	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339			
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	New Trend of Government Policy in Primary Care Dr. Kong Ka Ming, Andrew	Ms. Carmen Kwong Tel: 2632 4371			



4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre,			
5.00 7.00 n m	Tuen Mun Hospital Room 041, 2 nd Floor, Pamela Youde	Dr. Tsui Sau In & Dr. Ng Mei Po Update on COPD Management	Tel: 2468 6813	
5:00 – 7:00 p.m.	Nethersole Eastern Hospital	Dr. Choi Sze Wai, Michelle	Ms W L Kwong Tel: 2595 6941	
13 June 2018 (We	d)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Patient's Illness Behavior Dr. Siu Wing Yee & Dr. Law Man Fong	Ms. Mandy Leung Tel: 3506 8613	
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Fall Prevention: Physiotherapist's Perspective and Fall Prevention Service at Community Care Centre Dr. Tsang Kam Wah	Ms. Eliza Chan Tel: 2468 6813	
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Evidence Based Screening Dr. Yeung Ka Yu, Doogie & Dr. Chau Yiu Shing, Sunny	Ms Polly Tai Tel: 3949 3430	
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Travel Medicine Dr. PY Fan	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339	
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	EPublic Private Interface (PPP) Dr. Lau Sin Mei, Mimi & Dr. Lim Foon Lian, Jacqueline	Ms. Carmen Kwor Tel: 2632 4371	
14 June 2018 (Th	u)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Medical Professional Insurance Worldwide Dr. Yip Pui Leung & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813	
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Sexually Transmitted Disease – Assessment and Management Dr. Lo Yuen Man, Emma	Ms W L Kwong Tel: 2595 6941	
20 June 2018 (We	ed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Paediatric Emergency in General Practice Dr. Wong Hin Hei, Henry & Dr. Hui Sau Wei, Alice	Ms. Mandy Leung Tel: 3506 8613	
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Community Health Centre Run by FM Dr. Kum Chung Hang & Dr. Chong Kok Hung	Ms. Eliza Chan Tel: 2468 6813	
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Complaint Management Dr. Tik Tsz Lik, Nicola & Dr. Ma Yuen Ying, Tammy	Ms Polly Tai Tel: 3949 3430	
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Knowing the Professional Bodies in Medical Ethics: MPS and Medical Council Dr. Chiu Yuen Chun, Dora	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339	
21 June 2018 (Th	u)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	ENT Emergencies Dr. Wan Ka Yan & Dr. Yip Chun Kong	Ms. Eliza Chan Tel: 2468 6813	
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde Nethersole Eastern Hospital	Family Medicine Development in Hong Kong and Oversea Dr. Yuen Man Ki, Vivian	Ms W L Kwong Tel: 2595 6941	
27 June 2018 (We	ed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Introduction to Conjoint Fellowship Examination (Part I) Dr. Tam Wah Kit Community Resource: Dietitian Ms. Bonnie Cheng (Dietitian)	Ms. Mandy Leung Tel: 3506 8613	
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Legal and Ethical Issue for Cosmetic Medicine Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813	
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common Symptoms in Orthopedics (Knee Pain, LBP, Hip Pain) Dr. Luk Sze Wan, Candy & Dr. Leung Hilching, Eunice	Ms Polly Tai Tel: 3949 3430	
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Psychological and Psychiatic Symptoms in Children Dr. Lee Chun Hui, David	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339	
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Challenges Facing Family Physicians in the 21st Century Dr. Ng Yui Wing, Joanne	Ms. Carmen Kwor Tel: 2632 4371	
28 June 2018 (Th	u)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Overseas Conference of Family Medicine and Experience Sharing Dr. Tse Hing Choi & Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813	
5:00 – 7:00 p.m.	Room 041, 2 nd Floor, Pamela Youde	Consultation Skill and Assessment – Video Review	Ms W L Kwong	















COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 May	14	9:00 p.m. Board of DFM Meeting	2:15 – 7:30 p.m. Structured Education Programme	17 1:00 - 3:30 p.m. CME Lecture 2:15 - 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	18	1:00 – 3:30 p.m. Interest Group in EBM
20 1:00 - 3:30 p.m. Interest Group in Chronic Disease & Geriatric 2:30 - 5:30 p.m. Dermatology Interactive Training Course 2018	21	22	2:15 – 7:30 p.m. Structured Education Programme	2:15 – 7:00 p.m. Structured Education Programme	2:30 – 3:30 p.m. Video Session	2:30 – 4:30 p.m. Interest Group in Counselling 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2018
27	28	29	2:15 – 7:30 p.m. Structured Education Programme	2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	1 Jun	2:00 – 4:00 p.m. Interest Group in Mental Health
3	4	5	6 2:15 – 7:30 p.m. Structured Education Programme	7 2:15 – 7:00 p.m. Structured Education Programme	8	9 2:00 – 4:00 p.m. Interest Group in Medical Humanities
10 2:30 - 5:30 p.m. Dermatology Interactive Training Course 2018	11	12 6:30 – 9:00 p.m. Family Medicine Career Talk 2018	13 2:15 – 7:30 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme	1:00 – 3:30 p.m. CME Lecture	16 2:30 – 5:30 p.m. AEC
17	18	19	2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	22	23
24	25	26	27 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	29 2:30 – 3:30 p.m. Video Session	2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2018

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: Education Programmes by Board of Education

Green : Community & Structured Education Programmes

Purple : College Activities

To find out more, contact us:



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