



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

Issue 170
April 2018

- 01 Message from the President
- 02 College News:
 - 02 Result of Reader's Survey 2017
 - 04 Diploma in Family Medicine (HKCFP) 2018-2019
 - 06 Certificate Course in Family Medicine (HKCFP) 2018 - 2019
 - 07 Internal Affairs Committee News, Membership Committee News
 - 08 Finance Committee News, Quality Assurance & Accreditation Committee News
 - 09 Board of Vocational Training and Standards News, Classified Advertisements
- 10 Feature: Refresher Training Course for Exit Examiners 2017
- 11 HKCFP Family Medicine Career Talk 2018
- 12 News Corner: LESS is MORE? – Believe it or not, it is true again!
- 13 HKCFP Trainees Research Fund 2018 / HKCFP Research Seed Fund 2018
- 14 College News: Meeting Highlights
- 15 Learning Points from Board of Education: Interest Group in Dermatology – The 64th Meeting on 3 March 2018
- 16 Board of Education News
- 20 College Calendar

Message from the President



I just spent my Easter break at Nanning for the 5th Cross-Straits Medicine Exchange Association Conference. Nanning is the capital city of Guangxi in southern China. It is known as the "Green City" because of its abundance of lush subtropical foliage.

Our delegates were headed by Prof. Donald Li and Prof. Cindy Lam who are the Chairman and Vice-Chairlady of the Exchange Association respectively. Prof. William Wong,

Drs. Jun Liang, Edwin Chan, Alex Zhang were all there to support. Dr. Dao Man Chi represented our Young Doctors Committee and Dr. Chiang Lap Kin received the best paper award. We had witnessed the second batch of three recipients of HKCFP Donald Li Scholarship. They were from Henan, Shanghai and Beijing and had previously attended the training course organized by the College. They will have the opportunity to attend the Family Medicine clinics at university, public and private sectors in Hong Kong for exchange of knowledge and ideas.

China has well recognised that Family Medicine will improve the health of population, lower the cost and result in less health inequality. The latest important China policy is to enhance the training of family doctors, speed up the infrastructure building of primary healthcare and promote the contract services of family doctors. The gatekeeper role and the importance of family doctor in dealing with episodic, chronic diseases, preventive care and the whole person healthcare management are highlighted. The training at the moment is 5+3+X. 5 is the basic medical school training. 3 is a Master degree in clinical medicine or postgraduate training in Family Medicine but unfortunately the trainees are mainly spending time in hospital training with very little community exposure! "X" is yet the undetermined future training to become a specialist FM doctor. Continuing medical education CME and continuing profession development are encouraged.

I was most impressed when the senior official from the National Health and Family Planning Commission openly highlighted the problems with uneven distribution of resources, training standard and quality, low wages, lack of promotion and professional development that the primary healthcare system is facing. The government understands the problems and is changing its policy to fulfil the primary healthcare need of the most populated country in the world. Not an easy task! At this very moment, China has 209,000 family doctors. By 2020, the ratio is 2-3 family doctors per 10,000 people and by 2030, the ratio is 5 per 10,000 people meaning there will be 650,000 family doctors.

To put a figure on how many trained Family Physicians is needed in Hong Kong, I have taken a leaf from the National policy of one family doctor per 2000 people. Hong Kong with a population of about 7.5 million requires 3750 trained Family Physicians to sustain the primary healthcare system. If the average working life of a doctor is 40 years, we need to train at least 94 Family Physicians per annum. The actual figure is much higher as some doctors may have a shorter working life, or are doing part-time job!

When we talk about the manpower, I don't know what the fuss is about regarding the proposed limited registration increasing to 3 years in order to attract more talent coming to work in Hong Kong. All those that voiced out Hong Kong had over supply of doctors 15 years ago have all gone submerged! I remember 4 years ago I had dinner with the Chief Executive of Hospital Authority, Controller for Centre for Health Protection, Dean of Faculty of Medicine HKU, a Professor in Dermatology and we were all non-Hong Kong graduates. A shy Director of Department of Health at the same table mentioned she was transferred to HKU after a first year medical school in UK. I was a Glasgow graduate from a very traditional medical school and Glasgow is home to one of the Royal Colleges in postgraduate training in UK. In the 1980s and 1990s, the National Health Services was staffed by a lot of overseas doctor to work at junior doctor level in order to sustain the UK health services. The attraction to Glasgow was to provide decent postgraduate training and these overseas doctors all planned to achieve UK postgraduate qualification. When I was working as senior house officer at the Glasgow Royal Infirmary, there was always an "international football team" with doctors from Australia, Malaysia, Africa, India and the now war torn countries like Iraq, Libya, Syria at the ward round. I did not just learn from the Scottish system but these overseas doctors had taught me to become a better doctor. I learnt from their goodies and their mistakes.

Hong Kong has a very high standard in Medicine and there is no doubt postgraduate training can be offered to attract overseas graduates to come here for training and services. A lot of overseas graduates are Hong Kong SAR citizens and have achieved postgraduate intermediate qualification as recognised by the 15 academic Colleges of the Hong Kong Academy of Medicine. These are the ones the Hospital Authority should target for and if in doubt seek the opinion from Education Committee of the Academy. Ultimately if these doctors opt to work beyond their limited registration, they still have to sit for the licentiate examination but exemption can be given to the specialty they have previously contributed in part of the clinical examination and the internship year. We all know in breeding from two origins will increase genetic disorder. Genetic diversity is good for a healthy clan and healthcare system!

Dr. Angus MW CHAN
President



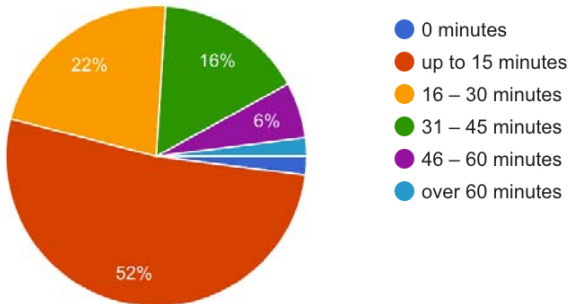
HKCFP Donald Li Scholarship Presentation

Result of Readers' Survey 2017

The survey was conducted in September and October 2017. 49 questionnaires were returned. The results are summarized and presented as below.

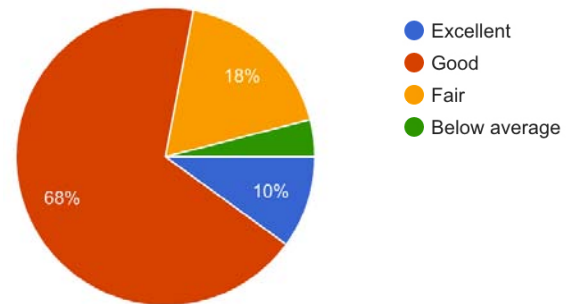
1. Time normally spent on each issue of FP Links

49 responses



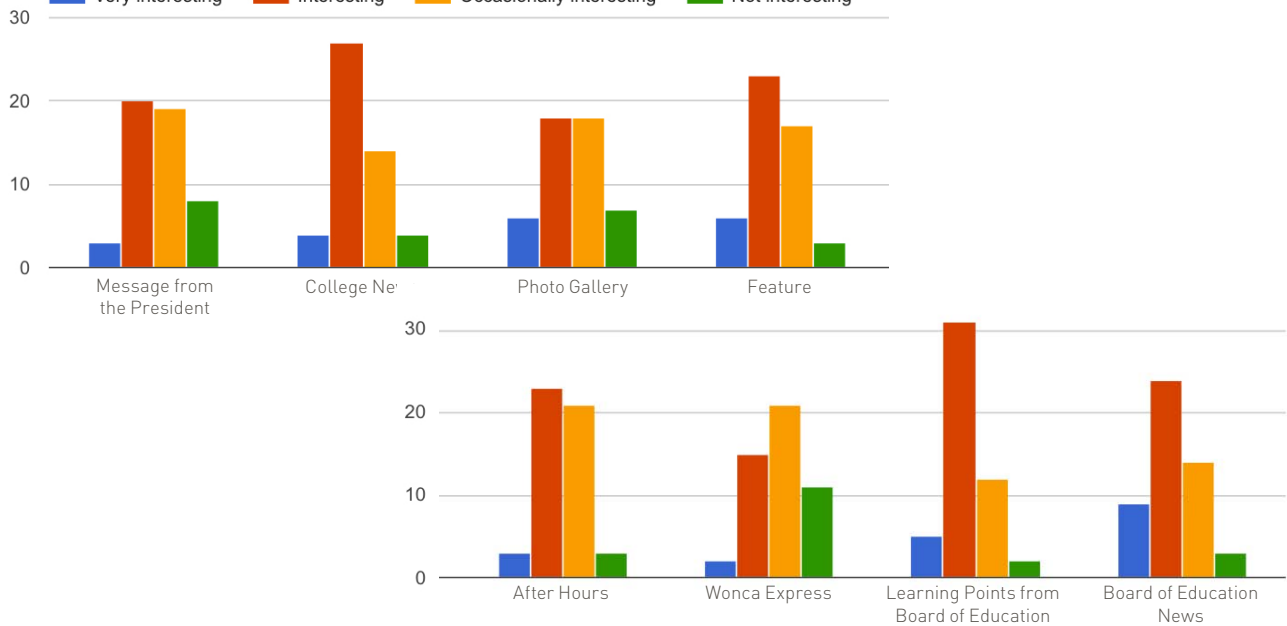
2. Rate FP Links as a newsletter of the College

49 responses



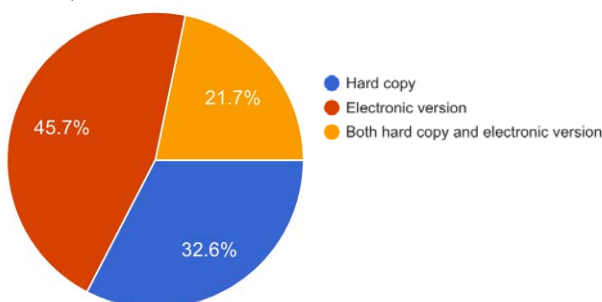
3. Rate the following columns in FP Links (Total returns: 49)

Very interesting (Blue), Interesting (Red), Occasionally interesting (Yellow), Not interesting (Green)



4. Preference in reading the FP Links if the electronic version is available

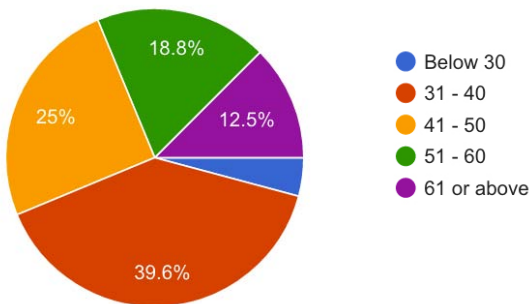
45 responses



5. Demographic characteristics of Readers (Total returns: 47)

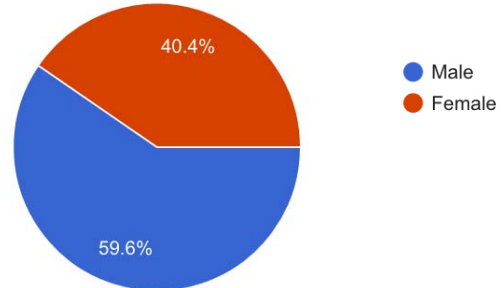
Age

47 responses



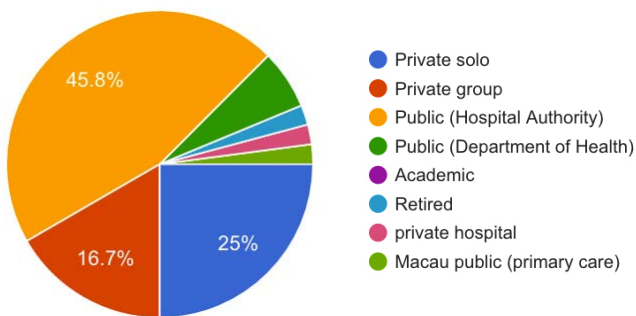
Gender

46 responses



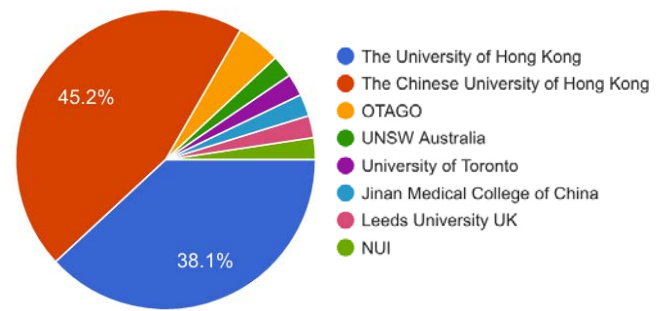
Type of Practice

47 responses



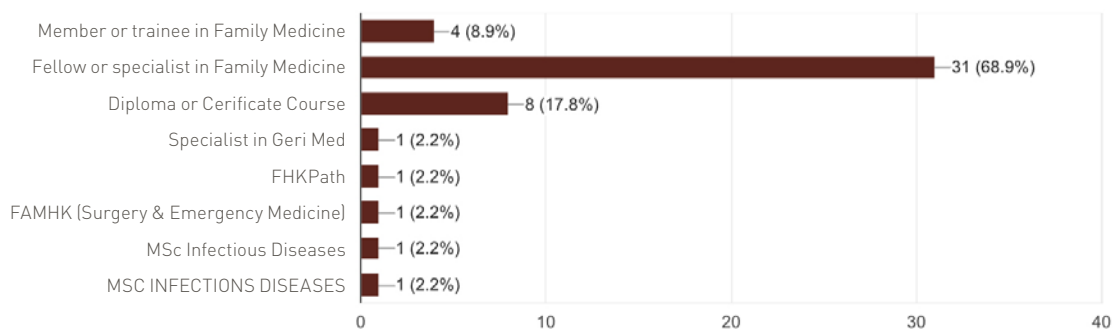
Name of Institution for Basic Medical Qualification

42 responses



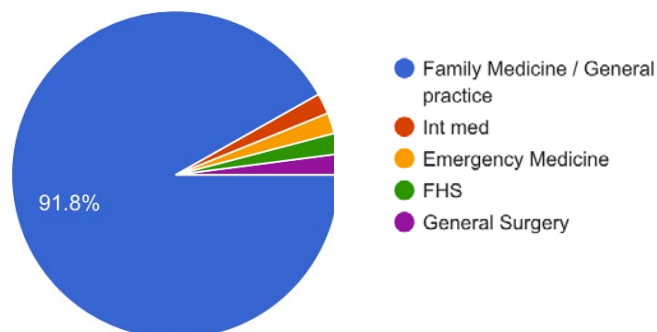
Post-graduation Qualification

44 responses



Specialty

48 responses



Diploma in Family Medicine (HKCFP) 2018-2019

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2018.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine & Critical Appraisal, and Sexual Health & Genomic Medicine issues

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Family Medicine, Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
Contents:	THREE update seminars plus clinical attachment on selected specialties

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2018	Module I
November 2018 to January 2019	Module II
July 2018 to May 2019	Modules III, IV & V
April / May 2019	Final Examination

5. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$36,000 for members of HKCFP
HK\$72,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before 21 May 2018)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,600	\$9,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,600	\$9,200
Module III (Structured Lectures & Seminars)	\$4,500	\$9,000
Module IV (Updates & Clinical Attachment)	\$4,500	\$9,000
Module V (Practical Workshops)	\$5,800	\$11,600
Examination	\$11,000	\$22,000
Administrative Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- iii) Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:
Applications are now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$36,000 (or HK\$72,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2017 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

11. Application Deadline: 29 June 2018
Comments from Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

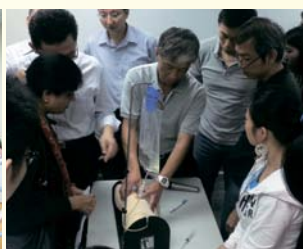
**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate in Family Medicine (HKCFP) 2018-19

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2018**.

The course consists of THREE Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a HALF year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of THREE compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) Knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2018 Segments I & II
Three workshops within 2018 Segment III

4. Admission Requirement:

Medical Practitioner with Bachelor's Degree in Medicine

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme

6. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

7. Course Fees:

HK\$ 10,500 for members of HKCFP
HK\$ 21,000 for non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Applications are now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$10,500 (or HK\$21,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu or Mr. Louis Law at 2871 8899 for any queries.

10. Application Deadline: 29 June 2018

**Course syllabus and schedule may be subject to change without prior notification*

Internal Affairs Committee News

The 31st Fellowship Conferment Ceremony and the 29th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding “**The 31st Fellowship Conferment Ceremony and the 29th Dr. Sun Yat Sen Oration**” on **24 June 2018 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.**

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Prof. Sophia CHAN, JP, Secretary for Food and Health, Food and Health Bureau of the Hong Kong Special Administrative Region**, would deliver the 29th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details are listed as follows.

- Events : (i) **The 31st Fellowship Conferment Ceremony**
(ii) **The 29th Dr. Sun Yat Sen Oration by Prof. Sophia CHAN, JP**
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 24 June 2018 (Sunday)
- Time : 4:45 p.m. – Cocktail reception
5:30 p.m. - Ceremony
- Remarks : 1 CME (Category 4.3)
- Dress Code: Business

This activity is free of charge to our College Fellows, members and their spouses.

*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony. Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO
Chairman, Internal Affairs Committee
HKCFP

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **February – March 2018**:

Transfer from Associate to Fellowship

Dr CHAN Ham	陳 涵
Dr CHAN Lam	陳 琳

Dr CHAN Pui Chuen	陳 沛 全
Dr CHAN Pui Kwan	陳 佩 君
Dr SO Tsang Yim	蘇 爭 艷

Associate Membership (New Application)

Dr LAI Hoi Lin	黎 海 連
Dr LAU Sin Mei	劉 善 美
Dr WONG Yuk Sen, Anna	汪 育 申
Dr YUEN Gabrielle Gaybel	袁 嘉 葆

Finance Committee News

Policy of Insufficient Mailing Postage

The College Council has reviewed the current policy on handling insufficient postage recently and decided to stop processing the Post Office "Notification of Collection unpaid Mail" with **immediate effective**.

The Post Office will return the postage due mails back to the sender if a return address was indicated. Otherwise the Post Office will scrap those postage due mails. For details please refer to Post Office website at https://www.hongkongpost.hk/tc/about_us/tips/sufficient_postage/index.html.

To avoid unnecessary delay or loss of mailings, senders are highly urged to ensure your mail items bear sufficient postage before posting. For weight and new postage details please visit Post Office website at https://www.hongkongpost.hk/filemanager/common/about_us/whats_new/press_release/2017/20171218a/appendix_e.pdf.

For any inquiry, please contact College Secretariat at +852 2871 8899 or email to membership@hkcfp.org.hk.

Thank you for your attention and support.

Dr Billy CF Chiu
Honorary Treasurer

Quality Assurance & Accreditation Committee News

Important news to members

Dear Members,

**RE: MCHK CME Programme for Practising Doctors
who are not taking CME Programme for Specialists**
(ver. 20 March 2018)

For members who have submitted the consent form earlier, please ignore this message

Members who start the next MCHK Cycle from **1 July 2018** and who opt to use the Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator through HKCFP will have the associated **administrative charge waived**.

Given the College Secretariat has now taken up the processing of MCHK CME record for members who use HKAM as their Administrator for the programme, **the associated administration charge will be waived provided that prior written consent is received by the College Secretariat**.

Interested members should note the following points:

1. MCHK registrants have the responsibility to liaise with your current CME Administrator (HKMA, DU, and DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from other CME Administrators to HKAM via College can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle. Please provide the CME Report for the Cycle Year(s) completed under other CME Administrators to College Secretary before the deadline, if you would like to transfer your administrator to HKAM via College.
3. In case of any discrepancy of the accredited CME Points between the College and the other Administrators, the College reserves the right of the final decision on the accredited CME Points.

As the College is required to report the CME Points to HKAM every 6 months,

4. MCHK CME registrants should continue to sign on the respective HKAM CME attendance record sheet for CME record purpose as usual. **To help the College secretariat distinguishing College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.**

The captioned free service is for our College members only. Interested members can download the required Registration Consent Form at www.hkcfp.org.hk > Download > 'MCHK CME Programme for Non-specialist' and return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before **22nd June 2018 (Friday)** to facilitate the necessary arrangements.

While the service is free of charge for all College members, submission may not be accredited if one fails to comply with the above-mentioned points. As usual, late submission may not proceed. Also, the MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion. In case of any discrepancy of the accredited CME Points, the College's accreditation is final.

HKCFP Secretariat

Board of Vocational Training and Standards News

Hong Kong Primary Care Conference (HKPCC) 2018 will take place from 23rd- 24th June 2018 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees who were enrolled from 2006 onwards are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All Higher Trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already mentioned in Trainee's logbook.

Please contact Charlotte or Kathy at 2871 8899 for details.

Board of Vocational Training & Standards

Classified Advertisements

Clinic to take over

A well-established busy clinic in Tokwawan, serving over ten thousand clients, linked with eight nearby old age home with lots of warmth from local people.
Whatsapp: 9411 0485 Dr. Wong

General Practitioner required for a well established accredited expatriate Medical Practice - some Sundays work. Interested parties, please email CV (Attn: Ms Linda Wills) to linda@otandp.com or ring 852-28662270 for information

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

OPPORTUNITY

FOR A DYNAMIC DOCTOR
TO BE PART OF THE BUSINESS.

MUST BE MEDICAL COUNCIL OF
HONG KONG REGISTERED.




EXPAT CLIENTELE IN EXCLUSIVE
CENTRAL ESTABLISHED PRACTICE.

Please contact with your CV to
doctorinhk@gmail.com



基層醫療
PRIMARY CARE

PRIMARY CARE DIRECTORY

-  Web-based directory
-  Contains personal and practice-based information of primary care providers
-  Good opportunity to make your practice known to the general public



ENROL NOW

at www.pcdirectory.gov.hk



衛生署
Department of Health



Refresher Training Course for Exit Examiners 2017

Dr. Luk Kam Hung (Vice-chairman (Internal Affairs, Specialty Board, HKCFP))

The Specialty Board has been striving to keep the HKCFP Exit Examination valid, fair and affordable to all stakeholders. In the past, we have Examiners' Standardization Workshop to keep our examiners updated about marking the candidates. With more and more fellows joining us as Exit Examiners, the workshop had been reformed into a Refresher Training Course for Exit Examiners this year. This new course, consisted of 4 sessions, had been held in November and December 2017:

Date	Segment	Panel of speakers
23 November 2017	Practice Assessment	Dr. Luk Kam Hung Dr. Chan Man Li Dr. Yiu Yuk Kwan
11 December 2018	Research	Prof. Martin Wong Prof. Doris Young Prof. Cindy Lam Prof. William Wong Dr. Chin Weng Yee Dr. Catherine Chen
12 December 2018	Clinical Audit	Dr. Alfred Kwong Prof. Doris Young Dr. Lisa Cheng Dr. David Cheng
14 December 2018	Consultation Skill Assessment	Dr. Ko Wai Kit Prof. Doris Young Dr. Ho Ka Ming Dr. Jenny Wang

Objectives of the course were to provide a comprehensive review on different segments of the Exit Examination; to discuss, and hence to reach consensus on the required standard of marking.

Examiners, trainee examiners, and examination observers were invited to our course. They were asked to complete pre-course assignment (marking simulated examination paper/ cases) before attending the respective sessions. In each session, segment coordinator and delegates gave overview of individual examination segment, followed by discussion on the pre-course assignment. The discussion had been more extensive and interactive than what we could have in the previous examiner standardization workshops.

Thanks to Exit Examination segment coordinators, subcommittee members and Specialty Board secretaries for taking up the tough work of organizing this Refresher Training Course. We are especially grateful to have Professor Doris Young (our Exit Examination External Examiner) and Professor Cindy Lam (our College Censor) sat in the panel of speakers leading a fruitful discussion. We are evaluating the feedback from the participants to make it better. See you soon in the 2018 Refresher Training Course.



Refresher Course in Practice Assessment Segment on 23 November 2017



Group photo of Professor Doris Young (middle of 1st row), the panel and participants of Refresher Course in Consultation Skills Assessment Segment



Panel of Refresher Course in Clinical Audit Segment



Participants and the panel of Research Segment



HKCFP Family Medicine Career Talk 2018



Date : 12 June 2018 (Tuesday)
Time : 18:30 - 21:00
Venue : MG Lecture Theater, Block M,
 Queen Elizabeth Hospital,
 30 Gascoigne Road, Kowloon,
 Hong Kong

Organiser : Young Doctors Committee,
 the Hong Kong College of
 Family Physicians



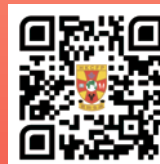
Content:

- Training & Development of Family Medicine in Hong Kong
- Life and career path of family physicians in public and private settings
- Interactive small group sharing by family physicians with participants

Registration:

- Free-of-charge
- With light refreshments
- Booking via Google form

For other enquiry,
 please contact Ms. Erica So or Ms. Kathy Lai
 through email YDC@hkcfp.org.hk or
 telephone at 2871 8899.



LESS is MORE? – Believe it or not, it is true again!

When we are advising our diabetic patients to lose weight, it is usually about modifications in diet content and amount, and how adequately exercises should be done. Something that we may not have thought of before, or may not have scientific proof in the past, has turned out to be effective as well – the eating speed.

The evidence comes from an analysis of longitudinal health check-up data of Japanese diabetic men and women. Panel data from 2008 to 2013 were generated from commercially available insurance claims data and health check-up data obtained during that period. Body mass index was measured and obesity defined as BMI ≥ 25 . After exclusion of subjects with missing data for BMI and lifestyle habits, the sample comprised a total of 59 717 individuals.



Primary outcome of this study was obesity status, while the secondary ones were BMI and waist circumference. Other variables were also included in the study, e.g. lifestyle habits.

Lifestyle habits were evaluated from the responses to questions asked during health check-up, with the corresponding categorical variables shown below.

Questions	Answers to the questions
Eating speed	Fast, Normal, Slow
Eating dinner within 2 hours of sleeping (>=3 times per week)	Yes, No
After-dinner snacking (>=3 times per week)	Yes, No
Skipping breakfast (>=3 times per week)	Yes, No
Alcohol consumption frequency	Everyday, Occasionally, Rarely, Never
Sleep adequacy	Yes, No
Tobacco consumption	Yes, No



The generalized estimating equation model showed that eating more slowly inhibited the development of obesity. The odds ratio for slow-speed (0.58) and normal-speed eaters (0.71) with $P < 0.001$ demonstrated that these groups are less

likely to be obese than fast eaters. Not having food after dinner or within 2 hours before sleep are also found to have an encouraging effect on reducing excess body weight. Moreover, the fixed-effects models showed that eating slower reduced BMI and waist circumference.

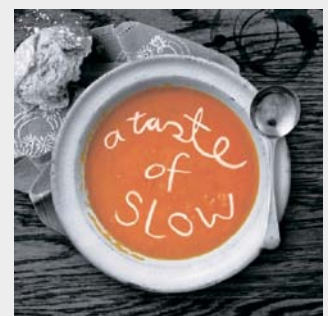
Despite possible reporting bias of self-assessed lifestyle habits and inclusion of relatively health-conscious individuals joining the health check-up in the analysis, it is a large-scale panel data analysis of nearly 60 000 diabetic subjects over a 6-year duration verifying the effects of changes in eating speed on obesity.



From now on, apart from which types of food are more or less favorable in weight control, we can also advise our diabetic patients: 'the LESS fast you eat, the MORE weight you lose.'

Reference

Hurst Y, Fukuda H. Effects of changes in eating speed on obesity in patients with diabetes: a secondary analysis of longitudinal health check-up data. *BMJ Open* 2018 Feb 12;8(1):e019589. doi: 10.1136/bmjopen-2017-019589.



Compiled by Dr. Cheng Chun Sing, David

HKCFP Trainees Research Fund 2018 / HKCFP Research Seed Fund 2018

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the paper (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each Research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: hkcfp@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2018**” or “**HKCFP Research Seed Fund 2018**” on your research project upon submission.

Submission Deadline: 31st October 2018

Supported by HKCFP Foundation Fund

Meeting Highlights

Update on Primary Care Management of GERD on 4 March 2018

Dr. Wong Wai Man Raymond, Specialist in Gastroenterology and Hepatology, delivered a lecture on "Update on GERD Management Guidelines: From WGO Guidelines to Asia Pacific Consensus", Prof. Wu Che-Yuen Justin, Professor, Institute of Digestive Disease; Associate Dean (Development), Faculty of Medicine, CUHK, delivered a lecture on "Dealing with Safety Concern of PPIs: A Practical Guide", Dr. Wong Wai-Yin Vivien, Specialist in Surgery, Prince of Wales Hospital, delivered a lecture on "Mechanism and Management of PPI-refractory GERD" and Dr. Tan Ping Yi Victoria, Specialist of Gastroenterology and Hepatology, delivered a lecture on "Diagnosis and Management of Functional Heartburn".



Dr. Stephen Foo (left, Censor), Dr. Tse Sut Yee (right, Moderator) presenting a souvenir to Dr. Raymond Wong (middle, Speaker) during the lecture on 4 March 2018.



(From left to the right) Dr. Alvin Chan (Chairman of Board of Education), Dr. Stephen Foo (Censor), Prof. Justin Wu (Speaker), Dr. Victoria Tan (Speaker), Dr. Vivien Wong (Speaker), Dr. Mary Kwong (Council Member) and Dr. Tse Sut Yee (Moderator) took a group photo on 4 March 2018.

Joint Interest Group in Chronic Diseases & Geriatric and Interest Group in Counselling

Dr. Wong Kin Shing, Paul, Deputy Medical Superintendent of Sister Annie Skau Holistic Care Centre, Haven of Hope Christian Service, delivered a lecture on "Psychosocial-spiritual Needs and Support to End-of-life Patients and Families in Primary Care Setting" and Chaplain John Lai and Chaplain Judy Chiu, PSS Team of Haven of Hope Christian Service, delivered a lecture on "Counselling & Support for Patients with Advanced Illness" on 10 March 2018.



Dr. Stephen Foo (right, Moderator), presenting a souvenir to Dr. Paul Wong (2nd from the right, Speaker), Chaplain John Lai (2nd from the left, Speaker) and Chaplain Judy Chiu (left, Speaker) during the lecture on 10 March 2018.

CME Lecture on 15 March 2018

Prof. Preston R Mason, Senior Academic and Research Faculty, Department of Medicine, Brigham & Women's Hospital, Harvard Medical School, Boston, MA, delivered a lecture on "Treating Beyond Hypertension—A Tale of a Unique Compound" on 15 March 2018.



Dr. Au Yeung Shiu Hing (left, Moderator), presenting a souvenir to Prof. Preston R Mason (right, Speaker) during the lecture on 15 March 2018.

Certificate Course in Practice Management

The 3rd session of the Certificate Course on Practice Management was held on 17 March 2018. Dr. Chan Ming Wai, Angus, Specialist in Family Medicine, delivered a lecture on "Management of Pharmacy, Dispensary and Dangerous Drug".



Dr. Fung Hoi Tik (right, Moderator), presenting a souvenir to Dr. Angus Chan (left, Speaker) during the lecture on 17 March 2018.

CME Lecture on 18 March 2018

Dr. CHAN Ngai Ho, Tony, Specialist in Geriatrics Medicine, delivered a lecture on "New Insights on Overactive Bladder and its Management in the Community" and Prof. Wong Ka Sing, Specialist in Neurology, delivered a lecture on "LUTS and Neurological Diseases".



Dr. Hung Wai Yin (left, Moderator), presenting a souvenir to Dr. Tony Chan (right, Speaker) during the lecture on 18 March 2018.



Dr. Hung Wai Yin (left, Moderator), presenting a souvenir to Prof. Wong Ka Sing (right, Speaker) during the lecture on 18 March 2018.

Interest Group in Dermatology – The 64th Meeting on 3 March 2018

Dr. Lee Shek Hang – College Member

- Theme** : **Cutaneous Manifestations in Spondyloarthritis**
- Speaker** : **Dr. Sung Chi Keung**
- Moderator** : **Dr. Lam Wing Wo**, Board of Education

Learning points

In this presentation, Dr. Sung discussed the concept of spondyloarthritis (SpA), the cutaneous manifestations in SpA, the relationship between psoriasis and psoriatic arthropathy, and finally the treatment goal and biological therapy of psoriasis.

SpA is an umbrella term, encompassing a group of inflammatory conditions with shared common features, including ankylosing spondylitis, psoriatic arthritis, reactive arthritis, arthritis associated with ulcerative colitis / Crohn's Disease, acute anterior uveitis, "juvenile SpA", and undifferentiated SpA. The Assessment of SpondyloArthritis International Society (ASAS) criteria broadly classifies SpA into axial SpA and peripheral SpA.

There has been strong association found between SpA and the human leukocyte antigen (HLA)-B27, with HLA-B27 found positive in 90-95% of patients with ankylosing spondylitis, and 50-60% of patients with psoriatic arthropathy.

The gut flora has also been incriminated as having a role in the pathogenesis of SpA. Normally, the gut flora is separated from the host by a gut epithelial barrier. When the integrity of the barrier is compromised, the gut flora become capable of initiating a systemic immune response, in which a cascade of events leads to inflammation in many patients with SpA.

Examples of cutaneous manifestations in SpA may include psoriatic skin and nail changes, erythema nodosum, pyoderma gangrenosum, circinate balanitis, and keratoderma, etc.

Psoriasis and psoriatic arthropathy are closely related. Both diseases share similar clinical features, genetic predisposition, immunopathogenesis, and response to anti-IL17 therapy. On the other hand, appropriate treatment for psoriasis could achieve complete

remission of the cutaneous manifestations; while in psoriatic arthropathy, joint damages are permanent and irreversible despite drug treatment.

The treatment goal of psoriasis, as from the Delphi consensus, is to aim at involvement of $\leq 1\%$ of body surface area at 3 months after treatment initiation. Biologics are highly effective treatment modalities. Ustekinumab (anti-IL 12/23) is the first-line biologics in psoriasis, while Secukinumab (anti-IL 17) and anti-TNF therapy are the first line biologics in treating psoriasis and psoriatic arthropathy.

Biologics are safe and well tolerated in general. The major risk associated with biologics is the increased risk of tuberculosis (TB). It is recommended that latent TB should be screened by Mantoux test or Interferon gamma release assay (IGRA) before initiating targeted therapy. Isoniazid prophylaxis can be used for those with latent TB, with risk of TB activation reduced by up to 80% while on biologics.

Next Meeting

The next meeting will be on 5 May 2018 (Saturday). The guest speaker is Dr. Tong Bik Sai Bessie, Specialist in Dermatology and Venereology, who will speak to us on Common Facial Rashes. All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) two weeks before the date of presentation.



Dr. Lam Wing Wo (Moderator, left) and Dr. Sung Chi Keung (Speaker, right)

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2018

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisors** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2018
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)
HK\$950 (Spot admission for each seminar or workshop only)
All cheques payable to "HKCFP Education Ltd"
All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Registration form is available at College website: http://www.hkcfp.org.hk/pages_9_463.html.
Please return the completed application and the cheque to the Secretariat for processing. Please call the College Secretariat, Ms. Teresa Liu or Ms. Windy Lau, at 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2018 Timetable for Workshop

Date	Topics	Venue
21 April 2018 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
12 May 2018 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
16 June 2018 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
21 July 2018 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
25 August 2018 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
6 October 2018 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

5 May 2018
Saturday
Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	Common Facial Rashes	
Speaker	Dr. Tong Bik Sai Bessie Specialist in Dermatology & Venereology	
Co-ordinator & Chairman	Dr. Lam Wing Wo The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Lunch	2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Free	Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	



HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
GlaxoSmithKline Consumer Healthcare (Hong Kong) Limited

7 May 2018
Monday
Benefits and Practical Use of Ultra-Long Acting Basal Insulin- A Primary Care Perspective
Prof. Richard HOLT

*Professor in Diabetes & Endocrinology,
University of Southampton, UK*

Chairman	Dr. Chan King Hong The Hong Kong College of Family Physicians	
Time	6:30p.m. – 7:00 p.m. Registration	7:00 p.m. – 8:30 p.m. Lecture & Discussion 8:30 p.m. – 9:30 p.m. Dinner
Venue	Diamond Room, 5/F, Cityview Hotel, 23 Waterloo Road, Yau Ma Tei, Kowloon	
Admission Fee	College Fellow, Full or Associate Members Free	Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	



Sponsored by
Novo Nordisk Hong Kong Limited

19 May 2018
Saturday
Board of Education Interest Group in Evidence-Based Medicine (EBM)

Topic	Evidence-based Influenza Vaccination: Who should get it?	
Speaker	Dr. Hui Lai Chi, Primus	
Moderator	Dr. Ip Sui Wah, Victor The Hong Kong College of Family Physicians	
Time	Part A 2:15 pm to 3:15 pm Lecture	Part B 3:15 pm to 4:15 pm Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members Free	Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Discussion will be in English or bilingual.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible. Please bring along your mobile internet device if available.	
Note	Participants are expected to take an active role in discussion during the workshop. They are requested to take part in a simple survey on the prescription of medications for common cold. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.	


26 May 2018
Saturday
Board of Education Interest Group in Counselling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	What family doctors need to know when communicating with deaf families? Sharing from representatives of CODA (Children of Deaf Adults)	
Speaker	Representative from Children of Deaf Adults (CODA)	
Moderator	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	2:30 p.m. – 4:00 p.m. Lecture & Theme Presentation	4:00 p.m. - 4:30 p.m. Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members Free	Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	



Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

April's session:

Date	27 April 2018 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Holistic Diabetes Management - Is it all about Glycaemic Control Only?" by Dr. Ip Tai Pang
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register
Online

May's session:

Date	25 May 2018 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Protecting Multi-morbid AF Patient against Stroke in the Ageing Population: What is the Evidence-based Approaches" by Dr. David Hargroves
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register
Online

Community Education Programme

Open and free to all members HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
10 May 2018 1:00 – 3:00 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Assessing Febrile Frail Elderly Patients Dr. Edmund SHA Kwok Yiu (Deputy Chief of Service, Department of Medicine & Geriatrics, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087
12 May 2018 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Foot Problems - Care and Management Mr. Jackie FAN Pod i/c (Podiatry), OLMH	Ms. Clara Tsang Tel: 2354 2440
9 Jun 2018 2:00 – 3:30 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Update on Management of Acute Visual Loss Dr. Candice LIU Chi Han (Associate Consultant, Department of Ophthalmology, United Christian Hospital)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 May 2018 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	How to Break Bad News Dr. Wong Ching Keung & Dr. Lee Wing Lam Community Resources: Physiotherapist Ms. Luk Lai Mei, May	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Management of Abnormal IX: Renal Function Test Dr. Tsang Kam Wah	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Patient Education and Empowerment Dr. Luk Sze Wan, Candy & Dr. Lai Hoi Lin, Cindy	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	First Aid: Pre-Hospital Trauma Life Support (by Hong Kong St. John Ambulance) Dr. Lit Chau Hung	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
3 May 2018 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach: Common Minor Aliments in Pregnancy and Lactation Dr. Tang Hoi Yan & Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Infection Control in Out-Patient Clinic Dr. Chan Yuen Ling, Carrie	Ms W L Kwong Tel: 2595 6941

9 May 2018 (Wed)

2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Child & Adolescent Psychological Problems Dr. Wong Kai Hei & Dr. Ho Ka Ki	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Primary Care of Adults with Intellectual & Developmental Disabilities Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Breastfeeding Dr. Lee Shek Hang, Henry & Dr. Wong Sze Man	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Update on Management of Coronary Artery Disease Dr. Frankie Tam	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Consultation Skill Presentation – Video Consultation Dr. Maria Leung	Ms. Carmen Kwong Tel: 2632 4371

10 May 2018 (Thu)

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Common Behavioral Problem for Children: Infantile Colic, Feeding, Sleep Problem Dr. Li Shun Hoi & Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Critical Appraisal - Introduction and Practical Exercise Dr. Tai Lik	Ms W L Kwong Tel: 2595 6941

16 May 2018 (Wed)

2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Health Care Delivery System in China (Opportunity for Doctor to Practice in China) Dr. Chan Kiu Pak, Kilpatrick & Dr. Leung Kwan Wai, Amas	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Screening & Management of Osteoporosis Dr. Lam Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Community Resource : Physiotherapist, Occupational Therapist Dr. Hui Yuk Ting, Candy & Dr. Chang Hsu Wei	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Journal Club Dr. Matthew Lee	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Emergency Care: Heat Stroke, Animal Bite, Electric Shock, Lightning Striking Dr. Ng Yui Wing, Joanne & Dr. Chung Hiu Yeung, Arthur	Ms. Carmen Kwong Tel: 2632 4371

17 May 18 (Thu)

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Suicidal Ideation & Behavior in Children and Adolescents: Evaluation & Management Dr. Lo Cheuk Wai & Dr. Wong Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Medical Emergency Related to Travel Abroad Dr. Fong Pak Yiu, Hugo	Ms W L Kwong Tel: 2595 6941

23 May 18 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Approach to Abnormal Laboratory Results (Haematopathology) Dr. Chan Kam Sheung & Dr. Chiu Ho Ching	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Update Management of Endocrine Disease [2] -- Thyroid Disorder such as Hyper/ Hypothyroid, Goitre etc. Dr. Hun Pek I	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Pitfalls in Accident and Emergency Care Dr. Lim Martina & Dr. Wong Chung Ming, Tom	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	'Keeping Doctors Alive!' An Interactive Seminar to Avoid Burnt Out Dr. Dana Lo	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339

24 May 18 (Thu)

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Resp Disease such as COAD and Asthma Dr. Lam Kang & Dr. Lee Hoi Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Psychotropic Drugs Handling and Dangerous Drugs Ordinance Dr. Lee Ying Cheung, Jacky	Ms W L Kwong Tel: 2595 6941

30 May 18 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Consultation Enhancement (Physical Examination and Video Consultation) Dr. Hui Sau Wei, Alice & Dr. Wong Hin Hei, Henry	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Prosthetics and Orthotics Service with Clinic Visit Dr. Zhang Dingzuan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Volunteer Doctors Dr. Wong Yu Man, Tracy & Dr. Yau Chi Yan, Davy	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Rational Use of Antibiotics in the GOPD Setting Dr. Esther Pang	Ms. Chloe Leung/ Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Practice Management: Clinical Waste Disposal, Disinfection, DD Handling Dr. Yan Chi Yung, Barry	Ms. Carmen Kwong Tel: 2632 4371

31 May 18 (Thu)

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Travel to Exotic Places: Issues on Infection, High Altitude, Diving etc. Dr. Tong Ka Hung & Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Impact and Value of Accreditation in Health Care Service Quality Dr. Yuen Man Ki, Vivian	Ms W L Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Apr	16	17	18 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	19 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	20 <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	21 <i>2:30 – 5:30 p.m.</i> Assessment Enhancement Course
22 <i>2:30 – 5:30 p.m.</i> Dermatology Interactive Training Course 2018	23	24	25 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	26 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	27 <i>2:30 – 3:30 p.m.</i> Video Session	28 DFM Written Examination
29 DFM Clinical Examination	30	1 May	2 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	3 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	4	5 <i>1:00 – 4:00 p.m.</i> Interest Group in Dermatology
6 <i>2:30 – 5:30 p.m.</i> Dermatology Interactive Training Course 2018	7 <i>6:30 – 9:30 p.m.</i> CME Dinner Symposium	8	9 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	10 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	11	12 <i>2:30 – 5:30 p.m.</i> Assessment Enhancement Course
13	14	15 <i>9:00 p.m.</i> Board of DFM Meeting	16 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	17 <i>1:00 – 3:30 p.m.</i> CME Lecture <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	18	19 <i>1:00 – 3:30 p.m.</i> Interest Group in EBM
20 <i>2:30 – 5:30 p.m.</i> Dermatology Interactive Training Course 2018	21	22	23 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	24 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	25 <i>2:30 – 3:30 p.m.</i> Video Session	26 <i>1:00 – 3:30 p.m.</i> Interest Group in Counselling

FP LINKS EDITORIAL BOARD 2017

Board Advisor : Dr. Wendy Tsui	Feature:	Dr. David Cheng <i>Section Editor</i>	Dr. Tam John Hugh <i>Deputy Section Editor</i>
	News Corner:	Dr. Sze Hon Ho <i>Section Editor</i>	Dr. Natalie Siu <i>Deputy Section Editor</i>
Chief Editor : Dr. Catherine Ng	After Hours:	Dr. Judy Cheng <i>Section Editor</i>	Dr. Yip Tze Hung <i>Deputy Section Editor</i>
	WONCA Express:	Dr. Ho Ka Ming <i>Section Editor</i>	Dr. Fok Peter Anthony <i>Deputy Section Editor</i>
Deputy Editors: Dr. Anita Fan Prof. Martin Wong Dr. Natalie Yuen	Photo Gallery:	Dr. Maria Leung <i>Section Editor</i>	Dr. Christina Cheuk <i>Deputy Section Editor</i>
	Board of Education News:	Dr. Alvin Chan <i>Section Editor</i>	
	Board Members:	Dr. Chan Man Li Dr. Heidi Fung Dr. Alfred Kwong Dr. Law Tung Chi	Dr. Ngai Ka Ho Dr. Sin Ming Chuen Dr. Tsui Hiu Fa



Back row (left to right): Dr. Sin Ming Chuen, Ms. Alky Yu, Dr. Sze Hon Ho, Dr. David Cheng, Dr. Fok Peter Anthony, Dr. Cheuk Christina, Dr. Tam John Hugh and Dr. Ken Ho
Front row (left to right): Dr. Heidi Fung, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Anita Fan and Dr. Natalie Siu



Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

"Restricted to members of HKCFP. The views expressed in the Family Physicians Links represent personal view only and are not necessarily shared by the College or the publishers. Copyrights reserved."


Contact and Advertisement Enquiry Ms. Alky Yu
Tel: 2871 8899 Fax: 2866 0616
E-mail: alkyyu@hkcfp.org.hk

The Hong Kong College of Family Physicians
Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

To find out more, contact us:

 www.hkcfp.org.hk  2871 8899

 hkcfpl@hkcfp.org.hk

 Find us on: **facebook.** The Hong Kong College of Family Physicians