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Message from the President



Dearest All, The official birthday of our beloved College was 22nd July 1977. I am exceptional proud of the College's achievements over the past 40 years. Happy Birthday everyone!

With the new Hong Kong SAR Administration, the Medical Registration (Amendment) Bill 2017 will go through the Legislative Council again in July. According to the Government's latest proposal, it was suggested that the Academy's representatives would be elected by the Academy in accordance with its regulations or procedures. As promised, I will update you on the latest developments.

The Academy of Medicine had done a survey in early 2017. 63% of respondents disagreed or strongly disagreed that the 2 representatives from the Academy should be appointed by the Chief Executive. Most respondents also agreed that the equality of representation across Colleges was essential for nomination (72% of respondents) and election (69% of respondents) of representatives, who should have been Academy Fellows for at least 5-10 years to gain sufficient expertise in the profession.

A special meeting was conveyed on 8th June 2017, Prof. CS Lau, the Academy President opined that the current nomination and election mechanism being adopted for years might need to be changed with time and not to be seen as running like a union or association. I totally agreed the current mechanism had to be changed. Finally the followings were agreed at the meeting:

- Changes to the Academy's current nomination and electoral systems were inevitable.

- Equality amongst Colleges was to be maintained.
- Fellows would be involved in the nomination and / or election stage(s).
- Each College was to make one nomination.
- The process of nomination of representative would be decided by individual Colleges, provided that the principle of having College Fellows involved was met.
- Proportional representation system (or similar) could be adopted in the nomination / election.

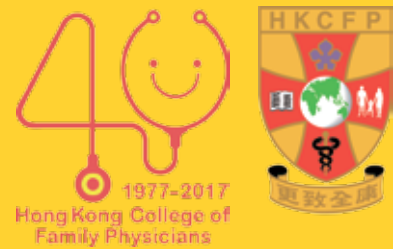
Engagement of Fellows in the consultation on the Council's proposed changes to the current mechanism was crucial. College Presidents were urged to communicate with their Fellows by respective means where appropriate.

Then the second special meeting was called on 7th July. This time there was a heated debate on the nomination process, number of fellows from each College to be nominated and the election process. We all agreed the nominee must have the credential, ability, understand the functionality and core value of the Academy and be willing to serve the Hong Kong community at large. We could not agree on the nomination process at all. The good news is the Academy will host a forum very soon to gather views from all fellows before setting up the options for general voting on the process of nomination and election. I am very pleased the Academy has adopted an open and democratic system. Do come and express your view at the forum.

Dr. Angus MW CHAN
President



HKCFP 40th Anniversary Celebration First Day Cover and Stamp Gift Pack



Dear Members,

We are so excited that the Hong Kong College of Family Physicians has our very own First Day Cover (*Photo 1*) and Stamp Gift Pack (*Photos 2&3*)!

2017 is the 40th Anniversary of our College. In celebration for our 40th Anniversary, the Celebration Organising Committee has prepared a First Day Cover to be posted to you with the July 2017 issue of FP Links. The stamp used on your First Day Cover would be one of twelve stamps selected randomly from the 40th Anniversary Stamp Gift Pack (*Photo 3*).

We would also like to take this opportunity to let you know that we truly appreciate your continuing support towards the College over the years. Please accept this First Day Cover as a small token of appreciation from the College. We hope it will bring you fond memories in the years to come.

In addition, HKCFP members can enjoy a special offer for purchasing the 40th Anniversary Stamp Gift Pack at HK\$198 per set. Please contact the College Secretariat Ms. Cherry Chan by emailing to membership@hkcfp.org.hk to place your order while the stock lasts.

With best regards,

Dr. David CHAO
Chairman,
HKCFP 40th Anniversary Celebration Organising Committee



Photo 1: First Day Cover



Photo 2: Stamp Gift Pack (Cover)



Photo 3: Stamp Gift Pack (Stamps)



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

40th Anniversary Celebration Stamp Gift Pack Order Form

Please complete and return this order form by email to membership@hkcfp.org.hk or by fax to (852) 2866 0616



Item	Size	Price (HK\$) (Non-member)	Price (HK\$) (Member)	Quantity	Sub Total (HK\$)
Stamp Gift Pack	Open: 440x310mm Closed: 220x310mm	HK\$238 each	HK\$198 each		
Grand Total:					

Each Stamp Gift Pack includes 1 pane of Heartwarming Stamps
(Postage fees are not included in the prices)

Delivery Method (please ✓ as appropriate)	
<input type="checkbox"/> Self-Collection from College	<input type="checkbox"/> Wong Chuk Hang Office (Office Hour: Mon – Fri, 9:00 – 17:30) <input type="checkbox"/> Wan Chai Office (please contact the Secretariat on tel: (852) 2871 8899)
<input type="checkbox"/> Local Posting Service*	<input type="checkbox"/> HK\$5.7 /pack (Local Mail) <input type="checkbox"/> HK\$21.2/pack (Local Registered Mail)

*Subject to prevailing postal rates of Hong Kong Post Office for further increments.

Contact Details	
Name :	_____
Tel :	_____
Email :	_____
Member ID :	_____
Delivery Address :	_____

Total Price	
Stamp Gift Pack	HK\$
Delivery Charges	HK\$
Total to-pay	HK\$

Payment Method	
<ul style="list-style-type: none"> Full payment by crossed-cheque payable to: The Hong Kong College of Family Physicians 	
Cheque No.:	_____
Bank:	_____
Please mail the cheque to: The Hong Kong College of Family Physicians, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.	

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **May – June 2017**:

Associate Membership (New Application)

Dr CHAN Kam Sheung	陳錦嫦
Dr HUNG Leong Pan	洪亮斌
Dr LEE Kwok Tung, Rayson	李國東
Dr LI Wai Sum	李慧芯
Dr LEUNG Wai Man, Raymond	梁偉民
Dr LIU Cheuk Ying, Shirene	廖卓螢
Dr NG Kenneth Cheuk Kee	吳卓基
Dr TSANG Hing Wing	曾慶榮
Dr TSANG Kwok Ying, Ingrid	曾嫻瑛

Affiliate Membership (New Application)

Ms PANG Yuen Lai 彭遠麗

Non-HKSAR Membership (New Application)

Dr CHEUNG Chun Tat 張俊達

Student Membership (New Application)

Ms TONG Ann Marie Jing Man 唐靜敏

Reinstatement of Associate Membership

Dr LAU Wing Sze 劉詠思

Resignation of Full Membership

Dr HO Kee Tung 何其通

Resignation of Associate Membership

Dr WONG Chi Yan 黃智恩



RESPECTING LIFE • IMPACTING LIFE

Haven of Hope Christian Service

A non-profit making and inter-denominational Christian organization is now looking for high-caliber candidates who would align with our Mission: "Through a ministry of holistic care, we strive to share the Gospel and develop a Christian community. In the love of Christ, we deliver our service in a caring, professional and progressive spirit so that the lives of those serving and being served are mutually enriched." The position which paves for a rewarding career is:

Family Physician Full or Part Time / Locum

(Ref: PHS/FP/HKCFP)

- Registered Medical Practitioner with the HK Medical Council
- Provide Primary Health Services at Clinic(s) in Tseung Kwan O District

Interested parties, please send full resume with expected salary and reference no. quoted to **Haven of Hope Christian Service, Staff Engagement Department** via email to se@hohcs.org.hk or Fax: 2704 5797.

For further enquiries, please contact Ms. Cho at 2703 3324.

For details about our organization, please visit www.hohcs.org.hk

Only short-listed candidates will be notified. Data collected will be used for recruitment purpose only.

"Hong Kong Code of Marketing of Formula Milk and Related Products, and Food Products for Infants & Young Children"

Issued in June 2017

保障嬰幼兒健康

Protecting the Health of Infants & Young Children

Adequate and Correct Information

Appropriate Marketing

How can healthcare professionals show our support?
Find out more at <http://hkcode.gov.hk>






1977-2017
Hong Kong College of
Family Physicians



HKCFP 40th Anniversary

ANNUAL DINNER

10 December 2017

Run Run Shaw Hall, 1/F,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, HK

PERFORMERS INVITED FOR ANNUAL DINNER

This year marks the 40th Anniversary of our College and you are cordially invited to share with us your talent by joining the performance team for the annual dinner.

If you have a passion in performing on stage, do come and join us and have fun! We welcome magicians, singers, musicians, dancers and vocalists and other kinds of performers. All College Members and Fellows are welcome to participate individually or as a team!

Interested Members & Fellows, please email to hkcfp@hkcfp.org.hk or call the secretariat, Ms. Teresa Liu (Tel: 2871 8899) for details before 15 August 2017.



Meeting Highlights

CME Lecture on 2 June 2017

Dr. Samuel Lee, Specialist in Respiratory Medicine delivered a lecture on "Asthma Epidemiology & Prevalence – Situation in Hong Kong" and Ms. Linda Stephens, Fellow, the Royal Pharmaceutical Society Faculty, delivered a lecture on "Overview of UK Recent Experience on Patient Education Initiatives" on 2 June 2017.



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Dr. Samuel Lee (right, Speaker) during the lecture on 2 June 2017



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Ms. Linda Stephens (right, Speaker) during the lecture on 2 June 2017

Interest Group in Mental Health & Psychiatry

Dr. Lee Man Kei, Specialist in Family Medicine, delivered a lecture on "Applying Counselling Skills in Management of Mental Health Patients in Primary Care: Case sharing" on 3 June 2017.



Dr. Lau Wai Yee, Aster (1st from the right, Moderator) and Dr. Chan Suen Ho, Mark (1st from the left, Coordinator) and Dr. Foo Kam So, Stephen (2nd from the left, Censor) presenting a souvenir to Dr. Lee Man Kei (2nd from the right, Speaker) during the lecture on 3 June 2017

Interest Group in Medico-legal

Dr. Ming Keng Teoh, Head of Medical Services – Asia, Medical Protection Society, delivered a lecture on "A Safe and Happy Practice" and had the sharing session with Ms. Tracy Cheung, Partner, Kennedys, on 21 June 2017.



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. Ming Keng Teoh (left, Speaker) during the lecture on 21 June 2017



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Ms. Tracy Cheung (left, Speaker) during the lecture on 21 June 2017

CME Lecture on 22 June 2017

Dr. Ho Lap Yin, Specialist in Urology, delivered a lecture on "Update on Management of LUTS" on 22 June 2017.



Dr. Lau Wai Yee, Aster (left, Moderator) presenting a souvenir to Dr. Ho Lap Yin (right, Speaker) during the lecture on 22 June 2017

Interest Group in Medical Humanities

Prof. Ting Wai Fong, Adjunct Associate Professor, Department of Applied Social Science, Hong Kong Polytechnic University, Hong Kong, delivered a lecture on "Narrative and Medical Practice: Contradictory or Complementary?" on 24 June 2017.



Dr. Lo Sze Mon, Dana (2nd from the right, Moderator) and Dr. Chan Hung Chiu, Peter (1st from the left, Council Member) and Dr. Lau Wai Yee, Aster (1st from the right) presenting a souvenir to Prof. Ting Wai Fong (2nd from the left, Speaker) during the lecture on 24 June 2017

CME Lecture on 27 June 2017

Prof Ego Seeman, Professor of Medicine and Endocrinologist, Department of Medicine and Endocrinology, Austin Health, University of Melbourne, delivered a video session on “Updates of Managing Osteoporosis - “I think therefore I treat: Why, who, when, what drug and how long”” and Dr. Tsang Man Wo, Specialist in Endocrinology, Metabolism & Diabetes, delivered a sharing session on 27 June 2017.



Dr. Tong Siu Man (left, Moderator) and Dr. Chan Chung Yuk, Alvin (right, Chairman, Board of Education) presenting a souvenir to Dr. Tsang Man Wo (middle, Speaker) during the lecture on 27 June 2017

Certificate Course on Bringing Better Health to Our Community 2017

The 2nd session of the “Certificate Course on Bringing Better Health to Our Community 2017” co-organized with Queen Elizabeth Hospital was held on 24 June 2017. Dr. Pong Chiu Fai, Jeffery, Private Ophthalmologist, delivered a lecture on “Update on Management of Refractory Error in Adults” and Ms. Kwok Wai Ying, June, Optometrist I, Department of Optometry, Hong Kong Eye Hospital, delivered a lecture on “Clinical Assessment of Visual Acuity and Other Eye Assessment in Community Setting” and Dr. Lo Pui Yee, Associate Consultant, Department of ENT, Queen Elizabeth Hospital, delivered a lecture on “Clinical Approach to Tinnitus and Hearing Loss” respectively.



Dr. Chan King Hong (left, Council Member) presenting a souvenir to Dr. Pong Chiu Fai, Jeffery (right, Speaker) during the lecture on 24 June 2017



Dr. Chan King Hong (left, Council Member) presenting a souvenir to Ms. Kwok Wai Ying, June (right, Speaker) during the lecture on 24 June 2017



Dr. Chan King Hong (right, Council Member) presenting a souvenir to Dr. Lo Pui Yee (left, Speaker) during the lecture on 24 June 2017

Specialty Board News

Pre-Exit Examination Workshop – For 2018/2019 Full Exit Examinations

The Specialty Board is pleased to announce the Pre-Exit Examination workshop on Exit Examination of Vocational Training in Family Medicine. The workshop will give participants an insight into different segments of the Exit Examination. **ALL candidates who wish to sit for Exit Examination 2018 or 2019 are strongly encouraged to attend. All Examiners, Trainee Examiners, Clinical Supervisors are also welcome to attend.**

Date: 19 August 2017 (Saturday)*

Time: 2:30 – 5:00 p.m.

Venue: Function Room 2, 2/F, HKAM Jockey Club Building, Wong Chuk Hang

* A **Video Session** will be arranged on 29 August 2017 (Tuesday) 6:00p.m. for the potential candidates who are not able to attend the workshop on 19 August 2017.

Please contact the College Secretariat, Ms. Alky Yu at 2871 8899 or email to exit@hkcfp.org.hk for details.

Wendy Tsui

Dr. Wendy Tsui,
Chairlady, Specialty Board



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Hong Kong College of
Family Physicians

更致全康 四十載 春夏秋冬 健康來

家庭醫生

家庭醫生為市民在醫療系統的第一個接觸點，
守護每一位市民的健康。

香港家庭醫學學院，努力將優質健康資訊與家庭醫學理念帶
給大眾。為慶祝香港家庭醫學學院成立四十週年，本學院將
於2017年四個季度共主辦四場公眾健康教育講座。

詳情如下：



	日期	時間	地點	題目	講者
春季	3月25日 (星期六)	下午3時	香港灣仔駱克道3號 香港小童群益會5樓 502室演講廳	過敏性鼻炎/哮喘 心血管健康	顏寶倫醫生 區志立醫生
夏季	5月13日 (星期六)	下午3時	旺角奶路臣街38號 麥花臣匯3樓遊協禮堂	中暑/防曬 外遊前見醫生	何家銘醫生 陳穎欣醫生
秋季	9月23日 (星期六)	下午3時	九龍油塘邨第二期福 建中學附屬學校	濕疹及其他常見皮膚問題 抑鬱症	李艷珠醫生 王惠敏醫生
冬季	11月18日 (星期六)	下午3時	旺角奶路臣街38號 麥花臣匯3樓遊協禮堂	常見的兒童感染 流感疫苗/常見的成人免疫接種	鄺碧綠醫生 趙志輝醫生

參加者可獲贈精美紀念品乙份，送完即止。

查詢及報名：+852 2871 8899 (鄭先生或陳小姐)

(星期一至五 上午9:00 至下午1:00; 下午2:00至下午5:30; 星期六、日及公眾假期休息)

香港家庭醫學學院

電話：+852 2871 8899 傳真：+852 2866 0616 電郵：hkcfp@hkcfp.org.hk

地址：香港黃竹坑道九十九號香港醫學專科學院賽馬會大樓八樓803-4室

Facebook: <http://www.facebook.com/hkcfp>

Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. Applicants with late submission will be charged an annual training fee.

Basic Training Subcommittee
Board of Vocational Training and Standards

Reminder: Application for Recommendation for Exit Examination

To all Higher Trainees,

For those who prepare to sit for 2018 Full Exit Examination, please submit the application letter and the checklist for recommendation for Exit Examination before 30th September 2017.

Late applications will not be entertained.

Higher Training Subcommittee
Board of Vocational Training and Standards

HKCFP 40th Anniversary Conference

The coming Hong Kong Primary Care Conference would be part of the HKCFP 40th Anniversary Celebration. It would be named as HKCFP 40th Anniversary Conference and take place on 2-3 September 2017 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees, enrolled in 2006 or after, are required to attend **at least TWO** Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend **at least ONE** Hong Kong Primary Care Conference in the two-year training programme; OR, **at least TWO** Hong Kong Primary Care conference in the three-year training programme.

The above information has already mentioned in Trainee's logbook.

Should you have any enquiries, please contact Ms. Charlotte Cheung at 2871 8899.

Board of Vocational Training and Standards



仁安醫院 UNION HOSPITAL

仁心、安心、貼民心 Caring · Reliable · Empathetic

Union Hospital is a general private hospital in the New Territories, established in 1994. It is a progressive and patient-centred institute, and has obtained outstanding ratings in hospital accreditation. Union Hospital is proud of her achievements in clinical governance and ethical professional care. The Hospital is now looking for collaboration with enthusiastic professionals/ partners to fill up the following capacities. Good professional support & development, and competitive remuneration are given to the engaged doctors.

Full time/ Part time Family Physician

(Ref No.: HKCFP/JUL01-17/HMC)


- A qualification registrable in Hong Kong under the Medical Registration Ordinance
- Regular working hours and no night call
- Provide services in the Health Maintenance Centres in Union Hospital and Polyclinics
- Experience in private practice preferred
- Training in Family Medicine/ Emergency Medicine preferred
- Attractive remuneration package

Interested candidates please download the Job Application Form on www.union.org (quote the "REF NO."). Please send resume to Union Hospital, Human Resources Department, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, N.T. or by email to recruit@union.org.

Website: www.union.org

(Applicants not hearing from us within 2 months may consider their applications unsuccessful. Data collected will be used for recruitment purpose only.)

SPECIAL INVITATION TO JOIN UMP PRACTICES IN CHINA



"The ongoing healthcare reform in China has encouraged greater private sector participation to provide a more diverse scope of medical services to the growing middle class population, and to reduce overcrowding in public facilities.

China is poised to transition its healthcare delivery towards patient-centred and integrated care built on the foundation of a strong primary healthcare system.

UMP has embraced a clear and shared vision on goals that are aligned with these public interests by providing convenient, safe, coordinated and affordable outpatient healthcare services."

Requirements:

- FHKCFP, FRACGP or MRCGP equivalent
- Fluency in English and Chinese (mandarin)
- Strong leadership and team building skills
- Full time practice in Beijing for a minimum period of 2 years

Terms:

- Guaranteed HK\$ 1.8 – 2.5 million annually based on experience, plus incentives and stock options
- Regular working hours
- Housing and travel allowances
- Medical insurance
- Practice insurance
- Annual vacation package

Interested parties please email your resume to hr@ump.com.hk or fax to 2868 3327.
Your application and information provided will be handled in strict confidence



Stock Code: 722



HKCFP 40th Anniversary Celebration

PHOTO COMPETITION

MY FAMILY DOCTOR

我的家庭醫生

As part of the celebration activities of the 40th Anniversary of the Hong Kong College of Family Physicians, a photo competition is now open to all Members and Fellows of the College. The winning photos will be used in various materials and applications of the College.



Theme:
My Family Doctor
我的家庭醫生

Prizes:

Gold (First prize) : HK\$1000
Silver (Second prize) : HK\$500
Bronze (Third prize) : HK\$300

Judging Panel:

- To be appointed by the 40th Anniversary Celebration Organising Committee.
- The decision of the 40th Anniversary Celebration Organising Committee is final.

Deadline of submission:

31 August 2017

Judging Criteria:

- The submitted photographs should illustrate the theme "My family doctor".

For enquiries and submissions, please contact:

Ms Teresa Liu, Senior Administrative Executive

Tel : +852 2871 8899

Fax : +852 2866 0616

Email: teresaliu@hkcfp.org.hk / hkcfpphotocontest@gmail.com

Submission details:

- The competition is open to all HKCFP members.
- Entries must be the original work(s) of the entrant.
- Entries must be submitted by electronic format. The image size should be larger than 8 million pixels, in RGB colour mode and in JPEG format. Both colour or black & white photos are accepted. The file size must not exceed 10 MB. Photographs must not be extensively computer retouched.
- Each entrant may submit up to a maximum of 5 photographs.
- Each entrant must submit the entries together with a submission form which includes the contact details of the entrant, the title / caption of the picture, the declaration of originality and authorisation of copyrights. The submission form and regulations are available at college website: www.hkcfp.org.hk.
- Entrants retain copyrights of their work. For awarded pictures, copyright holders grant the HKCFP unlimited royalty-free non-exclusive use of high-resolution pictures for all related publications and activities.

HKCFP 40th Anniversary Celebration Series – Radio Programmes in 「精靈一點」 of RTHK Radio 1

Dr. Ngan Po Lun

Co-ordinator, Public Affairs Subcommittee, HKCFP 40th Anniversary Celebration Organising Committee

First Episode: 5 May 2017, 13:30-14:30



Dr. Stephen Foo (2nd from the left) and Dr. Lau Ho Lim (3rd from the left)

Speakers: **Dr. Stephen Foo**

(Censor and Past President, HKCFP)

Dr. Lau Ho Lim

(Vice-President, HKCFP)

Hosts: Mr. Shum Tat Yuen, Theo and Ms. Ching Kit Min

Theme: Establishment and history of College/ Role of Family Physicians in the management of Communicable Diseases

Dr. Foo experienced the establishment of College and in the programme he shared with the audience about the history of College development, "Our College was first established in 1977, by a group of devoted local doctors who understood the global trend on the need of strong primary health care, and foresaw the importance of family physicians to the overall health of public, which was unknown to the vast majority at that time. The training and assessment of family physicians of College was strongly supported by the Royal Australian College of General Practitioners (RACGP) initially, and later we started to have the Conjoint HKCFP/ RACGP Fellowship Examination since 1987".

Dr. Foo repeatedly emphasized the need for more trained family physicians in Hong Kong, and the importance of having a strong and insightful policy to support the development and enhancement of good primary health care system led by trained family physicians. Dr. Foo quoted the international standard of having one trained family physician for around every 3000 citizens, and therefore we need at least 2000 trained family physicians to meet this standard, and the current figure is far below this. For this purpose, College is endeavoring to provide various quality training programme for family physicians at Diploma, Fellowship, and Family Medicine Specialist levels.

On discussion about management of communicable diseases by family physicians, Dr. Lau first stressed on the importance of proper hand washing that can help to prevent bacterial cross-infection and therefore prevent antibiotic resistance. A trusted relationship and good communication between patient and doctor is the point to allow judicious use of antibiotics.

On one hand, patients should not give pressure to doctors for prescribing antibiotics; and on the other hand, doctors should give clear explanation on the reasons of giving or not giving antibiotics, and explain clearly the indication and use of these drugs.

Dr. Lau also explained that vaccinations is a very important primary prevention measure of infectious diseases in community setting, and this is certainly one of the most important jobs of family physicians. Again the success of vaccine administration is also based on the good relationship between patients and their family physicians.

Second Episode: 12 May 2017, 13:30-14:30



Dr. Angus Chan (2nd from the left) and Dr. Ngan Po Lun (3rd from the left)

Speakers: **Dr. Chan Ming Wai, Angus**

(President, HKCFP)

Dr. Ngan Po Lun

(Chairman of Public Education Committee, HKCFP)

Hosts: Mr. Shum Tat Yuen, Theo and Ms. Sophia Yow

Theme: Current structure and situation of College/ Role of Family Physicians in management of Non-Communicable Diseases

In this episode, many different questions concerning family physicians were discussed.

- The training of family physicians (4 years of basic training, and the Conjoint Examination; 2 years of higher training and the Exit Examination);
- The differences between an 'usual' family doctor and a 'Qualified Family Physician';
- The characteristics of 'good' family physicians (comprehensive and personalized care, ready to communicate with appropriate skills, breadth of knowledge, caring of all members in the family, role as a good coordinator of health);
- The quality assurance of family physicians (need for Continuous Medical Education and the certification);
- Role of family physicians in management of various chronic Non-Communicable Diseases and all the co-morbidities;
- Communication, coordination and cooperation between family physicians with other clinical specialists for the best health benefits of patients;

- Importance of having a strong Electronic Health Record Platform for sharing of clinical information among various disciplines, between public and private sectors;
- The financial gains of having the family physician as the first point of contact, health navigator and gate-keeper of health system;
- The approach to various clinical problems to illustrate the coordination of family physicians in primary health care setting and other specialists at higher level of health care;
- Cooperation with Primary Care Office of Department of Health to promote the development of Family Medicine, and using 'Primary Care Directory' to find your family physicians

Both Dr. Chan and Dr. Ngan are football fans and they both used football to illustrate the characteristics of family physicians. Dr. Chan stressed that most of the patients in the community setting and their health problems can be adequately and appropriately managed by trained family physicians, and referral to other clinical specialists for higher level of care is exceptional. He used the football pitch as the analogue of the community, and virtually the whole pitch except the 4 corner-kick quarters can be adequately managed by family physicians.

Dr. Ngan used 'mid-fielders' of football players as the analogue of family physicians as the 'navigator' in caring of patients: sometimes sending the ball forwards, sometimes backwards, and sometimes holding the ball himself, and all the various movements are aimed for the best of patients with different characteristics at different times.

Third Episode: 19 May 2017 (World Family Doctor Day), 13:30-14:30



Prof. Donald Li (2nd from the left) and Dr. Angus Chan (3rd from the left)

- Speakers: **Dr. Chan Ming Wai, Angus**
(President, HKCFP)
- Prof. Li Kwok Tung, Donald**
(President Elect, WONCA; Censor and Past President, HKCFP)
- Hosts: Mr. Shum Tat Yuen, Theo and Ms. Ching Kit Min
- Theme: Future Insight of College, Global Trend and Development of Family Medicine/ Role of Family Physicians in management of Common Mental Health Problems and Depression

On 19 May 2017 World Family Doctor Day, Prof. Li introduced the purpose of this special day is to recognize the important work of family doctors all over the world, and the need for training of high quality family doctors to improve the health for

all. Prof. Li emphasized the utmost importance of the ability to build a trustful doctor-patient relationship as the basic requirement of a good family doctor.

Prof. Li shared with the audiences the global trend of building a strong primary health care system led by family doctors, and the need to have insights and determinations from the government policy and priorities in health financing to support this. Good gate-keeping for higher level of health care resources and having care family doctors as the point of first contact for all patients in the community must be supported by a strong policy for the primary health care system. The National Health Care (NHS) System of United Kingdom is a good example for this.

Dr. Chan explained that one of the most important works of College is to provide proper training for qualified of family doctors, together with the support of continuous medical education to guarantee the quality of family doctors. Dr. Chan also introduced to the public the concept of 'Quaternary Prevention', which is prevention of 'Overmedicalization' and to protect the people from its harm, and that is the unique and essential job of a good family doctor.

Management of common mental health disorders in the community, like depression, is an integral part of family physicians' work. Early recognition and hence early intervention, based on the underlying trustful rapport, and avoiding the stress of being discriminated, are the great advantages of management by family physicians. Patient talks frankly and openly to the family physician he or she trusts, and with reflection from the family physician, this enables the patient to recognize early, understand better, face properly and accept gradually the mental health problem, which is already of great therapeutic value in many situations.

Tips for success in managing common mental health disorders by family physicians include attitude of the doctor, early recognition of problems, and follow-up with continuity of care. Understanding the background of the patient, having a trustful rapport, while knowing other members of the family, and on the other hand respecting and protecting the confidentiality of the patient, are important considerations in treating patient with mental health disorders. Family physicians can manage most of the common mental health disorders, like various anxiety disorders and depression independently, and only refer severe psychotic diseases and emergency conditions to Psychiatrists for better coordinated care.

Through these radio programmes, we hope that the public will know about our 40th Anniversary, and recognise our effort in the past 40 years in helping people gain better health with the companion of their family physicians!

To review the radio programmes, please visit the RTHK website: <http://www.rthk.org.hk/>, tick on the icon「重溫」, then「電台R1」, and you will find「精靈一點」and listen to the programmes on these 3 days!

The direct link: <http://www.rthk.hk/radio/radio1/programme/healthpedia/>

Download the mobile apps: 'rthk mine' to review all the radio programmes as well!



Problem with Warfarin in Atrial Fibrillation Patients – 2 Recent Studies

Two recent studies have shown that Warfarin is associated with a higher risk of osteoporotic fracture and a higher mortality rate from intracerebral haemorrhage (ICH) in patients with atrial fibrillation (AF), as compared with AF patients not using Warfarin.

In a retrospective cohort study of 51,496 patients diagnosed with AF in 2010-2014 based on data from the Hospital Authority, the risk of osteoporotic hip and vertebral fractures was higher in patients treated with Warfarin (n=4,884) vs those treated with Dabigatran (n=3,268)¹. Warfarin interferes with gamma-carboxylation of osteocalcin and other bone matrix proteins for bone mineralization, while Dabigatran theoretically does not affect bone metabolism.

In another study, a matched series of 228 AF patients with a mean age of 75 years diagnosed with ICH at Princess Margaret Hospital, Queen Elizabeth Hospital and Caritas Medical Centre in 2006-2011 were reviewed. Results showed a higher hospital mortality rate in patients treated with warfarin compared to those who did not receive Warfarin. Patients who received warfarin had a higher ICH volume than those who were not on Warfarin. Bleeding is increased in AF patients on Warfarin even with an INR within the therapeutic range.²

New Oral Anticoagulants (NOAC) such as Dabigatran, Rivaroxaban, Apixaban and Edoxaban are available since 2010. They are associated with lower rates of osteoporotic fracture and ICH in Chinese AF patients.

References:

1. Association between Dabigatran vs Warfarin and Risk of Osteoporotic Fractures Among Patients with Nonvalvular Atrial Fibrillation, JAMA 2017; 317: 1151-1158
2. [Atrial fibrillation patients who sustained warfarin-associated intracerebral haemorrhage have poor neurological outcomes: results from a matched case series, Hong Kong Medical Journal 2017; 23: 117-121]
3. Warfarin linked to osteoporotic fractures and higher mortality from ICH in AF patients, Dr Joseph Delano Fule Robles, MIMS Doctor, May 2017, Hong Kong Focus

Compiled by Dr. Sin Ming Chuen

濃厚的藝術氣息



木偶奇遇記

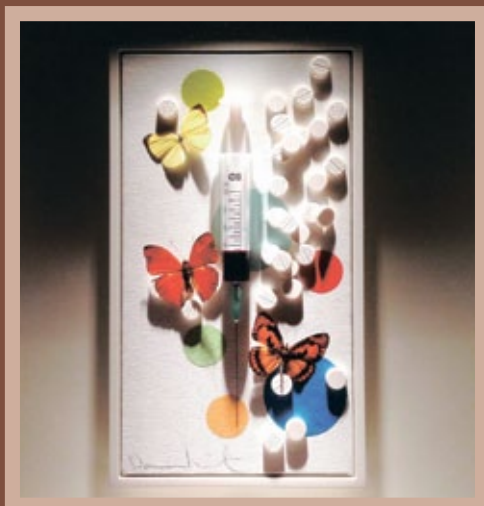


Food Corner II

Dr. T

這家在荷李活道文武廟附近的餐廳非常精采，集藝術飲食於一身。店內有多件世界知名的當代藝術品，既可滋養靈魂又可呢like。建議品嚐他們的星期日早午餐，前菜主菜甜點各五選一。除了可以在白天細味眼前的藝術品，還可以有數小時的雞尾酒任飲，過一個愜意（?糜爛）的星期日下午。

Damien Hirst
放男廁！女廁
我未入過，不
知道放了甚
麼，妳下次可
以告訴我



先來前菜：海膽配生蠔



清新一點可以來一客田園沙律，在香港能集合多樣新鮮蔬菜其實不易



自家出品的煙三文魚



主菜：
生牛肉他他，這個醃製得很好

For more, follow my
instagram:
drtsfriendly



甜點：橙酒班戟

HONG KONG SANATORIUM & HOSPITAL
LI SHU PUI SYMPOSIUM 2017
RECENT DEVELOPMENTS OF
MEDICAL PRACTICE (ONCOLOGY)



Date : Sunday, 3 September 2017
Venue : Ballroom, JW Marriott Hotel Hong Kong

08:50 – 09:00	Welcome		Dr. Walton LI
09:00 – 09:30	Keynote Lecture 1: New Direction in Cancer Therapy		Dr. Raymond LIANG
Symposium 1	Role of Surgery	Chairperson	Dr. WONG Wai Sang Dr. Joyce CHAI
09:30 – 09:45	Liver Cancer		Dr. CHAN See Ching
09:45 – 10:00	Kidney and Prostate Cancer		Dr. YIU Ming Kwong
10:00 – 10:15	Gynaecology Cancer		Prof. Hextan NGAN (HKU)
10:15 – 10:30	Skin Cancer		Dr. Gordon MA
10:30 – 10:40	Q & A		
10:40 – 11:00	Coffee Break		
Symposium 2	Breast Cancer	Chairperson	Dr. Thomas LEUNG Dr. LAW Chun Key
11:00 – 11:15	Comprehensive Management Service of Breast Cancer		Dr. Polly CHEUNG
11:15 – 11:30	Management of Breast Cancer with “Medication”		Dr. KWAN Wing Hong
11:30 – 11:45	Genetic Testing for Cancer of the Breast – Current Applications		Dr. Ava KWONG (HKU)
11:45 – 12:00	Reconstruction after Surgery for Breast Cancer		Dr. Vincent KWAN
12:00 – 12:10	Q & A		
12:10 – 13:00	Li Shu Pui Lecture Expanded Roles of Radiotherapy in Modern Day Cancer Treatment	Chairperson	Dr. YAU Chun Chung Dr. Joost NUYTTENS
13:00 – 14:00	Lunch		
Symposium 3	Diagnosis & Therapy of Cancer	Chairperson	Dr. Jamie LAM Dr. Axel HSU
14:00 – 14:15	Diagnosis of Early Lung Cancer		Dr. LAM Bing
14:15 – 14:30	Early Diagnosis of Nasopharyngeal Carcinoma		Dr. Ambrose HO
14:30 – 14:45	Advances in Lung Cancer Management		Prof. Tony MOK (CUHK)
14:45 – 15:00	Gastric Cancer: Early Diagnosis and Treatment		Dr. SIU Wing Tai
15:00 – 15:10	Q & A		
15:10 – 15:40	Keynote Lecture 2 : A New Generation of CyberKnife		Dr. Rico LIU
15:40 – 16:00	Coffee Break		
Symposium 4	GP Forum	Chairperson	Dr. LEE Koon Hung Dr. Billy CHIU
16:00 – 16:15	Health Problems in Chinese Children are Different		Dr. YEUNG Chap Yung
16:15 – 16:30	Prenatal Ultrasound – What Can We See		Dr. Danny LEUNG
16:30 – 16:45	Recent Advances in the Management of Macular Diseases		Dr. Alvin KWOK
16:45 – 17:00	Periodontology – Current Status in Dental Care		Dr. Oscar TSE

**Content is subject to change without prior notice*

REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS

Reserve your place online at www.hksh.com/lsp-registration

CME Accreditation Pending | CNE 6 Points | CPD (Allied Health) 6 Points

Registration Deadline: Friday, 18 August 2017 | For Medical Professionals Only

我是家庭醫生

林婷醫生



標叔是一位視力退化的老人，雖然做過白內障手術，站在他面前他還是看不清楚你的面孔。不過別看他八十多歲，說起話來卻中氣十足。他的口頭禪是“好啦，好啦！”無論你教他吃藥，還是勸他戒菸，他都友善而爽朗地回應一句“好啦，好啦！”當然下次問起還是笑笑口的告訴你他還是一天抽十來支煙。

他每次都由一位七十多歲的婆婆帶來診所，不問還以為是他太太，後來才知道是舊工友，怕標叔迷路，所以把他從家裡送到診所。標叔上街不擔心自己跌倒，而是怕與人碰撞惹起誤會，甚至真的曾經因此被怒漢破口大罵，所以獨居生活沉悶，生活圈子只剩下家裡和樓下的街市，偶爾朋友帶他去喝茶，別的地方卻很少去。

家庭醫生總會特別留意像標叔這類缺乏支持網的人。

因為他們不會主動尋求幫助，也不懂得社區裡有哪些支援適合他們，更怕自己麻煩別人。撇除衣食住行，能接觸他們就是生病的時候。

除診症以外，家庭醫生會了解一下他們的家庭背景，每次都花些時間跟他們談談天，說說地。別小看這段看似風花雪月的時間，其實是利用醫患之間的化學作用帶來治療效果，慢慢把他們內心孤單的感覺鬆開治癒。

多一點全人關顧，病人離開診所還未服藥前，可能病已經好了一半，那不是家庭醫生最渴望見到的嗎？

Interest Group in Mental Health & Psychiatry in Primary Care – The 54th Meeting on 3 June 2017

Dr. Chen Liujing - College Member

Title : **Application of Counselling Skills in Management of Mental Health Patients in Primary Care**

Speaker : **Dr. Lee Man Kei**, Family Physician

Moderator : **Dr. Aster Lau**, Board of Education

The speaker: Dr. Lee Man Kei graduated from The Chinese University of Hong Kong. He obtained his fellowship in FHKCFP/FRACGP and FHKAM (Family Medicine). He is currently Clinic-in-charge of Family Medicine Training Centre, Prince of Wales Hospital and the Chairman of Training Committee of Department of Family Medicine, New Territories East Cluster, HA. Dr. Lee is interested in Counselling and he is a team member of the Integrated Mental Health Programme and he studied Master of Arts in Guidance and Counselling at PolyU Hong Kong.

Attendance : 45

Learning points prepared by Dr. Lee Man Kei

Abstract:

Family doctors see wide range of patients. There are many patients with different levels of severity of mental health problems. In addition to giving medical advice and drug treatment, patient counselling is essential in enhancing the management. In this topic, various counselling methods including person-centred therapy, cognitive behavioral therapy and narrative therapy are briefly introduced and their applications to daily practice is shared.

1. Understanding of counselling

We are using medical model to manage our patients by making diagnosis and giving appropriate treatment. There are other ways to understand our patients and the problems they encountered. Various counselling therapies allow us to see patients and their problems in different perspectives. We

can equip ourselves with more “tools” to help our patients.

2. Person-centred Therapy (PCT)

We see everyone having their growth potential, provided that we establish a suitable environment. In our consultation context, if we can be genuine ourselves, accepting the patients with unconditional positive regard and showing empathy, a patient can sort out the problem himself.

We have to understand the patient’s needs including physical needs, safety needs, needs of love, self-esteem and self-actualization according to Marslow’s hierarchy of needs. We also need to explore the patient’s self-image etc.

Being genuine means we have to be fully present and consistent during the consultation. We may need to share our own feeling at times. Unconditional positive regard means we have to accept our patients. No matter what their behaviours or thinking could be, we still respect the patient, treasure him to be a human being and we accept him. Being genuinely accepted, the patient feels safe and is willing to share.

Empathy means we listen and reflect to the patient his thoughts and feelings. Through deeper empathy, the patient is provided with a chance to get close to himself. He would be able to reflect and grow.

3. Cognitive and Behavioural Therapy (CBT)

CBT is based on the assumptions that thought, feelings and behaviour all interact with each other. The fundamental formula is as below:

Activating Events (A) → Belief (B) → Consequences (C)

Consequences are the emotion or behaviour. It is not the (A) causing (C) directly, rather, it is our Belief (B) that causes the (C). In other words, if we can handle our belief (B), we can handle our emotion and behaviour.

There are many cognitive distortions that affect our

interpretations of the events (A). These cognitive distortions include Black and white thinking, over-generalisation, jumping to conclusion and “must” thinking etc. If we are able to identify and modify these cognitive distortions, we would be able to relief our emotions and behaviour.

There are many CBT methods to manage the cognition, emotion and behaviour. Some examples include cognitive reframing, pie charting, arrow-down technique, breathing exercise, psychoeducation, mindfulness and role-playing etc. With different situations, we have to use combination of different methods to help our patients.

4. Narrative Therapy (NT)

NT based on the assumption that there is no objective reality, rather, it is our subjective interpretations that create “reality”. If we believe in something, then that belief is real to us. So NT helps patients by letting patients see the problems and treatment in the patients’ terms.

There are many steps. The patient comes in with a problem-saturated story. Our first task is to help the patient externalise the problem so that they themselves are free from the problem. Skills include asking the patient to name the problem, suggesting colours, smell or sound etc. to the named problem. At the same time, we listen for any strength, resources, goals or values from the patient (unique outcome in NT term) that can help rewrite the unique story that will be helpful to the patient.

With NT, the patient is not seen as the problem. The patient will experience his own strength and values being discovered, and the strength can help manage the problems that they brought with.

The session was followed by Dr. Vivien Lee, a higher trainee at Kowloon West Cluster, presenting a case of adolescent mood disorder and brought forward a fruitful discussion on various approach and management from the limitation of GOPC setting to the individual approach using various principles in consultation and counselling.

If you have any patients that you would like to refer for counselling service, one option is to apply through the counselling centre in PolyU.

Service Hours
Monday to Friday
9:30am to 5:30pm
Saturday
10:00am to 12:00pm
(By appointment only)

Each appointment for 45 minutes
The number of sessions depends on individual case needs
Counselling sessions may be arranged during school holidays
between our public holidays

Venue
GPOW provides Professional Practice and Assessment Centre,
Hong Kong Polytechnic University

Administrative Fee
\$50 for each counselling session
(Based on the fee set by the Government)
Places of service or advice will be arranged based on the full fee

Contact us:
Monday to Friday
10:00am to 5:00pm
Saturday
10:00am to 12:00pm

Ext No. 3400 1492 / 3766 0761
Email: mgpoc@polyu.edu.hk
Website: <http://www.mgpoc.polyu.edu.hk/zh-hk/>

COMPREHENSIVE COUNSELLING PROGRAMME

NEWISE
Counselling Unit

Our Aims
To provide people in need with opportunities to explore, discuss and clarify ways of being in a successful manner. Our counsellors are trained to help facilitate the growth of individuals in ways which support their values, goals, interests and abilities.

Our Service Targets
To enable people in need with opportunities to explore, discuss and clarify ways of being in a successful manner. Our counsellors are trained to help facilitate the growth of individuals in ways which support their values, goals, interests and abilities.

Our Service
Face-to-face individual or group counselling sessions
The service includes:

- Evidence-based interventions
- Flexible and responsive delivery of interventions and support
- Flexible assessment and evaluation
- State-of-the-art practice in learning, study planning and career advising
- Involvement of students in the design and delivery of the service
- Continuous review and evaluation of the service

Sharing the work culture of the Hong Kong Professional Counselling Association

Our Counsellors

- Students of our Master of Science in Guidance and Counselling programme
- Students who obtained full-time postgraduate counselling practice
- Student counsellors are under the supervision of the teaching staff of our Department and experienced practitioners

NEWISE
Counselling Unit

Next Meeting

The next meeting for the Interest Group in Mental Health Psychiatry in Primary Care will be held on 5th August 2017. Dr. Carl Wong, a Family Physician in private practice, will be the speaker. The topic will be “Philosophical Counselling at a glance”.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2017

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisor** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2017
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)
 HK\$950 (Spot admission for each seminar or workshop only)
 All cheques payable to "**HKCFP Education Ltd**"
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Successful applicants will be informed later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2017 Timetable for Workshop

Date	Topics	Venue
22 April 2017 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
20 May 2017 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
17 June 2017 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
22 July 2017 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
26 August 2017 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
16 September 2017 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

5 August 2017
Saturday
Board of Education Interest Group in Mental Health & Psychiatry

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	
Theme	Philosophical Counselling at a glance	
Speaker	Dr. Wong Tsz Kau, Carl Family Physician	
Coordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians	
Time	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.	


12 August 2017
Saturday
Board of Education Interest Group in Counselling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	Sharing Session on Expressive Art Therapy and Counselling	
Speaker	Mr. Antonio Wong Expressive Art Therapist	
Coordinator	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	2:30 p.m. – 4:30 p.m.	Theme Presentation, drawing exercise and discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.	



Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

July's session:

Date	28 July 2017 (Friday)	
Time	2:30 p.m. - 3:30 p.m.	
Topic	"Updates in HIV Medicine" by Dr. Jacky Chan	
Admission	Free for Members	
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	


August's session:

Date	25 August 2017 (Friday)	
Time	2:30 p.m. - 3:30 p.m.	
Topic	"EBM Workshop - Antibiotics & You" by Dr. Hui Lai Chi & Dr Ip Sui Wah	
Admission	Free for Members	
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in Cantonese.	



Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
12 Aug 2017 2:15 – 3:45 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Update on Glaucoma Management Dr. Geoffrey TANG Chik Hei Resident, Ophthalmology Department, United Christian Hospital	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 August 17 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Case Presentation (patient with Psychiatric/ Psychological Condition) Dr. Mak Ho Yan, Queenie & Dr. Hui Sau Wei, Alice	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach to Patients with Depression and Anxiety Disorders in Primary Care Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Family & Health Dr. Chan Ki Fung Dickson & Dr Pang Sze Ching Esther	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Health screening in community - screening programs or protocols updates Dr. K H Tseung	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
3 August 17 (Thu)			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Legal Standard from " Bolam" to " Montgomery", any Impact or Change to our Daily Medical Practice? Dr. Chan Ham and Dr. Hung Chi Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Consultation skill - role play Dr. Lo Ka Man Michelle	Ms. Kwong Tel: 2595 6941
9 August 17 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	ICPC Coding, Community Service of Women's Health Dr. Chan Pui Kwan Community Service of Women's Health Dr. Chan Chun Hei	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Red Book: Professional Code and Conduct Dr. Ng Kai Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Childhood and adolescence psychological problems (ADHD, autistic spectrum disorders) Dr. Suen Gee Kwang Victoria & Dr. Luk Sze Wan Candy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Management of subfertility Dr. Jennifer Ko	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Visit to Private Clinic Dr. Stanley Lam	Ms. Carmen Kwong Tel: 2632 4371
10 August 17 (Thu)			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Invitation of PT/OT in Sharing their Experience in Cognitive Assessment & Empowerment Program Dr. Lau Lai Na & Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Updates in vaccination Dr. Lo Yuen Man	Ms. Kwong Tel: 2595 6941
16 August 17 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Alternative Medicine, Electronic Medical Resources (Internet, Apps) Dr. Chan Kiu Pak, Kilpatrick & Dr. Chuang Chi Kit	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Postgraduate Training in Family Medicine Dr. Wang Amy Yang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Approach to management of thyrotoxicosis & goitre Dr. Yau Chi Yan Davy & Dr. Ma Yuen Ying Tammy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Problem solving and diagnostic skills in a family medicine consultation Dr. Leon Ngai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Update in Depression and Anxiety Dr. Wen Yongna Wendy	Ms. Carmen Kwong Tel: 2632 4371

17 August 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Musculoskeletal Problem in Primary Care Dr. Leung Lai Man & Dr. Kwok Vincci	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Community resources for patients with mental illnesses Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

23 August 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Terminal Illnesses, Management of Pain Dr. Lau Ka Man & Dr. Ho Ka Ki	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Approach to Erectile Dysfunction Dr. Yip Pui Leung and Dr. Chang Ting Ting	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Allied Health Talk: Prosthetic and Orthotic Dr. Stephen Chou	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
2:30 – 5:30 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital	Men's health and erectile dysfunction Dr. Wong Sze Man & Dr. Chang Hsu Wei	Ms. Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Neurology Disease in FM (Chronic Headache, Epilepsy, Stroke, Parkinsonism) Dr. Sharon Poon Wing Kwan & Dr. Zhao Hai Feng Eric	Ms. Carmen Kwong Tel: 2632 4371

24 August 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Community Resources for Children with Autism or Learning Difficulties Dr. Cheuk Tat Sang & Dr. Wong Man Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Integrated Mental Health Programme - case management Dr. Wu Xiao Qing & Dr. Wu Kwok Keung	Ms. Kwong Tel: 2595 6941

30 August 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Consultation Enhancement (Physical Examination and Video Consultation) Dr. Choy Pui Sang, Ignatius & Dr. Chan Heng Han, Esther	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Management of Patient with Dementia & CAEP at Primary Care Dr. Zhang Dingzuan and Dr. Fan Siu Wai	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	The Analgesic ladder and the care of patient with chronic pain in GOPC setting Dr. Joyce Lai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Health care delivery system in HK Dr. Leung Eunice Hitching & Dr. Wong Chung Ming Tom	Ms. Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Community Resources for Family Crisis and Domestic Abuse Dr. Leung Yuen Yee & Dr. Joanne Ng Yui Wing	Ms. Carmen Kwong Tel: 2632 4371

31 August 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Approach to Pelvic Pain in Women and Men Dr. Hong Sze Nga & Dr. Tsui Sau In	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of knee pain Dr. Chan Wei Kwan, Rita	Ms. Kwong Tel: 2595 6941

Classified Advertisements

General Practitioner required for a well-established accredited expatriate Medical Practice at Discovery Bay. Interested parties, please email CV with contact details to linda@otandp.com or ring 852-28662270 for further information.

United Christian Nethersole Community Health Service invites registered Medical Doctors committed to Family Medicine to join our group practices in East Kowloon/NTE/NTW. Good work-life balance. Contact: Ms Chung hr@ucn.org.hk/2172-0736

Invites applicants for full-time doctor in Evangel Hospital – shift duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to hr@evanhosp.org.hk

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Jul	17	18 <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	19 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	20 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	21	22 <i>1:00 – 4:00 p.m.</i> Interest Group in Dermatology <i>2:30 – 5:30 p.m.</i> AEC 2017
23	24	25 <i>1:00 – 3:30 p.m.</i> CME Lecture	26 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	27 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	28 <i>2:30 – 3:30 p.m.</i> Video Session	29 <i>2:00 – 4:00 p.m.</i> Certificate Course on Bringing Better Health to Our Community 2017 <i>2:30 – 5:30 p.m.</i> DFM Consultation Skills Workshop I
30	31	1 Aug	2 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	3 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	4	5 <i>2:00 – 4:00 p.m.</i> Interest Group in Mental Health & Psychiatry
6	7	8	9 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	10 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	11	12 <i>2:00 – 4:00 p.m.</i> Interest Group in Counselling <i>2:15 – 3:45 p.m.</i> CME Course for Health Personnel 2017 in UCH
13 Conjoint Written Examination 2017 – KFP Segment	14	15	16 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	17 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	18	19 <i>2:30 – 5:00 p.m.</i> Exit Exam - Pre- Exit Exam Workshop <i>2:30 – 5:30 p.m.</i> DFM Injection Workshop
20 Conjoint Written Examination 2017 – MCQ Segment	21	22	23 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	24 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	25 <i>2:30 – 3:30 p.m.</i> Video Session	26 <i>2:30 – 5:30 p.m.</i> AEC 2017 <i>2:00 – 4:00 p.m.</i> Certificate Course on Bringing Better Health to Our Community 2017



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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
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