



FP Links

Issue 160
June 2017

01 Message from the President	09 Writing Corner: 我的家庭醫生之路
02 College News:	10 WONCA EXPRESS
02 40 th Anniversary Celebration – Photo Competition	12 Feature: Local Health Apps for the General Public
03 WONCA Asia Pacific Regional Conference, Membership Committee News	15 News Corner: Regulations on Assisted Reproductive Technology in Hong Kong
04 Meeting Highlights	17 Learning Points from Board of Education: Interest Group in Dermatology – The 59 th Meeting on 6 May 2017
05 Board of DFM News, Corrigendum	19 Board of Education News
06 40 th Anniversary Celebration – First Day Cover and Stamp Gift Pack	24 College Calendar
08 Board of Vocational Training and Standards News	

Message from the President



Here comes the Medical Registration (Amendment) Bill 2017 or Bill 2016 Mark II again on the Medical Council reform. The Bill returns with two main changes. Firstly, Medical Council (MCHK) members will increase from the current 28 to 32 with four additional lay members, the latter will not be appointed by the Chief Executive of Hong Kong SAR. Three of the lay members will be elected from recognized patients' groups

and the fourth will be nominated by the Consumer Council. Secondly, the two appointed seats now held by Hong Kong Academy of Medicine will also be elected by the Academy. The latest Bill also proposes more than one Preliminary Investigation Committee and the number of assessors will increase from 28 to 140 in order to clear the backlog of medical complaints.

Bill 2016 had caused a storm in our medical field and was stalled and filibustering staged by the medical-sector lawmaker. Last year the President of Hong Kong Medical Association (HKMA), Dr. Louis Shih resigned due to the lack of support to call for referendum to release the 7 seats occupied by HKMA for open election by all its members. The result was no winner and the reputation of doctors was severely damaged! I consider inadequate government consultation as the main cause of failure.

This time the government had set up a Tripartite Platform to collect viewpoints from different stakeholders but when the proposed amendment was announced in May 2017, I was really disappointed! I have always argued for the betterment of the Medical Council and all the doctors, and the uniqueness of HKAM in postgraduate training and examination, it should have more representation within the MCHK rather than the mere two. Redistribution of the current allocation of representation from various medical bodies in MCHK is desirable. In fact the Academy had requested an extra three seats. Our College is one of the 15 constituent Colleges which are equally represented at the HKAM Council. The Academy and her Colleges can certainly influence the training curriculum, enhance the education of doctors and through continuing medical education improve risk management and alter undesirable behaviour. Again, the government doesn't listen and the increase in representation is not even mentioned.

Hong Kong doctors still command a high degree of respect from the public. Doctors to laypersons ratio in the Medical Councils in Canada, Australia and New Zealand are 2:1. In United Kingdom, the ratio is 1:1 and all its members are appointed following an independent appointment process. With the latest Bill 2017, half of the MCHK will be elected while the share of appointed seats will go down from half to one third. However, with the incumbent Chief Executive leaving his post and lawmakers from both pro government and pan democratic groups gather under the flags of

transparency, accountability and credibility, I can only see the Bill going through the Legco without much resistance.

I had explained through FP Links that election of representatives via the HKAM Council demonstrates fairness to all Colleges irrespective of their sizes, which vary significantly from under 200 to over 1,600 Fellows. A general polling is fair to individual Fellows but may sacrifice the rights of Colleges with a smaller number of Fellows. Weighing the two, the rights of Colleges are more important than individual, as each specialty College makes an equal contribution to the public. The sad reality is our College ranked sixth in size within the Academy. A general election from all AM fellows is unfair to those Colleges with fewer fellows, as the two biggest Colleges namely the Physicians and the Surgeons will always be represented at MCHK. If the seats of HKAM are opened for nomination or election, I will actively campaign for fairness and participation of our AM fellows. Those elected by the HKAM Council to sit in MCHK needed to have the necessary experience, qualification, reputation and respect of the medical profession. Under the current system, we had two top guns, namely Prof Donald Li and Prof Cindy Lam served for MCHK from 2009 to 2012. With the volume of complaints regarding primary care doctors at the MCHK, it is simple logic that our College has representation at MCHK.

Dr. Harold Shipman, a GP in England, was convicted in 2000 of the murder of fifteen of his patients and sentenced to life imprisonment. After his trial, a full inquiry into all deaths certified by Shipman concluded that he was probably responsible for about 250 deaths. Some of us may think Shipman's case as impetus for the change and addition of lay members to General Medical Council UK (GMC) and MCHK is the copycat. In fact the reform of GMC was long overdue and the major change was to speed up the introduction of revalidation. Revalidation was not drawn up in response to the Shipman inquiry, but proposed by the GMC even before Shipman was arrested. Its rationale was not to uncover criminality, was never intended to catch another Shipman, but to fill a gap in the regulatory framework whereby, barring serious concerns being raised, doctors could practise from registration to retirement without any check on their performance or competency. Revalidation is to encourage increasing quality in healthcare for patients through self-assessment, appraisal, continuing medical education and reflective practice. Hong Kong loves to compare with Singapore. Looking at the Singapore Medical Council home page, the first message highlights on the top: "the Council has implemented compulsory CME with effect from 1 January 2003". Singapore is way ahead of us by 14 years!

Dr. Angus MW CHAN
President





HKCFP 40th Anniversary Celebration

PHOTO COMPETITION MY FAMILY DOCTOR

我的家庭醫生

As part of the celebration activities of the 40th Anniversary of the Hong Kong College of Family Physicians, a photo competition is now open to all Members and Fellows of the College. The winning photos will be used in various materials and applications of the College.



Theme:

My Family Doctor

我的家庭醫生

Prizes:

- Gold (First prize) : HK\$1000**
Silver (Second prize) : HK\$500
Bronze (Third prize) : HK\$300

Judging Panel:

- To be appointed by the 40th Anniversary Celebration Organising Committee.
- The decision of the 40th Anniversary Celebration Organising Committee is final.

Deadline of submission:

31 August 2017

Judging Criteria:

- The submitted photographs should illustrate the theme "My family doctor".

For enquiries and submissions, please contact:

Ms Teresa Liu, Senior Administrative Executive

Tel : +852 2871 8899

Fax : +852 2866 0616

Email: teresaliu@hkcfp.org.hk / hkcfpphotocontest@gmail.com

Submission details:

- The competition is open to all HKCFP members.
- Entries must be the original work(s) of the entrant.
- Entries must be submitted by electronic format. The image size should be larger than 8 million pixels, in RGB colour mode and in JPEG format. Both colour or black & white photos are accepted. The file size must not exceed 10 MB. Photographs must not be extensively computer retouched.
- Each entrant may submit up to a maximum of 5 photographs.
- Each entrant must submit the entries together with a submission form which includes the contact details of the entrant, the title / caption of the picture, the declaration of originality and authorisation of copyrights. The submission form and regulations are available at college website: www.hkcfp.org.hk.
- Entrants retain copyrights of their work. For awarded pictures, copyright holders grant the HKCFP unlimited royalty-free non-exclusive use of high-resolution pictures for all related publications and activities.

WONCA Asia Pacific Regional Conference



Sponsorship for attending
The WONCA APRC Pattaya Thailand
1 - 4 November 2017

"ROYAL CLIFF HOTELS GROUP, 353 Phra Tamnuk Road,
Pattaya, Chonburi, Thailand 20150"

The **2017 Asia Pacific Regional Conference of WONCA** will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organizations as well as individual doctors.

The Council of HKCFP has decided to grant sponsorship with a maximum of HKD10,000 for applicants with presentation to attend the captioned conference.

Applicants shall agree to take part in the College official functions if any during the Conference, and submit to FP Links a written report in about 800 words with photos within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by **19 June 2017**.

For further information please visit the conference official website at <http://www.woncaaprc2017-pattaya.com/>

Thanks,

Dr. William WONG
Honorary Secretary, HKCFP



Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April – May 2017**:

Associate Membership (New Application)

Dr POON Ilima, Yin Shan

潘彥嫻

Dr WU Chi Ho, Bosco

胡子豪

Meeting Highlights

Interest Group in Dermatology

Dr. Lee Yip Chee, Kevin, Specialist in Dermatology and Venerology, delivered a lecture on "Update Management of Acne Vulgaris in Asian Patients" on 6 May 2017.



Dr. Lam Wing Wo, Edmund (left, Moderator) presenting a souvenir to Dr. Lee Yip Chee, Kevin (right, Speaker) during the lecture on 6 May 2017

Interest Group in Counselling

Ms. Sheh Ching Shan, Annie, Clinical Psychologist, delivered a lecture on "Difficulty Faced by Parents and Their Children with Special Education Needs (SEN)" on 13 May 2017.



Dr. Lau Wai Yee, Aster (right, Moderator) presenting a souvenir to Ms. Sheh Ching Shan, Annie (left, Speaker) during the lecture on 13 May 2017

Interest Group in Evidence-based Medicine

Dr. Ip Sui Wah, Victor, delivered a lecture on "Evidence Based Medication for Common Cold" on 27 May 2017.



Dr. Hui Lai Chi, Primus (right, Moderator) and Dr. Lee Wan Tsi, Francis (left, Coordinator) presenting a souvenir to Dr. Ip Sui Wah, Victor (middle, Speaker) during the lecture on 27 May 2017

Certificate Course on Bringing Better Health to Our Community 2017

The 1st session of the "Certificate Course on Bringing Better Health to Our Community 2017" co-organized with Queen Elizabeth Hospital was held on 27 May 2017. Dr. Chan Kam Tim, Specialist in Cardiologist, Consultant, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Update on Basic Life Support & Advance Cardiac Support" and Dr. Lee Kar Yun, Peter, Member, CPR Subcommittee, Board of Education, The Hong Kong College of Family Physicians, delivered a lecture on "What's new in HKCFP CPR Training" and Dr. Chan Leung Kwai, Jason, Associate Consultant, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Use of Automatic External Defibrillator".



Dr. Foo Kam So, Stephen (left, Censor) presenting a souvenir to Dr. Lee Kar Yun, Peter (right, Speaker) during the lecture on 27 May 2017



Dr. Foo Kam So, Stephen (right, Censor) presenting a souvenir to Dr. Chan Kam Tim (left, Speaker) during the lecture on 27 May 2017



Dr. Foo Kam So, Stephen (right, Censor) presenting a souvenir to Dr. Chan Leung Kwai, Jason (left, Speaker) during the lecture on 27 May 2017

Board of Diploma in Family Medicine (DFM) News

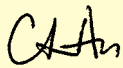
The Board of DFM is pleased to announce that the following candidates have successfully passed the 14th Diploma Course in Family Medicine 2016-2017.

Dr. Au Ka Wing	Dr. Lam Ting	Dr. Maurellet Juan-Domingo	Dr. Wong Ka Wai
Dr. Cheng Tik Man Sharon	Dr. Lau Tin Wai	Dr. Ng Tsz Chung	Dr. Wong Yiu Ming
Dr. Cheuk Yee Hang	Dr. Lee Wai Lung	Dr. Poon Yi Kit	Dr. Yung Oi Kwan Iris
Dr. Chiu Ming Ming Denise	Dr. Li Hoi Man	Dr. Shek Kai Cheung	Dr. Zhao Yan
Dr. Chong Yu Hoi	Dr. Li Zhuo	Dr. Sin Ka Wai	Dr. Zhou Ping
Dr. Chow Yuet Wah	Dr. Liu Ruihong	Dr. Tang Suet Chung Lawson	
Dr. Fung Sze Lok	Dr. Lo Kar Yan Joyce	Dr. Wong Chi Yan	
Dr. Hung Wing Chi	Dr. Lu Jingjie	Dr. Wong Ching Ka Olivia	

Congratulations to all the successful candidates!

Distinction

The Board of DFM is pleased to announce that Dr. Tang Suet Chung Lawson has achieved the highest overall score and will be awarded the title of Distinction.



Dr. Au Chi Lap
Chairman
Board of DFM

Corrigendum

In FP Links Issue 159, Feature column entitled "HA's GOPC PPP Programme to Reach All of HK Soon!" has the following correction in P.10:

"Up to" \$3,034 per patient per year

The advertisement is published again as below for readers' information.



普通科門診公私營協作計劃 General Outpatient Clinic Public-Private Partnership Programme



Come and Join as Family Doctor

Long-term Family Doctor Relationship



醫療券
for eligible patients

To benefit over 35,000 patients 

Enhanced Support for Doctor

 Cluster Help Desk  Programme Hotline  醫健通 Multi-functional IT platform

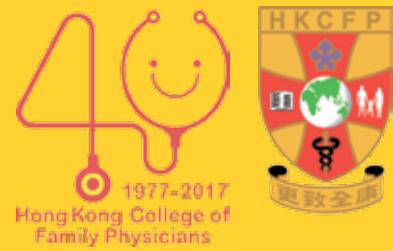
\$10B HA PPP Fund Established

NOW	2017/18	2018/19
<ul style="list-style-type: none"> • Eastern • Southern • Wan Chai • Kowloon City • Kwun Tong • Sham Shui Po • Wong Tai Sin • Kwai Tsing • Sai Kung • Sha Tin • Tuen Mun • Yuen Long 	<ul style="list-style-type: none"> • Central and Western • Islands • Tai Po • Tsuen Wan 	<ul style="list-style-type: none"> • Yau Tsim Mong • North

Call us at **2300 7300** or email to gopcphp@ha.org.hk for details.



HKCFP 40th Anniversary Celebration First Day Cover and Stamp Gift Pack



Dear Members,

We are so excited that the Hong Kong College of Family Physicians has our very own First Day Cover (*Photo 1*) and Stamp Gift Pack (*Photos 2&3*)!

2017 is the 40th Anniversary of our College. In celebration for our 40th Anniversary, the Celebration Organising Committee has prepared a First Day Cover to be posted to you with the July 2017 issue of FP Links. The stamp used on your First Day Cover would be one of twelve stamps selected randomly from the 40th Anniversary Stamp Gift Pack (*Photo 3*).

We would also like to take this opportunity to let you know that we truly appreciate your continuing support towards the College over the years. Please accept this First Day Cover as a small token of appreciation from the College. We hope it will bring you fond memories in the years to come.

In addition, HKCFP members can enjoy a special offer for purchasing the 40th Anniversary Stamp Gift Pack at HK\$198 per set. Please contact the College Secretariat Ms. Cherry Chan by emailing to membership@hkcfp.org.hk to place your order while the stock lasts.

With best regards,

Dr. David CHAO
Chairman,
HKCFP 40th Anniversary Celebration Organising Committee



Photo 1: First Day Cover



Photo 2: Stamp Gift Pack (Cover)



Photo 3: Stamp Gift Pack (Stamps)



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

40th Anniversary Celebration Stamp Gift Pack Order Form

Please complete and return this order form by email to membership@hkcfp.org.hk or by fax to (852) 2866 0616



Item	Size	Price (HK\$) (Non-member)	Price (HK\$) (Member)	Quantity	Sub Total (HK\$)
Stamp Gift Pack	Open: 440x310mm Closed: 220x310mm	HK\$238 each	HK\$198 each		
Grand Total:					

*Each Stamp Gift Pack includes 1 pane of Heartwarming Stamps
(Postage fees are not included in the prices)*

Delivery Method (please ✓ as appropriate)	
<input type="checkbox"/> Self-Collection from College	<input type="checkbox"/> Wong Chuk Hang Office (Office Hour: Mon – Fri, 9:00 – 17:30) <input type="checkbox"/> Wan Chai Office (please contact the Secretariat on tel: (852) 2871 8899)
<input type="checkbox"/> Local Posting Service*	<input type="checkbox"/> HK\$5.7 /pack (Local Mail) <input type="checkbox"/> HK\$21.2/pack (Local Registered Mail)

*Subject to prevailing postal rates of Hong Kong Post Office for further increments.

Contact Details	
Name :	_____
Tel :	_____
Email :	_____
Member ID :	_____
Delivery Address :	_____

Total Price	
Stamp Gift Pack	HK\$
Delivery Charges	HK\$
Total to-pay	HK\$

Payment Method	
<ul style="list-style-type: none"> Full payment by crossed-cheque payable to: The Hong Kong College of Family Physicians 	
Cheque No.:	_____
Bank:	_____
Please mail the cheque to: The Hong Kong College of Family Physicians, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.	

Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. **Members who submit the documents late will be charged an annual training fee.**

Should you have any enquiries, please contact Charlotte at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training and Standards

The coming Hong Kong Primary Care Conference would be part of the HKCFP 40th Anniversary Celebration. It would be named as **HKCFP 40th Anniversary Conference** and take place on 2-3 September 2017 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees, enrolled in 2006 or after, are required to attend **at least TWO** Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend **at least ONE** Hong Kong Primary Care Conference in the two-year training programme; OR, **at least TWO** Hong Kong Primary Care conference in the three-year training programme.

The above information has already been stated in Trainee's logbook.

Please contact Charlotte at 2871 8899 for details.

Board of Vocational Training and Standards

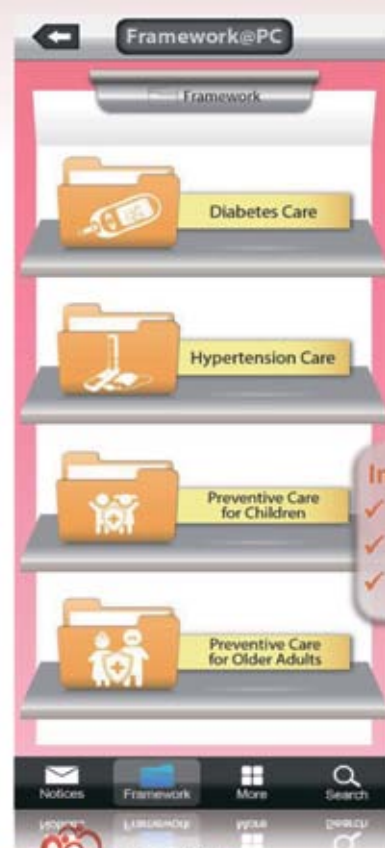
UNIVERSITY HEALTH SERVICE

Medical Officer

The University Health Service (UHS) of The Hong Kong Polytechnic University is a community-based Family Medicine training centre, as accredited by The Hong Kong College of Family Physicians. UHS provides primary care to students, staff members and their dependants and other eligible users. The University invites applications for the Medical Officer post in UHS. Duties: provide primary health care, health counselling, promote health education and perform administrative duties. Qualifications: registrable with The Medical Council of Hong Kong and fluency in spoken English and Cantonese. A higher qualification in Internal Medicine and / or Family Medicine is an advantage. Doctors enrolled in vocational training in Family Medicine are also welcome. Applicants who have responded to the previous advertisement need not re-apply. Please visit <http://www.polyu.edu.hk/uhs/en> for more information about UHS. Post specification and application form are available from the Human Resources Office (Homepage: <http://www.polyu.edu.hk/hro/job.htm>, Email: hrstaff@polyu.edu.hk, Fax: 2764 3374). Application closing date: Recruitment will continue until the position is filled. Initial consideration of applications will commence in 3 July 2017.

Framework@PC provides **evidence-based recommendations** for management of patients in primary care setting

Framework@PC



Mobile Apps

Download now!

Includes references for:

- ✓ Diabetes & hypertension care
- ✓ Management of falls in elderly
- ✓ Preventive care for children



我是家庭醫生 我的家庭醫生之路

陳穎欣醫生



要數第一次接觸家庭醫學，應該是以一個病人的身份，那時候還在念中學，一位年輕醫生在我家附近開了診所。這位年輕醫生跟以前看過的醫生有點不同，總是「問長問短」，非常「諸事八卦」，起初也有點不慣，但後來卻覺得有這樣一個了解自己，「凡事可以有商有量」的醫生也不錯。

但說到真正認識家庭醫學，則是讀醫科的最後一年，Senior clerkship 的內科實習時，沒錯是十二星期內的兩星期家庭醫學課。猶記得當年到鴨脷洲診所上課，那位導師（後來成了我 Higher training 的 trainer）對病人的關懷態度，以病人為本的診症模式，都讓我留下深刻印象，促使我選擇了家庭醫學的路。

完成四年基礎培訓後，我當上了一個在社區裡的家庭醫生，終於一嘗作為一家人的醫生的感覺，最讓我感動的是能見證著一個一個家庭的成長。

一對早已拍着拖來看醫生的戀人，同來做婚前檢查，婚後太太過來驗孕，我們一同分享迎接新家庭成員的喜悅；女兒出生後到診所打預防針，作為家庭醫生看著襁褓中的嬰孩日漸成長變成婷婷玉立的少女，醫患關係早已超越成家庭成員。但作為家庭成員之一，我們同時也得面對疾病與死亡：為病人公佈患上惡疾的壞消息，與病者家人同為失去至親而傷痛。或許就是這種人與人之間的聯繫，才是我最希望成為家庭醫生的原因。

我的家庭醫生之路才剛起步，由衷感謝路上遇上的各位老師，還有當年那位「問長問短」的林永和醫生及「關顧病人」的何敬業醫生。

What's your "WONCA" ?

WONCA is an acronym comprising the first five initials of the World Organization of National Colleges, Academics and Academic Associations of General Practitioners/Family Physicians. WONCA 's short name is World Organization of Family Doctors.



What is WONCA 's mission?

The mission of WONCA is to improve the quality of life of the people of the world through defining and promoting its values, including respect for universal human rights and including gender equity, and by fostering high standards of care in general practice/family medicine by:

- Promoting personal, comprehensive and continuing care for the individual and the family in the context of the community and society;
- Promoting equity through the equitable treatment, inclusion and meaningful advancement of all groups of people, particularly women and girls, in the context of all health care and other societal initiatives;
- Encouraging and supporting the development of academic organizations of general practitioners/family physicians;
- Providing a forum for exchange of knowledge and information between Member organizations and between general practitioners/family physicians; and
- Representing the policies and the educational, research and service provision activities of general practitioners/family physicians to other world organizations and forums concerned with health and medical care.

Who is WONCA?

The World Organisation of Family Doctors (WONCA) is a not-for-profit organization and was founded in 1972 by member organizations in 18 countries. Currently, WONCA has 118 Member Organizations in 131 countries and territories with membership of about 500,000 family doctors and more than 90 percent of the world's population. This includes eight organizations in collaborative relations with WONCA. There are some 21 members in the Academic membership category, which consists of Academic and Departments of Family Medicine. Over 800 individual general practitioners and family physicians have chosen to join WONCA in their own right Membership of WONCA.

WONCA represents and acts as an advocate for its constituent members at an international level where it interacts with world bodies such as the World Health Organization, with whom it has official relations as a non-governmental organization and is engaged in a number of collaborative projects.

WONCA Structure

WONCA is governed by a World Council. The Council comprises the representatives of member organizations and the officers of WONCA. The Council elects an Executive Committee that consists of the President, President-Elect, three Members-at-Large, and a Regional President from each of the seven regions.

Dr. Donald KT Li (MBBS FHKCFP FRACGP FHKAM(Fam Med) FFPH SBS O St J JP) was elected as President Elect of WONCA in November 2016 and will take office as President in November 2018. (Dr. Li is the Immediate Past President of the Academy of Medicine of Hong Kong). And Dr. Li is a Past President and currently Censor of our College.



Dr. Donald Li

WONCA has seven regions, each of which has their own regional Council and run their own regional activities including conferences. The seven regions are Africa, Asia Pacific, East Mediterranean, Europe, Iberoamericana, North America, and South Asia. WONCA Asia Pacific are one of the largest regions of WONCA. Our College is one of the Hong Kong member organizations under WONCA Asia Pacific. Dr. Gene Tsoi, one of our College Past Presidents, is the Vice President of WONCA Asia Pacific.



Dr. Gene Tsoi



The upcoming WONCA Asia Pacific Region Conference would be held in Pattaya City, Thailand from the 1st to 4th of November 2017. The theme of the conference is 'Family Medicine Innovation: Challenges Facing Family Physicians in the 21st Century'. The conference will cover most of the family medicine topics from state of the art to advances of technologies and future medical trends. Communities' issues will also be shared and discussed, such as elderly and palliative care and environmental issues. And it would be an opportunity

for family doctors to gather and share research and practice experiences. The HKCFP Council would grant sponsorship to members to take the support of such a good occasion to foster ties between family practice organizations as well as individual doctors. Interested family medicine colleagues should not miss this precious chance to meet our professional colleagues over the world.

World Family Doctor Day(FDD)

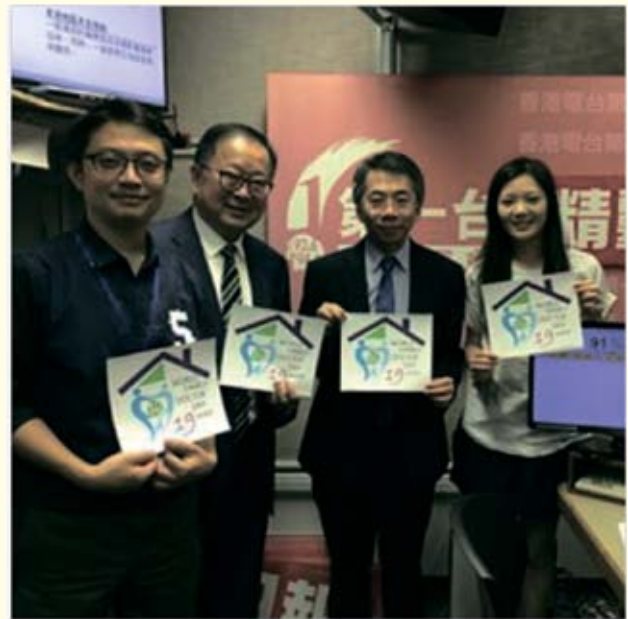


19th May of every year would be the World Family Doctor Day. The World Family Doctor Day was first declared by WONCA in 2010 and it had become a Day to highlight the role and contribution of family doctors in health care systems around the world. The event had gained momentum globally each year and it is a wonderful opportunity to acknowledge the central role of our specialty in the delivery of personal, comprehensive and continuing health care for all of our patients. It is also a chance to celebrate the progress being made in family medicine and the special contributions of family doctors all around the world. The theme of 2017 FDD is depression. Our College did have various activities to celebrate this special day including newspaper article, radio show, TV show, public education talk...

WONCA Website
www.globalfamilydoctor.com



2017 FDD Newspaper article



香港電台第一台 精靈一點 - (主持：沈達元、程潔明) 肺癌患者心理挑戰認知 / 「精神健康...

2017 FDD RTHK Radio Show



2017 FDD & HKCFP 40th Anniversary Public Health Talk



2017 FDD RTHK TV Show

Local Health Apps for the General Public

Dr John-Hugh Tam, Specialist in Family Medicine

Since my last introduction of mobile health-related apps 2 years ago (Feature Sections of the FP Links, Issues July, September and October 2015), a range of new health-related apps had been launched locally for use of the general public. I would like to run a brief introduction to some of these apps in this issue, so you can familiarise with them and opportunistically introduce to your patients in need during our daily consultations.

Section A : Apps for Diet

Different from the diet apps that were previously introduced, these apps were launched by the Department of Health (DH) and are aimed to serve as platforms to provide locals more tailored information towards healthy eating.

When cooking idea runs out, the **“CookSmart: EatSmart Recipes”** (營廚雜誌：有營食譜) app may help by providing a vast range of healthy recipes that were designed by various dietitians. Another related app is the **“EatSmart Restaurant”** (有營食肆) app that can help us choose restaurants that offer healthier dishes when dining out. Whereas the **“Snack Nutritional Classification Wizard”** (小食營養分類精靈) app is a database that helps us learn more about common food labels and be more vigilant against unhealthy snacks by an easily understandable “traffic light” system (e.g. “red light” items are unhealthy food choices that are too high in either sodium, fat or sugar contents; whilst “green light” items are wiser choices). I think these diet apps are useful tools that can help us offer more concrete and practical eating advices for our puzzled patients.



Screen cap of the “EatSmart Restaurant” App



Screen cap of the “Snack Nutritional Classification Wizard” App



Screen cap of the “CookSmart: EatSmart Recipes” App

Download Links

1) “CookSmart: EatSmart Recipes” App

Apple Users :

<https://itunes.apple.com/hk/app/id1062454459?mt=8&l=en>

Android Users :

<https://play.google.com/store/apps/details?id=hk.gov.eatsmart.cooksmart&hl=en>

2) “EatSmart Restaurant” App

Apple Users :

<https://itunes.apple.com/hk/app/you-ying-shi-si-eatsmart-restaurant/id972975525?mt=8&l=en>

Android Users :

<https://play.google.com/store/apps/details?id=hk.gov.eatsmart.restaurant.esrsearch&hl=en>

3) “Snack Nutritional Classification Wizard” App

Apple Users :

<https://itunes.apple.com/us/app/id472818102?mt=8&l=en>

Android Users :

<https://play.google.com/store/apps/details?id=cheu.snacks&hl=en-us>

Section B : Apps for Expecting Moms

For expecting moms, I have 2 apps to recommend. The Hospital Authority's **"HApi Journey"** (喜程) is a very beautifully designed mobile application that provides useful pregnancy information for moms-to-be. Users can also use this app to record their health information during pregnancy (e.g. glucose and BP readings, etc.) for quick references.



Screen cap of the "HApi Journey" App

"Info for Nursing Mum" (哺乳 Mum 咪知多啲) is an app designed by DH's Family Health Service for providing online information on breastfeeding policy, infant and young child feeding, Q&A on breastfeeding and community resources. Personally, I would highly recommend the Q&A section about breast feeding as it addresses most of the common concerns raised by our patients.



Screen cap of the "Info for Nursing Mum" App

Download Links

1) "HApi Journey" App

Apple Users :

<https://itunes.apple.com/us/app/hapi-journey-%E5%96%9C%E7%A8%8B/id1192147812?mt=8>

Android Users :

<https://play.google.com/store/apps/details?id=hk.org.ha.obstetrics&hl=en>

2) "Info for Nursing Mum" App

Apple Users :

<https://itunes.apple.com/hk/app/info-for-nursing-mum/id1028329895?mt=8&l=en>

Android Users :

https://play.google.com/store/apps/details?id=hk.gov.fhs.app.nursingmuminfo&hl=en_HK

Section C : Apps for Local Patient Support Groups

1) 病人組織一覽 Finding Patient Groups



The **"Finding Patient Groups"** App is a mobile version of Hospital Authority's "Smart Patient" website (「智友站」 - <http://www.smartpatient.ha.org.hk>) that provides a handy directory of our local disease-related NGOs and various community health resources. Patients (as well as doctors) can quickly access it and look up the needed contact information through this.

Download Links

Apple Users :

<https://itunes.apple.com/hk/app/finding-patient-groups/id566194760?mt=8>

Android Users :

<https://play.google.com/store/apps/details?id=com.elp.findpatient>

Section D : Apps related to the Services of the Hospital Authority

1) 醫管局與你 HA Touch



The Hospital Authority (HA) mobile application **HA Touch** provides notifications on public healthcare services and activities. The app also provides handy access to useful contacts of public hospitals and clinics, fees and charges, waiting time for Accident & Emergency Departments, elective surgery and specialist out-patient services new case booking.

Download Links

Apple Users :

<https://itunes.apple.com/hk/app/yi-guan-ju-yu-ni-ha-touch/id1022254250?ls=1&mt=8>

Android Users :

<https://play.google.com/store/apps/details?id=hk.org.ha.hospitalauthority>

2) 「預約通」 BookHA



“**BookHA**” mobile application of the Hospital Authority provides a mobile platform for the public to submit application for Specialist Outpatient Clinic (SOPC) new case appointment. It also provides information of SOPC new case booking waiting time, address and contact number of SOPCs.

Download Links

Apple Users :

<https://itunes.apple.com/hk/app/BookHA/id1074190076>

Android Users :

<https://play.google.com/store/apps/details?id=hk.org.ha.mbooking>

3) e藥通 TouchMed



The Hospital Authority Mobile Application “**TouchMed**” provides useful pharmacy and drug-related information. “TouchMed” shows the medicine collection status at different pharmacies and allows users to check if medicines are ready wherever the users are (note: same-day ticket numbers only). Through setting up a notification alert, “TouchMed” can notify users as soon as medicines are ready for collection.

“TouchMed” also provides information on the drugs dispensed by public hospital pharmacies and general medication tips on the use of medicines. Simply scan the barcode on drug label for instant access to specific drug information.

(Note: due to the current technical constraints, for users of general out-patient clinic services, only limited pharmacies of certain hospital-based Family Medicine clinics are linked up to the TouchMed system)

Download Links

Apple Users :

<https://itunes.apple.com/hk/app/touchmed/id797302213?mt=8>

Android Users :

<https://play.google.com/store/apps/details?id=hk.org.ha.pharmacymob>

Section E : Financial/commercial conflict of interest

- None declared.

Regulations on Assisted Reproductive Technology in Hong Kong

As in other developed Asian economies such as Japan and Singapore, the low fertility rate in Hong Kong is marked by decreasing marriage rates and a tendency to postpone marriage and childbearing. The crude birth rate in Hong Kong has dropped significantly from 35.0 per 1,000 population in 1961 to 7.0 per 1,000 population in 2003, then raised to 13.5 per 1,000 population in 2011, and dropped to 8.2 per 1,000 population in 2015.¹

The drop in birth rates is due to multiple factors including decreased marital rates, postponed marriage and thus postponed child bearing plans, concerns about the social and financial burden of raising children in an increasingly competitive society. The proportion of never married women aged 40-44 was 17% in 2011, up from 3% in 1981. Our median age at first marriage for women was 28.9 in 2011, compared with 23.9 three decades ago.² The Family Planning Knowledge, Attitude and Practice in Hong Kong Survey 2012 commissioned by the Hong Kong Family Planning Association showed that “too much responsibility” and “heavy financial burden” are the two main concerns cited by those who did not want to have children, or more than one child. The Survey also showed that on the other hand more than half the women who wanted to have two children could only produce one child.³

A woman's fertility starts to decline in her 30s and this decline accelerates after her mid-30s. As Family Physicians we are seeing an increasing number of patients with subfertility or infertility issues. Historically, infertility has been defined as the failure to achieve pregnancy within 1 year of regular, unprotected intercourse.⁴ However, this definition does not take into account a woman's age, absence of regular ovulation eg. PCOS and other associated medical conditions such as endometriosis. Earlier evaluation and prompt intervention will be necessary in the race against time for fertility.

As Family Physicians we have to explore physical and psychological causes, male and female factors of fertility issues, but are we familiar with current treatment options and the regulations governing assisted reproductive technology (ART)? Rather than discussion of causes of infertility and definitive treatment, this article attempts to explore the ethical and legal aspects of ART.

At present, the Hospital Authority provides infertility treatment services at nine public hospitals to legally married couples aged under 40, mainly Artificial Insemination by Husband (AIH) and In-vitro fertilization (IVF). IVF treatment is available in three ART centres, namely Kwong Wah Hospital, Prince of Wales Hospital (PWH) and Queen Mary Hospital (QMH). The current subsidised charges for each IVF cycle range from \$4,000 to \$12,000. Self-financing patients can receive services offered by the two Universities at PWH and QMH, with shorter waiting times but at higher charges.

Of the existing 41 private licensed ART centres, 30 provide AIH treatment and 11 offer services such as sperm washing, IVF and embryo transfers. The estimated charges for one cycle of AIH range from \$8,000 to \$16,000 and packages for IVF procedures cost from \$65,000 to \$100,000.

The list of licensed ART centres can be found at: http://www.chrt.org.hk/english/licensed/files/treatment_eng.pdf

All ART treatment is carried out under the regulations of the Council on Human Reproductive Technology. The Council which comprises of 22 non-official members (including the Chairperson) and 4 public officers appointed by the Secretary for Food and Health, under the delegated authority of the Chief Executive, was established under section 4 of the Human Reproductive Technology Ordinance (Cap. 561) in 2001 to regulate the provision of reproductive technology procedures.



the conducting of embryo research, the handling, storing or disposing of gametes or embryos used or intended to be used in connection with a reproductive technology procedure or embryo research, and surrogacy arrangement.

The Human Reproductive Technology Ordinance, passed in 1997, dictates that fertility treatment in Hong Kong can only be offered to heterosexual married couples. Other various ART treatment such as gamete storage also have specific legal requirements. This shuts the door for non-traditional families such as same sex couples or co-habiting couples. Non-married individuals have been going abroad to countries such as Thailand, Taiwan and the US, where fertility laws do not prohibit non married individuals, to obtain ART services. What most of us do not realize, that it is actually a criminal offence for non-married individuals to venture overseas for fertility treatments such as IVF and surrogacy etc. Punishment is a HK\$25,000 fine and six months imprisonment for the first offence. Sentences however have not been doled out in courtrooms due to various reasons including the lack of jurisdiction for overseas investigation. That legislation which was passed two decades ago could very possibly change as the Equal Opportunities Commission is undergoing a public consultation on the review of discrimination law.

Another emerging issue encountered amongst patients is the issue of fertility preservation. The most legitimate medical reason being patients on treatment such as anti-cancer treatment which may affect their fertility since the ovaries and testes are most sensitive to injury from medications, diseases, chemotherapy and radiation. "Fertility preservation" refers to strategies hoping to preserve the individual's hormonal function as well as fertility including sperm/oozyte or embryo freezing.

But what about unmarried women who are in their late 30s/early 40s planning to have children a few years down the road and wanting to increase their

chances with fertility preservation? In Hong Kong, non-married individuals can have their sperm or eggs frozen (after hormonal stimulation and surgical collection) for future use but clinics can't impregnate patients with those eggs unless the woman is married as well as providing a medically valid infertility issue to receive these procedures.

Although we are not ART physicians, as Family Physicians we also have a responsibility to reflect on the definition of the "Family" in the 21st century and face the numerous ethical challenges associated with it. Who can say a family consisting of same sex parents or a single parent through his/her own choice are inferior parents when compared to traditional families? Indeed some may be even better at parenthood. Ethical discussions include protection of the unborn embryo, respect for autonomy, the principle of beneficence and much more. The discussion floor is open and maybe one of the first things we have to do is to understand what the current legislations and regulations are in Hong Kong and apprehend what our patients are asking for.

References:

1. http://www.healthyhk.gov.hk/phisweb/en/healthy_facts/health_indicators/birth_rate/
2. https://www.censtatd.gov.hk/hkstat/sub/gender/marr_fert_and_family_con/index.jsp
3. Family Planning Knowledge, Attitude and Practice (KAP) in Hong Kong Survey 2012
<http://www.famplan.org.hk/fpahk/en/template1.asp?content=info/research.asp>
4. Evers JL. Female subfertility. *Lancet* 2002;360:151-9.

Compiled by
Dr. Cheng Ghar Yee, Judy

*Family Physician,
Resident Medical Officer,
Hong Kong Sanatorium & Hospital*

Interest Group in Dermatology – The 59th Meeting on 6 May 2017

Dr. Chen Liujing - College Member

Topics and Speakers : Update Management of Acne Vulgaris in Asian Patients

Dr. Lee Yip Chee, Kevin

Specialist in Dermatology and
Venereology

Moderator : Dr. Lam Wing Wo, Board of Education

Learning Points:

Dr. Lee started the talk with a brief review of the actions of anti-acne therapies of different group of medications, followed by treatment of acne.

Resistance to P.acnes to antibiotics is a global phenomenon with reduction of clinical response in acne patients. There are resistance issues in topical antibiotics than orals. Strategies for Limiting P.acnes Resistance from Global Alliance Recommendations (Endorse by AAD 2013): 1) Combine a topical retinoid with antimicrobial is rational choice; 2) Oral & topical antibiotics should not be used as monotherapy; 3) Concurrent use of oral & topical antibiotics should be avoided; 4) Limit the use of antibiotics to short periods and discontinue when there is no further improvement or improvement is slight; 5) Co-prescribe a benzoyl peroxide(BPO) containing product or use as washout; 6) Do not switch antibiotics without adequate justification; 7) Use topical retinoids for maintenance therapy, with BPO added for antimicrobial effect if needed.

Acne is often a long-lasting, chronic disease. For long-term acne therapy (maintenance therapy), topical retinoids, plus an antimicrobial agent if needed, are currently the best-studied and recommended agents.

Dr. Lee shared with us a study of common combination such as topical retinoids +topical antibiotics reported the best reduction of comedones after three months of therapy as compared to the monotherapy group.

BPO has primary antibacterial action with advantage of rapidly destroying P.acnes just in a few days, no

antimicrobial resistance and no decrease in efficacy over years of use. Third-generation topical retinoid BPO is the most logical combination of the available products with fast onset of action and tolerability similar to third-generation topical retinoid alone.

Next Meeting

The next meeting will be on 22 July 2017 (Saturday). The guest speaker is Dr. Chan Yung, a Specialist in Dermatology and Venereology, who will speak to us on "Evolving Management in Psoriasis". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.

Free
Seminar

How to Relieve Your Stress and Prevent Early Ageing by Yourself? - An Acupuncture Point (Including Acupuncture Demonstration)

Please come and know more about the effectiveness of acupuncture for Stress and Ageing!

Date	Time	Venue
31 August 2017 (Thursday)	7 - 8 pm	HKU SPACE Admiralty Learning Centre, 18 Harcourt Road, Hong Kong



Enroll Now !



Speaker: Ms A. P. Qin, Associate Professor (Chinese Medicine) & Ms BURLAKOVA Irina

The seminar is free of charge, and on a first come, first served basis!

Enquiry: ☎ 3762 4216 (Ms Ng)

Online registration: <http://hkuspace.hku.hk/acupuncture-seminar>

The School may make available related programme information material at the seminar.

The English Acupuncture and Tui-Na Courses in H.K.

☎ 3762 4216 ✉ emmy.ng@hkuspace.hku.hk

1. Diploma in Clinical Acupuncture

Application code: 1550-CM005A

Acupuncture is proven to be effective in the treatment of diseases. The World Health Organisation (WHO) recommends a number of conditions that can be treated by Acupuncture. This course provides Western-trained medical practitioners and professionals who are interested in acupuncture with an opportunity to receive acupuncture training.

This programme consists of two parts. Each part consists of one module. Students who have completed one module of Part 1 can choose to exit the programme. Completion of one module will lead to a Certificate in Acupuncture. Upon successful completion of Part 1 and Part 2, students will be awarded a Diploma in Clinical Acupuncture.

Entry Requirements : 1. Western medical practitioners, Physiotherapists, Nurses, Osteopaths, Chiropractors or medical related professionals; or
2. Holders of Bachelor's degree or equivalent

Commencement Date : 9 October 2017 (Mondays and Thursdays, 8 -10 pm)

Application Fee : HK\$150 (non-refundable)

Medium of Instruction : English

Our programme is approved by the Physiotherapists Board as quotable qualification. Upon completion of our programme: (1) 15 CPD points awarded by the Physiotherapists Board will be granted to students who are physiotherapists. (2) Physiotherapists may be eligible to apply for Accredited Acupuncture Physiotherapists.

2. Introduction to Acupuncture of Chinese Medicine

Application code: 1540-1044NW

This course provides the philosophical background of Chinese medicine and illustrates how acupuncture helps manage our health.

Commencement Date : 29 August 2017 (Thursday)

Duration : 10 hours (5 meetings)

Course Fee : HK\$1,435

Medium of Instruction : English

3. Chinese Tui-Na (Massage) for Building Up Healthy Life

Application code: 1545-1289NW

Chinese Tui-Na offers a wide range of benefits, both physiological as well as psychological, to increase well-being. It speeds up the body's ability to heal itself. It is also first used to treat diseases through manual manipulations. Chinese Tui-Na has become increasingly popular, both among patients and among the medical practitioners. That is now one of the most popular complementary therapies worldwide.

Commencement Date : 7 September 2017 (Thursday, 7 - 9 pm)

Duration : 6 hours (3 meetings)

Course Fee : HK\$1,280

Medium of Instruction : English

Certificate Course on Bringing Better Health to Our Community 2017

Co-organized by Queen Elizabeth Hospital and Hong Kong College of Family Physicians

Dates	:	27 May, 24 June, 29 July, 26 August, 30 September 2017 (Saturdays)
Time	:	1:00pm - 2:00 pm Registration 2:00pm - 4:00 pm Lecture & Discussion
Venue	:	Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
Course Fee	:	Free
Accreditation	:	(pending)
Capacity	:	100 doctors

Programme Schedule

Dates	Time	Topics	Speakers
27 May 2017 (Sat)	2:00 – 4:00pm	Update on Basic Life Support & Advance Cardiac Support	Dr. Chan Kam Tim <i>Specialist in Cardiologist, Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
		What's new in HKCFP CPR Training	Dr. Lee Kar Yun, Peter <i>Member, CPR Subcommittee, Board of Education, The Hong Kong College of Family Physicians</i>
		Use of Automatic External Defibrillator	Dr. Chan Leung Kwai, Jason <i>Associate Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
24 June 2017 (Sat)	2:00 – 4:00pm	Update on Management of Refractory Error in Adults	Ophthalmologist - TBC
		Clinical Assessment of Visual Acuity and Other Eye Assessment in Community Setting	Ms Kwok Wai Ying, June <i>Optometrist I, Department of Optometry, Hong Kong Eye Hospital</i>
		Clinical Approach to Tinnitus and Hearing Loss	Dr. Lo Pui Yee <i>Associate Consultant, Department of ENT, Queen Elizabeth Hospital</i>
29 July 2017 (Sat)	2:00 – 4:00pm	Update on Management of Urinary Incontinence	Dr. Chan Yuen Mei, Toby <i>Associate Consultant, Department of O&G, Queen Elizabeth Hospital</i>
		Practical Tips on Urinary Incontinence Home Exercise	Physiotherapist - TBC
		Common Gynecological Procedures in Community Setting	Dr. Lee Man Hin, Menelik <i>Associate Consultant, Department of O&G, Queen Elizabeth Hospital</i>
26 August 2017 (Sat)	2:00 – 4:00pm	Practical Tips on Approach to Mild Cognitive Impairment/ Dementia	Dr. Chan Lung Tat, Andrew <i>Associate Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
		Polypharmacy & Fall Prevention in Community Setting	Dr. Ko Siu Hin <i>Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital</i>
		Practical Tips on Cognitive Assessment & Fall Prevention	Ms. Hui Kam Yan, Carol <i>Occupational therapist I, Department of Occupational Therapy, Queen Elizabeth Hospital</i>
30 September 2017 (Sat)	2:00 – 4:00pm	Update on Management of Non-Alcoholic Hepatic Steatosis (Fatty Liver) in Primary Care	Dr. Li Shi Piu, Carlton <i>Resident Specialist, Department of Medicine, Queen Elizabeth Hospital</i>
		Application of Ultrasonography in Primary Care Setting	Dr. Ho Ka Ming, Ken <i>Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital</i>
		Practical Dietary Advice on Weight Management	Ms Cheng Chui Wah, Bonnie <i>Dietitian, Department of Dietetics, Queen Elizabeth Hospital</i>

*** Registration will be first come first served. For enquiry, please call the College secretariat, Ms. Cherry Chan at 2871 8899 ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong (Fax: 2866 0616 or Email to education@hkcfp.org.hk)

I am a ***Member / Non-member** of The Hong Kong College of Family Physicians. **(*Please delete as appropriate)**

I would like to attend the Certificate Course on the following dates(s) (Please as appropriate)

~~27 May 2017~~ 24 June 2017 29 July 2017 26 August 2017 30 September 2017

Name: _____ Tel: _____ Fax: _____ Date: _____

Email: _____



ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2017

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisor** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2017
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)
 HK\$950 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Successful applicants will be informed later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2017 Timetable for Workshop

Date	Topics	Venue
22 April 2017 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
20 May 2017 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
17 June 2017 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
22 July 2017 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
26 August 2017 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
16 September 2017 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road


- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

6 July 2017
Thursday
The Impact of Nutritional Status to Assessing Growth
A/Prof Marion Margaret Aw Hui Yong
*Senior Consultant,
Division of Paediatric Gastroenterology, Nutrition,
Hepatology and Liver Transplantation*

Chairman	Dr. Lee Kar Yun, Peter The Hong Kong College of Family Physicians	
Time	6:30p.m. – 7:00p.m. Registration 7:00 p.m. – 8:30 p.m. Lecture & Discussion 8:30 p.m. – 10:00 p.m. Dinner	
Venue	Ballroom at The Langham, Hong Kong, 8 Peking Road, Tsimshatsui, Kowloon, Hong Kong	
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00	
Accreditation	2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Abbott Laboratories Ltd


22 July 2017
Saturday
Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	Evolving Management in Psoriasis	
Speaker	Dr. Chan Yung Specialist in Dermatology and Venereology	
Coordinator & Chairman	Dr. Lam Wing Wo, Edmund The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion	
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.	


HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Novartis Pharmaceuticals (HK) Ltd

8 July 2017
Saturday
Board of Education Interest Group in Evidence-Based Medicine (EBM)

Topic	Management of Uncomplicated Cystitis: Medication and Alternative Treatment. How Strong is the Evidence?	
Speaker	Dr. Lau Wai Yee, Aster	
Moderator	Dr. Lau Kin Sang, Kinson The Hong Kong College of Family Physicians	
Co-ordinator & Chairman	Dr. Lee Wan Tsi, Francis The Hong Kong College of Family Physicians	
Time	Part A 2:15 pm to 3:15 pm Lecture Part B 3:15 pm to 4:15 pm Discussion	
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Discussion will be in English or bilingual.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Please bring along your mobile internet device if available. Participants are expected to take an active role in discussion during the workshop. They are requested to take part in a survey on management of cystitis. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.	

25 July 2017
Tuesday
New insight of the first-line anti-diabetic agent
Prof Kennedy Cruickshank
Professor of Cardiovascular Medicine & Diabetes in the Diabetes & Nutritional Sciences division, Kings College, & Consultant physician, St Thomas' & Guy's Hospitals, London

Chairman	Dr. Tsui Hing Sing, Robert The Hong Kong College of Family Physicians	
Time	1:00p.m. – 2:00 p.m. Registration and Lunch 2:00 p.m. – 4:00 p.m. Lecture & Discussion	
Venue	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00	
Accreditation	2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Merck Pharmaceutical (HK) Ltd

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

June's session:

Date	30 June 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Management of Diabetes in Daily Practice" by Dr. Michele Yuen
Admission	Free for Members
Accreditation	1 CME point HKCFP [Cat. 4.2] 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register
Online

July's session:

Date	28 July 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Updates in HIV Medicine" by Dr. Jacky Chan
Admission	Free for Members
Accreditation	1 CME point HKCFP [Cat. 4.2] 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register
Online

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
6 Jul 2017 1:00 – 3:00 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Contraception Update Dr. Sylvia CHOI Sze Ngar Associate Consultant, Obstetric and Gynaecology Department, United Christian Hospital	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 July 17 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	(1) Introduction of FM (2) Promotion of Positive Mental Health in Community Dr. Leung To Fung & Dr. Hou Jing	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Principle of Family Medicine Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Rational Prescribing Dr. Wong Sze Man & Dr. Chan Wing Chi Annie	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Principles of FM: the Art of Communication Skills Dr. Tseung Kwan Hang	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
6 July 17 (Thu)			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Application of FM Principle in Management of Patient with Suboptimal Chronic Disease Control Dr. Chan Chi Ho & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Review of FM Training Dr. Michelle Wong	Ms. Kwong Tel: 2595 6941

12 July 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Approach to Abnormal Laboratory Results (Microbiology) Dr. Lee Wing Lam & Dr. Chui Tsz Hang	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Vocational Training Programme for Family Medicine in Hong Kong Dr. Chung Ka Chun	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Living Will, Advanced Directive & Guardianship Dr. Hui Yuk Ting Candy & Dr. Suen Gee Kwang Victoria	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	6/F, Tsan Yuk Hospital	Emergency Drill (Department's Geographical Drill) Dr. David Cheng	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Understanding Myofascial Problem and Introduction of Bowen Therapy Dr. Choi Yue Kwan	Ms. Carmen Kwong Tel: 2632 4371

13 July 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Application of Evidence Based Medicine: Use of Vaccine in Primary Care Setting Dr. Chan Ching & Dr. Ho Chung Yu	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Patients with Obesity in Family Medicine Dr. Lo Yuen Man	Ms. Kwong Tel: 2595 6941

19 July 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Approach to Abnormal Laboratory Results (Chemical Pathology) Dr. Kam Ngar Yin, Irene & Dr. Chan Kiu Pak, Kilpatrick	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Consultation Models Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update on Management of Hyperlipidaemia & Ischaemic Heart Disease Dr. Lim Martina & Dr. Wong Yu Man Tracy	Ms. Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Introduction to FM Training Dr. Lee Man Kei	Ms. Carmen Kwong Tel: 2632 4371

20 July 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	IMHP Case Sharing by TMH ACC Dr. Wong Chun Fai & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Organ Transplant and Organ Donation Dr. Chiu Yuen Man	Ms. Kwong Tel: 2595 6941

26 July 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Euthanasia, Organ Transplantation Dr. Siu Wing Yee & Dr. Lau Ka Man	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Application of Evidence Based Medicine: Update on the Use of Antibiotics in Primary Care Setting Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Common Symptom Complaints - fever Dr. Dora Chiu	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	ICPC Coding Dr. Yeung Ka Yu Doogie & Dr. Lee Shek Hang Henry	Ms. Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Colorectal Cancer Screening Pilot Programme in HK Dr. Barry Yan Chi Yung	Ms. Carmen Kwong Tel: 2632 4371

27 July 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Phone Consultations / Cyber-Consultations Dr. Kum Chung Hang & Dr. Wong Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Handling Complaint Cases Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Jun	19	20	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting 1:00 – 3:30 p.m. CME Lecture	23	24 2:00 – 4:00 p.m. Interest Group in Medical Humanities 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2017
25 2:30 – 5:30 p.m. Conjoint Examination 2017 – Information Seminar on OSCE	26	27 1:00 – 3:30 p.m. CME Lecture	28 2:15 – 7:30 p.m. Structured Education Programme	29 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	30 2:30 – 3:30 p.m. Video Session	1 Jul
2	3	4 9:00 p.m. Board of DFM Meeting	5 2:15 – 7:30 p.m. Structured Education Programme	6 2:15 – 7:00 p.m. Structured Education Programme 1:00 – 3:00 p.m. CME Course for General Practitioners 2017 in UCH 6:30 – 10:00 p.m. CME Dinner Symposium	7 8:30 p.m. DFM 2017-18 Introduction Session	8 2:15 – 4:15 p.m. Interest Group in EBM
9	10	11	12 2:15 – 7:30 p.m. Structured Education Programme	13 2:15 – 7:00 p.m. Structured Education Programme	14	15
16	17	18 9:00 p.m. Board of Conjoint Examination Meeting	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme	21	22 1:00 – 4:00 p.m. Interest Group in Dermatology 2:30 – 5:30 p.m. AEC 2017
23	24	25 1:00 – 3:30 p.m. CME Lecture	26 2:15 – 7:30 p.m. Structured Education Programme	27 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	28 2:30 – 3:30 p.m. Video Session	29 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2017 2:30 – 5:30 p.m. DFM Module V Consultation Skills Workshop I

FP LINKS EDITORIAL BOARD 2017

Board Advisor : Dr. Wendy Tsui	Feature:	Dr. David Cheng <i>Section Editor</i>	Dr. Tam John Hugh <i>Deputy Section Editor</i>
	News Corner:	Dr. Sze Hon Ho <i>Section Editor</i>	Dr. Natalie Siu <i>Deputy Section Editor</i>
Chief Editor : Dr. Catherine Ng	After Hours:	Dr. Judy Cheng <i>Section Editor</i>	Dr. Yip Tze Hung <i>Deputy Section Editor</i>
	WONCA Express:	Dr. Ho Ka Ming <i>Section Editor</i>	Dr. Fok Peter Anthony <i>Deputy Section Editor</i>
Deputy Editors: Dr. Anita Fan Prof. Martin Wong Dr. Natalie Yuen	Photo Gallery:	Dr. Maria Leung <i>Section Editor</i>	Dr. Christina Cheuk <i>Deputy Section Editor</i>
	Board of Education News:	Dr. Alvin Chan <i>Section Editor</i>	
	Board Members:	Dr. Chan Man Li Dr. Heidi Fung Dr. Alfred Kwong Dr. Law Tung Chi	Dr. Ngai Ka Ho Dr. Sin Ming Chuen Dr. Tsui Hiu Fa Dr. Wong Yu Fai



Back row (left to right): Dr. David Cheng, Dr. Alfred Kwong and Dr. Ken Ho
Front row (left to right): Dr. Tam John Hugh, Dr. Judy Cheng, Dr. Sin Ming Chuen, Dr. Anita Fan, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Law Tung Chi, Dr. Heidi Fung, Dr. Tsui Hiu Fa and Dr. Sze Hon Ho



Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

"Restricted to members of HKCFP. The views expressed in the Family Physicians Links represent personal view only and are not necessarily shared by the College or the publishers. Copyrights reserved."


Contact and Advertisement Enquiry Ms. Alky Yu
Tel: 2871 8899 Fax: 2866 0616
E-mail: alkyu@hkcfp.org.hk

The Hong Kong College of Family Physicians
Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

To find out more, contact us:

 www.hkcfp.org.hk  2871 8899

 hkcfp@hkcfp.org.hk

 Find us on **facebook.** The Hong Kong College of Family Physicians