



# FP Links

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## Message from the President



March proved to be a busy month.

The Cross Strait Exchange conference was hosted at Xiamen, Fujian from 17<sup>th</sup> to 19<sup>th</sup> March. This year, the College had sent a delegation of nearly twenty headed by our Censors, Dr. Donald Li and Prof. Cindy Lam. The first day we had witnessed the first batch of three recipients of HKCFP Donald Li

Scholarship. The scholarship was jointly presented by Donald and Prof. Amanda Howe, President of WONCA. Donald had his talk on WONCA and I concentrated on the development, training and examinations of the College.

Drs. Lau Ho Lim, Liang Jun, Dao Man Chi, Chiang Lap Kin, and Dana Lo had all contributed to the various topics and showed a strong Hong Kong presence. I must also thank our Executive Manager, Ms. Erica So in helping promote our 40<sup>th</sup> Anniversary Conference to the 2000 delegates. China healthcare reform has put a major emphasis on our discipline and I was heartening to see significant progress in skill development, recruitment and aspiration for more trained family doctors.

Most of us missed the chance to visit Piano Island (Gulangyu) in Xiamen but this was well compensated by the delicious “free” dinner offered by Donald and we all knew he was synonymous with high standard cuisine.

Professor Martin Roland was the inaugural Chair in Health Services Research, University of Cambridge. He was appointed the HKCFP Visiting Professor in Family Medicine of the University of Hong Kong and visited us from 24<sup>th</sup> -31<sup>st</sup> March 2017. He was a GP at Manchester, UK and is a keen supporter of Manchester United knowing that there are a lot of Red Devils in Hong Kong.

His visit started with the Primary Care Research Symposium co-organized by Department of Family Medicine and Primary Care, HKU and the College on 25<sup>th</sup> March, 2017. Professor Roland delivered the keynote speech on “Designing Health Care Systems for Patients with Complex Conditions”. Most healthcare systems in the world including Hong Kong face increasing challenges from patients with multiple health



problems including elderly people with frailty and advanced illness. Often the needs of these patients are poorly met by existing health services, especially those focusing on care by sub-specialists, those designed for single episodes of care, and those where remuneration is based on fee for service. All these tend to fragment care for this group of patients who need team-based whole-person care. This is a true reflection of the present healthcare system in Hong Kong. He was also involved in a lively Roundtable Discussion on “The Future of Primary Care” in which I was a discussant. Here came my favourite topic on training and manpower, highlighting the severe lack of trained family doctors in Hong Kong.

He thought there were many opportunities for Hong Kong to play a vital role in the development of primary care in Mainland, and encouraged us to collaborate with local and overseas universities to build teaching and research capacity. He observed that our family medicine and primary care undergraduate curriculum depended a lot on the good will of many honorary teachers, who are members of the College, in teaching students in their practices. This might be difficult to sustain without Government subsidy. The sharing of his experience from the United Kingdom has sent out a strong message to the Government and society at-large the importance of investing in family medicine and primary care for the aging population.

**Dr. Angus MW CHAN**  
President





# 更致全康 四十載 春夏秋冬 健康來

## 家庭醫生

家庭醫生為市民在醫療系統的第一個接觸點，  
守護每一位市民的健康。

香港家庭醫學學院，努力將優質健康資訊與家庭醫學理念帶給大眾。為慶祝香港家庭醫學學院成立四十週年，本學院將於2017年四個季度共主辦四場公眾健康教育講座。

詳情如下：



日期	時間	地點	題目	講者	
春季 3月25日 (星期六)	下午3時	香港灣仔駱克道3號 香港小童群益會5樓 502室演講廳	過敏性鼻炎/哮喘 心血管健康	顏寶倫醫生 區志立醫生	
夏季 5月13日 (星期六)	下午3時	旺角奶路臣街38號 麥花臣匯3樓遊協禮堂	中暑/防曬 外遊前見醫生	何家銘醫生 陳穎欣醫生	
秋季	9月中旬	下午3時	稍後公佈	濕疹/皮膚護理建議 憂鬱症/常見情緒病	稍後公佈
冬季	11月中旬	下午3時	稍後公佈	常見的兒童感染 流感疫苗/常見的成人免疫接種	稍後公佈

參加者可獲贈精美紀念品乙份，送完即止。

查詢及報名：+852 2871 8899 (鄭先生或陳小姐)

(星期一至五 上午9:00 至下午1:00; 下午2:00至下午5:30; 星期六、日及公眾假期休息)

## 香港家庭醫學學院

電話：+852 2871 8899 傳真：+852 2866 0616 電郵：hkcfp@hkcfp.org.hk

地址：香港黃竹坑道九十九號香港醫學專科學院賽馬會大樓八樓803-4室

Facebook: <http://www.facebook.com/hkcfp>

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **February – March 2017**:

### Transfer from Associate to Fellowship

Dr LAU Wing Man	劉永文
Dr LEE Chun Hui	李俊輝
Dr LEUNG Hung Cho	梁雄初
Dr TONG Gerald Sze Ho	唐師豪
Dr YING Gard Ching, Derek	邢格政

### Associate Membership (New Application)

Dr CHOW Jun Fung, Johnathan	周俊鋒
Dr HUN Pek I	禰碧儀
Dr LEE Mei Yee	李美儀
Dr WALKER Peter Alan	-
Dr WONG Chiu Lun	王昭麟
Dr WONG Tze Wing	黃子榮

### Withdrawn of Full Membership

Dr TAI Chun Tai, Bernard (pass away)	戴鎮泰
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## Meeting Highlights

### CME Lecture on 6 March 2017

Dr. Yiu Ming Kwong, Chief & Consultant, Division of Urology, Queen Mary Hospital, Hong Kong, delivered a lecture on “Simple and Reliable Assessment Tools for Hong Kong OAB Patients” and Dr. Chan Ngai Ho Tony, Associate Consultant, Department of Medicine & Geriatrics, Tuen Mun Hospital, Hong Kong, delivered a lecture on “The Challenge of OAB Management in Elderly Patients” and Prof. Gratzke Christian, Assistant Professor, Department of Urology, Ludwig-Maximilians-University, Munich, Germany, delivered a lecture on “LUTS Management Insight: Limitations and Opportunities” on 6 March 2017.



Dr. Lau Wing See, Bea (1<sup>st</sup> from the right, Moderator) and Dr. Ho Lap Yin (1<sup>st</sup> from the left, President of H.K. Urological Association, Moderator) having the group photo with Dr. Yiu Ming Kwong (middle, Speaker), Dr. Chan Ngai Ho Tony (2<sup>nd</sup> from the left, Speaker) and Prof. Gratzke Christian (2<sup>nd</sup> from the right, Speaker) during the lecture on 6 March 2017

### CME Lecture on 17 March 2017

Dr. Hsueh Kuang-Chieh, Smoking Cessation Physician, Kaohsiung Veterans General Hospital, Taiwan, delivered a lecture on “Prospective of E-cigarette in Future” on 17 March 2017.

Dr. Chan Chi Wai, Edmond (left, Moderator) presenting a souvenir to Dr. Hsueh Kuang-Chieh (right, Speaker) during the lecture on 17 March 2017



### Interest Group in Dermatology

Dr. Gavin Ong, Specialist in Dermatology, Medical Director and Consultant at the Skin Specialist, Singapore, delivered a lecture on “Epidermal Barrier Dysfunction Management” and Dr. Rene C. Rust, PhD in Virology, University of Basel, Switzerland, delivered a lecture on “Advanced Skin Care for Successful Management of Skin Barrier Impairment and Symptoms” on 18 March 2017.

Dr. Lam Wing Wo, Edmund (right, Moderator) and Dr. Kwong Bi Lok, Mary (left, Council Member) presenting a souvenir to Dr. Gavin Ong (middle, Speaker) during the lecture on 18 March 2017



Dr. Lam Wing Wo, Edmund (right, Moderator) and Dr. Kwong Bi Lok, Mary (left, Council Member) presenting a souvenir to Dr. Rene C. Rust (middle, Speaker) during the lecture on 18 March 2017



### CME Lecture on 23 March 2017

Prof. Vivian A. Fonseca, Alumni Chair in Diabetes, Professor of Medicine and Pharmacology, Tulane University, USA, delivered a lecture on “Updates on New Insulin Analogue for T2DM Management in Primary Care” on 23 March 2017.



Dr. Chan King Hong (left, Moderator) presenting a souvenir to Prof. Vivian A. Fonseca (right, Speaker) during the lecture on 23 March 2017



## Internal Affairs Committee News

### Jazz Trio performance by Dr. John Chung and his friends, Mr. Mark Leung and Mr. Barry Lam

Dr. John Chung



Mr. Mark Leung



Mr. Barry Lam



From left to right: Mr. Mark Leung, Mr. Barry Lam and Dr. John Chung on stage

### Saxophone Solo performance by Dr. Raymond Yeung



Dr. Raymond Yeung on stage

We would like to express our heartfelt thanks again to Dr. John Chung and his friends, Mr. Barry Lam and Mr. Mark Leung and Dr. Raymond Yeung for their impressive musical performance.

### Performers invited for HKCFP 40<sup>th</sup> Anniversary Dinner in 2017

This year marks the 40<sup>th</sup> Anniversary of our College and we cordially invite you to share the joy of this commemorative year with us together by joining the performance team for the 40th Anniversary Dinner.

If you have a passion in performing on stage, do come and join us and have fun! We welcome musicians, magicians, singers, dancers and vocalists, just to name a few.

All College Members and Fellows are welcome to participate individually or in teams! Interested Members & Fellows, please email to us at [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk) or call Ms. Teresa Liu (Tel: 2871 8899) for more details.

We look forward to an enjoyable dinner gathering filled with wonderful performances in December 2017!

## Internal Affairs Committee News (Con't)

### Debriefing Meeting with Helpers of the 39<sup>th</sup> Annual Dinner

*Dr. David Chao, the Chairman of Internal Affairs Committee*

The 39<sup>th</sup> Annual Dinner was successfully held on 4 December 2016.

A debriefing meeting with helpers of the 39<sup>th</sup> Annual Dinner was conducted on 19 January 2017. The Committee would like to take this opportunity to thank all the helpers for their valuable time and effort in making this important College annual event a true success. We would also like to thank Dr. Maria Leung, and Dr. Matthew Luk to be our MCs and Dr. Lo Ling to be our volunteer photographer this year. The event would not have been run so smoothly without their tremendous support and contribution. Thanks again and see you all in the 40<sup>th</sup> Annual Dinner!



Photo 1: From left to right: Ms. Teresa Liu, Dr. Lo Ling, Dr. David Chao, Dr. Matthew Luk, Dr. Maria Leung, Ms. Windy Lau and Ms. Erica So

## UNIVERSITY HEALTH SERVICE

### Medical Officer

The University Health Service (UHS) of The Hong Kong Polytechnic University is a community-based Family Medicine training centre, as accredited by The Hong Kong College of Family Physicians. UHS provides primary care to students, staff members and their dependants and other eligible users. The University invites applications for the Medical Officer post in UHS. Duties: provide primary health care, health counselling, promote health education and perform administrative duties. Qualifications: registrable with The Medical Council of Hong Kong and fluency in spoken English and Cantonese. A higher qualification in Internal Medicine and / or Family Medicine is an advantage. Doctors enrolled in vocational training in Family Medicine are also welcome. Applicants who have responded to the previous advertisement need not re-apply. Please visit <http://www.polyu.edu.hk/uhs/en> for more information about UHS. Post specification and application form are available from the Human Resources Office (Homepage: <http://www.polyu.edu.hk/hro/job.htm>, Email: [hrstaff@polyu.edu.hk](mailto:hrstaff@polyu.edu.hk), Fax: 2764 3374). Application closing date: 29 April 2017.

## PRIMARY CARE DIRECTORY

- ★ Web-based directory
- ★ Contains personal and practice-based information of primary care providers
- ★ Good opportunity to make your practice known to the general public

Please **ENROL** at  
[www.pcdirectory.gov.hk](http://www.pcdirectory.gov.hk)



## Diploma in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2017.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

#### Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

<b>Aims:</b>	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
<b>Contents:</b>	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

#### Module IV – Clinical Updates (Updates and Clinical Attachment)

<b>Aims:</b>	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
<b>Contents:</b>	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties

#### Module V – Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
<b>Contents:</b>	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

July to September 2017	Module I
November 2017 to January 2018	Module II
July 2017 to May 2018	Modules III, IV & V
April / May 2018	Final Examination

### 5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

### 6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.



**7. Teaching Medium:**

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

**8. Course Fees:**

Whole course:  
HK\$32,000 for members of HKCFP  
HK\$64,000 for non-members

**(A discount of HK\$3,000 for early birds who apply on/before 20 May 2017)**

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,200	\$8,400
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,200	\$8,400
Module III (Structured Lectures & Seminars)	\$3,200	\$6,400
Module IV (Updates & Clinical Attachment)	\$3,400	\$6,800
Module V (Practical Workshops)	\$5,300	\$10,600
Examination	\$9,500	\$19,000
Administrative Fee	\$4,200	\$8,400

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

**9. Awards/Credits:**

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

**10. Application Procedure:**

**Application is now open**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2016 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

**11. Application Deadline: 30 June 2017**
**Comments From Former DFM Graduates**

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

*\*Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

## Certificate in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2017**.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a **HALF** year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Segment I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Segment II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

#### Segment III - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
<b>Contents:</b>	Orthopaedic Injection and Consultation Skills

### 3. \*Schedule:

The whole course requires **FOUR** months of part-time studies.

July to October 2017                      Segment I & II  
Three workshops within 2017              Segment III

### 4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine.

### 5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

### 6. Teaching Medium:

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

### 7. Course Fees:

HK\$9,500 for members of HKCFP  
HK\$19,000 for non-members

***All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.***

### 8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

### 9. Application Procedures:

#### Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$9,500 (or HK\$19,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

### 10. Application Deadline: 30 June 2017

*\*Course syllabus and schedule may be subject to change without prior notification*



## The HKCFP Award for the Best Research of 2016

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2016. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2017.

### Entry and assessment criteria are listed below:

#### Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

#### Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

**DEADLINE OF SUBMISSION: 31<sup>st</sup> May, 2017**

Supported by HKCFP Foundation Fund

## HKCFP Research Fellowship 2017

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

### Selection criteria

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Application potential will be judged on\*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
  - The completed application form;
  - The signed terms and conditions of the HKCFP Research Fellowship;
  - Curriculum vitae from the principal investigator;
  - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
  - Curriculum vitae from the supervisor.
3. Applications close on: **31<sup>st</sup> May, 2017**. Late applications will not be accepted.
4. Applications can be either sent:  
**By post** to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to [jeffcheng@hkcfp.org.hk](mailto:jeffcheng@hkcfp.org.hk)

Supported by HKCFP Foundation Fund

# 我是家庭醫生 同窗病友

吳雨春醫生



少年時在一間普通中學讀書，過了一段很浪漫的時光。在數學課學會圓形的代數方程，卻去尋找正方形和菱形的方程；在音樂課唱了一些歌，卻考慮如何同時往高和低擴闊自己的音域；在乒乓球訓練班認識了內彎和外彎球，卻想像如何製造先內彎後外彎的S形球…雖然當時的學習態度很好，卻不知道這些工作要花數十年來完成。幸好近來已經全做到了，也算是上天給我的一點安慰。有一點大家千萬別忘記，就是一個中學生花了五年光陰想這想那而不針對中學會考的試題來作出相應的預備，他會有甚麼下場？就是這樣，我因為會考成績不好而離開該校。

過了三十年又重回過中學生活的社區了。我在普通科門診工作，發現了一些熟悉的名字。若果是女病友，她們的容貌雖然似曾相識，可是否認是我的舊同學。若果是男病友，我們很大方地在診症室內相認。

昔日是同窗，今天是醫患。由於大家早已相識，彼此已有一定程度的信任，所以在診療會談中相當順暢。

每人也有不同的遭遇、際遇、奇遇，希望大家能珍惜每段友誼。人生本身就是一個大笑話，更可笑的是個個都哭著進來。縱然如此，我們仍能選擇笑著或哭著離開。



## A Weekend of Fruitful Scholastic Rendezvous

Dr. Lau Ho Lim  
Vice President (General Affairs), HKCFP  
Chairman, Board of Professional Development and Services

During a beautiful weekend in spring, more than 2000 doctors gathered in Xiamen, China to attend the Fourth Cross-Straits Conference on General Practice from 17 to 19 March 2017. The Hong Kong College of Family Physicians was invited to be one of the co-organisers of this conference. We had a delegation of more than a dozen doctors from Hong Kong.

On the day before the conference, the Executives Meeting and then the Council Meeting of the Cross-Straits Medicine Exchange Association and Commission of General Practice (CMEACGP) (海峽兩岸醫藥衛生交流協會全科醫學專業委員會) were held. Prof. Cindy Lam, Dr. Angus Chan, Dr. Lau Ho Lim and Dr. Lorna Ng were invited to both Meetings. During these meetings, the progress reports and the future plans of the CMEACGP were discussed. A Youth Chapter would be created. The best papers of the conference and the Ten Best Council Members were announced. The GP training courses organized by the Board of Professional Development and Services (BPDS), HKCFP was reported as receiving positive reception from GP units in China and the cooperation would continue.

The Conference in Xiamen was opened officially on Saturday 18 March by Prof. Zhu Shanzhu and other notable figures in general practice in China. One of the highlights of the opening is the award ceremony of the HKCFP Donald Li Scholarship. Prof. Amanda Howe, President of WONCA, and Dr. Donald Li, President-Elect of WONCA, presented the Scholarship to the three awardees.



Awardees of HKCFP Donald Li Scholarship

The aim of the HKCFP Donald Li Scholarship is to provide an opportunity for outstanding family doctors in China with the appropriate knowledge, attitude and practical experience to have further practical family medicine training opportunities in Hong Kong. The Scholarship would be awarded to three practising front-line doctors in China who have attended the Training Course in Family Medicine in Hong Kong co-organised by the HKCFP and the CMEACGP each year. Each recipient of the Scholarship would receive HK\$10,000 for further practical family medicine training in Hong Kong for one week. They will be assigned to attachments in approved Family Medicine training centres in Hong Kong.

Because of the clinical-oriented training provided by the Scholarship, only practising front-line doctors will be considered for the Scholarship. The awardees of the Scholarship will be vetted by a selection committee formed under the Board of Professional Development and Services, Hong Kong College of Family Physicians, based on the following criteria:

- 1) The applicant's performance during the Training Course in Hong Kong,
- 2) The practical experience of the applicants, and
- 3) An essay not more than 800 words outlining their specific learning objectives in family medicine and their views on family medicine learning.

After the opening ceremony, the conference went into full swing. Prof. Amanda Howe presented the current status of international Family Medicine training, followed by a summary in Putonghua by Dr. Donald Li. In the afternoon, our President Dr. Angus Chan spoke on the development and training of Family Medicine in Hong Kong in one of the plenary sessions.

On Sunday morning, among the 4 parallel forums, there was one for young GPs. One young doctor each from China, Taiwan and Hong Kong co-chaired this Forum. Dr. Dana Lo, one of our Council Members, was one of them. She, together with Dr. Dao Man Chi and Dr. Chiang Lap Kin, shared their experience and presented their interests.

While on young doctors, it is imperative to mention that the HKCFP is very supportive of the current international trend of a developmental emphasis on young doctors. In our recent Council Meeting, it was agreed that Dr. Loretta Chan would be HKCFP's representative in the new Youth

Chapter in the Hong Kong Academy of Medicine. Loretta is an extremely dedicated and versatile young doctor in our College. She is a member of our Council and she has also made tremendous contributions in the 3 Boards and 2 Committees, one as Chairman, in which she currently serves (Board of Conjoint Examination, Board of Diploma in Family Medicine, Board of Professional Development and Services, Membership Committee and Public Education Committee). We can be pretty sure our future will be in good hands.

In the afternoon of 19 March, there was a forum organised solely for the training course for mainland doctors provided by the BPDS. This Forum was co-chaired by Dr. Lau Ho Lim, Chairman of BPDS, and 2 other students from the first training course, who are also experienced trainers in their respective GP units in China. Dr. Lau opened the Forum with an introduction of our training course and its main learning points and future development. He then introduced all teachers in our course to the audience and invited to the stage those teachers who went to Xiamen: Drs. Loretta Chan, Mark Chan, Jun Liang, Dana Lo, Jenny Wang and Yu Ching Ching. After that, Dr. Jun Liang, Vice Chairman of BPDS, gave an insightful presentation of the important conceptual principles of doctor-patient communication. It was then followed by presentations by the 3 awardees of the HKCFP Donald Li Scholarship and 4 other past students of our course, of what they had learned from the course and how they had applied it to their daily practice and/or teaching activities.



Dr. Angus Chan delivered Plenary Speech and received souvenir from the Moderator Prof. Cindy Lam

This Conference in Xiamen has provided an excellent opportunity for us to meet old friends and make new ones, both on academic and personal levels. What is really important is the continual and significant recognition by doctors in China of our College's expertise in teaching and learning Family Medicine. At the same time, we all are happy to witness the fast growth of Family Medicine in China in general, and the contribution of our College over the years towards this growth in particular.

On this occasion we did not meet others only. Attending the Plenaries and Forums and listening to other family physicians' presentations, we also met the very first passion inside us that drove us into Family Medicine as a life-long professional endeavour. It is a time when both interpersonal and intrapersonal actualisations went hand in hand.

We would definitely have fond memories of all these happy and fruitful scholastic rendezvous in Xiamen.



Forum of HKCFP training programme for Mainland GPs



Prof. Zhu Shanzhu (left) exchanging souvenirs with Prof. Amanda Howe (right)



Forum for young GPs



Roundtable discussion

## New Choice for Oral Anti-Coagulation for Atrial Fibrillation

Atrial fibrillation is not uncommonly encountered in family medicine practice. As we all know, it is associated with stroke, which is one of the leading causes of death and can cause significant morbidity.

The thromboembolic risk of atrial fibrillation can be reduced by two third with anticoagulation therapy compared to placebo, but it is used mainly in the moderate to high risk group (CHA<sub>2</sub>DS<sub>2</sub>-VASc risk stratification score  $\geq 2$ ) due to bleeding risk resulted from the treatment. For the low risk group, anti-platelet agents such as aspirin is used.

Traditionally, warfarin is the drug of choice when anticoagulant is indicated. But it needs frequent blood test monitoring, strict diet control and it interacts with quite some numbers of drugs which limit its use. Currently, a new group of medicine called NOAC (Novel Oral Anti-coagulant /Non Vitamin K antagonist Oral Anti-coagulant/New oral anticoagulant) provides a reasonable alternative. E.g. dabigatran, rivaroxaban, and apixaban.

In a meta-analysis in Lancet in December 2013, it is found that risk of stroke in NOAC and warfarin group were 3.1% and 3.8% respectively. The difference was mainly driven by a reduction of haemorrhagic stroke. The risk of intracranial haemorrhage was reduced with relative risk reduction of around 50% but gastrointestinal bleeding risk was higher with hazard ratio 1.25.

In a recent observational nationwide cohort study published in British Medical Journal in June 2016, all three NOACs mentioned above are comparable to warfarin and without significant difference in preventing stroke. The combined bleeding risk of rivaroxaban (5.3%) is comparable with warfarin (5.0%), while bleeding risk of apixaban (3.3%) and dabigatran (2.4%) is lower.

In summary, NOACs are comparable with warfarin in reducing stroke with a slightly favorable side effect profile under current evidence. It is more convenient that it does not need strict diet restriction, and INR monitoring with less drug-drug interaction, but a higher drug cost.

### Reference:

BMJ 2016;353:i3189

Lancet [Volume 383, No. 9921](#), p955–962, 15 March 2014

[J Thorac Dis.](#) 2015 Feb; 7(2): 165–171

**Compiled by Dr. Yip Chun Kong, Sam**





# 秘境 - 兔島遊

Dr. John-Hugh Tam

大久野島 (Okunoshima) 位於日本瀨戶內海的廣島和四國之間，屬廣島縣竹原市忠海町。它有「從地圖上消失的島」和「毒氣島」之稱。1929至1945年間，大久野島是日軍的化學武器生產基地，生產了超過六千噸的芥子毒氣及其他毒氣。隨著戰爭結束，駐日盟軍及日本政府拆除毒氣生產設施及銷毀遺下的武器，大久野島亦從此長時間變成了無人島。

700,000平方公尺的大久野島現在也是約700頭野生兔子的棲息地，所以也被稱為「兔島」或「兔子樂園」。島上的兔子種類是「穴兔」(Oryctolagus cuniculus)，一種原產於西南歐(西班牙和葡萄牙)的兔子。關於島上兔子的來源有兩個傳說。傳說一：為了實驗芥子毒氣，當年日軍帶著兔子上島。戰爭結束後，實驗用的兔子也跟著一同被丟棄，它們在沒有天敵的良好條件下肆無忌憚地繁殖。傳說二：1971年，一群來戶外旅行的學生在這裡放生了8隻兔子，從此兔子便在這裡繁衍。「兔島」現時的主要景點包括渡假村、旅客中心及毒氣資料館。因為每年約有10萬多遊客前往此島，在「見慣見熟」的情況下，兔子都完全變得不怕人了。

## 怎樣去「兔島」?

要前往大久野島，先要到忠海車站，才能轉船到大久野島。



至於要如何到忠海呢? 主要有3個方法:

- 1) 從廣島駅乘坐JR吳線的「安芸路ライナー」，於廣站轉乘吳線普通列車到忠海，車程約2小時，車費約1300円；
- 2) 從廣島駅乘坐JR山陽本線到三原，再在三原轉吳線普通列車到忠海，車程約2小時，廣島往三原的山陽本線班次比「方法1」的要密，車費約2000円；

- 3) 從廣島駅乘坐JR山陽新幹線到三原，再在三原轉吳線普通列車到忠海，車程約1小時，車程最短但當然車費最貴，車費約4000円。

如果是在廣島以外地方前往，基本上也是利用三原轉車的方法，例如由鄰近的尾道過來，或者是關西地區等。

到忠海車站後，再步行約3至5分鐘就可到達碼頭轉船到大久野島。忠海往大久野島船程約15分鐘，來回船票620円，可以一次過在碼頭售票處購買。售票處也有兔糧買。



最後，是愛護兔子應注意的事項：

1. 切勿追趕兔子，也不要抱兔子 - 兔子是軟弱的動物，處於緊張狀態時，容易受傷/骨折。
2. 為了遊客和兔子安全，切勿在馬路或路邊接觸兔子。
3. 切忌伸手到兔子的嘴巴前 - 因兔子的牙齒很尖但視力不太好。如果將兔糧直接送到兔子嘴巴前，很容易會被咬傷手指。
4. 切勿給兔子吃糕點或麵包，會導致生病。
5. 為免影響島上原有的生態，切勿偷偷帶兔子和其他動物到島上，也不要隨地扔垃圾。



## 參考資料

休暇村大久野島: <http://www.qkamura.or.jp/ohkuno/>

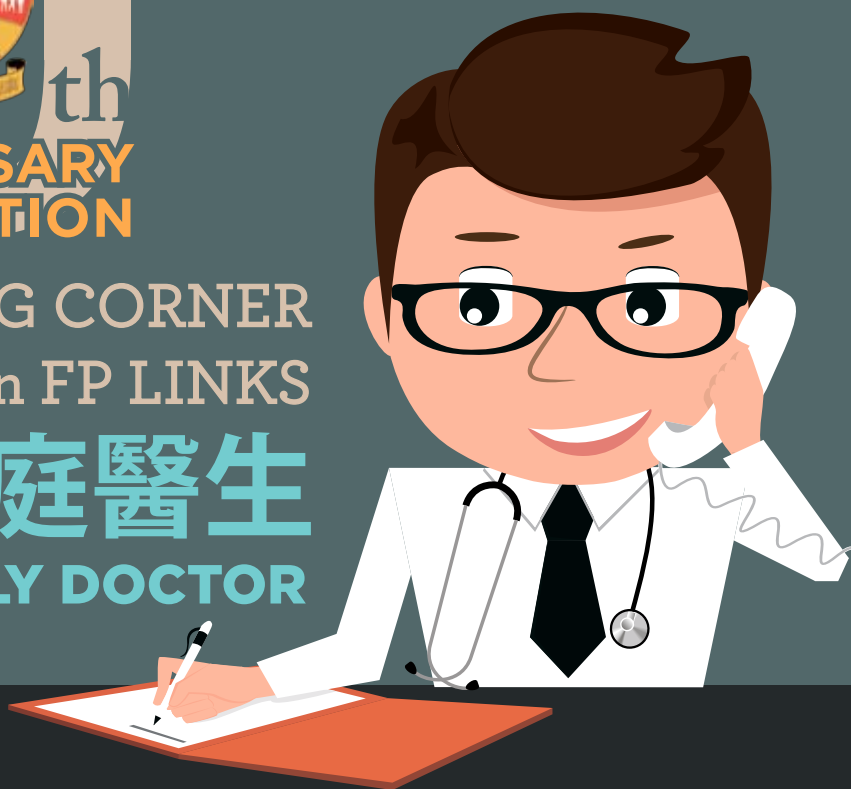
兔島的原野兔子們 - <http://www.jiru.com/RabbitIsland/index.shtml>

# 40<sup>th</sup> ANNIVERSARY CELEBRATION



WRITING CORNER  
in FP LINKS

我是家庭醫生  
I AM A FAMILY DOCTOR



2017 marks the 40<sup>th</sup> Anniversary of the Hong Kong College of Family Physicians. Writing Corner in FP Links is now open for submission. College Members and Fellows are invited to write on the topic “I am a Family Doctor” (我是家庭醫生). Submissions can be related to case sharing, interesting encounters, reflections and aspirations as a family doctor.

The selected articles would be published in FP Links and College website during the period of HKCFP 40<sup>th</sup> Anniversary year according to the tentative schedule below:

Submission Deadlines	FP Links Publication Schedule (maybe subject to change without notice)
<del>30<sup>th</sup> November 2016</del>	<del>January - March 2017 Issues</del>
<del>28<sup>th</sup> February 2017</del>	<del>April - June 2017 Issues</del>
31 <sup>st</sup> May 2017	July - September 2017 Issues
31 <sup>st</sup> August 2017	October - December 2017 Issues

### Selection Panel :

- To be appointed by the 40<sup>th</sup> Anniversary Celebration Organizing Committee.
- The decision of the 40<sup>th</sup> Anniversary Celebration Organizing Committee is final.

### Submission details :

- Articles must be the original work(s) of the doctor.
- Articles must be submitted by electronic format. The word count should NOT exceed 500 words (English or Chinese). All submissions must be in Microsoft Word format.
- Each member could submit **ONE** piece of article for this event.
- The copyrights of the submitted articles would be transferred to the Hong Kong College of Family Physicians.

For submission and enquiry please contact:

**Mr. Jeff Cheng** Administrative Executive

**The Hong Kong College of Family Physicians**

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## Interest Group in Dermatology – The 58<sup>th</sup> Meeting on 18 March 2017

Dr. Chau Ka Vai - College Member

**Topics and Speakers : 1. Epidermal Barrier Dysfunction Management**

**Dr. Gavin Ong**

Specialist in Dermatology, Medical Director and Consultant at the Skin Specialist, Singapore

**2. Advanced Skin Care for Successful Management of Skin Barrier Impairment and Symptoms**

**Dr. Rene C. Rust**

PhD in Virology, University of Basel, Switzerland

**Moderator : Dr. Lam Wing Wo**, Board of Education

### Learning Points:

This talk is about atopic dermatitis (AD). Dr. Ong described the demographics and clinical presentation of atopic eczema followed by the pathophysiology. The treatment methods were also presented. Dr. Rust supplemented the scientific background of pathogenesis and treatment of AD.

Dr. Ong started the talk with the epidemiology of the disease. AD is the most common chronic skin disease in children; in which 20-30% persist into adulthood. AD is a clinical diagnosis presented with pruritus and eczema with chronic relapsing course. Seventy percent of patients have family history. AD is generally the first manifestation of atopy accompanied by other allergic disorders. The pruritus, sleep disturbance and comorbidities of AD affects patients' quality of life.

At the moment, immune dysregulation and epidermal barrier defect are believed to be major pathogenesis. Altered permeability barrier and reduced moisture content of stratum corneum are the culprit. Ceramides play a crucial role in barrier function.

Regarding treatment of AD, it should be individualized. Multimodal approach may be necessary. In initial acute therapy, appropriately potent agents can be used. For maintenance therapy, there is emphasis on emollients

and other modalities such as dilute bleach bath. Step up approach was presented. It begins with emollients, and then to topical corticosteroids, calcineurin inhibitors and systemic treatment such as phototherapy, cyclosporine, azathioprine and methotrexate. More advanced treatment modalities including targeted immunotherapies were mentioned.

The importance of moisturiser which was the cornerstone of AD management was elaborated. The principles of occlusion, humectancy, emolliency which are central to stratum corneum maintenance were discussed. Studies showed that combination of topical steroids and moisturiser is more effective than topical steroids alone in management of AD.

Dr. Rust further added in his presentation about the scientific basis of skin barrier and its mechanism in preventing excessive moisture loss from skin. The need for frequent moisture use and skin barrier protective agents were mentioned. The information enriched the understanding of the theoretic basis behind different treatment modalities.

### Next Meeting

The next meeting will be on 6 May 2017 (Saturday). The guest speaker is Dr. Lee Yip Chee, Kevin, a Specialist in Dermatology and Venereology, who will speak to us on "Update Management of Acne Vulgaris in Asian Patients". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.



# 升級 家庭 醫生



三月十三日起 逢星期一

港台電視 31 港台電視 31A  
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## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2017

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisor** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :  
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops  
 2. To improve physical examination technique and clinic procedural skills through hands-on experience  
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups  
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2017
- Course Structure** : The course will consist of 4 main components:  
 1. Seminars  
 2. Workshops  
 3. Self-help Group Support  
 4. Mock Exam  
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)  
 HK\$950 (Spot admission for each seminar or workshop only)  
 All cheques payable to **"HKCFP Education Ltd"**  
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Successful applicants will be informed later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

### Assessment Enhancement Course 2017 Timetable for Workshop

Date	Topics	Venue
22 April 2017 (Sat) 2:30 – 5:30 p.m.	<b>Introduction</b>	Duke of Windsor Social Service Building, Wanchai
20 May 2017 (Sat) 2:30 – 5:30 p.m.	<b>Approach to Physical Complaints</b>	Duke of Windsor Social Service Building, Wanchai
17 June 2017 (Sat) 2:30 – 5:30 p.m.	<b>Proper Physical Examination &amp; Common Clinic Procedures</b>	Duke of Windsor Social Service Building, Wanchai
22 July 2017 (Sat) 2:30 – 5:30 p.m.	<b>Viva Practice: Enhance Interprofessional Communication</b>	Duke of Windsor Social Service Building, Wanchai
26 August 2017 (Sat) 2:30 – 5:30 p.m.	<b>Problem Solving Skills</b>	Duke of Windsor Social Service Building, Wanchai
16 September 2017 (Sat) 2:30 – 6:00 p.m.	<b>Mock Exam</b>	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

**6 May 2017**

**Saturday**

**Board of Education Interest Group in Dermatology**

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	<b>Update Management of Acne Vulgaris in Asian Patients</b>	
Speaker	<b>Dr. Lee Yip Chee, Kevin</b> Specialist in Dermatology and Venerology	
Co-ordinator & Chairman	<b>Dr. Lam Wing Wo, Edmund</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.</b>	

**Register Online**

Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.</b>

**Register Online**

**HKCFP would like to thank HKMA for supporting this educational activity.**

Sponsored by  
**Galderma Hong Kong Limited**

**13 May 2017**

**Saturday**

**Board of Education Interest Group in Counseling**

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	<b>Difficulty faced by parents and their children with special education needs (SEN)</b>	
Speaker	<b>Ms. SHEH Ching Shan Annie</b> Clinical Psychologist	
Co-ordinator & Chairman	<b>Dr. Lau Wai Yee, Aster</b> The Hong Kong College of Family Physicians	
Time	2:30 p.m. – 4:00 p.m.	Theme Presentation
	4:00 p.m. – 4:30 p.m.	Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	

**27 May 2017** **Saturday**

**Board of Education Interest Group in Evidence-Based Medicine (EBM)**

Topic	<b>Evidence Based Medication for Common Cold</b>	
Outline	In 1931, the author of a CMAJ (Canadian Medical Association Journal) article on common cold said, "The common cold is so common that we are apt to pass it by with a contemptuous gesture, unless, of course, we are the sufferers ourselves." After more than eight decades, have things changed?  During this workshop we are going to: 1. Refresh our basic knowledge on common cold 2. Clarify any misunderstanding and consolidate our belief on its management 3. Search for evidence to support or refute prescription of any medications 4. Share our personal experience and ideas on its management, including alternative treatment.	
Speaker	<b>Dr. Ip Sui Wah Victor</b>	
Moderator	<b>Dr. Hui Lai Chi Primus</b> The Hong Kong College of Family Physicians	
Co-ordinator & Chairman	<b>Dr. Lee Wan Tsi, Francis</b> The Hong Kong College of Family Physicians	
Time	Part A 2:15 pm to 3:15 pm	Lecture
	Part B 3:15 pm to 4:15 pm	Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Discussion will be in English or bilingual.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Please bring along your mobile internet device if available.</b>  <b>Participants are expected to take an active role in discussion during the workshop. They are requested to take part in a simple survey on the prescription of medications for common cold. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B.</b>	

**Register Online**





## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

### April's session:

Date	28 April 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Management of Atopic Dermatitis &amp; Seborrheic Dermatitis in Primary Care" – Dr. Chan Yung</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register  
Online

### May's session:

Date	26 May 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Postmenopausal Osteoporosis Continuum" – Dr. Wan Man Choi</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register  
Online

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>13 May 2017</b> 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Menopause and andropause- What we should know about</b> Dr. TING Zhao Wei Private Endocrinologist	Ms. Clara Tsang Tel: 2354 2440
<b>18 May 2017</b> 1:00 – 3:00 p.m.	Conference Room, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	<b>Minor Surgery in Community Practice</b> Dr. Calvin TSUI Kwan Pok Associate Consultant, Surgery Department, United Christian Hospital	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>4 May 17 (Thu)</b>			
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Paediatric Prevention of Adult Cardiovascular Disease : Promoting Healthy Lifestyle and Identifying at Risk Children</b> Dr. So Chi Kin & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Journal Club</b> Dr. Yuen Chi Hang	Ms. Kwong Tel: 2595 6941
<b>10 May 17 (Wed)</b>			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Clinical Audit and Research</b> Dr. Mak Ho Yan Queenie & Dr Hou Jing	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Application of Evidence Based Medicine: Cancer Screening in Primary Care Setting</b> Dr. Zhang Dingzuan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Case Presentation (Rational Prescribing)</b> Dr. Chow Pui Yin Melody & Dr Hui Yuk Ting Candy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	<b>Management of Common ENT Diseases in OPD Setting</b> Dr. Winnie Kan	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>FM and Primary Health Care Development in HK</b> Dr. Shen Yu Wei Teresa	Ms. Carmen Kwong Tel: 2632 4371
<b>11 May 17 (Thu)</b>			
4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Clinical Approach: Headache and Facial Pain</b> Dr. So Lok Ping & Dr. Ho Tsz Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Common Symptom Complaints - Abdominal Pain</b> Dr. Rita Chan	Ms. Kwong Tel: 2595 6941



### 17 May 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Consultation Enhancement (Physical Examination and Video Consultation)</b> Dr. Ko Siu Hin & Dr. Kam Ngar Yin Irene	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Applying FM Principles in Elderly Health Prevention</b> Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Consent</b> Dr. Wong Yu Man Tracy & Dr. Wong Sze Man	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Emergency Care - Anaphylaxis, Acute Asthmatic Attack, Cardiac Arrest, Collapse</b> Dr. Tsang Pui Lim	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Understanding Pain</b> Dr. Barry Yan & Dr. Pong Wing Kwan Sharon	Ms. Carmen Kwong Tel: 2632 4371

### 18 May 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Update Management of Neuro Disease such as Stroke, Epilepsy</b> Dr. Ng Ngai Mui & Dr. Wong Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Management of Common ENT Diseases in OPD Setting</b> Dr. Chiu Yuen Man	Ms. Kwong Tel: 2595 6941

### 24 May 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Common Symptoms in Medicine and Geriatrics (3) (Arthralgia, Ankle Edema)</b> Dr. Siu Wing Yee & Dr. Lee Wing Lam	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Clinical Approach to Patients with Suicidal Ideation</b> Dr. Leung Lai Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Discussion on Community Health Check Programmes</b> Dr. Chan Wing Chi Annie & Dr. Yeung Ka Yu Doogie	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, 1/F, Ap Lei Chau GOPC	<b>Evidence-Based Medicine</b> Dr. Minru Li	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Infertility</b> Dr. Chen Liu Jing Mira	Ms. Carmen Kwong Tel: 2632 4371

### 25 May 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Case Sharing on Male/Female Reproductive Malignancies in GOPC</b> Dr. Sung Cheuk Chung & Dr. Yuen Ching Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Criminal Conviction and Disciplinary Proceedings</b> Dr. Rita Chan	Ms. Kwong Tel: 2595 6941

### 31 May 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Common Symptoms in Medicine and Geriatrics (4) (Minor Ailments, eg. Cough, Sore Throat, Vomiting, Diarrhoea)</b> Dr. Lau Ka Man & Dr. Kilpatrick Chan	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Geriatric Health Maintenance Part 2: Immunization and Incontinence</b> Dr. Ho Shu Wan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Practical Procedures</b> Dr. Lim Martina & Dr. Suen Gee Kwang Victoria	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Handling of Bereavement in Family Medicine</b> Dr. Leon Ngai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339

## Classified Advertisements

For sale

Used Hitachi ultrasound system model EUB-555G with general probe, cardiac probe & transvaginal/rectal probe. Sony color printer model UP-2800P included.

HKD50K. Please contact Stella at 25226744.

**Accredited Private FM Centre invites full time / part time Doctors** for expanding services (Tuen Mun / Kwai Fong). FM Trainee, Paediatricians welcomed. Basic + Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212-6654.

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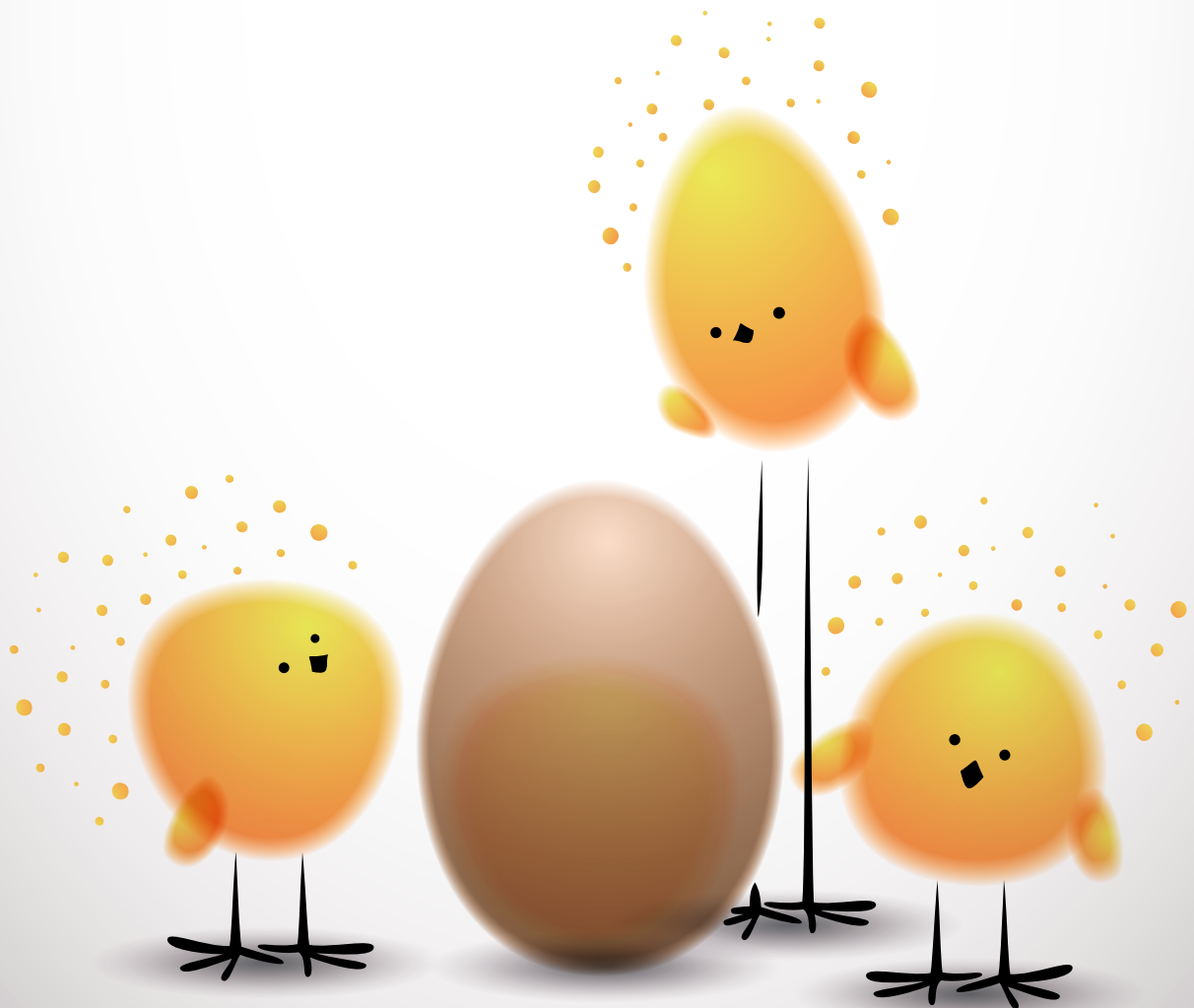
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The FP Links Editorial Board  
would like to thank all  
readers, contributors,  
sponsors and  
the College Secretariat for  
their tremendous support.

Wishing you all

# Happy Easter Month

The FP Links Committee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 <b>Apr</b>	17	18	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	21 9:00 p.m. Board of Conjoint Examination Meeting	22 2:30 – 5:30 p.m. AEC 2017
23	24	25	26 2:15 – 7:30 p.m. Structured Education Programme 6:00 p.m. Post Exit Exam Evaluation Workshop	27 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. BVTS Meeting	28 2:30 – 3:30 p.m. Video Session	29 2:30 – 5:00 p.m. DFM Written Examination
30	1 <b>May</b>	2	3	4 2:15 – 7:00 p.m. Structured Education Programme	5	6 1:00 – 4:00 p.m. Interest Group in Dermatology
7 1:00 – 6:00 p.m. DFM Clinical Examination	8	9	10 2:15 – 7:30 p.m. Structured Education Programme	11 2:15 – 7:00 p.m. Structured Education Programme	12	13 2:30 – 4:30 p.m. Interest Group in Counselling 3:00 p.m. 健康教育講座 (旺角)
14	15	16 9:00 p.m. DFM Board Meeting	17 2:15 – 7:30 p.m. Structured Education Programme	18 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	19 <b>World Family Doctor Day</b>	20 2:30 – 5:30 p.m. AEC 2017
21	22	23	24 2:15 – 7:30 p.m. Structured Education Programme	25 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	26 2:30 – 3:30 p.m. Video Session	27 2:15 – 4:15 p.m. Interest Group in EBM

## FP LINKS EDITORIAL BOARD 2017

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**Red** : Education Programmes by Board of Education  
**Green** : Community & Structured Education Programmes  
**Purple** : College Activities

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