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Message from the President



The Food and Health Bureau has gone ballistic since the beginning of the year. The Legco has begun the discussion on Proposal to Amend the Health Warnings on Packets and Retail Containers of Tobacco Products, and Proposed Regulatory Framework for Medical Devices. Regulation of Private Healthcare Facilities and the Composition of

Medical Council related to Medical Registration Ordinance (Amendment) Bill are in the pipelines.

Prof Sophia Chan, the Under Secretary for Food and Health, has spoken to me recently regarding the Hong Kong Code of Marketing of Formula Milk and Related Products, and Food Products for Infants & Young Children ("the Hong Kong Code"). I have promised her the College will certainly support and elaborate on my message to Members of the College.

The superiority of breastfeeding in ensuring physical and psychosocial health and well-being of mother and child as well as the important impacts of early nutrition on long-term health are widely recognised. Suboptimal breastfeeding practices incur considerable economic loss and preventable infant deaths. The creation of an environment that protects, promotes and supports breastfeeding requires a systemic approach, which includes enabling parents to make informed decisions on infant feeding free from commercial influence. In May 2016, WHO issued the "Guidance on ending the inappropriate promotion of foods for infants and young children" ("2016 WHO Guidance"). The Guidance recommended that "products that function as breast-milk substitutes should not be promoted".

The aggressive marketing of formula milk in Hong Kong has been considered as one of the contributing factors to the low breastfeeding rates in the local community. The implementation of the HK Code is just part of the effort to attain optimal infant and young child feeding practices. Ongoing and concerted actions by the Government and various sectors of the community are necessary for the purpose of protecting and promoting breastfeeding and

hence optimal infant and young child feeding. The HK Code is voluntary in nature and I appeal to our members to abstain from giving out formula milk samples and not to sell breast-milk substitutes in the clinic.

To kick start the 40th Anniversary celebration, the Public Education Committee has already coordinated 2 programmes starting this month. The TV programme 'My Family Doctor 2017' (升級家庭醫生), jointly produced by Radio Television Hong Kong, Primary Care Office of Department of Health and our College will be shown on RTHK TV Channel 31 in March 2017. The programme will show clips of the previous TV drama 'My Family Doctor' and 'My Family Doctor II'. Our College representatives with other invited healthcare professionals and presenter Mr. Wong He (王喜) will have discussion forum on various healthcare topics related to the episodes and will enhance the audiences with more knowledge on management and prevention of these common problems. Secondly, the quarterly public health education programme will have the first outing on Saturday 25th March 2017 at The Boys' & Girls' Clubs Association of Hong Kong in Wanchai. Dr. Ngan Po Lun will talk on allergic rhinitis and asthma, and Dr. Au Chi Lap is tasked with cardiovascular health. Please put up the poster in your clinic and encourage your patients to attend.

Finally, if you can spare the Saturday on 25th March, please join us at Primary Care Research Symposium 2017 - Implementing Quality in Primary Care at HKU. The symposium will feature a keynote presentation by the 2017 HKCFP Visiting Professor in Family Medicine at HKU, Professor Martin Roland. As Emeritus Professor of Health Services Research, University of Cambridge, Professor Roland is a champion of quality enhancement of primary care who designed the "pay for performance" policy in the UK among his other achievements. In the symposium, he will discuss approaches to designing a health care system to meet the needs of the increasing population of patients with multiple complex medical conditions which will certainly apply to Hong Kong.

Dr. Angus MW CHAN
President





更致全康 四十載 春夏秋冬 健康來

家庭醫生



家庭醫生

家庭醫生為市民在醫療系統的第一個接觸點，
守護每一位市民的健康。

香港家庭醫學學院，努力將優質健康資訊與家庭醫學理念帶給大眾。為慶祝香港家庭醫學學院成立四十週年，本學院將於2017年四個季度分別主辦四場公眾健康教育講座。

詳情如下：



	日期	時間	地點	題目	講者
春季	3月25日 (星期六)	下午3時	香港灣仔駱克道3號 香港小童群益會5樓 502室演講廳	過敏性鼻炎/哮喘 心血管健康	顏寶倫醫生 區志立醫生
夏季	5月13日 (星期六)	下午3時	旺角奶路臣街38號 麥花臣匯3樓遊協禮堂	中暑/防曬 外遊前見醫生	何家銘醫生 陳穎欣醫生
秋季	9月中旬	下午3時	稍後公佈	濕疹/皮膚護理建議 憂鬱症/常見情緒病	稍後公佈
冬季	12月中旬	下午3時	稍後公佈	常見的兒童感染 流感疫苗/常見的成人免疫接種	稍後公佈

查詢及報名：+852 2871 8899 (鄭先生或陳小姐)

(星期一至五 上午9:00 至下午1:00; 下午2:00至下午5:30; 星期六、日及公眾假期休息)

香港家庭醫學學院

電話：+852 2871 8899 傳真：+852 2866 0616 電郵：hkcfp@hkcfp.org.hk

地址：香港黃竹坑道九十九號香港醫學專科學院賽馬會大樓八樓803-4室

Facebook: <http://www.facebook.com/hkcfp>

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **January – February 2017**:

Transfer from Associate to Fellowship

Dr. ARORA Namrata	羅南
Dr. CHOW Wing Yan	周穎欣
Dr. HUI Ka Ling, Karen	許加靈
Dr. KWOK Yee Ming, Elaine	郭依明
Dr. SIU Samuel Ji-Sum	蕭子蔘
Dr. TIN Yuen Ying	田宛瑩

Dr. WONG Hang Fai	王恒輝
Dr. WONG Hiu Lap	王曉立

Affiliate Membership (New Application)

Dr. LUK Sze Wan, Candy (Internship)	陸詩韻
Dr. WONG Carmen	黃嘉雯

Student Membership (New Application)

Mr. CHEUNG Chun Lam	張鎮林
Mr. LAM Tun Kin	林敦健
Miss TSE Lok Yan, Corinna	謝諾欣

Resignation of Full Membership

Dr. YU Kwun Man	余灌文
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Meeting Highlights

Interest Group in Mental Health

Dr. Lau Kwan Chung, Jonathan, Specialist in Family Medicine, delivered a lecture on "Promoting Mental Health in the community by Family Physicians - an Australian experience" on 4 February 2017.



Dr. Chan Suen Ho, Mark (left, Moderator) and Dr. Chan Kin Ling (middle) presenting a souvenir to Dr. Lau Kwan Chung, Jonathan (right, Speaker) during the lecture on 4 February 2017

CME Lecture on 25 February 2017

Prof. Christoph Bode, Specialist in Cardiology, University Hospital, Freiburg, Freiburg, Germany, delivered a lecture on "Real World Evidence of NOAC in stroke prevention of Atrial Fibrillation" on 25 February 2017.



Dr. Siu Che Hung, Paul (right, Moderator) presenting a souvenir to Prof. Christoph Bode (left, Speaker) during the lecture on 25 February 2017

Classified Advertisements

General Practitioner required for a well established accredited expatriate Medical Practice. Interested parties, please email CV with contact details to linda@otandp.com or ring 852-28662270 for further information.

Accredited Private FM Centre invites full time / part time Doctors for expanding services (Tuen Mun / Kwai Fong). FM Trainee, Paediatricians welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654.

HKCFP Photography Club

Visit to Hong Kong F11 Photographic Museum

On 18 February 2017 (Sat) afternoon, the HKCFP Photography Club (PC) visited the Hong Kong F11 Photographic Museum. The Museum is housed in a heritage 3-storey building in Happy Valley, where its predecessors were an art gallery and a supermarket.

Right after HKCFP PC members entered the Museum, we were immediately impressed by the astounding furnishing of the Museum - the main door bears a Leica camera silhouette (Photo 1), and the door knob resembles the self-rewind crank of a camera (Photo 2)! We were warmly welcomed by the Museum manager, Ms. Carrie Ng (Photo 3) and her team of docents, Mr. Jack Lee and Ms. Pui Pui Yau (Photo 4).

The F11 Museum is home to a grand collection of classic and modern Leica cameras, and it also runs regular photo exhibitions of photography masters. Our tour started on the G/F where the current exhibition is about the 1952 Hong Kong by Werner Bischof. We were introduced to the stories behind the beautifully printed and mounted black and white photos portraying the old Hong Kong in those days.

Then we walked up the original 80-year-old wooden staircase (Photo 5) to the 1/F where further photos were showcased. The 1/F is also a venue for seminars and talks by photography and history (Photo 6). There is also

one lovely balcony overseeing the juxtaposing busy views in the street (Photo 7).

HKCFP PC members were then allowed to visit the private section of the Museum on the 2/F - the owner's personal collection of Leica cameras. Here, one can see from the very first Ur-Leica from 1913 to the latest Leica digital cameras (Photos 8 - 11). Precious pieces were even acclaimed by the visiting Leica officials. The other side of the floor is a grand book shelf archiving a large collection of photography books and Leica literature.

Apart from photos and cameras, the Museum also demonstrates the passion of the owner, Mr. Douglas So (Photo 12), on heritage preservation and revitalisation. We are most privileged to have the opportunity to chat with Mr. So who inspires us by his artistic affinity and his dedication to photography and architecture conservation. Our visit came to a nice conclusion when group photos were happily taken by a Leica camera (Photos 13-14).

We would like to take this opportunity to thank Mr. Douglas So for his kind permission of our visit to the F11 Museum and for his enthusiasm in sharing his passion and interests with us.

Dr. David Chao

Chairman, HKCFP Photography Club



Photo 1: The main door as a camera silhouette.



Photo 2: The door knob resembles the self-rewind crank of a camera!



Photo 3: Ms. Carrie Ng (middle of photo) introducing the Museum to PC members.



Photo 4: Ms. Pui Pui Yau (first from the right), volunteer docent, guided us through the photo exhibits on G/F.



Photo 5: Walking up the 80-year old staircase inside the Museum.



Photo 6: Mr. Jack Lee (middle of photo), Education and Outreach Officer, on the 1/F.



Photo 7: PC members appreciating the lovely historical Museum balcony.

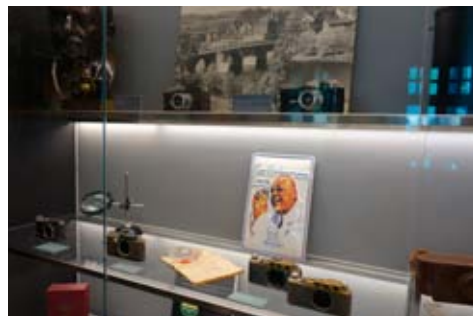


Photo 8: The Leica collection on 2/F.



Photo 9: The Ur-Leica on the left.



Photo 10: The Leica Black III in 1934, sitting on a wooden New Work display stand.



Photo 11: Other classic Leica cameras.



Photo 12: Mr. Douglas So (middle of photo), owner of the Museum, sharing his passion with us on photography, architecture conservation, heritage preservation and revitalisation.

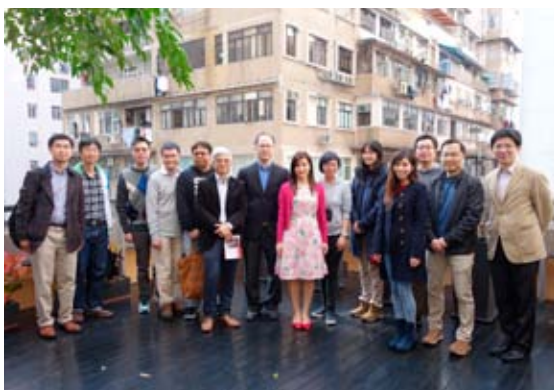


Photo 13: At the roof top.



Photo 14: Group photo with Mr Douglas So (6th from the right).

(Photo courtesy: Dr. Yau Lai Mo)



Kowloon East Cluster, Hospital Authority

Resident Specialist (Family Medicine)

Job Ref. KEC/C050/16

Office: Department of Family Medicine and Primary Health Care, Kowloon East Cluster
Pay: HK\$63,704 to HK\$132,484 per month (including Monthly Allowance)

[HGPS Pt 30-44B] (See Remarks 1)

Key Responsibilities

1. Provide clinical and related services in the specialty.
2. Assist in supervising other Residents undergoing specialist training.
3. Assist in undertaking administrative work.
4. Undergo continuing medical education and professional development.

Entry Requirements

1. A qualification registrable in Hong Kong under the Medical Registration Ordinance.
2. FHKAM (Family Medicine) and registered in the Specialist Register of the Medical Council of Hong Kong.

Preferred Attributes / Exposure

Staff members in the rank are expected to meet the 4 core competencies set for the Resident post. They are:

- | | |
|--------------------------------|--------------------------------|
| 1. Functional competency. | 2. Personal competency. |
| 3. People and team competency. | 4. Organization effectiveness. |

Remarks

1. If selected for appointment, may be offered HGPS point 40 at HK\$102,462 per month (including Monthly Allowance) or above, on appointment depending on his / her years of relevant experience and subject to approval of the CCE.
2. The selected candidate will be offered contract appointment for up to 3 years. Up to 15% of total basic salary (after deducting the contribution of Mandatory Provident Fund by Hospital Authority) as end-of-contract gratuity may be offered upon satisfactory completion of contract.
3. May be required to work shifts and irregular hours as well as to perform on-call duties.
4. The renewal / extension of appointment will be subject to service needs, availability of funding and job performance.
5. May be required to wear N95 mask and Personal Protective Equipment upon discharge of duties

Please submit on-line application

https://erecruit.ha.org.hk/career/Default.asp?PID=3&AC=HKHA&EC=HA_Adm&GC=HAADM&JobID=23532&LID=1&WD5A62566775083542 on or before

30 June 2017. For enquiries, please telephone 3949 5232.

Framework@PC provides **evidence-based recommendations** for management of patients in primary care setting

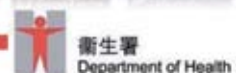
Module on Falls in Elderly

under the **Hong Kong Reference Framework for Preventive Care for Older Adults in Primary Care Settings**



Features:

- ✓ Fall screening algorithm
- ✓ Post-screening assessment
- ✓ Management of falls



普通科門診公私營協作計劃

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Long-term Family Doctor Relationship



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| • Southern | • Islands | • North |
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| • Kowloon City | • Tsuen Wan | |
| • Kwun Tong | | |
| • Sham Shui Po | | |
| • Wong Tai Sin | | |
| • Kwai Tsing | | |
| • Sai Kung | | |
| • Sha Tin | | |
| • Tuen Mun | | |
| • Yuen Long | | |

Call us at **2300 7300** or email to gopcphp@ha.org.hk for details.



Certificate in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2017**.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a **HALF** year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires **FOUR** months of part-time studies.

July to October 2017 Segment I & II
Three workshops within 2017 Segment III

4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

7. Course Fees:

HK\$9,500 for members of HKCFP
HK\$19,000 for non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$9,500 (or HK\$19,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

10. Application Deadline: 30 June 2017

**Course syllabus and schedule may be subject to change without prior notification*

Diploma in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2017.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV – Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties

Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

July to September 2017	Module I
November 2017 to January 2018	Module II
July 2017 to May 2018	Modules III, IV & V
April / May 2018	Final Examination

5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$32,000 for members of HKCFP
HK\$64,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before 19 May 2017)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,200	\$8,400
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,200	\$8,400
Module III (Structured Lectures & Seminars)	\$3,200	\$6,400
Module IV (Updates & Clinical Attachment)	\$3,400	\$6,800
Module V (Practical Workshops)	\$5,300	\$10,600
Examination	\$9,500	\$19,000
Administrative Fee	\$4,200	\$8,400

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2016 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

11. Application Deadline: 30 June 2017
Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

THIRTY-FIRST JOINT HKCFP/RACGP FELLOWSHIP EXAMINATION THIRD (FINAL) Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-first Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2017.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2017/2018 before 31 July 2017. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES:

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2017, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2017, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2017.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
 - Key Feature Problems (KFP), and,
 - Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
 - Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2017 will be held on 25 – 26 March 2017. Please contact our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2017.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination results can be retained for three years (until the Clinical Examination of 2020).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **12 April 2017 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000*

[*Note: For candidates who first attempted and have passed the Written Examination in 2014-2016, provided that the administration fee for the whole Conjoint Examination had previously been settled, only the examination fee of \$14,000 as listed below would be required for applying the Clinical Examination 2017, that is, application fee of \$3,000 would NOT be required.]

Examination Fee:

- Full Examination (Written + Clinical) \$28,000
- Written Examination \$14,000
- Clinical Examination \$14,000

Please make the cheque payable to **“HKCFP Education Limited”**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee (\$14,000) paid for the Clinical Examination will be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$28,000 (for the whole examination), \$14,000 (for the written examination) or \$14,000 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 12 April 2017 (Wednesday) | Closing Date for Applications |
| • 13 August 2017 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 20 August 2017 (Sunday) | Conjoint Examination – Written Examination (MCQ) |
| • (Date to be confirmed) | Conjoint Examination - OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website www.hkcfp.org.hk / www.racgp.org.au. You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

'Primary Care Link' District-based Communication Platform

Miss Ann Chan, Assistant Manager, Primary Care Office

In May 2014, the Primary Care Office (PCO) launched the project of 'Primary Care Link' newsletter. This provides a platform for stakeholders from different community sectors to share the latest primary care information and thereby enhances public understanding of primary care services in the community as well as promotes communication among health care providers.



"Primary Care Link" - promotion poster

Published quarterly, each issue of the Primary Care Link newsletter focuses on the primary care services within an individual district. To date, it has already featured eight districts (Central & Western, Yuen Long, Kwun Tong, Wong Tai Sin, Yau Tsim Mong, Shatin, Islands and Kwai Tsing), and will eventually cover all 18 Hong Kong districts of Hong Kong.

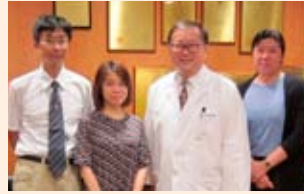
The newsletter of Primary Care Link has four main sections: (i) Spotlight, (ii) Primary Care Services, (iii) PCO Corner, and (iv) Health Information Updates. Its target audience includes the general public, health care service providers and patients.

Spotlight Column

In Hong Kong, primary care service providers are not only limited to western medicine practitioners. A significant proportion of primary care services is also provided by Chinese medicine practitioners and dentists. Other healthcare professionals such as nurses, chiropractors, physiotherapists, occupational therapists, clinical psychologists, dieticians, pharmacists, optometrists, speech therapists and podiatrists also offer primary care services to the community. In the Spotlight, we invite key professionals from different healthcare sectors to discuss their work and passion on primary care to help the public better understand the range of work conducted by the various healthcare providers.



Inaugural issue - Article from Prof. Sophia Chan, JP



Interview with Dr. Donald Li



Interview with Dr. Sigmund Leung



Interview with Dr. Constance Chan



Interview with Prof. Diana Lee



Interview with Dr. S V Lo



Interview with Prof. Feng Jiu

Primary Care Services Column

In the Primary Care Services Column, we feature the services available to the public by district including those offered by the public, NGOs and the Universities etc. We hope it helps the public to better understand what is available locally, and enhances cooperation between health care providers in each district.



Opening ceremony of Tsan Yuk RAMP Clinic, NAHC & Kennedy Town GOPC / DFC



Tin Shi Wai (Tin Yip Road) Community Health Centre



Kwun Tong Community Health Centre



North Lantau Community Health Centre

Moreover, services offered by Community Health Centres (CHCs)/ Network are featured in the newsletter, as they belong to one of the important primary care initiatives. CHCs offer one-stop, coordinated and comprehensive primary care services to the public. To date, three purpose-built CHCs have been launched – Tin Shui Wai in 2012, North Lantau in 2013 and Kwun Tong in 2015. A CHC network model has also been tested out with the opening of Nurse & Allied Health clinic (NAHC) and Risk Assessment & Management (RAMP) clinic in Tsan Yuk Hospital. Each CHC/ network offers a strong primary care team comprising different health care professionals including family physicians, nurses, dietitians, optometrists, physiotherapists, occupational therapists, clinical psychologists, pharmacists, podiatrists, prosthetist-orthotists, etc. The CHC/ Network allows patients to access to comprehensive care from the multi-disciplinary team.

PCO Column

The latest primary care news and events are reported in this column. PCO organises various promotional and training activities every year to enhance public awareness of primary care, including an event to celebrate the World Family Doctor Day.



World Family Doctor Day 2016

In addition, you can find training and activities in this publication. For example, PCO and the Hong Kong College of Family Physicians recently organised a Chronic Disease Management and Quality Improvement training course for primary care doctors. Training plays a vital role in maintaining the quality of health care as well as capacity building in primary care workforce. Therefore, PCO has regular collaborations with professional bodies and organizations to organise seminars and workshops.



Chronic Disease Management Training Course
(from left to right) Dr. Edmond Chan, Prof. Cindy Lam, Dr. Wendy Tsui, Dr. Stephen Foo and Dr. Alvin Chan



Hong Kong Primary Care Conference 2016
Dr. Ko Wai Kit (right) presenting a certificate of appreciation to Dr. Monica Wong, Head of Primary Care Office (left) during the seminar

Health Information Update Column

This column of Primary Care Corner features information about health topics such as cancer prevention and the colorectal Cancer Screening Pilot Programme etc. By sharing the health information and knowledge with the public, it is envisaged to raise their awareness on healthy lifestyle and disease prevention.

The newsletter of Primary Care Link provides a valuable information resource for health care providers and patients that create a better understanding of the primary health care services available in their community. We also hope it can help to bridge the service gaps that currently exist between the public and private primary health care sectors. Featuring various public private partnership (PPP) programmes, like General Outpatient Clinic PPP, is one of the important incentives.

To learn more about Primary Care Link, please visit:
http://www.pco.gov.hk/tc_chi/resource/publications.html#primary_care_link



Antibiotic Resistance - An Urgent Public Health Threat

Upper respiratory tract infections, which include acute bronchitis, acute pharyngitis, rhinosinusitis, acute otitis media and common cold, are the most common reasons for acute out-patient physician visits and antibiotic prescriptions in adults. According to a recently published survey on the use of antibiotics among medical doctors in Hong Kong, 94% percent of study participants including doctors working in both private and public sectors stated that they prescribed antibiotics in the previous year. 62% of them claimed prescribing antibiotics for treatment of upper respiratory tract infections, common cold or flu on a "sometimes" basis. The reasons behind prescription of antibiotics were mainly diagnostic uncertainty, repeated consultations, superinfection, clinical deterioration and to a certain extent for the satisfaction of the patients or carers. Inappropriate antibiotic use for upper respiratory tract infections is an important contributor to antibiotic resistance. Indeed, resistance to all classes of antibiotics has developed among pathogens. In places with greater prescribing of broad-spectrum antibiotics, specifically extended-spectrum cephalosporins and macrolides, rates of multidrug-resistant pneumococcal disease are higher. Antibiotic resistance not only increases healthcare costs but also adversely affects patient outcome.

The American College of Physicians and the Centers for Disease Control and Prevention has published a clinical guideline on advice for high-value care on appropriate antibiotic use for acute respiratory tract infection in adults, based on a literature review of evidence on this topic in 2016. There are four important pieces of advice as follows:

High-Value Care Advice 1:

Clinicians should not perform testing or initiate antibiotic therapy in patients with bronchitis unless pneumonia is suspected.

For healthy immunocompetent adults younger than 70 years, pneumonia is unlikely in the absence of all of the following clinical criteria: tachycardia (heart rate >100 beats/min), tachypnea (respiratory rate >24 breaths/min), fever (oral temperature >38°C), and abnormal findings on a chest examination.

High-Value Care Advice 2:

Clinicians should test patients with symptoms suggestive of group A streptococcal pharyngitis (for example, persistent fevers, anterior cervical adenitis, and tonsillopharyngeal exudates or other appropriate combination of symptoms) by rapid antigen detection test and/or culture for group A Streptococcus. Clinicians should treat patients with antibiotics only if they have confirmed streptococcal pharyngitis.

Clinical scoring criteria have been developed to help determine the likelihood of a bacterial cause. The most widely used are the modified Centor criteria, which include fever by history, tonsillar exudates, tender anterior cervical adenopathy, and absence of cough. Because the Centor criteria have a low positive predictive value for determining the presence of group A streptococcal infection, the Infectious Diseases Society of America suggests that they can be used to identify patients who have a low probability of group A streptococcal pharyngitis and do not warrant further testing. Patients who meet fewer than 3 Centor criteria do not need to be tested.

In Hong Kong, since throat swabs or rapid diagnostics tests for detection of group A streptococcus are not widely available, primary care clinicians rely mainly on symptoms and signs to decide on the need of prescription of antibiotics for suspected pharyngitis due to group A streptococcus. According to the NICE

clinical guideline, using three or four of the Centor criteria for bacterial infection to determine eligibility do show some benefits from antibiotics both for symptom and for the prevention of complications.

High-Value Care Advice 3:

Clinicians should reserve antibiotic treatment for acute rhinosinusitis for patients with persistent symptoms for more than 10 days, onset of severe symptoms or signs of high fever (>39 °C) and purulent nasal discharge or facial pain lasting for at least 3 consecutive days, or onset of worsening symptoms following a typical viral illness that lasted for 5 days that was initially improving (double sickening).

Radiographic imaging has no role in ascertaining a bacterial cause. It is not helpful in guiding treatment because viral and bacterial causes have similar radiologic features. Acute uncomplicated rhinosinusitis is a self-limiting infection that usually resolves without antibiotics. Most patients with acute rhinosinusitis should be offered supportive care.

High-Value Care Advice 4:

Clinicians should not prescribe antibiotics for patients with the common cold.

Symptomatic therapy is the appropriate management strategy for the common cold and antibiotics should not be prescribed because they are not effective and lead to significantly increased risk for adverse effects. Patients seeking medical advice for the common cold should be advised that symptoms can last up to 2 weeks and should be advised to follow up with the clinician if symptoms worsen or exceeds the expected time of recovery.

The guideline provided some talking points for clinicians when discussing the use of antibiotics in patients with upper respiratory tract infection. They are as follows:

1. Adult has 2 to 3 episodes of upper respiratory tract infections per year on average.
2. Symptoms usually resolve in 1 to 2 weeks, but cough can last for up to 6 weeks.
3. Symptomatic treatment tailored to patient preferences may provide relief.
4. Antibiotics do not cure most upper respiratory tract infections or reduce time to resolution of symptoms.
5. Antibiotics cause many serious adverse effects and should be reserved for patients with confirmed group A streptococcal pharyngitis.

Study showed that an 85% decrease in antibiotic prescribing for upper respiratory tract infection and increased satisfaction ratings when providers gave advice on symptomatic therapy and explained why antibiotics were not needed for upper respiratory tract infections.

Reference:

1. Shum J, Wong WY, Wong TY. Survey on use of antibiotics among medical doctors in Hong Kong [2011/12] - report of findings. *Comm Dis Watch*. 2016 Dec 18-31;13(27):110-111
2. Aaron M, Harris, Lauri A, Hicks, Amir Qaseem. Appropriate Antibiotic Use for Acute Respiratory Tract Infection in Adults: Advice for High-Value Care. The American College of Physicians and the Centers for Disease Control and Prevention. *Ann Intern Med*. 2016;164:425-434.
3. Mangione-Smith R, Zhou C, Robinson JD, Taylor JA, Elliott MN, Heritage J. Communication practices and antibiotic use for acute respiratory tract infections in children. *Ann Fam Med*. 2015;13:221-7.
4. NICE Clinical Guideline 69 Respiratory tract infections – antibiotics prescribing. Prescribing of antibiotics for self-limiting respiratory tract infections in adults and children in primary care. National Institute for Health and Clinical Excellence July 2008

Compiled by Dr. Chow Kai Lim, FM&PHC, KEC

我是家庭醫生 平淡也是福

何家銘醫生



筆者行醫十數載，是家庭醫生，主要於基層社區工作。每天筆者大多處理的是偶發性病症如上呼吸道感染、腸胃炎、感冒等，及慢性疾病如糖尿病、高血壓、慢性肺阻病等。而筆者一直在公營機構工作，主要是服務長者及有需要的基層市民。作為家庭醫學專科醫生，筆者不用像其他內科專科同學在醫院裡當值三十六小時；不用像外科專科同學站在手術室用雙手為病人斷腸換肝；不用像急症專科同學在急救房為性命頻危的病人起死回生，所以很多筆者的友人都打趣說筆者每天的工作大多是同公公婆婆「傾計」罷了。

筆者細想，家庭醫生的工作是否只是同公公婆婆「傾計」罷了？若家庭醫生的工作只是同公公婆婆「傾計」般平淡是否不是呢？當然，家庭醫生不能以每天急救了多少病人、動了幾多個手術或甚至乎接生過多少嬰兒作為事業的成就。但若家庭醫生能每天簡簡單單地同病人「傾計」，這不就是表示自己關心照顧的病人身心安康，甚或是診所附近社區鄰里的健康水平也不錯嗎？這不就是作為家庭醫生的專業成就嗎？

「家庭醫生伴你同行」，家庭醫學的專業就是陪伴我們的病人及其家人渡過生命的生老病死，分享他們生活點滴的喜與悲。「醫者父母心」，作為醫生當然會視病如親。而作為家庭醫生，我們診症時的角色好多時不單止是以父母心，還有是以子女心、兄弟姊妹心及朋友心去看待我們的病人。若病人能感受到我們的同理心，這更是值得我們驕傲的。

筆者再仔細想想，同公公婆婆「傾計」其實亦需要我們作為家庭醫生的專業。與病者傾談是要以病人為本的，與每位病者所談的內容不會是一式一樣的。家庭醫生透過提供延續性的醫療，認識病者及其家庭，才能對他們有所了解，給予以病者為本的意見。另外，家庭醫生醫病又醫心，更會關顧病者的社交生活。同公公婆婆「傾計」的同時，家庭醫生除了要監察他們的生理狀況外，更會透過言談過程，評估他們的心理及社交狀況。有需要時，家庭醫生會發揮協調的角色，幫助他們得到所需服務如專科轉介或社工轉介。若果公公婆婆們是身心安泰，家庭醫生也不是沒有什麼可以做的。古語云：「上醫治未病，中醫治將病，下醫治已病。」家庭醫生着重疾病預防，待病者未有疾病前就能為他們提供合適的防病建議如季節性流感預防、女性子宮頸癌預防等，以避免疾病的痛苦。

除了在診所內，有些家庭醫生同業更會走進社區，透過傳播媒體及講座宣揚健康訊息，從而提升社會的健康水平。

其實平淡亦可以是福，作為家庭醫生，能簡單平淡地守護病人及社區的健康，是應該值得高興的。

今年是香港家庭醫學學院四十周年，作為家庭醫生，謹祝學院百尺竿頭，更進一步！

The HKCFP Award for the Best Research of 2016

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2016. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2017.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

DEADLINE OF SUBMISSION: 30th April, 2017

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2017

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30th April, 2017**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to jeffcheng@hkcfp.org.hk

Supported by HKCFP Foundation Fund



Interest Group in Mental Health & Psychiatry in Primary Care - The 52nd Meeting on 4 February 2017

Dr. Chan Suen Ho Mark (Co-ordinator), Board of Education, The Hong Kong College of Family Physicians

The 52th Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 4 Feb 2017. Dr. Lau Kwan Chung, Jonathan, Specialist in Family Medicine, was the speaker.

Meeting Theme : Promoting Mental Health in the community by Family Physicians - an Australian experience

Attendance : 41

Learning points prepared by Dr. Lau Kwan Chung, Jonathan

3rd March 2017

Dear Colleagues,

It was a heartwarming experience to see 40 colleagues turning up for the presentation.

Mental health issues are known to be a much neglected area in many parts of the world in both the public and private domain.

In recent years, there are however more resources being put into the community for mental health promotion and prevention of mental illness by governments and various organizations in some developed countries such as Australia.

Australia is a large country and challenges in mental health in rural and metropolitan areas can be very different. For example, in the Kimberley area, the suicide rate of the indigenous population can be 7 times the national average. The clustering of statutory services with inadequate resources and lack of integration with grassroots services can be common phenomenon.

On the other hand, at the national level and within the private sector, there are two notable national organizations, such as Headspace and Beyond Blue, which provide quality and accessible mental health services across different sectors of the society.

Headspace was developed in 2006 to help young people who struggle with mental disorder.

Beyond Blue was established in 2000 focusing initially on depression and later on anxiety and suicide prevention.

Within the public sector, the Australian Government has been funding for numerous mental health service initiatives. These include:

1. Medicare payment for GP to draw up mental health care plans / treatment plans for referrals to allied health practitioners including clinical psychologists, social workers, occupational therapists and mental health nurses;
2. Medicare payment to enhance public access to allied mental health practitioners; and
3. Mental Health Practitioner Network with funding for formation of small groups in the community.

In 2010, I was fortunate enough to be involved in facilitating an interdisciplinary small group which comprised of GPs, clinical psychologists, mental health nurses etc. The inspiration behind organizing the group was based on my experience with the

Institute of Cultural Affairs (ICA), Practice Based Small Group Learning (PBSGL), the UK Balint Society and Problem Based Learning (PBL).

The group was subsequently named as Oscar Group (Open, Sharing, Caring and Respect) by group members. Our mission is "Our group wants to learn about each other and local resources, help our patients / clients and ourselves through collaboration in a fun and enjoyable way, subject to review and evolving over time".

It is a unique way for mental health practitioners to mutually learn, support and mentor one another. It is expected that practitioners on the frontline can benefit from such a group as they face the challenges that present to them every day.

Miss Zanonina Chiu, Registered Clinical Psychologist and Honorary Secretary of The Hong Kong Clinical Psychologists Association, kindly agreed to share some of her insights. She was addressing the problem of youth suicide in Hong Kong, specifically related to the increasing trend of young people having mood disorders. She also highlighted the importance of early detection and intervention of mental illness and emphasised the collaboration between different health care professionals and the stakeholders in the end of her presentation.

Hopefully more initiatives will be generated further by multidisciplinary practitioners for the promotion of mental health in Hong Kong.

Yours sincerely,
Jonathan Lau

P.S. The pilot Oscar Group on mental health has already started. If you are interested to join, please let me know jonathan.lau@omegaihs.com.



Dr. Chan Suen Ho, Mark (left, Moderator) and Dr. Chan Kin Ling (middle) presenting a souvenir to Dr. Lau Kwan Chung, Jonathan (right, Speaker) during the lecture on 4 February 2017

Next Meeting

The next meeting for the Interest Group in Mental Health Psychiatry in Primary Care will be held on 1st April 2017. Miss Chiu Sze-nga, Zanonina will speak on "Understanding Youth Suicide from a Psychological Perspective and Early Mental Intervention in a Multi-disciplinary Approach".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2017

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisor** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2017
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)
 HK\$950 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Successful applications will be informed later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2017 Timetable for Workshop

Date	Topics	Venue
22 April 2017 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
20 May 2017 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
17 June 2017 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
22 July 2017 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
26 August 2017 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
16 September 2017 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

1 April 2017

Saturday

Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	
Theme	Understanding Youth Suicide from a Psychological Perspective and Early Mental Intervention in a Multi-disciplinary Approach	
Speakers	Miss Chiu Sze-nga, Zanonia Clinical Psychologist (HK)	
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians	
Time	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.	



Admission Fee	College Fellow, Full or Associate Members Other Categories of Members Non-Members	Free HK\$ 350.00 HK\$ 450.00
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	



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9 April 2017

Sunday

Management of Atrial Fibrillation and Common Cardiac Arrhythmia

Chairman	TBC The Hong Kong College of Family Physicians	
Time	1:00p.m. – 2:00 p.m. 2:00 p.m. – 3:30 p.m.	Registration and Lunch Lecture & Discussion
Venue	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members Other Categories of Members Non-Members	Free HK\$ 350.00 HK\$ 450.00
Accreditation	2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	



Sponsored by
Daiichi Sankyo Hong Kong Limited

5 April 2017

Wednesday

1. Role of Sensory Attributes in the management of Allergy Rhinitis

Dr Anahi Yanez
*Specialist in Allergy and Immunology,
Department of Clinical Research, Allergy and Respiratory Disease,
Buenos Aires, Argentina*

Mr. James Godfrey
*IPD Device Technology Group,
GSK*

2. An Update in the Management of Paediatric Allergy

Dr. Hung Chi Wan
Specialist in Paediatrics

Chairmen	TBC The Hong Kong College of Family Physicians	
Time	6:30 p.m. – 7:00 p.m. 7:00 p.m. – 8:30 p.m. 8:30 p.m. – 9:30 p.m.	Registration Lecture and Discussion Dinner
Venue	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

March's session:

Date	31 March 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Management of Atrial Fibrillation in Primary Care" – Dr. Chan Chi Kin, William
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.



April's session:

Date	28 April 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Management of Atopic Dermatitis & Seborrheic Dermatitis in Primary Care" – Dr. Chan Yung
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.



Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
8 April 2017 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Psychosomatic problems in primary care Dr. LAM Wing Wo Private family doctor	Ms. Clara Tsang Tel: 2354 2440
8 April 2017 2:15 – 3:45 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	Sleep Apnoea Dr. Jamie LAM (Specialist in Respiratory and Sleep Medicine)	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 April 17 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	O&G emergency in general practice Dr. Hou Jing & Dr. Chan Kiu Pak Kilpatrick	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	GOPC Manual Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Health care delivery system in UK Dr. Yeung Ka Yu Doogie & Dr Wong Sze Man	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Common poisoning and the corresponding management in Hong Kong Dr. Tsui Sik Hong	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Consultation model Dr. Chloe Chan Lam	Ms. Carmen Kwong Tel: 2632 4371
6 April 17 (Thu)			
4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Motivational Interview for Chronic Illness-practical Session Dr. Wong Man Kin & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Travel medicine - non-infectious Dr. Yuen Chi Hang	Ms. Kwong Tel: 2595 6941

12 April 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, You Ma Tei GOPC	Accident and emergency care (pitfalls, ENT, Eye, surgical, orthopaedic) Dr. Mak Ho Yan Queenie & Dr. Chui Tsz Hang	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach to the Patient's Complaint of Dizziness / Vertigo Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Approach to alcoholism Dr. Chan Wing Chi Annie & Dr. Suen Gee Kwang Victoria	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Promoting smoking cessation in primary care Dr. David Lee	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Management of abnormal investigation result (renal liver function, thyroid function test, ANA) Dr. Zhao Hai Feng Eric	Ms. Carmen Kwong Tel: 2632 4371

13 April 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Oversea Conference for Family Medicine and Experience Sharing Dr. Yip Chun Kong & Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813
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19 April 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	1) How to set up a clinic Dr. Kam Ngar Yin Irene 2) Pitfalls in GI infections Dr. Yu Man Sun	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Better Patient Communication Skill Dr. Cheung Sze Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Introduction to Leicester Assessment Package (LAP) Dr. Wong Hong Kiu Queenie & Dr. Pin Yat Hei	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	RAMP Clinic, Aberdeen GOPC	Mental illnesses and the law Dr. Dora Chiu	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339

20 April 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Management of Pharmacy: Drug Stock Management, Dangerous Drug Registry, Disposal of Drug Dr. Lam Siu Ping & Dr. Jor Hon Man	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Care of patients with epilepsy Dr. Lo Yuen Man	Ms. Kwong Tel: 2595 6941

26 April 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, You Ma Tei GOPC	Consultation enhancement (physical examination and video consultation) Dr. Lau Ka Man & Dr. Law Tung Chi	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Anticipatory Care in General Practice Dr. Yip Pui Leung	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common symptoms in Surgery Part 2 (breast lump, gastrointestinal bleeding) Dr. Lee Shek Hang Henry & Dr. Yau Chi Yan Davy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Journal Club Dr. Matthew Lee	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common paediatric infection and immunization Dr. Ng Yui Wing Joanne & Dr. Shen Yu Wei	Ms. Carmen Kwong Tel: 2632 4371

27 April 17 (Thu)

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Disaster and Humanitarian Work Dr. Lau Lai Na & Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Community resources in Hong Kong Dr. Rita Chan	Ms. Kwong Tel: 2595 6941

升級 家庭 醫生



三月十三日起 逢星期一

晚上九時至十時
港台電視 31 港台電視 31A



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Mar	13	14	15 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	16 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> HKCFP Council Meeting	17 <i>6:00 – 8:30 p.m.</i> CME Lecture	18 <i>2:30 – 5:00 p.m.</i> Exit Exam - Research & Clinical Audit Segments Preparatory Workshop <i>1:00 – 4:00 p.m.</i> Interest Group in Dermatology
19	20	21	22 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	23 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>6:30 – 10:00 p.m.</i> CME Lecture	24	25 <i>2:00 – 6:00 p.m.</i> APCLS Training Workshop <i>3:00 p.m.</i> 健康教育講座
26 <i>2:00 – 6:00 p.m.</i> APCLS Examination	27	28	29 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	30 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	31 <i>2:30 – 3:30 p.m.</i> Video Session	1 Apr <i>2:00 – 4:00 p.m.</i> Interest Group in Mental Health
2	3	4	5 <i>2:15 – 7:30 p.m.</i> Structured Education Programme <i>6:30 – 9:30 p.m.</i> CME Lecture	6 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	7	8 <i>2:00 – 6:00 p.m.</i> DFM Pre-examination Workshop II
9 <i>1:00 – 3:30 p.m.</i> CME Lecture	10 <i>8:00 p.m.</i> Specialty Board Meeting	11	12 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	13 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	14	15
16	17	18	19 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	20 <i>2:15 – 7:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> HKCFP Council Meeting	21	22 <i>2:30 – 5:30 p.m.</i> AEC 2017
23	24	25	26 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	27 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	28 <i>2:30 – 3:30 p.m.</i> Video Session	29 <i>2:30 – 5:00 p.m.</i> DFM Written Exam
30	1 May	2	3	4	5	6

FP LINKS EDITORIAL BOARD 2017



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Front row (left to right): Dr. Tam John Hugh, Dr. Judy Cheng, Dr. Sin Ming Chuen, Dr. Anita Fan, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Law Tung Chi, Dr. Heidi Fung, Dr. Tsui Hiu Fa and Dr. Sze Hon Ho

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

To find out more, contact us:

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Contact and Advertisement Enquiry Ms. Alky Yu
Tel: 2871 8899 Fax: 2866 0616

E-mail: alkyyu@hkcfp.org.hk

The Hong Kong College of Family Physicians
Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong