



THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS

# FP Links

Issue 156  
February 2017

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## Message from the President



Over the past two months, the College was invited by the Food and Health Bureau to submit our comments to Legco on two important issues: Proposal to Amend the Health Warnings on Packets and Retail Containers of Tobacco Products; and Proposed Regulatory Framework for Medical Devices.

Smoking is by far the biggest preventable cause of cancer and is the single greatest preventable cause of premature death in the world. Each year tobacco kills nearly 6 million people globally including more than 600,000 non-smokers caused by exposure to second hand smoke. World Health Organization warns that at least one in two smokers will die prematurely due to smoking related diseases. In Hong Kong, smoking not only causes the loss of about 7,000 lives every year, but also incurs considerable medical expenses. A reduction of smoking prevalence would save a significant number of lives and lowering the economic and medical burden.

The most effective measures to reduce tobacco use and encourage smoking cessation are: Raising tobacco tax and to increase the size of health warning on cigarette packets.

The College supports the Government with the proposal

1. To cover 85% of the surface area of the two largest sides of cigarette packets or retail containers and to make suitable arrangement for the orientation of the health warnings ("the 85% proposal"). At least 2-3 % decrease in smoking prevalence is expected after implementing plain packaging or expanding the size of the health warning.
2. To update the health warnings and increase the number of forms of health warning from 6 to 12. In fact the most gruesome pictures serve as better preventive warning. This will also educate smokers of the numerous related diseases.
3. To include "QUIT SMOKING FOR FUTURE GENERATIONS 請為你的下一代戒煙" and Department of Health's Quitline (1833 183) in the health warning. This serves as better warning and reminder to the older and long term smokers.

For the "Proposed Regulatory Framework for Medical Devices", College strongly supports the Government to introduce measures to regulate medical devices for cosmetic purposes.

Quite a number of primary care doctors are involved in cosmetic procedures. We have the following comments:

1. Family Physicians may opt to participate in aesthetic procedures. HKCFP strongly recommends that they receive proper training by accredited institutions.
2. Plasma skin resurfacing is an invasive procedure with significant potential complications and must be considered under Use Control Category II.
3. For medical doctors involved in cosmetic treatment, a much higher premium is demanded for medical indemnity which is occurrence based. For beauty parlour, the indemnity is a key area to explore especially the same operator (if he/ she is not a medical professional) can close down the company and reopen under a different name.
4. All cosmetic procedures no matter how small the risk is and as long as risk and complications exist should be operated or supervised by registered Health Care Professionals as their practice will be subjected to the respective Professional Code of Conduct. Therefore for patient's safety and indemnity purpose, both Category II and Category III of the Study should be grouped together and solely supervised on site by a registered medical practitioner.
5. HKCFP is keen to participate in the statutory Advisory Committee to advise Secretary of Food and Health Bureau on the implementation and administration of future legislation.

The 4<sup>th</sup> Cross Straits Conference on General Practice "第四屆海峽兩岸全科醫學大會" will happen at Xiamen, Fujian from 18th to 19th March 2017. Xiamen is just over one hour flight from Hong Kong. If you can spare a weekend, this is always a good platform to exchange our experience with Macau, Taiwan and Mainland counterparts. Join me if you can.

I must appeal on behalf of the Public Education Committee to have more writers, young or experienced. They are welcome to write for newspapers such as Hong Kong Economic Journal. The Committee has a selection procedure to choose articles that are beneficial to the general public and enhance the image of the College. Do contact Dr Allan Ngan if you have any good ideas. If you are a good reader, you will become a good writer under his wings!

**Dr. Angus MW CHAN**  
President



## Public Education Committee News

The Public Education Committee is making an appeal to all members to write in Hong Kong Economic Journal (HKEJ).

All HKCFP members are welcome to write on topics related to public education. The expected number of words is between 1600 to 1700 Chinese characters. Writings submitted to the Secretariat will be passed to the Editorial subcommittee for review before publication. TWO CPD points will be awarded for each published article.

Please do not hesitate to contact our Secretariat, Ms. Windy Lau or Ms. Cherry Chan for enquiries or submission of writing.



**Public Education Committee,  
HKCFP**



## Department of Health Survey on Private Ambulatory Facilities – Phase II

The Department of Health launches the Survey on Private Ambulatory Facilities – Phase II to inform the planning and implementation of proposed regulatory regime for private healthcare facilities (PHFs) and transitional measures.

### Objectives:

- to assess the number of PHFs in Hong Kong; and
- to collect information on the operation of these facilities and the scope of their services.

The questionnaires were sent to PHFs in Dec 2016. Please help **complete the questionnaire and return to us**. If your PHF has not received the questionnaire, please contact us.

### Enquiry:

Ms Natalie TSUI  
Office for Regulation of Private  
Healthcare Facilities,  
Department of Health

Tel: 3107 3257  
Email: [orphf.pds@dh.gov.hk](mailto:orphf.pds@dh.gov.hk)



## The Composition of HKCFP Council 2017

Following the 39<sup>th</sup> HKCFP Annual General Meeting and the 423<sup>rd</sup> Council Meeting on Saturday, 04 December 2016, the following Executives and Council Members were elected:

Dr. Angus MW CHAN	President
Dr. David VK CHAO	Vice-President (Education and Examinations)
Dr. William CW WONG	Honorary Secretary
Dr. Billy CF CHIU	Honorary Treasurer
Dr. Edmond CW CHAN	Council Members
Dr. Alvin CY CHAN	Council Members
Dr. Cecilia YM FAN	Council Members
Dr. Mary BL KWONG	Council Members
Dr. Jun LIANG	Council Members
Dr. Dana SM LO	Council Members
Dr. Wendy WS TSUI	Council Members

Congratulations. We extend our hearty welcome to them.

The Council would like to thank Dr. CHAN Kin Ling, Dr YUEN Shiu Man, and Dr LEE Chun Kit for their valuable contribution to the College in the past years.

The Composition of the Council 2017 is as follows:

<b>President</b>	Dr. Angus MW CHAN		
<b>Vice-President (Education &amp; Examinations)</b>	Dr. David VK CHAO		
<b>Vice-President (General Affairs)</b>	Dr. LAU Ho Lim		
<b>Honorary Secretary</b>	Dr. William CW WONG		
<b>Honorary Treasurer</b>	Dr. Billy CF CHIU		
<b>Immediate Past President</b>	Dr. Ruby SY LEE		
<b>Council Members</b>	Dr. Simon CL AU	Dr. Cecilia YM FAN	
	Dr. Edmond CW CHAN	Dr. LIANG Jun	
	Dr. Alvin CY CHAN	Dr. Dana SM LO	
	Dr. CHAN Hung Chiu	Dr. Mary BL KWONG	
	Dr. King KH CHAN	Dr. Lorna V NG	
	Dr. Mark SH CHAN	Dr. NGAN Po Lun	
	Dr. CHAN Wing Yan	Dr. Gene WW TSOI	
	Dr. Daniel WS CHU	Dr. Wendy WS TSUI	
	<b>Board of Censors</b>	Prof. Cindy LK LAM ( <i>Chief Censor</i> )	
		Dr. Stephen KS FOO	
	Prof. Donald KT LI		

**Mr. Anthony WK CHOW** has been re-appointed as **Honorary Legal Advisor** and **Mr. CF CHEUNG** has been re-appointed as **Honorary Auditor**.

The Chairperson of the various Boards and Committees for the year 2017 are as follows:

### Chairmen of Various Boards

<b>Board of Conjoint Examination</b>	Dr. CHAN Hung Chiu
<b>Board of Diploma in Family Medicine</b>	Dr. Simon CL AU
<b>Board of Education</b>	Dr. Alvin CY CHAN
<b>Board of Professional Development and Services</b>	Dr. LAU Ho Lim
<b>Board of Vocational Training &amp; Standards</b>	Dr. Billy CF CHIU
<b>Editorial Board</b>	Dr. David VK CHAO
<b>Specialty Board</b>	Dr. Wendy WS TSUI
<b>Board of Censor</b>	Prof. Cindy LK LAM ( <i>Chief Censor</i> )
	Dr. Stephen KS FOO
	Prof. Donald KT LI

### Chairmen of Various Committees

<b>Business Management Committee</b>	Dr. Mary BL KWONG
<b>Credentialing Committee</b>	Dr. Gene WW TSOI
<b>Education Committee (AM affairs)</b>	Dr. David VK CHAO
<b>External Affairs Committee</b>	Dr. Angus MW CHAN
<b>Finance Committee</b>	Dr. Billy CF CHIU
<b>FP Links Committee</b>	Dr. Wendy WS TSUI
<b>Anniversary Conference Organising Committee</b>	Dr. Loran V NG and Dr. William CW WONG
<b>House Management Committee</b>	Dr. LAU Ho Lim
<b>Internal Affairs Committee</b>	Dr. David VK CHAO
<b>Membership Committee</b>	Dr. Loretta WY CHAN
<b>Public Education Committee</b>	Dr. NGAN Po Lun
<b>Quality Assurance &amp; Accreditation Committee</b>	Dr. King KH CHAN
<b>Research Committee</b>	Dr. Daniel WS CHU
<b>Web and Computer Committee</b>	Dr. Mark SH CHAN

Dr. William CW WONG  
Honorary Secretary

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **membership in December 2016 – January 2017**:

### Associate Membership (New Application)

Dr. FUNG Kevin Koon Fun	馮冠勛
Dr. LAM Mei	林薇

### Transfer from Associate to Fellowship

Dr. CHAN Ka Ho	陳嘉豪
Dr. CHAN Shuk Wun	陳淑媛
Dr. CHAN So Wai	陳素懷
Dr. CHAU Ka Vai	周家偉
Dr. KWOK Yuen Na	郭婉娜
Dr. LAU Cheuk Nam, Mathew	劉焯楠
Dr. LAU Lai Na	劉麗娜
Dr. LEE Ching Man, Margaret	李靜文
Dr. LEE Ho Ming	李浩銘
Dr. LEE Wing Mei, Dickinson	李穎薇

Dr. LEUNG Ching Ching	梁晶晶
Dr. LO Alvina	盧昆儀
Dr. TSE Wan Ying	謝韻盈
Dr. TSUI Felix	徐偉豪
Dr. WONG Sze Kei	黃詩淇
Dr. YIU Cheuk Man	姚芍敏

### Non-HKSAR Membership (New Application)

Dr CHIM David	詹大偉
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### Student Membership (New Application)

Miss CHIANG Lorraine Lok Wing	蔣樂穎
Miss LAU Hiu Yan, Natalie	劉曉昕
Mr. LEUNG Hau Lam	梁校霖
Mr. LI Chung Hin	李仲軒
Mr. PANG Henry	彭亨利
Miss WONG Constance Ji-yen	黃子恩

### Withdraw of Foundation Fellow and Fellow Membership

Dr. WATT Kwong Kee	屈光圻
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## 普通科門診公私營協作計劃 General Outpatient Clinic Public-Private Partnership Programme



### Come and Join as Family Doctor

#### Long-term Family Doctor Relationship

**\$3,034**  
per patient per year




for eligible patients

To benefit over 35,000 patients



#### Enhanced Support for Doctor



Cluster Help Desk



Programme Hotline



Multi-functional IT platform

#### \$10B HA PPP Fund Established

NOW	2017/18	2018/19
<ul style="list-style-type: none"> <li>• Eastern</li> <li>• Southern</li> <li>• Wan Chai</li> <li>• Kowloon City</li> <li>• Kwun Tong</li> <li>• Sham Shui Po</li> <li>• Wong Tai Sin</li> <li>• Kwai Tsing</li> <li>• Sai Kung</li> <li>• Sha Tin</li> <li>• Tuen Mun</li> <li>• Yuen Long</li> </ul>	<ul style="list-style-type: none"> <li>• Central and Western</li> <li>• Islands</li> <li>• Tai Po</li> <li>• Tsuen Wan</li> </ul>	<ul style="list-style-type: none"> <li>• Yau Tsim Mong</li> <li>• North</li> </ul>





## Meeting Highlights

### eHRSS Seminar

Dr. Cheung Shek Kei, Clement, Senior Health Informatician (eHR), Electronic Health Record Office (eHRO), Food and Health Bureau, delivered a lecture on “The Future of Hong Kong Healthcare: The Electronic Health Record Sharing System (eHRSS) – Participation, Implementation and Way Forward” on 10 December 2016.



Dr. Chan Suen Ho, Mark (1<sup>st</sup> from the left, Moderator), Dr. Lau Ho Lim (2<sup>nd</sup> from the right, Vice-Chairman, General Affairs) presenting the souvenirs to Dr. Cheung Shek Kei, Clement (3<sup>rd</sup> from the right, Speaker) and the representatives from Electronic Health Record Office (eHRO), Food and Health Bureau

### Interest Group in Dermatology

Dr. David Luk, Associate Consultant, Department of Paediatrics and Adolescent Medicine, United Christian Hospital of Hong Kong, delivered a lecture on “Patients with Skin Diseases Admitted to Hospital” on 7 January 2017.



Dr. Lam Wing Wo (1<sup>st</sup> from the right, Moderator), Dr. Stephen Foo (2<sup>nd</sup> from the right, Censor) and Dr. Mary Kwong (1<sup>st</sup> from the left, Council Member) presenting a souvenir to Dr. David Luk (2<sup>nd</sup> from the left, Speaker) during the lecture on 7 January 2017

### CME Lecture on 12 January 2017

Prof. Tang Siu Wa, Emeritus Professor of Psychiatry, University of California, Irvine, CA, USA and Director, Institute of Brain Medicine (International), President, Hong Kong Society of Biological Psychiatry, delivered a lecture on “Your Patients using Smart Drugs and Mind Enhancers” on 12 January 2017.



Dr. Tsui Hing Sing, Robert (right, Moderator) and Dr. Stephen Foo (middle, Censor) presenting a souvenir to Prof. Tang Siu Wa (left, Speaker) during the lecture on 12 January 2017

### Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2016-2017

The first symposium of the “Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2016-2017” co-organized with Primary Care Office of Department of Health with the theme of “Preventive Care” was held on 18 December 2016. Prof. Wong Chi Sang, Martin, Director, CUHK Jockey Club Bowel Cancer Education Centre, The Chinese University of Hong Kong, delivered a lecture on “Colorectal Cancer Screening” and Dr. Chan Suen Ho, Mark, General Practitioner, Private Practice, delivered a lecture on “Elderly Preventive Care”.



Dr. Monica Wong (right, Head of Primary Care Office) presenting a souvenir to Prof. Wong Chi Sang, Martin (left, Speaker) during the lecture on 18 December 2016



Dr. Monica Wong (right, Head of Primary Care Office) presenting a souvenir to Dr. Chan Suen Ho, Mark (left, Speaker) during the lecture on 18 December 2016

The second lunch symposium of the “Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2016-2017” co-organized with Primary Care Office of Department of Health with the theme of “Chronic Diseases” was held on 8 January 2017. Prof. Tse Hung Fat, William MW Mong Professorship in Cardiology, Chair of Cardiovascular Medicine, Department of Medicine, The University of Hong Kong, delivered a lecture on “Updates on Hypertension Management” and Prof. Lam Lo Kuen, Cindy, Danny D B Ho Professor in Family Medicine, Head, Department of Family Medicine and Primary Care, The University of Hong Kong, delivered a lecture on “Clinical Audit - From Design to Implementation” respectively.



Dr. Wendy Tsui (left, Consultant In-charge, Primary Care Office) presenting a souvenir to Prof. Tse Hung Fat (right, Speaker) during the lecture on 8 January 2017



(from left to right) Dr. Chan Chi Wai (Moderator), Prof. Cindy Lam (Speaker), Dr. Wendy Tsui (Consultant In-charge, Primary Care Office), Dr. Stephen Foo (Censor), and Dr. Alvin Chan (Chairman, Board of Education)

The third lunch symposium of the “Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2016-2017” co-organized with Primary Care Office of Department of Health with the theme of “Mental Health” was held on 22 January 2017. Dr. Chu Wai Sing, Daniel, Specialist in Family Medicine, delivered a lecture on “Managing Common Mental Health Conditions in Primary Care”.



Dr. Luk Kam Hung (left, Deputy Consultant In-charge, Primary Care Office) presenting a souvenir to Dr. Chu Wai Sing, Daniel (right, Speaker) during the lecture on 22 January 2017

## Board of Vocational Training and Standards News

### Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2019, please submit the application for higher training on or before **28<sup>th</sup> February 2017 (Tuesday)** in order to meet the requirement for sitting Exit Examination. The application form can be available from the College Secretariat or downloaded from the College web site.

### Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **28<sup>th</sup> February 2017 (Tuesday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28<sup>th</sup> February 2017 (Tuesday)**.

The training experience of 2016 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

### Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 11<sup>th</sup> March 2017 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

- Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee),  
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)
- Date : 11<sup>th</sup> March 2017 (Saturday)
- Time : 2:30 – 4:30 p.m.
- Venue : Rm 802, 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wan Chai

Please contact Ms. Carmen Tong or Ms. Charlotte Cheung at 2871 8899 for any queries.

Higher Training Subcommittee  
Board of Vocational Training & Standards

## Certificate in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in **July 2017**.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires a **HALF** year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of **THREE** compulsory segments. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Segment I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Segment II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

#### Segment III - Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
<b>Contents:</b>	Orthopaedic Injection and Consultation Skills

### 3. \*Schedule:

The whole course requires **FOUR** months of part-time studies.

July to October 2017                      Segment I & II  
Three workshops within 2017            Segment III

### 4. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine.

### 5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

### 6. Teaching Medium:

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

### 7. Course Fees:

HK\$9,500 for members of HKCFP  
HK\$19,000 for non-members

***All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.***

### 8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

### 9. Application Procedures:

#### Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate;
- ii) A recent photo of the applicant (passport size);
- iii) A signed "Disclaimer of Liability";
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- v) A Course Fee of HK\$9,500 (or HK\$19,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission after the application deadline.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

### 10. Application Deadline: 30 June 2017

*\*Course syllabus and schedule may be subject to change without prior notification*

## Diploma in Family Medicine (HKCFP) 2017-18

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2017.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

### 1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

### 2. \*Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

#### Module I – Principles of Family Medicine (Distance Learning)

<b>Aims:</b>	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
<b>Contents:</b>	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

#### Module II – Common Problems in Family Medicine (Distance Learning)

<b>Aims:</b>	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
<b>Contents:</b>	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice

#### Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

<b>Aims:</b>	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
<b>Contents:</b>	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

#### Module IV – Clinical Updates (Updates and Clinical Attachment)

<b>Aims:</b>	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
<b>Contents:</b>	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties

#### Module V – Practical Family Medicine (Practical Workshops)

<b>Aims:</b>	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
<b>Contents:</b>	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

### 3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

### 4. \*Schedule:

The whole course requires ONE year of part-time studies.

July to September 2017	Module I
November 2017 to January 2018	Module II
July 2017 to May 2018	Modules III, IV & V
April / May 2018	Final Examination

### 5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

### 6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.



**7. Teaching Medium:**

English  
(Cantonese may be used in some seminars, workshops and clinical attachments)

**8. Course Fees:**

Whole course:  
HK\$32,000 for members of HKCFP  
HK\$64,000 for non-members

**(A discount of HK\$3,000 for early birds who apply on/before 19 May 2017)**

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,200	\$8,400
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,200	\$8,400
Module III (Structured Lectures & Seminars)	\$3,200	\$6,400
Module IV (Updates & Clinical Attachment)	\$3,400	\$6,800
Module V (Practical Workshops)	\$5,300	\$10,600
Examination	\$9,500	\$19,000
Administrative Fee	\$4,200	\$8,400

**All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.**

**9. Awards/Credits:**

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

**10. Application Procedure:**

**Application is now open**

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2016 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

**11. Application Deadline: 30 June 2017**
**Comments From Former DFM Graduates**

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

*\*Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

## THIRTY-FIRST CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION SECOND Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-first Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2017.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\*
2. FULLY REGISTERED with the Hong Kong Medical Council\*

(\*Documentary evidence is required with the application – including a valid RACGP number.)

**(Note :** All candidates are required to renew their RACGP membership for the year 2017/2018 before 31 July 2017. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

**(Note:** All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2017, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2017, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2017.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

### (2) FORMAT AND CONTENTS

- A. Written Examination  
Key Feature Problems (KFP), and,  
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination  
Objective Structured Clinical Examination (OSCE)

### (3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP\*. The validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

**Application will not be processed unless the pre-requisite is fulfilled.**

\*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2017 will be held on 25 – 26 February 2017 and 25 – 26 March 2017 respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 20). Please register with our College Secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2017.

#### (4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination results can be retained for three years (until the Clinical Examination of 2020).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

#### (5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **12 April 2017 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

**Application Fee:** \$3,000\*

[\*Note: For candidates who first attempted and have passed the Written Examination in 2014-2016, provided that the administration fee for the whole Conjoint Examination had previously been settled, only the examination fee of \$14,000 as listed below would be required for applying the Clinical Examination 2017, that is, application fee of \$3,000 would NOT be required.]

**Examination Fee:**

- Full Examination (Written + Clinical) \$28,000
- Written Examination \$14,000
- Clinical Examination \$14,000

Please make the cheque payable to **“HKCFP Education Limited”**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee (\$14,000) paid for the Clinical Examination will be refunded.**

#### (6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$28,000 (for the whole examination), \$14,000 (for the written examination) or \$14,000 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

#### (7) IMPORTANT DATES

- |                             |  |
|-----------------------------|--|
| • 12 April 2017 (Wednesday) | Closing Date for Applications                    |
| • 13 August 2017 (Sunday)   | Conjoint Examination – Written Examination (KFP) |
| • 20 August 2017 (Sunday)   | Conjoint Examination – Written Examination (MCQ) |
| • (Date to be confirmed)    | Conjoint Examination - OSCE                      |

#### (8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## The HKCFP Award for the Best Research of 2016

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2016. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2017.

### Entry and assessment criteria are listed below:

#### Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

#### Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

**DEADLINE OF SUBMISSION: 30<sup>th</sup> April, 2017**

Supported by HKCFP Foundation Fund



## HKCFP Research Fellowship 2017

### **Introduction**

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

### **Eligibility**

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Applicants for the HKCFP Research Fellowship must be active Fellows, Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

### **Selection criteria**

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Application potential will be judged on\*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

*\* Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

### **How to apply**

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
  - The completed application form;
  - The signed terms and conditions of the HKCFP Research Fellowship;
  - Curriculum vitae from the principal investigator;
  - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
  - Curriculum vitae from the supervisor.
3. Applications close on: **30<sup>th</sup> April, 2017**. Late applications will not be accepted.
4. Applications can be either sent:
 

**By post** to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to [jeffcheng@hkcfp.org.hk](mailto:jeffcheng@hkcfp.org.hk)

Supported by HKCFP Foundation Fund



## Ramadan, have you heard of this word before?

As we live in Hong Kong, not many people have heard of it but it is widely practiced among thousands of Muslims, even in Hong Kong. In very simple terms, it means fasting between sunrise and sunset for religious purposes. Let me bring you through the journey of further exploring it.



I don't have to emphasize again the burden of diabetes worldwide. There are about 415 million people suffering from diabetes in 2015. It translates into one in eleven adults having diabetes. Fasting is demanding even for non-diabetics, let alone those suffering from diabetes.

Why do Muslims have to fast during Ramadan? It is one of the five pillars of Islam. It was on the ninth month of the Islamic calendar that the Quran was revealed to Mohammad. It was believed that fasting will strengthen spirituality, propagate good behavior, improve health, and enhance appreciation of what you already have. No food is allowed, but medications by injections, nebuliser or inhalation are permitted.

Possible complications of fasting during Ramadan:

1. 5 times increase in severe hyperglycemia
2. 7.5 times increase in severe hypoglycemia
3. More hospitalization during Ramadan
4. More prone to diabetic ketoacidosis and dehydration

Therefore, we need to screen and assess which diabetics are suitable to fast during Ramadan. Low and moderate risk diabetics can fast. However, high and very high risk patients should be advised to abstain from fasting.

**Low risk:** well-controlled healthy diabetes treated with lifestyle therapy, metformin, acarbose, thiazolidinedione or incretin

**Moderate risk:** Well-controlled diabetes treated with short-acting insulin or secretagogues

**High risk:** -moderate hypoglycemia, moderate renal failure, advanced macrovascular complications, living alone and treated with insulin or sulfonylureas, patients with co-morbid conditions that present additional risk factors, old age with ill health, or treatment with drugs that may affect mental state

**Very high risk:** previous severe DM complications (within 3 months prior to fasting, eg severe hypoglycemia, ketoacidosis, hyperosmolar hyperglycemic coma, recurrent hypoglycemia), hypoglycemia unawareness, acute illness, sustained poor glycemic control (HbA1c >9%), pregnancy or advanced renal failure/ chronic dialysis

It was suggested to have Pre-Ramadan Assessment

1-3 months before Ramadan. This is an individualized approach to ensure overall well-being. Different aspects of a diabetic will be looked into, namely, glycemic control, blood pressure control, lipid control, DM-related complications and other comorbidities.

Sometimes, diabetics insist fasting during Ramadan due to religious

reason. Diabetics should have Pre-Ramadan Trial Run. Drug regimen has to be reviewed. Timing, dosage and frequency of dosing need to be adjusted.

Patients must be informed when to end a fast. If patient has no glucometer, symptoms of hypo or hyperglycemia should warrant a stop. Syncope and confusion, signs of dehydration, are also alarming signs. If a patient has a glucometer, self-monitoring is suggested in the following conditions.

- patient is symptomatic
- moderate and high risk categories
- pre-sahur (sunrise) and 2 hr later
- mid-day
- pre-iftar (sunset) and 2 hr later
- bedtime

Diabetics must be reminded that when certain levels are reached, they should stop fasting.

- Blood glu < 3.3 mmol/l
- Blood glu < 3.9 mmol/l in the first few hr of fasting (especially if the patient is taking sulfonylureas, meglitinides or insulin)
- Blood glu > 16.7mmol/l

Finally, diabetics who will undergo Ramadan should be given some general advice. Never skip sahur (meal before sunrise). Patients are suggested to wake up earlier than sunrise to have a meal before fasting starts. Do not delay berbuka (meal after sunset). Do you remember one of possible complications is hyperglycemia? Sometimes, people eat more than usual after fasting. We need to educate patients to have a balanced diet.

In conclusion, Ramadan is important to Muslims. In order to facilitate safe fasting during this month of every year, thorough assessment and risk stratification must be performed well before Ramadan. Each patient should have a tailor-made regimen.

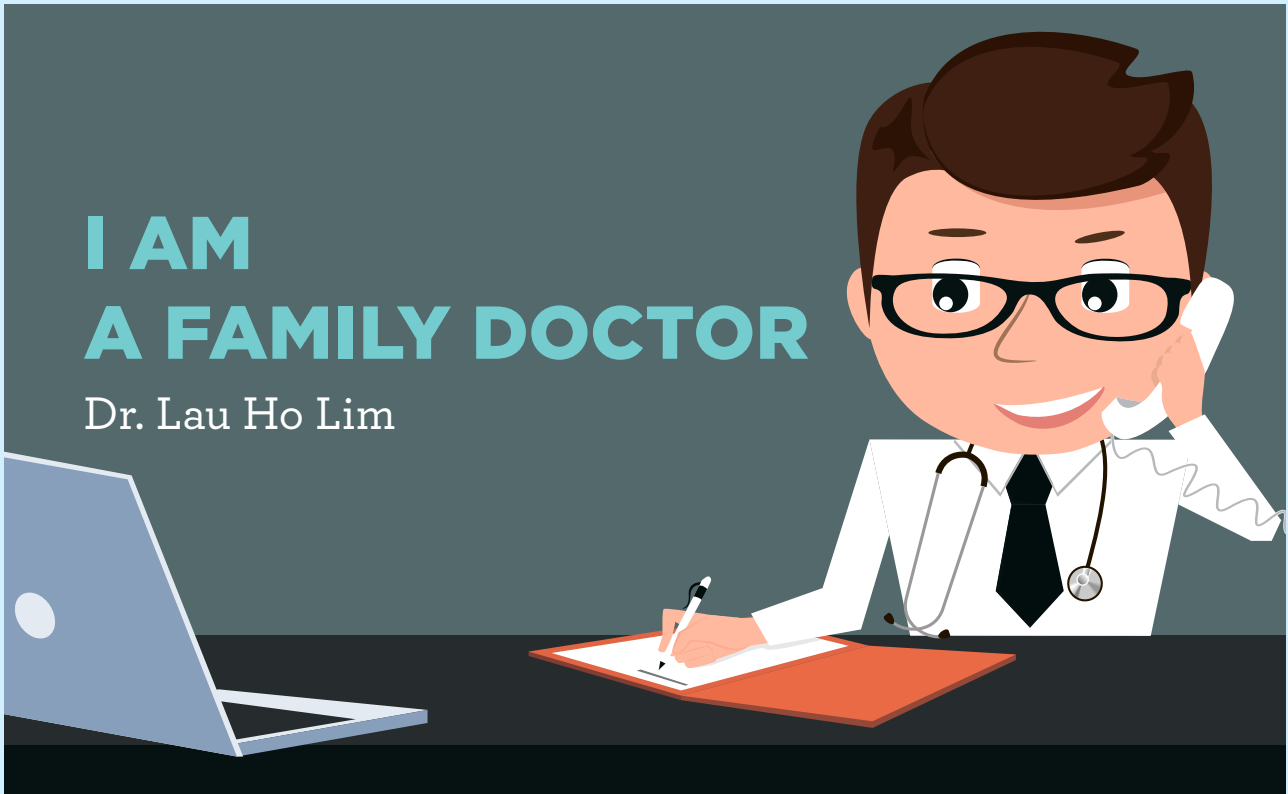
### Acknowledgement:

Prof Dr. Kwa Siew Kim, Family Medicine Dept, International Medical University

**Compiled by Dr. Tsui Hiu Fa, Eva**

# I AM A FAMILY DOCTOR

Dr. Lau Ho Lim



Some twenty years ago, if you went to a banquet and was asked what you did for a living, your answer of “I’m a family doctor” would either bring about a moment of silence followed by a change of topic, or raise a few eyebrows, sometimes even inviting a degree of veiled disdain, particularly when a medical colleague of another specialty was present. In short, apparently nobody would be interested to find out what you did every day. This common embarrassing situation did not change even when our College changed her name from the Hong Kong College of General Practitioners to the present Hong Kong College of Family Physicians.

Somewhat unexpectedly and amusingly, partly instrumental in making me decide on a career in family medicine is a joke cracked by the late charismatic Dr. George Choa when I was still a medical student attending his class. He smilingly mentioned the trend of subspecialisation in ENT, saying, with tongue in cheek, that in future when a patient with left ear pain goes to see an otorhinolaryngologist, he or she may be disappointed when the doctor replies, “You have come to the wrong specialist. I am a right ear specialist. You should go to see a left ear one.” At that moment, I realised the importance of holistic care as exemplified in family medicine.

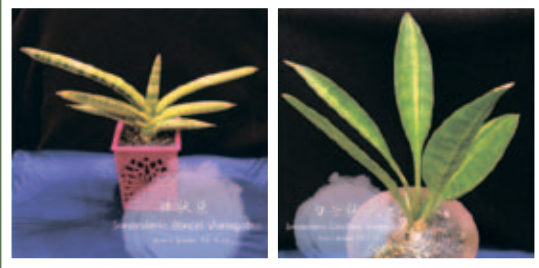
Very few will remember that general practitioners, or family doctors for that matter, were the first generalists in medical history, and they remain perhaps the only generalists today at a time when subspecialisation or even

“super-subspecialisation” is in vogue. On a side note, medical literature in internal medicine has been lamenting the disappearance of the “general physician” for some time.

And very few will realise that family doctors are currently probably the only doctors who are able to not only diagnose diseases, but also define health. When health has become the aim of medical care as propagated by WHO, family doctors are the ones in the prime position to follow this mission.

With the contribution of the forefathers and also current colleagues in our College, the concept of family medicine and its importance have grown from acceptance to appreciation in the community, be it medical or lay. The unfailing assiduity of all those involved in our College has made her grow from strength to strength. In retrospect, on the eve of our College’s 40th Anniversary, “Mighty oaks from little acorns grow” is not an exaggeration to describe her growth.

These days, when I attend a social event and when asked of my profession, my answer of “I am a family doctor” will more often than not be greeted with, “Are you? How nice! I would like to have a family doctor as well.” This appreciative reply is the best answer that we can look back with satisfaction and pride.



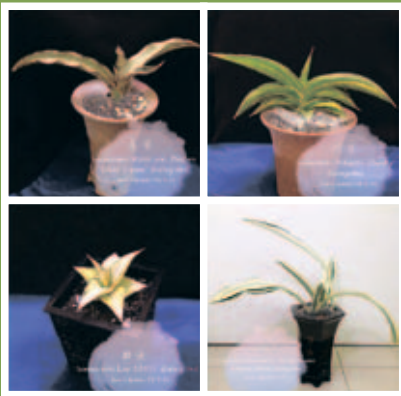
# 迷上斑錦 虎尾蘭

Dr. Ivan Pong

迷上斑錦虎尾蘭，源於較早前在母嬰健康院參加了一個有關小孩致敏原的研究，結果發現家中甲醛含量超標……

為了小孩健康，開始翻查資料，發現美國太空總署1989年的研究指出虎尾蘭能夠有效製造氧氣和消除空氣中包括甲醛、三氯乙烯、苯等有毒物質。適逢當時在網上看到網友許多各式各樣的虎尾蘭，具有多變的造型，極強的適應能力和抗病害能力，所以使我漸漸加入收藏虎尾蘭的行列

原來虎尾蘭屬裡面約有140個品種，葉形上有很多變化：有長的、短的、厚的、薄的、棒狀的、鏟子狀的、舌頭狀的、勺子狀的、扇狀的……



由於病毒感染、化學誘變、輻射、遺傳等因素，影響了細胞核或者葉綠體的基因，在葉子上形成各式各樣的斑錦：有覆輪斑、縞斑、逆斑、糊斑等……因此形成了更罕有和更具收藏價值的斑錦虎尾蘭，也成為了我收藏的目標。



以下是我對虎尾蘭種植方面的體會：

**水份：**虎尾蘭是夏型種植物，即夏天為生長季節，冬天為休眠季節，因此5-9月可以大量淋水，自10月開始漸漸減少，冬季只淋盆邊一週，氣溫十五度以下不淋水，春季3-4月漸漸增加水分。

**施肥：**在生長季節和開始種植時施固態緩釋肥；生長季節淋水時可以再追加液態肥和葉面活性要素。為了斑錦更漂亮，選用磷質比重較高的肥料。



**防治病害：**滅蟲方面以全效滅蟲劑噴表面和淋在植料中；殺菌方面以蘭花消毒殺菌液浸泡、噴表面和淋在植料中。這些產品暫無發現副作用，效果也很好。



**植料：**透氣疏水為主要目標，所以我選用50%火山石、30%赤玉土、10%日本珠石和10%泥炭。



**花盆：**也是透氣疏水為主要目標，所以我喜愛用鏤空的筆筒、風蘭盆或筲箕。另外也要跟據根系的多少和深淺選用相對吻合的容器，即長粗根用深盆、短少根用淺盆。



**光照：**葉子較深色和較厚的能接受較強的光照；反之較淺色和較薄葉的需要較少的光照。

**繁殖：**割下側芽或葉子插在植料中，保持微濕有助生根。暫時未有授粉和播種的經驗。



種植虎尾蘭，除了可以在工餘時令身心健康更加平衡，還可以改善空氣和預防家人呼吸系統的疾病，一舉兩得。



## Public Education Committee News

# Here we have the Fifth Book of Family Doctor Series: 《家庭醫生101》

《家庭醫生101》is the Fifth Book of Family Doctor Series based on the Chinese newspaper articles from the Hong Kong Economic Journal (信報) Column in recent years.

We have 14 writers and 101 articles in this Book, with the 5 themes of:

**身心家庭事 醫者心懷裡 診室互動時 社區所思慮 寰宇世界中**

This Book will be very good for leisure reading, and very useful and informative for demonstrating the unique role and many faces of Family Physician for the patient, the family, the community, and the health care system!

### 名家推薦：

這本散文集涉獵範圍甚廣，闡述家庭醫生多元的角色。我希望讀者能早日選擇一個家庭醫生守護自己和家人的健康。

食物及衛生局局長 高永文醫生

作為一名家庭醫生，我誠意向大家推薦此書，它既能增加大眾對家庭醫生的了解，亦能增進讀者的醫療知識，更是一本輕鬆的消遣讀物，閱畢此書，定必有所得益。

香港醫學專科學院主席 李國棟醫生

本書透過101個由不同家庭醫學醫生以深入淺出的筆觸，撰寫精彩而親切的故事，令大眾對家庭醫生的工作更認識，同時亦提高公眾對不同疾病的了解，不容錯過。

香港大學李嘉誠醫學院院長 梁卓偉教授

我誠意推薦這本書給有心在人生學堂持續進修的您，讓我們一起朝身心社靈「全人健康」的目標進發。

香港中文大學醫學院院長 陳家亮教授

《家庭醫生101》透過淺白和生活化的文章，與讀者們分享家庭醫生診症的點滴。閱讀這些文章時我亦深深感受到，家庭醫生是照料大家身心社靈的好朋友。

衛生署基層醫療統籌處處長 王曼霞醫生

風聲雨聲，讀書聲，聲聲入耳。大病小病，身心病，病病關懷。

本書正是道出家庭醫生每天工作所面對的各種挑戰以及他們敬業樂業的精神！

香港家庭醫學學院院長 陳銘偉醫生

The special offer of the book for our members is HK\$76 (30% discount of the original price)! Please fill in the order form below and get the new book as soon as possible! (Please kindly contact our secretariat for the book delivery, and the postal charge by mail delivery is HK\$25 per book.)

For inquiry please contact the College secretariat Ms. Windy Lau or Ms. Cherry Chan at 2871 8899.

## ORDER FORM

To: HKCFP  
Room 803-4, 8/F, HKAM Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong  
(Fax No. 2866 0616)

I am a(an) \*Affiliate / Student / Associate / Full / Fellow member of  
the Hong Kong College of Family Physicians.

I would like to purchase \_\_\_\_\_ copy / copies of 家庭醫學手冊之五 -  
家庭醫生101.

Enclosed please find cheque payment of HK\$ \_\_\_\_\_\*\*.

\*\* Note - HK\$76/book; Hong Kong local postage : HK\$25/book

\*\*\* All cheques are payable to "HKCFP Education Ltd".\*\*\*



Name : \_\_\_\_\_ Email Address : \_\_\_\_\_

Postal Address : \_\_\_\_\_

Tel No. : \_\_\_\_\_ Date : \_\_\_\_\_

\* Please circle your category of membership.

## Interest Group in Dermatology – The 57<sup>th</sup> Meeting on 7 January 2017

Dr. Tsang Pui Lim - College Member

**Theme :** Patients with Skin Diseases Admitted to Hospital

**Speaker :** Dr. David Luk  
*Associate Consultant, Department of Paediatrics and Adolescent Medicine  
United Christian Hospital of Hong Kong*

**Moderator:** Dr. Lam Wing Wo, Board of Education

### Learning Points:

Dr. Luk has kindly shared with us his experience and knowledge in diagnosing and managing skin diseases in patients admitted to hospital. First of all, it is important to know about the basic skin signs, including macule, patch, papule, plaque, vesicle, blister, petechiae and purpura. Using these terms to describe skin lesions gives much more information than just using the single word “rash”. Sometimes documentation with photo helps when making consultation or referral. Colour of the lesion, its onset and progression, and the presence or absence of itchiness and pain all help to make the diagnosis.

Dr. Luk has discussed many cases that he has managed in the hospital. He shared with us a case of erythema infectiosum, also known as fifth disease, which is caused by parvovirus B19 with a classic slap cheek appearance. He reminded us the risk of hydrops fetalis with parvovirus B19 infection during pregnancy.

Dr. Luk also talked about the mnemonic “Very Sick People Must Take No Exercise” to help remember the causes of rash in febrile patients. Corresponding the appearance of rash to the day of fever, these causes are “1.Varicella”, “2.Scarlet fever”, “3.Smallpox”, “4.Measles”, “5.Typhus”, “6.No” and “7.Enteric fever”.

Dr. Luk then talked about the definition and management of erythroderma. The commonest underlying skin conditions that cause erythroderma are psoriasis and atopic dermatitis. Cases of erythema multiforme were also discussed. This condition is mostly drug-induced and it commonly involves the palms. Nikolsky’s sign was shown in a patient with toxic epidermal necrolysis (TEN). Dr. Luk shared

that at present HLA-B1502 would be checked before prescribing carbamazepine to prevent carbamazepine-induced Steven Johnson syndrome and TEN.

Lastly, Dr. Luk discussed two dermatological conditions in pregnancy. Pemphigoid gestationis is a rare but serious condition that usually occurs in the first trimester, while polymorphic eruption of pregnancy is a more benign condition that usually occurs in late trimester. Polymorphic eruption of pregnancy usually affects the first pregnancy. The rash would involve the striae but spare the umbilicus.

### Next Meeting

The next meeting will be on 18 March 2017 (Saturday). The guest speaker are Dr. Gavin Ong, Specialist in Dermatology and Venereology, who will speak to us on “Epidermal Barrier Dysfunction management” and Dr. Rene C. Rust, Senior Director, Expert Science for the global Skin Health business at GSK/Stiefel, Brentford in UK and Frankfurt in Germany, who will speak to us on “Advanced Skin Care for successful management of skin barrier impairment and symptoms” respectively. All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat ([teresaliu@hkcfp.org.hk](mailto:teresaliu@hkcfp.org.hk)) 2 weeks before the date of presentation.

## ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2017

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisors** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :  
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops  
 2. To improve physical examination technique and clinic procedural skills through hands-on experience  
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups  
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2017
- Course Structure** : The course will consist of 4 main components:  
 1. Seminars  
 2. Workshops  
 3. Self-help Group Support  
 4. Mock Exam  
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)  
 HK\$950 (Spot admission for each seminar or workshop only)  
 All cheques payable to **"HKCFP Education Ltd"**  
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Successful applications will be informed later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

### Assessment Enhancement Course 2017 Timetable for Workshop

Date	Topics	Venue
22 April 2017 (Sat) 2:30 – 5:30 p.m.	<b>Introduction</b>	Duke of Windsor Social Service Building, Wanchai
20 May 2017 (Sat) 2:30 – 5:30 p.m.	<b>Approach to Physical Complaints</b>	Duke of Windsor Social Service Building, Wanchai
17 June 2017 (Sat) 2:30 – 5:30 p.m.	<b>Proper Physical Examination &amp; Common Clinic Procedures</b>	Duke of Windsor Social Service Building, Wanchai
22 July 2017 (Sat) 2:30 – 5:30 p.m.	<b>Viva Practice: Enhance Interprofessional Communication</b>	Duke of Windsor Social Service Building, Wanchai
26 August 2017 (Sat) 2:30 – 5:30 p.m.	<b>Problem Solving Skills</b>	Duke of Windsor Social Service Building, Wanchai
16 September 2017 (Sat) 2:30 – 6:00 p.m.	<b>Mock Exam</b>	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

## Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2017

As required by the Royal Australian College of General Practitioners (RACGP), CPR training courses need to have advanced component on airway management, neck support and automated external defibrillation (AED) on top of basic life support. In order to be aligned with our Sister College (RACGP) and achieve reciprocal recognition in Conjoint Fellowship Examination and Quality Assurance Certificate, the CPR Subcommittee of the Board of Education is pleased to announce that an enhanced CPR course, the Advanced Primary Care Life Support (APCLS) will be launched in 2017.

APCLS course materials have been endorsed by HKCFP Council in 2015 and the Resuscitation Council of Hong Kong (RCHK) in 2016. The course aims to widen the scope of our existing CPR training course by adding several important elements: use of automated external defibrillator (AED), use of airways adjuncts and dealing with initial trauma care through use of neck support.

**TWO** APCLS Training and Examination Workshops will be held in 2017 **(25-26 February 2017, 25-26 March 2017)**.

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2017 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our APCLS session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2017 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for two years.

### 2<sup>nd</sup> Announcement: February College News

**25 - 26 March 2017** **Saturday and Sunday**

#### APCLS Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. Advanced Primary Care Life Support-Principles and Techniques 2. Advances in CPR and Demonstration on Automated External Defibrillator 3. Use of Airway Insertion and Cervical Injury Management 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP APCLS Instructors
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing APCLS Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	40 doctors

Admission Fee:

<b>Members</b> (Attend Training and Examination Workshop)	<b>HK\$900.00</b>
<b>Non-members</b> (Attend Training and Examination Workshop)	<b>HK\$1,200.00</b>
<b>Members with valid CPR certificate (HKCFP)</b> (Attend Training and Examination Workshop)	<b>HK\$500.00</b>

All cheques should be made payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Successful candidates will be awarded an APCLS Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Cherry Chan at 2871 8899 for registration on/ before **17 March 2017 (Friday) for March session**.

**LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

**Conjoint Examination application deadline: 12 April 2017**

**\* REMARKS:** 1.) You are not suggested to take the APCLS training workshop and examination during your pregnancy. 2.) Priority would be given to exam candidates, who have applied 2017 Conjoint HKCFP/RACGP Fellowship Examination.

**6 March 2017** **Monday**

#### Multidisciplinary Management of patients with LUTS

##### 1. Simple and reliable assessment tools for Hong Kong OAB patients

**1. Dr. Yiu Ming Kwong**

*Chief & Consultant, Division of Urology,  
Queen Mary Hospital, Hong Kong*

##### 2. The challenge of OAB management in elderly patients

**2. Dr. Chan Ngai Ho Tony**

*Associate Consultant, Department of Medicine & Geriatrics,  
Tuen Mun Hospital, Hong Kong*

##### 3. LUTS management insight: limitations and opportunities

**3. Prof. Gratzke Christian**

*Assistant Professor, Department of Urology,  
Ludwig-Maximilians-University,  
Munich, Germany*

Organising parties: Co-organized by the Hong Kong College of Family Physicians and the Hong Kong Urological Association

Co-Chairmen **1. Dr. Lau Wing See, Bea**  
The Hong Kong College of Family Physicians  
**2. Dr. Ho Lap Yin**  
President of H.K. Urological Association

Time	6:30 p.m. - 7:00 p.m. Registration 7:00 p.m. - 8:15 p.m. Lecture and Discussion 8:15 p.m. - 10:00 p.m. Dinner
Venue	Crystal Ballroom, Level B3, Holiday Inn Golden Mile, 50 Nathan Road, Tsim Sha Tsui, Kowloon, Hong Kong
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00
Accreditation	1 CME points HKCFP (Cat. 4.3) 1 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>

**Register Online**

Sponsored by  
**Astellas Pharma HK Co., Ltd.**



**17 March 2017**
**Friday**
**Prospective of E-cigarette in Future**
**Dr. HSUEH Kuang-Chieh**
*Smoking Cessation Physician,  
Kaohsiung Veterans General Hospital  
Taiwan*

Chairman	<b>Dr. Chan Chi Wai, Edmond</b> The Hong Kong College of Family Physicians
Time	6:00p.m. – 6:30p.m. Registration 6:30 p.m. – 8:00 p.m. Lecture & Discussion 8:00 p.m. – 9:00 p.m. Dinner
Venue	Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 1 CME points MCHK 1.5 CNE Point Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>



Sponsored by

**GlaxoSmithKline Consumer Healthcare (Hong Kong) Limited**
**18 March 2017**
**Saturday**
**Board of Education Interest Group in Dermatology**

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Topics	<b>1. Epidermal Barrier Dysfunction Management</b> <b>2. Advanced Skin Care for Successful Management of Skin Barrier Impairment and Symptoms</b>
Speakers	<b>1. Dr. Gavin Ong</b> Specialist in Dermatology Medical Director and Consultant, the Skin Specialist, Singapore <b>2. Dr. Rene C. Rust</b> PhD in Vriology, University of Basel, Switzerland
Co-ordinator & Chairman	<b>Dr. Lam Wing Wo, Edmund</b> The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	2/F, The Chinese Club Building, 21-22 Connaught Road Central, Hong Kong (TBC)
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting.</b>


**HKCFP would like to thank HKMA for supporting this educational activity.**

Sponsored by

**GSK Consumer Healthcare (HK) Limited**
**23 March 2017**
**Thursday**
**Updates on New Insulin Analogue for T2DM Management in Primary Care**
**Prof. Vivian A. Fonseca**
*Alumni Chair in Diabetes, Professor of Medicine and Pharmacology,  
Tulane University, USA*

Chairman	<b>Dr. Chan King Hong</b> The Hong Kong College of Family Physicians
Time	6:30p.m. – 7:00p.m. Registration 7:00 p.m. – 8:30 p.m. Lecture & Discussion 8:30 p.m. – 10:00 p.m. Dinner
Venue	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>



Sponsored by

**Sanofi-aventis Hong Kong Limited**
**Monthly Video Viewing Session**

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

**February's session:**

Date	24 February 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"The Interactive Roles of Primary Care Professionals and Pain Specialist" – Dr. Tong Ka Fai, Henry</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.


**March's session:**

Date	31 March 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>"Management of Atrial Fibrillation in Primary Care" – Dr. Chan Chi Kin, William</b>
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.



## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>11 March 2017</b> 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Update in thyroid diseases</b> Dr. LEUNG Hoi Sze Endocrinologist, OLMH	Ms. Clara Tsang Tel: 2354 2440

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
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### 1 March 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Update on management of chronic disease (COAD, asthma)</b> Dr. Mak Ho Yan, Queenie & Dr. Kam Ngar Yin, Irene	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Approach to Abnormal Uterine Bleeding for Non-pregnant Women</b> Dr. Zhang Dingzuan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Case presentation (difficult patient management)</b> Dr. Cheuk Hiu Ying Angie & Dr. You Chi Yan Davy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	<b>Updates in Medical Imaging</b> Dr. Samuel Lau & Dr. Andrew Wai	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339

### 2 March 17 (Thu)

4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Animal and insect bite</b> Dr. So Lok Ping & Dr. Tsui Felix	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Clinical Psychologist in Family Medicine 5</b> Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

### 8 March 17 (Wed)

2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	<b>Update of management of chronic disease (Dementia, Parkinsonism)</b> Dr. Chui Tsz Hang & Dr. Lau Ka Man	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Understanding the Work of our Community Nurse</b> Dr. Wang Amy Yang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>How to prepare for medical litigation &amp; medical witness</b> Dr. Pun Yat Hei & Dr. Hui Yuk Ting Candy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>MPS cases demonstration: Common pitfalls in daily practice</b> Dr. P L Tsang	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Clinic management (drug dispensing and dangerous drug management)</b> Dr. Mira Chen Liu Jing	Ms. Carmen Kwong Tel: 2632 4371

### 9 March 17 (Thu)

4:00 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Understanding the work of Physiotherapy and Occupational Therapy in community</b> Dr. Chan Ching & Dr. Lee Hoi Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Clinical Psychologist in Family Medicine 6</b> Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941

### 15 March 17 (Wed)

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Contraception, HRT (overview &amp; update)</b> Dr. Chan Kiu Pak, Kilpatrick & Dr. Siu Wing Yee	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Emergency Care of Infective Diseases and Febrile Travellers</b> Dr. Leung Lai Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Bereavement and emergency care for psychological crisis</b> Dr. Lim Martina & Dr. Chow Pui Yin Melody	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Health care system in mainland China</b> Dr. Minru Li	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Scapular dyskinesia</b> Dr. Shirley Choi	Ms. Carmen Kwong Tel: 2632 4371

**16 March 17 (Thu)**

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Oversea Conference for Family Medicine and Experience Sharing</b> Dr. Yip Chun Kong & Dr. Chu Tsun Kit	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Antenatal care</b> Dr. Chiu Yuen Man	Ms. Kwong Tel: 2595 6941

**22 March 17 (Wed)**

2:00 – 5:00 p.m.	Room 7, 8/F, You Ma Tei GOPC	<b>1) CMS FM Module 2) Community resource : Elderly health care</b> Dr. Lau Pui Lam & Dr. Lee Wing Lam	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Oversea Conference for Family Medicine and Experience Sharing</b> Dr. Chan Yin Yue & Dr. Chung Ka Chun	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>O&amp;G emergency in general practice</b> Dr. Choi Yuen Ling Janice & Dr Wong Sze Man	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Common symptom complaints - dizziness</b> Dr. K H Tseung	Ms. Chloe Leung / Ms. Yan Ng Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Cancer screening (Ca colon, prostate cancer)</b> Dr. Jacky Lee	Ms. Carmen Kwong Tel: 2632 4371

**23 March 17 (Thu)**

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Primary health care system across country</b> Dr. Cheuk Tat Sang & Dr. Hung Chi Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Post-partum care</b> Dr. Lo Yuen Man	Ms. Kwong Tel: 2595 6941

**29 March 17 (Wed)**

2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Consultation enhancement (physical examination and video consultation)</b> Dr. Hou Jing & Dr. Leung To Fung	Ms. Mandy Leung Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	<b>Designated Clinics – Zika / Dengue Fever / Swine Flu</b> Dr. Ng Ngai Mui & Dr. Ng Kai Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	<b>Common symptoms in Surgery Part I (abdominal pain, neck mass)</b> Dr. Chan Wing Chi Annie & Dr Wong Yu Man Tracy	Ms. Polly Tai Tel: 3949 3430

**30 March 17 (Thu)**

4:00 – 6:00 p.m.	Rm 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	<b>Clinical Approach: Complaints of hair, nail and mucosal membrane</b> Dr. Kum Chung Hang & Dr. Tang Hoi Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Open Disclosure</b> Dr. Wong Hang Fai Ricky	Ms. Kwong Tel: 2595 6941

## Classified Advertisements

**“Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to [hr@evanhosp.org.hk](mailto:hr@evanhosp.org.hk)”**

**Accredited Private FM Centre invites full time / part time Doctors** for expanding services (Tuen Mun / Kwai Fong). FM Trainee, Paediatricians welcomed. Basic + Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212-6654.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 <b>Feb</b>	13	14	15 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	16 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	17	18
19	20	21	22 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	23 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	24 <b>2:30 – 3:30 p.m.</b> Video Session	25 <b>1:00 – 3:30 p.m.</b> CME Lecture <b>2:00 – 6:00 p.m.</b> APCLS Training Workshop
26 <b>2:00 – 6:00 p.m.</b> APCLS Examination	27	28	1 <b>Mar</b> <b>2:15 – 7:30 p.m.</b> Structured Education Programme	2 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	3	4
5	6 <b>6:30 – 10:00 p.m.</b> CME Lecture	7	8 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	9 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	10	11 <b>2:00 – 6:00 p.m.</b> DFM Pre-examination Workshop I
12	13	14	15 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	16 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	17 <b>6:00 – 8:30 p.m.</b> CME Lecture	18 <b>2:30 – 5:00 p.m.</b> Exit Exam - Research & Clinical Audit Segments Preparatory Workshop <b>1:00 – 4:00 p.m.</b> Interest Group in Dermatology
19	20	21	22 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	23 <b>2:15 – 7:00 p.m.</b> Structured Education Programme <b>6:30 – 10:00 p.m.</b> CME Lecture	24	25 <b>1:00 – 4:00 p.m.</b> CME Lecture <b>2:00 – 6:00 p.m.</b> APCLS Training Workshop
26 <b>2:00 – 6:00 p.m.</b> APCLS CPR Examination	27	28	29 <b>2:15 – 7:30 p.m.</b> Structured Education Programme	30 <b>2:15 – 7:00 p.m.</b> Structured Education Programme	31 <b>2:30 – 3:30 p.m.</b> Video Session	1 <b>Apr</b>

## FP LINKS EDITORIAL BOARD 2016

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Front row (left to right): Dr. Natalie Siu, Dr. Anita Fan, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Judy Cheng and Dr. Maria Leung

**Red** : Education Programmes by Board of Education  
**Green** : Community & Structured Education Programmes  
**Purple** : College Activities

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The Hong Kong College of Family Physicians

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### To find out more, contact us:



[www.hkcfp.org.hk](http://www.hkcfp.org.hk)



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