



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

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Message from the President



HKPCC Opening Ceremony

(from left to right) Prof. William Wong, Dr. Donald Li, Dr. Ko Wing Man, Dr. Angus Chan, Prof. Michael Kidd, Prof. Sophia Chan, Prof. Lam Tai Pong and Dr. Lorna Ng

The busiest weekend of the College calendar has just passed. The 6th Hong Kong Primary Care Conference happened on 4th and 5th June 2016. This was immediately followed by our 29th Fellowship Conferment Ceremony and the 27th Dr. Sun Yat Sun Oration.

The HKPCC was again a great success with nearly 500 attendees. The main theme was "A Flourishing Community- Our Vision in Primary Care" to address the present and future development of Primary Care in Hong Kong and worldwide. We were privileged to have Prof Michael Kidd, President of WONCA, Prof. Sophia Chan, Under Secretary for Food and Health Bureau and Prof Lam Tai Pong, Professor, Department of Family Medicine and Primary Care of the University of Hong Kong to deliver three high power plenary lectures. This year we even had two workshops on Communication Skills in Putonghua to address local and Greater China participants.

Prof. Michael Kidd's plenary speech touched on Bill Gates, the richest man in the world at the launch of "Primary HealthCare Performance Initiatives" last year. Mr. Gates

mentioned "Hear argument about vertical and horizontal health care. The horizontal piece is the most important". Strengthening primary health care is the most viable way to close the treatment gap and ensure that all people in all communities get access to the health care they need. If you don't trust me, trust Bill! Who is the horizontal piece? We are!

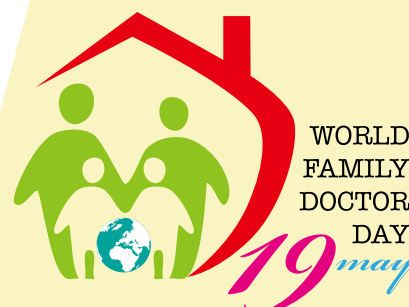
Prof. Lam Tai Pong reminded us the consultative document in 2005 titled "Building a Healthy Tomorrow" and recommended the HKSAR government to promote family doctor concept. One of the important elements of the concept is: the doctor has the mindset and training, "training" of managing problems at the primary care level in a holistic way. Of course my wishful thinking is all

primary care doctors in Hong Kong will undergo training supervised by the College.

At the 29th Fellowship Conferment, there were 15 Diplomats of DFM, 26 Fellows passing the Conjoint Examination and 13 Exit Examination Fellows receiving their certificates. We were exuberant to witness one of our senior Fellows, Dr. Choi Kin celebrating the conferment of his son.

This year marks the 150th anniversary of the birth of Dr. Sun Yat Sen, an alumnus of the University of Hong Kong. We were honoured to have Prof. Gabriel M Leung, Dean of Faculty of Medicine, the University of Hong Kong and one of the very best medical speakers to deliver the 27th Dr. Sun Yat Sen Oration, titled: "What would Dr. Sun have done?" Initially we were wondering whether

(Continued on page 2)



Message from the President

(Continued from page 1)

Prof Leung was going to talk about politics or medicine. He skillfully mentioned “Medicine is a social science and politics is nothing else but medicine on a large scale. Medicine as a social science, as the science of human beings, has the obligation to point out problems and to attempt their theoretical solution; the politician, the practical anthropologist, must find the means for their actual solution.” Prof. Leung also pointed out “Licenciate” was not equivalent to “Licensed to practice”. The best example was Dr. Sun who had to quit Macao because under Portuguese regulations, no one not possessing a Portuguese diploma could legitimately practice there, and so he moved to Canton to work. His talk was meticulously

researched and a true reflection of the Hong Kong situation!



Dr. Angus Chan (left) and Prof. Gabriel M Leung (right)

“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th June 2016 to 14th July 2016, Dr. Au Chi Lap and Dr. Mary Kwong will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting the College Secretariat by phone: 2871 8899, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



DR. AU CHI LAP



DR. MARY KWONG



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Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April – May 2016**:

Associate Membership (New Application)

Dr FUNG Sze Lok	馮詩諾
Dr HO Wing Yan, Olivia	何詠恩
Dr KWAN See Lai, Janet	關思禮

Dr LI Hoi Man	李凱雯
Dr TANG Suet Chung, Lawson	鄧雪松

Resignation from Associate Membership

Dr CHAN So Ching, Sarah	陳素貞
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Specialty Board News

Fellow Badge for Fellows of HKAM in Family Medicine

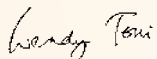
Dear Fellows of HKAM (Family Medicine),

The Specialty Board is delighted to present a badge for each of the Fellows of HKAM (Family Medicine).

From now until 31 December 2016, please come to Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Wong Chuk Hang for receiving one complimentary badge. The redemption must be verified with your Fellow Card by the college secretariat.

Should you have any question, please contact the board secretaries Alky or Carmen at 2871 8899.

Thank you!



Dr. Wendy Tsui
Chairlady, Specialty Board



Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To trainees who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. An annual training fee will be charged for any late submission.

Should you have any enquiries, please contact Carmen or Charlotte at 2871 8899.

Basic Training Subcommittee
BVTS

Classified Advertisement

Full time/ Part time Family Doctor required for renowned Blue Care Medical Centres in Central/ Kwun Tong. Attractive salary and bonus. FM community training available.

Email CV to hr@bluecare.com.hk Contact Dr. Angus Chan Tel: 91368069/ 25231808

CUHK Honorary Fellow - A Citation



Dr Li Kwok-tung Donald

SBS, BA, MBBS, FHKCFP, FRACGP,
FHKAM (Family Medicine), JP

It is said that medicine must, first and foremost, be human-oriented. In Chinese society, family comes first, and individuals are inseparable from their families. Family medicine, a 'people-first' medical science, has long been a fully-fledged practice in developed countries such as Australia and the UK, where it is regarded as the basis of community healthcare. Family doctors treat not just the disease but the patient, with an understanding of the whole family. In Western medicine, experience has proven this type of medicine to be the most efficient and cost-effective healthcare system for the community. Family doctors have become medical coordinators for the entire family, and frontline guardians of public health, with a far-reaching impact on the well-being of society as a whole. In this article we introduce the new Honorary Fellow of the Chinese University of Hong Kong conferred in 2016, who is also our familiar leader in Family Medicine - Dr. Donald Li.

Dr. Li Kwok-tung Donald is specialist in family medicine in private practice, as well as a leading expert in the field. With the lofty goal of easing the suffering of the sick, Dr. Li takes a hands-on approach to medical practice, posing as a role model for what an outstanding family doctor should be. Over the decades, he has been an ardent advocate for improving primary care, making significant contributions to family health promotion. Dr. Li graduated from Cornell University in 1975 with a Bachelor of Arts degree, and went on to obtain his Bachelor of Medicine and Bachelor of Surgery degrees from The University of Hong Kong (HKU) in 1980. He is currently the President of the Hong Kong Academy of Medicine; Honorary Treasurer

and member-at-large of the World Organization of Family Doctors (WONCA) World Executive Council; and Censor of the Hong Kong College of Family Physicians. As a pioneer of family medicine in Hong Kong, Dr. Li has been an invited speaker at numerous local and international scientific conferences. He has also devoted his professional career to promoting the primary and family healthcare system in Hong Kong and the Asia Pacific region, achieving remarkable accomplishments along the way. His advocacy has helped advance the status of family medicine in Hong Kong, and the role of family doctors in the community. The care and attention family doctors give to the poor and sick, as well as their timely and appropriate treatment, has made the world a better place. As a champion of family medicine, Dr. Li deserves our applause for his remarkable efforts. As a humanitarian, Dr. Li is concerned not only about public health issues, but also the destruction brought about by natural disasters, and how society copes in their wake. He believes that in many Asian countries, there is insufficient resource allocation, scientific research and expertise to prepare for these risks. Hong Kong is a case in point. The general public is unaware of and unprepared for the destruction and turmoil associated with natural disasters. Should a disaster strikes, there is no mechanism in place to lead, coordinate recovery efforts, and conduct damage assessment. To support the government in contingency planning and disaster response training, Dr. Li advocated the establishment of the Hong Kong Jockey Club Disaster Preparedness and Response Institute (HKJC DPRI) under the Hong Kong Academy of Medicine. Through the funding

of the Hong Kong Jockey Club Charities Trust, the Institute has worked closely with Disaster and Medical Humanitarian Response, Faculty of Medicine, The Chinese University of Hong Kong (CUHK), in support of numerous postgraduate programmes and fellowships, contributing immensely to worldwide humanitarian efforts. We are also grateful to Dr. Li for the benefits brought to the University through these collaborations.

Dr. Li is currently a Honorary Fellow of the Hong Kong College of Family Physicians, Fellow of the Hong Kong Academy of Medicine, Honorary Fellow of Royal Australian College of General Practitioners, Fellow of the UK's Faculty of Public Health, Fellow of the American College of Physicians, Honorary Fellow of the Royal College of General Practitioners in the UK, and Honorary Fellow of the Hong Kong College of Dental Surgeons. While practising medicine, Dr. Li has also dedicated much of his professional time to academia and teaching, including serving as a council member of the Cornell University; Honorary Professor of HKU's Li Ka Shing Faculty of Medicine; and Clinical Professor (honorary) of The Jockey Club School of Public Health and Primary Care at CUHK. Many medical students at the two major Universities of Hong Kong had the honour to be taught by this distinguished scholar.

Fan Zhongyan, a prominent literary figure during China's Song Dynasty, once said, "I would rather be a good doctor than a good minister." Both are noble professions, as a good minister improves social welfare and a good doctor saves lives. In fact, Dr. Li has been both a good doctor and a good minister. Over the years, he has been devoted to community service, taking up responsibilities to help people in need and facilitate social betterment in both Hong Kong and mainland China. He has served in numerous posts at several governmental and public medical organisations, including Chairman of the Bauhinia Foundation Research Centre; council member of St John Ambulance Association; Chairman of the Board of Directors and Executive Committee for Hong Kong Sheng Kung Hui Welfare Council Limited; co-opted member of the Community Care Fund Task Force under the Commission on Poverty; and Chairman of the Governing Committee

of the HKJC DPRI. Dr. Li has also served as Honorary Consultant to Shanghai's Huasan Hospital; member of the Board of Directors of the Hospital Authority; President of WONCA, Asia Pacific Region; President of the Hong Kong College of Family Physicians; member of the Greater Pearl River Delta Business Council; and member of the Board of Stewards of the Hong Kong Jockey Club. In recognition of the huge contribution Dr. Li has made to society, the HKSAR Government appointed him Justice of the Peace in 2006, and honoured him with the Silver Bauhinia Star in 2011.

In his 10-year stint on the Board of Stewards of HKJC, from 2004 to 2013, Dr. Li helped with the management of HKJC's Charities Trust. Built on his tremendous expertise in medical science and his experience in medical operations, Dr. Li was able to provide evaluation of and insights into numerous medical grant and donation applications. He also helped establish Cadenza, an HKJC initiative for seniors aimed at coping with the issue of the aging population of Hong Kong. During this period, Dr. Li helped CUHK secure numerous grants and donations from HKJC. He also provided full support for the development of CUHK's private teaching hospital. His contribution to CUHK will be remembered in perpetuity.

In recognition of a good doctor and minister who takes the suffering of patients to heart, has contributed immensely to Hong Kong's family medicine, and provided tremendous help for the construction of CUHK's private teaching hospital, Dr. Donald Li was awarded as an Honorary Fellow of the Chinese University of Hong Kong in 2016..



Meeting Highlights

Interest Group in Dermatology

Dr. Ho Ka Keung, Specialist in Dermatology and Venereology, delivered a lecture on “365 Days of Sun Protection and Daily Moisturisation & Hydration: Common Dermatoses in Summer and Their Management” on 7 May 2016.



Dr. Lau Wai Yee, Aster (left, Moderator) presenting a souvenir to Dr. Ho Ka Keung (right, Speaker) during the lecture on 7 May 2016

CME Lecture on 8 May 2016

Prof. Juris Meier, Professor of Medicine and Head of Division of Diabetology and GI Endocrinology, St. Josef-Hospital of the Ruhr-Universität Bochum (RUB), Germany, delivered a lecture on “Advance Diabetes Management for Family Physician” and Dr. Michele Yuen, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on “What can we do about “Diabesity” in daily practice” on 8 May 2016.



Dr. Paul Siu (left, Moderator) presenting a souvenir to Prof. Juris Meier (right, Speaker) during the lecture on 8 May 2016



Dr. Paul Siu (left, Moderator) presenting a souvenir to Dr. Michele Yuen (right, Speaker) during the lecture on 8 May 2016

Certificate Course on Bringing Better Health to Our Community 2016

The 1st session of the “Certificate Course on Bringing Better Health to Our Community 2016” co-organized with Queen Elizabeth Hospital was held on 28 May 2016. Dr. Wong Yau Bun, Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital, delivered a lecture on “Common Upper & Lower Limb Joint Pain and Tendonitis” and Mr. Wong Chi Leung Alex and Ms. Luk Lai Mei May, Senior Physiotherapist & Physiotherapist I respectively, Department of Physiotherapy, Queen Elizabeth Hospital, delivered a lecture on “Practical Tips on Home Exercise for Tendonitis” respectively.

Dr. Chan King Hong (left, Council Member) presenting a souvenir to Dr. Wong Yau Bun (right, Speaker) during the lecture on 28 May 2016



Dr. Chan King Hong (left, Council Member) presenting the souvenirs to Mr. Wong Chi Leung Alex (middle, Speaker) and Ms. Luk Lai Mei May (right, Speaker) during the lecture on 28 May 2016

The House Management Committee, HKCFP

Dr Lau Ho Lim, Vice President (General Affairs), HKCFP



Back row (from left to right): Dr. Chan Chi Wai, Dr. Welchie Ko, Dr. Raymond Yeung, Dr. Kinson Lau, Dr. Jenny Wang, Dr. Doris Chan, Dr. Kathy Tsim and Dr. Kwan Yu
 Second row (from left to right): Mr. Jeff Cheng, Ms. Carmen Tong, Ms. Alky Yu, Ms. Teresa Liu, Ms. Erica So, Ms. Crystal Yung, Ms. Wing Yeung, Ms. Windy Lau, Ms. Charlotte Cheung, Ms. Cherry Chan and Ms. Natalie Ho
 Front row (from left to right): Dr. King Chan, Prof. Cindy Lam, Prof. Doris Young, Dr. Mark Miller, Dr. Angus Chan, Dr. David Chao, Dr. Stephen Foo, Dr. Lau Ho Lim, Dr. Chan Hung Chiu and Dr. Billy Chiu

The House Management Committee is comprised of the Executives of the HKCFP Council, namely the President, two Vice-Presidents, Honorary Secretary and Honorary Treasurer. Their work is assisted by the General Manager, Ms. Erica So, who offers tremendous help to the doctors.

The House Management Committee is responsible for the recruitment of staff in the Secretariat, staff deployment to the various Boards and Committees, staff appraisal and staff welfare. It is analogous, but not limited in its scope, to a human resources department in a company. In recent years, when we merged our Wanchai and Wong Chuk Hang offices, the House Committee was working closely with all the staff involved to make it a smooth transaction, and to cause the least inconvenience to members of our College. The process was a success, unifying the staff under one roof, so to speak, with improved efficiency and cohesiveness.

In recruitment of staff, the selection interviews are to be done by at least two members of the House Management Committee, and the vetting process is made as objective as possible with a standardized form for record purposes. The personal data of the applicants are treated with the utmost care according to the Privacy Ordinance.

Each year, every staff is to be appraised by the Chairman of the Board/Committee in which he/she works, and the appraisal is also performed by the General Manager. The appraisals will then be reviewed by the House Management Committee and appropriate follow-up actions implemented, including salary, work performance and deployment reviews.

In order to maintain a high morale in the Secretariat, the House Management Committee members will talk to individual staff from time to time, to know their views and any difficulties encountered in their work. Informal gatherings, including an annual gratuity lunch, will be organised at least once a year, to fortify a team spirit in the Secretariat.

To pay due credit to our hardworking staff, we have to understand that they are often working under a very tight time schedule, particularly during the preparations for the Hong Kong Primary Care Conference and the Conferment Ceremony, the Conjoint Fellowship Examinations and the Exit Examinations. During those periods, many of them even have to work overnight to make sure that everything is in place for those big events, particularly the Examinations where errors can cause significant repercussions. Here I would like to thank our staff on behalf of the House Management Committee for their dedicated attitude and assiduity in face of these often intimidating workloads.

When we talk to them, we understand that our friendly staff are more than happy to provide a good and efficient service to members of our College, and help them to solve any problems that may arise in College activities. If you would like to meet them, the Hong Kong Primary Care Conference, the Conferment Ceremony and the Annual Dinner, when they all be present, are good opportunities to do so and thank them personally if you wish to do. I am sure they will be very happy with your appreciation of their hard work.

Public Education Committee News

Here we have the Fifth Book of Family Doctor Series: 《家庭醫生101》

《家庭醫生101》is the Fifth Book of Family Doctor Series based on the Chinese newspaper articles from the Hong Kong Economic Journal (信報) Column in recent years.

We have 14 writers and 101 articles in this Book, with the 5 themes of:

身心家庭事 醫者心懷裡 診室互動時 社區所思慮 寰宇世界中

This Book will be very good for leisure reading, and very useful and informative for demonstrating the unique role and many faces of Family Physician for the patient, the family, the community, and the health care system!

名家推薦：

這本散文集涉獵範圍甚廣，闡述家庭醫生多元的角色。我希望讀者能早日選擇一個家庭醫生守護自己和家人的健康。

食物及衛生局局長 **高永文醫生**

作為一名家庭醫生，我誠意向大家推薦此書，它既能增加大眾對家庭醫生的了解，亦能增進讀者的醫療知識，更是一本輕鬆的消遣讀物，閱畢此書，定必有所得益。

香港醫學專科學院主席 **李國棟醫生**

本書透過101個由不同家庭醫學醫生以深入淺出的筆觸，撰寫精彩而親切的故事，令大眾對家庭醫生的工作更認識，同時亦提高公眾對不同疾病的了解，不容錯過。

香港大學李嘉誠醫學院院長 **梁卓偉教授**

我誠意推薦這本書給有心在人生學堂持續進修的您，讓我們一起朝身心社靈「全人健康」的目標進發。

香港中文大學醫學院院長 **陳家亮教授**

《家庭醫生101》透過淺白和生活化的文章，與讀者們分享家庭醫生診症的點滴。閱讀這些文章時我亦深深感受到，家庭醫生是照料大家身心社靈的好朋友。

衛生署基層醫療統籌處處長 **王曼霞醫生**

風聲雨聲，讀書聲，聲聲入耳。大病小病，身心病，病病關懷。

本書正是道出家庭醫生每天工作所面對的各種挑戰以及他們敬業樂業的精神！

香港家庭醫學學院院長 **陳銘偉醫生**

The special offer of the book for our members is HK\$76 (30% discount of the original price)! Please fill in the order form below and get the new book as soon as possible! (Please kindly contact our secretariat for the book delivery, and the postal charge by mail delivery is HK\$25 per book.)

For inquiry please contact the College secretariat Ms. Windy Lau or Ms. Cherry Chan at 2871 8899.

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I am a(an) *Affiliate / Student / Associate / Full / Fellow member of
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* Please circle your category of membership.

Screening and Primary Prevention of Colorectal Cancer

Colorectal cancer is the most common cancer in Hong Kong in 2013. According to Hong Kong Cancer Registry, there were 4,769 new cases (16.5%) in 2013. The number of colorectal cancer death cases was 1,981 (14.6% of all cancer mortality) in 2013. Over 90% of new cases occurred in people aged 50 or above.

A pilot colorectal cancer screening programme is going to be launched by the Hong Kong Government in the third quarter of 2016. This 3-year pilot programme will offer colorectal cancer screening to Hong Kong residents aged 61 to 70. It involves screening target individuals by faecal immunochemical test (FIT) and for further colonoscopy if FIT result is positive.

This article aims to discuss different screening options, screening strategies and primary prevention of colorectal cancer.

Screening options

Faecal occult blood test

Faecal occult blood test is a non-invasive screening test and it reduces colorectal cancer mortality by 15-33%. The newer faecal immunochemical test (FIT) has advantages over the conventional guaiac-based faecal occult blood test as FIT does not require diet and medication restriction before testing. FIT also has higher sensitivity and better overall performance than conventional faecal test. Patients with positive faecal occult blood test should proceed to colonoscopy for further investigation.

Flexible sigmoidoscopy

Observational study has demonstrated flexible sigmoidoscopy might reduce colorectal cancer risk by 45%. The perforation risk for screening flexible sigmoidoscopy is only 0.01%. It allows polypectomy and biopsy. It also has the advantage over colonoscopy that sedation is often not required. However, it only examines the distal colon and thus lesions in the proximal colon can be missed. The sensitivity and specificity of flexible sigmoidoscopy for detecting advanced colonic lesions were 78% and 84% respectively.

Colonoscopy

Observational study has also demonstrated colonoscopy might reduce colorectal cancer risk by 73% and 91% for women and men respectively. The clinical significant complications that requiring medication intervention (e.g. bleeding, cardiovascular events) or perforation risk for screening colonoscopy is 0.1-0.2%. Similar to flexible sigmoidoscopy, it allows polypectomy and biopsy. It has the advantage of being able to examine the whole colon. The procedure usually requires sedation. The sensitivity and specificity of colonoscopy for detecting colorectal cancer were >90% and 99%, respectively.

Virtual colonoscopy (or CT colonoscopy)

When compared with traditional colonoscopy, virtual colonoscopy has the advantages of being minimally invasive and not requiring sedation. Depending on the size of the polyp, virtual colonoscopy has a sensitivity of 48% to 93%. The specificity ranges from 92 to 97%. The disadvantages

of virtual colonoscopy include radiation exposure and not permitting biopsy or polypectomy. Currently there is no sufficient evidence to suggest that virtual colonoscopy screening can reduce colorectal cancer mortality.

Screening for average risk individuals

The Cancer Expert Workgroup on Cancer Prevention and Screening (CEWG) of the Government's Cancer Coordinating Committee recommends screening for individuals aged 50 to 75 with average risk in Hong Kong:

1. annual or biennial faecal occult blood test, or
2. flexible sigmoidoscopy every 5 years, or
3. colonoscopy every ten years

Screening for high risk individuals

The CEWG recommends the following screening strategies of colorectal cancer for specific high risk individuals:

- For carriers of mutated gene of Hereditary Nonpolyposis Colorectal Cancer (HNPCC): screening by colonoscopy every 1-2 years from age 25
- For carriers of mutated gene of Familial Adenomatous Polyposis (FAP): screening by flexible sigmoidoscopy every 2 years from age 12
- For persons having 1 or more first degree relatives diagnosed to have colorectal cancer at or below 60 years of age: screening by colonoscopy every 3 to 5 years and should begin at age 40 or 10 years prior to the age at diagnosis of the youngest affected relative, but not earlier than 12 years of age

Primary prevention of colorectal cancer

Family physicians should advise patients for the following as primary prevention strategies for colorectal cancer:

- increase intake of dietary fibre (e.g. fibre from fruits and vegetables) and decrease consumption of red and processed meat
- increase physical activities
- maintain healthy body weight
- avoid or quit tobacco smoking
- avoid or limit consumption of alcoholic drinks

References:

1. Cancer Expert Working Group of Government's Cancer Coordinating Committee On Cancer Prevention and Screening: Recommendations on Colorectal Cancer Screening. November 2012.
2. Colorectal Cancer Screening Pilot Programme: Primary Care Doctor Briefing section. Department of Health http://www.colonscreen.gov.hk/sites/default/files/pdf/PCD_Briefing.pdf
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6. Pignone M, Rich M, Teutsch S, et al. Screening for colorectal cancer in adults at average risk: a summary of the evidence for the US Preventive Services Task Force. *Ann Intern Med.* 2002; 137: 132-41 .

Compiled by Dr. LUK Man Hei Matthew



世界家庭醫生日2016

何家銘醫生 (Section Editor, FP Links Committee)

5月19日是世界家庭醫生日。「喜怒哀樂，醫瞭身心。」是今年香港基層醫療統籌處、衛生署及香港家庭醫學學院為慶祝世界家庭醫生日2016活動的主題。活動已於2016年5月15日假荃灣荃新天地圓滿舉行。

庭醫生不但能為病人治其身，更會治其心。她更提及「好心情@香港」活動，讓大眾能注意情緒健康。另外，衛生署、香港基層醫療統籌處、香港家庭醫學學院及香港電台聯合製作「我的家庭醫生2」電視節目，藉此提倡家庭醫學。而李國棟醫生提出家庭醫生是家庭的一分子，不但照顧病人生理心理及社交生活問題，還會為病人提供保健意見。家庭醫生會陪伴病人渡過人生的高低起伏，並會為病人於跨專業的醫療系統充當協調角色。



由左至右：王曼霞醫生、陳漢儀醫生、李國棟醫生、陳銘偉醫生及林永和醫生

是次活動邀請了衛生署署長陳漢儀醫生、香港醫學專科學院院長及世界家庭醫生組織行政會成員李國棟醫生及香港家庭醫學學院院長陳銘偉醫生蒞臨主禮。陳漢儀醫生於主禮致辭時強調家



世界家庭醫生日2016活動



嘉賓與台下觀眾合照留念





出席嘉賓合照

及後，衛生署基層醫療統籌處處長王曼霞醫生分享了署方於2016年3月進行的病人問卷調查。問卷調查結果顯示有58.9%病人願意向家庭醫生分享心理情緒問題，而有22.3%病人會向家庭醫生提及心理情緒問題。另外，問卷調查亦發現有41.8%病人有家庭醫生。而有家庭醫生的病人比較沒有家庭醫生的會較願意（70.2% vs 50%）及向家庭醫生實際提出（29.8% vs 16.9%）心理情緒問題。病人與家庭醫生的良好關係，病人對家庭醫生的信任及有足夠的診症時間會使病人決定會否向家庭醫生提出心理情緒問題。

除了衛生署病人問卷調查分享外，香港家庭醫學學院林永和醫生亦邀請了自己的病人趙女士及麥先生與活動司儀鄧梓峰先生作分享。林醫生作為趙女士的家庭醫生已經十二載，她分享了林醫生如何與她一同處理工作上的精神壓力。她對林醫生的信任及致令她能將信用卡交與林醫生，藉此處理趙女士以購物作減壓的習慣。而麥先生一家四代都以林醫生作為家庭醫生。麥先生、麥太太的父母、麥太婆婆、姨媽、舅舅、他們的女兒等，若身體或情緒上有狀況都會第一時間找林醫生。他們已視林醫生為家人，會將內心的秘密向林醫生如長輩般分享。林醫生亦十分開心能與病人坦誠交流，了解他們的喜怒哀樂。



林永和醫生與病人分享



情境遊戲

為了提倡大家對精神健康的關注，香港家庭醫學學醫顏寶倫醫生及陳穎欣醫生亦同台下觀眾作角色扮演的情境遊戲，提醒大家注意日常生活的情緒壓力如升職及退休等。有問題時，應該盡早找家庭醫生求助。家庭醫生一定會樂意了解及分享病人的喜怒哀樂。



顏寶倫醫生致送紀念品予台下觀眾



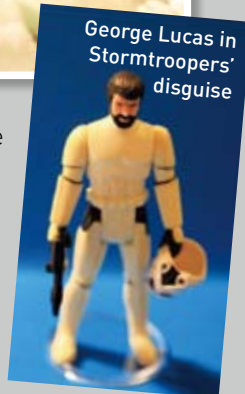
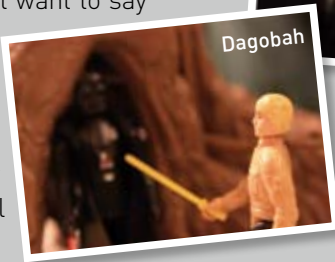
陳穎欣醫生致送紀念品予台下觀眾

STAR WARS

VINTAGE TOYS

Dr. TSUI Pun Nang

"The Force Awakens" - Star Wars episode VII, the latest episode of Star Wars film really awakens my friends and me. I mean the "fire" of Star Wars vintage toys collection. I won't go through the details of Star Wars film. I just want to say few words what I like about Star Wars. Star Wars told the truth about human, we human got the dark side. Secondly, we may need to believe that something is doomed. "This is your destiny" Darth Vader told his son Luke. Third, the light side will eventually win the dark side.



I started my Star Wars toys collection since childhood. I remembered that I had to gain high mark in the test or examination, so parents will buy the figure for me. Peter Pan - the large toys store in Tsim Sha Tsui, was where I bought my Star Wars figures toys. I liked that Peter Pan as there was a special corner for Star Wars toys. That corner sold all the toys from Kenner. I think you won't believe in me. The Kenner Star Wars figures are made in Hong Kong. Made in Hong Kong? Are you kidding?? Actually these toys marked the history of toys development in Hong Kong. And the plastic figures were of

high quality. The production line at that time helped many families survive, and this represented the "Lion Hill" spirit.

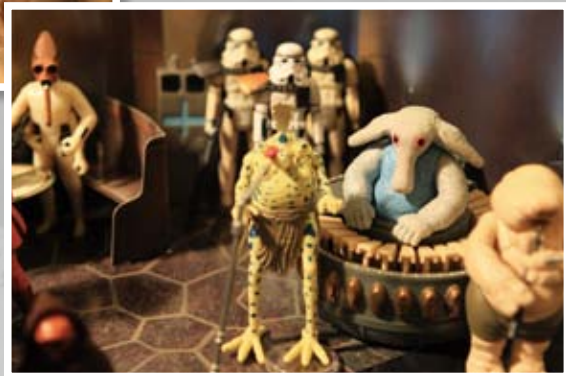
Back to my collection, most of my Star Wars vintage figures were bought in childhood times. Recently, I got some custom made figures. The custom made figures are those that were not sold at that time. And they were hand made by toys collectors. I met one collector recently who could make the custom figures. He made the sandtroopers, Cantina band members, Luke in X-wing pilot and George Lucas in stormtroopers.



Jabba the Hutt



Besides collecting figures, I like to create the diorama. You could see few of them, the Cantina bar, the Jabba place and the Dagohan. Of course, before making up the scene, I have to review the film. That could make the diorama more real. If you are interested in the Star Wars vintage toys, please join the Star Wars Vintage group in Facebook.



Mos Eisley Cantina



Interest group in Dermatology – The 53rd Meeting on 7 May 2016

Dr. Wong Hang Fai - College Member

Theme : 365 Days of Sun Protection and Daily Moisturisation & Hydration: Common Dermatoses in Summer and Their Management

Speaker : Dr. Ho Ka Keung
Specialist in Dermatology and Venereology

Moderator : Dr. Lau Wai Yee Aster, Board of Education

Learning Points

This year's third Dermatology Interest Group meeting was held on 7 May. The invited speaker is Dr. Ho Ka Keung. Dr. Ho graduated from CUHK in 1991. He completed specialist training in Dermatology and Venereology in 2002. He worked as consultant dermatologist in Grandpire Medical Clinic from November 2004 onwards. He had special interest in inflammatory dermatosis and cosmetic dermatology. With the use of various clinical cases and clinical photos, Dr Ho gave us an interesting talk on "Common Dermatoses in Summer and Their Management".

Summer in Hong Kong is usually wet and humid. It is easy for a lot of dermatoses to flare up. Three common dermatoses, namely **fungal infection, acne vulgaris** and **atopic dermatitis** are the most commonly presenting diseases in summer.

Superficial Fungal Infection

Superficial fungal infection is very common in Hong Kong. Male and elderly patients are commonly affected. Vascular disease, diabetes mellitus and obesity are the three most prevalent predisposing factors.

During the seminar, common presentations of superficial fungal infection were discussed with the help of various clinical photos. Dr. Ho particularly mentioned about steroid usage. Steroid cream is commonly used in our community. Typical features of ringworm can be partially hidden by steroid cream. This can further delay the correct fungal diagnosis.

Treatment of superficial fungal infection includes topical antifungals like imidazoles (e.g. clotrimazole) and allylamines (e.g. terbinafine) and systemic antifungals. Figure A shows a summary of comparison of treatment duration and mycological cure rate of topical and systemic antifungal in treating tinea infection.

In patient with renal impairment (serum Cr>300 or CrCl < 50ml/min), the dose of systemic antifungal should be halved.

(A)

	Topical	Systemic
Tinea Pedis		
Mycologic Cure	43-66%	81-90%
Duration	Longer: around 1-3 months	Shorter : 2-6 weeks
Tinea Corporis / Cruris		
Mycologic Cure	17%-62%	96%-100%
Duration	Longer: around 1-3 months	Shorter : 2-4 weeks
Tinea Unguium		
Mycologic Cure	20-50%	70-80%
Duration	Longer: 12-18 months	Shorter: 12-16 weeks

Acne Vulgaris and other acneform eruptions

Acne vulgaris is the commonest presentation of adolescents and youth in dermatology clinic. Four commonest pathologic factors in acne vulgaris are:

1. Increase in sebum secretion caused by androgens
2. Follicular plugging which leads to comedones
3. Bacterial overgrowth by Propionibacterium acnes
4. Tissue inflammation which caused scarring and post inflammatory hyperpigmentation, as determined by genetics and gender.

Acne commonly occurs at face, chest and back. Superficial lesions include open and closed comedones, papules and pustules. Deep lesions include nodules and cysts. There may be secondary changes such as excoriations, pigmented macules, and scars.

Management depends on the severity of disease. Topical treatment is for mild and superficial lesions. Oral antibiotics and hormonal therapy are used to treat moderate acne. Oral isotretinoin is reserved for severe acne. The main side effects of oral isoretinoin include teratogenicity, xerosis, cheilitis, liver function impairment, hyperlipidemia, joint pain, headache and alopecia. Other forms of treatment include Intense Pulsed light (IPL) and laser therapy.

Atopic Dermatitis (AD)

Atopic dermatitis is the most common type of endogenous eczema whereas the most common type of exogenous eczema is housewife dermatitis. It is characterized by recurrent attacks of itchy eruptions all over the body. The rash symmetrically affects the face and flexural areas.

Atopic dermatitis affects more than 3% of all infants. It runs a relapsing course and most of the children have their first attack below 5 years old. Up to 70% of AD children may remit by the end of puberty. Less than 10% of patients started to have AD in adult, called adult onset eczema, where prognosis is fair to poor.

It is found that the underlying cause of AD is defective skin barrier and dysfunction of the immune system in particular T-helper lymphocytes. Impaired skin barrier function may be caused by filaggrin gene mutation, abnormal protease activation and lipid dysfunction. All these factors may trigger the exposure of allergens and hyperactive immune responses that stimulate the itchy scratch cycle.

Unlike other medical disease AD is purely a clinical diagnosis and no single test or investigation is unique to AD. The clinical features of acute AD are characterized by symmetrical erythematous macules, papules and vesicles. Lichenification and hyperpigmentation are the hallmark of chronic eczema. Exacerbation factors of AD include weather, food allergens, aeroallergens, hot water bath, soap and emotions.

The cornerstone treatments of AD are liberal use of emollient and topical steroid. Other forms of treatments in severe AD are systemic antibiotics and immunosuppressive agents such as azathioprine and cyclosporine. Phototherapy can also be used in selected patients. Topical calcineurin inhibitors such as Protopics and Elidel are the second-line treatments for AD patients who were aged more than two years and six months, respectively.

In the discussion part, two of our trainees presented three cases commonly seen in our clinic. The first case is a mid-age lady with diabetic dermopathy, the second case is a young adult presented with rash over face, ear, scalp and palms associated with URTI, and the last case is a case of pigmented nodule in an elderly patient. Dr. Ho reviewed all cases and gave his comments for each case.

Next Meeting

The next meeting will be on 2 July 2016 (Saturday). The guest speaker is Dr. Chan Kam Tim, Michael. He will speak to us on "10 quizzes on common skin dermatosis". All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (teresaliu@hkcfp.org.hk) 2 weeks before the date of presentation.

Certificate Course on Pain

Sponsored by Pfizer Corporation Hong Kong Limited

Dates	: 22 June*, 29 June, 6 July and 13 July 2016 (all Wednesdays)
Time	: 1:00pm - 2:00 pm Registration and Lunch 2:00pm - 3:30 pm Lecture & Discussion <i>*Please note lunch will be served from 12:45-1:45pm on 22 June, and lecture & discussion will be held from 1:45-2:45pm.</i>
Venue	: Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon
Target group	: Primary care professionals who are interested in Pain Management
Course Fee*	: HKCFP Members – HK\$120 for whole course / \$50 for each lecture Non - HKCFP Members – HK\$240 for whole course / \$100 for each lecture (All cheques please made payable to "HKCFP Education Ltd" . All fees received are non-refundable and non-transferable.) *Course fee will be refunded to those HKCFP members who have attended 100% of all 4 lectures.
Accreditation	: HKCFP: 2 CME Points (Cat. 4.4) for each session (pending) MCHK: 2 CME Points for each session (pending)
Award	: Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".
Capacity	: 70 doctors

Programme Schedule

Dates	Topics	Speakers
22 June 2016 (Wednesday)	Peripheral Arthritis Pain: Diagnosis, Treatment and Prevention	Dr. Yip Man Lung, Ronald Specialist in Rheumatology
29 June 2016 (Wednesday)	Back Pain and Radicular Pain: How Common it is and How Different Causes Affect the Patients	Dr. Chan Ying Kei Specialist in Orthopaedics & Traumatology
6 July 2016 (Wednesday)	Interrelationship of Pain, Mood and Sleep	Dr. Sung Wing Kuen Specialist in Psychiatry
13 July 2016 (Wednesday)	Case Studies: An Integrative Treatment Approach for Inflammation, Pain, and Chronic Disease	Dr. Tong Ka Fai Specialist in Pain Medicine

*** Registration will be on a first come, first served. For enquiry, please call the College secretariat, Ms. Cherry Chan at 2871 8899. ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong (Fax: 2866 0616)

I am a ***Member / Non-member** of The Hong Kong College of family Physicians. **(*Please delete as appropriate)**

I would like to attend the Certificate Course on the following date(s). *(Please as appropriate)*

22 June 2016 (Wed) 29 June 2016 (Wed) 6 July 2016 (Wed) 13 July 2016 (Wed)

Name: _____ Tel: _____ Fax: _____ Date: _____

Email: _____ Cheque no: _____

Certificate Course on Bringing Better Health to Our Community 2016

Co-organized by Queen Elizabeth Hospital and Hong Kong College of Family Physicians

Dates	:	28 May, 18 June, 30 July, 20 August, 24 September 2016 (Saturdays)
Time	:	1:00pm - 2:00 pm Registration 2:00pm - 4:00 pm Lecture & Discussion
Venue	:	Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
Course Fee	:	Free
Accreditation	:	HKCFP 2CME Points for each session (Cat4.4) (pending) MCHK: 2CME Points for each session (pending)
Capacity	:	100 doctors

Programme Schedule

Dates	Time	Topics	Speakers
28 May 2016 (Sat)	2:00 – 4:00pm	Common Upper & Lower Limb Joint Pain and Tendonitis	Dr. Wong Yau Bun <i>Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital</i>
		Practical Tips on Home Exercise for Tendonitis	Mr. Wong Chi Leung Alex/ Ms. Luk Lai Mei May <i>Senior Physiotherapist/ Physiotherapist I, Department of Physiotherapy, Queen Elizabeth Hospital</i>
18 June 2016 (Sat)	2:00 – 4:00pm	Update on Smoking Cessation (Medication and Brief Counselling)	Dr. Mok Yun Wing, Thomas <i>Chief of Service, Department of Respiratory Medicine, Kowloon Hospital</i>
		New Service Module on GOPC Smoking Cessation Service	Dr. Leung To Fung <i>Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital</i>
		Obstructive Pulmonary disease (COPD & Asthma)	Dr. Ng Chun Kong <i>Specialist in Respiratory Medicine, Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
30 July 2016 (Sat)	2:00 – 4:00pm	Common Oral and Dental Disease Management	Dr. Chan Sai Kwing <i>Consultant, Department of Oral-Maxillofacial Surgery & Dental, Queen Elizabeth Hospital</i>
		GOPC Patient Education	Dr. Lai Siu Wai <i>Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital</i>
		Fall prevention & Osteoporosis in Community Setting	Dr. Mak Ying Fai <i>Specialist in Geriatric Medicine, Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
20 August 2016 (Sat)	2:00 – 4:00pm	HPV vaccine and Cervical Cancer prevention	Dr. Lee Wai Hon <i>Consultant, Department of Obstetrics & Gynaecology, Queen Elizabeth Hospital</i>
		GOPC Government Vaccine Programme	Dr. Law Tung Chi <i>Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital</i>
		Cancer Survivor care- Breast and Prostate cancer	Dr. Ngan Kai Cheong, Roger <i>Chief of Service, Department of Clinical Oncology, Queen Elizabeth Hospital</i>
24 September 2016 (Sat)	2:00 – 4:00pm	Private-Public Partnership-Hypertension	Representative from Department of Family Medicine & General Outpatient Clinic <i>Queen Elizabeth Hospital</i>
		Update on Management of HT and Stable Coronary Artery Disease	Dr. Chan Kam Tim <i>Specialist in Cardiologist, Consultant, Department of Medicine, Queen Elizabeth Hospital</i>
		Common Skin Complaints – Prevention and Management (Ultra-Violet & Pigment)	Dr. Chan Hau Ngai, Kingsley <i>Specialist in Dermatology, Private Practice</i>

*** Registration will be first come first served. For enquiry, please call the College secretariat, Ms. Cherry Chan at 2871 8899 ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong (Fax: 2866 0616)

I am a ***Member / Non-member** of The Hong Kong College of family Physicians. **(*Please delete as appropriate)**

I would like to attend the Certificate Course at the following dates(s) (Please as appropriate)

~~28 May 2016~~ 18 June 2016 30 July 2016 20 August 2016 24 September 2016

Name: _____ Tel: _____ Fax: _____

Date: _____ Email: _____



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

2 July 2016

Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	10 Quizzes on Common Skin Dermatoses	
Speaker	Dr. Chan Kam Tim, Michael Specialist in Dermatology and Venereology	
Co-ordinator & Chairman	Dr. Lam Wing Wo, Edmund The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the co-ordinator via the College Secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Galderma Hong Kong Limited

9 July 2016

Saturday

Board of Education Interest Group in Evidence-Based Medicine (EBM)

Topic	Antibiotic Use and You	
Speaker	Dr. Hui Lai Chi, Primus Dr. Ip Sui Wah, Victor	
Co-ordinator & Chairman	Dr. Lee Wan Tsi, Francis The Hong Kong College of Family Physicians	
Time	2:15 p.m. – 4:15 p.m. Lecture and discussion	
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Discussion will be in English or bilingual.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are requested to keep a simple log sheet of antibiotic prescription in the two weeks before the workshop. The records need not be submitted and are intended for discussion in the workshop only.	
	The record sheet will be given to the participants after they have enrolled.	

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

June's session:

Date	24 June 2016 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"Limb Dermatoses for Family Physicians" – Dr. Lee Tze Yuen
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

July's session:

Date	29 July 2016 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. "Glycemic index – Non-alcoholic fatty liver disease" – Dr. Leong In Son 2. "Understanding fats Good VS Bad" – Dr. Sylvia S. W. Lam
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
21 July 2016 1:00 – 3:00 p.m.	Conference Room, G/F, Block K, UCH, 130 Hip Wo Street, Kwun Tong, Kowloon	Update on Depression Management Dr. Meranda Leung Man Wai, AC, Psy, UCH	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087



Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
6 July 16 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Introduction of FM and CMS FM module Dr. King Chan & Dr. Chen Xiaorui, Catherine & Dr. Leung To Fung	Ms Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Principle of Family Medicine Dr. Chung Ka Chun	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Management approach to anxious patients Dr. Pun Yat Hei & Dr. Chan Wing Chi, Annie	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Physiotherapy service in Hong Kong West Cluster Dr. Stephen Chou	Ms. Cherry Wong Tel: 2589 2337
7 July 16 (Thu)			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Principle of Family Medicine Dr. Hong Sze Nga & Dr. Chan Ham	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Review of FM Training Dr. Michelle Wong	Ms. Kwong Tel: 2595 6941
13 July 16 (Wed)			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Consultation process, models of consultation Dr. Ying Gard Ching, Derek & Dr. Lo Alvina	Ms Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Vocational Training Program for Family Medicine in Hong Kong Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Care of patient with chronic disease – role of family doctor Dr. Martina Lim & Dr. Chow Pui Yin Melody	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Antenatal care and early pregnancy complications Dr. KW Cheung	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Early pregnancy problems (bleeding, abdominal pain) Dr. Leung Yuen Yee, Yuki	Ms. Crystal Law Tel: 2632 3480
14 July 16 (Thu)			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Principle and Practice of Leicester Assessment Package (LAP) Dr. Cheuk Tat Sang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Patients with Asthma in Family Medicine Dr. Fok Chun Man	Ms. Kwong Tel: 2595 6941
20 July 16 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Patient education Dr. Hou Jing & Dr. Chan Kil Pak, Kilpatrick	Ms Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Prospects & Working Opportunities of Family Medicine Trainees Dr. Pang Kwan	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Management of menopausal symptoms Dr. Wong Hong Kiu, Queenie & Dr. Choi Yuen Ling, Janice	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Principles of FM: Functions of Family Physicians Dr. Minru Li	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Introduction to FM Dr. Eric Hui	Ms. Crystal Law Tel: 2632 3480
21 July 16 (Thu)			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Polypharmacy in Primary Care Setting with Case Illustrations Dr. Chan Chi Ho & Dr Hung Chi Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Red Book Dr. Chan Ki Chun, Enoch	Ms. Kwong Tel: 2595 6941
27 July 16 (Wed)			
2:00 – 5:00 p.m.	Conference Room 2, G/F, Block M, Queen Elizabeth Hospital	Practice based research (principles, strength and weakness, search technique, critical appraisal) Dr. Xu Shaowei & Dr. Mak Ho Yan, Queenie	Ms Mandy Leung Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Principle of Medical Ethics Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Common symptoms in Medicine (Part II) (chest pain, cough) Dr. Lee Shek Hang, Henry & Dr. Wong Koon Yin, Yvonne	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Tutor/tutee meeting Dr. Anita Fan	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	HPV vaccine and cervical screening Dr. Tin Yuen Ying	Ms. Crystal Law Tel: 2632 3480
28 July 16 (Thu)			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Apply Mediation on Complaint Management Dr. Chan Ka Ho & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Rational investigation in Family Medicine Dr. Rita Chan	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Jun	13	14	15 2:15 – 7:30 p.m. Structured Education Programme	16 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	17 1:00 – 3:30 p.m. CME Lecture	18 2:30 – 5:30 p.m. AEC 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2016
19	20 1:00 – 3:30 p.m. CME Lecture	21	22 1:00 – 3:30 p.m. Certificate Course on Pain 2:15 – 7:30 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme 7:00 p.m. Specialty Board Segment Coordinator Meeting 9:00 p.m. Board of Conjoint Examination Meeting	24 Jul 2:30 – 5:30 p.m. Video Session	25 2:30 – 4:30 p.m. Counselling Interest Group
26 2:30 – 5:30 p.m. Board of Conjoint Examination 2016 Information Seminar on OSCE Segment (for candidates)	27	28 9:00 p.m. Board of DFM Meeting	29 1:00 – 3:30 p.m. Certificate Course on Pain 2:15 – 7:30 p.m. Structured Education Programme	30 2:15 – 7:00 p.m. Structured Education Programme	1	2 1:00 – 4:00 p.m. Interest Group in Dermatology
3	4	5	6 1:00 – 3:30 p.m. Certificate Course on Pain 2:15 – 7:30 p.m. Structured Education Programme	7 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:00 p.m. Structured Education Programme	8 9:00 p.m. DFM Introduction Session	9 2:15 – 4:15 p.m. EBM Interest Group
10	11	12	13 1:00 – 3:30 p.m. Certificate Course on Pain 2:15 – 7:30 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 – 5:30 p.m. AEC
17 3:00 – 6:00 p.m. Board of Conjoint Examination 2016 1 st OSCE Examiner Training Workshop	18	19 9:00 p.m. Board of Conjoint Examination Meeting	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme	22	23
24	25	26	27	28 8:30 p.m. HKCFP Council Meeting	29 2:30 – 3:30 p.m. Video Session	30 2:00 – 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2016 2:30 – 3:30 p.m. DFM Module V Consultation Skills Workshop I

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Back row (left to right): Dr. Eva Tsui, Dr. Law Tung Chi, Dr. Sze Hon Ho, Dr. Ngai Ka Ho, Dr. Yip Tze Hung, Dr. Chan Man Li, Dr. Sin Ming Chuen, Dr. Alfred Kwong, Dr. David Cheng, Dr. Fok Jing, Dr. Christina Cheuk, Dr. Ken Ho, Dr. Heidi Fung and Dr. John Tam
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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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