

Message from the President

On Saturday 19th March, I had attended the afternoon session of the Strategic Planning Workshop of The Hong Kong Academy of Medicine. This was a very important meeting with Key Issues 1: Vision and Mission, Human Resources and Finance Matters, Strategies. The presentation looked at International and China collaboration, media and external affairs, functions of the Secretariat, overview of staff organizational structure and financial status, projection and sustainability. Key Issues 2: Educational and Examination Matters with discussion in the training curriculum, credentialling and simulation training.



I have previously suggested to my Council the need of a Strategic meeting to lay down the foundation for the next few years. The workshop organized by the Hong Kong Academy of Medicine had provided an excellent framework for our future discussion. Our elected Council will always listen to our Members and Fellows. You will soon receive my invitation to express your ideas, concerns and expectations of the College.

19th May was first declared by WONCA in 2010 as the "World Family Doctor Day" and this day has highlighted the role and contribution of family doctors around the world. This year, HKCFP and Primary Care Office of The Department of Health will co-organize a special Public Event on 15th May 2016 to celebrate this special day. We Family Doctors are the main characters for this event and I would like to invite all the devoted Family Doctors in Hong Kong to join us on this joyful event.

Details of the event:

Place: Forum, Citywalk Phase 1 (荃新天地 第一期), Tsuen Wan

Time: 15th May 2016 (Sunday) at 14:30

Title: 「喜怒哀樂 醫瞭身心」 Family Doctor: Brighten your life

The master of ceremony is the ever-popular Mr. Tang Chi Fung 鄧梓峰先生. Activities of the event will include a sharing session by Dr. Lam Wing Woo with his patients on various psychological and health issues. An interactive session is planned with the audiences on the special role of Family Doctor in helping the patients on stress management and positive thinking.

You will receive two well designed posters and a badge to highlight and celebrate this special day. Every proud Family Doctor please post them on your clinic and wear the badge in the month of May.

I must express my gratitude to Primary Care Office in making this event possible. My special thanks to Dr. Allan Ngan, Dr. Lorna Ng, Ms. Erica So, Ms. Priscilla Li, Ms. Windy Lau and Ms. Cherry Chan for their hard work and commitment over the past year.

Finally, have you all seen the TV drama series " My Family Doctor II"? The series commenced the broadcast in February 2016 for a total of five episodes. It received the highest rating on the Saturdays. Our Public Education Committee was the advisor to the RTHK in the production of this popular drama. Their hard work have made a very good Spring harvest! Thank you to Dr. Stephen Foo, Dr. Loretta Chan, Dr. Dana Lo, Dr. Ken Ho, Dr. Lam Wing Wo, Dr. Allan Ngan, Dr. Timothy Hong and Dr. Mark Chan! You can revisit the programme by logging into the RTHK website.

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



ISSUE 146
April 2016

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“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th April 2016 to 14th May 2016, Dr. Ngan Po Lun and Dr. Lorna Ng will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting the College Secretariat by phone: 2871 8899, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Ngan Po Lun



Dr. Lorna Ng

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **February – March 2016:**

Associate Membership (New Application)

Dr CHIU Yuen Chun	趙園春
WONG But Sang	黃畢生
WONG Siu Wai, Richard	黃兆煒

Affiliate Membership (New Application)

Ms TSANG Sze Man	曾思敏
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Associate Membership (Reinstatement)

Dr TSAO Kuan Hsin	曹莞欣
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Transfer from Non-HKSAR Member to Full Member

Dr LAU Kwan Chung, Jonathan	柳坤忠
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Transfer from Associate Membership to Fellowship

Dr OR Ka Yan	柯嘉茵
Dr TING Sze Man	丁思敏



Elderly Health Care Voucher Scheme (HCVS)

- Aims: to provide subsidies for the elderly aged 70 or above to receive private primary healthcare services that best suit their needs. By encouraging elders to seek consultation and establish a closer relationship with private doctors, it also helps promote the concept of family doctor.
- Annual voucher amount: \$2,000 for each eligible elder.
- By the end of 2015, more than 5,200 private healthcare service providers have enrolled in the HCVS and around 79% of eligible elders have ever used vouchers.



Electronic Platform – Simple Claim Process

- Elders do not need to collect vouchers and no pre-registration is required.
- Eligible elders can use the vouchers with his/her Hong Kong Identity Card by simply visiting an enrolled healthcare service provider's clinic and signing a consent form.
- Only simple information is required for making claims in the electronic platform.



Enroll Now!

Simply Visit

www.hcv.gov.hk

for enrollment procedures & application forms

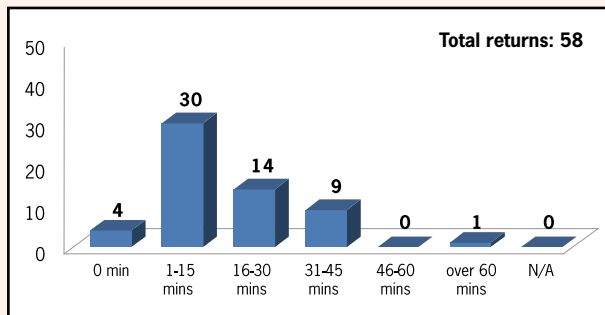
For enquiries, please call 3582 4102 or via email at hcvu@dh.gov.hk



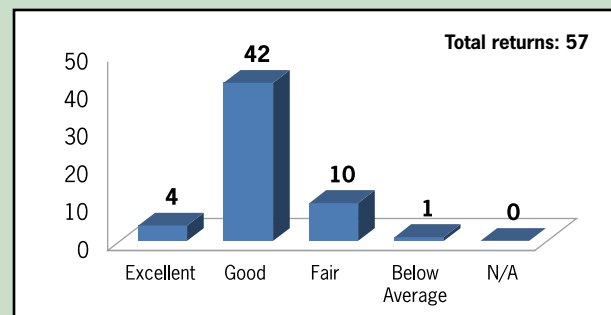
Result of Readers' Survey 2015

The survey was conducted in September and October 2015. 58 questionnaires were returned. The results are summarized and presented as below.

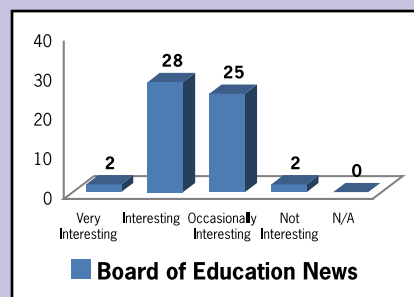
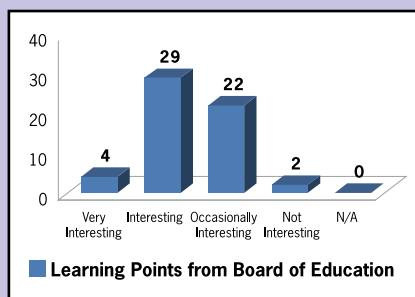
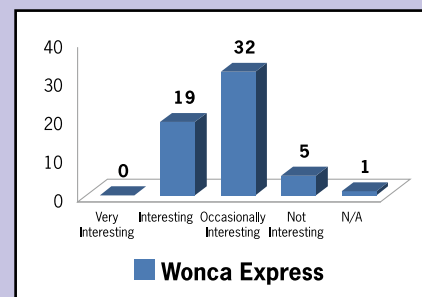
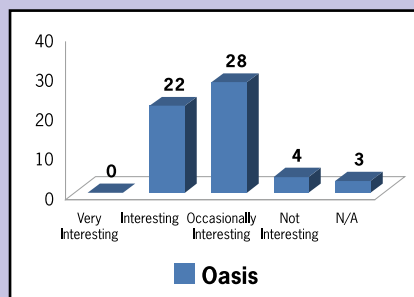
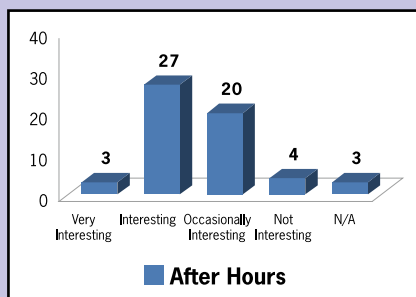
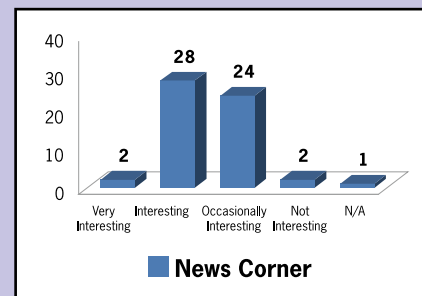
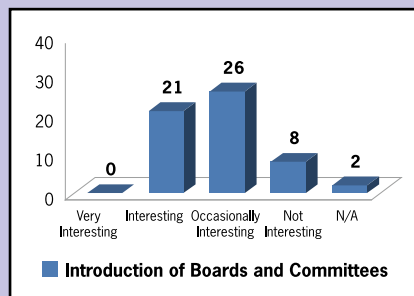
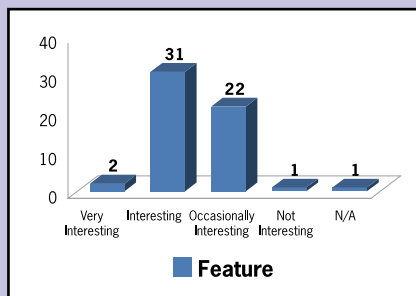
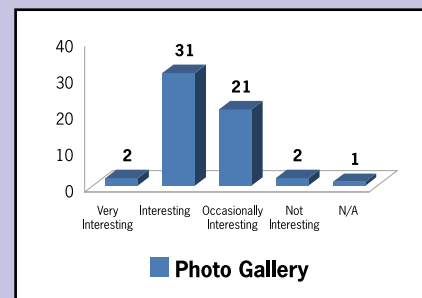
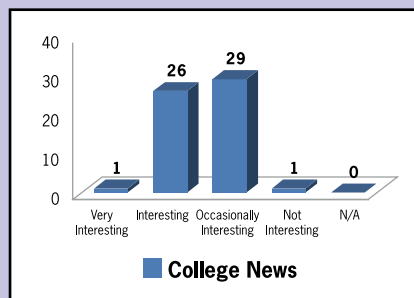
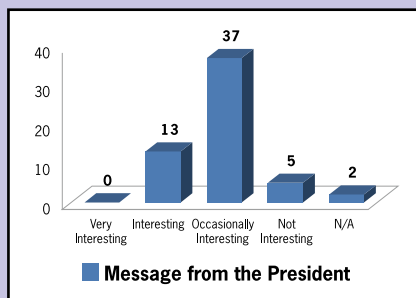
1. Time normally spent on each issue of FP Links



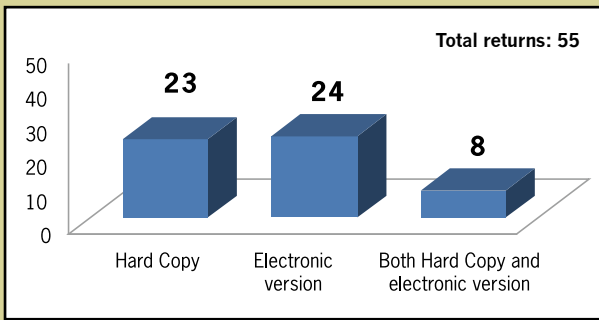
2. Rate FP Links as a newsletter of the College



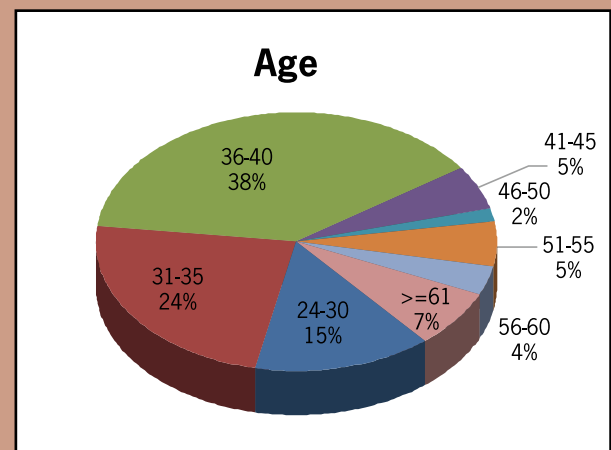
3. Rate the following columns in FP Links (Total returns: 57)



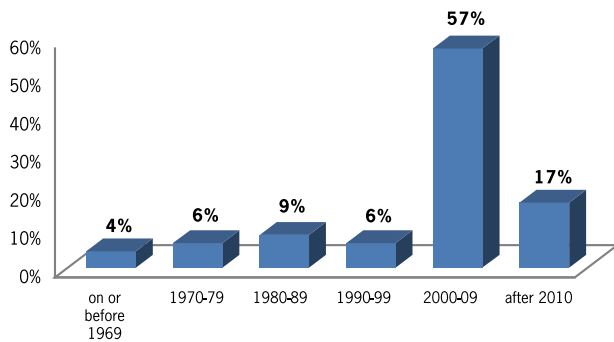
4. Preference in reading the FP Links if the electronic version is available



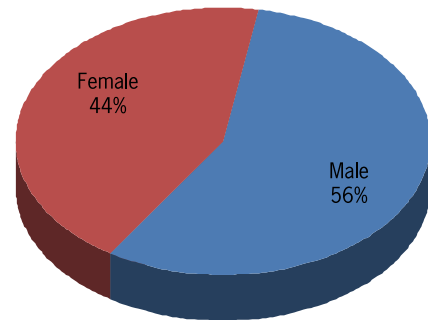
5. Demographic characteristics of Readers (Total returns: 55)



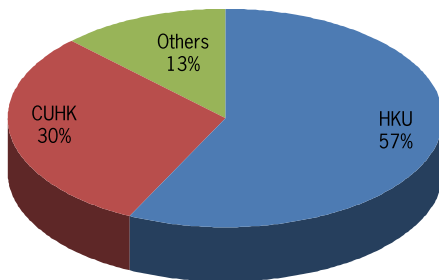
Year of Graduation



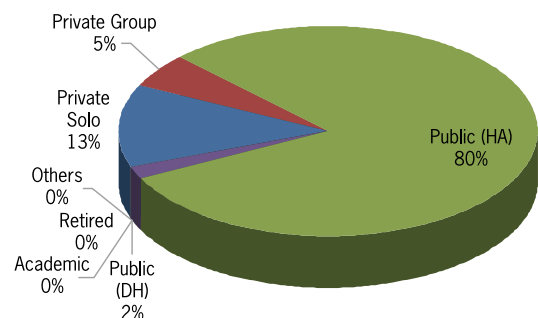
Gender



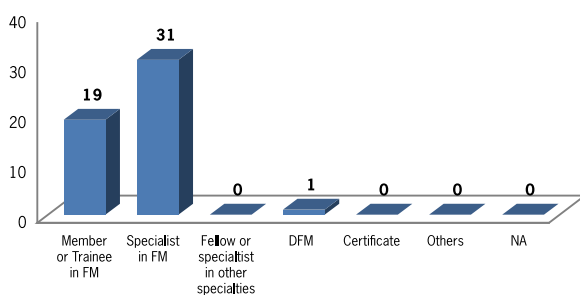
Name of Institution for Basic Medical Qualification



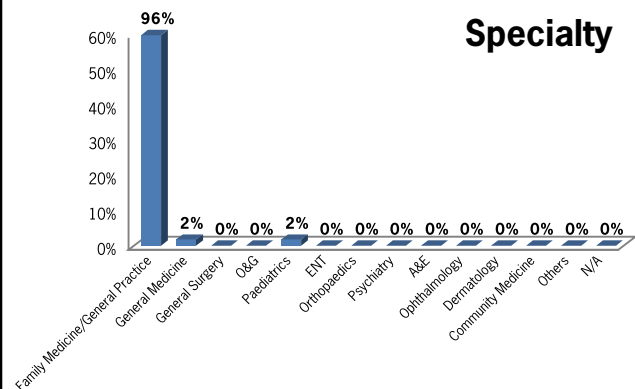
Type of Practice



Post-graduation



Specialty



Board of Vocational Training and Standards News

Hong Kong Primary Care Conference (HKPCC) 2016 will take place from 4-5 June 2016 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

All basic trainees, enrolled in 2006 or after, are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already been mentioned in Trainee's logbook.

Please contact Carmen at 2871 8899 for details.

BVTS

Internal Affairs Committee News

The 29th Fellowship Conferment Ceremony and the 27th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding **"The 29th Fellowship Conferment Ceremony and the 27th Dr. Sun Yat Sen Oration"** on **5 June 2016 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building**.

The successful candidates of Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In this very important occasion, **Prof. Gabriel M. LEUNG, Dean of the Li Ka Shing Faculty of Medicine of the University of Hong Kong**, would deliver the 27th Dr. Sun Yat Sen Oration to the audience.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details are listed as follows.

Events : (i) **The 29th Fellowship Conferment Ceremony**
(ii) **The 27th Dr. Sun Yat Sen Oration by Prof. Gabriel M. LEUNG**

Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Date : 5 June 2016 (Sunday)

Time : 4:45 p.m. – Reception with light refreshment
5:45 p.m. – Ceremony

Remarks : 1 CME (Category 4.3)

This activity is free of charge for our College Fellows, members and their spouses.

*All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.

Please mark your diaries and we look forward to seeing you soon.

Thank you!

Dr. David CHAO
Chairman, Internal Affairs Committee
HKCFP

HKCFP Photography Club

Shooting Sunset and Light Painting with the Masters

After the successful seminars on latest technology in digital photography and time-lapse photography held in November last year, the Photography Club of HKCFP is delighted to announce our second outdoor activity - to shoot sunset and light trail in Central and to conduct light painting. In addition to taking photos with fellow HKCFP members, we have invited 2 masters who will share their valuable expertise and experience with us. Mr. Rocco Sung, an expert in sunset and light trail photography, will show us how to make better sunset photographs. Furthermore, Mr. Warren Adrien Tang, the local representative of Light Painting World Alliance, will demonstrate his master techniques in light painting.

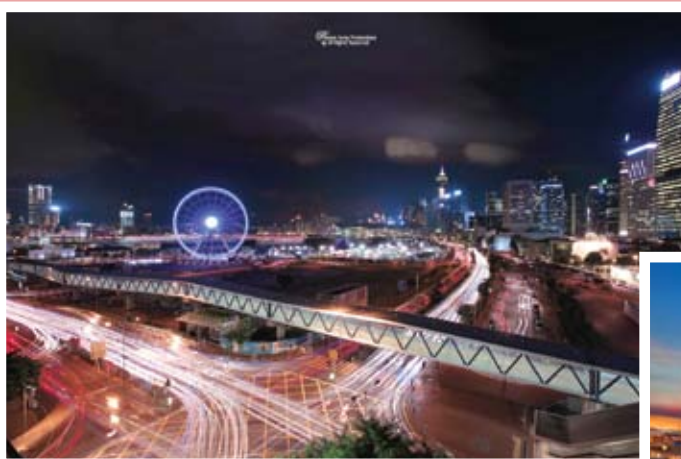


Date: 21st May, 2016 (Saturday)

Schedule:

- 5:00 p.m.: Please gather at Tamar Park (添馬公園) and start sunset photo shooting
- 7:30 p.m.: Dinner at a nearby restaurant, to be confirmed by email (self-pay)
- 8:30 p.m. to 10:30 p.m.: Return to Tamar Park for light painting

Briefing will be given before and at the shooting venue by the 2 masters on their respective subject. After briefing, Mr. Sung and Mr. Tang will guide you on various techniques step by step.



Due to limited capacity, interested Members and Fellows are requested to email to hkcfp@hkcfp.org.hk for registration by 6th May on a first come, first served basis. Successful applicants will be confirmed by 13th May 2016 via email.



Don't miss this great opportunity to meet the masters and see you then!

Meeting Highlights

Interest Group in Dermatology

Dr. Lee Tze Yuen, Specialist in Dermatology and Venereology, delivered a lecture on "Dermatoses of the limbs" on 5 March 2016.



Dr. Wong Ka Wah (left, Moderator) presenting a souvenir to Dr. Lee Tze Yuen (right, Speaker) during the lecture on 5 March 2016

CME Lecture on 14 March 2016

Prof. Siew Pheng CHAN, Visiting Professor, Endocrine Unit, Department of Medicine, University of Malaya Medical Centre, Kuala Lumpur, Malaysia, delivered a lecture on "Managing Diabetes: Evidence of Renal Benefits, Beyond Cardiovascular Proof" on 14 March 2016.



Dr. Au Yeung Shiu Hing (right, Moderator) presenting a souvenir to Prof. Siew Pheng CHAN (left, Speaker) during the lecture on 14 March 2016



Sponsorship for attending The World Conference, Rio De Janerio, Brazil 2 – 6 November 2016

"Family Medicine, Now, more than ever"

The **2016 World Conference of WONCA** will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organisations as well as individual doctors.

Council has decided to grant a sponsorship with a maximum of HKD15,000 for applicant with presentation to attend the captioned conference.

Applicants shall agree to take part in the College official functions if any during the Conference in **Rio, Brazil**, and submit to FP Links a written report in about 800 words and photos in one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by **18 May 2016**. For further information please visit the official website at <http://www.wonca2016.com/>.

Thanks,

Dr. Billy C F Chiu
Honorary Secretary

Diploma in Family Medicine (HKCFP) 2016-17

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2016.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners.
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine.
- iii) To improve standards and quality in the practice of Family Medicine.

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family Practice
- iv) Understanding regarding the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario further divides into several questions covering different areas in general practice.

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases
Contents:	THREE Update seminars and ONE clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, and Infectious Diseases (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled on Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

July to September 2016	Module I
November 2016 to January 2017	Module II
July 2016 to May 2017	Modules III, IV & V
April / May 2017	Final Examination

5. Admission Requirement:

Medical Practitioner with Bachelor's degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$30,000 for members of HKCFP

HK\$60,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before May 20, 2016)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,000	\$8,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,000	\$8,000
Module III (Structured Lectures & Seminars)	\$3,000	\$6,000
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$5,000	\$10,000
Examination	\$9,000	\$18,000
Administrative Fee	\$4,000	\$8,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$30,000 (or HK\$60,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2015 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. Jeff Cheng or Ms. Alky Yu at 2871 8899 for any queries.

11. Application Deadline: 30 June 2016

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

*Course syllabus and schedule may be subject to change without prior notification



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop



香港大學

THE UNIVERSITY OF HONG KONG

Founded in 1911, the University of Hong Kong is committed to the highest international standards of excellence in teaching and research, and has been at the international forefront of academic scholarship for many years. The University has a comprehensive range of study programmes and research disciplines spread across 10 faculties and over 140 academic departments and institutes/centres. There are 28,000 undergraduate and postgraduate students who are recruited globally, and more than 2,000 members of academic and academic-related staff coming from multi-cultural backgrounds, many of whom are internationally renowned.

**Tenure-Track Clinical Assistant Professor
in the Department of Family Medicine and Primary Care
(Ref.: 201600129)**

Applications are invited for appointment as Tenure-Track Clinical Assistant Professor in the Department of Family Medicine and Primary Care, to commence as soon as possible, on a four-year fixed-term basis, with the possibility of renewal and with consideration for tenure before the expiry of a second four-year fixed-term contract, subject to satisfactory performance.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a medical qualification registrable with the Medical Council of Hong Kong, and preferably a higher qualification in general practice/family medicine. Special consideration will be given to holders of the FHKAM (Family Medicine) or equivalent specialist qualifications in general practice/family medicine. They should have proven capacity and potential to perform high-quality research as evidenced by a track record of publications and successful external grant applications; a strong commitment to excellence in clinical services and training; and substantial experience to undergraduate curriculum development. They should be fluent in Cantonese and English, and preferably Putonghua, although teaching, research and professional activities are conducted in English. The appointee is expected to participate in the planning and delivery of undergraduate and postgraduate programmes in Family Medicine; conduct research; develop and provide clinical services in primary care in the Department and the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department and the Faculty. Further information about the post can be obtained from Professor Cindy Lam (e-mail: cklam@hku.hk).

A highly competitive salary commensurate with qualifications and experience will be offered. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totaling up to 15% of basic salary, as well as annual leave and medical benefits. A monthly cash allowance will be offered to the successful candidate. Housing benefits will also be provided as applicable.

Applicants should send a completed application form together with an up-to-date C.V. to fmcp@hku.hk. Application forms (341/1111) can be downloaded at <http://www.hku.hk/apptunit/form-ext.doc>. Further particulars can be obtained at <http://jobs.hku.hk/>. **Closes May 31, 2016.**

The University thanks applicants for their interest, but advises that only candidates shortlisted for interviews will be notified of the application result.

The University is an equal opportunities employer

第三屆海峽兩岸全科醫學大會

何家銘醫生



陳銘偉醫生致辭

第三屆海峽兩岸全科醫學大會暨海峽兩岸醫藥衛生交流協會全科醫學專業委員會第三屆學術年會於二〇一六年三月四日至六日於中國深圳市舉行。大會主題為「提升全科醫療質量，促進健康中國建設。」是次大會由海峽兩岸醫藥衛生交流協會全科醫學專業委員會主辦，由香港家庭醫學學院、台灣家庭醫學醫學會、澳門全科醫生學會及深圳市國際全科醫學與社區衛生服務研究中心聯合主辦。

會議邀請到世界家庭醫學組織WONCA主席Michael Kidd教授、執行總裁Garth Manning先生及加拿大及美國全科醫學專家出席，報告家庭醫學的全球發展及於國內借鑑（Global Development of Family Medicine and Lessons for China）、家庭醫學全面觀（The Global World of Family Medicine）及美國基層醫療的今昔（Primary Health Care in the States: Yesterday and Today）。國家衛生計生委科技教育師領導發表了「醫教協同，加快推動全科醫生制度落實」，讓與會者了解將來國內醫師培養的制度改革。除上述外，與會講者亦分享了不同地區如香港、深圳、上海全科醫療體系及全科醫療培訓的發展和實踐。



WONCA主席Michael Kidd教授發表



第三屆海峽兩岸全科醫學大會



香港家庭醫學學院李國棟獎學金



「建立良好醫患關係 促進分級診療」對話討論



羅思敏醫生發表



陳智偉醫生發表



林露娟教授發表

香港亦有代表於大會主題論壇及分論壇作發表。林露娟教授於主題論壇發表了「香港全科醫療體系在香港大學深圳醫院的實戰」。朱偉星醫生於分論壇發表了「分級診療-有效實現的困難和解決方向」。陳智偉醫生於分論壇發表了「粵港澳家庭醫學學歷課程之分享」。羅思敏醫生於分論壇發表了「醫患溝通裡的調解與輔導——一位香港家庭醫生的分享」。黃志威醫生於分論壇發表了「運用動機式訪談探索2型糖尿病病人自強效果」。



朱偉星醫生發表

香港家庭醫學學院對國內全科醫療／家庭醫學發展也不遺餘力，成立了香港家庭醫學學院李國棟獎學金，旨在鼓勵國內優秀的全科醫生／家庭醫生，在態度及實踐經驗各層面均表現突出，便能獲資助到香港進行進一步切實的家庭醫學訓練。

是次大會除了會議及論壇外，與會者更可參觀深圳不同的社區機構及香港大學深圳醫院，了解內地全科醫療的設施。



香港家庭醫學學院與會代表

Trampoline-related injury in Hong Kong



The modern trampoline was patented by competitive gymnast George Nissen in 1945, designed for acrobats, gymnasts and eventually used by the military for training. Recreational trampoline use has increased in recent decades as the products have become more affordable. It is fun to jump and do somersaults on a trampoline and it is an engaging way to have one to do exercise. In Hong Kong, trampolining was once a part of school physical education classes. However, one landed wrongly can cause serious, permanent injuries.

In USA, thousands of people are injured on trampolines each year. Injuries can occur even when a trampoline has a net and padding and is used under supervision. Despite statements from numerous medical groups that discourage trampoline use and warnings to exercise caution on trampolines at home or on the playground, trampoline use and injuries remain a big problem. In USA, most of these injuries happen on home trampolines and children younger than 6 years are at the greatest risk of injury. With limited space, home trampolining is not popular in Hong Kong.

Trampolining dwindled in popularity in Hong Kong after an incident resulted in quadriplegia in 1991 but it comes to our spotlight again after recent reported incidents.

There are 8 admissions to a local hospital after awkward landing or performing a somersault in less than 2months. Other causes of trampoline-related injury are falling out of the trampoline and collision with another person as observed from overseas studies.

Different from popular use of home trampoline overseas where children are at risk, the local injured are age between 22 and 30 years. The age difference could explain the higher incidence of lower extremities injury in our local patients as untrained adults tend to be more conservative and land axially on their feet. Oversea studies showed a higher rate of upper extremities injuries among children, and it is also important to note injury involving spine are not uncommon both at local and overseas studies.

Regarding the type of injury, fractures, both at extremities and spine, constitute a significant proportion. A small proportion of local injuries were dislocation, ligament tear and muscle sprain. The problem may be underestimated as injuries that did not require hospital admission such as those patients who presented to general practitioners or who were discharged from emergency department were not fully evaluated. It is also difficult to draw comparisons with epidemiological data from other countries where the majority of injuries arise from home trampoline use and not from trampoline parks.

Trampolining may be perceived as a dangerous physical activity. This may not be the case; the risk of injury is not high compared with other physical activities. The risk of being injured during physical activity must be compared with the risk of being physically inactive. Jumping on a trampoline gives one the ability to improve their motor control and increase physical activity. The importance of having safety guidelines for the use of trampolines is emphasized.

- Supervision at all times
- Only one jumper on the trampoline at a time
- No somersaults performed
- Adequate protective padding on the trampoline that is in good condition and appropriately placed with regular checking and repair/replacement if damaged
- Make sure insurance covers trampoline-related injury claims



Reference:

Trampoline-related injuries Hong Kong Med J Vol 22 No. 1 Feb 2016
 Trampolines: What You Need to Know American Academy of Pediatrics

Compiled by Dr. Law Tung Chi

複合弓與我

卓嘉雯醫生

在偶然的機會下，年多前在朋友的介紹下初次接觸複合弓。在這之前對射箭這種運動認識不深，只是單純地想到射箭應該是有如一般獵人的弓箭，或者是古人戰爭時用的武器，有趣的想像就如愛神丘比特手上的金箭，或是后羿射日的傳說故事。但朋友手上的弓卻與我想像中大有不同：碳纖維及合金弓身，上下一對滑輪、主弦、副弦，精準的瞄準器，發射器……等等，非常現代化，好奇心下我試拉了一下：噢很重！拉不動！但我對那副外表獨特的“現代弓”留下了正面的印象。



初會複合弓

很高興其他朋友都有興趣去學複合弓，之後大家一起正式去參加箭會，由基本學起。開始時由輕拉力磅數，近距離，室內環境學習，到開始掌握了基本技巧後就慢慢增加拉力磅數，增長射程，亦去室外場地練習。



室內練習場地



室外練習場地

掌握了基本技巧後，便正式裝備第一套自己擁有的弓箭。弓距、弦距、拉力、拉距、瞄準器放大率、後視窗大小、箭台款式、箭身長短粗幼、箭毛質地長短、箭頭重量密度長短等等，每樣都大有學問。在教練的全力協助下，終於找到適合自己的一套方程式，成就了完全屬於自己的一套射箭工具。

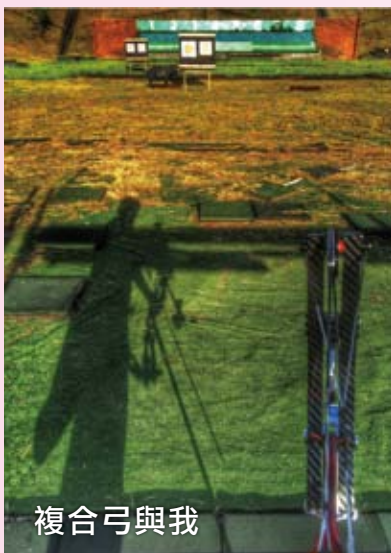


我的射箭工具

興趣隨著時間慢慢增加，大家終於陸續參加了本地一個又一個的賽事：初級組40/30米室外賽，18米室內公開賽，中級組50/50米室外賽，開始嚐到了拿獎的滋味。



比賽進行中



複合弓與我

為什麼我會對複合弓日漸產生濃厚的興趣呢？其實開始時自己也說不清原因。弓箭外表？得獎後成功感？提升體能？細想後通通都不是。最大的原因是在射箭時，我的腦袋內竟能有一絲空白的時間！射箭時要高度集中精神才能放箭放得精準，而最好的集中精神方法，就是放下日常生活內所有煩亂心緒，對我來說這反倒是絕佳的一種減壓方法。面對目前日益增加的工作量，如找到一個適合自己的減壓方式，就應好好的抓住了。有興趣的話大家可以不妨一試！

相關連結:

香港射箭總會
Hong Kong Archery Association
<https://www.archery.org.hk>

國際射箭聯會
World Archery
<http://www.archery.org/>

亞洲射箭聯會
World Archery Asia
<http://www.asianarchery.com/>

The HKCFP Award for the Best Research of 2015

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2015. All Members and Fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2016.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

DEADLINE OF SUBMISSION: 30th April, 2016

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2016

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities are not eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616.
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30th April, 2016**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to jeffcheng@hkcfp.org.hk

Supported by HKCFP Foundation Fund

HKCFP Trainees Research Fund 2016 / HKCFP Research Seed Fund 2016

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

Please note that each applicant can only apply either one of the above Funds

Assessment Criteria for both funds:

1. Academic rigor of the paper (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each Research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: jeffcheng@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2016**” or “**HKCFP Research Seed Fund 2016**” on your research project upon submission.

Submission Deadline: 31st August 2016

Supported by HKCFP Foundation Fund

Our fourth Chinese Book, 《家庭醫生一百篇》 is born!

《家庭醫生一百篇》is the assemble and selection of the articles in the weekly column of Hong Kong Economic Journal (信報) in the past few years, contributed by 22 members of the College. It is a very good tool for public education, letting the public recognize the importance of family physicians for their personal health, and understand the key role of family physicians in the health care system.

The book also serves as a good platform for all the members to share our stories with one another, and experience our whole-heartedness to serve our patients and the community all together!

名家推薦：

書中不少文章闡述家庭醫生在協助個人保持身心健康所擔當的角色，涉及的課題包括預防和及早識別疾病、情緒管理、維繫婚姻、家庭和人際關係等。這些文章清楚解釋基層醫療的重要性，當中不少故事似曾相識，令人細味。

高永文醫生

我很欣喜看見香港家庭醫學學院編纂家庭醫學手冊第四輯《家庭醫生一百篇》，多位前線醫生熱心就各種家庭醫學問題撰寫文章，惠澤大眾。書中內容豐富，淺顯易懂，讓人倍感親切，對讀者改善自身和家人健康大有裨益，不容錯過。

梁卓偉教授

這書裏面有很多家庭醫生的個人分享、有病人個案分析，還有其他有用的資訊。每篇文章短短的，當中記載的東西卻是寶貴而無價的；而且用字淺白、言簡意賅。本人誠意向大家推薦這本小讀物。

李國棟醫生

本書透過輕鬆故事和醫生平日所見所聞，深入淺出講述保健知識和如何維持身心健康，並道出預防疾病的良法；它亦讓大家明白家庭醫生在醫療體系中的重要角色。我翻閱初稿，當中提及醫生診症時向病人查詢病情，並關心情緒，建立互信關係的情節，體現了「醫生不單要醫病，更要醫人」的信念，甚有共鳴，特誠意推介。

沈祖堯教授

The special offer of the book for our members is HK\$86 (20% discount of the original price)! Please fill in the order form below and get the new book as soon as possible!

Kindly contact our secretariat Ms. Priscilla Li or Rosina Chan at 2528 6618 for the book delivery, and please note that the postal charge by mail delivery is HK\$20 per book.

ORDER FORM

To: HKCFP

Room 803-4, 8/F,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
(Fax No. 2866 0241)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之四 – 家庭醫生一百篇.

Enclosed please find cheque payment of HK\$ _____**.

** Note - HK\$86/book; Hong Kong local postage : HK\$20/book

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____ Tel No. : _____

Postal Address : _____

Email Address : _____ Date : _____

* Please circle your category of membership.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2016

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	6 months starting from April 2016
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Applicants will be notified of their enrolment if successful.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2016 Timetable for Workshop

Date	Topics	Venue
16 April 2016 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
21 May 2016 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
18 June 2016 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
16 July 2016 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
20 August 2016 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
24 September 2016 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

7 May 2016 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	365 Days of Sun Protection and Daily Moisturisation & Hydration: Common Dermatoses in Summer and Their Managements	
Speaker	Dr. Ho Ka Keung Specialist in Dermatology and Venereology	
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the co-ordinator via the College Secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
GlaxoSmithKline Limited

8 May 2016 Sunday

Advance Diabetes Management for Family Physician

Prof. Juris Meier
Professor of Medicine & Head of Division of Diabetology and GI Endocrinology, St. Josef-Hospital of the Ruhr-Universität Bochum (RUB), Germany

What can we do about "Diabetes" in daily practice

Dr. Michele Yuen
Specialist in Endocrinology, Diabetes & Metabolism

Chairman	Dr. Paul Siu The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 2:30 p.m.	Advance Diabetes Management for Family Physician
	2:30 p.m. – 3:00 p.m.	What can we do about "Diabetes" in daily practice
	3:00 p.m. – 3:30 p.m.	Real cases sharing and discussion
Venue	Diamond Ballroom I, Basement 1, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
AstraZeneca Hong Kong Limited

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

April's session:

Date	29 April 2016 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Management of Insomnia and the Use of Hypnotics – Dr. Chiu Siu Ning
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

May's session:

Date	27 May 2016 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"New update on Once-Daily ICS/ LABA management in Asthma" – Dr. Thomas Y. W. Mok
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
7 May 2016 2:15 – 4:15p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Lower gastrointestinal problems in primary care Dr CHEUNG Wing I, AC(M&G), OLMH	Ms. Clara Tsang Tel: 2354 2440
19 May 2016 1:30 – 3:45p.m.	Conference Room, G/F, Block K, UCH, 130 Hip Wo Street, Kwun Tong, Kowloon	Acute Kidney Injury Dr. Sunny WONG Sze Ho, Consultant and Head, Division of Nephrology, M&G, UCH	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
4 May 16 (Wed)			
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Management of Multi-morbidity, Role of Family Physicians in Primary Care Settings Dr. Chung Ka Chun	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Principles of professional ethics & The Code of Professional Conduct Dr. Kam Ngar Yin Irene & Dr. Lee Ka Yun Peter	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Introduction to Community Nursing Service Dr. Alfred Kwong	Ms. Cherry Wong Tel: 2589 2337
5 May 16 (Thu)			
2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Principles of professional ethics & The Code of Professional Conduct Dr. Lim Martina & Dr. Pun Yat Hei	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Ethical Issue on Organ Donation Dr. Lam Siu Ping & Dr. Wong Man Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Know your Emergency facilities in your clinic Dr. Yio Shing	Ms. Kwong Tel: 2595 6941
11 May 16 (Wed)			
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Apply Mediation on Complaint Management Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update on management of asthma Dr. Lau Ka Man & Dr. Lee Wing Lam	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, RAMP clinic, Aberdeen GOPC	Management of genital infections and sexually transmitted disease Dr. Nicole Chan	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Psychological problem in elderly -- case demonstration Dr. Han Jing Hao	Ms. Crystal Law Tel: 2632 3480
12 May 16 (Thu)			
2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Update on management of asthma Dr. Chui Tsz Hang & Dr. Wong Sze Kei	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Case Sharing By ACC: Atypical Presentation of Psychiatric Disorders Dr. Tam Kit Ping	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Video Review: Consultation Skills with LAP Dr. C M Fok	Ms. Kwong Tel: 2595 6941

18 May 16 (Wed)

2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Introduction to ADHD/Autism and Tourette Syndrome Dr. Lui Lok Kwan	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Quality assurance, continuous medical education, continuous professional development Dr. Lee Edna Tin Wai & Dr. Lee Shek Hang Henry	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Common symptom complaints - chest pain Dr. KH Tseung	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Introduction to LAP Dr. Leung Shuk Yun	Ms. Crystal Law Tel: 2632 3480

19 May 16 (Thu)

2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Quality assurance, continuous medical education, continuous professional development Dr. Chan So Wai Sara & Dr. Suen Gee Kwang Victoria	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Sports Health: Prevention and Management of Sports Related Knee Injuries Dr. Lau Lai Na & Dr Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Common symptom complaints - weight change Dr. Chan Ki Chun Enoch	Ms. Kwong Tel: 2595 6941

25 May 16 (Wed)

2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Invite Podiatrist to Talk About Diabetic Foot Assessment and Management Dr. Sun Kwok Fung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Common symptoms in Medicine (Part I) (headache, numbness) Dr. Chow Pui Yin Melody & Dr. Choi Yuen Ling Janice	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Management of rheumatological diseases in primary care Dr. Temy MY Mok	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Consultation skill presentation – video consultation Part 2 Dr. Maria Leung	Ms. Crystal Law Tel: 2632 3480

26 May 16 (Thu)

2:15 – 5:15 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Common symptoms in Medicine (Part I) (headache, numbness) Dr. Wong Hong Kiu Queenie & Dr. Lee Wing Mei Dickinson	Ms. Polly Tai Tel: 3949 3430
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Postherpetic Neuralgia Dr. Kum Chung Hang & Dr. Ho Chung Yu	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Cancer screening Dr. Wong Hang Fai Ricky	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Apr 10:00 a.m. – 1:00 p.m. BPDS Macau CME Programme DFM OSCE Final Examination	25	26	27 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme 6:30 p.m. CSA Subcommittee Meeting 9:00 p.m. Board of Conjoint Examination Meeting	29 2:30 – 3:30 p.m. Board of Education - Video Session	30 2:30 – 4:30 p.m. Practice Management Lecture
1 May	2	3 9:00 p.m. DFM Meeting	4 2:15 – 7:30 p.m. Structured Education Programme 6:30 p.m. HKPCC Meeting	5 2:15 – 7:00 p.m. Structured Education Programme	6	7 1:00 – 4:00 p.m. Interest Group in Dermatology
8 1:00 – 3:30 p.m. CME Lecture	9	10	11 2:15 – 7:15 p.m. Structured Education Programme	12 2:15 – 7:00 p.m. Structured Education Programme	13	14
15	16	17	18 2:15 – 7:30 p.m. Structured Education Programme	19 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	20	21 2:30 – 5:30 p.m. AEC
22 10:00 a.m. – 1:00 p.m. BPDS Macau CME Programme	23	24	25 2:15 – 7:30 p.m. Structured Education Programme	26 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Board of Education - Video Session	28 2:30 – 4:30 p.m. Practice Management Lecture

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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