



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



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Message from the President



Recently I received a letter from the Social Welfare Department on "Observations by the Child Fatality Review Panel on Promoting Careful Prescription of Codeine for Paediatric Patients". In brief, the fatal case concerned a 17-month-old girl presented with upper respiratory tract infection.

She visited a private medical practitioner and revisited the clinic again attended by a locum doctor as the former doctor was on leave. Two days later, she was found unresponsive while taking a routine afternoon nap in a nursery.

Although the girl appeared to be normal in the morning, she passed away in the same afternoon. Autopsy and toxicological examination did not reveal much significant findings and the cause of death could not be ascertained. It was during the death inquest that came to the attention of the locum doctor that Codeine was contained in the Actified syrup preparation prescribed and dispensed while another bottle prescribed by the locum doctor also contained Codeine!

Though the cause of death in this case could not be ascertained, the Child Fatality Review Panel has concern over the prescription of cough suppressants containing Codeine to children under 12 years old. Codeine is an opioid prescribed for pain relief but is also combined with other medications, such as cough and cold medicines. However, there is lack of evidence to support an effective role for Codeine in children with acute cough, and in light of potentially harmful adverse effects, Codeine should not be indicated as an antitussive medication.

Codeine is converted by the liver into morphine, but genetic differences between people can prompt the liver to create too much morphine in some and too little in others. Children who rapidly metabolize Codeine into an overdose of morphine can experience severely slowed breathing rates and may even stop breathing and die as a result. It should not be used even as analgesic in children because it is too unpredictable. The American Academy of Pediatrics has recommended against prescribing Codeine to children since 1997!

Another letter that I have received was from the Hong Kong Red Cross Blood Transfusion Service. The Medical Director had presented to the Council of Hong Kong Academy of Medicine back in November 2017. An alarmingly high donor deferral rate (12.3%) among prospective donor in 2016 was

mainly due to low pre-donation haemoglobin and mostly due to iron deficiency. As expected, the problem is worse in female donors but also happens in new donors as well. Of course we are at the frontline to raise the awareness of iron deficiency anaemia and its management. We can certainly work on the following few areas. Firstly, improve the health of general public through better diet education on iron absorption and better managing iron deficiency anaemia especially among the menstruating ladies who are potential blood donors to bring their iron store back to normal. Secondly, support the blood donation through active participation and correction of myths in the general public. Thirdly, participate actively in different Patient Blood Management initiatives to drive better patients' outcome at reducing transfusion rate.

Hong Kong Academy of Medicine has done a survey on "Eligibility to Stand and Nomination Mechanism for Election" to potential seats in the Hong Kong Medical Council. A total of 7,572 questionnaires were sent out and 1,906 (25.2%) replies were received. 24% of our AM fellows in Family Medicine have responded and their views are very similar to the overall figures. I will certainly act according to the majority view of our Fellows.

The purpose of the survey was to collect views from Fellows on three aspects:

- 1) Eligibility to stand for election- A majority of Fellows (75%) agreed that no prerequisite requirements or conditions would be needed for the two seats.
- 2) Nomination mechanism- The majority (83%) considered that the candidates should be nominated by all Fellows directly, not via the Colleges nor by other means.
- 3) Means of election- Most of the respondents (93%) agreed that the two additional seats should be elected by all Fellows, but not via the Academy Council nor by other means.

Lunar Year of Dog is fast approaching. Dog is the eleventh of all zodiac animals. Dogs are loyal, honest, amiable and kind, cautious and prudent. Having a strong sense of loyalty and sincerity, dogs will do everything for the person who they think is most important. All sounds very familiar of Family Doctors doing the best for their Patients. Kung Hei Fat Choy and a prosperous and rewarding Year of Dog!

Dr. Angus MW CHAN
President

Internal Affairs Committee News

The 30th HKCFP Conferment Ceremony & the 28th Dr. Sun Yat Sen Oration (Part 2)



Prof. Lau Yu Lung (left) and Dr. Stephen Foo (right)



Dr. David Chao (left) and Dr. Chui Tak Yi (right)



Dr. Lau Ho Lim, Dr. Liang Jun, Adj. Asst. Prof. Tan Tze Lee and Prof. Samuel Wong (from left to right)



Dr. Kwan Yu and Dr. Andrew Leung (Marshalling Officers) leading the Officiating Procession into the hall



Dr. Angus Chan (right), presenting the long-service souvenirs of the Board of Conjoint Examination to Dr. Chan Hung Chiu (left)



Dr. Angus Chan (right), presenting the long-service souvenirs of the Board of Conjoint Examination to Dr. Chan Kwok Wai (left)



Dr. Angus Chan (right), presenting the long-service souvenirs of the Board of Conjoint Examination to Dr. Stephen Foo (left)



Dr. Angus Chan (right), presenting the long-service souvenirs of the Board of Conjoint Examination to Prof. Cindy Lam (left)



Dr. Angus Chan (right), presenting the long-service souvenirs of the Board of Conjoint Examination to Dr. Paul Siu (left)



Dr. Mark Miller (2nd from the left, back row), Dr. David Chao (3rd from the left, back row), Dr. Kathy Tsim, the Public Orator (3rd from the right, back row) with helpers and successful candidates



Dr. Ken Ho, Dr. Li Yim Chu, (1st and 2nd from the left) Dr. Angus Chan, Dr. Stephen Foo, Dr. King Chan (6th - 8th from the left), Dr. Catherine Chen and Dr. Leung To Fung (1st and 2nd from the right) with successful candidates

The 40th Anniversary Dinner of the HKCFP held on 10th December 2017 (Sunday) (Part 2)



Censors and Council members proudly present the 40th Anniversary publication which was first distributed on 10 December 2017.



Dr. Ngan Po Lun (1st from the left), Dr. Maria Leung (3rd from left) and Dr. Eric Hui (3rd from right) with members from New Territories East Cluster



Dr. Stephen Foo (6th from the right), Dr. Angus Chan (5th from the right) and Dr. King Chan (6th from the left) with members from Kowloon Central Cluster



Dr. Chan Chi Wai (9th from the right, back row) with members from Kowloon West Cluster



Dr. Barry Bien, Dr. Ip Pang Fei, Dr. Chan Hung Chiu, Dr. Loretta Chan and Dr. Lau Ho Lim (from left to right)



Dr. Chan Chi Wai (2nd from the left), Dr. Stephen Foo (4th from the left), Adj. Asst. Prof. Tan Tze Lee (5th from the left), Dr. Angus Chan (5th from the right), Dr. Loretta Chan (4th from the right) with members of the Young Doctors Committee



Dr. Angus Chan presenting the souvenir to Dr. Loretta Chan thanking her contributions towards the College in the past years



Dr. Loretta Chan presenting a bouquet to Dr. Stephen Foo after his sharing of the photographic memories of the 40 years history of HKCFP



Dr. Angus Chan and Dr. Mary Kwong (front row, 9th and 10th from the left), members of Board of Education and staff of the Board took a group photo with pharmaceutical companies' representatives



Dr. Billy Chiu (4th from the left), Chairman of Board of Vocational Training and Standards, with members and staff of the Board



Dr. Lau Ho Lim (5th from the left), Chairman of the Board of Professional Development and Services, with members of the Board



Dr. David Chao (6th from the left), Chairman of Editorial Board, with members and staff of the Board



Dr. Wendy Tsui (3rd from the right), Chairlady of FP Links Committee, with members of the Committee



Dr. Ngan Po Lun (5th from the right), Chairman of the Public Education Committee, and Dr. Angus Chan (7th from the right) with members and staff of the Committee



Dr. King Chan (4th from the left), Chairman of the Quality Assurance and Accreditation Committee, and Dr. Angus Chan (6th from the left) with members and staff of the Committee



The Chief Censor, Prof. Cindy Lam (left), presenting the lucky draw prize to the winner, Dr. Esther Yu (right)



The Censor, Dr. Stephen Foo (right), presenting the lucky draw prize to the winner, Dr. Matthew Luk



The Censor-in-Chief of RACGP, Dr. Mark Miller (left) presenting the lucky draw prize to Dr. Andrew Ip (right)



President of the College of Family Physicians Singapore, Adj. Asst. Prof. Tan Tze Lee (left) presenting the lucky draw prize to Dr. Cecilia Fan (right)



The Honorary Treasurer, Dr. Billy Chiu (right) presenting the lucky draw prize to Dr. Frederick Lee (left)



The Vice President (General Affairs), Dr. Lau Ho Lim (right), presenting the lucky draw prize to the winner, Dr. Gloria So (left)



The Vice President (Education & Examinations), Dr. David Chao (left) presenting the lucky draw prize to Dr. Ko Wai Kit (right)

Quality Assurance & Accreditation Committee News

HKCFP Additional & CME Accreditation for Year 2017

Dear Members,

The credit point score of 2017 for HKCFP QA Programme would be finalised soon. Please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) no later than **28 February 2018**.

1. Application for Additional Accreditation

For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2017-19**, members have to apply in writing with \$500 administration fee (Non-refundable) by cheque payable to "HKCFP Education Ltd." to the QA&A Committee. Details must be submitted for special consideration, e.g. attendance record, photocopies of events, transcripts or published articles. Each application will be charged independently once the application is received. Additional information to the application, if any, will be handled as a new application and incurs new charges.

The application of **Additional Accreditation** for the year 2017 is now open. It is only for the activity which **had NOT been accredited** by QA&A Committee before the activity started. You are recommended to submit the application form for additional accreditation with required supporting documents as stated in the application form.

2. Application for CME/CPD Accreditation

This application is only for the activity which **had been accredited** by QA&A Committee before the activity starts. If the credit points are missing from your credit point score report, please fill in the "Application form for CME/CPD Accreditation of Pre-accredited activity" with the supporting documents, e.g. attendance record, photocopies of events, transcripts or published articles.

Application deadline: 28 February 2018

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html.

Please submit the application form by:

- Mail to The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen; **OR**
- Email to : cmecpd@hkcfp.org.hk

Late submission will NOT be processed; The QA&A Committee has the final right in deciding the number of "Credit Points" awarded for each activity. The supporting documents must be evidence of attendance for submission for accreditation.

Should you have any question on CME/CPD, please contact Mr. John Ma or Ms. Natalie Ho at 2871 8899 or email to cmecpd@hkcfp.org.hk. Thank you so much for your support for the HKCFP QA Programme.

Yours sincerely,

Dr. King Chan,
Chairman, Quality Assurance & Accreditation Committee

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **December 2017 – January 2018**:

Transfer from Associate to Fellowship

Dr CHANG Wells

張仕偉

Dr CHEUK Yau Chun

卓幼真

Dr HAN Jinghao

韓璟浩

Dr LUK Chun Wa

陸俊華

Dr WONG Hong Kiu, Queenie

黃康喬

THIRTY-SECOND CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION SECOND Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-second Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2018.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2018/2019 before 31 July 2018. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2018, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2018, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2018.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Applied Knowledge Test (AKT)*, and
Key Feature Problems (KFP)

**Note: Applied Knowledge Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT), with no change on the exam format.*

- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

Note: Regarding the APCLS certificate as issued by the HKCFP, the APCLS workshops & examinations for 2018 will be held on **24 - 25 February 2018 and **24 - 25 March 2018** respectively. Details regarding the workshop / examination can be referred to the News of the Board of Education (on pg. 20). Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2018.*

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2021).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline of application for both CATEGORY I and II candidates is **11 April 2018 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000*

[*Note: For candidates who are first sitting for the OSCE exam and have passed the Written Examination in 2015-2016, provided that the administration fee for the whole Conjoint Examination had been previously settled, only the Clinical Examination fee of \$14,500 would apply, that is, the application fee of \$3,000 would NOT apply.]

Examination Fee:

- Full Examination (Written + Clinical) \$29,000
- Written Examination \$14,500
- Clinical Examination \$14,500

Please make the cheque payable to **“HKCFP Education Limited”**. If a candidate applied for the Full Examination **but failed in the Written Examination, the Clinical Examination fee (\$14,500) will be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$29,000 (for the whole examination), \$14,500 (for the written examination) or \$14,500 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- 11 April 2018 (Wednesday) Closing Date for Applications
- 12 August 2018 (Sunday) Conjoint Examination – Written Examination (AKT)
- 21 August 2018 (Tuesday) Conjoint Examination – Written Examination (KFP)
- 28 October 2018 (Sunday) Conjoint Examination – OSCE

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

Young Doctors Committee News

"When Junior meets Senior"

Dr. Loretta Chan, Co-chairmen, Young Doctors Committee



We are at the meeting.

The 40th Anniversary Dinner of the Hong Kong College of Family Physicians was held on 10th December, 2017. Just before the dinner, the Young Doctors Committee (YDC) was delegated by President, Dr. Angus Chan, to meet up with our guests from Australia and Singapore.

The honourable guests were Dr. Mark Miller, the Censor in Chief, Royal Australian College of General Practitioners, Prof. Doris Young, HKCFP External Examiner for Specialty Board, and Adj. Asst. Prof. Tan Tze Lee, President of the College of Family Physicians Singapore. YDC was represented by Drs. Tse Sut Yee, Chloe Chan, Leon Ngai, Victor Ip, Will Leung, Aldo Wong and Loretta Chan.



From Left to right:
Dr. Mark Miller, Adj. Asst. Prof. Tan Tze Lee, Prof. Doris Young, Dr. Ko Wai Kit.



From left to right:
Dr. Leon Ngai, Dr. Chloe Chan, Dr. Aldo Wong, Dr. Will Leung, Dr. Victor Ip, Dr. Tse Sut Yee, Dr. Loretta Chan

During the meeting, we had some very interesting discussion with the overseas guests. After a brief introduction of ourselves, Dr. Loretta Chan started with a presentation on the background of Young Doctors Committee (YDC). YDC is the "youngest" committee in College. It was established since May 2017. It serves to connect the young College members and engage them in College activities. It also targets at connecting with medical students and interns, as well as promoting family medicine amongst undergraduates.

Dr. Tse Sut Yee and Dr. Will Leung shared their experience in attending the WONCA conference and in particular the preconference of the Rajakumar Movements. Dr. Leon Ngai talked about her participation in the Wu Jie Ping Young Doctors Meeting held in Beijing. Dr. Victor Ip told us about the young doctors' involvement in research in Family Medicine. Dr. Aldo Wong and Dr. Chloe Chan discussed on the importance of work life balance.

During the meeting, our overseas guests enlightened us by sharing their experiences and views on the various topics we discussed.

This meeting has provided a great opportunity for our young members to learn from the overseas seniors. As young members, we are looking forward to more participation in College activities and learning opportunities from our local and overseas seniors in the future.



Front row from left to right:
Prof. Doris Young, Dr. Mark Miller, Adj. Asst. Prof. Tan Tze Lee, Dr. Loretta Chan, Dr. Ko Wai Kit

Back row from left to right:
Dr. Leon Ngai, Dr. Chloe Chan, Dr. Aldo Wong, Dr. Will Leung, Dr. Victor Ip, Dr. Tse Sut Yee

Board of Vocational Training and Standards News

FINAL Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2020, please submit the application for higher training on or before **28th February 2018 (Wednesday)** in order to meet the requirement for sitting Exit Examination. The application form can be available from the College Secretariat or downloaded from the College web site.

FINAL Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **28th February 2018 (Wednesday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28th February 2018 (Wednesday)**.

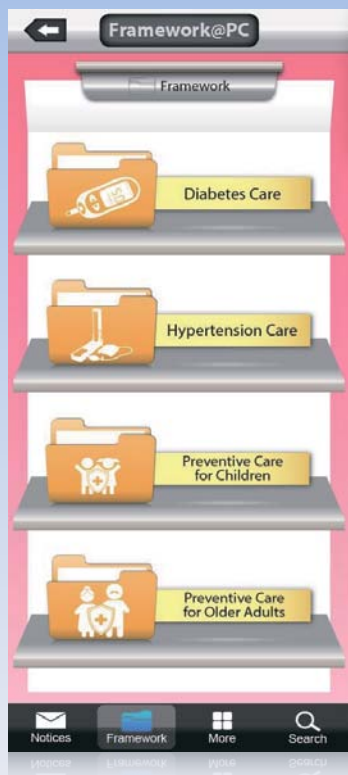
The training experience of 2017 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Please contact Ms. Charlotte Cheung and Ms. Kathy Lai at 2871 8899 for any queries.

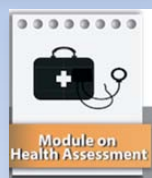
Higher Training Subcommittee
Board of Vocational Training & Standards

Framework@PC provides **evidence-based recommendations** for management of patients in primary care setting

Framework@PC



Module on Immunisation and Module on Health Assessment are now available from the Mobile App!



RESPECTING LIFE • IMPACTING LIFE

Haven of Hope Christian Service

A non-profit making and inter-denominational Christian organization is now looking for high-caliber candidates who would align with our Mission: "Through a ministry of holistic care, we strive to share the Gospel and develop a Christian community. In the love of Christ, we deliver our service in a caring, professional and progressive spirit so that the lives of those serving and being served are mutually enriched." The position which paves for a rewarding career is:

Full Time /Part Time /Locum Family Physician

(Ref: PHS/FP/HKCFP/FEB18)

- Registered Medical Practitioner with the HK Medical Council
- Provide Primary Health Services at Clinic(s) in Tseung Kwan O District

Interested parties, please send full resume with expected salary and reference no. quoted to **Haven of Hope Christian Service, Staff Engagement Department** via email to se@hohcs.org.hk or Fax: 2704 5797.

For further enquiries, please contact **Ms. Cho** at 2703 3324.

For details about our organization, please visit www.hohcs.org.hk

Only short-listed candidates will be notified. Data collected will be used for recruitment purpose only.

HKCFP Photography Club News

Travel & Scenery Photography Lecture - Report

The HKCFP Photography Club Travel & Scenery Photography Lecture concluded successfully on 9/12/2017 (Sat). More than twenty fellows and members gathered at Nikon Studio, Taikoo Shing, for a lecture sponsored by Nikon Hong Kong Ltd. Travel and time-lapse photography master, Mr. Patrick Cheung, was invited to share his expertise in travel and scenery photography.

Despite suffering from an URI with a hoarse voice, Mr. Cheung passionately guided us around the topic in his 1.5 hours talk. Mr. Cheung started with the planning of itinerary and the selection of photogenic locations. He would particularly research on the weather, the festive activities, and the timing of the Milky Way at his proposed destination. Mr. Cheung then introduced to us a handful of web tools to facilitate hotel booking, flight ticketing, car renting, and even gourmet planning.

On the more photographic aspect, Mr. Cheung shared with us his choice of cameras, lenses, filters, tripod and guide rails, camera bags and cases, digital storage solutions, and one of his secret weapons - a piece of black cloth to block out unwanted light reflections. Mr. Cheung remarked that modern photographic equipment indeed enhanced his photo shooting. For example, the latest DSLRs are capable of shooting 4K or even 8K time lapse series, significantly improving room for post-exposure editing. The newer generation of camera

guide rails and supports are much lighter in weight and collapsible for more convenient storage.

On the side of his travel photography, Mr. Cheung shared with us his personal experience of theft in his trip. On the first time his camcorder was taken silently away; on the second time, the local guide he hired “pre-warned” potential thieves along the way and prevented another mishap. Mr. Cheung also recommended us to visit the photo brand shops in shopping outlets as they sometimes carry special cross-over items worthy of possessing.

Finally, to make the lecture even more valuable, Nikon representatives, Mr. Calvin Lai, HKTO Manager, HK Sales & Marketing Division, and Ms. Connie Luk, Manager, Showroom and Nikon Professional Service brought a couple of the latest Nikon DSLRs and lenses for participants to try on. Souvenirs and special discounts on selected products were also offered to HKCFP members. We would like to take this opportunity to thank Nikon HK Ltd again for their generous support for this event.

Meanwhile, HKCFP Photography Club is preparing another activity for you - a photo outing to an exotic location in Hong Kong. It is going to serve as a perfect practical session for all the travel and scenery photography skills you learnt in this lecture. Stay tuned and see you soon!



Mr. Patrick Cheung (left) and Dr. Peter Ng (right).



Mr. Calvin Lai gave participants a brief introduction.



Mr. Patrick Cheung sharing on his recent photo trip to central Japan.



HKCFP photobugs in the middle of the lecture.



Dr. Peter Ng presenting a souvenir to Mr. Patrick Cheung.



Dr. Peter Ng presenting a souvenir to Ms. Connie Luk.



Nikon 100th Anniversary souvenirs.



Established in 1963, Hong Kong Baptist Hospital (HKBH) is a non-profit making private hospital dedicated to serving the public and striving to achieve our mission of "In the service of man, for the glory of God". As a Christian hospital, HKBH strives to honour God by serving the needy, and to fulfil our mission of providing holistic healthcare. To cope with our continuing growth, we would like to invite high calibre candidates to join our Hospital.

Resident Medical Officer (Community Clinic)

- Medical qualification registrable in Hong Kong
- At least 3 years relevant experience
- Provide clinical services in Community Clinic at Tokwawan
- Flexible working hours and no night call
- Fluency in Cantonese and English

We offer attractive remuneration package and fringe benefits to the right candidates. Interested parties please apply with full resume and expected salary to **Ms. Cindy CHAN, Senior Manager (HR), Human Resources Department, Hong Kong Baptist Hospital, 18/F, Tower 2, Enterprise Square, 9 Sheung Yuet Road, Kowloon Bay, Kowloon, by email to hr@hkbh.org.hk or by fax to 2339 5769.**

The information provided will only be used for recruitment related purposes. All personal information on unsuccessful candidates will be destroyed within 6 months.



仁安醫院 UNION HOSPITAL

仁心、安心、貼您心 Caring · Reliable · Empathetic

Union Hospital is a general private hospital in the New Territories, established in 1994. It is a progressive and patient-centred institute, and has obtained outstanding ratings in hospital accreditation. Union Hospital is proud of her achievements in clinical governance and ethical professional care. The Hospital is now looking for collaboration with enthusiastic professionals/ partners to fill up the following capacities. Good professional support & development, and competitive remuneration are given to the engaged doctors.

Full time/ Part time Family Physician

(Ref No.: HKCFP/JUL01-17/HMC)

- Provide Health Check Services in Union Hospital Health Maintenance Centres and its Tsim Sha Tsui Polyclinic
- Regular working hours and no night shift required
- Work on a rotation schedule for Saturday
- Attractive remuneration package
- A qualification registrable in Hong Kong under the Medical Registration Ordinance
- Experience in private practice preferred
- Training in Family Medicine/ Emergency Medicine preferred

Interested candidates please download the Job Application Form on www.union.org (quote the "REF NO."). Please send resume to Union Hospital, Human Resources Department, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, N.T. or by email to recruit@union.org.

Website: www.union.org

(Applicants not hearing from us within 2 months may consider their applications unsuccessful. Data collected will be used for recruitment purpose only.)

共創健康社區2017 Bring Better Health to Our Community

何家銘醫生 (九龍中家庭醫學及普通科門診)

由香港醫學會、香港家庭醫學學院、醫院管理局九龍中聯網伊利沙伯醫院內科及老人科部聯同家庭醫學及普通科門診部舉辦的「共創健康社區2017」活動已於二零一七年十二月三日假醫院管理局大樓圓滿舉行。

是次活動口號為「長期病患要自律，健康講座有戰術！」，主要對象是九龍城區市民。活動邀請了九龍城區議會食物環境衛生事務委員會主席勞超傑先生、香港醫學會會長蔡堅醫生、香港家庭醫學學院院長陳銘偉醫生及醫管局九龍中醫院聯網行政總監暨伊利沙伯醫院行政總監盧志遠醫生主禮。

當天活動主要有健康講座，題目為「與慢性疾病同行—心血管疾病」。醫管局九龍中聯網家庭醫學及普通科門診部副顧問醫生何家銘醫生為大家分享了一個退休人士發現及面對慢性疾病的故事，從而讓參加者了解如何預防及處理慢性疾病。另外，伊利沙伯醫院內科及老人科部副顧問醫生暨心臟科專科醫生徐城烽醫生亦講解了冠心病的預防治理、基本急救常識及自動除顫器 (Automated External Defibrillator-AED) 的使用。而伊利沙伯醫院營養部英國註冊營養師許慧嫻小姐亦與大家分享慢性病飲食的注意及健康飲食小撇步。

健康講座後，我們會為市民作免費即場體檢，包括量度血壓、檢查血糖水平、檢驗尿蛋白及量度身高體重指標。體檢後，還有義工醫生為市民作免費醫學諮詢，講解身體檢查結果。義工醫生會跟據市民的性別、吸煙狀況、血糖及血壓水平評估他們患心血管疾病的風險。活動當日，亦有市民因體檢才發現有機會患有高血壓或糖尿病，醫生們便會建議他們健康飲食及盡快到家庭醫生作出跟進。

「共創健康社區2017」活動共有約一百名市民參與。活動得以順利完成，除了要多謝各主辦機構的秘書義工、護士義工及醫生義工外，還要感謝浸會醫院的護士義工、伊利沙伯醫院普通科護士學校護士學生義工及醫療輔助隊少年團的參與。



醫管局九龍中聯網家庭醫學及普通科門診部



(由左至右)醫管局九龍中聯網基層醫療總監暨聖母醫院行政總監黃德祥醫生、香港醫學會會長蔡堅醫生、九龍城區議會食物環境衛生事務委員會主席勞超傑先生、醫管局九龍中醫院聯網行政總監暨伊利沙伯醫院行政總監盧志遠醫生、香港家庭醫學學院院長陳銘偉醫生、伊利沙伯醫院內科及老人科部顧問醫生陳鑑添醫生、九龍中聯網家庭醫學及普通科門診部主管陳景康醫生



「與慢性疾病同行—心血管疾病」健康講座



九龍中聯網家庭醫學及普通科門診部副顧問醫生何家銘醫生



伊利沙伯醫院內科及老人科部副顧問醫生暨心臟科專科醫生徐城烽醫生



伊利沙伯醫院營養部英國註冊營養師許慧嫻小姐



義工護士為市民作即場體檢



義工護士為市民作即場體檢



義工醫生為市民作免費醫學諮詢



香港醫學會醫生們及陳景康醫生



香港家庭醫學學院秘書及九龍中聯網家庭醫學及普通科門診部秘書



醫療輔助隊少年團



浸會醫院護士義工、伊拉沙伯醫院普通科護士學校學生義工及九龍中聯網家庭醫學及普通科門診部護士義工



「共創健康社區2017」大合照

Think Multi-disciplinary

The Hong Kong College of Family Physicians has collaborated with the Primary Care Office, Department of Health, in launching a series of chronic disease management courses in the recent 3 years. This year, the focus is on multi-disciplinary team care. On 3rd and 17th January 2018, Dr. Innes Wan spoke on 'Managing Depression in Primary Care Setting and the Integrated Mental Health Programme (IMHP)', and Prof. Cindy Lam spoke on 'Modern Day Management of Diabetes Mellitus in Primary Care' respectively.

In the first seminar, Dr. Wan shared with us some updates on managing depression in primary care and some useful community resources on psychological care for suitable patients. She also introduced the IMHP that run in the general out-patient clinics in the Hospital Authority. This programme has been implemented since 2010 in all the clusters serving patients with anxiety and/or depression. This is a protocol-driven, care manager based programme. Specific tools, like the PHQ-9, GAD-7 are used to risk-stratify patients, and monitor the treatment progress for patients. Patients with lower risks are managed by care manager (nurses) who could offer low-intensity psychological intervention like behavior activations, those with higher risk will be managed by the family medicine specialists and suitable anti-depressants could be prescribed. Patients would also be supported by clinical psychologists for higher intensity psychological treatment if deemed appropriate. If necessary, psychiatrist could offer specialist advices via case conference sessions too. Majority of the IMHP patients could be successfully managed in the primary care level, without the need to be referred to the secondary level, and discharged from the programme, with high rate of remission / recovery even at 1 year after discharge.

In the second seminar, Prof. Cindy Lam shared another programme run in the general out-patient clinics too, the Risk Assessment Management Programme (RAMP), for their diabetic patients. This is a chronic disease management programme introduced to address the complex needs of the diabetic patients so that improved standard of care could be offered. The patients were also stratified according to their cardio-vascular risk, and managed accordingly by nurses as care manager, GOPC doctors, and FM specialists respectively. Different multi-disciplinary team members including dietitians, podiatrists, physiotherapists are called to offer their own expertise areas accordingly if needed. Optometrist will also help in taking retino-photo as part of the comprehensive

diabetic complication screening. Prof. Lam's team has done a 5 year effectiveness study on this RAMP service and concluded that with such a multi-disciplinary team care approach, the RAMP has resulted in significant improvement in the blood glucose, blood pressure, and lipid control comparing with usual GOPC care. They have also shown that the RAMP can reduce 5-year mortality by 56%, and reduce any DM complication by 40%, and cardio-vascular disease by 49%! The NNT, number needed to treat, for the RAMP to save 1 life was just an amazing figure of 7! Prof. Lam concluded that the RAMP can be cost-saving from reduced specialist and hospital services.

These newer multi-disciplinary programmes, no doubt have brought significant health benefits to the patients being cared in the public sector. In the public sector, community health centres, CHCs, have been set and being developed. These CHCs feature multi-disciplinary team care approach in addressing the complex needs of their patients especially the chronic patients. However, how about the private sector?

Mrs. Carrie Lam, in her maiden Policy Address, in October 2017, recapitulated the importance of primary care. According to the Policy Address, Mrs. Lam has asked the Food and Health Bureau to set up a district health centre with a brand new operation mode in Kwai Tsing District within two years. This centre will be exploring new models of care and providing support for the chronically ill as well as relieving the pressure on specialist and hospital services will be one important element. I am sure a multi-disciplinary team service will be made available so that primary care doctors in the community could refer suitable patients for a one-stop services there. These patients will be referred back to the referring doctors for continuity of care upon completion of targeted services in the district health centre. By that time, we could refer patients there for a time limited psychological treatment, assessment for dementia or a comprehensive disease complication screening, etc.

Hence, we should start to think multi-disciplinary now in our care for our chronic patients! In the interim, perhaps we could try to explore our local community to see what services are available by the NGOs, non-government organizations that offer similar services. Indeed, there are quite a lot, scattered around, waiting for us to refer our patients.

Compiled by Dr Chan Chung Yuk, Alvin

Meeting Highlights

Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017-2018

The 1st and 2nd sessions of the Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2017-2018 co-organized with the Primary Care Office of the Department of Health were held on 3 January and 17 January respectively.

Dr. Wan Kwong Yu, Inness, Specialist in Family Medicine, delivered a lecture on "Managing Depression in Primary Care Setting and the Integrated Mental Health Programme (IMHP)" on 3 January 2018.



Dr. Alvin Chan (right, Moderator) and Dr. Stephen Foo (left, Censor) presenting a souvenir to Dr. Inness Wan (middle, Speaker) during the lecture on 3 January 2018.

Interest Group in Dermatology

Dr. Lee Tze Yuen, Specialist in Dermatology and Venereology, delivered a lecture on "Is it really dermatitis?" on 6 January 2018.



Dr. Au Chi Lap (right, Moderator), presenting a souvenir to Dr. Lee Tze Yuen (left, Speaker) during the lecture on 6 January 2018.

Dr. Luk Kam Hung (left, PCO representative) and Dr. Aster Lau (right, Moderator) presenting a souvenir to Prof. Cindy Lam (middle, Speaker) during the lecture on 17 January 2018.



Prof. Lam Lo Kuen, Cindy, Danny D B Ho Professor in Family Medicine and Head, Department of Family Medicine and Primary Care, the University of Hong Kong, delivered a lecture on "Modern Day Management of Diabetes Mellitus in Primary Care" on 17 January 2018.

Certificate Course in Practice Management

The 1st session of the Certificate Course on Practice Management was held on 6 January 2018. Dr. Foo Kam So, Stephen, Specialist in Family Medicine, delivered a lecture on "Physical Setting and Insurance".



Dr. Ho Ka Ming (right, Moderator), presenting a souvenir to Dr. Stephen Foo (left, Speaker) during the lecture on 6 January 2018.

Dinner Symposium on 8 January 2018

Dr. Andrew McIvor, Professor of Medicine, McMaster University, Canada, delivered a lecture on "Pragmatic Update in the Diagnosis and Management of COPD" on 8 January 2018.



Dr. Tse Sut Yee (left, Moderator), Dr. Mary Kwong (right, Council Member) presenting a souvenir to Dr. Andrew McIvor (middle, Speaker) during the lecture on 8 January 2018.

CME Lecture on 16 January 2018

Dr. Peter Chun-Yip Tong, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "Prescription of Insulin Therapy in a Primary Clinic" on 16 January 2018.



Dr. Robert Tsui (left, Moderator), Dr. Mary Kwong (right, Council Member) presenting a souvenir to Dr. Peter Tong (middle, Speaker) during the symposium on 16 January 2018.

Training Course on Dementia Care with Medical-social Collaboration for Primary Care Doctors

The 1st session of the Training Course on Dementia Care with Medical-social Collaboration for Primary Care Doctors was held on 14 January 2018.



Dr. Mark Chan (left, Moderator), Dr. Mary Kwong (right, Council Member) presenting a souvenir to Dr. David Dai (middle, Speaker) during the lecture on 14 January 2018.

Advanced Primary Care Life Support (APCLS) Instructor Training Workshop

A P C L S Instructor Training Workshop was held on 20 January 2018.



Dr. David Chan (left, Chairman of CPR Subcom) presenting a souvenir to Dr. Leung Chin San (right, Speaker) during the workshop on 20 January 2018.

The HKCFP Award for the Best Research of 2017

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2017. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2018.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to CrystalYung@hkcfp.org.hk

DEADLINE OF SUBMISSION: 30th April, 2018

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2018

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30th April, 2018**. Late applications will not be accepted.
4. Applications can be either sent:
By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to CrystalYung@hkcfp.org.hk

Supported by HKCFP Foundation Fund

Interest Group in Mental Health & Psychiatry in Primary Care The 57th Meeting on 2nd December 2017

Dr. Chan Suen Ho, Mark (Co-ordinator), Board of Education

The 57th Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 2nd Dec 2017, Dr. Fok Peter Anthony, Specialist in Family Medicine, was the speaker.

Topic : Motivational Interviewing in Family Medicine

Attendance : 23

The Speaker : Dr. Fok Peter Anthony is a Member of Motivational Interviewing Network of Trainers (MINT). MINT is an international organization of trainers in motivational interviewing. It was started in 1997 by a small group of trainers trained by William R. Miller and Stephen Rollnick. Dr. Fok graduated from The University of Hong Kong, trained and obtained his fellowship in HKAM (Family Medicine). Dr. Fok is an Associate Consultant in Family Medicine in public sector.

affirmation, reflection and summary) that can help us engage with patients. Besides micro-skills, Elicit-Provide-Elicit (EPE) can also help us while delivering information to patients. Another concept in MI is about Change Talk and Sustain Talk, future sharing sessions may be arranged if others are interested.



Dr. Mark Chan (Coordinator, left), and Dr. Fok Peter Anthony (Speaker, right)

Learning points prepared by Dr. Fok Peter Anthony

During Day to Day practice, we face patients who need CHANGES involving drug compliance, diet, exercise, weight reduction, smoking cessation etc. As a doctor, we usually will have an instinct of giving 'Righting Reflex' which may not be successful in helping them change. Motivational interviewing (MI) is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion. There are 4 processes of MI which involve engaging, focusing, evoking and planning. There are 4 micro-skills (open questions,

Next Meeting

Due to the tight booking schedule of the College Wan Chai premises, the next (58th) mental health meeting will be held on 7th April 2018, which will be a conjoint meeting with the Interest Group in Medical Humanities. Dr. Chris Lum, Consultant in Geriatrics of Hospital Authority will be the speaker. The topic will be on "The Humanity Aspect in Geriatric Mental Health Care".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our Secretary at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefited from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.

Classified Advertisements

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to hr@evanhosp.org.hk

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2018

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Supervisors** : **Dr. Chan Chi Wai**
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2018
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$3,400 (Whole course)
 HK\$950 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Registration form is available at College website: http://www.hkcfp.org.hk/pages_9_463.html.
 Please return the completed application and the cheque to the Secretariat for processing. Please call the College Secretariat, Ms. Teresa Liu or Ms. Windy Lau, at 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** : **Post-AEC training course (optional)** will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2018 Timetable for Workshop

Date	Topics	Venue
21 April 2018 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
12 May 2018 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
16 June 2018 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
21 July 2018 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
25 August 2018 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
6 October 2018 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2018

As required by the Royal Australian College of General Practitioners (RACGP), CPR training course needs to have advance component on airway management, neck support and automated external defibrillation (AED) on top of basic life support. In order to align with our Sister College [RACGP] and in achievement of reciprocal recognition in Conjoint Fellowship Examination and Quality Assurance Certificate, the CPR Subcommittee of the Board of Education is pleased to announce that an enhanced CPR course, the Advanced Primary Care Life Support (APCLS) has been launched in 2017.

APCLS course materials have been endorsed by HKCFP Council in 2015 and the Resuscitation Council of Hong Kong (RCHK) in 2016. The course aims to widen the scope of our existing CPR training course by adding several important elements: use of automated external defibrillator (AED), use of airways adjuncts and dealing with initial trauma care through use of neck support.

TWO APCLS Training and Examination Workshops will be held in 2018 (**24-25 February 2018, 24-25 March 2018**).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2018 Conjoint Examination are strongly advised to register in our APCLS session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2018 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and **also** at the time of Clinical Examination. HKCFP CPR / APCLS certificates are valid for 2 years.

2nd Announcement: February College News

24 - 25 February 2018 / 24-25 March 2018
Saturday and Sunday

APCLS Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. Advanced Primary Care Life Support-Principles and Techniques 2. Advances in CPR and Use of Automated External Defibrillator (AED) 3. Use of Airway Insertion and Cervical Injury Management 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP APCLS Instructors
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing the APCLS Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	40 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$900.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with valid CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$500.00

All cheques should be made payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Applicant please fill in the registration form available from College website: http://www.hkcfp.org.hk/pages_9_463.html. Successful candidates will be awarded an APCLS Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Katie Lam at 2871 8899 for registration on/ before **20 February 2018 (Tuesday) for February session** and **16 March 2018 (Friday) for March session**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint Examination application deadline: 11 April 2018

*** REMARKS:** 1.) You are not allowed to take the APCLS training workshop and examination during your pregnancy. 2.) Priority will be given to candidates, who have applied 2018 Conjoint HKCFP/RACGP Fellowship Examination and the Diploma of Family Medicine Examination (2017-18).

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

3 March 2018 **Saturday**

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	Cutaneous Manifestations in Spondyloarthritis
Speaker	Dr. Sung Chi Keung Specialist in Rheumatology
Co-ordinator & Chairman	Dr. Lam Wing Wo The Hong Kong College of Family Physicians
Time	1:00 p.m. - 2:00 p.m. Lunch 2:00 p.m. - 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Admission Fee	Members Non - members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
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All fees received are non-refundable and non-transferable.

Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
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Register Online

Language: Lecture will be conducted in English and Cantonese.

Registration: **Registration will be first come first served. Please reserve your seat as soon as possible.**

Note: **Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.**

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Novartis Pharmaceuticals (HK) Ltd

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
1 March 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Allied Health Services For RAMP HT/DM Patients Dr. Leung Hor Yee & Dr. Tsui Sau In	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Erectile Dysfunction – Assessment And Management Dr. Yuen Chi Hang, Steven	Ms W L Kwong Tel: 2595 6941
7 March 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Introduction to Epidemiology and Importance to Public Health Prof. Shelly Tse	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	Sb1034, 1/F, Special Block, Tuen Mun Hospital	Emergency Management of Common Home Accidents Dr. Lam Kang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Family Life Cycle And Patient's Illness Behavior Dr. Lee Shek Hang, Henry & Dr. Chang Hsu Wei	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Updates In Methods Of Contraception Dr. Sophie Yung	Ms Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Introduction To LAP Dr. Leung Shuk Yun	Ms. Carmen Kwong Tel: 2632 4371
8 March 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Role Of Alternative Medicine Dr. Chan Yin Yue & Dr. Wong Man Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Overview Of Dietary Supplement Dr. Fong Pak Yiu, Hugo	Ms W L Kwong Tel: 2595 6941
14 March 18 (Wed)			
2:00 – 5:00 p.m.	Seminar Room, G/F, Block A, Queen Elizabeth Hospital	Update Of Management Of LUTS Dr. Chiu Ho Ching & Dr. Lee Wing Lam	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	Sb1034, 1/F, Special Block, Tuen Mun Hospital	Post-Registration Training Of Family Medicine In Hong Kong And Singapore Dr. Wang Amy Yang	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Evidence-Based Medicine Dr. Wong Chung Ming, Tom & Dr. Ma Yuen Ying, Tammy	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-Function Room, NAHC Clinic, G/F, Tsan Yuk Hospital	Introduction Of The Integrated Community Centre For Mental Wellness By Fu Hong Society Ms. Peony Leung	Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Community Resources For Chronic Disease Dr. Shen Yu Wei, Teresa	Ms. Carmen Kwong Tel: 2632 4371
15 March 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Assessment And Emergency Management Of The Acutely Agitated Or Violent Adult Dr. Ho Chung Yu & Dr. Hung Chi Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Allied Health Talk – A Talk By Audiologist On How To Interpret Audiogram Dr. Leung Cheuk Wing	Ms W L Kwong Tel: 2595 6941
21 March 18 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yaumeti General Out-Patient Clinics	Origin & Development Of FM In HK & Overseas Dr. Chuang Chi Kit & Dr. Wong Kai Hei	Ms Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	Sb1034, 1/F, Special Block, Tuen Mun Hospital	Community Health Centre Run By FM Dr. Kum Chung Hang & Dr. Chong Kok Hung	Ms Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Personal Data Ordinance Dr. Hui Yuk Ting, Candy & Dr. Lim Martina	Ms Polly Tai Tel: 3949 3430
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Anxiety And OCD Dr. Chen Liu Jing, Mira & Dr. Chiang Valerie	Ms Carmen Kwong Tel: 2632 4371
22 March 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Procedures In Primary Care Clinics & Future Development Dr. Feng Longyin & Dr. Tam Kit Ping	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Role Of Nurse And Allied Health Professionals In Health Care Delivery System Dr. Chan Wei Kwan, Rita	Ms W L Kwong Tel: 2595 6941
28 March 18 (Wed)			
2:00 – 5:00 p.m.	Room 7, 8/F, Yaumeti General Out-Patient Clinics	Consultation Enhancement (Physical Examination And Video Consultation) Dr. Wong Ching Keung & Dr. Chan Kiu Pak, Kilpatrick	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	Sb1034, 1/F, Special Block, Tuen Mun Hospital	Common Sport-Related Injury In Primary Care (Wrist And Hand, Foot And Ankle; Traumatic / Overuse) Dr. Lam Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Common Symptoms In ENT Dr. Suen Gee Kwang, Victoria & Dr. Wong Yu Man, Tracy	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	The Current Guidelines In Cancers Screening Dr. P L Tsang	Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince Of Wales Hospital	Medical Legal Case Review Dr. Kong Ka Ming, Andrew	Ms. Carmen Kwong Tel: 2632 4371
29 March 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Experience Sharing Of Conducting A Clinical Audit Dr. Cheuk Tat Sang & Dr. Ho Tsz Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Personal Data Ordinance Dr. Choi Sze Wai, Michelle	Ms W L Kwong Tel: 2595 6941

香港家庭醫學學院

全人恭賀



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Feb	19	20	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme	23 2:30 – 3:30 p.m. Video Session	24 2:00 – 6:00 p.m. APCLS Training Workshop
25 2:00 – 6:00 p.m. APCLS Examination	26	27 9:00 p.m. Board of Conjoint Exam Meeting Board of DFM Meeting	28 2:15 – 7:30 p.m. Structured Education Programme	1 Mar 2:15 – 7:00 p.m. Structured Education Programme	2	3 1:00 – 4:00 p.m. Interest Group in Dermatology 2:30 – 5:30 p.m. DFM Module III Anticipatory Care
4 1:00 – 4:30p.m. Update on Primary Care Management of GERD	5	6	7 2:15 – 7:30 p.m. Structured Education Programme	8 2:15 – 7:00 p.m. Structured Education Programme	9	10 2:00 – 4:00 p.m. Board of Education Interest Group in Chronic Diseases & Geriatric
11	12	13	14 2:15 – 7:30 p.m. Structured Education Programme	15 1:00 – 3:30p.m. CME Lecture 2:15 – 7:00 p.m. Structured Education Programme	16	17 2:30 – 5:30 p.m. DFM Pre-Exam Workshop I 2:30 – 4:30 p.m. Certificate Course on Practice Management
18 1:00 – 4:30p.m. CME Lecture	19	20 8:30 p.m. HKCFP Council Meeting	21 2:15 – 7:30 p.m. Structured Education Programme	22 2:15 – 7:00 p.m. Structured Education Programme	23	24 2:00 – 6:00 p.m. APCLS Training Workshop
25 2:00 – 6:00 p.m. APCLS Examination	26	27	28 2:15 – 7:30 p.m. Structured Education Programme	29 2:15 – 7:00 p.m. Structured Education Programme	30	31

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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