

Workshop 1

Jaw Pain - Temporomandibular Joint Dysfunction



Dr. Andrew MW WAI

MBBS (HK), MMedSc (HK), MMed (DR) NUS, FRCR, FHKCR, FHKAM (Radiology)

Specialist in Radiology

Dr. Andrew Wai is a medical graduate of the University of Hong Kong. He completed his residency and radiology fellowship training at the Queen Elizabeth Hospital. During which time he underwent research fellowship in musculoskeletal radiology at the Thomas Jefferson University (USA).

Since then, he also completed clinical fellowships in MRI in the University College of London (UK), as well as in PET-CT, PET-MRI and functional imaging at the University Hospital of Zurich (Switzerland) respectively.

He was previously a consultant radiologist at the Union Hospital and the Adventist Hospital Group. He is currently working at the Dr. Roentgen & Partners Medical Imaging in Central.

Dr. Wai specializes in musculoskeletal, sports and biomechanics imaging. He regularly delivers lectures and workshops to family physicians, sports physicians, radiologists and orthopaedic surgeons.



Dr. Miko CM LO

BDS (HKU), FRACDS, MOMS (Edin), FCDSHK (Oral and Maxillofacial Surgery), FHKAM (Dental surgery)

Specialist in Oral & Maxillofacial Surgery

Dr. Lo graduated from the University of Hong Kong with a Bachelor of Dental Surgery. She is the fellow of College of Dental Surgeon of Hong Kong and a specialist in Oral and Maxillofacial Surgery. She also obtained Fellowship of the Royal Australian College of Dental Surgeons and Membership in Oral and Maxillofacial Surgery of Royal College of Surgeons (Edinburgh). Currently, she is the Senior Dental Officer in Prince of Wales Hospital and provides care to patients with TMJ problems.



Mr. Chris CH CHAN

PDPT MSPT OCS MCPA

Director of APS Physiotherapy and Sports Clinic

Chris graduated from Hong Kong Polytechnic University (HKPolyU) in 1989. He qualified as an "Orthopedic Clinical Specialist" by APTA and obtained his master's degree in 2001 in USA. He was employed by the HKPolyU as assistant manager in the Rehabilitation clinic in 2003 and worked as the Deputy Director in the Sports Unit of Rehabilitation Clinic in HKPolyU in 2009. In 2010, Chris was employed by the Guangdong Sports institute to help the Chinese elite competitors in preparation for the 2012 London Olympic Games and 2013 China Games.

Chris has operated his Central clinic since 2011 and established the MotionMetrix and Sports institute in 2019.



Ms. Ida F LAM

MSc Exercise Science (CUHK)

Physiotherapist

Ms. Ida LAM is a registered physiotherapist with a Master degree on Exercise Science in CUHK. She has a keen interest in exercise industry and attained qualifications in clinical Pilates, personal training and aqua fitness. She served various specialties in public hospital for over 10 years and is now working in private.

Have you ever seen any patient presenting with jaw pain? Do you know how to properly examine the temporomandibular joint (TMJ)? What types of disorder could happen in this joint and what should be the management?

Jaw pain is a common presenting symptom in the primary care setting, both in the medical and dental offices. However, the commonest cause – Temporomandibular Joint Dysfunction (TMD) may not be familiar to some frontline health care workers. Although not life-threatening, TMD can be detrimental to the quality of life particularly when it becomes chronic and difficult to treat.

Apart from pharmacological treatment, do you know how to teach your TMD patients to do jaw exercise? Do you know how to perform close reduction on a dislocated TMJ? Are there any intervention or surgery for difficult cases? How to investigate on a suspected TMD? There are many different imaging modalities for the TMJ. But sometimes just a simple ultrasound can already give you very helpful information instantly at your clinic. Do you know how to do it?

By attending this workshop, you will have answers to all these queries. You will have a better understanding on how to manage TMD. Moreover, there will be live demonstration on using ultrasound to assess the TMJ and you may even try it! Interesting cases of TMD will also be shared by our expert panel of speakers. So, don't miss this excellent chance. Come and join us. Reserve your seat early! See you by then.