It gives me immense pleasure to invite you on behalf of the Hong Kong College of Family Physicians and 2016 HKPCC Organizing Committee to the 6th Hong Kong Primary Care Conference scheduled on June 4th - 5th 2016 at the Hong Kong Academy of Medicine Jockey Club Building, Hong Kong.

Based on its continuing success, this annual event has become a hallmark in bringing together local and international experts, health care providers including family physicians, nurses and allied health professionals to promote collaborative and networking opportunities in addressing present and future challenges in primary care.

“A Flourishing Community – Our Vision in Primary Care”. This year’s thought provoking theme will stimulate us to transcend beyond keeping individuals and the community healthy, to embark on the challenge of fulfilling the motto “A Life Worth Living” leading to a community that flourish. As the foundation of the 21st century health systems must be more than ever be focused in primary health care, how should we envision to reach this inspiring goal?

Aside from offering an exciting array of plenary sessions, workshops, seminars and discussion forum, this conference will continue its well-received competitions in research paper, oral, poster and clinical case presentations.

I welcome you all to yet another inspiring, educational and rewarding experience in this coming conference.

Dr. Lorna NG
Chairman, Organizing Committee
Hong Kong Primary Care Conference 2016
# Conference Information

**Date:** 4-5 June 2016 (Saturday-Sunday)

**Venue:** Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

**Official Language:** English

**Academic Accreditation:** Applications are in progress and details will be announced later.

**Organizer:** The Hong Kong College of Family Physicians

**Conference Secretariat:**
- **General:**
  - Ms. Crystal Yung / Ms. Erica So
- **Registration:**
  - Ms. Cherry Chan / Ms. Natalie Ho
- **Scientific and QA Accreditation:**
  - Ms. Crystal Yung / Ms. Wing Yeung
- **Exhibition & Advertisement:**
  - Ms. Teresa Liu
- **Publication:**
  - Ms. Carmen Tong / Ms. Natalie Ho

**Contact Details:**
- Tel No.: (852) 2871 8899
- Fax No.: (852) 2866 0616
- Email: hkpcc@hkcfp.org.hk
### Scientific Programme at-a-glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Date</th>
<th>4 June 2016 (Saturday)</th>
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<tbody>
<tr>
<td>14:00 - 15:00</td>
<td></td>
<td>Registration and Welcome Drinks</td>
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<tr>
<td>15:00 - 15:30</td>
<td></td>
<td>Opening Ceremony</td>
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<tr>
<td>15:30 - 16:05</td>
<td></td>
<td>Plenary I <em>(delivered by Prof. Michael Kidd)</em></td>
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<tr>
<td>16:05 - 16:40</td>
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<td>Plenary II <em>(delivered by Prof. Sophia Chan)</em></td>
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<tr>
<td>16:40 - 17:00</td>
<td></td>
<td>Coffee Break and Poster Presentation - Part 1 #</td>
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<tr>
<td>17:00 - 18:30</td>
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<td>GP with Specific Interest (MSK) / Seminar A / Clinical Updates on the Management of Anxiety Disorder / Discussion Forum Multidisciplinary Approach to Cancer Rehabilitation / Workshop 1 Insulin Use in the Primary Care</td>
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<tr>
<td>18:30 - 21:00</td>
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<td>Dinner Symposium</td>
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<tr>
<th>Time</th>
<th>Date</th>
<th>5 June 2016 (Sunday)</th>
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<tbody>
<tr>
<td>08:15 - 09:00</td>
<td></td>
<td>Registration</td>
</tr>
<tr>
<td>09:00 - 10:15</td>
<td></td>
<td>Workshop 2 Wound Care / Seminar B Dietary Approach to Management of Common Conditions in Primary Care / Free Paper - Oral Presentation Part 1 # / Clinical Case Presentation Competition</td>
</tr>
<tr>
<td>10:15 - 10:35</td>
<td></td>
<td>Coffee Break and Poster Presentation - Part 2 #</td>
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<tr>
<td>11:50 - 12:30</td>
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<td>Plenary III <em>(delivered by Prof. Lam Tai Pong)</em></td>
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<tr>
<td>12:30 - 14:00</td>
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<td>Lunch Symposium</td>
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*Active CME/CPD points will be accredited to presenters.*

### Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.
**REGISTRATION FORM**

**A) Conference Registration**
- Registration to the conference is required.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Workshop</th>
<th>Member</th>
<th>Non-member</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 June (Sat)</td>
<td>17:00 – 18:30</td>
<td>Workshop 1: Insulin Use in the Primary Care</td>
<td>HK$250</td>
<td>HK$450</td>
</tr>
<tr>
<td>5 June (Sun)</td>
<td>09:00 – 10:15</td>
<td>Workshop 2: Wound Care</td>
<td>HK$250</td>
<td>HK$450</td>
</tr>
<tr>
<td></td>
<td>10:35 – 11:50</td>
<td>Workshop 3: Clinical Leadership</td>
<td>HK$250</td>
<td>HK$450</td>
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</table>

**COMPLIMENTARY SYMPOSIA**
(Please tick as appropriate.)

- [ ] Dinner symposium on 4 June (Sat)
- [ ] Lunch symposium on 5 June (Sun)

**COMPLIMENTARY TRANSPORTATION**
(Please tick as appropriate.)

- [ ] Admiralty ➔ HKAM: 14:00
- [ ] HKAM ➔ Admiralty: 21:15
- [ ] Admiralty ➔ HKAM: 08:15

**PAYMENT METHOD**

Please send completed registration form with crossed cheque(s) payable to “HKCFP Education Ltd” to the Conference Secretariat.
Please use SEPARATE cheques for payment of membership fees (if applicable), conference and workshop(s) registration fees.

**CONFERENCE SECRETARIAT**

- **Registration:** Ms. Cherry Chan / Ms. Natalie Ho
- **Tel:** (852) 2871 8899
- **Fax:** (852) 2866 0616
- **Email:** hkpcc@hkcfp.org.hk
- **CME / CNE:** Ms. Crystal Yung / Ms. Wing Yeung
- **Others:** Ms. Erica So / Ms. Teresa Liu / Ms. Carmen Tong
- **Address:** HKCFP, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
We cordially invite your participation in the Full Paper Competition of the HKPCC 2016. The Competition is a long-standing tradition of HKCFP for promoting and recognizing well-designed, innovative research, which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

**AWARDS**

*Best Research Paper Award*

*Best Trainee Research Paper Award*

The HKPCC 2016 Organizing Committee will invite renowned scholars as judges to review the participating papers. Each awardee will be presented **HK$1,000 cash prize** and a **certificate** at the opening ceremony of the HKPCC 2016.

**ELIGIBILITY AND AUTHOR GUIDELINES**

To be eligible for participation in the Full Paper Competition, the first author of the paper must meet **ALL of the following conditions:**

1. The author must be a member of the HKCFP and register at the Conference;
2. The author completes the majority of the research and writing for the paper;
3. The author has not used the paper to apply for other awards.

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain 2,000 - 3,000 words, organized as **INTRODUCTION, METHODOLOGY, RESULTS and DISCUSSION**. It should consist of no more than 5 illustrations (tables/figures). Only electronic versions are accepted. The full paper should be typed in 12 point size in Microsoft Word format.

For **Best Trainee Research Paper Award**, additional eligibility applies:

1. The first author must be a trainee of HKCFP or within 3 years of completion of vocational training;
2. For higher trainees who are submitting their Exit Examination research project for this Competition, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.
AWARD SELECTION CRITERION
Each paper will be evaluated against the following criteria:
(1) Academic rigor of the paper (e.g. originality, methodology, organization and presentation).
(2) Relevance and impact to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

HOW TO SUBMIT
Please download the Full Paper Submission Form from College’s Website http://www.hkcfp.org.hk.

By Email – Attach the full paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk. All entries will be acknowledged on receipt.

For enquiry, please do not hesitate to contact our conference secretariat, Ms. Carmen Tong or Ms. Wing Yeung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

SUBMISSION DEADLINE
31 March 2016 (Thursday) for Best Research Paper Award
15 April 2016 (Friday) for Best Trainee Research Paper Award

“We look forward to receiving your research articles!”
Free Paper Competition

Apart from the Full Paper Competition, we also have the Free Paper Competition which sees many pioneering research ideas, pilot studies and thought provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL** presentation or **POSTER** presentation. We look forward to your active participation in the Free Paper Competition.

**AWARDS**
Best Oral Presentation Award.
Best Poster Presentation Award.
Both the winners will receive HK$1,000 cash prize and a certificate.

**Author Guidelines**

- The presentation of the free paper can be in the form of **ORAL** presentation or **POSTER** presentation. (The details of oral or poster presentation will be announced later.)
- Electronic version is preferred for abstracts. Abstract should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will NOT be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- Authors’ full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in English. All accepted abstracts must be presented in English.
ELIGIBILITY REQUIREMENTS
To be eligible for participation in the free paper presentation, the first author of the paper must meet ALL of the following conditions:

1. The author must register at the Conference;
2. The author completes the majority of the research and writing for the paper;
3. The author has not used the paper to apply for other awards;
4. The Organizing Committee will have the right of final decision on the acceptance of an abstract;
5. Only ONE designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the conference.

AWARD SELECTION CRITERIA
For the Best Oral Presentation Award, each oral presentation will be evaluated against the following criteria:

1. Quality and thoroughness of research methods used to generate findings;
2. Quality of visual presentation if applied;
3. Relevance, innovation and impact to primary care.

For the Best Poster Presentation Award, each poster will be evaluated against the following criteria:

1. Quality of visual presentation (poster layout);
2. Quality and thoroughness of research methods used to generate findings;
3. Relevance, innovation and impact to primary care.

HOW TO SUBMIT
Please download the Abstract Submission Form from College’s Website http://www.hkcfp.org.hk.

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to hkpcc@hkcfp.org.hk. All entries will be acknowledged on receipt.

For enquiry, please do not hesitate to contact our conference secretariat, Ms. Carmen Tong or Ms. Wing Yeung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

SUBMISSION DEADLINE
31 March 2016 (Thursday)
Clinical Case Competition

Following the success of the Clinical Case Presentation/Competition in past HKPCCs since 2012, the Organizing Committee of the upcoming Hong Kong Primary Care Conference is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the Presentation are listed as below. We look forward to your active participation in the Clinical Case Presentation.

COMPETITION OUTLINE
(1) Target participants: Doctors, nurses, physiotherapists, clinical psychologist, occupational therapists, dietitians, podiatrists and any other allied health professionals.
(2) Presentation materials: Any kinds of clinical cases relevant to primary care.
(3) Presentation format: In the form of individual presentation, role-play, drama or any other possible format for 15 minutes. Either individual or group presentation with up to 5 people per group is accepted.
(4) The Organizing Committee has the right for final decision on acceptance of the cases for the presentation.

AWARDS
CPD / CME points will be granted to all speakers and group members.
The Best Presentation Award winner will receive HK$1,000 cash prize and a certificate.

ELIGIBILITY REQUIREMENTS
To be eligible for participation in the Clinical Case Presentation Competition, the presenter must meet ALL the following conditions:
(1) The presenter must register at the Conference.
(2) The presentation should be the original work of the participants.
(3) The candidates should have submitted their presentation proposals prior to the Conference.

AWARD SELECTION CRITERIA
Each presentation proposal should state the theme, and outline of presentation, format (e.g. role-play, drama, video), language and rundown.
Each presentation will be evaluated against the following criteria -
(1) Quality of presentation.
(2) Content of presentation: Relevance and impact to primary care, presentation skills and time management, enhancement to patient care in daily practice and useful take home message.
HOW TO SUBMIT
- The entry should be submitted together with presentation proposal and the completed entry form (downloadable from College website http://www.hkcfp.org.hk), and emailed to “hkpcc@hkcfp.org.hk”. All entries will be acknowledged on receipt.
- The presentation material should be submitted prior to the Conference on or before 20 May 2016 (Friday).
- If you have any questions concerning the “Clinical Case Presentation”, please contact our conference secretariat, Ms. Carmen Tong or Ms. Wing Yeung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

<table>
<thead>
<tr>
<th>ENTRY FORM, PRESENTATION PROPOSAL SUBMISSION DEADLINE</th>
<th>8 April 2016 (Friday)</th>
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<tr>
<td>PRESENTATION MATERIAL SUBMISSION DEADLINE</td>
<td>20 May 2016 (Friday)</td>
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Organizing Committee 2016

Chairman: Dr. NG Lorna
Advisors: Dr. CHAN Ming Wai, Angus
          Dr. CHAO Vai Kiong, David
          Dr. FOO Kam So, Stephen
          Dr. LAU Ho Lim
Business Manager: Dr. CHIU Chi Fai, Billy
Scientific Subcommittee-
  - Scientific Subcommittee Chair: Dr. CHEN Xiao Rui, Catherine
  - Scientific Coordinators: Dr. CHIANG Lap Kin
                          Dr. FUNG Siu Cheung, Colman
  - Poster Presentation Coordinator: Dr. KWAN Wing Yan, Wendy
  - Clinical Case Presentation Coordinators: Dr. FOO Bong Yin, Kevin
                                      Dr. KWAN Yu
Publication Subcommittee-
  - Publication Coordinators: Dr. LEUNG Cheuk Wing, Vienna
                            Dr. LO Sze Mon, Dana
  - Publication Subcommittee Members: Dr. AU Tai Kwan, Eva
                                      Dr. CHENG Hei Wan, Lian
Members: Dr. SIT Wing Shan, Regina
          Dr. WONG Chi Wai, William
Allied Health Planner: Mr. FUNG Chun Wai, Lawrence
Nurse Planners: Ms. CHONG Yuen Chun, Samantha
                Ms. LAM Choi Hing, Margaret
Merry Christmas! 2015