

# Message from the President

I attended the Policy Address Consultation Session on 3<sup>rd</sup> December 2015 chaired by Mrs. Carrie Lam, the Chief Secretary for Administration. Other than the Hong Kong Academy of Medicine, we are the only academic College invited to the consultation.

Interestingly almost one-third of Mrs. Lam's 35 years of public service was closely related to Hong Kong's medical services. She was posted to the Department of Health as its Assistant Director of Administration, tasked to implement recommendations in the Primary Health Care Report entitled Health For All by the Year 2000. It included new services like the Student Health Service and the Well Women Clinics and a new discipline in Family Medicine with the appointment of the first government consultant. No wonder she is really keen in primary healthcare.

Nowadays every country including China is orienting her healthcare policy, system and workforce towards primary healthcare services. The Government of Hong Kong SAR can make the best use of the existing structure: HKCFP as the Family Medicine Specialist College of the HKAM for training; and the Hong Kong Primary Care Directory as the Government quality assurance platform for the development of better primary healthcare in Hong Kong. Our Council has come up with the following principles and policy recommendations:-

**Manpower:** Hong Kong is severely lacking trained Family Physicians. The present primary care doctor population is ageing. Strategic manpower planning by earmarking the number of postgraduate training resident posts to Family Medicine, with dedicated resources, is essential to ensure a sustainable healthcare system. Earlier and positive exposure at undergraduate level would help to attract medical graduates to enter into this specialty addressing the need of the population. In longer term, the College supports all doctors to be vocationally trained and undertake CME to ensure quality and protect the interest of the general public.

**Primary Care Directory:** At the moment there is no prerequisite to join the Primary Care Directory (PCD). HKCFP strongly advises the Government to provide adequate resource to sponsor postgraduate training for all eligible Primary Care Doctors to upgrade their standard through Family Medicine training courses provided by HKCFP, a constituent College of HKAM or the two local Universities.

**Quality Assurance of Primary Care Doctors:** Quality assurance of primary care doctors is of prime importance. Poor quality primary care doctors can do more harm than good. An important quality assurance of Primary Care is Continuing Medical Education (CME) for all primary care doctors and HKCFP can help to assure CME programme is relevant to Primary Care.

**Government Subsidy/ Collaboration with the Private Sector:** The Primary Care Directory registration or Specialist registration should be a credential for participation in all Government Private Public Partnership schemes including the elderly health care vouchers, the subsidized vaccination and the colorectal cancer screening programme.

**Community Development:** HKCFP recommends the development of Community Health Centres/ Hubs that provide multi-disciplinary professional services to patients with chronic diseases including mental health problems and dementia in all 18 districts to serve both private and public patients.

**Preventative Care for Chronic Diseases:** There is a substantial number of undiagnosed diabetic and hypertensive patients especially among the elderly population in Hong Kong. A recent study indicates there are more than 350,000 people in Hong Kong with "undiagnosed diabetes". HKCFP recommends to add HK\$500 to the present Elderly Health Care Voucher Scheme purely for preventive care involving blood tests and clinical screening. It is absolutely essential to place a genuine priority on prevention and early intervention activities.

We had a Council election in November 2015. Dr. Lau Ho Lim was elected ipso facto as the Vice President for General Affairs. There was a ballot for the Council members. The total number of valid ballot papers were 231 and the total number of votes were 795. Congratulations to Dr. Au Chi Lap, Dr. Chan Hung Chiu,

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THE HONG KONG  
COLLEGE OF  
FAMILY PHYSICIANS



# Family Physicians Links



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## Message from the President

Dr. King Chan, Dr. Mark Chan and Dr. Gene Tsoi. As expected, the popular Dr. Chan Hung Chiu received the highest number of vote. I will certainly miss Prof. William Wong this year and he will continue to serve the Boards and Committees to his best capability. The Council will have very tedious work this year and I am extremely pleased to have a very experienced and talented team. I must thank the members and fellows who had casted their vote to make us one of the most democratic Colleges in Hong Kong.

Last but not the least I must thank Dr. David Chao and our secretaries again in organizing our annual dinner at the Hong Kong Academy of Medicine on 6<sup>th</sup> December 2015.

This year we had changed it to Sunday instead of the usual Saturday evening and this is the second time we used this venue. Our masters of ceremonies were Dr. Kathy Tsim and Dr. Matthew Luk. Quite a few songs were nostalgic and the Fabulous Three: Dr. Chan Hung Chiu, Dr. Kenny Kung and Dr. Raymond Yeung were simply superb, supreme and superior! There were over 150 guests, members and fellows having a very enjoyable evening.

Year of the Monkey is just round the corner. I wish everyone more clever and smart in their career and wealth. Happy and Prosperous Year of the Monkey!



Toasting proposed by President, Dr. Angus Chan (9<sup>th</sup> from the left) with Council Members



Council Members and College Staff

## The 38<sup>th</sup> HKCFP Annual General Meeting

Following the 38<sup>th</sup> HKCFP Annual General Meeting and the 411<sup>th</sup> Council meeting on Sunday, 06 December 2015, the following Executives and Council Members were elected:

Dr. LAU Ho Lim  
 Dr. AU Chi Lap  
 Dr. CHAN Hung Chiu  
 Dr. King CHAN  
 Dr. Mark S.H. CHAN  
 Dr. Gene W.W. TSOI

Vice-President (General Affairs)  
 Council Member  
 Council Member  
 Council Member  
 Council Member  
 Council Member

Congratulations. We extend our hearty welcome to them.

The Council would like to thank Dr. William WONG for his valuable contributions to the College in the past years.

The Composition of the Council 2015 – 2016 is as follows:

**President**

**Vice-President (Education & Examinations)**

**Vice-President (General Affairs)**

**Honorary Secretary**

**Honorary Treasurer**

**Immediate Past President**

**Council Members**

Dr. Angus MW CHAN  
 Dr. David VK CHAO  
 Dr. LAU Ho Lim  
 Dr. Billy CF CHIU  
 Dr. Quincy SM YUEN  
 Dr. Ruby SY LEE  
 Dr. Simon CL AU  
 Dr. Alvin CY CHAN  
 Dr. CHAN Hung Chiu  
 Dr. CHAN Kin Ling  
 Dr. King KH CHAN  
 Dr. Mark SH CHAN

Dr. CHAN Wing Yan  
 Dr. Daniel WS CHU  
 Dr. Mary BL KWONG  
 Dr. Tony CK LEE  
 Dr. Lorna V NG  
 Dr. NGAN Po Lun  
 Dr. Gene WW TSOI  
 Dr. Wendy WS TSUI

## Board of Censors

Prof. Cindy LK LAM (Chief Censor)  
 Dr. Stephen KS FOO  
 Prof. Donald KT LI

**Mr. Anthony WK CHOW** has been re-appointed as **Honorary Legal Advisor** and **Mr. CF CHEUNG** has been re-appointed as **Honorary Auditor**.

The Chairperson of the various Boards and Committees for 2015 – 2016 are as follows:

### Chairmen of Various Boards

**Board of Conjoint Examination**  
**Board of Diploma in Family Medicine**  
**Board of Education**  
**Board of Professional Development and Services**  
**Board of Vocational Training & Standards**  
**Editorial Board**  
**Specialty Board**

Dr. CHAN Hung Chiu  
 Dr. Simon CL AU  
 Dr. Alvin CY CHAN  
 Dr. LAU Ho Lim  
 Dr. Billy CF CHIU  
 Dr. David VK CHAO  
 Dr. Wendy WS TSUI

### Chairmen of Various Committees

**Business Manager**  
**Council Member on Duty System**  
**Education Committee (AM affairs)**  
**External Affairs**  
**Finance**  
**FP Links**  
**Hong Kong Primary Care Conference**  
**House Management**  
**Internal Affairs**  
**Membership**  
**Professional Performance**  
**Public Education**  
**Quality Assurance & Accreditation**  
**Research**  
**Web and Computer**

Dr. Mary BL KWONG  
 Dr. Tony CK LEE  
 Dr. David VK CHAO  
 Dr. Gene WW TSOI  
 Dr. Quincy SM YUEN  
 Dr. Wendy WS TSUI  
 Dr. Lorna V NG  
 Dr. Billy CF CHIU  
 Dr. David VK CHAO  
 Dr. CHAN Wing Yan  
 Dr. CHAN Kin Ling  
 Dr. NGAN Po Lun  
 Dr. King KH CHAN  
 To be confirmed  
 Dr. Mark SH CHAN

## CALL FOR NOMINATIONS – HKCFP HONORARY FELLOWSHIP 2016

Dear Members,

Nominations are called for the HKCFP award of Honorary Fellowship for 2016.

This is an award to be conferred for persons of distinction or members of the community who have rendered distinguished services, directly or indirectly, to the college or to the advancement of general / family practice. The candidate may be nominated to Council for election to Honorary Fellowship. Such election will require the unanimous vote of members of Council in January 2016 Council Meeting.

You are invited to send your suggestions together with your personal contact to President Dr. Angus Chan directly via email to [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk) by 19 January 2016 (Tuesday).

Thank you.

Dr. Billy Chiu  
 Honorary Secretary

## “Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15<sup>th</sup> January 2016 to 14<sup>th</sup> February 2016, Dr. Chan Kin Ling and Dr. Mary Kwong will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting the College Secretariat by phone: 2871 8899, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee  
Co-ordinator, CMOD System



Dr. Chan Kin Ling



Dr. Mary Kwong

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **Nov– Dec 2015**:

### Associate Membership (New Application)

Dr KWOK Yip Tung, Tony

郭業東

## Specialty Board News

### Preparatory Workshop on Practice Assessment (PA)– For 2017/2018 Exit Examinations

The Specialty Board is pleased to announce the Preparatory Workshop on Practice Assessment (PA) of Exit Examination of Vocational Training in Family Medicine. The meeting will give participants an insight on preparing for Practice Assessment (PA) Segment Session I in the coming 2 years. **ALL potential candidates** (who are planning to sit for Exit Examination 2017 or 2018) are strongly encouraged to attend.

Date : 30 January 2016 (Saturday)

Time : 2:30 p.m.

Venue : Rm 802, 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai

Speaker : Dr. Luk Kam Hung, Segment Coordinator of Practice Assessment

For registration or queries, please contact the board secretaries Alky or Carmen by email [alkyyu@hkcfp.org.hk](mailto:alkyyu@hkcfp.org.hk) and [carmengtong@hkcfp.org.hk](mailto:carmengtong@hkcfp.org.hk).

Dr. Wendy Tsui  
Chairlady, Specialty Board

## Breastfeeding and Medication Q&A

Q. This lactating lady needs analgesics & antibiotics, should she be told to:

- (a) Continue breastfeeding or
- (b) Stop breastfeeding or
- (c) Express & discard breastmilk?



**A. Generally, most medications including paracetamol and most antibiotics are compatible with breastfeeding.**

You can refer to the following references:



Self Learning Kit on Breastfeeding for Health Professionals

Chapter 7: Maternal Illness, Medication Use and Diet During Lactation



LactMed, US



LactMed, App

Drugs in Lactation Advisory Service, UK  
“Drugs in Lactation”



Book : Hale TW, Rowe HE. Medications & Mothers' Milk. 16th edition. Hale Publishing, 2014.



[www.fhs.gov.hk](http://www.fhs.gov.hk)



## QA & A Committee News

### HKCFP Additional Accreditation & CME Accreditation for year 2015

**Application deadline: 29 February 2016**

Dear Members,

The credit point score of 2015 QA&A Programme is going to be finalized in March 2016. Please kindly login to the College website <http://www.hkcfp.org.hk/> to check your latest CME/CPD report.

The application for Additional Accreditation and/or CME/CPD points missing for January to December 2015 is now open. Please submit the following application(s) to the Secretariat before the application deadline:

#### 1. Additional Accreditation

This is only for activities which **had NOT been accredited** by QA&A Committee before activities started. You are advised to submit the "Application form for Additional Accreditation" with \$300 administration fee made payable to "HKCFP Education Ltd." Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

#### 2. Report on CME/CPD points missing

This is only for activities which **had been pre-accredited** by QA&A Committee before activities started. If the credit points are missing from your credit point score report, please fill in the "Application form for CME/CPD Accreditation of Pre-accredited activity". Supporting documents such as attendance record, photocopies of events, transcripts or published articles are required.

**Application Forms are available at the College website** <http://www.hkcfp.org.hk> → Quality Assurance & Accreditation → CME Accreditation →

(1) Application form for Additional Accreditation (in PDF format or Word format).

(2) Application form for CME Accreditation (in PDF format or Word format).

You are advised to submit the completed application(s) before the application deadline:

- by Post: The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen; OR
- by Email: [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) ; OR
- by Fax: (852) 2866 0616

Late submission will **NOT** be considered.

The application results are subject to the final decision of the QA & A Committee. Should you have any question on CME/CPD, please contact Ms. Wing Yeung or Ms. Carmen Tong at 2871 8899.

Thank you very much for your support.

### QA Certificate and CME Certificate go PAPERLESS

Dear Members,

Since 2007, QA&A Committee has been successful starting the web-based CME report which helps significantly in saving the consumption on paper and postal as well as the workload of the Secretariat. The CME and QA Certificates have gone paperless since last year (2015).

The CME report 2015 is expected to be finalised in March 2016. Members can login to their own account to download the certificates from April 2016. More details will be published in "FP Links" March 2016 issue.

For any enquiry, please feel free to contact our secretariat Ms Wing Yeung or Ms Carmen Tong at [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) or 2871 8899.

Thanks for your support all along on the College's eco-friendly project.

Dr. King Chan  
Chairman  
QA&A Committee

## Board of Vocational Training and Standards News

### Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2016, please submit the application for higher training on or before **29<sup>th</sup> February 2016 (Monday)** in order to meet the requirement for sitting Exit Examination. The application form can be available from the College Secretariat or downloaded from the College web site.

Higher Training Subcommittee  
BVTS

### Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 19<sup>th</sup> March 2016 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speaker : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee)  
          : Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)  
Date : 19<sup>th</sup> March 2016 (Saturday)  
Time : 2:30 – 4:30 p.m.  
Venue : Room 903-4, 9/F, Hong Kong Academy of Medicine Jockey Club Building  
          : 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Tong or Ms. Odelia Cheng at 2871 8899 for any queries.

### Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **29<sup>th</sup> February 2016 (Monday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **29<sup>th</sup> February 2016 (Monday)**.

The training experience of 2015 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee  
BVTS

### Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 29<sup>th</sup> January 2016 (Friday)**. Late submission will not be accepted.

The training experience of 2015 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Carmen Tong or Ms. Odelia Cheng at 2871 8899.

Basic Training Subcommittee  
BVTS

## Internal Affairs Committee - HKCFP Photography Club

### A. Time Lapse Photography Workshop - highlights

On 28/11/2015, the Time Lapse Photography Workshop, organised by the Photography Club of HKCFP and supported by the HK Nikon Team, came to a successful conclusion with 30 College Fellows and Members participated in this event. An introduction on the latest technology of photographic equipment by the HK Nikon team kickstarted the afternoon session. It was then followed by the expert sharing of time lapse photography specialist Mr. Patrick Cheung. Time lapse photography, though used in movies for a long time, is now a hot technique amongst the professional and amateur photographers. Mr. Cheung gave us a wonderful talk with a lot of his fabulous films and easy-to-understand demonstration. It is astonishing to see so much time, planning and efforts are needed to spend on a brief clip made by time lapse photography. Nevertheless, the outcome is breathtaking as well as amazing to the viewers. This workshop was attended by many experienced shutterbugs as well as novice photographers. One of our members, Dr. John-Hugh Tam gave us a heartfelt feedback:

"Time lapse photography, with 'time' being the new ingredient, simply breaks all the photography rules and adds life and vitality to these stills and sceneries. Technology has enhanced the photographers' magic through story telling in the modern era. Seeing such demonstration also makes me feel delighted and lucky for living in the age that such complex technology are now becoming affordable and accessible to the public."

All members eventually left with joy and souvenirs in their hands!



Dr. David Chao, Chairman of HKCFP Internal Affairs Committee (1st on the left), with the HK Nikon team and the topic speaker, Mr. Patrick Cheung (3rd from the left)



Mr. Patrick Cheung delivering his lecture to HKCFP members

### B. Light Trail and Light Painting Photo Outing

The HKCFP Photography Club is pleased to announce that our next function will be a photo outing on taking sunset photos as well as snapping various "light trails" in the evening. Moreover, we are delighted to invite a master in light painting to give us a demonstration. The tentative date will be on one Saturday with the function spanning from late afternoon to the night time, welcoming members in flexible time slots. Stay tuned to our further announcements!

## Classified Advertisement

Locum full time or part time wanted to sit in for lady physician.  
Central and Shatin.  
Please call Dr. Hui at 2525 2825 weekdays 9 to 5 for details.

## The 38<sup>th</sup> Annual General Meeting and 38<sup>th</sup> Annual Dinner of the Hong Kong College of Family Physicians

Dr. David V. K. Chao, Chairman of Internal Affairs Committee

The 38<sup>th</sup> Annual General Meeting (AGM) and 38<sup>th</sup> Annual Dinner of the Hong Kong College of Family Physicians were held on 6<sup>th</sup> December 2015 (Sunday) at the Run Run Shaw Hall of the Hong Kong Academy of Medicine, thanks to the great support by all our participating members and fellows. Dr. Angus Chan, our President, led the Executives, Council and College members to start off the evening with the AGM going through the various important operational matters related to the College, followed by the Council meeting to confirm the chairmanship of various boards and committees for the coming year.

The Annual Dinner was commenced right after that. We would like to express our thanks to Dr. Tsim Koon Lan, Kathy and Dr. Luk Man Hei, Matthew for being the MCs of the Annual Dinner and led us through a very enjoyable evening, and we would also like to thank Dr. Lo Ling to be our volunteer photographer again this year. Dr. Angus Chan expressed the College's gratitude towards all collaborating partners, the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their unfailing support to make 2015 a very fruitful year for all. The College thanked Prof. William Wong, a retiring Council Member, for his past contribution towards the College. Dr. Angus Chan, Dr. Lau Ho Lim and Dr. David Chao presented gift coupons to the secretariat staff as a token of appreciation for their hard work over the year. It was then followed by various boards and committees proposing a vote of thanks to all members and fellows for their continuing support. We were most grateful to have Dr. Monica Wong - Head of Primary Care Office, Department of Health, Hong Kong SAR, joining us for the dinner.

Various entertaining games including a song game and bingo were conducted, followed by the marvellous singing performances by Dr. Kenny Kung, Dr. Chan Hung Chiu, Peter and Dr. Yeung Wai Man, Raymond. Thanks to the thoughtful generousities of our council members, friends and related organisations, the lucky draw was carried out successfully to conclude the annual dinner on a high note. We would like to take this opportunity to thank all the colleagues and friends who have helped to make the evening a very enjoyable occasion for all, and we look forward to next year's gathering!



A welcoming speech by HKCFP President, Dr. Angus Chan



Our President, Dr. Angus Chan (7<sup>th</sup> from the left), presenting the College plaque to Dr. William Wong (6<sup>th</sup> from the left) for his outstanding contribution to the College



Toasting proposed by President, Dr. Angus Chan (9<sup>th</sup> from the left) with Council Members



Council Members with distinguished guests





Our Censors, Dr. Stephen Foo (left) and Dr. Donald Li (right)



Dr. Luke Tsang (left), Dr. Monica Wong - Head of Primary Care Office (middle), and Dr. William Wong (right)



Censor, Dr. Donald Li (left) and Vice President (General Affairs), Dr. Lau Ho Lim (right)



Council members thanking our College staff for their hard work over the year



Group photo of pharmaceutical companies' representatives with Chairman, Dr. Alvin Chan (5<sup>th</sup> from the left), and members of the Board of Education



Group photo of Conjoint Examination successful candidates with Chairman, Dr. Chan Hung Chiu (6<sup>th</sup> from the right, back row), and members of the Board of Conjoint Examination



Group photo of Chairman, Dr. Au Chi Lap (5<sup>th</sup> from the left) and members of the Board of Diploma in Family Medicine



Group photo of Exit Examination successful candidates with Chairlady, Dr. Wendy Tsui (6<sup>th</sup> from the left), and members of the Specialty Board



Chairman, Dr. David Chao (6<sup>th</sup> from the right), with members and staff of the Editorial Board



Chairlady, Dr. Lorna Ng (7<sup>th</sup> from the right), with members and staff of the Hong Kong Primary Care Conference Organising Committee



Chairlady, Dr. Wendy Tsui (5<sup>th</sup> from the left), with members and staff of FP Links Committee

# PHOTO GALLERY



Our marvellous band (from left to right), Dr. Kenny Kung, Dr. Chan Hung Chiu and Dr. Yeung Wai Man



The Chairman of Internal Affairs Committee / Vice President (Education & Examinations), Dr. David Chao (3<sup>rd</sup> from left) presenting the souvenirs to our excellent band, Dr. Kenny Kung (1<sup>st</sup> from left), Dr. Chan Hung Chiu (2<sup>nd</sup> from left) and Dr. Yeung Wai Man (1<sup>st</sup> from right)



The Chairman of Internal Affairs Committee / Vice President (Education & Examinations), Dr. David Chao (right) presenting a souvenir to our volunteer photographer, Dr. Lo Ling (left)



Our Masters of Ceremonies, Dr. Kathy Tsim (middle), Dr. Matthew Luk (right) with Dr. David Chao (left), the Chairman of Internal Affairs Committee / Vice President (Education & Examinations)



The Chief Censor, Prof. Cindy Lam (right), presenting the lucky draw prize to the winner, Dr. Ngan Po Lun (left)



The Chief Censor, Prof. Cindy Lam (right), presenting the lucky draw prize to the winner, Dr. Kong Yim Fai Albert (left)



Censor, Dr. Donald Li (left) presenting the lucky draw prize to Dr. Wendy Tsui (right)



Censor, Dr. Donald Li (left) presenting the lucky draw prize to Dr. Clarence Choi (right)



Censor, Dr. Stephen Foo (left), presenting the lucky draw prize to the winner, Dr. Ip Pang Fei (right)



Censor, Dr. Stephen Foo (right), presenting the lucky draw prize to the winner, Dr. Emily Tse (left)



The Vice-President (General Affairs), Dr. Lau Ho Lim (left) presenting the lucky draw prize to Dr. Ho Ka Ming (right)



The Vice-President (General Affairs), Dr. Lau Ho Lim (left), presenting the lucky draw prize to the winner, Dr. Hau Sin Ying (right)



Dr. Hung Wai Yin (right) received the lucky draw prize from the Chairman of Internal Affairs Committee / Vice President (Education & Examinations), Dr. David Chao (left)



The Chairman of Internal Affairs Committee / Vice President (Education & Examinations), Dr. David Chao (left), presenting the lucky draw prize to the winner, Dr. Mya Khin (right)



The President, Dr. Angus Chan (left), presenting the lucky draw prize to the winner, Dr. She Siu Yam Dominic (right)



The President, Dr. Angus Chan (left) presenting the 1<sup>st</sup> Lucky Draw Prize to the winner, Dr. Yu Yee Tak, Esther (right)

## Stroke patients in China

Around three quarters of stroke patients in China have hypertension, according to data presented at the 26<sup>th</sup> Great Wall International Congress of Cardiology.

The study by Dr Meilian Tang, Department of Epidemiology, Beijing Institute of Heart, Lung and Blood Vessel Diseases, is based on data from 20,570 patients hospitalised for acute stroke at 41 hospitals in 25 provinces in China.

The hospital admissions occurred from January to May 2011 and the average age of patients was 63 years. Nearly two thirds (64%) were male.

"Stroke is the leading cause of death in China and a significant source of disability," said Dr Tang. "Our study investigated the levels of risk factors patients had before being hospitalised for stroke, whether patients knew about their risk factors, and whether the risk factors were under control."

The investigators found that 75.5% of patients had hypertension, 53.5% had high low-density lipoprotein (LDL) cholesterol, 33.2% were smokers, 37.3% had diabetes and 6.5% had atrial fibrillation.

The researchers found that 75.2% of stroke patients had two or more risk factors and 43.0% had three or more risk factors.

"Most stroke patients had multiple risk factors for stroke before they were admitted to hospital with a stroke," said Dr Tang. "This shows that there are warning signs that people can address to avoid having a stroke."

For 15,329 patients this was their first stroke. Of those who had hypertension, 70% were aware of it but only 20% receiving treatment had reached their target blood pressure. Just over half of the diabetics knew about it (54.4%) but only 9.1% of those with elevated LDL were aware of the fact.

Awareness of risk factors was higher in patients with recurrent stroke (83.0% for hypertension, 70.2% for diabetes and 16.1% for elevated LDL) but control rates were low.

"Chinese people often eat high salt diets and this is likely to be a big contributor to the high prevalence of hypertension in stroke patients," continued Dr. Tang. "Lack of exercise and low prescription of medications to control blood pressure, serum LDL cholesterol and blood glucose and may also contribute to the elevated levels of risk factors."

Professor Dayi Hu, president of the China Heart Federation and president of the Chinese Association of Tobacco Control (CATC), said: "Smoking and salt consumption are out of control in China. We desperately need a ban on smoking in public places and reduced salt levels in processed food. Prevention of cardiovascular disease has not been given enough priority and the Chinese population is paying the price through death and disability."

It seems that China needs a better primary health care service model.

**Reference: World Health Matters, Medicalupdateonline.com, 18/12/2015**

*Compiled by Dr. SIN Ming Chuen*

## 《全科醫學骨幹(師資)培訓班》及《海峽兩岸全科醫學西部論壇》後記

羅思敏醫生 (香港理工大學, 大學醫療保健處高級醫生)

香港家庭醫學學院專業進修及服務委員會 (Board of Professional Development and Services, BPDS) 於23-27/11/2015在灣仔會址舉辦了為期一週的《全科醫學骨幹(師資)培訓班》, 目的是協助培訓國內的全科醫生, 以加強學員對家庭醫學的認識, 務求學員返回所屬地區後能夠於臨床診症時學以致用。主席劉浩濂醫生邀請了數位分別來自醫管局、大學及私人執業的香港家庭醫生, 以普通話授課, 與33位來自北京、上海、深圳、浙江、廣西、安徽、河南、杭州、海南等不同地區的醫師, 進行互動的經驗交流, 學員反應熱烈, 老師也教學相長。



主席劉浩濂醫生, 導師張文娟醫生在開課第一天與全體學員合照



導師陳曉瑞醫生與學員



導師陳選豪醫生與羅思敏醫生在溝通技巧課堂後代表公共教育委員會派發紀念品



全體學員畢業照



導師陳穎欣醫生邀請學員分享診症經驗

此外, 由李國棟醫生及陳銘偉醫生率領的香港家庭醫學學院代表團, 於27/11/2015抵達重慶, 參與《海峽兩岸全科醫學西部論壇》, 大會邀請到國家衛生計生委領導及各單位領導主持開幕儀式, 而香港代表團則負責主講以下的課題:

- 香港家庭醫學發展, 陳銘偉醫生
- 全科醫學教學評估, 劉浩濂醫生
- 培訓過程回饋和評估的標準化工具 LAP 的運用, 香港基層醫療服務與慢性病管理, 朱偉星醫生

- 全科醫學香港的教育培訓模式，慢性病管理的臨床適宜技術訓練，王華力醫生
- 醫患溝通與溝通技能訓練，羅思敏醫生

在論壇上，國家衛生計生委領導重申中央政府對衛生改革的重點，基層衛生工作的戰略目標和任務，包括力爭到2020年，讓每個家庭都有一名合格的家庭醫生等，實現人人享有基本醫療衛生服務的理念；有興趣進一步了解是次教學感受及醫療改革的會員，請參閱於10/12/2015在〈信報〉學院專欄刊登的文章《家庭醫生蜀道行》。



羅思敏醫生(左)先以普通話診症錄像教材作示範，再通過即場醫患角色扮演，引領學員思考，如何改善在不同臨床情況下的溝通技巧



香港家庭醫學學院代表團(左起:朱偉星醫生,劉浩濂醫生,李國棟醫生,陳銘偉醫生,蔡惠宏醫生,王華力醫生,羅思敏醫生)

## 山城記趣

雖然來去匆匆，但我和Jenny(王華力醫生)還是把握僅有的空餘時間到了著名的「大足石刻」寶頂山參觀。「大足石刻」於1999年被列入聯合國世界遺產名錄，造像始建於初唐，盛極於兩宋，是世界石窟藝術史上最後一座豐碑，結集了佛教、道教及儒教的三家思想。這次重慶之旅，雖然主要只能完成教學任務，甚少觀光的空餘時間，但最大的收穫之一，是認識了很多來自國內不同地區的家庭醫生，我們的「微信」群組已經接近100人了。



各單位領導主持開幕式



這組石刻描述天下父母對子女無微不至的愛護



佛學認為人世間之最苦，莫過於求之不得，就如石刻上的貓抬頭叮著老鼠一樣



古代四川的石匠本想刻一隻老虎，但由於從未見過真老虎，唯有看著熊貓的樣子來雕刻



天寒地凍遊「大足石刻」，幸好有四川小吃醫肚



海醫會主任委員祝培珠醫生致辭



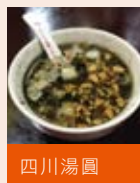
李國棟醫生致辭



陳銘偉醫生介紹香港家庭醫學發展



左起:王華力醫生,劉浩濂醫生,羅思敏醫生於下課後留影



四川湯圓



特色小麵



嘉陵江夜景



「大足石刻」到此一遊



洪崖洞

## THIRTIETH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirtieth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2016.

### (1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP\*

2. FULLY REGISTERED with the Hong Kong Medical Council\*

(\*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2016/2017 before 31 July 2016. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

(a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2016, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2016, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

(b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than five years by 30 June 2016.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

**The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.**

**Application will not be processed unless all the documents are submitted with the application form.**

### (2) FORMAT AND CONTENTS

A. Written Examination

Key Feature Problems (KFP), and,  
Applied Knowledge Multiple Choice Questions (MCQ)

B. Clinical Examination

Objective Structured Clinical Examination (OSCE)

### (3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP\*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

**Application will not be processed unless the pre-requisite is fulfilled.**

\***Note:** In regarding the CPR certificate as issued by the HKCFP, the CPR workshops & examinations for 2016 will be held on 27 – 28 February 2016 and 19 – 20 March 2016 respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 21). Please register with our College

secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2016.

#### (4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2019).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

#### (5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, [www.hkcfp.org.hk](http://www.hkcfp.org.hk). Please note that the deadline for application is **15 April 2016**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

|  |  |
|--|--|
| - Full Examination (Written + Clinical)      | \$28,000                                 |
| - Written Examination                        | \$8,080 plus Administrative Fee \$9,040  |
| - First attempt on Clinical Examination      | \$10,880                                 |
| - Subsequent attempt on Clinical Examination | \$10,880 plus Administrative Fee \$9,040 |

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee (\$10,880) paid for the Clinical Examination will be refunded**.

#### (6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$18,960 (for the whole examination), \$8,080 (for the written examination) or \$10,880 (for the clinical examination). The administration fee of \$9,040 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

#### (7) IMPORTANT DATES

|  |  |
|--|--|
| • 15 April 2016 (Friday)               | Closing Date for Applications                    |
| • 21 August 2016 (Sunday)              | Conjoint Examination – Written Examination (MCQ) |
| • 28 August 2016 (Sunday)              | Conjoint Examination – Written Examination (KFP) |
| • 30 October 2016 (Sunday) (tentative) | Conjoint Examination - OSCE                      |

#### (8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website ([www.hkcfp.org.hk](http://www.hkcfp.org.hk) / [www.racgp.org.au](http://www.racgp.org.au)). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Meeting Highlights

### Interest Group in Mental Health

Dr. Cheng Chi Man, General Practitioner, delivered a lecture on "How I Find Buddhist Studies Useful in My Practice." on 5 December 2015.



Dr. Chan Suen Ho, Mark (right, Moderator) presenting a souvenir to Dr. Cheng Chi Man (left, Speaker) during the lecture on 5 December 2015

### Interest Group in Counseling

Dr. Fung Wai Ching, Aurelius, Specialist in Paediatrics, delivered a lecture on the theme of "Family Therapy" on 12 December 2015.



Dr. Lau Wai Yee, Aster (left, Moderator) presenting a souvenir to Dr. Fung Wai Ching, Aurelius (right, Speaker) during the lecture on 12 December 2015

### Annual Refresher Course 2015

The 5<sup>th</sup> session of the Annual Refresher Course 2015 with the theme of "Mood and Sleep" was held on 1 December 2015. Dr. Lee Wing King, Specialist in Psychiatry with FRCPsych of United Kingdom, FHKCPsych and FHKAM (psychiatry), delivered a lecture on "Revisit on Pain, Mood and Sleep".



Dr. Tong Siu Man (1st from the left, Moderator) and Dr. Alvin Chan (1<sup>st</sup> from the right, Chairman of Board of Education) presenting a souvenir to Dr. Lee Wing King (2<sup>nd</sup> from the right, Speaker) and Ms. Yoyo Fung (2<sup>nd</sup> from the left, Representative of Sponsor) during the lecture on 1 December 2015

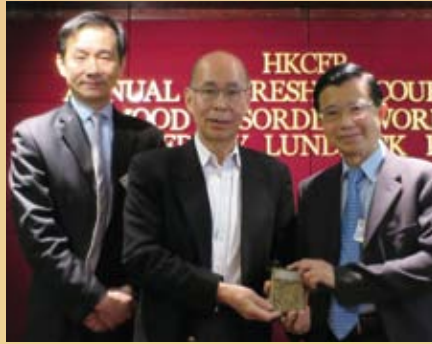


Dr. Lee Wan Tsi, Francis (left, Moderator) and Dr. Foo Kam So, Stephen (right, Censor) presenting a souvenir to Dr. Tse Lung Fung (middle, Speaker) during the lecture on 3 December 2015

The 6<sup>th</sup> session of the Annual Refresher Course 2015 with the theme of "Orthopaedic" was held on 3 December 2015. Dr. Tse Lung Fung, Consultant in Orthopaedics & Traumatology, delivered a lecture on "Ailments of the Foot and Ankle Region – Advances in Management".



The 7<sup>th</sup> session of the Annual Refresher Course 2015 with the theme of "Mood Disorder" was held on 6 December 2015. Prof. Tang Siu Wa, former Head of Psychopharmacology Department at the Clarke Institute, University of Toronto and former Professor and Chairman of Psychiatry, University of California, Irvine, USA and former Chair Professor in Psychiatry, University of Hong Kong, delivered a lecture on "Using Psychiatric Drugs in Family Practice: Monotherapy or Polypharmacy?" and Ms. Maggie Cheung, Lundbeck Mental Health Ambassador, delivered a sharing session and Dr. Wong Tai Wai, David, Honorary Secretary of Institute of Brain Medicine (IBM) and Dr. Law Sai On, Council Member of Asian Association of Neuropsychopharmacology (AANP), E-motion Alliance, Smoking Cessation Alliance of Hong Kong Primary Care Foundation, delivered the case study session.



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Prof. Tang Siu Wa (right, Speaker) during the lecture on 6 December 2015



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Dr. Law Sai On (right, Speaker) during the lecture on 6 December 2015



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Dr. Wong Tai Wai, David (right, Speaker) during the lecture on 6 December 2015



Dr. Tsui Hing Sing, Robert (left, Moderator) and Dr. Foo Kam So, Stephen (middle, Censor) presenting a souvenir to Ms. Maggie Cheung (right, Speaker) during the lecture on 6 December 2015



The 8<sup>th</sup> session of the Annual Refresher Course 2015 with the theme of "New Management on Diabetes Mellitus" was held on 8 December 2015. Dr. Tso Wai Kwan, Annette, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on "SGLT2i - a New Novel Mechanism for Individualized Management of Type 2 Diabetes".

Dr. Ma Ping Kwan, Danny (right, Moderator) and Dr. Kwong Bi Lok, Mary (left, Council Member) presenting a souvenir to Dr. Tso Wai Kwan, Annette (middle, Speaker) during the lecture on 8 December 2015

The last session of the Annual Refresher Course 2015 with the theme of "Osteoporosis and Diabetes Mellitus" was held on 13 December 2015. Dr. Ho Yiu Yan, Andrew, Head, Division of Endocrinology, Department of Medicine & Geriatrics, Tuen Mun Hospital, Hong Kong, delivered a lecture on "Osteoporosis Without Fragility Fracture in Young and Older Patients: Which Agent and for How Long?" and Dr. Chan Wing Bun, Clinical Director, Qualigenics Diabetes Centre, delivered a lecture on "T2DM Treatment – A Pathophysiological Approach".



Dr. Chan Chi Wai (left, Moderator) and Dr. Foo Kam So, Stephen (right, Censor) presenting a souvenir to Dr. Ho Yiu Yan, Andrew (right, Speaker) during the lecture on 13 December 2015



Dr. Chan Chi Wai (left, Moderator) and Dr. Foo Kam So, Stephen (right, Censor) presenting a souvenir to Dr. Chan Wing Bun (middle, Speaker) during the lecture on 13 December 2015

## Interest Group in Mental Health & Psychiatry in Primary Care - The 47<sup>th</sup> Meeting on 5<sup>th</sup> Dec 2015

Dr. Chan Suen Ho Mark (Co-ordinator), Board of Education, The Hong Kong College of Family Physicians

The 47<sup>th</sup> Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 5<sup>th</sup> Dec 2015. Dr. Cheng Chi Man, Family Physician, is the speaker.

**Meeting Theme :** A Family Doctor's Experience with Buddhist Teachings

**Attendance :** 29

**The speaker :** Dr. Cheng Chi Man is a well known family physician who serves the community in various aspects. He is currently a council member of the Hong Kong Medical Association and the Editor for HKMA's newsletter, as well as a newspaper columnist. Dr. Cheng has contributed to the founding of the Hong Kong Community Psychological Medicine Association. Dr. Cheng graduated from the University of Hong Kong, and obtained MRCP, MFM, PdipComPsychMed. Dr. Cheng has also attained the degrees of LLB, LLM, and Master of Buddhist Studies.

### Learning Points

Dr. Cheng started off with an introduction of the Master of Buddhist Studies course.

The programme is intended for Individuals who are interested in the philosophy of life and want to study Buddhism and its practice as a means for spiritual development in a comprehensive & scientific manner. Candidates study Pali Suttas, Readings in Buddhist Sanskrit texts, Bodhisattva Ideal in Theravada Buddhism and Mahayana Buddhism. Interdisciplinary Studies include Buddhism and contemporary society; Counselling and pastoral practice; Buddhist mediation; Mindfulness, stress reduction & well-being Buddhist psychology and Research methodology in Buddhist Studies.

### Thich Nhat Hanh 一行禪師

A Vietnamese Buddhist monk, teacher, author, poet and peace activist - founded the Plum Village International Sangha. Thich Nhat Hanh has this story:

有一天，一位農夫匆匆走過，見到佛陀便問：

「請問你們有沒有見到我的牛？我擁有的牛之中有六隻，不知道什麼都在早上跑掉了。我種植的三英畝芝麻，今年又全給昆蟲吃掉。我失去了我的所有。」……

農夫離開後，佛陀微笑著對眾比丘說：「親愛的比丘，你們是多麼幸福，你們沒有牛可以失去。」

有時候，我們擁有很多，以為這些東西對自己重要，以為它

們會為自己帶來安樂。但當我們深入觀察，可能會發現它們其實是幸福和快樂的障礙。如果你懂得放下，把「牛」釋放，幸福就會出現。

### What is Mindfulness? 正念

"In the Sutra of the Four Establishments of Mindfulness (Satipatthana 念處經), the Buddha describes mindfulness as mindfulness of the feelings in the feelings, and mindfulness of the body in the body....."

Mindfulness is a way of learning to see life as a unified whole....."

"Mindfulness is a way of facing the truth..."

"Mindfulness is ultimately the art of living deeply and happily."

In psychology, "mindfulness" refers to "a kind of non-elaborative, non-judgmental, present-centered awareness in which each thought, feeling or sensation that arises in the attentional field is acknowledged and accepted as it is."

It is said to involve two components:

1. allowing an increased recognition of mental activities at the present moment
2. adopting an orientation towards experiences at the present moment

Thich Nhat Hanh:

"Mindfulness is the energy of being aware and awake to the present moment."

"To be mindful is to be truly alive, present and at one with those around you and with what you are doing."

Mindful in every aspect of life: Breathing; Mindful Walking; Mindful Eating; Mindfulness Bell "With just three conscious breaths we can release the tensions in our body and mind and return to a cool and clear state of being."

### Mindfulness-Based Cognitive Therapy (MBCT)

MBCT is a psychological therapy designed to aid in preventing the relapse of depression, specifically in individuals with Major Depressive Disorder (MDD).

It uses traditional CBT methods and adds in newer psychological strategies such as mindfulness and mindfulness meditation. (e.g. Mindfulness-Based Stress Reduction Kabat-Zinn, 1990)

In our daily counselling practice, what works at the end?

"It was relationship and not technique that underlies all successful interventions."

"...it seems reasonable to propose that, at the heart of most successful therapies, client who is willing and able to become involved in making changes to her or his life. If that client then encounters a therapist whom she or he trusts, likes and feels able to collaborate with, the client can make full use of a wide range of techniques and practices to move closer towards his or her goals...."

For different clients, different kinds of therapists' input may be more or less helpful; and there may be certain kinds of input that are particularly helpful for clients with specific psychological difficulties; but the evidence suggests that the key predictor of outcomes remains to be the extent to which the client is willing and able to make use of whatever the therapist provides."

"The effectiveness of all types of therapy depends on the patient and the therapist forming a good working relationship."

".....'therapeutic alliance' is the single best predictor of benefit." Positive outcomes are associated with a collaborative, caring, empathetic, skilled way of relating.

## What are the problems of the traditional approach to teaching consulting skills?

The traditional teaching has identified a large number of component skills (such as asking open-ended questions, checking for understanding) and tasks (such as achieving rapport, agreeing on a management plan).

While such models are descriptively valid, conscious determination to apply them in real life can come to dominate the doctor's thoughts during the encounter with the patient, to the detriment of both.

## What is the alternative?

Alternatively the doctor, in the heat of the encounter, forgets all about his intended performance and just responds spontaneously.

In contrast to a skills-based approach, **the Inner Consultation** is a technique not of instruction, but for releasing communication abilities which by this stage in the doctor's career have already been installed.

**To confuse you more..... (some topics I find interesting)**

## Dependent Origination 緣起

The Principle of Dependent Origination

"When this exists, that comes to be; with the arising of this, that arises. When this does not exist, that does not come to be; with the cessation of this, that ceases to be."

The Principle of Conditionality

"...all things, mental and physical, arise and exist due to the presence of certain conditions, and cease once their conditions are removed."

Nothing is independent.

Thus, no permanent, independent self can be found.

How the Buddha handles different types of questions

The Buddha treated questions in a careful and diagnostic way. There are 4 kinds of questions.

The Buddha answered some directly (categorically, either affirmative or negative).

The Buddha answered some analytically.

The Buddha answered some by raising a counter-question.

The Buddha "set aside" the remaining questions. No answers are provided.

The meeting ended with an active discussion which lasted for more than 45 minutes.

## Next meeting

The next meeting will be on Saturday, 6 Feb 2016, Mr. Lak Ching Cheong, Davis, Occupational Therapist, Clinical Associate, Department of Rehabilitation Science, the Hong Kong Polytechnic University, will speak on "Advanced Neurofeedback Technique in Mental Health".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please do so 2 weeks beforehand for speakers to review, contact our secretary, at 2871 8899.) Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



Dr. Cheng Chi Man (Speaker) making a point.

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## Diabetes Clinical Attachment for Family Physicians

| <b>Dates</b>                             | Four Lectures and Ward Round Sessions on 17/2, 24/2, 9/3 and 16/3/16 (Wednesdays);<br>Four DM Clinic Attachments on Tuesday a.m. or p.m. in Feb – April 2016  |                      |   |            |                      |              |            |            |   |               |  |                      |  |
|--|---|----------------------|---|------------|----------------------|--------------|------------|------------|---|---------------|--|----------------------|--|
| <b>Organizers &amp; Course Directors</b> | <b>Endocrine Division, Department of Medicine &amp; Geriatrics, United Christian Hospital</b><br>Dr. Hung Chi Sang<br>Associate Consultant, Endocrine Division, UCH<br><b>The Hong Kong College of Family Physicians</b><br>Dr. Chan Chung Yuk, Alvin<br>Chairman, Board of Education, The Hong Kong College of Family Physicians   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Objectives</b>                        | <ul style="list-style-type: none"> <li>• To update Family Physicians with current management of DM</li> <li>• To provide knowledge and practical experience in outpatient management of DM patients, comprehensive DM complication screening and goals of management</li> <li>• To facilitate public private interface between HA and the graduates of this course</li> </ul>   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Course Structure and Time</b>         | The attachment will consist of 24 hours including lectures, ward round and DM clinic attachment<br>Dates of lectures & ward round: 17/2, 24/2, 9/3, 16/3/2016<br><table border="1"> <thead> <tr> <th></th> <th>Lectures</th> <th>Ward round</th> <th>DM clinic attachment</th> </tr> </thead> <tbody> <tr> <td><b>Time:</b></td> <td>2 – 4 p.m.</td> <td>4 – 5 p.m.</td> <td>10 a.m. – 1 p.m. (Insulin Clinic)<br/>2 – 5 p.m. (DM Clinic)</td> </tr> <tr> <td><b>Venue:</b></td> <td>17/2 : Rm 23,B4, Block S, UCH<br/>24/2 : Rm 7, Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH<br/>9/3 : Conference Rm, 3/F, Block P, UCH<br/>16/3 : Conference Rm, Block K, UCH</td> <td>Endocrine Wards, UCH</td> <td>Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH</td> </tr> </tbody> </table> |                      | Lectures  | Ward round | DM clinic attachment | <b>Time:</b> | 2 – 4 p.m. | 4 – 5 p.m. | 10 a.m. – 1 p.m. (Insulin Clinic)<br>2 – 5 p.m. (DM Clinic) | <b>Venue:</b> | 17/2 : Rm 23,B4, Block S, UCH<br>24/2 : Rm 7, Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH<br>9/3 : Conference Rm, 3/F, Block P, UCH<br>16/3 : Conference Rm, Block K, UCH | Endocrine Wards, UCH | Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH |
|  | Lectures  | Ward round           | DM clinic attachment  |            |                      |              |            |            |   |               |  |                      |  |
| <b>Time:</b>                             | 2 – 4 p.m.  | 4 – 5 p.m.           | 10 a.m. – 1 p.m. (Insulin Clinic)<br>2 – 5 p.m. (DM Clinic) |            |                      |              |            |            |   |               |  |                      |  |
| <b>Venue:</b>                            | 17/2 : Rm 23,B4, Block S, UCH<br>24/2 : Rm 7, Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH<br>9/3 : Conference Rm, 3/F, Block P, UCH<br>16/3 : Conference Rm, Block K, UCH  | Endocrine Wards, UCH | Diabetes Ambulatory Care Centre, 1/F, Block Q, UCH          |            |                      |              |            |            |   |               |  |                      |  |
| <b>Exemption</b>                         | Those having completed this DM clinical Attachment in the past 5 years will be exempted from the lecture sessions and will be allowed to attend the OPD attachment of equivalent hours.   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Venue</b>                             | United Christian Hospital, Kwun Tong, Kowloon   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Topics</b>                            | 17/2 : <b>DM Classification &amp; Case Round and Oral Hypoglycemic Agents</b><br>24/2 : <b>Microvascular Complications and Complication Screening</b><br>9/3 : <b>Obesity &amp; Metabolic Syndrome and GLP-1 &amp; Insulin</b><br>16/3 : <b>BP &amp; Lipids Management and Initiation of Ambulatory Insulin</b>   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Course Fee</b>                        | HK\$3,000<br>Cheque should be made payable to "HKCFP Education Limited"   |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Enrolment</b>                         | Please call Ms. Teresa Liu or Mr. Jeff Cheng at 2871 8899 for details <b>on or before 10 Feb 2016 (Wed)</b> .<br>Registration will be first come first served.  |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Certification</b>                     | Reaching the minimum attendance record of Lectures (75%) and required OPD sessions (80%), participant will be awarded a certificate of attendance under the names of organizers.  |                      |   |            |                      |              |            |            |   |               |  |                      |  |
| <b>Accreditation</b>                     | Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment.   |                      |   |            |                      |              |            |            |   |               |  |                      |  |

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the Hotel for the Scientific Meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## CPR Training and Examination Workshop 2016

Only 2 CPR Training and Examination Workshops will be held in 2016 (27- 28 February 2016, 19 - 20 March 2016).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2016 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2016 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time of Clinical Examination. HKCFP CPR certificates are valid for 2 years.

### 1<sup>st</sup> Announcement: January College News

**27 - 28 February 2016 / 19 - 20 March 2016**  
**Saturday and Sunday**

#### CPR Training and Examination Workshop

|               |   |
|---------------|---|
| Time          | 2:00 p.m. - 6:00 p.m.   |
| Venue         | 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong  |
| Talks         | 1. CPR Basic Life Support-Principles and Techniques<br>2. Pitfalls in CPR and Demonstration on Automated Defibrillator<br>3. Medico-legal Aspect of CPR<br>4. Updates in Guidelines |
| Training      | Hands-on training, supervised by HKCFP CPR Instructors  |
| Accreditation | 3 CME points HKCFP (Cat. 4.4)<br>3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination   |
| Co-organizer  | Resuscitation Council of Hong Kong  |
| Capacity      | 50 doctors  |

Admission Fee:

|   |              |
|---|--------------|
| <b>Members</b><br>(Attend Training and Examination Workshop)  | HK\$600.00   |
| <b>Non-members</b><br>(Attend Training and Examination Workshop)                                      | HK\$1,200.00 |
| <b>Members with expired CPR certificate (HKCFP)</b><br>(Attend Training and Examination Workshop)     | HK\$200.00   |
| <b>Members with valid AHA Certificates</b><br>(Require to sit for Examination Only)                   | HK\$200.00   |
| <b>Non-members with expired CPR certificate (HKCFP)</b><br>(Attend Training Workshop and Examination) | HK\$400.00   |

All cheques should be made payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Successful candidates will be awarded a CPR Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Cherry Chan at 2871 8899 for registration on/ before **19 February 2016 (Friday)**.

**LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

**Conjoint application deadline: 15 April 2016**

\* **REMARKS:** You are not suggested to take the CPR training workshop and examination during your pregnancy.

**6 February 2016 Saturday**

#### Board of Education Interest Group in Mental Health

|                         |   |
|-------------------------|---|
| Aim                     | To form a regular platform for sharing and developing knowledge and skill in the management of mental health  |
| Theme                   | <b>Advanced Neurofeedback Technique in Mental Health</b>  |
| Speaker                 | <b>Mr. Lak Ching Cheong</b><br>Occupational Therapist, Clinical Associate,<br>Department of Rehabilitation Science,<br>The Hong Kong Polytechnic University                 |
| Co-ordinator & Chairman | <b>Dr. Chan Suen Ho, Mark</b><br>The Hong Kong College of Family Physicians   |
| Time                    | 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion   |
| Venue                   | 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong  |
| Admission Fee           | Members Free<br>Non – members HK\$ 300.00<br>HKAM Registrants HK\$ 150.00<br>All fees received are non-refundable and non-transferable.                                     |
| Accreditation           | 2 CME points HKCFP (Cat. 4.3)<br>2 CPD points HKCFP (Cat. 3.15)<br>2 CME points MCHK  |
| Language                | Lecture will be conducted in English and Cantonese.   |
| Registration            | <b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>  |
| Note                    | <b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b> |

#### Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

##### January's session:

|               |   |
|---------------|---|
| Date          | 29 January 2016 (Friday)  |
| Time          | 2:30 p.m. - 3:30 p.m.   |
| Topic         | <b>"Osteoporosis: Where are we now? What shall we go next?" – Dr. Lee Ka Wing</b>   |
| Admission     | Free for Members  |
| Accreditation | 1 CME point HKCFP (Cat. 4.2)<br>1 CME point MCHK<br>Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log) |
| Language      | Lecture will be conducted in English.   |

##### February's session:

|               |   |
|---------------|---|
| Date          | 26 February 2016 (Friday)   |
| Time          | 2:30 p.m. - 3:30 p.m.   |
| Topic         | <b>"Clinical Approach to Alopecia" – Dr. Lee Tze Yuen</b>   |
| Admission     | Free for Members  |
| Accreditation | 1 CME point HKCFP (Cat. 4.2)<br>1 CME point MCHK<br>Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log) |
| Language      | Lecture will be conducted in Cantonese.   |

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

| Date/Time/CME                              | Venue   | Topic/Speaker/Co-organizer   | Registration                      |
|--|---|--|-----------------------------------|
| <b>13 February 2016</b><br>2:15 – 4:15p.m. | Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon | <b>Primary care knee problems through the lifespan</b><br>Dr. H C WONG, AC(ORT), KWH | Ms. Clara Tsang<br>Tel: 2354 2440 |

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

| Date/Time/CME               | Venue  | Topic/Speaker(s)  | Registration                      |
|-----------------------------|--|---|-----------------------------------|
| <b>3 February 16 (Wed)</b>  |  |   |                                   |
| 2:15 – 5:15 p.m.            | Multi-media Conference Room, 2/F, Block S, United Christian Hospital       | <b>Preventive medicine (principle, and role of family physicians)</b><br>Dr. Lau Ka Man & Dr. Lee Ka Yun Peter  | Ms. Polly Tai<br>Tel: 3949 3430   |
| 2:15 – 4:45 p.m.            | AB1034, 1/F, Main Block, Tuen Mun Hospital                                 | <b>Understanding Drugs Used to Treatment Depression and Anxiety Disorders in Primary Care</b><br>Dr. Feng Long Yin  | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 4:45 – 6:45 p.m.            | Lecture Theatre, 5/F, Tsan Yuk Hospital                                    | <b>Alternative medicines in Hong Kong</b><br>Dr. Lai Ho Yan Joyce   | Ms. Cammy Chow<br>Tel: 2589 2337  |
| 5:30 – 7:30 p.m.            | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | <b>Health service in Department of health and social welfare department</b><br>Dr. Lee Ying Cheung  | Ms. Crystal Law<br>Tel: 2632 3480 |
| <b>4 February 16 (Thu)</b>  |  |   |                                   |
| 4:00 – 6:00 p.m.            | Room 614, Ambulatory Care Centre, Tuen Mun Hospital                        | <b>Handling Marital Problems: Introduction of Marital Counselling and Management of Domestic Violence</b><br>Dr. Wan Ka Yan & Dr. Ng Mei Po                               | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 5:00 – 7:00 p.m.            | Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital                    | <b>Designated Fever clinic and common febrile illness in adults and children</b><br>Dr. Lau Cheuk Nam Mathew  | Ms. Kwong<br>Tel: 2595 6941       |
| 2:15 – 5:15 p.m.            | Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital        | <b>Preventive medicine (principle, and role of family physicians)</b><br>Dr. Suen Gee Kwang Victoria & Dr. Choi Yuen Ling   | Ms. Polly Tai<br>Tel: 3949 3430   |
| <b>11 February 16 (Thu)</b> |  |   |                                   |
| 4:00 – 6:00 p.m.            | Room 614, Ambulatory Care Centre, Tuen Mun Hospital                        | <b>Invitation of Dietician to Share Experience in Giving Diet Advice to Patients with Hypertension, Diabetes and Lipid Disorder</b><br>Dr. Lau Lai Na & Dr. Tse Hing Choi | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 2:15 – 5:15 p.m.            | Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital        | <b>Update on management of COPD</b><br>Dr. Ying Gard Ching Derek & Dr. Chui Tsz Hang  | Ms. Polly Tai<br>Tel: 3949 3430   |
| 5:00 – 7:00 p.m.            | Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital                    | <b>Smoking cessation</b><br>Dr. Chan Ki Chun Enoch  | Ms. Kwong<br>Tel: 2595 6941       |
| <b>17 February 16 (Wed)</b> |  |   |                                   |
| 2:15 – 5:15 p.m.            | Multi-media Conference Room, 2/F, Block S, United Christian Hospital       | <b>Clinical audit</b><br>Dr. Lam Lai Cho Eugenia & Dr. Lee Shek Hang Henry  | Ms. Polly Tai<br>Tel: 3949 3430   |
| 2:15 – 4:45p.m.             | AB1034, 1/F, Main Block, Tuen Mun Hospital                                 | <b>Understanding Common Health Food Products</b><br>Dr. Pang Kwan   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 5:30 – 7:30 p.m.            | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | <b>Resuscitation update</b><br>Dr. Poon Wing Kwan & Dr. Cheng Ka Ho   | Ms. Crystal Law<br>Tel: 2632 3480 |
| 4:45 – 6:45 p.m.            | Lecture Theatre, 5/F, Tsan Yuk Hospital                                    | <b>Acute psychosis</b><br>Dr. long Ka I   | Ms. Cammy Chow<br>Tel: 2589 2337  |
| <b>18 February 16 (Thu)</b> |  |   |                                   |
| 4:00 – 6:00 p.m.            | Room 614, Ambulatory Care Centre, Tuen Mun Hospital                        | <b>Diabetic Obesity (Practical Management)</b><br>Dr. Sze Chung Fai & Dr. Chan Man Li   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 2:15 – 5:15 p.m.            | Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital        | <b>Clinical audit</b><br>Dr. Lee Wing Mei Dickinson & Dr. Chow Pui Yin Melody   | Ms. Polly Tai<br>Tel: 3949 3430   |
| 5:00 – 7:00 p.m.            | Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital                    | <b>Management of common critical laboratory results in clinic setting</b><br>Dr. Mak Wing Hang  | Ms. Kwong<br>Tel: 2595 6941       |
| <b>24 February 16 (Wed)</b> |  |   |                                   |
| 2:15 – 5:15 p.m.            | Multi-media Conference Room, 2/F, Block S, United Christian Hospital       | <b>Health care delivery system in USA</b><br>Dr. Lee Edna Tin Wai & Dr. Chan So Wai Sara  | Ms. Polly Tai<br>Tel: 3949 3430   |
| 2:15 – 4:45p.m.             | AB1034, 1/F, Main Block, Tuen Mun Hospital                                 | <b>Motivational Interviewing (Part 2)</b><br>Dr. Wong Man Kin   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 4:45 – 6:45 p.m.            | Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital                   | <b>Common eye problems in children</b><br>Dr. Wong Yat Hin Ian  | Ms. Cammy Chow<br>Tel: 2589 2337  |
| 5:30 – 7:30 p.m.            | Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital | <b>Common urology disease (LUTS, haematuria, dysuria etc.)</b><br>Dr. Chen Lujing   | Ms. Crystal Law<br>Tel: 2632 3480 |
| <b>25 February 16 (Thu)</b> |  |   |                                   |
| 2:15 – 5:15 p.m.            | Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital        | <b>Health care delivery system in USA</b><br>Dr. Leung Ching Ching & Dr. Mak Ho Yan Queenie   | Ms. Polly Tai<br>Tel: 3949 3430   |
| 4:00 – 6:00 p.m.            | Room 614, Ambulatory Care Centre, Tuen Mun Hospital                        | <b>Drugs with Pregnancy</b><br>Dr. Lo Cheuk Wai & Dr. So Mei Kuen   | Ms. Eliza Chan<br>Tel: 2468 6813  |
| 5:00 – 7:00 p.m.            | Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital                    | <b>Pre-marital counselling</b><br>Dr. Wong Hang Fai Ricky   | Ms. Kwong<br>Tel: 2595 6941       |



香港家庭醫學學院

仝人恭賀



# COLLEGE CALENDAR

| Sunday   | Monday          | Tuesday                        | Wednesday  | Thursday  | Friday   | Saturday   |
|--|-----------------|--------------------------------|--|---|--|--|
| 10<br><b>Jan</b>                                   | 11              | 12                             | 13<br>2:15 – 7:30 p.m.<br>Structured Education Programme                               | 14<br>2:15 – 7:00 p.m.<br>Structured Education Programme  | 15   | 16<br>2:30 – 5:30 p.m.<br>DFM Module III<br>Evidence-Based<br>Medicine   |
| 17   | 18              | 19                             | 20<br>2:15 – 7:30 p.m.<br>Structured Education Programme                               | 21<br>2:15 – 7:00 p.m.<br>Structured Education Programme<br>8:30 p.m.<br>Council Meeting                          | 22   | 23<br>2:30 – 5:30 p.m.<br>DFM Module III<br>Critical Appraisal<br>2:30 – 4:30 p.m.<br>CA Standardization<br>Workshop |
| 24   | 25              | 26<br>9:00 p.m.<br>DFM Meeting | 27<br>2:15 – 7:30 p.m.<br>Structured Education Programme<br>6:30 p.m.<br>HKPCC Meeting | 28<br>2:15 – 7:00 p.m.<br>Structured Education Programme  | 29<br>2:30 – 3:30 p.m.<br>Board of Education -<br>Video Session<br>9:00 p.m.<br>Board of Conjoint<br>Examination Meeting | 30<br>2:30 – 4:30 p.m.<br>PA Preparatory<br>Workshop<br>TBC<br>CPR Instructor Training<br>Workshop                   |
| 31   | 1<br><b>Feb</b> | 2                              | 3<br>2:15 – 7:15 p.m.<br>Structured Education Programme                                | 4<br>2:15 – 7:00 p.m.<br>Structured Education Programme   | 5  | 6<br>2:00- 4:00 p.m.<br>Interest Group in<br>Mental Health   |
| 7  | 8               | 9                              | 10<br>2:15 – 7:30 p.m.<br>Structured Education Programme                               | 11<br>2:15 – 7:00 p.m.<br>Structured Education Programme  | 12   | 13   |
| 14   | 15              | 16                             | 17<br>2:15 – 7:30 p.m.<br>Structured Education Programme                               | 18<br>2:15 – 7:00 p.m.<br>Structured Education Programme<br>8:30 p.m.<br>HKCFP Council Meeting                    | 19   | 20<br>2:30 – 5:30 p.m.<br>Module III Research<br>& teaching in Family<br>Medicine                                    |
| 21   | 22              | 23                             | 24<br>2:15 – 7:30 p.m.<br>Structured Education Programme                               | 25<br>2:15 – 7:00 p.m.<br>Structured Education Programme<br>9:00 p.m.<br>Board of Conjoint<br>Examination Meeting | 26<br>2:30 – 3:30 p.m.<br>Board of Education -<br>Video Session  | 27<br>2:00 – 6:00 p.m.<br>CPR Training<br>Workshop   |
| 28<br>2:00 – 6:00 p.m.<br>CPR Training<br>Workshop | 29              | 1<br><b>Mar</b>                | 2  | 3   | 4  | 5  |

## FP LINKS EDITORIAL BOARD 2015

|  |   |  |
|--|---|--|
| <b>Board Advisor :</b><br>Dr. Wendy Tsui   | <b>Board Members :</b><br>Dr. Alvin Chan<br>Dr. Chan Man Li<br>Dr. David Cheng<br>Dr. Judy Cheng<br>Dr. Christina Cheuk<br>Dr. Fok Peter Anthony<br>Dr. Fung Hoi Tik, Heidi<br>Dr. Ho Ka Ming<br>Dr. Alfred Kwong<br>Dr. Dorothy Law<br>Dr. Maria Leung<br>Dr. Ngai Ka Ho<br>Dr. Sin Ming Chuen<br>Dr. Siu Pui Yi, Natalie<br>Dr. Sze Hon Ho<br>Dr. Wong Yu Fai<br>Dr. Yip Tze Hung | <i>Section Editor (Oasis)</i><br><i>Section Editor (Feature)</i><br><i>Section Editor (After Hours)</i><br><i>Section Editor (WONCA Express)</i><br><i>Section Editor (Photo Gallery)</i><br><i>Section Editor (News Corner)</i> |
| <b>Chief Editor :</b><br>Dr. Catherine Ng  |   |  |
| <b>Deputy Editors:</b><br>Prof. Martin Wong<br>Dr. Natalie Yuen<br>Dr. Anita Fan |   |  |



Back row (left to right): Dr. Dorothy Law, Dr. David Cheng, Dr. Ho Ka Ming, Dr. Yip Tze Hung, Dr. Alfred Kwong, Dr. Sin Ming Chuen, Dr. Sze Hon Ho and Dr. Judy Cheng  
Front row (left to right): Dr. Natelie Siu, Dr. Catherine Ng, Dr. Wendy Tsui and Dr. Anita Fan

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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