



THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS

FP Links

Issue 167
January 2018

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Message from the President



Antimicrobial Resistance (AMR) has caused a media storm over the past two months with a lot of discussions amongst primary care doctors. Being the Chairman of the Advisory Group for Antibiotic Stewardship Programme (ASP) in Primary Care under the umbrella of Centre for Health Protection (CHP), I might be the best person to explain the ins and outs.

The burden of AMR in United States alone (2013) caused more than 23000 deaths, 2 million infections, direct healthcare costs in excess of US\$20 billion and loss of productivity at US\$35 billion. AMR does not respect country border, and is an international threat. It has been estimated that if no effective measures are implemented by 2050, 10 million annual deaths or one death in every three seconds and loss of 2-3% global GDP accounting to US\$ 100 trillion could be incurred. This is the dire number one health issue we are all facing at the moment.

The first world Antibiotic Awareness Week (AAW) was initiated by the World Health Organization (WHO) started in 2015. It aims to increase awareness of global AMR and to encourage best practices among the general public, healthcare workers and policy makers to avoid the further emergence and spread of AMR. 13 to 19 November 2017 was the AAW, themed as "Seek advice from a qualified healthcare professional before taking antibiotics". Appropriate use of antimicrobial agents is one of the essential factors in controlling the emergence of antimicrobial resistance (AMR). To echo the health promotion activities during AAW, the Centre for Health Protection announced the launch of Antibiotic Stewardship Programme (ASP) in Primary Care.

Antibiotic Stewardship is defined as coordinated interventions designed to improve and measure the appropriate use of antibiotics by promoting the selection of the optimal antibiotic regimen including dosage, duration of therapy and route of administration. ASP in Primary Care in UK, US and France results in significant reduction of antibiotic use with no significant change in admissions to hospital, reconsultations or costs.

ASP has been identified as a key measure for reducing unnecessary prescriptions, suppressing AMR emergence, and at the same time controlling medical expenses. The development and implementation of ASP is relatively mature in local hospital settings. However, the support for and promotion of proper use of antimicrobials can be enhanced in the primary health care setting. The Advisory Group is chaired by me and composed of key stakeholders from local experts and academia in the fields of family medicine, microbiology, public health, pharmacology and professional bodies such as the Hong Kong Medical Association, the Hong Kong Doctors Union and healthcare maintenance organizations from the community. We started working in March 2017 for developing a series of evidence-based guidance notes for common infections in primary care. Currently, three guidance notes on acute pharyngitis, acute uncomplicated cystitis in women, and simple (uncomplicated) skin and soft tissue infections have been published and the development of other guidance notes for common infections will continue. In addition, education materials for patients such disease information sheets, posters and pamphlets are also produced to facilitate doctors in explaining the nature of infectious diseases, importance of compliance with doctors' instructions and advising the public not to use antibiotics indiscriminately.

So how serious is AMR in Hong Kong? According to DH statistics, the number of community-associated methicillin-resistant *Staphylococcus aureus* (MRSA) cases notified to the CHP has increased five-fold in the past nine years with approximately 1,000 reports annually in the recent three years. Hospital Authority Superbug Report 2011-2016 showed the

percentage of isolates cultured to have multi-drug resistant organism: MRSA about 45% and ESBL producing *E coli* about 35%. What it means is we are near the top of the global AMR league!

So who should take the blame? Certainly not the primary care doctors! The antibiotic prescribing rate for URTI (2014) in Hong Kong was 5-6% (decreased from 8% in 2005; and when compared with 50% in Australia and 80% in China which was one of the lowest in the Asia Pacific region. The liberal use of antibiotic in poultry and cattle imported to Hong Kong has not gone unnoticed. Antibiotics like Cephalosporin which have a shorter half-life are commonly used in cattle farming and untraceable by the time the cattle was sold. However, a local study by the Chinese University of Hong Kong in 2016 on cough showed the antibiotic prescribing pattern: 17.4% in private versus 1.6% in public consultation. The clinicians' perception of benefit from antibiotic, patients' request and their expectation, as well as the severity of symptoms are the reasons for antibiotic use. Diagnostic uncertainty is the most common reason for local doctors to prescribe antibiotics to patients with URTI.

The challenges we are facing: Firstly, use of diagnostic tests are not common as cost of laboratory testing and the report timing of specimen culture which will take 3 days make doctors rely heavily on their clinical judgement. Decision to prescribe antibiotics is rarely based on definitive diagnosis. Evidence-based prescribing and dispensing should be the standard of care.

Secondly, the lack of local epidemiology data on resistance pattern of common pathogens especially in private primary care is another hot issue. The establishment of our advisory group is not for compulsory surveillance of antibiotic use in private sector though we will try to work out possible ways to understand the private practice in antibiotic use and to evaluate the effectiveness of programme. We are going to conduct a survey by obtaining feedback from primary care doctors through questionnaires during training sessions. Their views on awareness, usefulness of ASP materials and their frequency of antibiotic prescription for the three diseases in the guidelines will be collected. We have approached HMOs for feasibility to get their data for analysis. Though they have reservation to provide data due to privacy issue, they start to move forward by looking into the antibiotic use in their organisations. The use of electronic channel like eHRSS is not well adopted by primary care doctors for record sharing though this method will progress down the years and should be encouraged. I have heard a microbiologist who recommended taking photos of medication bags and submitting to Department of Health for data collection. This is impractical and can be misleading. The bag is dumb about the clinical presentations, working diagnosis and background situations.

Thirdly, public and patients' support for reduction of unnecessary antibiotic prescription is essential. The survey by CHP indicates 97% of Hong Kong people agree to non-prescription of antibiotic if doctor explains clearly. Another survey shows a staggering 54% of people misunderstand antibiotic can cure URTI. That is why patient education is of prime importance.

I can summarize the following keys points: 1. Optimisation of antimicrobial use is one of the keys to combat AMR. 2. Enhance surveillance on antimicrobial resistance and antimicrobial use in primary care is an important initiative. 3. Doctors should prescribe antibiotics when indicated and with reference to the latest local prevalence and susceptibility profiles. 4. Development of guidelines to provide doctors with the knowledge and confidence of appropriate standard of antibiotic prescription should be a future direction. 5. Good doctor-patient relationship enhances judicious use of antibiotics by patients through education. 6. Antibiotics are our precious resources and everybody has the responsibility to treasure and prevent its misuse.

Internal Affairs Committee News

The 30th Hong Kong College of Family Physicians (HKCFP) Conferment Ceremony, the 28th Dr Sun Yat Sen Oration and 40th Anniversary Dinner held on 10th December 2017

Dr. David V. K. Chao, Chairman, Internal Affairs Committee, HKCFP

The 30th HKCFP Conferment Ceremony and the 28th Dr Sun Yat Sen Oration

2017 was the 30th Anniversary of the Conjoint Fellowship Examination of the Hong Kong College of Family Physicians (HKCFP) and the Royal Australian College of General Practitioners (RACGP). Therefore, this year's Fellowship Conferment Ceremony deserved special attention. Together with the 28th Dr Sun Yat Sen Oration, the Conferment Ceremony was held on the 10th December 2017 at the Hong Kong Academy of Medicine Building.

We were most grateful towards the government officials, university colleagues, our sister colleges' representatives from overseas, representatives of the Hong Kong Academy of Medicine and local specialty colleges, overseas dignitaries and doctors' organisations for their participation in celebrating the joyful success of our Conjoint Fellows, successful candidates of the Exit Examination and Diplomates in Family Medicine (DFM). We were most thankful towards the aforementioned friends, colleagues and peers who have rendered their continuing support to our College making this year's academic events the most memorable yet.

Dr. Kathy Tsim, our Public Orator, introduced the Official Platform Party before our College President, Dr. Angus Chan officially declared the ceremony opened. Dr. Mark Miller, the RACGP Censor-in-Chief, represented our Australian sister College to give a warm welcome speech. There were 30, 29, 16 and 29 doctors awarded HKCFP Fellowship, RACGP Fellowship, Exit Examination Certificate, and Diploma in Family Medicine, respectively. Awards of the Dr. Peter C. Y. Lee Best Candidate in Fellowship Examination 2016, the HKCFP Best Research Award 2016, and HKCFP Research Fellowship 2017 were delivered on stage also. The ceremony was concluded by Dr. Stephen Foo, Censor and Past President of our College, and our Dr. Sun Yat Sen Orator this year, delivering the 28th Dr. Sun Yat Sen Oration entitled "Memoir and Passion – Personal Reflection of 40 years History of HKCFP".

All these would not have happened without the most efficient secretariat support led by Ms. Erica So and a tremendous helpers' team to ensure the smooth running of the occasion, including Dr. Ko Wai Kit (Coordinator), Dr. Chan Ngai Ping (Marshalling Officer), Dr. Fok Peter Anthony (Marshalling Officer), Dr. Kwan Yu (Marshalling Officer), Dr. Leung To Fung, Andrew (Marshalling Officer), Dr. Chan Man Li (Usher), Dr. Chung Kin Wing (Usher), Dr. Lau Kin Sang, Kinson (Usher) and Dr. Wang Hua Li, Jenny (Usher). Last but not least, we would like to thank all the attendants, family members, colleagues and friends who have participated in the Ceremony to witness their beloved ones receiving their honours on this very special occasion.

The 40th Annual General Meeting and the 40th Anniversary Dinner

The 40th Annual General Meeting (AGM) and 40th Anniversary Dinner were held after the Conferment Ceremony at the Run Run Shaw Hall of the Hong Kong Academy of Medicine. The Annual Dinner was kick-started with the AGM going through the various important operational matters related to the College, followed by the Council meeting to confirm the chairmanship of various boards and committees for the coming year in 2018. The Anniversary Dinner was commenced right after that. We would like to express our special thanks to Dr. Maria Leung and Dr. Matthew Luk for being the MCs of the Anniversary Dinner and led us through a very enjoyable evening. Again, we would also like to thank Dr. Lo Ling to be our volunteer photographer this year. Dr. Angus Chan, our President, expressed the College's gratitude towards all the collaborating partners, the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their unfailing support to make 2017 a very successful year

for all our colleagues. The College thanked Dr. Loretta Chan and Dr. Daniel Chu, the retiring Council Members, for their past invaluable contribution towards the College. The winner of the 40th Anniversary Celebration Photo Competition was announced also, namely Dr. Lo Ling. Many congratulations to Dr. Lo!

The 40th Anniversary highlights delivered by Dr. Stephen Foo entitled “Photographic Memories of the 40 Years History of HKCFP” was one of main highlights of the evening. Then, various boards and committees proposed a vote of thanks to all members and fellows for their continuing support. We were most grateful to have Prof. Sophia Chan, Secretary for Food and Health, Food and Health Bureau, HKSAR, Dr. Mario Chak, President of the Federation of Medical Societies of Hong Kong and Dr. Christina Maw, Chief Manager, Primary & Community Services, Strategies & Planning Division, Hospital Authority joining us for the dinner.

The excellent entertainment programmes that evening included the bingo game and musical performances. The marvellous music performance by Dr. Kenny Kung, Dr. Chan Hung Chiu, Dr. Raymond Yeung, Mr. Louis Kung and Mr. Clemson Lo was most impressive. Thanks to the thoughtful generousities of our council members, friends and related organisations, the lucky draw as another highlight of the evening was carried out in joyful spirits to conclude the Anniversary Dinner. We would like to take this opportunity to thank all the colleagues and friends who have helped to make the evening a very enjoyable occasion for all.

Please stay tuned for more photos in the photo gallery in next issue.

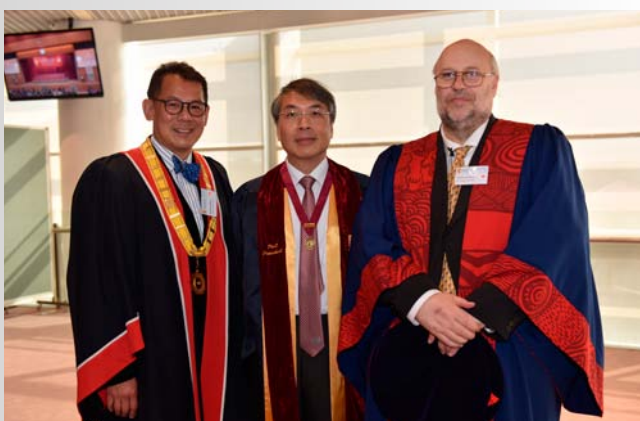
The 30th HKCFP Conferment Ceremony & the 28th Dr. Sun Yat Sen Oration



Dr. David Chao, Dr. Beth Miller, Mr. Samuel Miller, Dr. Mark Miller, Dr. Angus Chan and Dr. Lau Ho Lim (from left to right)



Prof. Lau Chak Sing, Prof. Gilberto Leung, Dr. Chan Hung Chiu, Dr. King Chan, Dr. Libby Lee, Dr. David Chao and Dr. Andrew Ip (from left to right)



Adj. Asst. Prof. Tan Tze Lee, Dr. Gene Tsoi and Dr. Mark Miller (from left to right)



Dr. Chui Tak Yi, Prof. John Leung, Prof. Doris Young, Prof. Cindy Lam and Dr. Andrew Ip (from left to right)



Dr. David Chao, Dr. Billy Chiu, Dr. Chan Hung Chiu, Prof. Cindy Lam, Dr. Angus Chan, Prof. John Leong, Dr. Stephen Foo, Dr. Robert Ng, Dr. Leung Wing Cheong and Dr. Ho Chin Hung (from left to right)



Dr. Wong Yiu Chung, Dr. Peggy Chu, Dr. Liang Jun and Dr. Francis Mok (from left to right)



Platform guests and VIP guests taking a group photo with Council members



Group photo of platform guests on stage



Dr. Angus Chan delivering the welcome speech on behalf of HKCFP



Dr. Mark Miller delivering the welcome speech on behalf of RACGP



Dr. Hui Ka Ling (middle) receiving the Dr. Peter C. Y. Lee Best Candidate Award in Fellowship Examination 2016 from Dr. Angus Chan (right) and Dr. Mark Miller (left)



Dr. Tse Sut Yee (middle) receiving the Outstanding Candidate Award in Exit Examination 2017 from Prof. Doris Young (left) and Dr. Angus Chan (right)



Dr. Stephen Foo delivering the 28th Dr. Sun Yat Sen Oration



Dr. Angus Chan (left) presenting the Dr. Sun Yat Sen Oration gold medallion to Dr. Stephen Foo (right)



Council members and platform guests taking a group photo with new HKCFP / RACGP Fellows



Council members and platform guests taking a group photo with successful Exit Examination candidates



Council members and platform guests taking a group photo with DFM diplomates

The 40th Anniversary Dinner of the HKCFP held on 10th December 2017 (Sunday)



Dr. Chan Chi Wai, Prof. Samuel Wong, Dr. Liang Jun, Dr. Lau Ho Lim, Prof. Sophia Chan, Dr. Stephen Foo, Dr. Angus Chan, Dr. Mary Kwong, Adj. Asst. Prof. Tan Tze Lee and Mr. Kelvin Cheng (from left to right)



Dr. Chan Chi Wai, Dr Li Yim Chu, Dr. Michelle Wong, Dr. King Chan, Dr. David Chao, Adj. Asst. Prof. Tan Tze Lee, Dr. Angus Chan, Dr. Christina Maw, Dr. Liang Jun, Dr. Eric Hui, Dr. Wendy Tsui, Dr. Marcus Wong and Dr. Ko Wai Kit (from left to right)



A welcoming speech by HKCFP President, Dr. Angus Chan



Toasting proposed by President, Dr. Angus Chan (10th from the right), with Council Members



Council Members with distinguished guests on stage



Back row (from left to right): Mrs. Maria Foo, Adj. Asst. Prof. Tan Tze Lee, Dr. Siu Ping Cheong, Dr. Mary Kwong, Dr. Wendy Tsui and Prof. Samuel Wong

Front row (from left to right): Dr. Beth Miller, Dr. Stephen Foo, Dr. Mark Miller, Dr. Angus Chan, Prof. Sophia Chan, Prof. Cindy Lam and Prof. Doris Young



Sharing of Photographic memories of the 40 years history of HKCFP by Dr. Stephen Foo



Dr. David Chao (left) with Dr. Lo Ling (right), Winner of the 40th Anniversary Celebration Photo Competition and volunteer photographer



Chairman of the Board of Conjoint Examination, Dr. Chan Hung Chiu (13th from the right) and members of the Board took a group photo with successful candidates in the Conjoint Examination



Chairlady of the Specialty Board, Dr. Wendy Tsui (8th from the left), and members of the Board with successful candidates of the Exit Examination



Chairman of the Board of Diploma in Family Medicine, Dr. Au Chi Lap (6th from the left) and members of the Board



Chairman of the HKCFP 40th Anniversary Celebration Organising Committee, Dr. David Chao (4th from the left), with members of the Organising Committee



The marvellous music performance by Dr. Kenny Kung, Mr. Louis Kung, Dr. Raymond Yeung, Dr. Chan Hung Chiu and Mr. Clemson Lo (from left to right)



The Chairman of Internal Affairs Committee, Dr. David Chao (3rd from the right) presenting the souvenirs to our excellent music band, Dr. Raymond Yeung, Dr. Chan Hung Chiu, Mr. Clemson Lo, Mr. Louis Kung and Dr. Kenny Kung (from left to right)



Our Masters of Ceremony, Dr. Maria Leung (middle), Dr. Matthew Luk (right) with Dr. David Chao (left), the Chairman of Internal Affairs Committee



Secretary for Food & Health, Food & Health Bureau, Prof. Sophia Chan (left), presenting the lucky draw prize to the winner, Dr. Or Ka Yan (right)



Secretary for Food & Health, Food & Health Bureau, Prof. Sophia Chan (right), drawing the 1st Lucky Draw Winner with the President, Dr. Angus Chan (middle)



The President, Dr. Angus Chan (left) presenting the 1st Lucky Draw Prize to the winner, Dr. Yau Wing Ho (middle) with Prof. Sophia Chan



College Executives with College Staff (from left to right): Ms. Natalie Ho, Ms. Katie Lam, Ms. Suki Lung, Ms. Crystal Yung, Ms. Charlotte Cheung, Dr. David Chao, Dr. Lau Ho Lim, Dr. Angus Chan, Dr. Billy Chiu, Ms. Teresa Liu, Ms. Alky Yu, Ms. Windy Lau, Ms. Erica So, Ms. Priscilla Li and Mr. John Ma

Board of Conjoint Examination News

Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates have passed the clinical segment of the 31st Conjoint Examination 2017. (Passing rate: 74.1%)

Dr. Chan Ham	Dr. Cheuk Hiu Ying	Dr. Liu Yin Mei
Dr. Chan Lam	Dr. Cheuk Yau Chun	Dr. Luk Chun Wa
Dr. Chan Pui Chuen	Dr. Chiang Lap Kin	Dr. Mang Kit Ying
Dr. Chan Pui Kwan	Dr. Chui Winnie Wan Ying	Dr. So Tsang Yim
Dr. Chang Wells	Dr. Fong Chui Ying	Dr. Wong Hong Kiu, Queenie
Dr. Chen Hing Han	Dr. Han Jinghao	Dr. Xu Shaowei
Dr. Cheng Wai Fat	Dr. Lee Tin Wai	

Congratulations to you all !

Dr. Peter CY Lee Best Candidate Award 2017

Dr. Chan Pui Chuen, who had passed the Conjoint HKCFP/RACGP Fellowship Examination at one setting and achieved the best overall performance, will be awarded the Dr. Peter CY Lee Best Candidate Award 2017.

Congratulations to Dr. Chan!

Our Heartfelt Thanks to all Examiners & Case-writers

Examiners

The Board of Conjoint Examination would like to take this opportunity to thank all the following examiners for their active participation in various segments of the Conjoint Examination this year.

Dr. Au Tai Kwan Eva	Dr. Chao Vai Kiong David	Dr. Fung Yuk Kwan
Dr. Au Yeung Shiu Hing	Dr. Chau Kai Man	Dr. Ho Ka Ming
Dr. Bien Tse Fang Barry	Dr. Cheng Michael	Dr. Ho Kam Wai
Dr. Chan Hung Chiu	Dr. Cheuk Christina	Dr. Ho Kin Sang
Dr. Chan Hung Wai Patrick	Dr. Cheung Hard King	Dr. Ho Yiu Keung Steven
Dr. Chan Kin Ling	Dr. Cheung Kwok Leung	Dr. Hui King Wai
Dr. Chan King Hong	Dr. Cheung Mei Yee	Dr. Hui Kwun Sue Wilson
Dr. Chan Kit Chi Kitty	Dr. Cheung Pui Shan Cindy	Dr. Hung Lok Lam Susanna
Dr. Chan Kwok Wai	Dr. Cheung Sze Man	Dr. Hung Wai Yin
Dr. Chan Man Hung	Dr. Cheung Wai Keung Paul	Dr. Ip Pang Fei
Dr. Chan Man Li	Dr. Cheung Yau Ling Florence	Dr. Ip Sui Wah
Dr. Chan Mei Tak	Dr. Cheung Ying Man	Dr. Kam Sze Man Silvia
Dr. Chan Ming Wai Angus	Dr. Ching Kam Wing	Dr. Kan Chi Ho
Dr. Chan Sze Luen David	Dr. Choi Chuen Ming Clarence	Dr. Kong Che Wan
Dr. Chan Tat Eddie	Dr. Chu Wai Sing Daniel	Dr. Kong Yim Fai Albert
Dr. Chan Wan Wai	Dr. Chui Siu Hang Billy	Dr. Ku Chi Sing Hilary
Dr. Chan Wan Yee Winnie	Dr. Chung Tze Nang John	Dr. Kung Kenny
Dr. Chan Wing Yan	Dr. Fan Wai Man Anita	Dr. Kwan Ka Mei Betty
Dr. Chan Yin Hang	Dr. Fan Yuen Man Cecilia	Dr. Kwan Sin Man
Dr. Chan Ying Ho Andrew	Dr. Fang Oi Sze Elsie	Dr. Kwok Chung Hon Michael
Dr. Chan Yuen Yan	Dr. Fok Peter Anthony	Dr. Kwong Bi Lok Mary
	Dr. Foo Kam So Stephen	Dr. Lai Tat Chau Douglas

Dr. Lam Hon Man	Dr. Ng Ventura Lorna	Dr. Tsui Hoi Yee
Prof. Lam Lo Kuen Cindy	Dr. Ngai Bernard	Dr. Wong Chak Tong
Dr. Lam Paul	Dr. Ngai Ka Ho	Dr. Wong Chi Kwong Roger
Dr. Lam Tak Man Catherine	Dr. Pang Siu Leung	Dr. Wong Chi Lung
Dr. Lam Wing Kwun	Dr. Shek Chun Chiu	Dr. Wong Kwai Wing
Dr. Lam Wing Wo	Dr. Shek Hon Wing	Dr. Wong Kwok Ho
Dr. Lau Ho Lim	Dr. Shuen Chuen Kwok Mariana	Dr. Wong Mong Sze Marcus
Dr. Lau Kam Tong	Dr. Shum Pui Shan Monica	Dr. Wong Nai Ming
Dr. Lau Kin Sang Kinson	Dr. Sin Ka Ling	Dr. Wong Oi Yee Amy
Dr. Lau Po Shan	Dr. Siu Che Hung Paul	Dr. Wong Pak Hoi
Dr. Lau Tai Wai	Dr. Siu Pui Yi	Dr. Wong Pak Kin
Prof. Lee Albert	Dr. So Ching Yee Gloria	Dr. Wong Suk Ching
Dr. Lee Ka Ling Glenn	Dr. Tam Ho Shan	Dr. Wu Shui Chi Nerrissa
Dr. Lee Kai Yuen	Dr. Tam John Hugh	Dr. Wu Tsz Yuen
Dr. Lee Man Kei	Dr. Tam Ka Wae Tammy	Dr. Yau Lai Mo
Dr. Lee Siu Yin Ruby	Dr. Tam Kit Ping	Dr. Yeung Sau Ying
Dr. Leung Chun Yin Daniel	Dr. To Kit Yuk Dorothy	Dr. Yeung To Ling Solomon
Dr. Leung Kwan Wa Maria	Dr. Tong Leon George	Dr. Yeung Wai Man
Dr. Leung May Heng Sandy	Dr. Tong Po Hei	Dr. Yiu Ming Pong
Dr. Leung Tsi Mei Violet	Dr. Tse Hing Choi	Dr. Yiu Yuk Kwan
Dr. Lo Chun Hung Raymond	Dr. Tse Kwok Ki Keith	Dr. Young Sui Wah
Dr. Lui Luen Pun Benny	Dr. Tsim Koon Lan	Dr. Yu Sze Kai Frances
Dr. Ng Mei Po	Dr. Tsoi Lai To Sammy	Dr. Yuen Fu Lam
Dr. Ng Mei Yee	Dr. Tsoi Wai Wang Gene	Dr. Yuen Shiu Man

Case- writers

We would like to particularly thank the following case-writers for their contributions in writing up examination questions and cases in various segments of the Conjoint Examination this year.

Dr. Au Tai Kwan Eva	Dr. Ho Ka Ming	Dr. Leung Kwan Wa Maria
Dr. Bien Tse Fang Barry	Dr. Ip Pang Fei	Dr. Ng Mei Po
Dr. Chan Man Hung	Dr. Ip Sui Wah	Dr. Sin Ka Ling
Dr. Chan Wan Yee Winnie	Dr. Ku Chi Sing Hilary	Dr. So Ching Yee Gloria
Dr. Chan Wing Yan	Dr. Kwan Sin Man	Dr. Tam Ho Shan
Dr. Chan Yin Hang	Dr. Kenny Kung	Dr. Tsoi Lai To Sammy
Dr. Chao Vai Kiong David	Dr. Lam Tak Man Catherine	Dr. Wong Chak Tong
Dr. Cheng Michael	Dr. Lam Wing Kwun	Dr. Wong Chi Kwong Roger
Dr. Cheung Hard King	Dr. Lau Ho Lim	Dr. Wong Chi Lung
Dr. Cheung Kwok Leung	Dr. Lau Kam Tong	Dr. Wong Pak Kin
Dr. Ching Kam Wing	Dr. Lau Kin Sang Kinson	Dr. Wu Tsz Yuen
Dr. Chui Siu Hang Billy	Dr. Lee Kai Yuen	Dr. Yeung Wai Man

The Board of Conjoint Examination is also extremely grateful for all their contributions and continual support throughout these years.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

THIRTY-SECOND CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-second Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2018.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application – including a valid RACGP number.)

(Note : All candidates are required to renew their RACGP membership for the year 2018/2019 before 31 July 2018. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2018, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2018, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2018.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Applied Knowledge Test (AKT)*, and
Key Feature Problems (KFP)

**Note: Applied Knowledge Multiple Choice Questions (MCQ) has been renamed as Applied Knowledge Test (AKT), with no change on the exam format.*

- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. This validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

Note: Regarding the APCLS certificate as issued by the HKCFP, the APCLS workshops & examinations for 2018 will be held on **24 - 25 February 2018 and **24 - 25 March 2018** respectively. Details regarding the workshop / examination can be referred to the News of the Board of Education (on pg. 25). Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2018.*

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the AKT and KFP segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2021).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **11 April 2018 (Wednesday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee: \$3,000*

[*Note: For candidates who are first sitting for the OSCE exam and have passed the Written Examination in 2015-2016, provided that the administration fee for the whole Conjoint Examination had been previously settled, only the Clinical Examination fee of \$14,500 would apply, that is, the application fee of \$3,000 would NOT apply.]

Examination Fee:

- Full Examination (Written + Clinical) \$29,000
- Written Examination \$14,500
- Clinical Examination \$14,500

Please make the cheque payable to **“HKCFP Education Limited”**. If a candidate applied for the Full Examination **but failed in the Written Examination, the Clinical Examination fee (\$14,500) will be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$29,000 (for the whole examination), \$14,500 (for the written examination) or \$14,500 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- 11 April 2018 (Wednesday) Closing Date for Applications
- 12 August 2018 (Sunday) Conjoint Examination – Written Examination (AKT)
- 21 August 2018 (Tuesday) Conjoint Examination – Written Examination (KFP)
- (Date to be confirmed) Conjoint Examination – OSCE

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

Board of Vocational Training and Standards News

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2020, please submit the application for higher training on or before **28th February 2018 (Wednesday)** in order to meet the requirement for sitting Exit Examination. The application form is available from the College Secretariat or can be downloaded from the College website.

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on 3rd February 2018 for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee),
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 3rd February 2018 (Saturday)

Time : 2:30 – 4:30 p.m.

Venue : Rm 903-4, 9/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **28th February 2018 (Wednesday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before **28th February 2018 (Wednesday)**.

The training experience of 2017 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Please contact Ms. Charlotte Cheung and Ms. Kathy Lai at 2871 8899 for any queries.

Higher Training Subcommittee
Board of Vocational Training & Standards

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that all basic trainees must submit the annual checklist to the Board of Vocational Training and Standards either by registered post OR in-person on or **BEFORE 31st January 2018 (Wednesday)**. Late submission will not be accepted.

The training experience of 2017 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

Should you have any enquiries, please feel free to contact Ms. Charlotte Cheung and Ms. Kathy Lai at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training & Standards

130/80mmHg Instead of 140/90mmHg... What Would Be the Possible Impact for Management of Hypertensive Patients in Our Locality?

The 2017 American College of Cardiology/American Heart Association (ACC/AHA) Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults had recently updated recommendations for 1. the definition of hypertension, 2. systolic and diastolic blood pressure thresholds for initiation of antihypertensive medication and 3. BP target goals, with the emphasis on monitoring blood pressure at home.

Brief comparison on JNC 7 and the new 2017 ACC/ AHA guidelines

1. Comparison in JNC7 and 2017 ACC/AHA Hypertension Guidelines in BP definition

SBP, DBP (mm Hg)	JNC7	2017 ACC/AHA
<120 and <80	Normal BP	Normal BP
120-129 and <80	Prehypertension	Elevated BP
130-139 or 80-89	Prehypertension	Stage 1 hypertension
140-159 or 90-99	Stage 1 hypertension	Stage 2 hypertension
≥ 160 or ≥ 100	Stage 2 hypertension	Stage 2 hypertension

2. Comparison of thresholds for initiation of antihypertensive medication

JNC7

Initiation of antihypertensive medication from all Stage I hypertension

2017 ACC/AHA

The use of antihypertensive drugs is to be guided by blood pressure as well as the presence of cardiovascular disease (CVD), diabetes, or a 10 year risk of developing CVD of more than 10%. Only prescribing medication for Stage I hypertension if a patient has already had a cardiovascular event such as a heart attack or stroke, or is at high risk of heart attack or stroke based on age, the presence of diabetes mellitus, chronic kidney disease or calculation of atherosclerotic risk (using the same risk calculator used in evaluating high cholesterol).

3. Blood pressure goals for patients with hypertension

JNC 7

goals of antihypertensive therapy were to achieve a BP of:

- <140 / <90 mm Hg for patients with uncomplicated hypertension
- <130 / <80 mm Hg for patients with diabetes or chronic renal failure

2017 ACC/ AHA

For adults with confirmed hypertension and known diabetes, chronic renal disease, CVD, or a 10-year ASCVD risk of 10% or more, a BP target of less than 130/80 mmHg is recommended.

For adults with confirmed hypertension without additional markers of increased CVD risk, a BP target of less than 130/80 mmHg may be reasonable.

Potential impact on our management

- With this guideline, more pre-hypertension will be classified as having hypertension.
- More patients will be started with antihypertensive by the new definition, but with smaller increase in proportion compared with patients classified as hypertensive.
- The new guideline stresses on the importance of using proper technique to measure blood pressure. Blood pressure levels should be based on an average of two to three readings on at least two different occasions.
- The guideline also stresses on the importance of home blood pressure monitoring using validated devices and appropriate training of healthcare providers to reveal "white-coat hypertension" and "masked hypertension".
- The guideline also promotes team-based system approaches for better diagnosis and management of hypertension.
- Public awareness will be raised on the issue of hypertension. We should take this opportunity to have more public education on CVD prevention, especially healthy lifestyle interventions, such as healthy diet, physical exercise, weight loss, and reduced sodium intake.

Initial response from local health authorities in Hong Kong

- the current guideline of 140/90mmHg would be reviewed and at the mean time the current guideline will be maintained, with close monitoring of the latest development of scientific evidences and practices of other areas on hypertension management.
- The population of hypertensive patients in our locality was estimated as 860,000, which is around 12.6% of the general population. The prevalence of hypertension in our locality will also be reviewed.

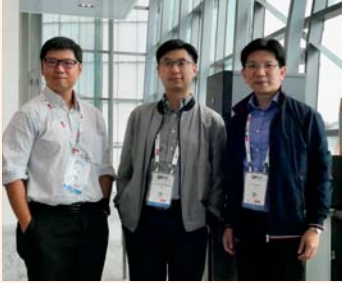
Reference:

1. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/ American Heart Association Task Force on Clinical Practice Guidelines <http://www.onlinejacc.org/content/accj/early/2017/11/04/j.jacc.2017.11.006.full.pdf>
2. Initial Response of HA towards New Hypertension Guidelines in the US
3. UpToDate - overview of hypertension in adults
4. Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7) <https://www.nhlbi.nih.gov/files/docs/guidelines/jnc7full.pdf>

Compiled by Dr. Christina Cheuk & Dr. Maria Leung

GP17 RACGP Conference, Sydney, Australia

Dr. LO Ling, Dr. KWAN Yu and Dr. Matthew M H LUK



from left to right: Dr. Kwan Yu, Dr. Luk Man Hei, Matthew and Dr. Lo Ling

“General practice: The foundation of patient-centred care” is the theme of this year’s annual conference of the Royal Australian College of General Practitioners (RACGP) held in Sydney on 26-28 October 2017.

GP17 was prelude by a day of Active Learning Modules (ALMs) designed for practising GPs to refresh their clinical skills and to learn hands-on in a variety of workshops. These ranged from Dermatology for GPs, emotional health of children, back pain assessment and management skills, to point of care ultrasound for rural GPs, just to name a few.

Apart from keynote lectures, GP17 was structured under five main streams, namely 1. Better systems and data, 2. Education and research, 3. Health equity, 4. Quality care, and 5. Sustainability and financial modelling. Presentations included lectures, sharing from patients, small group discussions, interactive quiz-based seminars, etc. All these worked as gathering points for Australian GPs to learn, to refresh and to supplement their clinical and business skills. It is rightfully said that the RACGP annual conference discusses the issues relevant to GPs.

Our GP17 journey started right after we landed at the Sydney International Airport at 08:10. We rushed off to the venue, International Conference Centre (ICC) Sydney in Darling Harbour, after we briefly settled at our hotel. We battled through the day of conference and the hypersomnolence after a 9-hour



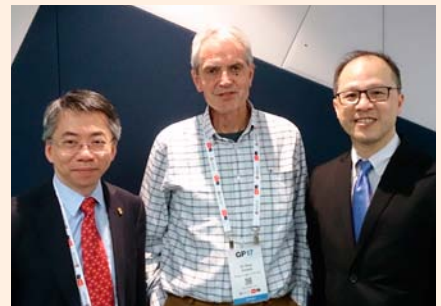
from left to right: Dr. Alexandra Seidel, Dr. Bastian Seidel (RACGP President), Dr. Angus Chan

overnight flight with coffee and tea. We were excited to see how RACGP organised their annual conference. The scale and details were remarkable - they had a team of helpers to guide participants to navigate the spacious conference venue, and their tea break area was situated in a hall where sponsors showcased their products and services in various booths. What products could we see there? Dermoscopes, health products, and even a mini car show!



from left to right: Dr. Wong Wai Man, Dr. Eugenia Lam, Dr. Angus Chan, Dr. David Chao

The topics covered in GP17 were well suited to different GPs. While some topics were less relevant to family doctors from Hong Kong, we were most impressed by two presentations. In one lecture, the speaker presented his evidence-based review of the benefits and myths of statins in lowering cardiovascular risks. The majority of the medical profession might take it for granted for quite some time that statins reduce cardiovascular risks. But the speaker delivered an unbiased review of the literature on the relation between statins, LDL levels and actual cardiovascular outcome rates. The conclusion was that it is not beyond doubts that statins always improve cardiovascular outcomes! In another lecture, a patient suffering from narcotic dependence because of her multiple post-operative pains shared on stage her long journey in seeking treatment and living with her narcotic



from left to right: Dr. Angus Chan, Prof. Terry Kemple (RCGP President), Dr. David Chao

analgesics. Her speech was touching and reflected perhaps a small group of Australian patients' sufferings from this difficult problem. From this lecture, we heard the patient's voice, as well as the questions and criticisms from the floor regarding the long waiting lists at specialist narcotic dependence treatment centres. These two lectures sharpened our mind and reminded us of the health systems in our locality.

During tea and lunch breaks, delegates could also view the poster presentations located in the same hall. We were glad to see a few posters from the public and academic sectors of Hong Kong. And we were even happier to bump into other delegates from Hong Kong. After a tiring and packed schedule in day one, a big group of us gathered for a nice dinner with beef and seafood. When night fell, we strolled along the Darling Harbour and retired to our hotel.

GP17 conference also enlightened us in a couple of aspects regarding their planning and arrangement. Foremost is the conference's family-friendliness. There was a nursery area for young children saving conference participants' hassle in child-care. GP17 also launched a dedicated smart phone App with programme time table, programme abstracts, and alert alarms built-in. Comprehensive WiFi coverage across the venue facilitated instant access to programme information and functioning of the smart phone App. The good WiFi support also enabled real-time clinical quiz and web-based interactions between speakers and the floor. Modern wireless technologies allowed for a near paperless conference environment and could be considered by our local Primary Care Conference.



Car show within the exhibition area of GP17

GP17 also boosted a high proportion of abstract sharing sessions with oral presentations. The number of poster presentations were relatively low compared to our local conferences. This could be a deliberate effort of GP17 to encourage oral presentations and speaker-audience

interaction. We could also see that a good proportion of poster presentations were submitted by overseas institutions, which reflected the popularity and fame of the RACGP conference. Another important observation was that GP17 ran a high number of parallel sessions to allow for diversified topics available to the participants. This was particularly important for a conference in family medicine / general practice as the specialty covers a wide scope of clinical and management skill sets.



from left to right: Dr. Andrew Leung, Dr. Kwong Hon Kei, Prof. John Murtagh, Dr. King Chan, Dr. Li Yim Chu, Dr. Vincent Li

The whole experience of attending GP17 was inspirational and it is our humble wish that new insights and experience gathered from the GP17 conference can be brought over to help advance our local education and training.

We would like to take this opportunity to congratulate RACGP for running this successful GP17 conference. Next year's GP18 conference has been scheduled on 11-13 October 2018 in Gold Coast. Let's all mark our schedules for another round of education, sharing and skills building.



A corner of the exhibition area in GP17

香港北京青年醫生交流會

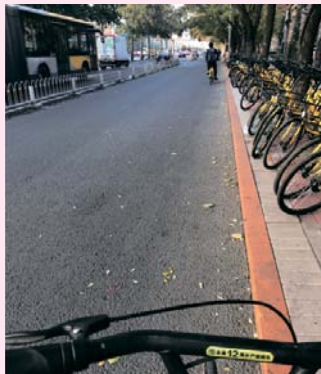
倪明 醫生

香港家庭醫學學院 青年醫生委員會 委員

今年十一月初，有幸受邀來到北京參加第一屆青年醫生家庭醫學研討會。由吳階平醫學基金會，香港家庭醫學學院，北京大學醫學部全科醫學學系聯合主辦。

提前一天下午抵達北京，大概十年前去過，主要是去每個中國人都會去的天安門，故宮等地，真正站在北京街頭倒是極少。

金秋的北京，真的是金色的，到處都是黃色的樹（朋友告訴我，有點文化好不好，那是銀杏）。北京的街道特別寬，而且還有很寬的單車道，路邊有很多可以隨時租借的單車，若有支付寶或者微信並交付按金便可以使用。



北京的單車路特別寬

當天下午還有點時間空閒，於是就在北京街頭招搖過市了大半個小時，其實還沒有踩出酒店樓下目測範圍，果然跟在香港健身房裡踩單車的

感覺大不一樣。

晚上聚餐之後早早休息，第二天的開幕式很早。十九大剛剛過，除了北京街頭的紅艷艷的標語之外，還有習主席重要指示“人民健康是民族昌盛和國家富強的重要標誌”，就“實施健康中國戰略”作出一系列部署，為未來醫療健康行業改革和發展指明了方向。加強基層醫療衛生服務體系和全科醫生隊伍建設，這是“實施健康中國”的重要內容。而青年全科醫生將是這個隊伍建設的骨幹主力，所以說這次第一屆的青年醫生研討會參加者將是今後在全國各地拖動基層醫療的火車頭。



青年醫生家庭醫學研討會現場

國家衛計委的高層拉開了開幕式，各個主辦方代表致辭。

香港家庭醫學學院於1977年建立，是香港醫學專科學院十五間創院學院之一，今年剛好40週年。我們學院在這40年中形成了一套規範化的家庭醫生在職培訓，不斷完善，每年舉行一次和澳洲皇家全科醫學學院（RACGP）聯合的院士考核，通過者可以擁有香港家庭醫學學院和澳洲皇家全科醫學學院的院士資格。

這次會議，陳智偉醫生跟大家分享了在香港家庭醫生的成長過程。不同於剛剛起步的大陸醫療系統，香港家庭醫學已經是一個很成熟的專業。近年畢業的醫學生基本都能按自己的喜好選擇專業，家庭醫學的受歡迎程度也是靠前的。這和在大陸並不一樣。



陳智偉醫生分享了香港家庭醫生「成長的歷練」

因為會議時間比較寬裕，陳醫生介紹完之後，大會增加了現場問答問題時間。在場的青年醫生都好像比較羞澀，最後主持人華西醫院李雙慶主任幫這些青年醫生提了兩個很接地氣的問題。一個是“香港家庭醫生的收入和其他專科差別大嗎？”另一個是“病人所用藥物如何收費？”中國大陸現在面對的情況就是好的醫學生大多數不願意選擇全科醫生，收入不公應該是其中一個很大的有待解決的問題。在市場經濟之後大陸醫療系統“以藥養醫”的情況屢禁不止，現在好像硬性提高檢查的收費比例，但並沒有從根本上解決問題。

兩地家庭醫學的起點相差甚遠，兩個醫療體系也大相徑庭，求同存異再互相了解學習，在將來期待會有更多的交流。

吳階平醫學基金會青年醫生家庭醫學研討會概述

陳智偉醫生
香港家庭醫學院 青年醫生委員會 聯席主席



吳階平醫學基金會青年醫生家庭醫學研討會

十一月的北平，沒有想像中的冷，反而大會參與者的情懷，更讓人感受到熱情澎湃。是次會議有一個很重要的議程就是成立第一屆吳階平醫學基金會家庭醫學部青年委員會。當中來自不同省份地區的48名年青家庭醫生被委任成為委員，開展符合青年全科醫生特點的學術交流、持續教育、科學普及等活動，推進學術發展及臨床應用，促進青年全科醫生健康成長。本人亦代表香港家庭醫學院成為當中的一份子。會議當中WONCA的候任主席李國棟醫生及我們的副院長劉浩濂醫生也到場發言及鼓勵我們年青的家庭醫生。

正當那邊廂我們的院長率領我們的會員參與芭提雅WONCA會議之際，我們的副院長也帶領我們參與了北京舉辦的「吳階平醫學基金會青年醫生家庭醫學研討會」。無獨有偶，兩地的會議都著重年青家庭醫生的角色，而我們學院也積極回應，鼓勵我們的年青會員參與。



陳智偉醫生(左)和李國棟醫生(右)



來自各地的醫生為大家作個案分享

會議當中除了一些學術研討講座外，還有一些個案分享。這些個案由他們的全科醫生作陳述，然後由醫院的專科醫生作點評，從而總結學習重點及門診的應用。另外不得不提大會所安排的青年醫生臨床技能競賽。參賽者全都是來自各地的青年家庭醫生。他們首先在網上進行初賽，到進入決賽的十名參賽者，要進行五分鐘的演說來決定名次。從他們的演說中，我感受到他們對家庭醫學的熱情，走過的困惑以及對未來的盼望。

健康的醫療體系需要大量的優質家庭醫生是一個不爭的事實。國家絕對明白此理，所以近年也不遺餘力大力推動家庭醫學的發展。國內家庭醫學的培訓趨勢為「5+3」的模式，即五年臨床醫學本科訓練，再加上三年的規範化培訓。在那三年內，有大部分時間在醫院輪轉，然後有半年時間在社區門診培訓。雖然我們兩地的培訓時間和體制不同，但以我的觀察，其實民眾在社區門診所遇到的病例與我們在社區所面對的都分別不大，家醫需要的態度、知識和技能都是一致的。促進兩地交流，有助於我們分享我們家庭醫生所學到的核心價值、臨床知識、應診技巧以及一些科研成果。希望我們更多的年青家庭醫生能為推廣家庭醫學和學術交流方面作出貢獻。



青年醫生家庭醫學研討會大合照

HKCFP Best Research Award 2016 and HKCFP Research Fellowship 2017

The Research Committee is delighted to announce that the study on “How do primary care doctors diagnose depression? A decision tree analysis of the pathways leading to the diagnosis of depression” has been awarded the **HKCFP Best Research Award 2016**. The Committee would like to congratulate the principal researcher Dr. Chin Weng Yee for her work.



Recipient of the HKCFP Best Research Award 2016 – Dr. Chin Weng Yee

It is also our pleasure to announce that the winner of the **HKCFP Research Fellowship 2017** is Dr. Wong Sze Kei. The research topic is ‘Effect of de-prescription on the functional capacity of elderly patients with polypharmacy: a cohort study from the primary care setting’.

Dr. Wong Sze Kei graduated from University of Hong Kong. She has been working in general out-patient clinic since graduated from medical school. She obtained the HKCFP/RACGP Conjoint Examination Fellowship in 2016. She is currently having the first year of higher training in Family Medicine.

Deprescribing is the process of trial withdrawal of inappropriate medications, with the goal of managing polypharmacy and improving the clinical outcomes. Deprescribing has the potential to greatly improve health outcomes through stopping or reducing the dose of inappropriate medications; but, currently, concrete evidence regarding its effect is equivocal. Locally, significant proportions of elderly patient with polypharmacy are managed in the primary care and followed up at government General Out-patient Clinics (GOPCs) of the Hospital Authority. Given the risks of polypharmacy and inappropriate medication use in older persons, Deprescription Clinic (DPC) was set up at Yau Ma Tei GOPC since August, 2016 adopting a sensible approach to address this issue. This study tries to explore the clinical effectiveness of DPC and to evaluate

its impact on the functional assessment among the elderly patients. Through a team approach with prudent deprescription, it is expected that the quality of life and functional capacity of the elderly with polypharmacy could be improved whereas their chronic disease control will not be compromised.

Methods: Study design and setting: a prospective study to be conducted in a primary care clinic in the Hospital Authority (HA) of Hong Kong.

Subjects: Inclusion criteria are patients who are aged 65 or above, have been on more than 10 medications in total among which at least 5 are chronic medications and have been regularly followed up at DPC of Yau Ma Tei Jockey Club GOPC (YMTJC) of Kowloon Central Cluster from 1 Jan, 2017 to 30 June, 2018. Primary outcome will be the median number of regular medications taken by participants (number of drug items, number of total pills and number of frequency before and after intervention). The secondary outcomes include control status of chronic diseases (Blood pressure among HT patients and glycaemia control among DM patients); cognitive function (by abbreviated mental test); Independence in activities of daily living (ADLs, by Modified Barthel Index), Risk of falls, Quality of life (by questionnaire SF-36), AED/hospital attendance and survival/mortality. These data at baseline level and one year after follow-up at DPC will be collected. The patients’ age, gender, smoking status, latest blood pressure level will be retrieved from the Clinical Management System (CMS).

Likely outcomes and benefits: DPC is effective in reducing the number of inappropriate medication use among elderly patients with polypharmacy. Meanwhile, their chronic disease control is not compromised. Some functional assessment parameters such as fall risk or quality of life will also be significantly improved.



Recipient of the HKCFP Research Fellowship Award 2017 – Dr. Wong Sze Kei

The HKCFP Award for the Best Research of 2017

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2017. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2018.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well is the research designed in the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to CrystalYung@hkcfp.org.hk

DEADLINE OF SUBMISSION: 30th April, 2018

Supported by HKCFP Foundation Fund



Union Hospital is a general private hospital in the New Territories, established in 1994. It is a progressive and patient-centred institute, and has obtained outstanding ratings in hospital accreditation. Union Hospital is proud of her achievements in clinical governance and ethical professional care. The Hospital is now looking for collaboration with enthusiastic professionals/ partners to fill up the following capacities. Good professional support & development, and competitive remuneration are given to the engaged doctors.

Full time/ Part time Family Physician

(Ref No.: HKCFP/JUL01-17/HMC)

- Provide Health Check Services in Union Hospital Health Maintenance Centres and its Tsim Sha Tsui Polyclinic
- Regular working hours and no night shift required
- Work on a rotation schedule for Saturday
- Attractive remuneration package
- A qualification registrable in Hong Kong under the Medical Registration Ordinance
- Experience in private practice preferred
- Training in Family Medicine/ Emergency Medicine preferred

Interested candidates please download the Job Application Form on www.union.org (quote the "REF NO."). Please send resume to Union Hospital, Human Resources Department, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, N.T. or by email to recruit@union.org.

Website: www.union.org

(Applicants not hearing from us within 2 months may consider their applications unsuccessful. Data collected will be used for recruitment purpose only.)



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Haven of Hope Christian Service

A non-profit making and inter-denominational Christian organization is now looking for high-caliber candidates who would align with our Mission: "Through a ministry of holistic care, we strive to share the Gospel and develop a Christian community. In the love of Christ, we deliver our service in a caring, professional and progressive spirit so that the lives of those serving and being served are mutually enriched." The position which paves for a rewarding career is:

Full Time /Part Time /Locum Family Physician

(Ref: PHS/FP/HKCFP/JAN18)

- Registered Medical Practitioner with the HK Medical Council
- Provide Primary Health Services at Clinic(s) in Tseung Kwan O District

Interested parties, please send full resume with expected salary and reference no. quoted to **Haven of Hope Christian Service, Staff Engagement Department** via email to se@hohcs.org.hk or Fax: 2704 5797.

For further enquiries, please contact Ms. Cho at 2703 3324.

For details about our organization, please visit www.hohcs.org.hk

Only short-listed candidates will be notified. Data collected will be used for recruitment purpose only.



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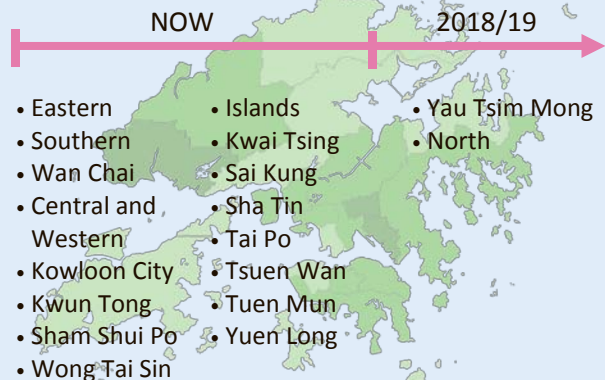
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HKCFP Research Fellowship 2018

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application potential will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **30th April, 2018**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or, **by email** to CrystalYung@hkcfp.org.hk

Supported by HKCFP Foundation Fund

Meeting Highlights

Annual Refresher Course 2017

The 6th, 7th, 8th and 9th session of the Annual Refresher Course have taken place on 30 November, 5, 12 and 17 December, respectively.

Dr. Enoch Wu, Specialist in Endocrinology, Diabetes & Metabolism, delivered a lecture on “Novel treatment in Diabetes Management” and Dr. Hung Yu Tak, Specialist in Cardiology, delivered a lecture on “Redefining the role of DAPT in MI management” on 30 November 2017.



Dr. Tong Siu Man (1st from the left, Moderator) and Dr. Stephen Foo (2nd from the left, Censor) presenting a souvenirs to Dr. Hung Yu Tak (1st from the right, Speaker), Dr. Enoch Wu (2nd from the right, Speaker) and representative from sponsor during the lecture on 30 November 2017.

Dr. Yau Pak Yuen, Specialist in Respiratory Medicine, delivered a lecture on “Asthma – what should primary physicians know to achieving asthma control?” on 5 December 2017.



Dr. Robert Tsui (left, Moderator) and Dr. Stephen Foo (right, Censor) presenting a souvenir to Dr. Yau Pak Yuen (middle, Speaker) during the lecture on 5 December 2017.



Dr. Li Yim Chu (left, Moderator), Dr. Chan Hung Chiu (right, Council member) presenting a souvenir to Dr. Chan Tak Hin (middle, Speaker) during the lecture on 12 December 2017

Dr. Chan Tak Hin, Specialist in Rheumatology, delivered a lecture on “Update on Management of Psoriatic Arthritis” on 12 December 2017.

Dr. Vincent Luk, Dr. Alan Chan, Dr. Jason Chan and Dr. Eric Wong, Specialists in Cardiology, delivered a Cardiology Update on 17 Dec 2017 in the Annual Refresher Course.



(From left to right) Dr. Peter Lee (Moderator), Dr. Jason Chan (Speaker), Dr. Eric Wong (Speaker), Dr. Michael Lee (Moderator), Dr. Mary Kwong, Dr. Alvin Chan, Dr. Alan Chan (Speaker), Dr. Vincent Luk (Speaker), Dr. Robert Tsui and Dr. King Chan taking a group photo during the lecture on 17 December 2017

Interest Group in Mental Health & Psychiatry

Dr. Fok Peter Anthony, Specialist in Family Medicine, delivered a lecture on “Motivational Interviewing in Family Medicine” on 2 December 2017.



Dr. Mark Chan (left, Moderator), presenting a souvenir to Dr. Fok Peter Anthony (right, Speaker) during the lecture on 2 December 2017

Training Course on Common Mental Disorders and Dementia for Primary Care Doctors

The last session of the Training Course on Common Mental Disorders and Dementia for Primary Care Doctors co-organized with the Primary Care Office of the Department of Health was held on 3 December 2017. Dr. Dai Lok Kwan, David, Specialist in Geriatric Medicine, delivered a lecture on “Dementia, Team Care Approach & Community Resources”.



Dr. Tse Sut Yee (right, Moderator), Dr. Mary Kwong (left, Council member) presenting a souvenir to Dr. David Dai (middle, Speaker) during the lecture on 3 December 2017.

CME Lecture on 7 December 2017

Prof. Vladimir Maletic, Clinical Professor of Neuropsychiatry and Behavioral Science, University of South Carolina School of Medicine, Columbia, South Carolina, USA, delivered a lecture on "Resolving Unmet Need in Depression" on 7 December 2017.



Dr. Aster Lau (right, Moderator), Dr. Stephen Foo (middle, Censor) presenting a souvenir to Prof. Vladimir Maletic (left, Speaker) during the lecture on 7 December 2017.

Dinner Symposium on 7 December 2017

Dr. Choi Cheung Hei, Specialist in Endocrinology, Diabetes and Metabolism, delivered a lecture on "10 Years with DPP-4 Inhibition- Is There Anything More to Learn?" on 7 December 2017.



Dr. King Chan (left, Moderator) presenting a souvenir to Dr. Choi Cheung Hei (right, Speaker) during the symposium on 7 December 2017.

CME Lecture on 14 December 2017

Dr. Sze Wan Chee, Specialist in Gastroenterology & Hepatology, delivered a lecture on "Management of IBS" on 14 December 2017.



Dr. Au-Yeung Shiu Hing (left, Moderator) presenting a souvenir to Dr. Sze Wan Chee (right, Speaker) during the lecture on 14 December 2017.

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **November - December 2017**:



Dr BHENDE Kaplana Avinash

Classified Advertisements

Accredited Private FM Centre invites FT/PT Doctors for expanding services (Tuen Mun / Kwai Fong). FM, Paed., Surgeon, Gynae. welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212-6654

Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to hr@evanhosp.org.hk



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香港家庭醫學學院
THE HONG KONG COLLEGE OF FAMILY PHYSICIANS
BOARD OF EDUCATION

HKCFP Practice Management Training Course

Possession of good practice management knowledge and skills can prevent foreseeable medical and legal risks and facilitate daily clinical operation more effectively and efficaciously. The clinical attachment in private practice is aimed at sharing hands-on experience in practice management within the private setting in which the majority of primary health care is provided in our locality.

Part B: Practice Management Attachment in Private Sector

Learning Objectives

Family Medicine doctors undergoing this attachment are expected to gain exposures in the following:

- Patient consultations conducted by private family physicians in
- Private clinics setting in the community
- The disease spectrum in private primary care setting
- The challenges in management, including the use of medications, surgery tests and investigations
- Rapport among patients and private family physicians
- Common practical procedures in private practice
- Setting up a private practice
- Daily operation of a practice
- Clinic drug store organization
- Drug dispensing procedures
- Patient record systems
- Patient registration systems
- Staff management
- Community networking of private family physicians
- Experience sharing from private family physicians

Target Group:

Participants who had attended our training certificate course of practice management AND priority will be set for FM higher trainee

- Venue** : Private family medicine clinics
Date : From **June 2018** to **March 2019**
Time : To be arranged by HKCFP secretariat and mutually agreed by the practice management advisor and the participating doctor
Duration : Two clinic visits and each visit lasts for 2.5 hours per participating doctor
Course fee : HK\$3,000. **All fees received are non-refundable and non-transferable.**
Certification : The participating doctor will be awarded a "Certificate of Attendance" under Board of Education, HKCFP

Prerequisite qualification of Practice Management Advisors:

FHKAM (Family Medicine) AND currently practicing in private sector

Deadline of Application : 13 April 2018 (Friday)

Practice Management Training Course Part B APPLICATION FORM

Name : _____
 Surname (BLOCK LETTERS) Given Name Name in Chinese HKCFP Member ID

Correspondence Address : _____

Mobile : _____ **Office Telephone** : _____ **Email** : _____

Current Practice Details:

Private : Solo Group Years in practice _____

Government : HA (Cluster _____) Department of Health Years in service _____

Other Institutions : Please specify _____

Registration will be on first come, first served basis and priority would be set for FM Higher trainees. For registration or enquiry, please call the College secretariat, Ms. Katie Lam at 2871 8899. A completed application form must be returned to the Hong Kong College of Family Physicians, Rooms 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road on or before 13 April 2018 with an application fee of HK\$3,000 by crossed cheque made payable to "HKCFP Education Limited". All fees received are non-refundable and non-transferable.

Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2018

As required by the Royal Australian College of General Practitioners (RACGP), CPR training course needs to have advance component on airway management, neck support and automated external defibrillation (AED) on top of basic life support. In order to align with our Sister College (RACGP) and in achievement of reciprocal recognition in Conjoint Fellowship Examination and Quality Assurance Certificate, the CPR Subcommittee of the Board of Education is pleased to announce that an enhanced CPR course, the Advanced Primary Care Life Support (APCLS) has been launched in 2017.

APCLS course materials have been endorsed by HKCFP Council in 2015 and the Resuscitation Council of Hong Kong (RCHK) in 2016. The course aims to widen the scope of our existing CPR training course by adding several important elements: use of automated external defibrillator (AED), use of airways adjuncts and dealing with initial trauma care through use of neck support.

TWO APCLS Training and Examination Workshops will be held in 2018 **(24-25 February 2018, 24-25 March 2018)**.

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2018 Conjoint Examination are strongly advised to register in our APCLS session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2018 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and **also** at the time Clinical Examination. HKCFP CPR / APCLS certificates are valid for 2 years.

1st Announcement: January College News

24 - 25 February 2018 / 24-25 March 2018
Saturday and Sunday

APCLS Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. Advanced Primary Care Life Support-Principles and Techniques 2. Advances in CPR and Demonstration on Automated External Defibrillator 3. Use of Airway Insertion and Cervical Injury Management 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP APCLS Instructors
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing APCLS Examination
Co-organizer	Resuscitation Council of Hong Kong
Capacity	40 doctors

Admission Fee:

Members
(Attend Training and Examination Workshop) **HK\$900.00**

Non-members
(Attend Training and Examination Workshop) **HK\$1,200.00**

Members with valid CPR certificate (HKCFP)
(Attend Training and Examination Workshop) **HK\$500.00**

All cheques should be made payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Applicant please fill in the registration form available from College website: http://www.hkcfp.org.hk/pages_9_463.html. Successful candidates will be awarded an APCLS Certificate valid for 2 years, which is also accredited by the Resuscitation Council of Hong Kong. Please contact Ms. Katie Lam at 2871 8899 for registration on/ before **20 February 2018 (Tuesday) for February session** and **16 March 2018 (Friday) for March session**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint Examination application deadline: 11 April 2018

*** REMARKS:** 1.) You are not allowed to take the APCLS training workshop and examination during your pregnancy. 2.) Priority will be given to candidates, who have applied 2018 Conjoint HKCFP/RACGP Fellowship Examination and the Diploma of Family Medicine Examination (2017-18).

10 February 2018

Saturday

Board of Education Interest Group in Chronic Diseases & Geriatric

Aim	To promote the role of family physicians in the provision of end of life care in the community, to equip family physicians with the knowledge and resources in offering end of life care to their patients and to facilitate the collaboration between palliative care specialists and family physicians
Theme	End-of-life Care in Primary Care Setting
Speakers	Dr. Chen Wai Tsan, Tracy Specialist in Palliative Medicine
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians

Time	2:00 p.m. - 4:00 p.m.	Theme Presentation & Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members Non - members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Register Online

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	26 January 2018 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	"The Interactive Roles of Primary Care Professionals and Pain Specialist" by Dr. Henry KF Tong
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Register Online

February's session:

Date	23 February 2017 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. "VTE and NOAC Bleeding Management" by Dr. Ma Shing Yan 2. "Elderly Care" by Dr. Chan Suen Ho, Mark
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Register Online

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
3 Feb 2018 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Primary care Infant and Children Dermatology Dr. IP Fong Cheng Francis Specialist in Dermatology and Venereology, Department of Health Chairman, Hong Kong Society for Paediatric Dermatology	Ms. Clara Tsang Tel: 2354 2440

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
1 February 18 (Thu)			
4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Geriatric Depression Dr. Lau Lai Na & Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	End of life care and advance directives Dr. Chiu Yuen Man	Ms W L Kwong Tel: 2595 6941
7 February 18 (Wed)			
2:00 – 5:00 p.m.	Seminar room, G/F, Block A, Queen Elizabeth Hospital	Common Symptoms In Dermatology (1) (Skin Rash) Dr HUI Sau Wei, Alice & Dr LEUNG Kwan Wai, Amas	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Understanding Drugs Used to Treat Depression and Anxiety Disorders in Primary Care Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Immunisation Dr. Yeung Ka Yu Doogie & Dr. Lai Hoi Lin	Ms Cordy Wong Tel: 3949 3087
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Smoking Cessation Dr. Poon Lai Ping Joyce & Dr. Leung Wai Yan Viola	Ms. Carmen Kwong Tel: 2632 4371

8 February 18 (Thu)

4:30 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Impact and Prevention of Physician Burnout in Primary Care Dr. Sung Cheuk Chung & Dr. Chan Yin Yue	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Ophthalmology Emergencies Dr. Chan Yuen Ling, Carrie	Ms W L Kwong Tel: 2595 6941

14 February 18 (Wed)

2:00 – 5:00 p.m.	Seminar room, G/F, Block A, Queen Elizabeth Hospital	Occupational & Environmental Health Dr. LAW Man Fong & Dr. LAU Ka Man	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Approach to Vaginal Discharge Dr. Hun Pek I	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	FM Training in HK & Overseas Dr. Luk Sze Wan Candy & Dr. Ma Man Ki Katelyn	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Common Symptom Complaints - Nail Changes Dr. Tsang Pui Lim	Ms. Chloe Leung / Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Private Practice Sharing Dr. Kenny Kung	Ms. Carmen Kwong Tel: 2632 4371

15 February 18 (Thu)

4:15 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Presentation, Diagnosis and Management of Polycystic Ovary Syndrome Dr. Lee Sik Kwan & Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Impact of Medical Tourism on Hong Kong Health Care Delivery System Dr. Chan Ki Chun, Enoch	Ms W L Kwong Tel: 2595 6941

21 February 18 (Wed)

2:00 – 5:00 p.m.	Seminar room, G/F, Block A, Queen Elizabeth Hospital	Common Symptoms in Dermatology (2) (Pigmented Skin Lesion, Hair and Nail Problems) Dr. CHUANG Chi Kit & Dr. SIU Wing Yee	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Vaccination in Pregnancy Dr. Ng Kai Man	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Auditorium, G/F, Hospital Main Block, Tseung Kwan O Hospital	Update on Management of DM Dr. Yau Chi Yan Davy & Dr. Tik Tsz Ling Nicola	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Management of Common Cardiac Diseases in Primary Care Dr. Arthur Yung	Ms. Chloe Leung / Ms. Cherry Wong Tel: 2589 2339

22 February 18 (Thu)

4:15 – 6:00 p.m.	Room 614, 6/F, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Haematological Disease - RBC, WBC & Platelet Dr. Chan Ka Ho & Dr. Wan Ka Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2nd Floor, Pamela Youde Nethersole Eastern Hospital	Approach to Abnormal Laboratory Result in Asymptomatic Patients (LFT and Electrolyte) Dr. Tai Lik	Ms W L Kwong Tel: 2595 6941

28 February 18 (Wed)

2:00 – 5:00 p.m.	Seminar room, G/F, Block A, Queen Elizabeth Hospital	Management of an Infertile Couple Dr. WONG Hin Hei, Henry & Dr.HOU Jing	Ms. Mandy Leung Tel: 3506 8613
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	Community Resources for Elderly Patients Dr. Fan Siu Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Lecture Theatre, 8/F, Ambulatory Care Block, Tseung Kwan O Hospital	Common Symptoms in Paediatrics Dr. Wong Sze Man & Dr. Chan Ki Fung Dickson	Ms Polly Tai Tel: 3949 3430
3:45 – 5:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Introduction of GOPC-PPP (Public-Private Program) Dr. Sy Hung Pan Jimmy	Ms. Chloe Leung / Ms. Cherry Wong Tel: 2589 2339
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	NGO Service for Sexual and Domestic Violence Ms. Tiffany Ng	Ms. Carmen Kwong Tel: 2632 4371

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Jan 1:30 - 6:30 p.m. Training Course on Dementia care with Medical-social Collaboration for Primary Care Doctors	15	16 1:00 - 3:30 p.m. CME Lecture	17 1:00 - 3:30 p.m. Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2:15 - 7:30 p.m. Structured Education Programme	18 2:15 - 7:00 p.m. Structured Education Programme	19	20
21	22	23	24 2:15 - 7:30 p.m. Structured Education Programme	25 2:15 - 7:00 p.m. Structured Education Programme	26 2:30 - 3:30 p.m. Video Session	27 2:30 - 5:30 p.m. DFM Module V Consultation Skills Workshop II
28 1:30 - 6:30 p.m. Training Course on Dementia care with Medical-social Collaboration for Primary Care Doctors	29	30	31 1:00 - 3:30 p.m. Chronic Disease Management & Quality Improvement Training Course for Primary Care Doctors 2:15 - 7:30 p.m. Structured Education Programme	1 Feb 2:15 - 7:00 p.m. Structured Education Programme	2	3 2:30 - 4:30 p.m. Higher Training Introductory Seminar 2:30 - 4:30 p.m. Practice Management Training Course (DFM Module III Practice Management)
4	5	6	7 2:15 - 7:30 p.m. Structured Education Programme	8 2:15 - 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	9	10 2:00 - 4:00 p.m. Board of Education Interest Group in Chronic Diseases & Geriatric
11 1:30 - 6:30 p.m. Training Course on Dementia care with Medical-social Collaboration for Primary Care Doctors	12	13	14 2:15 - 7:30 p.m. Structured Education Programme	15 2:15 - 7:00 p.m. Structured Education Programme	16	17
18	19	20	21 2:15 - 7:30 p.m. Structured Education Programme	22 2:15 - 7:00 p.m. Structured Education Programme	23 2:30 - 3:30 p.m. Video Session	24 2:00 - 6:00 p.m. APCLS Training Workshop
25 2:00 - 6:00 p.m. APCLS Examination	26	27	28 2:15 - 7:30 p.m. Structured Education Programme	1 Mar	2	3

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Contact and Advertisement Enquiry Ms. Alky Yu
Tel: 2871 8899 Fax: 2866 0616

E-mail: alkyyu@hkcfp.org.hk

The Hong Kong College of Family Physicians

Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong



Back row (left to right): Dr. David Cheng, Dr. Alfred Kwong and Dr. Ken Ho
Front row (left to right): Dr. Tam John Hugh, Dr. Judy Cheng, Dr. Sin Ming Chuen, Dr. Anita Fan, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Law Tung Chi, Dr. Heidi Fung, Dr. Tsui Hiu Fa and Dr. Sze Hon Ho

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

To find out more, contact us:



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